
The influence of dietary supplementation of arachidonic acid on prostaglandin production and oxidative stress in the Pacific oyster *Crassostrea gigas*

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Abstract :

In a previous study, dietary supplementation with arachidonic acid (ARA) to oysters *Crassostrea gigas* increased haemocyte numbers, phagocytosis, and production of reactive oxygen species level (ROS) by haemocytes (Delaporte et al., 2006). To assess if the observed stimulation of these cellular responses resulted from changes of ARA-related prostaglandin (PG) production, we analysed prostaglandin E2 metabolite (PGEM) content on the same oysters fed three levels of ARA. Dietary supply of polyunsaturated fatty acids (PUFA) could also induce an oxidative stress that could similarly increase cellular responses; therefore, two indicators of oxidative stress were analysed: peroxidation level and antioxidant defence status. Together the observed positive correlation between ARA and PGEM levels and the absence of lipid peroxidation and antioxidant activity changes supports the hypothesis of an immune stimulation via PG synthesis. Although ARA proportion in oyster tissues increased by up to 7-fold in response to ARA dietary supplementation, peroxidation index did not change because of a compensatory decrease in n-3 fatty acid proportion, mainly 22:6n-3. To further confirm the involvement of PG in the changes of haemocyte count, phagocytosis and ROS production upon ARA supplementation, it would be interesting to test cyclooxygenase and lipoxygenase inhibitors in similar experiments.

Keywords : Prostaglandins; n-6 unsaturated fatty acids; Lipid peroxidation; Antioxidants; ROS production

1. Introduction

Altering the composition of phospholipids in immune cells by changing the fatty acids (FA) supplied in the diet can modulate cell immune function and immune response through membrane alterations (raft, order, trafficking), signal transduction pathways, and lipid mediators (e.g. eicosanoids) (Calder, 2008). Eicosanoids are important lipid mediators in inflammation and healing in vertebrates. Eicosanoids include prostaglandins (PG), leukotrienes (LT), thromboxanes (TX), and lipoxins; they are derived from FA, principally ARA, which is released from membrane phospholipids (Pompéia et al., 2000). In mammals, prostaglandin PGE2 and leukotriene LTB4 are two potent immunomodulatory agents produced from ARA by the enzymes cyclooxygenase (COX) and 5-lipoxygenase (LOX), respectively (Kelley et al., 2005). In insects, eicosanoids are also important mediators of cellular immune reactions such as phagocytosis, microaggregation, cell spreading, and nodulation reactions (Stanley and Miller, 2006; Merchant et al., 2008). Canesi et al. (2002) demonstrated that eicosanoids are involved in bacterial killing by mussel (*Mytilus edulis*) hemocytes by using specific inhibitors of COX and LOX.

The relationship between eicosanoids' synthesis and antibacterial response of hemocytes has been demonstrated in bivalve molluscs (Canesi et al., 2002). More recently, the ARA incorporation from diet in phospholipids, as well as their relation to an increase in immune responses: hemocyte number, phagocytic activity, reactive oxygen species (ROS) generation by hemocytes, desensibilization to pathogens (Delaporte et al., 2006) and prostaglandin E2 synthesis (Hurtado et al., 2009) has also been shown. Nevertheless, effects of FA on immune cell activity can also be independent of the changes in the secretion of eicosanoids (Kelley and Ruldoph, 2000). ARA can directly modulate phagocytosis, cytokine production, surface molecule expression, leukocyte migration, and antigen pre presentation through stimulation of superoxide anion generation (Pompéia et al., 2000). Cellular enrichment with PUFA such as ARA has also been demonstrated to elicit *in vitro* an increase of ROS production and lipid peroxidation (Mazière et al., 1999). The susceptibility of membranes to oxidative damage depends on the degree of polyunsaturation level of FA, measured as peroxidation index (Hulbert et al., 2007). ARA can easily be peroxidized, generating free radicals such as the superoxide anion. Lipid peroxidation is a self propagating process and produces a broad range of reactive intermediates often measured as malondialdehyde (MDA), which has a longer half life than free radicals (Janero, 1990). However, ROS production and lipid peroxidation, generally referred to as "oxidative stress", may also be linked to prostaglandin synthesis from ARA, as it has been demonstrated in rat pheochromocytoma PC12 cells (Jiang et al., 2004) and human neuroblastoma cells (Kondo et al., 2001). All of the above studies suggest that ARA-derived prostaglandins may play an important role in regulation of immune responses including those in bivalve molluscs, such as increased hemocyte count, phagocytosis and ROS production previously reported (Delaporte et al., 2006).

From this perspective, antioxidant status of an organism is of critical significance in determining the effect of PUFA on immune and inflammatory responses (Kelley, 2001). To protect themselves against free radicals and ROS, bivalves like other organisms, possess an array of free radical scavenging antioxidant molecules and antioxidant enzymes like superoxide dismutase (SOD), catalase, and glutathione peroxidase (Manduzio et al., 2004; Monari et al., 2005; Box et al 2007; Cipak et al., 2008), which can be expected to increase upon oxidative stress and/or lipid peroxidation, potentially induced by ARA incorporation into tissues. In this work, we analyzed PGE2 metabolite (PGEM) levels, antioxidant capacity, enzymatic activities of catalase and SOD and lipid peroxidation in relation to the ARA supplementation of diet in oysters. It aimed to test the hypothesis that changes of hemocyte counts, phagocytosis and ROS production upon ARA supplementation, as reported by Delaporte et al. (2006) involved prostaglandins.

2. Materials and methods

2.1 Oyster dietary treatments, sample collection and processing

One year old oyster *Crassostrea gigas* were collected from the field (Aber-Benoît, Finistère, Brittany) and fed *Isochrysis galbana* clone Tahitian (T.iso), during an acclimation period of 10 days. ARA was supplemented twice a day directly into the water. The daily algal ration was established at 4% algal dry weight per oyster dry weight and supplied continuously into the

104 tanks holding the oysters. Water in the tanks was renewed twice a day with 1µm filtered
105 seawater using a flow through system. As described by Delaporte et al. (2006), three levels of
106 supplementation with ARA solution (Sigma, A-9376) were tested during 4 weeks: a control with
107 0 µg ARA, and two concentrations of ARA: 0.25 and 0.41 µg/mL of sea water. Oysters were
108 sampled after 15 (n=15) and 30 days (n=15) of supplementation with ARA. At each sampling
109 time, three pools of 5 animals were constituted. Whole tissue of oysters was frozen and stored in
110 liquid nitrogen at -196 °C. The samples were ground with a Danguomeau homogeniser, and the
111 powder was used for all the parameters analysed here.

112

113 *2.2 Fatty acid analysis*

114 Ground tissue (300 mg) was transferred to a tube containing 6 mL of chloroform-methanol
115 mixture (2:1, v:v). After centrifugation, the lipid extract was transferred to a clean tube, sealed
116 under nitrogen, and stored at -20 °C. Neutral lipids (lipid reserves) and polar lipids (membrane
117 lipids) were separated on a Silica gel micro-column as described by Marty et al. (1992), and
118 fatty acids in each fraction were analysed as described by Delaporte et al. (2006). Fatty acid
119 composition was expressed as percentage of total FA in each lipid fraction and as µg of FA per
120 mg of oyster wet mass. The unsaturation index (PUI) and peroxidation index was calculated as
121 described by Hulbert (2007):

122 Unsaturation index (PUI) = 1×(% monoenoics) + 2×(% dienoics) + 3×(% trienoics) + 4×(%
123 tetraenoics) + 5×(% pentaenoics) + 6×(% hexaenoics)

124 Peroxidation index = 0.025×(% monoenoics) + 1×(% dienoics) + 2×(% trienoics) + 4×(%
125 tetraenoics) + 6×(% pentaenoics) + 8×(% hexaenoics)

126

127 *2.3 Prostaglandin analysis*

128 Prostaglandin E₂ metabolite (PGEM) was assayed by the PG screening EIA Kit (Cayman
129 Chemical No. 514531, Ann Arbor, MI, USA). As indicated in the Cayman Kit, PGE₂ is rapidly
130 converted *in vivo* to PGEM and so measurement of this metabolite is more reliable for
131 estimation of actual PGE₂ production in biological samples. According to the recommendations
132 of the manufacturer, a purification step was performed on C-18 SPE cartridges (Waters,
133 Milford, MA, USA). An aliquot of tissue (20 mg) was mixed in 500 µL water and incubated at 4
134 °C for 5 min with 2 mL ethanol, and then centrifuged at 1000 g for 10 min to precipitate
135 proteins. The assay was performed on supernatant according to the protocol described in the kit.
136 Samples and standards were transferred to microplates coated with mouse monoclonal
137 antibodies against rabbit antibodies. Specific rabbit antibody against PGEM and tracer
138 consisting of acetylcholinesterase (AChE) coupled to PGEM were added, and plates were

139 incubated for 18 h. After several washings, Ellman's reagent (substrate and chromogen) was
140 added to measure AChE activity which is determined spectrophotometrically at 415 nm with a
141 microplate reader (Bio-Tek Synergy HT, Bio-Tek Instrument, USA). Absorbance is proportional
142 to the amount of PGEM from the tracer bound to the well which is inversely proportional to free
143 PGEM from sample. Results are expressed in pg of PGEM per mg of tissue wet mass. Due to
144 the high levels of ARA in tissues in this experiment compared to measured levels of PG, the
145 cross reactivity was tested. The tests showed that 71% of free ARA and 64% of free EPA are
146 lost during the purification step, and cross-reactivity of ARA in the tissue at the concentration
147 used here with the EIA Kit was around 0.002% (Reza, 2009), in accordance with kit
148 specifications of less than 0.01%.

149

150 *2.4 Assay of lipid peroxidation*

151 Lipid peroxides derived from polyunsaturated fatty acids are unstable and decompose to other
152 complex compounds of which malondialdehyde (MDA) is the most abundant. The MDA was
153 measured by a spectrophotometric assay using a commercial kit (MDA-586 BIOXYTECH
154 method, Oxis Research, Portland, OR, USA). The method is based on the reaction of a
155 chromogenic reagent, N methyl-2-phenylindole with MDA at 45 °C. Oyster powder (100 mg)
156 was homogenized by sonication in 1 mL of Tris buffer 20mM pH=7.5 containing 5 mM
157 butylated hydrotoluene (BHT) to avoid intra-assay oxidation. The homogenate was centrifuged
158 at 15000 g (15 min, 4 °C) and the supernatant was added to a mixture of probucol N-methyl-2-
159 phenylindole, hydrochloric acid as indicated in the kit. The reaction was performed at 45 °C for
160 60 min. After centrifugation at 10000 g (10 min), the clear supernatant was transferred into a
161 microtitration plate and the absorbance was measured at 586 nm. A standard curve was
162 established with a solution of tetramethoxypropane (TMP) hydrolysed during the acid
163 incubation step generating MDA. The result is expressed in μmol MDA per g of wet mass.

164

165 *2.5 Total antioxidant radical scavenging capacity (TARSC)*

166 TARSC was analyzed by the method described by Fukumoto and Mazza (2000), which uses 2,2
167 diphenyl-1-picrylhydrazyl (DPPH) as a free radical. This method is based on the analysis of
168 absorbance decrease of DPPH in presence of any antioxidant compound. Antioxidant
169 compounds were extracted from 150 mg oyster powder with 1 mL mixture of methanol and
170 water (50/50). After sonication, the homogenate was centrifuged at 3500 g (15 min, 4 °C) and
171 the supernatant was added to 150 μM DPPH solution in a microtitration plate. The plate was
172 covered and incubated in the dark at room temperature and the absorbance was measured at 520
173 nm after 30 and 60 min. A mixture of methanol:water was used as blank. As a positive control,

174 butylated hydroxyanisole (BHA) standard was used. The total antioxidant radical scavenging
175 activity (TARSC) was expressed as DPPH inhibition percentage: $(\text{Blank OD} - \text{Sample OD})/\text{Blank OD} \times 100$ during a 30 min incubation (Moncheva et al., 2004).

177

178 *2.6 Antioxidant enzymes*

179 For enzymatic assays, an aliquot of ground powder was homogenized by sonication in
180 phosphate buffer 0.01 M, pH =7.4 with 0.1% triton and 1 mM EDTA and centrifuged at 15000 g
181 (15 min, 4 °C). The supernatant was used for enzymatic assays, catalase and superoxide
182 dismutase (SOD).

183

184 *Catalase activity*

185 Catalase (EC 1.11.16) activity was measured with a commercial kit (Amplex Red Catalase assay
186 kit, Molecular probes Invitrogen, Oregon USA) in which catalase first reacts (30min) with H₂O₂
187 to produce water and oxygen. Then, the Amplex Red reagent provided in the kit reacts with an
188 unreacted H₂O₂ in the presence of horseradish peroxidase to produce a highly fluorescent
189 oxidation product, resorufin, with a maximum absorption at 540 nm. A control without catalase
190 was used. Results were expressed in U/mg wet mass from a standard curve of catalase activity
191 between 0 to 2.5 U/mL.

192

193 *Superoxide dismutase (SOD) activity*

194 The total SOD (EC 1.15.1.1) activity was determined with the xanthine oxidase–cytochrome C
195 method according to Marie et al. (2006) with some modifications. The assay is based on
196 competition between SOD and cytochrome C for superoxide anions generated by the reaction of
197 hypoxanthine with xanthine oxidase. The reduction rate of cytochrome C was measured at 550
198 nm in phosphate buffer 50mM with 0.18 mM EDTA, 100 mM hypoxanthine, 30μM cytochrome
199 C and 20μl of diluted sample. The reaction was initiated by addition of 20μl of xanthine oxidase
200 (0.05U/mL). The results were expressed as U SOD per mg wet mass.

201

202 *2.7 Statistical analysis*

203 Measured parameters were checked for normality and homogeneity (Sokal & Rohlf, 1995).
204 Percentages were transformed to arcsin (square root) before statistical analysis but are shown as
205 untransformed data. One-way analyses of variance (ANOVA) were applied for all variables to
206 detect significant effects of different levels of ARA supplementation during 15 and 30 days. An
207 additional one way ANOVA was also used to analyse the differences as a result of time of
208 conditioning (15 and 30 days vs. initial values) for the treatment with T.iso + ARA 0 μg/mL.

209 Differences between means for each group were determined by a post-hoc Tukey test. Pearson's
210 correlation analysis was done to define the association between prostaglandin and ARA
211 concentrations in whole oyster. Analyses were performed using STATISTICA™ version 5.5
212 and differences were reported as significant if $P \leq 0.05$. Data are reported as mean \pm standard
213 error (SE).

214

215 **3. Results**

216

217 *3.1 Fatty acid composition in phospholipids and lipid reserves*

218 The fatty acids composition of oysters after 30 days treatment with three ARA concentrations is
219 shown in Table 1. The proportion of 20:4n-6 in phospholipids and lipid reserves increased with
220 increasing levels of this fatty acid in oyster diet. The proportion of 20:4n-6 was higher in
221 phospholipids (membrane lipids) than neutral lipids (lipid reserves), reaching final concentration
222 of 9.2 % and 7.5 %, respectively, for the highest level of ARA in the diet. The increase of 20:4n-
223 6 resulted in significant decreases ($P < 0.05$) in other PUFA such as 18:3n-3 and 22:6n-3. These
224 relative changes in individual fatty acids following ARA supplementation led to a significant
225 increase ($P < 0.05$) of total n-6 fatty acids and a decrease of total n-3 fatty acids, as well as the n-
226 3/n-6 and 20:5n-3/20:4n-6 ratio. A slight, but significant increase ($P < 0.05$) of total PUFA and
227 PUI in lipid reserves was observed for the highest ARA (0.41 $\mu\text{g}/\text{mL}$) treatment, whereas in
228 phospholipids this effect was observed for both levels of ARA supplementation. However, no
229 differences were observed in lipid peroxidation index. When expressed as absolute
230 concentration ($\mu\text{g}/\text{mg}$ wet mass), 20:4n-6 increased 4 and 7 fold in lipid reserves and 2.8 and 4.4
231 fold in phospholipids for the 0.25 and 0.41 $\mu\text{g}/\text{mL}$ treatments, respectively (Fig. 1).

232

233 *3.2 Prostaglandin levels and correlation with 20:4n-6*

234 After 15 days, levels of prostaglandin E₂ metabolite (PGEM) increased, though not significantly,
235 with increasing ARA levels in the diet (Fig. 2). Levels of PGEM continued to increase after 30
236 days in both groups supplemented with ARA, with significant differences ($P < 0.05$) observed
237 between both supplemented groups and the control group. In addition, PGEM levels in control
238 oysters were significantly lower ($P < 0.05$) at both 15 and 30 days, as compared to the beginning
239 of the experiment. A significant correlation ($R^2 = 0.67$, $P < 0.01$) between PGEM and ARA
240 concentrations in total lipids (combining lipid reserves and phospholipids) in whole oysters was
241 observed after 30 days (Fig. 3).

242

243 *3.3 Lipid peroxidation and antioxidant capacity.*

244 No difference in lipid peroxidation, expressed as MDA concentration, was observed following
245 ARA supplementation at different doses and times (Table 2). Similar results were obtained with
246 the more common method measuring TBARS (results not shown). The total antioxidant radical
247 scavenging capacity (TARSC), inferred from the DPPH inhibition percentage, was not
248 influenced by the time of conditioning, but there was a significant increase of the TARSC for
249 the oysters supplemented with the highest dose of ARA (0.41 $\mu\text{g}/\text{mL}$) at day 15 after
250 conditioning, although this effect was no longer observed after 30 days.
251 The antioxidant capacity was also inferred from the activity of the antioxidant enzymes, SOD
252 and catalase (Table 2). The catalase activity was not influenced by ARA supplementation, as no
253 effect of ARA dose and time of conditioning was observed (Table 2). The SOD activity was not
254 influenced by ARA concentration; however, a significant increase with time of conditioning was
255 observed for the control group (Table 2).

256

257 **4. Discussion**

258

259 Supplementing ARA directly into the water as free FA has been previously reported to increase
260 concentration of this FA in lipid reserves and phospholipids of oyster spat (Seguineau et al.,
261 2005). Supplementation with esterified forms of ARA seems to influence only the ARA
262 accumulation in lipid reserves of oysters (Hurtado et al., 2009). Supply of dissolved ARA
263 directly into the water where oyster are grown appeared thus to be more efficient for ARA
264 incorporation in polar lipids (Delaporte et al., 2006). This could reflect a difference of absolute
265 amount of ARA supplied/ingested, or a better digestibility and absorption of free ARA
266 compared to esterified ARA (Kinsella, 1991). Additionally, differences in oyster species,
267 frequency of ARA feeding and microalgae diet used in the above studies could also explain such
268 differences in ARA incorporation. ARA accumulation seems to be tissue specific as a much
269 stronger incorporation of ARA in gill phospholipids (19.7%) (Delaporte et al., 2006) than in the
270 whole animal phospholipids (9.3%, present study, same experiment as Delaporte et al. (2006)
271 was observed. Gills might be incorporating the dissolved form of ARA more readily, as was
272 proposed by Delaporte et al. (2006). However, a higher proportion of ARA in gill phospholipids
273 (6.2% of total fatty acids, Delaporte et al., 2006) compared to whole organism (2.3% of total
274 fatty acids, present study) was observed even in control oysters not fed dissolved ARA.
275 Therefore, the incorporation of ARA into membrane phospholipids of gills could be associated
276 with a tissue-specific function. In other aquatic organisms, ARA is selectively incorporated
277 (reaching up to 20-30% of total fatty acids) in gill phospholipids of fish (German and Hu, 1990;

278 Harel et al., 2000; Fountoulaki et al., 2003) and crabs (Lucu et al., 2008), where it modulates
279 Na/K-ATPase activity during osmoregulation (Van Anholt et al., 2004).

280 Oyster fed ARA decreased their levels of n-3 PUFA in tissues. The reduction of n-3 was mainly
281 attributable to docosahexaenoic acid (DHA) (22:6n-3), while the proportion of eicosapentaenoic
282 acid (EPA) (20:5n-3) remained relatively constant. In contrast, EPA was the main n-3 FA to
283 decrease when given diets rich in n-6 to fish (Bell et al., 1992; 1993). The importance of EPA
284 over other n-3 fatty acids in oyster has been previously proposed for maturation (Soudant et al.,
285 1999) and immune response (Delaporte et al., 2007). This relative compensation of total PUFA
286 by a decrease in DHA rather than that of EPA suggest a different role for EPA in molluscs as
287 compared to vertebrates.

288 In our previous study (Delaporte et al., 2006), supplementation with ARA to adult oysters at
289 0.25 and 0.41 $\mu\text{g}/\text{mL}$ directly in seawater tended to increase total hemocyte counts after 15 and
290 30 days of dietary conditioning. Phagocytosis was significantly impacted by ARA
291 supplementation after 15 days of feeding while the strongest impact of ARA supplementation
292 (both doses as compared to control) was observed for ROS production (a two-fold increase)
293 after 4 weeks of ARA supplementation. Furthermore, hemocytes of oysters fed ARA were less
294 sensitive to extracellular products of a pathogenic *Vibrio aestuarianus*. Relationships between
295 ARA supplementation and cellular immune responses in *C. gigas* could be explained by
296 different mechanisms: 1) a specific immune response mediated by PG or other eicosanoids such
297 as leukotriene LTB_4 and/or 2) a direct action of ARA through changes of membrane
298 composition and/or 3) lipid peroxidation of ARA generating free radicals and modifying thus,
299 immune cell functioning.

300 We found a positive correlation between ARA levels in *C. gigas* tissues and PGEM
301 concentration after feeding ARA for 30 days. Accordingly, in *C. corteziensis* ARA-rich
302 emulsions supplemented in the diet increased PGEM levels in oyster tissues in a dose dependent
303 manner (Hurtado et al., 2009). Also, the effects of membrane fatty acid composition, diets rich
304 in 18:2n-6 and ARA or the ARA content of immune cell phospholipids on the production and
305 type of PG and other eicosanoids has been reported in fish and mammals (Bell et al., 1992,
306 1993; Tocher et al., 1997; Peterson et al.,
307 1998; Lund et al., 2008; Villalta et al., 2008). Therefore, it is likely that ARA supply to oysters
308 could promote the increase in other eicosanoids such as leukotrienes (LTB_4) in addition to PG.
309 In vertebrates, it has been shown that LTB_4 increase together with PGE_2 as a direct result of
310 ARA proportion in immune cell membrane phospholipids, and both are modulated in parallel by
311 ARA dietary supply (Kelley, 2001; Calder, 2008).

312 The proinflammatory influence of ARA in humans is well known; it can significantly increase

313 the number of circulating neutrophils, the *in vitro* production of PGE₂ and LTB₄ by the
314 stimulated peripheral blood mononuclear cells, and the secondary response to influenza vaccine
315 (Kelley, 2001). PGE₂ and PGI₂ are the predominant pro-inflammatory prostanoids, although
316 they can also exert immuno-suppressive effects and can be involved in the resolution of the
317 inflammation (Stables and Gilroy, 2011). LTB₄ is a powerful pro-inflammatory agent that
318 stimulates phagocytosis, chemotaxis and aggregation in neutrophils as well as the release of
319 lysozyme and the generation of oxygen radicals (Toda et al., 2002) and is important in the host
320 response against infection by enhancing microbicidal activities (Stables and Gilroy, 2011).

321 A link between PG and immune responses in molluscs was given by Canesi et al. (2002), who
322 provided indirect information through inhibition of phospholipase A2 and COX on eicosanoid
323 involvement in bacterial killing by mussel (*M. edulis*) hemocytes. In contrast, no relationship
324 was established between eicosanoids produced through COX and LOX pathways in hemocytes
325 and the immune capacities of the starfish *Asterias rubens* (Pope et al., 2007). In addition to
326 different responses among species, effects of eicosanoids may vary according to their
327 concentration; small doses of PGE₂ and LTB₄ stimulate some of the immune cells, whereas
328 higher concentrations inhibit the same cells (Kelley, 2001). This may explain the differences of
329 hemocyte time responses according to parameters; ARA supplementation resulted in a
330 temporary increase in phagocytosis after 2 weeks, but no longer observed after 4 weeks.
331 However, ROS production only increased after 4 weeks of ARA supplementation.

332 A number of studies using COX and LOX inhibitors in vertebrates indicate that the effects of
333 FA on immune cell activity can be independent of the changes in the secretion of eicosanoids
334 (Kelley and Rudolph, 2000; Pompéia et al., 2000). Changes of the FA composition of immune
335 cells can directly affect phagocytosis, ROS production, cytokine production, leukocyte
336 migration, T-cell signalling and antigen presentation capability (Pompéia et al., 2000; Calder,
337 2008). A dose-dependent effect of ARA on superoxide anion production through NADPH-
338 oxidase system but independent of eicosanoid production was observed in human and rat
339 leucocytes (Pompéia et al., 2003). Such direct effects of ARA on oyster hemocyte functions
340 deserve to be explored by using COX and LOX inhibitors on hemocytes collected from oysters
341 fed different levels of ARA.

342 As mentioned before, the effect of ARA supplementation on hemocyte activities was observed
343 on ROS production after 4 weeks; it can be hypothesized that lipid peroxidation of ARA
344 generated free radicals which in turn leads to superoxide anion production. Peroxidation and
345 autoxidation of PUFA are general mechanisms for ROS production (Peck, 1994b). PUFA in
346 membranes are more prone to lipotoxicity producing structural changes that may lead to cell
347 damage (Gonzalez-Flecha et al., 1992), decreased membrane fluidity, oxidation of thiol groups

348 of enzymes in the membranes, and liberation of breakdown products which produce damage
349 elsewhere (Peck, 1994a). By supplementing high quantities of ARA in the oyster's diet, we
350 expected to increase the quantity of double bonds, and thus the unsaturation (PUI) and
351 peroxidation indices (Table 1). PUI of reserve and membrane lipids increased significantly upon
352 ARA supplementation at 0.4 $\mu\text{g}/\text{mL}$ while peroxidation index was not affected. This may
353 indicate a tight regulation of double bonds in both reserve and membrane lipids, possibly to
354 limit exposure to lipid peroxidation when oysters are exposed to PUFA enriched diet. The
355 increase of ARA in both membrane and reserve lipids was mainly compensated by decreases of
356 DHA which has two more double bonds than ARA and of 18:3n-3 which has one less double
357 bond.

358 Nevertheless, this does not exclude that ARA supplementation may have resulted in lipid
359 peroxidation that should be inferred through the production of by-products such as
360 malondialdehyde (MDA). MDA has been reported to occur at rates 200-times higher than the
361 rates of PGE_2 synthesis in vertebrate kidneys; so ARA, together with other PUFA would be
362 much more likely to be peroxidized by oxygen free radicals than to be used for PG synthesis
363 (Gonzalez-Flecha et al., 1992). However, in good agreement with the absence of significant
364 changes in peroxidation index of reserve and membrane lipids, no significant differences in
365 MDA content was found according to ARA supplementation levels.

366 To further test if ARA supplementation changed the oxidative status of the whole oysters, it was
367 important to assess the antioxidant capacities and activities of oysters exposed to increasing
368 dietary supply of ARA. Box et al. (2007) stated that an adaptation response of enzymes
369 activities and no significant differences in MDA concentration indicated that the antioxidant
370 response was able to avoid lipid peroxidation. Environmental stressors such as dissolved oxygen
371 influence antioxidant enzyme activities (SOD, catalase, and glutathione peroxidase GPX) in
372 *Mytilus galloprovincialis* (Santovito et al., 2005), clams *Chamelea gallina* (Monari et al., 2005)
373 and blue mussels *Mytilus edulis* (Manduzio et al., 2004). Moncheva et al. (2004) demonstrated
374 that the antioxidant capacity of whole tissue of mussels is higher in polluted sites. Moreover,
375 antioxidant status is of critical significance in determining the effects of PUFA on immune and
376 inflammatory responses (Kelley et al., 2001). In the present study, no significant differences in
377 catalase or SOD activities in relation to ARA supplementation were observed, suggesting the
378 general antioxidant enzyme pathway was not activated. Only a temporary but significant
379 increase of antioxidant capacity in terms of percent inhibition of DPPH was found after 15 days
380 of ARA enrichment at 0.41 $\mu\text{g}\cdot\text{mL}^{-1}$. Such transitory response remains unexplained. However,
381 from lipid peroxidation status and the overall antioxidant capacity evaluated in the present
382 study, it appears that ARA supplementation unlikely resulted in a substantial and sustained

383 oxidative stress.

384

385 **5 Conclusions**

386

387 The effect of supplementing ARA in the diet on oyster hemocyte parameters could be mediated
388 through synthesis of PG and involves several cellular immune responses (number of circulating
389 hemocytes, phagocytosis, ROS production, susceptibility to bacterial virulence factors). The
390 lack of lipid peroxidation and activation of antioxidant responses upon increased ARA levels in
391 diet indicate that immune responses could not be attributed to a general increase in oxidative
392 stress. To further establish the involvement of PG in the observed cellular changes (hemocyte
393 count, phagocytosis and ROS production), it would be interesting to test COX and LOX
394 inhibitors in future experiments.

395

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549

550 **Figure captions**

551

552 Fig.1. ARA ($\mu\text{g}/\text{mg}$ wet mass) in phospholipids and lipid reserves of *Crassostrea gigas* after 30
553 days of the dietary conditioning with T.iso supplemented with 0, 0.25, and 0.41 $\mu\text{g}/\text{mL}$ of ARA
554 ($n=3$ pools of 5 animals each). Results are reported as mean \pm SE. Means not sharing the same
555 letter within each lipid class are significantly different ($P<0.05$).

556

557 Fig. 2. Prostaglandin E metabolite (PGEM) in *Crassostrea gigas* before conditioning (T0) and
558 after 15 and 30 days of conditioning with *T.iso* supplemented with 0, 0.25 and 0.41 $\mu\text{g/mL}$ of
559 ARA. Results are reported as mean \pm SE. Means not sharing the same letter within each time
560 sampling are significantly different ($P < 0.05$) by ANOVA followed by Tukey test. An additional
561 ANOVA was done to analyze the differences as a result of time of conditioning with *T.iso* +
562 ARA 0 $\mu\text{g/mL}$; significant differences ($P < 0.05$) compared to T0 values are marked by an
563 asterisk (*).

564
565 Fig. 3. Relation between PGEM and ARA levels (lipid reserves + phospholipids) in *Crassostrea*
566 *gigas* after 30 days of conditioning with *T.iso* supplemented with 0, 0.25 and 0.41 $\mu\text{g/mL}$ of
567 ARA. $Y = 1.1 + 39.2X$, $R^2 = 0.67$, $P < 0.05$
568

569 Table 1: Fatty acid composition (percent of total fatty acids) in lipid reserves and phospholipids
 570 of *Crassostrea gigas* (whole oyster) after 30 days of the dietary conditioning with T.iso
 571 supplemented with 0, 0.25, and 0.41 $\mu\text{g/mL}$ of ARA (n=3 pools of 5 animals each). Results are
 572 reported as Mean \pm SE. Fatty acids in phospholipids and lipid reserves were analyzed
 573 separately. Different lower-case letters indicate significant difference between dietary treatments
 574 (1-way ANOVA, $P < 0.05$).

supplied ARA $\mu\text{g/mL}$	Lipid Reserves			Phospholipids		
	0	0.25	0.41	0	0.25	0.41
14:0	5.31 \pm 0.15	4.94 \pm 0.26	4.93 \pm 0.31	1.76 \pm 0.1	1.63 \pm 0.06	1.62 \pm 0.12
16:0	14.0 \pm 0.61	14.4 \pm 0.34	13.5 \pm 0.41	9.81 \pm 0.47	9.40 \pm 00.23	9.04 \pm 0.11
18:0	2.73 \pm 0.02	3.11 \pm 0.08	2.76 \pm 0.06	4.7 \pm 0.12	5.05 \pm 0.11	4.81 \pm 0.08
16:1n-7	3.51 \pm 0.27	3.39 \pm 0.24	3.22 \pm 0.17	1.48 \pm 0.09	1.2 \pm 0.04	1.37 \pm 0.06
18:1n-9	5.52 \pm 0.48	4.67 \pm 0.24	4.72 \pm 0.24	2.17 \pm 6	2.09 \pm 0.04	2 \pm 0.13
18:1n-7	4.3 \pm 0.03	4.77 \pm 0.08	4.51 \pm 0.13	2.79 \pm 0.22	3.29 \pm 0.09	3.52 \pm 0.08
18:2n-6	6.54 \pm 0.55	4.9 \pm 0.36	5.43 \pm 0.31	3.08 \pm 0.31	2.54 \pm 0.13	2.66 \pm 0.2
18:3n-3	3.43 \pm 0.23 ^a	2.58 \pm 0.19 ^b	2.81 \pm 0.14 ^{ab}	1.35 \pm 0.1 ^a	1.17 \pm 0.05 ^{ab}	1.12 \pm 0.07 ^b
18:4n-3	7.33 \pm 0.23	6.23 \pm 0.3	6.56 \pm 0.18	1.89 \pm 0.03	1.73 \pm 0.08	1.51 \pm 0.1
20:4n-6	0.96 \pm 0.01 ^a	4.12 \pm 0.16 ^b	7.46 \pm 0.88 ^c	2.33 \pm 0.06 ^a	6.89 \pm 0.19 ^b	9.25 \pm 0.31 ^c
20:5n-3	13.3 \pm 0.55	14.8 \pm 0.44	13.6 \pm 0.45	10.9 \pm 0.3	10.8 \pm 0.18	10.3 \pm 0.32
22:5n-6	1.02 \pm 0.1	0.80 \pm 0.06	0.85 \pm 0.04	1.62 \pm 0.01 ^a	1.47 \pm 0.01 ^b	1.32 \pm 0.07 ^c
22:5n-3	0.58 \pm 0.02	0.61 \pm 0.01	0.59 \pm 0.01	1.20 \pm 0.02	1.13 \pm 0.03	1.32 \pm 0.07
22:6n-3	12.8 \pm 0.35 ^a	11.4 \pm 0.21 ^b	11.2 \pm .05 ^b	16.4 \pm 0.14 ^a	15.3 \pm 0.19 ^b	14.3 \pm 0.14 ^c
Total PUFA	53.8 \pm 1.2 ^{ab}	52.5 \pm 0.6 ^a	55.4 \pm 0.8 ^b	49.2 \pm 0.6 ^a	51.3 \pm 0.4 ^b	51.2 \pm 0.2 ^b
Total n-6	10.2 \pm 0.65 ^a	11.4 \pm 0.37 ^a	15.4 \pm 0.72 ^b	8.8 \pm 0.37 ^a	13.2 \pm 0.43 ^b	15.6 \pm 0.51 ^c
Total n-3	39.2 \pm 0.62 ^a	36.4 \pm 0.52 ^b	37.3 \pm 0.57 ^{ab}	33.4 \pm 0.43 ^a	31.4 \pm 0.18 ^b	29.4 \pm 0.24 ^c
n-3/n-6	3.86 \pm 0.22 ^a	3.27 \pm 0.08 ^b	2.37 \pm 0.13 ^b	3.82 \pm 0.2 ^a	2.39 \pm 0.08 ^b	1.89 \pm 0.07 ^c
EPA /ARA	13.8 \pm 0.41 ^a	3.59 \pm 0.04 ^b	1.87 \pm 0.2 ^c	4.68 \pm 0.18 ^a	1.56 \pm 0.07 ^b	1.11 \pm 0.06 ^c
Unsaturated index (PUI)	227 \pm 3.5 ^a	227 \pm 1.4 ^a	236 \pm 2.9 ^b	204 \pm 1.6 ^a	224 \pm 1.5 ^b	224 \pm 1.1 ^b
Peroxidation index	243 \pm 3.5 ^a	243 \pm 1.4 ^a	251 \pm 4 ^a	239 \pm 2.2 ^a	244 \pm 1.4 ^a	240 \pm 0.8 ^a

575 Table 2: Lipid peroxidation (measured as malondialdehyde concentration in $\mu\text{mol}/\text{mg}$ wet mass), total antioxidant radical scavenging capacity
 576 (measured as DPPH inhibition percentage), catalase and superoxide dismutase activities in *Crassostrea gigas* before conditioning (T0) and after 15
 577 and 30 days of conditioning with *T.iso* supplemented with 0, 0.25 and 0.41 $\mu\text{g}/\text{mL}$ of ARA. Results are reported as Mean \pm SE. Significant effect of
 578 treatment evaluated by ANOVA was only observed for DPPH inhibition percentage; means not sharing the same letter within each time sampling
 579 are significantly different by Tukey test. An additional ANOVA was done to analyze the differences as a result of time of conditioning with *T.iso* +
 580 ARA 0 $\mu\text{g}/\text{mL}$; significant differences ($P < 0.05$) compared to T0 values are marked by *.
 581

supplied ARA $\mu\text{g}/\text{mL}$	T0	T15 (after 2 weeks of feeding ARA)			T30 (after 4 weeks of feeding ARA)		
		0	0.25	0.41	0	0.25	0.41
Malondialdehyde (MDA) ($\mu\text{mol}/\text{mg}$ wet mass)	0.057 \pm 0.004	0.044 \pm 0.003	0.044 \pm 0.005	0.052 \pm 0.005	0.056 \pm 0.008	0.046 \pm 0.002	0.059 \pm 0.004
DPPH inhibition percentage	24.48 \pm 6.89	20.73 \pm 0.76 ^a	14.9 \pm 2.75 ^a	29.84 \pm 0.47 ^b	16.94 \pm 0.68 ^a	12.11 \pm 0.64 ^a	17.27 \pm 2.52 ^a
Catalase (U/ mg wet mass)	2.5 \pm 0.16	2.5 \pm 0.39	2.27 \pm 0.12	2.31 \pm 0.04	2.55 \pm 0.17	2.27 \pm 0.27	2.4 \pm 0.13
Superoxide dismutase (SOD) (U/mg wet mass)	1.76 \pm 0.14	2.89 \pm 0.16*	1.86 \pm 0.36	2.91 \pm 0.92	3.16 \pm 0.25*	2.37 \pm 0.38	2.78 \pm 0.13

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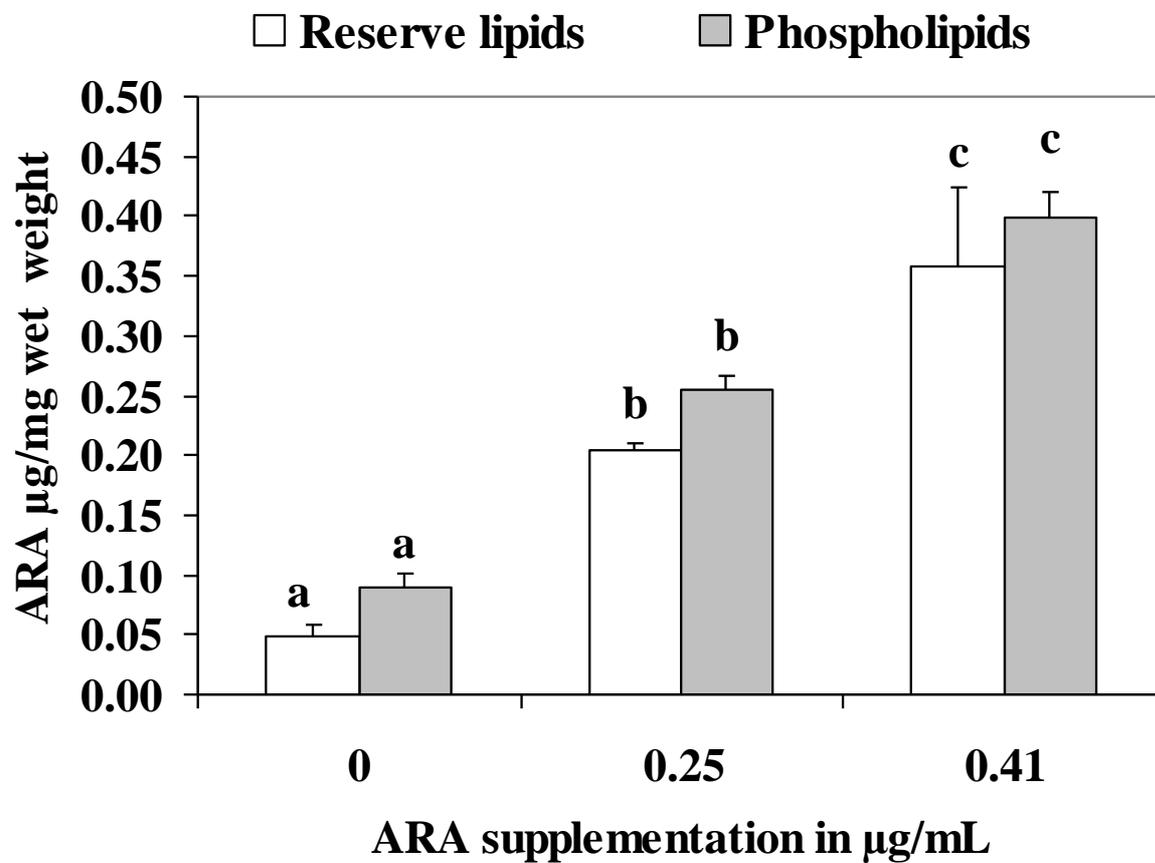
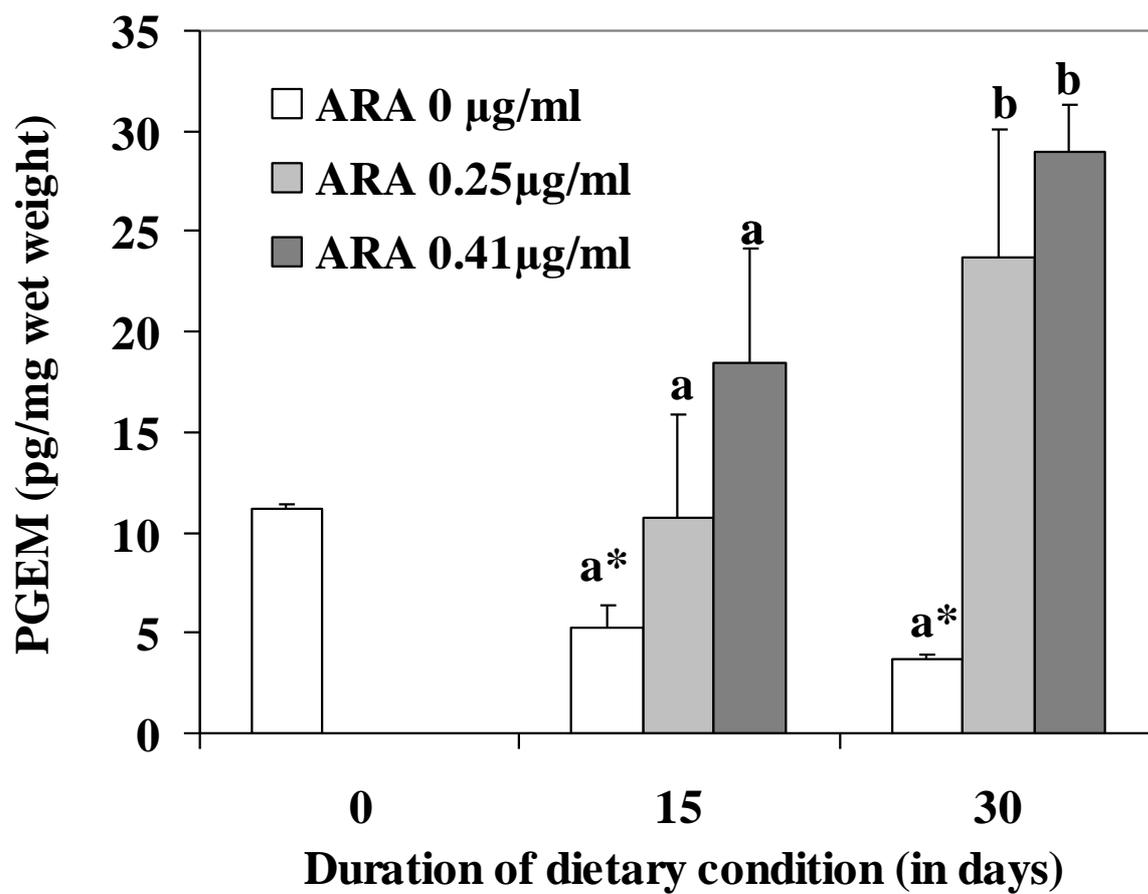
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Figure 1

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Figure 2

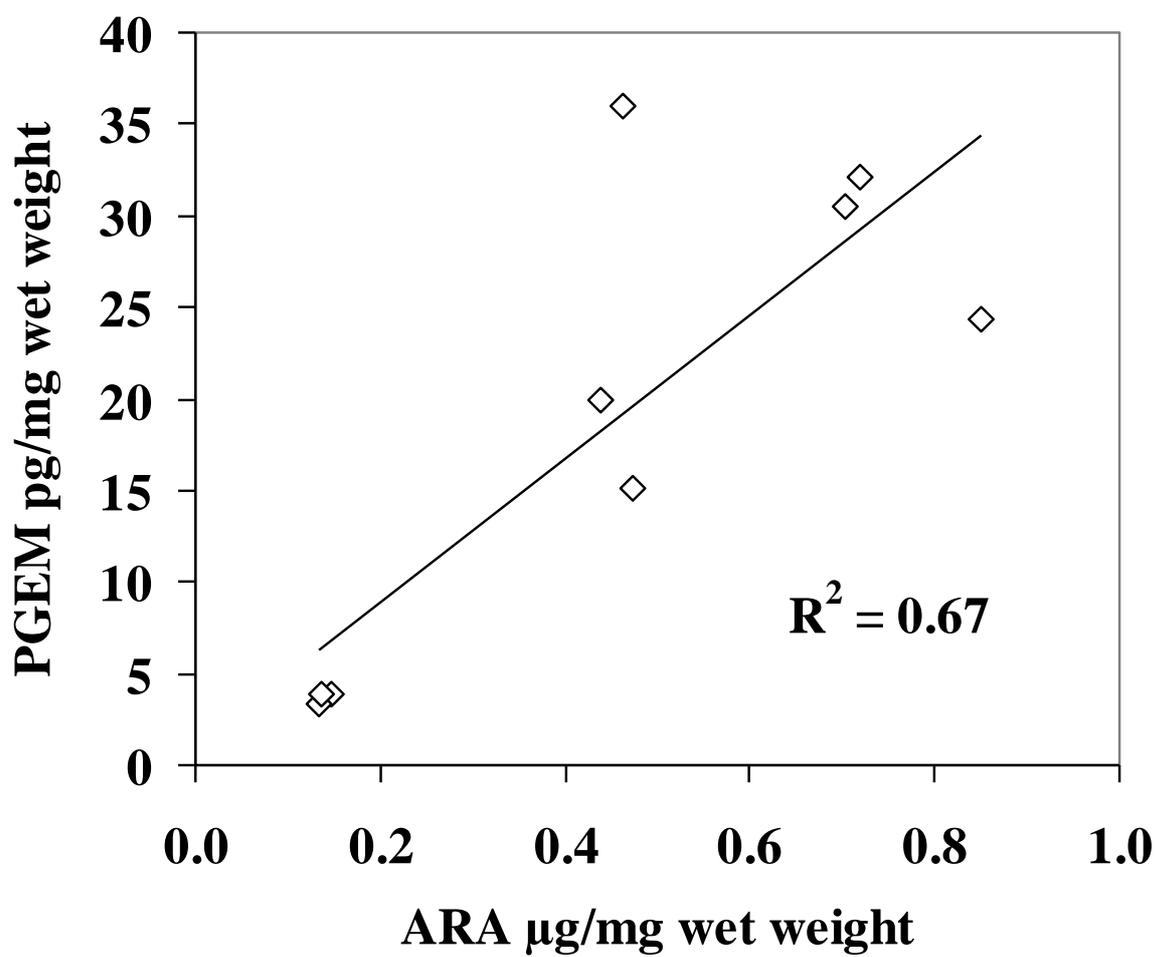
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Figure 3