
On the mechanisms behind decadal heat content changes in the eastern subpolar gyre

Damien Desbruyères^{a,*}, Herlé Mercier^a, Virginie Thierry^b

^a CNRS, Laboratoire de Physique des Océans, UMR6523, IFREMER, CNRS, UBO, IRD, Plouzané, France.

^b IFREMER, Laboratoire de Physique des Océans, UMR6523, IFREMER, CNRS, UBO, IRD, Plouzané, France

*: Corresponding author : Damien Desbruyères, tel.: +44 7895732920 ; email address : dades@noc.ac.uk

Abstract:

Historical and modern hydrographic data show substantial decadal variability in the heat content (HC) of the eastern subpolar North Atlantic. Those changes are here investigated in an eddy-permitting simulation (ORCA025-G70) forced by reanalysis products for the period 1965-2004. The observed and simulated decadal signal is characterized by a strong cooling in the 1960's and 1970's, a period of minor changes in the 1980's, and a strong warming in the 1990's and 2000's. A heat budget calculation is performed within a box bounded by the Greenland-Scotland sills and the Cape Farewell (Greenland)-Portugal A25-Ovide section. The decadal variability of HC is mainly governed by the integrated effect of anomalous oceanic heat transport across A25-Ovide (HT_{A25} HTA25), with local air-sea heat fluxes playing a damping role. The impact of temperature changes acting upon the mean oceanic circulation is shown to dominate the long-term behavior of HT_{A25} HTA25. Through Lagrangian experiments, we show that temperature anomalies advected by the mean circulation across A25-Ovide are mostly created by the gyre circulation anomalies upstream of A25-Ovide and the associated changes in the relative proportion of cold subpolar and warm subtropical waters feeding the northern and southern branches of the North Atlantic Current. These temperature anomalies induce large-scale changes in the pycnocline slope east of Reykjanes Ridge along A25-Ovide: when the NAC is relatively cold (warm), the main pycnocline moves upward (downward) in the Iceland Basin and on top of Reykjanes Ridge, thereby increasing (decreasing) the pycnocline slope. The resulting velocity anomalies lead to heat transport changes that strongly oppose the thermally-driven heat transport anomalies.

Highlights

► Decadal heat content changes in the eastern subpolar gyre are mainly governed by the integrated effect of anomalous oceanic heat transport across the A25-Ovide section. ► Decadal trends in the full-depth heat transport at A25-Ovide are primarily governed by the advection of temperature anomalies by the mean circulation. ► Temperature anomalies advected by the mean currents across A25-Ovide are closely related to the varying proportion of cold subpolar waters and warm subtropical waters within the NAC. ► The thermally-driven heat transport across A25-Ovide is strongly damped by opposed changes in its velocity-driven component, reflecting large-scale heaving of the main pycnocline along the section.

Keywords : North Atlantic ; Eastern Subpolar Gyre ; Heat Content ; Heat Budget ; North Atlantic Current ; Lagrangian analysis

1. Introduction

Understand the mechanisms governing oceanic temperature and associated heat content (HC) variability has become an essential issue for better climatic prediction. While observational evidences from a wide range of in situ measurements show a global warming of the world oceans since several decades (Levitus et al., 2009), the patterns of HC changes highlight significant regional disparities. Those inhomogeneities in the observed trends are particularly pronounced in the North Atlantic Ocean, where the subtropical and subpolar HC have evolved differently during the second half of the twentieth century: while the subtropical and tropical latitudes showed an overall heat gain, the subpolar region underwent an overall heat loss (Lozier et al., 2008 and Zhai and Sheldon, 2012). Superimposed on this long-term trend stand decadal signals of significant amplitudes that presumably relate to changes in the large-scale oceanic circulation driven by the North Atlantic Oscil-

15 lation (NAO), the dominant mode of atmospheric variability in the North
16 Atlantic (Häkkinen, 1999; Curry and McCartney, 2001). In particular, the
17 eastern subpolar gyre (SPG) encompasses regions where significant hydro-
18 graphic changes were recently observed: the Irminger Sea, the Iceland basin
19 and the Rockall Trough (Bersh, 2002; Holliday et al., 2008; Thierry et al.,
20 2008). These are key regions for the buoyancy-driven formation of inter-
21 mediate and deep water masses that feed the lower limb of the so-called
22 Meridional Overturning Circulation (e.g. Brambilla and Talley, 2008), and
23 any long-term modifications of the upper density field there may have sig-
24 nificant climatic implications. Through the analysis of an Ocean General
25 Circulation Model (OGCM) simulation, the present study concentrates on
26 the decadal variability of HC in the eastern SPG for the period 1965-2004.

27 Following the relatively cold and fresh period of the 1980's and early
28 1990's, the hydrographic content of the eastern SPG underwent a sharp
29 warming and increase in salinity that prevailed during the 2000's (e.g. Holli-
30 day et al., 2008). The direct influence of local buoyancy fluxes at the air-sea
31 interface was shown insufficient to explain the observed change, and the role
32 played by the large-scale oceanic circulation consequently received much at-
33 tention (e.g. Holliday, 2003; Thierry et al., 2008; Häkkinen and Rhines, 2009;
34 de Boisséson et al., 2012). Thanks to the unprecedented spatio-temporal
35 coverage of altimetry measurements, the post-1995 signal was shown to oc-
36 cur throughout a weakening of the SPG circulation, depicted in the so-called
37 "gyre index" (Häkkinen and Rhines, 2004). Anomalous air-sea heat fluxes
38 associated with a decreasing trend in the NAO index (Hurrell, 1995) was
39 invoked as a dominant forcing mechanism (gray bars in Figure 2). In hind-

40 cast numerical simulations, this surface weakening of the SPG after 1995 was
41 shown to follow an intensification from the late 1960's (Hátún et al., 2005;
42 Böning et al., 2006), which coincides with a positive trend in the NAO in-
43 dex and an observed cooling/freshening of the eastern SPG (e.g. Curry and
44 McCartney, 2001).

45 A closer look into the mechanisms associated with decadal hydrographic
46 changes in the eastern SPG was documented in the study of Hátún et al.
47 (2005). The SPG dynamics was presumed to control the respective inflows
48 of cold/fresh subpolar waters and warm/salty subtropical waters within the
49 North Atlantic Current (NAC). Using salinity criteria to identify their re-
50 spective signatures, the authors showed opposed transport variability of both
51 source waters that closely mimic the gyre index fluctuations: when the SPG
52 is strong, the cold/fresh (warm/salty) water transport is strong (weak), and
53 vice versa for a weak SPG circulation. Using an OGCM forced by NAO-
54 related atmospheric fields, Herbaut and Houssais (2009) excluded buoyancy-
55 driven changes of the SPG circulation as a predominant mechanism behind
56 hydrographic changes in the eastern SPG. Instead, the authors highlighted
57 the role played by a wind-driven anomalous circulation located over the cli-
58 matological position of the Gulf Stream/NAC, the so-called "intergyre gyre"
59 (Marshall et al., 2001; Eden and Willebrand, 2001).

60 More recently, modeling studies by de Boisséson et al. (2012) and Des-
61 bruyères et al. (2013) showed the power of Lagrangian diagnostics for the
62 study of hydrographic and volume transport changes in the eastern SPG. A
63 Lagrangian decomposition of the NAC transport into a subtropical compo-
64 nent from the Gulf Stream and a subpolar component from the Labrador

65 Current showed that hydrographic criteria were not suitable to extract the
66 signature of both gyres from the NAC variability (Desbruyères et al., 2013).
67 Those authors showed that the decadal variability of the NAC in the east-
68 ern SPG was accompanied by opposed transport changes of its northern
69 and southern branches, which respectively feeds the Iceland Basin and the
70 Rockall Trough. Importantly, this horizontal reorganization of the NAC was
71 shown to primarily reflect a signal of subtropical origin, rather than a spin-
72 up/spin-down of the SPG circulation (Desbruyères et al., 2013). While this
73 result complements the main conclusion of Herbaut and Houssais (2009),
74 that is no causal relationship between the strength and shape of the SPG, the
75 mechanisms involved in the observed hydrographic changes are still poorly
76 documented.

77 The main objective of the present paper is to provide a link between the
78 aforementioned regional circulation changes and the actual rate of change
79 of HC in the eastern SPG. The numerical tools used are presented in Sec-
80 tion 2 and the ability of the ORCA025-G70 simulation to reproduce the ob-
81 served variability in the eastern SPG is evaluated. A heat budget calculation
82 within a box bounded by the A25-Ovide section and the Greenland-Iceland-
83 Scotland (GIS) sills (Figure 1) is then performed (Section 3). Results from
84 the heat budget study motivates a temporal decomposition of the full-depth
85 heat transport across A25-Ovide (Section 4), and Lagrangian experiments
86 are carried out to complement the Eulerian analysis (Section 5). A list of
87 concluding remarks follows (Section 6).

88 2. Numerical tools

89 2.1. The Ocean Model

90 2.1.1. General Configuration

91 The study utilizes the ORCA025-G70 simulation from the global con-
92 figuration ORCA025 of the Nucleus for European Modeling of the Ocean
93 (NEMO, (Madec, 2008)) coupled with the Louvain-la-Neuve Ice model ver-
94 sion 2 (LIM2, (Fichefet and Maqueda, 1999)). The ORCA025 numerical
95 characteristics are fully detailed in Barnier et al. (2006). The domain is
96 global and is configured using a tripolar grid with 1442 x 1021 grid points
97 and a horizontal resolution that increases with latitude (from 27.75 km at
98 equator to 13.8 km at 60°N). The vertical grid consists of 46 z -levels with
99 vertical spacing that increases with depth (6 m near the surface, 250 m at the
100 bottom). The ORCA025 parameterizations comprise a Laplacian mixing of
101 temperature and salinity along isopycnals, a horizontal biharmonic viscosity,
102 and a turbulence closure scheme (TKE) for vertical mixing.

103 A complete description of the ORCA025-G70 simulation is provided by
104 Molines et al. (2006) and Treguier et al. (2007). It was initialized with the
105 Polar Science Center Hydrographic T/S Climatology (PHC 3.0, Steele et al.
106 (2001)), which consists of the Levitus 1998 climatology (Levitus et al., 1998)
107 everywhere except in the Arctic domain where a blend of the Arctic Ocean
108 Atlas and additional data from the Bedford Institute of Oceanography was
109 added to produce a more realistic Arctic hydrography. The simulation was
110 run from 1958 to 2004 with no spin-up. The forcing dataset (referenced as
111 DFS3 by Brodeau et al. (2009)) was built using data from various origins at
112 different frequencies. Air temperature, wind and air humidity data originate

113 from the European Centre for Medium-Range Weather Forecast (ECMWF)
114 ERA40 reanalysis for the period 1958-2001 and from the ECMWF analy-
115 sis for the period 2002-2004. Daily radiative flux and monthly precipitation
116 fields came from the Coordinated Ocean-ice Experiment (CORE) (Griffies
117 et al., 2009) database and turbulent fluxes (wind stress, latent and sensi-
118 ble heat fluxes) were calculated from the CORE bulk formulae (Large and
119 Yeager, 2004). To minimize uncontrolled drift in salinity as a response to
120 inaccurate precipitation (Griffies et al., 2009), a global sea surface salinity
121 (SSS) restoring to the PHC climatology was incorporated. The SSS restoring
122 term is converted into an equivalent freshwater flux through a relaxation coef-
123 ficient that was set to 0.17 meter per day. Considering the salinity evolution
124 in the first vertical grid cell (6 m), the relaxation coefficient corresponded
125 to a decay time of 36 days (Molines et al., 2006) and led to a freshwater
126 flux of similar amplitude as the one calculated from the forcing fields. A
127 SSS restoring under the ice cover was maintained with a 5-time enhanced
128 coefficient. An additional restoring was also applied at the exit of the Red
129 Sea and the Mediterranean Sea for a better representation of the overflows.
130 The consistency of ORCA025-G70 in simulating the dynamics and hydrog-
131 raphy of the subpolar gyre (de Boisséson et al., 2012; Desbruyères et al.,
132 2013), strongly suggests that the following results are not significantly bias
133 by such SSS restoring. Rattan et al. (2010) showed a strong drift in the
134 freshwater content of the Labrador Sea during the first decade of integration
135 in ORCA025-G70. The degree of equilibrium achieved by the late 1960's is
136 however adequate with observations suggesting that the subsequent model
137 variability relates to the prescribed interannual forcing (see next section). All

138 the results presented in the present study are obtained with monthly model
139 outputs and all time series presented thereafter are annual averages of the
140 monthly time series.

141 *2.1.2. Model evaluation: heat content variability in the eastern SPG*

142 The consistency of the model temperature in the eastern SPG was re-
143 cently documented by de Boisséson et al. (2010). Similar patterns of the
144 mean surface heat fluxes in the eastern SPG from ORCA025-G70 and from
145 reanalysis products (National Centers for Environments Prediction) were
146 found. Accordingly, the authors highlighted the good agreement between
147 the mean seasonal cycle of HC within the Iceland Basin mixed layer sim-
148 ulated in ORCA025-G70 and that deduced from the Argo database. Also,
149 de Boisséson et al. (2012) showed that the mean and anomalous characteris-
150 tics of the subpolar mode waters (SPMW) in the eastern SPG were satisfac-
151 torily represented in ORCA025-G70, with temperature and salinity signals
152 in the 1990's and early 2000's in line with those reported in the observational
153 work of Thierry et al. (2008). Additionally, they show a time series of HC
154 anomalies averaged within the upper layers (0-700 m) of the whole SPG in
155 ORCA025-G70 that closely matches a corresponding index deduced from the
156 World Ocean Atlas 2005 (Boyer et al., 2006). Desbruyères et al. (2013) also
157 note that the simulated structure and intensity of the horizontal and vertical
158 circulations at A25-Ovide are fairly consistent with observational estimates
159 based on inverse methods (Lherminier et al., 2010).

160 Here, the values of HC within the eastern SPG domain hatched in Figure
161 1 are calculated as follows:

$$HC(t) = \rho_0 C_p \int_x \int_y \int_z \theta(x, y, z, t) dx dy dz \quad (1)$$

162 where ρ_0 is a reference density for seawater ($\rho_0 = 1026 \text{ kg m}^{-3}$), C_p is the
 163 specific heat capacity ($C_p = 3996 \text{ kg}^{-1} \text{ K}^{-1}$) and θ is the three-dimensional
 164 potential temperature field. Annually-averaged anomalies of the simulated
 165 HC within the 0-700 m layer of the eastern SPG domain compared in Figure
 166 2a with the corresponding observed signal computed from the World Ocean
 167 Atlas 2009 (WOA09, Levitus et al. (2009)). There is a very good agreement in
 168 the amplitude and phases of both timeseries (correlation of 0.9, significant at
 169 the 95% level). Note that all the following correlations, labelled as r hereafter,
 170 are calculated from detrended annual time series and are significant at the
 171 95% level. Both signals describe a cooling ocean in the 1960's and 1970's
 172 followed by a period of relatively minor changes (1980's - early 1990's) and a
 173 sharp warming since the mid-1990's. Note that this warming trend prevails
 174 until 2007 in WOA09. Thus, the 1980's - early 1990's stands as a transition
 175 period between two significant switches in the eastern SPG hydrographic
 176 properties. The present study is particularly aimed to propose potential
 177 underlying mechanisms. The long-term change in HC between 1965 and
 178 2004 for the 0-700m layer amounts to $+2.2 \cdot 10^{21} \text{ J}$ in WOA09 and $0.2 \cdot 10^{21}$
 179 J in ORCA025-G70, that is much weaker than the decadal variability (this
 180 long-term trend will not be discussed in the present paper). Also shown in
 181 Figure 2a is the simulated HC change within the whole water column (thin
 182 blue line). The cooling in the 1960-1970's is slightly enhanced, possibly due
 183 to the adjustment of the deep water masses as no spin-up was performed for
 184 this simulation. Post 1980, the subsurface and full-depth signals are almost

185 identical ($r = 0.98$), meaning that much of the simulated decadal changes in
186 HC occurred within the upper few hundred meters, in line with the observed
187 vertical structure of decadal heat content changes in the Atlantic Ocean
188 (Levitus et al., 2012).

189 A more local evaluation of the model ability to reproduce observed hydro-
190 graphic changes in the eastern SPG is provided by an index of the subpolar
191 front lateral displacements at 58°N , in ORCA025-G70 and WOA09 (Figure
192 2b). We follow de Boissésion et al. (2012) and define the subpolar front posi-
193 tion from the longitude at which the 8°C isotherm intersects the 200m horizon
194 (note that similar results are obtained with a surface definition of the front).
195 The two signals are significantly correlated ($r = 0.9$) and depict a gradual
196 eastward extension of cold subsurface waters between the mid-1960's and
197 the mid-1990's, followed by a sharp westward retreat until the early 2000's.
198 Finally, we note that a time-mean picture of temperature and salinity com-
199 puted along A25-Ovide suggests that the time-mean deep temperature and
200 salinity fields (including the Labrador Sea Water signature) are within the
201 range of observational estimates (see section 2.2 in Desbruyères (2013)).

202 Overall, both indexes displayed in Figure 2 concur with the aforemen-
203 tionned studies of de Boissésion et al. (2010, 2012) and Desbruyères et al.
204 (2013) to ensure that the main characteristics of the eastern SPG hydrogra-
205 phy observed since the early 1960's are satisfactorily reproduced in ORCA025-
206 G70. The main processes involved in the heat content variability are hence
207 presumably represented at A25-Ovide, but also in the whole subpolar gyre.

208 *2.2. The Lagrangian tool*

209 The Lagrangian analysis tool ARIANE was extensively used in this study.
210 Its algorithm, based on an off-line volume-preserving scheme, is described in
211 Blanke and Raynaud (1997) and Blanke et al. (1999). Its main purpose is to
212 calculate trajectories of numerical particles within a three-dimensional and
213 time-dependent velocity field of an OGCM. For such calculation, the velocity
214 field is assumed to be constant over successive periods equal to the available
215 sampling (monthly averaged velocity field of the ORCA025-G70 simulation
216 will be used). The resulting trajectories are interpreted as the pathways fol-
217 lowed by small volume-conservative water parcels advected within the model
218 velocity field from a given initial section to several final sections.

219 The particles are distributed along the initial section according to the
220 archived Eulerian velocity field at each time step: particles are more numer-
221 ous in regions where the incoming transport is the largest. In addition, the
222 number of particles within each velocity grid cell was calculated in the present
223 study so that the individual transport attributed to each particle does not
224 exceed 0.5 mSv (we checked that the use of a smaller value, for improved
225 accuracy, leads to very similar results). The sum of all particle transports
226 in each grid cell amounts to the corresponding incoming Eulerian transport.
227 Here, the accuracy in the computation of the volume transfer between the
228 initial and final sections is estimated to be 0.1 Sv. Along their paths, parti-
229 cles will change their hydrographic properties according to the local Eulerian
230 fields of the ocean model. Between two successive positions, the temperature
231 and salinity of each particle therefore evolve according to the parameterized
232 thermodynamics of the model. Supplementary information about ARIANE

233 can be found at <http://stockage.univ-brest.fr/~grima/Ariane/>.

234 3. Heat budget in the eastern Subpolar Gyre

235 Having established the ability of the ORCA025-G70 simulation to reproduce
 236 the observed changes in HC within the eastern SPG domain, a full-depth
 237 annual heat budget solving equation 2 is now presented. The annual rate
 238 of change of HC is balanced by the net surface heat flux and the net heat
 239 transport advection through the regional boundaries, averaged for the current
 240 year:

$$\underbrace{\frac{\partial HC}{\partial t}}_{\Delta HC} = \underbrace{\rho_0 C_p \int_x \int_z v \theta dx dz}_{OHT} + \underbrace{\int_x \int_y Q dx dy}_{SHF} + residual \quad (2)$$

241 where v is the cross-sectional velocity field and Q is the surface heat
 242 flux, which includes the contributions from long/short wave radiations and
 243 sensible/latent heat fluxes. The term on the left-hand side of equation 2
 244 is the heat content tendency (ΔHC), the first term on the right-hand side
 245 is the oceanic heat transport convergence (OHT) and the second term on
 246 the right-hand side is the net surface heat flux (SHF). We have verified that
 247 heat content changes induced by vertical displacements of the sea-surface
 248 were negligible. Note that a small residual term was added to close the heat
 249 budget (see below). Since we are using monthly mean temperature fields,
 250 the change in HC between the 1st January and 31st December of each year is
 251 computed using temperature values averaged for December and the following
 252 January.

253 Before considering the time-evolving signals shown in Figure 3, let us

254 describe the equilibrium state for the period 1965-2004. The long-term mean
255 of ΔHC is nearly zero (see black line in Figure 3a). The long-term mean SHF
256 amounts to -0.16 PW ($1 \text{ PW} = 10^{15} \text{ J s}^{-1}$, negative sign indicates heat loss to
257 the atmosphere) with a standard deviation of 0.023 PW. The mean oceanic
258 heat transports across the northern and southern boundaries, referred to
259 as HT_{GIS} and HT_{A25} hereafter, amount to 0.21 ± 0.017 PW and $0.38 \pm$
260 0.031 PW respectively, yielding an average OHT of 0.17 ± 0.03 PW. Thus,
261 a mean residual term of -0.01 PW has to be added to close the time-mean
262 heat budget. This residual may partly account for diffusive isopycnal mixing
263 across the domain boundaries, which cannot be directly estimated from the
264 output fields of the model. As shown in Figure 3a, the contribution of this
265 residual to ΔHC is fairly small and remains relatively constant over years
266 (green line). In addition, the use of monthly fields may lead to numerical
267 errors due to averaging of non-linear terms, although a similar residual was
268 obtained with 5-day averaged fields (not shown).

269 Annually-averaged timeseries of SHF and OHT are now related to the
270 year-to-year heat content change ΔHC (Figure 3a). Positive (negative) val-
271 ues for ΔHC depict a warming (cooling) relative to the previous year. Inte-
272 grating over time the anomalous part of SHF and OHT (Figure 3b) enables
273 to quantify their respective contributions to the long-term heat content sig-
274 nal. Changes in HC are largely related to changes in $\int_t \text{OHT} dt$ ($r = 0.93$
275 at 0 lag). The latter is exclusively induced by anomalous heat transport
276 across the A25-Ovide section (HT_{A25}). Variability in the heat exchanges be-
277 tween the eastern SPG and the Nordic seas across the GIS section (HT_{GIS}) is
278 comparatively small, in line with the weak decadal variability of the density-

279 overturning across the sills in ORCA025-G70 (Desbruyères et al., 2013). The
 280 impacts of $\int_t \text{SHF} dt$ changes are not negligible though and tend to damp the
 281 $\int_t \text{OHT} dt$ contribution by $\sim 40\%$. Before 1980, negative OHT anomalies
 282 induced a cooling of $1.13 \cdot 10^{22}$ J, while positive SHF anomalies induced a
 283 warming of $0.44 \cdot 10^{22}$ J. After 1980, positive OHT anomalies warmed the
 284 domain by $1.19 \cdot 10^{22}$ J while negative SHF anomalies led to a $0.44 \cdot 10^{22}$ J
 285 cooling. Interestingly, $\int_t \text{SHF} dt$ lags HC by 1-3 years ($r = -0.7$), suggest-
 286 ing that oceanic advection influences air-sea heat flux changes in the eastern
 287 SPG on decadal timescales, as already suggested by Grist et al. (2010): an
 288 increased advection of heat across the A25-Ovide section warms up the do-
 289 main, thereby increasing the temperature gradient at the air-sea interface
 290 and increasing the heat loss to the atmosphere.

291 Overall, the aforementioned features of the heat budget variability point
 292 changes in heat advection from the Atlantic basin as the main contributor to
 293 HC variability in the northeastern Atlantic. We will from now concentrate
 294 on the dynamical origins of HT_{A25} variability. In particular, the respective
 295 impact of local velocity anomalies versus the advection of temperature anom-
 296 alies by the mean circulation will be assessed, and a Lagrangian analysis tool
 297 will be used to get more insights into the various mechanisms at play.

298 4. Temporal decomposition of HT_{A25}

299 Heat transport changes are by definition induced by either velocity or
 300 temperature changes, or by correlated anomalies in both fields. By separating
 301 the two-dimensional velocity and temperature fields at A25-Ovide into a
 302 temporal mean $(\bar{v}, \bar{\theta})$ and an anomalous part (v', θ') , one can identify three

303 distinct terms contributing to the variability of HT_{A25} . Figure 4 shows the
 304 contribution due to the advection of the mean temperature by anomalous
 305 currents (equation 3, referred to as HT_v hereafter), due to the advection
 306 of anomalous temperature by the mean currents (equation 4, referred to as
 307 HT_θ hereafter), and due to the eddy heat flux (equation 5, referred to as HT_e
 308 hereafter).

$$HT_v = C_p \rho_0 \int_z \int_x v' \bar{\theta} dx dz \quad (3)$$

$$HT_\theta = C_p \rho_0 \int_z \int_x \bar{v} \theta' dx dz \quad (4)$$

$$HT_e = C_p \rho_0 \int_z \int_x v' \theta' dx dz \quad (5)$$

309 In order to keep focus on the original HC decadal signal (Figure 2a),
 310 all heat transport time series discussed hereafter have been integrated tem-
 311 porally from their initial value of 1965, and thus express a heat content in
 312 Joule. The mean eddy heat transport (HT_e) across the A25-Ovide section is
 313 estimated as 0.006 ± 0.008 PW and its contribution to HC changes is fairly
 314 small. Although this might reflect the relatively low "eddy-permitting" res-
 315 olution of the ORCA025-G70 simulation ($\frac{1}{4}^\circ$), Treguier et al. (2006) also
 316 found small eddy heat fluxes at A25-Ovide using a higher resolution model
 317 ($1/6^\circ$). In fact, eddies are presumed to carry heat away from the NAC stream
 318 rather than along it (i.e. they parallel the A25-Ovide section) (Hall et al.,
 319 2004). Surprisingly, the decadal behavior of $\int_t HT_{A25} dt$ results from a strong
 320 opposition between $\int_t HT_v dt$ and $\int_t HT_\theta dt$ dominated in amplitude by the
 321 temperature component. The cooling trend prior to the mid-1980's is induced

322 by the advection of relatively cold water masses by the mean circulation but
323 is significantly damped by an intensified circulation. After the mid-1980's,
324 the mean currents advect warmer waters, but the subsequent warming of the
325 eastern SPG is now damped by a weaker circulation, most notably between
326 the mid 1990's and the early 2000's.

327 This anti-correlation between HT_θ and HT_v ($r = -0.9$) strongly suggests
328 that temperature anomalies along A25-Ovide have a strong heaving com-
329 ponent (vertical displacement of isopycnal surfaces past a depth horizon),
330 which creates horizontal density shears and associated geostrophic velocity
331 anomalies. Figure 5 (top) shows the mean depth of the isopycnal surface σ_1
332 = 32.1 along A25-Ovide, and Figure 5 (middle) shows its anomalous verti-
333 cal displacements along the section between 1965 and 2004. This particular
334 isopycnal surface is associated with the maximum of the overturning stream-
335 function in the density space (Desbruyères et al., 2013), and hence basically
336 indicates a lower bound for thermocline waters in the region. It is labelled
337 as σ_m hereafter. The displacements of σ_m are characterized by significant
338 decadal fluctuations along the whole section, reaching ± 100 m on top of
339 Reykjanes Ridge where a specific subpolar mode water is found (Thierry
340 et al., 2008; de Boissésou et al., 2012). Most importantly, the regional changes
341 in the depth of σ_m are associated with large-scale horizontal shear in density.
342 Prior to the 1980's, the pycnocline is deeper than average in the Iceland Basin
343 and shallower than average in the Iberian abyssal plain, while the opposite is
344 true from the early 1990's to the mid-2000's. To estimate the impacts on the
345 velocity field, anomalies in the depth of σ_m were spatially averaged between
346 the top of Reykjanes ridge and 50°N and between 50°N and Portugal. The

347 difference between both time series yields an index of the pycnocline slope
348 that matches remarkably well the original (integrated) HT_v signal (Figure 6).
349 This confirms that the advection of temperature anomalies by the mean cur-
350 rents drives strong cooling/warming trends in the eastern SPG (reflected in
351 HT_θ), and contributes to their damping via the setup of geostrophic velocity
352 anomalies (reflected in HT_v).

353 Having established the link between the two main components of the heat
354 transport across A25-Ovide and having highlighted the advection of temper-
355 ature anomalies by the mean currents as a crucial mechanism, the following
356 section is concerned with the large-scale formation of these anomalies and
357 the associated forcing. As suggested in several studies, hydrographic changes
358 in the eastern SPG are tightly linked to upstream changes in the large scale
359 oceanic circulation (e.g. Bersh, 2002; Holliday et al., 2008; Thierry et al.,
360 2008). Some underlying mechanisms were recently detailed in the modelling
361 study of Desbruyères et al. (2013). Combining the present ORCA025-G70
362 simulation and a Lagrangian analysis tool to investigate the changing com-
363 position of the NAC, the authors documented a northward shift of subtrop-
364 ical waters along A25-Ovide as one moves from the low NAO-period of the
365 1970's to the high NAO period of the 1990's. The contribution of this chang-
366 ing horizontal circulation to the temperature variability north of A25-Ovide
367 was however not quantified. In the following section, we perform similar
368 Lagrangian diagnosis to investigate the underlying processes of temperature
369 changes along A25-Ovide. By providing additional information on the dis-
370 tinct water masses crossing A25-Ovide that are not available in the Eulerian
371 framework (spatial origins, source temperatures, volume transports), the La-

372 Lagrangian analysis stands as a robust and suitable method for linking the local
373 variability at A25-Ovide to the basin-scale gyre variability (Burkholder and
374 Lozier, 2011; de Boisséson et al., 2012; Desbruyères et al., 2013).

375 5. A Lagrangian analysis of temperature changes within the NAC

376 5.1. Reconstructing the HT_{θ} signal with ARIANE

377 To identify the major mechanisms that led to the formation of the tem-
378 perature anomalies upstream of A25-Ovide, the thermally-driven heat trans-
379 port HT_{θ} (equation 4) is reconstructed using the Lagrangian analysis tool
380 ARIANE. Let us recall before proceeding that the local velocity field at
381 A25-Ovide is kept constant in the calculation of HT_{θ} , but that temperature
382 anomalies observed at A25-Ovide are likely to result from changes in the
383 circulation upstream of the section.

384 The Lagrangian experiments are performed within a domain bounded by
385 the A25-Ovide section, a subpolar transect at the exit of the Labrador Sea
386 (SPG section) and a subtropical transect at 39°N (STG section) (see Figure
387 1). Every month between 1965 and 2004, hundred thousands of numerical
388 particles are initially positioned along A25-Ovide over the whole water col-
389 umn. The numerical particles are advected backward in time by the three-
390 dimensional model velocity field and their trajectories are integrated until
391 they leave the domain through one of the three defined sections (STG, SPG
392 and A25-Ovide). The integration is done during a 7-year period to ensure
393 that a large majority of particles ultimately reach a final section (only 1%
394 of the initial particles stay within the domain, on average). The temporal
395 backward integration allows the circulation across A25-Ovide, which is now

396 reduced to water masses flowing out of the study domain, to be decomposed
 397 into a subtropical contribution from the Gulf Stream and a subpolar contribu-
 398 tion from the Labrador Sea. The sum of both contributions is here considered
 399 as a proxy for the NAC transport. The time-mean (1965-2004) total trans-
 400 ports of the subtropical and subpolar components of the NAC at A25-Ovide
 401 are 18 Sv and 22 Sv, respectively, as shown in Figure 7 which displays their re-
 402 spective horizontal streamfunctions. Note that the sum of both contributions
 403 (40 Sv) is in line with the mean intensity of the barotropic circulation seen in
 404 many OGCM simulations (e.g. Eden and Willebrand, 2001; Treguier et al.,
 405 2006; Deshayes and Frankignoul, 2008). Note also that the spatial structure
 406 of the NAC along A25-Ovide simulated in ORCA025-G70 has been validated
 407 against observational estimates in Desbruyères et al. (2013).

408 To reconstruct the two-dimensional temperature field at A25-Ovide, the
 409 seeded particles are initially grouped into bins collocated on the original
 410 model grid cell. Using outputs of the backward integration for each monthly
 411 experiments, the particle population within each bin can be decomposed into
 412 a subtropical group from 39°N with a relative volume $\%_{STG}$ and a source
 413 temperature θ_{STG} , and a subpolar group from the Labrador Sea with a rel-
 414 ative volume $\%_{SPG}$ and a source temperature θ_{SPG} . These four variables
 415 are then combined to obtain a Lagrangian estimation of the two-dimensional
 416 temperature field along the A25-Ovide section:

$$\theta_{A25} = \%_{STG}\theta_{STG} + \%_{SPG}\theta_{SPG} + \Delta\theta \quad (6)$$

417 θ_{STG} and θ_{SPG} respectively refer to temperature measured along the
 418 STG and SPG sections. Hence, a residual term $\Delta\theta$ accounts for temper-

419 ature changes of the subtropical/subpolar water mass between the subtrop-
 420 ical/Labrador transects and the A25-Ovide section, through air-sea heat
 421 fluxes and mixing with water masses other than those sampled by the STG
 422 and SPG particles. An example of such temperature calculation using ARI-
 423 ANE for a given bin is provided in Figure 8. The Lagrangian HT_θ at A25-
 424 Ovide is simply computed by using expression 6 for θ_{A25} in equation 4. The
 425 resulting (integrated) timeseries is compared in Figure 9 with the correspond-
 426 ing Eulerian signal. The main discrepancies between both signals is a slight
 427 lag in the Lagrangian time series after the mid-1980's, and an overall weaker
 428 amplitude. We verified that these errors were due to the aforementioned
 429 approximation in the reconstruction: the southward export of temperature
 430 anomalies across the section (within the western boundary current off Green-
 431 land for instance) are not included in the calculation which is focused on the
 432 northward flowing NAC. However, the Eulerian and Lagrangian signals are
 433 strongly correlated ($r = 0.95$) and the latter captures the major trends we
 434 are interested in.

435 5.2. Decomposing the Lagrangian HT_θ

436 In this section, we decompose the variability of θ_{A25} into three main mech-
 437 anisms, and quantify their respective impacts on HT_θ at A25-Ovide. Decom-
 438 posing each variable of equation 6 into its mean and anomalous part and after
 439 neglecting the cross terms, anomalies in θ_{A25} can be expressed as:

$$\theta'_{A25} = \overline{\%_{STG}}\theta'_{STG} + \overline{\%_{SPG}}\theta'_{SPG} + \%_{STG}'\overline{\theta_{STG}} + \%_{SPG}'\overline{\theta_{SPG}} + \Delta\theta' \quad (7)$$

440 With regards to expression 7, the three mechanisms involved in the vari-
 441 ability of HT_θ are:

442

443 (1) changes in the temperature of the two source waters as they leave the
 444 subtropics and the Labrador Sea, computed respectively as:

$$HT^{Subt} = C_p \rho_0 \int_z \int_x \bar{v} [\overline{\%_{STG} \theta'_{STG}}] dx dz \quad (8)$$

and

$$HT^{Lab} = C_p \rho_0 \int_z \int_x \bar{v} [\overline{\%_{SPG} \theta'_{SPG}}] dx dz \quad (9)$$

445 (2) changes in the relative proportion (or volume) of the two source wa-
 446 ters, computed as:

$$HT^{Ratio} = C_p \rho_0 \int_z \int_x \bar{v} [\%_{STG}' \overline{\theta_{STG}} + \%_{SPG}' \overline{\theta_{SPG}}] dx dz \quad (10)$$

447 (3) changes in air-sea heat fluxes and/or mixing between the STG, SPG
 448 and A25-Ovide lines, computed as:

$$HT^{Path} = C_p \rho_0 \int_z \int_x \bar{v} \Delta \theta' dx dz \quad (11)$$

449 Mechanism (1), which refers to temperature anomalies in the source re-
 450 gions impacting the temperature field at A25-Ovide, is quantified in Figure
 451 10. Interestingly, the integrated effects of HT^{Subt} and HT^{Lab} show an out-of-
 452 phase relationship, the former (latter) inducing a cooling (warming) of the
 453 eastern SPG before the mid-1980's and a subsequent warming (cooling) un-
 454 til 2000. The resulting overall impact on the heat transport at A25-Ovide
 455 is consequently fairly small. This appears consistent with regional changes

456 in the magnitude of oceanic heat loss related to the NAO: weaker in the
 457 Labrador Sea and stronger in the subtropics for negative NAO conditions,
 458 and vice-versa for positive NAO periods (e.g. Häkkinen and Rhines, 2004).

459 Mechanism (2), which refers to changes in the horizontal gyre circula-
 460 tion impacting the temperature field at A25-Ovide, is quantified in Figure
 461 11. Variations in $\%_{STG}$ (or equivalently in $\%_{SPG}$) project onto the very
 462 strong temperature contrast between subtropical and subpolar water masses
 463 in their source regions ($\overline{\theta}_{STG} - \overline{\theta}_{SPG} = 11.7^\circ\text{C}$). The predominance of HT^{Ratio}
 464 in driving the strong HC trends prior and after the mid-1980's is striking.
 465 Note that de Boissésou et al. (2012) also highlighted the significance of this
 466 particular mechanism in driving hydrographic changes of the SPMW in the
 467 vicinity of Reykjanes Ridge. To support this result, we show in Figure 12
 468 an Hovmöller diagram of $\%_{STG}'$ along A25-Ovide. Local anomalies of $\pm 10\%$
 469 are observed between 50°N and 57°N where a substantial HT_θ signal was
 470 revealed in the Eulerian framework (see Figure 4.8 in Desbruyères (2013)).
 471 This local positive trend in $\%_{STG}'$ observed from the 1970's to the late 1990's
 472 is consistent with an intensification of the northern NAC branch primarily
 473 driven by an increased contribution of its subtropical component, as reported
 474 by Desbruyères et al. (2013). The negative anomalies observed north of 50°N
 475 since 2001 reflect a decreasing transport of subtropical water masses within
 476 the northern NAC branch. As suggested in Chaudhuri et al. (2011) and con-
 477 firmed in Desbruyères et al. (2013), this weakening of the subtropical inflow
 478 occurred concomitantly with a northeastward expansion of the subtropical
 479 gyre.

480 Mechanism (3), which refers to temperature anomalies that do not di-

481 rectly depends on the initial properties (transport and temperature) of the
482 subtropical and subpolar water masses, is Figure 13. Its impact on the heat
483 content of the eastern SPG is a warming in the late 1960's and early 1970's, a
484 gradual cooling trend until late 1990's and a relatively sharp warming in the
485 2000's. To a first approximation, the temporal behavior of HT^{Path} should be
486 related to anomalous air-sea heat fluxes along the water masses path between
487 the STG, SPG and A25-Ovide sections. To verify this, the integrated HT^{Path}
488 signal is compared with the heat content variability induced by air-sea heat
489 fluxes between the three sections (Figure 13). Although the magnitude of
490 both signals cannot be quantitatively compared (the pathways of the numer-
491 ical particles do not cover the whole domain), their temporal behaviors are
492 in fairly good agreement ($r = 0.86$). Therefore, air-sea heat fluxes act as a
493 strong damping mechanisms of temperature anomalies formed via changes
494 in the horizontal circulation upstream of A25-Ovide (mechanism 2).

495 6. Conclusion

496 The low-frequency variability of the heat content in the eastern SPG
497 region has been investigated in the ORCA025-G70 simulation for the pe-
498 riod 1965-2004. The present simulation was shown to reproduce a consis-
499 tent interannual-decadal signal close to observational estimates. The 40-year
500 timeseries of heat content anomalies within a box bounded by the A25-Ovide
501 section and the Greenland-Iceland-Scotland sills revealed two periods of sig-
502 nificant changes within the upper few hundred meters of the water column:
503 a strong cooling during the 1960 and early 1970's and a strong warming in
504 the 1990 and early 2000's. A heat budget calculation within the considered

505 domain points the oceanic heat transport variability across the A25-Ovide
506 section as the main contributor to heat content decadal variations, in agree-
507 ment with previous modeling studies (e.g. Hátún et al., 2005; Marsh et al.,
508 2008). The impact of air-sea heat fluxes is a delayed (1-3 years) damping of
509 heat content trends, as already suggested by Grist et al. (2010). A temporal
510 decomposition of the heat transport at A25-Ovide was then performed and
511 the Lagrangian analysis tool ARIANE was used to complement the Eulerian
512 investigations. Accordingly, we list the following conclusions:

513

514 • *Heat transport variability at A25-Ovide results from an imbalance be-*
515 *tween opposed changes in its velocity and temperature components. Temper-*
516 *ature and velocity anomalies are linked with each other through the heaves of*
517 *isopycnal surfaces at A25-Ovide.*

518 The respective impacts of velocity anomalies acting upon the mean tem-
519 perature field and the advection of temperature anomalies by the mean
520 circulation have been quantified. Remarkably, their associated signals are
521 strongly anti-correlated. For instance, the well-documented period of the
522 1990's-2000's is marked by a strong warming of the eastern SPG occurring
523 through a weakening of the circulation. A similar opposition between the
524 contribution of HT_v and HT_θ to heat content changes along the NAC path-
525 way was also reported by Krahnemann et al. (2000). While HT_v and HT_θ
526 are both important in driving the decadal variability of HC in the eastern
527 SPG, the role of temperature anomalies overcomes that of velocity anomalies
528 during the whole period (see figure 4).

529 The thermally-driven heat transport at A25-Ovide is presumably associ-

530 ated with changes in the depth of isopycnal surfaces (heaving) rather than
531 density-compensated temperature changes (spiciness). This is in line with
532 the study of Palmer and Haines (2009) who showed an important impact
533 of isopycnal heaving on heat content change in the North Atlantic. Here,
534 the heaves of the main pycnocline along the section are characterized by sig-
535 nificant decadal fluctuations east of Reykjanes Ridge. They are associated
536 with large-scale changes in the slope of the pycnocline, driving significant
537 velocity and associated heat transport anomalies and thereby explaining the
538 strong opposition between HT_v and HT_θ . In other words, the advection of
539 positive temperature anomalies from the western basin is associated with a
540 deepening of the main pycnocline in the Iceland Basin (1990's), thereby in-
541 ducing negative velocity anomalies through a decay of the pycnocline slope,
542 and vice versa for the advection of negative temperature anomalies by the
543 NAC (1970's).

544

545 • *Temperature anomalies advected by the mean currents across A25-Ovide*
546 *are closely related to the varying proportion of cold subpolar waters and warm*
547 *subtropical waters within the NAC. Air-sea heat fluxes south of A25-Ovide*
548 *act as a damping mechanism.*

549 The temperature component of the heat transport at A25-Ovide was sat-
550 isfactorily reconstructed using a Lagrangian analysis tool, which gave access
551 to additionnal information regarding the two main source waters feeding the
552 NAC: the subpolar contribution from the Labrador Sea and the subtropical
553 contribution from the Gulf Stream. Temperature anomalies advected across
554 A25-Ovide are shown to result from several causes. Amongst them, decadal

555 changes in the relative proportion of subtropical and subpolar water masses
556 advected within the NAC stand as the dominant contributor to the thermal
557 component of heat transport variability across the A25-Ovide section, in line
558 with de Boisséson et al. (2012). Here, we show that the anomalous gyre
559 circulation mostly impacts the temperature content of the northern NAC
560 branch north of about 50°N, through a northward shift of the subtropical
561 inflow within the NAC (Desbruyères et al., 2013). This decadal evolution
562 of the NAC structure and composition appears consistent with a northward
563 shift of the windstress curl climatological pattern following a positive trend
564 in the NAO index (Marshall et al., 2001; Herbaut and Houssais, 2009). Note
565 that Zhai and Sheldon (2012) also pointed out the altered wind-driven hori-
566 zontal circulation as the dominant source of decadal heat content changes in
567 the North Atlantic. These temperature anomalies formed through changes
568 in the gyre circulation are damped by air-sea heat fluxes along the water
569 mass paths toward the eastern SPG. The advection of remote temperature
570 anomalies from the distinct source regions has an overall weak impact on the
571 heat transport at A25-Ovide. In fact, the respective temperature anomalies
572 from the Labrador Sea and the subtropics strongly compensate for each other
573 at A25-Ovide, potentially reflecting increased (decreased) oceanic heat loss
574 in the Labrador Sea (subtropics) following the positive NAO trend from the
575 1960's to the late 1990's (e.g Marshall et al., 2001; Curry and McCartney,
576 2001).

577 Past studies of temperature changes in the northeastern Atlantic were
578 mainly based on Eulerian diagnosis, using hydrographic criterion to infer
579 dynamical changes in the gyre circulation (Hátún et al., 2005). Accord-

580 ingly, the observed warming from the mid-1990's was related to a buoyancy-
581 driven shrinking of the subpolar gyre following the sharp NAO drop in winter
582 1995/96. Here, the Lagrangian description of temperature changes at A25-
583 Ovide highlighted a different dominant mechanism, namely the progressive
584 wind-driven northward shift of subtropical water masses within the NAC.
585 Following a long-term positive trend in the NAO from the late 1970's, the
586 magnitude of the oceanic heat transport reached its maximum in the mid-
587 1990's, largely overcoming local oceanic heat loss to the atmosphere and
588 inducing a strong warming of the upper oceanic layers in the northeastern
589 Atlantic basin.

590 **acknowledgments** The numerical simulation used in the present study
591 has been performed in the framework of the DRAKKAR project. Damien
592 Desbruyères is supported by CNRS and IFREMER, Virginie Thierry is sup-
593 ported by IFREMER and Herlé Mercier is supported by CNRS. This is a con-
594 tribution to the OVIDE project supported by IFREMER, CNRS, INSU and
595 French national programs (GMMC and LEFE-IDAO). The authors thank
596 Bruno Blanke and Nicolas Grima for their help in performing the Lagrangian
597 experiments. We also acknowledge two anonymous reviewers for their help
598 in improving the manuscript.

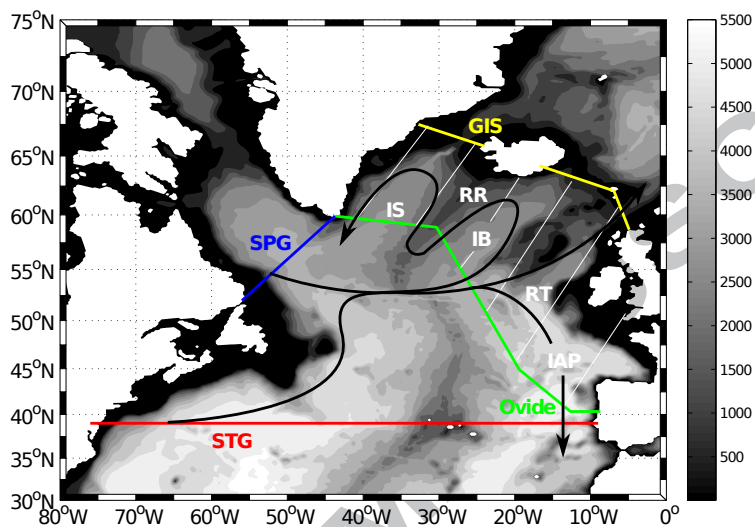


Figure 1: Bathymetry of the northern North Atlantic (in m) and positions of the sections discussed in the text: the A25-Ovide section (green), the STG transect (red), the SPG transect (blue), and the GIS section (yellow). The heat budget calculation presented in Section 3 is performed within the hatched domain. The main basins and topographic features mentioned in the text are labeled as: IS (Irminger Sea), IB (Iceland Basin), RT (Rockall Trough), IAP (Iberian Abyssal Plain), RR (Reykjanes Ridge). The black lines stand for a simplified view of the main pathways of the North Atlantic Current.

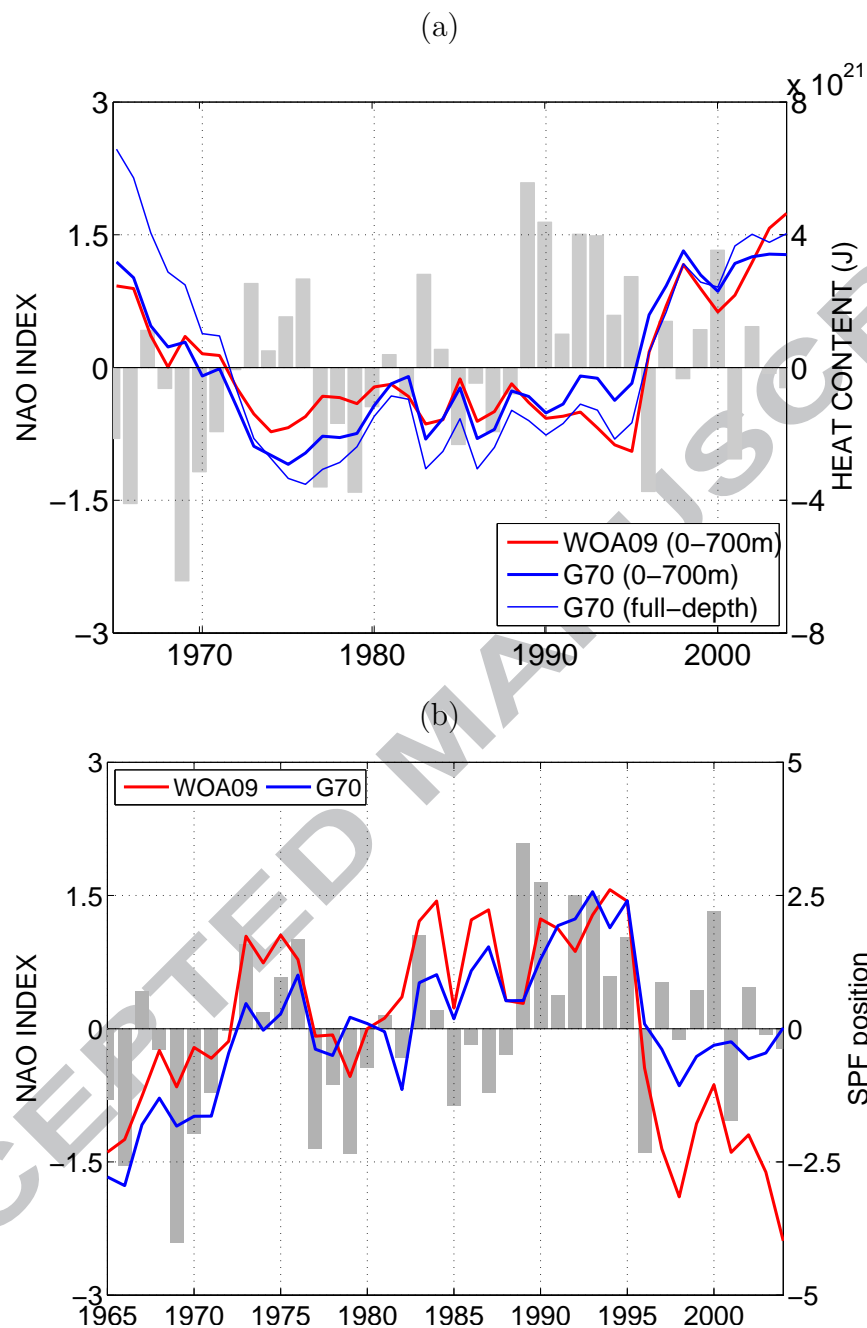


Figure 2: Heat content anomalies (J) within the eastern SPG (domain bounded by the A25-Ovide and GIS sections) and for the 0–700m layer for ORCA025-G70 (thick blue) and WOD09 (thick red). HC anomalies within the whole water column in ORCA025-G70 are also shown (thin blue). (b) Anomalies in the longitudinal position (in $^{\circ}$) of the subpolar front at 58°N (defined by the 8°C isotherm at 200m) in ORCA025-G70 (blue) and WOD09 (red). Positive (negative) anomalies indicate an eastward (westward) shift of the subpolar front. The gray bars indicate the normalized NAO index.

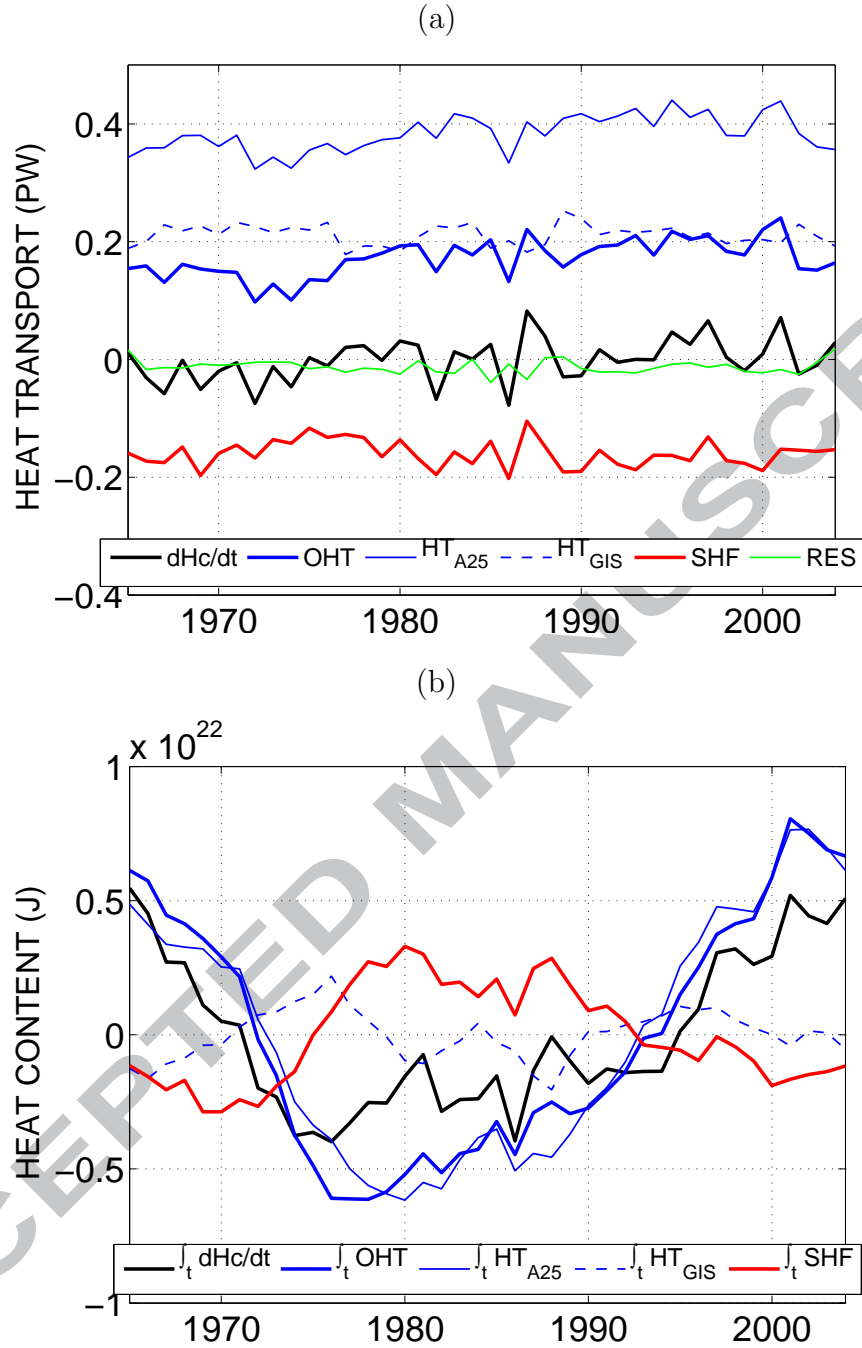


Figure 3: (a) Heat budget components (in PW): heat content rate of change (black, $\int_t dHc/dt$), air-sea heat flux (red, $\int_t SHF dt$, negative sign indicates a heat transfer from the ocean to the atmosphere) and heat transport convergence (blue, $\int_t OHT dt$). The latter is decomposed between the heat transport across the A25-Ovide section (thin blue, $\int_t HT_{A25} dt$) and across the Greenland-Iceland-Scotland sills (thin dashed blue, $\int_t HT_{GIS} dt$). The green line stands for residual terms needed to close the budget. (b) Same as (a) but expressed as a heat content change (in J). Heat flux anomalies are integrated in time from their initial (absolute) value of 1965. The residual line was omitted for clarity.

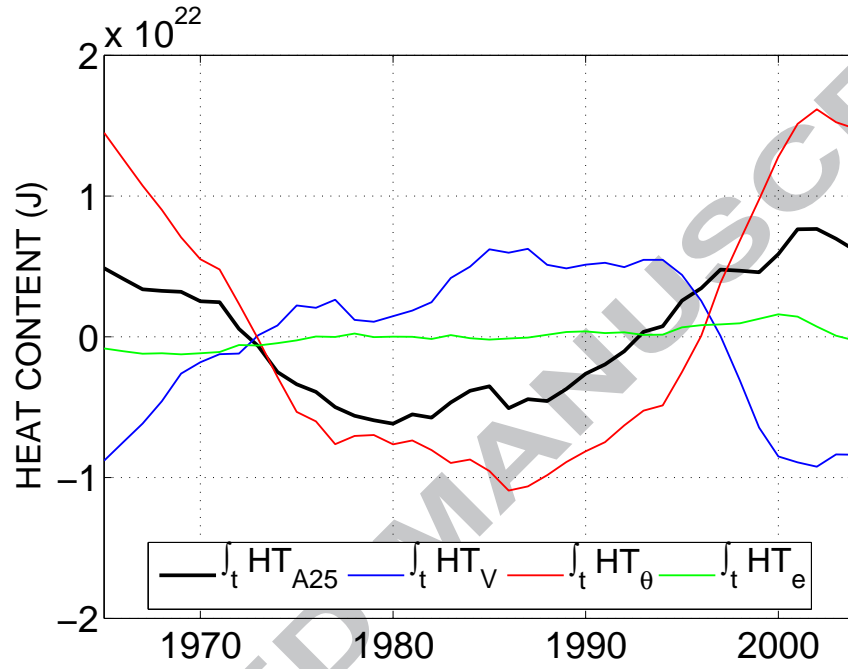


Figure 4: Temporal decomposition of the (integrated) heat transport (in J) at A25-Ovide (black, $\int_t HT_{A25} dt$) into a velocity component ($v'\bar{\theta}$, blue, $\int_t HT_v dt$), a temperature component ($\bar{v}\theta'$, red, $\int_t HT_\theta dt$) and an eddy component ($v'\theta'$, green, $\int_t HT_e dt$). Heat flux anomalies are integrated in time from their initial (absolute) value of 1965.

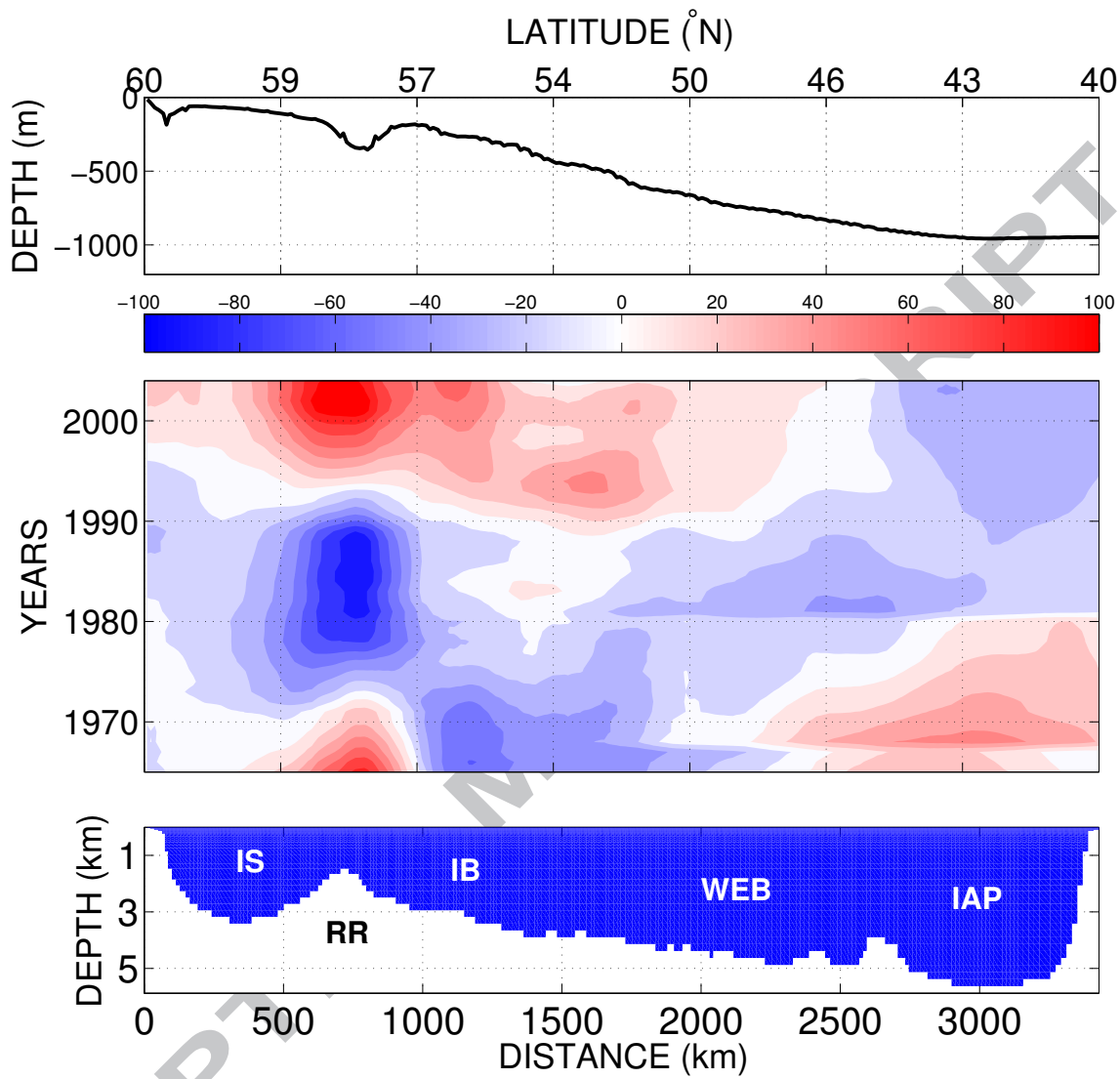


Figure 5: Top: mean depth of σ_m ($\sigma_1 = 32.1$) along A25-Ovide. Middle: time-latitude diagram of the vertical displacements of σ_m (in m) along A25-Ovide. Positive (negative) anomalies indicate an downward (upward) displacement of the main pycnocline. Bottom: bathymetry along the section with the following labels: RR (Reykjanes Ridge), IS (Irminger Sea), IB (Iceland Basin), WEB (West European Basin) and IAP (Iberian Abyssal Plain).

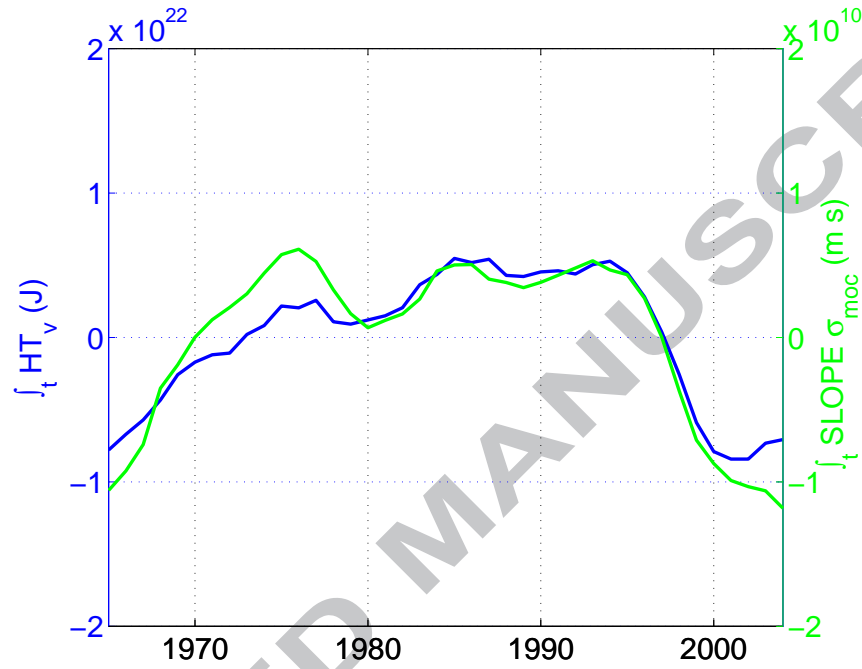


Figure 6: Comparison of the (integrated) velocity component of the heat transport at A25-Ovide (blue) with an (integrated) index of the pycnocline slope east of Reykjanes Ridge (green, in m s). The latter is defined by the difference in the depth of σ_m averaged north and south of 50°N .

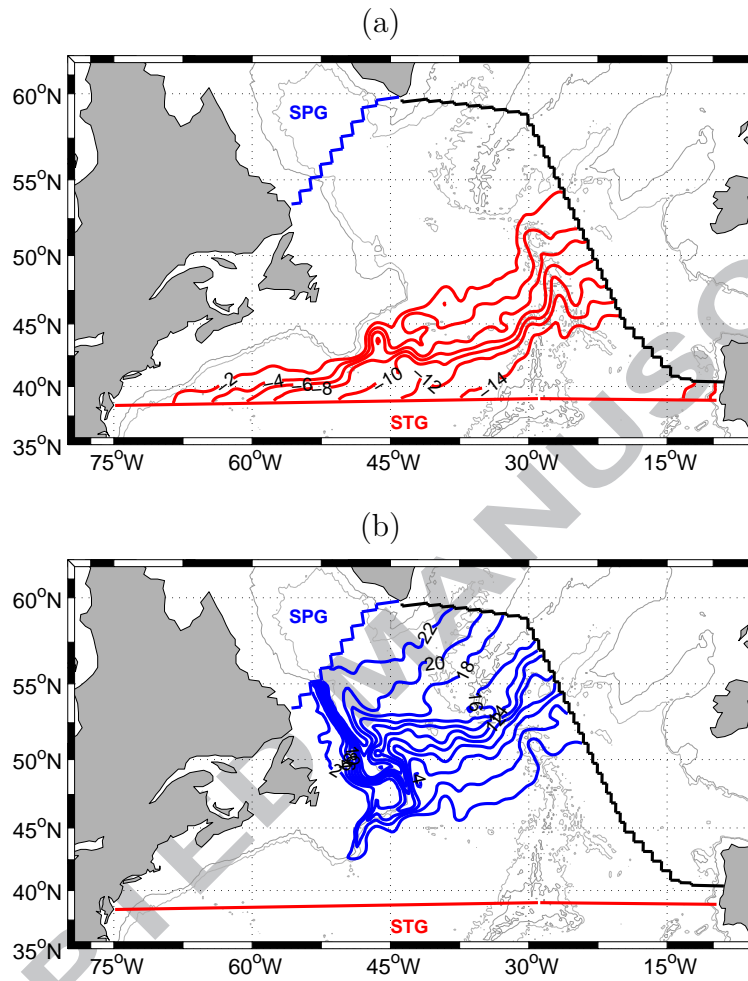


Figure 7: Mean (1965-2004) horizontal streamfunction (S_v) of the (a) subtropical and (b) subpolar components of the NAC transport across A25-Ovide deduced from the Lagrangian experiments. Contour interval is 2 Sv.

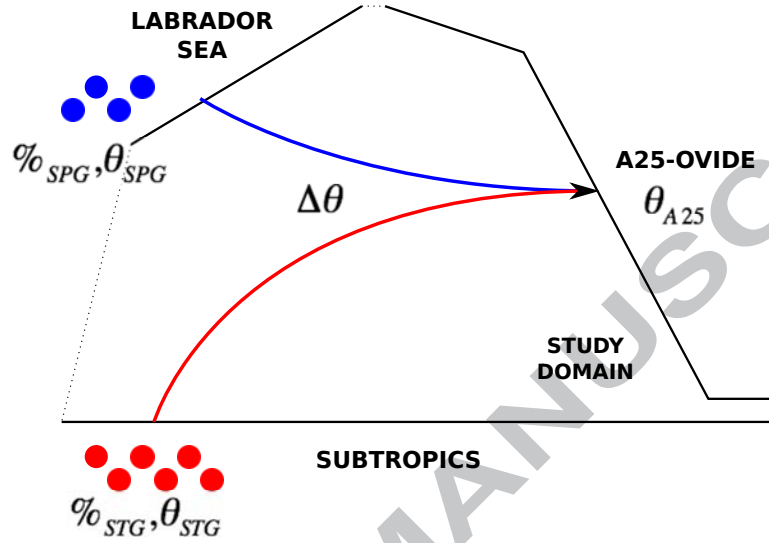


Figure 8: Methodology for estimating the Lagrangian temperature within individual bins along A25-Ovide. As an example, consider a bin at A25-Ovide that contains $\%_{STG} = 60\%$ of subtropical particles having a source temperature $\theta_{STG} = 14^{\circ}\text{C}$, and $\%_{SPG} = 40\%$ of subpolar particles having a source temperature $\theta_{SPG} = 4^{\circ}\text{C}$. According to equation 6, if the resulting mixture is cooled by $\Delta\theta = 1^{\circ}\text{C}$ between the three sections (by air-sea heat fluxes and/or lateral mixing), the temperature at A25-Ovide will be $\theta_{A25} = 0.6 \cdot 14 + 0.4 \cdot 4 - 1 = 9^{\circ}\text{C}$. This methodology is applied for each bin along A25-Ovide every month between 1965 and 2004.

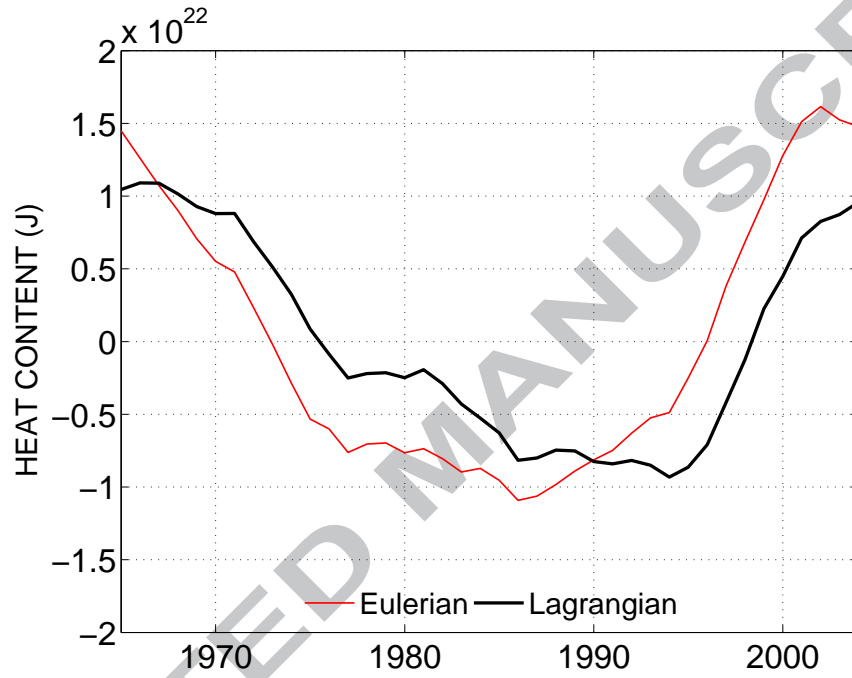


Figure 9: Comparison of the (integrated) thermally-driven heat transport HT_{θ} (J) in the Eulerian (red) and Lagrangian (black) frameworks.

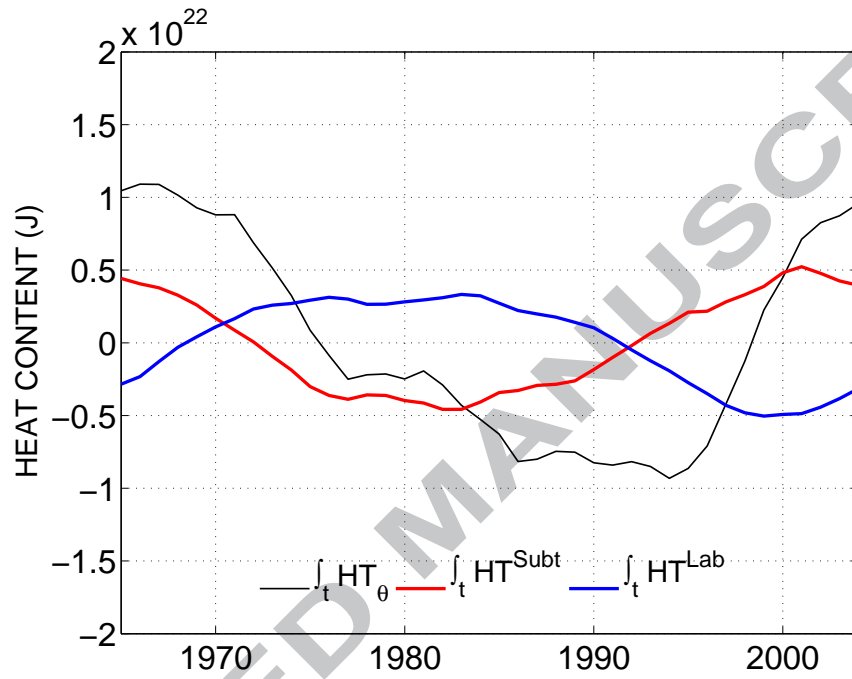


Figure 10: Time-integrated contribution of HT^{Subt} (red; temperature anomalies advected from the subtropics) and HT^{Lab} (blue; temperature anomalies advected from the Labrador Sea) to the Lagrangian HT_θ (black). Units are in J.

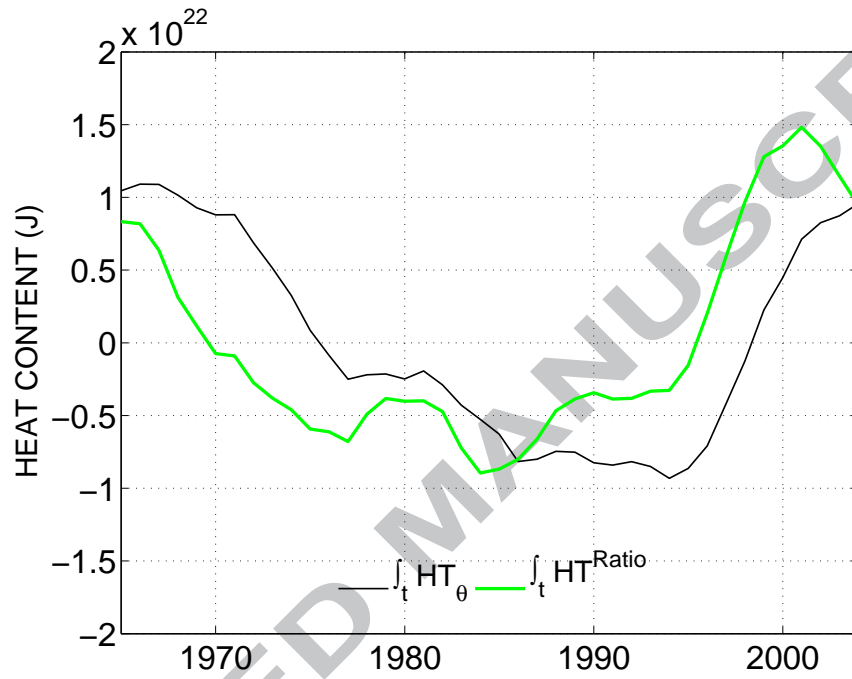


Figure 11: Time-integrated contribution of HT^{Ratio} (green; temperature anomalies associated with the relative proportion of subtropical and subpolar water masses) to the Lagrangian HT_θ (black). Units are in J.

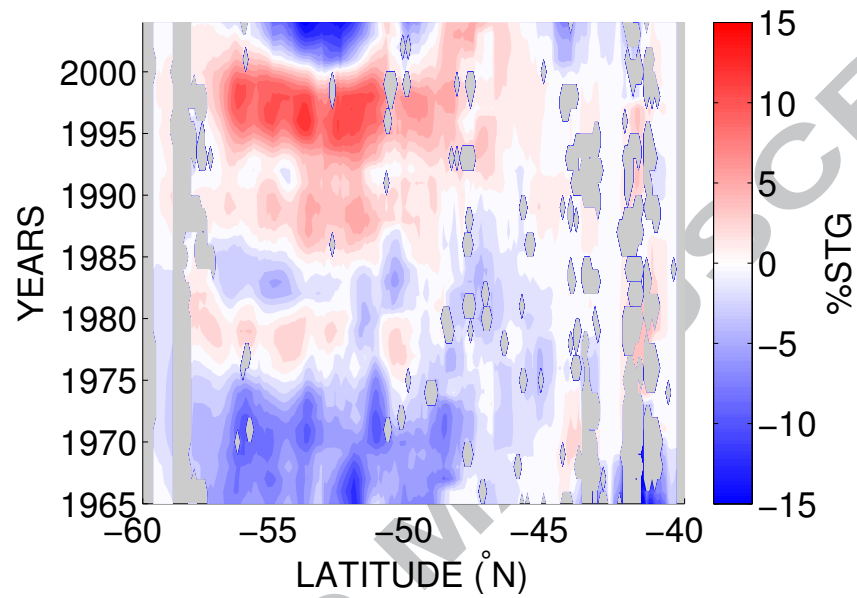


Figure 12: Time-latitude diagram of anomalies in the relative proportion of subtropical water masses along A25-Ovide (in %). The % $_{STG}$ ratio has been calculated within individual latitudinal bins (0.1°). Gray shadings indicate regions where the seeded particles are not including in the STG or SPG group (e.g. the recirculation around Reykjanes Ridge or the southward flow in the Iberian Abyssal Plain).

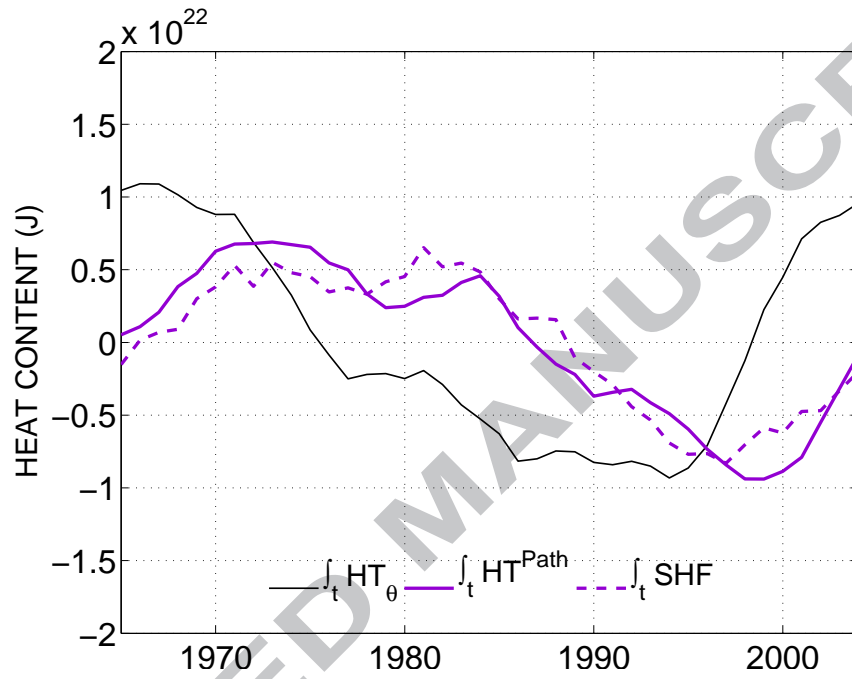


Figure 13: Time-integrated contribution of HT^{Path} (solid cyan) to the Lagrangian HT_{θ} (black) of HT^{Path} (solid cyan). The dashed cyan line is a time series of heat content anomalies induced by anomalous air-sea heat fluxes within the region bounded by the A25-Ovide, STG and SPG sections (the signal was divided by 50). Units are in J.

599 **References**

- 600 Barnier, B., Madec, G., Penduff, T., Molines, J.-M., Tréguier, A.-M., Som-
601 mer, J. L., Beckmann, A., Biastoch, A., Böning, C., Dengg, J., Derval, C.,
602 Durand, E., Gulev, S., Remy, E., Talandier, C., Theetten, S., Maltrud, M.,
603 McLean, J., Cuevas, B. D., 2006. Impact of partial steps and momentum
604 advection schemes in a global ocean circulation model at eddy-permitting
605 resolution. *Ocean Dynamics* 56, 543–567.
- 606 Bersh, M., 2002. North Atlantic Oscillation-induced changes of the upper
607 layer circulation in the northern North Atlantic Ocean. *Journal of Geo-*
608 *physical Research* 107 (C10), 223–235.
- 609 Blanke, B., Arhan, M., Madec, G., Roche, S., 1999. Warm water paths in the
610 equatorial Atlantic as diagnosed with a general circulation model. *Journal*
611 *of Physical Oceanography* 29 (11), 2753–2768.
- 612 Blanke, B., Raynaud, S., 1997. Kinematics of the Pacific Equatorial Un-
613 dercurrent: An Eulerian and Lagrangian Approach from GCM Results.
614 *Journal of Physical Oceanography* 27 (6), 1038–1053.
- 615 Böning, C., Scheinert, M., Dengg, J., Biastoch, A., Funk, A., 2006. Decadal
616 variability of subpolar gyre transport and its reverberation in the North
617 Atlantic overturning. *Geophysical Research Letters* 33 (L21S01).
- 618 Boyer, T. P., Antonov, J. I., Garcia, H. E., Johnson, D. R., Locarnini, R. A.,
619 Mishonov, A. V., Pitcher, M. T., Baranova, O. K., Smolyar, I. V., 2006.
620 *World Ocean Database 2005*. S. Levitus, Ed., NOAA Atlas NESDIS 60.
621 U.S. Government Printing Office, Washington, D.C., 190 pp., DVDs.

- 622 Brambilla, E., Talley, L. D., 2008. Subpolar Mode Water in the northeastern
623 Atlantic: 1. Averaged properties and mean circulation. *Journal of Geo-*
624 *physical Research* 113 (C04025).
- 625 Brodeau, L., Barnier, B., Penduff, T., Tréguier, A.-M., Gulev, S., 2009. An
626 evaluation of ERA-40 and CORE atmospheric variables as drivers of global
627 ocean models. *Ocean Modelling* 31, 88–104.
- 628 Burkholder, K. C., Lozier, M. S., 2011. Mid-depth Lagrangian Pathways in
629 the North Atlantic and their impact on the Salinity of the Eastern Subpolar
630 Gyre. *Deep-Sea Research I* 58, 1196–1204.
- 631 Chaudhuri, A. H., Gangopadhyay, A., Bisagni, J. J., 2011. Contrasting re-
632 sponse of the eastern and western North Atlantic circulation to an episodic
633 climate event. *Journal of Physical Oceanography* 41 (9), 1630–1638.
- 634 Curry, R. G., McCartney, M. S., 2001. Ocean Gyre Circulation Changes As-
635 sociated with the North Atlantic Oscillation. *Journal of Physical Oceanog-*
636 *raphy* 31, 3374–3400.
- 637 de Boisséson, E., Thierry, V., Mercier, H., 2010. Mixed layer heat bud-
638 get in the Iceland Basin from Argo. *Journal of Geophysical Research*
639 115 (C10055).
- 640 de Boisséson, E., Thierry, V., Mercier, H., Caniaux, G., Desbruyères, D.,
641 2012. Origin, formation and variability of the Subpolar Mode Water ob-
642 served over the Reykjanes Ridge. *Journal of Geophysical Research*.
- 643 Desbruyères, D., 2013. The meridional overturning circulation variability and

- 644 heat content changes in the north atlantic subpolar the Meridional Over-
645 turning Circulation Variability and Heat Content Canges in the North
646 Atlantic Subpolar Gyre. Ph.D. thesis, Université de Bretagne Occidentale.
- 647 Desbruyères, D., Mercier, H., Thierry, V., 2013. Simulated Decadal Vari-
648 ability of the Meridional Overturning Circulation across the A25-Ovide
649 section. *Journal of Geophysical Research*.
- 650 Deshayes, J., Frankignoul, C., 2008. Simulated Variability of the Circulation
651 in the North Atlantic from 1953 to 2003. *Journal of Climate* 21 (19), 4919–
652 4933.
- 653 Eden, C., Willebrand, J., 2001. Mechanism of Interannual to Decadal Vari-
654 ability of the North Atlantic Circulation. *Journal of Climate* 14 (10), 2266–
655 2280.
- 656 Fichefet, T., Maqueda, M. A. M., 1999. Modelling the influence of snow
657 accumulation and snow-ice formation on the seasonal cycle of the Antarctic
658 sea-ice cover. *Climate Dynamics* 15 (4), 251–268.
- 659 Griffies, S. M., Biastoch, A., Böning, C., Bryan, F., Danabasoglu, G., Chas-
660 signet, E. P., England, M. H., Gerdes, R., Haak, H., Hallberg, R. W.,
661 Hazeleger, W., Jungclaus, J., Large, W. G., Madec, G., Pirani, A.,
662 Samuels, B. L., Scheinert, M., Gupta, A. S., Severijns, C. A., Simmons,
663 H. L., Treguier, A.-M., Winton, M., Yeager, S., Yin, J., 2009. Coordinated
664 Ocean-ice Reference Experiments (COREs). *Ocean Modelling* 26 (1-2), 1–
665 46.

- 666 Grist, J. P., Josey, S. A., Marsh, R., Good, S. A., Coward, A. C., de Cuevas,
667 B. A., Alderson, S. G., New, A. L., Madec, G., 2010. The roles of surface
668 heat flux and ocean heat transport convergence in determining Atlantic
669 Ocean temperature variability. *Climate Dynamics* 60 (4), 771–790.
- 670 Häkkinen, S., 1999. Variability of the simulated meridional heat transport
671 in the North Atlantic for the period 1951-1993. *Journal of Geophysical*
672 *Research* 104 (C5).
- 673 Häkkinen, S., Rhines, P. B., 2004. Decline of the Subpolar North Atlantic
674 Circulation During the 1990s. *Science* 304 (5670), 555–559.
- 675 Häkkinen, S., Rhines, P. B., 2009. Shifting Surface Current in the northern
676 North Atlantic Ocean. *Journal of Geophysical Research* 114 (C04005).
- 677 Hall, N. M. J., Barnier, B., Penduff, T., Molines, J. M., 2004. Interannual
678 variation of Gulf Stream heat transport in a high-resolution model forced
679 by reanalysis data. *Climate Dynamics* 23 (3-4), 341–351.
- 680 Hátún, H., Sandø, A. B., Drange, H., Hansen, B., Valdimarsson, H., 2005.
681 Influence of the Atlantic Subpolar Gyre on the Thermohaline Circulation.
682 *Science* 309 (5742), 1841–1844.
- 683 Herbaut, C., Houssais, M.-N., 2009. Response of the eastern North Atlantic
684 subpolar gyre to the North Atlantic Oscillation. *Geophysical Research Let-*
685 *ters* 36 (L17607).
- 686 Holliday, N. P., 2003. Air-sea interaction and circulation changes in the north-
687 east Atlantic. *Journal of Geophysical Research* 108 (3259).

688 Holliday, N. P., hughes, S. L., bacon, S., Beszczynska-Möller, A., Hansen,
689 B., Lavín, A., Loeng, H., Mork, K. A., Osterhus, S., Sherwin, T., Wal-
690 czowski, W., 2008. Reversal of the 1960s to 1990s freshening trend in the
691 northeast North Atlantic and Nordic Seas. *Geophysical Research Letters*
692 35 (L03614).

693 Hurrell, J. W., 1995. Decadal trends in the North Atlantic Oscillation: Re-
694 gional temperatures and precipitation. *Science* 269, 676–679.

695 Krahnemann, G., Visbeck, M., Reverdin, G., 2000. Formation and Propagation
696 of Temperature Anomalies along the North Atlantic Current. *Journal of*
697 *Physical Oceanography* 31, 1287–1303.

698 Large, W., Yeager, S., 2004. Diurnal to decadal global forcing for ocean and
699 sea-ice models: The datasets and flux climatologies. Note NCAR/tn, Natl.
700 Cent. for Atmos. Res., Boulder, Colo.

701 Levitus, S., Antonov, J. I., Boyer, T. P., Baranova, O. K., Garcia, H. E.,
702 Locarnini, R. A., Mishonov, A. V., Reagan, J. R., Seidov, D., Yarosh,
703 E. S., Zweng, M. M., 2012. World ocean heat content and thermosteric sea
704 level change (0-2000 m), 1955-2010. *Geophysical Research Letters* 39.

705 Levitus, S., Antonov, J. I., Boyer, T. P., Locarnini, R. A., Garcia, H. E.,
706 Mishonov, A. V., 2009. Global ocean heat content 1955-2008 in light of
707 recently revealed instrumentation problems. *Geophysical Research Letters*
708 36 (L07608).

709 Levitus, S., Boyer, T. P., Conkright, M. E., O'Brien, T., Antonov, J.,

- 710 Stephens, C., Stathoplos, L., Johnson, D., Gelfeld, R., 1998. World Ocean
711 Database 1998. NOAA Atlas NESDIS 18.
- 712 Lherminier, P., Mercier, H., Huck, T., Gourcuff, C., Perez, F. F., Morin,
713 P., Sarafanov, A., Falina, A., 2010. The Atlantic Meridional Overturning
714 Circulation and the Subpolar Gyre observed at the A25-OVIDE Section
715 in June 2002 and 2004. *Deep-Sea Research I* 57 (11), 1374–1391.
- 716 Lozier, M. S., Leadbetter, S., Williams, R. G., Roussenov, V., Reed, M. S. C.,
717 Moore, N. J., 2008. The Spatial Pattern and Mechanisms of Heat-Content
718 Change in the North Atlantic. *Science* 319 (5864), 800–803.
- 719 Madec, G., 2008. NEMO Ocean engine. Tech. rep., Institut Pierre-Simon
720 Laplace.
- 721 Marsh, R., Josey, S. A., de Cuevas, B. A., Redbourn, L. J., Quartly, G. D.,
722 2008. Mechanisms for recent warming of the North Atlantic: Insights
723 gained with an eddy-permitting model. *Journal of Geophysical Research*
724 113 (C04031).
- 725 Marshall, J., Johnson, H., Goodman, J., 2001. A study of the Interaction of
726 the North Atlantic Oscillation with Ocean Circulation. *Journal of Physical*
727 *Oceanography* 14 (7), 1399–1421.
- 728 Molines, J. M., Barnier, B., Penduff, T., Brodeau, L., Treguier, A. M.,
729 Theeten, S., Madec, G., 2006. Definition of the interannual experiment
730 ORCA025-G70, 1958-2004. LEGI Report.

- 731 Palmer, M. D., Haines, K., 2009. Estimating Oceanic Heat Content Change
732 Using Isotherms. *Journal of Climate* 22, 4953–4969.
- 733 Rattan, S., Myers, P. G., Treguier, A.-M., Theetten, S., Biastoch, A., Böning,
734 C., 2010. Towards an understanding of Labrador Sea salinity drift in eddy-
735 permitting simulations. *Ocean Modelling* 35 (1-2), 77–88.
- 736 Steele, M., Morley, R., Ermold, W., 2001. PHC: A global ocean hydrography
737 with a high quality Arctic Ocean. *Journal of Climate* 14 (9), 2079–2087.
- 738 Thierry, V., Boisséson, E. D., Mercier, H., 2008. Interannual variability of
739 the Subpolar Mode Water properties over the Reykjanes Ridge during
740 1990-2006. *Journal of Geophysical Research* 113 (C04016).
- 741 Treguier, A., Gourcuff, C., Lherminier, P., Mercier, H., Barnier, B., Madec,
742 G., Molines, J.-M., Penduff, T., Czeschel, L., Böning, C., 2006. Internal
743 and forced variability along a section between Greenland and Portugal in
744 the CLIPPER Atlantic model. *Ocean Dynamics* 56 (5-6), 568–580.
- 745 Treguier, A.-M., England, M. H., Rintoul, S. R., Madec, G., Sommer, J. L.,
746 Molines, J. M., 2007. Southern Ocean overturning across streamlines in an
747 eddying simulation of the Antarctic Circumpolar Current. *Ocean Science*
748 3, 491–507.
- 749 Zhai, X., Sheldon, L., 2012. On the North Atlantic Ocean Heat Content
750 Change between 1955-70 and 1980-95. *Journal of Climate* 25 (10), 3619–
751 3628.