

---

## A partnership between science and industry for a monitoring of anchovy & sardine in the Bay of Biscay: When fishermen are actors of science

Massé Jacques <sup>1</sup>, Sanchez Florence <sup>2,\*</sup>, Delaunay Damien <sup>3</sup>, Robert J.M. <sup>4</sup>, Petitgas Pierre <sup>1</sup>

<sup>1</sup> Ifremer, Laboratoire Écologie et Modèles pour l'Halieutique RBE/EMH, Rue de l'île d'Yeu, BP 21105, 44311 Nantes Cedex 3, France

<sup>2</sup> Ifremer, Laboratoire Ressources Halieutiques Aquitaine RBE/HGS/LRHA, UFR Côte Basque, Anglet, France

<sup>3</sup> Comité Régional des Pêches et des Élevages Marins d'Aquitaine, 12 Quai Pascal Elissalt, 64500 Ciboure, France

<sup>4</sup> Conseil Consultatif Sud (C.C. Sud), 6 rue Alphonse Rio, 56100 Lorient, France

\* Corresponding author : Florence Sanchez, Tel.: +33 2 29 00 85 98 ;  
email address : [florence.sanchez@ifremer.fr](mailto:florence.sanchez@ifremer.fr)

---

### Abstract :

Anchovy and sardine are small pelagic species occupying similar geographic areas in the Bay of Biscay (North-East Atlantic). Their biomass is strongly dependent on recruitment, making the annual assessment of TAC (Total Allowable Catch) a risky strategy due to uncertainty in predicting the magnitude of recruitment. Monitoring these resources more often and throughout their life cycle could allow management strategies to be adjusted based on observations which indicate the level of recruitment. In order to achieve a more frequent monitoring, an innovative data collection strategy involving a partnership between fishermen and scientists, was developed in 2009 and 2010 called "pilot sentinel surveys". This paper details the partnership, the information such a partnership can provide and how it can be useful for adaptively managing such resources. The method was based on short surveys undertaken by commercial vessels several times per year, in two spatially limited "key areas" known to be potential recruitment habitats. Acoustic surveys and fishing operations enabling biological sampling, were combined in each key area. Only one scientist was on board and an ad hoc sampling strategy was adopted during each survey by the Captain–Scientist team depending on the local conditions. This partnership allowed scientists to benefit from fishermen's experience and therefore adopt a sampling strategy which was optimized in time and space. The sentinel survey data were complemented with data collected during annual spring acoustic surveys carried out by the research vessel (RV) Thalassa. The RV was accompanied by commercial vessels allowing additional fishing operations and acoustic echo interpretation to be performed. This experiment showed that the sentinel observations in limited areas cannot provide reliable abundance indices, but are adequate to provide significant biological information on the seasonal progress of the life cycle of each species, such as growth, timing of incoming recruitment and migration pattern. In addition, these "pilot sentinel surveys" significantly improved the mutual understanding between fishermen and scientists.

---

## Highlights

► Fishermen were key players in a collaborative research on pelagic species monitoring. ► Sporadic surveys in key areas are relevant to monitor anchovy recruitment arrivals. ► Fishermen can collect acoustic and biological data to monitor small pelagic stocks.

**Keywords** : Sporadic acoustic surveys, Bay of Biscay, Small pelagic monitoring, Recruitment indicators, Fishermen's surveys

## 44 **1. Introduction**

45 Small pelagic species such as anchovy (*Engraulis encrasicolus*) and sardine (*Sardina*  
46 *pilchardus*) constitute important fish resources in the Bay of Biscay (Fig. 1), mainly exploited  
47 by Spanish purse seiners and French pelagic pair trawlers. In this area, anchovy has been  
48 managed by TAC (Total Allowable Catch) since 1980 whereas there is no present or planned  
49 EU management for sardine. Anchovy biomass dynamics are strongly dependent on  
50 recruitment (which is defined as 1 year old for these species), which represents generally 70%  
51 of the stock (up to 90% in some years) for anchovy and 60 % for sardine (Silva et al., 2009).

### 52 **Insert Fig. 1**

53 In 2002, anchovy recruitment declined leading to a collapse of the stock biomass in 2003 and  
54 a closure of the fishery between 2005 and 2010 (ICES, 2013). Recruitment magnitude  
55 depends on summer larval drift and survival, and also winter juvenile survival. Until now,  
56 attempts to predict recruitment magnitude (age-1 in subsequent year) based on environmental  
57 conditions (Borja et al., 1996, 2008; Allain et al., 2001, 2007; Fernandes et al., 2010; Huret et  
58 al., 2010; Petitgas et al., 2011) have not been considered reliable enough by ICES to be used  
59 in management (ICES, 2007). The standing stock in the current year is assessed by ICES  
60 based on spring surveys at spawning time and on annual catches. ICES advises in the current  
61 year (t) on a TAC for year (t+1) based on the assessment of the current standing stock and an  
62 estimation of possible recruitment magnitudes for year (t+1). Juvenile acoustic surveys  
63 (Boyra et al., 2013) in autumn have been used to adjust the TAC(t+1) at the end of year (t),  
64 but inaccuracy in estimating total juvenile abundance, as well as unpredictable winter juvenile  
65 survival can be problematic for recruitment prediction (ICES, 2006). Here, we consider  
66 another approach to “in season” monitoring of the resource’s biology throughout its life cycle  
67 in specific habitats. The approach is based on the idea that the state of the resource and the

68 recruitment magnitude could be assessed by capturing the seasonal evolution of certain key  
69 biological indicators. For example, anchovy growth rate is a key parameter in determining the  
70 dynamics of the population as it regulates reproductive potential (Pecquerie et al., 2009).  
71 Another important parameter is the occupation of offshore habitats (Petitgas et al., 2012) and  
72 also potentially the migration pattern to summer/autumn feeding habitats located in northern  
73 Biscay (ICES, 2010). This approach is also applied to sardine, which occupies somewhat  
74 similar geographic areas as anchovy in Biscay (ICES, 2010). Sardine, however, has a larger  
75 spatial distribution than anchovy and a different management context.

76 The aim of this paper is to describe an innovative data collection strategy, which was carried  
77 out in partnership with fishermen. The strategy was designed to cover key areas and seasons  
78 using small targeted scientific investigations. These investigations were undertaken  
79 considering fishermen's local knowledge, taking advantage of their experience instead of  
80 relying on one single comprehensive scientific survey in spring. This pilot study called  
81 "sentinel surveys" was conducted between 2009 and 2010 as a proof of concept and consisted  
82 of acoustic surveys of two sites and collection of biological samples using commercial fishing  
83 vessels. This paper describes the approach and the data collected with some examples of  
84 results and proposals for indices which could be used to monitor recruitment and describe the  
85 condition of adults throughout the year. Such indices could be used to develop sustainable  
86 management options including harvest rules (e.g., spatial and/or temporal closures in sensitive  
87 areas).

## 88 **2. Material and methods**

89 Independent of annual scientific assessment surveys which are used to assess biomass, 5 short  
90 "sentinel surveys" were organized from April 2009 to September 2010 on board commercial  
91 vessels. Sentinel surveys were carried out in order to collect relevant, targeted data throughout

92 the year about sardine and anchovy in the Bay of Biscay, thus avoiding full scientific surveys  
93 on board research vessels which are expensive and not easy to mobilize. The idea was to  
94 involve fishermen and to take advantage of their knowledge and know-how. Preliminary  
95 meetings revealed that some of them were already willing to volunteer for scientific  
96 investigations which could provide better knowledge about the exploitation of fishery  
97 resources and possible elements for management considerations. It was nevertheless  
98 necessary to collect data outside the period when they were involved in sardine or anchovy  
99 fishery. However, outside this period (mainly the spawning season) they were usually  
100 committed to other fisheries (involving different species, areas, and/or equipment). It was  
101 therefore necessary to provide financial compensation to retain volunteers. Onboard such  
102 ships the fishing gear was adequate for the research purposes, but the onboard echo-sounder  
103 was generally uncalibrated and had no data storage capacity. Therefore a scientific echo-  
104 sounder and operator were added. Finally, a sampling strategy was developed so that data  
105 could be collected, while giving the captain sufficient freedom to benefit from his knowledge  
106 and intuition.

## 107 **Insert Table 1**

### 108 *2.1. Sampling strategy and data acquisition*

109 The sentinel surveys were carried out for a total of 24 days (Table 1). Three different pair  
110 trawlers participated in the survey operations (Table 1) over the 18 month duration of the  
111 sentinel project. The fishing vessels were 15 - 22 m long and their pelagic trawl vertical  
112 opening was between 15 and 30 m depending on fishing conditions. The mesh size in the cod  
113 end was 12 mm, allowing them to catch small fish in good condition.

114 In the Bay of Biscay, spawning sites of anchovy and sardine are spatially distinct (Bellier et  
115 al., 2007). Anchovy spawning habitats are located in coastal waters, associated with river

116 plumes (in front of the Gironde and Adour estuaries), and sometimes occur at the shelf break  
117 (Motos et al., 1996; Bellier et al., 2007; Planques et al., 2007; Petitgas et al., 2013). In  
118 contrast, sardine spawning sites are frequently fragmented and cover a larger area than for  
119 anchovy (Bellier et al., 2007). Thus, two key areas were selected according to the anchovy life  
120 cycle: i) an area off the Gironde estuary close to 45°30'N 1°30'W which is a recurrent  
121 spawning and nursery area observed during PELGAS surveys in spring and ii) a coastal area  
122 in southern Brittany close to 47°30'N and 3°30'W where the major commercial fishery takes  
123 place in autumn (Fig. 1). The commercial vessels visited both sites at least 5 times a year to  
124 check for the presence of anchovy and/or sardine and to assess their biological state.

125 For each sentinel survey, the commercial fishing vessel was equipped with a Simrad  
126 (Kongsberg Simrad AS, Kongsberg, Norway) EK60 split-beam echosounder of 70 kHz,  
127 operated by a scientific observer to guarantee the quality of data acquisition. The transducer  
128 was installed looking vertically downwards in a towed body and attached to the side of the  
129 vessel. The ping rate was adjusted for the bottom depth from 0.3 s to 0.5 s between 20 m and  
130 100 m depth. The equipment was previously calibrated in a tank in the laboratory using  
131 standard procedures (Foote et al., 1987).

132 The strategy of the sentinel surveys was based on making best use of the knowledge of  
133 fishermen about their traditional fishing areas, fishing seasons, likelihood of fish presence and  
134 their behavior. This was combined with historical scientific knowledge. Within the target  
135 areas, the sampling strategy was opportunistic. The captain would locate aggregations of fish  
136 based on his best judgment. The scientist onboard would then set up a small grid of transects  
137 perpendicular to the coast and separated by 10 nautical miles (Fig. 1). This area would then be  
138 surveyed acoustically based on this design. Biological samples would be taken from trawl  
139 hauls identifying any important echotraces while on transect.

140 To complete the series, the research surveys PELGAS, conducted in spring on board RV  
141 Thalassa, were also taken into account in May 2009, 2010 and 2011 (Table 1). Commercial  
142 vessels played a role in the scientific surveys in a "consort" role. Pair trawlers accompanied  
143 RV Thalassa to increase fishing capacity and efficiency and thus identification of echotraces,  
144 in particular from the near surface and in shallow waters. The two key areas for the sentinel  
145 surveys are included in the PELGAS surveys which covered the entire French plateau, from  
146 the Spanish coast to 48°N and from the coast to the shelf break. The main objective of the  
147 PELGAS surveys is to provide an annual acoustic abundance index for anchovy and sardine  
148 (ICES, 2013). During the PELGAS surveys, acoustic data are only collected by RV Thalassa  
149 and biological samples are collected by Thalassa or the consort commercial vessels. The  
150 anchovy and sardine data of the sentinel surveys in spring can therefore be put in the larger  
151 context of their full distribution range as provided by the PELGAS consort surveys. The  
152 PELGAS survey used a grid of parallel transects separated by 12 nautical miles perpendicular  
153 to the coast. PELGAS consort commercial vessels sailed the transects at 8 knots and carried  
154 out fishing operations on request. Their pelagic trawl had often a higher vertical opening (up  
155 to 35 m) but the cod end mesh size was similar to that used on RV Thalassa (12 mm).

## 156 2.2. *Data analysis*

157 For acoustic data, the same analysis was applied to the PELGAS and sentinel survey data. The  
158 echo energies were expressed as nautical area scattering coefficients (NASC,  $\text{m}^2 \cdot \text{nm}^{-2}$ ) per  
159 elementary sampling distance unit (ESDU) (MacLennan et al., 2002). For processing, the  
160 ESDU size was fixed to one nautical mile. Echotraces were ascribed to species based on  
161 pelagic trawl hauls. The combination of the acoustic data with biological data allows us to  
162 convert acoustic backscatter into fish abundance by species (Simmonds and MacLennan,  
163 2005; Doray et al., 2010). The resulting data are density of fish in weight per square nautical

164 mile. These processed data were plotted on maps using ArcView GIS to examine the spatial  
165 occupation of anchovy and sardine within studied areas.

166 For biological data, a random sample of each species was measured to determine the length  
167 distribution in 0.5 cm classes for anchovy and sardine and up to 5 otoliths were collected by  
168 length class for age determination. In addition, annual growth increments between winter  
169 rings were measured using a digital camera installed on the binocular and using the image  
170 analysis software Visilog (V. 5.4.). Growth increments were measured along the major  
171 (longitudinal) axis of the otolith from the nucleus to winter rings. Increments corresponding to  
172 the growth of fish between birth and the first winter were measured and noted R1 for age 1  
173 fish. For age 2 fish, increments between birth and second winter were noted R2 and, R2-R1  
174 represented the growth of fish between the first and the second winter (Petitgas et al., 2012).

175 Fish were grouped into size categories (40 individuals): 3 for anchovy ("small" when length  
176 was less than 100 mm, "medium" between 100 and 140 mm, and "large" when length was  
177 more than 140 mm) and 4 for sardine, (the same than for anchovy for the 2 smallest and  
178 "large" between 140 and 180 mm and "very large" when length was more than 180 mm). Four  
179 parameters were estimated for each individual: length L (mm), wet mass  $M_W$  (g), dry mass  
180  $M_D$  (g) and age. To get dry mass, the fish were oven-dried at 85°C to near constant mass (24-  
181 72h).

182 Fish condition was estimated from individual length/weight measurements. Many authors  
183 define an animal's condition as the energy capital accumulated in the body (i.e. fat reserves)  
184 and it refers to an animal's health, quality or vigour and fitness (Peig and Green, 2009;  
185 McPherson et al., 2011). Many relevant studies have used several morphometric or energetic  
186 indices as proxies of the condition of the fish without consensus on the best option (Jones et

187 al., 1999; Froese, 2006; Peig and Green, 2010; McPherson et al., 2011; Kotrschal et al.,  
188 2011). In this study, two metrics were used to define the fish condition:

189 i) a morphometric index, called the "Scaled mass index" ( $\widehat{M}_i$ ) (Peig and Green 2009, 2010).  
190 Recently used for fish (Maceda-Veiga et al., 2014), this index standardizes mass to a specific  
191 fixed body length based on the scaling relationship between mass and length using the  
192 equation:

$$193 \quad \widehat{M}_i = M_{wi} \left[ \frac{L_0}{L_i} \right]^{b_{SMA}} \quad (1)$$

194 where  $M_{wi}$  is the wet body mass (g) and  $L_i$  the total length L (mm) of individual  $i$ ;  $b_{SMA}$  is the  
195 scaling exponent obtained by the standardised major axis (SMA) regression on ln-transformed  
196 weight and length values. Model II Regression in R 3.0.3 was used to determine the slope of  
197 the fitted line (i.e  $b_{SMA}$ ) (Legendre, 2008).  $L_0$  was an arbitrary value of L (e.g. the arithmetic  
198 mean value for the population under study) (Peig and Green, 2009).

199 ii) a bioenergetic index, the "energy content" ( $E_D$ ), often used to measure fish growth and  
200 food consumption (Hartman and Brandt, 1995; Wuenschel et al., 2006; Tirelli et al., 2006;  
201 Dubreuil et Petitgas, 2009; Zhang et al., 2011; Rosa et al., 2010) to understand the energy  
202 allocation strategies of species. Dubreuil et al. (2009) established the relationship between the  
203 energy density ( $E_D$  kJ wet mass<sup>-1</sup>) and the fish dry mass ( $M_D$ ) expressed as a percentage  
204 ( $\%M_D = 100 M_D M_W^{-1}$ ) for anchovy of the Bay of Biscay:

$$205 \quad E_D \text{ (kJ g}^{-1}M_W) = 0.41 \times \%M_D - 4.94 \quad (2)$$

206 No such relationship is available for sardine in the Bay of Biscay. Yet, as energy density is  
207 correlated to  $\%M_D$  and  $\%M_D$  is inverse of  $\%M_C$  (water content in %),  $\%M_D$  or  $\%M_C$  both  
208 alike can be considered as proxy of energy density for sardine.

209 Samples for energy content were available from the sentinel surveys only. To test for  
210 significant differences in the biological parameters across seasons and areas we used a  
211 Kruskal Wallis test (0.05) followed by a multiple comparison test (Kruskal et Wallis, 1952).

212 **Insert Fig. 2**

### 213 **3. Results**

#### 214 3.1 abundance and spatial distribution

215 Density per ESDU maps (Fig. 2) were produced for both species in the two key areas from the  
216 sentinel surveys, and from the PELGAS surveys. They corresponded to eight successive  
217 snapshots of the geographic distributions and relative density from May 2009 to May 2011.  
218 No survey was organized in February 2010 due to bad weather conditions. Additional  
219 information was considered with two indices (Table 2). The first one (AI, in tons) is the sum  
220 of densities per ESDU which can be considered as an abundance index, representative of the  
221 abundance of fish observed in the key area at the time of the survey. The second index (n+) is  
222 the number of ESDUs where the fish were observed. It can be considered as a distribution  
223 index (dispersion/concentration) of the fish in the key area. These indices are very variable  
224 from one survey to the other. Table 2 shows for instance that anchovy was more abundant but  
225 more dispersed in April 2010 than in July (from 981 to 230 tons) in Gironde area (from 148 to  
226 111 for n+). Anchovy was also abundant in coastal waters of the southern Brittany area in  
227 July. Therefore, these two indices cannot be representative of the total stock abundance, but  
228 only of the presence/absence in the key area at the survey period.

229 **Insert Table 2 and Fig. 3**

230 However, it is possible from the observations to describe the seasonal movement patterns for  
231 each species, their schooling behavior, and their life history stage (age, sexual maturity,

232 growth or condition). The densest aggregations of anchovy were observed in the Gironde area  
233 (Fig. 2), in shallow waters (from 20 to 50 m of bottom depth) and organized in small schools  
234 (less than 5 m high) 15 m above the bottom (Fig. 3(a)). Anchovy were often mixed with other  
235 pelagic species and were observed as thick and dense layers of small schools (Fig. 3(b)). In  
236 winter, anchovy seemed to be located further offshore beyond the 60 m isobath (Fig. 2) partly  
237 mixed with sardine (Fig. 3(a)). On the echograms, sardine schools appeared dense more than  
238 5 m high (Fig. 3(a)). Further investigations of shoal characterization would be required to  
239 quantify size, shape and vertical distribution of aggregations but these structures are very  
240 similar to that observed by Massé et al. (1996).

### 241 3.2. Monitoring of recruitment

#### 242 From length and age distribution

243 Among the 8 surveys (3 PELGAS surveys and 5 sentinel surveys), 2879 individual anchovies  
244 and 2308 individual sardines were sampled for length and age determination.

245 The biological materials collected allowed the monitoring of length distributions (Fig. 4(a)  
246 and Fig. 5(a)) and demographic structures (Fig. 4(b) and Fig. 5(b)) of anchovy and sardine in  
247 the two key areas. Proportion of age 0 and 1 in each area and their respective length modes  
248 allowed us to depict the settlement of year class strength in the two areas.

#### 249 **Insert Fig. 4 and Fig. 5**

250 In the case of anchovy for instance, small fish (length from 7.5 and 13 cm) are always  
251 predominant in Gironde area whereas large individuals (from 14 to 19 cm) appear each year  
252 in summer and autumn in southern Brittany (Fig 4(a)). Looking at age distribution (Fig 4(b)),  
253 age 0 appears in the 2 areas in December 2009 and can be monitored during the 3 following

254 surveys as age 1. In 2010, there is no survey in winter, but age 0 can already be seen in  
255 September 2010.

256 **Insert Table 3**

257 In general, sardines are larger in southern Brittany in 2010 and smaller in the Gironde area  
258 (Fig. 5(a)), where smaller fish (mean length between 13.5 and 17.9 cm) were observed in  
259 December 2009, April, May and September 2010 and May 2011 (Table 3). These were  
260 mainly from the 0 and 1 groups (Fig. 5(b)). Nevertheless, the length and age distributions of  
261 sardine are more variable from one survey to another than for anchovy.

262 **Insert Fig. 6**

263 *From otolith analysis*

264 In spring (May), R1 values (growth at age-0 before first winter) are similar in both areas (Fig.  
265 6). But in other seasons and in summer in particular, values for the southern Brittany area are  
266 systematically greater than those for the Gironde area, indicating that only those individuals  
267 which grew faster at the beginning of their life are located in the northern habitats. R2-R1  
268 values (growth between first and second winter) confirm this pattern (Fig. 6).

269 **Insert Table 4 and Table 5**

270 *3.3. Indices of condition*

271 Three indices of condition are considered: i) the scaled mass index  $\hat{M}_i$ , ii) the energy density  
272  $E_D$  and iii) the percent dry mass  $\%M_D$ . The indices were estimated for anchovy and sardine  
273 specimens whose length ranged from 6.5 to 20 cm and from 7.5 to 25 cm, respectively. The  
274 indices differed significantly between surveys (Kruskal-Wallis,  $p < 0.05$ ) with minimum  
275 value in winter for  $\hat{M}_i$  and in April for  $E_D$  and  $\%M_D$  (Tables 3, 4, 5 and Fig. 7, Fig. 8). For

276 these latter indices, higher values were detected during July and/or September 2010. A  
277 significant difference was also found between the two areas (Kruskal-Wallis,  $p < 0.05$ ).

278 **Insert Fig. 7 and Fig. 8**

#### 279 **4. Discussion**

280 The sentinel pilot study demonstrates that it is possible to conduct a scientifically sound  
281 research program, using the expertise of both fishermen and scientists. Fishermen were  
282 involved in each phase of the project; developing sampling protocol, locating fish  
283 aggregations and collecting biological data, making it a truly collaborative fisheries research  
284 program (Yochum et al., 2011; Johnson and van Densen, 2007).

285 The objective of this experiment was to see if it was possible to develop useful indicators to  
286 monitor sardine and anchovy populations. A secondary objective was to determine if this was  
287 feasible using an approach consisting of short and seasonally repeated surveys, in specific key  
288 target areas using commercial vessels, taking advantage of the skills and knowledge of the  
289 fishermen. Because of meteorological conditions, it was often necessary to adjust the schedule  
290 of these short surveys and acoustic data collection was sometimes challenging onboard such  
291 small vessels. Nevertheless, several indicators were successfully calculated: acoustic index of  
292 presence of each species by area and their length and age distributions, condition index and  
293 growth index.

294 Surveys on commercial vessels targeting specific key areas, using local fishermen's  
295 knowledge and supported by research acoustic systems and expertise, have been attempted  
296 previously for stock assessment (O'Driscoll and Macauley, 2005; Ressler et al., 2009;  
297 Barbeaux and Fraser, 2009; Honkalehto et al., 2011). Their studies demonstrated that such  
298 cooperation was a promising way of monitoring species abundance in small scale areas. In our  
299 case, the local abundance indices by area provided by sentinel surveys were not representative

300 of the global stock abundance. Nevertheless, the sentinel surveys were well-suited for  
301 monitoring anchovy, in terms of the strength and arrival in coastal waters of the new year  
302 class strength. This monitoring showed that 0 group appearance progresses from Gironde to  
303 southern Brittany (in July and December, respectively), and is consistent with what is already  
304 known about the spawning season, which begins in the south of the Bay of Biscay and ends in  
305 southern Brittany (Bellier et al., 2007). The sentinel surveys were not as successful for  
306 monitoring sardine, which can be explained by the larger spatial distribution of sardine  
307 spawning compared to that of anchovy; a more appropriate key area and more surveys might  
308 be necessary for sardine. Also, unlike the anchovy spawning season, which is mainly  
309 concentrated in spring, the spawning season of sardine is spread over much of the year with  
310 two distinct peaks in spring and autumn (Arbault and Lacroix, 1971, 1977; Bellier et al.,  
311 2007).

312 The data collected by the sentinel surveys allowed us to monitor the seasonal evolution of  
313 biological parameters (growth, energy) as well as differences between northern and southern  
314 habitats. The measured values of the biological indices agreed with values already observed  
315 for anchovy and sardine in the Bay of Biscay and in the Mediterranean (Maceda-Veiga et al.,  
316 2014; Spitz et al., 2010; Dubreuil et Petitgas, 2009; Tirelli et al., 2006; Rosa et al., 2010). The  
317 sentinel surveys thus show potential to monitor the key biological processes, which determine  
318 population health, if not global abundance. To maximize the suitability of indicators, it would  
319 be necessary to target key seasons each year, such as summer (August - September) and  
320 winter (December to February) taking into account that scientific surveys already occur in  
321 spring and autumn.

322 Last but not least, exchanges between fishermen and scientists working together on the  
323 sentinel survey project increased and encouraged mutual understanding and interest in

324 obtaining integrated knowledge on the biology of the resources and their management  
325 strategies.

### 326 **Acknowledgements**

327 We are particularly grateful to the commercial vessels captains and crews who voluntary  
328 participated to the sentinel surveys for their efficient work and fair exchange of knowledge.  
329 We sincerely thank Patrick Grellier, Patrick Lespagnol, Estelle Soulet and Muriel Lissardy for  
330 their help and for sample and data processing. We also thank the scientists and crew on board  
331 RV Thalassa during PELGAS surveys. We are also grateful to the two reviewers and the  
332 editor for their useful comments on the submitted manuscript. This study was supported from  
333 National and European funds and relied on a partnership with Ifremer, the National  
334 Committee of Marine Fisheries (CNPMM) and the Direction of Marine Fisheries and  
335 Aquaculture (DPMA).

336

337 **References**

- 338 Allain, G., Petitgas, P., Lazure, P., 2001. The influence of mesoscale ocean processes on  
339 anchovy (*Engraulis encrasicolus*) recruitment in the Bay of Biscay estimated with a  
340 three-dimensional hydrodynamic model. *Fish. Oceanogr.* 10: 151-163.  
341
- 342 Allain, G., Petitgas, P., Lazure, P. 2007. The influence of environment and spawning  
343 distribution on the survival of anchovy (*Engraulis encrasicolus*) larvae in the Bay of  
344 Biscay (NE Atlantic) investigated by biophysical simulations. *Fish. Oceanogr.* 16,  
345 506–514.  
346
- 347 Arbault, S., and Lacroix, N., 1971. Aires de ponte de la sardine, du sprat et de l'anchois dans  
348 le golfe de Gascogne et sur le plateau celtique. Résultats de 6 années d'études. *Rev.*  
349 *Trav. Inst. Pêches Marit.* 35, 35-56.  
350
- 351 Arbault, S., and Lacroix, N., 1977. Œufs et larves de clupéidés et engraulidés dans le golfe de  
352 Gascogne (1969-1973). Distribution des frayères. Relations entre les facteurs du  
353 milieu et la reproduction. *Rev. Trav. Inst. Pêches Marit.* 41, 227-254.  
354
- 355 Barbeaux, J., Fraser, D., 2009. Aleutian Islands Cooperative Acoustic Survey Study for 2006.  
356 U.S. Dep. Commer., NOAA Tech. Memo. NMFS-AFSC-198, 91 p.  
357
- 358 Bellier, E., Planque, B., and P., Petitgas, 2007. Historical fluctuations in spawning location of  
359 anchovy (*Eugraulis encrasicolus*) and sardine (*Sardina pilchardus*) in the Bay of  
360 Biscay during 1697-73 and 2000-2004. *Fish. Oceanogr.* 16(1), 1-15.  
361
- 362 Boyra, G., Martínez, U., Cotano, U., Santos, M., Irigoien, X., Uriarte, A., 2013. Acoustic  
363 surveys for juvenile anchovy in the Bay of Biscay: abundance estimate as an indicator  
364 of the next year's recruitment and spatial distribution patterns. *ICES J. Mar. Sci.* 70,  
365 1354-1368.  
366
- 367 Borja, A., Uriarte, A., Valencia, V., Motos, L., Uriarte A. 1996. Relationships between  
368 anchovy (*Engraulis encrasicolus* L.) recruitment and the environment in the Bay of  
369 Biscay. *Sci. Mar.*, 60(2), 179-192.  
370
- 371 Borja, A., Fontan, A., Saenz, J., Valencia, V., 2008. Climate, oceanography, and recruitment:  
372 the case of Bay of Biscay anchovy (*Engraulis encrasicolus*). *Fish. Oceanogr.* 17, 477-  
373 493.  
374
- 375 Doray, M., Massé, J., Petitgas, P., 2010. Pelagic fish stock assessment by acoustic methods at  
376 Ifremer. *R. INT. DOP/DCN/EMH 10-02*, 17 p.  
377
- 378 Fernandes, J., Irigoien, X., Goikoetxea, N., Lozano, J., Inza, I., Pérez, A., Bode, A., 2010.  
379 Fish recruitment prediction, using robust supervised classification methods. *Ecol.*  
380 *Mod.* 221: 338-352.  
381
- 382 Dubreuil, J., Petitgas, P., 2009. Energy density of anchovy *Engraulis encrasicolus* in the Bay  
383 of Biscay. *J. Fish. Biol.* 74, 521-534.  
384

385 Foote, K., Knudsen, H. P., and Vestnes, G. 1987. Calibration of Acoustic Instruments for Fish  
386 Density Estimation: A Practical Guide. International Council for the Exploration of  
387 the Sea, Copenhagen, Denmark.

388

389 Froese, R., 2006. Cube law, condition factor and weight-length relationships: history, meta-  
390 analysis and recommendations. *J. Appl. Ichthyol.* 22, 241-253.

391

392 Hartman, K.J., Brandt, S.B., 1995. Estimating energy density of fish. *T. Am. Fish. So.* 124,  
393 347-355.

394

395 Honkalehto, T., H. Ressler, P., H. Towler, R., and D. Wilson, C., 2011. Using acoustic data  
396 from fishing vessels to estimate walleye pollock (*Theragra chalcogramma*) abundance  
397 in the eastern Bering Sea. *Can. J. Fish. Aquat. Sci.* 68, 1231–1242.

398

399 Huret, M., Petitgas, P. and Woillez, M., 2010. Dispersal kernels and their drivers captured  
400 with a hydrodynamic model and spatial indices: a case study on anchovy (*Engraulis*  
401 *encrasicolus*) early life stages in the Bay of Biscay. *Prog. Oceanog.* 87, 6-17.

402

403 ICES, 2006. Report of the Working Group on Acoustic and Egg Surveys for Sardine and  
404 Anchovy in ICES Areas VIII and IX (WGACEGG). ICES CM 2006/LRC: 18.

405

406 ICES, 2007. Report of the Working Group on the assessment of mackerel, horse mackerel,  
407 sardine and anchovy (WGMHSA). ICES CM2007/ACFM: 31.

408

409 ICES, 2010. Life-cycle spatial patterns of small pelagic fish in the Northeast Atlantic. ICES  
410 Cooperative Research Report, No. 306, 94pp.

411

412 ICES, 2013. Report of the Working Group on Acoustic and Egg Surveys for Sardine and  
413 Anchovy in ICES Areas VIII and IX (WGACEGG). ICES CM 2013/SSGESST: 20.

414

415 ICES, 2013. Report of the Working Group on Southern Horse Mackerel, Anchovy and  
416 Sardine (WGHANSA). ICES CM 2013/ACOM: 16, 752 pp.

417

418 Johnson, T.R., and van Densen, W.L.T., 2007. The benefits and organization of cooperative  
419 research for fisheries management. *ICES J. Mar. Sci.* 64, 834-840.

420

421 Jones, R.E., Petrell, R.J., Pauly, D., 1999. Using modified length-weight relationships to  
422 assess the condition of fishes. *Aquacult. Eng.* 20, 261-176.

423

424 Kotrschal, A., Fischer, B., Taborsky, B., 2011. A Noninvasive method to determine fat  
425 content in small fish based on swim bladder size estimation. *J. Exp. Zool. A. Ecol.*  
426 *Genet. Physiol.* 315(7), 4008-4015.

427

428 Kruskal, W. H. and W. A. Wallis, 1952. Use of ranks on one-criterion variance analysis.  
429 *J. Amer. Statist. Assoc.*, 47, 583-621. Addendum: *Ibid.* (1953), 907-911 (5.6).

430

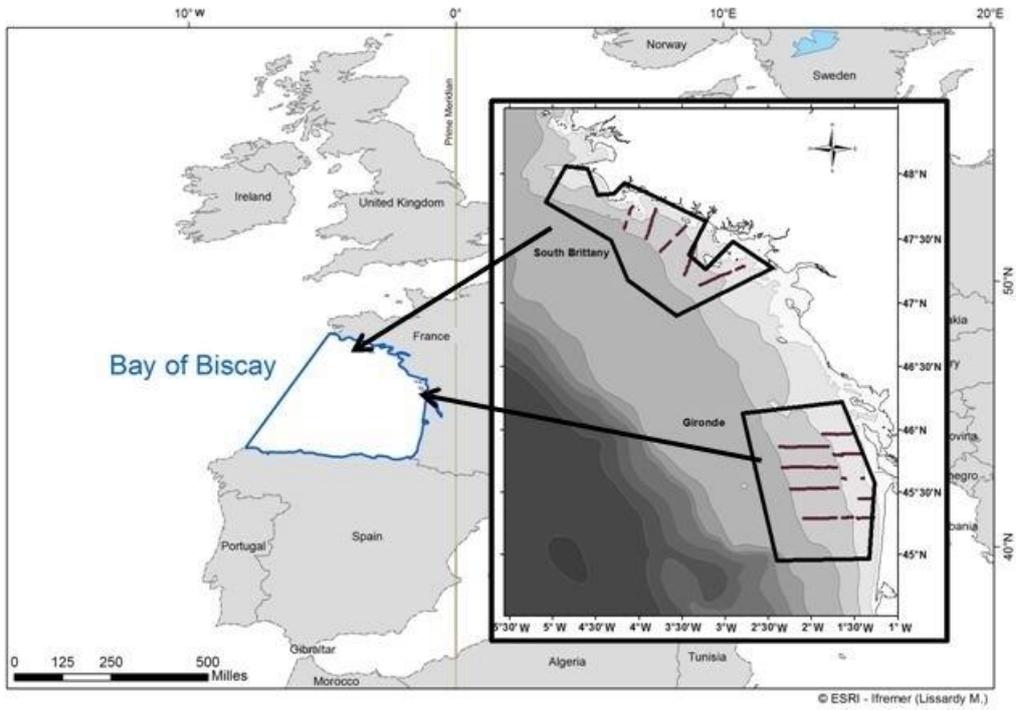
431 Legendre, P., 2008. lmodel2: Model II regression. R package version 1.7-2.

432

- 433 Maceda-Veiga, A., Green, A.J., De Sostoa, A., 2014. Scaled body-mass index shows how  
434 habitat quality influences the condition of four fish taxa in north-eastern Spain and  
435 provides a novel indicator of ecosystem health. *Fresh. Biol.* 59, 1145-1160.  
436
- 437 MacLennan, D., Fernandes, P., Dalen, J., 2002. A consistent approach to definitions and  
438 symbols in fisheries acoustics. *ICES J. Mar. Sci.* 59, 365-369.  
439
- 440 Massé, J., Koutsikopoulos, C., Patty, W., 1996. The structure and spatial distribution of  
441 pelagic fish schools in multispecies clusters: an acoustic study. *ICES J. Mar. Sci.* 53,  
442 155-160.  
443
- 444 McPherson, L.R., Slotte, A., Kvamme, C., Meier, S., Marshall, C.T., 2011. Inconsistencies in  
445 measurement of fish condition: a comparison of four indices of fat reserves for  
446 Atlantic herring (*Clupea harrengus*). *ICES J. Mar. Sci.* 68(1), 52-60.  
447
- 448 Motos, L., Uriarte, A., Valencia, V., 1996. The spawning environment of the Bay of Biscay  
449 anchovy (*Engraulis encrasicolus*, L). *Sci. Mar.* 60(Suppl 2), 117-140.  
450
- 451 O'Driscoll, R. L., and Macaulay, G. J., 2005. Using fish-processing time to carry out acoustic  
452 surveys from commercial vessels. *ICES J. Mar. Sci.* 62, 295 - 305.  
453
- 454 Pecquerie, L., Petitgas, P., Kooijman, S., 2009. Modeling fish growth and reproduction in the  
455 context of the Dynamic Energy Budget theory to predict environmental impact on  
456 anchovy spawning duration. *J. Sea Res.* 62, 93-105.  
457
- 458 Peig, J., Green, A.J., 2009. New perspectives for estimating body condition from mass/length  
459 data: the scaled mass index as an alternative method. *Oikos* 118, 1883-1891.  
460
- 461 Peig, J., Green, A.J., 2010. The paradigm of body condition: a critical reappraisal of current  
462 methods based on mass and length. *Functional Ecol.* 24, 1323-1332.  
463
- 464 Petitgas, P., Doray, M., Massé, J., Grellier, P., 2011. Spatially explicit estimation of fish  
465 length histograms, with application to anchovy habitats in the Bay of Biscay. *ICES J.*  
466 *Mar. Sci.* 68, 2086-2095.  
467
- 468 Petitgas, P., Huret, M., Léger, F., 2011. Identifying and monitoring limiting factors of  
469 recruitment: anchovy in the Bay of Biscay. *ICES CM 2011/H:11*, 14 p.  
470
- 471 Petitgas, P., Grellier, P., Duhamel, E., Huret, M., Massé, J., Doray, M., 2012. Variability and  
472 controls of otolith growth in the anchovy of the Bay of Biscay. *ICES, CM-2012/J: 18.*  
473
- 474 Petitgas, P., Rijnsdorp, A.D., Dickey-Collas, M., Engelhard, G.H., Peck, M.A., Pinnegar,  
475 J.K., Drinkwater, K., Huret, M. and Nash R.D.M., 2013. Impacts of climate change on  
476 the complex life cycles of fish. *Fish. Oceanogr.* 22(2), 121-139.  
477
- 478 Planque, B., Bellier, E., Lazure P., 2007. Modelling potential spawning habitat of sardine (  
479 *Sardina pilchardus*) and anchovy (*Engraulis encrasicolus*) in the Bay of Biscay. *Fish.*  
480 *Oceanogr.* 16, 16-30.  
481

- 482 Rosa, R., Gonzalez, L., Broitman, B.R., Garrido, S., Santos, A. M. P., Nunes, M.L., 2010.  
483 Bioenergetics of small pelagic fishes in upwelling systems: relationship between fish  
484 condition, coastal ecosystem dynamics and fisheries. *Mar. Ecol. Prog. Ser.* 410, 205-  
485 218.
- 486 Ressler, P.H., Fleischer, G.W., Wespestad, V.G., Harms, J., 2009. Developing a commercial-  
487 vessel-based stock assessment survey methodology for monitoring the U.S. west coast  
488 widow rockfish (*Sebaste sentomelas*) stock. *Fish. Res.* 99, 63-73.  
489
- 490 Silva, A., Skagen, D. W., Uriarte, A., Massé, J., Santos, M. B., Marques, V., Carrera, P.,  
491 Beillois, P., Pestana, G., Porteiro, C., and Stratoudakis, Y. 2009. Geographic  
492 variability of sardine dynamics in the Iberian Biscay region. *ICES J. Mar. Sci.*, 66,  
493 495–508.  
494
- 495 Simmonds, E.J., MacLennan, D.N., 2005. *Fisheries Acoustics. Theory and Practice.*  
496 Blackwell publishing, Oxford, UK.  
497
- 498 Spitz, J., Mourocq, E., Schoen, V., Ridoux, V., 2010. Proximate composition and energy  
499 content of forage species from the Bay of Biscay: high or low quality food? *ICES J.*  
500 *Mar. Sci.* 67, 909-915.  
501
- 502 Tirelli, V., Borme, D., Tulli, F., Cigar, M., Fonda Umani, S., Brandt, S.B., 2006. Energy  
503 density of anchovy *Engraulis encrasicolus* L. in the Adriatic Sea. *J. Fish. Biol.* 68,  
504 982-989.  
505
- 506 Wuenschel, M.J., Jugovich, A.R., Hare, J.A., 2006. Estimating the energy density of fish: the  
507 importance of ontogeny. *T. Am. Fish. So.* 135, 379-385.  
508
- 509 Yochum, N., Starr, R.M., Wendt, D.E., 2011. Utilizing fishermen knowledge and expertise:  
510 keys to success for collaborative fisheries research. *Fisheries* 36, 593-605.  
511
- 512 Zhang, B., Zhao X., Dai, F., 2011. Monthly variation in the fat content of anchovy (*Engraulis*  
513 *japonicus*) in the Yellow sea: implications for acoustic abundance estimation. *Chin. J.*  
514 *Oceanol. Limnol.* 29(3), 556-563.  
515

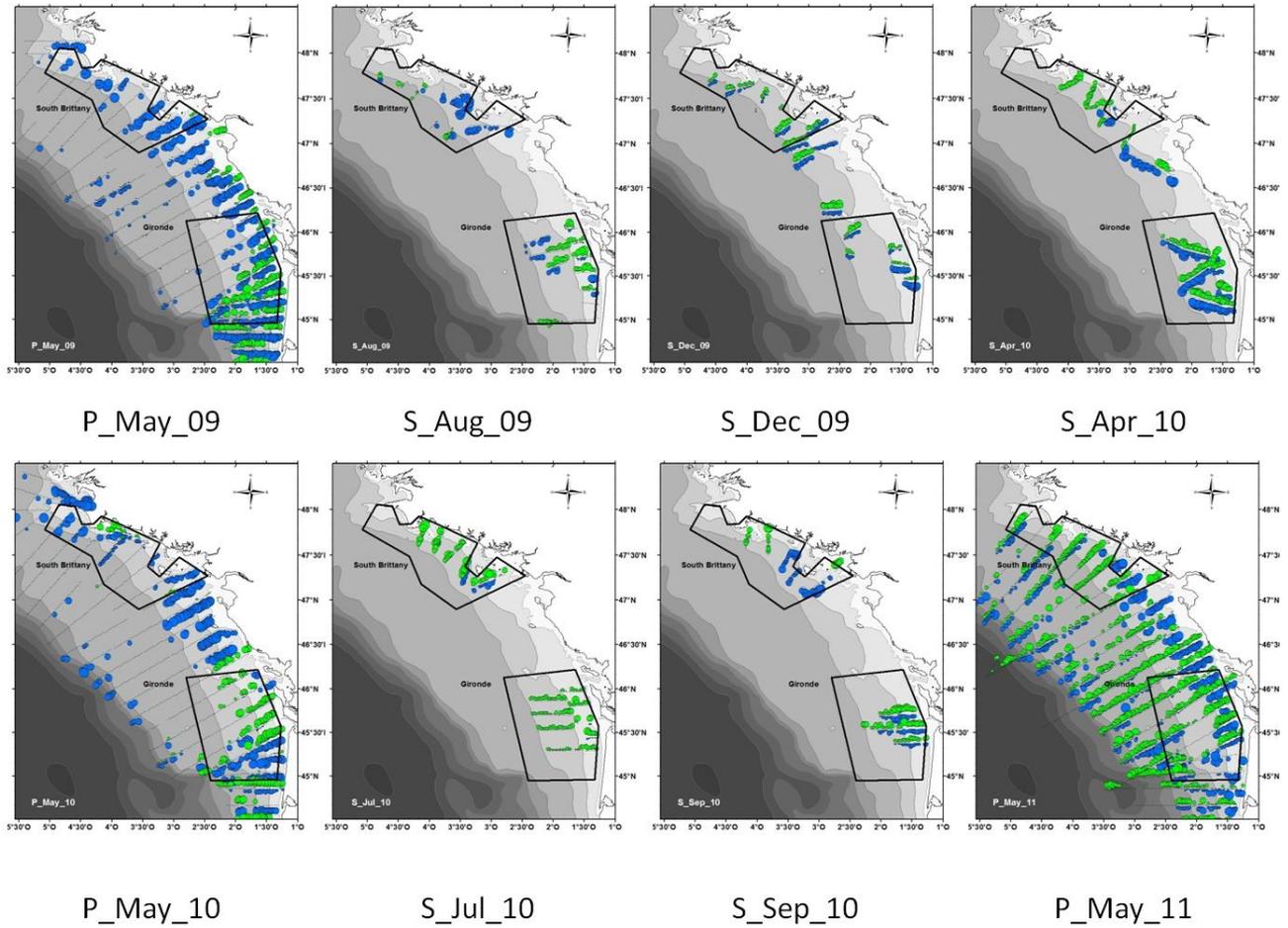
516 Fig. 1. The Bay of Biscay is located in North Atlantic along the west coast of France  
517 (overview map). The two key areas in this study are indicated on the map on the right along  
518 with the location of transects carried out during one of the five surveys.



519

520

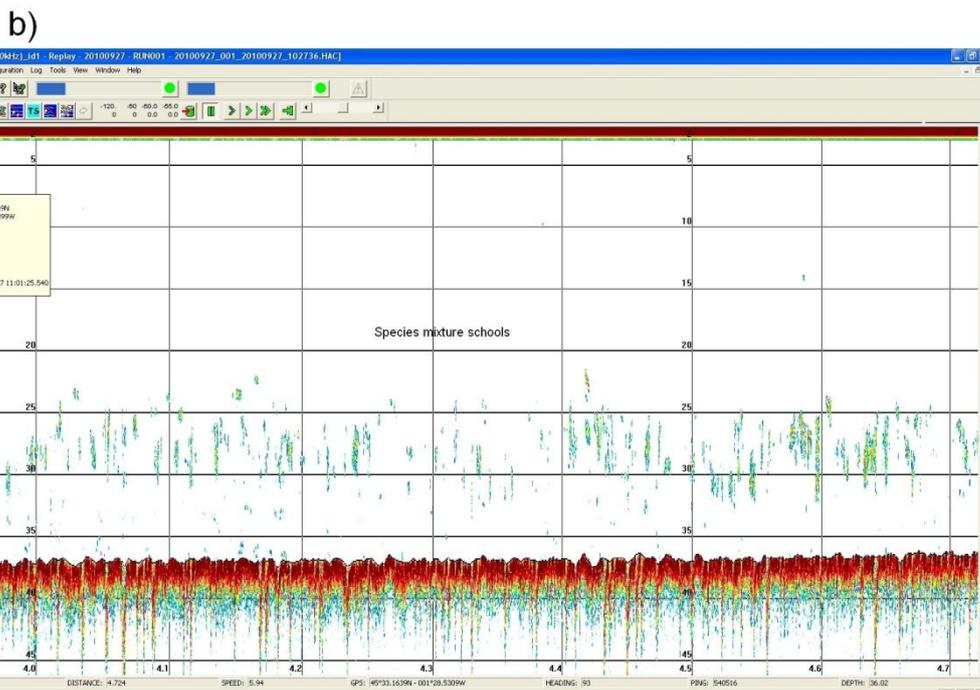
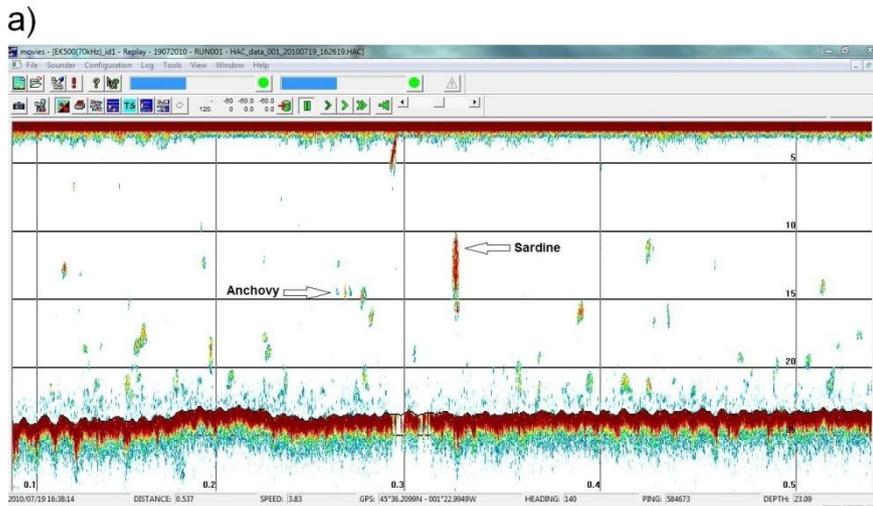
521 Fig. 2. Acoustic density of anchovy (green circles) and sardine (blue circles) by survey in the  
 522 two key areas (kg nm<sup>-3</sup>), where the letter “P” indicates a PELGAS survey and “S” a sentinel  
 523 survey. For clarification, sardine circles were slightly shifted to avoid superimposition of  
 524 symbols. (For interpretation of the references to color in this figure legend, the reader is  
 525 referred to the web version of this article).



526

527

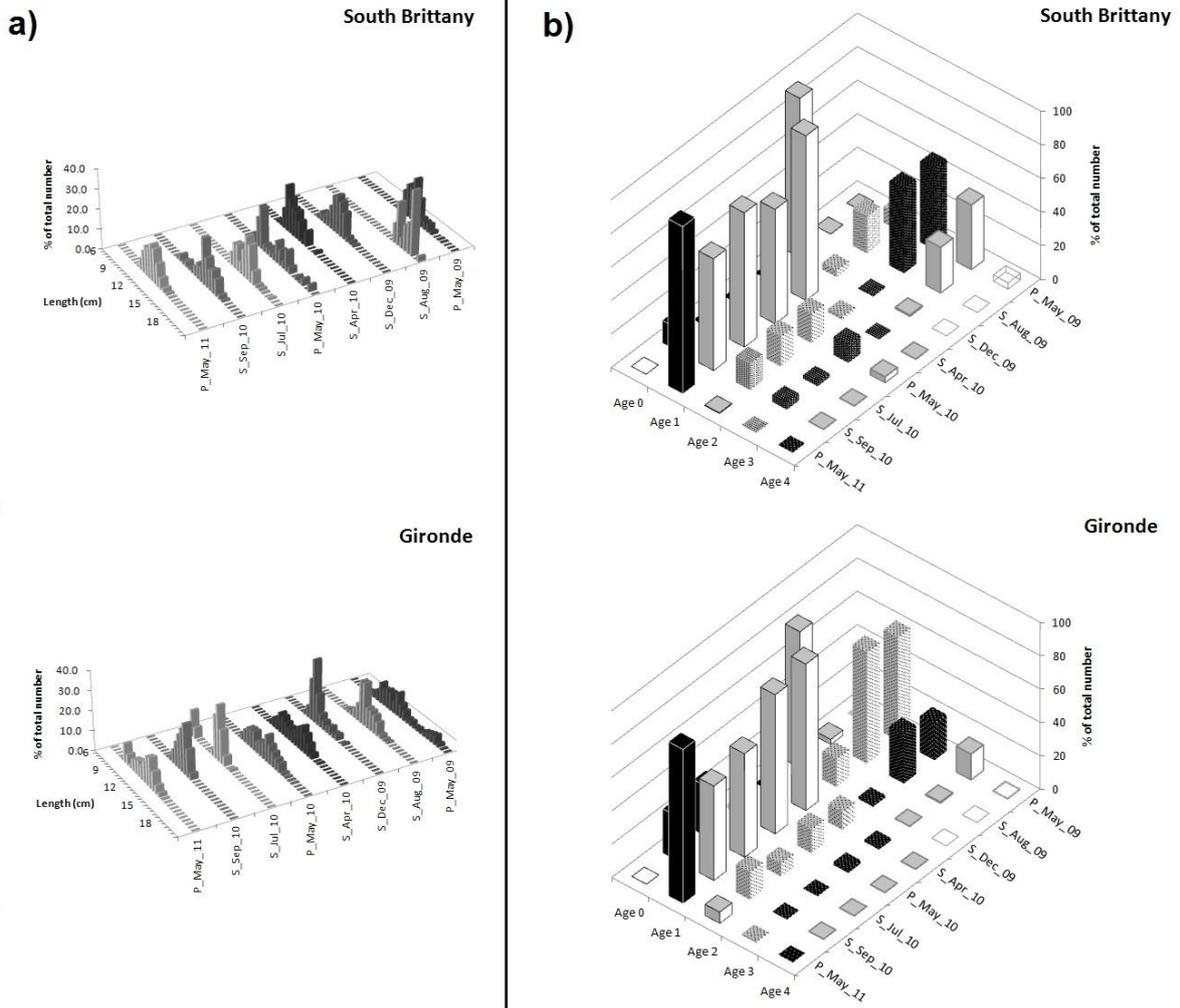
528 Fig. 3. Examples of echograms obtained during sentinel surveys (a) schools of anchovy and  
529 sardine in Gironde area during July 2010, (b) schools of mixed species in Gironde area during  
530 September 2010.



531

532

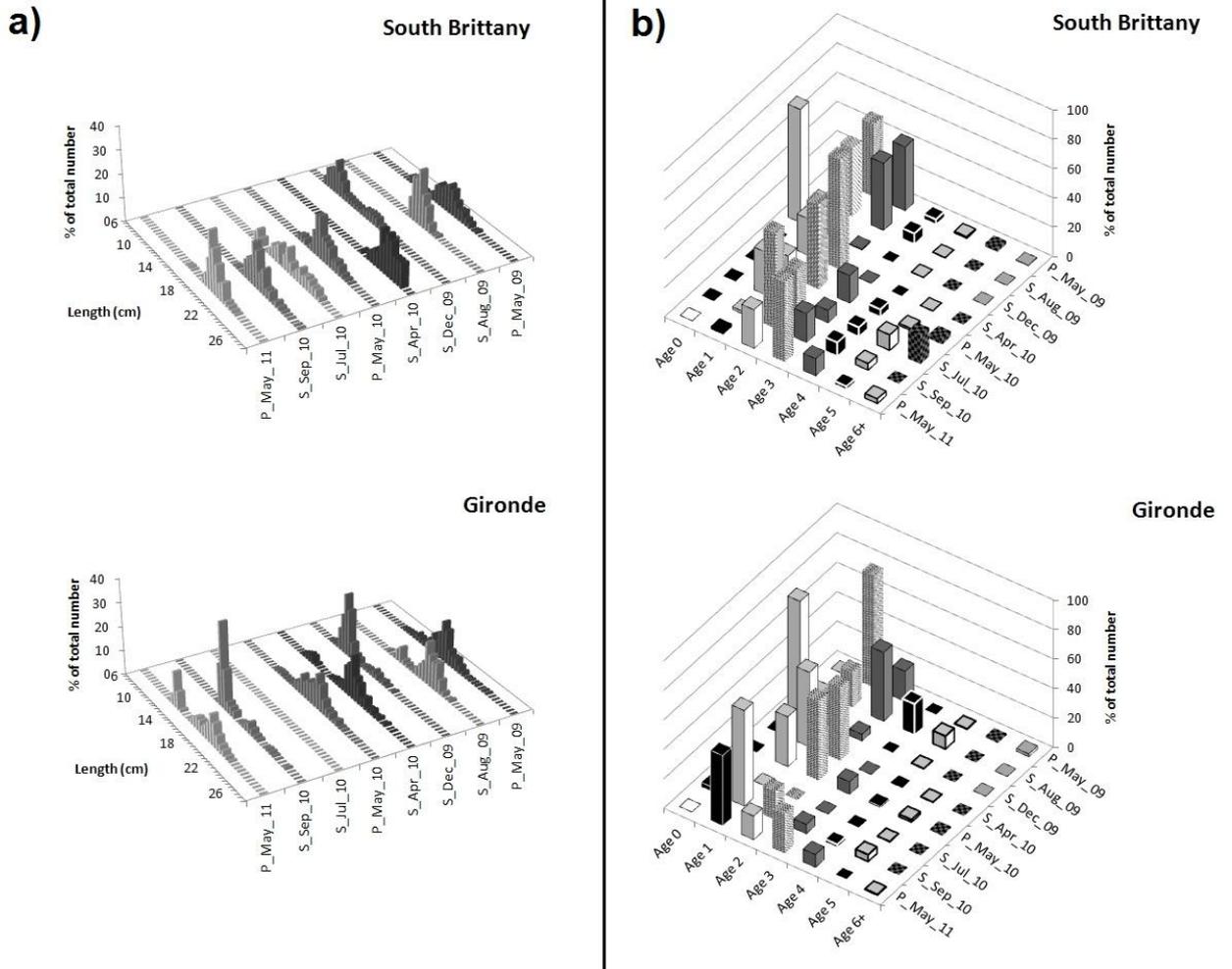
533 Fig. 4. Length distribution (a) and age distribution (b) of anchovy in% of total number for the  
 534 PELGAS (P) and sentinel (S) surveys in southern Brittany (top) and Gironde (bottom) areas.  
 535



536

537

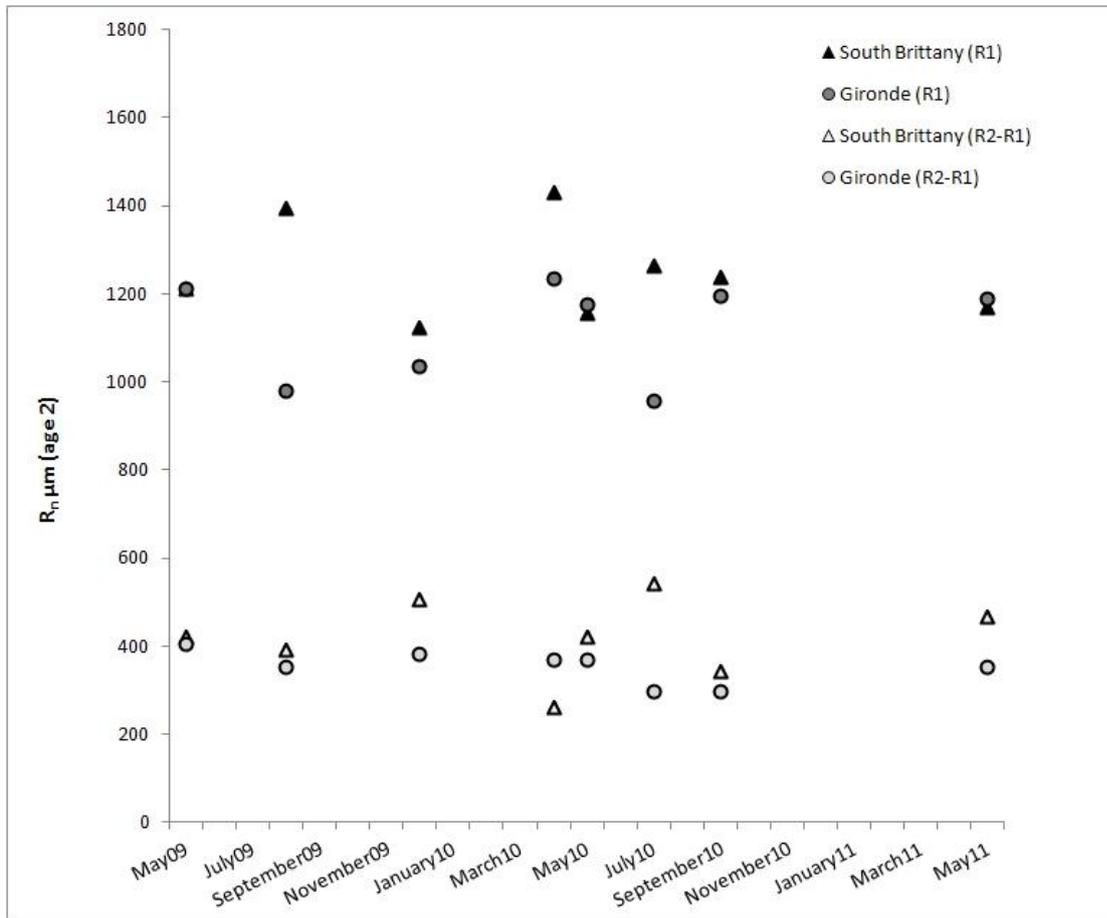
538 Fig. 5. Length distribution (a) and age distribution (b) of sardine in% of total number for the  
 539 PELGAS (P) and sentinel (S) surveys in southern Brittany (top) and south Gironde (bottom)  
 540 areas.



541

542

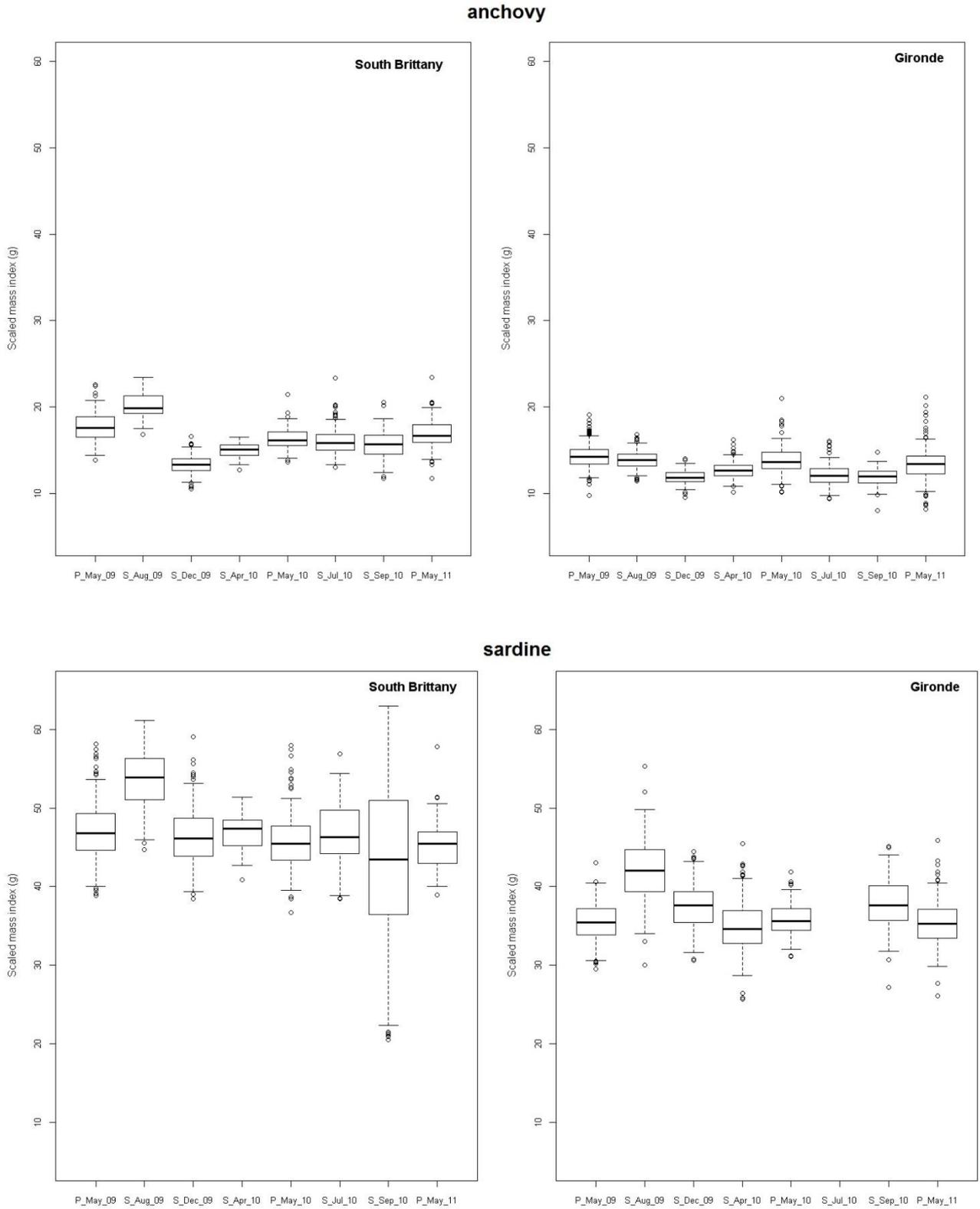
543 Fig. 6. Mean growth of anchovy between the first and the second winter measured on age 2  
544 fish. R1 is indicator of the growth during the first spring/summer period and R2-R1 is  
545 indicator of the growth between the first and the second winter.



546

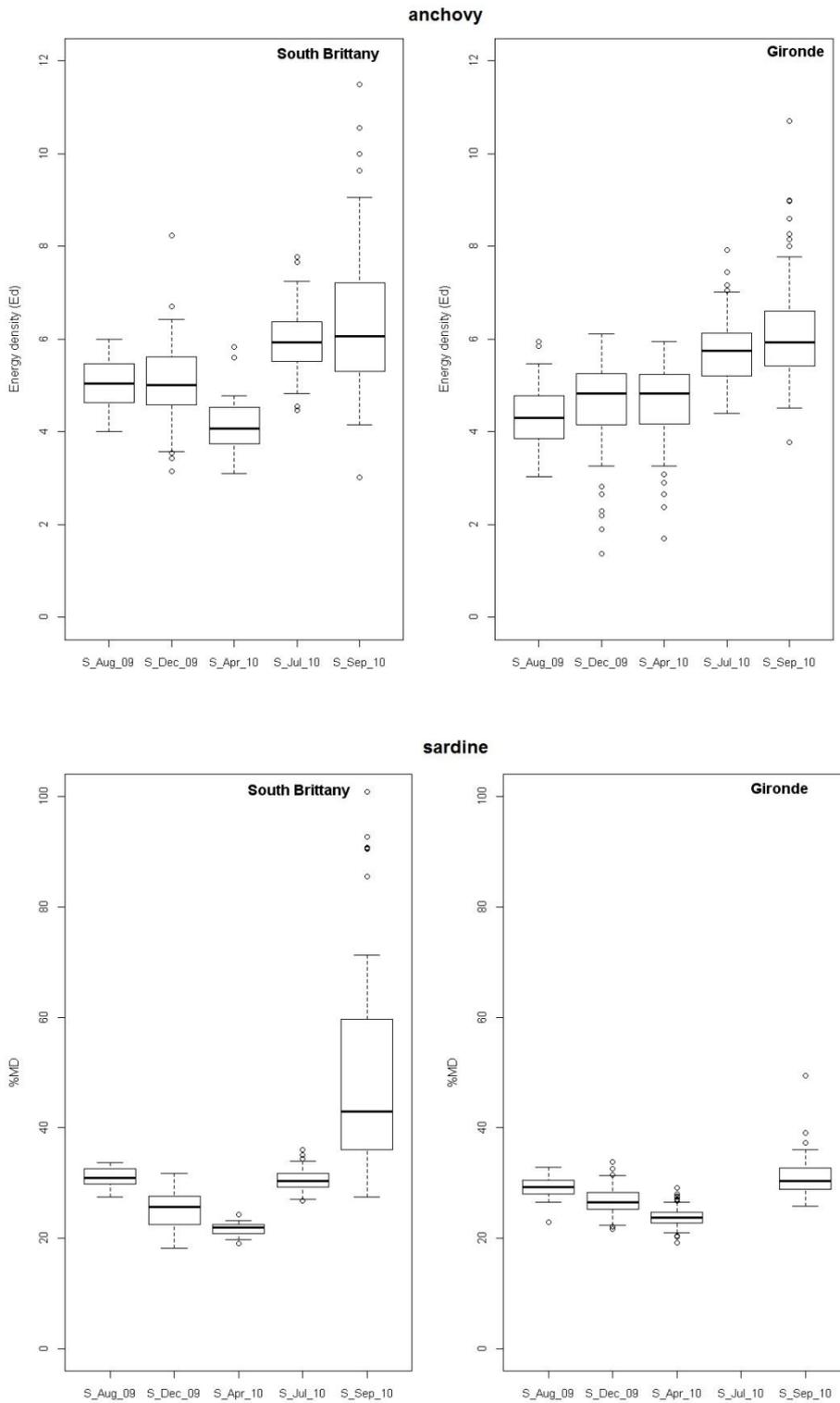
547

548 Fig. 7. Box plots of the scaled mass index (SMI, g) for anchovy (top) and sardine (bottom)  
549 throughout the year from PELGAS and sentinel surveys in the southern Brittany and Gironde  
550 areas.



551  
552

553 Fig. 8. Boxplot of the energy content ( $E \text{ kJ g}^{-1}$ ) for anchovy (top) and the percent dry mass  
554 ( $\%M_D$ ) for sardine (bottom) sampled during sentinel surveys in the southern Brittany and  
555 Gironde areas.



556

557

558 Table 1. Calendar of surveys.

Survey	Codification survey	Commercial fishing vessel (size) Fishing harbour	Season	Days at sea	Number of hauls
Consort PELGAS	P_May_09	Zéphyr and Carla Eglantine (size: 17.5 m & 17.8 m) La Turballe	26/04/2009 to 06/05/2009	11	55
		Magayant and Mary Christo (size: 22.8 m & 20.6 m) La Turballe	07/05/2009 to 16/05/2009	10	
Sentinel	S_Aug_09	Cintharth and Marilude 2 (size: 23.3 m & 20.2 m) La Turballe	10/08/2009 to 14/08/2009	5	12
Sentinel	S_Dec_09	La Turballe	15/12/2009 to 19/12/2009	5	11
Sentinel	S_Apr_10	Jérémi-Simon and Prométhée (size: 20 m & 20 m) St Gilles Croix de vie	05/04/2010 to 10/04/2010	5	9
Consort PELGAS	P_May_10	Tangaroa and Magayant (size: 20.6 m & 22.8 m) La Turballe	26/04/2010 to 06/05/2010	11	46
		Morgan and Virginie (size: 19.5 m & 19.5 m) Lorient	07/05/2010 to 17/05/2010	11	
Sentinel	S_Jul_10	Joker and ArRaok 2 (size: 16.1 m & 15.9 m) La Turballe	18/07/2010 to 23/07/2010	5	10
Sentinel	S_Sep_10	La Turballe	26/09/2010 to 30/09/2010	4	9
Consort PELGAS	P_May_11	Arlequin 2 and Colombine (size: 19.8 m & 22.6 m) La Turballe	27/04/2011 to 08/05/2011	13	61
		Jérémi-Simon and Prométhée (size: 20 m & 20 m) St Gilles Croix de vie	10/05/2011 to 18/05/2011	9	

559

560

561 Table 2. Statistics of anchovy and sardine density per esdu (kg per square nautical mile) for  
 562 each area during sentinel surveys. n = number of ESDUs, mean=average (kg. nm<sup>-2</sup>), s.e. =  
 563 standard error, sum = abundance index (in tons), n+ = number of positive ESDUs, max =  
 564 maximum density value (kg. nm<sup>-2</sup>).

Species/Area		Aug_09	Dec_09	Apr_10	Jul_10	Sep_10
Anchovy/Gironde	n	187	62	115	153	81
	Mean ± s.e.	2019 ± 494	3134 ± 833	8538 ± 1259	1507 ± 354	6195 ± 1311
	Sum	377	194	981	230	501
	n <sub>+</sub>	94	62	111	148	79
	Max	377482	194324	981857	230642	501821
Anchovy/South Brittany	n	110	106	128	77	83
	Mean ± s.e.	302 ± 129	2070 ± 397	2592 ± 547	13029 ± 3234	6302 ± 4210
	Sum	33	219	331	1000	523
	n <sub>+</sub>	23	85	74	66	24
	Max	10978	30829	37321	145693	344392
Sardine/Gironde	n	187	62	115	153	81
	Mean ± s.e.	1116 ± 410	6287 ± 1682	25196 ± 4181	1 ± 1	1484 ± 336
	Sum	208	389	2900	184	120
	n <sub>+</sub>	57	62	111	10	72
	Max	54276	75862	244595	76	19020
Sardine/South Brittany	n	110	106	128	77	83
	Mean ± s.e.	7835 ± 1892	927 ± 135	7560 ± 1883	729 ± 268	11317 ± 3448
	Sum	861	98	967	56	939
	n <sub>+</sub>	58	106	39	27	48
	Max	128885	11071	116181	16486	176205

565

566

567 Table 3. Mean body length (L mm), weight ( $M_W$  g), scaled mass index (SMI g) and  
 568 estimation of the scaling exponent by the SMA regression of  $M_W$  on L for each survey and  
 569 area with the 95% confidence intervals. SD: standard deviation; n: sample number.  $L_0$  used  
 570 were: 128.3 mm (n = 2151) for Gironde anchovy, 133.9 mm (n = 843) for South Brittany  
 571 anchovy, 167.3 mm (n = 1174) for Gironde sardine and 178.1 mm (n = 1156) for South  
 572 Brittany sardine.

Survey	Species	Area	n	L ± SD (mm)	$M_W$ ± SD (g)	SMI ± SD (g)	$b_{SMA}$	$b_{SMA}$ (CI 95%)
<b>P_May_09</b>	Anchovy	Gironde	466	144.4 ± 29.2	24.0 ± 15.0	14.3 ± 1.3	3.23	3.19 – 3.27
	Sardine		208	167 ± 30.7	38.6 ± 20.4	35.5 ± 2.4	2.96	2.91 – 3.01
	Anchovy	South Brittany	85	141.9 ± 15.9	22.4 ± 8.6	17.7 ± 1.7	3.31	3.13 – 3.50
	Sardine		232	196.3 ± 24.6	65.6 ± 22.3	47.1 ± 3.6	2.99	2.92 – 3.07
<b>S_Aug_09</b>	Anchovy	Gironde	226	131.2 ± 15.8	15.6 ± 5.9	13.9 ± 1.0	3.16	3.08 – 3.24
	Sardine		120	183.0 ± 22.4	56.8 ± 18.8	42.1 ± 4.1	2.95	2.81 – 3.09
	Anchovy	South Brittany	40	176 ± 10.8	40.0 ± 6.1	20.1 ± 1.5	2.50	2.14 – 2.93
	Sardine		139	177.8 ± 9.0	53.8 ± 10.3	53.6 ± 3.9	3.70	3.47 – 3.95
<b>S_Dec_09</b>	Anchovy	Gironde	130	107.6 ± 19.6	7.4 ± 4.0	11.8 ± 0.9	3.28	3.21 – 3.34
	Sardine		146	135.8 ± 26.0	21.6 ± 16.4	37.6 ± 3.0	3.31	3.24 – 3.38
	Anchovy	South Brittany	200	123.6 ± 14.8	10.8 ± 4.2	13.4 ± 1.0	3.38	3.30 – 3.47
	Sardine		236	123.3 ± 29.9	16.7 ± 13.5	46.3 ± 3.5	3.36	3.32 – 3.40
<b>S_Apr_10</b>	Anchovy	Gironde	250	131.0 ± 17.7	14.5 ± 6.3	12.7 ± 0.9	3.42	3.36 – 3.49
	Sardine		240	179.5 ± 33.1	49.3 ± 23.1	35.0 ± 3.2	3.34	3.28 – 3.39
	Anchovy	South Brittany	40	120.4 ± 13.2	11.2 ± 4.2	15.0 ± 0.9	3.14	2.97 – 3.33
	Sardine		40	227.9 ± 12.7	99.2 ± 16.3	46.9 ± 2.4	3.01	2.73 – 3.32
<b>P_May_10</b>	Anchovy	Gironde	427	129.8 ± 16.1	15.1 ± 6.6	13.8 ± 1.3	3.21	3.14 – 3.28
	Sardine		157	171.2 ± 29	41.9 ± 19.9	35.8 ± 2.0	3.11	3.06 – 3.16
	Anchovy	South Brittany	78	139.2 ± 21.2	19.8 ± 9.6	16.3 ± 1.5	3.14	3.01 – 3.28
	Sardine		228	194.5 ± 26.5	61.8 ± 23.6	45.7 ± 3.4	2.91	2.84 – 2.98
<b>S_Jul_10</b>	Anchovy	Gironde	124	109.4 ± 21.2	8.2 ± 3.5	12.1 ± 1.4	3.07	2.98 – 3.15
	Sardine		0	-	-	-	-	-
	Anchovy	South Brittany	133	146 ± 13.3	22.1 ± 6.7	16.1 ± 1.6	3.38	3.20 – 3.57
	Sardine		86	188.7 ± 30.4	59.8 ± 28.1	46.7 ± 4.0	3.00	2.89 – 3.11
<b>S_Sep_10</b>	Anchovy	Gironde	139	115.2 ± 11.0	8.7 ± 2.7	11.9 ± 1.0	3.20	3.05 – 3.35
	Sardine		118	142.5 ± 26.8	25.5 ± 17.7	37.8 ± 3.2	3.22	3.13 – 3.32
	Anchovy	South Brittany	76	141.1 ± 16.4	19.7 ± 7.4	15.7 ± 1.7	3.40	3.20 – 3.61
	Sardine		85	182.3 ± 16.6	48.8 ± 16.4	42.5 ± 11.0	5.06	4.42 – 5.79
<b>P_May_11</b>	Anchovy	Gironde	389	121.5 ± 17.4	11.8 ± 5.1	13.4 ± 1.9	3.55	3.45 – 3.65
	Sardine		185	178.6 ± 29.0	47.2 ± 21.7	47.2 ± 21.7	3.17	3.10 – 3.24
	Anchovy	South Brittany	191	121.9 ± 12.6	12.8 ± 4.3	17.1 ± 1.8	3.50	3.36 – 3.65
	Sardine		110	193.7 ± 21.0	59.8 ± 18.0	45.3 ± 3.0	2.94	2.83 – 3.05

573

574

575 Table 4. *Engraulis encrasicolus* samples analyzed for water content (% M<sub>C</sub>) and energy  
 576 density (E<sub>D</sub>) by size class. Mean ± S.D.

Size class	Codification survey	Season	Water content (% M <sub>C</sub> )	Energy density E <sub>D</sub> (kJ g <sup>-1</sup> Mw)	Sample number n
<b>Small</b> L <sub>T</sub> < 100 mm	S_Aug_09	Summer 2009	79.65 ± 0.35	3.40 ± 0.14	3
	S_Dec_09	Winter 2009	78.56 ± 2.08	3.85 ± 1.22	27
	S_Apr_10	Spring 2010	79.49 ± 2.04	3.47 ± 0.83	7
	S_Jul_10	Summer 2010	74.29 ± 1.87	5.60 ± 0.77	8
	S_Sep_10	Autumn 2010	76.76 ± 1.73	4.59 ± 0.71	3
<b>Medium</b> 100 <L <sub>T</sub> < 140 mm	S_Aug_09	Summer 2009	77.67 ± 1.37	4.21 ± 0.56	43
	S_Dec_09	Winter 2009	75.78 ± 2.01	4.99 ± 0.82	93
	S_Apr_10	Spring 2010	77.51 ± 1.64	4.28 ± 0.67	80
	S_Jul_10	Summer 2010	73.89 ± 1.89	5.77 ± 0.78	58
	S_Sep_10	Autumn 2010	72.98 ± 2.82	6.14 ± 1.16	68
<b>Large</b> L <sub>T</sub> > 140 mm	S_Aug_09	Summer 2009	76.30 ± 1.61	4.78 ± 0.66	53
	S_Dec_09	Winter 2009	75.11 ± 1.61	5.26 ± 0.66	25
	S_Apr_10	Spring 2010	75.32 ± 1.13	5.18 ± 0.46	56
	S_Jul_10	Summer 2010	72.97 ± 1.70	6.14 ± 0.70	48
	S_Sep_10	Autumn 2010	70.64 ± 5.08	7.10 ± 2.08	24

577

578

579 Table 5. *Sardina pilchardus* samples analyzed for dry mass (%M<sub>D</sub>) and water content (%M<sub>C</sub>).  
 580 Mean ± S.D.

Size class	Codification survey	Season	Dry mass %M <sub>D</sub> (Water content %M <sub>C</sub> )	Sample number n
<b>Small</b> L <sub>T</sub> < 100 mm	S_Aug_09	Summer 2009	-	-
	S_Dec_09	Winter 2009	21.17 ± 1.29 (78.83)	18
	S_Apr_10	Spring 2010	-	-
	S_Jul_10	Summer 2010	-	-
	S_Sep_10	Autumn 2010	-	-
<b>Medium</b> 100 <L <sub>T</sub> < 140 mm	S_Aug_09	Summer 2009	-	-
	S_Dec_09	Winter 2009	24.79 ± 2.22 (75.21)	65
	S_Apr_10	Spring 2010	23.58 ± 1.62 (76.42)	19
	S_Jul_10	Summer 2010	30.00 ± 0.39 (70.00)	2
	S_Sep_10	Autumn 2010	37.23 ± 19.04 (62.77)	39
<b>Large</b> 140 <L <sub>T</sub> < 180 mm	S_Aug_09	Summer 2009	30.06 ± 1.66 (69.94)	29
	S_Dec_09	Winter 2009	27.66 ± 2.36 (72.34)	61
	S_Apr_10	Spring 2010	24.65 ± 1.70 (75.45)	24
	S_Jul_10	Summer 2010	30.81 ± 2.12 (69.19)	15
	S_Sep_10	Autumn 2010	37.19 ± 11.56 (62.81)	44
<b>Very Large</b> L <sub>T</sub> > 180 mm	S_Aug_09	Summer 2009	30.02 ± 2.30 (69.98)	35
	S_Dec_09	Winter 2009	28.79 ± 1.98 (71.21)	15
	S_Apr_10	Spring 2010	23.10 ± 1.75 (76.90)	85
	S_Jul_10	Summer 2010	30.60 ± 2.18 (69.40)	30
	S_Sep_10	Autumn 2010	42.91 ± 16.15 (57.09)	30