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## Norovirus contamination on French marketed oysters

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### Abstract:

Contaminated shellfish have been implicated in gastroenteritis outbreaks in different countries. As no regulation has been set up yet regarding viral contamination of food, very few data are available on the prevalence of contaminated products on the market. This study presents data obtained from oysters collected on the French market in one producing area over a 16 month period of time. Noroviruses were detected in 9% of samples with a seasonal impact and influence of climatic events. Contamination levels were low and, surprisingly, oysters sampled directly from the producer were found to have less contamination than oysters from supermarkets.

### Highlights

► Noroviruses were detected in 9% of oyster samples collected on the French market ► Norovirus contamination in oysters depends on the season and climatic events ► Norovirus concentration was low in oyster tissues ► Oysters collected directly from producers were less contaminated than oysters collected in supermarkets.

**Keywords:** Oyster ; Market ; Norovirus ; Quantification ; Calicivirus ; Prevalence

## 27 **1. Introduction**

28

29 Shellfish were identified as a vector for human enteric pathogen transmission more than 150 years  
30 ago. Consumption of either raw or undercooked shellfish can lead to transmission of disease as human  
31 pathogens can be accumulated during their filter-feeding activity. Contamination of shellfish-growing  
32 waters with human sewage was recognized as a contributing cause of outbreaks, leading to the  
33 development of bacteriological criteria to assess the impact of sewage on shellfish and shellfish-  
34 growing waters. The adoption of regulations to specify acceptable levels of bacterial enteric pathogens  
35 in shellfish tissues (European regulation 54/2004/EC) or in waters where shellfish are grown (United  
36 States Sanitation Program) led to the classification of production areas and thus to a decrease in the  
37 number of bacterial outbreaks associated with shellfish consumption (Iwamoto et al., 2010). However,  
38 as viral contamination is not yet controlled, gastroenteritis outbreaks linked to shellfish consumption  
39 still occur. Among the diverse array of human enteric viruses shed into the environment, noroviruses  
40 (NoVs) are currently the most common cause of infection associated with shellfish consumption.  
41 *Norovirus* is a genus in the family *Caliciviridae*. The genus is divided into six genogroups, three of  
42 which infect humans (GI, II and IV) (Atmar, 2010). NoV GII strains are responsible for almost 90% of  
43 clinical cases (with a high prevalence of the GII.4 cluster), while the other 10% are caused by GI  
44 strains; GIV strains are recognized infrequently (Atmar, 2010). NoV infection causes gastroenteritis  
45 characterized by the symptoms of vomiting and diarrhea, and infected persons, including those  
46 asymptotically infected, shed a high concentration of viral particles in their stools (Atmar et al.,  
47 2008). NoVs are non-enveloped viruses, are very stable in the environment, and can thus contaminate  
48 rivers or coastal waters that support shellfish growth (Perez-Sautu et al., 2012; Yang et al., 2012). As a  
49 consequence, they have been detected in shellfish in a number of countries (Diez-Valcarce et al.,  
50 2012; Rajko-Nenow et al., 2012; Suffredini et al., 2012; Terio et al., 2010; Woods and Burkhardt,  
51 2010).

52 The present study was conducted to evaluate the prevalence of these viruses in French oysters  
53 available on the market. Oyster production is an important industry in France, involving about 3 120

54 farms distributed mainly on the Channel and Atlantic Ocean coasts. One area, located on the Atlantic  
55 coast, was selected for this study.

56

## 57 **2. Materials and methods**

58

### 59 2.1 Sampling

60 The study was performed in the southwestern coastal area of France (Vendée area). Sampling was  
61 performed by the veterinary service directly at a farm's shop or at farmer's markets (both referred to  
62 as producers), from packers (wholesalers) and at supermarkets. The sampling scheme aimed to cover  
63 selling places in the Vendée area. A total of 388 samples was collected and analyzed between  
64 February 2010 and May 2011 (16 months). The sampling scheme was set up to collect 12 samples per  
65 month from May to October and a maximum of 40 samples per month from November to April (an  
66 average of 36 samples was collected per month during this latter period). The sampling was based  
67 upon products available on the market such that small producers were sampled less frequently, as they  
68 did not have products to sell each time the sampling was performed. When sampling, the officer  
69 completed a questionnaire indicating the sampling place, name of the producer, original oyster  
70 growing area, and date and relocation area, if available.

71

### 72 2.2 Oyster processing

73 Each sample contained at least 12 oysters and was sent to the laboratory refrigerated (4°C) within 24 h  
74 of collection. On the day of arrival in the laboratory, the 12 oysters were washed, shucked, and their  
75 total weight recorded. The stomach and digestive diverticula (DT) were removed by dissection,  
76 pooled, divided into 1.5 g portions (representing approximately 3 oysters) and frozen at -20°C. For  
77 analysis, DTs were inoculated with 10<sup>6</sup> genomic copies of mengovirus (MgV) (kindly provided by A.  
78 Bosch, University of Barcelona, Spain), homogenized, extracted with chloroform-butanol, and  
79 precipitated with Cat-floc (Calgon, Ellwood City, PA, USA), followed by polyethylene glycol 6000  
80 (Sigma, St Quentin, France) precipitation (Atmar et al., 1995). For viral nucleic acid (NA) extraction,  
81 the PEG pellet was suspended in 1 ml of RNase-free H<sub>2</sub>O, mixed with the NucliSENS lysis buffer (2

82 ml) (bioMerieux, Lyon, France), and incubated for 30 min at 56°C (Le Guyader et al., 2009). The  
83 purification steps were performed with an automatic easyMag extractor (bioMerieux) using a  
84 NucliSENS kit (bioMerieux). The NA was suspended in 100 µl of RNase-free water and analyzed  
85 immediately or kept frozen (-80°C).

86

### 87 2.3 Real-time RT-PCR (RT-qPCR)

88 Amplifications were carried out using the Ultrasens quantitative RT-PCR kit (Invitrogen, Saint-Aubin,  
89 France), using previously published cycling conditions, primers, and probes for NoV and MgV (Pinto  
90 et al., 2009; Sima et al., 2011). Amplifications were performed on undiluted extracts or ten-fold  
91 diluted extracts. Precautions, such as the use of isolated rooms for various steps and filter tips on the  
92 micropipettes, were taken to prevent false positive results. Two negative amplification controls (water)  
93 were included in each amplification series and no more than seven samples were analyzed in each RT-  
94 qPCR assay.

95 The cycle threshold ( $C_T$ ) was defined as the cycle at which a significant increase in fluorescence  
96 occurred (i.e., when fluorescence became distinguishable from the background) and only samples for  
97 which wells yielded a  $C_T$  value < 41 were considered as positive (the positive threshold ( $P_T$ )) based  
98 upon our prior experience (Le Guyader et al., 2009).

99

### 100 2.4 Extraction efficiency

101 After the extraction of samples seeded with the mengovirus, undiluted and ten-fold diluted extracts  
102 were subjected to RT-qPCR for MgV. The  $C_T$  value of a sample was compared to the  $C_T$  value of the  
103 positive control used in the extraction series, and to a standard curve made by end-point dilution. This  
104 difference ( $\Delta C_T$ ) was used to determine the extraction and amplification efficiency, using the equation  
105  $100e^{-0.6978\Delta C_T}$ , and expressed as a percentage for each sample (Le Guyader et al., 2009). If the  
106 extraction efficiency was under 10%, the extraction was repeated. If after the second extraction, the  
107 extraction efficiency was still under 10% and greater than 1%, then the sample was analyzed for NoV  
108 but not considered for quantification.

109

## 110 2.5 NoV quantification

111 The limit of quantification is estimated to be 70 RNA copies/g DT (Le Guyader et al., 2009). For  
112 samples with a  $C_T$  value between 39 and 41, a concentration of 35 RNA copies/g of DT (half of the  
113 limit of quantitation) was assigned. Only samples for which wells yielded  $C_T$  value  $< 39$ , (the  
114 quantification threshold ( $Q_T$ )), and an extraction efficiency  $>10\%$  were included in quantitative  
115 analysis. Standard curves based on *in vitro* transcription plasmids containing nucleotides 146 to 6935  
116 of the GI.1 Norwalk virus (Genbank M87661), nucleotides 4191 to 5863 of the GII.4 Houston virus  
117 (Genbank EU310927), or nucleotides 667 to 967 of the GIV.1 Fort Lauderdale virus (Genbank  
118 AF414426.1) were included on each run. The number of RNA copies in each positive sample was  
119 estimated by comparing the  $C_T$  value with the corresponding standard curve, and the concentration  
120 was then back-calculated based on the volume of NA. The NoV concentration was reported as per g of  
121 DT and per oyster based on DT weight recovered, without or with extraction efficiency correction.

122

## 123 2.6 Statistical analysis.

124 Categorical data (including frequency of positivity by year and by producer) were compared using a  
125 Fisher exact test. A  $P$  value of  $<0.05$  was considered significant (Statgraphics Centurion XV).

126

127

## 128 **3. Results**

### 129 3.1 Sampling

130 Samples were collected from 42 different locations based on market availability: 12 of these were  
131 sampled once, 19 between two and 16 times (134 samples, average of 7 samples collected per  
132 location), and 11 more than 16 times (242 samples average of 22 samples) (Table 1). The sites  
133 sampled most frequently corresponded to large producers or packers or supermarkets. Among all  
134 samples, 149 were produced locally (southwestern coast) and 72 in the western coast (Brittany-  
135 Normandy). The data sheet describing the production locale could not be completed for the remaining  
136 167 samples (e.g., in supermarkets) because the sanitation label only contained information about the  
137 last distributor. One hundred five samples were produced in good quality areas ( $<230$  *Escherichia*

138 *coli*/ 100 g of shellfish tissues, class A area, EU regulation). Three were put on the market within 2  
139 days and the other 102 samples were relocated to aerated basins with seawater changed twice a day  
140 (tidal events) located just in front of farms; these areas were classified as potentially contaminated area  
141 (class B, EU regulation). The other 283 samples were produced in class B area (283 samples) and  
142 underwent depuration. Depuration time was available for only 26 samples (average time of 6.5 days).

143

### 144 3.2 Extraction efficiencies

145 One sample, collected in April 2010, had an unacceptable extraction efficiency (less than 1%) despite  
146 repeated extraction and was excluded from the study (this sample was negative for NoV but could be a  
147 false negative). Sixteen additional samples showed poor extraction efficiency (mean =  $7 \pm 2\%$ ). The  
148 majority of the samples (95.8%) had good extraction efficiency (mean =  $39 \pm 21\%$ ) (Table 2).

149 Absence of inhibition was verified for all samples by dilution of nucleic acid.

150

### 151 3.3 NoV detection

152 Among the 387 samples, 352 (91%) were NoV-negative and 35 (9 %) were contaminated with NoV  
153 (Table 2). The average extraction efficiency of samples negative for NoV ( 40%) was comparable to  
154 the average extraction efficiency obtained with NoV positive samples (35%). One positive sample  
155 (collected in a supermarket) had a poor extraction efficiency and was considered as positive but not  
156 quantified, the 15 other samples were negative. GI NoV was detected in two samples (under the limit  
157 of quantification), GII NoV in 28 samples (14 under the limit of quantification), and GIV NoV was  
158 not detected. Four samples were contaminated by both GI and GII NoVs (two samples collected in  
159 packers and two directly from producer farms).

160 The sampling frequency was based on the amount of shellfish present on the market and thus some  
161 large producers were sampled more frequently than others. No statistical difference ( $P = 0.07$ ) was  
162 observed between producers sampled less than 16 times (8 positive samples/145 samples) compared to  
163 producers sampled more frequently (27 positive samples/242 samples). Among these, only one  
164 producer had no positive samples, and four producers had at least 14% of their samples positive for  
165 NoV (Table 1).

166 NoVs were detected during the winter and early spring months in both years, with the exception of  
167 one sample that was NoV-positive in September 2010 (Figure 1). A higher frequency of NoV  
168 detection was observed among samples collected in February-March 2010 compared to those collected  
169 in February-March 2011 (21/77 vs. 7/76, respectively,  $P = 0.0059$ ) (Figure 1).

170 Among the 82 samples collected from supermarkets, 14 were positive for NoV whereas only seven of  
171 164 samples collected directly from producers were NoV positive ( $P = 0.0013$ ). Among the 140  
172 samples collected from packing companies, 14 were found to be contaminated by NoVs (Table 2).

173

#### 174 3.4 NoV quantification

175 For all positive samples, the mean extraction efficiency was about 33%, with no difference between  
176 samples from supermarkets, packers or producers. Sixteen samples had a  $C_T$  value under the  $Q_T$ ,  
177 estimated to be less than 70 RNA copies / g DT. The other samples had concentrations between 93 and  
178 220 RNAc /g DT, when extraction efficiency was not taken into account, or between 256 and 738  
179 RNAc/g DT when corrected for extraction efficiency. To further estimate oyster contamination, NoV  
180 quantification was estimated per oyster, with a concentration of 35 RNAc/g DT assigned to positive  
181 samples under the limit of quantification (Table 3). Geometric mean concentrations varied from 27 to  
182 245 RNAc/oyster considering uncorrected or corrected numbers.

183

#### 184 4. Discussion

185

186 In France, the largest oyster producer in Europe, shellfish production is an important economic  
187 activity, with producing areas distributed along different coasts. Most of the oysters produced are  
188 consumed in France, especially in the western coastal area (Secodip-Ofimer, 2007). Oyster farmers  
189 sell their produce directly from the farms or at markets to supermarkets or to packing companies. As  
190 in other countries, oyster consumers have been infected by NoV. We have identified the conditions  
191 leading to oyster contaminations for some outbreaks in France in the past (Le Guyader et al., 2006;  
192 2008; 2010), but at times no particular event was found (unpublished data). This observation raised  
193 the question of how prevalent NoVs are in marketed shellfish. No studies on this matter have yet been

194 conducted before in France and there are few published data on market samples (Boxman, 2010;  
195 Costantini et al., 2006; Woods and Burkhardt, 2010).

196 An area of production representing 466 producers was selected in southwestern France. Our  
197 study sought to evaluate the contamination throughout the year, but sampling was done more  
198 frequently during the winter-spring period. This choice was made for several reasons: the probability  
199 of NoV levels in sewage is higher during the winter outbreak of gastroenteritis (Phillips et al., 2011;  
200 Rohayem, 2009), the higher carbohydrate-ligand expression in oyster tissues during this time increases  
201 NoV bioaccumulation (Maalouf et al., 2010, 2011), oyster consumption is higher in this period of the  
202 year (Secodip-Ofimer, 2007), and many French-shellfish related disease outbreaks have been observed  
203 to occur in February-March (Le Guyader et al., 2006; 2008; 2010).

204 Extraction of human enteric viruses from shellfish involves several steps that depend on the  
205 method used but all studies targeted the digestive tissues and analyzed comparable amounts of tissues  
206 (1.5 g to 2 g), with eventually an additional step to further concentrate viral particles (Le Guyader et  
207 al., 2009; Nishida et al., 2007; Terio et al., 2010; Woods and Burkhardt, 2010; Lowther et al., 2012a).  
208 Potential inhibitor persistence, specificity and sensitivity are important parameters that need to be  
209 checked when analyzing food or environmental samples with low levels of contamination (Julian and  
210 Schwab, 2012). The use of kits for NA extraction and purification and the inclusion of quality controls  
211 to verify the extraction efficiency and lack of inhibitors are now commonly used (Pinto et al. 2009; Le  
212 Guyader et al., 2009; Nishida et al., 2007; Mesquita et al., 2011; Woods and Burkhardt, 2010;  
213 Lowther et al., 2012a). Finally, the use of one-step TaqMan-based RT-qPCR, targeting the ORF1-  
214 ORF2 junction region, also constitutes a major improvement for NoV detection and lowering the risk  
215 of contamination ( Kageyama et al., 2003; Loisy et al. 2005). The number of samples is important for  
216 representativity, so we only considered papers reporting NoV prevalence based on at least one  
217 hundred analyzed samples. Taking into account these considerations, NoVs have been detected in  
218 76.2% of oysters collected in commercial harvesting areas in the UK (Lowther et al., 2012a), in 3.9%  
219 of US oysters sold live (Woods and Burkhardt, 2010), and in 5% of oysters in Japan (Nishida et al.,  
220 2007). Possible explanations for such large difference in contamination within countries include  
221 differences in the efficiency of sewage treatment, different environmental conditions, or different



222 policies regulating oyster production. For example, a recent study from Scotland, reported the  
223 presence of HEV in 92% of mussels collected for human consumption that had been grown near a  
224 slaughterhouse (Crossan et al., 2012). Both in the US and the UK, a seasonal impact of the  
225 contamination was observed (in the Japanese study samples were collected only during winter and the  
226 beginning of spring). During our study we confirmed a seasonal effect, but also found a difference  
227 between the two winters of the study. This may be explained by the intensity and duration of the  
228 winter outbreak in the human community directly impacting the level of NoV in sewage, and also by  
229 climatic conditions ([www.sentiweb.org](http://www.sentiweb.org))(Grodzki et al., 2012).

230         Some samples of this study were produced in clean areas (class A regarding EC regulation).  
231 However, as oyster collection is easier when the tidal coefficients are highest (occurring twice a  
232 month), producers collect them at these times and then keep them in front of the farms (classified as B  
233 area) in large basin connected to the sea (with sand filtered seawater changed twice a day). Out of the  
234 105 samples in the present study that were produced in a good quality (class A) area, only three  
235 (negative for NoV) remained in such basins for less than two days. Among the 102 other samples kept  
236 for more than two days in these basins, 13 were found positive for NoV, confirming the inadequacy of  
237 such practice (Ventrone et al., 2013). It is important to consider oyster farming practices to improve  
238 shellfish quality as we know that depuration is not efficient for viral elimination (Richards et al.,  
239 2010).

240         A large proportion of produced oysters are distributed by packing companies to other parts of  
241 France (markets or supermarkets or restaurants) or to other countries. Locally, consumers can buy  
242 shellfish directly from producers (on the farm or at a market) or in supermarkets. To our surprise,  
243 shellfish sold directly by producers were significantly less frequently contaminated by NoV than  
244 shellfish sold in supermarkets. Such a difference is difficult to explain as supermarkets provide few  
245 data about the oysters they sell, with no information on the production area. It is not secondary  
246 contamination as French regulation forbids the re-immersion of oysters after packaging. We can  
247 hypothesize that supermarkets sell oysters from other producing areas (than the ones we studied) or  
248 even imported oysters. The main question though is how producers select oysters they want to sell  
249 directly. Since direct sales can represent up to 30% of consumed oysters, this point is important to

250 consider for risk analysis evaluation. Additional data are needed from other producing areas to  
251 examine these issues.

252 NoVs are recognized as very infectious pathogens (Teunis et al., 2008). Here we expressed the  
253 NoV concentration per g of DT, as is usually published, but also per oyster. A recent risk analysis  
254 study performed on oyster-related disease outbreaks showed a high infectivity for both GI and GII  
255 strains, especially for secretor positive phenotype individuals (Thebault et al., 2013). The level  
256 detected in these oyster samples may be sufficient to induce gastroenteritis symptoms in consumers.  
257 However, low virus concentrations are associated with fewer symptomatic cases and make case  
258 identification more difficult (Lowther et al., 2012b). Epidemiologic studies to evaluate the association  
259 of levels of NoV contamination with risk of disease are needed.

260 The recognition that NoVs are everywhere and that food plays an important role in their  
261 transmission is now clear (Havelaar et al., 2012; Wobus and Nguyen, 2012). From a public health  
262 perspective, the sanitary quality of shellfish for human consumption needs to be improved, just as such  
263 a needs has been identified for other food such as fresh produce (Baert et al., 2011). The future  
264 CEN/ISO horizontal method will be helpful to estimate the exposure of consumers to contaminated  
265 food and, eventually to define an acceptable threshold of virus presence, if such a threshold can be  
266 identified. Data collection, large epidemiological studies and further development of risk analysis  
267 based on quantitative data will guide changes needed to improve future regulations.

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269

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276

277 **Figure legend:**

278 Figure 1: Monthly frequency of positive samples during the study.  
279 The number of positive samples was expressed in % per month, with numbers of sample collected per  
280 month indicated at the top. The \* indicates the significant difference observed during the two months  
281 February and March 2010 compared to 2011 ( $P = 0.0059$ ).

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Table 1: Norovirus detection among frequently sampled sites

Sampling frequency	$\leq 15$						$\geq 16$					
Number of site	31						11					
Sampling site*		A	B	C	D	E	F	G	H	I	J	K
Number of samples	145	16	16	17	17	18	21	21	26	29	29	33
Number of positive samples	8	1	0	1	1	3	3	2	3	3	4	5

\* details provided only for frequently sampled sites.



Table 2: Mean extraction efficiencies and norovirus detection.

Sampling site	Number collected	Negative samples		Positive samples		# pos with conc. < 70	# pos with conc. > 70	NoV geometric mean conc/g DT <sup>a</sup>	
		number	Mean extraction efficiency (%)	number	Mean extraction efficiency (%)			uncorrected	corrected
All	387	352	40 ± 20	35	35 ± 15	16	19	187	624
Supermarkets	82	68	35 ± 25	14 <sup>bc</sup>	35 ± 20	5	8	220	738
Packers	141	127	35 ± 25	14	30 ± 10	6	8	188	658
Producers	164	157	40 ± 30	7*	35 ± 15	5	2	93	256

<sup>a</sup> calculated for positive samples above the quantification limit of 70 RNAc/g DT,

<sup>b</sup> one sample with a low extraction efficiency was not considered for quantification

<sup>c</sup> number of positive samples collected in supermarkets is significantly different (p= 0.0013) from the number of positive samples collected from producers.

Table 3: Norovirus quantification per oyster.

Sampling site	Number of positive samples	Mean flesh weight per oyster (g)	Mean weight of DT per oyster (g)	NoV geometric mean conc per oyster	
				uncorrected	corrected
				All	34
Supermarkets	13	10.11	0.69	73	245
Packers	14	8.83	0.66	63	228
Producers	7	11.31	0.70	27	89

Fig. 1

