

1 *Herbivorous fishes and the potential of Caribbean marine reserves to preserve coral*  
2 *reef ecosystems*

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16

16 **SUMMARY**

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18           1. The development of macroalgae to the detriment of corals is now one of the  
19 major threats to coral reefs. Herbivorous fishes are partly responsible for algal  
20 regulation on coral reefs and their overexploitation favours the shift from scleractinian  
21 coral-dominated systems towards macroalgae-dominated systems.

22           2. Marine Protected Areas (MPAs) that have been established worldwide may  
23 benefit coral reefs through the maintenance of high densities of herbivorous fishes  
24 which regulate algal growth.

25           3. Here we assess whether small MPAs in the Caribbean are able to enhance  
26 herbivorous fish stock and by controlling macroalgae help to maintain reef ecosystems.  
27 A visual census using band-transects was undertaken around Guadeloupe island where  
28 marine reserves have been in place since 1979. We examined the effects of MPAs on  
29 both benthic communities and herbivorous fishes.

30           4. Inside MPAs, herbivorous fish biomass was almost twice as high as outside  
31 MPAs and macroalgal cover was significantly lower. Fish size class distributions  
32 revealed that large individuals mainly occurred inside MPAs and that few male  
33 individuals were found outside MPAs.

34

35 **KEY WORDS:** marine protected areas; canonical analysis of principal coordinates; sex  
36 change; coral reefs; phase shifts; Caribbean

37

37 **INTRODUCTION**

38

39           The degradation of habitats and the decrease of biodiversity are undoubtedly two  
40 of the main causes of the global environmental crisis. In tropical areas, global warming,  
41 land-based pollution and over-fishing threaten coral reef integrity and their ability to  
42 provide goods and services upon which human welfare depends (Nyström *et al.*, 2000;  
43 Jackson *et al.*, 2001; Gardner *et al.*, 2003; Hughes *et al.*, 2003; Pandolfi *et al.*, 2003;  
44 Mumby, 2006). Scleractinian coral-dominated systems are being supplanted at an  
45 increasing rate by macroalgae-dominated systems, the latter being favoured by  
46 eutrophication and reduction of herbivores as a result of disease and over-fishing  
47 (Miller *et al.*, 1999; Costa Jr *et al.*, 2000; Smith *et al.*, 2001; Fabricius *et al.*, 2005).  
48 Over-fishing is known to induce a decline in fish body size and density (Hughes, 1994;  
49 Jackson *et al.*, 2001), but an even more insidious effect occurs when it prevents  
50 sequential hermaphrodite fishes from growing large enough to undergo sex change,  
51 leading some populations to become non-reproductive (Buxton, 1993; Coleman *et al.*,  
52 1996).

53           To sustain the resilience of coral reef ecosystems, Marine Protected Areas  
54 (MPAs) have been established worldwide with the aim of protecting species and  
55 habitats. MPAs are known to have several positive effects on fish assemblages such as  
56 increasing the mean size of individuals (Rakitin and Kramer, 1996; Chapman and  
57 Kramer, 1999; Halpern, 2003; Hawkins and Roberts, 2003), increasing fish density and  
58 biomass (Rakitin and Kramer, 1996; McClanahan, 1997; Wantiez *et al.*, 1997;  
59 Chapman and Kramer, 1999; Halpern, 2003; Mumby *et al.*, 2006), providing a source of  
60 recruitment for surrounding areas and enhancing local fisheries in adjacent unprotected

61 areas through adult fish spillover (Man *et al.*, 1995; Russ and Alcala, 1996; Roberts,  
62 1997; but see Gardmark *et al.*, 2006 and Kulbicki *et al.*, 2007 for another view). These  
63 positive effects have been directly related to the prohibition of fishing in marine  
64 reserves.

65         MPAs also have positive effects on the welfare of coral reefs (Hughes *et al.*,  
66 2003; Mumby *et al.*, 2006). Indeed, herbivorous fishes may present higher densities  
67 inside protected areas and consequently may regulate algal growth (Williams *et al.*,  
68 2001; Williams and Polunin, 2001; McClanahan *et al.*, 2002; Mumby *et al.*, 2006;  
69 Newman *et al.*, 2006; Stockwell *et al.*, 2009). Conversely, on unprotected reefs, non-  
70 consumed algae may develop and supplant scleractinian corals. Recently, Mumby *et al.*  
71 (2006) demonstrated that large (456 km<sup>2</sup>) and old (established in 1959) MPAs of the  
72 Bahamas archipelago have positive impacts on their resident herbivorous fishes and  
73 consequently on coral reefs. Here we test whether two small marine reserves (4 and 21  
74 km<sup>2</sup>), that were established twenty years ago, enhance fish stocks and are able to control  
75 macroalgae at a level sufficient to sustain coral reef ecosystem. This question has  
76 important implications for the future planning of marine reserve establishment because  
77 the design of marine reserve networks still lacks information about the spatial extent  
78 and the duration needed for protected areas to provide adequate protection to coral reef  
79 ecosystems.

80         We tested the effect of two MPAs on herbivorous fish density, biomass and size.  
81 As the influence of marine reserves on benthic assemblages is less studied than that on  
82 fish assemblages, we also aimed to demonstrate the importance of examining  
83 simultaneously fish assemblages and macroalgal benthic cover in assessing the role of  
84 MPAs for the conservation of coral reefs. Indeed, most studies showing MPA effects

85 focus on fish while overlooking interacting effects with benthos (but see Mumby *et al.*,  
86 2006). Since herbivorous fishes are partly responsible for algal regulation on coral reefs  
87 (Hatcher, 1981; Carpenter, 1986; Paddock *et al.*, 2006; Hughes *et al.*, 2007b; Mörk *et*  
88 *al.*, 2009), we tested whether macrophyte development is related to herbivorous fish  
89 rarefaction.

90 For that purpose, herbivorous fish assemblages were compared across several  
91 coral reefs, either protected from fishing or not, located around the Caribbean island of  
92 Guadeloupe. Number of individuals, species biomass and size distribution were  
93 compared, as well as the percentage of scarid terminal male individuals observed inside  
94 and outside protected areas. Finally, benthic cover was measured to investigate whether  
95 a correlation can be established between the protection of fish assemblages and habitat  
96 characteristics (i.e. balance between macroalgae and coral reefs).

97

## 98 **METHODS**

99

### 100 **Study site**

101

102 Guadeloupe is located in the Eastern Caribbean Sea (16°15'N, 61°35'W) and is  
103 composed of two islands, Basse-Terre and Grande-Terre, separated by a narrow sea  
104 channel called Rivière Salée. Coral reefs are abundant around these two islands  
105 (Bouchon *et al.*, 2008) and some of them have been protected since the 1980s. On  
106 protected coral reefs, human activities such as fishing, diving and anchoring are  
107 restricted and often forbidden. The MPAs studied are located around Ilets Pigeon (4  
108 km<sup>2</sup>) on the western coast and in the bay of the Grand Cul-de-Sac Marin (21 km<sup>2</sup>) which

109 forms the northern embayment between the two islands (Figure 1). In these two MPAs,  
110 fishing has been forbidden since 1979 and 1987 respectively. Five reef sites in these  
111 MPAs were sampled between 1 and 10m depth, (S1 to S3 in Grand Cul-de-Sac Marin  
112 and S4 – S5 in Ilets Pigeon) (Figure 1). Five non-protected reefs (S6 to S10) were also  
113 studied for comparison with MPAs (Figure 1). These sites were also located between 1  
114 and 10 m depth. Every site was sampled both during the dry and rainy season  
115 (respectively May and November 2004).

116 Around the islands, water temperature varies little over the year, ranging from 25.8 to  
117 29.9°C (Bouchon-Navaro, 1997). The climate in Guadeloupe is typical of the tropical  
118 zone with a dry and a wet season. Sampling areas are not under any influence of  
119 freshwater discharges and nutrient concentrations (nitrate and phosphate) are very low  
120 (respectively under 0.05 and 0.02  $\mu\text{mol.l}^{-1}$ ; Kopp, 2007).

121

## 122 **Fish surveys**

123

124 Visual surveys of a 150 x 2 metres transect were carried out on each reef site using  
125 scuba diving to estimate fish abundances, in terms of both density and biomass. Each  
126 transect was replicated two times in each season. Counts were done for each site, at the  
127 same hour of the day, and only when environmental conditions were optimal, i.e. no  
128 swell and low wind. All species of Scaridae and Acanthuridae present on the coral reefs  
129 of Guadeloupe were studied: *Scarus iserti* Bloch, 1789, *Scarus taeniopterus* Desmarest,  
130 1831, *Scarus vetula* Bloch & Schneider, 1801, *Sparisoma aurofrenatum* (Valenciennes,  
131 1840), *Sparisoma chrysopterygum* (Bloch & Schneider, 1801), *Sparisoma rubripinne*  
132 (Valenciennes, 1840), *Sparisoma viride* (Bonnaterre, 1788), *Acanthurus bahianus*

133 Castelnau, 1855, *Acanthurus chirurgus* (Bloch, 1787) and *Acanthurus coeruleus* Bloch  
134 & Schneider, 1801. Herbivorous fish individuals observed on transects were identified  
135 to the species level, counted and their sizes estimated (total length). Lengths were  
136 recorded in 5 cm size classes for fish under 20 cm and 10 cm size classes for fish larger  
137 than 20 cm and phases were noted for scarid fish (i.e. initial or terminal; Robertson and  
138 Warner, 1978). Fish biomass was estimated using weight-length relationships (WLR)  
139 available in literature (Bohnsack and Harper, 1988; Claro and Garcia-Arteaga, 1994;  
140 Bouchon-Navaro, 1997).

141

#### 142 **Survey of benthic communities**

143

144 Surveys of the benthic communities were carried out to determine whether any  
145 observed difference among fish assemblages was related to differences in habitats.  
146 Simultaneously with all fish surveys, we estimated the benthic community composition  
147 on each transect (in percentage) by recording benthic organisms present at point  
148 intercepts distributed every meter along the 150 m long transect (Lucas and Sebbel,  
149 1977; Eberhardt, 1978; Liddell and Ohlhorst, 1987). The recorded benthic categories  
150 were: Cyanobacteria, algal turf, soft Chlorophyta, calcareous Chlorophyta, Phaeophyta,  
151 Rhodophyta, encrusting crustose coralline algae, seagrasses, sponges, gorgonians,  
152 corals, actinarians, zoanthids, tunicates.

153

#### 154 **Analysis of data**

155

156 A Canonical Analysis of Principal coordinates (CAP) (Anderson and Willis, 2003) was  
157 carried out to investigate the influence of reserve effects on fish assemblage structures.  
158 CAP is a constrained ordination procedure that initially calculates unconstrained  
159 principal coordinate axes, followed by a canonical discriminant analysis on the principal  
160 coordinates to maximize separation between predefined groups. CAP analysis is a  
161 flexible method which allows a constrained ordination to be done on the basis of any  
162 distance. Here, the Bray-Curtis dissimilarity index was used to measure dissimilarity  
163 between assemblages since it was recognized as one of the most appropriate distance  
164 measure for species abundance data (Legendre and Legendre, 1998). We also performed  
165 an ANOVA-like permutation test (9999 statistics were computed under the null  
166 hypothesis) for the CAP analysis. More precisely, we used a one-factor design to assess  
167 the significance of an MPA's effect on fish assemblage structures for both fish density  
168 and biomass. We used a CAP analysis instead of a more classical PERMANOVA  
169 because Anderson and Willis (2003) noticed that PERMANOVA may lead to some odd  
170 results compared to a CAP analysis. CAP analyses were processed using the R software  
171 package 'vegan'.

172 After analysing the responses of the whole fish assemblage we carried out a species by  
173 species approach. We implemented Mann-Whitney U-tests where the null hypothesis  
174 was the absence of MPA's effects on two quantitative variables for each species:  
175 number of individuals (density) and biomass.

176 The percentage of benthic cover (coral, algal turf and macroalgae, mainly composed of  
177 *Dictyota* spp.) between the two types of areas was also compared inside and outside the  
178 reserves. The non-parametric Spearman rank correlation coefficient was used to search  
179 for correlations between benthic cover and herbivorous fish biomass.



180 Chi-square contingency tests (Sokal and Rohlf, 1995) were used to compare fish sex  
181 ratio between MPAs and fished areas.

182

## 183 **RESULTS**

184

### 185 **Fish abundances**

186

187 CAP analysis (whole assemblage) revealed that the structure of herbivorous fish  
188 assemblage differed significantly in terms of density and biomass according to reserve  
189 ( $p < 0.01$ ). Mann-Whitney U-tests results for fish abundances using reserve as the  
190 independent factor are reported in Table 1. Overall, in MPAs, the mean number of  
191 individuals per  $100\text{m}^2$  was  $87.4 \pm 19.8$  (SE) whereas it was  $86.3 \pm 22.3$  (SE) outside  
192 MPAs ( $p = 0.93$ ). Mean biomass of herbivorous fishes per  $100\text{m}^2$  was  $5645 \text{ g} \pm 1426$   
193 (SE) inside MPAs whereas it was  $3283 \text{ g} \pm 958$  (SE) outside ( $p = 0.007$ ), indicating  
194 significantly larger fish inside the MPAs. Inside MPAs, the mean number of scarid  
195 individuals per  $100\text{m}^2$  was  $50.7 \pm 10.4$  (SE) whereas it was  $50.5 \pm 12.4$  (SE) outside  
196 MPAs ( $p = 0.58$ ). Mean biomass of scarid fishes per  $100\text{m}^2$  was  $3944 \text{ g} \pm 932$  (SE) inside  
197 MPAs whereas it was  $1196 \text{ g} \pm 291$  (SE) outside ( $p < 0.0001$ ). The mean number of  
198 acanthurid individuals per  $100\text{m}^2$  was  $36.6 \pm 9.5$  (SE) in MPAs whereas it was  $35.9 \pm$   
199  $9.9$  (SE) outside MPAs ( $p = 0.38$ ). Mean biomass of acanthurid fishes per  $100\text{m}^2$  was  
200  $1701 \text{ g} \pm 495$  (SE) inside MPAs whereas it was  $2087 \text{ g} \pm 667$  (SE) outside ( $p = 0.85$ ).

201

202 Figure 2 shows the results of density and biomass for each fish species inside and  
203 outside MPAs. Results from Mann-Whitney U-tests showed that *Scarus taeniopterus*

204 and *Sparisoma chrysopterum* densities were higher outside MPAs than inside (Table 1  
205 and Figure 2A). Conversely, abundance for *S. aurofrenatum*, *S. viride* and *Scarus vetula*  
206 were higher inside than outside MPAs indicating a significant reserve effect on these  
207 species ( $p < 0.05$  in Table 1; Figure 2A). The three species of Acanthuridae did not  
208 present significant differences in abundance between the sites located inside or outside  
209 MPAs.

210

211 Scarid biomass was consistently higher within the marine protected areas than outside  
212 (Figure 2B), except for *Sparisoma chrysopterum*, *S. rubripinne* and *Scarus iserti* for  
213 which we did not detect any reserve effect on biomass values (Table 1). Biomass of  
214 *Sparisoma aurofrenatum* and *Scarus taeniopterus* were 4 times higher inside than  
215 outside MPAs, the mean biomass of *S. vetula* was 22 times higher in MPAs than in  
216 fished areas and biomass of *Sparisoma viride* was 7 times higher inside than outside  
217 MPAs (Figure 2B). A significant reserve effect was also found for *Acanthurus bahianus*  
218 where the biomass was two times higher inside than outside MPAs.

219

## 220 **Size class distribution**

221

222 Non-protected areas yielded numerous individuals of small size, *i.e.* under 10 cm  
223 length. *Scarus iserti*, *S. taeniopterus*, *Sparisoma chrysopterum* and *S. rubripinne*  
224 occurred in high densities of small individuals outside the reserve, whereas inside  
225 MPAs they were of larger size, *i.e.* up to 45 cm (Figure 3). Large adults of *Scarus*  
226 *vetula*, *Sparisoma rubripinne* or *S. viride* which had reached their terminal phase were  
227 only present in MPAs. There were no differences in the size class structure of the

228 surgeonfishes, *Acanthurus chirurgus* and *A. coeruleus* between those inside and  
229 outside MPAs; *A. bahianus*, however, was present at high densities of medium-sized  
230 individuals only inside marine reserves (Figure 3).

231

### 232 **Proportion of scarid individuals in terminal phase**

233

234 The mean percentage of terminal males as determined by their colour phase was  
235 22% inside marine protected areas and only 10% in fished areas. Four scarid species  
236 present terminal phase individuals outside MPAs: two species in high abundance  
237 (*Scarus iserti* and *Sparisoma aurofrenatum*; 16% and 17% respectively) and 2 species  
238 in low abundance (*Scarus taeniopterus* and *Sparisoma viride*; 3% and 2% respectively).  
239 Three species (*Sparisoma chrysopterus*, *S. rubripinne* and *Scarus vetula*) did not  
240 present TP individuals outside MPAs (Figure 3). Chi-square tests showed that there is a  
241 significant difference in the sex ratio between inside and outside MPAs for five species:  
242 *Scarus taeniopterus*, *Sparisoma aurofrenatum*, *S. rubripinne*, *S. viride* ( $p < 0.001$ ) and *S.*  
243 *chrysopterus* ( $p = 0.02$ ).

244

### 245 **Correlation between herbivorous fishes and benthic cover**

246

247 There was a significant difference in macroalgal cover ( $p < 0.0001$ ) inside and  
248 outside MPAs for Phaeophytae mainly comprising *Dictyota* spp., with more cover in the  
249 non-protected areas (35.7%) than in the MPAs (13.2%). A Spearman rank correlation  
250 coefficient between benthic macroalgal cover and the biomass of large herbivorous fish  
251 (>20cm), revealed a significant negative correlation between these two variables ( $r_s = -$

252 0.660;  $p=0.002$ ) (Figure 4A). A significant difference was also found for coral cover  
253 between protected and non-protected areas ( $p=0.002$ ) with more coral cover inside  
254 MPAs (25.6%) than outside (18.1%). A Spearman rank correlation coefficient revealed  
255 a significant positive correlation between coral cover and the biomass of large  
256 herbivorous fish ( $r_s = 0.757$ ;  $p<0.0001$ ) (Figure 4B). Finally, algal turf cover inside and  
257 outside MPAs showed a significant difference ( $p=0.017$ ) with 47.5% and 35.1% of the  
258 benthic cover respectively. No correlation was found between large herbivorous fishes  
259 and algal turf cover (Figure 4C) but a significant negative correlation was found  
260 between macroalgae and algal turf ( $r_s = -0.769$ ;  $p<0.001$ ).

261

## 262 **DISCUSSION**

263

### 264 **Herbivorous fish abundance and biomass**

265

266 This study shows there is a difference between the herbivorous fish guild  
267 composition inside and outside marine protected areas. Although reef protection has  
268 only a slight effect on the number of individuals, it has a strong influence on fish  
269 biomass as it is almost two times higher inside MPAs than outside. Parrotfishes and  
270 surgeonfishes are particularly vulnerable to trap- and spear- fishing (Koslow *et al.*,  
271 1988), but the positive effect of MPAs on herbivorous fish biomass does not seem to  
272 extend over reserve boundaries. Indeed, numerous small individuals are found outside  
273 the reserve while large individuals live almost exclusively inside MPAs. Although there  
274 appears to be little emigration of adult fish from within to outside the MPAs they are

275 likely to provide a source of recruitment for non-protected areas (but see Kulbicki *et al.*,  
276 2007 for another point of view).

277         In their synthesis on the relationships between MPAs, herbivores and coral reef  
278 resilience, Hughes *et al.* (2007a) assert that marine reserves are essential to increase  
279 herbivorous fish biomass. Other authors have pointed out the importance of Caribbean  
280 marine reserves to maintain herbivorous fish biomass. According to Mumby *et al.*  
281 (2006), biomass of scarid fishes is between 30 and 60% higher in Bahamian MPAs than  
282 in non-protected areas. In St Lucia, the total parrotfish biomass increased significantly  
283 over time in both fishing grounds (doubled in five years) and reserves (quadrupled in  
284 five years) since the establishment of marine reserves, albeit higher biomass was  
285 observed in protected areas than in fishing grounds (Hawkins and Roberts, 2003). In  
286 Barbados, Rakitin and Kramer (1996) also noticed that scarid fishes were significantly  
287 more abundant in the less exploited areas as scarids are particularly vulnerable to  
288 coastal trap fishing. In the Indo-Pacific region herbivorous fish biomass varied between  
289 5000 and 7000 g.100m<sup>-2</sup> on protected reefs whereas it was only 200g.100m<sup>-2</sup> in non-  
290 protected zones (McClanahan, 1997). However, in McClanahan's studied sites only a  
291 slight increase of individual density was observed after 20 years of protection. In the  
292 Philippines, Stockwell *et al.* (2009) observed a 9- and 15-fold increase in density and  
293 biomass of herbivorous fishes in the MPAs. In the New Caledonian region, the  
294 protection of coral reefs led to the recovery of fish biomass as well as fish densities after  
295 the reserve establishment (Wantiez *et al.*, 1997) suggesting that MPAs have also a  
296 positive effect on individual density.

297 It should be noted that other factors may contribute to the differences in the structure of  
298 herbivorous fish assemblages: e.g. sampling strategy, environmental variables and

299 habitat characteristics. Fish were counted along 2 metres wide transects because at  
300 widths greater than 2 m, it was difficult to sample the small juvenile fish. A 2 m width  
301 transect is rather narrow for large species and that it may have biased the frequency of  
302 observation of shy species, especially large individuals inside MPAs (Kulbicki, 1998).  
303 The non-random location of reserves as a result of the necessity to include particular  
304 features make spatial comparisons rather difficult when trying to assess a reserve  
305 effect. However, the magnitude of the observed difference between herbivorous fish  
306 biomass inside and outside the MPAs seems sufficient for it to be attributed at least in  
307 part to a reserve effect rather than to ecological differences among sites (Willis *et al.*,  
308 2003). Indeed, the mean scarid biomass was three times higher inside than outside  
309 MPAs, greatly exceeding the 100% threshold suggested by Edgar and Barrett (1997) to  
310 accept the existence of a real reserve effect and disregard any flaws in the sampling  
311 design.

312

### 313 **Size frequencies**

314

315 Large individuals of scarid fish were mainly found in marine reserves. For  
316 medium size species (*Scarus iserti*, *S. taeniopterus* and *Sparisoma aurofrenatum*),  
317 individuals never reached their theoretical maximum lengths outside MPAs, where only  
318 individuals less than 20 cm long were observed. A similar disparity was seen for large  
319 species (*Scarus vetula*, *Sparisoma rubripinne* and *S. viride*) which reached larger size  
320 inside MPAs. Only *Sparisoma chrysopteron* reached its maximum size outside as well  
321 as inside the reserve. Small individuals of scarid fish were dominant in the assemblages  
322 outside MPAs. The surgeonfish, *A. bahianus* occurred in high densities of large

323 individuals inside marine reserve. According to Edgar and Barrett (1997), a 10%  
324 increase in the mean size of fish is sufficient to indicate that a significant change has  
325 occurred with MPAs establishment. Inside Guadeloupe MPAs, the mean size of  
326 herbivorous fish is more than 10 % greater than outside (respectively  $16.3 \pm 1.3$  cm and  
327  $11.9 \pm 1.0$  cm; Kopp *et al.*, 2009) suggesting that the reserve effect plays a significant  
328 role.

329         Hawkins and Roberts (2003) did not study the direct impact of marine reserves  
330 on parrotfish but evaluated the effect of fishing on scarids in several Caribbean islands.  
331 They found that the mean size of all species, except *Scarus vetula*, decreased with  
332 increasing fishing pressure. For all species, fishing pressure appears to reduce fish size.  
333 The same phenomenon was observed by Ferry and Kohler (1987) in Haiti where scarid  
334 fishes were significantly smaller when under higher exploitation.

335

### 336 **Proportion of terminal male**

337

338         The present results suggest that marine reserves have a positive impact on the  
339 number of scarid terminal phase individuals occurring on coral reefs. Terminal male  
340 individuals were relatively abundant inside MPAs whereas outside MPAs terminal  
341 phase individuals of some species were virtually absent. This means that species  
342 populations would potentially become non-reproductive, unless they can compensate by  
343 changing sex earlier, and would disappear from heavily fished areas. However, non-  
344 protected areas shelter numerous juvenile parrotfishes. According to Thresher (1984)  
345 and Roberts (1997), the large majority of marine species have a pelagic larval dispersal  
346 phase, which means that ocean currents can carry the progeny of protected stocks

347 outside reserves to replenish fishing grounds. As Scaridae have a pelagic larval  
348 dispersal phase (Reeson, 1983; Bellwood and Choat, 1989), this is probably what  
349 happens in our studied areas. Marine reserves, where male individuals occur, export  
350 eggs and larvae outside the protected areas. Such dependence on external sources of  
351 recruitment highlights the need of marine protected areas within depleted regions, and  
352 that such marine reserves should be spaced so as to enable a significant proportion of  
353 larvae to disperse to surrounding fished areas (Sale *et al.*, 2005). In Guadeloupe, some  
354 fished areas may not benefit from such dispersion of larvae as they are located relatively  
355 far from MPAs and other factors such as ocean currents may have an effect.

356 Hawkins and Roberts (2003) found that the fraction of terminal males of  
357 *Sparisoma viride*, *Scarus vetula*, and *Sparisoma aurofrenatum* decreased with  
358 increasing fishing pressure. Other species did not show such clear trends in relation to  
359 fishing pressure. Hawkins and Roberts (2003) also demonstrated that the creation of  
360 marine reserves allows scarids to undergo sex change at larger sizes both in marine  
361 reserves and in fishing grounds (except for *Sparisoma viride*), supporting the hypothesis  
362 that parrotfishes can undergo sex change earlier in non-protected areas in order to  
363 maintain their reproductive success.

364

### 365 **Control of algae**

366

367 One of the basic questions broached in this study was to know whether the  
368 intensive macrophyte development is due to the rarefaction of herbivores which leads to  
369 the decrease of herbivory pressure over algae. Unambiguously, we found that the larger  
370 herbivorous fishes mainly occur on coral reefs where macroalgae are controlled, i.e.



371 with low abundance compared to sites outside MPAs. Two hypotheses can be proposed:  
372 i) herbivorous fishes, feeding mainly on algal turf, do not occur on coral reefs  
373 dominated by macroalgae ii) macroalgae develop in areas where herbivorous fishes,  
374 absent or scarce, are unable to control their growth. Experiments may be performed to  
375 disentangle these two hypotheses. Some authors already used caging experiments to  
376 exclude herbivorous fish from coral reefs (Earle, 1972; Wanders, 1977; Foster, 1987;  
377 Lirman, 2001; McClanahan *et al.*, 2002) and described an intensive macroalgal  
378 development. Over-fishing act in the same way, excluding herbivorous fishes, and all  
379 the observations on different coral reefs located all around the world (Jones, 1992;  
380 Williams *et al.*, 2001; Williams & Polunin, 2001; McClanahan *et al.*, 2002; Mumby *et*  
381 *al.*, 2006; Newman *et al.*, 2006; Hughes *et al.*, 2007b) show that the exclusion of  
382 herbivorous fishes by intense harvesting leads to an increase of macroalgal cover on  
383 coral reefs. Areas, formerly dominated by healthy fish assemblages and algal turf, are  
384 now dominated by macroalgae, as herbivorous fish stocks are becoming depleted. In  
385 this study, we compared the effect of abundant herbivorous fishes observed in MPAs to  
386 those observed in non-protected areas. We obtained a negative correlation between the  
387 number of large herbivorous fish and macroalgal cover suggesting that large  
388 herbivorous fishes effectively control macroalgal benthic cover inside MPAs. In non-  
389 protected areas fishes are exploited and those remaining cannot reach big size. In turn,  
390 they cannot prevent the development of macroalgae neither control algal growth.

391 This study supports the idea that even small MPAs play a significant role in  
392 maintaining fish stocks and by cascade contribute to maintain a fairly low algal cover  
393 via the herbivorous fish grazing and sustain coral reefs. Such benefits make marine  
394 reserves an important tool for managing artisanal fisheries which, in the Caribbean,

395 often target herbivorous fishes and impede the effects of marine protected areas to  
396 exceed reserve boundaries.

397

398 **ACKNOWLEDGMENTS**

399

400 Thanks are expressed to the Reserve Marine du Grand Cul-de-Sac Marin for their help  
401 during the present study. Two anonymous reviewers and the Editor (J. Baxter) greatly  
402 improved the manuscript.

403

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577 Table 1: Comparison of fish density and biomass between MPAs and unprotected sites  
 578 using Mann-Whitney U-tests. Significant results are in bold.

	U value	p-value
<b>Number of individuals</b>		
All species	196.5	0.93
<i>Scarus iserti</i>	169.0	0.41
<i>Scarus taeniopterus</i>	<b>277.0</b>	<b>0.04</b>
<i>Scarus vetula</i>	<b>286.5</b>	<b>&lt;0.01</b>
<i>Sparisoma aurofrenatum</i>	<b>344.0</b>	<b>&lt;0.01</b>
<i>Sparisoma chrysopterygum</i>	<b>114.5</b>	<b>0.02</b>
<i>Sparisoma rubripinne</i>	170.5	0.38
<i>Sparisoma viride</i>	<b>278.0</b>	<b>0.04</b>
All scarids	220.5	0.58
<i>Acanthurus bahianus</i>	241.0	0.27
<i>Acanthurus chirurgus</i>	172.5	0.42
<i>Acanthurus coeruleus</i>	152.0	0.19
All acanthurids	167.5	0.38
<b>Biomass</b>		
All species	<b>299.0</b>	<b>&lt;0.01</b>
<i>Scarus iserti</i>	210.0	0.79
<i>Scarus taeniopterus</i>	<b>327.0</b>	<b>&lt;0.01</b>
<i>Scarus vetula</i>	<b>289.5</b>	<b>&lt;0.01</b>
<i>Sparisoma aurofrenatum</i>	<b>352.5</b>	<b>&lt;0.01</b>
<i>Sparisoma chrysopterygum</i>	149.0	0.15
<i>Sparisoma rubripinne</i>	204.5	0.89
<i>Sparisoma viride</i>	<b>366.0</b>	<b>&lt;0.01</b>
All scarids	<b>380.0</b>	<b>&lt;0.01</b>
<i>Acanthurus bahianus</i>	<b>289.0</b>	<b>0.02</b>
<i>Acanthurus chirurgus</i>	171.0	0.39
<i>Acanthurus coeruleus</i>	191.0	0.81
All acanthurids	193.0	0.85

579

580 Figure captions

581

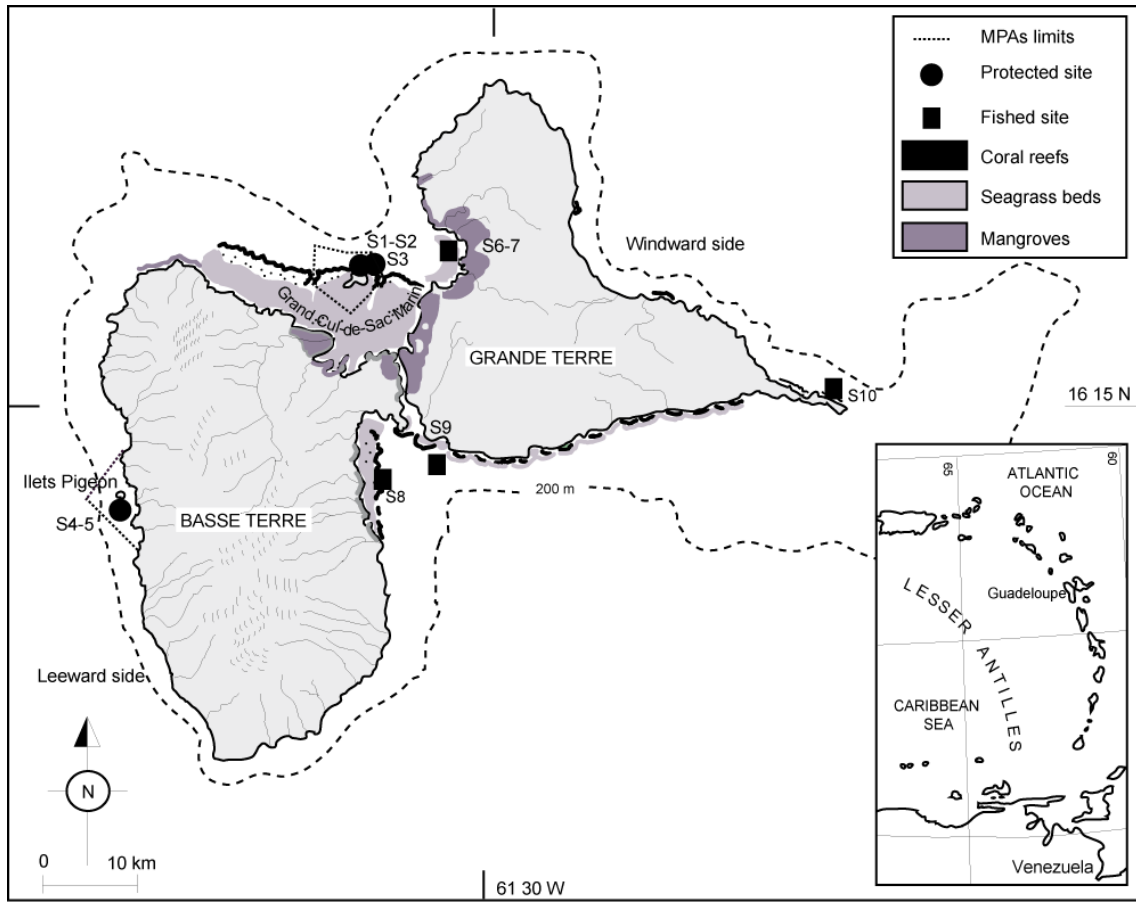
582 Figure 1. Map of the study area and location of the sampling sites.

583 Figure 2. Mean abundance ( $.100\text{m}^{-2} \pm \text{SE}$ ) and biomass ( $\text{g. } 100\text{m}^{-2} \pm \text{SE}$ ) of herbivorous  
584 fishes with black bars for outside MPA and grey bars for inside MPA. A: abundance, B:  
585 biomass. Mann-Whitney U-tests were used to test the difference: \*  $p < 0.05$ ; \*\*  $p < 0.01$ .

586 Figure 3. Size class (cm) frequency distribution for each herbivorous fish species with  
587 grey bars for inside MPA and black bars for outside MPA.

588 Figure 4. Macroalgal (A), coral (B) and turf (C) covers, versus biomass of large  
589 individuals (in  $\text{g.}100\text{m}^{-2}$ ) inside ( $\diamond$ ) and outside ( $\blacksquare$ ) the MPA.

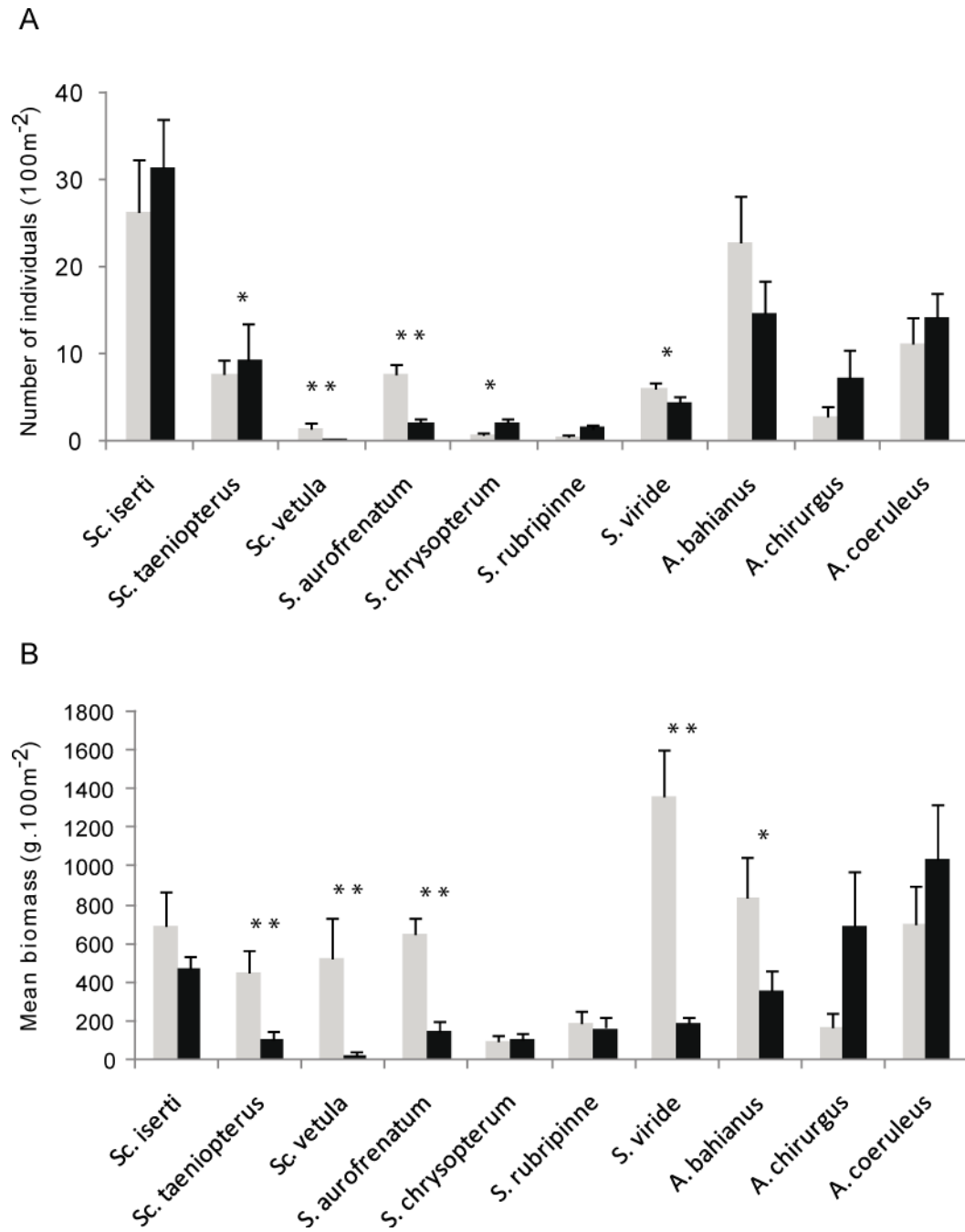
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591 Figure 1

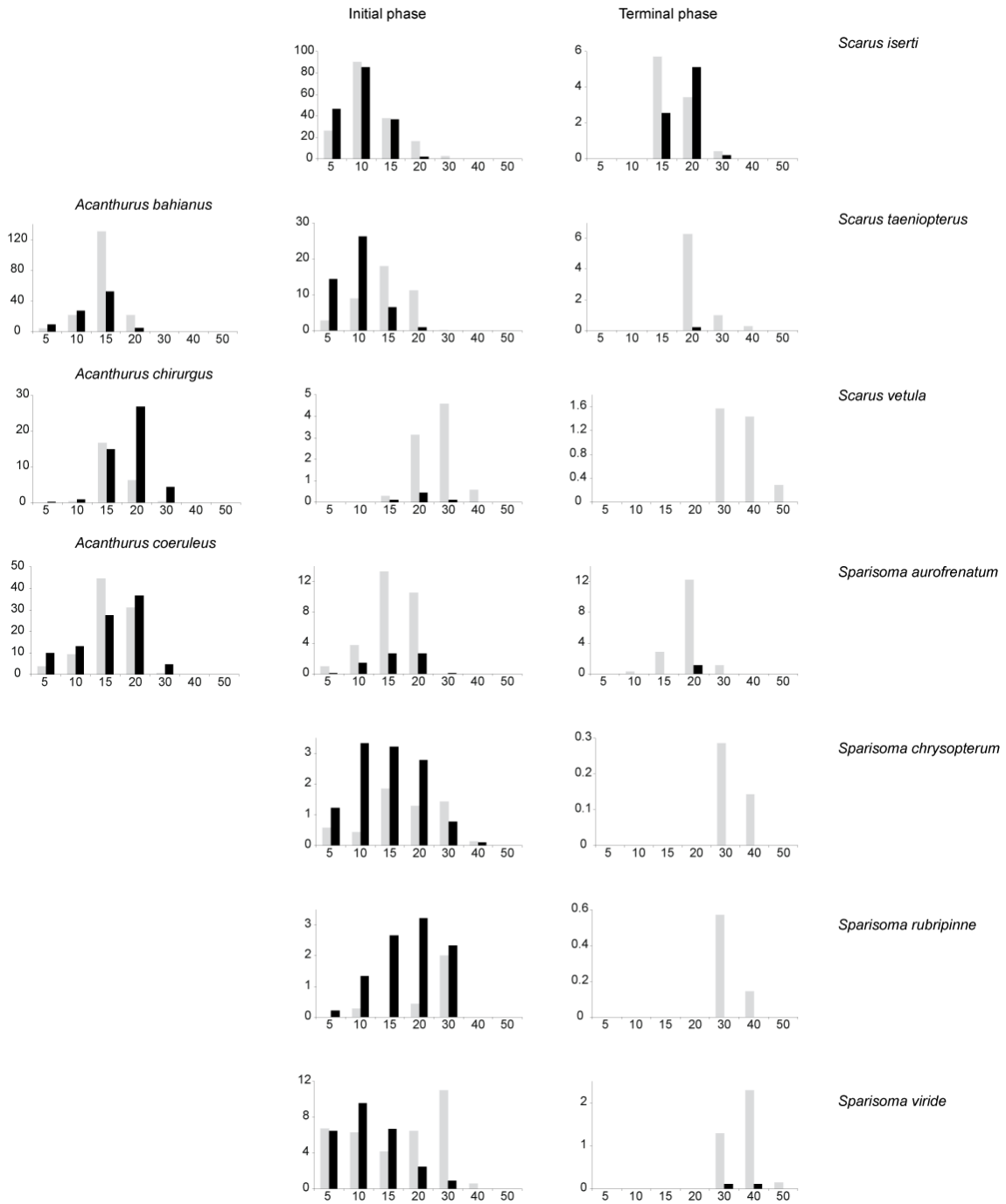
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593 Figure 2

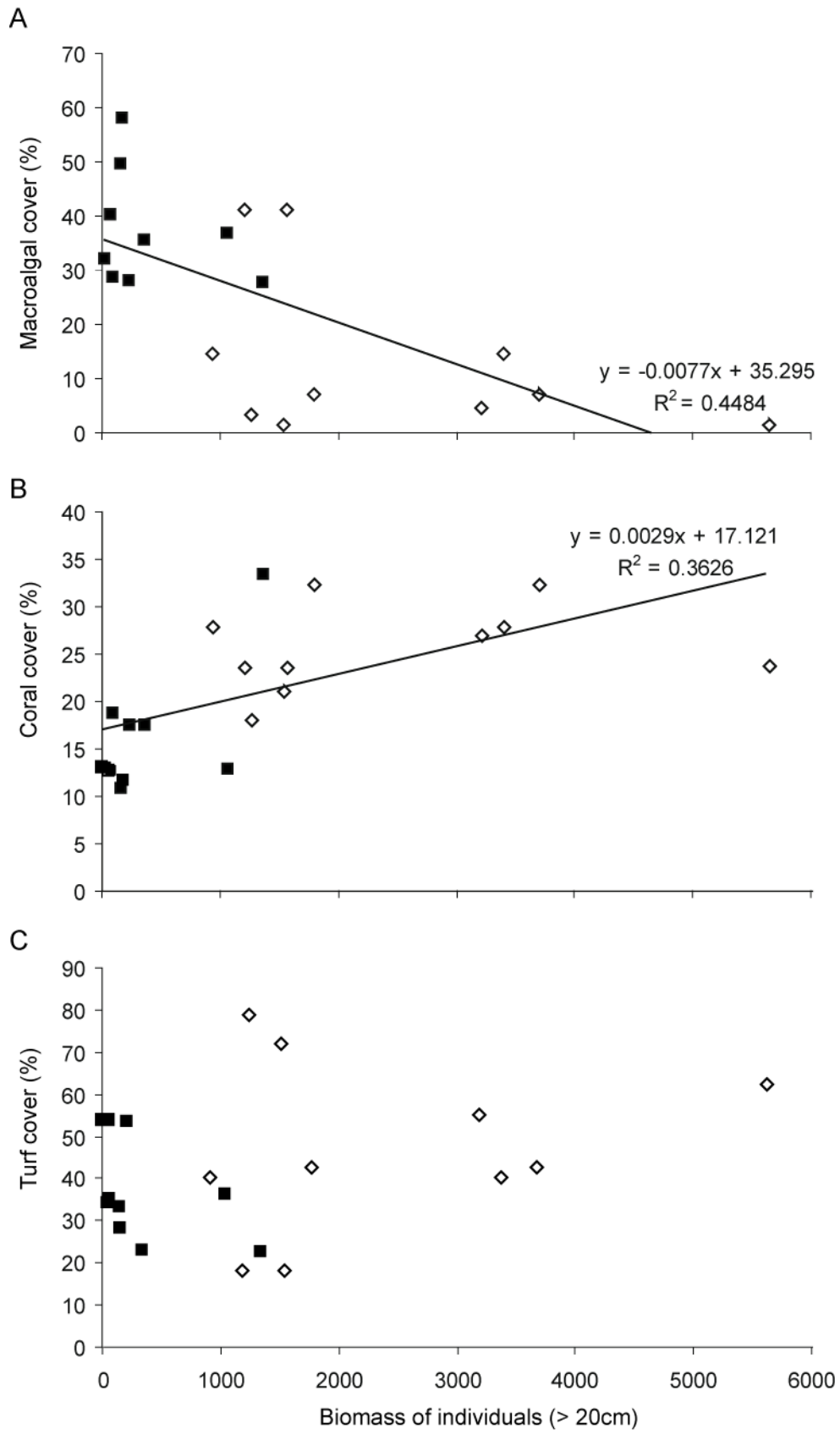
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595 Figure 3

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597 Figure 4