
First steps of ecological restoration in Mediterranean lagoons: Shifts in phytoplankton communities

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Abstract :

Along the French Mediterranean coast, a complex of eight lagoons underwent intensive eutrophication over four decades, mainly related to nutrient over-enrichment from continuous sewage discharges. The lagoon complex displayed a wide trophic gradient from mesotrophy to hypertrophy and primary production was dominated by phytoplankton communities. In 2005, the implementation of an 11 km offshore outfall system diverted the treated sewage effluents leading to a drastic reduction of anthropogenic inputs of nitrogen and phosphorus into the lagoons. Time series data have been examined from 2000 to 2013 for physical, chemical and biological (phytoplankton) variables of the water column during the summer period. Since 2006, total nitrogen and phosphorus concentrations as well as chlorophyll biomass strongly decreased revealing an improvement in lagoon water quality. In summertime, the decline in phytoplankton biomass was accompanied by shifts in community structure and composition that could be explained by adopting a functional approach by considering the common functional traits of the main algal groups. These phytoplankton communities were dominated by functional groups of small-sized and fast-growing algae (diatoms, cryptophytes and green algae). The trajectories of summer phytoplankton communities displayed a complex response to changing nutrient loads over time. While diatoms were the major group in 2006 in all the lagoons, the summer phytoplankton composition in hypertrophic lagoons has shifted towards green algae, which are particularly well adapted to summertime conditions. All lagoons showed increasing proportion and occurrence of peridinin-rich dinophytes over time, probably related to their capacity for mixotrophy. The diversity patterns were marked by a strong variability in eutrophic and hypertrophic lagoons whereas phytoplankton community structure reached the highest diversity and stability in mesotrophic lagoons. We observe that during the re-oligotrophication process in coastal lagoons, phytoplankton shows complex trajectories with similarities with those observed in freshwater lake systems.

Keywords : Phytoplankton, Coastal lagoons, Nutrient, Sewage effluents, Re-oligotrophication

42 1. Introduction

43 Eutrophication has been defined as a suite of adverse symptoms resulting from the nutrient
44 and organic inputs (De Jonge and Elliott, 2011). High biomass decreases light availability,
45 favoring among the primary producers the community that is most competitive for light, *i.e.*,
46 phytoplankton at the expense of macrophytes (Cebrian et al., 2014). This over-production
47 causes a loss of diversity (Schramm, 1999; de Jonge and de Jong, 2002), habitat destruction
48 and mortalities due to anoxia (Smith, 2006; Carlier et al., 2008). These phenomena negatively
49 impact ecosystem health, result in increased vulnerability to disturbances (Heemsbergen et al.,
50 2004; Worm and Lotze, 2006) and loss of ecosystem services (Bullock et al., 2011). In coastal
51 areas, which are characterized by strong demographic growth, eutrophication has become a
52 serious threat since the 1950s (Nixon, 1995). Coastal lagoons are particularly sensitive to
53 eutrophication, since these systems tend to concentrate anthropogenic nutrient inputs
54 (Knopper, 1994; Cloern, 2001; Kennish and Paerl, 2010) due to restricted exchanges with the
55 sea and long water residence time (Boesch, 2002; Kennish and Paerl, 2010; Glibert et al.,
56 2011).

57 In 2000, The Water Framework Directive (WFD) was established in Europe requiring
58 member states to monitor the ecological and chemical quality state of water bodies and
59 implement ways to achieve good status by 2021 (Sherrard et al., 2006; Cartaxana et al.,
60 2009). Efforts have been made in many parts of the world to combat eutrophication by
61 reducing nutrient inputs from watersheds and initiate ecological restoration. Ecological
62 restoration is well documented in lakes which have been subjected to water quality
63 improvement programs since the 70s (Jeppesen et al., 2005; 2007). Studies on lake restoration
64 have shown that the response trajectories during re-oligotrophication are not simply the
65 inverse of the previous eutrophication processes and are characterized by hysteresis.
66 Accordingly, the recovery of ecosystem functions often lagged behind the reduction of

67 external nutrient loadings, due to nutrient regeneration from sediments or the persistence of
68 turbid alternative states because of dense blooms of phytoplankton or the presence of a pool
69 of easily resuspendable organic matter (Scheffer et al., 1993; Scheffer and Carpenter, 2003;
70 Sondergaard et al., 2003; Ibelings et al., 2007). Because of these phenomena, re-
71 oligotrophication processes are difficult to understand and predict for degraded systems (Van
72 Donk et al., 2008). Hence, ecological restoration generally takes much longer than water
73 degradation due to eutrophication. At first, it results in modifications of the composition and
74 structure of primary producers communities. Phytoplankton is generally the first autotrophic
75 compartment responding to the change of nutrient availability and other anthropogenic
76 pressures (Livingston, 2000; Paerl et al., 2003). In restored lakes, this response has resulted in
77 considerable changes of phytoplankton biomass, community structure and functional diversity
78 (Ruggiu et al., 1998, Anneville and Pelletier, 2000; Katsiapi et al., 2013).

79
80 A functional approach to phytoplankton ecology appears particularly useful to study the
81 adaptive responses of phytoplankton communities to re-oligotrophication. This approach is
82 based on defining the functional traits of species that impact on their performance and
83 survival (Violle et al., 2007) and, thus provides a better understanding of how phytoplankton
84 communities respond to environmental changes. The functional approach has been used to
85 understand how environmental changes or gradients drive phytoplankton community structure
86 (Litchman et al., 2010). Some morphological and physiological traits particularly reflect the
87 phytoplankton adaptations to nutrient availability, such as cell size, maximum growth rate and
88 trophic regime (Litchman and Klausmeier, 2008; Litchman et al., 2010). During re-
89 oligotrophication, the reduction of nutrient inputs could thus favor small cells, which compete
90 more effectively for nutrient uptake and show high growth rates (Chisholm, 1992; Kamenir
91 and Morabito, 2009; Litchman et al., 2010), and mixotrophic species that present some

92 advantages over strictly autotrophic cells (Anneville and Pelletier, 2000). These functional
93 traits highlight phytoplankton adaptations to the reduction of nutrient availability and
94 represent an interesting tool to evaluate the impact of changing eutrophication status.

95 Since the implementation of the WFD, coastal waters represent a major issue for management
96 and ecological restoration which has been used to reestablish ecosystems services. So far,
97 little is known about the responses of coastal ecosystems to ecological restoration (Vidal et
98 al., 1999; Duarte et al., 2009; Nixon, 2009). The recent literature describes a diversity of
99 responses to restoration (Boesch, 2002; Elliott et al., 2007; Ho et al., 2008; Duarte et al.,
100 2009), including a decrease of primary production while phytoplankton biomass remained
101 stable (Philippart et al., 2007), reappearance of macrophyte communities (de Jonge and de
102 Jong, 2002), and decrease of biomass and frequency of bloom occurrence (Lie et al., 2011).

103 As shallow lakes, coastal lagoons have been particularly subjected to cultural eutrophication
104 process due to nutrient over-enrichment from watersheds and long residence time (Kennish
105 and Paerl, 2010; Glibert et al., 2011). Ecological restoration of coastal lagoons has started
106 recently and studies of this process are still scarce. Given the high variability and dynamics of
107 these systems, we can expect variable and complex restoration trajectories. During the re-
108 oligotrophication process in a Mediterranean coastal lagoon (Collos et al., 2009),
109 phytoplankton community changes were similar to those observed in some freshwater lakes,
110 *i.e.* characterized by the appearance of dinophytes species and small-sized cyanobacteria
111 (Ruggiu et al., 1998, Kamenir and Morabito, 2009). The results suggest some similar
112 responses of lakes and coastal lagoons to re-oligotrophication process.

113

114 In the South of France, to improve the ecological quality of eight eutrophied coastal lagoons
115 close to Montpellier, a drastic and persistent reduction of anthropogenic nutrient inputs has
116 been achieved since December 2005, leading to a dynamic of ecological restoration. In the

117 framework of a monitoring network, these lagoons and sixteen other lagoons have been
118 monitored from 2000 to 2013 to assess their eutrophication status. These 24 lagoons
119 presented a large eutrophication gradient ranging from oligotrophy to hypertrophy (Souchu et
120 al., 2010), the most eutrophied lagoons showed phytoplankton dominance with high
121 biomasses ($>100 \mu\text{gChla.L}^{-1}$). The phytoplankton size structure was dominated by small
122 eukaryotic algae (3-6 μm) with relatively high growth rates (Bec et al., 2008; 2011).
123 Prior to the reduction in nutrient loadings, the complex of eight lagoons represented a
124 eutrophication gradient ranging from mesotrophic to hypertrophic, including the most
125 hypertrophic lagoons of the region. This context offered us a unique opportunity to study how
126 the initial eutrophication status of lagoons influences the re-oligotrophication trajectories and
127 to assess the success of ecological restoration in these highly degraded systems. We focused
128 on phytoplankton community shifts to investigate the impact of ecological restoration in
129 coastal lagoons for this range of eutrophication levels. Using data from a 13-year monitoring
130 program, we describe changes of phytoplankton biomass and structure (i.e., size class
131 structure and community composition), by comparing two periods: before and after the
132 nutrient reduction. In addition, after implementation of the nutrient reduction, HPLC pigment
133 analyses were added to the monitoring program. This allowed us to study the dynamics of
134 functional and taxonomic groups as well as phytoplankton diversity, based on pigment
135 biomarkers, during re-oligotrophication trajectories.

136

137 **2. Materials and methods**

138 *2.1. Studied sites*

139 The Palavasian lagoon complex is located on the French Mediterranean coast, near
140 Montpellier city (urban population 250 000 inhabitants). Since the 17th century, infilling and
141 human constructions have compartmentalized a large natural lagoon to give rise to the current

142 complex of eight interlinked shallow lagoons covering 38.8 km² (Fig. 1). A major human
143 intervention was the building of a navigation canal through the natural lagoon oriented NE-
144 SW, named the Rhône-to-Sète canal which divided the complex into two parts (inland and
145 seafront lagoons). As a result, four of the eight lagoons (i.e., the inland lagoons North Ingril,
146 Vic, Arnel, and Méjean lagoons) are bordered by wetland or salt marshes, which can act as a
147 buffer zone and regulate freshwater inputs from the watershed. Four seafront lagoons (South
148 Ingril, Pierre Blanche, Prévost, and Grec lagoons) are located between the Rhône-to-Sète
149 canal and the lido. Among them, South Ingril and Prévost lagoons are connected to the sea
150 through artificial permanent inlets. The inland lagoons are not directly connected to the sea,
151 but receive seawater indirectly by flow through the adjacent seafront lagoons and the Rhône-
152 to-Sète canal, which has many openings. In addition, canalization of the Lez River oriented
153 perpendicular to the Rhône-to-Sète canal has completed the compartmentalization of lagoon
154 complex. The Lez River, the main freshwater source of the Palavasian lagoons, interacts with
155 some lagoons (Arnel, Méjean, Prévost and Grec) through small channels. These multiple
156 canalizations do not account for sufficient water renewal of lagoon waters. The trophic status
157 and main characteristics of the lagoons as well as the sampling stations are listed in Table 1.
158 For Méjean and Prévost lagoons, two zones corresponding to empirically defined
159 hydrodynamic compartments (Souchu et al., 2010), have been considered for sampling
160 stations (see Table 1).

161 Effluents from the wastewater treatment plant of the Montpellier city district were discharged
162 into the Lez River until 2005. Through the many channels described above, the nutrients from
163 these effluents have propagated into the different lagoons, which has resulted in on-going
164 eutrophication from 1965 to 2005. The eutrophication gradient ranged from hypertrophy in
165 lagoons close to the Lez river to mesotrophy in the southwestern lagoons (Souchu et al.,
166 2010). In December 2005, the implementation of a new wastewater treatment plant (Maera),

167 and a diversion of its effluents through an outfall located 11 km off-shore in the
168 Mediterranean Sea has led to a sudden and drastic reduction of the anthropogenic inputs of
169 nitrogen and phosphorus into the lagoons. This has been estimated as a reduction of 83 % of
170 N and 70 % of P (Meinesz et al., 2013).

171

172 *2.2. Data collection*

173 We exploited the database developed by the Lagoon Monitoring Network (Réseau de Suivi
174 Lagunaire), which comprises data from 2000 to 2013 to assess the eutrophication status of
175 lagoons in the Languedoc-Roussillon region (Souchu et al., 2010). Sampling was carried out
176 during summer periods, when temperature and irradiance are optimal and allow maximal
177 primary production. For the Palavasian lagoon, the ten stations (Table 1) were sampled
178 monthly in June, July, and August from 2000 to 2013. On each date, subsurface water
179 samples were collected with 2 L polypropylene bottles. Temperature and salinity were
180 recorded with a WTW LF 197 field sensor. This database comprised the concentrations of
181 dissolved inorganic nitrogen ($\text{DIN} = \text{NO}_3 + \text{NH}_4 + \text{NO}_2$, μM) and phosphorus (DIP, μM),
182 total nitrogen and phosphorus (TN and TP, μM). It also included water column chlorophyll a
183 concentrations ($\text{Chl } a$, $\mu\text{gChla.L}^{-1}$) as a proxy for phytoplankton biomass. Chl a concentration
184 were measured by spectrofluorimetry (Neveux and Lantoiné, 1993) with a Perkin-Elmer LS50
185 B and pico- and nano-phytoplankton abundances (10^6 cells.L⁻¹) counted with a FACSCalibur
186 flow cytometer (Bec et al., 2011). Based on cytometric analysis, different size classes of
187 phytoplankton were identified: Phycoerythrin-rich picocyanobacteria ($\leq 1 \mu\text{m}$, PE-CYAN),
188 autotrophic picoeukaryotes ($\leq 3 \mu\text{m}$, PEUK), nanoeukaryotes ($> 3 \mu\text{m}$). The analytical
189 protocols have been described in detail by Souchu et al., (2010) and details on filtration,
190 conservation and analysis of phytoplankton samples have been described by Bec et al.,

191 (2011). Rainfall data were obtained from Météo France (Fréjorgues station, data publicly
192 available online at *Comparaison climatologique annuelle - Infoclimat*).

193

194 2.3. HPLC determination of pigment diversity

195 Since 2006, phytoplankton pigment diversity based on HPLC pigment analysis have
196 complemented the database, to investigate on phytoplankton composition by
197 chemotaxonomic identification of main groups. In the laboratory, exact volumes between 250
198 to 500 ml of water, depending on phytoplankton biomass, were filtered onto Whatman GF/F
199 filters (47 mm diameter) and stored at -80°C until analysis.

200 Pigments were extracted with 2.5 mL of 100% methanol in the dark at 4°C for 5 min.

201 Samples were then sonicated 5 times for 10 sec (20 Watts) and spaced by 10 sec in ice to

202 avoid an excessive heating of the extract. After 10 min in the dark at 4°C, extracts were

203 filtered on cellulose acetate filters (0.45 µm pore size) to remove filters and cell debris. An

204 aliquot of 600 µL was diluted with 150 µL of Milli-Q water. A volume of 150 µL of this mix

205 was injected to the HPLC system, a Waters D600 equipment. Chlorophylls and carotenoids

206 were detected by a Waters 2996 photo-diode array detector (optic resolution 1.2 nm), from

207 400 to 700 nm. Chlorophylls and their derivatives were also detected by a 2475 Multi λ

208 fluorescence detector, from two canals, to optimize the chlorophyll *a* (canal A: 412 nm

209 Excitation – 650 Emission) and the chlorophyll *b* and *c2* detection (canal B: 440 nm

210 excitation – 650 emission). Pigment extracts were analyzed using the method of Wright et al.,

211 (1991) with a flow rate of 1 ml.min⁻¹ and a run duration of 29 min. Solvent delivery was

212 programmed following a sequence of three linear gradients as follows (minutes, % solvent A,

213 % solvent B, % solvent C): (0,100,0,0) (2,0,100,0) (18,0,20,80) (21,0,100,0) (24,100,0,0)

214 (29,100,0,0). Solvent A consisted of 80:20 (v/v) methanol: ammonium acetate (0.5 M),

215 solvent B consisted of 90:10 (v/v) acetonitrile : water and solvent C consisted of ethyl acetate.

216 The HPLC system was calibrated with external standards (DHI Water and Environment,
217 Hørsholm, Denmark). Chromatograms were extracted at 440 nm, and pigments were
218 identified by comparison with a spectral library established from the pigments standards basis
219 and by checking elution order and absorption spectra (Roy et al., 2011), using the software
220 Empower Pro 3. Each peak was checked and the baseline readjusted to minimize errors due to
221 noise. They were then quantified by using peak area, compared to standard calibration curves
222 ($\mu\text{g}\cdot\text{L}^{-1}$). Pigments dominant in phytoplankton groups were used as markers of these groups.
223 We used fucoxanthin (fuco) as biomarker for fucoxanthin-rich diatoms, peridinin (peri) for
224 dinophytes, and alloxanthin (allo) for cryptophytes (Bustillos-Guzmán et al., 2004). In
225 addition, prasinoxanthin (pras) was used as a biomarker for prasinophytes, while chlorophyll
226 *b* (chl *b*), lutein (lut), violaxanthin (vio), neoxanthin (neo) and zeaxanthin (zea) were
227 considered as characteristic for green algae (Chlorophyta). In the lagoons, the Chlorophyta are
228 mainly represented by chlorophytes and prasinophytes. Zeaxanthin is, however, also present
229 in cyanobacteria (Wright et al., 1991; Sherrard et al., 2006; Eker-Develi et al., 2012). 19'But-
230 fucoxanthin (but-fuco) and 19'Hex-fucoxanthin (hex-fuco) have been used for haptophytes
231 (Wright et al., 1991; Zapata et al., 2000; Paerl et al., 2003).

232

233 2.4. Statistical analysis

234 Non-parametric comparisons of Chl *a*, TP, TN concentrations have been performed by
235 Wilcoxon test (R) to compare before (2000-2005) and after (2006-2013) the diversion of the
236 effluents of the waste water treatment. Spearman's rank correlation has been used to describe
237 the links between environmental parameters and biological variables.

238 The effects of the pre-eutrophication status of the lagoon for its response to the sewage
239 diversion were tested by using two ways ANOVAs (lagoon and time effects for the tested
240 variables: Chl *a* concentration, pico- and nano-eukaryotes abundances). When data did not

241 satisfy the conditions of applications (normality, homoscedasticity and independence of
242 residuals), they were log-transformed. If they still did not satisfy conditions, we used
243 Permanova (Anderson, 2001). Pairwise comparison with post-hoc Tukey tests helped to
244 separate lagoons into groups. To assess differences of diversity between lagoon and changes
245 in time, diversity index of Shannon (Ds), and evenness using the number of main
246 phytoplankton groups were estimated, from the annual median of summer pigment
247 concentrations. It represented diversity of main phytoplanktonic groups. Two ways ANOVAs
248 were then performed on these indexes to assess if there were differences between lagoons or
249 between years for these two parameters.

250 To characterize lagoons, spatio-temporal differences in pigment diversity and concentrations
251 were described using non-parametric multivariate analysis of variance (Permanova) and two
252 between-class principal component analyses (between-class PCA), which considers one
253 qualitative variable (here, either the year or the lagoon) (Pélissier et al., 2003). Then, Monte-
254 Carlo tests were used to check significances of differences between groups (Tournois et al.,
255 2013). These PCA were operated on most of the pigments identified, except those rarely
256 identified, with low concentrations, and which did not provide any additional information to
257 this analysis, *e.g.* phaeophorbid *a*, and 19'-but-fucoxanthin. All the statistical analyses were
258 operated with the R software (R Core Team, 2013).

259

260 **3. Results**

261 *3.1 Characterization of the lagoons for the entire monitoring period (2000-2013)*

262 During summer, both the average temperature and their variations in the lagoons were very
263 similar, *i.e.* around 25 °C with a range between 20 and 31 °C, respectively. A salinity gradient
264 was observed from MW, the less saline lagoon station subject to recurrent freshwater inputs
265 from the Lez River, to IS without freshwater tributaries and connected with the sea by an inlet

266 (Table 2). The lagoons also presented a trophic gradient, from mesotrophy (IN, IS) to
267 hypertrophy (MW) based on the Chl *a* and total nitrogen and phosphorus concentrations (TN,
268 TP). Based on the entire period (2000-2013), median values of chlorophyll ranged from 3.7
269 $\mu\text{gChl}a.L^{-1}$ at IS to 83.1 $\mu\text{gChl}a.L^{-1}$ at MW, and median values of TN and TP ranged from
270 30.7 and 0.9 μM , respectively at IS to 196 and 12.4 μM , respectively in MW (Table 2). The
271 trophic and salinity gradients appeared inverse in the lagoons as illustrated by significant
272 negative correlations of the three eutrophication indicators (Chl *a*, TN and TP) with salinity
273 ($\rho_{\text{salinity}} = -0.15$; $\rho_{\text{TN}} = -0.32$; $\rho_{\text{TP}} = -0.31$; p -values < 0.05 , Spearman correlation, R).

274 Within the phytoplankton community, the highest values of biomasses and abundances were
275 generally observed before the diversion. Thus, the maximum Chl *a* concentration was 413
276 $\mu\text{g}.L^{-1}$ observed in June 2004 at MW, in the most hypertrophic lagoon, although a strikingly
277 low value of 0.09 $\mu\text{g}.L^{-1}$ was observed in July 2002 at IN, the inland mesotrophic lagoon
278 (IN). Picoeukaryote abundances ranged from 2.9×10^6 cells. L^{-1} in the inland mesotrophic
279 lagoon (IN) in June 2004 to 2.2×10^{13} cells. L^{-1} in an inland eutrophic lagoon (AN) in July
280 2004. Nanoeukaryote abundances ranged from no detected cells in several lagoons (GR, IN,
281 IS, MW) in summer 2001 to 2.4×10^9 cells. L^{-1} at ME in June 2003. Phycoerythrin-rich
282 picocyanobacteria were present in low abundances compared to picoeukaryotes. Their
283 abundances ranged from no detected cells in several lagoons (MW, VC and PB), during the
284 summers of 2001 and 2002, to 1.1×10^8 cells. L^{-1} at MW in June 2004.

285

286 *3.2. Changes in eutrophication indicators before and after effluent diversion*

287 The TN, TP and chlorophyll *a* concentrations showed strong variations during the entire
288 period, which were partly related to the changes before and after effluent diversion. These
289 three variables decreased significantly after the nutrient diversion for all the lagoons (Table
290 3), showing a decrease of the eutrophication permitted by the implementation of the

291 diversion. Median values of TN, TP and Chl *a* decreased for the period 2006-2013
292 (respectively, 47 μM , 1.9 μM and 3.4 $\mu\text{gChla.L}^{-1}$) in comparison to the period 2000-2005
293 (respectively, 84 μM , 3.8 μM and 23 $\mu\text{gChla.L}^{-1}$). In contrast to the three variables, there was
294 no general trend for the three forms of dissolved inorganic nitrogen (NO_3 , NO_2 , NH_4) since
295 the concentrations were not systematically different before and after effluent diversion. NH_4
296 represented the main source of DIN before (77%) and after (71%) the effluent diversion.
297 Phosphate concentrations (PO_4^{3-}) showed no significant differences between the two periods.
298 Two-way ANOVA and Permanova (see Methods) showed that the Chl *a* concentrations, the
299 TN and TP concentrations (for Chl *a*, TN and TP concentrations: Two way ANOVA, p -value
300 < 0.05) and the picoeukaryote abundances (Permanova, p -values < 0.05) significantly differed
301 among lagoons. Posthoc pairwise Tukey test on Chl *a* concentrations allowed separating the
302 lagoons into three groups (Table S1).
303 The first group was characterized as hypertrophic and included three lagoons (AR, GR and
304 both stations (ME and MW) of Méjean lagoon). The second group was characterized as
305 eutrophic and comprised three lagoons (PB, VC and both stations (PE and PW) of Prévost
306 lagoon). The third group was characterized as mesotrophic and comprised two lagoons (IN
307 and IS). Within each group, the lagoons showed a similar response to the nutrient reduction
308 (*i.e.* no significant effect of lagoons within groups according to the Anova and posthoc test, p -
309 value > 0.05). Hence, we selected one station in each group to illustrate the impact of trophic
310 status on the lagoon responses to the re-oligotrophication process. For each group, we chose
311 stations in inland lagoons under the direct influence of watershed discharges and more
312 sensitive to potential nutrient loadings than the seafront lagoons. Hence, MW, VC and IN
313 stations were selected to represent the hypertrophic, eutrophic and mesotrophic inland
314 lagoons, respectively.

315 The impact of the trophic status of the selected lagoons on the phytoplankton responses to the
316 re-oligotrophication process was investigated by comparing Chl *a* concentrations (Fig. 2) and
317 picoeukaryote and nanoeukaryote abundances (Fig. 3) before and after the diversion. Chl *a*
318 concentrations were significantly reduced (mean comparison all lagoons, $p < 0.05$) with a
319 decrease of 90.4%, 65.4 % and 79.9 % in the hypertrophic (MW), eutrophic (VC) and
320 mesotrophic (IN) lagoons, respectively (Fig. 2). Picoeukaryote abundances were reduced by
321 60.5% and by 81.8 % in hypertrophic (MW), and mesotrophic (IN) lagoons, respectively (Fig.
322 3). In contrast, in the eutrophic lagoon (VC) for picoeukaryotes the difference before and after
323 the diversion was not significant (mean comparison, $p\text{-value} > 0.05$, see Fig. 3B).
324 Abundances of nanoeukaryotes did not show a global trend for the three lagoons (mean
325 comparison all lagoons, $p\text{-value} > 0.05$). Chl *a* concentrations and picoeukaryote abundances
326 were significantly correlated, showing that the response of the lagoons to the nutrient
327 reduction was particularly well reflected by the picoeukaryotes.

328

329 3.3. Phytoplankton responses after the reduction of effluent nutrient loads

330 Since 2006, *i.e.* after nutrient reduction, phytoplankton biomass measured in summer
331 decreased in the three selected lagoons (Fig. 4). The decrease of Chl *a* concentrations was
332 particularly pronounced between 2006 and 2007 and depended on the trophic status of
333 lagoons. Hence, summer Chl *a* concentrations were reduced by 87.7% in MW, 22.4% in VC
334 and 46.2% in IN between 2006 and 2007, reaching mean values of $1.7 \mu\text{gChla.L}^{-1}$ in
335 mesotrophic lagoon (IN) to $9.8 \mu\text{gChla.L}^{-1}$ in hypertrophic lagoon (MW) in the summer of
336 2007 (Fig. 4). Since 2007, the mean Chl *a* concentrations remained below $10 \mu\text{gChla.L}^{-1}$ in
337 the three selected lagoons, except in 2011 in the hypertrophic lagoon (MW) where the mean
338 concentration reached $20.1 \mu\text{gChla.L}^{-1}$.

339

340 Since 2006, in parallel to phytoplankton biomass, phytoplankton community pigment
341 composition was determined (Table 3). The total summer concentration of accessory
342 pigments in the three selected lagoons showed the same pattern as observed for Chl *a*
343 concentrations, with the highest pigment concentrations measured in hypertrophic lagoon
344 (MW) and the lowest pigment concentrations measured almost in mesotrophic lagoon (IN).

345 In the hypertrophic lagoon (MW), fucoxanthin was the dominant pigment in 2006, indicating
346 a dominance of the fucoxanthin-rich diatoms (Table 3 and Fig. 5A). Green algae pigments
347 (Chl *b*, lutein, neoxanthin, violaxanthin, prasinoxanthin, and zeaxanthin) showed also high
348 concentrations (more than 5 $\mu\text{g}\cdot\text{L}^{-1}$) and proportions. We could safely assume that the bulk of
349 zeaxanthin was associated with green algae, since abundances of cyanobacteria were
350 systematically low in the lagoons. In contrast, in the eutrophic lagoon (VC) peridinin showed
351 a high proportion in 2006 (45.4%) indicating a dominance of dinophytes. In the mesotrophic
352 lagoon (IN), proportions of pigments were more equally distributed and fluctuated less than in
353 the other lagoons (Fig. 5) suggesting increased phytoplankton diversity.

354 The temporal patterns of the mean values of the total accessory pigment concentrations were
355 similar to those of phytoplankton chlorophyll *a* biomass. Concentrations of total accessory
356 pigment strongly decreased between 2006 and 2007, from 80.8% in hypertrophic (MW),
357 65.8% in eutrophic (VC) and 50.3% in mesotrophic (IN) lagoon but increased in 2011, with
358 284%, 34.6% and 15.5% in the hypertrophic (MW), eutrophic (VC) and mesotrophic (IN)
359 lagoons, respectively.

360 Figure 5 shows the time course of the proportions of the accessory pigments in the three
361 selected lagoons. In the hypertrophic lagoon (MW), the fucoxanthin proportion dropped (-
362 99.7%) between summers 2006 and 2007 and this decrease continued until 2011 (Fig. 5A).
363 This reduction of the fucoxanthin concentration coincided with a strong increase of the
364 proportion of green algae pigments (Chl *b*, lutein, neoxanthin, violaxanthin and zeaxanthin)

365 during the same period. The proportion of green algae pigments remained high during all the
366 monitoring and reached almost 80% during four years (up to 85.4% in 2007). The year 2011
367 was marked by strong shift in pigment composition with the lowest fucoxanthin concentration
368 (diatoms) and the highest concentrations of green algae pigments. On the contrary, the year
369 2012 is marked by a decrease of green algae group (4.88% of the pigment proportions). The
370 alloxanthin, marker of cryptophytes, increased after 2006 and its proportion fluctuated
371 between 0.02 % in 2006 and 22.4% in 2013. Peridinin, marker of dinophytes, was below 1%
372 in 2006 and fluctuated between 2007 and 2010. In 2012 when green algae decreased,
373 peridinin concentration strongly increased in association with Chl *c*2 and diadinoxanthin and
374 became the main phytoplanktonic group in 2012 and 2013 (peridinin proportion > 30%).
375 In the eutrophic lagoon (VC), phytoplankton pigment composition was dominated by
376 peridinin, Chl *c*2 and diadinoxanthin during all the monitoring (Fig. 5B). Peridinin
377 proportions were higher in this eutrophic lagoon than in hypertrophic (MW) and mesotrophic
378 (IN) ones. Peridinin tended to decrease until 2011 (-40.5% in 2008), but highly increased in
379 2012 and 2013 (respectively, 51.2 and 38.5%). In contrast, alloxanthin (cryptophytes)
380 remained stable during the monitoring (up to 10% in proportions). Diatom pigment increased
381 and fluctuated between 2008 and 2011. As for hypertrophic lagoon, the year 2011 was
382 marked by a temporary increase of green algae pigments (up to 40% in proportions).
383 In the mesotrophic lagoon (IN), diatoms and cryptophytes pigments (respectively,
384 fucoxanthin and alloxanthin) were dominant during the 8-year monitoring (Fig. 5C).
385 dinophytes and prasinophytes pigments (respectively peridinin and prasinoxanthin) occurred
386 more since 2010. The proportion of green algae pigments fluctuated, during the entire
387 monitoring period, between 2% in 2008 and 40% in 2011. In the three selected lagoons,
388 19'hex-fucoxanthin and 19'but-fucoxanthin were rarely observed (haptophytes).
389

390 Based on the chemotaxonomic analyses, the Shannon diversity and Evenness indices (see
391 Methods) have been calculated as proxies for phytoplankton diversity through the 8-year
392 monitoring period (Figure 6A). Globally, the number of main phytoplankton groups
393 significantly changed during the survey. The richness of main taxonomic groups was
394 significantly lower during the period from 2007 to 2009 (4 or 5 groups) than in 2006 and after
395 2010 (6 groups). The low diversity during these early years reflected that the community was
396 dominated by diatoms, green algae and cryptophytes. Some differences of the richness also
397 appeared depending on the trophic status of lagoons. It was lower in hypertrophic lagoons
398 than in mesotrophic ones, and lower in mesotrophic lagoons than in eutrophic ones. Pooling
399 all years, there was a significant higher diversity (Shannon diversity index Fig. 6A, D_s) in the
400 mesotrophic lagoon (IN) compared to the hypertrophic lagoon (MW), but there was no
401 significant difference between mesotrophic (IN) and the eutrophic (VC) lagoons (two-ways
402 Anova and posthoc test, p -value > 0.05). The evenness showed also significant lower values
403 in the hypertrophic lagoon (MW) compared to the mesotrophic (IN) one, because of the green
404 algae dominance in MW (Figure 6B).

405 In the hypertrophic lagoon (MW), diversity D_s significantly fluctuated during the 8-year
406 monitoring (Fig. 6A). It firstly decreased from 2006 ($D_s = 0.49$) to 2007 ($D_s = 0.20$) and then
407 increased between 2007 and 2009 ($D_s = 0.70$). It decreased again between 2009 and 2011 (D_s
408 close to 0.20) and finally increased to reach a maximal D_s value in 2013 ($D_s = 0.74$). These
409 changes illustrated shifts in phytoplankton community composition. The low values of D_s in
410 2007/2008 and in 2010/2011 are related to the predominance of green algae (Fig. 5A) during
411 these four years. Evenness values showed the same patterns in time as that of the Shannon
412 diversity index (Fig. 6B). It strongly decreased when green algae was the dominant
413 phytoplankton group. After 2011, it increased to reach its highest value in 2013.

414 In contrast, in the eutrophic lagoon (VC), D_s increased from 2006 to 2008 (from 0.36 to 0.71)
415 and stayed relatively stable to reach 0.77 in 2011. The diversity decreased strongly in 2012
416 ($D_s = 0.27$, lowest diversity) and stayed lower in 2013 ($D_s = 0.50$) than between 2007 and
417 2011. Evenness increased from 2006 to 2009 (0.43 to 0.92) and then fluctuated to finish with
418 an intermediate value ($E = 0.61$) in 2013.

419 In the mesotrophic lagoon (IN), diversity and evenness significantly changed over time,
420 decreasing between 2006 and 2008 to reach the lowest values (respectively, 0.47 and 0.63,
421 Figure 6) in 2008. From 2009 to 2010, diversity indices increased and stayed relatively stable
422 to reach the highest values in 2013 (respectively, 0.75 and 0.91, Fig. 6). The lowest diversity
423 and evenness values observed in 2008 were associated to the dominance of two
424 phytoplanktonic groups (diatoms and cryptophytes, Fig. 5C).

426 *3.4. Lagoons trajectories based on pigment diversity*

427 In order to study whether the patterns observed for the selected stations are robust for the
428 entire Palavasian lagoon complex, multifactorial analyses were performed using accessory
429 pigment database from the 10 stations of the complex for the 8-year monitoring. It was
430 observed that pigment composition (concentration and diversity) significantly changed among
431 stations (Permanova, $F = 5.29$, $df = 9$, $p\text{-value} = 0.001$), and years (Permanova, $F = 4.49$, $df =$
432 7 , $p\text{-value} = 0.001$). Moreover, the interaction between the two factors also showed a
433 significant effect (Permanova, $F = 1.54$, $df = 59$, $p\text{-value} = 0.001$), indicating that the temporal
434 patterns were different among stations. The principal component analysis (PCA) was used on
435 both lagoon stations (Fig. 7) and years (Fig. 8) to elucidate phytoplankton composition
436 patterns in relation to lagoon trophic status and time. For each of the two PCA, the results
437 were significantly different (Monte-Carlo test, $p\text{-value} = 0.001$), although the ellipses
438 representing each group (either lagoons or by years) overlapped.

439 The first PCA showed differences between lagoons (Fig. 7). The first axis explained 71% of
440 the total variance, and was mainly driven by pigments markers of the green algae (lut, neo,
441 chl *b*, viola and zea), prasinophytes (prasino), diatoms (fuco, chl *c*2, diadino), associated with
442 total biomass. The second axis explained 16.5% of the total variance and opposed pigments
443 markers of dinophytes (peri) and cryptophytes (allo) in positive against pigment marker of
444 haptophytes (Hfuc) in negative (Fig. 7A). The first axis is correlated with pigments that are
445 characteristic for the phytoplankton groups which are enhanced by eutrophication (i.e., green
446 algae, diatoms) and a marker of eutrophication (Chl *a*). The position of the center of gravity
447 of the ten stations in this projection showed two groups of stations: the three most eutrophic
448 stations (ME, MW, GC) strongly separated from the other ones (Fig. 7B-C). The group of
449 hypertrophic stations presented a very large ellipse suggesting a strong variability of pigment
450 concentrations. Their center of gravity was also located close to Chl *a*, indicating an elevated
451 biomass in these stations compared to the others. More precisely, they are located in two
452 different directions: MW and ME were close to green algae pigments, while GC is closer to
453 pigments from diatoms and cryptophytes indicating a dominance of these three phytoplankton
454 groups with eutrophication. The second group of stations presented lower concentrations of
455 pigments for all the phytoplanktonic groups. Among this group, the centers of gravity of the
456 different stations ranged from positive to negative along the axis 2, reflecting the trophic
457 gradient ranging from the most (AN) to the less eutrophied (IS) station. Their positions along
458 the second axis reflect some differences in the phytoplankton composition along this gradient.
459 Eutrophic lagoons (AN and PB) were close to cryptophytes and dinophytes pigments. On the
460 opposite, mesotrophic lagoons (IN and IS) and Prévost (PE, PW), a lagoon under marine
461 influence, showed a very low phytoplankton biomass and pigment concentrations, and a
462 stronger signal of haptophytes pigment.

463

464 The second PCA showed differences between years (Fig. 8). The first axis explained 73% of
465 the total variance, and was mainly driven by the pigment estimating total phytoplankton
466 biomass (Chl *a*), pigment markers of diatoms (fuco) or mostly abundant in diatoms (diadino,
467 Chl *c*2), and pigment marker of prasinophytes (prasino). The second axis explained 17% of
468 the total variance and was mainly driven by pigment marker of cryptophytes (allo) and green
469 algae in positive, opposed to pigment marker of dinophytes (peri) and haptophytes (19'Hex-
470 fuco) (Fig. 8A). The vectors of the pigment markers of cryptophytes and dinophytes were
471 opposed in the first two planes of the PCA (Fig. 8A). The projection of the pigment
472 composition of the ten stations showed that 2006 differed from other years by a stronger
473 concentration of the pigments driving the first axis (Fig. 8B). The phytoplankton biomass was
474 still high in summer 2006, six months after the diversion (Fig. 4), and diatoms were the main
475 group in the ten stations, with a higher fucoxanthin concentration compared to the other
476 pigments that explain the position of the center gravity of this year on the axis 1. The
477 following years are distinct from 2006 along the axis 2, showing a change in phytoplankton
478 biomass and composition (Fig. 8B-C). Their position indicate a strong decrease of the Chl *a*
479 concentrations and shifts in phytoplankton composition with a decrease of diatoms and an
480 increase of green algae principally in 2007 and 2008. From 2007 to 2012, each center of
481 gravity showed a displacement along the axis 2, in the direction of the pigment marker of
482 dinophytes, indicating an increase of the occurrence and the concentration of the peridinin in
483 time. 2011 is characterized by a return to pigment markers of green algae, as described in
484 figure 5. Finally, 2013 also differed from the global trend, with a community composition
485 close from those in 2010, less dominated by dinophytes, more balanced between all the
486 pigments identified.

487

488 4. Discussion

489 This study represented a unique opportunity to assess the impact of re-oligotrophication
490 processes in shallow Mediterranean coastal lagoons in conjunction with their contrasting
491 trophic states. The results show that phytoplankton responded quickly, and that the amplitude
492 and qualitative changes depend on the prior eutrophication status of the lagoon.

493

494 *4.1. Phytoplankton chlorophyll biomass in heavily eutrophied lagoons*

495 Before the reduction of the nutrient loadings, the 'Palavasian' lagoons were strongly degraded
496 by regular inputs of nitrogen and phosphorus from treated sewage. The most hypertrophic
497 lagoons Méjean and Grec presented Chl *a* concentrations close to those found in hypertrophic
498 lakes (Jeppesen et al., 1998; Bell and Kalff, 2001). In these lagoons, phytoplankton was the
499 major primary producer, with excessive blooms leading to a complete loss of seagrasses
500 communities and low macroalgal cover probably due to competition for light. Eutrophic
501 symptoms associated to water quality degradation in Palavasian lagoons can be illustrated by
502 the succession of primary producers (Schramm, 1999; Bricker et al., 2008), ranging from a
503 moderate impact, with presence of some macroalgae and seagrasses (IN and IS), to more than
504 the high impact, i.e., dense phytoplankton without macroalgae (ME, MW, GC). The
505 phytoplankton dominance may be related to its strong capacity to compete for dissolved
506 nutrients and light (Cebrian et al., 2014).

507 After the implementation of the diversion, TN, TP and Chl *a* biomass responded quickly by a
508 strong decrease within two years after the nutrient reduction, whatever the prior trophic status
509 of the lagoons. Although such a decrease has already been observed during re-
510 oligotrophication processes in lacustrine (Ruggiu et al., 1998; Jeppesen et al., 2005; Van
511 Donk et al., 2008), riverine or coastal ecosystems (Kemp et al., 2005; Greening and Janicki,
512 2006; Xu et al., 2010), it is highlighted that in these coastal lagoons, the response was quick
513 compared to the other systems. Hence, the reduction of chlorophyll *a* in the Tampa bay took 5

514 years (Greening and Janicki, 2006), and the reduction of TN and TP in lakes took about 5 and
515 10-15 years, respectively (Jeppesen et al., 2005). The amplitude of the decrease of Chl *a*
516 biomass was strongly linked to the prior trophic status of the lagoon, and was mainly driven
517 by the decrease of picoeukaryote abundances. Steady-state nutrient conditions observed in
518 these lagoons resulted in massive picoeukaryote blooms, observed particularly in eutrophic
519 and hypertrophic lagoons (Table 2). These picoplanktonic blooms often represented the
520 dominant fraction of Chl *a* biomass throughout summer (Bec et al., 2011) leading to a strong
521 depletion of nutrients in these highly eutrophied systems (Souchu et al., 2010). These
522 phenomena could explain the absence of significant changes for the inorganic nitrogen and
523 phosphorus concentrations after the reduction of nutrient loadings. The rapidity of the
524 responses of coastal lagoons could also be associated to favorable climatic conditions during
525 the five years (2006-2010), characterized by low or no rainfall during summer (“*Comparaison*
526 *climatologique annuelle - Infoclimat*”), reducing non-point source nutrient loads.

527

528 4.2. Phytoplankton functional taxonomic groups

529 Small cells (< 10 μm) are the typical dominant phytoplankton in lagoonal algal blooms
530 (Glibert et al., 2010; Bec et al., 2011; Pachés et al., 2014). In the Palavasian complex,
531 phytoplankton community was often dominated by small size classes, most belonging to pico-
532 (2-3 μm) and nanoeukaryotes (3-6 μm) (Bec et al., 2011). Major functional/taxonomic groups
533 were represented by diatoms, green algae, cryptophytes, and dinophytes. Among them,
534 diatoms, green algae and cryptophytes are functional groups composed of fast-growing algae
535 that may have been favored in response to high and fluctuating nutrient loadings (Paerl et al.,
536 2006; Paerl et al., 2010) such as observed in lagoons. However, these functional groups that
537 exhibited contrasting ecological strategies, especially in resource utilization (Litchman et al.,

538 2007), responded differently to the reduction of effluent nutrient loads in conjunction with
539 lagoon environmental changes (*i.e.* salinity, light, turbulence).

540 Diatoms were present in all the Palavasian lagoons and were particularly dominant in the
541 most eutrophic lagoons in 2006. In many coastal systems, diatoms dominated the
542 phytoplankton community when silicate concentrations were sufficiently high to sustain their
543 growth (Lie et al., 2011; Burford et al., 2012). In Palavasian lagoons, it has been suggested
544 that silicate concentrations may not be limiting for diatom growth (Souchu et al., 2010).

545 Diatoms, with high maximum nutrient uptake rates and high growth rates, may be favored
546 under high or fluctuating nutrients (Litchman et al., 2007) and are not inhibited by turbulence
547 associated with those nutrient regimes (Margalef, 1978). Moreover, diatoms have a high
548 nitrogen affinity, especially small-sized species (Litchman and Klausmeier, 2008; Litchman et
549 al., 2009) making them really competitive compared to others. Thus, this functional group is
550 well adapted to dominate highly eutrophied waters, particularly in coastal waters under
551 freshwater discharges or sewage influence (Paerl et al., 2010; Lie et al., 2011; Gadea et al.,
552 2013). Furthermore, diatoms with low half-saturation constants for irradiance-dependent
553 growth (Litchman et al., 2007) could be more adapted to the low irradiance associated with
554 high chlorophyll concentration in eutrophic and hypertrophic systems (Sommaruga and
555 Robarts, 1997). In terms of seasonal dynamics, diatoms blooms in temperate coastal systems
556 occur mainly in spring but may last during summer if nutrients are continuously supplied and
557 not entirely consumed (Chisholm, 1992; Agawin et al., 2000; Chang et al., 2003). Throughout
558 the year, the continuous discharge of sewage effluent resulted in high nutrient loadings in
559 lagoons that may sustain diatom growth (Lie et al., 2011; Burford et al., 2012). Then, the
560 reduction of effluent nutrient loadings could affect diatom growth, particularly during the dry
561 summer period, leading to the large decrease of fucoxanthin-rich diatoms. This decrease was
562 particularly observed in the hypertrophic lagoons between 2006 and 2007, suggesting a time

563 lag between reduction of nutrient loading and changes of phytoplankton community
564 composition. In these lagoons, the phytoplankton composition has shifted towards green algae
565 dominance. Temperature also plays an important role in the phytoplankton seasonal
566 succession. Many green algae (*Chlorella*, *Scenedesmus*, *Cosmarium*) have optimal
567 temperature for growth between 25 and 35°C (Litchman et al., 2010). After 2006, the shift
568 from diatoms to green algae dominance during summer could thus be explained by the shift in
569 nutrient delivery (decreasing external inputs) and by high summer temperatures.

570 Small *Chlorella*-like algae were the main component of the picoeukaryote community in the
571 eutrophic Palavasian lagoons before the reduction of nutrient loadings (Bec et al., 2011).
572 After 2006, green algae (chlorophytes and prasinophytes) was also a major functional group
573 of phytoplankton community in the 3-6 µm size range and replaced small diatoms especially
574 into hypertrophic lagoons (ME, MW, GC). Because of their high S:V ratio, efficient growth
575 rates and enhanced nutrient uptake rates (Paerl et al., 2003), green algae appear more
576 competitive than other phytoplankton functional groups to use regenerated forms of nutrients
577 in the lagoons (Glibert et al., 2010). Indeed, benthic fluxes are an important source of
578 nutrients (NID and DIP) in coastal lagoons, especially during summer, and may result in high
579 NH₄ efflux from the sediment to the water column (Glibert et al., 2010). Even if the effluent
580 diversion has resulted in a strong reduction of the external nutrient supply, internal supply
581 from benthic stocks related to eutrophication could stimulate phytoplankton growth
582 (McGlathery et al., 2007; Burford et al., 2012). Green algae have abilities to use ammonium
583 from regenerated sedimentary stock (Domingues et al., 2011; Donald et al., 2011) and have
584 particularly high affinity for ammonium uptake compared to diatoms and dinophytes
585 (Litchman et al., 2007).

586 Furthermore, the eutrophication gradient in the Palavasian lagoons is highly linked to
587 freshwaters inputs. Green algae were mainly observed in brackish and hypertrophic lagoons

588 such as Méjean lagoon (Table 2). This phytoplankton functional group is tolerant to low
589 salinity as observed in freshwater and brackish coastal lagoons (Coelho et al., 2007;
590 Cartaxana et al., 2009; Pachés et al., 2014) and is often observed in hypertrophic systems such
591 as lagoons under high freshwater inputs (Torres and delRio, 1995; Bonilla et al., 2005) and
592 lakes (Wasmund and Kell, 1991; Hepperle and Krienitz, 2001). So both low salinities and
593 high trophic status could explain the predominance of chlorophytes in some Palavasian
594 lagoons. Flagellates such as Prasinophytes and cryptophytes, present in the most eutrophic
595 lagoons also seems to be promoted by low salinities (Bonilla et al., 2005).

596 Cryptophytes were present in high proportions in the Palavasian lagoons where they can
597 respond quickly to nutrient loads due to their high growth rate (Paerl et al., 2003). In
598 mesotrophic lagoons, it allowed them to be more competitive than picoeukaryotes that were
599 less abundant. This taxonomic group is well adapted to turbid and low light environments
600 such as coastal and estuarine waters due to photoacclimation (phycobilins and alloxanthin
601 pigments) to low light intensities (Bergmann, 2004; Weng et al., 2009; Fischer et al., 2014).

602 Microscopic observations of the ciliate, *Mesodinium rubrum*, in some Palavasian lagoons
603 suggest that cryptophytes could be also a potential food source for the mixotrophic dinophytes
604 (Paerl et al. 2003; Myung et al., 2011).

605 Dinophytes were scarce or absent in mesotrophic and hypertrophic lagoons in 2006. In many
606 coastal waters, dinophytes occurrence is generally attributed to eutrophication (Anderson et
607 al., 2002; Heisler et al., 2008). However in the coastal lagoons in the South of France,
608 dinophytes have been reported mainly for oligotrophic and mesotrophic marine lagoons
609 (Collos et al., 2009; Bec et al., 2011). Hence, it was suggested that habitat disturbance,
610 species displacement and low turbulence could favor dinophytes occurrences. Due to
611 relatively low growth rates, it is expected that this functional group is better adapted under
612 low-nutrient and low turbulence conditions (Margalef, 1978). After the nutrient reduction, all

613 lagoons showed increasing proportion and occurrence of peridinin-rich dinophytes with time.
614 In eutrophic lagoons, the phytoplankton composition has shifted from diatoms to dinophytes.
615 This shift has already been observed during the re-oligotrophication of coastal ecosystems
616 caused by a reduction of phosphorus loadings (Yamamoto, 2003; Collos et al., 2009). In these
617 systems, the depletion of inorganic phosphorus may have led to blooms of dinophytes that can
618 utilize dissolved organic phosphorus (Seto Inland Sea) or picocyanobacteria as an additional
619 resource (Thau lagoon). Thus, the ability of dinophytes to grow while the availability of
620 inorganic nutrients decreases could be related to their ability to supplement their photo-
621 autotrophy by mixotrophy (Smayda and Reynolds, 2003; Litchman et al., 2007). Mixotrophy
622 could provide a unique resource niche under steady-state summertime conditions in coastal
623 and estuarine environments (Stickney et al., 2000). In freshwater lakes, mixotrophic flagellate
624 species (dinophytes, chrysophytes, cryptophytes) have appeared or increased during the re-
625 oligotrophication process (Gaedke, 1998; Anneville and Pelletier, 2000; Van Donk et al.,
626 2008). In lake Constance, it has been argued that the mixotrophic properties of *Dinobryon*
627 (chrysophyte) are an advantage in phosphorus-poor waters and its increasing biomass may be
628 explained by the increasing underwater light due to the decreasing biomass of the other
629 phytoplankton groups (Kamjunke et al., 2007). The authors suggested that the increased
630 underwater light availability promoted the autotrophic energy gain (phagotrophic phosphorus
631 gain) of *Dinobryon*. On the other hand, as large phytoplankton biomass blooms decreased, the
632 shift in species composition may have led to greater prevalence of some species such as
633 dinophytes that can fill that niche (Anderson et al., 2002).

634

635 4.3. Phytoplankton trajectories during re-oligotrophication process

636 The functional approach was used to understand the phytoplankton community patterns since
637 the re-oligotrophication started in the Palavasian lagoons. The analysis of four major

638 functional phytoplankton groups, through algal strategies and adaptations, revealed that the
639 trajectories of the phytoplankton community displayed a complex response to changing
640 nutrient loads over time. The trajectories of coastal ecosystems during re-oligotrophication
641 may be more complex than expected as other control factors maybe changing at the same time
642 (Duarte et al., 2009).

643 During the 8-year lagoon monitoring, the decrease of chlorophyll biomass is associated to
644 changes of phytoplankton diversity that are strongly linked to the prior trophic status of the
645 lagoons. Diversity, evenness and richness of phytoplanktonic groups were higher in
646 mesotrophic lagoons than in the most eutrophic ones. In ecosystems with high production,
647 diversity is generally reduced by competitive exclusion while it is maximized at
648 “intermediate” disturbance and production level (Huston, 1979; Duarte et al., 2006 and
649 references therein). The diversity changes reflected the modifications of the community
650 structure in response of the reduction of effluent nutrient loads. While Chl *a*, TN and TP
651 concentrations decreased strongly and quickly, the diversity of main phytoplanktonic groups
652 responded to the nutrient reduction over a much longer period. Throughout the monitoring,
653 the diversity patterns were marked by a strong variability in eutrophic and hypertrophic
654 lagoons whereas phytoplankton community structure reached the highest diversity and
655 stability (since 2010) in mesotrophic lagoons. Eutrophic and hypertrophic lagoons are still
656 subjected to environmental fluctuations (i.e. fluctuating nutrient supply) or disturbance related
657 to freshwater inputs from multiple canalization (See Methods) that can explain the
658 fluctuations of phytoplankton diversity. Moreover, as high nutrient availability tends to
659 reduce phytoplankton diversity by favoring fast-growing species (Huston, 1979; Duarte et al.,
660 2006), algal coexistence should be facilitated and thus phytoplankton diversity should
661 increase in time with the decreasing of nutrient availability in lagoons as observed in
662 mesotrophic ones.

663 Therefore, the responses of lagoon phytoplankton community to re-oligotrophication are not a
664 linear process that remains vulnerable to potential nutrient loads associated to rain events or to
665 interannual climate variations. Indeed, as during the summer of 2011, the re-oligotrophication
666 trend could be temporarily reversed by climatic conditions. The chlorophyll biomass and the
667 proportion of chlorophytes increased in all lagoons. This year presented a record of elevated
668 air temperature (1.5°C warmer than the 1900-2011 average). The spring was exceptionally
669 warm and allowed early phytoplankton growth while summer presented particularly
670 important rainfall and storm events, bringing nutrients to the lagoons (www.meteofrance.fr).
671 The year 2011 represented an exception compared to the 8-year lagoon monitoring period but
672 showed that the phytoplankton trajectories are fragile and can be reversed. In coastal
673 ecosystems, the re-oligotrophication may follow the reduction of sewage nutrient inputs but
674 may be affected by anthropogenic disturbance or by natural phenomena including rainfall
675 events or record flood years (Saeck et al., 2013).

676 This study showed that changes of phytoplankton community structure and composition are a
677 first step in restoration of water column for the Palavasian lagoons. Even if external nutrient
678 loadings decreased, high internal nutrient loads that have accumulated in the sediments during
679 the eutrophication period may release nutrients in the water column, particularly during
680 summer, delaying the recovery of lagoons in the long term as observed for lakes (Jeppesen et
681 al., 2005; Sondergaard et al., 2007). The increase of the light penetration, permitted by the
682 reduction of the phytoplankton biomass, initiated recently a shift among the primary
683 producers, with the reappearance of the macroalgae particularly in the most eutrophied
684 lagoons (work in progress). Benthic macroalgae can outcompete phytoplankton for nutrients,
685 especially if the major nutrient supply is internal loading from mineralization from sediments
686 (McGlathery et al., 2007). This primary producer reduces the flux of nutrients from the
687 sediment to the water column, which limits the supply of nutrients for phytoplankton growth.

688 By competition for nutrient and light, macroalgae could directly influence the phytoplankton
689 diversity and community structure during the re-oligotrophication process. Inversely to the
690 shift from benthic to pelagic-dominated primary producers occurring during eutrophication
691 (Bricker et al., 2008), Palavasian lagoons could expect a shift from a system pelagic-
692 dominated productivity based on phytoplankton to a more benthic-dominated system based on
693 macroalgae and seagrasses.

694

695 *Acknowledgements*

696 Amandine Leruste was supported by a PhD fellowship from the French Ministry of
697 Education, Higher Education and Scientific Research attributed by the Doctoral School
698 SIBAGHE in Montpellier. This paper uses data from the Lagoon Monitoring Network
699 (Réseau de Suivi Lagunaire) funded by Agence de l'Eau, Région Languedoc-Roussillon and
700 Ifremer. We thank the staff of the Ifremer laboratories in Languedoc-Roussillon for data
701 collection. We thank Annie Pastoureaud and André Vaquer for having initiated the HPLC
702 pigment analysis in the framework of the Lagoon Monitoring Network. This paper is
703 dedicated to the memory of Yves Collos (1949-2015).

704

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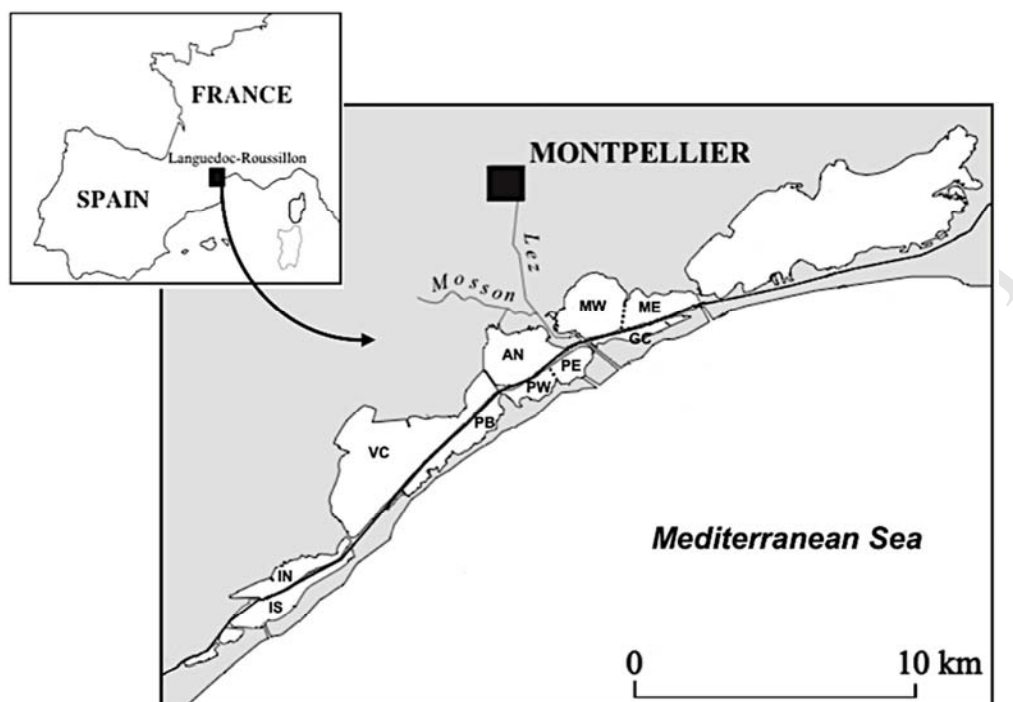
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992 **Figures**
 993



994
 995 Figure 1: Location of the sampling stations, into the eight lagoons of the Palavasian complex,
 996 next to the Montpellier city agglomeration. The dark line is represents the Rhône-to-Sète
 997 canal.

998
 999 Table 1. Characteristics of the 10 stations of the 8 coastal lagoons from the Palavasian
 1000 complex. Trophic status, freshwater inputs and seawater exchanges are specified, from
 1001 Souchu et al., 2010 and Bec et al., 2011.

Lagoon	Trophic status	Area (km ²)	Volume (10 ⁶ m ³)	Mean depth (m)	Main freshwater	Connections to the sea	Station	Label of the Station
Méjean	Hypertrophic	5.5	4.1	0.75	Channel	Indirect	East Méjean West Méjean	ME MW
Grec	Hypertrophic	2.7	0.7	0.30	Channel	Indirect	Grec	GC
Arnel	Hypertrophic	4.7	1.9	0.40	River	Indirect	Arnel	AN
Prévoist	Eutrophic	3.8	2.9	0.75	Channel	Direct	East Prévoist West Prévoist	PE PW
Vic	Eutrophic	11.5	13.8	1.2	Channel	Indirect	Vic	VC
Pierre blanche	Eutrophic	3.7	1.5	0.4	Channel	Indirect	Pierre blanche	PB
North Ingril	Mesotrophic	3.2	2.2	0.6	Channel	Indirect	North Ingril	IN
South Ingril	Mesotrophic	3.6	1.9	0.6	Channel	Direct	South Ingril	IS

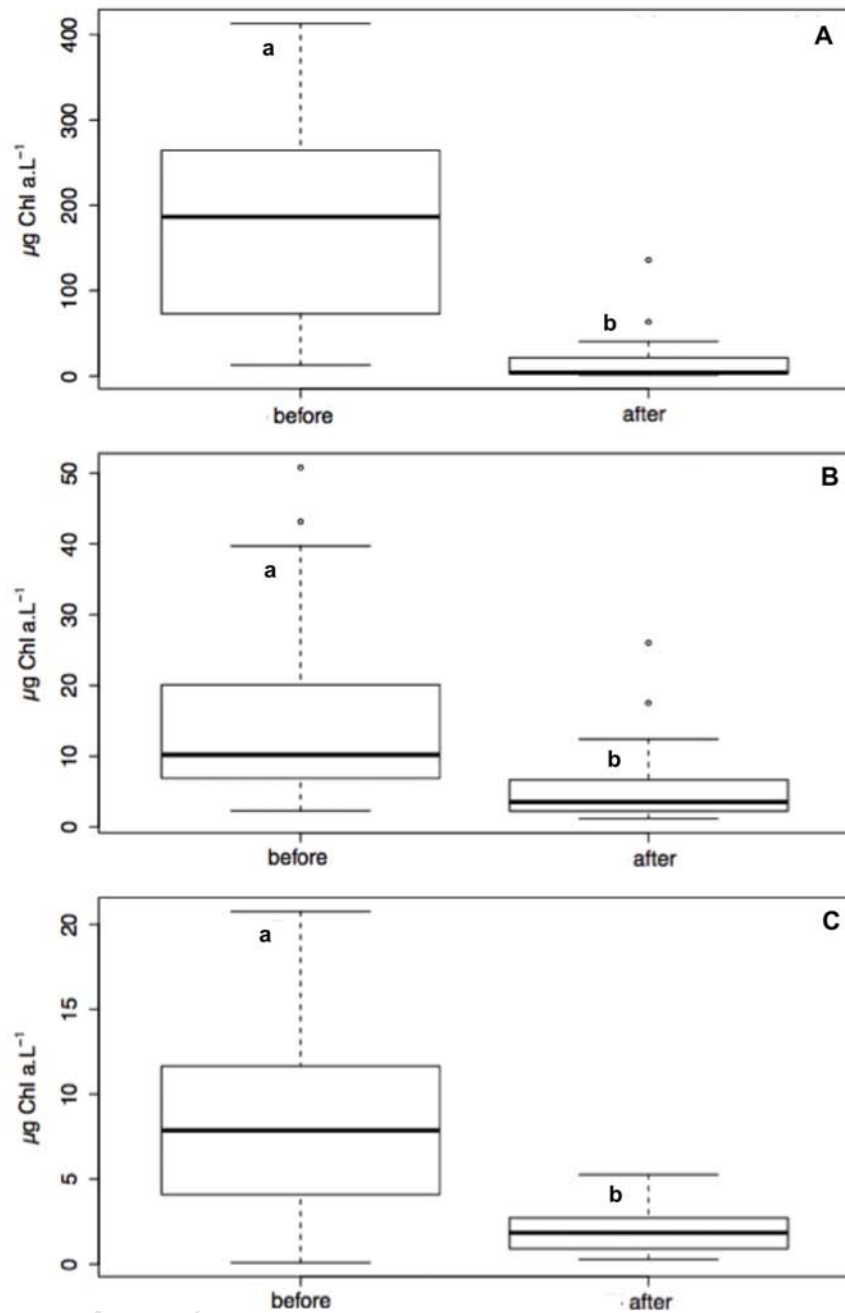
1002

1003 Table 2. Median values and ranges (minimum and maximum values between brackets) of
 1004 salinity, temperature, chlorophyll *a*, total nitrogen and total phosphorus concentrations, during
 1005 summer periods, from 2000 to 2013.

Station	Salinity	TN (μM)	TP (μM)	Chl <i>a</i> ($\mu\text{gChl } a.\text{L}^{-1}$)	PE-CYAN (10^6 cell/L^{-1})	PEUK (10^6 cell/L^{-1})	NANO (10^6 cell/L^{-1})
MW	26.8 (13.9 – 38.1)	196 (42.7 – 527)	12.4 (2.8 – 30.0)	83.1 (1.6 – 413)	0 (0-267)	1000 (0-9158)	6.9 (0-16303)
ME	30.0 (19.9 – 36.5)	108 (37.6 – 296)	5.6 (1.2 – 17.7)	42.2 (0.7 – 274)	1.3 (0-333)	280 (0.5-4567)	5.1 (0-4300)
GC	32.0 (22.1 – 39.8)	149 (36.1 – 432)	8.0 (1.5 – 32.4)	73.2 (0.9 – 361)	3.6 (0-72.9)	257 (3.7-6526)	13.1 (0-455)
AN	35.7 (16.9 – 45.9)	86.3 (34.5 – 298)	4.6 (1.5 – 27.0)	47.6 (1.0 – 393)	0.5 (0-57)	49.4 (1.3-22000)	7.6 (0.8-1660)
PW	36.8 (27.1 – 44.0)	56.0 (25.4 – 137)	2.4 (0.7 – 6.1)	12.7 (0.7 – 54.0)	1.2 (0-18.9)	10.4 (0.2-1900)	5.8 (0.5-128)
PE	36.5 (30.7 – 40.5)	53.0 (15.4 – 188)	2.3 (0.8 – 8.8)	15.2 (0.8 – 104)	2.7 (0-79.4)	32 (0.4-725)	10.5 (0.2-627)
VC	38.1 (21.4 – 51.0)	65.2 (38.2 – 166)	3.0 (0.8 – 13.0)	9.9 (1.2 – 50.8)	0 (0-10.6)	15.4 (0.4-3200)	3.5 (0-63.4)
PB	37.3 (23.3 – 48.1)	69.6 (37.1 – 132)	3.8 (1.4 – 8.2)	20.9 (1.3 – 101)	0.2 (0-32)	15.8 (1-1975)	4.3 (0-157)
IN	38.8 (31.9 – 44.1)	34.5 (16.0 – 80.0)	1.2 (0.4 – 4.9)	4.8 (0.1 – 20.8)	1.7 (0-43)	16.2 (0.7-1081)	2.3 (0-18.6)
IS	38.9 (33.8 – 44.5)	30.7 (9.6 – 75.6)	0.9 (0.5 – 1.9)	3.7 (0.2 – 20.5)	5 (0-237)	5 (0-237)	1.7 (0-24.8)

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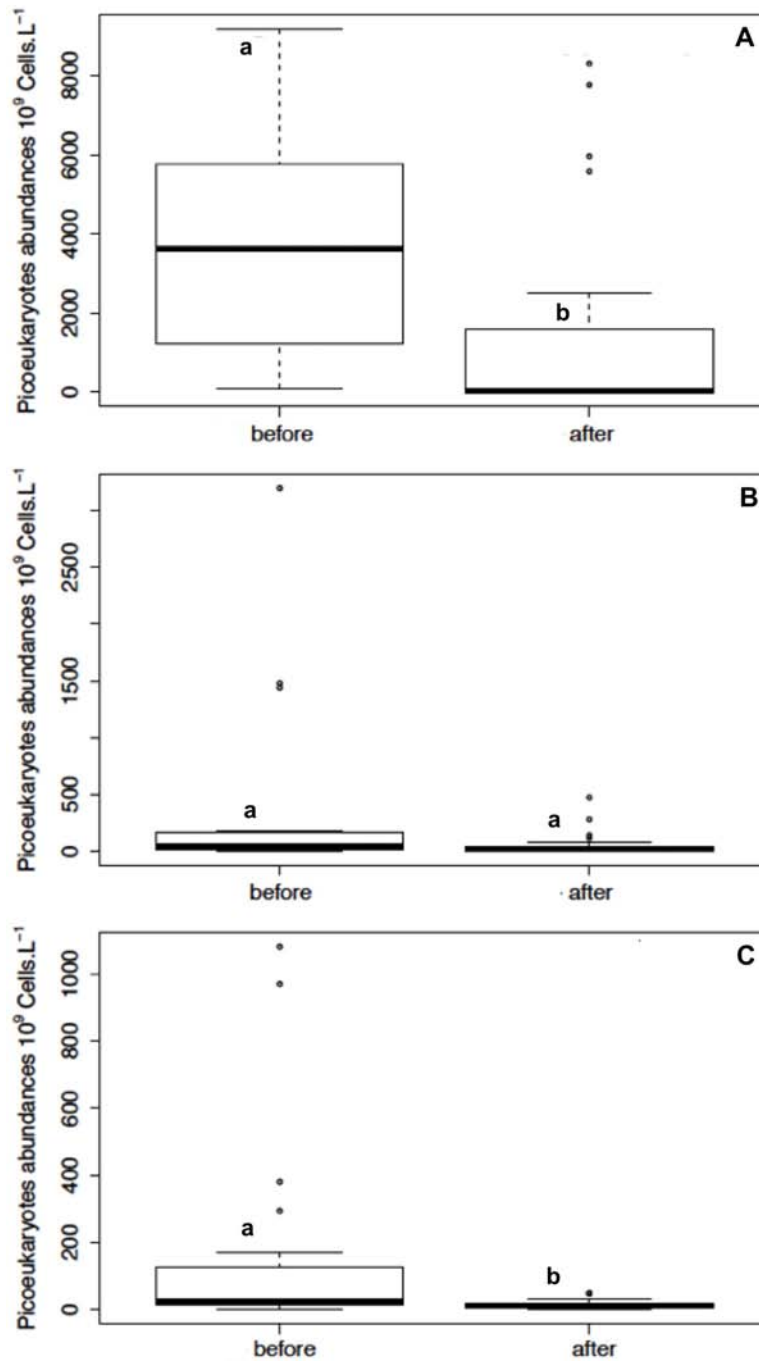


1008

1009 Figure 2. Distributions of Chl *a* concentration in hypertrophic (MW, A), eutrophic (VC, B)
 1010 and mesotrophic (IN, C) lagoons. Box-and-whisker plots from summer values from 2000 to
 1011 2005 (before diversion), and from 2006 to 2013 (after diversion). The whiskers represent the
 1012 5th and the 95th percentiles, the outer edges of the boxes represent the 25th and 75th
 1013 percentiles, and the horizontal line within the boxes represents the median. Significant
 1014 difference between means before and after is illustrated by different letters (a and b).

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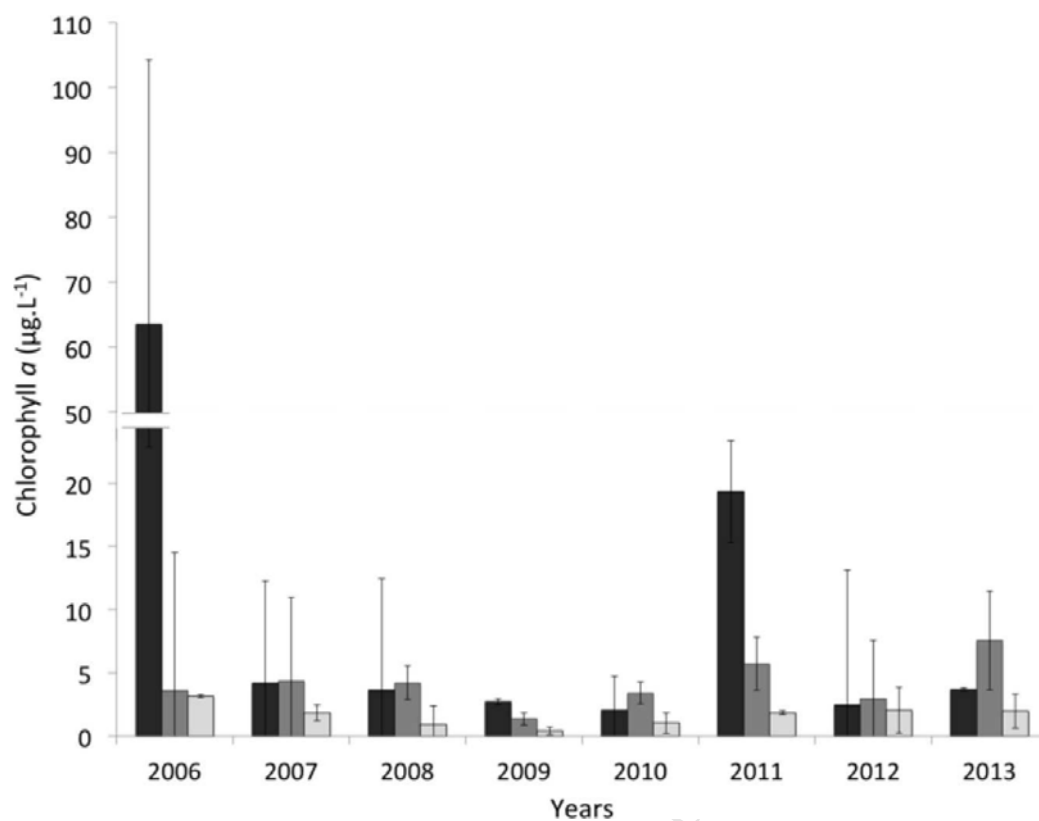
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1017

1018 Figure 3. Distributions of picoeukaryote abundances in hypertrophic (MW, A), eutrophic
 1019 (VC, B) and mesotrophic (IN, C) lagoons. Box-and-whisker plots from summer values from
 1020 2000 to 2005 (before diversion), and from 2006 to 2013 (after diversion). The whiskers
 1021 represent the 5th and the 95th percentiles, the outer edges of the boxes represent the 25th and
 1022 75th percentiles, and the horizontal line within the boxes represents the median. Significant
 1023 difference between mean before and after is illustrated by different letters (a and b).

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1026 Figure 4. Summer chlorophyll *a* concentrations in hypertrophic (MW), eutrophic (VC) and
1027 mesotrophic (IN) lagoons from 2006 to 2013. Means of three summer values (June, July,
1028 August). Black, dark gray and light gray indicate MW, VC and IN lagoons, respectively.

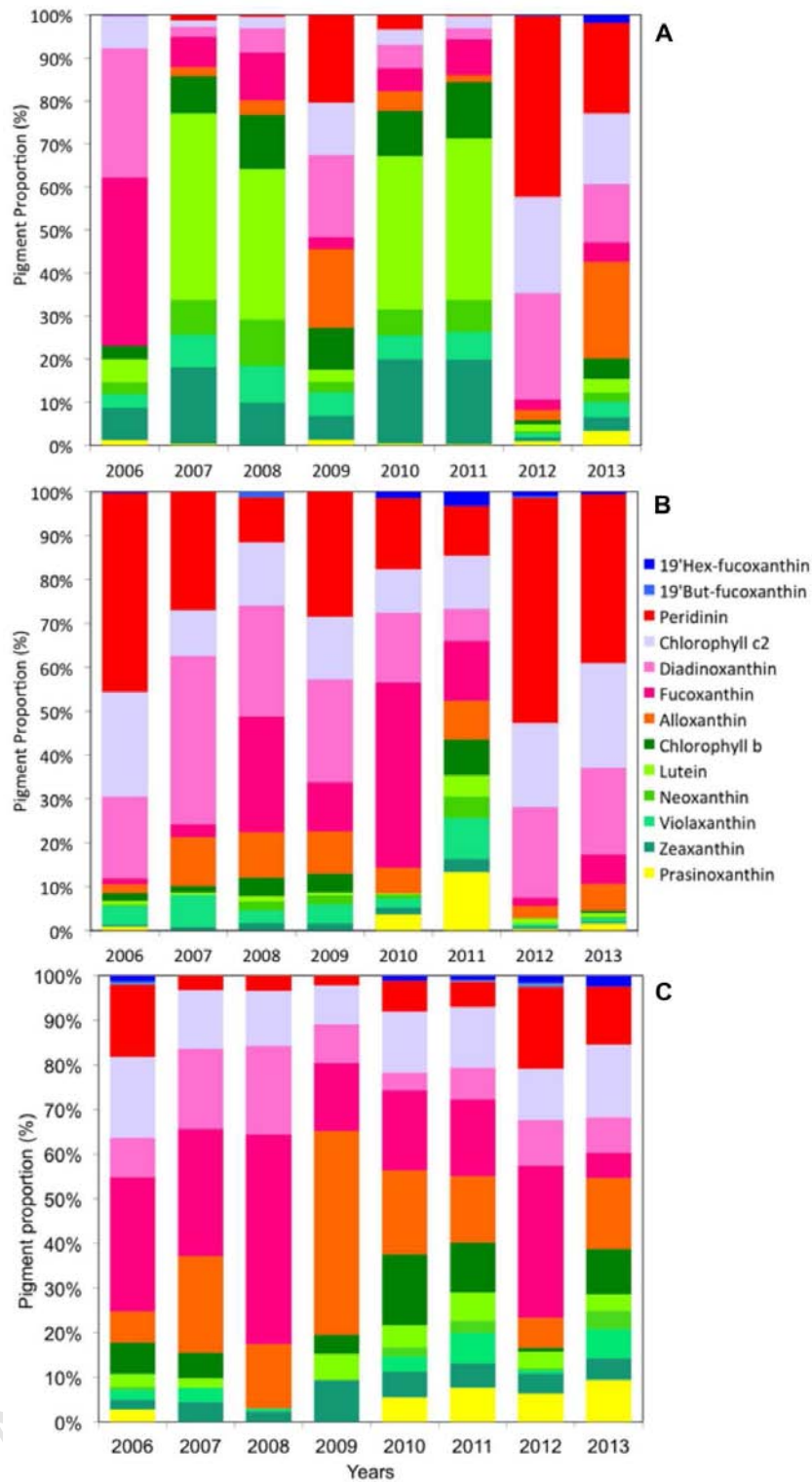
1029
 1030 Table 3. Summer concentrations of pigment markers of main phytoplanktonic groups in 2006
 1031 in hypertrophic (MW), eutrophic (VC) and mesotrophic (IN) lagoons. Means of three summer
 1032 values (June, July, August).

Pigments and associated taxonomic group	MW	VC	IN
	(μg.L ⁻¹)		
Fucoxanthin (diatoms)	22.28	0.11	0.62
Zeaxanthin (cyanobacteria – chlorophytes – prasinophytes)	4.29	0.04	0.06
Chlorophyll <i>b</i> (green algae)	1.73	0.16	0.1
Lutein (chlorophytes – prasinophytes)	3.06	0.07	0.06
Neoxanthin (chlorophytes – prasinophytes)	1.58	0.02	0.00
Prasinoxanthin (prasinophytes)	0.68	0.08	0.06
Alloxanthin (cryptophytes)	0.01	0.16	0.16
19'But-fucoxanthin (haptophytes)	0.04	0.00	0.00
19'Hex-fucoxanthin (haptophytes)	0.10	0.02	0.04
Peridinin (dinophytes)	0.05	3.87	0.16

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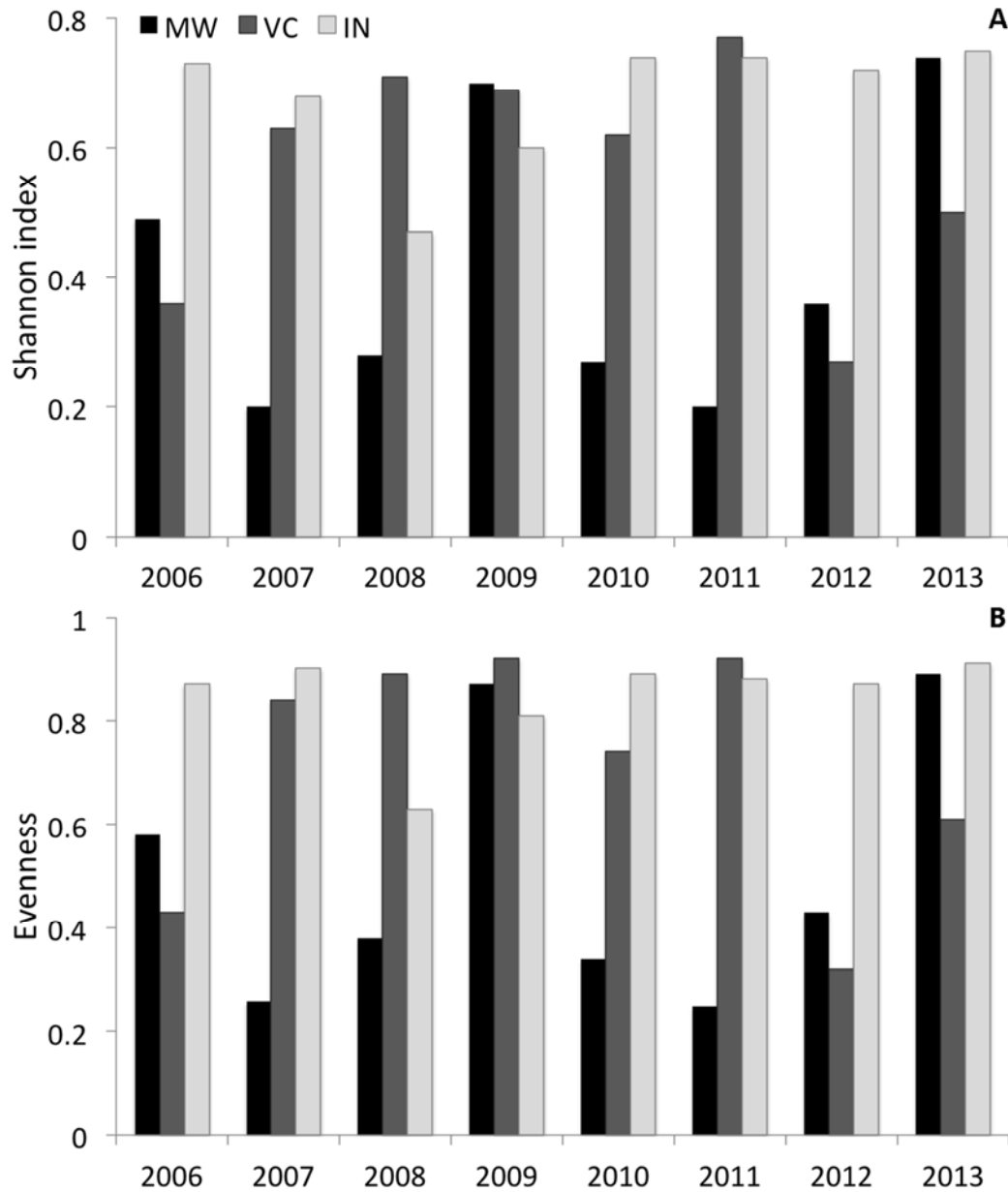


1036

1037 Figure 5. Proportions of accessory pigments in hypertrophic (MW, A), eutrophic (VC, B) and
 1038 mesotrophic (IN, C) lagoons from 2006 to 2013. Samplings were performed in June, July,
 1039 August) and the data have been calculated from mean summer values for each year.

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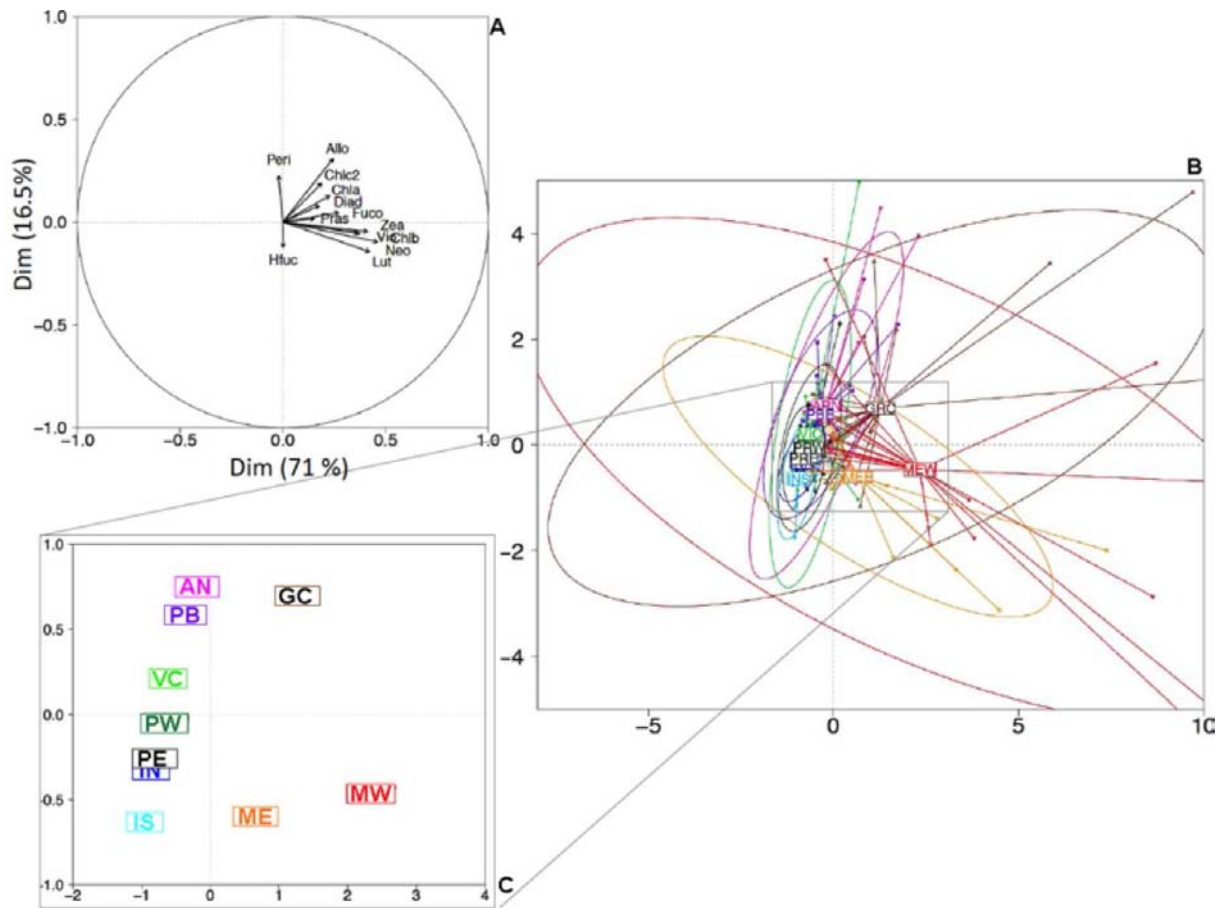


1042

1043 Figure 6. Values of Shannon diversity Index (A) and Evenness (B) of the phytoplankton
 1044 communities in hypertrophic (MW in black), eutrophic (VC in dark grey) and mesotrophic
 1045 (IN in light grey) lagoons, based of the phytoplankton pigment composition during summer
 1046 period (June, July, August) from 2006 to 2013.

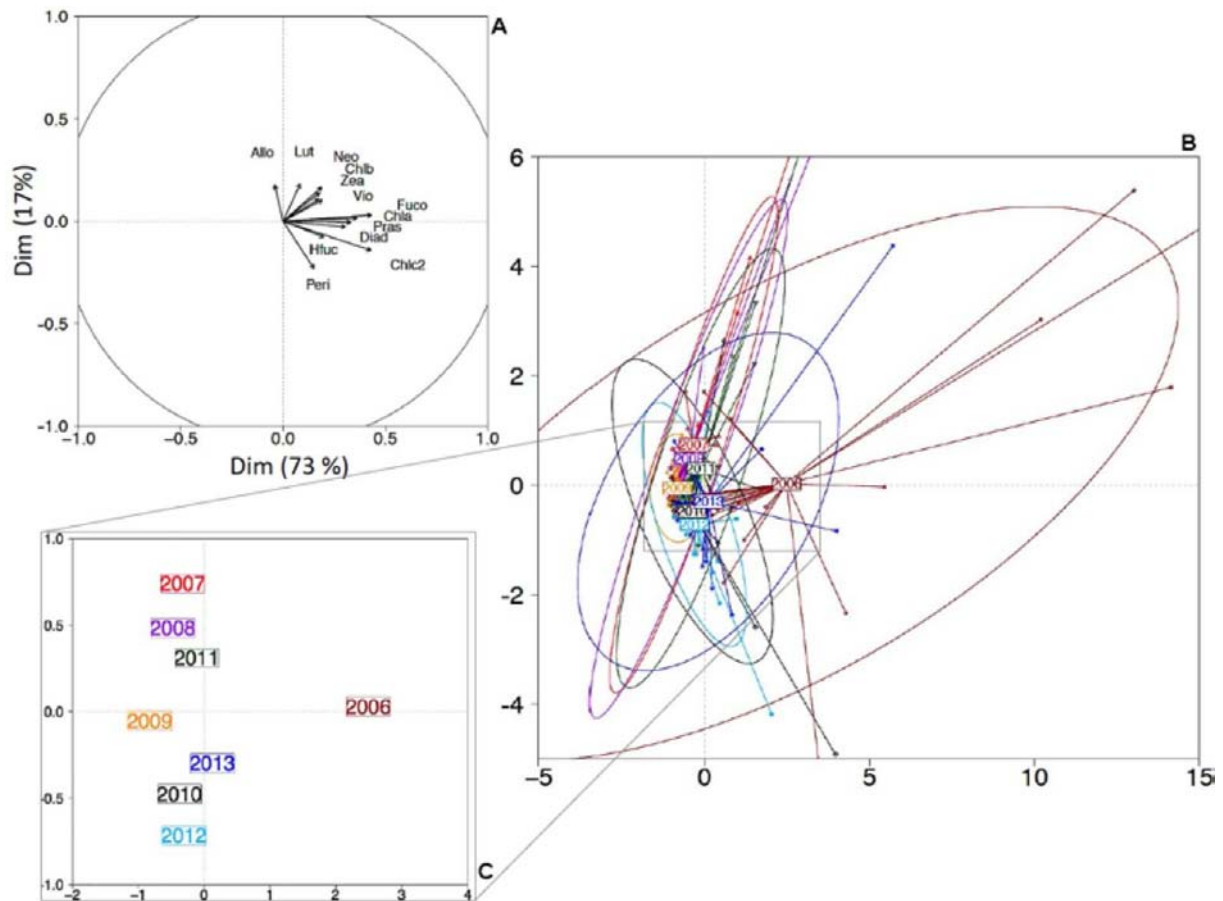
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 1050 Figure 7. Between-class PCA by stations of the summer monitoring from 2006 to 2013 on the
 1051 10 stations in the Palavasian complex. Correlation circle shows a projection of the pigment
 1052 concentration along the two first axes with different percent of variance between-class.
 1053 Arrows represent pigments (A) Projection of pigment composition of the ten stations for the 8
 1054 years monitoring along the two axes by years, (B) Labels correspond to the center of gravity of
 1055 all the values, and ellipse represent 95% confidence limit of the mean, (C) Position of each
 1056 center of gravity.

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1060 Figure 8. Between-class PCA by years of the summer monitoring from 2006 to 2013 on the
 1061 10 stations in the Palavasian complex. Correlation circle shows a projection of the pigment
 1062 concentration along the two first axes with different percent of variance between-class.
 1063 Arrows represent pigments (A) Projection of pigment composition of the ten stations for the 8
 1064 years monitoring along the two axes by years, (B) Labels correspond to the barycenter of all
 1065 the values, and ellipse represent 95% confidence limit of the mean, (C) Position of each
 1066 center of gravity.

1067 **Supplementary Materials**

1068

1069 Table S1. Statistics of mean comparison before and after the effluent diversion, of Chl *a*
 1070 ($\mu\text{gChl}a.L^{-1}$), total nitrogen and total phosphorus concentrations (μM), with hypothesis =
 1071 concentration before > after (Wilcoxon test, R). Stars precise significance level (* p-value <
 1072 0.05, ** p-value < 0.005, *** p-value < 0.0005).

Lagoons	TN	TP	Chl <i>a</i>
MW	367***	359***	366***
ME	363***	351***	353***
GC	407***	405***	418***
AN	324***	318***	344***
PW	271.5***	274***	286***
PE	342.5***	324***	306***
VC	272*	295**	298**
PB	193***	183***	198***
IN	312*	350.5**	383***
IS	267.5*	304*	376***

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