

Are coping styles consistent in the teleost fish *Sparus aurata* through sexual maturation and sex reversal?

Castanheira Maria Filipa^{1,*}, Martínez Páramo Sonia¹, Figueiredo F.^{1,2}, Cerqueira Marco¹, Millot Sandie³, Oliveira Catarina C. V.¹, Martins Catarina I. M.^{1,4}, Conceição Luís E. C.^{1,5}

¹ Centro de Ciências do Mar (CCMAR), Universidade do Algarve, Campus de Gambelas, 8005-139, Faro, Portugal

² Troms Kråkebolle AS, Ullstindveien 674, 9019, Krokeldalen, Norway

³ Laboratoire Ressources Halieutiques, Ifremer, Place Gaby Coll, BP 7, 17137, L'Homeau, France

⁴ Marine Harvest ASA, Bergen, Norway

⁵ SPAROS Lda, Área Empresarial de Marim, Lote C, 8700-221, Olhão, Portugal

* Corresponding author : Maria Filipa Castanheira, email address : maria.filipa.castanheira@gmail.com

Abstract :

Individual differences in behaviour and physiological responses to stress are associated with evolutionary adaptive variation and thus raw material for evolution. In farmed animals, the interest in consistent trait associations, i.e. coping styles, has increased dramatically over the last years. However, one of limitations of the available knowledge, regarding the temporal consistency, is that it refers always to short-term consistency (usually few weeks). The present study used an escape response during a net restraining test, previously shown to be an indicative of coping styles in seabream, to investigate long-term consistency of coping styles both over time and during different life history stages. Results showed both short-term (14 days) consistency and long-term (8 months) consistency of escape response. However, we did not found consistency in the same behaviour after sexual maturation when the restraining test was repeated 16, 22 and 23 months after the first test was performed. In conclusion, this study showed consistent behaviour traits in seabream when juveniles, and a loss of this behavioural traits when adults. Therefore, these results underline that adding a life story approach to data interpretation as an essential step forward towards coping styles foreground. Furthermore, a fine-tuning of aquaculture rearing strategies to adapt to different coping strategies may need to be adjusted differently at early stages of development and adults to improve the welfare of farmed fish.

Keywords : Individual variation, Personality, Farm animals, Production, Sperm quality, Stress response

1. Introduction

The study of consistent trait associations in behaviour and physiological responses to challenges (i.e. animal personality or coping style) are associated with adaptive variation and thus, become a raw material for evolution in a wide range of biological disciplines (Francis 1990; Gosling 2001; Koolhaas et al. 1999; Korte et al. 2005; Réale et al. 2007; Sih et al. 2004). An understanding of this inter-individual variation is essential to improve our knowledge of the adaptive value of behaviour and physiological traits (Koolhaas et al., 1999). In the scientific literature, these consistent individual differences are alternatively referred to as personality (Gosling, 2001), temperament (Réale et al., 2007), behavioural syndromes (Sih et al., 2004) or coping styles (Koolhaas et al., 1999). The previous terminology stand for different phenomena: personality defines consistency of at least one single behavioural trait, but can also include correlations between multiple traits (Gosling, 2001); temperament describes the idea that individual behavioural differences are repeatable situations and should be studied within an evolutionary ecology framework (Réale et al., 2007); behavioural syndromes demark a set of correlated behavioural traits (Sih et al., 2004) and coping styles defines a set of behavioural patterns correlated with consistent physiological traits (Koolhaas et al., 1999). While, despite the diversity of terminology and designated definitions (Francis 1990; Gosling 2001; Koolhaas et al. 1999; Sih et al. 2004), there seems to be a consensus that individual differences in certain

59 traits biologically meaningful and are consistent and predictive of other behavioural patterns
60 or physiological responses shown in another context.

61 Several studies in fish have provided early documentation on individual consistency
62 (Castanheira et al. 2013a,b; Coppens et al. 2010; Koolhaas et al. 1999; Martins et al. 2012;
63 Millot et al. 2014; Øverli et al. 2004, 2007; Ruiz-Gomez et al. 2011; Schjolden and Winberg
64 2007) that reflects distinct behavioural and physiological patterns usually categorized in two
65 contrasting personality types, proactive (active coping or bold or 'fight-flight') and reactive
66 (passive coping or shy or 'non-aggressive') (Koolhaas et al. 1999; Øverli et al. 2007).
67 Behaviourally, proactive individuals are characterised by active avoidance (Brelvi et al. 2005;
68 Castanheira et al. 2013a; Laursen et al. 2011; Martins et al. 2011; Silva et al. 2010), low
69 flexibility (Chapman et al. 2010; Ruiz-Gomez et al. 2011), high levels of aggression (Castanheira
70 et al. 2013b; Øverli et al. 2004, 2005), territorial control (Øverli et al. 2004, 2005), and other
71 behavioural responses that suggest active efforts to counteract a negative stimulus, this
72 pattern being the opposite for reactive individuals (reviewed in Castanheira et al. 2016;
73 Koolhaas et al. 1999; Øverli et al. 2007)). Physiologically, proactive individuals exhibit typical
74 physiological and neuroendocrine characteristics such as lower hypothalamus-pituitary-
75 interrenal (HPI) activity and lower HPI reactivity as compared to reactive individuals (reviewed
76 in Castanheira et al. 2016; Koolhaas et al. 1999; Øverli et al. 2007). Nowadays, stress-coping
77 styles are clearly identified in fish and have contributed to the understanding of individual
78 variation in the capacity to cope with stressful events (i.e. conditions that are well tolerated by
79 some individuals may be detrimental to others) (Huntingford and Adams 2005).

80 In farmed fish, the interest in consistent trait associations, i.e. coping styles, has increased
81 dramatically over the last years because many studies have demonstrated links to
82 performance traits (Øverli et al. 2007; Martins et al. 2011), health and diseases resistance
83 (Fevolden et al. 1992, 1993; MacKenzie et al. 2009; Kittilsen et al. 2012) and welfare
84 (Huntingford and Adams 2005; Huntingford et al. 2006). For example, in common carp

85 (Huntingford et al. 2010) and seabass (Millot et al. 2009) the feed competition was shown to
86 be related with distinct risk-taking behaviour. Data from Martins et al. (2011) shown that
87 proactive tilapias were more feed efficient and has a faster recovery of feed intake after
88 transfer. Another important implication of coping styles in farmed fish is the distinct disease
89 resistance between coping styles. MacKenzie et al. 2009 showed that proactive and reactive
90 common carp responded differently to inflammatory challenge with bacterial pathogens.
91 A failure to accommodate the coping styles of fish under farming conditions can lead to
92 problems linked with production (e.g. aggression, growth and disease resistance).
93 Thus, a consensus is emerging that increased understanding of the consequences of stress-
94 coping styles in aquaculture is important to safeguard a sustainable development of this
95 industry and increase the production output.
96 However, there is still a long way to completely understand the coping styles thematic in order
97 to improve the management and welfare of farmed fish.
98 One of the major gaps in the literature concerning the characterisation of coping styles in fish,
99 is related with the temporal consistency, once published work so far refers to short-term
100 (usually a few weeks) consistency (Basic et al. 2012; Castanheira et al. 2013a).
101 Although behavioural ecologists begun to consider potential links between life history trade-
102 offs, related with productivity (i.e. growth and/or fecundity) and personality traits in animals
103 (Biro and Stamps. 2008). For instance, in rainbow trout *Oncorhynchus mykiss*, shy individuals
104 consistently showed strong anti-predatory responses than bold individuals, both as juveniles
105 and as adults stages (Biro et al. 2006, 2004). In Atlantic salmon *Salmo salar*, consistent
106 differences in growth trajectories that appear at an early age were correlated with migration
107 variation later in life (McCarthy 2000; Metcalfe et al. 1998). According the previous studies, a
108 life-history approach of these individual differences is essential, to increase our knowledge on
109 the adaptive value of coping styles in farming fish. In fact, Seebacher et al. (2015) proposed an
110 integrative framework for underlying the physiological mechanisms and ultimate

111 consequences of locomotion in personality traits. According to this framework, locomotion is
112 a mechanistic performance related with muscle contractile function and differences in
113 voluntary speed could explain behavioural differences between individuals within populations.
114 In agreement with the previous study, in seabream, one of the traits that have been shown to
115 be consistent over time and across context is the escape response under a restraining test
116 (Castanheira et al. 2013a). In addition, escape performance has ecological significance
117 (predator-prey-interaction), physiological implications (anaerobic recovery capacity of white
118 muscle) and can be considered as a parallel to the forced swimming test, which is widely used
119 in rodents for biomedical studies to coping styles screening. Moreover, the escape
120 performance is very representative of conditions that the fish have to deal in practical
121 aquaculture conditions (e.g. grading, vaccination, transport). Thus, we used the escape
122 response in a net to validate the temporal consistency over time in seabream.

123 Moreover, very little is known about the influence of maturation or sex change on the coping
124 strategies of fish species that undergo sex inversion such as the protandrous hermaphrodite
125 teleost, seabream *Sparus aurata*. In farming conditions, sex inversion usually occurs around
126 the end of the second year (Brusléa-Sicard and Fourcalt 1997) when males undergo sex
127 reversal into females. In fish, it is well documented that gender has a factor influencing coping
128 strategies (Øverli et al. 2006). Øverli et al. (2006) addressed changes in the locomotor response
129 to an acute confinement stress between male and female rainbow trout (*Oncorhynchus*
130 *mykiss*), with females decreasing and stopping to move faster than males. Sex inversion may
131 have important consequences for differences that can be found in coping strategies between
132 fish at early life stages of development and adults.

133 In addition, stressful events (e.g. being chased by a net, being in a more crowded environment)
134 are linked to a decrease in sperm motility and eggs fertilization (Schreck 2010). According to
135 this we expected that proactive individuals are more successful breeders. In fish, few studies
136 indicate that coping styles could be linked to sperm motility. Ibarra-Zatarain et al (2013) did

137 not found a significant effect of coping styles in gamete quality in Senegalese sole (*Solea*
138 *senegalensis*). However, Clement et al (2005a,b) found that dominant African cichlid fish
139 (*Astatotilapia burtoni*) are more effective breeders. The lack of information and distinct results
140 found in sperm motility and coping styles, highlights the needs for further investigation in this
141 topic.

142 The objective of the current study was to investigate the consistency of coping styles over time
143 and during life history using the behavioural responses during a net restraining test and
144 cortisol responsiveness at distinct developmental stages. This approach made it possible to
145 assess the influence of maturation and sex inversion on coping strategies in gilthead seabream,
146 a fish species that undergoes sex inversion. We predicted that both age and life experience
147 would influence the individual behavioural consistency of coping styles thus, the individual
148 adaptation capacity may be different according life history. Therefore, a life history approach
149 of coping styles could represent a new key to enhance, fish welfare, improve disease
150 resistance and performance at distinct stages of fish development reflected in aquaculture
151 sustainability.

152

153 **2. Methods**

154 The experiment was conducted in accordance with the Guidelines of the European Union
155 Council (86/609/EU) and Portuguese legislation for the use of laboratory animals, and under a
156 “Group-1” license approved by the ethics committee from the Veterinary Medicines
157 Directorate, the Portuguese competent authority for the protection of animals, Ministry of
158 Agriculture, Rural Development and Fisheries, Portugal. Permit number 0420/000/000-n.99-
159 09/11/2009.

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162

163 *2.1. Experimental animals, housing and feeding*

164 The study was performed at the Ramalhete Research Station (CCMAR, Faro, Portugal). Fish
165 were acquired from a seabream breeder without selection programme based on behavioural
166 profile (MARESA Mariscos de Esteros SA, Huelva, Spain). All individuals used were housed in
167 fibreglass stock tanks (500L) under standard rearing conditions (Morales 1983) until the
168 experiment start. Throughout all the experimental period (24 months) water parameters were
169 daily analysed with an average water temperature of 19.5 ± 2.1 °C, a salinity of 34.3 ± 2.4 ‰
170 dissolved oxygen concentration of 96.5 ± 3.3 %, nitrites (< 0.1 mg.L⁻¹) and ammonia (< 0.1 mg.L⁻¹)
171 and a natural photoperiod was provided (37° 0' 22.35" N 7° 58' 3.35" W). Fish were fed 0.5
172 to 2% BW day⁻¹, by hand, twice per day (09:30 and 14:30), with a commercial diet (Aquagold 2,
173 3 and 5 mm, Sorgal SA, Portugal) according to the body weight. The same diet and
174 photoperiod were used through the experiment.

175 Fish were PIT-tagged (ID100 Implantable Transponder, Trovan®, Netherlands; Dimensions: 2.12
176 x 11.5mm), two weeks before the start of the experimental procedures. PIT-tag was inserted
177 through an injection device (ID100/Disposable Implantable Transponder, Trovan®,
178 Netherlands), under the skin on the left side of the dorsal fin. All animals behaved normally
179 after PIT-tagged (i.e. without changes in swimming speed, manoeuvre swimming complexity
180 and feed intake).

181

182 *2.2. Experimental procedures*

183 2.2.1. Coping styles screening

184 Individually tagged juvenile fish (n=60, 22.7 ± 3.9 g; mean \pm SD) were initial screening using a
185 consecutive series of behavioural tests: (1) feeding recovery after transfer to a novel
186 environment; (2) behaviour towards a novel object; (3) escape response and cortisol
187 responsiveness in a restraining test, 4) avoidance response towards hypoxia conditions and 5)

188 risk taking. Each test was repeated twice (run 1 and run 2) 14 days apart to assess short-term
189 consistency of behavioural responses over time (for details see Castanheira et al. 2013).
190 Using previous results (Castanheira et al. 2013a,b), the escape behaviour during the restraining
191 test was applied to validate if the coping styles found in this species are stable along life
192 stages, i.e. long term consistency. Briefly, the net restraining test consists of holding each fish
193 individually in an emerged net for one minute. While in the net the following variables were
194 measured: i) latency to escape (time in seconds taken by each fish to show an escape attempt;
195 escape attempt was defined as an elevation of the body from the net; ii) number of escape
196 attempts and iii) total time spent on escape attempts (total time in seconds taken by each fish
197 escaping since the first to the last escape attempts). Without any change in light conditions
198 (i.e. using the natural light) behaviours measured in the net were video recorded with a
199 camera (MicroVideo™ camera MCV2120-WP-LED, Canada) previously placed over the
200 restraining test setup, analysed using a stopwatch and collapsed into first principal component
201 scores using Principal Components Analysis (PCA) (for details of statistical analyses see
202 subsection 2.6). Individuals presenting a high latency to escape, low number of escape
203 attempts and shorter total time escaping were characterized by a low score and identified as
204 reactive fish. On opposite, individuals presenting a lower latency to escape, high number of
205 escape attempts and longer total time escaping were characterized by a high score and
206 identified as proactive (based on Castanheira *et al.*, 2013a,b). No threshold was applied to
207 separate subjectively the fish in two categories i.e. proactive and reactive. These data (PC1)
208 were used as a continuous variable. Experimental groups were kept in plastic tanks (100L)
209 during 8 months and submitted to two series of behavioural tests 14 days apart, previously
210 described. After this period (run 3 of restraining test) individuals were randomize in three
211 groups, housed in fibreglass stock tanks (500L) and on-grown until adult stage. Runs 1, 2 and 3
212 were done before and 4, 5 and 6 after sexual maturation. Details of behavioural test and
213 sampling time points (runs) are given in the Table 1.

214 *2.3. Blood sampling and cortisol analysis*

215 Blood samples were collected 30 minutes after the start of the net restraining test, according
216 to Arends et al. (1999). Therefore, fish were quickly taken out from each tank at the same time
217 and anaesthetized with 2-phenoxyethanol (1000ppm, Sigma–Aldrich). Using heparinised
218 syringes blood was withdrawn within 5min from the caudal vein to avoid cortisol increase due
219 to manipulation during sampling (Rotland and Tort, 1997). After sampling, blood was
220 centrifuged at 2000×g for 20 minutes at room temperature, frozen in liquid nitrogen and
221 stored at –80°C for posterior cortisol analysis.

222 Plasma cortisol levels were determined using a commercial available ELISA kit (RE52611, IBL
223 International, Hamburg), with a sensitivity of 0.05ng ml⁻¹ and precision intra- and inter-assay
224 coefficients of variation (CV) of 7.5 and 17%, respectively. This kit has been previously
225 validated for seabream (López-Olmeda et al. 2009).

226

227 *2.4. Sperm quality analyses*

228 Thirty minutes after the restraining test sperm was collected by stripping (n=39 males). For this
229 the anesthetized fish were placed on a holder with the belly facing up, and gentle pressure was
230 applied from each side of the belly toward the genital pore while sperm were collected using a
231 syringe without needle. After collection sperm was maintained at 4°C for motility analyses.
232 Sperm motility was analysed in duplicate using a computer-assisted sperm analysis (CASA)
233 software. The CASA software integrates the successive positions of the heads of moving
234 spermatozoa in consecutive frames of video records to calculate their trajectories and
235 characteristics. Sperm placed in a Makler chamber (0.5µl of diluted sperm; 1:6, v/v in 1%NaCl)
236 was activated with 20 µl of sea water, and immediately, digitalized images obtained using 10x
237 negative phase contrast objective in a light microscope (Nikon E200, Tokyo, Japan) were
238 recorded with a Basler camera (Basler Afc, Ahrensburg, Germany) at 15, 30, 45 and 60 seconds
239 post-activation. Images were processed with CASA software to determine total spermatozoa

240 motility, which refers to the fraction of sperm that display any type of movement (TM, %),
241 progressive motility, fraction of sperm moving in a straight line (PM, %), curvilinear velocity,
242 the actual velocity along the trajectory (VCL, m/s), straight line velocities, the straight line
243 distance between the start and the end points of the track divided by the time of the trace
244 (VSL, m/s) and linearity index, the ratio of the net distance moved to total path distance (LIN,
245 %).

246

247 *2.5. Data and Statistical analysis*

248 All statistical analyses were performed in SPSS 19.0 *for Windows* (IBM, USA). The results are
249 presented as mean±standard deviation (SD). Behaviours measured in the net restraining test
250 (i.e. latency to escape, number of escape attempts and total time spent on escape attempts)
251 were collapsed into first principal component scores (PC1) using Principal Components Analysis
252 (PCA), with orthogonal rotation (varimax). The correlation matrix was used to check
253 multicollinearity, i.e., to identify variables that did not correlate with any other variable, or
254 correlate very highly ($r=0.9$) with one or more other variables. Kaiser–Meyer–Olkin (KMO) test
255 for sample adequacy was greater than 0.5 and Bartlett’s test of sphericity was significant,
256 indicating that correlation between items was sufficiently robust for PCA.

257 Spearman correlation analyses were used when data failed to pass the normality Kolmogorov-
258 Smirnov test. A two-step cluster analyses was performed using the PC1 net restraining.
259 Kruskal-Wallis test was used to verify differences between the generated clusters. Sperm
260 motility parameters of proactive, intermediate and reactive males were compared using
261 general linear models with the Bonferroni correction. Statistical significance was accepted at
262 $p<0.05$.

263

264

265

266 3. Results

267 3.1. Coping styles plasticity: Short and long-term consistency

268 The PCA loadings of the net restraining test variables used to generate the principal
269 component score (PC1) to assess consistency over time between runs are shown in Table. 2.

270 There was a significant correlation between the escape behaviour in runs 1 and 2 (14 days
271 apart) of the restraining test Figure. 1 ($r_s=0.354$, $p=0.009$). The escape response during the
272 restraining test was shown to be repeatable over a period of 14 days: individuals showing
273 lower latency to escape, higher number of escape attempts and spending more time escaping
274 in run 1 showed a similar behaviour after 14 days when the test was repeated to check short-
275 term consistency. In addition, a long-term consistency run3 (8 months after run1) was also
276 observed. Figure 2 shows a significant correlation between the escape behaviour in runs 1 and
277 3 ($r_s=0.286$, $p=0.036$), runs 2 and 3 ($r_s=0.675$, $p<0.001$) of the restraining test. No consistency
278 could be found in run 4 (16 months, $r_s=0.147$, $p=0.302$); run 5 (22 months $r_s=-0.211$, $p=0.146$)
279 and run 6 (39 months, $r_s=-0.243$, $p=0.092$) in relation to run1, or run 4 (16 months, $r_s=0.270$,
280 $p=0.062$); run 5 (22 months $r_s=-0.168$, $p=0.249$) and run 6 (39 months, $r_s=-0.095$, $p=0.515$) in
281 relation to run2, or run 4 (16 months, $r_s=0.302$, $p=0.031$); run 5 (22 months $r_s=-0.118$, $p=0.418$)
282 and run 6 (39 months, $r_s=-0.097$, $p=0.506$) in relation to run3, or between run 4 and 5 ($r_s=-$
283 0.032 , $p=0.826$) and runs 4 and 6 ($r_s=-0.118$, $p=0.419$) or 5 and 6 ($r_s=0.220$, $p=0.129$).

284

285 3.2. Plasma cortisol concentrations after restraining test

286 Figure 3 depicts the post-stress cortisol levels over time, $F(3,199) = 387.146$, $p<0.001$, with a
287 mean rank of 44.62 for run 1, 47.89 for run 2, 294.69 for run 5 and 443.91 for run 6. Plasma
288 cortisol was not significantly correlated with the escape behaviour during the restraining test
289 run1 ($r_s = -0.207$, $p = 0.133$), run2 ($r_s = 0.012$, $p = 0.933$), run5 ($r_s = 0.220$, $p = 0.129$) and run6
290 ($r_s = 0.136$, $p = 0.350$).

291

292 *3.3. Relationship between sperm motility and coping styles*

293 Motility sperm parameters decreased linearly from 15 to 60 seconds post-activation. No
294 significant differences were found in sperm motility related with the behavioural responses
295 during run6 of the restraining $p>0.05$.

296

297 **4. Discussion**

298 The main objective of the current study was to characterize fish coping styles considering the
299 consistency of behavioural responses over time and during life history using the behavioural
300 responses during a net restraining test and cortisol responsiveness at distinct life history
301 stages. This study showed consistency in behavioural responses (over time) during the
302 restraining test until 8 months after the first screening. More specifically, individual escape
303 response in run 1 was similar to the escape response observed after 14 days (short-term
304 consistency) and 8 months (long term-consistency) when the test was repeated. However, in
305 the runs after (run 3) the onset of sexual maturation this escape behaviour consistency during
306 restraining was lost. In our study, the short-time consistency met complies with previous
307 studies indicating the presence of coping styles that seemed based on innate traits (Brelin et
308 al. 2005; Castanheira et al. 2013; Huntingford 1976; Martins et al. 2012; Millot et al. 2014;
309 Øverli et al. 2004) and don't add any novelty to the previous findings in fish coping styles.
310 However, the lack of consistency found in coping styles along life stages is a new important
311 finding. These results are expected and suggest that differences in coping styles expressed at
312 early developmental stages may change according age and life history experiences.
313 Highlighting that coping styles are not fixed and this can be reflected in distinct behavioural
314 strategies to cope with the same stressful condition Thus, different life stages could mean a
315 paradigm shift in coping styles field and following hypotheses may be considered to contribute
316 to this lack of consistency in escape behaviour responses: (1) the sexual maturation and the
317 sex inversion process compromise the consistency of coping styles abilities or/and (2) the

318 contextual importance of the net restraining response may differ according to age and fish
319 development.

320 Sex has been identified as a factor influencing coping strategies in fish (Øverli et al. 2006;
321 Reyes-Tomassini 2009). In fact, Øverli et al. (2006) demonstrated sex-specific variations in
322 behavioural responses to an acute confinement stress in rainbow trout, with females
323 decreasing and stopping to move faster than males. In addition, Reyes-Tomassini (2009)
324 established that proactive individuals play a role in seabream sex change, but to ascertain their
325 exact influence needs more accurate investigation in order to predict a model of that
326 contribution. The coping styles screening using the behaviour of the net restraining test in run
327 4 of our experiment was done in fish sexual mature (i.e. all fish were males with active sperm
328 production) however, in run 5 the screening were done in other stage of fish life (i.e. after sex
329 inversion) this mean that some of the fish that we have screening before now are females.
330 Taking the previous studies into account, we can hypothesise that males and females will
331 behave differently when confronted with the same challenge (i.e. net restraining) and sex
332 maturation and sex inversion processes could have played a role on the results found in this
333 work (i.e. the absence of behaviour consistency in the net restraining test found after sex
334 reversion). However, very little is known about the influence of sex change on the coping
335 strategies of fish species that experience sex inversion.

336 In contrast, it is well known that changes of context may induce divergent behaviour responses
337 in fish with distinct coping styles. In Artic charr, Magnhagen et al. (2015) found a lack of
338 consistency in behavioural responses (i.e. per cent time struggling) between two runs related
339 with the different experiences which fish were subjected before the runs. The first run was
340 performed with fish immediately taken from their home tank, but the second run was
341 preceded by a feeding and a resident-intruder test. Similarly, in our study the run 3 and
342 following runs were performed with fish immediately taken from their home tank, however
343 the first to runs were preceded by feeding observation and a novel object test, giving another

344 experience to the individuals compared to the last runs. Hence, the results found may be also a
345 reflection of contextual changes. Similarly, Frost et al. (2007) found that positive and negative
346 life events can predict changes in personality in rainbow trout. Once the individual internalizes
347 those experiences they are said to be a part of that individual personality. In addition,
348 individuals also receive feedback from other individuals or groups about their own personality
349 and this can be a driving force of change in personality in our study. Moreover, our previous
350 results suggest that social context affect stability of coping styles for gilthead seabream before
351 sexual maturation (Castanheira et al. 2016). Thus, individual experiences vary as a function of
352 age, social context and major life events (e.g. sex maturation and sex inversion) and can lead
353 to changes in personality. In the present study the change in response to the restraining test
354 (escape response from the net) after sexual maturation (run3) may reflect a plasticity of coping
355 styles. This change in coping styles of individual fish could be associated with species
356 adaptation/survival strategies and concomitant modulation of fish physiology. While juveniles
357 allocate almost of the energy in survival (e.g. foraging, escape), allocation of energy in adults is
358 more focused in the reproductive success and offspring viability. The biological significance of
359 this observation remains unclear, but it should be noted that can be related with the allostatic
360 ability to respond to challenges.

361 In addition, no relationship was found between escape behaviour and plasma cortisol levels.
362 Several studies have documented the lack of correlation between plasma cortisol levels
363 obtained after stress and behavioural responses (Silva et al. 2010; van Erp-van der Kooij et al.
364 2003; van de Nieuwegiessen et al. 2008). Some authors have suggested that cortisol and
365 behavioural responses to stressors are linked to two independent dimensions of stable trait
366 characteristics (Koolhaas et al. 2010). These authors suggested that the quality of the response
367 to a challenging condition (coping style) is independent from the quantity of that response
368 (stress reactivity). According to the same authors, the physiological responses to stress such as
369 the HPI axis reactivity (one of the most significant differences between proactive and reactive

370 individuals) is more related to an emotional response to stress than to coping styles. Eventually
371 a decoupling of these axis, coping styles and emotional, could bring new light to understand
372 the pronounced individual variation in plasma cortisol response observed in seabream after
373 stress. However, in this study we observed a significant increase in the magnitude of the
374 cortisol response, more than fourfold, from juveniles to adults. This difference maybe related
375 with the developmental stage of the fish that can affect its responsiveness to a stressor
376 (Barton 2002). However our results are in contrast with previous studies such as Pottinger et
377 al. (1995) who found a reduction of stress response in adult rainbow trout as a result of a
378 reduced regulatory feedback with the onset of maturity. The possible influence of age on the
379 stress responsiveness in seabream remains to be investigated. Such discrepancy of results may
380 be due to species-specific behaviour and/or age influence.

381 An alternative explanation could be that the cortisol responses found as a response of
382 repeated stressors (i.e. at adult stage fish exhibit a cumulative response of repeated net
383 restraining tests). Several studies demonstrate that fish can exhibit a cumulative response to
384 repeated stressors (Carmichael et al. 1983; Flos et al. 1988; Maule et al. 1988) found that when
385 juvenile chinook salmon were given multiple handling stressors, the peak cortisol responses
386 after the final disturbance were cumulative.

387 Based on our results we could wonder whether the cortisol levels measured do in fact
388 represent the immediate response to stressful conditions or are instead the reflection of other
389 factors such as, genetic factors, developmental factors, environmental factors and repeated
390 stressors that mask the correlation between behaviour and cortisol responses.

391 An alternative explanation is that cortisol levels were measured in the peak of cortisol level for
392 seabream (i.e. 30 min after the net restraining test). Recent evidence suggests a correlation
393 between cortisol and behavioural responses during the recovery from stress over time and not
394 is one specific time point (Tudorache et al. 2013, 2014). According to this, the absence of
395 correlation found can be a reflection of using a static point of cortisol measure since a time

396 dependent parameters from peak to baseline. In what refers to the results in sperm motility,
397 no significant differences were found related with the net behavioural responses. In
398 aquaculture, the relation between stress and reproduction (e.g. sperm motility) has been
399 largely studied (Cosson et al. 2008; Schreck 2010). Stressful life events may have negative
400 effects in semen quality and reproductive processes (Schreck 2010). Also, in many cases, a
401 correlation between sperm motility and the ability to fertilize eggs has been established.
402 However, less attention has been given to the possible correlation between fish stress coping
403 styles and reproductive performance and/or gamete quality. The few studies found in relation
404 to this thematic have distinct results. Clement et al (2005a,b) found that dominant African
405 cichlid fish (*Astatotilapia burtoni*) are more successful breeders. In accordance with our study,
406 Ibarra-Zatarain et al (2013), did not found significant responses between coping styles and
407 gamete quality in Senegalese sole (*Solea senegalensis*). Further research is needed in order to
408 confirm or reject the existence of a relationship between coping styles and reproductive
409 success. This would be important to improve both broodstock husbandry and the design of
410 aquaculture breeding programs.

411

412 **5. Conclusions**

413 In summary this study provides the first evidence of life history impact in the assessment of
414 coping styles consistency. This study showed behaviour consistency responses in fish during a
415 net restraining test only before sexual maturation. Therefore, these finding emphasize the
416 value of taking a life history approach into account to improve knowledge in the consistency of
417 coping styles. This suggests that behavioural aspect of coping styles are not fixed and may
418 change according life history events. This reflects an adaptive response to physiological,
419 behavioural and social differences along life.

420 Besides the fundamental knowledge generate from our study, we expect that our results will
421 contribute to underline the needs to adapt aquaculture rearing strategies according different
422 individuals life history stages to improve fish welfare.

423

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Figure Captions

683 **Table 1.** Overview of analyses and sampling time points (runs) during the experiment.

684

685 **Table 2.** PCA loadings of the net restraining test variables used to generate a principal
686 component scores (PC1) in runs 1, 2, 3, 4, 5 and 6.

687

688 **Figure 1.** Relationship between the PC1 behavioural personality score (from run1 and run2)
689 during the net restraining test on seabream *Sparus aurata* (n = 60) – short-term consistency
690 trial.

691

692 **Figure 2.** Relationship between the PC1 behavioural personality score (run1 and run3; run2
693 and run3 respectively for graphs on the top and bottom) during the net restraining test on
694 seabream *Sparus aurata* (n = 60) - long term-consistency trial.

695

696 **Figure 3.** Cortisol post-stress responsiveness over time (run1, run2, run5 and run6) on
697 seabream *Sparus aurata* juveniles (n = 60). Data are presented as means \pm SD. Different letters
698 indicate significant differences (nonparametric test, Kruskal-Wallis test: $p < 0.001$).

699

700 **Figure 4.** Sperm motility parameters (A-total spermatozoa motility; B-linearity index, LIN) in
701 proactive, intermediate and reactive males at 10, 20, 30 and 45 s post-activation. Statistical
702 analyses were performed using general linear models with the Bonferroni correction ($p <$
703 0.05).

704

705

706 **Table.1**

Restraining							
Run	Date 1	Date 2	Weight (mean \pm SD)	N	Racio males:females	Notes	Analyses
1	13-09-2011	-----	(22.7 \pm 3.9 g)	56	-----	Before sexual maturation (undifferentiated gonads)	Restraining, cortisol
2	27-09-2011	14 days after run1	(39.2 \pm 8.0 g)	56	-----	Before sexual maturation (undifferentiated gonads)	Restraining, cortisol
3	24-05-2012	8 months after run1	(98.9 \pm 15.3 g)	56	-----	Before sexual maturation (undifferentiated gonads)	Restraining
4	12-01-2013	16 months after run1	(454.1 \pm 69.0 g)	53	53:0	After sexual maturation (all males produced sperm)	Restraining, sperm production
5	04-11-2013	22 months after run1	(856.8 \pm 127.0 g)	53	38:15	After sexual maturation sex change (38 males)	Restraining, cortisol, sperm production
6	13-12-2013	23 months after run1	(832.9 \pm 127.7 g)	51	39:14	After sexual maturation sex change (39 males)	Restraining, cortisol, sperm production and sperm quality parameters

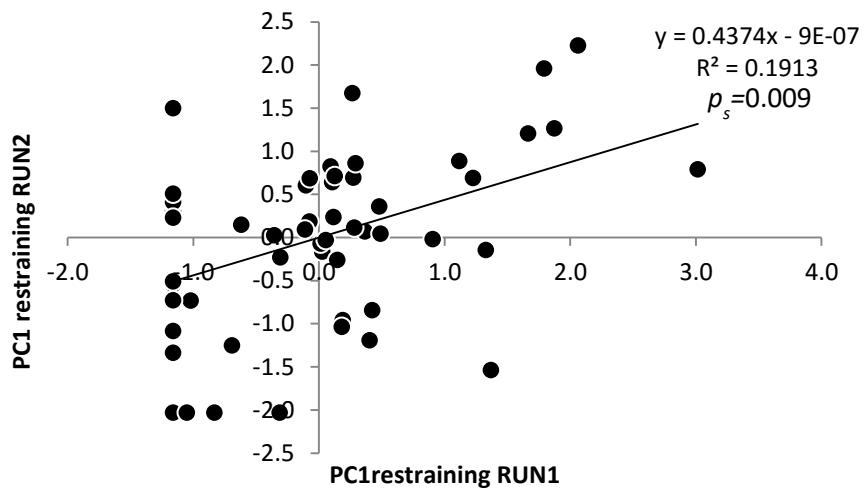
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708 Table.2

Behavioural test: Restraining			
	Behavioral variables		
	Latency to escape	Number of escapes	Total escaping time
Loadings for PC1- RUN 1(component matrix)	-0.809	0.933	0.877
% Variation explained	76.468		
Loadings for PC1- RUN 2 (component matrix)	-0.81	0.868	0.879
% Variation explained	72.771		
Loadings for PC1- RUN 3 (component matrix)	-0.6	0.846	0.778
% Variation explained	56.051		
Loadings for PC1- RUN 4 (component matrix)	-0.554	0.892	0.856
% Variation explained	61.193		
Loadings for PC1- RUN 5 (component matrix)	-0.846	0.945	0.904
% Variation explained	80.881		
Loadings for PC1- RUN 6 (component matrix)	-0.838	0.893	0.857
% Variation explained	74.49		

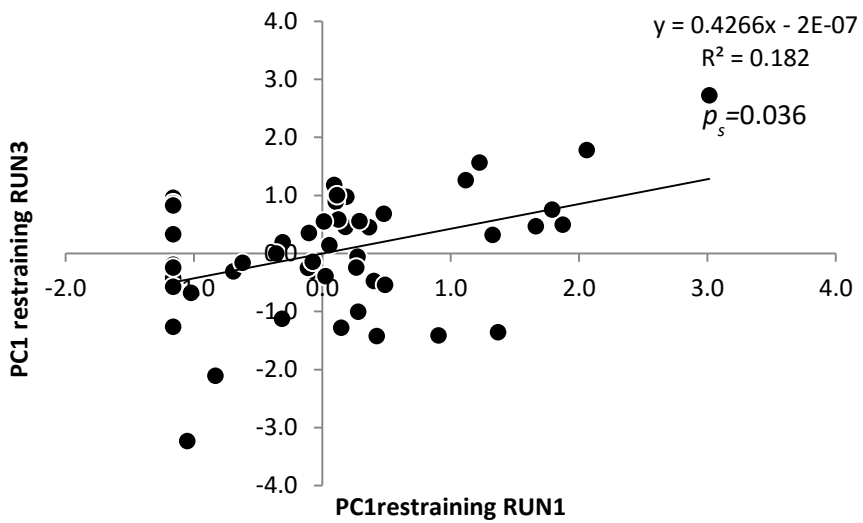
709 Figure.1

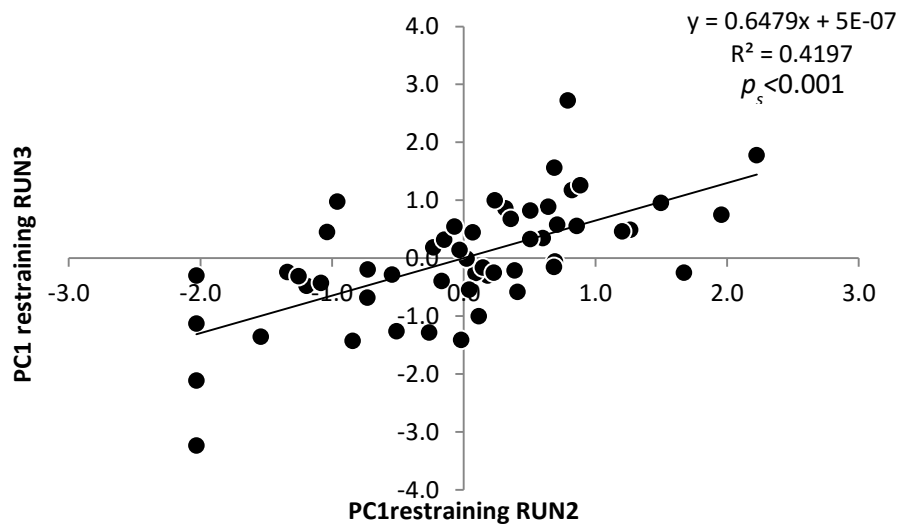
710 Short-term consistency



711 Figure.2

712 Long-term consistency

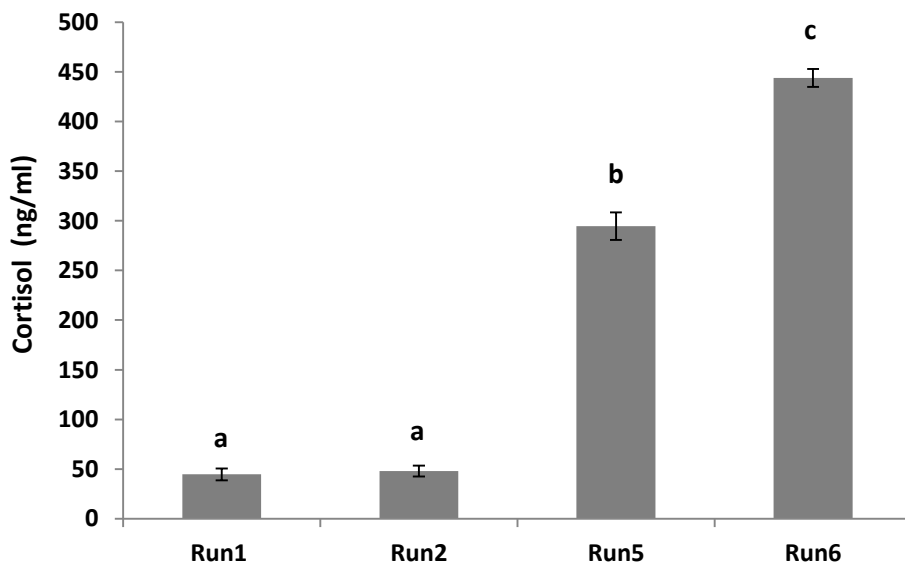




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715 Figure.3



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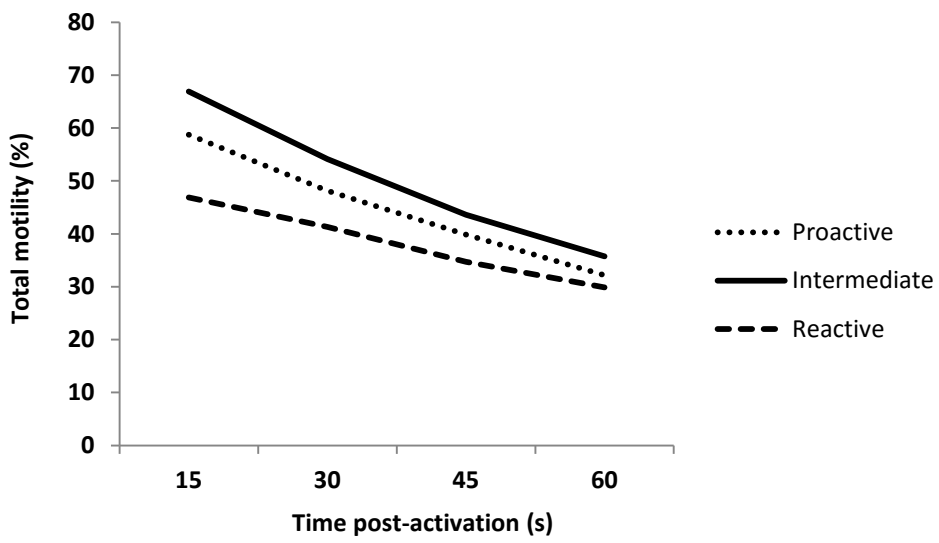
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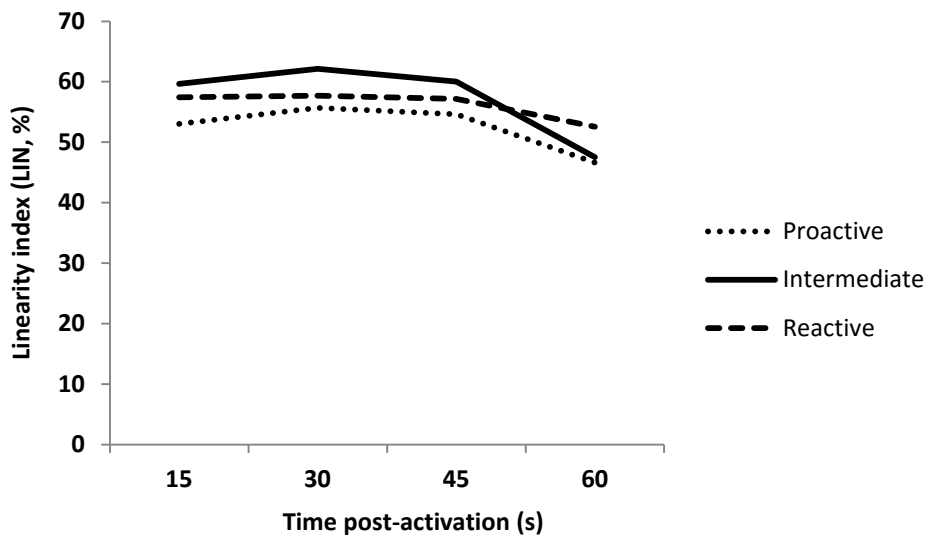
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A



B