Spatiotemporal dynamics of submerged macrophyte status and watershed exploitation in a Mediterranean coastal lagoon: Understanding critical factors in ecosystem degradation and restoration

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Abstract :

Increases in the intensity of disturbances in coastal lagoons can lead to shifts in vegetation from aquatic angiosperms to macroalgal or phytoplankton communities. Such abrupt and discontinuous responses are facilitated by instability in the equilibrium controlling the trajectory of the community response. We hypothesized that the shift in macrophyte populations is reversible, and that this reversibility is dependent on changes in the pressures exerted on the watershed and lagoon functioning. Biguglia lagoon (Mediterranean Sea, Corsica) is an interesting case study for the evaluation of long-term coastal lagoon ecosystem functioning and the trajectory of submerged macrophyte responses to disturbances, to facilitate the appropriate restoration of ecosystems. We used historical data for a two hundred-year period to assess changes in human activities on the watershed of the Biguglia lagoon. Macrophyte mapping (from 1970) and monitoring data for dynamics (from 1999) were used to investigate the trajectory of the community response. The changes observed in this watershed included a large number of hydrological developments affecting salinity and resulting in changes in macrophyte distribution. Nutrient inputs over the last 40 years have led to a shift in the aquatic vegetation from predominantly aquatic angiosperm community to macroalgae and phytoplankton in 2007 (dystrophic crisis). Changes in hydrological management and improvements in sewage treatment after 2007 led to a significant increase of aquatic angiosperms over a relatively short period of time (4-5 years), particularly for Ruppia cirrhosa and Stuckenia pectinata. There has been a significant resurgence of Najas marina, due to changes in salinity. The observed community shift suggests that Biguglia lagoon is resilient and that the transition may be reversible. The restored communities closely resemble those present before

disturbance. These findings demonstrate the need to understand watershed exploitation and ecosystem variability in lagoon restoration.

Keywords: Coastal lagoons, Human pressures, Long-term changes, Submerged macrophytes, Community shifts

51 Coastal lagoons provide essential ecosystem services and have a high economic potential (Kjerfve, 1994). They are intrinsically unstable due to their transitional location 52 between continental and marine biota, morphodynamics and environmental factors, 53 54 potentially resulting in profound spatiotemporal changes in physical, chemical and biological 55 conditions (Barnes, 1980; Bird, 1994; Day et al., 2000). Coastal lagoons have been among the most disturbed coastal ecosystems worldwide since the mid-20th century (De Jonge et al., 56 57 2002). Jennerjahn and Mitchell (2013) identified three categories of major hazards to ecosystems: human activities, climate change and extreme events. For example, increases in 58 population density along coastlines, changes in watershed activities, hydrological regulation 59 60 and eutrophication can strongly affect the physicochemical conditions in coastal lagoons (Nixon, 1995; Cloern, 2001; Lloret et al., 2008; Downing, 2014). Nevertheless, estuaries 61 62 subject to anthropogenic and natural stresses often have similar characteristics, making it 63 difficult to distinguish between them and, thus, to determine the nature of the anthropogenic stress (Jennerjahn and Mitchell, 2013). Increases in disturbance intensity and abrupt changes 64 65 in disturbances can lead to persistent radical changes, resulting in the dominance of one or a 66 few species (Folke et al., 2004; Cloern and Jassby, 2012). Folke et al. (2010) characterized the dynamics of complex social-ecological systems by studying three aspects: resilience, 67 68 adaptability and transformability. Changes in system dynamics are referred to as regime 69 shifts, and such shifts may be reversible or irreversible (Scheffer et al., 2001). Abrupt and 70 discontinuous responses are facilitated by instability of the equilibrium controlling the 71 trajectory of the community response (Collie et al., 2004; Suding et al., 2004; Schröder et al., 72 2005). Elliot et al. (2007) showed that disturbances affected both the structure and functioning 73 of the ecosystem.

Submerged macrophytes are essential coastal lagoon species, with important structural 74 75 and ecological functions (Sfriso et al., 2001, 2003; Duarte et al., 2002; Marzano et al., 2003; Garrido et al., 2013). They can be used as bioindicators of ecosystem health, because they 76 77 display community-level responses to nutrients in the water, in terms of species diversity, structure and cover density (Pasqualini et al., 2006). Eutrophication can lead to vegetation 78 shifts, described as a transition between alternative states, from pristine slow-growing benthic 79 plants (aquatic angiosperms) to rapidly growing ephemeral plants (macroalgal or 80 81 phytoplankton communities; Duarte, 1995; Viaroli et al., 1996; Valiela et al., 1997; Schramm, 1999; Dahlgren and Kautsky, 2004; Orfanidis et al., 2008a, 2008b; Viaroli et al., 2008). 82 83 Under the low-nutrient and clear-water conditions of the pristine oligotrophic state, the latesuccessional angiosperms Ruppia and Zostera spp. become dominant (Pergent-Martini et al., 84 2005; Pergent et al., 2006). By contrast, opportunistic seaweeds, such as Gracilaria, Ulva and 85 86 Cladophora spp., together with cyanobacteria and picophytoplankton, are indicators of the 87 degraded eutrophic state, in which nutrient levels are high (Bec et al., 2011). The first 88 conceptual model was proposed by Nienhuis (1992), and was based on a phase succession 89 (aquatic angiosperms > aquatic angiosperms+epiphytes > macroalgae+phytoplankton).Schramm (1999) developed a model based on a similar successional representation (perennial 90 91 benthic macrophytes > macrophytes+fast growing epiphytes > free floating 92 macroalgae+phytoplankton > phytoplankton) adding a more detailed explanation of possible 93 causes and trends. Viaroli et al. (2008) and Fong and Kennison (2010) also included cyanobacteria in their model. The primary causes of shifts and succession in the macrophyte 94 95 community are nutrient loading (mostly nitrogen and phosphorus from watershed activities; Valiela et al., 1997; Dahlgren and Kautsky, 2004), changes in coastal hydrology and 96 97 interactions between these factors. Primary producer succession may be strongly favored or prevented by water residence time (Flindt et al., 1997), as described by Valiela et al. (1997), 98

Hauxwell and Valiela (2004), Dahlgreen and Kautsky (2004), where the effects of nutrientsare related to hydrodynamics.

101 An understanding of the mechanisms controlling the capacity of an ecosystem to 102 recover after disturbances and of the ways in which human activities can alter this capacity is 103 crucial to the success of ecosystem restoration (Folke et al., 2004). A pronounced degradation 104 of trophic state and decrease in macroalgal biomass has been recorded in Venice lagoon, 105 together with a progressive expansion of seagrass meadows (Facca et al., 2014). Excess 106 nutrients are thought to induce the shift between the two alternative states (Viaroli et al., 107 2008), both of which are thought to be resilient, due to the existence of feedback mechanisms 108 (Carpenter et al., 2001). According to Clewell and Aronson (2007), it is not possible to 109 separate humans and ecosystems entirely, and the satisfactory restoration of ecosystems is 110 therefore dependent on attention being paid to the interactions between humans and the 111 natural environment. A retrospective view of human activities is essential, to improve 112 understanding, for the restoration of processes (Fukami and Wardle, 2005), particularly in 113 unstable lagoon environments. One useful approach to understanding the long-term ecological 114 dynamics of coastal lagoons is based on analyses of historical data concerning watershed activities, including changes to land use/cover and hydrological regulations in particular 115 (Kemp et al., 2005; Steyaert et al., 2007). An understanding of the resilience of coastal 116 117 lagoons and their capacity to recover efficiently after exposure to human stressors requires 118 spatial and temporal data for submerged macrophytes (aquatic angiosperms and macroalgae), 119 phytoplankton and environmental parameters reflecting water quality.

In this study, we analyzed the overall functioning of a coastal lagoon ecosystem, to determine the trajectory of the vegetation community response to the major human pressures, with a view to optimizing the restoration of the ecosystem. We focused on two particular objectives: (i) characterizing the functioning of the coastal lagoon in the medium and long

term, as a function of pressures relating to watershed activities and local meteorological and 124 hydrological conditions and (ii) following the spatiotemporal dynamics of macrophyte 125 126 populations in response to recent anthropogenic pressures. In this context, Biguglia lagoon (Mediterranean Sea, Corsica, France; Fig.1) is an interesting case study, because data 127 128 concerning anthropogenic pressures and macrophyte populations are available for a recent 15-129 year period. We hypothesized that the succession or shift in macrophyte populations is reversible, and that this reversibility depends on changes in the pressures exerted on the 130 131 watershed and lagoon functioning. The key questions to be addressed are: (i) Are coastal 132 lagoons resilient to changes in these pressures? (ii) If they are, then how similar are the pristine and restored communities? (iii) If they are not, what is the disturbance threshold 133 beyond which they cannot recover? 134 135

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- 137 2. Material and methods
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139 *2.1. Study site*

140 Biguglia lagoon (42°36'N; 9°28'E) is a confined, shallow, brackish coastal lagoon (maximum depth: 1.8 m) covering 14.5 km² that is separated from the Mediterranean Sea by a 141 142 long sandy beach (11 km; Fig. 1). The lagoon is linked to the Mediterranean Sea through a 143 long (1.5 km), narrow, shallow natural channel to the north (Fig. 1). Marine water inputs are 144 limited (Mouillot et al., 2000) because the sea channel tends to close (due to the accumulation 145 of sand), and human intervention is sometimes required to open it again. Biguglia lagoon 146 receives freshwater from the rivers draining its watershed (180 km²), mostly in the north-147 western part, from the River Golo (through an artificial channel: the Fossone canal) and from 148 pumping stations draining the agricultural plain in the southern part of the watershed, sewage

plants and rainfall (Fig. 1; Frisoni and Dutrieux, 1992). Freshwater inputs dominate the water 149 budget ($\approx 90 \text{ Mm}^3$ per year, for a total lagoon volume of 10.2 Mm³) and lagoon renewal is 150 151 rapid (< two months; Mouillot et al., 2000). This confined ecosystem has increasingly been disturbed by eutrophication associated with an intensification of agriculture and an increase in 152 153 the density of urban settlements in the watershed, together with additional pressure due to the 154 presence of tourists in the area in the summer (Frisoni and Dutrieux, 1992; Orsoni et al., 2001; Andral et al., 2007; Département de la Haute-Corse, 2012). Nutrient concentrations in this 155 156 lagoon are higher than in most other Mediterranean lagoons (e.g. total nitrogen, ammonium in 157 1998; Orsoni et al., 2001; Souchu et al., 2010), due to the existence of fewer opportunities for 158 dilution with seawater. High levels of silt and organic matter accumulation have been 159 recorded across the entire lagoon (Orsoni et al., 2001). This lagoon has a Mediterranean 160 climate, with large, unpredictable fluctuations in rainfall between years (Chauvelon et al., 161 2003). Biguglia lagoon was included in the RAMSAR list of wetlands of international 162 importance in 1991, and has been classified as a nature reserve since 1994. It is managed by a 163 local government agency (Département de la Haute-Corse, 2013). The lagoon is mostly used 164 for professional fishing.

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166 2.2. Environmental data

167 We used historical documents and maps to analyze the functioning of Biguglia lagoon and to identify the major anthropogenic pressures acting on the watershed in the long term 168 (from the 18th century). Human population history between the early 19th century and the 169 170 present day was assessed for all human settlements, based on the number of inhabitants per 171 town (four towns in the watershed). The following population data were available: (i) from 172 1800 to 1999, population data collected at intervals of about five years (http://cassini.ehess.fr/cassini/fr/html/6 index.htm) and (ii) French National Statistics and 173

Economic Studies Agency (INSEE) data for 1999 to 2011, collected at intervals of seven to 174 nine years. We used two maps to analyze historical land cover in the watershed. The first map 175 176 of Corsica, Plan Terrier, was ordered in 1774 by Louis XV of France, to provide an inventory 177 of the natural resources of the island after its acquisition (Caratini, 1995). This map is precise, 178 at a scale of 1:10,000 (Source: Archives départementales de Corse du Sud; Albitreccia, 1942), 179 and it was georeferenced with ArcGis version 10.0 (ESRI®). Land-cover patches were 180 represented as polygons on a schematic topographic background. The polygons were redrawn 181 in vector format, by tracing the lines of the scanned and georeferenced map. The CORINE land-cover program established a precise land-cover map of the study site for 2006 182 (http://www.statistiques.developpement-durable.gouv.fr/donnees-183

ligne/li/1825/1097/occupation-sols-corine-land-cover.html). For all these numerical vector 184 maps, data were georeferenced with Lambert 93 coordinates, and we considered three generic 185 186 land-cover types, as defined by the CORINE land cover program: forests and shrublands, 187 farmland, and urban areas. The surface areas corresponding to these three generic land-cover 188 types were calculated for the two maps (1774 and 2006). An additional survey was conducted 189 in this area by the French fiscal services (Source: Archives départementales de Haute-Corse; 190 Corvol, 1999). This survey provided information about the composition of the landscape for 191 the year 1879, but in a non-spatial format. We used these data to obtain an intermediate 192 update of landscape composition.

More detailed information about local meteorological and hydrological functioning began to become available from the 19th century onwards. Météo-France® has recorded annual spring and summer cumulative rainfall levels since 1948 at Bastia Airport, which is located close to the lagoon. Mean summer lagoon salinity data for the northern and southern basins were obtained from records published since 1930 (1930; 1978; 1982; 1983; 1990; Burelli et al., 1979; Frisoni and Dutrieux, 1992; Orsoni et al., 2001; IFREMER data) and from
recordings made during this study (from 1999 to 2014).

200 We used 10 parameters for the short-term analysis of water quality: salinity (PSU: 201 practical salinity units), water temperature (°C), turbidity (NTU: nephelometric turbidity 202 units), dissolved oxygen (O₂, %), nitrate (NO₃, µM), ammonium (NH₄, µM), nitrite (NO₂, 203 μ M), dissolved inorganic nitrogen (DIN=NO₃+NH₄+NO₂, μ M), phosphate (DIP, μ M), total nitrogen (TN, μ M), total phosphorus (TP, μ M) and chlorophyll *a* (chl *a*; μ g.L⁻¹) 204 205 concentrations. The database developed by the Lagoon Monitoring Network (Réseau de Suivi 206 Lagunaire) can be used to assess the eutrophication status of lagoons (Souchu et al., 2010). 207 Sampling was carried once monthly during the summer period (June, July and August) from 208 1999 to 2014 (but not in 2000, 2001 and 2005, due to technical problems), at two stations in 209 the lagoon (the northern and southern basins; Fig. 1). Water was sampled principally during 210 the summer period, corresponding to the peak of primary production in Mediterranean 211 lagoons (Souchu et al., 2010; Bec et al., 2011). We avoided the collection of samples during 212 periods of sediment resuspension, by not sampling for three days after any period in which wind speed exceeded 25 m.s⁻¹. For each sampling station, subsurface salinity, temperature, 213 214 turbidity and dissolved oxygen measurements were performed in situ with a multiparameter water quality probe (YSI Environmental Monitoring Systems, 6600 V2-2). At each station, 215 216 we collected subsamples of water (80 mL), which were stored in polyethylene bottles at -217 20°C until nutrient analysis. DIN and DIP concentrations were determined by manual colorimetric methods, as described by Aminot and Kérouel (2004). Total nitrogen and total 218 219 phosphorus concentrations were determined by wet oxidation and automated colorimetry 220 (Raimbault et al., 1999). For chlorophyll a determinations, we filtered 50 mL of a water 221 sample through Whatman GF/F membranes (0.7 μ m pores) under vacuum (<10 cm Hg). The filters were then placed in glass tubes and stored at -20°C. Filters were ground in acetone 222

223 (90%) and incubated for 24 h in the dark at 4°C. Pigment levels were measured by 224 spectrofluorimetry (Neveux and Lantoine, 1993). Concentrations are expressed in μ g.L⁻¹ 225 (precision ±5%).

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227 2.3. Macrophyte mapping and monitoring of dynamics

228 Earlier maps of the main macrophytes and bottom types in Biguglia lagoon were available for studies of the change in macrophyte distribution. The first two maps were 229 230 produced by De Casabianca et al. (1973) and Frisoni and Dutrieux (1992), at a scale of 231 1:20,000, and were based mostly on in situ observations. Each map was scanned and georeferenced with ArcGis version 10.0 (ESRI®). The areas of aquatic angiosperms and 232 233 macroalgae were redrawn in vector format, by tracing polygons on the scanned and 234 georeferenced maps. Pasqualini et al. (2006) made accurate maps of the main macrophytes 235 and bottom types in Biguglia lagoon in 1999. Aerial photographs were used for image processing, as described by Pasqualini et al. (1997). The resulting map was then 236 237 georeferenced with Lambert 93 coordinates and converted to vector format in a GIS database. 238 The current distribution of macrophytes and other bottom types within Biguglia lagoon was determined by mapping with the same method (Pasqualini et al., 1997; Garrido et al., 2013), 239 from color aerial photographs (May 2010, 1:10,000 scale; International Air Photo®) and field 240 241 observations (Spring-Summer 2010, 35 transects distributed throughout the lagoon and 242 recorded by differential GPS). This technique combines a high level of precision and rapid processing (Pasqualini et al., 1997; 2001). Image processing (ENVI software) led to the 243 244 identification of six main bottom types: Najas marina L., Ruppia cirrhosa (Petagna) Grande 245 and/or Stuckenia pectinata (L.) Börner (formerly known as Potamogeton pectinatus), mixed 246 aquatic angiosperms (Najas marina, Ruppia cirrhosa, and/or Stuckenia pectinata), silt, macroalgae, Posidonia oceanica (Linnaeus) Delile litter and sand. Three images, 247

corresponding to the three different layers (i.e., red, green and blue), were obtained from 248 249 aerial photographs. The dynamics of each layer was adjusted by enhancing image contrast 250 (linear contrast enhancement) to improve precision and clarity. Principal component analysis 251 (PCA) was carried out on the green and blue layers. A supervised classification (by the 252 generalized hypercube method) was applied to color composition. The polygons were then 253 positioned on the basis of field observations in situ. The final images were occasionally corrected on the basis of the field data. All the maps (1972/1973, 1991, 1999 and 2010) were 254 255 georeferenced with Lambert 93 coordinates and converted to a vector format in a GIS 256 database.

Macrophyte dynamics were monitored from 1999 onwards, to assess the 257 258 eutrophication status of Biguglia lagoon according to the Lagoon Monitoring Network 259 method (Réseau de Suivi Lagunaire; Souchu et al., 2010; Ferreira et al., 2011), which meets 260 the requirements of the Water Framework Directive (2000/60/CE). Macrophyte community 261 coverage was estimated in 1999, 2003, 2009, 2012 and 2014, at 15 stations in Biguglia lagoon 262 (Fig. 1), in June, during the period of maximal macrophyte growth before the summer 263 senescence period. At each station, macrophyte coverage was estimated in situ on areas of 264 about 120 m² corresponding to a circle with a radius of about 6 m. This surface area was 265 considered suitable for the detection of all the taxa present in the selected areas (Ferreira et 266 al., 2011). The total vegetation cover and the percentage cover for each aquatic angiosperm 267 and macroalgal species were determined by eye, and a representative sample was systematically collected for the validation of species-level identifications in the laboratory. 268

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270 2.4. Statistical analysis

We used XLStat® V2011 5.01 statistical software for comparisons. We used
nonparametric Kruskal-Wallis one-way analysis of variance on ranks to evaluate the

significance of differences in environmental data between stations and between sampling 273 years. The Conover-Iman test was then used to highlight differences between years. This test 274 275 calculates stochastic dominance and reports results for multiple pairwise comparisons. We used nonparametric Spearman's rank correlation (p) analysis to identify potential 276 277 relationships between environmental variables. Values of p<0.05 were considered significant. 278 Principal component analysis (PCA) was carried out with the FactoMineR package of R software to highlight potential links between abiotic and biotic parameters, and similarities 279 280 between sampling stations and years of sampling. This multivariate analysis method is particularly suitable for ecological data, as it makes no assumptions about the structure 281 between samples or about the normality of the data distribution. Biotic and abiotic data 282 283 collected over the same sampling period were included in the PCA analysis: June 1999, June 2003, June 2009, June 2012 and June 2014. Only variables without missing values and with 284 285 low Spearman correlation coefficients were included as active variables in the PCA, to 286 prevent bias. Meteorological variables (rainfall levels and water temperature) were added as 287 illustrative variables. For comparison with the abiotic data collected at the two water sampling 288 stations (N and S; Fig. 1), percentage coverage data for macroalgae, and for the macrophytes Ruppia cirrhosa and of Stuckenia pectinata were averaged for the stations of the lagoon. 289

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292 **3. Results**

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294 3.1. Environmental data

The number of inhabitants of the Biguglia watershed remained relatively small and constant from the early 19th century to the mid-20th century (about 2,000 inhabitants; Table 1). However, whereas farmland accounted for less than 40% of the watershed in the late of 18th century, it accounted for more than 80% at the end of the 19th century (Table 1). The number of inhabitants has increased considerably since 1970 (reaching about 25,000 in 2011), and this increase was associated with an increase in the size of urban areas and a decrease in the areas covered by farmland or forests and shrublands (Table 1).

302 Rainfall in the Biguglia watershed has varied considerably between years since 1948. Annual rainfall ranged from 330 mm in 1952 to 1371 mm in 2008, with a mean value of 765 303 mm (CV=26.8%). Rainfall levels were significantly higher in the spring and fall than in the 304 305 winter and summer (Spearman, p<0.05). Mean summer salinity data were available from 306 1930 onwards and ranged from 11.0 PSU in 2014 to 27.2 PSU in 2012 for the northern basin, and from 7.3 PSU in 2014 to 14.5 PSU in 2012 in the southern basin. Mean summer salinity 307 308 differed between the northern and southern basins (Spearman, p<0.05). Salinity was 309 significantly correlated with summer rainfall levels (Spearman, p<0.05).

310 Between 1999 and 2014, summer parameters displayed interannual variability at 311 Biguglia lagoon (Fig. 2; Table 2). In the northern basin, salinity, turbidity and ammonium 312 concentration varied from year to year (Fig. 2; Table 2). In the southern basin, interannual variation was observed for a larger number of parameters, including salinity, turbidity, 313 nitrates, ammonium, total nitrogen, total phosphorus and chlorophyll a concentrations (Fig. 2; 314 Table 2). Significant differences were observed for many parameters in 2007 (Fig. 2; Table 315 316 2). In the summer of 2007, Biguglia lagoon suffered a dystrophic crisis associated with the 317 massive development of a potentially toxic cyanobacterium, Anabaenopsis circularis (G.S. West) Woloszynnska & V. Miller (IFREMER data). In the other years, significant differences 318 319 were observed for only one or two parameters, which were influenced by very large peaks (e.g. peak in 2014 for nitrates in the southern basin; Fig. 2; Table 2). 320

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322 *3.2. Macrophyte mapping and monitoring of dynamics*

The map produced by De Casabianca et al. (1973) for 1972-1973 revealed a 323 324 predominance of aquatic angiosperms (84% of the total lagoon area; Table 3). Four aquatic 325 angiosperms were present in Biguglia lagoon: Zostera noltei Hornemann close to the sea 326 channel in the north, Ruppia cirrhosa and Stuckenia pectinata throughout the lagoon and 327 Najas marina in the southern basin. Ulva sp. was also present, but with a low prevalence. 328 Conversely, in 1991 (Frisoni and Dutrieux, 1992), Ulva sp. occupied 65% of the total area of the lagoon, with aquatic angiosperms covering only 51% (Table 3). In 1991, two aquatic 329 330 angiosperm species were encountered (Ruppia maritima Linnaeus and Stuckenia pectinata). 331 Aquatic angiosperm levels were lowest in 1999 (Pasqualini et al., 2006), when these plants 332 covered only 13% of the total area, whereas Ulva sp. and Gracilaria sp. covered 7% of the 333 lagoon (Table 3). Four aquatic angiosperms were present in Biguglia lagoon: Zostera noltei 334 close to the sea channel, Ruppia cirrhosa (95% of the aquatic angiosperms present) and 335 Ruppia maritima throughout the lagoon, and Stuckenia pectinata, mostly in the south-western 336 part of the lagoon. Najas marina was not observed in 1999. In 2010, analysis of the Biguglia 337 lagoon map revealed a predominance of aquatic angiosperms (62% of the total area; Table 3), 338 mostly in the southern basin for Najas marina (17%), throughout the lagoon for Ruppia cirrhosa and/or Stuckenia pectinata (40%), and in the southern basin for mixed aquatic 339 angiosperms (5%; Stuckenia pectinata and Najas marina; Fig. 3). Macroalgal formations were 340 341 observed mostly in the northern basin (14%), in the form of tufts within the Ruppia cirrhosa 342 meadows (Fig. 3; Table 3). Posidonia oceanica, an exclusively marine species, was found 343 only as litter, close to the points of communication with the sea and partly blocking the 344 connecting channel (Fig. 3).

The monitoring of macrophyte dynamics between 1999 and 2014 showed interannual variability in aquatic angiosperm coverage (Fig. 4). Essentially, two species were encountered (*Ruppia cirrhosa* and *Stuckenia pectinata*), with *Ruppia cirrhosa* predominating in the 348 northern basin (notably in 2014) and Stuckenia pectinata predominating in the southern basin 349 (notably in 2012). Aquatic angiosperms were less prevalent in Biguglia lagoon in 1999, 2003 350 and 2009. Macroalgal community diversity and coverage also varied between years (Fig. 4). Coverage was highest in 1999 and 2003, for both basins, whereas only one macroalga (Ulva 351 352 instestinalis Linnaeus) was observed in 2009, with low coverage. Gracilaria dura (C.Agardh) 353 J.Agardh was well represented, particularly in the southern basin, in 1999 and 2003. In these years, Ulvaria obscura (Kützing) P.Gayral ex C.Bliding (formerly known as Monostroma 354 355 obscurum), Ulva rigida C.Agardh, Gracilaria gracilis (Stackhouse) M.Steentoft, L.M.Irvine 356 & W.F.Farnham and Neosiphonia sertularioides (Grateloup) K.W.Nam & P.J.Kang (formerly 357 known as Polysiphonia sertularioides) were also detected, particularly in the northern basin 358 (Fig. 4). Intermediate results were obtained for 2012 and 2014, with a predominance of macroalgae in the northern basin in 2014 (Fig. 4). Gracilaria gracilis was present in 2012, 359 360 notably in the northern basin, whereas Gracilaria bursa-pastoris (S.G.Gmelin) P.C.Silva was 361 found throughout the lagoon in 2014. In these years, Neosiphonia sertularioides, 362 Chaetomorpha aerea (Dillwyn) Kützing and Cladophora vagabunda (Linnaeus) Hoek were 363 also sampled (Fig. 4)

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365 *3.3. Relationships between environmental and macrophyte data*

The PCA analysis was performed on 9 active variables (chlorophyll *a*, DIP, DIN, turbidity, dissolved oxygen, salinity, cover percentages for macroalgae, *Ruppia cirrhosa* and *Stuckenia pectinata*). NH₄, NO₂ and NO₃ were considered to be illustrative variables because they were highly correlated with DIN (Spearman, p<0.5; r=0.81, 0.77, 0.77, respectively). TN and TP were not retained in the analysis because of missing values in 1999 and 2009, and because these variables were significantly correlated with chlorophyll *a* levels (Spearman, p<0.5; r=0.61, 0.50, respectively). The first two principal components (PC) accounted for 57.58% of the total variance (PC1: 23.76%, PC2: 33.82%; Fig. 5a). Turbidity and chlorophyll *a* concentration contributed to the construction of PC1 with strong negative correlations (loadings: -0.91, -0.87, respectively; Fig. 5a), probably largely due to the production of phytoplankton. By contrast, a positive correlation was observed for salinity (loading: 0.70), but this variable made a smaller contribution to PC2 (Fig. 5a). PC2 was positively correlated with DIP and negatively correlated with *Stuckenia pectinata* coverage (loadings: 0.70 and -0.67, respectively).

380 The graphical locations of stations centroid in the plane formed by the PC1-PC2 axes 381 highlights the opposition between the two basins along the first axis, with higher eutrophication and lower salinity levels for the southern basin (Fig. 5b). PC2 was driven by 382 changes in DIP and Stuckenia pectinata coverage levels over time in the southern basin. 383 384 Evolution trajectory of the southern basin in PC1-PC2 axes plane highlighted macroalgae 385 coverage increasing from June 1999 to June 2003. In June 2009, macroalgal coverage and 386 DIP had decreased and chlorophyll a levels had increased, these changes being associated 387 with high levels of summer rainfall and low salinity. Stuckenia pectinata coverage increased 388 between 2009 and 2012, but subsequently decreased in June 2014, when phytoplankton biomass increased. Data for the northern basin made a smaller contribution to PC1 and PC2 389 390 than data for the southern basin.

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- 392
- 393 **4. Discussion**

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An understanding of the patterns of change in anthropogenic pressures that have occurred in the past can help us to determine the most appropriate management measures for the restoration of Mediterranean lagoons. In this context, the historical data available for the 398 watershed of the Biguglia lagoon provide useful information to improve our understanding of 399 the patterns of change in the hydrological and ecological functioning of lagoons. Two key 400 factors have had a major effect on the benthic vegetation succession/shift of the Biguglia 401 lagoon: salinity and nutrient enrichment.

402 There is currently a steep salinity gradient between the northern and southern basins of 403 the lagoon. This gradient may change considerably with the configuration of the lagoon, the hydrological watershed, and meteorological conditions (rainfall). The configuration of the 404 lagoon at the end of the 18th century was identical to that today, with a channel 405 406 communicating with the sea at the north of the lagoon (Fig. 1; Letteron, 1923; Plan Terrier map of 1774). However, drainage measures have been implemented since the end of the 18th 407 408 century, with the establishment of canals to favor cultivation of the watershed, and periodic 409 interventions to open the lagoon to the sea, to ensure efficient emptying of the lagoon (Jaujou, 410 1954). Agricultural areas occupied less than 40% of the watershed in 1774, and the population 411 was small. The Fossone Canal connecting the River Golo and the south of the lagoon (Fig. 1; 412 4 km long) was created at about this time. A new remediation program was initiated at the end of the 19th century, with the establishment of a drainage canal around the lagoon to drain the 413 414 adjacent marshes, and the installation of five pumping stations (Fig. 1; Département de la Haute-Corse, 2012). Agricultural land occupied more than 80% of the watershed, but the 415 416 population remained small. The watershed gradually became more suitable for human 417 settlement, and a significant increase in the number of inhabitants was observed from the 418 1970s onwards (suburban extension of Bastia and changes in land use in the Mediterranean 419 mountains; San Roman Sanz et al., 2013). The current network of drainage canals and 420 pumping stations does not satisfy agricultural needs and clearly affects lagoon salinity. Freshwater inputs currently dominate the water budget ($\approx 90 \text{ Mm}^3$ for a total lagoon volume 421 of 10.2 Mm³; Mouillot et al., 2000). Biguglia lagoon has salinity levels corresponding to 422

polyhaline and mesohaline ecosystems (Battaglia, 1959). Salinity levels vary from year to 423 424 year and are dependent on meteorological conditions (spring and fall rainfall), which exert 425 tight control over the *in situ* environmental conditions, particularly in Mediterranean climates 426 (Tagliapietra and Ghirardini, 2006). Nevertheless, the salinity of the Biguglia lagoon 427 decreased steadily from 1999 to 2011, in both the northern and southern basins. The rapid increase in salinity observed in 2012 reflected the mechanical opening of the current channel 428 429 of communication with the sea (significant salt water input) by the managers of the natural 430 reserve.

The quality of freshwater inputs has declined, and this process has undoubtedly been 431 432 exacerbated by a sewerage system that has not yet been adapted to deal with the increase in 433 the number of inhabitants in the watershed (Département de la Haute-Corse, 2012). Biguglia lagoon remains a major site of agricultural and urban activities, favoring large nitrogen inputs. 434 435 The total and dissolved inorganic nitrogen concentrations obtained during the summer months 436 in this study are higher than those reported for other Mediterranean lagoons, such as Sacca di 437 Goro in Italy (Viaroli et al., 2006; Giorgani et al., 2009), or other French lagoons (Souchu et 438 al., 2010). Conversely, summer nitrate concentrations in Biguglia lagoon are much lower than those measured annually in some estuaries, such as the Ebro delta (nitrates > 0.2 mM; Vidal et 439 440 al., 1997). The available data for nutrient levels in other seasons indicate that ammonium and 441 nitrate concentrations can be high in Biguglia lagoon (> 80 μ M for ammonium and > 20 μ M 442 for nitrate; Orsoni et al., 2001; Garrido et al., 2016). Some of the phosphorus concentrations obtained for this lagoon during the summer months were higher than those reported for other 443 444 French lagoons (Souchu et al., 2010), and exceeded the annual concentrations measured in some coastal embayments (Lie et al., 2011; Saeck et al., 2013). The northern basin of 445 446 Biguglia lagoon may be considered mesotrophic, and the southern basin eutrophic (Souchu et 447 al., 2010). The inorganic nutrients in the waters of lagoons subject to anthropogenic pressure

reflect the cumulative effects of inputs from rivers and sewage, uptake, grazing, sediment-448 water fluxes, recycling processes, and stock (Fisher et al., 1992). Total nutrient-based 449 450 approaches for predicting algal (phytoplankton and macroalgae) biomass are very efficient in 451 lagoons (Souchu et al., 2010). Typically, in mesotrophic to hypertrophic lagoons with a high 452 stock of P-rich sediment, shallow water and resuspension, high summer temperatures and 453 anoxic events, the concentration of P in the water column results partly from sediment fluxes 454 (De Wit et al., 2001; Thouzeau et al., 2007). However, extreme events, such as dystrophic 455 crises, or instantaneous events (peak of ammonium concentration and recent increases in 456 nitrate concentration) may occur.

457 Variations of salinity and nutrient input are known to affect the growth of macroalgae 458 and aquatic angiosperms (Cloern, 2001; De Jonge et al., 2002; Charpentier et al., 2005; 459 Orfanidis et al., 2008b). Our sampling strategy focused on the summer period and did not, 460 therefore, highlight seasonal changes in macrophyte levels, but the data obtained made it 461 possible to compare years, in conditions of maximal primary production. The variability of 462 the dataset resulted mostly from variations of chlorophyll a and turbidity. The relationship 463 between turbidity/chlorophyll a and salinity/summer rainfall indicated that the observed 464 turbidity resulted principally from phytoplankton production that seemed to be linked to 465 freshwater inputs. It also highlights the independence of these 4 variables and DIP and NH₄, 466 due to instantaneous peaks of dissolved nutrient concentrations in the southern basin in 1999 467 and 2003. Finally, our analysis revealed no clear relationship between the water column and macrophyte data, except for the negative correlation between chlorophyll a and macroalgae 468 469 levels, due to the dystrophic crisis in 2007, resulting in a shift in the vegetation from 470 macroalgae to phytoplankton between 2003 and 2009. Additional correlation analyses 471 performed separately for the two basins of the lagoon revealed significant relationships 472 between Ruppia cirrhosa and salinity and between Stuckenia pectinata and NO₂ (Spearman, 473 r=-0.80 and 0.67, respectively) in the northern basin, and between *Stuckenia pectinata* and 474 spring rainfall and temperature in the southern basin (Spearman, r=0.97). All these results 475 suggest that turbidity and chlorophyll *a* levels have a larger effect on macroalgae than on 476 *Ruppia cirrhosa* and *Stuckenia pectinata*, which seem to be more strongly influenced by 477 abiotic parameters.

478 Three periods of benthic vegetation succession have been observed in Biguglia 479 lagoon: from 1970 to 2007, the year 2007 and from 2007 to the present (Fig. 6). Between 480 1970 and 2007, changes were observed in the abundance of aquatic angiosperm species (Fig. 481 6). Zostera noltei was present throughout the study period, but only in the northern basin of 482 the lagoon, close to the sea channel. This euryhaline species thrives in almost all salinity 483 conditions, from near freshwater to a salinity of more than 30, including situations in which 484 salinity changes rapidly (Hemminga and Duarte, 2000; Charpentier et al., 2005). Conversely, 485 Ruppia cirrhosa was found throughout the lagoon, but the area covered by this species 486 decreased considerably over the 1970-2007 period. Ruppia is a cosmopolitan genus, tolerant 487 to salinity fluctuations, and is typically found in coastal lagoons (Verhoeven, 1979; 488 Menéndez, 2002). In Europe, Ruppia cirrhosa grows in water with salinities of 3 to 100 PSU (Verhoeven, 1979). This remarkable tolerance to salinity variations makes Ruppia cirrhosa a 489 good bioindicator for coastal lagoons, because salinity fluctuations are unlikely to be 490 491 responsible for major changes and discontinuities in the community. Stuckenia pectinata was 492 found only in the center and south of the lagoon, and the area occupied by this species 493 decreased from 1970 to 2007. This species is a perennial annual submerged pondweed with 494 large numbers of long narrow leaves. It grows on sediments in still or flowing eutrophic fresh 495 water, lakes, rivers and in brackish lagoons (Menéndez and Comin, 1989). Najas marina was 496 present in the 1970s but disappeared from the lagoon in the 2000s, undoubtedly due to 497 changes in salinity. Najas marina is widespread at the freshwater to slightly oligohaline end

of the salinity gradient, in ponds, lakes, coastal and inland marshes, although it is generally 498 499 found at lower abundances in these environments (Handley and Davy, 2002). In addition to 500 the significant impact of nitrogen inputs in Biguglia lagoon, the north-south salinity gradient 501 has also clearly affected the distribution of aquatic angiosperms. The northern basin is 502 consistently saltier than the southern basin, due to the input of salt water via the 503 communication channel with the sea (short residence time; mostly Zostera noltei and Ruppia 504 *cirrhosa*). The southern basin is less salty and more confined, with a longer water residence 505 time (mostly Ruppia cirrhosa, Stuckenia pectinata and Najas marina).

506 By contrast to aquatic angiosperms, the populations of macroalgae increased considerably during the 1970-2007 period (Fig. 6). Under conditions of nutrient excess and 507 508 high turbidity, there is a shift in species composition from aquatic angiosperms to the 509 dominance of opportunistic macroalgae (Schramm, 1999; Viaroli et al., 2008). This situation 510 reflects the efficiency of nutrient assimilation by these opportunistic macroalgae (Duarte, 511 1995). Opportunistic macroalgae have lower light requirements for growth than rooted 512 aquatic angiosperms (Hemminga and Duarte, 2000), and the displacement of aquatic 513 angiosperms seems to be induced principally by nitrogen, rather than by phosphorus (Touchette and Burkholder, 2000). Ulva sp. was present at low frequency in 1970, and 514 515 Gracilaria dura, Ulvaria obscura and Ulva sp. populations developed in the early 2000s (Fig. 516 6). The increase in the populations of these macroalgae and their subsequent decomposition 517 may have resulted in anoxic conditions unfavorable for aquatic angiosperms (Coffaro and 518 Bocci, 1997). A qualitative shift from the pristine aquatic angiosperm community to 519 macroalgal blooms in Mediterranean lagoons until the mid-1970s has been demonstrated, 520 with aquatic angiosperm populations decreasing in nutrient-rich waters (Viaroli et al., 2008). 521 Several shallow lagoons were covered with extensive meadows of *Ruppia* and/or *Zostera* in 522 the past, but increases in nutrient inputs in recent decades have led to the rapid development 523 of *Ulva* sp. and *Gracilaria* sp. blooms and the displacement of aquatic angiosperms (Sfriso 524 and Marcomini, 1996; Bombelli and Lenzi, 1996; Viaroli et al., 2006; Sfriso and Facca, 525 2007).

During the summer of 2007, a dystrophic crisis occurred in Biguglia lagoon, with the 526 recording of high chlorophyll a concentrations (up to 200 μ g.L⁻¹). It was difficult to identify 527 528 the trigger elements, but this dystrophic crisis was associated with massive development of the potentially toxic cyanobacteria Anabaenopsis circularis (IFREMER data; Fig. 6). The 529 530 Anabaenopsis circularis (freshwater species) bloom was a direct consequence of the decrease 531 in salinity (Pulina et al. 2011), which was associated with high nutrient concentrations. By 532 cascading effect, cyanobacteria bloom and salinity decrease concomitant with temperature 533 increase in summer engendered the accumulation of organic matter by phytoplankton and the 534 death of macroalgae in the Biguglia lagoon, causing strong anoxia. The capacity of aquatic 535 angiosperms to retain nitrogen is dependent on an internal control system that keeps the 536 nitrogen cycle balanced and counteracts shifts in the community towards macroalgae or 537 phytoplankton (Valiela et al., 1997). When nutrient loads increase, massive macroalgal 538 development can induce physical and chemical changes in the water. Floating mats of algae 539 decrease light penetration into the water, leading to the formation of layers of water with 540 different properties, with oxygen-rich water towards the surface and anoxic conditions 541 towards the bottom (Souchu et al., 1998; Brush and Nixon, 2003). Sulfide and nutrients 542 released into the water act as a stressor for aquatic angiosperm and macroalgae (Azzoni et al., 543 2001). The last phase of the transition from healthy to stressed ecosystems is dominated by 544 phytoplankton, as observed during the dystrophic crisis of the summer of 2007. 545 Phytoplankton levels are often high in heavily degraded lagoons (Sfriso and Facca, 2007) and 546 play a crucial role in controlling the flows of matter and energy in coastal environments (Bec 547 et al., 2011). However, the paradigm that increasing nutrient load causes an irreversible

transition from aquatic angiosperms to macroalgae or phytoplankton communities can now be called into question, because this paradigm is not well-supported by quantitative theories or models (Nixon et al., 2001). However, after 2007, the chlorophyll *a* concentrations measured in Biguglia lagoon in the summer were similar to those in other Mediterranean lagoons (Souchu et al., 2010; Giordani et al., 2009), or coastal embayments (Saeck et al., 2013; Lie et al., 2011).

554 Recent deteriorations in water quality led the managers of the Biguglia lagoon nature 555 reserve to take various remedial measures, such as periodically opening up the current 556 channel of communication with the sea by mechanical means (significant salt water input; 557 particularly during 2012, with an exceptional increase in the salinity of the lagoon) and 558 cleaning the Fossone Canal from 2009 to 2012 (significant freshwater inputs), to decrease the 559 confinement of the southern basin (Département de la Haute-Corse, 2013). Substantial efforts 560 have also been made to improve sewage treatment in the watershed under the Schéma 561 d'Aménagement et de Gestion des Eaux (SAGE; Département de la Haute-Corse, 2012). After 562 2007, the abundance of aquatic angiosperms increased in this lagoon (Fig. 6), particularly for 563 Ruppia cirrhosa across the lagoon, and Stuckenia pectinata in the south, with a resurgence of 564 Najas marina in the southern basin of the lagoon (low salinity). The macroalgae Gracilaria 565 *bursa-pastoris* and *Gracilaria dura* appeared during this period, but only in a small area (Fig. 566 6). The point at which a system shifts from one state to another depends on the external 567 nutrient load and the water exchange time (Dahlgren and Kautsky, 2004). Primary producer succession is often favored by hydrological and hydrodynamic conditions, such as currents 568 569 and flushing, which disperse the phytoplankton community (Flindt et al., 1997). In the system 570 studied here, such hydrological management measures improved the quality of the water 571 column, favoring the development of aquatic angiosperms over a relatively short period of 572 time (4-5 years). Biguglia lagoon seems to be very resilient, and the shifts observed may be

reversible. Improvements in wastewater treatment in the watershed, to decrease nutrient
inputs, will also be essential, to prolong the effects of these management efforts and to allow
the system to recover.

576 In conclusion, Biguglia lagoon remains vulnerable to sporadic shifts, due to several 577 factors: (i) hydrological management of the watershed and the communication channel with 578 the sea, with effects on salinity, (ii) nutrient inputs from the watershed, (iii) natural climatic phenomena (rainfall, wind) or climate change (Lloret et al., 2008). As evidence of ecosystem 579 580 degradation accumulates, it is often difficult to distinguish between natural variations of the 581 state of the ecosystem and human-induced changes. We used long-term (two hundred years) 582 historical data to determine the pattern of change in human activities on the watershed of 583 Biguglia lagoon, including the many hydrological developments affecting salinity and, thus, 584 the distribution of aquatic angiosperms. Many changes in salinity have occurred in Biguglia 585 lagoon, and there is still a steep spatial gradient of salinity, but aquatic angiosperms have 586 adapted to cope with such abrupt changes. Over the last 40 years, human activities have 587 profoundly altered the Biguglia lagoon, with changes in the aquatic vegetation, from a 588 predominance of aquatic angiosperms to macroalgae and phytoplankton during a dystrophic crisis in 2007. The observed shift in the community suggests that Biguglia lagoon is resilient 589 590 and that the transition may be reversible. The restored communities closely resemble the 591 pristine communities. The disturbances at this lagoon do not, therefore, seem to have 592 exceeded the threshold beyond which lagoons cannot recover. Actions aiming to restore the ecosystem of this lagoon should take this resilience into account, but should also consider the 593 594 desired ecosystem services.

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Fig. 1. Location of Biguglia lagoon (Corsica, France, Mediterranean Sea) and the stationssampled.

Fig. 2. Spatiotemporal variations of subsurface salinity, temperature, nitrate, ammonium, phosphate, total nitrogen, total phosphorus, and chlorophyll *a* (chl a) concentrations, registered during each of the summer months from 1999 to 2014 in Biguglia lagoon.

Fig. 3. Spatial distribution of macrophytes and bottom types in Biguglia lagoon in 2010.

Fig. 4. Monitoring of macrophyte dynamics at 15 sampling stations (S1 to S15) in Biguglia
lagoon between 1999 and 2014 (Ca: *Chaetomorpha aerea*; Cv: *Cladophora vagabunda*; Gd: *Gracilaria dura*; Gg: *Gracilaria gracilis*; Gb: *Gracilaria bursa-pastoris*; Ns: *Neosiphonia sertularioides*; Ui: *Ulva instestinalis*; Uo: *Ulvaria obscura*; Ur: *Ulva rigida;* nd: not
determined; The values shown correspond to the percentage cover of the species concerned).

Fig. 5. Principal component analysis of water column, meteorological and macrophyte data for the

southern (station BIS) and northern (station BIN) basins of Biguglia lagoon in June 1999, 2003, 2009,

873 2012 and 2014. Loadings of the 9 active variables (illustrative variables in gray) on the plane defined

by PC1 and PC2 (a). Location of stations centroids by year on the plane PC1-PC2 (b). The numbers

following station names correspond to the sampling year (ex: BIS:09 = Biguglia south, year 2009).

Fig. 6. Conceptual representation of the succession of aquatic vegetation with eutrophication

and salinity variations in Biguglia lagoon.











886 Fig. 3.



888 Fig. 4.

a





b







902 **Table 1**

- 903 Historical changes in Biguglia lagoon in terms of the human population and major land uses
- 904 in the watershed from the 18^{th} century to the present day.

Huma	an population		
Year	1800	1881	2011
Number of inhabitants	1290	1863	25663
Major land	uses (% of tota	al land)	
Year	1774	1879	2006
Forests and Shrublands	56	12	42
Farmland	40	84	40
Urban areas	4	4	17

Table 2

907 Kruskal-Wallis one-way analysis of variance on ranks for the environmental data for Biguglia lagoon.

Difference between years										
Parameters	Salinity	Temperature	Turbidity	Dissolved	Nitrates	Ammonium	Phosphates	Total nitrog	en Total	Chlorophyll a
				oxygen				phosphorus		5
Northern basin										
Kruskal-Wallis: p-values (significant in bold)	0.031	0.431	0.009	0.094	0.576	0.016	0.194	0.334	0.052	0.829
Conover-Iman test: years different to	2007 2014		2003			2011				
	2011									
Conover-Iman test: years different to	2012		2007			1999				
other years (higher values)						2002				
						2007				
Southern basin										
Kruskal-Wallis: p-values (significant in bold)	0.008	0.855	0.006	0.692	0.016	0.055	0.212	0.070	0.002	0.004
Conover-Iman test: years different to	2010		2003		2004				2002	1999
other years (lower values)									2013	2006
Conover-Iman test: years different to	1999		2007		2006				2007	2007
other years (higher values)	2012				2009					
					2013					
					2014					

Table 3

Year	1972/1973	1991	1999	2010	
References	De Casabianca et al., 1973	Frisoni and Dutrieux, 1992	Pasqualini et al., 2006	This study	
Aquatic angiosperms	Zostera noltei	Ruppia maritima	Zostera noltei	Ruppia cirrhosa	
	Ruppia cirrhosa	Stuckenia pectinata	Ruppia cirrhosa	Stuckenia pectinata	
	Stuckenia pectinata		Ruppia maritima	Najas marina	
	Najas marina		Stuckenia pectinata		
Percentages of aquatic angiosperms	84	51	13	62	
Main macroalgae	<i>Ulva</i> sp.	<i>Ulva</i> sp.	<i>Gracilaria</i> sp.	<i>Gracilaria</i> sp	
			Ulva sp.	Ulva sp.	
Percentage or presence	Weak presence	65	7	14	
of main macroalgae	(not calculated)				

911 Temporal changes in the aquatic angiosperm and macroalgae communities of Biguglia lagoon.