
Effects of the smoking process on odour characteristics of smoked herring (*Clupea harengus*) and relationships with phenolic compound content

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Abstract: The relationship between smoking parameters and odour characteristics, evaluated by a trained sensory panel, were studied on smoked herring. In addition, a possible correlation between the content of 10 phenolic compounds and sensory perceptions was investigated. Five smoking techniques were applied, combining smoke production conditions, performed by pyrolysis of beech wood sawdust or by friction of beech wood log, with smoke deposition, either in a controlled kiln (traditional smoking) or by an electrostatic process. In the fifth smoking technique, a purified condensate of beech smokes was vaporised on fish fillets in the smokehouse. The time of smoking was 3 h for traditional smoking and the liquid smoke atomisation process and 12 min for the electrostatic method. The effects of three smoking temperatures (16, 24, 32 °C) were tested for both the traditional and the liquid smoke atomisation processes, as well as the effect of the position of the exhaust valve in the smokehouse in the case of the traditional method. Two different voltages were applied for the electrostatic process, 37 and 42 kV.

The results show a clear discrimination of the products since some odour characteristics are specifically related to the smoking process applied. All the studied parameters (smoke generation, deposition of smoked compounds, smoking temperature, exhaust valve opening in the smokehouse or voltage applied in the electrostatic tunnel) have an effect on the smell characteristics of smoke products, either on the odour intensity and/or on the kind of smoke note.

Multiple linear models were tested to find relationships between sensory properties and phenolic compounds. Although some compounds seem to be mainly involved in the "cold ash" note, the results illustrate the difficulty of reaching clear conclusions about a correlation between smoke odour and only 10 phenolic compounds. It is suggested that a better model could be found if other volatile compounds, besides the phenolic class, are taken into account.

Keywords: Herring; Smoking; Phenolic compounds; Sensory evaluation; Odour characteristics

52

53 **1. Introduction**

54

55 The production of smoked and salted fish is an important industry in France and represents 17%
56 of the market share for aquatic product consumption (Girard & Paquotte, 2003). The increase in
57 smoked fish consumption began in the 90's with the development of smoked salmon, now the
58 most consumed smoked species before trout and herring. The smoking sector is of considerable
59 economic importance for the seafood market. Each year 45000 tons of salmon are used in France
60 to produce 18000 tons of smoked salmon, 15% of which is exported to Italy, Belgium and, to a
61 lesser extent, Germany (OFIMER, 2004).

62 A recent European study on smoked salmon quality (Cardinal, Gunnlaugsdottir, Bjoernevik,
63 Ouisse, Vallet & Leroi, 2004) showed that the European market offers a large range of products
64 with different salt levels and different phenol contents (the criteria used until now as indicators
65 of smoking treatment intensity) and that sensory characteristics allow products to be classified in
66 different groups. Moreover, the preference study, carried out in the same project with consumers
67 from various European countries, indicated that all consumers do not like the same kind of
68 products. Five classes of consumer with different preferences were identified (Anonymous,
69 2004). These preferences are related to specific sensory properties. For example, it appears that,
70 for the groups of consumers whose preferences are mainly explained by smoke odour or flavour,
71 not only is the intensity of smoking important but also the kind of smoke note. While some
72 people require a strong smoke odour and flavour, others want a specific "wood fire smoke" note.
73 The control of this smoke characteristic can be of real interest to processors who want to adapt
74 their products to consumer demand.

75 In the past, smoking parameters, such as the kind of generator, kind of wood, hygrometry or
76 temperature of the smokehouse and their effects on the deposit of compounds, have been studied
77 by different research teams (Daun, 1972; Girard, Talon, & Sirami, 1982; Girard, 1988). The

78 number of volatile compounds identified in a smoke, more than 400, explains the difficulty of
79 relating sensory perception to specific molecules (Maga, 1987; Cardinal, Berdagué, Dinel,
80 Knockaert & Vallet, 1997). Recent studies performed on phenolic compounds (Guillard &
81 Grondin, 2003; Sérot, Baron, Knockaert & Vallet, 2004) have shown that their deposition
82 depends on the smoking conditions and research conducted so far has suggested that phenolic
83 compounds play a key role in smoke perception. However, the relationship between these
84 compounds and sensory perception is not well detailed in the literature, especially for fish
85 products, although some authors cited by Maga (1987), such as Toth & Potthast (1984), have
86 evaluated the effect of some pure molecules in solution on sensory properties. More recently, the
87 study of Ojeda, Barcenas, Pérez-Elortondo, Albisu & Guillen (2002) has shown the difficulty to
88 associate molecules to specific terms for the description of smoke flavourings.

89 This study aims to investigate the effects of smoking processes on the odour of smoked product
90 and to confirm the possible relation between phenolic compound content and sensory perception.
91 It forms part of the same investigation as that carried out by Sérot et al. (2004). This previous
92 work clearly indicated that the process applied affects the content of phenolic compounds, so
93 knowledge about the effect of these compounds on sensory properties would allow the process to
94 be adapted according to the target product.

95 For practical and cost reasons, herring fillets were used. Two smoke generation techniques were
96 tested, one based on the pyrolysis of sawdust sustained by air circulation (autocombustion) and
97 the second producing smoke by friction of wood log. For each type of smoke generation, two
98 different ways of smoke deposition were compared; exposure of fillets in a closed air-
99 conditioned smokehouse (the traditional process) and the electrostatic method where smoke is
100 accelerated towards fillets (Collignan, Knockaert, Raoult-Wack, & Vallet, 1992; Bardin,
101 Desportes, Knockaert & Vallet, 1997). The effects of these four techniques were compared to a
102 fifth, the atomisation of liquid smoke.

103

104 2. Material and methods

105

106 2.1. Fish samples

107 Frozen fillets of herring (*Clupea harengus*) were purchased from the local fish market (Nantes,
108 France). On the day of processing, herring was thawed at +4°C for 6h, hand-salted with refined
109 salt for 20 min at 12°C before being rinsed on grids with water (15°C) and stored in a cold room
110 at 2°C for 14h until smoking.

111

112 2.2. Fish processing

113 40 fillets were processed for each treatment. Production of smoke was performed by pyrolysis at
114 450°C of beech wood sawdust (Thirode, France) or by friction of beech wood log at 350°C
115 (Muvero, The Netherlands). For each kind of smoke production, two different methods of smoke
116 deposition were tested. The first one was direct fillet exposure (traditional smoking) in a
117 smokehouse with a capacity of 380 kg mounted on a trolley with 28 grids (Thirode, PC 90
118 Model, France) and a relative hygrometry of 65% ± 3%, an air speed of 2 ms⁻¹ above the
119 products and with the exhaust valve position one-third open (1/3) or totally open (3/3). The
120 second way consisted of an electrostatic method where smoke was led through an experimental
121 tunnel (4000 X 100 X 150 mm). This allowed continuous smoking with a production capacity of
122 125 kg/h. The voltage applied between the positive pole (smoke ionisation) and the cathode
123 (conveyor belt) was set by an HT14B high voltage supply (Sefelec, France). The distance
124 between electrodes was 12 cm. Two positive voltages were tested, 37 and 42 kV, and the air
125 speed above the fillet was around 0.5 ms⁻¹. The anode electrode, in stainless steel 316 L, was a
126 rectangular grid with 4.5 by 2 cm spacing of bars 0.2 cm in diameter. The time of smoking was 3
127 hours for the traditional method at 16°C, 24°C or 32°C, and 12 min for the electrostatic method

128 at ambient temperature. The initial product temperature was considered to have a potential
129 impact on smoke compound deposit so two temperatures were tested, 10 and 20°C.

130 For the liquid smoke atomisation process, a purified condensate of beech smoke associated with
131 aromatic additives (reference 1165) was purchased from Lutetia (France) and vaporised in the
132 smokehouse (Thirode) for 3 hours. All the smoking parameters are presented in Table 1.
133 Twenty-one different treatments were studied.

134 All the herring fillets were vacuum packed, frozen and stored for one month at -20°C until
135 analysis of phenolic compounds and sensory evaluation.

136

137 **2.3. Sensory evaluation**

138 A descriptive test with conventional profiling (Stone & Sidel, 1985) was performed on the odour
139 characteristics of smoked herring with twelve trained panellists belonging to the IFREMER staff.

140 This panel has many years of experience in the sensory evaluation of smoked fish. Before
141 starting the study, a session was organised in order to select sensory descriptors for the product
142 odour and to check the panellists' understanding of the descriptors. Table 2 gives the list of
143 odours and their description. An experimental design was constructed in order to balance the
144 characteristics and odour intensity of the products presented within a session. Five sessions were
145 organised to test all the products, four with a presentation of four products and one with five
146 products.

147 Sessions were performed in individual partitioned booths, as described in procedure NF V-09-
148 105 (AFNOR, 1995) and equipped with a computerised system (Fizz, Biosystèmes, Couternon,
149 France). Panellists rated the sensory attributes on a continuous scale displayed on a computer
150 screen, from low intensity (0) to high intensity (10).

151 On the day of evaluation, 10 herring fillets from each process were thawed, cut into pieces,
152 mixed together to reduce individual variability in fillets and put into closed flasks. Products were

153 assigned 3-digit numbers, randomised and served simultaneously after 30 min at ambient
154 temperature.

155

156 **2.4. Phenolic compound analysis**

157 A simultaneous steam distillation solvent extraction (SDE) of smoke compounds was performed
158 in a Likens-Nickerson (1964) apparatus according to Tanchotikul and Hsieh (1989). The SDE
159 extracts were stored at -20°C before gas chromatography analysis. A derivatisation step
160 (silylation) was performed before analysis. Conditions of gas chromatography are detailed in
161 Sérot et al. (2004). 10 phenolic compounds were analysed: phenol, p-cresol, o-cresol, guaiacol,
162 4-methyl guaiacol, 4-ethyl guaiacol, syringol, eugenol, 4-propyl guaiacol and isoeugenol. These
163 compounds have previously been identified by Sérot and Lafficher (2003) as major phenolic
164 components of smoked fish.

165

166 **2.5. Statistical analysis**

167 Analysis of variance (ANOVA) was performed on sensory data using Statgraphics Plus 5.1
168 software (Sigma Plus, Paris, France). The significant statistical level was set at $p < 0.05$.
169 Multivariate data processing was performed with Uniwin Plus 5.0 software (Sigma Plus, Paris,
170 France). Principal component analysis (PCA) with standardisation was performed on the means
171 of the sensory scores and the means of each phenolic compound percentage were added as
172 supplementary variables.

173

174 **3. Results-Discussion**

175 **3.1. Sensory characteristics**

176 An analysis of variance was carried out with the effects of assessors and products on scores of
177 each odour attribute given by the 12 panellists. The main results are presented in Table 3

178 according to a modified Flash table (Schlich, 1998) where descriptors are sorted in columns by
179 decreasing F value and products are sorted in rows by increasing mean for the first attribute of
180 the table. The grand mean and the standard deviation calculated for the 21 products are also
181 included in the table and allow a rapid analysis of attributes as main contributors to discriminate
182 samples. A (+) sign is added when the means score is higher than the grand mean plus one
183 standard deviation, a (-) sign when the means score is lower than the grand mean minus one
184 standard deviation. For easier reading, only the means corresponding to these criteria are given;
185 means close to the general mean are not presented in the table. The descriptors “cold ash”,
186 “global intensity” and “fat fish” odours have the highest F values for product effect with a highly
187 significant p-value. This means that great differences exist between samples for these odours.
188 Two extreme groups of products are identified. The first one presents a very high global odour
189 intensity with a specific “cold ash” note. Samples smoked by the traditional process using an
190 autocombustion generator (AT) constitute this group. The second group, with extreme and
191 opposite characteristics, gathers samples processed with a friction generator, associated with an
192 electrostatic method of smoke deposition (FE). They have a low odour, mainly “fat fish” and
193 “brine” odours, even “rancid” for one of them. We can suppose that the low level of smoke notes
194 contributes to the perception of odours more related to fish characteristics. Fish samples that
195 have been smoked at an initial product temperature of 20°C present the lowest “wood smoke”
196 characteristics in this group. Samples smoked with an electrostatic process but with an
197 autocombustion generator (AE) have similar characteristics to other samples smoked by an
198 electrostatic method (FE), a rather low odour but a lower “fat fish” score. Other odours, such as
199 “caramel”, “butter” and “wood fire smoke” notes are detected when a voltage of 42 kV is used.
200 A principal component analysis (PCA) with standardisation performed on the panel mean scores,
201 obtained for each descriptor of the 21 products, allows the results from Table 3 to be completed
202 and shows a general view of the main characteristics of the samples. Fig. 1 illustrates that the

203 first principal component is mainly defined by descriptors related to smoke, such as “global
204 intensity”, “cold ash”, “rubber” and “phenol”, and to fish characteristics, such as “fat fish” and
205 “brine”. Projection of samples in the first 1-2 plane (Fig. 2) gives the respective location of the
206 products and shows the intermediate characteristics of liquid smoke (L) and friction/traditional-
207 processed samples (FT) with regard to their global odour intensity. Indeed, samples are ranked
208 along the first component (46.7%) according to their odour intensity, from strong note on the left
209 -hand side to low odour on the right-hand side of the figure. The second axis (15.7%) consists
210 mainly of the “vegetable” odour on the positive axis and “caramel” and “wood fire” on the
211 negative axis. The position of (L) products at the top of the figure is due to their “vegetable” note
212 detected in the three samples, whatever the smoking temperature. Regarding samples processed
213 by a friction generator and traditional smoking (FT), they can have specific odours such as
214 “wood fire smoke”, “butter” and, to a lesser extent, “caramel”, particularly when smoked under
215 32°C. If the smoking is performed at 32°C with a one-third open valve, products smell a little of
216 “rubber”.

217 These results show that all the studied parameters (smoke generation, deposition method,
218 smoking temperature, exhaust valve opening in the smokehouse or voltage applied in the
219 electrostatic tunnel) have an effect on the smell characteristics of smoked products, either on
220 odour intensity and/or on the kind of smoke note.

221

222 ***Smoke generator effect***

223 The comparison of the level of smoking of the samples, evaluated by the odour intensity, shows
224 that the friction generator has a lower efficiency for smoke production compared to the
225 autocombustion generator. The difference is clearly observed for traditional smoking and, to a
226 lesser extent, for the electrostatic smoking method. The difference in smoke production
227 temperature, 350°C for friction and around 450°C for pyrolysis of sawdust, leads to a less

228 advanced degradation of wood with friction compared to the autocombustion method
229 (Knockaert, 1990) and the oxidation of the volatile compounds occurs to a lesser extent. This
230 could be the reason for the differences in the sensory features observed.

231

232 *Temperature effect*

233 For smoke production by sawdust pyrolysis, sensory perception is slightly affected by an
234 increase in temperature when the exhaust valve is completely open since samples smoked at
235 16°C have lower scores for odour global intensity and “ash” note than those of samples smoked
236 at 24°C or 32°C. When the valve is one-third open, odours of samples become “phenolic” and
237 “rubber”, mainly for smoking temperatures of 16°C and 24°C, while the samples smoked at
238 32°C have the strongest global odour.

239 The results show that our smoking conditions lead to products with high smoke notes for all the
240 temperatures tested but a high temperature, like 32°C, during the smoking step allows potential
241 compounds with a higher molecular weight involved in the smoking effect to remain in the
242 vapour phase (Potthast 1977, 1978; Girard, 1988) and therefore to be deposited in higher
243 proportions.

244 Conclusions about the temperature effect with a friction smoke generator are quite similar, even
245 though the smoke perception is less intense than with autocombustion. There is an increase in
246 global smell intensity with temperature, with the two valve positions tested (Fig. 2). The lower
247 level of smoking allows the modification of sensory characteristics related to temperature to be
248 followed with more accuracy without a saturation effect.

249 Smell characteristics of samples smoked by vaporisation of liquid smoke are also affected by
250 temperature. The mean score of “cold ash”, given by the trained panel, increases with
251 temperature as well as the “earthy” note. At the same time, “vegetable” odour, a specific
252 characteristic of this kind of product, and “brine” odour decrease. Differences are mainly

253 observed between the 16°C smoked samples and those smoked at 32°C. As shown by Sérot et al.
254 (2004), a temperature of 16°C does not allow the deposition of a great quantity of phenolic
255 compounds, probably because of the low vaporisation of the liquid smoke, and this phenomenon
256 could explain the sensory differences.

257

258 *Exhaust valve position effect*

259 The effect of the exhaust valve position is mainly observed for the autocombustion process. If
260 the exhaust valve is one-third open, meaning a longer residence time for the smoke in the kiln,
261 all the products have the same strong global intensity with a “cold ash” specificity. It is likely
262 that, in these conditions, the level of smoke compound deposition is high enough at all the
263 temperatures to reach a saturation point in odour evaluation. When the valve is completely open,
264 the temperature effect is more noticeable. In the case of the friction generator, the position of the
265 valve does not seem to affect odour characteristics.

266

267 *Smoking method effect*

268 As previously described, samples smoked using our current electrostatic method have low smoke
269 odours. However, smell characteristics could be modulated when smoke is produced by sawdust
270 pyrolysis (AE). Indeed, in these conditions, a voltage of 42 kV instead of 37 kV gives products
271 with more complex characteristics, lightly “butter”, “caramel” and “wood fire”. No voltage
272 effect was observed when the electrostatic method and a friction generator (FE) were used.
273 Smoke compounds produced during friction are probably different and therefore it is possible
274 that they do not react equally in the electric field.

275

276 **3.2. Relationships between odour characteristics and phenolic compound deposition**

277 In order to find possible explanations for the sensory characteristics described in relation to the
278 10 major phenolic compounds analysed, a projection of the contents of these compounds was
279 made on the first plane of PCA, performed on sensory descriptors. These chemical data were
280 added as supplementary variables. The first plane shows a correlation between the first
281 component and all the phenolic compounds, except eugenol (figure not presented). The content
282 of these molecules increases with the characteristics of “global intensity”, “cold ash”, “rubber”
283 and “phenolic”, which confirms the likely contribution of the phenol classes to smoke aroma as
284 mentioned by many researchers (Lustre & Issenberg, 1970; Maga, 1987; Girard 1988). The
285 odour intensity of the smoked samples, scored by the trained panel, seems at first to accord with
286 the content of phenolic compounds. However, the study of the relationship between the global
287 odour and the sum of the 10 phenolic compounds (Fig. 3) shows that, if a general trend is
288 observed, the model of prediction of global intensity by total phenolic compounds, though
289 significant, is rather weak (R^2 adjusted = 30.8%). The same weaker relationship is obtained
290 between the “cold ash” note and the sum of phenolic compounds. The R^2 adjusted of this model
291 is 31%. The lack of fit is due partly to the characteristics of the samples smoked by a traditional
292 smokehouse and pyrolysis of sawdust and especially the references AT-16 and AT-24. These
293 products were among the highest sensory score samples for odour intensity but rank in the
294 middle of the range of phenolic contents observed. In contrast, when the smoking temperature
295 was set at 32°C, samples prepared with liquid smoke (L) or a traditional process with a friction
296 generator (FT) had high contents of total phenolic compounds but intermediate sensory scores.
297 Thus, it could be suggested that not only the total content but also the type of phenolic
298 compounds deposited on the flesh is important. Perception thresholds are different from one
299 compound to another (Leffingwell & Leffingwell, 1991) and it is therefore obvious that odour
300 characteristics cannot be related only to the quantity of phenolic molecules.

301 Backward stepwise multiple linear regression was performed between odour characteristics and
302 the analysed phenolic compounds. The results show statistically significant relationships
303 between the “cold ash” note and some phenolic compounds such as o-cresol, p-cresol and, to a
304 lesser extent, 4-ethyl guaiacol and 4-propyl guaiacol. The R^2 adjusted of the model is 67.3%,
305 which means that a fair part of the odour variability is not explained by this model. Nevertheless,
306 it does allow identification of molecules that could have the most important impact on “cold ash”
307 odour. In the case of “wood smoke” odour, it was impossible to find a relationship with specific
308 compounds. It is likely that the sensory differences observed were not high enough to identify
309 relationships with phenolic compounds.

310 Sérot et al. (2004) have shown that the content of phenolic compounds increases with the time of
311 processing and the temperature applied but that the relative percentage of these compounds is
312 constant for a given smoking procedure and is independent of the process parameters used. In
313 order to test the hypothesis of a specific effect of the relative composition of phenolic
314 compounds on sensory properties, percentages of phenolic compounds were added as
315 supplementary variables to the PCA carried out with sensory descriptors (Fig. 4). This figure
316 shows correlations between odours scored by the sensory panel and the percentage of each
317 phenolic compound. On the first component, mainly defined by descriptors such as “global
318 intensity”, “cold ash”, “rubber” and “phenolic” odours, the best correlation with these criteria is
319 observed with the compounds o-cresol, phenol and 4-ethyl guaiacol. In contrast, the sensory
320 descriptors “fat fish”, “brine” and “butter”, and chemical compounds syringol, isoeugenol and
321 eugenol are positively correlated with the first principal component. As for guaiacol, the work of
322 Sérot et al. (2004) showed that this compound, as well as 4-methyl guaiacol, was identified as
323 the main phenolic compound whatever the process and contributed to the discrimination of
324 processes. However, this molecule does not seem related to a specific odour (Fig. 4) and does not
325 allow the samples map to be explained (Fig. 2).

326 Now, with the knowledge of the phenolic compound distribution and the correlation with
327 sensory descriptors, is it possible to propose a hypothesis about the sensory differences observed
328 between samples in Fig. 2 and not predicted by the total phenolic compounds? The case of
329 sample L32 for example is interesting. This product received a lower score for “global intensity”
330 and “cold ash” odour compared to AT products and a high score for “phenolic” odour. We can
331 suppose that its higher phenol percentage (Fig. 2 and Fig. 4) is one of the possible explanations.
332 Indeed, phenol is a compound with a high perception threshold, which could therefore have a
333 lower contribution to smoke odour. Moreover, samples smoked with condensate vaporisation (L)
334 have been described by the specific characteristics “earthy” and “vegetable”, which suggests that
335 other volatile compounds are involved in the perception, not only phenolic compounds. These
336 molecules may contribute by adding more aromatic and complex odours but have less effect on
337 smoke odour.

338 In the case of FT samples, and especially FT 32-3, a rather low global intensity is found in spite
339 of its quantity of phenolic compounds. Guaiacol, 4-methyl guaiacol and propyl guaiacol do not
340 discriminate this sample from AT samples but these latter products have higher percentages of
341 phenol and o-cresol. However, if the hypothesis of a small effect of phenol in smoke odour is
342 suggested for samples smoked with vaporisation of condensates, it is difficult to find a contrary
343 effect with AT samples. On the other hand, o-cresol has previously been identified as a
344 compound with a significant effect on the relation between “cold ash” odour and phenolic
345 compounds. This molecule could play an important role in explaining the observed differences.
346 Regarding FT samples, the low global intensity observed in spite of a high percentage of eugenol
347 could also be explained by interaction of this compound with proteins. Indeed, a recent study
348 (Reiners, Nicklaus & Guichard, 2000) has shown that the addition of protein decreases the odour
349 perception of eugenol.

350 The results of this experiment and the difficulty of reaching clear conclusions suggest that the
351 study of only 10 phenolic compounds is certainly too restrictive an analysis to understand all the
352 sensory characteristics. Moreover, the simultaneous quantitative and qualitative variation of
353 phenolic compounds leads to a more complex evaluation of their effects.

354 It is certain that molecules other than phenolic compounds are deposited during the traditional
355 process with autocombustion (AT), and that these are also involved in the strong odour detected.
356 Previous work on smoked salmon (Cardinal et al., 1997) has already shown the high global
357 intensity of products processed with this technique and different classes of compound have been
358 specifically identified. Among the molecules found, butenal, 3-methyl butanal, methyl alkanes
359 and aromatic compounds such as m-xylene, styrene and alkyl benzene could be involved in
360 sensory characteristics.

361 Regarding samples smoked in our current conditions using the electrostatic method, the very low
362 level of phenolic compounds deposited is probably the main reason for the low perception of
363 smoked odour. Ruiter (1979) and Sirami (1981) indicated that the electrostatic field modifies the
364 smoke compound ratio in the vapour phase, mainly by increasing the level of carbonyl
365 compounds to the detriment of phenolic compounds. Figures 4 and 2 show that syringol,
366 isoeugenol and eugenol have the strongest correlation with “fat fish”, “brine”, and “butter” and
367 constitute the main fraction of phenolic compounds in electrostatic samples. Thus, we can
368 suppose that these compounds do not have a great impact on sample odour, for the quantity
369 deposited. The comparison of the phenolic compound profile of the two AE samples treated with
370 two different voltages does not lead to a possible explanation of the characteristics, lightly
371 “butter”, “caramel” and “wood fire”, detected in the AE sample when a voltage of 42 kV is
372 applied. This shows the difficulty of finding relations between sensory perception and chemical
373 compounds, especially when only one class of compounds has been followed.

374 However, the results of our study, through the comparison of extreme products, electrostatic
375 samples and autocombustion/traditional samples, tend to confirm the importance of phenolic
376 compounds in smoke perception. They show that some of the 10 compounds analysed determine,
377 to a certain extent, the smoked characteristics of products, even if other molecules can also
378 modulate their perception.

379

380 **Conclusion**

381 This study has confirmed, through the large range of smoked products investigated, the strong
382 effect of smoking conditions on final odour characteristics. These results also indicate to
383 processors the possibility of adapting smoked characteristics to consumer demand.

384 Products smoked with our current electrostatic process, regardless of the kind of generator, have
385 low smoked characteristics and mainly “fat fish” and “brine” notes but recent results show that
386 some modifications of the equipment could improve smoke deposition. The kind of smoke
387 generator used leads to products not only with different global odour intensities but also different
388 smoke characteristics. The efficiency of the generator with sawdust pyrolysis is observed,
389 especially for the traditional process of smoke deposition since the temperature is high. A
390 general trend is observed about the effect of smoking temperature. The global odour intensity
391 generally increases with the temperature applied in the smokehouse. This is true for both the
392 friction generator and the autocombustion generator. In the latter case, the interactions effect
393 between temperature and other parameters, such as the exhaust valve position, can modulate
394 these results. In particular, when the valve position is one-third open, the sensory characteristics
395 of the samples smoked at 16, 24 or 32°C are very close. The higher residence time of the smoke
396 could indicate that a saturation point is reached. If the valve is more open, the temperature effect
397 on sensory characteristics is more significant. A temperature of 16°C is enough to reach smoked
398 product characteristics without a strong “cold ash” note. This smoking procedure, with an

399 autocombustion generator and traditional smoke deposition by direct exposure of fillets, is the
400 most frequent practice in industry. It is therefore of considerable interest for processors to know
401 the effects of these parameters and how to control them.

402 Regarding the role of phenolic compounds on sensory properties, it is not clear enough to give
403 detailed conclusions. If we consider the results of odour characteristics from both electrostatic
404 and traditional smoked products, the content of phenolic compounds seems well related to
405 smoked odour. Although the content of phenolic compounds can be an indicator of smoking
406 intensity, this analysis does not always reflect the odour intensity perceived by a group of
407 panellists. Indeed, phenolic compounds have different perception thresholds and do not have the
408 same impact on sensory perception. Our study suggests that o-cresol, p-cresol and, to a lesser
409 extent, 4-ethyl guaiacol and 4-propyl guaiacol are the main components involved in “cold ash”
410 odour. The study of the relation between sensory descriptors and percentage of each phenolic
411 compound leads to the hypothesis that syringol, isoeugenol and eugenol have no detectable
412 effect on smoke odours, in the tested conditions.

413 However, these results show that it does not seem reasonable to explain the sensory properties of
414 smoked products with only the class of the 10 major phenolic compounds detected in the flesh.
415 Indeed, many other volatile compounds have been identified such as ketones, aldehydes, acids,
416 alcohols, esters, furans, lactones and many other molecules (Maga, 1987). It is suggested that, in
417 order to identify the main compounds involved in the sensory properties of smoked fish, the
418 study be extended to all volatile compounds, taking into account the relative percentage of each
419 component as well as its content in the flesh. Knowledge of the matrix effect on the threshold
420 perception of each compound would be helpful to understand their role in odour characteristics
421 and identify the potent odorants in smoked fish.

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486 **Figure captions**

487

488 Table 1. Process and experimental conditions of smoking

489

490 Table 2. Odour characteristics and description

491

492 Table 3. Main odour characteristics of 21 smoked herring samples (mean scores and results of
493 analysis of variance)

494

495 ^aF value of Fisher test496 ^bProbability of Fisher test for product effect, significant differences between samples * $p < 0.05$,497 ** $p < 0.01$, *** $p < 0.001$,498 ^cGrand mean of the 21 products499 ^dStandard deviation of the 21 mean scores500 ^eInitial product temperature ($^{\circ}\text{C}$) for the electrostatic method, 10°C for all the other products501 ^fExhaust valve position, 1 = 1/3 open, 3 = 3/3 open

502

503

504 Figure 1. Projection of variables in the plane 1-2 of the principal component analysis on sensory
505 descriptors for odour

506

507 Odour: global intensity (iglo), wood fire smoke (wood), cold ash (ash), phenol/medicinal (phen),
508 rubber (rub), caramel (cara), fat fish (fat), butter (butt), rancid (ranc), brine (brin), dried fish
509 (drie), vegetable (vege), earthy (eart)

510

511

512 Figure 2. Projection of samples in the plane 1-2 of the principal component analysis on sensory
513 descriptors

514

515 AT: Autocombustion generator and traditional smoking, FT: Friction generator and traditional
516 smoking, AE: Autocombustion generator and electrostatic smoking, FE: Friction generator and
517 electrostatic smoking

518 16, 24, 32: smoking temperature (°C)

519 1 or 3: exhaust valve position

520 10 or 20: initial temperature of fish (°C)

521

522 Figure 3. Relationship between global odour and the total phenolic compounds

523 R^2 adjusted = 30.8%

524

525 Figure 4. Correlation between phenolic compound percentage and components 1 and 2 of the
526 principal component analysis from sensory descriptors

527

528 Odour: global intensity (iglo), wood fire smoke (wood), cold ash (ash), phenol/medicinal (phen),
529 rubber (rub), caramel (cara), fat fish (fat), butter (butt), rancid (ranc), brine (brin), dried fish
530 (drie), vegetable (vege), earthy (eart)

531 Phenolic compounds are identified with ●

532 phenol (phenol), p-cresol (pcresol), o-cresol (ocresol), guaiacol (guaiacol), 4-methyl guaiacol
533 (meguaiacol), 4-ethyl guaiacol (etguaiacol), syringol (syringol), eugenol (eugenol), 4-propyl
534 guaiacol (proguaiacol) and isoeugenol (isoeugenol)

535

535

536 Table 1.

537

538

Smoke deposit method	Traditional method (T) direct exposure smoking time = 3h	Electrostatic method (E) voltage (kV) 37 or 42 smoking time = 12 min
Smoke Generation		
Autocombustion (A)	(AT)	(AE)
Smokehouse temperature (°C)	16 – 24 – 32	ambient
Initial product temperature (°C)	10	10
Exhaust valve opening	1/3 –3/3	-
Friction (F)	(FT)	(FE)
Smokehouse temperature (°C)	16 – 24 – 32	ambient
Initial product temperature (°C)	10	10-20
Exhaust valve opening	1/3 –3/3	-
Liquid smoke atomisation (L)	(L)	
Smokehouse temperature (°C)	16 – 24 – 32	-
Initial product temperature (°C)	10	
Exhaust valve opening	closed	

539

540

540 Table 2.
541

Descriptors of odour	label	Description
Global intensity	iglo	Overall odour whatever the note
Wood fire smoke	wood	Odour of a wood fire
Cold ash	ash	Odour of ashes once the fire is out
Phenol / Medicinal	phen	Odour of a solution of phenol
Rubber	rub	Odour of a burnt tyre
Caramel	cara	Odour of burnt sugar
Fat fish	fat	Odour of oil associated with fat fish
Butter	butt	Odour developed by butter
Rancid	ranc	Odour of oxidised fish oil
Brine fish	brin	Odour of fish salted in brine
Dried fish	drie	Odour developed by fish meal
Vegetable	vege	Odour of freshly cut grass, plant
Earthy	eart	Odour of earth or mud

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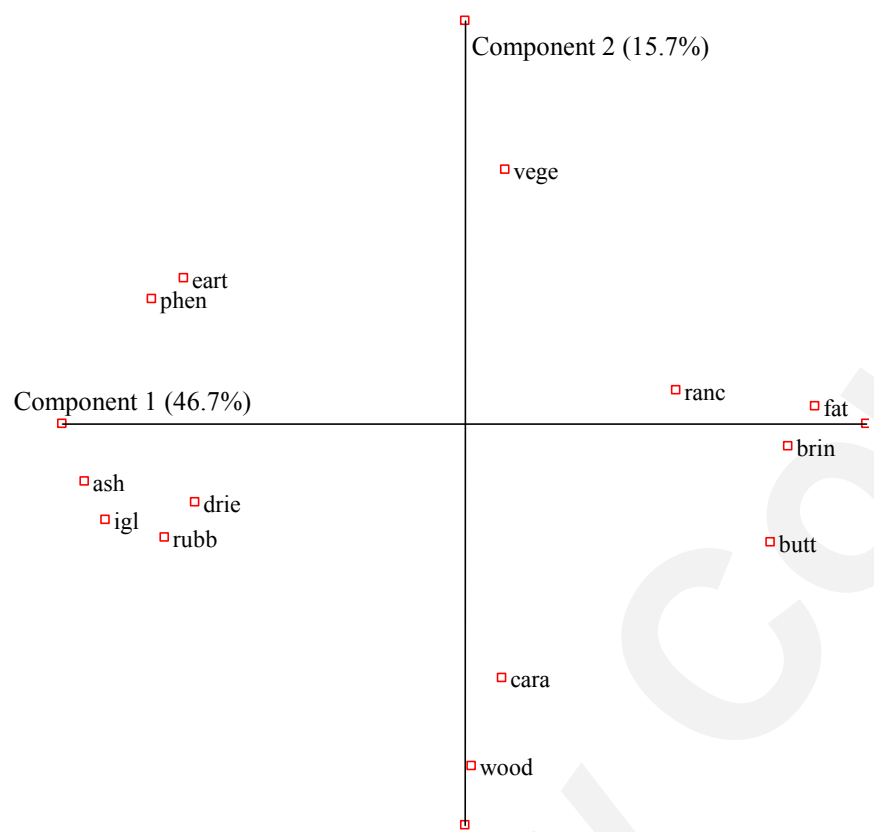
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Table 3.

Odours	ash	iglo	fat	eart	ranc	vege	phen	rubb	brin	cara	drie	butt	wood
F ^a	12.0	7.9	7.0	2.7	2.6	2.4	2.4	2.2	2.2	2.0	2.0	1.8	1.7
p ^b	***	***	***	***	***	***	***	**	**	**	*	*	*
Gmean ^c	2.6	6.4	2.9	1.1	1.3	1.1	0.9	0.8	1.7	0.5	1.3	0.9	2.8
std ^d	2.0	1.0	1.3	0.8	0.7	0.8	0.6	0.5	0.7	0.4	0.6	0.6	0.8
FE+42	0.2-	5.3-	4.9+	0.3-			0.2-	0.1-	2.7+	0.1-	0.2-		
FE+37-20 ^e	0.3-		4.8+		3.0+				2.5+	0.1-	0.5-		1.9-
FE+42-20	0.5-	5.1-	4.4+	0.2-					2.5+				2.0-
FT16-3 ^f				0.3-			0.3-			0.1-		1.7+	
FT16-1							0.3-	0.3-	2.6+		0.4-	2.0+	3.7+
FE+37		5.1-	4.8+										
FT24-3			4.7+	0.3-	3.0+					0.9+	2.2+		
AE+37		5.2-					0.2-				0.6-		
L16						3.5+	2.0+						1.8-
AE+42									2.8+	1.4+	0.6-	1.6+	4.0+
FT32-3				0.2-			0.3-		1.0-				
FT24-1									2.8+	1.6+		1.9+	4.1+
FT32-1					2.0+	0.3-		1.4+			2.3+		
L24				2.5+		2.4+				0.9+			
AT16-3										0.9+		0.3-	
L32				2.6+		2.0+	1.7+		1.0-			0.3-	1.4-
AT32-3	4.6+	7.6+	1.1-	2.2+	0.6-	0.4			0.9-	0.1-	2.4+	0.1-	
AT24-1	5.3+	7.5+				0.3-	1.8+	1.7+				0.1-	
AT16-1	5.7+	7.7+	1.5-				2.1+	2.3+		0.9+			
AT32-1	6.1+	8.4+	1.3-		0.3-			1.3+	0.6-			0.3-	4.4+
AT24-3	6.4+	7.6+							0.6-			0.3-	1.7-

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547548 ^aF value of Fisher test549 ^bProbability of Fisher test for product effect, significant differences between samples * p<0.05,
550 ** p<0.01, *** p<0.001,551 ^cGrand mean of the 21 products552 ^dStandard deviation of the 21 mean scores553 ^eInitial product temperature (°C) for the electrostatic method, 10°C for all the other products554 ^fExhaust valve position, 1 = 1/3 open, 3 = 3/3 open555
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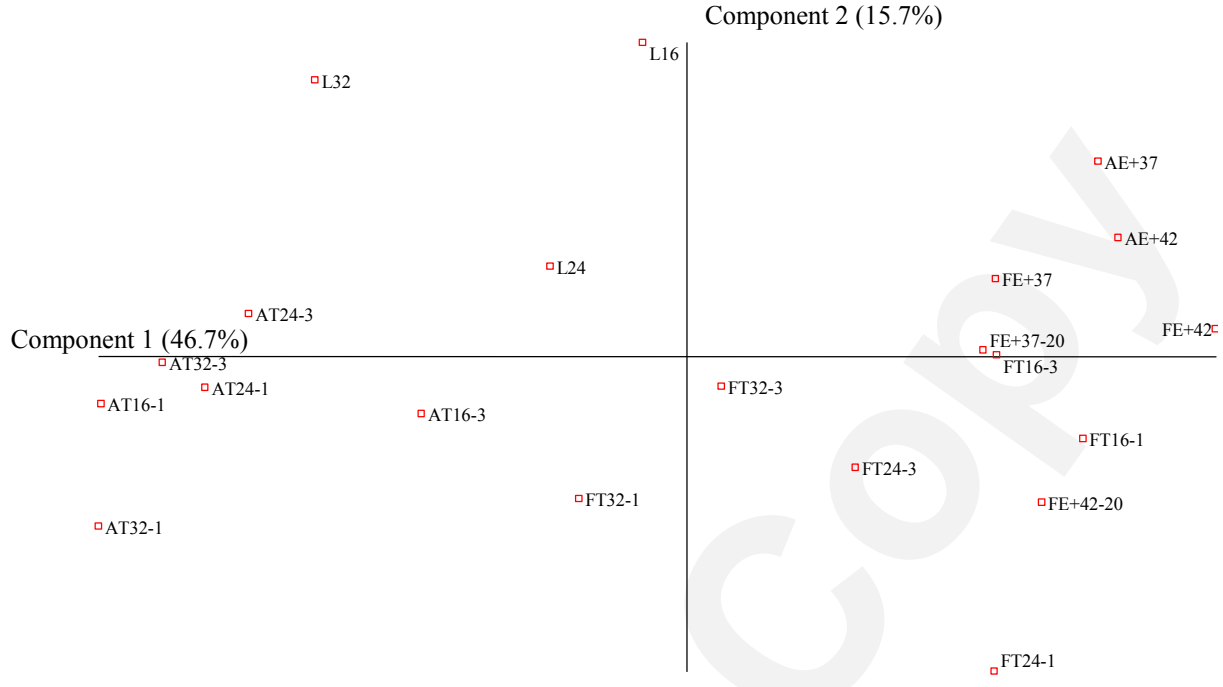
556 Figure 1.



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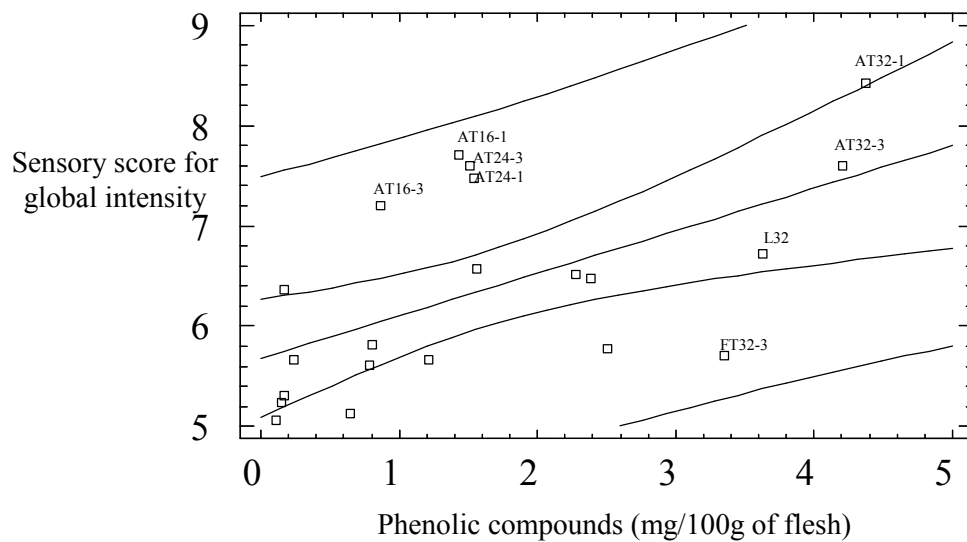
560 Figure 2.
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564 Figure 3.
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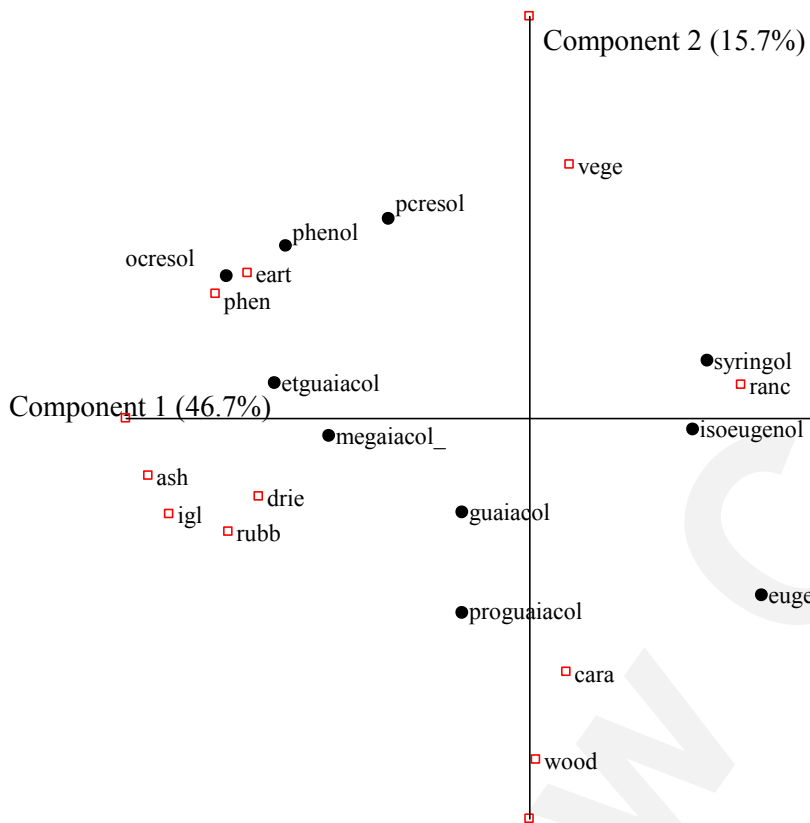


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Figure 4.



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