
Impacts of three different microdiets on Florida Pompano, *Trachinotus carolinus*, weaning success, growth, fatty acid incorporation and enzyme activity

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Abstract:

In this study, three microdiets were tested on weaning of Florida pompano larvae: Otohime, Gemma and a reference diet LR803. The experimental system was stocked with 11-day-old larvae, which were co-fed micro-diets and live food from 11 dph to 17 dph then micro-diets only until 28 dph. Survival from 11 dph to 28 dph was similar for all treatments, with an average of 33%. At the end of the trial, the Gemma larvae were significantly longer and heavier than those larvae fed the other diets. Significant differences were observed in fatty acid composition of the diets and larvae between treatments. The Gemma larvae incorporated the lowest amount of eicosapentaenoic acid (EPA), docosahexaenoic acid (DHA) and arachidonic acid (ARA). However, they had the highest DHA/EPA and ARA/EPA ratios, which is in agreement with the concept that the proportions of polyunsaturated fatty acids could be of greater importance than their absolute amount. Results from the enzyme analysis suggest that fishmeal is suitable as the main protein source for Florida pompano larvae. This study gives new insights on Florida pompano early nutritional requirements and demonstrated the full functionality of the pancreas at 16 days post hatch, opening possibilities of an earlier weaning time.

Highlights

► Survival was similar for Florida pompano larvae weaned on three different diets. ► Growth was enhanced by the Gemma diet compared to the two other diets. ► Essential fatty acids ratios appeared more important than absolute inclusion levels. ► Enzyme analyses showed the full functionality of the pancreas by 16 days post hatch.

Keywords: Enzyme ; Fatty acids ; Fish larvae ; Microdiets ; *Trachinotus carolinus* ; Weaning

38 1. INTRODUCTION

39 The Florida pompano, *Trachinotus carolinus*, is found along the coasts of the eastern Atlantic
40 ocean and Gulf of Mexico, from Massachusetts down to Brazil, with the highest abundance
41 along the coast of Florida (Gilbert, 1986; Smith-Vaniz, 2002). Belonging to the Carangidae
42 family, it is a popular food and game fish (Iversen and Berry, 1969; Weirich et al., 2006).
43 The commercial fishery in the United States has remained small and the demand is
44 continuously increasing and higher than the supply (Weirich et al., 2006). In 2011, with only
45 102.4 metric tons of commercial landing, the whole-fish dockside price reached US\$ 8.92/kg
46 (NOAA/NMFS, 2013). In addition to a high retail price and consumer demand, the Florida
47 pompano has a fast growth rate and can withstand high densities, making it a prime candidate
48 for aquaculture production (Iversen and Berry, 1969; Moe et al., 1968; Weirich et al., 2006).
49 However, difficulties in producing large quantities of juveniles have hindered the
50 development of Florida pompano farming and the development of reliable hatchery protocols
51 is essential (Cavalin and Weirich, 2009; Riley et al., 2009). One of the main challenges of
52 larval rearing is to provide adequate nutrition to support the fast growth and development of
53 larvae. Traditionally, most marine finfish larvae are first fed rotifers then *Artemia* until the
54 end of metamorphosis when they are slowly weaned on to a commercial dry diet (Rosenlund
55 et al., 1997). However, live food production is costly, time consuming and *Artemia*
56 nutritional value varies tremendously depending on strain, origin and even batches from the
57 same location (Conceição et al., 2010; Lavens and Sorgeloos, 2000). Rotifers and *Artemia* are
58 both deficient in essential fatty acids, which are a fundamental source of energy and
59 structural components for larval development (Sargent et al., 1997). Indeed, marine fish
60 larvae are unable to elongate and desaturate 18:3n-3 and 18:2n-6 to polyunsaturated fatty
61 acids (PUFAs) and these PUFAs must therefore be supplied by the diet (Bell, 2003; Sargent
62 et al., 1999b, 1989). In addition to a poor nutritional profile live food also transfers harmful

63 bacteria to the larvae and the microbial control of live food cultures is a difficult procedure
64 (Olafsen, 2001).

65 To achieve an economical and reliable production of juveniles in marine finfish aquaculture it
66 is critical to develop micro-particulate diets that provide the adequate nutrition to the larvae.
67 Research from the past decade showed that unlike previously suggested (Dabrowski, 1984;
68 Kolkovski et al., 1993; Lauff and Hofer, 1984), fish larvae do possess the necessary enzymes
69 to digest an inert diet at the onset of exogenous feeding (Cahu and Zambonino-Infante,
70 2001). However, fish larvae have very different nutritional requirements compared to
71 juveniles. For example, it was found that dietary lipids (Coutteau et al., 1997) and protein
72 hydrolysates (Zambonino-Infante et al., 1997) are two crucial components for the growth and
73 development of larvae but are not essential for juveniles. Therefore, larval diets must be
74 specifically designed to meet these particular needs. In addition, the design of the diet must
75 take into consideration the reduced attraction of larvae for inert particles (Cox and Pankhurst,
76 2000; Fernandez-Diaz et al., 1994), the risk of leaching of nutrients due to the small surface
77 to volume ratio (Kvåle et al., 2006; Langdon, 2003) and the effects on water quality (Bonaldo
78 et al., 2011; Fletcher et al., 2007). While Cahu et al. (2003) successfully reared seabass
79 *Dicentrarchus labrax* on an experimental diet with total elimination of live food, a live food
80 period is still required for most marine fish larvae.

81 Co-feeding microdiets and live food has been shown to improve larval performances
82 compared to feeding microdiets or live food alone in many species such as red sea bream
83 *Pagrus major* and Japanese flounder *Paralichthys olivaceus* (Kanazawa et al., 1989), yellow-
84 finned black porgy *Acanthopagrus latus* (Leu et al., 1991), red drum *Sciaenops ocellatus*
85 (Holt, 1993), Atlantic cod *Gadus morhua* (Callan et al., 2003), barramundi *Lates calcarifer*
86 (Curnow et al., 2006) or Senegalese sole *Solea senegalensis* (Engrola et al., 2009). Two main
87 factors are contributing to the success of co-feeding protocols. First, live food visual and

88 chemical stimulation facilitates the ingestion of the microdiet, conditioning the larvae to prey
89 on inert particles and allowing for an earlier weaning to dry feed (Canavate and Fernandez-
90 Diaz, 1999; Rosenlund et al., 1997). Second, live prey carry numerous nutritional factors
91 stimulating pancreatic enzyme secretions and endocrine responses which contributes to the
92 maturation of the digestive system (Kolkovski et al., 1997; Koven et al., 2001). The
93 maturation of the digestive system is characterized by the progressive decline of the early
94 mode of protein digestion and absorption (through pinocytosis and intracellular digestion)
95 and the simultaneous increase of extracellular digestion and membrane transport as the
96 enterocytes brush border membrane develops (Govoni et al., 1986). The study of the
97 pancreatic, cytosolic and brush border membrane enzymes give essential information on this
98 maturation process (Zambonino-Infante and Cahu, 2001).

99 The goal of this research was to gain knowledge on Florida pompano larvae nutritional
100 requirements and digestive abilities by studying the impact of co-feeding three different
101 microdiets on larval performances, lipid incorporation and digestive enzyme activity.

102 2. MATERIALS AND METHODS:

103 2.1 Experimental set up

104 Eggs were obtained from a captive spawn at the Mote Marine Laboratory Aquaculture
105 Research Park in Sarasota, Florida. The broodstock population was collected in 2008 off the
106 southwest coast of Florida and conditioned using temperature and photoperiod control in a
107 25m³ tank equipped with a recirculating filtration system. After 6 weeks under simulated
108 natural conditions, fish were sampled to check their reproductive status and females with
109 oocytes in late secondary growth ($410 \pm 21 \mu\text{m}$, $n=14$ females, 50 oocytes per females) were
110 implanted with Ovaplant® at 50µg/kg (Western Chemical Inc.). Eggs were incubated in a
111 100L conical hatching tank with an upwelling water flow recirculating with a 3.3m³ tank
112 equipped with a filtration system. After hatching, the water flow was reduced and the screen
113 of the overflow pipe removed to allow for a gentle release of the larvae in the tank and the
114 collection of dead embryos and egg casings at the bottom of the hatching tank.

115 Approximately 200,000 larvae were reared in the 3.3 m³ tank (temperature $26 \pm 1 \text{ }^\circ\text{C}$, salinity
116 $35 \pm 1 \text{ g L}^{-1}$, dissolved oxygen of $6 \pm 1 \text{ mg L}^{-1}$ and pH of 8 ± 0.5) up to 11 days post hatch
117 (dph). Rotifers enriched with Algamac 3050 (Aquafauna Bio-Marine Inc., Hawthorne, CA,
118 USA) were fed to the larvae at 5 ml^{-1} from 2 to 11 dph and *Artemia* were introduced from 9
119 dph at 3 ml^{-1} . Up to 11 dph, the tank water was shaded with RotiGrow *plus* (Reed
120 Mariculture Inc, CA, USA) at 500,000 cells L⁻¹. At dph 11, the water level in the production
121 tank was lowered and the larvae were collected and transferred to twelve 130 L experimental
122 tanks ($870 \text{ larvae tank}^{-1}$, counted manually, equivalent to 6-7 larvae L⁻¹) corresponding to
123 three microdiets tested in quadruplicate: 1) Otohime (Commercial diet, Marubeni Nisshin
124 Feed Co. Japan), 2) Gemma (Commercial diet, Skretting, France) and 3) Larval Reference
125 Diet 803 – LR803 (Experimental diet, Agricultural Research Service, USA). The diet
126 ingredients are listed in Table 1.

127 Larvae were co-fed one of three microdiets, rotifers at 3 ml⁻¹ and *Artemia* at 2 ml⁻¹ from 11 to
128 13 dph, followed by microdiet and *Artemia* at 1 ml⁻¹ until 16 dph. From 17 to 28 dph ~~(end of~~
129 ~~the experiment)~~, larvae were only fed microdiets through automatic feeders. Microdiets were
130 overfed to ensure larvae satiation and tanks were siphoned on a daily basis to maintain tank
131 hygiene. ~~The experiment was ended at dph 28 when fish had completed metamorphosis, had~~
132 ~~been fully weaned for over 10 days and required transfer to a larger system.~~

133 Larvae were sampled at 11, 16, 22, 26 and 28 dph to record standard length and body depth
134 (10 larvae tank⁻¹, 40 treatment⁻¹). Body depth was measured from the insertion of the first
135 dorsal spine to the to the most ventral point on the base of the body, as pictured in Cavalin
136 and Weirich, 2009. Wet weight was recorded on 22, 26 and 28 dph only due to the very low
137 weight of the larvae prior to 22 dph and the lack of analytical precision (10 larvae tank⁻¹). At
138 16, 22 and 28 dph, 10 larvae from each tank were preserved for enzyme analysis. At the end
139 of the trial (28 dph), all fish were counted to determine survival and 10 larvae from each tank
140 were preserved for proximate and fatty acid analysis.

141

142 **2.2 Enzyme analysis**

143 Enzyme analyses were performed at the Functional Physiology of Marine Organisms Unit at
144 Ifremer, Brest, France. Larvae were dissected under a microscope on a glass plate at 0 °C to
145 separate the pancreatic segment from the intestinal segment as described in Cahu and
146 Zambonino-Infante (1994). Trypsin and amylase activities were assayed according to Holm
147 et al. (1988) and Métais and Bieth (1968) respectively. Enzymes of the brush border
148 membrane, alkaline phosphatase (AP) and leucine aminopeptidase (AN), were assayed
149 according to Bessey et al. (1946) and Maroux et al. (1973) respectively. Leucine-alanine
150 peptidase (leu-ala) assays were performed using the method of Nicholson and Kim (1975).

151 Enzyme activities are expressed as specific activities (i.e. U/mg protein). Protein was
152 determined by the Bradford procedure (Bradford, 1976).

153

154 **2.4 Proximate and lipid analyses**

155 Proximate analyses were performed at the University of Stirling Institute of Aquaculture
156 Nutrition Group, in Stirling, Scotland. Proximate composition of microdiets and larvae at the
157 end of the trial were determined according to standard procedures (AOAC, 2000). Prior to
158 analysis, the larvae from each tank were pooled and minced. Moisture content was
159 determined by drying the samples at 105 °C for 24 h. Ash content was determined after 24 h
160 in crucibles at 600 °C. Crude protein content (Nx6.25) was determined using the automated
161 Kjeldahl method (Tecator Kjeltac Auto 1030 analyzer, Foss, Warrington, U.K). Crude lipid
162 content was determined after extraction according to Folch et al. (1957).

163 Lipid analyses were performed by the Fisheries and Mariculture Laboratory at the University
164 of Texas Marine Science Institute (UTMSI) in Port Aransas, Texas, USA. Lipids were
165 extracted according to Folch et al. (1957) and the fatty acid composition was determined by
166 gas-liquid chromatography after preparation of fatty acid methyl esters (FAMES) according
167 to Morrison and Smith (1964). FAMES were separated and quantified on a gas
168 chromatograph (Shimadzu GC-2014, Shimadzu Scientific Instruments, Columbia, MD, USA)
169 equipped with a Phenomenex ZB-WAX plus capillary column (30 m long, 0.53 mm internal
170 diameter, 1.0 µm thickness; Phenomenex, Torrance, CA, USA) with on-column injection and
171 flame ionization detection, using helium as carrier gas (4 mL min⁻¹) and injector and detector
172 temperatures of 250 and 260 °C respectively. Temperature was held at 160°C for 5 min then
173 increased up to 220°C at 3°C per minute and maintained at this temperature for 30 minutes.
174 FAMES peaks were identified by comparison with known standards (Supelco, Inc.,
175 Bellefonte, Pennsylvania, USA).

176

177

178 **2.5 Statistical analysis**

179 Statistical analysis was performed with MINITAB[®] version 16.0 (Minitab Ltd., Coventry,
180 UK). Normality and homogeneity of variance were confirmed using Kolmogorov–Smirnov
181 test. Growth, body depth, wet weight and enzyme activities were compared using a General
182 Linear Model (GLM) with all time and treatment interactions being analyzed and significant
183 differences grouped by a Tukey post hoc test with 95 % confidence. Survival, proximate
184 analysis and fatty acid data were arcsine square root transformed before a one-way ANOVA
185 followed by a Tukey post hoc test with 95 % confidence. Linear regression was performed to
186 evaluate the incorporation of selected fatty acids from the diet into larval tissues. All data are
187 presented as mean \pm standard error of the mean (SEM) and level of statistical significance
188 was set at $P < 0.05$.

189 3. RESULTS

190

191 3.1 Survival

192 Survival during the experiment (from 11 to 28 dph) was similar for all treatments with $32.1 \pm$
193 1.2% , $32.6 \pm 0.8 \%$ and $33.3 \pm 0.9 \%$ for the fish fed the Gemma, LR803 and Otohime diets,
194 respectively (~~data not shown~~).

195

196 3.2 Growth

197 From 11 to 22 dph, larvae standard length was similar for all treatments (Fig. 1A). By 26 dph,
198 the Gemma larvae were significantly longer than the larvae fed the other diets. This trend
199 ~~continued~~ at 28 dph with Gemma > LR803 > Otohime larvae. In addition, from 26 to 28 dph,
200 the Otohime larvae exhibited a slower growth compared to the other treatments with an
201 average length at 28 dph not statistically different from that of 26 dph (Fig. 1A).

202 The first significant difference in body depth was observed at 16 dph with the Gemma larvae
203 being larger than the LR803 and Otohime larvae (Fig. 1B). The same trend was observed at
204 28 dph.

205 From 26 dph onwards, the Gemma larvae were significantly heavier than the LR803 and
206 Otohime larvae (Fig. 1C). No difference was observed between the other two diets.

207

208 3.3 Proximate analysis

209 Lipid content was significantly different between microdiets (Table 2). Highest lipid content
210 was found in the LR803 diet ($26.8 \pm 0.1 \%$), compared to the Otohime diet ($21.2 \pm 1.6 \%$)
211 and the Gemma diet ($18.9 \pm 0.5 \%$). At the end of the trial, no difference was observed in the
212 lipid content of the larvae.

213 Protein content was significantly different between diets, with the Gemma diet containing
214 57.6 ± 0.1 % of protein, a significantly higher content than that of the Otohime diet ($52.3 \pm$
215 0.1 %) and the LR803 diet (50.9 ± 0.1 %). The LR803 diet had a significantly lower protein
216 content compared to the two other diets. At the end of the trial, the Gemma and Otohime
217 larvae had similar protein contents (16.3 ± 0.3 % and 16.1 ± 0.3 % respectively), significantly
218 higher than that of the LR803 larvae (14.5 ± 0.8 %).

219 Moisture and ash content were significantly lower for the LR803 diet (respectively 5.6 ± 0.1
220 and 3.7 ± 0.1 %) compared to the other diets. Moisture content was similar for the Gemma
221 and Otohime diets (6.4 ± 0.1 %) while ash content was significantly higher for the Otohime
222 diet compared to the Gemma diet (respectively 12.8 ± 0.1 % and 10.8 ± 0.1 %). However, at
223 the end of the trial no difference was observed in the moisture and ash content of the larvae
224 fed the different treatments with an average moisture content of 61.2 ± 0.3 % and an average
225 ash content of 10.6 ± 0.4 % (Table 2).

226

227 **3.4 Fatty acid analysis**

228 Fatty acid profile of the larvae at the end of the trial was strongly influenced by the fatty acid
229 profile of the microdiets (Table 3). The main differences were observed in linoleic acid (LA),
230 ARA, EPA and DHA content.

231 LA content contrasted greatly between the diets, with LR803 and Gemma containing $19.84 \pm$
232 0.04 and 30.40 ± 0.05 % of LA respectively, as opposed to only 4.54 ± 0.02 % for Otohime
233 diet. LA content in the larvae was correlated ($R^2=0.96$) with the diet content. The LR803 and
234 Gemma larvae incorporated respectively 20.06 ± 0.06 % and 24.40 ± 0.32 % of LA, against
235 4.51 ± 0.13 % for the Otohime larvae.

236 There was also a strong correlation ($R^2=0.98$) between the ARA content of the microdiets and
237 the ARA content of the larvae at the end of the trial. Highest ARA content was observed in

238 the LR803 diet and larvae with respectively 0.55 ± 0.00 % and 0.59 ± 0.01 %. The Otohime
239 diet had a similar ARA content (0.54 ± 0.01 %), however the Otohime larvae incorporated
240 only 0.52 ± 0.01 % of ARA, significantly less than the LR803 larvae. A significantly lower
241 ARA content was observed in the Gemma diet and larvae, with respectively 0.34 ± 0.00 %
242 and 0.30 ± 0.00 %.

243 The Otohime and LR803 diet and larvae contained the highest proportion of EPA with
244 respectively 10.79 ± 0.05 % and 9.01 ± 0.08 % for the diet and 7.28 ± 0.08 % and 6.10 ± 0.13
245 % for the larvae. The Gemma diet and larvae contained the lowest proportion of EPA with
246 respectively 4.12 ± 0.03 % and 2.21 ± 0.04 %.

247 The Otohime diet contained the highest DHA content (9.57 ± 0.01 %), significantly greater
248 than the Gemma diet DHA content (7.32 ± 0.05 %) and the LR803 DHA content (5.36 ± 0.01
249 %). The Otohime larvae incorporated the highest DHA content with 11.22 ± 0.29 %.
250 However, even though the Gemma diet contained significantly higher DHA content than the
251 LR803 diet, the larvae fed these diets incorporated similar DHA contents (7.37 ± 0.11 and
252 7.12 ± 0.13 %) for the Gemma and LR803 larvae respectively.

253

254 **3.5 Enzyme analyses**

255 Trypsin activity in the pancreatic segment did not vary for the Otohime larvae (Fig. 2A).
256 However, for the Gemma and LR803 larvae, the activity increased two-fold from 16 to 22
257 dph, and then decreased from 22 to 28 dph to levels similar to 16 dph. In the intestinal
258 segment, trypsin activity remained steady in the LR803 larvae throughout the trial period,
259 while a two-fold increase was observed for the Gemma larvae (Fig. 2B). A strong increase (4
260 fold) was observed in the Otohime larvae during the first half of the trial followed by a
261 decrease in activity from 22 to 28 dph.

262 Amylase activity in the pancreatic segment exhibited a similar pattern for the larvae from all
263 treatments with a sharp decrease between 16 and 22 dph and stabilization from 22 and 28 dph
264 (Fig. 2C). In the intestinal segment, amylase specific activity did not vary significantly in the
265 Gemma and LR803 larvae (Fig. 2D). However, a two-fold increase was observed between 16
266 and 22 dph in the Otohime larvae, that decrease between 22 and 28 dph, and reach levels
267 similar to 16 dph.

268 In the brush border membrane, AP specific activity decreased by half between 22 and 28 dph
269 in the Otohime larvae (Fig. 3A). In contrast, AP activity in the Gemma larvae appeared to
270 increase between 22 and 28 dph though it was not statistically significant (40%, $p=0.087$).
271 Activity levels did not vary significantly for the LR803 larvae.

272 Activity levels of AN increased more than two-fold between 22 and 28 dph in the Gemma
273 larvae (Fig. 3B). A 50 % increase was also observed for the Otohime larvae, while no
274 significant difference was found in the LR803 larvae. During the trial period, an increase in
275 leu-ala activity was observed in larvae from all treatments although only significantly for the
276 Otohime and Gemma larvae (Fig. 3C). Between 16 and 22 dph, a two-fold increase was
277 observed in the Gemma larvae and a three-fold increase in the Otohime larvae. Between 22
278 and 28 dph, no significant variations were observed in the Gemma larvae while a 20 %
279 decrease was observed in the Otohime larvae.

280 **4. DISCUSSION**

281 This study showed that microdiet composition has a major impact on Florida pompano
282 larvae, influencing growth, fatty acid incorporation and activity of digestive enzymes.
283 Standard length, body depth and wet weight were all enhanced by the Gemma diet compared
284 to the Otohime and LR803 diet. Survival was similar for all treatments hence all diets were
285 able to support the growth of larvae after the end of the live food period.

286 No difference was observed in the lipid, moisture and ash content of the larvae despite
287 significant differences in the proximate composition of the microdiets. This shows that the
288 minimal lipid requirement was met and demonstrates the ability of Florida pompano larvae to
289 tolerate some variations in the lipid dietary intake. However, significant differences were
290 observed in the fatty acid profiles of the diets and larvae.

291 As previously mentioned, marine fish are unable to synthesize PUFAs *de novo*. The dietary
292 importance of PUFAs has been widely studied and reviewed (Sargent et al. 1989; Watanabe
293 and Kiron 1994; Izquierdo 1996; Sargent et al. 1999b; Sargent et al. 2002). However, major
294 uncertainties remain in PUFA dietary requirements as they vary between species and are
295 determined not only by the absolute amount of PUFAs, but also by their relative ratios
296 (Hamre et al., 2013; Izquierdo et al., 2000; Sargent et al., 1997).

297 DHA plays a critical role in the structure of cell membrane, especially for the correct
298 development of the visual and immune systems (Bell et al., 1995; Rodríguez et al., 1997;
299 Sargent, Bell, et al., 1999; Koven, 2003; Benítez-Santana et al., 2007). DHA and EPA
300 compete for the same enzyme to esterify fatty acid into phospholipid structures (Sargent,
301 Mcevoy, et al., 1999). Several studies have demonstrated that DHA has a more dominant role
302 in growth and membrane structure than EPA, suggesting that the relative proportions of DHA
303 and EPA may have a greater impact than the absolute amount, with the necessity of a greater
304 proportion of DHA than EPA (Glencross and Rutherford, 2011; Glencross, 2009; Reitan et

305 al., 1994; Rodríguez et al., 1998; Watanabe, 1993). Our results agree with that hypothesis,
306 where the Otohime diet and larvae displayed the highest DHA and EPA contents but also
307 displayed the lowest growth. In contrast, the Gemma larvae, with the lowest DHA and EPA
308 contents but with a DHA:EPA ratio more than double of that of the Otohime or LR803
309 treatments, exhibited the fastest growth. At the end of the experiment, DHA:EPA ratios in the
310 larvae were significantly different from the ratios in the diet. The amount of EPA in the
311 larvae was significantly lower than that of the diet for all treatments. In contrast, the amount
312 of DHA was significantly higher in the Otohime and LR803 larvae than in the diets while it
313 did not vary in the Gemma treatment. This resulted in significantly higher DHA:EPA ratios
314 in the larvae than in the diet for all treatments. This suggests the ability of the larvae to
315 modulate, to some degree, the incorporation of EPA and some activity of the $\Delta 6$ desaturase,
316 even though the activity of this enzyme seems too low to convert enough EPA to DHA to
317 compensate the dietary deficiency (Vagner and Santigosa, 2011).

318 Among the HUFAs, DHA and EPA are the most abundant in marine fish eggs and tissues and
319 the dietary requirements for these two fatty acids have been widely studied in comparison to
320 ARA, though the latter plays a critical role in the development of the larvae (Sargent, Bell, et
321 al., 1999; Bell, 2003). ARA is specifically concentrated in fish eggs, attesting to its high
322 biological importance during the early phases of larval development (Bell et al., 1997).

323 EPA and ARA compete for the enzymes involved in the production of eicosanoids, with
324 eicosanoids produced from ARA being more biologically active, implying that, like DHA
325 and EPA, the ratio of ARA to EPA might be of greater importance than the absolute quantity
326 (Sargent, Mcevoy, et al., 1999; Tocher, 2003). Results from this experiment are consistent
327 with these earlier observations. Both the Gemma diet and larvae presented a lower ARA and
328 EPA content than for the other treatments. However, they presented the highest ARA:EPA
329 ratio and displayed the fastest growth. These results reinforce the fact that HUFA dietary

330 requirements need to be considered as a whole, where the amount of each HUFA influences
331 the final ratios and the required metabolic pathways. An important difference in the fatty acid
332 profile of the different diets tested in this trial was the amount of LA. Despite the higher
333 levels of LA in the Gemma and LR803 diet, no increase in the content of the
334 desaturation/elongation pathway products was observed and it is likely that this fatty acid was
335 primarily used as a source of energy.

336 In addition to their impact on larvae development and fatty acid incorporation, microdiets can
337 strongly influence the development of the digestive system (Cahu and Zambonino-Infante,
338 2001). Marine fish larvae have to switch from a primary mode of digestion to an adult mode
339 of digestion; the maturational process is characterized by the acquisition of a progressive
340 efficient secretion of pancreatic enzymes, and the transition from a cytosolic to a brush
341 border membrane digestion at the intestinal level (Dabrowski, 1984; Ronnestad et al., 2013;
342 Zambonino-Infante et al., 1997).

343 An increase in growth and survival has been reported in correlation with an increase of both
344 pancreatic and intestinal enzyme activity in sea bass (Cahu and Zambonino-Infante, 1995),
345 sole (Ribeiro et al., 1999) and cod (Wold et al., 2007). Pancreatic enzymes specific activity
346 (activity per gram of protein) follow the same pattern in temperate marine fish, with an
347 increase during the first days/weeks of the life cycle depending on the species, followed by a
348 decrease to a constant level, not due to a decline in the amount of digestive enzymes, but as a
349 result of the increase of tissue proteins in the growing larvae (Zambonino-Infante and Cahu,
350 2001). Changes in the enzyme activity during ontogeny are genetically programmed,
351 however the diet influences the plateau level of enzymes and can delay or stop the digestive
352 system maturation process if inadequate (Cahu and Zambonino-Infante, 2001; Krogdahl and
353 Sundby, 1999). In this trial, the composition of the different diets impacted the development
354 of digestive functions of the larvae. Results from the amylase and trypsin analyses indicated

355 that the pancreas is fully functional at 16 dph, which does not exclude that the pancreas may
356 be functional at an earlier date. Amylase specific activity is high in young fish larvae then
357 declines to a constant low level (Cahu and Zambonino-Infante, 1994; Péres et al., 1998;
358 Ribeiro et al., 1999), a pattern comparable to the decline of lactase expression during the
359 development of mammals (Freund et al., 1990). In the present study, the strong decline in
360 amylase activity was observed in the pancreatic segment from 16 dph for all treatments. In
361 the intestinal segment, amylase specific activity was significantly higher for larvae fed the
362 Otohime diet indicating a stimulation in amylase secretion likely due to the potato starch
363 contained in this diet. Indeed, starch content in the diet can influence amylase expression as
364 demonstrated in sea bass (Péres et al., 1998, 1996), red drum (Buchet et al., 2000) and yellow
365 croaker *Pseudosciaena crocea* (Ma et al., 2005).

366 Trypsin is responsible for the digestion of proteins during the early development of the larvae
367 and its activity is influenced by both the source and quantity of protein in the diet (Guerreiro
368 et al., 2010; Péres et al., 1996; Zambonino-Infante et al., 1996). In the present study, the
369 higher specific activity of trypsin observed in the intestinal segment of the larvae fed
370 Otohime suggests that the peak of specific activity in the pancreatic segment occurred before
371 16 dph and was likely a sign of a higher pancreatic secretory activity. The Gemma diet
372 includes the highest amount of protein followed by the Otohime diet and then the LR803 diet.
373 Therefore the increase of trypsin activity was not a result of the protein content of the diet but
374 probably the result of differences in the source and molecular form of the protein in the diet.
375 Indeed, each diet had a different main source of protein with the predominant ingredient
376 being krill meal in Otohime, fish meal (native protein and protein hydrolysate) in Gemma and
377 squid meal in LR803. Protein sources in microdiets have to provide an appropriate amino
378 acid profile and also have to be highly digestible given the larvae's poor digestive capacities;
379 in addition, they should have low water solubility due to the small surface to volume ratio of

380 the diet particles (Nankervis and Southgate, 2006).

395 To facilitate proteins digestion and assimilation by the larvae, pre-digested proteins (protein
396 hydrolysates) are frequently incorporated into microdiets. Low to moderate levels of protein
397 hydrolysates have proven beneficial in several species including gilthead sea bream *Sparus*
398 *aurata* (Zambonino-Infante et al., 1997) and European sea bass (Cahu et al., 1999) while high
399 levels were detrimental in these same two species (Cahu et al., 1999; Kolkovski and Tandler,
400 2000). In the present study, the exact ingredient quantities and the presence or proportions of
401 protein hydrolysates in the diets are not known. Therefore, it is difficult to characterize the
402 effect of each source of protein on larvae development. However, the satisfactory results
403 obtained with the Gemma larvae suggest that fish meal including a mix of native proteins and
404 protein hydrolysates is an appropriate source of protein for pompano larvae.

405 AP and AN are intestinal enzymes mainly located in the brush border membrane of
406 enterocytes while leu-ala peptidase is an intestinal enzyme mainly located in the cytosol of
407 enterocytes (Cahu et al., 1998). As the enterocytes mature and proliferate, the brush border
408 membrane develops and the associated enzyme activities increase while cytosolic enzyme
409 activities decline, indicating the establishment of the adult digestive system (Boglino et al.,
410 2012; Zambonino-Infante and Cahu, 2001). In this trial, no decline in leu-ala activity was
411 observed in Gemma and LR803 larvae, while a peak was observed at 22 dph for Otohime
412 larvae but with an activity level at 28 dph superior to 16 dph. Cytosolic digestion in Florida
413 pompano seems to remain elevated after the onset of BBM enzymes; in consequence, the
414 maturation of the enterocytes should be evaluated primarily through the activity of the BBM
415 enzymes (i.e. AP and AN). Very minor changes were observed in the specific activity of AP
416 and AN in the LR803 larvae, suggesting a delay in the maturation of the enterocytes in this
417 group. At 22 dph, highest AP and AN specific activities were observed in the Otohime
418 larvae. Contrariwise, this positive sign of enterocyte maturation was not confirmed at 28dph,
419 particularly for AP. In contrast, larvae fed Gemma exhibited an appropriate maturation of the
420 BBM enzymes. This suggests that the Otohime diet was probably adequate for young larvae
421 before 22dph, but failed to sustain an appropriate development of Florida pompano larvae
422 after this developmental date. Contrastingly, the larval development seemed to be more
423 continuous and balanced with the Gemma diet, as demonstrated by the growth and enzymatic
424 results.

425 In conclusion, this study brings new knowledge on Florida pompano dietary requirements
426 and digestive development. Results first suggest that a diet including 20 % lipids, 55 %
427 proteins, a DHA:EPA ratio greater than 1 and a ARA/EPA ratio of at least 0.08 is an
428 adequate weaning diet for Florida pompano since the Gemma diet, with similar
429 characteristics, promoted the best larvae performance in this experiment. Second, results

430 from the enzyme analysis showed that the pancreas is fully functional by 16 dph suggesting
431 that weaning onto a dry diet could occur earlier than in the present study. Additional research
432 is needed to determine more precisely the Florida pompano larval nutritional requirements
433 . Indeed, even though lipids are one of the most important
434 nutritional factors known to affect larvae growth and survival, numerous other macro and
435 micro-nutrients can either enhanced or inhibit larvae development. This includes ingredients
436 and supplementations present in low quantities in the diets tested in this study such as taurine
437 (Pinto et al., 2013, 2010; Schreck et al., 2012), yeast (Tovar-Ramírez et al., 2010, 2004) or
438 vitamins and minerals (Hamre et al., 2013; Moren et al., 2011) which were beyond the scope
439 of this study. However, the present results give a baseline of a suitable weaning diet, which
440 can be used in future trials to determine the optimal weaning time for Florida pompano.

441

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701

702

703 **Figure headlines**

704

705 Figure 1. Standard length (A) Body depth (B) and wet weight (C) of Florida pompano larvae
706 fed three different diets. Values are mean \pm SEM (n = 4 tanks, 10 larvae per tank and time
707 point). Letters indicate significant differences between treatments and time points (Tukey
708 test, $p < 0.05$).

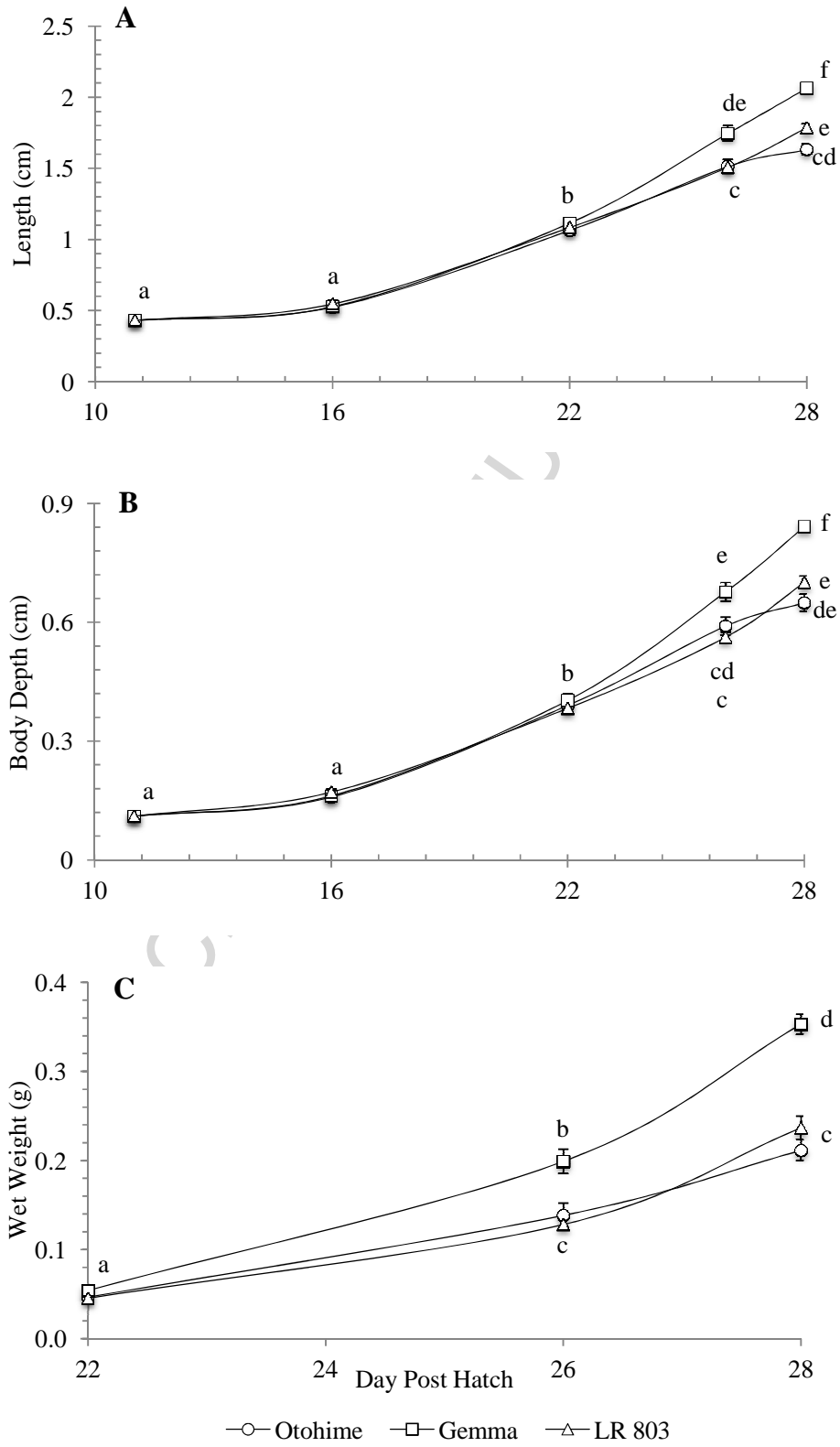
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710 Figure 2: Specific activity (mU/mg protein) of trypsin and amylase in the pancreatic segment
711 and intestinal segment of Florida pompano larvae fed different microdiets. Values are mean \pm
712 SEM (n = 4 tanks, 10 pooled larvae per tank and time point). Letters indicate significant
713 differences between treatments and time points (Tukey test, $p < 0.05$).

714

715 Figure 3. Specific activity (mU/mg protein) of alkaline phosphatase and leucine
716 aminopeptidase in the brush border membrane (A and B), and of leucine alanine peptidase in
717 the intestinal segment (C) of Florida pompano larvae fed different microdiets. Values are
718 mean \pm SEM (n = 4 tanks, 10 pooled larvae per tank and time point). Letters indicate
719 significant differences between treatments and time points (Tukey test, $p < 0.05$).

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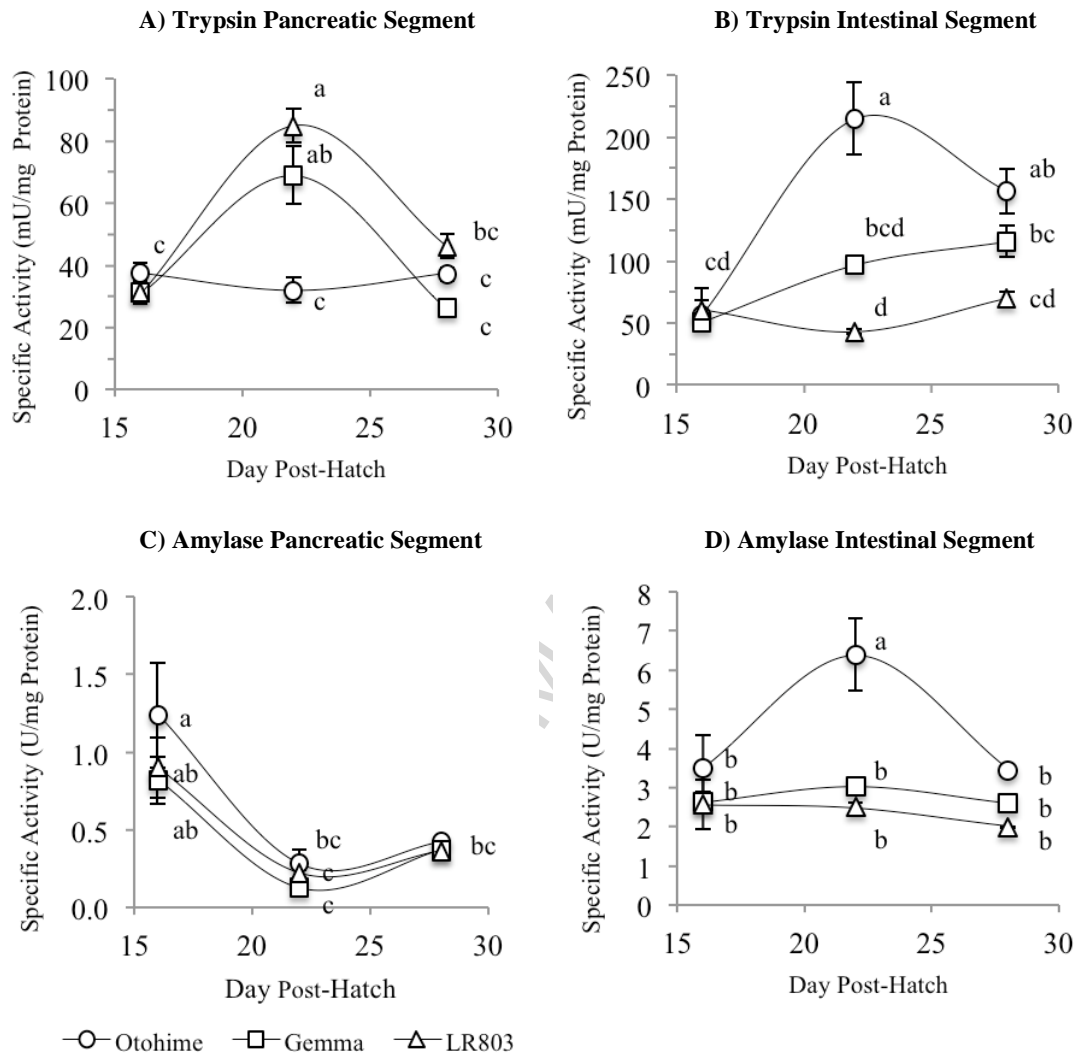
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724 Figure 1

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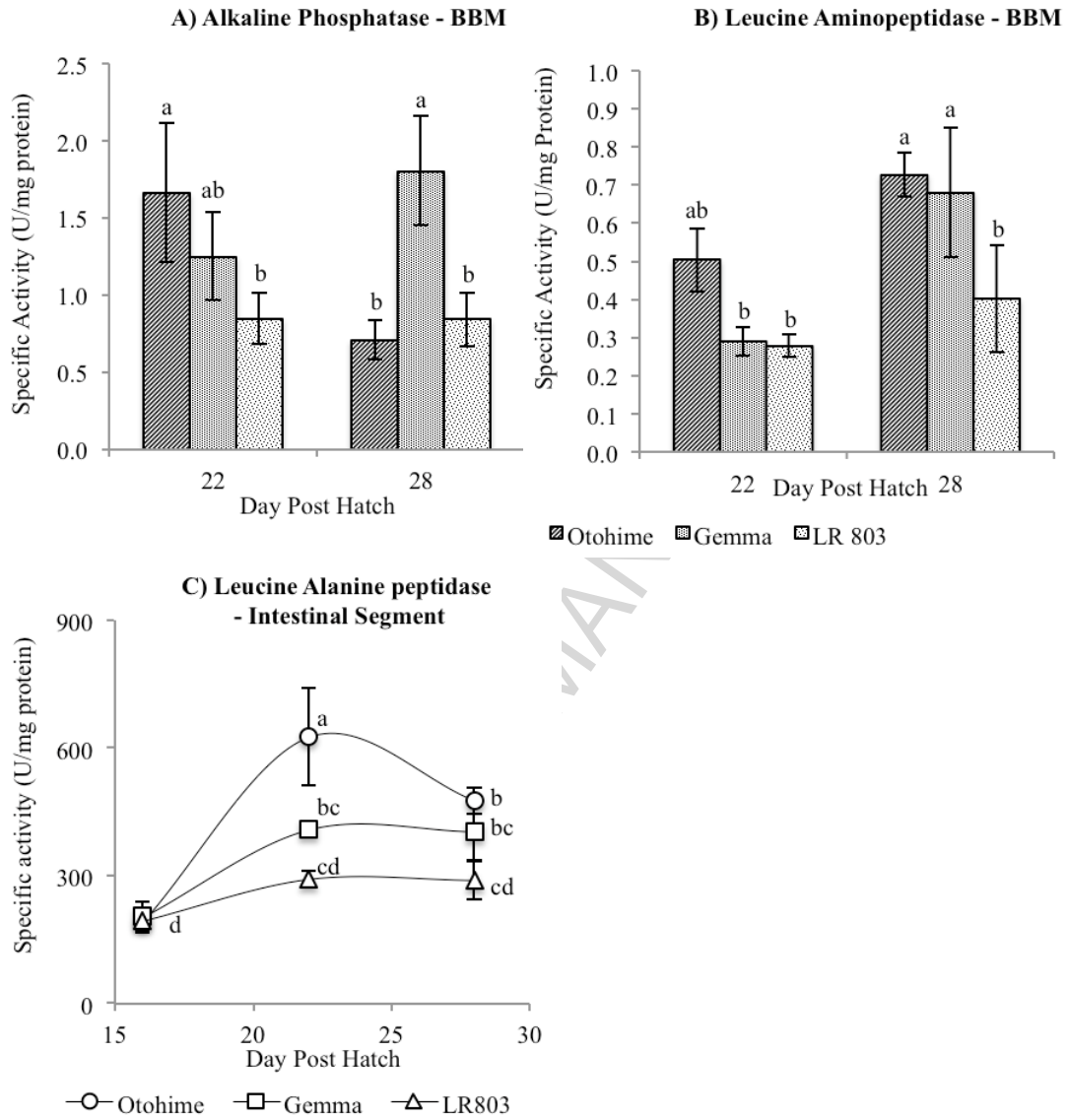


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728 Figure 2

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731 Figure 3

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735 Highlights:

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➤ Survival was similar for Florida pompano larvae weaned on three different diets

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➤ Growth was enhanced by the Gemma diet compared to the two other diets

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➤ Essential fatty acids ratios appeared more important than absolute inclusion levels

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➤ Enzyme analyses showed the full functionality of the pancreas by 16 days post hatch

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ACCEPTED MANUSCRIPT

745 Table 1. Ingredients in the microdiets tested, as communicated by the manufacturer.

Microdiet	Ingredients
Otohime	Krill meal, fish meal, squid meal, potato starch, wheat flour, fish oil, brewers yeast, calcium phosphate, guar gum, soy lecithin, betaine, licorice plant, apple extract, wheat germ.
Gemma	Fish meal, algae, fish oils, lecithin, betaine, wheat gluten, vitamins, minerals.
LR803	Squid meal, krill meal, anchovy oil, lecithin, wheat gluten meal, vitamins, di-calcium phosphate, taurine, vitamin C, astaxanthin.

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Table 2. Proximate analysis (% of wet weight) of the different microdiets and larvae (values \pm SEM, n = 4 tanks, 10 pooled larvae per tank) at the end of the trial. Letters indicate significant differences within the same column (Tukey test; $p < 0.05$).

Sample	% Lipid	% Protein	% Moisture	% Ash
Gemma diet	18.9 ^b \pm 0.5	57.6 ^d \pm 0.1	6.4 ^b \pm 0.1	10.8 ^b \pm 0.1
Otohime diet	21.2 ^b \pm 1.6	52.3 ^c \pm 0.1	6.4 ^b \pm 0.1	12.8 ^c \pm 0.1
LR803 diet	26.8 ^c \pm 0.1	50.9 ^c \pm 0.1	5.6 ^a \pm 0.1	3.7 ^a \pm 0.1
Larvae fed Gemma diet	9.9 ^a \pm 0.8	16.3 ^b \pm 0.3	61.4 ^c \pm 0.3	10.2 ^b \pm 0.2
Larvae fed Otohime diet	10.5 ^a \pm 0.9	16.1 ^b \pm 0.3	60.6 ^c \pm 0.3	10.8 ^b \pm 0.6
Larvae fed LR803 diet	10.7 ^a \pm 0.6	14.5 ^a \pm 0.8	61.6 ^c \pm 0.2	10.8 ^b \pm 0.3

- 1 Table 3. Fatty acid profile of microdiets tested and the larvae sampled at the end of the trial
 2 (values are \pm SEM, n = 4 tanks, 10 pooled larvae per tank). Letters indicate significant
 3 differences within a same row (Tukey test, $p < 0.05$).

Fatty acids as % of total fatty acids	Gemma diet	Otohime diet	LR803 diet	Larvae fed the Gemma diet	Larvae fed the Otohime diet	Larvae fed the LR803 diet
<i>Saturated fatty acids</i>						
12:0 Lauric	0.06 ^c \pm 0.00	0.14 ^e \pm 0.00	0.11 ^d \pm 0.00	0.03 ^a \pm 0.00	0.06 ^c \pm 0.00	0.05 ^d \pm 0.00
14:0 Myristic	2.97 ^{ab} \pm 0.02	7.40 ^b \pm 0.05	6.83 ^{ab} \pm 0.04	2.36 ^a \pm 0.02	4.64 ^{ab} \pm 0.07	3.72 ^{ab} \pm 1.23
15:0 Pentadecanoic	0.28 ^a \pm 0.00	0.46 ^d \pm 0.00	0.43 ^{cd} \pm 0.00	0.35 ^b \pm 0.01	0.33 ^b \pm 0.01	0.42 ^c \pm 0.00
16:0 Palmitic	17.93 ^a \pm 0.06	18.34 ^a \pm 0.05	19.94 ^b \pm 0.07	21.25 ^c \pm 0.17	20.77 ^{bc} \pm 0.28	18.87 ^a \pm 0.28
17:0 Heptadecanoic	0.23 ^a \pm 0.00	0.23 ^a \pm 0.00	0.33 ^c \pm 0.00	0.28 ^b \pm 0.01	0.25 ^{ab} \pm 0.01	0.36 ^d \pm 0.01
18:0 Stearic	3.16 ^a \pm 0.00	3.09 ^a \pm 0.01	3.54 ^a \pm 0.01	5.55 ^{bc} \pm 0.20	5.90 ^c \pm 0.31	4.80 ^b \pm 0.11
Total	24.62 ^a \pm 0.08	29.67 ^{bc} \pm 0.1	31.17 ^{bc} \pm 0.1	29.81 ^{bc} \pm 0.4	31.95 ^c \pm 0.6	28.22 ^b \pm 1.3
<i>Mono-unsaturated fatty acids</i>						
15:1 cis-10 pentadecanoic	0.04 ^a \pm 0.00	0.09 ^c \pm 0.00	0.07 ^b \pm 0.00	0.04 ^a \pm 0.00	0.07 ^b \pm 0.00	0.07 ^b \pm 0.01
16:1n7 Palmitoleic	2.19 ^a \pm 0.01	5.26 ^d \pm 0.02	6.28 ^e \pm 0.02	2.40 ^b \pm 0.02	4.84 ^c \pm 0.06	6.38 ^e \pm 0.06
18:1n9 Oleic	11.72 ^b \pm 0.02	12.25 ^b \pm 0.03	9.92 ^a \pm 0.02	13.92 ^c \pm 0.27	15.59 ^d \pm 0.51	11.24 ^b \pm 0.07
18:1n7 Vaccenic	1.47 ^a \pm 0.01	4.21 ^c \pm 0.02	3.11 ^b \pm 0.02	1.42 ^a \pm 0.06	4.01 ^c \pm 0.17	3.46 ^b \pm 0.03
20:1n9 Eicosenoic acid	3.23 ^b \pm 0.00	5.37 ^c \pm 0.05	0.98 ^a \pm 0.01	3.53 ^b \pm 0.04	3.75 ^b \pm 0.26	0.68 ^a \pm 0.18
Total	18.66 ^a \pm 0.02	27.18 ^d \pm 0.06	20.36 ^b \pm 0.06	21.30 ^c \pm 0.2	28.26 ^e \pm 0.1	21.84 ^c \pm 0.15
<i>Poly-unsaturated fatty acids</i>						
16:2n4 Hexadecadienoic	0.45 ^b \pm 0.00	0.75 ^d \pm 0.01	1.42 ^f \pm 0.00	0.38 ^a \pm 0.01	0.64 ^c \pm 0.01	1.03 ^e \pm 0.01
16:3n4 Hexadecatrienoic	0.29 ^a \pm 0.00	0.5 ^c \pm 0.00	0.99 ^d \pm 0.00	0.27 ^b \pm 0.01	0.46 ^c \pm 0.02	0.74 ^e \pm 0.01
18:2n6 Linoleic (LA)	30.40 ^d \pm 0.05	4.54 ^a \pm 0.02	19.84 ^b \pm 0.04	24.40 ^c \pm 0.32	4.51 ^a \pm 0.13	20.06 ^b \pm 0.06
18:3n6 γ -linolenic	0.03 ^a \pm 0.01	0.14 ^b \pm 0.00	0.21 ^b \pm 0.00	0.06 ^a \pm 0.00	0.17 ^b \pm 0.00	0.15 ^b \pm 0.02
18:3n4 Octadecatrienoic	0.07 ^a \pm 0.00	0.16 ^b \pm 0.00	0.27 ^c \pm 0.00	0.12 ^a \pm 0.01	0.17 ^b \pm 0.01	0.34 ^c \pm 0.02
18:3n3 α -linolenic	3.59 ^e \pm 0.01	1.18 ^b \pm 0.01	3.08 ^d \pm 0.01	2.81 ^c \pm 0.05	1.07 ^a \pm 0.01	2.77 ^c \pm 0.02
18:4n3 Stearidonic	1.63 ^b \pm 0.01	2.53 ^d \pm 0.01	1.48 ^b \pm 0.01	0.92 ^a \pm 0.03	1.73 ^{bc} \pm 0.02	0.83 ^a \pm 0.21
20:2n6 Eicosadienoic	0.15 ^a \pm 0.00	0.15 ^a \pm 0.00	0.09 ^a \pm 0.00	0.78 ^b \pm 0.04	0.22 ^a \pm 0.01	0.30 ^a \pm 0.10
20:3n6 Eicosatrienoic	0.05 ^a \pm 0.00	0.09 ^b \pm 0.00	0.20 ^d \pm 0.02	0.12 ^{bc} \pm 0.01	0.14 ^c \pm 0.01	0.21 ^d \pm 0.01
20:4n6 Arachidonic (ARA)	0.34 ^a \pm 0.00	0.54 ^{bc} \pm 0.01	0.55 ^{bc} \pm 0.00	0.30 ^a \pm 0.01	0.52 ^b \pm 0.01	0.59 ^c \pm 0.01
20:3n3 Eicosatrienoic	0.10 ^a \pm 0.00	0.16 ^b \pm 0.00	0.16 ^b \pm 0.00	0.26 ^d \pm 0.01	0.18 ^b \pm 0.01	0.21 ^c \pm 0.01
20:4n3 Eicosatetraenoic	0.30 ^a \pm 0.00	0.56 ^b \pm 0.01	0.56 ^b \pm 0.03	0.56 ^b \pm 0.02	1.03 ^d \pm 0.03	0.87 ^c \pm 0.03
20:5n3 Eicosapentaenoic (EPA)	4.12 ^b \pm 0.03	10.79 ^f \pm 0.05	9.01 ^e \pm 0.08	2.21 ^a \pm 0.04	7.28 ^d \pm 0.08	6.10 ^c \pm 0.13
22:5n6 ω 6 Docosapentaenoic	0.17 ^c \pm 0.00	0.10 ^a \pm 0.01	0.16 ^{bc} \pm 0.00	0.18 ^c \pm 0.01	0.14 ^b \pm 0.00	0.20 ^d \pm 0.00
22:5n3 ω 3 Docosapentanoic	0.59 ^a \pm 0.01	0.95 ^b \pm 0.00	1.18 ^c \pm 0.00	1.01 ^b \pm 0.04	2.58 ^d \pm 0.06	2.55 ^d \pm 0.05
22:6n3 Docosahexaenoic (DHA)	7.32 ^b \pm 0.05	9.57 ^c \pm 0.01	5.36 ^a \pm 0.01	7.37 ^b \pm 0.11	11.22 ^d \pm 0.29	7.12 ^b \pm 0.13
Total	49.60 ^d \pm 0.09	32.69 ^a \pm 0.04	44.54 ^c \pm 0.1	41.75 ^b \pm 0.5	32.06 ^a \pm 0.34	44.06 ^c \pm 0.37
Total ω 3	17.66 ^b \pm 0.09	25.73 ^d \pm 0.06	20.82 ^c \pm 0.09	15.14 ^a \pm 0.2	25.09 ^d \pm 0.35	20.44 ^c \pm 0.23
Total ω 6	31.13 ^d \pm 0.04	5.55 ^a \pm 0.01	21.04 ^b \pm 0.05	25.84 ^c \pm 0.36	5.70 ^a \pm 0.12	21.51 ^b \pm 0.15
ω 3/ ω 6 ratio	0.57 ^a \pm 0.00	4.63 ^c \pm 0.02	0.99 ^b \pm 0.00	0.59 ^a \pm 0.01	4.40 ^c \pm 0.13	0.95 ^b \pm 0.01
ARA/EPA ratio	0.08 ^d \pm 0.00	0.05 ^a \pm 0.00	0.06 ^b \pm 0.00	0.14 ^f \pm 0.00	0.07 ^c \pm 0.00	0.1 ^e \pm 0.00
DHA/EPA ratio	1.78 ^e \pm 0.01	0.89 ^b \pm 0.00	0.59 ^a \pm 0.01	3.33 ^f \pm 0.08	1.54 ^d \pm 0.05	1.17 ^c \pm 0.03

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