
Origin and composition of sediment organic matter in a coastal semi-enclosed ecosystem: An elemental and isotopic study at the ecosystem space scale

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Abstract:

The origin and composition of sediment organic matter (SOM) were investigated together with its spatial distribution in the Arcachon Bay – a macrotidal lagoon that shelters the largest *Zostera noltii* meadow in Europe – using elemental and isotopic ratios. Subtidal and intertidal sediments and primary producers were both sampled in April 2009. Their elemental and isotopic compositions were assessed. Relative contributions of each source to SOM were estimated using a mixing model. The SOM composition tended to be homogeneous over the whole ecosystem and reflected the high diversity of primary producers in this system. On average, SOM was composed of 25% of decayed phanerogams, 19% of microphytobenthos, 20% of phytoplankton, 19% of river SPOM and 17% of macroalgae. There was no evidence of anthropogenic N-sources and SOM was mainly of autochthonous origin. None of the tested environmental parameters – salinity, current speed, emersion, granulometry and chlorophyll *a* – nor a combination of them explained the low spatial variability of SOM composition and characteristics. Resuspension, mixing and redistribution of the different particulate organic matters by wind-induced and tidal currents in combination with shallow depth probably explain the observed homogeneity at the whole bay scale.

Highlights

► SOM composition reflected the diversity of primary producers and POM sources of the system. ► SOM is mainly of autochthonous origin. ► There is no influence of anthropogenic N-sources in Arcachon Bay. ► SOM composition is homogeneous at the bay scale. ► None of the tested environmental forcings explained the spatial variability of SOM composition and characteristics.

Keywords : Sediment organic matter ; Primary producers ; C and N stable isotopes ; *Zostera noltii* ; Arcachon Bay

66 1. Introduction

67 Coastal ecosystems represent 6% of earth and 8.5% of marine biomes (Costanza et al., 1997).
68 Profuse and renewed amounts of organic matter and nutrients originating from the watersheds
69 spark off high biological productivity in coastal zones. High primary production in these
70 zones is associated with a wide diversity of primary producers. Shallow depths and tides
71 allow the development of macrophytes such as kelp forests (Mann, 1973), salt marshes
72 (Adam, 1990), mangroves (Kathiresan & Bingham, 2001) and seagrass beds (Duarte, 1991),
73 which constitute an originality of coastal ecosystems as compared to oceanic ones, where
74 primary production is dominated by phytoplankton.

75 Among these primary producers, seagrass meadows are prominent components of the littoral
76 zone. Green & Short (2003) estimated that the total worldwide surface area of these meadows
77 is about 177 000 km². Seagrass meadows are considered the most valuable/profitable
78 ecosystems by Costanza et al. (1997) mainly because of their role in the nutrient cycle. They
79 insure many other economical and/or ecological functions, such as: (1) providing habitats for
80 fishes and shellfishes (Smith & Suthers, 2000), (2) scattering the energy of waves and
81 stabilizing sediments (Fonseca & Fisher, 1986, Madsen et al., 2001, Widdows et al., 2008),
82 (3) protecting coast from erosion (Terrados & Duarte, 2000), and (4) purifying coastal waters
83 (Ward, 1987). Seagrasses net worldwide primary production averages 1 012 gDW m⁻² y⁻¹
84 against 365 gDW m⁻² y⁻¹ for macroalgae and 128 gDW m⁻² y⁻¹ for phytoplankton. It accounts
85 for 12% of the net worldwide coastal primary production and about 1% of the oceanic global
86 net primary production (Duarte & Chiscano, 1999). Moreover, seagrasses support vegetal
87 epiphytes (micro- or macro-algae), which can be as productive as seagrasses themselves
88 (Borowitzka et al., 2006). Seagrass meadows are also natural hotspots for carbon
89 sequestration with an estimated global seagrass carbon sinks of 48 to 112 tons per year
90 (Kennedy et al., 2010). Seagrass beds are directly or indirectly submitted to anthropogenic

91 disturbances such as, increased turbidity, increased nutrient loads and mechanical damages
92 (e.g. land reclamation, boating, dredging, fisheries; Green & Short 2003). Orth et al. (2006)
93 identified several factors at global (e.g. climate change), regional (e.g. shifts in water quality)
94 and local (e.g. increased loading of sediment, contaminants and nutrients) scales that caused
95 seagrass losses in temperate and tropical regions. Moreover Waycott et al. (2009) underlined
96 the worldwide acceleration of seagrass losses from a median decline of 0.9 (before 1940) to
97 7% of total surface area per year since 1990. They ranked seagrass habitats among the most
98 threatened ecosystems on earth, together with coral reefs and mangroves. Seagrass loss
99 substantially affects the biodiversity of associated flora and fauna (Duffy et al., 2006), which
100 could induce strong impacts on food webs and water quality (Cardinale, 2011).

101 All micro- and macroscopic primary producers contribute to the pool of particulate organic
102 matter (POM) together with continental inputs. POM plays a key role in ecosystem
103 functioning and especially in trophic transfers because different primary producers and
104 corresponding detritus are not usable to the same extent by primary consumers, depending on
105 their biochemical composition (Tenore & Dunstan, 1973, Grémare et al., 1997). Potential
106 sources of POM are multiple and diversified: detrital matter, inputs from watersheds,
107 seagrasses, benthic macroalgae, microphytobenthos, phytoplankton, epiphytes. Because of
108 their physiology and of the origin of their nutrient resources, different primary producers
109 usually exhibit different isotopic and/or elemental signatures. As a consequence, these
110 signatures represent useful tracers to quantify their relative contribution to the composition of
111 suspended particulate and sedimentary organic matter (SPOM and SOM, respectively,
112 Cifuentes et al., 1988, Machás & Santos, 1999, Jaschinsky et al., 2008), as well as to the food
113 resources of primary consumers (Riera et al., 1996, Carlier et al., 2007, Schaal et al., 2008).
114 Stable isotopes and elemental ratios have been widely used to identify which primary
115 producers contribute to sediments organic matter, (e.g. Cifuentes et al., 1988, Fahl & Stein,

116 1997, Graham et al., 2001, Papadimitriou et al., 2005, Perdue and Koprivnjak, 2007,
117 Ramaswamy et al., 2008). Many studies have focused on estuaries where organic matter
118 sources are well discriminated, mostly continental vs. oceanic end-members (e.g. Cifuentes et
119 al., 1988, Papadimitriou et al., 2005, Liu et al., 2006, Zhou et al., 2006, Ramaswamy et al.,
120 2008). Conversely, only few studies have dealt with the composition of sediment organic
121 matter in intertidal mudflats (Yamamuro, 2000, Liu et al., 2006, Volkman et al., 2007, Freese
122 et al., 2008, Ramaswamy et al., 2008) and even less with seagrass meadows (Moncreiff et al.,
123 1992, Kennedy et al., 2004, Jaschinsky et al., 2008).

124 In Arcachon Bay — a coastal lagoon that shelters the largest seagrass meadow of *Zostera*
125 *noltii* in Europe, with 70 km² of seagrasses over the 115 km² of the intertidal area (Auby &
126 Labourg, 1996) — the surface area of *Z. noltii* beds has declined by 33% between 1988 and
127 2008, and more markedly during the 2005-2008 period (Plus et al., 2010). This could lead to a
128 change in the composition and amount of sedimentary organic matter, which could induce
129 changes in food web complexity. The presence of several different settlements as schorres,
130 channels, intertidal mudflats or seagrass meadows in this bay associated with the presence of
131 a wide diversity of primary producers — phanerogams (e.g. *Z. noltii*, *Z. marina*, *Spartina*
132 spp.), benthic macroalgae, microphytobenthos, phytoplankton, epiphytes — suggests that
133 sediment organic matter could be composed of a wide mixture of primary producers and may
134 exhibit a large spatial variability. Moreover, Arcachon Bay is strongly impacted by oceanic
135 and continental inputs depending on season and/or location. Up to now, this impact has been
136 noticed at several levels: (1) hydrology through a gradient of waters, which allows for the
137 distinction of three water masses with distinct characteristics (Bouchet, 1993), (2) nutrient
138 distribution, (3) phytoplankton abundance and composition (Glé et al., 2008), (4) zooplankton
139 community structure and distribution (Vincent et al., 2002), (5) benthic macrofauna structure
140 (Blanchet et al., 2004), and (6) trophic diet of some species such as the bivalve *Ruditapes*

141 *philippinarum* (Dang et al., 2009). Finally, the large water volumes circulating through the
142 entrance of the bay during each tide (between 130 and 400.10⁶ m³) and wind regimes
143 associated with shallow depths lead to resuspension processes, which could affect the
144 composition of SOM. This leads to the question of the origin and spatial distribution of
145 sediment organic matter in such an ecosystem characterized by a high number and diversity of
146 primary producers and POM sources. This question has not been tackled so far although SOM
147 in the Arcachon Bay represents a major potential food source for benthic macrofauna.
148 To understand organic matter flows from primary producers to primary consumers, it is
149 essential to first investigate SOM origin and spatial distribution. Indeed, and depending on
150 spatial location, sediment composition can be affected by various factors like freshwater
151 inputs or resuspension. Consequently a different composition of organic matter can be
152 expected in relation to a different origin of this matter and according to spatial location. The
153 specific aims of the present study were: (1) to determine isotopic and elemental signatures of
154 potential sources, (2) to compare these signatures with those of sediment organic matter in
155 order to (3) estimate the relative contribution of each primary producer to SOM composition,
156 and finally (4) to investigate the spatial variability of sources and SOM characteristics in
157 order to determine its environmental forcing.

158

159 2. Material and methods

160 2.1. Study site

161 The study was carried out in Arcachon Bay (44°40' N, 1°10' W), a macrotidal (tidal
162 amplitude: 0.8 – 4.6 m) semi-enclosed lagoon of 174 km² located in south-western France
163 (Fig. 1). This coastal ecosystem receives ocean water through a narrow channel located in the
164 Southwest and riverine water from: (1) the Leyre River (73 % of river water inputs; Plus et
165 al., 2010) and (2) several small streams located in the north-eastern and southern part of the

166 bay (Fig. 1). Annual riverine water input amounts ca. 1.10^9 m³. In the inner lagoon (156 km²),
167 tidal channels (41 km²) separate large intertidal areas (115 km²) covered by the largest
168 European *Zostera noltii* meadow (70 km²). Water depth ranges between 0 and 20 m.
169 Arcachon bay displays a high variety of potential organic matter sources. Autochthonous
170 primary macroproducers are composed of the currently declining intertidal *Z. noltii* seagrass
171 but also include several other phanerogams — *e.g.* *Zostera marina* in subtidal channels and
172 *Spartina* spp. on the shore — and macroalgae — mainly belonging to the Gracilariales and
173 Ulvales orders — of much lower biomass. The extent of intertidal mudflats (63 km²) enhances
174 microphytobenthic production. Phytoplankton is another main autochthonous primary producer
175 (Glé et al., 2008). At last, Arcachon Bay also receives continental organic matter — mainly
176 composed of soil and litters of terrestrial C3 plants (Polsenaere *et al.*, submitted).

177 2.2. Sample collection, processing and storage

178 2.2.1. Sampling

179 During April 2009, 31 benthic stations located in the inner bay were sampled for sediment
180 and/or primary producer characteristics (Fig. 1). Twelve stations were subtidal and located
181 within major and minor channels. Nineteen stations were intertidal and distributed over a
182 wide range of density of *Zostera noltii*. Intertidal benthic stations were sampled at low tide.
183 Subtidal benthic stations were sampled either at low or high tide. Four pelagic stations located
184 along a gradient from the inner to the outer bay were sampled during high tide for
185 characteristics of suspended particulate organic matter (SPOM). Two river stations and one
186 terrestrial station were sampled for characteristics of continental primary producers and/or
187 SPOM.

188 *Intertidal collection:* The top first centimetre of the sediment was collected by scrapping (1)
189 140 cm² for sediment organic carbon and nitrogen (SOC and SON, respectively) elemental
190 and isotopic composition, (2) 400 cm² for microphytobenthos, and (3) by punching 5 x 7.5

191 cm² for chlorophyll *a*. Sediment was collected by punching 7.5 cm² of the top 3 cm for
192 granulometry. Three (granulometry) to five (other parameters) replicates were collected at
193 each station. Macrophytes (macroalgae, phanerogams) and their associated epiphytes were
194 collected by hand at each station when present.

195 *Subtidal collection*: Subtidal samples were collected by SCUBA diving. The top first
196 centimetre was collected using three aluminium cores (80 mm of diameter) for SOC,SON and
197 stable isotopes. The top first centimetre of five plastic cores (31 mm of diameter) and the top
198 3 cm of another plastic core were sampled for chlorophyll *a* and granulometry, respectively.

199 *Seawater collection*: Seawater was collected 1 m below surface using a Niskin bottle. It was
200 collected within the scope of the French Coastal Monitoring Network SOMLIT
201 (<http://somlit.epoc.u-bordeaux1.fr/fr/>) except the northern pelagic station, which was specific
202 to the present study.

203 *Continental collection*: Freshwater macrophytes and terrestrial plants were collected by hand
204 for organic carbon and nitrogen elemental and isotopic compositions. Freshwater was
205 collected 10-20 cm below surface using plastic containers at a station located on the Leyre
206 River.

207 2.2.2. Sample processing and storage

208 Back to the laboratory sediment samples for SOC and SON elemental and isotopic
209 compositions and for granulometry were stored at -20 °C. Sediment for chlorophyll *a* was
210 sieved on a 500 µm mesh and stored at -80 °C. Microphytobenthos (epipellic diatoms) was
211 extracted following the method of cell migration through nets (100 µm mesh size; Riera et al.
212 (1999) as modified by Herlory (2007).

213 Macrophytes (macroalgae, phanerogams and terrestrial plants) were cleaned in two successive
214 filtered-seawater baths to remove detritus and attached animals. When present, epiphytes were

215 carefully scraped with a scalpel blade and stored at -20 °C. Cleaned macrophytes were rinsed
216 with DeIonized Water (DIW) to remove salt and then stored at -20 °C.

217 Seawater and freshwater samples were gently filtered through GF/F filters for chlorophyll *a*,
218 suspended particulate matter (SPM, pre-weighted and pre-combusted filters), suspended
219 particulate organic carbon (SPOC) and nitrogen (SPON) elemental and isotopic compositions
220 (pre-combusted filters). Filters for SPM were rinsed with ammonium formiate (bay stations)
221 or DIW (river station) and dried overnight at 50 °C. Filters for chlorophyll *a* were stored at -
222 80 °C. Filters for SPOC and SPON elemental and isotopic composition were dried overnight
223 at 50 °C, and then stored in a dark dessicator at room temperature.

224 2.3. Sample processing and analysis

225 All frozen samples were freeze-dried before further processing, except sediments for grain-
226 size analysis, which were defrozen at room temperature and filters for chlorophyll *a*, which
227 were directly processed.

228 Sediment grain-size was assessed using a Malvern® Mastersizer Sizer laser
229 microgranulometer.

230 Chlorophyll *a* was extracted from sediment and filters with 90% acetone (final concentration)
231 and fluorescence was measured using a Turner Designs TD-700 fluorimeter (Yentsh &
232 Menzel, 1963).

233 Suspended Particulate Matter was determined gravimetrically.

234 Filters for particulate organic carbon and nitrogen elemental and isotopic compositions
235 (SPOM and microphytobenthos) were decarbonated using HCl vapours. Filters for SPOC and
236 SPON concentration were analysed using a Flash Elemental Analyser Series 1112
237 (ThermoFinnigan®). Filters for SPOC and SPON isotopic compositions were scrapped and
238 poured into tin cups. Sediment for SOC and SON elemental and isotopic composition was
239 sieved on a 500 µm mesh and powdered using a pestle and a mortar. Macrophytes were

240 powdered using a ball mill. Sediment and macrophyte powders were weighed into tin cups for
241 N elemental and isotopic compositions. For C elemental and isotopic compositions, powder
242 was weighed into silver cups and decarbonated using 1.2N HCl (Kennedy et al., 2005). Cup
243 samples were then analysed for C or N elemental and isotopic compositions using an
244 elemental analyser (EA; NC2500, CarloErba®) coupled with an isotope ratio mass
245 spectrometer (IRMS; Isoprime, GV Instruments®). IRMS daily drift was monitored using
246 home-made standards (caseine, glycine) and, if necessary, data were corrected consequently.
247 Elemental composition was calibrated against acetanilide and isotopic composition against
248 home-made standards and reference material (IAEA-N2).

249 All isotopic data were expressed in the conventional delta notation (‰):

$$250 \delta^{13}\text{C}_{\text{sample}} \text{ or } \delta^{15}\text{N}_{\text{sample}} = (\text{R}_{\text{sample}} / \text{R}_{\text{reference}} - 1) \times 1000$$

251 with $\text{R} = {}^{13}\text{C} / {}^{12}\text{C}$ or ${}^{15}\text{N} / {}^{14}\text{N}$, and the reference is PDB for $\delta^{13}\text{C}$ and atmospheric N_2 for
252 $\delta^{15}\text{N}$. Analysis uncertainty was less than 0.2 ‰.

253 2.4. *In situ* degradation experiment of *Zostera noltii*

254 Since *Z. noltii* is the main macrophyte in the Arcachon Bay, a one-year *in situ* degradation
255 experiment was carried out to account for possible isotopic and elemental fractionation during
256 degradation. Results will be detailed elsewhere. Briefly put a decrease of 2.2 ‰ in $\delta^{15}\text{N}$, an
257 increase of 0.7 ‰ in $\delta^{13}\text{C}$ and an increase of 3.1 mol mol⁻¹ in C/N ratio were recorded. These
258 fractionations were taken into account for estimating the isotopic and elemental signature of
259 degraded phanerogams.

260 2.5. Mixing model

261 A mixing model, including a Bayesian approach (package SIAR: Stable Isotope Analysis in
262 R; Parnell et al., 2010) running with R.2.12.0 (R development team, 2010), was used to
263 quantify the relative contributions of primary producers to the composition of sediment
264 organic matter. The greatest advantage of this procedure is the incorporation of uncertainty

265 linked to sources, consumers and trophic enrichment factors within the model (Parnell et al.
266 2010). This leads to the inclusion of an overall residual error term and to the generation of
267 potential dietary solutions as true probability distributions. Three variables ($\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and
268 N/C ratio) were used and six sources were considered (*Gracilaria* spp., Ulvales, decayed
269 *phanerogams*, microphytobenthos, phytoplankton and river SPOM).

270 2.6. Statistical analysis

271 C/N, $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values of each primary producer and organic matter source were used to
272 identify the main groups of primary producers and organic matter sources. Data were first
273 normalised and a similarity matrix based on Euclidean distances was produced and later
274 processed using cluster analysis (group average method). The groups identified by the cluster
275 analysis were tested using the SIMPROF procedure (Clarke & Warwick, 2001).

276 Some primary producers (*Z. noltii*, *Gracilaria* spp. and microphytobenthos) were found at a
277 large spatial scale within the Arcachon Bay. The variability of their isotopic signatures and
278 the variability of SOM isotopic signatures were investigated at the system space scale.
279 Especially, the possible effect of concentration of chlorophyll *a*, percentage of silts and clays,
280 salinity, current speed and percentage of emersion on these variabilities was tested using the
281 BIOENV procedure (Clarke & Warwick, 2001). Salinity, current speed and percentage of
282 emersion were derived from the hydrodynamic MARS-model developed by Plus et al. (2009).
283 ANOSIM (ANalysis Of SIMilarity) tests were performed to test the effect of habitats: subtidal
284 (S), intertidal covered by *Z. noltii* (I+Z.n.) and intertidal without *Z. noltii* (I-Z.n.) on sediment
285 organic matter composition (Clarke & Warwick, 2001). These analyses were performed using
286 PRIMER v.6.

287 Non-parametric Kruskal-Wallis tests were performed to assess significant univariate
288 differences between subtidal sediments, sediments covered by *Z. noltii* and sediments without
289 *Z. noltii* (STATISTICA 7).

290

291 3. Results

292 3.1. Main characteristics of primary producers

293 Isotopic signatures of primary producers ranged from -4.2 ‰ (*Pinus pinaster*) to 11.7 ‰
294 (*Spartina* spp. epiphytes) for $\delta^{15}\text{N}$, and from -38.6 ‰ (*Cladophora* sp., river macroalgae) to -
295 9.4 ‰ (*Z. marina*) for $\delta^{13}\text{C}$ (Fig. 2A). There was a clear discrimination in $\delta^{13}\text{C}$ between
296 continental primary producers ($\delta^{13}\text{C} < -25$ ‰) and Arcachon Bay primary producers ($\delta^{13}\text{C} > -$
297 25 ‰, Fig. 2A). C/N ratio of primary producers ranged from 6.5 mol mol⁻¹ (phytoplankton) to
298 87 mol mol⁻¹ (*Pinus pinaster*, Fig. 2B).

299 Cluster analysis associated with a SIMPROF test based on isotopic values and C/N ratios
300 discriminated seven groups of primary producers (Fig. 2C). Two of them were continental:
301 continental plants (*Pteridium* sp. and *Pinus pinaster*), *Quercus* sp. leaves and river SPOM
302 (group 1) on the one hand, and river macroalgae (group 2), on the other hand. Group 3
303 gathered all seagrass species plus one seagrass epiphyte. Within-bay macroalgae were split
304 into two groups: the first one was only composed of *Gracilaria* spp. together with one
305 seagrass epiphyte (group 4) and the second one mainly gathered Ulvales (group 5) plus two
306 *Gracilaria* spp. and two Rhodophytes. Finally, bay phytoplankton — defined as SPOM
307 exhibiting POC/chla ratio lower than 200 g g⁻¹ (Savoie et al. 2003 and references therein) —
308 corresponded to group 6, whereas microphytobenthos plus one seagrass epiphyte
309 corresponded to group 7. Average $\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and C/N ratio values and corresponding
310 standard deviations of each group are reported in table 1.

311 Spatial variability of the main primary producers (*Z. noltii*, *Gracilaria* spp. and
312 microphytobenthos) was relatively low, taken into account the space scale. Indeed, the
313 standard deviation of their $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ ranged between 0.4 ‰ and 1.7 ‰ and averaged 1.0

314 ‰. Moreover, this variability in isotopic signatures was not explained by any tested
315 environmental parameters (BIOENV, $p > 0.05$; see section 2.6).

316

317 3.2. Main characteristics of sediment organic matter (SOM)

318 Silt and clays contents (average \pm standard deviation) were usually lower in subtidal
319 sediments (24 ± 23 %) as compared with intertidal sediments (I+Z.n.: 47 ± 11 %; I-Z.n.: $41 \pm$
320 17 %; Table 2) whereas chlorophyll *a* concentration was highly variable (S: 5.4 ± 6.9 $\mu\text{g g}^{-1}$;
321 I+Z.n.: 8.9 ± 3.7 $\mu\text{g g}^{-1}$; I-Z.n.: 15.5 ± 15.6 g g^{-1} ; Table 2). Conversely, $\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and C/N
322 ratio of sediment organic matter appeared relatively homogeneous within each group of
323 sediment and did not differ much between groups (Table 2, Figs. 3A & B). Subtidal SOM
324 indeed showed mean $\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and C/N ratio of 4.4 ± 0.4 ‰, -20.5 ± 1.4 ‰ and 10.9 ± 1.3
325 mol mol^{-1} , respectively (Table 2). $\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and C/N ratio of I+Z.n. SOM were 4.6 ± 0.5 ‰,
326 -18.6 ± 0.7 ‰ and 10.6 ± 1.1 mol mol^{-1} , respectively (Table 2). I-Z.n. SOM showed mean
327 $\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and C/N ratio of 4.7 ± 0.5 ‰, -19.7 ± 1.0 ‰ and 10.7 ± 1.0 mol mol^{-1} , respectively
328 (Table 2).

329 Cluster analysis and SIMPROF test based on isotopic values and C/N ratios did not
330 discriminate any group of sediments (Fig. 3C). The ANOSIM performed on these values
331 showed that there was no significant difference between subtidal sediments, intertidal
332 sediments with *Z. noltii* and intertidal sediments without *Z. noltii* (Global test, $R = 0.049$, $p >$
333 0.05). Nevertheless, pairwise tests performed within ANOSIM on groups of sediments,
334 showed that subtidal sediments differed from I+Z.n. sediments ($R = 0.156$, $p < 0.05$). Only
335 $\delta^{13}\text{C}$ was significantly ($p < 0.05$) different between subtidal sediments (-20.5 ± 1.4 ‰) and
336 intertidal *Z. noltii* meadow (-18.6 ± 0.7 ‰). This difference was due to two subtidal stations
337 (Fig. 3) located in the southern channel of the bay (stations B and K; Fig. 1). C/N ratios were

338 also very homogeneous at the bay scale ($10.8 \pm 1.2 \text{ mol mol}^{-1}$) but with the exception of four
339 stations that exhibited lower values, close to the phytoplankton C/N ratio (Fig. 2, 3).

340 Possible effects of chlorophyll *a* concentration, percentage of silts and clays, salinity, current
341 speed and percentage of emersion on elemental and isotopic spatial variability of sediments
342 were tested. None of these parameters either alone or in combination explained the variability
343 of sediment isotopic and elemental signatures (BIOENV, $p > 0.05$).

344

345 3.3. Composition of sediment organic matter

346 Relative contribution of river SPOM and decayed phanerogams varied between kinds of
347 sediments. River SPOM contributed more to subtidal sediments ($27 \pm 14 \%$) than to intertidal
348 bare sediments ($20 \pm 7 \%$) and to intertidal sediments covered by *Z. noltii* ($14 \pm 6 \%$).

349 Decayed phanerogams contributed more to intertidal sediments covered by *Z. noltii* (29 ± 8
350 $\%$) than to intertidal bare sediments ($23 \pm 8\%$) and to subtidal sediments ($22 \pm 6 \%$). However
351 there was no significant difference in the relative contribution of any primary producer
352 between any groups of sediments (Friedman ANOVA on frequency distributions of results, p
353 > 0.05). Thus, at the bay scale, microphytobenthos contributed to the sediment organic matter

354 for $19 \pm 3 \%$, bay phytoplankton for $20 \pm 12 \%$, degraded leaves of phanerogams for 25 ± 8
355 $\%$, river SPOM for $19 \pm 11 \%$ and finally macroalgae for $17 \pm 3 \%$ (Fig. 4). High standard
356 deviations of bay phytoplankton, river SPOM and degraded leaves of phanerogams were
357 mainly linked to several stations with a departure to the mean pattern of SOM compositions
358 (results not showed). High contributions of river SPOM were recorded for stations B and K
359 (57 and 46% , respectively). Four stations exhibited high contributions of bay phytoplankton:
360 34 , 36 , 49 and 65% for stations GH, N, GV and A, respectively. Finally, one single station
361 showed a higher contribution of decayed phanerogams: station P with 41% .

362

363 4. Discussion

364 4.1. Characteristics of primary producers and POM sources

365 The use of carbon and nitrogen isotopic signatures, coupled with C/N ratios, allowed to
366 discriminate the main different groups of primary producers, especially macroalgae,
367 phanerogams, microphytobenthos, phytoplankton and river SPOM. The isotopic signatures of
368 each of these groups showed non-significant spatial variability and were in good agreement
369 with those of previous studies in Arcachon Bay (Boschker et al., 2000, Schaal et al., 2008;
370 Dang et al., 2009) with only few exceptions ($\delta^{15}\text{N}$ of *Gracilaria* spp., and $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ of *Z.*
371 *marina* in Schaal et al., 2008) that may be due to difference in sampling season (February vs.
372 April) and/or to the specificity of the sampling site (near a harbour in Schaal et al., 2008).
373 Continental plants exhibited the lowest $\delta^{13}\text{C}$ values because of the low $\delta^{13}\text{C}$ of their C-source
374 (continental dissolved inorganic carbon for river macroalgae) or of their carboxylation
375 pathway (sampled terrestrial plants are C3 plants). Conversely, marine and saltmarsh
376 angiosperms exhibited the highest $\delta^{13}\text{C}$ because their carboxylation pathway is close to C4
377 plants (Larkum et al., 2006). Isotopic values of *Z. noltii* and *Spartina* spp. were in the range of
378 literature data (Hemminga & Mateo, 1996, Kang et al., 1999, Machás & Santos, 1999,
379 Boschker et al., 2000, Machás et al., 2003).

380 Ulvales isotopic signatures were similar to those reported in other coastal systems (Riera et
381 al., 1996, Machás & Santos, 1999, Machás et al., 2003, Dubois et al., 2007) even if their $\delta^{13}\text{C}$
382 was higher in Arcachon Bay than in the Lapalme Lagoon (Carlier et al., 2007). Carlier et al.
383 (2007) suggested that major inputs of dissolved inorganic carbon (DIC) had a significant
384 impact on the $\delta^{13}\text{C}$ values of some primary producers such as *Ruppia cirrhosa*. Continental
385 DIC is indeed ^{13}C -depleted compared to marine DIC (Fry & Sherr, 1984). The higher $\delta^{13}\text{C}$ of
386 Ulvales in Arcachon Bay may reflect either a more important ^{13}C -depletion of DIC or higher
387 continental inputs in the Lapalme Lagoon than in Arcachon Bay.

388 Microphytobenthos isotopic signature was in the range of, or even similar, to values reported
389 for other coastal systems (Couch, 1989, Dubois et al., 2007, Jaschinski et al., 2008) but ^{13}C -
390 depleted compared to values found in Marennes-Oléron bay (France, Riera et al., 1996, 1999)
391 and in Ria Formosa lagoon (Portugal, Machás et al., 2003). Finally, phytoplankton isotopic
392 signature in Arcachon Bay was typical of that of Western European temperate coastal systems
393 (Riera et al., 1996, Machás et al., 2003, Savoye et al., 2003, Carlier et al., 2007, Dubois et al.,
394 2007 and Jaschinski et al., 2008).

395 Several studies have reported carbon and nitrogen isotopic and elemental values of primary
396 producers in a (quasi-) exhaustive way in temperate systems, but none at an ecosystem space
397 scale. Isotopic spectra of primary producers reported in the present study were in the same
398 range that those from other coastal systems like the Marennes-Oléron Bay (Atlantic Ocean,
399 France; Riera et al., 1996; Kang et al., 1999), the Bourgneuf Bay (Atlantic ocean, France;
400 Decottignies et al., 2007), the Lapalme Lagoon (Mediterranean Sea, France; Carlier et al.,
401 2007), the Kiel Fjord (Germany; Jaschinski et al., 2008) or the Gazi Bay (Kenya; Nyunja et
402 al., 2009). Such broad spectra of isotopic and elemental values are actually typical of coastal
403 areas where a large diversity of primary producers is encountered.

404 4.2. Characteristics of sediment organic matter

405 In contrast to what was expected, SOM signatures of the top first centimetre of sediments
406 tended to be spatially homogeneous at the scale of the whole Bay. This suggests that
407 particulate organic matters of different origins are resuspended and mixed before being
408 redistributed over a large spacial scale probably because of wind-induced and/or tidal
409 currents. An ongoing study on sediment dynamics within Arcachon Bay indicates that the top
410 first centimetre of sediment within *Z. noltii* meadow is resuspended in the course of a year
411 (Ganthy, *pers. com.*). Concomitantly, there was no evidence of any spatial gradient of
412 decreasing continental organic matter contribution from the Leyre river mouth toward the

413 oceanic entrance of the Bay. Such high contribution of continental organic matter to coastal
414 environment is usually indicated by low SOM $\delta^{13}\text{C}$ (e.g. Liu et al., 2006, Ramaswamy et al.,
415 2008), which was not found during the present study.

416 The only difference in SOM isotopic signatures was a lower $\delta^{13}\text{C}$ of subtidal sediment as
417 compared to sediments of *Z. noltii* meadows. This difference was due to two subtidal stations
418 (Fig. 3) located in the southern channel of the Bay (stations B and K; Fig. 1). This difference
419 could result from a larger contribution of continental POM input — continental POM is ^{13}C -
420 depleted (Fig. 2) — to the SOM of this southern channel, which is connected to the Leyre
421 River. However, other subtidal stations located in the same channel did not exhibit peculiar
422 $\delta^{13}\text{C}$ values (stations CS, D and J; Fig. 1). Thus, in addition to continental POM inputs, the
423 former stations may have the potential of accumulating this material, contrarily to the latter
424 stations.

425 In Arcachon Bay, SOM $\delta^{13}\text{C}$ was in average ^{13}C -enriched compared to most other coastal
426 ecosystems (e.g. Liu et al., 2006, Ramaswamy et al., 2008). Values ranging from -27.3 ‰ to -
427 20.5 ‰ have indeed been reported in these coastal (or estuarine or estuary-influenced)
428 systems (Graham et al., 2001, Liu et al., 2006, Ramaswamy et al., 2008). Thus, Arcachon Bay
429 — together with Marennes-Oléron Bay (Riera et al., 1996, 1999) — ranks within the highest
430 values of that range. Here again, this suggests that Arcachon Bay is only weakly influenced
431 by continental POM inputs.

432 SOM $\delta^{15}\text{N}$ of Arcachon Bay (4.5 ± 0.5 ‰) fits within the wide range of $\delta^{15}\text{N}$ values already
433 for coastal systems — from 1.6 ‰ in the Western Mediterranean Sea (Papadimitriou et al.,
434 2005) to 13.1 ‰ in the Delaware Estuary (Cifuentes et al., 1988). A large variability of SOM
435 $\delta^{15}\text{N}$ has been recorded as well within a given ecosystem (from 1.7 ‰ to 7.8 ‰ in the
436 Yangtze Estuary (Liu et al., 2006); from 5 ‰ to 13.1 ‰ in the Delaware Estuary (Cifuentes et
437 al., 1988). Cifuentes et al. (1988) argued that high variability of $\delta^{15}\text{N}$ in the Delaware Estuary

438 could result from sewage-derived NH_4^+ , which can be the source of ^{15}N -enriched particulate
439 matter. Such a difference in $\delta^{15}\text{N}$ values is often assigned to contrasting importance of
440 anthropogenic impacts. Carlier et al. (2008) for example showed that the Canet Lagoon —
441 which is strongly eutrophicated — exhibit a much more ^{15}N -enriched SOM ($10.5 \pm 0.4 \text{ ‰}$)
442 compared to the Lapalme Lagoon ($3.7 \pm 0.9 \text{ ‰}$) — which is almost pristine. High $\delta^{15}\text{N}$ values
443 due to anthropogenic inputs of N-nutrients were also recorded in other compartments such as
444 SPOM, micro- and macrophytes, and consumers (McClelland and Valiela, 1998a, b; Riera et
445 al., 2000; Middelburg and Herman, 2007). Such a spatial variability was not encountered in
446 Arcachon Bay ($\delta^{15}\text{N}_{\text{SOM}} = 4.5 \pm 0.5 \text{ ‰}$; $\delta^{15}\text{N}_{\text{phytoplankton}} = 4.8 \pm 0.9 \text{ ‰}$; $\delta^{15}\text{N}_{\text{microphytobenthos}} = 4.6$
447 $\pm 0.6 \text{ ‰}$) and $\delta^{15}\text{N}$ values were closed to values indicative of pristine-like coastal areas. This
448 indicates that Arcachon Bay is, comparatively to the above-cited ecosystems, weakly
449 submitted to anthropogenic inputs of N-nutrients. In fact waste water from the cities located
450 around the Arcachon Bay are collected, treated and transported directly in the Atlantic ocean
451 (i.e. not in the Arcachon Bay). In a study focused on nutrients in the rivers and streams of the
452 Arcachon Bay, Canton et al. (in press) showed that only one small stream was enriched in
453 anthropogenic ammonium because of an old dump. The present study shows that this input of
454 anthropogenic ammonium has no effect on the SOM $\delta^{15}\text{N}$ of the Arcachon Bay.

455 4.3. Composition of sediment organic matter

456 One of the aims of the present study was to evaluate the relative contribution of each kind of
457 primary producers to Arcachon Bay SOM. In order to maximize the relevance of estimated
458 contributions, it was necessary to limit the number of potential SOM sources considered in
459 the mixing model (Phillips & Gregg, 2003). Some primary producers were therefore not
460 included in the calculations. Especially, it was considered that continental macrophytes are
461 not brought directly to the system but through riverine SPOM. Consequently only river
462 SPOM was considered as a continental source. The five other groups of primary producers

463 were used as determined by the SIMPROF of cluster analysis. Regarding seagrasses,
464 elemental and isotopic fractionation associated with *Z. noltii* degradation (see section 2.4) was
465 taken into account: elemental and isotopic signatures of seagrasses were accordingly corrected
466 before being used for mixing model calculations. Finally, five groups of potential SOM
467 sources were considered for the mixing model (Fig. 5).

468 According to the mixing model estimations, the sediment organic matter of the top first
469 centimetre was composed of 25% of decayed phanerogams, 19% of microphytobenthos, 20%
470 of phytoplankton, 17% of macroalgae (*Gracilaria* spp. plus Ulvales) and 19% of river
471 SPOM, on average in the Arcachon Bay (Fig. 4). The contributions of microphytobenthos (19
472 \pm 3%) and macroalgae (17 \pm 3%) were very constant in the whole Bay , in contrast to the
473 contributions of seagrasses (25 \pm 8%), phytoplankton (20 \pm 12%) and river SPOM (19 \pm
474 11%), which were more variable. The main departures to the mean pattern of SOM
475 composition were found at two stations exhibiting low $\delta^{13}\text{C}$ and at four stations exhibiting
476 low C/N ratios (Fig. 3). SOM of the former had a higher contribution of river SPOM (46-
477 57%) whereas SOM of the latter had a higher contribution of phytoplankton (34-65%).
478 Another exception is the high contribution of seagrasses to SOM at the station with the higher
479 C/N ratio (Fig. 3). The overall composition of sediment organic matter in Arcachon Bay
480 illustrates the diversity of particulate organic matter sources in coastal systems.
481 Autochthonous sources (phytoplankton, microphytobenthos, macroalgae and seagrasses)
482 clearly dominated SOM composition in this system, in contrast to allochthonous SOM (river
483 SPOM). Regarding autochthonous contributors, phanerogams represented a lower than
484 expected contribution. Indeed Arcachon Bay shelters the largest seagrass meadow in Western
485 Europe. Estimates of overall primary production at the Arcachon Bay scale based on
486 production measurements (phytoplankton production: Glé et al., 2008), estimations of spatial
487 coverage and biomass (seagrasses: Auby, 1991; Blanchet et al., 2004; Plus et al., 2010; salt

488 marshes: Soriano-Sierra, 1992; microphytobenthos: Escaravage et al., 1989; this study) and
489 use of production to biomass ratios suggest that the production of phanerogams represents
490 about 20 to 25 % of total primary production within the Bay. Moreover, seagrasses are
491 considered as more refractory material than macro- and microalgae (Tenore & Dunstan, 1973,
492 Godshalk & Wetzel, 1978, Rice & Tenore, 1981, Wetz et al., 2008). Thus, this material is
493 expected to accumulate within the sediment and to contribute to SOM at a higher level than
494 suggested by computations based on primary production alone. This is not the case in
495 Arcachon Bay, which suggests in that a large part of phanerogam production could be
496 exported out of the Bay toward the open ocean and/or adjacent oceanic beaches. This
497 hypothesis is supported by the worldwide synthesis made by Kennedy et al. (2010), which
498 showed that only 30% to 50% of the net community production of seagrass meadows is
499 buried *in situ*; the remaining being either consumed and/or exported (e.g., to closer bare
500 sediments, beaches or to the deep sea). Such relatively low contributions of phanerogam
501 organic matter to SOM were reported for other ecosystems where phanerogams are abundant:
502 Hemminga et al. (1994) reported a 30% seagrass (*Thalassodendron ciliatum*) contribution in
503 the Gazi Bay (Kenya). Zhou et al. (2006) showed that SOM of Changjiang Estuary was
504 composed of 31% of salt marsh plant material. Gacia et al. (2002) reported a contribution of
505 about 28% of seagrass and its associated epibionts in Northeast Spain (Fanals point,
506 Mediterranean Sea). Conversely, Volkman et al. (2007) showed that, in a mangrove system,
507 SOM is dominated by phanerogam material. Finally, ecosystems where phanerogams make
508 up large habitats, such as Arcachon Bay, are reputed to behave as net exporter of organic
509 matter which is an important indirect role of coastal systems for the functioning of marine
510 systems as a whole (Kathiresan & Bingham, 2001, Duarte, 1991).

511

512 5. Summary and conclusions

513 Our study aimed at estimating the composition of sediment organic matter using stable
514 isotopes and C/N ratios and at investigating the spatial variability of sediment characteristics
515 at the ecosystem scale in a coastal macrotidal lagoon, the Arcachon Bay. With few
516 exceptions, $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and C/N ratios of primary producers and sediment organic matter were
517 homogeneously distributed over the bay, leading to a similarly homogeneous composition of
518 SOM at the ecosystem scale. SOM was mainly of autochthonous origin. It was composed of
519 25% of decayed phanerogams, 19% of microphytobenthos, 20% of phytoplankton and 17% of
520 macroalgae whereas river SPOM contributed to 19% of SOM composition. The main
521 departures from this overall pattern were a high contribution of river SPOM (46-57%) at two
522 stations, a high contribution of phytoplankton (34-65%) at four stations, and a high
523 contribution of seagrasses (41%) at a single station. The spatial variability of stable isotopes
524 of the main primary producers and SOM, and of the C/N ratio and composition of SOM was
525 investigated in relation to potential environmental parameters (concentration of chlorophyll *a*,
526 percentage of silts and clays, salinity, current speed and percentage of emersion). None of
527 these parameters either alone or in combination explained the variability of primary producers
528 and SOM characteristics. The following conclusions and hypothesis can be drawn: 1) SOM
529 composition reflects the diversity of primary producers and particulate organic matter sources
530 in the studied system; 2) SOM is mainly of autochthonous origin and a higher contribution of
531 continental inputs is limited to few subtidal stations located in the Southern channel; 3) the
532 low $\delta^{15}\text{N}$ of the main primary producers and SOM together with its homogeneous distribution
533 within the Bay indicate that there is no significant influence of anthropogenic N-sources in
534 this system; 4) resuspension, mixing and redistribution of POM of different origins by wind-
535 induced and tidal currents in combination with shallow depths accounts for the overall
536 homogeneity of SOM composition at the Bay scale; 5) this explains that none of the local (i.e.

537 station-scale) environmental parameters nor a combination of them explained the low spatial
538 variability of SOM characteristics.

539

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547

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Figure 2. A, B: Dual plots (A: $\delta^{15}\text{N}$ vs. $\delta^{13}\text{C}$; B: C/N ratio vs. $\delta^{15}\text{N}$) of primary producers. C: Dendrogram based on the characteristics ($\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and N/C ratio) of individual samples of primary producers. Results of SIMPROF test are indicated by dotted lines and numbers (see Section 3.1 for details). 1: Higher plants and river SPOM, 2: River macroalgae, 3: Seagrasses, 4: *Gracilaria* spp., 5: Ulvales, 6: Bay phytoplankton, 7: Microphytobenthos.

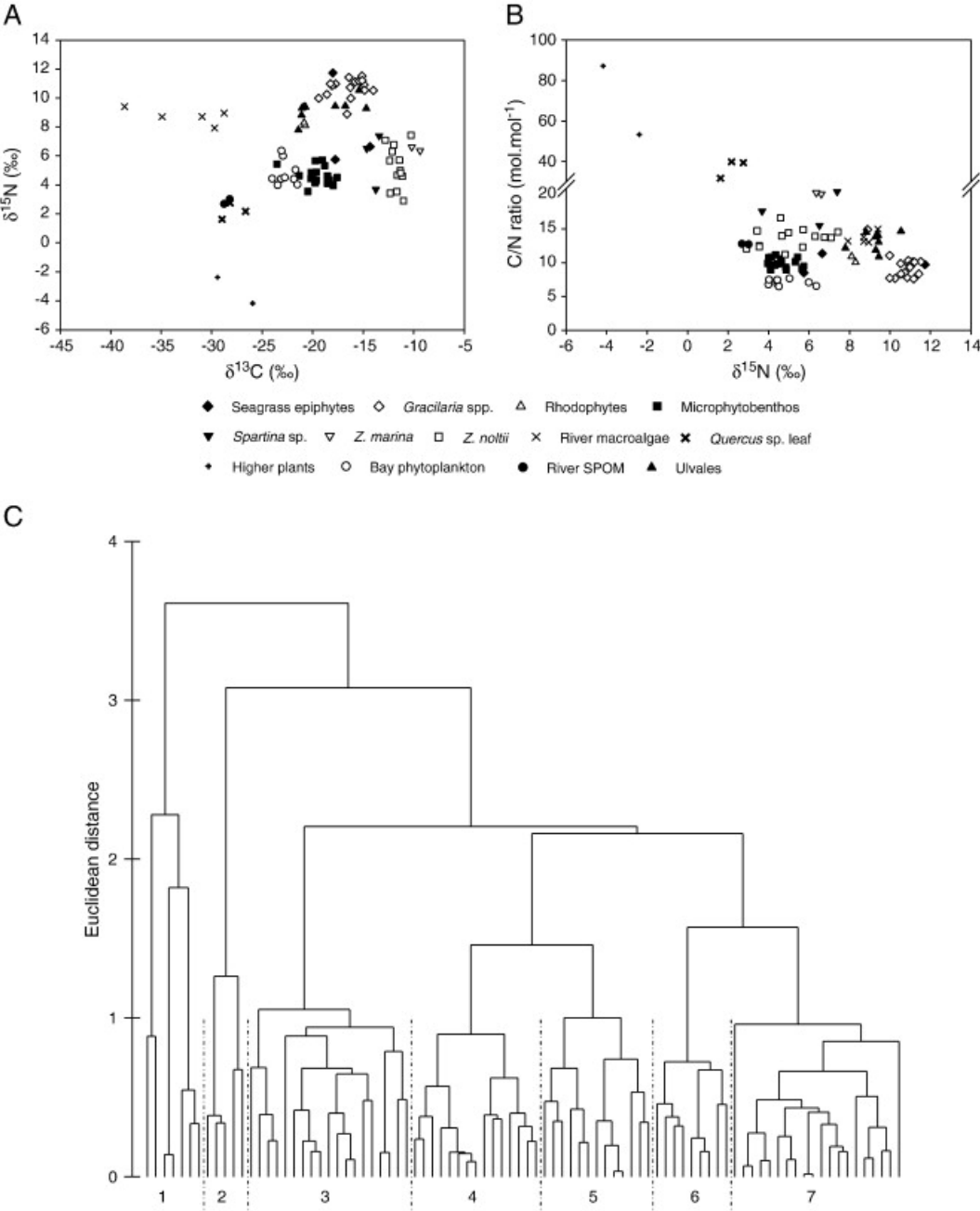


Figure 3. A, B: Dual plots (A: $\delta^{15}\text{N}$ vs. $\delta^{13}\text{C}$; B: C/N ratio vs. $\delta^{15}\text{N}$) of sedimentary organic matter. S: subtidal sediments; I + Z.n.: intertidal sediments covered by *Zostera noltii*; I - Z.n.: intertidal stations uncovered by *Zostera noltii*. C: Dendrogram based on the characteristics ($\delta^{15}\text{N}$, $\delta^{13}\text{C}$ and N/C ratio) of individual sedimentary organic matter samples.

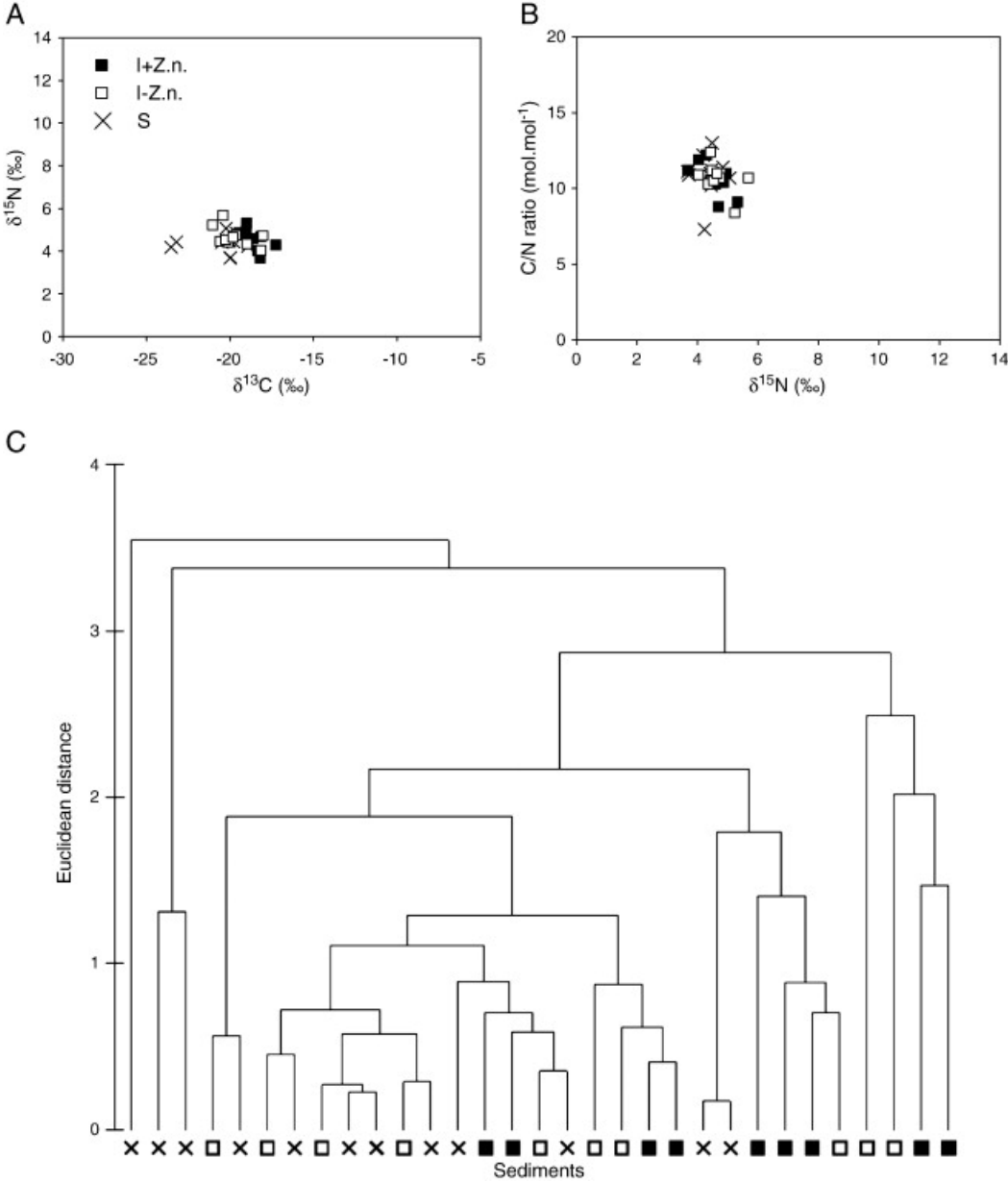


Figure 4. Relative contributions of each group of primary producers to sedimentary organic matter in SOM (sedimentary organic matter). Vertical bars are standard deviations between stations and within the three types of stations mentioned above.

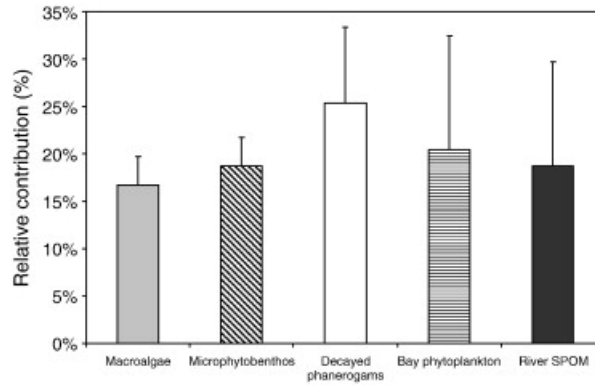
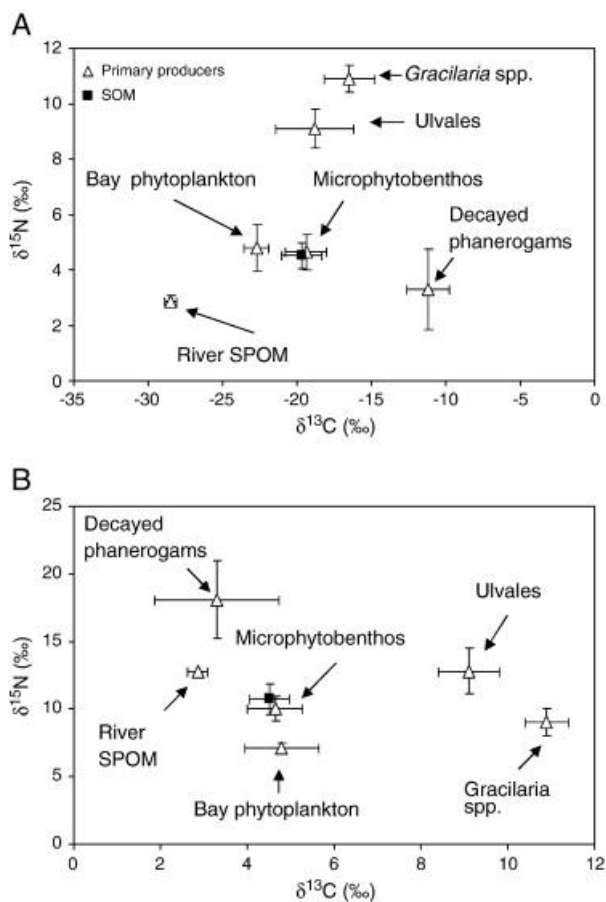


Figure 5. A, B: Dual plots (A: $\delta^{15}\text{N}$ vs. $\delta^{13}\text{C}$, mean \pm SD; B: C/N ratio vs. $\delta^{15}\text{N}$, mean \pm SD) of sediments and primary producers considered for the stable isotope mixing model. SOM: sedimentary organic matter.



Tables

Table 1. Isotopic and elemental signatures of each group of primary producers. Groups (1 to 7) were determined by a SIMPROF test on a cluster analysis. 1: Terrestrial higher plants and river SPOM, 2: River macroalgae, 3: Seagrasses, 4: *Gracilaria* spp., 5: Ulvales, 6: Bay phytoplankton, 7: Microphytobenthos.(see Section 3.1 for details). SD: standard deviation; n: number of values.

Primary producers	$\delta^{15}\text{N}$ (‰)	$\delta^{13}\text{C}$ (‰)	C/N (mol mol ⁻¹)
	Mean \pm SD (n)	Mean \pm SD (n)	Mean \pm SD (n)
Watershed			
1	0.8 \pm 2.9 (7)	- 28.0 \pm 1.3 (7)	39.6 \pm 25.7 (7)
2	8.7 \pm 0.6 (5)	- 32.6 \pm 4.1 (5)	13.6 \pm 0.8 (5)
Bay			
3	5.5 \pm 1.4 (19)	- 11.9 \pm 1.4 (19)	15.0 \pm 2.9 (19)
4	10.9 \pm 0.5 (15)	- 16.5 \pm 1.7 (15)	9.0 \pm 1.0 (15)
5	9.1 \pm 0.7 (13)	- 18.8 \pm 2.6 (13)	12.8 \pm 1.7 (13)
6	4.8 \pm 0.9 (9)	- 22.7 \pm 0.8 (9)	7.1 \pm 0.4 (9)
7	4.6 \pm 0.6 (20)	- 19.4 \pm 1.4 (20)	10.0 \pm 0.9 (20)

Table 2. Characteristics of sediment and sediment organic matter (SOM) regarding the three groups of sediments: subtidal sediment (S) and intertidal sediment with (I + Z.n.) and without (I - Z.n.) *Zostera noltii* meadows.

Factors	Subtidal (S)	Intertidal (I)	
	Mean \pm SD	I + Z.n. Mean \pm SD	I - Z. n. Mean \pm SD
SOM			
$\delta^{15}\text{N}$ (‰)	4.4 \pm 0.4	4.6 \pm 0.5	4.7 \pm 0.5
$\delta^{13}\text{C}$ (‰)	- 20.5 \pm 1.4	- 18.6 \pm 0.7	- 19.7 \pm 1.0
C/N (mol mol ⁻¹)	10.9 \pm 1.3	10.6 \pm 1.1	10.7 \pm 1.0
Sediment			
Chlorophyll <i>a</i> ($\mu\text{g g}^{-1}$)	5.4 \pm 6.9	8.9 \pm 3.7	15.5 \pm 15.6
Silts and clays (%)	24 \pm 23	47 \pm 11	41 \pm 17