
A partnership between science and industry for a monitoring of anchovy & sardine in the Bay of Biscay: When fishermen are actors of science

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Abstract :

Anchovy and sardine are small pelagic species occupying similar geographic areas in the Bay of Biscay (North-East Atlantic). Their biomass is strongly dependent on recruitment, making the annual assessment of TAC (Total Allowable Catch) a risky strategy due to uncertainty in predicting the magnitude of recruitment. Monitoring these resources more often and throughout their life cycle could allow management strategies to be adjusted based on observations which indicate the level of recruitment. In order to achieve a more frequent monitoring, an innovative data collection strategy involving a partnership between fishermen and scientists, was developed in 2009 and 2010 called "pilot sentinel surveys". This paper details the partnership, the information such a partnership can provide and how it can be useful for adaptively managing such resources. The method was based on short surveys undertaken by commercial vessels several times per year, in two spatially limited "key areas" known to be potential recruitment habitats. Acoustic surveys and fishing operations enabling biological sampling, were combined in each key area. Only one scientist was on board and an ad hoc sampling strategy was adopted during each survey by the Captain–Scientist team depending on the local conditions. This partnership allowed scientists to benefit from fishermen's experience and therefore adopt a sampling strategy which was optimized in time and space. The sentinel survey data were complemented with data collected during annual spring acoustic surveys carried out by the research vessel (RV) *Thalassa*. The RV was accompanied by commercial vessels allowing additional fishing operations and acoustic echo interpretation to be performed. This experiment showed that the sentinel observations in limited areas cannot provide reliable abundance indices, but are adequate to provide significant biological information on the seasonal progress of the life cycle of each species, such as growth, timing of incoming recruitment and migration pattern. In addition, these "pilot sentinel surveys" significantly improved the mutual understanding between fishermen and scientists.

Highlights

► Fishermen were key players in a collaborative research on pelagic species monitoring. ► Sporadic surveys in key areas are relevant to monitor anchovy recruitment arrivals. ► Fishermen can collect acoustic and biological data to monitor small pelagic stocks.

Keywords : Sporadic acoustic surveys, Bay of Biscay, Small pelagic monitoring, Recruitment indicators, Fishermen's surveys

44 **1. Introduction**

45 Small pelagic species such as anchovy (*Engraulis encrasicolus*) and sardine (*Sardina*
46 *pilchardus*) constitute important fish resources in the Bay of Biscay (Fig. 1), mainly exploited
47 by Spanish purse seiners and French pelagic pair trawlers. In this area, anchovy has been
48 managed by TAC (Total Allowable Catch) since 1980 whereas there is no present or planned
49 EU management for sardine. Anchovy biomass dynamics are strongly dependent on
50 recruitment (which is defined as 1 year old for these species), which represents generally 70%
51 of the stock (up to 90% in some years) for anchovy and 60 % for sardine (Silva et al., 2009).

52 **Insert Fig. 1**

53 In 2002, anchovy recruitment declined leading to a collapse of the stock biomass in 2003 and
54 a closure of the fishery between 2005 and 2010 (ICES, 2013). Recruitment magnitude
55 depends on summer larval drift and survival, and also winter juvenile survival. Until now,
56 attempts to predict recruitment magnitude (age-1 in subsequent year) based on environmental
57 conditions (Borja et al., 1996, 2008; Allain et al., 2001, 2007; Fernandes et al., 2010; Huret et
58 al., 2010; Petitgas et al., 2011) have not been considered reliable enough by ICES to be used
59 in management (ICES, 2007). The standing stock in the current year is assessed by ICES
60 based on spring surveys at spawning time and on annual catches. ICES advises in the current
61 year (t) on a TAC for year (t+1) based on the assessment of the current standing stock and an
62 estimation of possible recruitment magnitudes for year (t+1). Juvenile acoustic surveys
63 (Boyra et al., 2013) in autumn have been used to adjust the TAC(t+1) at the end of year (t),
64 but inaccuracy in estimating total juvenile abundance, as well as unpredictable winter juvenile
65 survival can be problematic for recruitment prediction (ICES, 2006). Here, we consider
66 another approach to “in season” monitoring of the resource’s biology throughout its life cycle
67 in specific habitats. The approach is based on the idea that the state of the resource and the

68 recruitment magnitude could be assessed by capturing the seasonal evolution of certain key
69 biological indicators. For example, anchovy growth rate is a key parameter in determining the
70 dynamics of the population as it regulates reproductive potential (Pecquerie et al., 2009).
71 Another important parameter is the occupation of offshore habitats (Petitgas et al., 2012) and
72 also potentially the migration pattern to summer/autumn feeding habitats located in northern
73 Biscay (ICES, 2010). This approach is also applied to sardine, which occupies somewhat
74 similar geographic areas as anchovy in Biscay (ICES, 2010). Sardine, however, has a larger
75 spatial distribution than anchovy and a different management context.

76 The aim of this paper is to describe an innovative data collection strategy, which was carried
77 out in partnership with fishermen. The strategy was designed to cover key areas and seasons
78 using small targeted scientific investigations. These investigations were undertaken
79 considering fishermen's local knowledge, taking advantage of their experience instead of
80 relying on one single comprehensive scientific survey in spring. This pilot study called
81 "sentinel surveys" was conducted between 2009 and 2010 as a proof of concept and consisted
82 of acoustic surveys of two sites and collection of biological samples using commercial fishing
83 vessels. This paper describes the approach and the data collected with some examples of
84 results and proposals for indices which could be used to monitor recruitment and describe the
85 condition of adults throughout the year. Such indices could be used to develop sustainable
86 management options including harvest rules (e.g., spatial and/or temporal closures in sensitive
87 areas).

88 **2. Material and methods**

89 Independent of annual scientific assessment surveys which are used to assess biomass, 5 short
90 "sentinel surveys" were organized from April 2009 to September 2010 on board commercial
91 vessels. Sentinel surveys were carried out in order to collect relevant, targeted data throughout

92 the year about sardine and anchovy in the Bay of Biscay, thus avoiding full scientific surveys
93 on board research vessels which are expensive and not easy to mobilize. The idea was to
94 involve fishermen and to take advantage of their knowledge and know-how. Preliminary
95 meetings revealed that some of them were already willing to volunteer for scientific
96 investigations which could provide better knowledge about the exploitation of fishery
97 resources and possible elements for management considerations. It was nevertheless
98 necessary to collect data outside the period when they were involved in sardine or anchovy
99 fishery. However, outside this period (mainly the spawning season) they were usually
100 committed to other fisheries (involving different species, areas, and/or equipment). It was
101 therefore necessary to provide financial compensation to retain volunteers. Onboard such
102 ships the fishing gear was adequate for the research purposes, but the onboard echo-sounder
103 was generally uncalibrated and had no data storage capacity. Therefore a scientific echo-
104 sounder and operator were added. Finally, a sampling strategy was developed so that data
105 could be collected, while giving the captain sufficient freedom to benefit from his knowledge
106 and intuition.

107 **Insert Table 1**

108 *2.1. Sampling strategy and data acquisition*

109 The sentinel surveys were carried out for a total of 24 days (Table 1). Three different pair
110 trawlers participated in the survey operations (Table 1) over the 18 month duration of the
111 sentinel project. The fishing vessels were 15 - 22 m long and their pelagic trawl vertical
112 opening was between 15 and 30 m depending on fishing conditions. The mesh size in the cod
113 end was 12 mm, allowing them to catch small fish in good condition.

114 In the Bay of Biscay, spawning sites of anchovy and sardine are spatially distinct (Bellier et
115 al., 2007). Anchovy spawning habitats are located in coastal waters, associated with river

116 plumes (in front of the Gironde and Adour estuaries), and sometimes occur at the shelf break
117 (Motos et al., 1996; Bellier et al., 2007; Planques et al., 2007; Petitgas et al., 2013). In
118 contrast, sardine spawning sites are frequently fragmented and cover a larger area than for
119 anchovy (Bellier et al., 2007). Thus, two key areas were selected according to the anchovy life
120 cycle: i) an area off the Gironde estuary close to 45°30'N 1°30'W which is a recurrent
121 spawning and nursery area observed during PELGAS surveys in spring and ii) a coastal area
122 in southern Brittany close to 47°30'N and 3°30'W where the major commercial fishery takes
123 place in autumn (Fig. 1). The commercial vessels visited both sites at least 5 times a year to
124 check for the presence of anchovy and/or sardine and to assess their biological state.

125 For each sentinel survey, the commercial fishing vessel was equipped with a Simrad
126 (Kongsberg Simrad AS, Kongsberg, Norway) EK60 split-beam echosounder of 70 kHz,
127 operated by a scientific observer to guarantee the quality of data acquisition. The transducer
128 was installed looking vertically downwards in a towed body and attached to the side of the
129 vessel. The ping rate was adjusted for the bottom depth from 0.3 s to 0.5 s between 20 m and
130 100 m depth. The equipment was previously calibrated in a tank in the laboratory using
131 standard procedures (Foote et al., 1987).

132 The strategy of the sentinel surveys was based on making best use of the knowledge of
133 fishermen about their traditional fishing areas, fishing seasons, likelihood of fish presence and
134 their behavior. This was combined with historical scientific knowledge. Within the target
135 areas, the sampling strategy was opportunistic. The captain would locate aggregations of fish
136 based on his best judgment. The scientist onboard would then set up a small grid of transects
137 perpendicular to the coast and separated by 10 nautical miles (Fig. 1). This area would then be
138 surveyed acoustically based on this design. Biological samples would be taken from trawl
139 hauls identifying any important echotraces while on transect.

140 To complete the series, the research surveys PELGAS, conducted in spring on board RV
141 Thalassa, were also taken into account in May 2009, 2010 and 2011 (Table 1). Commercial
142 vessels played a role in the scientific surveys in a "consort" role. Pair trawlers accompanied
143 RV Thalassa to increase fishing capacity and efficiency and thus identification of echotraces,
144 in particular from the near surface and in shallow waters. The two key areas for the sentinel
145 surveys are included in the PELGAS surveys which covered the entire French plateau, from
146 the Spanish coast to 48°N and from the coast to the shelf break. The main objective of the
147 PELGAS surveys is to provide an annual acoustic abundance index for anchovy and sardine
148 (ICES, 2013). During the PELGAS surveys, acoustic data are only collected by RV Thalassa
149 and biological samples are collected by Thalassa or the consort commercial vessels. The
150 anchovy and sardine data of the sentinel surveys in spring can therefore be put in the larger
151 context of their full distribution range as provided by the PELGAS consort surveys. The
152 PELGAS survey used a grid of parallel transects separated by 12 nautical miles perpendicular
153 to the coast. PELGAS consort commercial vessels sailed the transects at 8 knots and carried
154 out fishing operations on request. Their pelagic trawl had often a higher vertical opening (up
155 to 35 m) but the cod end mesh size was similar to that used on RV Thalassa (12 mm).

156 2.2. *Data analysis*

157 For acoustic data, the same analysis was applied to the PELGAS and sentinel survey data. The
158 echo energies were expressed as nautical area scattering coefficients (NASC, $\text{m}^2 \cdot \text{nm}^{-2}$) per
159 elementary sampling distance unit (ESDU) (MacLennan et al., 2002). For processing, the
160 ESDU size was fixed to one nautical mile. Echotraces were ascribed to species based on
161 pelagic trawl hauls. The combination of the acoustic data with biological data allows us to
162 convert acoustic backscatter into fish abundance by species (Simmonds and MacLennan,
163 2005; Doray et al., 2010). The resulting data are density of fish in weight per square nautical

164 mile. These processed data were plotted on maps using ArcView GIS to examine the spatial
165 occupation of anchovy and sardine within studied areas.

166 For biological data, a random sample of each species was measured to determine the length
167 distribution in 0.5 cm classes for anchovy and sardine and up to 5 otoliths were collected by
168 length class for age determination. In addition, annual growth increments between winter
169 rings were measured using a digital camera installed on the binocular and using the image
170 analysis software Visilog (V. 5.4.). Growth increments were measured along the major
171 (longitudinal) axis of the otolith from the nucleus to winter rings. Increments corresponding to
172 the growth of fish between birth and the first winter were measured and noted R1 for age 1
173 fish. For age 2 fish, increments between birth and second winter were noted R2 and, R2-R1
174 represented the growth of fish between the first and the second winter (Petitgas et al., 2012).

175 Fish were grouped into size categories (40 individuals): 3 for anchovy ("small" when length
176 was less than 100 mm, "medium" between 100 and 140 mm, and "large" when length was
177 more than 140 mm) and 4 for sardine, (the same than for anchovy for the 2 smallest and
178 "large" between 140 and 180 mm and "very large" when length was more than 180 mm). Four
179 parameters were estimated for each individual: length L (mm), wet mass M_W (g), dry mass
180 M_D (g) and age. To get dry mass, the fish were oven-dried at 85°C to near constant mass (24-
181 72h).

182 Fish condition was estimated from individual length/weight measurements. Many authors
183 define an animal's condition as the energy capital accumulated in the body (i.e. fat reserves)
184 and it refers to an animal's health, quality or vigour and fitness (Peig and Green, 2009;
185 McPherson et al., 2011). Many relevant studies have used several morphometric or energetic
186 indices as proxies of the condition of the fish without consensus on the best option (Jones et

187 al., 1999; Froese, 2006; Peig and Green, 2010; McPherson et al., 2011; Kotrschal et al.,
188 2011). In this study, two metrics were used to define the fish condition:

189 i) a morphometric index, called the "Scaled mass index" (\hat{M}_i) (Peig and Green 2009, 2010).
190 Recently used for fish (Maceda-Veiga et al., 2014), this index standardizes mass to a specific
191 fixed body length based on the scaling relationship between mass and length using the
192 equation:

$$193 \quad \hat{M}_i = M_{wi} \left[\frac{L_0}{L_i} \right]^{b_{SMA}} \quad (1)$$

194 where M_{wi} is the wet body mass (g) and L_i the total length L (mm) of individual i ; b_{SMA} is the
195 scaling exponent obtained by the standardised major axis (SMA) regression on ln-transformed
196 weight and length values. Model II Regression in R 3.0.3 was used to determine the slope of
197 the fitted line (i.e b_{SMA}) (Legendre, 2008). L_0 was an arbitrary value of L (e.g. the arithmetic
198 mean value for the population under study) (Peig and Green, 2009).

199 ii) a bioenergetic index, the "energy content" (E_D), often used to measure fish growth and
200 food consumption (Hartman and Brandt, 1995; Wuenschel et al., 2006; Tirelli et al., 2006;
201 Dubreuil et Petitgas, 2009; Zhang et al., 2011; Rosa et al., 2010) to understand the energy
202 allocation strategies of species. Dubreuil et al. (2009) established the relationship between the
203 energy density (E_D kJ wet mass⁻¹) and the fish dry mass (M_D) expressed as a percentage
204 ($\%M_D = 100 M_D M_W^{-1}$) for anchovy of the Bay of Biscay:

$$205 \quad E_D \text{ (kJ g}^{-1}M_W) = 0.41 \times \%M_D - 4.94 \quad (2)$$

206 No such relationship is available for sardine in the Bay of Biscay. Yet, as energy density is
207 correlated to $\%M_D$ and $\%M_D$ is inverse of $\%M_C$ (water content in %), $\%M_D$ or $\%M_C$ both
208 alike can be considered as proxy of energy density for sardine.

209 Samples for energy content were available from the sentinel surveys only. To test for
210 significant differences in the biological parameters across seasons and areas we used a
211 Kruskal Wallis test (0.05) followed by a multiple comparison test (Kruskal et Wallis, 1952).

212 **Insert Fig. 2**

213 **3. Results**

214 3.1 abundance and spatial distribution

215 Density per ESDU maps (Fig. 2) were produced for both species in the two key areas from the
216 sentinel surveys, and from the PELGAS surveys. They corresponded to eight successive
217 snapshots of the geographic distributions and relative density from May 2009 to May 2011.
218 No survey was organized in February 2010 due to bad weather conditions. Additional
219 information was considered with two indices (Table 2). The first one (AI, in tons) is the sum
220 of densities per ESDU which can be considered as an abundance index, representative of the
221 abundance of fish observed in the key area at the time of the survey. The second index (n+) is
222 the number of ESDUs where the fish were observed. It can be considered as a distribution
223 index (dispersion/concentration) of the fish in the key area. These indices are very variable
224 from one survey to the other. Table 2 shows for instance that anchovy was more abundant but
225 more dispersed in April 2010 than in July (from 981 to 230 tons) in Gironde area (from 148 to
226 111 for n+). Anchovy was also abundant in coastal waters of the southern Brittany area in
227 July. Therefore, these two indices cannot be representative of the total stock abundance, but
228 only of the presence/absence in the key area at the survey period.

229 **Insert Table 2 and Fig. 3**

230 However, it is possible from the observations to describe the seasonal movement patterns for
231 each species, their schooling behavior, and their life history stage (age, sexual maturity,

232 growth or condition). The densest aggregations of anchovy were observed in the Gironde area
233 (Fig. 2), in shallow waters (from 20 to 50 m of bottom depth) and organized in small schools
234 (less than 5 m high) 15 m above the bottom (Fig. 3(a)). Anchovy were often mixed with other
235 pelagic species and were observed as thick and dense layers of small schools (Fig. 3(b)). In
236 winter, anchovy seemed to be located further offshore beyond the 60 m isobath (Fig. 2) partly
237 mixed with sardine (Fig. 3(a)). On the echograms, sardine schools appeared dense more than
238 5 m high (Fig. 3(a)). Further investigations of shoal characterization would be required to
239 quantify size, shape and vertical distribution of aggregations but these structures are very
240 similar to that observed by Massé et al. (1996).

241 3.2. Monitoring of recruitment

242 From length and age distribution

243 Among the 8 surveys (3 PELGAS surveys and 5 sentinel surveys), 2879 individual anchovies
244 and 2308 individual sardines were sampled for length and age determination.

245 The biological materials collected allowed the monitoring of length distributions (Fig. 4(a)
246 and Fig. 5(a)) and demographic structures (Fig. 4(b) and Fig. 5(b)) of anchovy and sardine in
247 the two key areas. Proportion of age 0 and 1 in each area and their respective length modes
248 allowed us to depict the settlement of year class strength in the two areas.

249 **Insert Fig. 4 and Fig. 5**

250 In the case of anchovy for instance, small fish (length from 7.5 and 13 cm) are always
251 predominant in Gironde area whereas large individuals (from 14 to 19 cm) appear each year
252 in summer and autumn in southern Brittany (Fig 4(a)). Looking at age distribution (Fig 4(b)),
253 age 0 appears in the 2 areas in December 2009 and can be monitored during the 3 following

254 surveys as age 1. In 2010, there is no survey in winter, but age 0 can already be seen in
255 September 2010.

256 **Insert Table 3**

257 In general, sardines are larger in southern Brittany in 2010 and smaller in the Gironde area
258 (Fig. 5(a)), where smaller fish (mean length between 13.5 and 17.9 cm) were observed in
259 December 2009, April, May and September 2010 and May 2011 (Table 3). These were
260 mainly from the 0 and 1 groups (Fig. 5(b)). Nevertheless, the length and age distributions of
261 sardine are more variable from one survey to another than for anchovy.

262 **Insert Fig. 6**

263 *From otolith analysis*

264 In spring (May), R1 values (growth at age-0 before first winter) are similar in both areas (Fig.
265 6). But in other seasons and in summer in particular, values for the southern Brittany area are
266 systematically greater than those for the Gironde area, indicating that only those individuals
267 which grew faster at the beginning of their life are located in the northern habitats. R2-R1
268 values (growth between first and second winter) confirm this pattern (Fig. 6).

269 **Insert Table 4 and Table 5**

270 *3.3. Indices of condition*

271 Three indices of condition are considered: i) the scaled mass index \hat{M}_i , ii) the energy density
272 E_D and iii) the percent dry mass $\%M_D$. The indices were estimated for anchovy and sardine
273 specimens whose length ranged from 6.5 to 20 cm and from 7.5 to 25 cm, respectively. The
274 indices differed significantly between surveys (Kruskal-Wallis, $p < 0.05$) with minimum
275 value in winter for \hat{M}_i and in April for E_D and $\%M_D$ (Tables 3, 4, 5 and Fig. 7, Fig. 8). For

276 these latter indices, higher values were detected during July and/or September 2010. A
277 significant difference was also found between the two areas (Kruskal-Wallis, $p < 0.05$).

278 **Insert Fig. 7 and Fig. 8**

279 **4. Discussion**

280 The sentinel pilot study demonstrates that it is possible to conduct a scientifically sound
281 research program, using the expertise of both fishermen and scientists. Fishermen were
282 involved in each phase of the project; developing sampling protocol, locating fish
283 aggregations and collecting biological data, making it a truly collaborative fisheries research
284 program (Yochum et al., 2011; Johnson and van Densen, 2007).

285 The objective of this experiment was to see if it was possible to develop useful indicators to
286 monitor sardine and anchovy populations. A secondary objective was to determine if this was
287 feasible using an approach consisting of short and seasonally repeated surveys, in specific key
288 target areas using commercial vessels, taking advantage of the skills and knowledge of the
289 fishermen. Because of meteorological conditions, it was often necessary to adjust the schedule
290 of these short surveys and acoustic data collection was sometimes challenging onboard such
291 small vessels. Nevertheless, several indicators were successfully calculated: acoustic index of
292 presence of each species by area and their length and age distributions, condition index and
293 growth index.

294 Surveys on commercial vessels targeting specific key areas, using local fishermen's
295 knowledge and supported by research acoustic systems and expertise, have been attempted
296 previously for stock assessment (O'Driscoll and Macauley, 2005; Ressler et al., 2009;
297 Barbeaux and Fraser, 2009; Honkalehto et al., 2011). Their studies demonstrated that such
298 cooperation was a promising way of monitoring species abundance in small scale areas. In our
299 case, the local abundance indices by area provided by sentinel surveys were not representative

300 of the global stock abundance. Nevertheless, the sentinel surveys were well-suited for
301 monitoring anchovy, in terms of the strength and arrival in coastal waters of the new year
302 class strength. This monitoring showed that 0 group appearance progresses from Gironde to
303 southern Brittany (in July and December, respectively), and is consistent with what is already
304 known about the spawning season, which begins in the south of the Bay of Biscay and ends in
305 southern Brittany (Bellier et al., 2007). The sentinel surveys were not as successful for
306 monitoring sardine, which can be explained by the larger spatial distribution of sardine
307 spawning compared to that of anchovy; a more appropriate key area and more surveys might
308 be necessary for sardine. Also, unlike the anchovy spawning season, which is mainly
309 concentrated in spring, the spawning season of sardine is spread over much of the year with
310 two distinct peaks in spring and autumn (Arbault and Lacroix, 1971, 1977; Bellier et al.,
311 2007).

312 The data collected by the sentinel surveys allowed us to monitor the seasonal evolution of
313 biological parameters (growth, energy) as well as differences between northern and southern
314 habitats. The measured values of the biological indices agreed with values already observed
315 for anchovy and sardine in the Bay of Biscay and in the Mediterranean (Maceda-Veiga et al.,
316 2014; Spitz et al., 2010; Dubreuil et Petitgas, 2009; Tirelli et al., 2006; Rosa et al., 2010). The
317 sentinel surveys thus show potential to monitor the key biological processes, which determine
318 population health, if not global abundance. To maximize the suitability of indicators, it would
319 be necessary to target key seasons each year, such as summer (August - September) and
320 winter (December to February) taking into account that scientific surveys already occur in
321 spring and autumn.

322 Last but not least, exchanges between fishermen and scientists working together on the
323 sentinel survey project increased and encouraged mutual understanding and interest in

324 obtaining integrated knowledge on the biology of the resources and their management
325 strategies.

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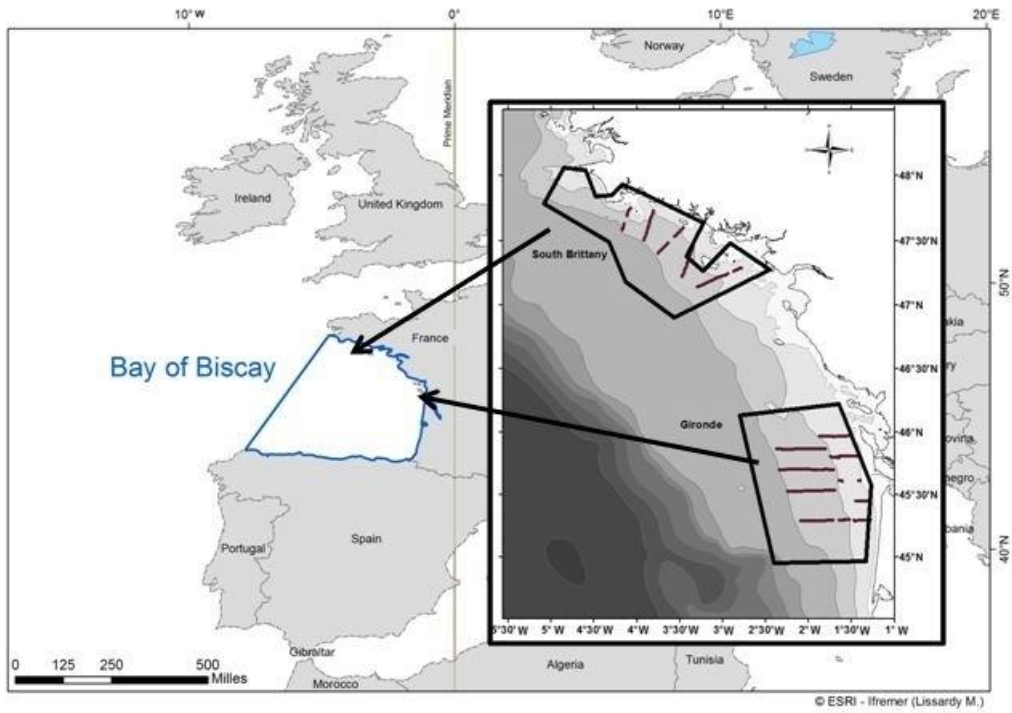
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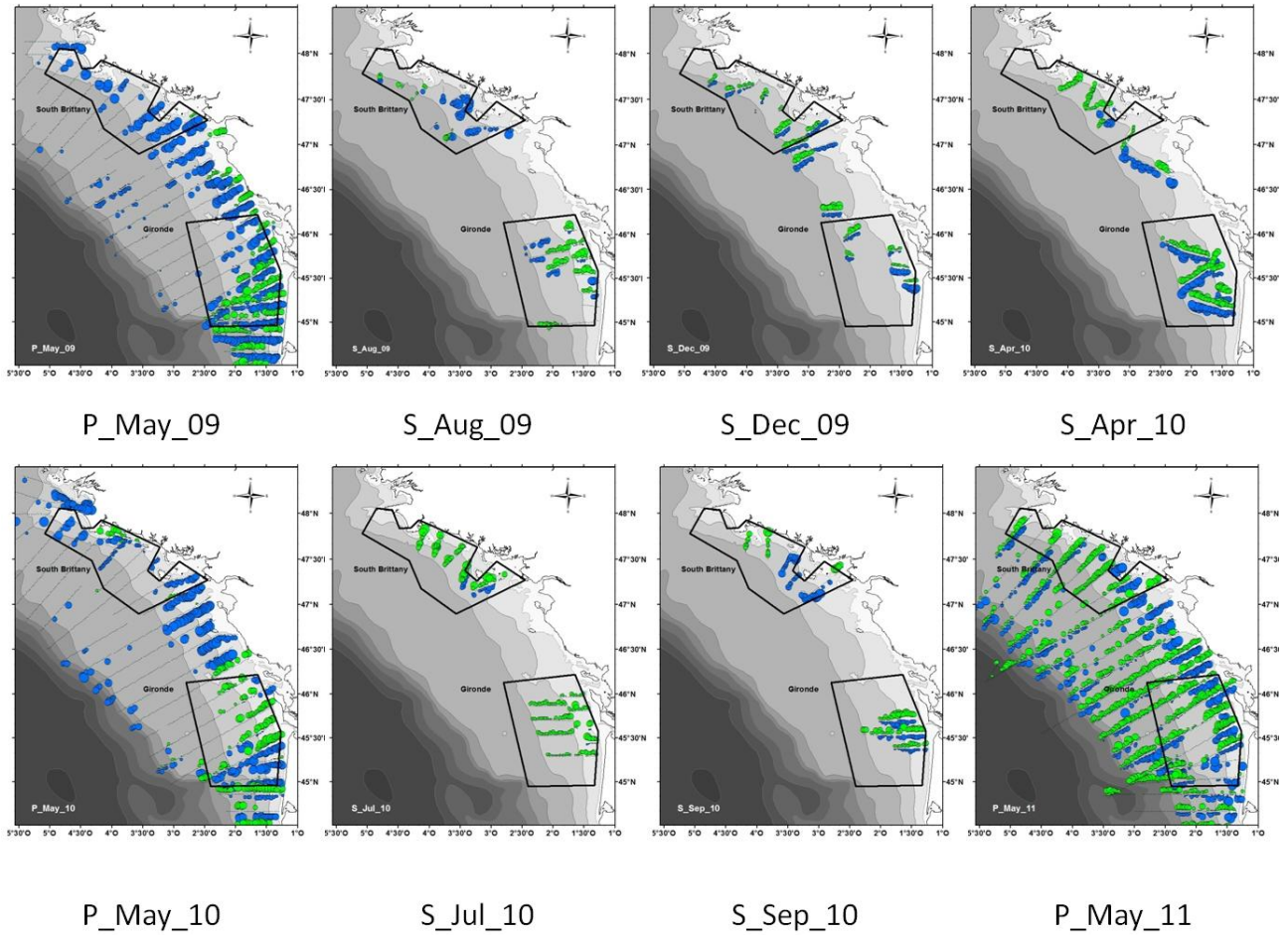
516 Fig. 1. The Bay of Biscay is located in North Atlantic along the west coast of France
517 (overview map). The two key areas in this study are indicated on the map on the right along
518 with the location of transects carried out during one of the five surveys.



519

520

521 Fig. 2. Acoustic density of anchovy (green circles) and sardine (blue circles) by survey in the
 522 two key areas (kg nm⁻³), where the letter “P” indicates a PELGAS survey and “S” a sentinel
 523 survey. For clarification, sardine circles were slightly shifted to avoid superimposition of
 524 symbols. (For interpretation of the references to color in this figure legend, the reader is
 525 referred to the web version of this article).

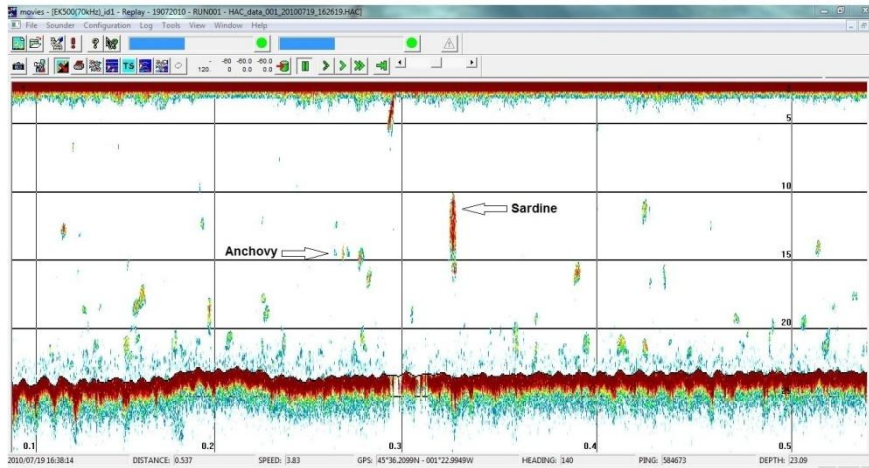


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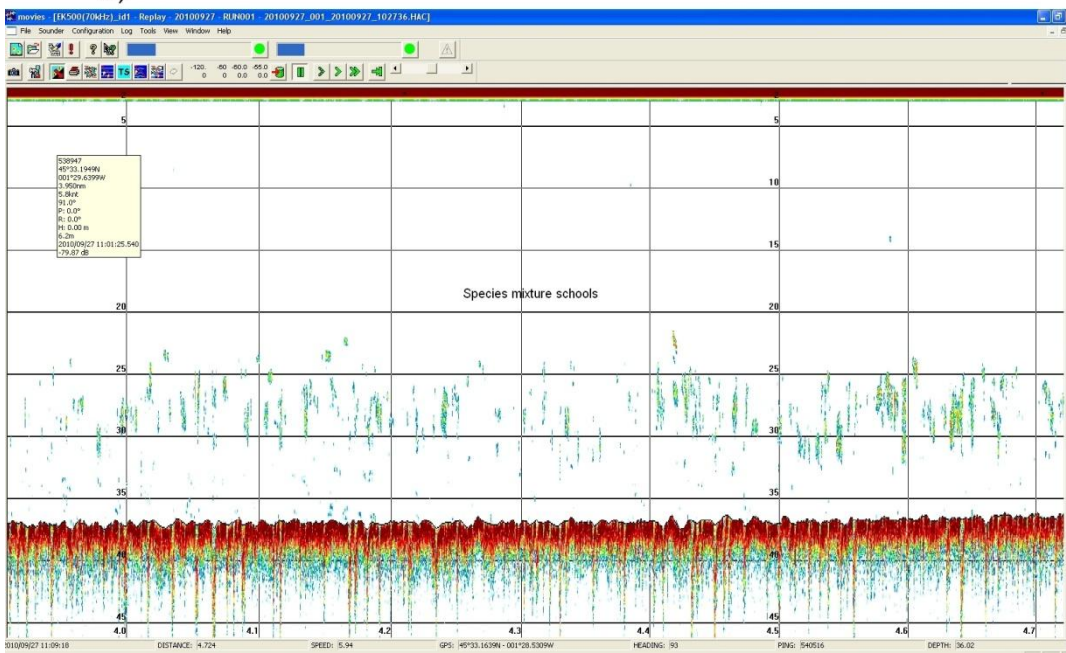
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528 Fig. 3. Examples of echograms obtained during sentinel surveys (a) schools of anchovy and
529 sardine in Gironde area during July 2010, (b) schools of mixed species in Gironde area during
530 September 2010.

a)



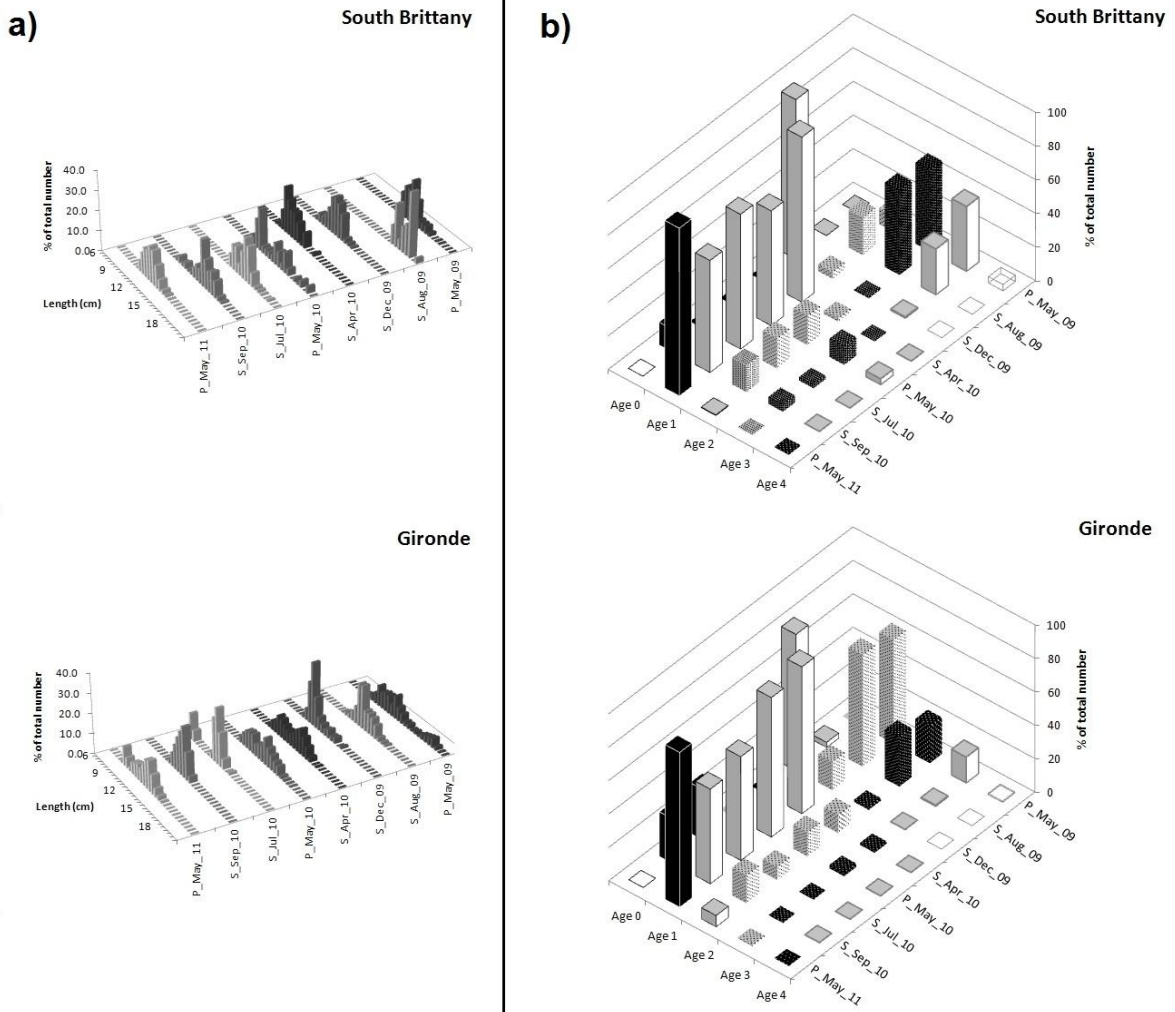
b)



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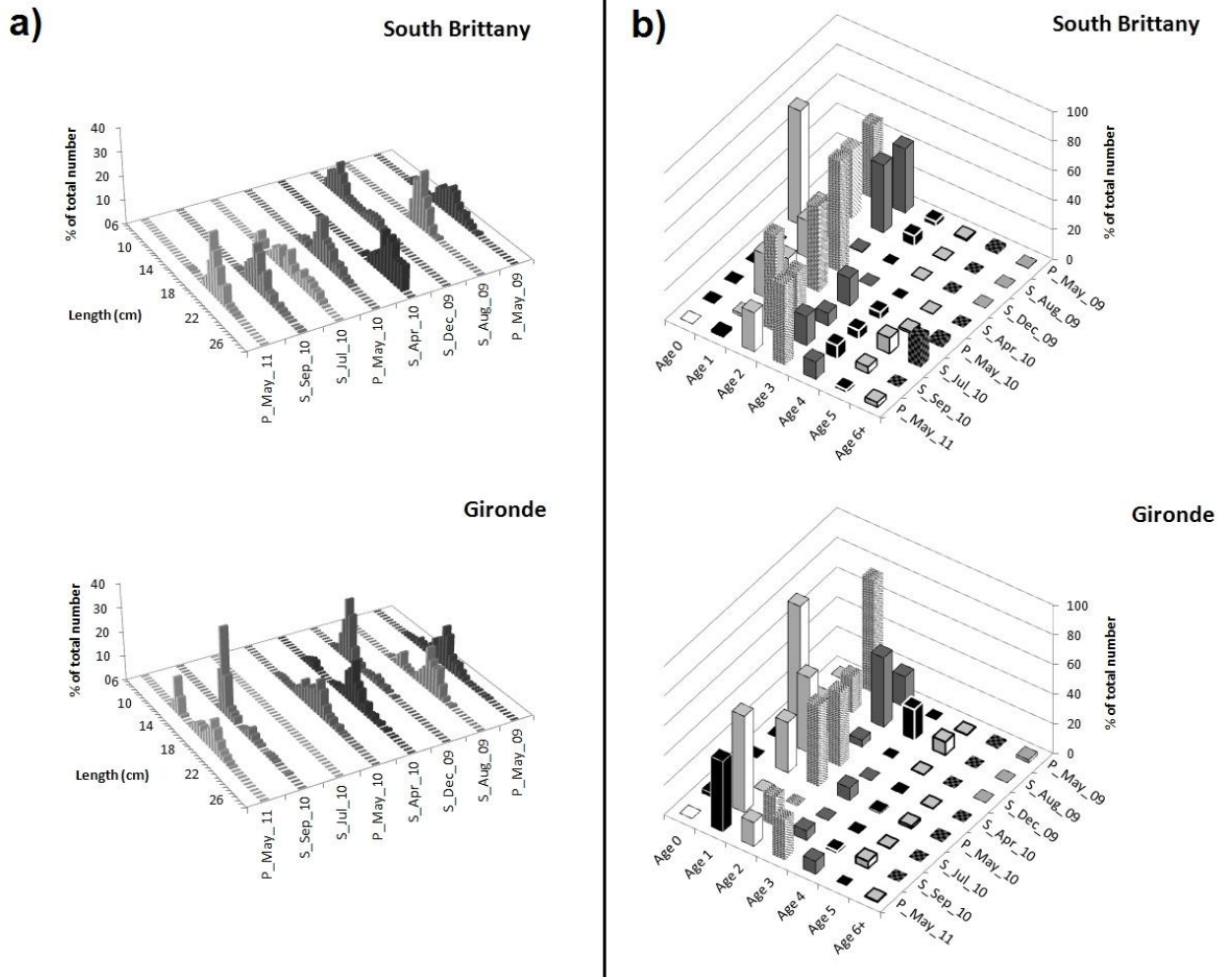
533 Fig. 4. Length distribution (a) and age distribution (b) of anchovy in% of total number for the
 534 PELGAS (P) and sentinel (S) surveys in southern Brittany (top) and Gironde (bottom) areas.
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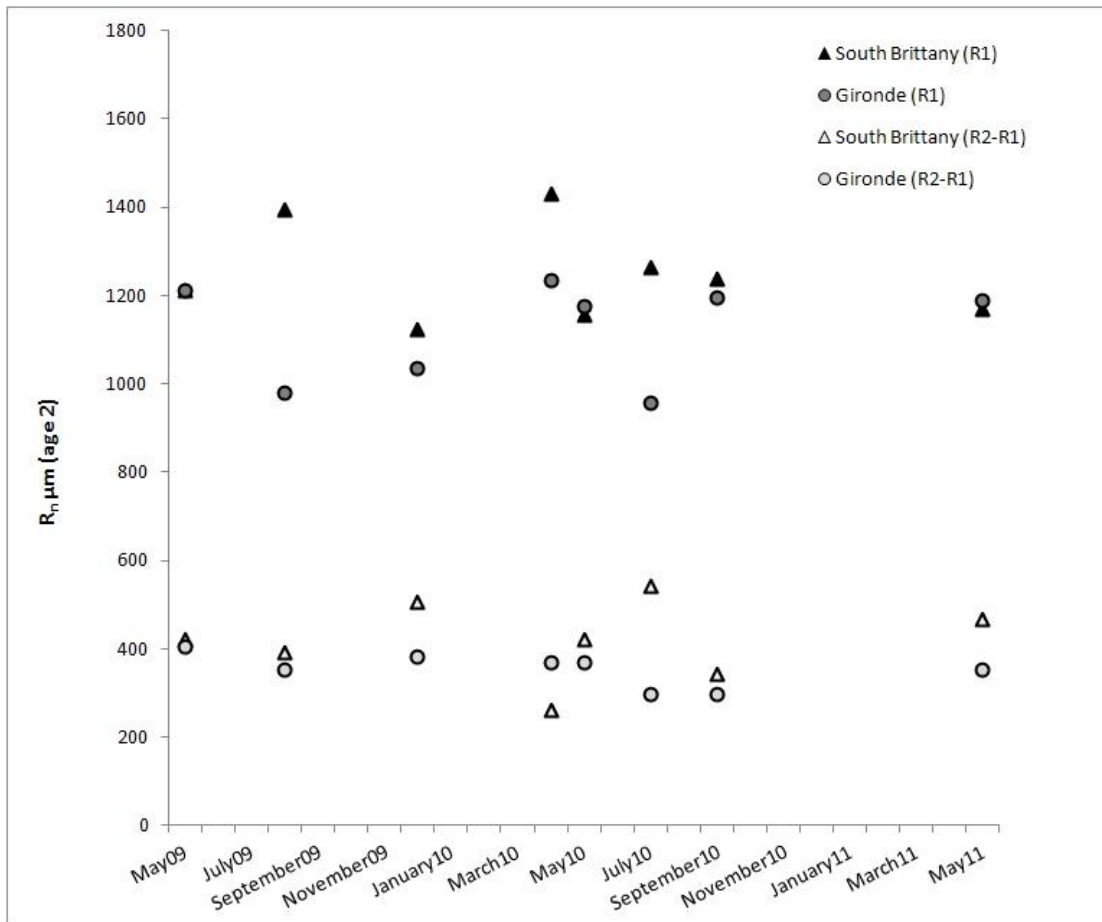
538 Fig. 5. Length distribution (a) and age distribution (b) of sardine in% of total number for the
 539 PELGAS (P) and sentinel (S) surveys in southern Brittany (top) and south Gironde (bottom)
 540 areas.



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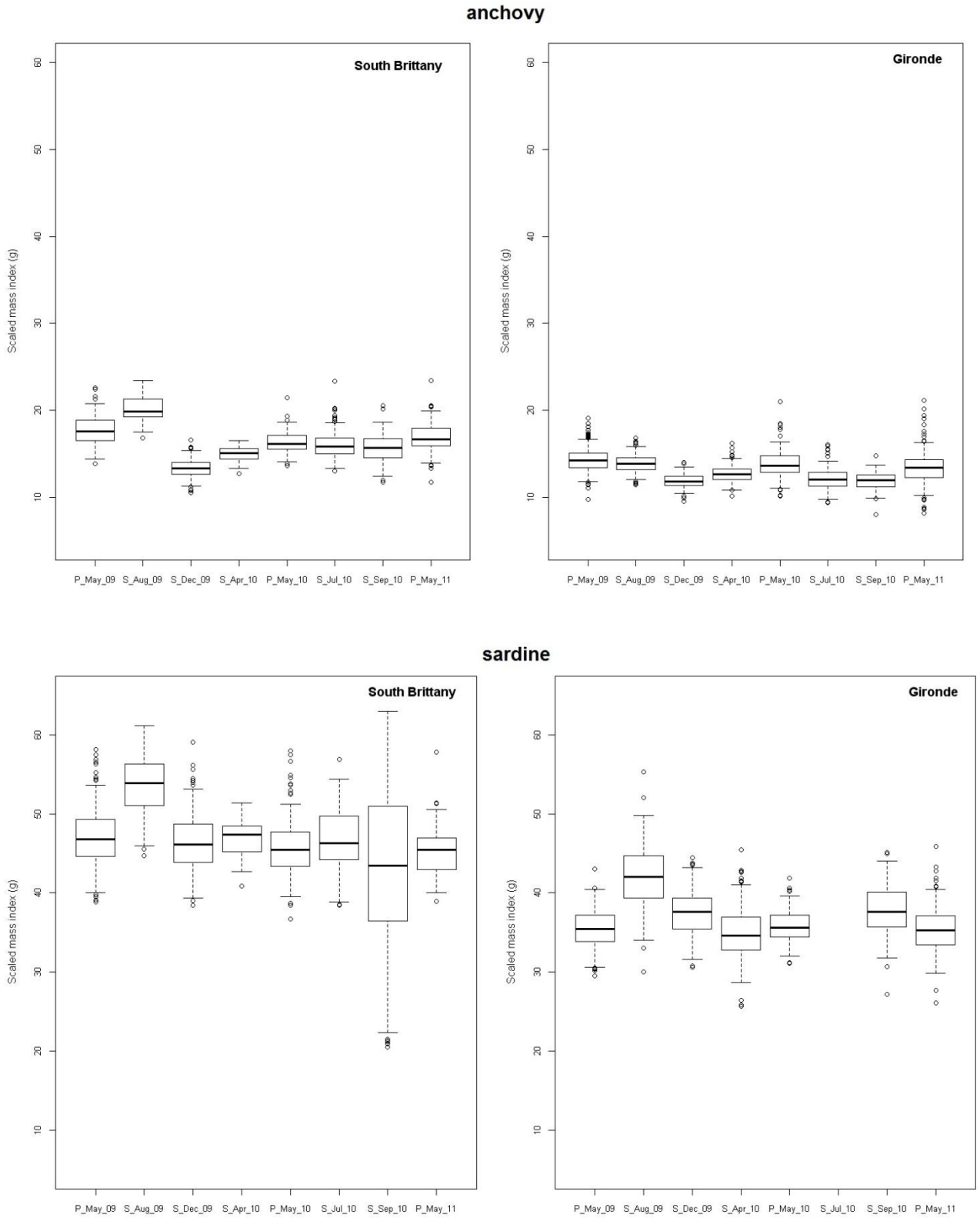
543 Fig. 6. Mean growth of anchovy between the first and the second winter measured on age 2
544 fish. R1 is indicator of the growth during the first spring/summer period and R2-R1 is
545 indicator of the growth between the first and the second winter.



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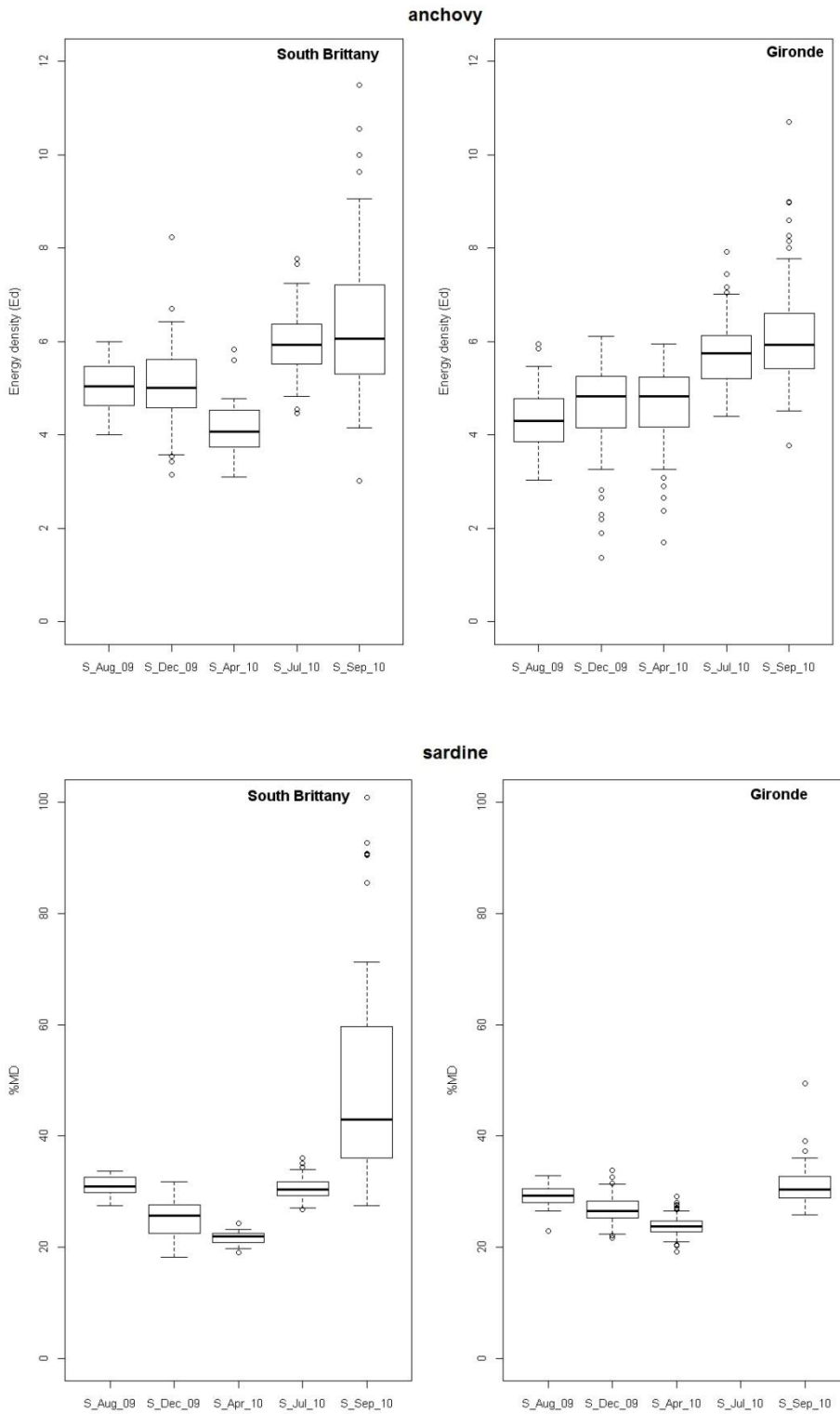
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548 Fig. 7. Box plots of the scaled mass index (SMI, g) for anchovy (top) and sardine (bottom)
549 throughout the year from PELGAS and sentinel surveys in the southern Brittany and Gironde
550 areas.



551
552

553 Fig. 8. Boxplot of the energy content ($E \text{ kJ g}^{-1}$) for anchovy (top) and the percent dry mass
554 ($\%M_D$) for sardine (bottom) sampled during sentinel surveys in the southern Brittany and
555 Gironde areas.



556

557

558 Table 1. Calendar of surveys.

Survey	Codification survey	Commercial fishing vessel (size) Fishing harbour	Season	Days at sea	Number of hauls
Consort PELGAS	P_May_09	Zéphyr and Carla Eglantine (size: 17.5 m & 17.8 m) La Turballe	26/04/2009 to 06/05/2009	11	55
		Magayant and Mary Christo (size: 22.8 m & 20.6 m) La Turballe	07/05/2009 to 16/05/2009	10	
Sentinel	S_Aug_09	Cintharth and Marilude 2 (size: 23.3 m & 20.2 m) La Turballe	10/08/2009 to 14/08/2009	5	12
Sentinel	S_Dec_09	La Turballe	15/12/2009 to 19/12/2009	5	11
Sentinel	S_Apr_10	Jérémi-Simon and Prométhée (size: 20 m & 20 m) St Gilles Croix de vie	05/04/2010 to 10/04/2010	5	9
Consort PELGAS	P_May_10	Tangaroa and Magayant (size: 20.6 m & 22.8 m) La Turballe	26/04/2010 to 06/05/2010	11	46
		Morgan and Virginie (size: 19.5 m & 19.5 m) Lorient	07/05/2010 to 17/05/2010	11	
Sentinel	S_Jul_10	Joker and ArRaok 2 (size: 16.1 m & 15.9 m) La Turballe	18/07/2010 to 23/07/2010	5	10
Sentinel	S_Sep_10	La Turballe	26/09/2010 to 30/09/2010	4	9
Consort PELGAS	P_May_11	Arlequin 2 and Colombine (size: 19.8 m & 22.6 m) La Turballe	27/04/2011 to 08/05/2011	13	61
		Jérémi-Simon and Prométhée (size: 20 m & 20 m) St Gilles Croix de vie	10/05/2011 to 18/05/2011	9	

559

560

561 Table 2. Statistics of anchovy and sardine density per esdu (kg per square nautical mile) for
 562 each area during sentinel surveys. n = number of ESDUs, mean=average (kg. nm⁻²), s.e. =
 563 standard error, sum = abundance index (in tons), n+ = number of positive ESDUs, max =
 564 maximum density value (kg. nm⁻²).

Species/Area		Aug_09	Dec_09	Apr_10	Jul_10	Sep_10
Anchovy/Gironde	n	187	62	115	153	81
	Mean ± s.e.	2019 ± 494	3134 ± 833	8538 ± 1259	1507 ± 354	6195 ± 1311
	Sum	377	194	981	230	501
	n+	94	62	111	148	79
	Max	377482	194324	981857	230642	501821
Anchovy/South Brittany	n	110	106	128	77	83
	Mean ± s.e.	302 ± 129	2070 ± 397	2592 ± 547	13029 ± 3234	6302 ± 4210
	Sum	33	219	331	1000	523
	n+	23	85	74	66	24
	Max	10978	30829	37321	145693	344392
Sardine/Gironde	n	187	62	115	153	81
	Mean ± s.e.	1116 ± 410	6287 ± 1682	25196 ± 4181	1 ± 1	1484 ± 336
	Sum	208	389	2900	184	120
	n+	57	62	111	10	72
	Max	54276	75862	244595	76	19020
Sardine/South Brittany	n	110	106	128	77	83
	Mean ± s.e.	7835 ± 1892	927 ± 135	7560 ± 1883	729 ± 268	11317 ± 3448
	Sum	861	98	967	56	939
	n+	58	106	39	27	48
	Max	128885	11071	116181	16486	176205

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566

567 Table 3. Mean body length (L mm), weight (M_w g), scaled mass index (SMI g) and
 568 estimation of the scaling exponent by the SMA regression of M_w on L for each survey and
 569 area with the 95% confidence intervals. SD: standard deviation; n: sample number. L_0 used
 570 were: 128.3 mm (n = 2151) for Gironde anchovy, 133.9 mm (n = 843) for South Brittany
 571 anchovy, 167.3 mm (n = 1174) for Gironde sardine and 178.1 mm (n = 1156) for South
 572 Brittany sardine.

Survey	Species	Area	n	L ± SD (mm)	M_w ± SD (g)	SMI ± SD (g)	b_{SMA}	b_{SMA} (CI 95%)
P_May_09	Anchovy	Gironde	466	144.4 ± 29.2	24.0 ± 15.0	14.3 ± 1.3	3.23	3.19 – 3.27
	Sardine		208	167 ± 30.7	38.6 ± 20.4	35.5 ± 2.4	2.96	2.91 – 3.01
	Anchovy	South Brittany	85	141.9 ± 15.9	22.4 ± 8.6	17.7 ± 1.7	3.31	3.13 – 3.50
	Sardine		232	196.3 ± 24.6	65.6 ± 22.3	47.1 ± 3.6	2.99	2.92 – 3.07
S_Aug_09	Anchovy	Gironde	226	131.2 ± 15.8	15.6 ± 5.9	13.9 ± 1.0	3.16	3.08 – 3.24
	Sardine		120	183.0 ± 22.4	56.8 ± 18.8	42.1 ± 4.1	2.95	2.81 – 3.09
	Anchovy	South Brittany	40	176 ± 10.8	40.0 ± 6.1	20.1 ± 1.5	2.50	2.14 – 2.93
	Sardine		139	177.8 ± 9.0	53.8 ± 10.3	53.6 ± 3.9	3.70	3.47 – 3.95
S_Dec_09	Anchovy	Gironde	130	107.6 ± 19.6	7.4 ± 4.0	11.8 ± 0.9	3.28	3.21 – 3.34
	Sardine		146	135.8 ± 26.0	21.6 ± 16.4	37.6 ± 3.0	3.31	3.24 – 3.38
	Anchovy	South Brittany	200	123.6 ± 14.8	10.8 ± 4.2	13.4 ± 1.0	3.38	3.30 – 3.47
	Sardine		236	123.3 ± 29.9	16.7 ± 13.5	46.3 ± 3.5	3.36	3.32 – 3.40
S_Apr_10	Anchovy	Gironde	250	131.0 ± 17.7	14.5 ± 6.3	12.7 ± 0.9	3.42	3.36 – 3.49
	Sardine		240	179.5 ± 33.1	49.3 ± 23.1	35.0 ± 3.2	3.34	3.28 – 3.39
	Anchovy	South Brittany	40	120.4 ± 13.2	11.2 ± 4.2	15.0 ± 0.9	3.14	2.97 – 3.33
	Sardine		40	227.9 ± 12.7	99.2 ± 16.3	46.9 ± 2.4	3.01	2.73 – 3.32
P_May_10	Anchovy	Gironde	427	129.8 ± 16.1	15.1 ± 6.6	13.8 ± 1.3	3.21	3.14 – 3.28
	Sardine		157	171.2 ± 29	41.9 ± 19.9	35.8 ± 2.0	3.11	3.06 – 3.16
	Anchovy	South Brittany	78	139.2 ± 21.2	19.8 ± 9.6	16.3 ± 1.5	3.14	3.01 – 3.28
	Sardine		228	194.5 ± 26.5	61.8 ± 23.6	45.7 ± 3.4	2.91	2.84 – 2.98
S_Jul_10	Anchovy	Gironde	124	109.4 ± 21.2	8.2 ± 3.5	12.1 ± 1.4	3.07	2.98 – 3.15
	Sardine		0	-	-	-	-	-
	Anchovy	South Brittany	133	146 ± 13.3	22.1 ± 6.7	16.1 ± 1.6	3.38	3.20 – 3.57
	Sardine		86	188.7 ± 30.4	59.8 ± 28.1	46.7 ± 4.0	3.00	2.89 – 3.11
S_Sep_10	Anchovy	Gironde	139	115.2 ± 11.0	8.7 ± 2.7	11.9 ± 1.0	3.20	3.05 – 3.35
	Sardine		118	142.5 ± 26.8	25.5 ± 17.7	37.8 ± 3.2	3.22	3.13 – 3.32
	Anchovy	South Brittany	76	141.1 ± 16.4	19.7 ± 7.4	15.7 ± 1.7	3.40	3.20 – 3.61
	Sardine		85	182.3 ± 16.6	48.8 ± 16.4	42.5 ± 11.0	5.06	4.42 – 5.79
P_May_11	Anchovy	Gironde	389	121.5 ± 17.4	11.8 ± 5.1	13.4 ± 1.9	3.55	3.45 – 3.65
	Sardine		185	178.6 ± 29.0	47.2 ± 21.7	47.2 ± 21.7	3.17	3.10 – 3.24
	Anchovy	South Brittany	191	121.9 ± 12.6	12.8 ± 4.3	17.1 ± 1.8	3.50	3.36 – 3.65
	Sardine		110	193.7 ± 21.0	59.8 ± 18.0	45.3 ± 3.0	2.94	2.83 – 3.05

573

574

575 Table 4. *Engraulis encrasicolus* samples analyzed for water content (% M_C) and energy
 576 density (E_D) by size class. Mean ± S.D.

Size class	Codification survey	Season	Water content (% M _C)	Energy density E _D (kJ g ⁻¹ Mw)	Sample number n
Small L _T < 100 mm	S_Aug_09	Summer 2009	79.65 ± 0.35	3.40 ± 0.14	3
	S_Dec_09	Winter 2009	78.56 ± 2.08	3.85 ± 1.22	27
	S_Apr_10	Spring 2010	79.49 ± 2.04	3.47 ± 0.83	7
	S_Jul_10	Summer 2010	74.29 ± 1.87	5.60 ± 0.77	8
	S_Sep_10	Autumn 2010	76.76 ± 1.73	4.59 ± 0.71	3
Medium 100 <L _T < 140 mm	S_Aug_09	Summer 2009	77.67 ± 1.37	4.21 ± 0.56	43
	S_Dec_09	Winter 2009	75.78 ± 2.01	4.99 ± 0.82	93
	S_Apr_10	Spring 2010	77.51 ± 1.64	4.28 ± 0.67	80
	S_Jul_10	Summer 2010	73.89 ± 1.89	5.77 ± 0.78	58
	S_Sep_10	Autumn 2010	72.98 ± 2.82	6.14 ± 1.16	68
Large L _T > 140 mm	S_Aug_09	Summer 2009	76.30 ± 1.61	4.78 ± 0.66	53
	S_Dec_09	Winter 2009	75.11 ± 1.61	5.26 ± 0.66	25
	S_Apr_10	Spring 2010	75.32 ± 1.13	5.18 ± 0.46	56
	S_Jul_10	Summer 2010	72.97 ± 1.70	6.14 ± 0.70	48
	S_Sep_10	Autumn 2010	70.64 ± 5.08	7.10 ± 2.08	24

577

578

579 Table 5. *Sardina pilchardus* samples analyzed for dry mass (%M_D) and water content (%M_C).
 580 Mean ± S.D.

Size class	Codification survey	Season	Dry mass %M _D (Water content %M _C)	Sample number n
Small L _T < 100 mm	S_Aug_09	Summer 2009	-	-
	S_Dec_09	Winter 2009	21.17 ± 1.29 (78.83)	18
	S_Apr_10	Spring 2010	-	-
	S_Jul_10	Summer 2010	-	-
	S_Sep_10	Autumn 2010	-	-
Medium 100 <L _T < 140 mm	S_Aug_09	Summer 2009	-	-
	S_Dec_09	Winter 2009	24.79 ± 2.22 (75.21)	65
	S_Apr_10	Spring 2010	23.58 ± 1.62 (76.42)	19
	S_Jul_10	Summer 2010	30.00 ± 0.39 (70.00)	2
	S_Sep_10	Autumn 2010	37.23 ± 19.04 (62.77)	39
Large 140 <L _T < 180 mm	S_Aug_09	Summer 2009	30.06 ± 1.66 (69.94)	29
	S_Dec_09	Winter 2009	27.66 ± 2.36 (72.34)	61
	S_Apr_10	Spring 2010	24.65 ± 1.70 (75.45)	24
	S_Jul_10	Summer 2010	30.81 ± 2.12 (69.19)	15
	S_Sep_10	Autumn 2010	37.19 ± 11.56 (62.81)	44
Very Large L _T > 180 mm	S_Aug_09	Summer 2009	30.02 ± 2.30 (69.98)	35
	S_Dec_09	Winter 2009	28.79 ± 1.98 (71.21)	15
	S_Apr_10	Spring 2010	23.10 ± 1.75 (76.90)	85
	S_Jul_10	Summer 2010	30.60 ± 2.18 (69.40)	30
	S_Sep_10	Autumn 2010	42.91 ± 16.15 (57.09)	30