

Marine harmful algal blooms, human health and wellbeing: challenges and opportunities in the 21st century

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Abstract :

Microalgal blooms are a natural part of the seasonal cycle of photosynthetic organisms in marine ecosystems. They are key components of the structure and dynamics of the oceans and thus sustain the benefits that humans obtain from these aquatic environments. However, some microalgal blooms can cause harm to humans and other organisms. These harmful algal blooms (HABs) have direct impacts on human health and negative influences on human wellbeing, mainly through their consequences to coastal ecosystem services (fisheries, tourism and recreation) and other marine organisms and environments. HABs are natural phenomena, but these events can be favoured by anthropogenic pressures in coastal areas. Global warming and associated changes in the oceans could affect HAB occurrences and toxicity as well, although forecasting the possible trends is still speculative and requires intensive multidisciplinary research. At the beginning of the 21st century, with expanding human populations, particularly in coastal and developing countries, mitigating HABs impacts on human health and wellbeing is becoming a more pressing public health need. The available tools to address this global challenge include maintaining intensive, multidisciplinary and collaborative scientific research, and strengthening the coordination with stakeholders, policymakers and the general public. Here we provide an overview of different aspects of the HABs phenomena, an important element of the intrinsic links between oceans and human health and wellbeing.

Keywords : Harmful algal blooms, human health and wellbeing, marine biotoxins, ecosystem services

67 1. OVERVIEW OF THE CHALLENGES

68 Aquatic ecosystems are supported by photosynthetic organisms (e.g.,
69 macrophytes, benthic and planktonic microalgae and cyanobacteria) that fix
70 carbon, produce oxygen, and constitute the bases of food webs. Under certain
71 circumstances, however, the abundance of some taxa can reach levels that may
72 cause harm to humans and other organisms. These proliferations often are
73 referred to as "harmful algal blooms" (HABs), a term that includes a variety of
74 species and consequences that humans perceive as adverse. HABs occur in all
75 aquatic environments (e.g., freshwater, brackish and marine) and at all latitudes.
76 In this paper, we focus specifically on the threat that blooms of harmful
77 microalgae pose to the benefits (food supplies, economic activities, tourism and
78 recreation) that the oceans and seas provide to human health and wellbeing
79 (**Figure 1**).

80 Of the many thousands of microalgal species described, about 300 are
81 involved in harmful events (see e.g., [http://www.marinespecies.org/hab/
82 index.php](http://www.marinespecies.org/hab/index.php)). More than 100 of these species, with no apparent physiologic,
83 phylogenetic, or structural commonalities, produce potent and persistent natural
84 toxins that can be harmful or even lethal to humans and animals (Sournia, 1995;
85 Moestrup *et al.*, 2009). The chemically diverse compounds synthesized by toxic
86 HABs species have been associated with different syndromes in humans (**Box 1**),
87 and many may also adversely affect certain fish, seabirds, reptiles, and marine
88 mammals (**Box 2**).

89 In humans, toxicity is caused by the ingestion of contaminated seafood
90 products (fish or shellfish), skin contact with toxin-contaminated water, or the
91 inhalation of aerosolized toxins or noxious compounds. In the case of food-borne
92 poisonings (**Figure 2**), HAB toxins are bio-concentrated, often without
93 apparently harming the vector marine organism that ingested the toxin, and
94 transferred up through the food web to humans. Toxic effects usually occur when
95 the HAB species producing the toxin is present in high abundance, although
96 seafood poisoning also can be caused by highly toxic microalgae at low
97 abundances. In addition to the direct impacts on human health, these toxic
98 outbreaks have associated consequences on other components of human
99 wellbeing both in terms of their socio-economic impact and costs. Namely, HAB

100 occurrences can lead to the closure of important shellfisheries (e.g. Jin *et al.*,
101 2008) and increases in the costs of monitoring and management (Hoagland *et al.*,
102 2002).

103 Another hazardous effect of some HABs taxa is the production of excess algal
104 biomass, which can affect individual organisms and ecosystems in different ways
105 (**Box 2**). When large blooms decay, the subsequent degradation by bacteria of
106 accumulated biomass reduces oxygen concentrations in marine waters, can
107 cause hypoxia, especially in bottom waters isolated by density gradients from
108 surface waters. In addition to the benthic faunal mortalities related to oxygen
109 depletion, the unpleasant appearance of surface scums and bad odours
110 associated with some HABs can dissuade tourists from visiting coastal recreation
111 areas (Scatasta *et al.*, 2003). Phycotoxins also can cause morbidities and
112 mortalities of wild and farmed fish (gill damage), birds (hypothermia), marine
113 mammals, or certain invertebrates, resulting in economic losses in finfish
114 aquaculture and tourism, and losses of the non-market, “passive” values that
115 humans may have for protected species or extraordinary ecosystems. These
116 examples illustrate how HABs may also decrease the non-market, passive use
117 values of marine ecosystems and their services, thereby limiting the way in
118 which the marine environment can enhance the quality of life and wellbeing for
119 humans (Hoagland & Scatasta, 2006).

120 Blooms of microalgae, including those deemed by humans to be harmful (see
121 for instance, <http://haedat.iode.org>), are a natural phenomenon (e.g. Smayda,
122 1997; Margalef, 1998; Gowen *et al.*, 2012 and references cited therein) and
123 awareness of HAB events is embedded in the cultural heritage of many coastal
124 human communities. Historically, this awareness has helped to mitigate some of
125 the adverse effects of HABs. However, at present, there is a need to increase the
126 information about the public health risks and the strategies that scientists and
127 policy makers, working together, can address to decrease the impacts of HABs on
128 human health and wellbeing. It is important to recognize that there is not a
129 realistic way to prevent HABs occurrence as it results from complex interactions
130 among physical, chemical, and biological processes operating at different spatio-
131 temporal scales in the marine environment. Over the last 50 years, human
132 modifications of the marine environment, particularly those occurring at the

133 land-sea interface, may have influenced the incidence of HABs in certain
134 locations. These modifications include the alteration of water circulation in
135 harbors and artificial beach construction, the dispersal of species through ship
136 ballast waters, and nutrient over-enrichment (Hallegraeff & Bolch, 1992;
137 Anderson *et al.*, 2002; Davidson *et al.*, 2014).

138 Superimposed on these stresses, global warming is leading already to
139 temperature increases in some areas of the earth's oceans, and warmer waters
140 could affect the occurrence of HABs (Moore *et al.*, 2008; Backer & Moore, 2010;
141 Hallegraeff, 2010 and references cited therein; Gowen *et al.*, 2012). Specifically,
142 we can expect future changes in the frequency, intensity, and geographic extent
143 of many HABs, although the possible responses are likely to be highly species-
144 specific, given the diverse toxicity, physiology, biology, and ecology of HAB
145 organisms. Thus, the forecasting of such changes is still quite speculative,
146 requiring long time series of ecological processes, as well as more focused
147 research (including modeling).

148 This review was stimulated by discussions at the "Oceans and Human Health
149 at the beginning of the XXIst century" workshop held in Bedruthan (Cornwall,
150 United Kingdom) on March 2014 (Fleming *et al.*, 2104). This paper is not an
151 exhaustive review of all the different factors concerning the occurrence of HAB
152 events (see e.g. GEOHAB 2001; 2005; 2006; 2008; 2010; 2012; Zingone & Wyatt,
153 2005; Gowen *et al.*, 2012). Instead, we summarize the main direct impacts of
154 HABs on human health. We describe briefly the influences of HABs on human
155 wellbeing, mainly through the negative consequences to ecosystem services and
156 other marine organisms and environments. Other aspects of the possible
157 interconnections between human wellbeing and HABs have yet to be
158 investigated. Based on this evidence, we highlight the main challenges posed by
159 marine HABs, and we discuss the tools available to respond to HABs in the
160 coming years, especially within the context of climate warming.

161

162 2. DIRECT IMPACTS OF HABs ON HUMAN HEALTH.

163 As noted above, the direct impacts of HABs in marine waters on human health
164 are linked to poisonings (**Box 1**) associated with eating contaminated seafood
165 (**Figure 2**), skin contact with contaminated water, and/or inhaling aerosolised

166 biotoxins. In addition to human health conditions associated with known toxins
167 produced by microalgae, there exist emerging phycotoxins and risks of poisoning
168 through biotoxin contaminated desalinated drinking water. In the remaining text,
169 the terms “biotoxin”, “phycotoxin” or “toxin” will be used to refer to toxic
170 compounds synthesized by the marine microalgae.

171

172 **2.1. Food-borne diseases: overview.**

173 Poisoning through the ingestion of biotoxin-contaminated seafood is the best
174 documented impact that HABs have on humans (**Figure 2, Box 1**). The poisoning
175 process involves the bio-concentration of the biotoxins by filter feeding fauna
176 (mostly bivalve molluscs, e.g., *Mytilus* spp.) which themselves are generally
177 unaffected by these compounds. Other vectors include certain marine gastropods
178 (e.g., whelks and moon scails), some crustaceans (e.g., crabs), echinoderms and
179 fish (e.g., some planktivorous fishes or belonging to the tetraodontidae family)
180 that acquire biotoxins through the food web (Deeds *et al.*, 2008). Toxins
181 accumulated in seafood tissues can remain for considerable lengths of time after
182 the bloom has declined in the seawater. Further, these biotoxins are not
183 destroyed by cooking or by the processing of seafood products, and because they
184 do not have distinctive odours or taste, they can be detected only through
185 specialised laboratory testing (Zaias *et al.*, 2010).

186 Most algal toxins are primarily neurotoxins (e.g., brevetoxins affecting the Na⁺
187 channels), although they are also known to affect human health through other
188 routes (e.g., okadaic acid affecting phosphatase activity). The various toxic
189 compounds can produce a wide range of symptoms and thus have been
190 associated with several clinically described syndromes depending on the main
191 symptomatic mode (**Box 1**): Amnesic (ASP), Azaspirazid (AZP), Diarrheic (DSP),
192 Neurotoxic (NSP) and Paralytic (PSP) Shellfish Poisonings and Ciguatera Fish
193 Poisoning (CFP). The syndromes can present with symptoms from the nervous,
194 digestive, respiratory, hepatic, dermatologic, or cardiac systems. The effects can
195 be acute (e.g., paralytic shellfish poisoning can occur within minutes to hours;
196 Medcof, 1985) and can last for weeks to months (e.g., ciguatera fish poisoning;
197 Friedman *et al.*, 2008). Although there is considerable knowledge on the acute
198 health effects caused by HAB biotoxins, many of the toxicological mechanisms

199 are incompletely understood. In addition, we know little about the chronic
200 effects of these biotoxins, either from acute exposure that produce long-lasting
201 damages, or from chronic low level exposures over long periods of time.

202 For the foodborne syndromes, the prevention of contaminated shellfish
203 reaching the markets (by monitoring the causative species and/or the presence
204 of biotoxin in seafood in real time) is currently the only effective way to protect
205 human health. In fact, well-structured monitoring programmes targeting the
206 causative organisms and toxins in commercial seafood associated with the
207 clinical syndromes (i.e., ASP, AZP, DSP, NSP and PSP) have proven effective in
208 reducing the human exposure to biotoxins in many areas of the world.
209 Information about operative HAB monitoring programmes is not compiled at a
210 worldwide scale, only at regional as for the North Atlantic by the ICES
211 (International Council for the Exploration of the Sea) – IOC UNESCO Working
212 Group on Harmful Algal Blooms Dynamics
213 (<http://www.ices.dk/community/groups/Pages/WGHABD.aspx>). However,
214 monitoring needs to be complemented with additional actions such as informing
215 the public in non-commercial areas affected by HABs (e.g. Reich *et al.*, 2015) and
216 increasing the understanding of the complex processes involved the harmful
217 events (e.g., Whyte *et al.*, 2014).

218 Unfortunately, due to increased human pressure on coastal marine
219 ecosystems together with climate change, harmful blooms may occur in areas
220 where they have not previously been reported (Campbell *et al.*, 2010; Trainer *et al.*,
221 2013). Also, new biotoxins are continually being identified. For these cases,
222 toxin detection and identification of the causative organism represent new
223 challenges for monitoring and prevention procedures (Turner *et al.*, 2015). It is
224 also noteworthy that for ciguatera fish poisoning, the most frequent cause of
225 HAB-associated poisoning in tropical waters, effective procedures to protect
226 human populations are lacking (see section 2.1.b and 4.2). Increased
227 international tourist travel and trade in seafood can lead to poisonings in areas
228 far from where the fish is caught (Mattei *et al.*, 2014).

229

230 2.1.A. MOST COMMON BIOTOXIN SYNDROMES IN TEMPERATE LATITUDES.

231 In the temperate latitudes of Europe, South Africa, Asia, Australia, North America,
232 and South America, the most common HABs cause amnesic (ASP), azaspiracid
233 (AZP), diarrhetic (DSP), neurotoxic (NSP) and paralytic (PSP) shellfish poisonings
234 (**Box 1**).

235 Domoic acid, a neurotoxin produced by various species of *Pseudo-nitzschia*
236 and *Nitzschia*, was identified as responsible for causing an outbreak of amnesic
237 shellfish poisoning in humans (involving 107 illnesses and 3 deaths) after the
238 consumption of blue mussels from Prince Edward Island (Canada) in 1987
239 (Bates *et al.*, 1989; Todd, 1993). Since then, blooms of these pennate diatoms
240 have resulted in a range of, often large scale, shellfish toxicity events, affecting
241 humans and other large vertebrates (see section 3.2. and **Box 2**). Symptoms of
242 ASP poisoning in humans include short and long-term memory loss.

243 The azaspiracids, first identified in mussels from Ireland in 1995 (Satake *et al.*,
244 1998), belong to a novel group of polyether biotoxins produced by the small
245 armoured dinoflagellate *Azadinium spinosum* (Tillmann *et al.*, 2009; see also
246 section 4.1). This biotoxin causes symptoms similar to those displayed by DSP
247 (Twiner *et al.*, 2008), although slowly progressing paralyses have also been
248 observed in mouse assays. Azaspiracids has now been found in a number of
249 other European Union countries with approximately 20 different analogues of
250 AZA identified.

251 Diarrhetic shellfish poisoning (DSP) was first linked to the presence of
252 *Dinophysis fortii* in Japan (Yasumoto *et al.*, 1980) and to *D. acuminata* in Dutch
253 coastal waters (Kat, 1983), and it was recorded after consumption of mussels
254 containing DSP biotoxins from the Northern Adriatic coast in 1989 (Boni *et al.*,
255 1992). Diarrhetic shellfish poisoning is caused by okadaic acid or its derivative
256 dinophysistoxins, produced by ten species of the genus *Dinophysis*, two species of
257 the genus *Phalacrocoma* (Reguera *et al.*, 2012), and *Prorocentrum lima*
258 (Koike *et al.*, 1998). In humans, DSP biotoxins bind to phosphatase receptors,
259 causing severe, but not usually fatal, gastrointestinal symptoms (with a rapid
260 onset). DSP outbreaks are common in Europe, affecting shellfish consumers in at
261 least 10 countries. On occasion, outbreaks have resulted in large numbers of
262 people becoming ill, and shellfish harvest areas have been closed for up to 10
263 months (e.g., Fraga & Sánchez, 1985; Haamer *et al.*, 1990; Lassus *et al.*, 1995;

264 Ramstad *et al.*, 2001; Blanco *et al.*, 2005; 2013; Vale *et al.*, 2008; review by
265 Reguera *et al.*, 2014).

266 For regulatory purposes, the more recently discovered pectenotoxins and
267 yessotoxins are classified within the DSP group. Pectenotoxins are produced by
268 some of the *Dinophysis* species including *D. acuta* and *D. acuminata*. Yessotoxins
269 induce similar symptoms but are produced by the dinoflagellates *Lingulodinium*
270 *polyedrum* and *Protoceratium reticulatum* (Paz *et al.*, 2004 and references cited
271 there in). Recently, experts have recommended the deregulation of
272 pectenotoxins and yessotoxins due to research results finding a non-toxic effect
273 of the oral administration of these substances in mice (Anonymous, 2006).

274 Brevetoxin is the collective name given to a class of biotoxins that causes
275 neurotoxic shellfish poisoning (NSP). Brevetoxins are produced primarily by the
276 naked dinoflagellate *Karenia brevis*. In the Gulf of Mexico, and in isolated
277 instances along the Southeast Atlantic coast of the United States, blooms of *K.*
278 *brevis* have caused water discolouration, large-scale finfish mortality events,
279 human poisonings due to the consumption of shellfish, and respiratory problems
280 in asthmatics caused by inhalation of biotoxin in the form of an aerosol (Morris
281 *et al.*, 1991; Magaña *et al.*, 2003; Kirkpatrick *et al.*, 2004; Watkins *et al.*, 2008;
282 Fleming *et al.*, 2011). Notably, NSP has not been linked to fatalities in humans
283 (van Dolah, 2000). The occurrence of toxic *K. brevis* red tides was recorded as
284 early as 1648 in the Western Gulf of Mexico and since the 1840s in Florida
285 (Magaña *et al.*, 2003; Kirkpatrick *et al.*, 2004).

286 Paralytic shellfish poisoning (PSP) is caused by saxitoxin and its derivatives,
287 potent neurotoxins that can cause headache, nausea, facial numbness, and, in
288 severe cases, respiratory failure and death. The first likely cases in the UK were
289 in 1827 in Leith and in 1888 in Liverpool (Ayres, 1975). In British Columbia
290 (Gaines & Taylor, 1985) and Norway (Yndestad & Underdal, 1985), the first
291 recorded outbreaks of PSP were in 1793 and 1901 respectively. Medcof (1985)
292 reported toxic shellfish episodes from the 1930s and 1940s. In Europe and North
293 America, PSP is mainly associated with blooms of the thecate (armoured)
294 dinoflagellate genus *Alexandrium*, mainly *A. tamarense/funyense/catenella* group
295 and *A. minutum* (Medlin *et al.*, 1998; Higman *et al.*, 2001; Lilly *et al.*, 2007; Touzet
296 *et al.*, 2007), although some *Alexandrium* species and strains are non toxic. In

297 Asia (Philippines, Malaysia, Brunei and Indonesia, Papua New Guinea), PSP is
298 mainly produced by outbreaks of the armoured dinoflagellate *Pyrodinium*
299 *bahamense* var. *compressum*. In the Philippines, this species was responsible for
300 1,995 cases with 117 deaths linked to PSP toxicity between 1983 and 1999
301 (Azanza, 1999; Azanza & Taylor (2001).

302

303 2.1.B. CIGUATERA FISH POISONING (CFP).

304 Worldwide, ciguatera fish poisoning (CFP) is the most common food poisoning
305 associated with a natural, non-bacterial chemical, and it occurs throughout the
306 tropics, particularly in vulnerable island communities such as the Pacific Island
307 Countries and Territories (PICTs). Ciguatoxins, or their precursors, are produced
308 by several species of the benthic dinoflagellate genus *Gambierdiscus* (mainly *G.*
309 *toxicus*). The biotoxins are modified through metabolic pathways in the food web
310 of coral reefs, and they tend to accumulate in fish, particularly larger carnivorous
311 species such as barracuda (*Sphyraena* spp., Heymann, 2004), but they also have
312 been found in more than 400 fish species. After consuming ciguatoxin-
313 contaminated fish, a range of acute neurologic, gastrointestinal, and cardiac
314 symptoms have been reported, with some individuals experiencing chronic
315 neurologic symptoms lasting weeks to months (e.g., Freudenthal, 1990;
316 Friedman *et al.*, 2008; Skinner *et al.*, 2011, and references cited therein).
317 Repeated exposure to ciguatoxins can reportedly exacerbate the acute ciguatera
318 symptoms (Bagnis *et al.*, 1979; Pottier *et al.*, 2001).

319 CFP is a threat to public health throughout tropical areas, and it is the most
320 widespread, and hence best described, in the island nations of the Pacific and the
321 Caribbean (for reviews, see Bruslé, 1997; Lehane & Lewis, 2000; Friedman *et al.*,
322 2008; and references therein). Unfortunately, the real extent of illness is not well
323 documented due to under-reporting and misdiagnosis (McKee *et al.*, 2001; Radke
324 *et al.*, 2015). Thus, its impacts on human communities and ecosystem health are
325 still poorly understood. Data from the Health and Fisheries Authorities of 17
326 PICTs (Skinner *et al.*, 2011) estimated a mean annual incidence of 104 cases per
327 100,000 people across the region during 1973-83. Based on these estimates, the
328 recorded CFP incidence in the South Pacific should be increased by 60%, i.e., up
329 to 194 cases per 100,000 people between 1998-2008.

330 CFP illness rates exhibit high variability, reaching particularly elevated levels
331 in some areas. For instance, up to 497 cases per 10,000 population per year were
332 recorded in French Polynesia and in the Raivavae Islands (Australes) between
333 2000-08 (Chateau-Dégat *et al.*, 2009; Chinain *et al.*, 2010a), and up to 440 cases
334 per 10,000 population per year in the Caribbean between 1996-2006 (Tester *et*
335 *al.*, 2010). Despite uncertainty about the real incidence, data suggest that CFP
336 constitutes an acute and chronic illness with major public health significance at
337 both local and more widespread levels. In the future, the health problem could be
338 exacerbated due to anthropogenic pressures, such as the increased development
339 of the coastal zone, ocean warming (e.g. Villareal *et al.*, 2007; Kibler *et al.*, 2015),
340 or natural disasters, such as hurricanes. These pressures can lead to the damage
341 of coral reefs, favouring more resilient macroalgae that constitute new surfaces
342 for the proliferation of the involved toxicogenic benthic dinoflagellates (e.g.,
343 Chateau-Dégat *et al.*, 2005; Tester *et al.*, 2010).

344 It is inherently difficult to cope with CFP as a public health problem. For
345 example, the risks of CFP often have been traditionally “managed” by native
346 fishermen using their local, traditional knowledge, who may warn each other
347 about areas where ciguatera-contaminated fish are known to occur. With
348 increasing trade and coastal tourism, CFP cases could occur in non-tropical areas,
349 where ciguatera often goes unrecognized or diagnosed only after expensive
350 investigation (Epelboin *et al.*, 2014; Mattei *et al.*, 2014). There is neither a
351 reliable, cost-effective method for detecting the biotoxin nor is there a biomarker
352 to diagnose the illness in humans. A review by Friedman *et al.*, 2008, describes
353 the clinical course of CFP and its possible treatments, many of which may be
354 unclear to other healthcare providers and public health practitioners, even in
355 endemic areas.

356

357 2.1.C. POISONING BY PALYTOXIN AND ANALOGUES.

358 *Ostreopsis* is a dinoflagellate genus co-occurring with *Gambierdiscus*. In tropical
359 Indo-Pacific latitudes, *Ostreopsis* has been associated with poisoning after the
360 ingestion of clupeid fishes, crabs, or sea urchins contaminated with palytoxin
361 (PLTX) (see review by Deeds & Schwarz, 2010, and references cited therein).
362 This compound and its analogues (Ciminiello *et al.* 2011; 2015 and references

363 therein; Brissard *et al.*, 2015;) are among the most potent biotoxins of marine
364 origin. Nevertheless, in spite of the well-documented but very limited number of
365 severe PLTX-related poisoning cases in these tropical areas, the true risk of PLTX
366 poisoning through seafood consumption in humans is difficult to assess. This is
367 because of the co-occurrence of PLTX with other seafood biotoxins (e.g.,
368 ciguatoxins, saxitoxins, and tetrodotoxin), the distribution of PLTX mainly in the
369 tropical areas of developing nations with little surveillance and reporting, and its
370 prevalence in reef species that are not commercially harvested.

371 *Ostreopsis* is expanding to temperate latitudes, and recurrent blooms have
372 occurred in Mediterranean waters during the last two decades (e.g., Mangialajo
373 *et al.*, 2011; Illoul *et al.*, 2012). In this region, *Ostreopsis* proliferations have been
374 related to aerosol exposures at bathing beaches (section 2.3.b) and macrofaunal
375 mortalities (**Box 2**). Fortunately, to date, food poisonings related to the PLTX-like
376 group have not been reported in the Mediterranean, although the biotoxin has
377 been detected in certain marine fauna (e.g., Aligizaki *et al.*, 2011; Biré *et al.*, 2013;
378 Brissard *et al.*, 2014; Ciminiello *et al.*, 2015). The European regulation to monitor
379 PLTX has not yet become established, although the Panel on Contaminants in the
380 Food Chain (CONTAM Panel) of the European Food Safety Authority (EFSA,
381 2009) assessed the risks to human health associated with the presence of PLTX-
382 group biotoxins in shellfish, recommending a maximum concentration of 30 µg
383 eqPLTX/kg fresh weight. Overall, the few available data suggest a growing
384 potential risk of seafood contamination (from commercial or recreational fishing
385 or aquaculture) in Mediterranean coastal waters (specially in those affected by
386 recurrent *Ostreopsis* blooms).

387 The possible transfer and accumulation of the PLTX-like group of biotoxins
388 through the food web to humans should be investigated further. Because
389 *Ostreopsis* exhibits both benthic and planktonic phases (Bravo *et al.*, 2012), its
390 dispersion is facilitated, increasing the number of seafood types that could
391 become contaminated and complicating its monitoring. The planktonic stage can
392 contaminate filter-feeding bivalves (e.g., mussels), while the benthic stage can
393 enter the food chain through herbivores (e.g., sea urchins, crabs, gastropods,
394 salps) that feed on macroalgae (Brissard *et al.*, 2014). PLTX-like biotoxins can
395 then be transferred to omnivores and carnivores, including humans.

396

397 2.1.D. EMERGING BIOTOXINS.

398 *Cyclic imines.*

399 Cyclic imines (gymnodimine, spirolides, pinnatoxins and others) have been
400 produced reportedly by a number of dinoflagellates (*Karenia selliformis*,
401 *Vulcanodinium rugosum*, *Alexandrium ostenfeldii* and *A. peruvianum*). They are
402 classified typically as fast-acting biotoxins due to the rapid mortality occurring in
403 the mouse bioassay for lipophilic biotoxins (Molgó *et al.*, 2014, and references
404 cited therein). Both gymnodimine and pinnatoxins had been associated initially
405 with acute human food poisoning events (Seki *et al.*, 1995; Uemura *et al.*, 1995).
406 Further studies indicated that other biotoxins (i.e., brevetoxins in the case of the
407 New Zealand shellfish poisoning assumed to be caused by gymnodimine) or
408 bacterial (*Vibrio*) contamination (in the case of the Chinese poisoning assumed to
409 be caused by pinnatoxins) were in fact responsible. Pinnatoxin-G has been
410 reported worldwide (e.g., Rhodes *et al.*, 2010; 2011; Rundberget *et al.*, 2011;
411 McCarron *et al.*, 2012), with the highest levels found in a Mediterranean Lagoon
412 in the South of France (Hess *et al.*, 2013). It should be pointed out, however, that
413 no food-poisoning-related events have yet been documented. The chemical
414 stability of this biotoxin to both acids and bases (Jackson *et al.*, 2012) and the
415 high binding affinity to the nicotinic Acetylcholine (nACh) receptor raises the
416 spectre of potentially harmful effects to human health due to the chronic
417 exposure of even low levels of pinnatoxins (Molgó *et al.*, 2014).

418

419 *BMMA.*

420 Although controversial, β -N-methylamino-L-alanine (BMAA) a non-protein
421 amino acid initially reported to be produced by certain cyanobacteria
422 proliferating in freshwater habitats (Cox *et al.*, 2005) has been recently
423 confirmed in marine diatoms (Jiang *et al.*, 2014a) and in seafood from marine
424 and coastal waters (Brand *et al.*, 2010; Reveillon *et al.*, 2014; 2015). Exposure to
425 BMAA has been linked to an increased risk of neurodegenerative diseases such
426 as Amyotrophic Lateral Sclerosis (ALS), Parkinson's, and Alzheimer's Diseases
427 (Bradley *et al.*, 2013). Marine cyanotoxins in general are a potential cause of
428 unexplained acute food poisoning (Golubic *et al.*, 2010; Roué *et al.*, 2013; 2014).

429 Additional research is needed to confirm both these findings and the possible
430 epidemiologic associations between BMAA and neurodegenerative diseases.

431

432 *Macro-algae.*

433 Food poisoning from macroalgae has been reported from Asian countries where
434 such foodstuffs are traditionally consumed. Particularly important are the
435 polycavernosides found in *Gracilaria edulis* (Louzao *et al.*, 2014, and references
436 cited therein). As postulated by Daigo (1959), domoic acid has now been
437 confirmed as a metabolite in *Chondria armata* following the laboratory culture of
438 these macroalgae (Jiang *et al.*, 2014b). The occurrence of domoic acid and other
439 glutamate receptor agonists in macroalgae may be of importance in studies on
440 the effects of chronic exposures to subacute biotoxin concentration.

441

442 2.1.E. EFFECTS OF CHRONIC AND SUBACUTE EXPOSURE

443 Marine biotoxins have traditionally been known for their acute effects.
444 Consequently, regulation at a global scale (FAO, *Codex alimentarius*) has focused
445 on preventing acute poisoning events (Lawrence *et al.*, 2011). Only a few studies
446 have investigated either chronic effects from an acute exposure episode or
447 chronic exposure to sub-acute levels over time in humans. Some studies, using *in*
448 *vivo* models, have shown that there may be some adverse health effects from
449 low-level exposures (either single or repeated) to, for example, domoic acid.
450 Levin *et al.* (2005) demonstrated that prenatal rats exposed to domoic acid
451 exhibited postnatal effects, e.g., scopolamine susceptibility. In this study, rats
452 showed persistent hypo-activity, and female offspring in particular showed poor
453 performance in a maze, following a single low-dose early postnatal exposure to
454 domoic acid. Baron *et al.* (2011) reported loco-motor disorders in rats exposed
455 to a low level of domoic acid. Finally, low level repeated exposure over a 36-
456 week period in zebra fish also led to gene alteration and impairment of
457 mitochondrial function at cellular level (Lefebvre *et al.*, 2012; Hiolski *et al.*, 2014).

458 Subacute effects are also a potential problem for repeated or chronic ingestion
459 of low doses of saxitoxins via drinking water produced from desalination of
460 seawater. Until now, saxitoxins have been regulated only on the basis of their
461 acute effects: a maximum permissible level of 3 $\mu\text{g L}^{-1}$ has been established for

462 drinking water in Australia, Brazil and New Zealand. Recent studies suggest,
463 however, that the effects of chronic ingestion of saxitoxins may include the
464 alteration of antioxidant defences and the induction of oxidative stress in the
465 brains and livers of mammals (Ramos *et al.*, 2014; Silva *et al.*, 2014). As
466 mentioned above, the cyclic imine biotoxins also have the potential to interact
467 with receptors involved in neurodegenerative diseases such as Parkinson and
468 Alzheimers (Molgó *et al.*, 2014). Interestingly, in both *in vitro* and *in vivo* studies,
469 gymnodimine and 13-desmethyl spirolide C showed some protective effects
470 against Alzheimer's disease, and hence these compounds should be considered
471 for further research into their possible therapeutic applications (Alonso *et al.*,
472 2011a; b; 2013).

473

474 2.1.F. CO-EXPOSURE AND EXPOSURE TO MIXTURES

475 Co-exposure to different agents can lead to confounding diagnoses in patients.
476 For example, bacterial contamination in shellfish may lead to gastro-intestinal
477 illness (diarrhea and vomiting) similar in degree to that caused by okadaic acid.
478 Normally, the onset of illness following the consumption of shellfish
479 contaminated with biotoxins is earlier (a few hours) than for those contaminated
480 with bacterial pathogens (12-24h), because bacteria typically require a period of
481 incubation in the patient before causing the full effect.

482 Exposure to mixtures of different groups of biotoxins is another issue that has
483 not been well studied. Many studies have reported the co-occurrence of
484 biotoxins in single algal species or shellfish that were contaminated by different
485 algal species simultaneously, so the issue should be considered seriously (Hess,
486 2002; 2010; Amzil *et al.*, 2008; Twiner *et al.*, 2008; Reguera *et al.*, 2012;
487 Suikkanen *et al.*, 2013). In particular, there is a concern that some of the
488 compounds that do not normally cause acute shellfish poisonings in humans (e.g.,
489 yessotoxins), may be absorbed following damage to the intestinal tract caused by
490 other biotoxins known to cause harm to humans, (e.g., okadaic acid and
491 azaspiracids). As pure biotoxin supplies are very limited for most of the HAB
492 biotoxins, only a few studies have investigated this potential hazard. Aasen *et al.*
493 (2011) investigated the combination of azaspiracids with yessotoxins and did
494 not observe any potentiation when orally co-administered at sub-acute levels to

495 mice. Similarly, even a combination of azaspiracids with okadaic acid, two
496 biotoxins known for their potential to cause harm to the human digestive tract,
497 did not cause synergistic effects when orally administered to mice at sub-acute
498 levels (Aune *et al.*, 2012). The combination of okadaic acid and yessotoxins did
499 not cause any increased toxicity in the oral mouse model (Sosa *et al.*, 2013). It
500 should be noted that the digestive tract of mice differs significantly from that of
501 humans (notably in pH), however, and further studies (possibly involving
502 primates) may be necessary to rule out the likelihood of synergistic damage.
503 Finally, some potentiation of domoic acid by peptaibols, a fungal metabolite, was
504 shown in a fly larval model (Ruiz *et al.*, 2010). These varied findings are very
505 much dependent on the biological model used, and they should be considered as
506 very preliminary in their nature. Longitudinal studies of humans exposed
507 naturally to mixtures of biotoxins at individually low levels over long periods of
508 time are needed.

509

510 **2.2. Waterborne diseases.**

511 In fresh waters, cyanobacteria blooms constitute the main hazard to the health of
512 humans (and other animals), mainly through the contamination of drinking
513 waters by cyanotoxins, such as microcystins (see e.g., Nishiwaki-Matsushima *et*
514 *al.*, 1992; Falconer, 1998; Stewart *et al.*, 2008). Direct cutaneous contact,
515 exposure to aerosols, or swallowing water during occupational or recreational
516 activities conducted in freshwater environments affected by cyanobacteria
517 blooms, also can cause health problems. In contrast, there is no published
518 evidence, at present, of risks for adverse health effects in humans from
519 swallowing seawater containing toxic marine microalgae, but this possibility can
520 not be discarded.

521 Toxic HABs have recently emerged as a potential risk for the contamination of
522 drinking water supplied by desalination systems. Worldwide, desalination is
523 rapidly growing to provide water for domestic consumption and industrial uses.
524 In 2012, there were more than 14,000 desalination plants in 150 countries
525 (Anderson & McCarthy, 2012). About 50% of this capacity was located in the
526 West Asia Gulf region, 17% in North America, 10% in Asia (apart from the Gulf),

527 8% in North Africa, and 7% in Europe. In 2008, the installed capacity was 52.3
528 million m³ per day. Based on a growth rate of 12% per year, the global
529 production of freshwater by desalination will have reached a capacity of 94
530 million m³ per day by 2015.

531 Chemical and physical properties, such as the molecular weight of the
532 common HAB biotoxins (saxitoxins, brevetoxins and domoic acid, i.e., 300 to 900
533 Da), suggest that they should be efficiently removed by reverse osmosis in the
534 desalination process. Support for this assumption was provided by Seubert *et al.*
535 *al.* (2012) in their study combining laboratory tests and a 5-year monitoring of
536 an operational plant in California. It has been noticed, however, that some taste
537 and odour compounds (e.g., geosmin) with low molecular weights similar to the
538 biotoxins mentioned above can pass through pre-treatment and reverse osmosis
539 membranes (Reiss *et al.*, 2006). Further, the complete removal of biotoxins is not
540 guaranteed in membranes with micro-fissures caused by, for instance, high
541 pressures within the desalination plant system. Excessive pressures can be
542 caused by the obstruction of intake filters due to high-biomass blooms, such as
543 the ones caused by *Cochlodinium polykrikoides* that occurred in the Arabian Gulf
544 and Gulf of Oman (Richlen *et al.*, 2010). Still, the data are limited (e.g., Caron *et al.*,
545 2010; Dixon *et al.*, 2011a,b; Laycock *et al.*, 2012), based mainly on laboratory
546 studies (without the appropriate up-scaling), and there are only a few studies
547 (Seubert *et al.*, 2012) from plants operating during blooms of biotoxin producing
548 HAB species. Therefore, more research is needed to ascertain the fate of
549 biotoxins during the desalination process. The potential risk of chronic exposure
550 to biotoxins requires their monitoring in drinking water produced in
551 desalination plants

552

553 **2.3. HABs and aerosolized biotoxins.**

554 2.3.A. *KARENIA BREVIS* AND BREVETOXINS.

555 Over three decades, multi-institutional and multi-disciplinary studies in the Gulf
556 of Mexico and along the coast of Florida have explored how the inhalation of
557 aerosols containing brevetoxins during high-biomass, toxic *Karenia brevis*
558 blooms can cause respiratory symptoms (e.g., Fleming *et al.*, 2005; 2006; 2011).

559 Beach visitors and full-time lifeguards have reported respiratory disorders
560 (Backer *et al.*, 2003; 2005), and studies have shown that people with asthma
561 (and possibly other lung diseases) were particularly at-risk from more severe
562 and longer-lasting symptoms (Fleming *et al.*, 2005; 2006; 2011; Milian *et al.*,
563 2007; Bean, 2011). More recent research has modeled the health costs of these
564 effects (Hoagland *et al.*, 2009; 2014).

565 The results of this research have been used to engage with stakeholders to
566 develop local response management plans to help minimise societal impacts of
567 *Karenia* blooms on human health (e.g., Kirkpatrick *et al.*, 2010; Fleming *et al.*,
568 2011; Zhao *et al.*, 2013). Information about the likelihood of health impacts has
569 been used to inform personal decisions as well. For example, the Gulf of Mexico
570 HAB Forecast (see NOAA Harmful Algal Bloom Operational Forecast System -
571 HAB-OFS-, <https://tidesandcurrents.noaa.gov/hab/>, accessed 26 August 2015)
572 in conjunction with a local Beach Condition Reporting System is used by
573 windsurfers and beach visitors to decide, depending on the wind, tides, and the
574 presence of a Florida red tide, whether or not to visit a particular beach on a
575 given day. Thus, current observations and forecasts of this HAB may help to
576 protect public health by decreasing exposures to toxic aerosols.

577

578 2.3.B. *OSTREOPSIS* CF. *OVATA* AND RESPIRATORY IRRITATIONS.

579 Over the past two decades, extensive blooms of *Ostreopsis* spp. have occurred in
580 the Mediterranean (e.g., Algeria, France, Italy, Tunisia). During these blooms,
581 beach users have experienced upper respiratory disorders (rhinorrhoea), eye
582 and nose irritation, fever and general malaise, and sought medical care in
583 hospital emergency departments and primary health care centres (Àlvarez *et al.*,
584 2005; Gallitelli *et al.*, 2005; Brescianini *et al.*, 2006; Durando *et al.*, 2007; Barroso
585 *et al.*, 2008; Vila *et al.*, 2008; 2012; Tichadou *et al.*, 2010; Tubaro *et al.*, 2011;
586 Illoul *et al.*, 2012;). A similar situation could be also occurring in certain beaches
587 in Brazil (Proença *et al.*, 2010). The health effects could be caused by exposures
588 to aerosols containing biotoxins or allergenic substances produced by *Ostreopsis*
589 cells fragments or accompanying microbiota (Casabianca *et al.*, 2013; Ciminiello
590 *et al.*, 2014). Reported cases of cutaneous irritation were attributed (but not

591 proven) to direct skin contact with seawater containing high concentrations of
592 *Ostreopsis* cells. At present, studies (including epidemiology and ecology) are
593 underway to improve the understanding of *Ostreopsis* bloom dynamics and the
594 possible links to human health effects (Vila *et al.*, 2014; Berdalet *et al.*, 2015).

595

596 3. EFFECTS OF HABS ON HUMAN WELLBEING.

597 In addition to the risks to human health posed by exposure to biotoxins, marine
598 HABS can impact other aspects of human wellbeing, including human
599 commercial and recreational uses of the coastal and marine environments, such
600 as fishing, shellfish digging and growing, and tourism, and non-market, passive
601 uses of the ocean, such as preferences for particular ecological states. Too,
602 marine HABS may led to complex societal responses in the affected human
603 communities, such as the more general avoidance of coastal and ocean resources
604 due to inadequate perceptions and communications of health risks. In this
605 section, we refer to the economic effects resulting both from biotoxin producing
606 species (**Box 1**) and from algal taxa involved in high biomass events (**Box 2**).
607 Difficulties in developing estimates of the economic costs associated with HABS
608 are considered in detail in this section.

609

610 **3.1. Economic effects of HABS linked to food security and seafood related** 611 **activities.**

612 Certain HABS constitute a threat to aquaculture food production, which has
613 become a major source of protein (linked to decreasing wild fish stocks) for
614 expanding human populations, particularly in coastal and developing countries.
615 Like farming, and sometimes in conjunction with it, aquaculture helps to support
616 many local and regional economies (FAO, 2006). Currently, and with respect to
617 the cultivation (and wild-harvest) of shellfish, the most effective way to protect
618 humans from HAB-related seafood poisoning is to monitor for the presence of
619 HAB species or biotoxins and to enforce periodic closures of commercial and
620 recreational harvesting or growing areas (**Figure 3**). Contamination of seafood
621 products can result in economic losses in shellfish digging and growing, and in
622 the aquaculture of certain finfish. There may also be losses in downstream

623 industries, including processing, distribution, wholesaling, and retailing of
624 seafood (Larkin & Adams, 2007; Morgan *et al.*, 2010).

625 Estimating the overall economic costs associated with the occurrence of HABs
626 is complex. These costs vary markedly, depending on geographical region,
627 seafood product, the frequency and intensity of HAB related events, the duration
628 of fishery closures, and the costs of healthcare provision. As an example,
629 Hoagland *et al.* (2002) estimated the annual economic effects of HABs in the US
630 between 1987 and 1992. At the time, the economic effects were valued on the
631 order of 50.0 million USD per year; this calculation has been subsequently
632 adjusted for inflation to ~100.0 million USD per year (Hoagland & Scatista,
633 2006). It is important to note that there is considerable variation in estimated
634 impacts from year to year. This estimate was based on a compilation of the
635 assessments of economic effects in public health, commercial fisheries,
636 recreation and tourism, and monitoring and management. Notably, public health
637 effects are the largest component, representing about 42% of nationwide
638 average effects during that time period. Although the actual incidence of
639 ciguatera fish poisoning (CFP) is very uncertain in many tropical locations,
640 estimates of CFP illnesses comprise 99% of the total public health costs.

641 With regards to the specific economic costs of HAB-induced illnesses, there
642 are very few studies available. The UNEP Global Environmental Outlook lists the
643 worldwide economic impacts of algal biotoxins on human health from seafood
644 alone as ~4.0 billion USD a year (GESAMP, 2001). As a comparison, the impact of
645 infectious hepatitis from seafood consumption was estimated to be ~7.2 billion
646 USD per year. The direct medical care costs associated with the respiratory and
647 digestive illnesses caused by *K. brevis* blooms along the Florida coast of the Gulf
648 of Mexico ranged from 0.1 to 0.7 million USD annually, depending on the
649 intensity of the event (Hoagland *et al.*, 2009; 2014). Illness costs might exceed
650 1.0 million USD per year for large, long-lasting blooms, however, such as one that
651 occurred during 2005-06. Assuming that the average annual illness costs of *K.*
652 *brevis* blooms would persist into the future, using a discount rate of 3%, the
653 capitalized costs of future illnesses would range between 2.0 to 24.0 million USD.

654 In the particular case of ciguatera fish poisoning, the average medical costs of
655 diagnosis and treatment in traditionally non-endemic areas, as for instance in

656 Canada, was estimated at about 2,470 CAD per case, with about 1,000 cases per
657 year related to tourism and food importation in 1990 (Lange *et al.*, 1992; Todd,
658 1995; Fleming *et al.*, 2002). Accurate estimates of the human costs of these
659 diseases necessitate an adequate knowledge of their prevalence and incidence,
660 as well as an understanding of their acute and chronic human health effects
661 (Penotti *et al.*, 2013).

662 Any estimation of the economic effects of HABs also should include an
663 evaluation of the costs of monitoring and management, which would include, for
664 instance, sampling programmes or strategies to decrease the risk of HAB
665 occurrences (e.g., reducing coastal eutrophication, sustainable use of the coastal
666 zone, and other human-related activities) or their impacts (Hoagland *et al.*, 2002).
667 For instance, limiting shellfish harvesting closures or varying the timing of
668 shellfish or finfish harvesting could be useful strategies to reduce the impacts of
669 HABs, but these actions also may have associated costs in terms of product
670 marketability. Wessells *et al.* (1995) found that the occurrence of paralytic
671 shellfish poisoning in blue mussels from the Canadian maritimes, leading to
672 illnesses and subsequent harvest closures, adversely affected the market for
673 mussels from Maine. Whitehead *et al.* (2003) found that, after consumer demand
674 for seafood contracted upon learning of a HAB-induced fish kill, mandatory
675 seafood inspection programs were more effective in restoring consumer
676 confidence and expanding demand than broad public assurances of seafood
677 safety.

678 Closure strategies in shellfish production areas could be beneficial over the
679 long term, despite leading to losses in the short term. For example, this approach
680 has been applied recently in the northern areas of Hokkaido and Tohoku (Japan)
681 with some benefits. The region provides more than the 60% of the scallop
682 aquaculture in Japan, accounting for about 500 thousand tonnes per year with a
683 value of ~84.0 billion JPY (~700.0 million USD). Paralytic and diarrhetic shellfish
684 poisoning events had caused the complete closure of shellfish harvesting in the
685 1980s, resulting in dramatic economic impacts (Imai *et al.*, 2014). Another
686 example is from the Galician region of NW Spain. The Rías are a highly
687 productive ecosystem that sustain a production of 0.2-0.3 million tonnes of
688 mussels (*Mytilus edulis*) per year. Bans on harvesting can last up to nine months

689 (particularly in *Dinophysis* bloom hot spot areas), when DSP biotoxin levels
690 exceed European Union regulatory thresholds (e.g., Blanco *et al.*, 2013). NW
691 Europe has the highest incidence of diarrhetic shellfish poisoning (DSP) in the
692 world, and intensive monitoring of biotoxins attempts to ensure that any
693 closures of shellfish harvesting are limited to the minimum time needed.

694 Some data about the economic losses caused by ichthyotoxic HAB species in
695 aquaculture are shown in **Box 2**. In most cases, fish-killing HAB species (e.g.,
696 *Karenia mikimotoi*, *K. brevis*, *Prymnesium spp.*, *Chattonella spp.*) produce biotoxins
697 with neurotoxic, haemolytic, or cytotoxic effects on fishes. Some HAB species
698 have been linked directly to massive fish kills, often at aquaculture sites. In 2003,
699 losses in European coastal waters were estimated at more than 800 million EUR
700 in fisheries associated with HABs (Scatasta *et al.*, 2003; note that these are global
701 data, including finfish and shellfish wild harvests and aquaculture). Analogous
702 losses in the USA were conservatively estimated at around 4.0 million USD
703 annually, adjusted for inflation (Hoagland 2002). Kim (2006) reported HAB-
704 related aquaculture losses in Japan of more than 1.0 billion USD annually. Recent
705 estimates were presented at the PICES (North Pacific Science Organization)
706 "Workshop on Economic Impacts of Harmful Algal Blooms and Aquaculture"
707 (Trainer & Yoshida, 2014). From 2006 to 2012, the total economic losses in
708 farmed fish and shellfish production was estimated as ~ 94.0 million USD for
709 Korea, Japan, and China. Note that many of these estimates are lost sales (gross
710 revenues); they should be regarded as over-estimates of true economic losses
711 because they do not account for the avoided costs of *not* fishing. Where
712 commercial wild harvest fisheries are managed inadequately and therefore
713 economically or biologically over-exploited (a common occurrence), lost net
714 economic values, representing actual declines in human welfare, are likely to be
715 a small fraction of reported lost sales.

716 There may be special impacts of high biomass HABs on the operation of
717 desalination plants, which would result in the disruption of water production
718 and significant economic losses. For instance, in 2008 and 2009, at least five
719 seawater desalination plants were closed in the United Arab Emirates (UAE) due
720 to a dense bloom of the ichthyotoxic *Cochlodinium polykrikoides* in the Arabian
721 Gulf and Gulf of Oman that lasted for more than eight months (Richlen *et al.*,

722 2010; Anderson & McCarthy, 2012). In this particular case, algal biomass clogged
723 the filtration systems and reverse osmosis membranes.

724

725 **3.2. Impacts of HABs on non-market, passive use values of marine**
726 **ecosystems.**

727 Certain HABs have noxious, even lethal, consequences on marine organisms and
728 ecosystems (**Box 2**), thereby potentially leading to passive value losses or the
729 degradation of ecosystem services.

730 Some taxa produce particular toxic compounds that, given their high
731 concentrations in the water when the species bloom, have been involved in mass
732 mortalities of wild fauna. According to the US National Oceanic and Atmospheric
733 Administration (NOAA), more than 50% of all Unusual Mortality Events (UMEs)
734 of wild animals (turtles, dolphins, manatees, whales, birds, e.g., Scholin *et al.*,
735 2000), could have been due to microalgal biotoxins, although it is evident that
736 this is not a new phenomenon and is also a part of the natural ecosystem
737 functioning. There are reports of mortalities of wild fish associated with HABs
738 that date back to the latter part of the 19th century (Whitelegge, 1891). In 1968,
739 mortalities of sand eels (*Ammodytes* spp.) and an estimated 80% of the breeding
740 population of shag (*Phalacrocorax aristotelis*) coincided with a bloom of
741 *Alexandrium tamarense* off the northeast coast of the United Kingdom (Adams *et*
742 *al.*, 1968; Coulson *et al.*, 1968. White (1984) documented four cases of fish kills
743 associated with saxitoxins. Other historical examples include the deaths of 19
744 humpback whales off Cape Cod (USA), and likely the deaths of pygmy, dwarf
745 sperm, and North Atlantic right whales in the same region, as well as Southern
746 right whale mortalities in Peninsula Valdés (Argentina). More recently, Scholin *et*
747 *al.* (2000) reported the deaths of over 400 California sea lions (*Zalophus*
748 *californianus*) along the central Californian coast during May and June 1998.
749 Coincident with these mortalities, a bloom of *Pseudo-nitzschia australis* was
750 reported and domoic acid was detected in planktivorous fish and in sea lion
751 body fluids.

752

753 Jessup *et al.* (2009) reported extensive marine bird mortality in the Pacific
754 Northwest (Monterey Bay, California, USA) in winter 2007 coinciding with a

755 bloom of the non-toxic dinoflagellate *Akashiwo sanguinea*. Affected birds had a
756 slimy yellow-green material on their feathers, and they were diagnosed as
757 severely hypothermic. This dinoflagellate excretes high amounts of organic
758 matter that accumulate at the sea surface. In this case, the sea foam contained
759 surfactant-like proteins, which destroyed the waterproofing and insulative
760 characteristics of the bird feathers.

761 *Ostreopsis* blooms constitute a particular case of an emerging harmful event
762 that is a growing problem in coastal environments. Since the end of the 20th
763 century in temperate waters (e.g., in the Mediterranean, Brazilian, and New
764 Zealand coasts), blooms of this benthic dinoflagellate genus have been linked to
765 damage to marine fauna (i.e., mussel mortalities, loss of spines and death of sea
766 urchins, loss of one or more arms in sea stars, and coral bleaching) and
767 subsequent alterations of the coastal ecosystems (Sansoni *et al.*, 2003; Simoni *et*
768 *al.*, 2003; Shears & Ross, 2009). In some cases, the invertebrate community of the
769 affected area has not recovered to date (Vila *et al.*, 2012). Coinciding with these
770 effects, high cell concentrations of *O. cf. ovata* (mainly in the Mediterranean) or *O.*
771 *siamensis* (mainly in New Zealand) were recorded in the water column. Also,
772 highly visible distinctive rusty-brown coloured mucilaginous films covered the
773 reef, macroalgae and other sedentary organisms, or floated in the water column
774 or on the surface. Oxygen depletion seems to be the most likely cause of the
775 observed effects. Direct toxicity to the fauna (via ingestion of *Ostreopsis* through
776 the food web) cannot be ruled out, given that palytoxin analogues (i.e., ostreocin
777 and ovatoxin) have been isolated from certain macrofauna at other
778 Mediterranean sites (Aligizaki *et al.*, 2008; 2011; Amzil *et al.*, 2011; Biré *et al.*,
779 2013).

780 High-biomass *Phaeocystis* blooms also have been linked to the deterioration of
781 water quality in some coastal regions of the North Atlantic and the
782 Mediterranean (e.g., Lancelot & Mathot, 1987; Arin *et al.*, 2013). This species
783 produces macroscopic colonies embedded into a mucilaginous matrix. The decay
784 of the blooms results in brownish foams containing 3-dimethylsulfoniopro-
785 pionate (DMSP), which is responsible for bad odours (Liss *et al.*, 1994). Although
786 this may result indirectly in the loss of recreational activities, no economic

787 assessment has been undertaken yet, and no direct harm to humans has been
788 reported.

789 Finally, some studies have suggested that certain HAB species also could have
790 subtle impacts on ecosystems, by altering fundamental physiological and
791 biological processes (e.g., feeding behaviour, life stages, survival strategies,
792 reproductive capacity) in other organisms of food webs, likely through allopathic
793 effects (e.g., Fistarol *et al.*, 2003; Tillman, 2003; Granéli & Hansen, 2006). These
794 particular effects are not easy to detect, however, and the underlying
795 mechanisms of damage to other components of the food webs remain difficult to
796 understand (Landsberg, 2002; Shumway *et al.*, 2003). This is due, in part, to the
797 spatial and temporal variability of HAB events and also to the difficulty of
798 isolating their impacts from those associated with other environmental and or
799 anthropogenic factors (e.g., increased temperature, wave action, habitat
800 destruction). Both long-term field studies and experimental approaches in the
801 laboratory are required to ascertain the direct and indirect impacts of HABs in
802 the different components of the ecosystems.

803

804 **3.3. The challenges of estimating the economic costs of HABs.**

805 As explained, HABs can lead to economic losses associated with the costs of
806 treating human illnesses, closures of commercial and recreational shellfisheries,
807 mortalities of fish in commercial finfish aquaculture operations, declines in
808 coastal recreation and tourism, and additional investments in environmental
809 monitoring and the prevention, control, or mitigation of blooms or their
810 consequences (Hoagland *et al.*, 2002). Hoagland & Scatista (2006) estimated
811 economic effects (adjusted for inflation into 2015 USD) on the order of 1.0 billion
812 USD per year in Europe and 100.0 million USD per year in the United States. The
813 European estimate was influenced largely by estimated losses to coastal tourism,
814 which is affected mostly by high biomass, noxious (blooms causing high foam
815 volumes, discoloration of the ocean, noxious odors, or beach closings), but not
816 necessarily toxic, HABs. Any estimates of the scale of the economic effects of
817 HABs should be considered very rough approximations, even in areas where
818 they have been relatively well studied, including the United States and Europe.
819 Estimates in other parts of the world, particularly in developing countries, are

820 much more speculative and uncertain. The development of comprehensive and
821 consistent estimates of losses in economic welfare as a consequence of HABs
822 remains a clear priority for future research.

823 The reasons why economic estimates often are uncertain include the wide
824 variety of methodologies used to compile the assessments, some of which
825 produce estimates of economic measures that may not be strictly comparable
826 (e.g., sales, indirect or induced impacts, consumer or producer surpluses, agency
827 budgets); the wide variety of physical and economic effects; the episodic and
828 often unpredictable nature of blooms of different types in many areas; and the
829 wide ranges of responses of humans to mitigate the adverse impacts, including,
830 most importantly, switching to next-best alternative activities or foods.
831 Moreover, these reasons tend to be context-dependent, because of differences in
832 the capabilities of human communities for responding to HABs as a natural
833 hazard. For example, shellfish management measures are well-practiced in many
834 parts of the developed world, such as in Maine or Florida in the United States, but
835 often non-existent or difficult to enforce in parts of the developing world, such as
836 in the coastal bays of the Bohol and Visayan Seas in the Philippines. Morbidities
837 and mortalities from shellfish poisonings, particularly among the
838 underprivileged, are common in the latter but now exceedingly rare in the
839 former (but see Reich *et al.*, (2015) for a modern counter-example of neurotoxic
840 shellfish poisonings from Florida).

841 Other so-called non-market, “passive” uses of the coastal and marine
842 ecosystems, such as for the conservation of protected species (including marine
843 mammals and sea turtles), can in theory be affected by HABs. Even if favored
844 species or unique ecosystems are not used directly, humans may experience a
845 sense of loss that might be evaluated in economic terms. Studies of passive value
846 losses due to the adverse effects of HABs on protected species or ecosystems are
847 almost nonexistent. One reason for the lack of estimates of effects on passive use
848 values is that, although *individuals* may become ill or die as a consequence of
849 HABs, such as the deaths of endangered West Indian manatees (*Trichechus*
850 *manatus*) due to *Karenia brevis* blooms in southwestern Florida, the *populations*
851 often are largely unaffected by the mortalities (in essence, *K. brevis* blooms could
852 be viewed as one of many natural sources of mortality). Similarly, the media

853 often report on “large-scale” finfish kills resulting from HABs, but the impacts on
854 fish biomass and the growth rates of fish stocks in the wild often is minor or
855 imperceptible.

856 Of greater concern to users of coastal and marine ecosystems is the loss of
857 access to commercial or recreational fisheries, especially to high-valued shellfish
858 stocks, such as oysters, scallops, clams, mussels, crabs, or marine snails) or to
859 areas used to grow shellfish. Even in such cases, commercial fishermen (a
860 market-based, direct use) tend to relocate or to switch fisheries or occupations,
861 thereby mitigating substantial economic losses. Recreational fishermen (a non-
862 market, direct use) choose another target or another pastime. Further, seafood
863 consumers also can switch among food options. When switching occurs, other
864 fisheries, recreational destinations, or food providers may benefit. Because the
865 latter typically are not “first-best” choices, economic losses are *ipso facto*
866 incurred in all cases, but the human behavioral switching response clearly serves
867 to blunt the impacts. Here, policies to improve the communication of risks, say
868 through the widespread publication of the locations of closures or the species
869 affected, which facilitates human switching, also may help significantly to
870 mitigate economic losses. Finally, shellfish rarely are adversely affected by
871 blooms, and one consequence of this “immunity” to biotoxins is that areas closed
872 to shellfish harvesting may become *de facto* fishery reserves, helping to conserve
873 stocks, provided that the biotoxin is naturally washed out after the bloom
874 disappears.

875

876 **3.4. Social impacts of the health risks caused by toxic HABs. The case of** 877 **ciguatera fish poisoning**

878 Within the human communities whose revenue is based on aquaculture and
879 shellfish activities, HABs may have adverse social impacts including damaged
880 reputations, decreased incomes, employment losses, and longer term changes in
881 seafood consumption patterns (Lipton, 1998). There has been very little study of
882 these other human dimensions, and many social impacts remain mostly
883 conjectural and unexplored (Bauer *et al.*, 2009).

884

885 In the case of the ciguatera fish poisoning (CFP), it has been associated with
886 the loss of a traditional food source, losses in commercial fishing businesses,
887 losses of tourism, increased costs of medical care, and high costs of monitoring
888 and management (Epstein & Rapport, 1996). Fear of CFP can lead to reduced
889 fishing in coral lagoons (Dewailly *et al.*, 2008), and to a corresponding increased
890 reliance on pelagic fish or on a less healthy diet of lower quality, imported,
891 canned fish or red meat. This new diet, combined with reduced levels of physical
892 exercise, may be one factor contributing to the trend of increasing obesity among
893 Pacific Islanders, accompanied by a rising prevalence of chronic diseases (e.g.,
894 diabetes, hypertension, and cardiovascular diseases) in indigenous Pacific
895 populations (Lewis & Ruff, 1993).

896 Ciguatera fish poisoning outbreaks could hurt the economies of tropical
897 islands, many of which are highly dependent on local reef fisheries for
898 subsistence, export products, and tourism. Reduced fishing effort due to endemic
899 ciguatera has been blamed for losses of traditional fishing knowledge, as new
900 generations abandon artisanal or commercial fishing. One example concerns
901 Rarotonga, an island located in the southern Cook Islands that exhibits the
902 world's highest incidence of ciguatera poisoning. On Rarotonga, the per-capita
903 fresh fish consumption decreased from 149 g/d in 1989 to 75 g/d in 2006, due to
904 concerns about CFP (Rongo *et al.*, 2012). Consequently, the consumption of
905 alternative proteins, particularly imported meats, increased from 1989 to 2006.
906 The direct loss in value of marketable goods from commercial fisheries
907 amounted to 0.8 million NZD (about 0.5 million USD) per year, and the
908 approximate costs associated with dietary shifts amounted to 1.0 million NZD
909 (about 0.7 million USD) per year. With a decline in cases of ciguatera poisoning
910 in recent years, fresh fish has returned to the menus of Rarotongans, and per-
911 capita fresh fish consumption increased to 104 g/d in 2011.

912 In a discussion of the effects of HABs on public health, it should be highlighted
913 that the management of tropical waters for ciguatera fish poisoning is not well-
914 developed. In tropical regions, fishermen usually are able to continue to access
915 areas where finfish may have bioaccumulated ciguatoxin, leading to
916 circumstances in which CFP illnesses may become widespread. Characterizing
917 the extent of the CFP problem in tropical regions and developing ways to

918 alleviate it should be established as very high priorities for future research and
919 management.

920

921 4. PRESENT AND FUTURE CHALLENGES, STRATEGIES AND OPPORTUNITIES.

922 HABs are natural phenomena that have almost certainly thousands of years
923 before recorded history (Mudie *et al.*, 2002). To humans, HABs constitute a
924 problem worldwide, but the idea that HABs might be prevented from occurring
925 is often not a viable option. Improvements in our understanding of HAB
926 dynamics during the last 40 years have led to insights for designing strategies to
927 mitigate their impacts. These strategies must consider the present situation and
928 the future prospects of the potential spread and increase in HAB occurrence as a
929 result of climate and other environmental changes. Common strategies can be
930 adapted to address specific, local problems in different parts of our world.
931 Despite some limitations, new advances in technology and coordinated
932 international research efforts may help to improve the management of the
933 impacts of HABs.

934

935 **4.1. Improving monitoring and research needs to forecast and predict HAB**
936 **events.**

937 Monitoring programmes for HAB species and their toxins implemented in
938 different areas of the world have clearly reduced fatal poisonings in humans (e.g.
939 Davidson & Bresnan, 2009). For example, in Europe, current monitoring
940 programmes are driven by its Food Hygiene Regulations (EC) No 853/2004 and
941 (EC) No 854/2004, which require Member States to monitor both for biotoxin
942 concentrations in shellfish tissues and the presence of marine biotoxin-
943 producing phytoplankton in coastal waters. Because of different capacities for
944 undertaking local risk assessments, there are local differences in the
945 implementation of these monitoring activities. In general, these programmes
946 have been successful in safeguarding human health, but continued refinement
947 will be needed in the future as environmental conditions shift (particularly
948 climate warming) and human uses of the coastal ocean change.

949 A pressing need is the establishment of programmes of robust monitoring in
950 developing countries where they are often at best rudimentary, despite

951 increasing exports of seafood products to other regions (Reich *et al.*, 2015). In
952 spite of their success, established monitoring programmes are not without
953 technical, logistical, or cost-related limitations (DeGrasse & Martinez-Diaz, 2012;
954 Hess, 2012; Suzuki & Watanabe, 2012). Since their inception, improvements
955 have been linked to advances in technologies related to sampling, taxonomic and
956 biotoxin analyses, and observing systems.

957 Light microscopy constitutes the most widespread monitoring tool for
958 harmful algal species, but it is time consuming to employ, and it requires
959 specialized training and expertise. Thus, the development of quantitative
960 biomolecular tools to facilitate monitoring is a major research need. Given the
961 number of different organisms that have to be tracked, and the lack of fully
962 quantitative molecular tools for their enumeration, monitoring agencies cannot
963 currently afford to replace light microscopy as a primary tool. In our view, this
964 strengthens the need to maintain and support the training of microscopists in
965 the identification and quantification of biotoxin-producing species.

966 While the ability to detect the presence of harmful microalgal species in
967 coastal waters can provide an excellent early warning of the likely occurrence of
968 biotoxins in, for example, shellfish (e.g., Trainer & Suddleson, 2005), many
969 uncertainties remain. These include the fact that the presence of potentially toxic
970 organisms is not always linked to toxicity in shellfish. For example, in Scottish
971 waters, morphologically indistinguishable toxic and non-toxic *Alexandrium*
972 *tamarense* cells have been known to occur simultaneously (Touzet *et al.*, 2010).
973 Furthermore, known-toxic organisms are not always detected efficiently due to
974 their benthic character, fragility when preserved, or small size. For example, the
975 azaspiracid producer *Azadinium spinosum* measures only 7x12 µm. The link with
976 its produced biotoxin was established recently in 2007 (Tillmann *et al.*, 2009),
977 only after standards for biotoxin analysis were isolated (Satake *et al.*, 2002;
978 Jauffrais *et al.*, 2012; Kilcoyne *et al.*, 2012) and biomolecular tools for tracking
979 the organism in water were developed (Kilcoyne *et al.*, 2014). Further, toxicity
980 itself is not always well described. For example, not all of the biotoxins of many
981 *Gambierdiscus* species have been described, and they may be present in complex
982 mixtures in different individual organisms and blooms. Finally, toxicity may be
983 associated with new, unexpected vectors or species. For example, in 2002, the

984 consumption of puffer fish from Florida caused neurologic disease in 21 people
985 (Centers for Disease Control and Prevention, -CDCP- 2002). Initially, based on
986 patient symptoms and reported puffer fish ingestion, the outbreak was
987 attributed to tetrodotoxin. A mouse bioassay confirmed the presence of a Na⁺
988 channel blocking toxin, tentatively identified as tetrodotoxin (usually associated
989 with puffer fish), in unconsumed portions of fish. Direct measurement analyses
990 (LC/MS, immunoassay, and receptor binding assay) confirmed the unexpected
991 presence of saxitoxin in the fish samples, however, but not tetrodotoxin. Analysis
992 of urine samples from the victims of the outbreak confirmed these findings. This
993 was the first confirmed report of saxitoxin poisoning associated with puffer fish
994 ingestion in North America (Landsberg *et al.*, 2006).

995 Concerning biotoxin detection, bioassays (i.e., the mouse bioassay) had been
996 used traditionally as a fast way to detect the presence of toxins in potentially
997 contaminated seafood, thus raising warnings and preventing the harvest of
998 contaminated shellfish. Bioassays are associated with a number of technical and
999 ethical issues (Hess *et al.*, 2006), however, leading to their replacement recently
1000 with non-animal alternatives (i.e., cell tissue cultures; e.g. Van Dolah *et al.* 2012)
1001 in many countries, particularly in Europe (Anonymous, 2011). Research efforts
1002 are now focused on the development of multi-toxin methods for the detection of
1003 multiple groups of compounds in biosensor systems (Campbell *et al.*, 2014b, and
1004 references cited therein). The large number of compounds that need to be
1005 detected and an inability to validate new tools for detection mean that many
1006 monitoring agencies will need to continue to rely on either insensitive (and
1007 ethically questionable) mouse bioassays or on comparatively complex and
1008 expensive LC-MS/MS detection methods, neither of which can be implemented *in*
1009 *situ*.

1010 A potentially useful sampling technique based on the passive capture of
1011 biotoxins by resins was developed by MacKenzie *et al.*, 2004. This method has
1012 been used successfully to trace biotoxins when the producing organisms are
1013 difficult to monitor due to their small size (e.g., *Azadinium spp.*) or their benthic
1014 setting (e.g., *Prorocentrum lima* and *Vulcanodinium rugosum*; Fux *et al.*, 2009;
1015 Zendong *et al.*, 2014). The technique has not been standardized, however, and it
1016 will need further development for hydrophilic biotoxins. At present, the passive

1017 capture of biotoxins cannot easily be automated or adapted for *in situ* detection.
1018 Furthermore, ongoing refinement of its analytical methods will be required to
1019 meet the challenges of emerging biotoxins (Turner *et al.*, 2015).

1020 Issues arise with the existing technologies with the frequency of
1021 representative sampling of *in situ* biotoxins and the toxin-producing microalgae,
1022 which rarely takes place more than weekly, although higher frequency sampling
1023 may be desirable in some coastal waters. In the particular case of the benthic
1024 harmful species (e.g., *Gambierdiscus*, *Ostreopsis*, *Prorocentrum lima*), sampling
1025 techniques require refinements and standardisation (e.g., Tester *et al.*, 2014). As
1026 yet automated, reliable, and affordable systems to detect harmful species or their
1027 biotoxins for routine monitoring *in situ* are lacking. While recently some
1028 promising techniques have been developed to detect biotoxin-producing
1029 organisms (e.g., Hess *et al.*, 2012 and references cited therein; ICES, 2015), they
1030 are still viewed mainly as research tools and have seldom been used in high
1031 frequency *in situ* monitoring. This is the case of the Environmental Sample
1032 Processor (ESP; Scholin *et al.*, 2009) and the Imaging Flow Cytobot (IFCB; Olson
1033 & Sosik, 2007), two automated *in situ* monitoring platforms deployed in
1034 Monterey Bay, the Gulf of Maine, Puget Sound and the Gulf of Mexico. The ESP
1035 collects and processes water samples *in situ*, using sensitive and specific
1036 molecular assays to detect target HAB cells and toxins, and transmitting the data
1037 to the laboratory in near real time. The IFCB is an imaging flow cytometer that
1038 captures the high-resolution images and fluorescence characteristics of all
1039 plankton cells (in the 5-150 μm size range) at a high frequency (3 samples per
1040 hour); the data can also be sent to a laboratory in near real time (e.g. Campbell *et*
1041 *al.*, 2010; 2013). At present, however, they have very high costs and cannot be
1042 distributed widely and deployed to monitor individual shellfish production areas.
1043 Although they cannot replace more traditional forms of monitoring by now,
1044 efforts are done to facilitate their eventual use for this purpose. Fortunately,
1045 these sophisticated systems are useful tools for advancing an understanding of
1046 the links between HABs and ocean dynamics.

1047 The adoption of monitoring technologies are affected strongly by economic
1048 costs (Frolov *et al.*, 2013). Some systems are relatively simple, comprising
1049 microscopic analysis of water samples for particular HAB species and analysis of

1050 shellfish tissues for the presence of biotoxins. Other programmes involve *in situ*
1051 monitoring of phytoplankton and model-based forecasts of bloom occurrence,
1052 such those carried out in the Gulf of Maine (e.g., Anderson *et al.*, 2005a,b;
1053 McGillicuddy *et al.*, 2005; [http://www.who.edu/main/topic/harmful-algae-red-](http://www.who.edu/main/topic/harmful-algae-red-tides)
1054 tides) or in California Bay (e.g., Ryan *et al.*, 2005; 2011). According to Bernard *et*
1055 *al.* (2014), the costs of monitoring could be on the order of 1 billion USD annually,
1056 accounting for 10% of the overall costs of HABs worldwide, estimated to be at 10
1057 billion USD annually for marine and freshwaters. A monitoring system including
1058 satellite observations could be made more efficient by improving international
1059 cooperation in the collection, interpretation, and sharing of Earth observation
1060 information, as conceived by the Global Earth Observation System of Systems
1061 (GEOSS, Fritz *et al.*, 2008).

1062 Monitoring, combined with operational oceanography and modelling, offers
1063 the hope of providing forecasts and early warnings and ultimately predictions of
1064 HAB events (e.g., GEOHAB, 2011; Davidson *et al.*, 2014). Achieving a predictive
1065 capability would require an adequate understanding of the ecophysiology of HAB
1066 species and the physical and chemical processes that influence the occurrence of
1067 the blooms, however. One problem is that, in many contexts, such as remote
1068 sensing from satellites, HAB species do not exhibit characteristics that
1069 distinguish them from other phytoplankters. Our understanding of the many
1070 different processes (biological, ecological, physical, chemical, meteorological)
1071 that control HAB dynamics and the dynamics of microalgae in general is
1072 incomplete, making their parameterization in numerical models extremely
1073 difficult. To date, progress has been constrained by the complexities of biological
1074 interactions and the resulting difficulties in developing ecological models. One
1075 example is the HAB operational forecast (HAB-OFS) developed by NOAA for
1076 Florida and Texas (Stumpf *et al.*, 2008; <http://tidesandcurrents.noaa.gov/hab/>).
1077 HAB-OFS combines satellite imagery, field observations, models, public health
1078 reports, and buoy data to help forecast *K. brevis* blooms. Another NOAA effort for
1079 forecasting *Pseudonitzschia* has incorporated input from stakeholder
1080 communities in the state of Washington (Brown *et al.*, 2012). In the Gulf of Maine,
1081 a coupled physical/biological model (e.g., He *et al.*, 2009) predicts the transport
1082 of *Alexandrium fundyense* cells, controlled by plume advection and wind forcing.

1083 Statistically based models (Anderson *et al.*, 2009a; Lane *et al.*, 2009) have
1084 successfully hindcast *Pseudonitzschia* blooms in Monterey Bay and Chesapeake
1085 Bay. Finally, conceptual models, such as for *Phaeocystis* blooms in Vietnam (Hai
1086 *et al.*, 2010) and *Dinophysis acuminata* (Velo-Suárez *et al.*, 2014) in the Rías of
1087 northwestern Spain, have provided new insights into understanding the
1088 dynamics of blooms and designing preventive strategies.

1089 Sustained fundamental research is needed for gaining a better understanding
1090 of HAB dynamics, to inform and improve monitoring programmes, and to design
1091 methods to mitigate the impacts of HABs on human health and well-being.

1092

1093 **4.2. Better quantification and prevention of the impacts on human health:** 1094 **HAB-related disease surveillance.**

1095 Determining the true incidence of HAB-related diseases remains a very
1096 significant challenge. The lack of experience of professionals in the public health
1097 and medical communities with patients exposed to marine biotoxins has led to
1098 incorrect diagnoses and failures to report illnesses. Inexperience, in turn, likely
1099 results in the under-reporting of HAB-related disorders, even in areas where
1100 such diseases are endemic. Furthermore, in general, there is a need to improve
1101 coordination between marine biotoxin monitoring and public health surveillance
1102 activities.

1103 Under-reporting due to erroneous diagnosis is common and widespread, and
1104 is related, in part, to the lack of diagnostic tools. For instance, the symptoms of
1105 diarrhetic shellfish poisoning (DSP) are non-specific, and, except during
1106 exceptional outbreaks, neither seafood consumers nor their clinicians may
1107 recognize the incidence of DSP illness (e.g., Davidson *et al.*, 2010; Taylor *et al.*,
1108 2013). Taylor (quoted in PICES, 2002) queries that “[n]o diarrhoeic shellfish
1109 poisoning has been diagnosed in humans in British Columbia, but, given its
1110 resemblance to diarrhoea caused by bacterial contamination (*Vibrio*
1111 *haemolyticus*, in particular), would DSP be detected without testing specifically
1112 for okadaic acid or dinophysistoxin?”¹ Indeed, routine methods for the detection
1113 of either biotoxins or biomarkers in human tissues or fluids are virtually absent.

¹ In 2011, nine years after Taylor had queried whether diarrhetic shellfish poisoning would be detected in the absence of testing for okadaic acid or dinophysistoxin, sixty-two illnesses of

1114 Diagnostic tools for saxitoxins in human urine have recently been developed
1115 (Johnson *et al.*, 2009). A biomarker for low-level domoic acid exposure of zebra-
1116 fish and sea lions (Lefebvre *et al.*, 2012), is a promising technology for identifying
1117 such biomarkers for humans. The verification of ciguatoxins in contaminated
1118 seafood has been particularly challenging. Recent advances suggest that an
1119 effective and reliable method will be soon available. Under the auspices of the
1120 International Atomic Energy Agency (IAEA), a radio-labelled receptor binding
1121 assay (RBA) was developed for ciguatoxin; and this assay has been tested
1122 successfully in the Caribbean and the Pacific at IAEA-UNESCO-IOC sponsored
1123 training workshops (Tester, personal communication, 2015). A more recent
1124 advance is a fluorescent RBA method that compares favourably with the radio-
1125 labelled RBA approach. The fluorescent method is analogous to a technique
1126 implemented for brevetoxins (e.g., McCall *et al.*, 2012), in that no radioactivity is
1127 involved, making it less expensive to use, and avoiding hazardous waste disposal
1128 costs that can be significant, for example, in the Pacific islands.

1129 HAB-associated illnesses should be recognized as a public health issue, and,
1130 accordingly, public health surveillance should be coordinated with
1131 environmental monitoring. Until now, epidemiologic studies typically have been
1132 conducted after clusters of disease outbreaks have occurred (although
1133 unfortunately usually without long term follow-up to explore the chronic health
1134 effects from acute exposures). New approaches also should be multidisciplinary.
1135 They should help to identify relevant bloom events, measure biotoxins in
1136 seawater (and in some cases air) and seafood, and identify symptoms in humans
1137 and other animals associated with exposures. In addition, communications with
1138 potentially affected communities should be conducted to promote the
1139 understanding that a particular symptom may be the result of exposure to a HAB
1140 biotoxin.

1141 An example of such an approach can be found in the Gulf of Mexico, where the
1142 link between *Karenia brevis* blooms and human exposures and health effects,
1143 particularly to contaminated aerosols, was established. These efforts facilitated
1144 the successful understanding and mitigation of the human health risks

diarrheic shellfish poisoning were reported in British Columbia. Changes were made to the shellfish monitoring program following this outbreak to include more stringent testing for DSP toxins (Taylor *et al.*, 2013).

1145 associated with these events. This large and costly initiative included
1146 coordination among physicians, toxicologists, and ecologists, stakeholders
1147 (including businesses, public health agencies, Poison Information Centres), and
1148 end-users (Fleming *et al.*, 2005; 2011).

1149 Another initiative with the same aim was the Harmful Algal Bloom-related
1150 Illness Surveillance System (HABISS)
1151 (<http://www.cdc.gov/hab/surveillance.htm>) that the US Centers for Disease
1152 Control and Prevention (CDC) and other public health and environmental
1153 organizations established to create a coordinated human, animal, and
1154 environmental health surveillance network. The simultaneous collection of
1155 environmental and health data over time was considered to have helped public
1156 health practitioners identify long-term trends in HAB-related diseases in humans
1157 and animals. The CDC also has created a module within the National Outbreak
1158 Reporting System (NORS) to capture HAB-related illnesses. The system has been
1159 beta-tested during the summer of 2015.

1160 In Europe, similar initiatives, although at a smaller scale, have been
1161 established in the Mediterranean region to develop tools and strategies to
1162 manage the impacts of *Ostreopsis* blooms on human health before they can have
1163 a wider impact. Examples conducted at local scale include France (Tichadou *et al.*,
1164 2011; Lemée *et al.*, 2012) and the Spanish Catalan coast (Vila *et al.*, 2012), and
1165 the Accord RAMOGE, www.ramoge.org at Mediterranean region level (mainly on
1166 the coasts of Italy, Monaco, France and Spain).

1167

1168 **4.3. HABs dynamics in the context of global climate change.**

1169 Climate plays a fundamental role in the physical dynamics of the water masses
1170 and energy pathways in the ocean, which in turn modulate the biogeochemical
1171 fluxes and thus nutrient supplies to microorganisms at the bases of food webs
1172 (Beaugrand *et al.*, 2010). Climate variability modulates ecological events
1173 (phenology) and ecosystem characteristics at different spatio-temporal scales
1174 (Longhurst, 2007). As a result, the dynamics of HABs, as a natural phenomenon,
1175 are also influenced by climate variability.

1176 The Earth's climate has changed continually over scales of millions of years, as
1177 evidenced by glacial and interglacial periods. Its climate also exhibits much

1178 shorter term cyclical changes at multiannual to decadal and multi-decadal scales,
1179 such as those reflected in the El Niño Southern Oscillation (ENSO) and the North
1180 Atlantic Oscillation (NAO).

1181 Photosynthetic organisms have evolved and adapted with changes occurring
1182 at these different temporal scales (e.g., Beardall and Raven, 2004). In the last 200
1183 years, however, since the industrial revolution, human activities have impacted
1184 the Earth dramatically, mainly as a consequence of the increasing release of
1185 carbon dioxide (CO₂), methane, and nitrous oxides into the atmosphere. In
1186 particular, atmospheric CO₂ concentration has increased from 280 ppm to >380
1187 ppm at present, with values of 750–1,000 ppm predicted by 2100 (IPCC, 2008),
1188 in comparison to fluctuations between 180 ppm and 300 ppm during the
1189 previous 800,000 years.

1190 This rapid and uncontrolled rate of increase in so-called greenhouse gases has
1191 been responsible for a significant augmentation in about 1 °C of global
1192 temperature in the past 20–30 years (data from the Hadley Centre for Climate
1193 Prediction and Research; shown in Figure 1 of Hallegraeff, 2010), with a further
1194 rise of 2–4 °C predicted over the next 100 years. Climate warming is already
1195 directly and indirectly impacting terrestrial and marine ecosystems. In the
1196 oceans, increased temperature in the upper layers can lead to changes in density
1197 which in turn affect the seasonal patterns of mixing, stratification and circulation,
1198 acidification, weakening or reinforcement of upwelling winds, and modification
1199 of the freshwater inflows to coastal regions (e.g., Bindolff *et al.*, 2007). These
1200 changes may influence many ecological processes, including the occurrences of
1201 HABs. Given the impacts that HABs have on humans, there is now an urgent need
1202 to investigate the potential effects of climate warming on microalgal-related
1203 events. In addition, it will be important to develop tools for tracking and
1204 evaluating recent and future trends in HAB dynamics at both local and global
1205 scales.

1206 The possible impacts of climate change on toxic marine HABs include: 1)
1207 range-changes in both warm- and cold-water species; 2) changes in abundance
1208 and toxicity; and 3) changes in the timing of the seasonal window of growth (e.g.
1209 Hays *et al.*, 2005; Moore *et al.*, 2008; Hallegraeff, 2010; Anderson *et al.*, 2012; Fu
1210 *et al.*, 2012). On the other hand, the effects of climate change on other

1211 components of the food webs (e.g., predators, competitors, parasites) could
1212 modulate the impact of climate change on the occurrence, magnitude, and
1213 duration of HABs. Some HAB species may benefit such that their impact on
1214 human health and wellbeing becomes more severe, whereas others may
1215 diminish in areas that are currently impacted (Hallegraeff, 2010). Our ability to
1216 forecast the directions of change for toxic marine HABs is constrained by
1217 inadequate understanding of the interactions among multiple climate change
1218 variables and non-climate stressors in conjunction with inadequately designed
1219 experiments for investigating decadal- or century-scale trends (Hallegraeff,
1220 2010; Fu *et al.*, 2012).

1221 Few studies have investigated the effects of projected future climate change
1222 conditions on individual species or genera of toxin-producing marine microalgae.
1223 Of the few studies to date that have directly investigated future climate change
1224 effects on certain HAB species or genera, most have focused on the effects of
1225 warming. For example, the 2.5-3.5 °C projected increase in sea surface
1226 temperature in the Caribbean over the coming century has been estimated to
1227 increase the incidence of CFP by 200-400% (Gingold *et al.*, 2014). In Puget Sound,
1228 warming has been projected to increase the seasonal window of growth for
1229 *Alexandrium* by ~30 days by 2040, allowing blooms to begin earlier in the year
1230 and to persist for longer periods (Moore *et al.*, 2015). It is important to
1231 remember that these projections are primarily based on projected changes to
1232 water temperature. Other aspects of bloom ecology and oceanography, such as
1233 the location of nutrient availability, competition with other phytoplankton
1234 species, grazing, and infection by parasites, were not considered. Therefore,
1235 while these initial assessments of greenhouse gas-driven changes to HAB risk
1236 provide insight into potentially important climate pathways that are relevant for
1237 bloom development, more work is needed to understand better the interactive
1238 effects of drivers other than temperature on HAB occurrence.

1239 An emerging body of work is also focusing on the effects of ocean acidification
1240 on marine HABs. Some experiments performed on *Pseudo-nitzschia fraudulente*
1241 found significantly high production of the domoic acid neurotoxin in response to a
1242 combination of low pH and some other factor that limits growth (Sun *et al.*, 2011;
1243 Fu *et al.*, 2012; Tatters *et al.*, 2012a; 2012b; 2013), provided that the limiting

1244 resource was not needed for toxin synthesis. Saxitoxin (paralytic shellfish toxin)
1245 production increased also by elevated temperature and increased CO₂ supply
1246 (Kremp *et al.*, 2012), although the response was highly strain specific. Much
1247 more work is needed to understand the effect of increasing ocean acidification
1248 on HAB species, and thus the potential effect on human health and the
1249 ecosystems under this scenario.

1250 In order to evaluate future trends of HAB events, there is a need to establish
1251 the present baseline. Several studies report that the occurrence and geographic
1252 distribution of toxic marine HABs has increased in certain areas during the past
1253 few decades (Hallegraeff, 1993; Van Dolah, 2000; Hallegraeff, 2010; Lewitus *et al.*,
1254 2012). Increased awareness, expanded and better monitoring and detection of
1255 toxic HABs, and the multiple effects and interactions of human activities
1256 (including, but not limited to, increased nutrient loading to coastal waters,
1257 aquaculture development and transport of seed stock, ballast water transport)
1258 and climate warming may have contributed to this putative increase (Smayda,
1259 1990; Hallegraeff, 1993; 2010; Sellner *et al.*, 2003; Gowen *et al.*, 2012). Direct
1260 observations of microalgae in coastal marine waters on timescales sufficient to
1261 evaluate climate change effects and to discriminate the role of other natural or
1262 anthropogenic forcings (e.g., nutrient loads) are typically lacking. This makes it
1263 difficult to establish whether the observed trends are global or local. While a few
1264 isolated time series do exist (e.g. Borkman & Smayda, 2009; Kim *et al.*, 2009),
1265 they have not yet been fully utilized to describe changes in the abundances of
1266 toxic HAB species. In some cases, the available HAB data are from offshore, such
1267 as that generated by the Continuous Plankton Recorder (CPR) in the North
1268 Atlantic (Edwards *et al.*, 2001; 2006; Hinder *et al.*, 2012). Even though humans
1269 typically encounter HABs and their toxins at the coastal margins, these offshore
1270 time series provide valuable insights into the ecological responses of HAB
1271 species on timescales relevant to climate change. A small number of toxic HAB
1272 species leave a long-term record of their abundance in bottom sediments as
1273 microfossils (Dale *et al.*, 2006) which could be used to explore time-series of
1274 bloom events. On the basis of similarities in the sediment cyst records in the
1275 Pacific and Atlantic regions of Canada, Mudie *et al.*, (2002) concluded that

1276 climate change (including surface temperature and storminess) was a main
1277 factor stimulating blooms.

1278 Reported illnesses are also an indicator of toxic HABs (Van Dolah, 2000);
1279 however, seafood is often consumed at long distances from where harvested.
1280 Unless robust information on the source of the seafood consumed is reported, it
1281 is difficult to identify potential relationships between foodborne HAB-related
1282 diseases and climate. Because most of the HAB-related diseases are associated
1283 with the consumption of contaminated shellfish, time series of HAB toxins in
1284 shellfish tissues provide valuable data for evaluating long-term trends and
1285 relationships to climate and in some cases date back to the 1950s (Trainer *et al.*,
1286 2003). The interactions of weather and climate are important for understanding
1287 patterns of disease, with climate determining the range of species and weather
1288 determining the timing and intensity of outbreaks (Dobson & Carper, 1993;
1289 Epstein, 2001).

1290 At present, it is clear that we lack sufficient scientific understanding of
1291 climate-driven changes to nearshore marine environments, as well as HAB
1292 responses to these potential changes, to provide accurate predictions of future
1293 HAB occurrences in space and time. More fundamental, multidisciplinary
1294 research and coordination including stakeholders and policy makers should be
1295 done with the objective to mitigate the impacts of HABs on human health and
1296 well-being in the near future. The concern about this need motivates discussions
1297 and meetings in different fora, such as the Symposium on "HABs and Climate
1298 Change" held in Göteborg, Sweden, May 19-22, 2015
1299 ([https://pices.int/meetings/international_symposia/2015/2015-](https://pices.int/meetings/international_symposia/2015/2015-HAB/scope.aspx)
1300 [HAB/scope.aspx](https://pices.int/meetings/international_symposia/2015/2015-HAB/scope.aspx)).

1301

1302 **4.4. Mitigation strategies for aquaculture.**

1303 In Japan, several strategies have been adopted to minimize economic losses to
1304 aquaculture (Imai *et al.*, 2014). In southwest Hokkaido's Funka Bay, for example,
1305 the scallop culturing industry has adapted to frequent occurrences of
1306 dinoflagellate blooms that produce the dinophysin toxin and paralytic shellfish
1307 poisoning (PSP), which typically occur in May and continue into the summer.
1308 Modified harvesting approaches were necessitated, in part, by high PSP

1309 contamination in the 1980s that stopped shipments of all bivalves. Timing the
1310 scallop harvest every year from December to April avoids the impacts associated
1311 to the toxic bloom season. Scallops are harvested both for immediate fresh
1312 consumption, and they can be inventoried by boiling and freezing in order to
1313 provide a source of supply during the closed season.

1314 In the Okhotsk Sea, recent occurrences of paralytic shellfish poisoning
1315 contamination of scallops have been predicted on the basis of movements of the
1316 Soya Warm Current. The strength of this current prevents the transport of
1317 *Alexandrium tamarense*, which typically resides in the offshore water masses of
1318 the Okhotsk Sea, to locations such as Monbetsu and Abashiri on the northern
1319 coast of Hokkaido. Adaptive harvesting in response to these forecasts is an
1320 effective way to avoid the impacts of toxic blooms on the bivalve aquaculture
1321 industry. This strategy is effective because of the fundamental understanding of
1322 local HAB dynamics.

1323 Some strategies to mitigate the impacts of HABs on aquaculture may have
1324 been discounted prematurely and are worth revisiting. The use of clay to
1325 flocculate and remove toxic cells at some aquaculture sites in Asia (Lee *et al.*,
1326 2013) is one example. This approach should be studied further to explore
1327 tradeoffs between the economic losses associated with fish kills from HABs, the
1328 environmental consequences of clay dispersal, the costs of implementing the
1329 mitigation technology, and toxin accumulation in the benthos.

1330

1331 **4.5. Communication with the public and improving literacy about oceans** 1332 **and HABs.**

1333 Throughout history, humans have learned how to cope with natural phenomena,
1334 including HABs. In some areas, such as in Pacific Islands (Chinain *et al.*, 2010a),
1335 local traditional knowledge about ciguatera is functionally correct, albeit
1336 scientifically incomplete.

1337 The Spanish explorer Alvar Núñez Cabeza de Vaca (1490?-1564) recorded a
1338 place along the northern coast of Mexico in the Gulf of Mexico, probably not far
1339 from Apalache Bay, where indigenous peoples were unable to relate the passage
1340 of time to the movements of the sun and the moon, but instead marked the

1341 seasons by fishkills (Ferrando, 1984), which could have been caused then, as
1342 now, by blooms of *Karenia brevis*.

1343 To people making a living around the Galician Rías, red-tides ("purgas de
1344 mar") are familiar events, traditionally compared to menstruation, through
1345 which local waters are cleansed, usually in the autumn. It was general knowledge
1346 that it was unsafe to eat shellfish gathered when the ocean exhibited a reddish-
1347 brownish hue. When mass cultivation of mussels in the Galician Rías was
1348 undertaken by developers, who were ignorant of the blooms, the dispersal of
1349 toxic mussels became more frequent. One particular extreme case occurred
1350 during the autumn of 1976 (Estrada *et al.*, 1984).

1351 Fukuyo *et al.* (2002) note that in Northern Japan, local folklore advises not to
1352 eat shellfish during runoff of snowmelt into the sea occurring in the early spring.
1353 In the United Kingdom and the United States, there is a similar folklore: one
1354 should eat shellfish only during months that are spelled with the letter 'r', i.e.,
1355 avoid shellfish consumption the summer months (May to August) when HABs
1356 are more likely to occur (although bacterial contamination of the food can not be
1357 discarded). Perhaps, as Fukuyo *et al.* (2002) suggest, such folklore has arisen
1358 because:

1359 *"this indicates that toxin contamination of shellfish has repeatedly*
1360 *occurred almost every year over a long time, leading to many*
1361 *tragedies among the local people. Community education resulted in*
1362 *self-regulating behaviour to avoid high-risk fish species and certain*
1363 *fishing locations."*

1364 Successful communication about HABs and their effects can be problematic
1365 for many different reasons. In part, this is due to the complexity of HAB
1366 phenomena, which are currently difficult to predict and to prevent or control.
1367 Most public health and medical personnel do not know enough about HABs and
1368 their potential effects on human health and wellbeing. Nowadays, many coastal
1369 communities are not fully informed of the public health risks of HABs, however,
1370 and this form of ignorance can result in a phenomenon known as the "halo effect,"
1371 where human activities unrelated to the HAB hazards are scaled back or
1372 discontinued (Wessells *et al.*, 1995; Whitehead *et al.*, 2003; Parsons *et al.*, 2006).
1373 A common form of the halo effect is a reduction in the consumption of all types of

1374 seafood, regardless of the actual risks of consuming phycotoxins. Other forms of
1375 the halo effect can influence commercial and recreational fishing behavior and
1376 coastal tourism. Consequently, it is necessary to improve the scientific messages
1377 about HABs to the many and diverse end users and stakeholders.

1378 Fortunately, there are now examples of interesting and potentially successful
1379 dissemination and early warning activities related to safeguarding human health
1380 from HAB related toxic episodes. For example, the US National Oceanographic
1381 and Atmospheric Administration (NOAA) produces HAB Bulletins which provide
1382 forecasting of HABs for managers in the Gulf of Mexico (for *Karenia brevis*), in the
1383 Pacific Northwest (for toxic *Pseudo-nitzschia*) and the Great Lakes (for
1384 cyanobacteria). The bulletins incorporate oceanographic modelling, satellite
1385 imagery, and on-the-ground monitoring, as well as other information (e.g., real
1386 time reports from lifeguards and managers). These materials were developed
1387 with stakeholder engagement and input, so that the outputs are actually useful
1388 for and used by the people (such as beach managers) who need timely
1389 information. Another example of appropriate communication was the
1390 implementation of a toll-free, 24/7-telephone number at the Miami Poison
1391 Information Centre staffed by poison specialists trained to discuss HAB exposure
1392 and illnesses in Florida. This resource was signposted on information panels and
1393 brochures placed in beaches, hotels, and other tourist venues. Another useful
1394 aspect of this centralized information resource was that the poison control
1395 phone calls also could be incorporated into HAB human health surveillance
1396 activities to increase case reporting (Fleming *et al.*, 2011).

1397 Examples in Europe include HAB bulletins that are produced weekly in both
1398 Ireland and Scotland for the aquaculture industries in these countries
1399 ([http://www.marine.ie/Home/site-area/data-services/interactive-](http://www.marine.ie/Home/site-area/data-services/interactive-maps/weekly-hab-bulletin)
1400 [maps/weekly-hab-bulletin](http://www.marine.ie/Home/site-area/data-services/interactive-maps/weekly-hab-bulletin); [http://www.somuchtosea.co.uk/news/](http://www.somuchtosea.co.uk/news/bulletin-for-shellfish-farmers.aspx)
1401 [bulletin for shellfish farmers.aspx](http://www.somuchtosea.co.uk/news/bulletin-for-shellfish-farmers.aspx)). In the Baltic, the Swedish Meteorological
1402 and Hydrological Institute Service offer reports and almost real time information
1403 about the algae situation in the Baltic obtained from satellite data
1404 (<http://www.smhi.se/en/weather/sweden-weather/1.11631>). In the NW
1405 Mediterranean, the RAMOGE Accord is working to communicate with the public
1406 and stakeholders, communicating through brochures, webpages, and with

1407 dissemination activities about the occurrence of the *Ostreopsis* blooms and their
1408 impacts on human health and the environment, and searching to provide tools to
1409 manage them (http://www.ramoge.org/fr/ostreopsis_ovata.aspx). RAMOGE also
1410 fosters the coordination of international research around the understanding and
1411 management of these events in the affected countries.

1412

1413 **4.6. International coordination: the GEOHAB and GlobalHAB programmes.**

1414 HABs are a global challenge which needs to be addressed at local levels by
1415 implementing a broad global vision. During the last few decades, much work has
1416 been accomplished to understand HAB dynamics with the ultimate aim of
1417 predicting their occurrences and mitigate their impacts. Studies and monitoring
1418 of toxic phytoplankton and biotoxins have been conducted at local, national, and
1419 regional levels, each with their own particular resources. In addition,
1420 international and interdisciplinary cooperation has been invaluable in advancing
1421 the science of HABs. As an international exemplar, this cooperative research has
1422 been fostered from 2000 to 2014, by the GEOHAB programme, "Global Ecology
1423 and Oceanography of Harmful Algal Blooms" (www.geohab.info), with the
1424 financial support of SCOR (Scientific Committee on Oceanic Research) and
1425 IOC/UNESCO (Intergovernmental Oceanographic Commission of UNESCO). As
1426 stated in its Science Plan (GEOHAB, 2001): "[t]he scientific goal of GEOHAB was
1427 to improve the ability to predict HABs by determining the ecological and
1428 oceanographic mechanisms underlying their population dynamics, and
1429 integrating biological, chemical, and physical studies supported by enhanced
1430 observation and modelling systems."

1431 GEOHAB acted as an umbrella and catalyst for organizing scientific research
1432 on HABs. Moreover, GEOHAB provided a common and interconnecting aim for
1433 individual needs and efforts. The initiatives sponsored by GEOHAB, including
1434 open science meetings, specific workshops, and training activities, were
1435 publicized as reports, books, and special issues in international journals
1436 (www.geohab.info).

1437 At the termination of GEOHAB in 2014, the international scientific community
1438 agreed that a coordinated research approach to HABs was beneficial and still
1439 necessary (see GEOHAB, 2014). Starting in 2015, a new program, GlobalHAB, will

1440 build on the GEOHAB Science Plan, incorporating the present challenges and
1441 opportunities that international research on HABs requires (**Figure 3**). Taking
1442 multidisciplinary and international perspectives, GlobalHAB will integrate key
1443 aspects of climate warming and global change on HABs within the context of the
1444 field of “oceans and human health.”

1445

1446 5. CONCLUSIONS

1447 Microalgal blooms are a natural part of the seasonal cycle of the marine
1448 ecosystems around the world. They are key components of the structure and
1449 dynamics of the oceans and thus sustain the benefits (food supply, recreation,
1450 commerce, livelihood,) that humans obtain from this aquatic environment.

1451 However, some microalgal blooms can be harmful to human health, impact
1452 valued fisheries, and degrade other marine and coastal ecosystem services. The
1453 impacts of these HABs comprise acute and chronic health effects in humans,
1454 financial losses from contaminated seafood, mortalities of farmed fish, reduced
1455 coastal tourism and alter socio-cultural aspects. The losses due to HABs of
1456 passive values that humans place on protected species and extraordinary marine
1457 ecosystems are more difficult to quantify. There is evidence in some littoral areas
1458 that human pressures may have increased the occurrence of HABs. Further,
1459 global warming and changes in the climate regime also could affect HAB
1460 occurrences and toxicity, although forecasting the possible trends is still
1461 speculative.

1462 At the beginning of the XXIst century, with expanding human populations,
1463 particularly in coastal and developing countries, there is an urgent need to
1464 prevent and mitigate the impacts that HABs pose on human health and wellbeing.

1465 Because HABs are natural phenomena, it is not possible to prevent their
1466 occurrence. However, the scientific research conducted along the last decades,
1467 with the support of stakeholders, policy makers and the general public, has
1468 improved the understanding of HAB dynamics.

1469 The achieved insights allow defining key priorities and designing strategies to
1470 mitigate the HABs impacts. In this paper, we have summarized part of the
1471 present knowledge and available tools to address this general objective. Major
1472 recommendations for the road map include:

- 1473 * Integrate both ecosystem and human health monitoring for HAB impacts.
1474 This effort requires maintaining or expanding existing HAB and biotoxin
1475 monitoring, and implementing new monitoring programmes where necessary.
1476 Ideally this should include the monitoring of physico-chemical and
1477 meteorological variables to help ascertain the real effects of climate and other
1478 environmental changes on HAB occurrences and their impacts.
- 1479 * Ascertain real trends in ciguatera fish poisoning incidence, and provide
1480 informed projections of potential future trends.
- 1481 * Ascertain the risks of new emerging HABs and biotoxins (e.g., azaspiracid
1482 food-borne poisonings, BMAA and neuromuscular diseases, and respiratory
1483 irritation in new areas impacted by *Ostreopsis* blooms).
- 1484 * Investigate the responses of HABs (especially regarding toxin production) to
1485 multifactorial physico-chemical climate drivers and the potential of marine
1486 microalgae to adapt genetically and phenotypically to the unprecedented
1487 rapidity of current climate and other environmental changes. This will require
1488 multidisciplinary collaboration and appropriately scaled experimental designs.
- 1489 * Maintain and reinforce initiatives and local and international policies to
1490 reduce human pressures on the marine environment that may increase the
1491 occurrence of HABs and the severity of associated events.
- 1492 * Investigate possible interconnections between socio-cultural aspects of
1493 human wellbeing and HAB events.
- 1494 * Advance in the estimation of the economic costs of HAB events.
- 1495 * Develop an increased public “ocean literacy” and expanded engagement with
1496 coastal and ocean stakeholders.
- 1497 Overall, we emphasize that collaborative research across natural and social
1498 scientific disciplines, as for example, the Florida Red Tide Research Group and
1499 GEOHAB, can lead to significant advances in our understanding of HABs, helping
1500 to develop approaches at local and global levels to lessen their impacts on public
1501 health and human wellbeing.
1502

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2720

2721 FIGURE LEGENDS

2722

2723 **Figure 1.** Conceptual links between the main drivers (natural dynamics, climate
2724 change and global warming and other anthropogenic forcings) involved in the
2725 occurrence of HABs, the main impacts of HABs on humans health and wellbeing,
2726 and some of the tools to decrease these effects.

2727

2728 **Figure 2.** Biotxin transfer pathways through the marine food web to humans. A
2729 biotoxin-producing organism, such as the dinoflagellates *Dinophysis acuta* or
2730 *Alexandrium catenella*, is bioaccumulated by shellfish, which are apparently not
2731 affected by saxitoxin or lipophilic biotoxins. Consumption of the contaminated
2732 shellfish is a traditional way of diarrheic or paralytic poisoning (DSP, PSP).
2733 Alternatively, some toxicogenic species attach to surfaces (macrophytes, corals)
2734 by an endogenous mucus (e.g., *Gambierdiscus*, *Ostreopsis*, *Prorocentrum lima*).
2735 Fragments of corals or macrophytes covered by the microalgae enter the food
2736 web through ingestion by herbivorous fish. This is the transmission mechanism
2737 of ciguatera fish poisoning (CFP). Certain fishes can also experience some sort of
2738 poisoning.

2739

2740 **Figure 3.** Main elements of the international GEOHAB (2000 – 2014) and
2741 GlobalHAB (2015-2018) programmes, that aim to contribute to the advance of
2742 the research on HABs.

Box 1. Main HAB Toxic Syndromes (in alphabetic order), Biotoxins (T), Causative Organisms (Q), Symptoms (S), Route of exposure (E), Main Geographic Affected Areas (A), some References (R)
<p>* Amnesic Shellfish Poisoning (ASP):</p> <p>T: Domoic acid and isomers.</p> <p>Q: <i>Pseudo-nitzschia</i> spp. and <i>Nitzschia</i>.</p> <p>S: Nausea, vomiting, diarrhoea, headache, dizziness, confusion, disorientation, short-term memory deficits, and motor weakness. Severe cases result in seizures, cardiac arrhythmia, respiratory distress, coma, and possibly death.</p> <p>E: Consumption of shellfish (possibly, fish).</p> <p>A: Worldwide, affecting seafood and fisheries activities.</p> <p>R: Bates <i>et al.</i>, 1989; Martin <i>et al.</i>, 1993; Scholin <i>et al.</i>, 2000; Fehling <i>et al.</i>, 2004.</p>
<p>* Azaspiracid Shellfish Poisoning (AZP):</p> <p>T: Azaspiracid and its derivatives</p> <p>Q: Amphidomataceae (<i>Amphidoma languida</i>, <i>Azadinium spinosum</i>, <i>Azadinium poporum</i>, <i>Azadinium dexteroporum</i>)</p> <p>S: Nausea, vomiting, severe diarrhea, abdominal cramps; effects on mice tests include severe damage to the intestine, spleen, and liver tissues in animal tests.</p> <p>E: Consumption of shellfish</p> <p>A: Seafood poisoning reported from shellfish in Europe and North America.</p> <p>R: Twiner <i>et al.</i>, 2008; 2012a, b; 2014; Klontz <i>et al.</i>, 2009; Tillmann <i>et al.</i>, 2009; 2014; Hess <i>et al.</i>, 2014.</p>
<p>* Ciguatera Fish Poisoning (CFP):</p> <p>T: Ciguatoxin</p> <p>Q: <i>Gambierdiscus</i> spp., <i>Fukuyo</i> spp.</p> <p>S: Nausea, vomiting, diarrhoea, numbness of mouth and extremities. Neurological symptoms may persist for several months.</p> <p>E: Consumption of coral reef fish</p> <p>A: Endemic in the tropics and subtropics, expanding to temperate latitudes.</p> <p>R: Friedman <i>et al.</i>, 2008; Litaker <i>et al.</i>, 2010; Chinain <i>et al.</i>, 2010a, b; Tester <i>et al.</i>, 2014.</p>
<p>* Diarrheic Shellfish Poisoning (DSP):</p>

<p>T: Okadaic acid and its derivatives (dinophysistoxins)</p> <p>Q: <i>Dinophysis</i> spp., <i>Prorocentrum lima</i></p> <p>S: Nausea, vomiting, severe diarrhoea, abdominal cramps, respiratory distress;</p> <p>E: Consumption of shellfish</p> <p>A: Worldwide, affecting seafood and fisheries activities.</p> <p>R: Yasumoto <i>et al.</i>, 1980; Kat, 1983; Reguera & Pizarro, 2008; Raine <i>et al.</i>, 2010; Reguera <i>et al.</i>, 2014.</p>
<p>* Neurotoxic Shellfish Poisoning (NSP) and respiratory irritation:</p> <p>T: Brevetoxins.</p> <p>Q: <i>Karenia brevis</i> (predominantly).</p> <p>S: By seafood poisoning: nausea, temperature sensation reversals, muscle weakness, and vertigo. Exposure to aerosols related to respiratory and eye irritation particularly for asthmatics.</p> <p>E: Consumption of shellfish (and fish at least for marine mammals); inhalation of marine aerosols during active blooms.</p> <p>A: Particularly in the Gulf of Mexico and Japan, China, Korea, New Zealand.</p> <p>R: Watkins <i>et al.</i>, 2008; Fleming <i>et al.</i>, 2011.</p>
<p>* Palytoxicosis (foodborne poisoning) and other irritative symptoms:</p> <p>T: Palytoxin, Ostreocin, Ovatotoxin</p> <p>Q: <i>Ostreopsis</i> spp.</p> <p>S: Associated to food-borne poisoning: nausea, vomiting, severe diarrhoea, abdominal cramps, lethargy, tingling of the lips, mouth, face and neck, lowered heart rate, skeletal muscle breakdown, muscle spasms and pain, lack of sensation, myalgia and weakness, hypersalivation, difficulty in breathing. Exposure to aerosols: eye and nose irritation, rhinorrhoea, general malaise, fever. Cutaneous irritations in beach swimmers.</p> <p>E: Consumption of seafood; inhalation of marine aerosols; direct contact with water.</p> <p>A: Food-borne poisoning in the tropics and subtropics; respiratory and cutaneous irritations in Mediterranean beaches.</p> <p>R: Deeds & Schwartz, 2010 (references there in); Tubaro <i>et al.</i>, 2011; Ciminiello <i>et al.</i>, 2010; 2013; Vila <i>et al.</i>, 2012.</p>

*** Paralytic Shellfish Poisoning (PSP):**

T: Saxitoxin and derivatives.

Q: *Alexandrium* spp., *Pyrodinium bahamense* var. *compressum* and other species, *Gymnodinium catenatum*, some calcareous red macroalgae

S: Nausea, vomiting, diarrhoea, numbness and tingling of the lips, mouth, face and neck. Severe cases can result in paralysis of the muscles of the chest and abdomen leading to death.

E: Consumption of shellfish, crustaceans, fish.

A: Worldwide, affecting shellfish activities.

R: Ayres, 1975; Gaines & Taylor, 1985; Anderson *et al.*, 1989; 2005a; 2005b.

Box 2. Representative examples of HABs that affect marine organisms or ecosystems, with effects on wellbeing, and on human health in some cases.

Events presented following the alphabetic order of the Causative organism (CO). The Type (T) of bloom, their Effect/mode of action in the marine organisms or ecosystem (E/m-a), Effects on humans (E-h), Main Geographic Affected Areas (A) and some References (R) are indicated.

General information. Certain HABs affect marine organisms and ecosystems, due to the accumulation of biomass of particular taxa, which may or may not produce biotoxins.

In most cases, fish-killing HAB species produce haemolytic or cytotoxic biotoxins, which cause necrotizing degeneration of the fish gills. Other, more rare or more recently discovered combinations of fish-killing algae and their biotoxins include goniodomins (produced by *G. pseudogonyaulax*), amphidinols (synthesized by *Amphidinium klebsii* and *A. carteri*; reviewed by Louzao *et al.*, 2014) and karlotoxins from *Karlodinium* spp. (Bachvaroff *et al.*, 2008; Place *et al.*, 2014; Van Wagoner *et al.*, 2010). In many cases though, the toxic compound has not yet been clearly identified.

The breakdown of cells during the decline of a bloom, with the subsequent degradation and utilization of the organic matter by bacteria can result in low oxygen concentrations of isolated bottom water, causing subsequent macrofauna mortalities. Other impacts on the ecosystem include: the reduction of light penetration, production of excess ammonia, physical damage of fish gills, and hypothermia in marine birds due to the accumulation of surfactant-like proteins.

Here we list examples of many microalgae and a macrophyte involved in HAB events. More details and examples of these blooms, mainly high biomass blooms can be found, among others, in e.g. GEOHAB, 2001; 2006; 2010 (download free from www.geohab.info).

CO: *Akashiwo sanguinea* (Dinophyceae)

T: High biomass, non toxic.

E/m-a: Extensive marine birds mortality caused by hypothermia. The microalgae produced high amounts of organic matter that accumulated at the sea surface. The foam contained surfactant-like proteins, which destroyed the waterproof

<p>and insulation characteristics of the bird feathers.</p> <p><u>E-h</u>: Unknown</p> <p><u>R</u>: Jessup <i>et al.</i>, 2009.</p> <p><u>A</u>: Pacific Northwest (Monterey Bay, California, USA).</p>
<p><u>CO</u>: <i>Chaetoceros wighami</i>, <i>C. debile</i> (Bacillariophyceae); <i>Dictyocha speculum</i> (Silicoflagellate).</p> <p><u>T</u>: High biomass, non toxic. Physical damage (silicic cell cover) of the fills gills.</p> <p><u>E/m-a</u>: Farmed fish kills.</p> <p><u>E-h</u>: Economic losses (several million pounds).</p> <p><u>R</u>: Bruno <i>et al.</i>, 1989; Treasurer <i>et al.</i>, 2003.</p> <p><u>A</u>: Europe (Loch Torridon, Scotland; Shetland Isles).</p>
<p><u>CO</u>: <i>Chattonella antiqua</i> and <i>C. marina</i> (Raphidophyceae).</p> <p><u>T</u>: High biomass, toxic (haemolytic, haemagglutinating and neurotoxic effects, molecule similar to brevetoxin).</p> <p><u>E/m-a</u>: Aquaculture fish and natural fauna kills.</p> <p><u>E-h</u>: Economic losses (0.5 billion USD in 1972; Australian 45.0 million AUD loss of caged bluefin tuna in April 1996).</p> <p><u>R</u>: Marshall & Hallegraeff, 1999, and references cited therein.</p> <p><u>A</u>: Japan, Australia, India, Florida and China.</p>
<p><u>CO</u>: <i>Cochlodinium polykrikoides</i>, <i>Cochlodinium</i> spp. (Dinophyceae)</p> <p><u>T</u>: High biomass, toxic. The toxic compound and mechanism have not been identified yet, with controversial results (Tang & Gobler, 2008, and refs there in). Toxicity could be caused by non-hydrogen peroxide, highly reactive, labile biotoxins such as ROS-like chemicals.</p> <p><u>E/m-a</u>: Wild and farmed fish kills; coral and shellfish.</p> <p><u>E-h</u>: Economic losses. Hundreds of millions of USD in fisheries losses in Korea alone; more than 3.0 million USD in Vancouver (in 1999); in the Arabian Gulf and Gulf of Oman, the long lasting <i>Cochlodinium</i> bloom of 2010 killed thousands of tons of fish, limited traditional fishery operations, damaged coral reefs, impacting coastal tourism, and forcing the closure of desalination systems.</p> <p><u>R</u>: Yuki & Yoshimatsu, 1989; Kim <i>et al.</i>, 1999; Whyte <i>et al.</i>, 2001; Gobler <i>et al.</i>, 2008; Richlen <i>et al.</i>, 2010; Kudela & Gobler, 2012, and references cited therein.</p>

<p><u>A</u>: North America, Asia, Australia, and Europe.</p>
<p><u>CO</u>: <i>Heterosigma akashiwo</i> (Raphidophyceae).</p> <p><u>T</u>: High biomass, toxic. No identified toxic nor toxicity mechanism, which may affect other aquatic organisms (zooplankton, copepods, benthic larvae).</p> <p><u>E/m-a</u>: Aquaculture fish kills.</p> <p><u>E-h</u>: Economic losses.</p> <p><u>R</u>: Black <i>et al.</i>, 1991, Yamochi, 1989; MacKenzie, 1991; Powers <i>et al.</i>, 2015.</p> <p><u>A</u>: Atlantic and Pacific coast: Canada, Chile, Japan and New Zealand.</p>
<p><u>CO</u>: <i>Karenia brevis</i> (Dinophyceae).</p> <p><u>T</u>: High biomass, toxic (brevetoxin, haemolytic).</p> <p><u>E/m-a</u>: Toxicity to humans and marine fauna by direct ingestion or aerosolization; manatee mortality during the active bloom phase; dolphin and manatee poisoning and mortality through the ingestion of contaminated fish and aquatic plants during the senescence phase of the bloom. Fish kills.</p> <p><u>E-h</u>: Health costs; tourism losses, passive use losses; costs of beach cleanups.</p> <p><u>R</u>: Tangen, 1977; Steidinger <i>et al.</i>, 1998; Bossart <i>et al.</i>, 2002; Magaña <i>et al.</i>, 2003; Flewelling <i>et al.</i>, 2005; Naar <i>et al.</i>, 2007.</p> <p><u>A</u>: Gulf of Mexico, Florida, North Caroline.</p>
<p><u>CO</u>: <i>Karenia mikimotoi</i> (Dinophyceae).</p> <p><u>T</u>: High biomass, toxic (gimnocin, haemolytic).</p> <p><u>E/m-a</u>: Fish kills. Mortalities of marine fauna.</p> <p><u>E-h</u>: Economic losses; passive use losses.</p> <p><u>R</u>: Dahl & Tangen, 1990, 1993; Nakamura <i>et al.</i>, 1995; Gentien, 1998; Raine <i>et al.</i>, 2001; Satake <i>et al.</i>, 2002; Silke <i>et al.</i>, 2005; Vanhoutte <i>et al.</i>, 2008; Davidson <i>et al.</i>, 2009; Campbell <i>et al.</i>, 2014a.</p> <p><u>A</u>: Asian and Australian, Northern European waters.</p>
<p><u>CO</u>: <i>Noctiluca</i> (heterotrophic Dinophyceae).</p> <p><u>T</u>: High biomass, non toxic.</p> <p><u>E/m-a</u>: Hypoxia and excess ammonia in the environment; unpleasant odours; water colour discoloration.</p> <p><u>E-h</u>: Economic losses (on tourism, non estimated).</p> <p><u>R</u>: Bricelj & Lonsdale, 1997; Elbrächter & Qi, 1998; Murray & Suthers, 1999.</p>

<p><u>A</u>: Worldwide.</p>
<p><u>CQ</u>: <i>Ostreopsis cf. ovata</i>, <i>O. siamensis</i> (benthic Dinophyceae)</p> <p><u>T</u>: High biomass, toxic.</p> <p><u>E/m-a</u>: Cells attach to corals, macrophytes or macrofauna by mucous substances. Toxicity (Palytoxin and analogues) to marine fauna by direct ingestion or by anoxia. The particular mechanisms have not been identified yet.</p> <p><u>E-h</u>: Respiratory irritation, possible gastrointestinal illness</p> <p><u>R</u>: Shears & Ross, 2009; Mangialajo <i>et al.</i>, 2011 and references cited therein.</p> <p><u>A</u>: Mediterranean, New Zealand, Brasil, Japan.</p>
<p><u>CQ</u>: <i>Phaeocystis</i> (Prymnesiophyceae).</p> <p><u>T</u>: High biomass, non toxic.</p> <p><u>E/m-a</u>: Production of foam or mucilage (alteration of gas diffusion and rheologic properties) causing farmed fish kills; discoloration and repellent odour can impact tourism.</p> <p><u>E-h</u>: From ~0.7 USD million in Vietnam to ~7.5 million USD in Asian aquaculture (1997, Quanzhan Bay, Fujian province, China).</p> <p><u>R</u>: Lancelot <i>et al.</i>, 1997; Schoeman <i>et al.</i>, 2005; Hai <i>et al.</i>, 2010 and references cited there in; Arin <i>et al.</i>, 2013.</p> <p><u>A</u>: Asian coastlines, North Sea, Antarctica.</p>
<p><u>CQ</u>: <i>Prymnesium parvum</i> (Prymnesiophyte).</p> <p><u>T</u>: High biomass, toxic. A variety of toxic compounds with lytic effects (allelopathy) that would affect other organisms in the food webs, as well as haemolytic and cytotoxic effects on fishes (Blossom <i>et al.</i>, 2014).</p> <p><u>E/m-a</u>: Aquaculture fish kills.</p> <p><u>E-h</u>: Economic losses (5.0 million USD).</p> <p><u>R</u>: Kaartvedt <i>et al.</i>, 1991.</p> <p><u>A</u>: Norwegian fjords.</p>
<p><u>CQ</u>: <i>Pseudochattonella verruculosa</i> (Dictyochophyceae).</p> <p><u>T</u>: High biomass, toxic.</p> <p><u>E/m-a</u>: Aquaculture fish kills.</p> <p><u>E-h</u>: Economic losses.</p> <p><u>R</u>: Mackenzie <i>et al.</i>, 2011.</p>

<p><u>A</u>: New Zealand.</p>
<p><u>CO</u>: <i>Pseudo-nitzschia</i> spp. (Bacillariophyceae).</p> <p><u>T</u>: High biomass, toxic (domoic acid, neurotoxic).</p> <p><u>E/m-a</u>: Morbidity and mortality of large vertebrates, including seabirds, sea lions, sea otters, seals, and possibly whales.</p> <p><u>E-h</u>: Possible passive use losses.</p> <p><u>R</u>: Sierra-Beltrán <i>et al.</i>, 1997; Scholin <i>et al.</i>, 2000; Hall & Frame, 2010.</p> <p><u>A</u>: Especially, Pacific coast of North America.</p>
<p><u>CO</u>: <i>Ulva</i> (Ulvaceae), macroscopic benthic macroalgae.</p> <p><u>T</u>: High biomass, non toxic.</p> <p><u>E/m-a</u>: Hypoxia in the environment; unpleasant odours; impacts on tourism.</p> <p><u>E-h</u>: Beach cleanup costs: 87.3 million USD in China; 10.3 to 165.9 million USD in France, depending on the extent of affected areas (approximate period 1989-2006).</p> <p><u>R</u>: Hu & He, 2008.</p> <p><u>A</u>: China (Qingdao) during the Olympics, Atlantic French coast. In China, disrupted activities during the Olympic games in 2008.</p>

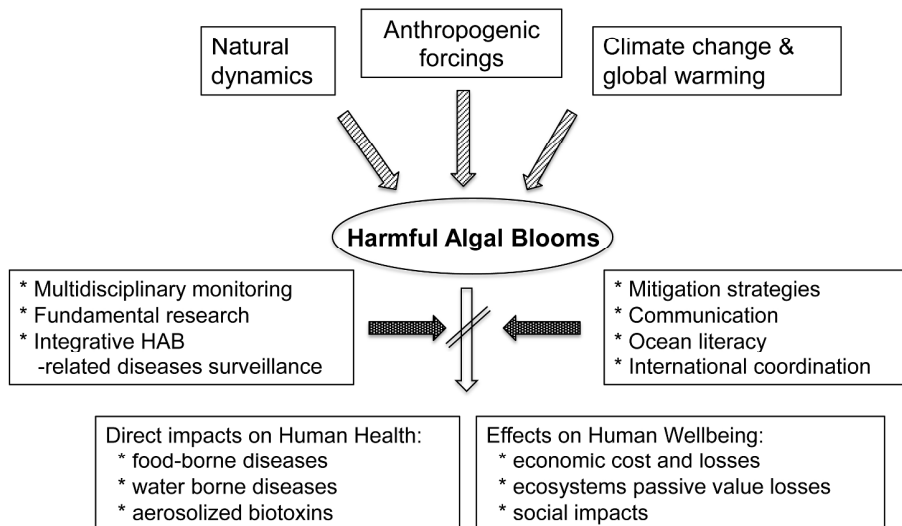


Figure 1. Conceptual links between the main drivers (natural dynamics, climate change and global warming and other anthropogenic forcings) involved in the occurrence of HABs, the main impacts of HABs on humans health and wellbeing, and some of the tools to decrease these effects.

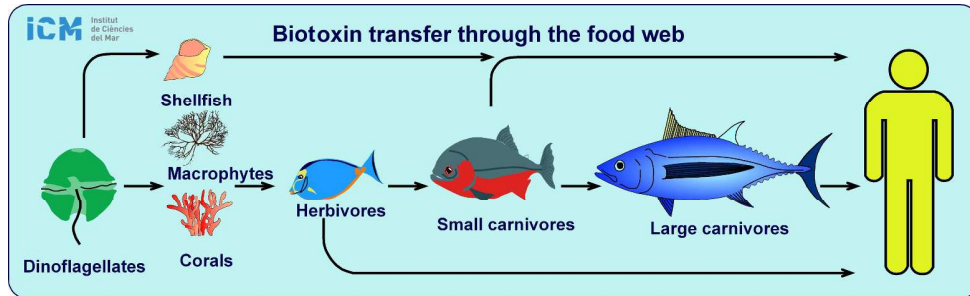


Figure 2. Biotoxin transfer pathways through the marine food web to humans. A biotoxin-producing organism, such as the dinoflagellates *Dinophysis acuta* or *Alexandrium catenella*, is bioaccumulated by shellfish, which are apparently not affected by saxitoxin or lipophilic biotoxins. Consumption of the contaminated shellfish is a traditional way of diarrheic or paralytic poisoning (DSP, PSP). Alternatively, some toxicogenic species attach to surfaces (macrophytes, corals) by an endogenous mucus (e.g., *Gambierdiscus*, *Ostreopsis*, *Prorocentrum lima*). Fragments of corals or macrophytes covered by the microalgae enter the food web through ingestion by herbivorous fish. This is the transmission mechanism of ciguatera fish poisoning (CFP). Certain fishes can also experience some sort of poisoning.

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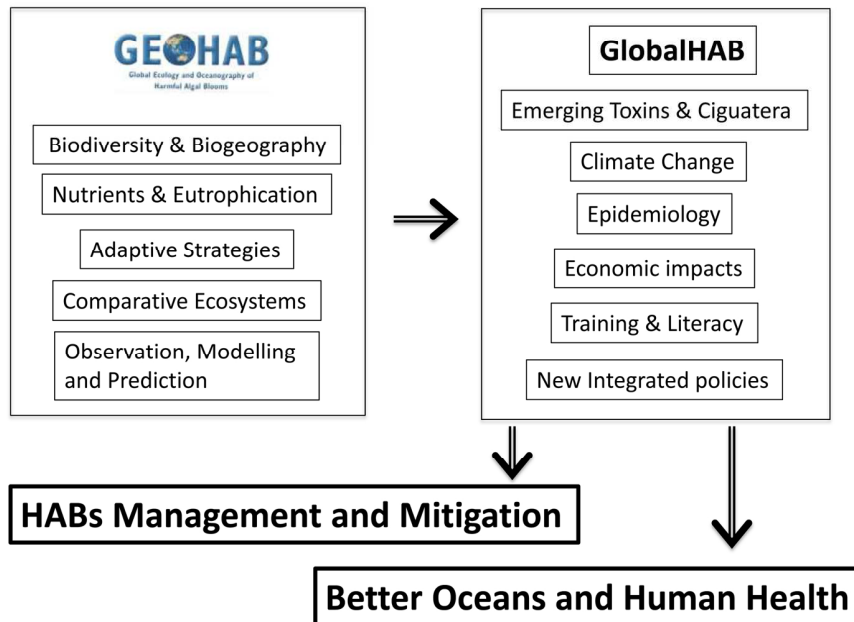


Figure 3. Main elements of the international GEOHAB (2000 – 2014) and GlobalHAB (2015-2018) programmes, that aim to contribute to the advance of the research on HABs.