
Behavioral and neurophysiological responses of European sea bass groups reared under food constraint

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Abstract:

The individual food-demand behavior of juvenile European sea bass (*Dicentrarchus labrax*, L.) reared in groups under self-feeding conditions was investigated. The triggering activity on self-feeder, i.e. index of the food-demand activity, agonistic interactions and territorial behavior were monitored for periods of 42 to 68 days in six groups of 50 fish. The specific growth rate was calculated and the brain serotonergic activity was used as a stable index of social stress. Inter-individual differences appeared in triggering activity and three groups were distinguished: 3–5 high-triggering fish, 17–30 low-triggering fish and the remaining individuals were null-triggering fish. There were no significant differences in specific growth rates calculated at the end of the experiment (day 42 or day 68) between individuals with high, low, and null food-demand (ANOVA, $p > 0.05$). No territorial or agonistic behaviors were observed, however, there were significant differences in brain serotonergic activity between the three triggering groups (ANOVA, $p = 0.050$ in telencephalon and $p = 0.004$ in cerebellum). Specifically, high-triggering fish had lower serotonergic turnover than low or null-triggering fish. We put forth the hypothesis that fish with low or null-triggering activity could be stressed by the high activity of high-triggering individuals.

Keywords: Food-demand behavior; Triggering activity; European sea bass; Self-feeding; Agonistic interactions; Territorial behavior; Brain serotonergic activity; Social stress

39 **1. Introduction**

40

41 Numerous studies have investigated the social interactions between individuals within wild
42 populations of Mammals and Birds. Information gaps still remain, however, in regard to the
43 social organization of wild Teleost fish populations [1]. In contrast, several studies have
44 examined the social structure of these fish reared under controlled conditions [2-9].

45 The development of modern techniques such as the computerized on-demand feeder coupled
46 with individual electronic tagging (PIT-tag), have contributed to a better understanding of the
47 individual behaviors of fish living in groups [2-7]. For example, dominance hierarchies have
48 been described in rainbow trout, *Oncorhynchus mykiss* [2,4,8] and arctic charr, *Salvelinus*
49 *alpinus* [3,4] reared under self-feeding conditions. Observations indicate that dominant fish
50 display the most aggressive behavior, thereby gaining preferential access to food and typically
51 display the best growth [2,3,8,9,10-12]. In addition, subordinate fish have shown higher brain
52 serotonergic activity associated with the stress of social subordination [8,10-19]. Brain
53 serotonergic activity is estimated using the brain 5-HIAA/5-HT ratio where 5-HIAA (5-
54 hydroxyindoleacetic acid) is the major metabolite of 5-HT (5-hydroxytryptamine, serotonin).
55 Furthermore, the brain serotonergic system plays a central role in the hypothalamic-pituitary-
56 interrenal (HPI) axis regulation within the Teleost fish homologue of the mammalian
57 hypothalamic-pituitary-adrenal (HPA) axis [12,20-25]. Specifically, 5-HT is involved in the
58 regulation of a series of hormonal pathways related to stress. Major components include the
59 hypothalamic corticotropin-releasing factor (CRF), pituitary adrenocorticotropin (ACTH,
60 synthesized from a precursor protein: the pro-opiomelanocortin, POMC) and the interrenal
61 cortisol [10,12,24-30].

62 Recently, Covès et al. [7] have designed a monitoring system that simultaneously records the
63 individual triggering activity of multiple fish (at least fifty) when fed with a self-feeder. Using
64 this system, the authors were able to provide new insight on the voluntary food-demand of the
65 European sea bass *Dicentrarchus labrax*. Groups of 50 juvenile sea bass displayed inter-
66 individual differences in food-demand and three sub-groups were distinguished: high-triggering,
67 low-triggering and null-triggering fish. A few individuals within the experimental population
68 displayed a high-triggering activity, about half fish showed a low-triggering activity and the
69 remaining individuals had null-triggering activity of the self-feeder. Some questions have
70 resulted from this initial investigation: Are there any social structure underlying these individual
71 differences? Does the food-demand level reflect the social status?

72 In the present study, we investigate the triggering activity -i.e. the voluntary food-demand of
73 juvenile sea bass groups reared under self-feeding conditions. To test the hypothesis of a
74 dominance hierarchy, we investigate the agonistic interactions and territorial behavior, specific
75 growth rate and brain serotonergic activity in fish exhibiting different triggering activity levels.

76

77 **2. Materials and methods**

78

79 *2.1. Experimental set-up*

80

81 The experiments were carried out on six groups of fifty juvenile hatchery-reared sea bass in 1
82 m³ tanks at IFREMER experimental station in Palavas (France). Initial mean fish weights
83 between experimental tanks are listed in Table 2.

84 Experimental tanks were supplied with sand filtered and UV-treated seawater (salinity: 38‰,
85 pH: 8) in a flow-through system (flow rate of 1 m³.h⁻¹ in each tank). Water temperature was

86 maintained at 21.0 ± 1.0 °C and oxygen at concentration above 80% saturation in the outlet.
87 Tanks were illuminated with 75 W lamps placed 70 cm above the water. Photoperiod was 16:8
88 LD (400 Lux: total darkness, light onset at 06:00 U.T. +1) with twilight transition periods of 30
89 min. Fish were fed a commercial sea bass diet (SICA Le Gouessant[®]-Grower Extrude Natura,
90 France). Pellets were constituted by 44% crude protein and 22% lipid (according to the
91 manufacturer) and were 4-5 mm in diameter. Feed hoppers were filled daily with uneaten pellets
92 were counted in the sediment trap during animal care procedure, from 10:00 U.T. to 11:00 U.T.

93

94 *2.2. Apparatus*

95

96 Prior to the beginning of the experiment, a Passive Integrated Transponder (PIT-tag) was
97 implanted horizontally into each fish, just behind the skull.

98 Each tank was equipped with one self-feeder. Each self-feeder included a food dispenser, a
99 sensor and a control box connected to a computer [5,6]. The sensor consisted of a metal rod that
100 was protected by a PVC cylinder set in a forward position and surrounded by the PIT-tag
101 detection antenna [7]. Therefore, the fish entering the PVC pipe, would activate the sensor,
102 detect the PIT-tag by the antenna and actuate the rod. Software was designed to register ID-
103 codes that correspond to a bite on the sensor within 1 second. Every event (i.e. PIT-tag
104 detection, rod triggering and food distribution) was counted and recorded every minute by the
105 computer. Two French private companies designed the device: Imetronic for the computerized
106 self-feeding system and Micro-BE for the PIT-tag detection antenna.

107 At each actuation, food dispenser distributed 22 pellets at the beginning of the experiment to 28
108 pellets at the end (mean weight of 123.5 mg/pellet), corresponding to a constant reward along

109 the experiment of 0.5 g per kg of fish according to the expected growth. Pellets were delivered
110 30 cm far from the trigger.

111 To verify the reliability and accuracy of the monitoring system, 100% ID-codes were recognized
112 at least once in all experiments. Furthermore, approximately 96% of the total events registered
113 were paired with corresponding ID-code registrations.

114

115 *2.3. Behavior monitoring*

116

117 Similarly to Covès et al. [7], the sea bass were placed in the experimental tanks two weeks prior
118 to the beginning of experiment. This period allowed time for the fish to adjust to the
119 experimental environment become familiar with the triggering system. Two variables were
120 monitored during the 42 day (tanks 1, 5, and 7) and 68 day (tanks 2, 3, and 8) experiments.

121 These were:

122 - the individual food-demand estimated by the individual triggering activity: the number of
123 actuations of each fish in each tank was daily stored on computer; and

124 - the total food-intake of each tank: the uneaten pellets were daily counted in the sediment trap.

125 Then the complete number of pellets dispensed by the feeder minus the whole number of
126 uneaten pellets was calculated to determinate the total amount of food intake by all fish in each
127 tank.

128

129 We defined an ‘active’ day as a day when there was at least one event triggered. From this, fish
130 were distinguished into one of three triggering activity groups at the conclusion of the
131 experiment (day 42 or day 68):

- 132 - high-triggering fish: fish with a proportion of active days higher than 15% and a mean
133 triggering activity higher than one per day;
- 134 - low-triggering fish: fish with a proportion of active days between 4% and 15% and less than 1
135 actuation per day; or with a proportion of active days greater than 15% but a mean triggering
136 activity lower than one per day;
- 137 - null-triggering fish: fish demonstrating a percentage of active days less than 4% and a mean
138 triggering activity lower than one per day. It was assumed that the rare actuations were
139 involuntary.

140

141 In addition, direct observations were made of each tank throughout the duration of the
142 experiment (from day 1 to day 42 or day 68). Video recordings were monitored for the tanks 2,
143 3, and 8 from day 15 to 20, day 30 to 35, and day 45 to 50 to investigate the territorial behavior
144 and agonistic interactions. An analogical system including CCD cameras (Panasonic WV BL
145 200) and S-VHS recorders (Panasonic AG 6010) were used. Using the recorded triggering
146 activity file, we determined which fish was on the screen at a precise time. Of this, 329 video
147 sequences corresponding to 329 bites were also analysed including 278 bites from high-
148 triggering fish and 51 bites from low-triggering fish. Finally, observations were made in effort
149 to determine on screen whether the fish that actuate the trigger:

- 150 - were aggressive towards the other individuals;
- 151 - had a preferential access to the area where food is delivered;
- 152 - occupied a larger territory than the others.

153

154 *2.4. Brain serotonergic activity*

155 At the end of experimentation, each tank was treated individually. All fish within a tank were
156 anesthetized simultaneously in a 0.08‰ eugenol bath and identified using a PIT-tag antenna.
157 Then, fish of interest were collected and decapitated. Brain was dissected within 2 minutes and
158 separated into three parts: telencephalon (including olfactory bulbs), diencephalon (excluding
159 pituitary), and cerebellum. The tissues were immediately frozen in liquid nitrogen and stored at -
160 80°C. A maximum of 20 minutes elapsed between sampling of the first fish and last fish
161 collected within each tank. All 6 tanks were sampled within approximately 3 hours. A total of
162 20 high-triggering fish, 17 low-triggering fish and 18 null-triggering fish were sampled from the
163 six tanks.

164 All samples were individually homogenised in 4% (w/v) ice-cold perchloric acid containing
165 0.2% EDTA, using a Potter-Elvehjem homogeniser and a MSE ultrasonic disintegrator. Samples
166 were centrifuged at 1,500 g for 10 min at 4 °C. Serotonin (5-HT) and its metabolite 5-
167 hydroxyindoleacetic acid (5-HIAA) levels were quantified in the supernatants using ELISA kits
168 (IBL Hamburg, Germany). The plates were read with a conventional plate reader at 405 nm
169 (ThermoLabsystems, MultiSkan EX). 5-HT and 5-HIAA levels were expressed as ng per g of
170 brain wet weight. The 5-HIAA/5-HT ratio was calculated to evaluate the serotonergic activity in
171 each part of the brain.

172

173 *2.5. Specific growth rate*

174

175 Each fish was weighed at the beginning and at the end of the experiment. Individual specific
176 growth rates (SGR) were calculated as:

177 $SGR = [(\ln W_f - \ln W_i) / t] \times 100$ in % per day, where W_i and W_f are the initial and final body
178 weight (in g) respectively, and t is the number of days between measurements.

179 *2.6. Data analysis*

180

181 Data analysis was performed with StatView 5.0 (SAS Institute Inc.). Statistical differences
182 between mean 5-HT and 5-HIAA levels and 5-HIAA/5-HT ratios were analyzed by one-way
183 analysis of variance (ANOVA) followed by Fisher's post hoc test. This statistic analysis was
184 used to test differences between initial and final weights, and specific growth rate between each
185 tank and each activity group of fish. Linear regression analysis was used to test the relationship
186 between the specific growth rate and the food-demand. $p < 0.05$ was taken as the statistically
187 significant threshold.

188

189 **3. Results**

190

191 *3.1. Food-demand behavior*

192

193 Within each tank, few high-triggering individuals (3 to 5) were responsible for the majority of
194 the food-demand activity (77-84%). A mean value of 24 low-triggering fish (from 17 to 30
195 individuals) shared between 14 to 21% of the total actuation number. The remaining individuals
196 were null-triggering fish and handled the trigger for less than 2% of the total food-demand
197 (Table 1). No uneaten pellet was counted in the sediment trap during the experiment. Then, the
198 total amount of food delivered by the self-feeder given by the complete number of trigger
199 actuations for each whole tank is equivalent to the total food intake for each of these tanks.
200 Also, the total number of trigger actuations and the total food intake were roughly between tanks
201 (Table 1). At last, the total food intake per kg of fish and the total food intake per day of
202 experiment were similar between each tank of the same experimental duration (Table 1).

203 *3.2. Agonistic behavior and territoriality*

204

205 Fish gently swam all around the tank with notable periods of gathering close to the antenna area.
206 Individuals didn't compete for the triggering area access. After a fish actuated the trigger, the
207 whole fish group (including the triggering fish) joined the feeding point without demonstrating
208 any agonistic behavior.

209

210 *3.3. Growth*

211

212 No differences were found in mean initial weights (ANOVA, $F_{0.05(5,294)}=0.497$, $p=0.778$; Table
213 2) and in mean final weights (ANOVA, $F_{0.05(2,147)}=0.543$, $p=0.582$ for the 42-day tanks;
214 $F_{0.05(2,147)}=0.484$, $p=0.618$ for the 68-day tanks; Table 2) between tanks. There was no
215 significant difference in mean initial weights (ANOVA, $F_{0.05(2,46)}=1.508$, $p=0.232$; Table 2) and
216 in mean final weights (ANOVA, $F_{0.05(2,46)}=0.489$, $p=0.617$; Table 2) between the three food-
217 demand groups of fish in all tanks (Table 2).

218 No linear relationship was observed between the specific growth rate and the food-demand, e.g.
219 in tank 2 ($r^2=0.002$, $p=0.772$; Fig. 1) and in the other tank treatments (Table 3). ANOVA
220 analysis on the three food-demand groups of animals did not display any significant difference
221 for specific growth rate in five tanks (ANOVA, $p>0.05$; Table 3).

222

223 *3.4. Brain serotonergic activity: 5-HIAA, 5-HT and 5-HIAA/5-HT ratios*

224

225 No significant differences in 5-HT levels between telencephalon, cerebellum and diencephalon
226 were detected within the high, low and null-triggering fish (ANOVA, $F_{0.05(2,36)}=0.270$, $p=0.765$;

227 $F_{0.05(2,36)}=2.758$, $p=0.078$, and $F_{0.05(2,36)}=0.254$, $p=0.777$ respectively; Table 4). However, 5-
228 HIAA levels were higher in null and low-triggering fish than in high-triggering fish in the three
229 parts of the brain (ANOVA, $F_{0.05(2,36)}=4.366$, $p=0.020$ in telencephalon; $F_{0.05(2,36)}=2.990$,
230 $p=0.050$ in cerebellum and $F_{0.05(2,36)}=4.468$, $p=0.019$ in diencephalon; Table 4). Significant
231 differences were found in the 5-HIAA/5-HT ratio between high, low and null-triggering fish in
232 telencephalon (ANOVA, $F_{0.05(2,36)}=3.139$, $p=0.050$), and in cerebellum (ANOVA,
233 $F_{0.05(2,36)}=6.488$, $p=0.004$) (Fig. 2A, B). Only a moderate trend is observed in diencephalon
234 (ANOVA, $F_{0.05(2,36)}=1.941$, $p=0.158$; Fig. 2C). Brain serotonergic activity is higher in null and
235 low-triggering fish than in high-triggering fish with approximately 1.5 times more in
236 diencephalon and telencephalon, and approximately 1.9 times more in cerebellum.

237

238 **4. Discussion**

239

240 *4.1. Food-demand level and specific growth rate*

241

242 We observed that within a group of 50 juvenile sea bass reared under self-feeding conditions, a
243 few individuals (3-5) are responsible for the majority (about 81%) of the group food-demand,
244 whereas the remaining fish have low and null-triggering activity. Such heterogeneity in
245 individual triggering activity was described in rainbow trout [2] and arctic charr [3,8] reared
246 under self-feeding conditions. Specifically, Brännäs and Alanära [3] and Alanära et al. [8]
247 noticed in arctic charr, that the high-triggering fish had generally the higher specific growth rate
248 and were the most aggressive, and labeled them as dominant fish. Moreover, subdominant and
249 subordinate fish exhibited medium and lowest triggering activity and medium and lowest
250 specific growth rates respectively.

251 In our study, no difference was found in initial and final weights between tanks. Furthermore, no
252 significant difference was observed between high, low and null-triggering groups of fish within
253 each tank. So, there was no linear relationship between the specific growth rate and the
254 individual food-demand -i.e. null and low-triggering fish grew just as fast as high-triggering
255 fish. This result is supported by Covès et al. [7] who obtained the similar results in sea bass
256 groups tested with a similar self-feeder. Similarly, Alanärä and Brännäs [2] and Chen et al. [31]
257 observed that the high-triggering rainbow trout, which is the dominant fish, did not always
258 display the highest growth rates. The largest growth rate values were positive for all fish -null,
259 low and high-triggering fish- suggesting that the food quantity delivered (near 69 to 88 g of food
260 per day) by the high-triggering individuals seems enough to feed the whole group. We cannot
261 say that the amount of food delivered is optimal since no waste was collected: may be the fish
262 are fed *ad libitum*, may be their needs are not completely achieved. However, this quantity
263 suggests that the group needs were satisfied, since between each tank, the total number of
264 voluntary actuations displayed by the high-triggering fish -i.e. the total quantity of pellets
265 delivered, was quite similar. The initial weights and density were equivalent between tanks and
266 no uneaten pellet was counted during the experiment. Then, the food intake (per kg basis or per
267 day basis) was roughly between tanks, which it explains that the final weights and the growth
268 rates were always close. The high-triggering individuals of each tank may use information
269 produced by the other fish to integrate and regulate the global need for food of their group. This
270 regulated voluntary distribution of food by the high-activity fish raises the question of the
271 underlying “social model”. Do the high-triggering fish dominate the group and what are the
272 benefits of these animals? Do the null-triggering individuals “manipulate” them in order that
273 they feed the group?

274

275 *4.2. Territorial behavior and agonistic interactions*

276

277 Throughout the experiment, each juvenile sea bass occupied the same space in a tank. High-
278 triggering fish did not display a preferential access to the trigger or to the delivered food and no
279 agonistic behaviors were noticed between high-triggering fish and the other individuals. No
280 video observations were made for the first two weeks of experiment whilst the animals adjusted
281 to and became familiar with the triggering system; so, early interactions between the individuals
282 may have been missed. However, no scars were observed on the animal bodies at the
283 commencement of or at anytime during experimentation. These observations confirmed those
284 obtained by Covès et al. [7] for sea bass placed in the same conditions of temperature, density
285 and self-feeding. In contrast, within clear dominance hierarchies, the high-ranking fish displayed
286 agonistic behaviors [32-34]. These behaviors are generally observed during the food phases
287 when a competition is often elevated between individuals [35,36]. In addition, dominant fish
288 tend to occupy a more important territory, have a preferential access to food resources, and
289 greater consumption rates than non-dominants individuals within the group [2,3,8,11,37-39].
290 In our experimental conditions, the absence of agonistic and territorial behaviors suggests the
291 absence of a dominance hierarchy in our groups of juvenile sea bass. However, it is well
292 documented that population density may directly affect the interactions between individuals
293 [40,41]. A strong territoriality and aggressiveness were observed for the rainbow trout and the
294 arctic charr [2,3,8] reared in groups of 8 to 15 individuals per m³. In our study, the relatively
295 high numerical density (50 fish per m³) may inhibit the aggressive behaviors between
296 individuals. The relatively large quantity of food distributed at each actuation of the self-feeder,
297 may also explain the absence of aggressive behaviors. Indeed, McCarthy et al. [39] noticed that
298 feeding hierarchy became less marked in rainbow trout as food availability increased.

299

300 *4.3. Brain serotonergic activity*

301

302 Many Vertebrates exhibit central serotonergic changes following stressful social interactions
303 [22-25,42-44]. In Fish, individuals occupying low positions in a dominance hierarchy are
304 characterized by a stress-induced increase in brain serotonin turnover [8,10-19,35]. Serotonin
305 activity is commonly measured by the ratio 5-HIAA/5-HT, the 5-HIAA being the major
306 metabolite of serotonin, 5-HT [10-12,42-45].

307 In our study, the 5-HIAA/5-HT ratio is higher in telencephalon and cerebellum for the null and
308 low-triggering sea bass than for high-triggering animals suggesting that individuals exhibiting
309 low or null food-demand display a higher stress level than fish with high food-demand. In
310 rainbow trout and arctic charr, individuals occupying the highest ranks in dominance hierarchies
311 displayed the highest triggering activity and the lowest serotonergic activity (5-HIAA/5-HT
312 ratio) in telencephalon, hypothalamus and brain stem [8,10-12,35]. They displayed also
313 aggressive behavior towards the subordinates, which is not the case in our study. So, how can
314 we explain the observed differences in stress level in spite of no agonistic and territoriality
315 behaviors? Social interactions induced stress may be very complex, and most likely, if the stress
316 experienced by subordinate individuals generally results from initial loosed fights [46], it may
317 be maintained by a continued threat from the dominant individuals. Our hypothesis is that sea
318 bass with low or null food-demand could be stressed by the high activity and the permanent
319 presence of the high-triggering individuals, exerting a kind of “passive” dominance on them.
320 Additional investigation, including studies on fish densities and food management -e.g. lower
321 rewards, will help to confirm that a dominance hierarchy really exists in juvenile sea bass
322 groups. To explain individual food-demand differences, another hypothesis would be the

323 existence of differences in individual learning ability to actuate the trigger. It Rubio et al. [6,47]
324 previously reported, observations in sea bass learning abilities. In the same way, food-demand
325 could depend on the "personality" of individuals. In rainbow trout for instance, Sneddon [48]
326 distinguishes "bold" from "shy" individuals on the basis of specific behavioral tests. Applied to
327 our study, null and low-triggering juvenile sea bass would be shy individuals according to their
328 higher 5-HIAA/5-HT ratio. This stress may be considered either a cause of their shyness or a
329 consequence of this feature. On the contrary, high-triggering fish would have a "bold" character.
330 At present and under our experimental conditions, it remains difficult to make a conclusive
331 decision on the presence of a dominance hierarchy. Nevertheless, this study is a first step in
332 understanding the food-demand activity in juvenile sea bass groups reared under self-feeding
333 conditions. The conjunct use of neurophysiological index and ethological markers allows raising
334 questions on the underlying social schemes in this in-group living species. Additionally this
335 study demonstrates that an applied investigation under laboratory conditions may provide
336 additional insight on the social structures of wild populations of marine fish that would
337 otherwise remain understudied.

338

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511 Table 1

512 Total number of trigger actuations and mean of total food intake for the whole fish in each tank;
513 and number of high, low and null-triggering individuals for each of its. Given in parentheses in
514 the last three columns is the relative percentage of the triggering activity -i.e. the food-demand
515 activity.

Tank no.	Total number of actuations (nb. of days)	Mean of total food intake	Mean of total food intake/kg of fish	Mean of total food intake/day	Number of high-triggering fish	Number of low-triggering fish	Number of null-triggering fish
1	929 (42)	2868	188	68	3 (80)	27 (18)	20 (2)
5	1065 (42)	3288	215	78	3 (83)	17 (15)	30 (2)
7	829 (42)	2560	173	61	5 (77)	22 (21)	23 (2)
2	2065 (68)	6376	379	94	4 (80)	30 (19)	15 (1)
3	1893 (68)	5845	345	86	4 (84)	24 (14)	23 (2)
8	1871 (68)	5777	354	85	5 (82)	24 (17)	20 (1)

516 Values of total food intake are means in g.

517 Table 2

518 Initial and final mean weights (monitored during 42 days for tanks 1, 5, 7 and 68 days for tanks
 519 2, 3, 8) of fish in all tanks, and of fish ranged into the three food-demand groups.

Tank no.	Initial weight			Final weight		
	per tank of fish		per activity group	per tank of fish		per activity group
1	288 ± 8 (50)	Null-triggering fish	276 ± 11 (20)	306 ± 8 (50)	Null-triggering fish	297 ± 11 (20)
		Low-triggering fish	294 ± 11 (27)		Low-triggering fish	308 ± 11 (27)
		High-triggering fish	315 ± 55 (3) ns		High-triggering fish	345 ± 53 (3) ns
5	284 ± 8 (50)	Null-triggering fish	284 ± 11 (30)	306 ± 7 (50)	Null-triggering fish	297 ± 9 (30)
		Low-triggering fish	276 ± 14 (17)		Low-triggering fish	308 ± 11 (17)
		High-triggering fish	332 ± 30 (3) ns		High-triggering fish	381 ± 29 (3) *
7	295 ± 7 (50)	Null-triggering fish	279 ± 10 (23)	296 ± 8 (50) ns	Null-triggering fish	279 ± 11 (23)
		Low-triggering fish	307 ± 10 (22)		Low-triggering fish	307 ± 12 (22)
		High-triggering fish	310 ± 15 (5) ns		High-triggering fish	330 ± 16 (5) ns
2	279 ± 7 (49)	Null-triggering fish	263 ± 13 (14)	343 ± 9 (49)	Null-triggering fish	335 ± 19 (14)
		Low-triggering fish	282 ± 9 (30)		Low-triggering fish	344 ± 10 (30)
		High-triggering fish	304 ± 23 (4) ns		High-triggering fish	370 ± 39 (4) ns
3	287 ± 9 (51)	Null-triggering fish	291 ± 13 (23)	332 ± 10 (51)	Null-triggering fish	331 ± 17 (23)
		Low-triggering fish	278 ± 12 (24)		Low-triggering fish	328 ± 12 (24)
		High-triggering fish	315 ± 34 (4) ns		High-triggering fish	362 ± 40 (4) ns
8	282 ± 7 (50) ns	Null-triggering fish	284 ± 12 (20)	333 ± 8 (49) ns	Null-triggering fish	331 ± 13 (20)
		Low-triggering fish	278 ± 10 (25)		Low-triggering fish	329 ± 11 (24)
		High-triggering fish	296 ± 28 (5) ns		High-triggering fish	359 ± 27 (5) ns

520 All values are means ± S.E.M. in g and *n*, number of fish in parentheses.

521 Analysis of variance (ANOVA). Significance levels are denoted by asterisks: * $p < 0.05$, ns = no significance.

522 Table 3

523 Relationship between the specific growth rate (SGR) and the individual food-demand in all
 524 experimental tanks; and mean SGR of the three food-demand groups of fish.

Tank no.	Number of fish	r^2	p -Values		Mean SGR
1	50	0.067	0.070	Null-triggering fish	0.118 ± 0.026 (20)
				Low-triggering fish	0.081 ± 0.028 (27)
				High-triggering fish	0.160 ± 0.075 (3) ns
2	49	0.002	0.772	Null-triggering fish	0.247 ± 0.056 (14)
				Low-triggering fish	0.231 ± 0.027 (30)
				High-triggering fish	0.150 ± 0.062 (4) ns
3	51	0.006	0.580	Null-triggering fish	0.134 ± 0.030 (23)
				Low-triggering fish	0.187 ± 0.033 (24)
				High-triggering fish	0.154 ± 0.021 (4) ns
5	50	0.017	0.370	Null-triggering fish	0.083 ± 0.029 (30)
				Low-triggering fish	0.192 ± 0.035 (17)
				High-triggering fish	0.222 ± 0.084 (3) *
7	50	0.018	0.350	Null-triggering fish	-0.003 ± 0.033 (23)
				Low-triggering fish	-0.012 ± 0.025 (22)
				High-triggering fish	0.098 ± 0.023 (5) ns
8	50	0.016	0.389	Null-triggering fish	0.177 ± 0.022 (20)
				Low-triggering fish	0.193 ± 0.027 (25)
				High-triggering fish	0.224 ± 0.072 (5) ns

525 Linear regression analysis. r^2 and p -Values are noted.

526 Values of SGR are means ± S.E.M. in %/day and n , number of fish in parentheses.

527 Analysis of variance (ANOVA). Significance levels are denoted by asterisks: * $p < 0.05$, ns = no significance.

528 Table 4

529 Mean levels of serotonin (5-HT) and 5-hydroxyindoleacetic acid (5-HIAA) in telencephalon,
 530 cerebellum and diencephalon of the three food-demand groups of fish.

		5-HT	5-HIAA
Telencephalon	Null-triggering fish	55.0 ± 5.6 (15)	6.9 ± 0.7 (15)
	Low-triggering fish	61.8 ± 12.2 (9)	5.6 ± 1.1 (9)
	High-triggering fish	62.9 ± 10.1 (15) ns	4.2 ± 0.5 (15) **
Cerebellum	Null-triggering fish	38.2 ± 4.3 (15)	4.5 ± 0.3 (15)
	Low-triggering fish	56.9 ± 8.6 (9)	4.2 ± 0.6 (9)
	High-triggering fish	53.6 ± 6.2 (15) ns	3.2 ± 0.3 (15) *
Diencephalon	Null-triggering fish	19.1 ± 1.7 (15)	2.4 ± 0.1 (15)
	Low-triggering fish	21.4 ± 3.5 (9)	2.1 ± 0.3 (9)
	High-triggering fish	19.5 ± 1.8 (15) ns	1.6 ± 0.2 (15) **

531 Values are in ng/g of wet weight for 5-HT and in 10⁻³ ng/g of wet weight for 5-HIAA.

532 All data are means ± S.E.M. and *n*, number of fish in parentheses.

533 Analysis of variance (ANOVA). Significance levels are denoted by asterisks: * *p* < 0.05, ** *p* < 0.01, ns = no
 534 significance.

535 **Legends for figures**

536

537 Fig. 1. Relationship between the specific growth rate and the number of trigger actuations -i.e.
 539 the individual food-demand in tank 2. Linear regression analysis: r^2 , p -Values.

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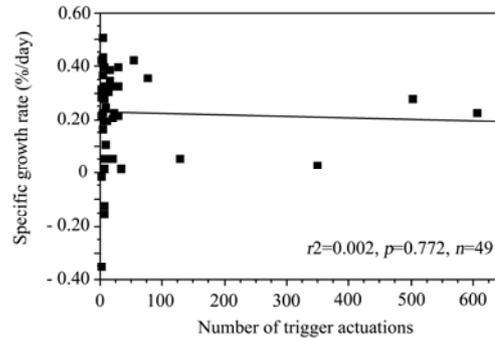
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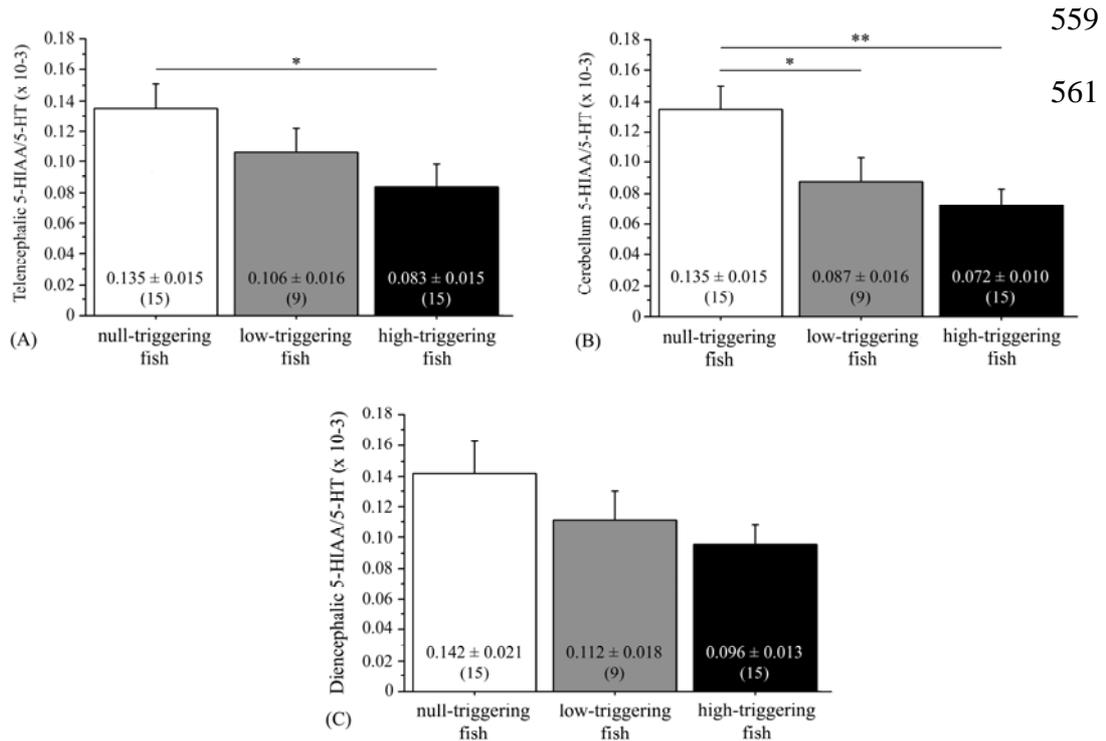
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553 Fig. 2. 5-HIAA/5-HT ratios in telencephalon (A), cerebellum (B) and diencephalon (C) of the
 554 three food-demand groups of fish. Values are means \pm S.E.M. and n , number of fish in
 555 parentheses. Analysis of variance (ANOVA) followed by Fisher's post hoc test with
 556 significance levels denoted by asterisks: * $p < 0.05$, ** $p < 0.01$.

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