Age and Growth of the lemon sole (*Microstomus kitt*) in the Celtic Sea and the North Sea

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ABSTRACT: Age and growth of lemon sole (*Microstomus kitt*) were determined from 115 specimens collected in the Celtic Sea and in the North Sea in 2006 and 2007. Total length is ranged from 11 to 44 cm, while total weight varied between 12 and 1040 g. Age estimation was based on otoliths readings. The oldest male and female were estimated to be 9 years old.

The length–weight relationships parameters for lemon sole in the Celtic Sea and in the North Sea were $W=0.0043*TL^{3.2860}$ and $W=0.0062*TL^{3.1505}$ respectively. Weight including both sexes increased with positive allometric growth.

The von Bertalanffy growth equation in the North Sea was fitted on the basis of mean length-at-age data resulting in parameters values of $TL_\infty = 36.44$ cm (S.E. = 0.484), $K = 0.187 /y$ (S.E. = 0.069), $t_0 = -1.371$ (S.E. = 0.701). Females appeared to grow more rapidly than males.

KEY WORDS: lemon sole, Growth, von Bertalanffy, Celtic Sea, North Sea.

ACRONYMS
EVHOE: EValuation Halieutique Ouest Européen
ICES: International Commission for the Exploration of the Sea
ANCOVA: Covariance analysis

Introduction

Lemon sole is a benthic fish belonging to the Pleuronectidae family. It is widely distributed in Eastern Atlantic from the White Sea and Iceland (Albert et al., 1998) to the Bay of Biscay. It lives in waters from 0 to 200 m in depth (Rae, 1965 ; Jennings et al., 1993). Very little is known about this species biology and ecology. Jennings et al (1999) calculated its growth in the waters of Scotland from the data of Rae (1965).

In 2007, the Working Group on Assessment of New MoU Species (ICES, 2007) made a first overview of the available knowledge of all 12 species, among which lemon sole:

- sea bass (*Dicentrarchus labrax*);
- striped red mullet (*Mullus surmuletus*);
red gurnard (Aspitrigla cuculus);
tub gurnard (Trigla lucerna);
grey gurnard (Eutrigla gurnardus);
John dory (Zeus faber);
dab (Limanda limanda);
flounder (Platichthys flesus);
witch flounder (Glyptocephalus cynoglossus);
lemon sole (Microstomus kitt);
turbot (Psetta maxima);
brill (Scophthalmus rhombus),
and tried to provide information on their general biology.

The aim of the present work was to provide information on age, growth and length-weight relationships of lemon sole in the Celtic Sea and in the North Sea for stock assessment studies.

Materials and methods:

A total of 115 lemon sole were caught with the research vessel “Thalassa” in the Celtic Sea (ICES Division VIIh, j, and g) in November 2006 during the EVHOE Groundfish Survey (n=37) and in the North Sea (ICES Division IVb and c) in February 2007 during the International Bottom Trawl Survey (n=78). All lemon sole caught were measured (total length, TL to the nearest centimetre), sexed and weighed (total weight, W to the nearest gram) on board. Otoliths (sagittae) pairs were extracted, cleaned and stored in paper envelopes. Age estimation was based on otoliths readings. Age readings were performed twice by two readers using a stereomicroscope with transmitted light at a magnification of x16.

Total Length (TL)/Total Weight (W) regressions were calculated according to the formula:
\[ W = a \cdot TL^b \]
where a, b are the regression's constants. Growth type (isometric and allometric) was determined by Student's t-test (P<0.05).

Growth rates and asymptotic lengths were described as K and TL\(_\infty\) from the von Bertalanffy growth equation:
\[ TL = TL_\infty \left( 1 - e^{-k(t-t_0)} \right) \]
where TL is length at age t and \( t_0 \) is the age at which length would theoretically be equal to zero. Differences of the slopes of the length-weight regressions between sexes were investigated using ANCOVA.

Results and discussion

Parameters of the length–weight relationships for lemon sole in the Celtic Sea and in the North Sea are given in Table 1. Males in the North Sea showed an isometric growth (b=3.004, t-test P>0.05). Otherwise, slopes were significantly different from 3 indicating positive allometric growth (t-test, P<0.05).

Table 1 : Regression's parameters (W=aTL\(^b\)) between total length (TL, cm) and total weight (W, g) for females, males and combined sexes of lemon sole in the Celtic Sea and in the North Sea.

<table>
<thead>
<tr>
<th></th>
<th>N</th>
<th>TL_min</th>
<th>TL_max</th>
<th>W_min</th>
<th>W_max</th>
<th>a</th>
<th>b</th>
<th>r²</th>
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</thead>
<tbody>
<tr>
<td>Celtic Sea</td>
<td>All fish</td>
<td>37</td>
<td>19</td>
<td>44</td>
<td>67</td>
<td>1040</td>
<td>0.0013</td>
<td>3.2860</td>
</tr>
<tr>
<td></td>
<td>Females</td>
<td>15</td>
<td>23</td>
<td>44</td>
<td>137</td>
<td>1040</td>
<td>0.0073</td>
<td>3.1401</td>
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<tr>
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<td>Males</td>
<td>22</td>
<td>19</td>
<td>37</td>
<td>67</td>
<td>533</td>
<td>0.0046</td>
<td>3.2579</td>
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<td>North Sea</td>
<td>All fish</td>
<td>78</td>
<td>11</td>
<td>40</td>
<td>12</td>
<td>759</td>
<td>0.0062</td>
<td>3.1505</td>
</tr>
<tr>
<td></td>
<td>Females</td>
<td>46</td>
<td>11</td>
<td>40</td>
<td>12</td>
<td>759</td>
<td>0.0058</td>
<td>3.1903</td>
</tr>
<tr>
<td></td>
<td>Males</td>
<td>39</td>
<td>14</td>
<td>33</td>
<td>28</td>
<td>369</td>
<td>0.0092</td>
<td>3.0041</td>
</tr>
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</table>
Most of the collected data from the Celtic Sea appear to follow the growth curve from Rae (1965) for Scotland waters (Fig 1, A) although several data points are low. The data for the South North Sea show a slower growth than in Celtic sea and Scotland waters (Fig. 1, B). Most of the growth occurred in the first year of life and continued at a relatively low and constant rate.

**Figure 1**: Von Bertalanffy growth curves for the North Sea (solid line, our data) and the Waters of Scotland lemon sole (Rae, 1965; broken line).

**A**: data from the Celtic Sea (ICES Division VIIh, j, and g),

**B**: data from the North Sea (ICES Division IVb and c).

**Table 2**: Parameters of lemon sole growth ($L_\infty$, $K$, $t_0$). SE is standard error.

<table>
<thead>
<tr>
<th></th>
<th>$L_\infty$</th>
<th>SE</th>
<th>$K$</th>
<th>SE</th>
<th>$t_0$</th>
<th>SE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>North Sea (ICES Division IV b and c)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>All fish</td>
<td>36,440</td>
<td>4,837</td>
<td>0.187</td>
<td>0.069</td>
<td>-1.371</td>
<td>0.701</td>
</tr>
<tr>
<td>Females</td>
<td>37,940</td>
<td>6,625</td>
<td>0.177</td>
<td>0.089</td>
<td>-1.756</td>
<td>0.111</td>
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<tr>
<td>Males</td>
<td>36,700</td>
<td>7,900</td>
<td>0.173</td>
<td>0.091</td>
<td>-1.143</td>
<td>0.824</td>
</tr>
<tr>
<td><strong>Waters of Scotland (Rae, 1965)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All fish</td>
<td>37,000</td>
<td>0.420</td>
<td></td>
<td></td>
<td></td>
<td>0.000</td>
</tr>
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</table>
Figure 2 shows growth curves for male and females. Growth coefficient (K) and asymptotic length ($TL_\infty$) (Table 2) were higher for females ($K=0.177$; $TL_\infty=37.94$ cm) than males ($K=0.173$; $TL_\infty=36.70$ cm). There was significant differences between the two sexes (ANCOVA, $P<0.05$). Rae (1965) had already observed that female fishes appear to grow more quickly than the males with differences in the average size at each age.

![Von Bertalanffy growth curves and lemon sole data of females (A.) and males (B.) in the North Sea.](image)

**Figure 2**: Von Bertalanffy growth curves and lemon sole data of females (A.) and males (B.) in the North Sea.

In the North Sea, the observed asymptotic length was comparable to the value in the Scotland waters (Rae, 1965) (Table 2). However, the growth coefficient which determined the rate to which lemon sole reach its maximum size was much lower (this study: $K=0.187$; Rae, 1965: $K=0.420$).

Growth coefficient (K) of flatfish species decreased with increasing asymptotic length (linear regression model; $F=12.019$; $P=0.006$) (Fig. 3). Our estimations of growth parameters $L_\infty$ (36.44 cm) and K (0.187 years$^{-1}$) for lemon sole from the North Sea were close to those described for the witch from Irish Sea (Jennings *et al.*, 2000) and sole in the North Sea (Wittmames *et al.*, 1995; Jennings *et al.*, 1998) (Table 3).
Lemon sole growth data

\[ y = -0.0069x + 0.5139 \]
\[ R^2 = 0.5458 \]

Figure 3: Relationship between the von Bertalanffy growth parameters \( L_\infty \) and \( K \) of several flatfish (data of this study are indicated by a cross).

This study presented different growth of the lemon sole from Scotland waters (Rae, 1965) and Faroe Plateau (Rae, 1939) (Table 3). Growth was influenced by a combined effect of several factors: eutrophic conditions, fishing pressure (especially beam trawling introduced in the early 1960s), temperature, seabed disturbance, food availability and competition. Growth difference intra- and interspecific can be explained by spatial and/or temporal scale (Rijnsdorp & Van Beek, 1991; Millner & Whiting, 1996; Millner et al., 1996; Rijnsdorp & van Leeuwen, 1996; Pastoors et al., 2000; Magnussen, 2007).

Acknowledgments

We thank our IFREMER colleagues from Lorient and Boulogne-sur-mer for their sampling contribution. This work is a part of the Data Collection Framework (DCF; EC Reg. 199/2008, 665/2008; Decisions 2008/949/EC and 2010/93/EU).
Table 3: Parameters of the von Bertalanffy growth curve (L∞, K) for several flatfish from different study areas.

<table>
<thead>
<tr>
<th>Species</th>
<th>Study area</th>
<th>von Bertalanffy growth parameters</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>L∞ (cm)</td>
<td>K (year s⁻¹)</td>
</tr>
<tr>
<td>Plaice (Pleuronectes platessa)</td>
<td>Celtic Sea</td>
<td>59,4</td>
<td>0,11</td>
</tr>
<tr>
<td>Sole (Solea solea)</td>
<td>Celtic Sea</td>
<td>49,8</td>
<td>0,13</td>
</tr>
<tr>
<td>Witch (Glyptocephalus cynoglossus)</td>
<td>Irish Sea</td>
<td>38</td>
<td>0,291</td>
</tr>
<tr>
<td>Witch (Glyptocephalus cynoglossus)</td>
<td>North Sea</td>
<td>42</td>
<td>0,238</td>
</tr>
<tr>
<td>Dab (Limanda limanda)</td>
<td>North Sea</td>
<td>29</td>
<td>0,208</td>
</tr>
<tr>
<td>Plaice (Pleuronectes platessa)</td>
<td>North Sea</td>
<td>54,4</td>
<td>0,11</td>
</tr>
<tr>
<td>Sole (Solea solea)</td>
<td>North Sea</td>
<td>39,2</td>
<td>0,28</td>
</tr>
<tr>
<td>American plaice (Hippoglossoides platessoides)</td>
<td>North Sea</td>
<td>25</td>
<td>0,34</td>
</tr>
<tr>
<td>Megrim (Lepidorhombus whiffiagonis)</td>
<td>North Sea</td>
<td>54</td>
<td>0,12</td>
</tr>
<tr>
<td>Lemon sole (Microstomus kitt)</td>
<td>waters of Scottish waters</td>
<td>37</td>
<td>0,42</td>
</tr>
<tr>
<td>Lemon sole (Microstomus kitt)</td>
<td>Faroe Plateau</td>
<td>48</td>
<td>0,189</td>
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<tr>
<td>Lemon sole (Microstomus kitt)</td>
<td>North Sea</td>
<td>36,44</td>
<td>0,187</td>
</tr>
</tbody>
</table>

References


Lemon sole growth data


MOGUEDET, P. & PEREZ, N., 1988. Estimation of megrim (Lepidorhombus whiffiagonis) growth parameters, for males and females. from the ICES Division VII: fitting to the V. Bertalanffy model using resampling techniques, as well as several adjustable central values (mean, median and mode length at age). CM. 1988G.9 ICES, 18p.


