Silver European eels health in Mediterranean habitats

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Abstract – The degradation in the quality of silver eel and their health could have been a major factor in the collapse of the European eel (Anguilla anguilla) population. However, the health status of the spawners has been poorly studied until now. This study evaluated the quality of migrant male silver eels from four Mediterranean habitats in France presenting different degrees of contamination: Canet-Saint-Nazaire, Salses-Leucate and Bages-Sigean lagoons and La Berre River. We considered pathogens including Anguillicoloides crassus and EVEX virus and the concentration of chemical contaminants including PCBs, OCs and heavy metals. Our study results revealed different patterns of pollution and infection in the four habitats, with high individual variability. No single silver eel was free of pollution. Total dichloro-diphenyl-trichloroethane (DDT) and copper contaminations, as well as the Swim bladder Degenerative Index (induced by parasitism), were remarkably high in eels from Canet lagoon, while eels from Salses lagoon showed lower levels of contaminants and parasite infection. A non-negligible proportion of eels were strongly impacted with levels of contaminants/parasites that could potentially impair their migration and reproduction. Our study revealed low to moderate contamination levels compared with the other Mediterranean sites previously reported, except for high concentrations of DDTs and Cu in Canet lagoon. We discuss the contribution of these results in the context of possible implications for silver eels reproductive success and local eel population management.

Key words: Anguilla anguilla; Mediterranean lagoons; silver eel; contamination; spawner quality; pathogens

Introduction

Mediterranean lagoons are productive brackish habitats that sustain a high biodiversity (De Wit 2011). They maintain the important economic activity of fisheries, for which the European eel, Anguilla anguilla, represents one important targeted species. However, these ecosystems have to deal with increasing anthropogenic pressures, often being a major receptacle of pollutants, collecting a mixture of urban, industrial and agricultural contaminants from the river basin. They are also confined environments where contact between hosts and infective stages of parasites and/or viruses may be facilitated (Faliex & Morand 1994). Due to their specific life cycle (semelparous fatty species), eels are particularly sensitive to the contaminants present in these habitats. During its long sedentary phase of 3–12 years in lagoons (Mallawa 1987; Acou et al. 2003), this benthic predator species (Persic et al. 2004) is particularly prone to lipophilic contaminant accumulation. The European eel stock has declined since the 1960s (Dekker 2003) and is currently considered to be outside the safe biological limits. Glass eel
There is, however, a recent interest in the barriers to migration, overfishing, disease and pollution. Several reasons for the decline have been proposed including climate change, habitat loss, barriers to migration, overfishing, disease and pollution. There is, however, a recent interest in the ‘quality’ of silver eels and their health status as this might be a key factor in explaining the decline (Robinet & Feunteun 2002; Pujolar et al. 2012; Maes et al. 2013). However, little research has been carried out specifically on silver eel quality in natural systems, and most research focuses on either contaminants or pathogens but not on both. One study conducted on eels from the Dutch River Rhine and Lake Ijsselmeer related to diseases, parasites, virus and bacteria (Haenen et al. 2010), and another in Italy (Garigliano River) focussed on persistent organic pollutants (POPs and dioxins) and parasites in three Italian species (Als et al. 2011) and therefore as a single stock in terms of management and conservation efforts. However, the contribution to the spawning stock from different locations will depend on the quality of the spawners in different habitats. The aim of this study was to evaluate the quality of migrant silver eels from Mediterranean habitats, representing different degrees of anthropogenic stressors and environmental factors including salinity, connection to the sea and depth. We investigated the relationship between the level of contamination and parasitism and the health condition and lipid contents of the eels. The strength of this study is in considering the effects of both chemicals contaminants and pathogens on the male silver eel. The results are discussed in regard to the literature and in support of estimates of the proportion of silver eels of low quality and potentially unfit for a successful migration and reproduction.

**Materials and methods**

**Studied areas**

The lagoons of Canet-Saint-Nazaire (Canet), Salses-Leucate (Salses) and Bages-Sigean (Bages) are located on the north-west Mediterranean coast of the Gulf of Lion (Southern France) (Fig. 1). The characteristics of the three lagoons are provided in Table 1. La Berre, a 38-km-long river, is the main affluent river of Bages lagoon and drains an area of 238 km².
Silver eel collection

Samples of silver eel were collected during the migration period (October to December) by professional fishermen in the three lagoons and by ONEMA (French National Agency for Water and Aquatic Environments) in the La Berre River. The eels were randomly chosen from the fishing catches. Professional fishermen in lagoons use passive gear made from three fyke nets, locally called ‘capéchades’, which have a 6- to 10-mm mesh size. During the migration period, fishermen set up several capéchades at strategic places to target silver eels. Nets are lifted every morning (when the weather allows it), and catches were collected until around 30 eels per sampling period were obtained. In 2007, eels were sampled in Canet (27 November–13 December) and in Bages (27 November) lagoons only. In 2008, three lagoons were sampled: Canet lagoon (31 October, 2–5 December), Bages lagoon (9–10 October, 29–30 October, 25 November) and Salses lagoon (24 October and 27 November). Eels from La Berre were collected on 25 November by electrofishing. Because the sex ratio was biased in favour of males in the three lagoons, we decided to restrict our study to the males. While 222 eels were collected, these were subsampled for the various analyses (see Tables 2–5 for individual sample sizes). Eels were brought to the laboratory alive, and dissections were performed in 1 or 2 days following their capture. Eels were anaesthetised with eugenol (0.1 ml l⁻¹ sea water). The total length (Lt) was recorded to the nearest millimetre and the total weight (W) to the nearest g. Eels were killed by decapitation. Silver stage was determined based on three criteria (Acou et al. 2005): a differentiated lateral line (the presence of black corpuscles), a contrasting colour (dark dorsal surface and a white ventral surface) and an ocular hypertrophy index OI > 6.5 (Pankhurst 1982). Ocular index was calculated as OI = (Dh + Dv/4)² * p/Lt * 100, where Dh and Dv are, respectively, the horizontal and vertical eye diameters and Lt the total length in millimetre.

Condition of the eels

The condition of each eel was estimated using Fulton’s condition factor: K = 100.W(g)/Lt(cm)³ (Ricker 1975). The hepatosomatic index (LI) and spleen index (SI) were calculated only for eels captured in

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<table>
<thead>
<tr>
<th>Parameter</th>
<th>Canet St-Nazaire</th>
<th>Salses-Leucate</th>
<th>Bages-Sigean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area (km²)</td>
<td>6</td>
<td>54</td>
<td>38</td>
</tr>
<tr>
<td>Average depth (m)</td>
<td>0.2</td>
<td>1.2</td>
<td>1.3</td>
</tr>
<tr>
<td>Maximum depth (m)</td>
<td>0.7</td>
<td>3.7</td>
<td>2.85</td>
</tr>
<tr>
<td>Estimated eel capture in tons/year</td>
<td>NA</td>
<td>20</td>
<td>37</td>
</tr>
<tr>
<td>Average salinity ± SE (min-max)</td>
<td>22.3 ± 5 (4–40)</td>
<td>33.5 ± 3.5 (28–36)</td>
<td>32 ± 5 (22–38)</td>
</tr>
<tr>
<td>River basin area (km²)</td>
<td>260</td>
<td>160</td>
<td>443</td>
</tr>
<tr>
<td>Connectivity with the sea</td>
<td>Unique opening controlled by sluices</td>
<td>3 openings no sluices</td>
<td>Unique opening no sluices</td>
</tr>
<tr>
<td>Anthropogenic pressures</td>
<td>Agriculture, viticulture, urban</td>
<td>Tourism, viticulture</td>
<td>Agriculture, viticulture, urban and industries</td>
</tr>
</tbody>
</table>

NA, no data available.
2008 as LI = 100* [liver weight/g/somatic W(g)], and SI = 100* [spleen weight/g/somatic W(g)], respectively. Age estimation

Sagittal otoliths were removed from the head of each individual, cleaned and dried, and examined under a binocular microscope. For older eels (more than 4 years old) and when the reading was not clear, the otoliths were removed and embedded in epoxy resin, ground, and stained with Toluidine Blue before examining under a stereomicroscope. The number of annual growth rings was determined by the number of clear growth rings visible in the otoliths. The age of each eel was estimated by counting the number of annual rings, considering the age of the young eels to be 0.5 years old.

Determination of heavy metals

Metals were analysed in liver and muscle tissue of 65 eels collected in 2008 (Canet: 5; Salses: 27; Bages: 27; and Berre: 6) by the laboratory of ecotoxicology, University of Reims, France. From each individual, a sample of muscle tissue on the ventral part of the body, at equal distance between gills and the anus, was removed to conduct metal analysis. Due to laboratory limitations, we investigated three heavy metals: copper (Cu), cadmium (Cd) and zinc (Zn). Fish samples were dried (weighed for dry weight) and digested by nitric acid attack (pure HNO₃, Merck) at 70°C for 48 h. The residue was taken using nitric acid and diluted in water to obtain a solution containing 1% of acid. Cu and Cd concentrations were measured by atomic absorption spectrophotometry (Varian AA 240 FS) equipped with a model GTA 110 graphite tube atomiser and autosampler. The detection limit for Cu was 2 ng/g of tissue (dry wt.), and for Cd, it was 1.5 ng/g of tissue (dry wt.). Blank and standards were run with each batch of samples. The validity of the analytical method was checked by means of two standard biological reference materials (DORM-3, protein fish; and DOLT-3, dogfish liver from NRCC-CNRC, Ottawa, Canada).

Determination of polychlorinated biphenyls (PCBs) and organochlorine pesticides (OCs)

Due to budget limitations, a low number of eels (Canet: 14; Salses: 12; and Bages: 22) were analysed for PCBs and OCs. The two eels analysed in the river La Berre were not included in the analysis. For each individual, the remaining part of the muscle tissue was analysed.

Table 2. Total length (Lt), weight (W), Pankhurst's ocular index (OI), age (in year), Fulton condition index (K), lipids percentage, hepatosomatic index (LI), spleen index (SI) of silver eels collected in 3 Mediterranean lagoons: Canet-St-Nazaire, Salses-Leucate and Bages-Sigean and its affluent, La Berre river.
after sampling for metal analysis was transferred from different sites to the LDA for PCBs and OCs analyses. Seven PCB indicators (CB28, CB52, CB101, CB118, CB138, CB153 and CB180) considered by the International Committee for the Exploration of the Sea (ICES) as a representative index of PCB contamination were investigated in muscle. In addition, a total of 23 persistent organochlorinated compounds were also tested for in the same tissue: HCB; a, b, d and c lindane; heptachlor; heptachlor epoxide; aldrin; dieldrin; o,p'-DDD; o,p'-DDE; p,p'-DDD; p,p'-DDE; o,p'-DDT; p,p'-DDT; endrin; cis- and trans-chlordane, oxychlordane; chlorothalonil; a endosulphan; b endosulphan; and endosulphan sulphate. PCBs and OCs were analysed at the Laboratoire D'Analyses des Pyrénées Orientales (LDA 66, France) based on the reference method NF EN 1528 based on gas chromatography. The limit of detection (DL) was 4 ng g⁻¹ fresh muscles for all compounds tested.

Fat level determination
The analyses of lipid contents were carried out at the LDA on the same muscle sample used for PCBs and OCs determination. Ten grams of natrium sulphate was added to a 20 g ground eel muscle sample. The sample was mixed in order to be homogenised. Then, 50 ml hexane was added progressively. The sample was centrifuged for 5 min at 1500 rpm. The supernatant was collected in a preweighed flask, and the solvent was evaporated using a rotovap and then resuspended in 50 ml hexane. The solvent was evaporated using the same rotovap, leaving only lipids in the bottom of the preweighed flask. The total mass of lipids was determined. The fat content is expressed as a percentage of muscle wet weight (g of lipids per 100 g of sample).

Parasites examination
The swim bladder of each eel (n = 221) was examined under a stereomicroscope for the presence and number of the invasive parasite A. crassus (adults, L4- and L3-stage larvae). Classical epidemiological parameters: prevalence, mean intensity and mean abundance (Bush et al. 1997) were calculated for each site. The Swim bladder Degenerative Index (SDI) represents the state of degradation of the swim bladder. It was calculated by adding the scores obtained for three criteria: opacity, the presence of pigmentation/exudate and thickness, each one coded by 0, 1 or 2, according to Lefebvre et al. (2002). The SDI may range from 0 (intact) to 6 (strongly damaged).

Table 3. Mean concentrations (µg g⁻¹ wet weight) of metals in the tissues of the silver eels caught in 2008 in 3 lagoons: Canet-St-Nazaire (December 2008), Salses-Leucate (November 2008) and Bages-Sigean (November 2008) and its main affluent La Berre (November 2008). Total length (Lt), weight (W) and age are indicated for each site.

<table>
<thead>
<tr>
<th></th>
<th>Canet (N = 4–5)</th>
<th>Salses (N = 27)</th>
<th>Bages (N = 21–27)</th>
<th>Berre (N = 4–6)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
<td>Min.</td>
<td>Max.</td>
</tr>
<tr>
<td>Lt (cm)</td>
<td>36.6 (5)</td>
<td>1.4</td>
<td>35.2</td>
<td>38.9</td>
</tr>
<tr>
<td>W (g)</td>
<td>82.4 (5)</td>
<td>7.1</td>
<td>71.0</td>
<td>90.1</td>
</tr>
<tr>
<td>Age (years)</td>
<td>2.6 (5)</td>
<td>0.5</td>
<td>2.0</td>
<td>3.0</td>
</tr>
<tr>
<td>Liver</td>
<td>Cu (µg g⁻¹ ww)</td>
<td>21.5 (5)</td>
<td>19.2</td>
<td>6.3</td>
</tr>
<tr>
<td></td>
<td>Cd (µg g⁻¹ ww)</td>
<td>0.21 (5)</td>
<td>0.13</td>
<td>0.05</td>
</tr>
<tr>
<td></td>
<td>Zn (µg g⁻¹ ww)</td>
<td>22.8 (4)</td>
<td>6.7</td>
<td>14.9</td>
</tr>
<tr>
<td>Muscle</td>
<td>Cu (µg g⁻¹ ww)</td>
<td>1.39 (5)</td>
<td>1.087</td>
<td>0.169</td>
</tr>
<tr>
<td></td>
<td>Cd (µg g⁻¹ ww)</td>
<td>0.005 (5)</td>
<td>0.006</td>
<td>0.001</td>
</tr>
<tr>
<td></td>
<td>Zn (µg g⁻¹ ww)</td>
<td>0.018 (5)</td>
<td>0.018</td>
<td>0.018</td>
</tr>
</tbody>
</table>
| SD, Standard deviation; DL, detection limit. N, number of samples are in brackets.

Silver eels quality in Mediterranean habitats
EVEX testing

Eel Virus European X (EVEX) testing was performed by the French Agency for Food, Environmental and Occupational Health & Safety (ANSES). A total of 6, 12, 12 and 3 eels were analysed in Canet, Salses, Bages lagoons and La Berre River, respectively. For each eel, a pool of organs including kidney, spleen, brain and heart was analysed. The technique involved culturing each pool of organs on different fish cell lines and identifying EVEX by seroneutralisation using a rabbit anti-EVEX serum according to the protocol set-up by Castric & Chastel (1980).

Data analysis

Statistical analyses were performed with Statistica 10 software. Because the data were not normally distributed and showed large variance, nonparametric tests were used: Mann–Whitney U-test and Kruskal–Wallis (KW) test followed by a Dunn’s test (to determine differences between groups). To increase the number of eels studied from Canet and Bages lagoons, we pooled the two sampling periods (2007 and 2008) when no significant difference was found between the two sampling years. The difference of lipid contents between sites was analysed with an ANCOVA with length as the covariate. Results were expressed as mean ± SD (standard deviation). Relationships between contaminant (biological and chemical) levels and biomorphological data were determined with the Spearman’s rank correlation coefficient r. The Fisher’s test was used to determine differences in prevalence between sites. All results were considered as statistically significant when P < 0.05.

Results

Morphometrics

A total of 222 male silver eels of 29.1–46.5 cm in total length were collected during their migration period back to the Sargasso Sea. Their total length, weight, Pankhurst’s ocular index (OI), age (in year), Fulton condition index (K), lipid content in muscle, hepatosomatic index (LI) and spleen index (SI) are presented in Table 2.

First, we looked at interannual variation in morphometric parameters for the two sites where eels were collected over a period of 2 years: Canet and Bages.
Silver eels quality in Mediterranean habitats

Canet lagoons. Silver eels captured in Bages lagoon showed no significant difference between 2007 and 2008 in length, age, condition factor and lipid level (KW test, $P > 0.05$). Therefore, we grouped the Bages 2007 and 2008 data when comparing with the other studied sites. Conversely, silver eels captured in Canet in 2007 differed significantly with those captured in 2008 for Lt, age, K and lipids level (KW test, $P < 0.05$). Eels collected in 2007 were longer, older and with higher level of fat compared with those collected in 2008 (Dunn’s tests, $P < 0.05$). However, condition factor K was greater in 2008 (Dunn’s test, $P < 0.05$). These differences could be due to particular environmental conditions encountered in this confined lagoon during summer 2008, including an important eutrophication event caused by the closure of the opening to the sea. These two samples, Canet 2007 and Canet 2008, were therefore kept separate for the remainder of the analyses. Bages eels were longer than the eels coming from Canet in 2008, Salses and La Berre (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$). Age was correlated with Lt in Canet ($n = 52$, $r = 0.44$, $P < 0.05$) and Bages ($n = 107$, $r = 0.26$, $P < 0.05$) lagoons, but not in Salses or La Berre ($P < 0.05$). Salses eels were significantly older than those from other sites (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$). Sampling location had no significant effect on condition factor except for the eels captured in Canet lagoon in 2008 that showed higher condition factor compared with eels collected from Salses (KW test, $P < 0.05$; Dunn’s test $P < 0.05$). Fat levels in eels were not significantly different between sites except for eels collected in Canet lagoon in 2008, which showed the lowest levels, significantly lower than those for eels coming from Bages lagoon (ANOVA, $P < 0.05$). In our study, lipid content was not correlated with K ($n = 50$, $r = 0.14$, $P > 0.05$) but was correlated with Lt ($n = 50$, $r = 0.51$, $P < 0.05$). The hepatosomatic index of eels collected in Canet was significantly higher than that of eels from the three other sites (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$). Eels collected in La Berre showed the lowest hepatosomatic indices, significantly lower than those from Canet and Salses (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$). Eels collected from La Berre and Canet had higher spleen indices compared with the specimens collected in Bages and Salses lagoons (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$).

Contamination by heavy metals, PCBs and OCs

The concentrations of heavy metals in liver and muscle are reported in Table 3. Detectable concentrations of heavy metals were found in all individuals. Cu, Cd and Zn concentrations were significantly higher in the liver than in muscle ($U$-test, $P < 0.01$) except for Cu concentrations of the specimens from La Berre where no significant difference was found between the two tissues ($U$-test, $P > 0.05$).

When comparing concentrations of heavy metals in muscle, we found differences between sites for Cu and Cd (KW tests, $P < 0.01$) but not for Zn (KW test, $P > 0.05$). Cu and Cd concentrations were higher in eels captured in La Berre River compared with those captured in Salses lagoon (Dunn’s tests, $P < 0.01$). Cu concentrations in eels were also higher in eels from Canet lagoon compared with Salses lagoon (Dunn’s test, $P < 0.01$), and Cd concentrations were higher in eels from Bages lagoon compared with those from Salses (Dunn’s test, $P < 0.01$).

The concentrations of heavy metals in liver were different between sites for Cu, Cd and Zn (KW tests, $P < 0.05$). Eels collected in Bages lagoon had higher concentrations of Cu compared with the eels coming from Canet lagoon (Dunn’s test, $P < 0.05$). Eels from Bages lagoon and La Berre River had higher concentrations of Cd compared with the ones from Salses lagoon (Dunn’s test, $P < 0.01$). Eels from La Berre also had higher concentrations of Cd compared with those from Canet lagoon (Dunn’s test, $P < 0.01$). Finally, we found that eels collected in La Berre had higher concentrations of Zn compared with the eels collected in Bages and Canet lagoons (Dunn’s test, $P < 0.01$). However, eels from Salses lagoon were significantly more contaminated with Zn than the eels from Bages lagoon (Dunn’s test, $P < 0.05$).

Variation in metal concentration in muscle tissue among individuals within each site was very high (up to a factor 67 for Cu, 57 for Cd and 25 for Zn) and in liver tissue (up to a factor 71 for Cu, 7 for Cd and 4 for Zn).

No significant relationships were found between metal concentrations and K. Cu concentration in liver was significantly correlated with lipid content ($n = 31$, $r = 0.38$, $P < 0.05$) and length ($n = 65$, $r = 0.31$, $P < 0.05$). Concentrations of Cu, Cd in liver tissue and Zn in muscle tissue were negatively correlated with the hepatosomatic index (Cu-LI: $n = 65$, $r = -0.45$, $P < 0.05$; Cd-LI: $n = 65$, $r = -0.53$, $P < 0.05$; Zn-LI: $n = 58$, $r = -0.28$, $P < 0.05$). For the spleen index, a significant negative correlation was found with Cu concentrations in liver ($n = 65$, $r = -0.27$, $P < 0.05$). No correlation between metal concentration and age was found ($P > 0.05$).

The mean concentrations of SumDDTs and Sum7PCBs in eel muscles from Canet and Bages lagoons were not significantly different between 2007 and 2008 ($U$-test, $P > 0.05$). The samples from both years were therefore grouped to enlarge the sample number in each site. PCBs and OCs concen-
Chemical contamination levels are given in Table 4. For OCs, only DDTs were detected. DDTs were the most abundant pollutants followed by PCBs. DDT compounds were detected in 88% of the eels and PCBs in 40% of the eels. All the eels captured in Canet lagoon had higher concentrations of SumDDTs than those found in eels from the other lagoons (KW test, $P < 0.05$; Dunn’s test $P < 0.05$). Eels from Salses lagoon were less contaminated, with a mean SumDDTs concentration significantly lower compared with that observed in eels from Bages lagoon (Dunn’s test, $P < 0.05$). The main component detected was p,p’-DDE, which contributed more than 70% of the SumDDTs on average per eel, and had concentrations ranging from under the detection limit to 1015 ng·g$^{-1}$ ww. The compound p,p’-DDT was only found in eels from Canet and La Berre (6 and 19 ng·g$^{-1}$ ww muscle; $N = 2$) sites. p,p’-DDE and p,p’-DDD concentrations in eels from Canet lagoon were significantly higher compared with those in eels from the other two lagoons (KW test, $P < 0.05$; Dunn’s test, $P < 0.05$).

Only three PCBs congeners were detected: CB52, CB153 and CB138. CB 153 was predominant in all sites (41–92% average contribution to the Sum7PCBs), followed by the congeners 138 (8–29%) and 52 (29%, only detected in Salses lagoon). The concentrations of the seven indicator PCBs ranged from under detection limit to 18.8 ng·g$^{-1}$ ww. The mean Sum7PCBs concentrations were not significantly different between sites (KW test, $P > 0.05$).

Pooling the data from all the sites, Sum7PCBs and SumDDTs were positively correlated ($n = 50$, $r = 0.52$, $P < 0.05$). Sum7PCBs was correlated with age ($n = 14$, $r = 0.61$, $P < 0.05$) in Canet eels, while SumDDTs was correlated with length ($n = 12$, $r = 0.67$, $P < 0.05$) in Salses eels and with LI ($n = 5$, $r = -0.90$, $P < 0.05$) in Canet eels. No significant correlations were found between POPs concentrations and lipids, condition factor or spleen index ($P > 0.05$).

**Anguillicolosis**

The epidemiological results for *A. crassus* are presented in Table 5. The prevalence ranged from 4% (in Salses lagoon) to 42% (in Canet lagoon, 2007). We first compared the interannual variation (2007/2008) for Canet and Bages lagoons. The prevalence (Fisher’s test, $P < 0.05$) and the mean intensity ($U$-test, $P < 0.05$) were significantly higher in eels collected in Canet in 2007 compared with the eels collected in 2008. However, we found no differences between 2007 and 2008 for Bages lagoon (Fisher’s test, $P > 0.05$ and $U$-test, $P > 0.05$). Although prevalence was highest in Canet lagoon and La Berre River, only the eels collected from Canet lagoon in 2007 had significantly higher prevalence than eels from Bages and Salses lagoons (Fisher’s test, $P > 0.05$). Mean intensity ranged from $1.0 \pm 0.0$ (Bages) to $7.5 \pm 7.8$ (Salses). *A. crassus* mean intensity was not different between sites (KW test, $P > 0.05$). The eels captured in Canet (2007 and 2008) and La Berre had a higher SDI compared with the eels sampled in Bages (2008) and Salses (KW test, $P < 0.05$, Dunn’s test, $P < 0.05$). The percentage of eels having a severely damaged swim bladder (SDI $\geq 4$) was higher in Canet (63% in 2007 and 29% in 2008) and La Berre (67%) compared with Bages (0% in 2007 and 19% in 2008) and Salses (8%). No correlations were found between *A. crassus* parameters (intensity and SDI) with condition factor, lipid content, length or age ($P > 0.05$). *A. crassus* intensity (AC) and SDI were positively correlated with the levels of SumDDTs and Cu in muscle (AC-SumDDTs: $n = 50$, $r = 0.29$, $P < 0.05$; SDI-SumDDTs: $n = 50$, $r = 0.44$, $P < 0.05$; AC-Cu: $n = 60$, $r = 0.32$, $P < 0.05$; SDI-Cu: $n = 60$, $r = 0.39$, $P < 0.05$). A positive correlation was found between SDI and SI ($n = 165$, $r = 0.41$, $P < 0.05$) and LI ($n = 165$, $r = 0.31$, $P < 0.05$).

**Virus detection**

The EVEX was detected only in Salses lagoon where two specimens were infected out of the 12 examined (17%).

**Discussion**

**Chemical contamination levels**

Each site showed a different ‘cocktail’ of contaminants with no simple patterns of pollution. Lagoons are known to be characterised by a great variability of environmental conditions and by strong seasonal variations in physical factors such as salinity and temperature (Viaroli et al. 2007), but also in other physical factors like wind-induced water currents, that could potentially modify pollutants’ bioavailability. For example, in the studied region, the strength and direction of the wind extensively influenced the water and the sediment dynamics, which could play an important role in resuspending particulate contaminants (Zhang et al. 2012).

Some contaminants displayed comparable or lower values when compared with other Mediterranean sites reported by other studies (Table 6). Zn concentrations in muscles and liver found in the studied sites were comparable to those from the other Mediterranean sites. Gediz River (Turkey), where Zn concentrations are surprisingly very low, is the only exception. Mean levels of PCBs (sum of the seven indicators) measured in our study (2–4.6 ng·g$^{-1}$ wet muscle) were generally lower than those reported for eels from other Mediterranean regions, where concen-
Table 6. SumDDTs (ng·g⁻¹ ww muscle), Sum7PCBs (ng·g⁻¹ ww muscle) and metal [µg·g⁻¹ ww muscle (M) and/or liver (L)] concentrations [means ± SD or mean (min-max)] of *Anguilla anguilla* from different Mediterranean regions.

<table>
<thead>
<tr>
<th>Site</th>
<th>SumDDTs (ng)</th>
<th>Sum7PCBs</th>
<th>Cu M</th>
<th>Cd M</th>
<th>Zn M</th>
<th>Cu L</th>
<th>Cd L</th>
<th>Zn L</th>
<th>Fat (%)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spain, River Turia</td>
<td>45.3 (70.2–136)</td>
<td>29.3 (4.8–83.9)</td>
<td>0.977</td>
<td>0.005</td>
<td>16.95</td>
<td>12.5 (4.2–25.9)</td>
<td>Bordajandi et al. (2002)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spain, Ebro Delta</td>
<td>103 (40.2–210)</td>
<td>Total PCBs: 156 (40–240)</td>
<td>1.398 ± 0.408</td>
<td>0.008 ± 0.13</td>
<td>10.980 ± 2.013</td>
<td>21.5 ± 19.2</td>
<td>0.21 ± 0.13</td>
<td>22.8 ± 6.7</td>
<td>23.4 ± 7.3</td>
<td>Ruiz et Llorente (1991)</td>
</tr>
<tr>
<td>France, Canet Lagoon</td>
<td>336.6 ± 265.7</td>
<td>4.6 ± 5.0</td>
<td>8.017 ± 0.006</td>
<td>0.006 ± 0.18</td>
<td>13.423 ± 4.299</td>
<td>22.9 ± 13.7</td>
<td>0.18 ± 0.16</td>
<td>37.4 ± 10.1</td>
<td>27.4 ± 3.4</td>
<td>Santillo et al. (2005)</td>
</tr>
<tr>
<td>France, Salses Lagoon</td>
<td>3.7 ± 3.7</td>
<td>2.4 ± 5.6</td>
<td>0.327 ± 0.011</td>
<td>0.010 ± 0.008</td>
<td>13.136 ± 5.905</td>
<td>31.1 ± 14.9</td>
<td>1.01 ± 1.13</td>
<td>28.9 ± 7.2</td>
<td>18.5 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>France, Bages Lagoon</td>
<td>36.7</td>
<td>11PCBs: 12.7</td>
<td>0.005 ± 0.002</td>
<td>0.007 ± 0.064</td>
<td>15.263 ± 2.014</td>
<td>20.1 ± 11.2</td>
<td>3.00 ± 1.23</td>
<td>42.5 ± 5.3</td>
<td>18.5 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>France, La Berre River</td>
<td>57.5 ± 24.7</td>
<td>(N = 2)</td>
<td>8.609 ± 8.476</td>
<td>0.007 ± 0.064</td>
<td>15.263 ± 2.014</td>
<td>20.1 ± 11.2</td>
<td>3.00 ± 1.23</td>
<td>42.5 ± 5.3</td>
<td>18.5 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>France, Thau Lagoon</td>
<td>191.1 (17.6–591)</td>
<td>161</td>
<td>0.24</td>
<td>22.2</td>
<td>4.4 (2.1–9.7)</td>
<td>0.01 (0.005–0.02)</td>
<td>20 (15.29)</td>
<td>185 ± 0.7</td>
<td>185 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>Italy, Orbetello Lagoon</td>
<td>4.41 (1.5–9.0)</td>
<td>Total PCBs: 10.7 (5.7–18.9)</td>
<td>161.3 (50.6–288.5)</td>
<td>167.5 ± 129</td>
<td>21.5 ± 19.2</td>
<td>22.8 ± 6.7</td>
<td>23.4 ± 7.3</td>
<td>27.4 ± 3.4</td>
<td>23.3 ± 4.0</td>
<td>Present study*</td>
</tr>
<tr>
<td>Italy, Orbetello Lagoon</td>
<td>140.6 (64.2–477.5)</td>
<td>100</td>
<td>143.2</td>
<td>483</td>
<td>1442.2 (27.2–1442.2)</td>
<td>22.9 (9.8–29.6)</td>
<td>18.5 ± 0.7</td>
<td>185 ± 0.7</td>
<td>185 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>Italy, Santa Giusta Lagoon</td>
<td>58.8 ± 42.17</td>
<td>167.5 ± 129</td>
<td>8.609 ± 8.476</td>
<td>0.007 ± 0.064</td>
<td>15.263 ± 2.014</td>
<td>20.1 ± 11.2</td>
<td>3.00 ± 1.23</td>
<td>42.5 ± 5.3</td>
<td>18.5 ± 0.7</td>
<td>Present study*</td>
</tr>
<tr>
<td>Italy, Tevere River</td>
<td>59.6</td>
<td>39.7</td>
<td>42.4 (13.5–125.5)</td>
<td>15.01 (11.5–17.5)</td>
<td>4.3</td>
<td>Bressa et al. (1997)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Italy, Tiber River</td>
<td>35.3 (13.2–39.6)</td>
<td>42.4 (13.5–125.5)</td>
<td>15.01 (11.5–17.5)</td>
<td>4.3</td>
<td>Bressa et al. (1997)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Italy, Po Delta</td>
<td>51.36</td>
<td>Total PCBs: 238</td>
<td>161.3 (50.6–288.5)</td>
<td>167.5 ± 129</td>
<td>21.5 ± 19.2</td>
<td>22.8 ± 6.7</td>
<td>23.4 ± 7.3</td>
<td>27.4 ± 3.4</td>
<td>23.3 ± 4.0</td>
<td>Present study*</td>
</tr>
<tr>
<td>Italy, Lesina Lagoon</td>
<td>22.2 ± 7.5</td>
<td>13.2 (2–21)</td>
<td>0.580 ± 0.320</td>
<td>0.030 ± 0.010</td>
<td>20.200 ± 2.570</td>
<td>4.3</td>
<td>Bressa et al. (1997)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Italy, Lesina Lagoon</td>
<td>108.7</td>
<td>4.9</td>
<td>5.9 (3.7–9.0)</td>
<td>214.4 (27.2–1442.2)</td>
<td>22.9 (9.8–29.6)</td>
<td>18.5 ± 0.7</td>
<td>185 ± 0.7</td>
<td>185 ± 0.7</td>
<td>Present study*</td>
<td></td>
</tr>
<tr>
<td>Italy, Bolognese Lake</td>
<td>37.5 (6.0–120.3)</td>
<td>37.5 (6.0–120.3)</td>
<td>5.9 (3.7–9.0)</td>
<td>214.4 (27.2–1442.2)</td>
<td>22.9 (9.8–29.6)</td>
<td>18.5 ± 0.7</td>
<td>185 ± 0.7</td>
<td>185 ± 0.7</td>
<td>Present study*</td>
<td></td>
</tr>
<tr>
<td>Turkey, Gediz River</td>
<td>3.48 ± 0.05</td>
<td>1.2 ± 1.3</td>
<td>0.0028 ± 0.003</td>
<td>0.30 ± 0.07</td>
<td>2.07 ± 0.006</td>
<td>0.0561 ± 0.056</td>
<td>Yildiz et al. (2010)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turkey, Kizilirmak Lagoon</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Caliskan and Yerli (2000)</td>
<td></td>
</tr>
</tbody>
</table>

*Indicates that the studied eels were silver.
†Median.
‡Geometric mean.
trations were 10–100 times higher (Bordajandi et al. 2003; Santillo et al. 2005; Girard 2007; Oliveira Ribeiro et al. 2008; Bettinetti et al. 2011; Ferrante et al. 2010). Only eels from Lesina lagoon in Italy showed similar concentrations (Bettinetti et al. 2011; Quadroni et al. 2013). The congeners that contributed most to total PCBs were CB 153 and CB138 in all of our studied sites. This result is in agreement with data reported for eels from other studies in the Mediterranean region (Bordajandi et al. 2003; Mariottini et al. 2006; Storelli et al. 2007; Oliveira Ribeiro et al. 2008; Ferrante et al. 2010; Macgregor et al. 2010) and from the study of Flanders (Belpaire et al. 2010) and corresponds to commercial PCBs mixtures (Aroclor 1254 and 1260) used in most European countries (Ferrante et al. 2010). The concentrations of the sum7PCBs were among the lowest compared with other European countries (Belpaire et al. 2011).

High levels of DDTs and Cu in Canet lagoon
Eels collected in Canet lagoon showed the highest level of contamination with DDTs and also high Cu concentrations compared with the other sites studied here. The particularly high DDTs values found in eels from Canet lagoon (10 times higher compared with the other studied sites) were comparable to those reported from Ebro delta in Spain (Ruiz & Llorente 1991), Tevere River and Lesina lagoon in Italy (Bettinetti et al. 2011), sites considerably affected by the outputs of agricultural activities. As DDT is metabolised to DDE, the ratio DDE/DDT is used to determine whether DDT was released recently into the environment. The samples in Canet lagoon presented a ratio DDE/DDT > 1, corresponding to the long period since DDT was banned in France (1972). As there were no previous surveys of DDT contamination in eels from Canet lagoon, it was not possible to examine temporal trends. However, no decrease was observed in Bages lagoon after a 10-year period (Alzieu & Abadie 2000).

High concentrations of Cu in eel muscles from Canet lagoon were comparable to those found in other Mediterranean sites such as River Turia (Bordajandi et al. 2003) and Lesina lagoon (Storelli et al. 2007). These high levels of contamination (DDTs and Cu) might be explained by the peculiar physical characteristics of this lagoon. The shallow depth, low surface area and limited connection with the sea (Bernat et al. 1984), similar to the Lesina lagoon, may contribute to resuspension of the pollutants accumulated in sediment during strong wind events. In addition, the greater agricultural activity (fruit cultures and viticulture) around the lagoon of Canet compared with the other sites might also explain the high values observed. The confined situation of the lagoon could also have led to high concentrations of DDT applied for pest and/or mosquito control.

Higher concentration of Cd in Bages lagoon
Concentrations of Cd found in the liver of eels from Bages lagoon were four times higher than those in eels collected in the other two lagoons. This could be explained by the historical contamination in this lagoon in the 1980s–1990s, from a colour maker factory releasing Cd residues in the environment. Cd stored in sediments was regularly resuspended, following meteorological events, bioturbation or public works. In comparison, concentrations in eels from Vaccarès and Berre lagoons were 10 times lower (Batty et al. 1996). However, Cd concentrations found in eel muscles from Bages lagoon were low and similar to those reported in the other studied lagoons and in the River Turia (Bordajandi et al. 2003). These results highlight the importance of searching for this metal in different tissues to give a complete overview of the contamination.

High plurimetallic contamination in La Berre River
Eels collected in La Berre River showed particularly high concentrations of metallic pollutants compared with lagoons. The mean concentration of Cu found in muscles of eels from La Berre was at least 20 times higher than those reported in eel muscles collected from Salses and Bages lagoons, River Rhône (Girard 2007) and Gediz River (Yildiz et al. 2010). In addition, even if the mean concentration of Cu in the liver of eels collected in La Berre was comparable to the others studied sites, it was nonetheless twice as high as those measured in eels collected in Vaccarès and Berre lagoons (Batty et al. 1996). The Cd concentrations in eel muscle were two times higher compared with the concentrations found in the Lesina lagoon (Storelli et al. 2007) and 10 times higher compared with the studied lagoons and River Turia (Bordajandi et al. 2003). These levels were low compared with the particularly high levels found in Gediz River (about 200 times higher) (Yildiz et al. 2010). As there are no industries on this river, this pattern may be explained by the physico-chemical conditions peculiar to rivers compared with lagoons. Indeed, salinity and temperature variations are known to influence the uptake and metabolism of heavy metals (Gony et al. 1988; Tabour et al. 2011). The atmospheric deposition of pollutants could also explain this pattern (Radakovitch et al. 2008). This highlights the importance to consider both brackish and freshwater habitats when monitoring eel quality in a catchment.

Virus and parasite infection levels
In our study, EVEX was only detected in Salses lagoon and with a low prevalence (17%). Although it was previously detected in glass eels entering the Vaccarès lagoon (Girard 2005), this is the first time EVEX has
been reported from silver eels in the Mediterranean, and there were no data available on EVEx epidemiology to compare with our results. Previous reports are from wild and farmed European eels from along the European Atlantic coast, from Morocco to Russia, and also in New Zealand from *Anguilla dieffenbachii* (van Ginneken et al. 2004; Haenen et al. 2010).

*Anguillicoloides crassus* has been extensively studied and recorded in almost all the European countries. In the present study, we found relatively low prevalence (ranging from 4% to 42%) depending on the site. Fazio et al. (2008) recorded higher prevalence in French Mediterranean lagoons, *i.e.*, 67% in Salse lagoon and up to 94% in Mauguio lagoon in July 2004. The sampling season may explain this difference with a maximal infection in summer when oxygen availability is low (Lefebvre et al. 2002; Fazio et al. 2008). It is also possible that environmental conditions are not optimal for the life cycle of the parasite to complete in these sites (Fazio et al. 2008). Infections in the studied lagoons seemed lower than those in the majority of the Atlantic side silver eel subpopulations (EELIAD project, unpublished data). Finally, the salinity might also play an important role in the infestation success (Kirk et al. 2000; Lefebvre et al. 2003) and explain the low prevalence we found in marine lagoons (Salses and Bages) compared with the less saline ones such as Vaccarès and Mauguio. This pattern has been shown in Mediterranean habitats in Algeria (Djebbari et al. 2009).

Contamination effect on eel condition

Surprisingly, K was not correlated with fat contents as in other lagoons (Quadroni et al. 2013). K may not be the most appropriate variable to measure individual energetic state in this study. No correlation was found between K and the contaminant concentrations (metals and POPs). This finding could result from the complexity of the multicontamination patterns in each local stock and the fact that we considered each contaminant separately. Using a multimetal bioaccumulation index, Maes et al. (2005) found a negative correlation between metal load and condition (K and LI). The negative correlation between the hepatosomatic index and the metal’s concentration, Cu and Cd (in liver) and Zn (in muscle), found in this study is in agreement with published data for Cd (Jovanović et al. 2011). We also found significant correlations between Cu concentrations in liver and the length of the eels. A significant correlation between length and Cu had previously been found in the Vaccarès lagoon (Batty et al. 1996). Finally, the positive correlation we found between Sum7PCBs and age in eels from Canet suggested that older specimens have accumulated more PCBs. Our study showed that DDT and Cu in muscle levels were positively correlated with *A. crassus* intensity and swim bladder damage. This result is in accordance with Quadroni et al.’s (2013) results for DDT. Pollutants can weaken the immune system and increase the eel’s sensitivity to parasite infections (Robinet & Feunteun 2002; Sures & Knopf 2004). The observed relationship between the severity of the swim bladder damage and the spleen mass suggested an adaptive response of the host to the increased demand for red cells and splenic immune cells induced by the parasite via swim bladder wall damage and blood feeding activity (Lefebvre et al. 2004).

Quality of the spawners and reproductive potential

Eels from other Mediterranean lagoons (Table 6) showed muscle fat contents similar to those reported in the three studied lagoons: Canet, Salses and Bages. Eels from freshwater habitats (La Berre River and the other freshwater habitats, Table 6) show lower fat percentages, which is likely to be related to the low productivity of these environments. This highlights the potential importance of brackish water systems as eel habitats (Marohn et al. 2013). Spawning success of the eels depends on the fat accumulation during their continental phase (Boëtius & Boëtius 1980). Silver eels are thought to cease feeding and entirely rely on lipid reserves for migration, gonad maturation and mating activities. Research on eel reproduction has been mostly focused on females, and information on males is very scarce. If we consider 13% as the minimum required for migration (van den Thillart et al. 2004; based on females data), only one specimen (over the 50 analysed in our study) had <13% fat content (coming both from Canet lagoon in 2008). Based on time series data on lipid contents from yellow eels, Belpaire et al. (2009) suggested that males from the north Atlantic coasts may not have sufficient lipid contents to reach the spawning ground. Our result supports the idea that southern countries may be important contributors to the spawning stock (Kettle et al. 2008). Mediterranean lagoons therefore may be important reservoirs of male eels not only in terms of number (Mallawa 1987; Amilhat et al. 2008) but also in terms of males having sufficient lipid reserves for migration. But lipid quantity is not the only important criterion to determine the success of migration. Quality is a crucial point as bioaccumulated contaminants will be released during migration, when fat is mobilised for metabolic activity, and may impair the reproduction (migration and/or gamete production) of the female eel (van Ginneken et al. 2009).

An Eel Quality Index (EIQ) is being developed by the ICES Working Group on Eels with the aim of
being able to include eel quality in future quantitative assessment of the spawner biomass (ICES 2012). EQI is calculated for individual eels and is currently based on quality classes determined for each contaminant and pathogen although it should be noted that these classes are set statistically from field samples of yellow eel from an extensive 12-year study of contaminant monitoring in eel in Flanders (2946 eels from 365 sites) and have not been related to reproductive success. Such a system has been set for other species such as sole and whiting but not yet for eel. For each pollutant, a reference value was defined as the fifth percentile value of the means of all sites. Then, four quality classes were developed as a measure of deviation from the reference value: class 1 corresponding to the ‘not impacted’ eels; class 2, ‘slightly impacted’; class 3, ‘impacted’; and class 4, ‘strongly impacted’.

This approach was extended to consider pathogens (ICES 2012), and Table 7 reports the boundary values for the pathogens and contaminants analysed in our study. As we found a positive correlation between SDI and the intensity of the parasite *A. crassus*, the limit was set up at SDI ≥ 4, accounting not only for the parasite load but also for past infestations (Lefebvre et al. 2002; Palstra et al. 2007).

The distribution of the quality classes (Fig. 2) differs in the four water bodies, except for PCBs and Zn with 100% of the studied eels unimpacted. Canet lagoon and La Berre River eels are the most impacted for DDTs, Cu and Cd contaminations and *A. crassus* infestation. Bages eels are particularly impacted by Cd, and EVEX has been only recorded in Salses lagoon. Because of the low number (<6) of eels studied for La Berre and Canet in 2008, we should be cautious about the interpretation of the results for those sites. These data show that a non-negligible proportion of the male silver eels in the studied catchments are of low quality and low reproductive potential. However, this considers each contaminant and pathogen separately and does not consider the synergetic effects caused by these stressors. Applying the total EQI*<sub>tot</sub>* index (ICES 2012), if we consider the 29 specimens for which *A. crassus*, PCBs, DDTs and Cd data were available simultaneously, no single strongly impacted eel was recorded for the three lagoons. This result differs from analysis where contaminants are considered separately and may be due to the low sample size. More than 50% of Salses eels were ‘not impacted’, whereas no eels in this category were recorded in Bages and Canet lagoons. Most of the eels, 60 and 80%, respectively, in Bages and Canet lagoons, were ‘slightly impacted’, and the remaining, 40 and 20%, respectively, were ‘impacted’. Eel quality status is in general better in Salses compared with the other studied sites. The particular physical characteristics of this lagoon can explain this pattern. Salses has the highest area, depth, mean salinity and also the smaller river basin area. Also, it has three openings to the sea and two important seepages, which allow a good renewal of the water and sediments. Industrial and urban pressure is also less compared with Bages and Canet lagoons. In terms of management effort to increase the number of good-quality spawners, it would be beneficial to protect less impacted lagoons.

Table 7. Boundary values of the quality classes for parasite *Anguillicoloides crassus* (AC) and virus EVEX Not present Present

<table>
<thead>
<tr>
<th>Disease/contaminants</th>
<th>SDI</th>
<th>Evex virus</th>
<th>Sum 7 PCBs</th>
<th>Sum DDTs</th>
<th>Cd</th>
<th>Cu</th>
<th>Zn</th>
<th>SDI, Swim bladder Degenerative Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not impacted</td>
<td>0</td>
<td>Not present</td>
<td>&lt;73</td>
<td>&lt;40</td>
<td>&lt;5</td>
<td>&lt;0.6</td>
<td>&lt;35</td>
<td>&lt;1.50</td>
</tr>
<tr>
<td>Slightly impacted</td>
<td>1</td>
<td>Present</td>
<td>73–183</td>
<td>40–101</td>
<td>5–12.6</td>
<td>0.6–1.6</td>
<td>35–88</td>
<td>1.51–2.50</td>
</tr>
<tr>
<td>Impacted</td>
<td>2</td>
<td>1.5–2.50</td>
<td>183–460</td>
<td>101–254</td>
<td>12.6–31.7</td>
<td>1.6–4</td>
<td>88–222</td>
<td>2.51–3.50</td>
</tr>
<tr>
<td>Strongly impacted</td>
<td>3</td>
<td>2.5–3.50</td>
<td>≥460</td>
<td>≥254</td>
<td>≥31.7</td>
<td>≥4</td>
<td>≥222</td>
<td>3.51–4</td>
</tr>
</tbody>
</table>

SDI, Swim bladder Degenerative Index.

Fig. 2. Eel Quality Index (EQI) distribution in Canet (C), Salses (S) and Bages (B) lagoons and La Berre River (R). The number under the site code refers to the number of samples for each site. Class 1 corresponds to the not impacted eels; class 2, the slightly impacted; class 3, the impacted; and class 4, the strongly impacted. Five contaminants: Sum7PCBs, SumDDTs, Cadmium, Copper and Zinc, and two pathogens: parasite *Anguillicoloides crassus* (AC) and virus EVEX are considered.
such as Salses and, on the most polluted sites, to limit additional contamination as well as to investigate ways to reduce anthropogenic pressure.

Conclusions

In this study, we showed that closely located habitats in the Mediterranean region exhibit different patterns of eel contamination and diseases. Canet eels show a high level of parasitism and a high contamination with DDTs, demonstrating the persistence of DDT, which has been banned since 1972. At Bages lagoon, eels were moderately parasitised but exhibited significant Cd contamination explained by historical releases from a colour maker factory. Salses eels exhibited the lowest contamination levels and moderate level of parasitism, but were the only eels in which EVEX was detected. Although it is difficult to generalise about the health of eels in La Berre River because of the low number of samples, those sampled were particularly contaminated and parasitised. Environmental parameters such as surface area of the water body, depth, connections with the sea, size of the river basin and anthropogenic stressors are important factors in determining eel quality status. This study highlights the importance of considering spawner quality per catchment in eel management plans and conservation measures such as fishing restrictions and/or designating protected areas. The most contaminated eels have potentially reduced chances to migrate and reproduce successfully. Further work on dose–effect experimental studies including antagonistic and/or synergistic effects of contaminations and infections is urgently needed to quantify the impact of multiple stressors on eel migration and reproduction potential. This study supports and contributes to the initiatives of the joint EIFAAC/ICES WGEEL to set up a European Eel Quality Database to collect data on contaminants and diseases over the eel habitat (Belpaire et al. 2011).

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