

1 Supplemental information

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3 **Using the MitoB method to assess levels of reactive oxygen species in ecological studies**
4 **of oxidative stress**

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18 Appendix S1: STANDARD OPERATING PROCEDURE FOR HPLC-MS TUNING

19 All quantification of the compounds MitoP, *d*₁₅MitoP, MitoB and *d*₁₅MitoB, using a high performance
20 liquid chromatography system connected to a mass spectrometer (HPLC-MS), were conducted
21 following standard operating procedures based on the following guidelines. We present how the
22 method was conducted in our study as an example (but non-exclusive way) and then we present
23 solutions to frequently encountered issues.

24 *Instrumentation and chemical*

25 To separate and introduce the compounds into the MS a liquid chromatography system is required,
26 while quantification of the compound in the eluant coming from the HPLC requires a mass
27 spectrometer. This can either be a HPLC system or an ultra-performance liquid chromatography
28 (UPLC) system using a 2.0 mm column running at 200 µl/min or a 4.6 mm column running at 1
29 ml/min. The chromatographic column used in the present study is a standard reverse phase C 18
30 column such as a hypersil gold column (150 mm x 2 mm, I.D. 2.0µm) with guard column. Standards
31 at known concentration of isolated compounds are necessary to set up the quantification of the 4
32 compounds. The concentration of the standards used to provide calibration curve is highly dependent
33 on the system used. Table S1a gives a suggested range of starting concentrations for a conventional
34 HPLC 4.6 mm column (flowrate 1 ml/min) and UPLC 2.0 mm column (flowrate 200 µl/min).

35

36 *Mass spectrometric detection of the 4 compounds*

37 Two types of mass analysers have been used to detect Mito compounds in biological samples: one
38 based on high resolution accurate mass (HRAM) ¹, and the other on tandem mass analysis (MS/MS) ².
39 Mass spectrometric analysis was carried out using positive ion mode. To tune the HRAM or the
40 MS/MS, directly infuse the isolated compound into the MS using an appropriately diluted stock
41 solution containing only a single compound, starting at a mid-range concentration to visualize any low

42 level contaminants while not overloading the mass spectrometer with the compound of interest (e.g.
43 Standard 4 in Table S1a). Detect the compound on the ion spectrum according to the accurate mass of
44 the ions or the approximate one for the HRAM and MS/MS, respectively (Table S2a and b). This
45 provides evidence of the purity of each standard and allows tuning of the mass spectrometer on each
46 compound if needed. In the case of MS/MS analysis this procedure was used to optimise the
47 fragmentation energy. The fragmentation energy used in our experiments carried out in an ion trap
48 mass spectrometer (Thermo Fisher Scientific) was 55%.

49

50 *Coupling of the chromatographic system to the mass spectrometer*

51 First, the stock solution should be checked for impurities by HPLC-MS analysis at high concentration.
52 Second, a mixture of the 4 standards is assessed to confirm separation of the peaks of MitoB
53 compounds from the MitoP compounds. In the setup described here there was approximately one
54 minute separation between the pairs of peaks P *versus* B. Finally, an extended calibration curve is
55 performed to ensure the linear range of the system and the minimum and maximum concentrations
56 that can be quantified for each of the 4 compounds. Note that molecules that differ only in the degree
57 of deuteration can show small differences in their interactions with the stationary phase during
58 separation by HPLC, so that the deuterium compounds elute slightly more quickly than their isotope ³⁻
59 ⁵ – this is evident in figure 2 of the main article. For this reason, it is important to integrate the amount
60 of the deuterated and undeuterated compounds over the whole peak area in place of peak height.

61

62 *Sequence of the gradient in the mobile phase*

63 The mobile phase used in our analysis was based on solvent A: 98% water 2% acetonitrile in 0.1%
64 formic acid and solvent B 100% acetonitrile with 0.1% formic acid. The gradient that allowed
65 separation of the four MitoP, *d*₁₅MitoP, MitoB and *d*₁₅MitoB compounds was based on a starting
66 solvent of 30% B, rising to 65% solvent B over 10 minutes prior to a wash and re-equilibration phase.

67 *Integration of the peak area*

68 The data was quantified by integrating the area under each peak. In the software package used in our
69 experiments (Xcalibur version 2.0.7) the significant parameters used were:

70 Integration algorithm: Genesis

71 Percentage of highest peak: 1%

72 Minimum peak height (S/N): 2

73 S/N threshold: 0.5

74

75 *Possible issues:*

76 • If the pairs of compounds P and B overlap, the proportion of solvent B in the elution should
77 be decreased to allow slower migration of the probes, which should improve separation
78 without adversely affecting the peak width of the probes.

79 • If the concentration of the probe is too high this may result in a carry-over effect (causing
80 cross-contamination between runs, as part of the sample is not completely washed off the
81 column from the previous injection).

82 • If a peak in a sample is below the limit of quantification of
83 the calibration curves, then its quantification cannot be made. A possible solution is to
84 increase the volume of injection, but it is necessary to ensure that the volume injected does
85 not overload the column for the other compounds causing asymmetric or flattened peaks.

86 • If only MitoP is below the linear section of the calibration curves, it may mean that the
87 exposure duration was not long enough to display sufficient accumulation of MitoP in the
88 tissue of interest and the size of the sample extracted. This can be overcome by increasing the
89 exposure time duration and / or the amount of extracted sample.

90 • If no probe peaks are detected after injection of a sample while the compounds in the
91 standards are seen, the issue may come from the sample itself. This can be because they
92 contain high levels of compounds that can cause suppression of ionisation of the compounds

93 of interest, usually during or immediately after elution of the void volume peak (Fig. S1). The
94 elution gradient should allow sufficient time for the ion current to re-stabilise before the
95 probes elute into the mass spectrometer.

96 • Another ion suppression type problem can, and did occur, due to a very high level of an
97 unknown compound in samples that suppressed detection of closely eluting probes ⁶. We were
98 unable to resolve this issue using chromatographic separation. If analysis is by full scan
99 HRAM a possible solution is to split the scanned mass range so that this ion is not included
100 for mass analysis. Alternatively, a selected ion monitoring approach can also work to
101 eliminate this type of problem.

102

103 Appendix S2: COMPARISON OF STANDARDS TO BUILD THE CALIBRATION CURVE

104 In our study, calibration curves were generated using standards prepared by serial dilutions of stock
105 solutions of the four compounds, without any tissue sample, as in Salin, et al. ¹. Cochemé, et al. ² in
106 the original protocol prepared the standards for the calibration curve using a different approach: the
107 standards were processed with a tissue sample and various amounts of MitoB and MitoP but constant
108 amounts of deuterium compounds. We compared both types of calibration curves, hereafter called
109 *calibration 1* and *calibration 2* for standards prepared according to Cochemé, et al. ² and our study,
110 respectively. For *calibration 1*, standards were prepared by serial 1:5 and 1:2 dilutions of a MitoB and
111 MitoP stock solution (Table S1b) and were added to control samples of liver tissue from unexposed
112 fish. Tissues were then homogenised with the MitoB standard, the MitoP standard and the spike.
113 Standards were processed by following the same extraction protocol as was used for the experimental
114 liver samples. For *calibration 2*, calibration curves were generated using standards of MitoB,
115 *d*₁₅MitoB, MitoP and *d*₁₅MitoP, prepared by serial 1:5 and 1:2 dilutions of stock solutions of each of
116 the four compounds in ethanol which were then directly added to a solution containing 20% ACN, 0.1
117 % FA (table S1a). To test the consistency of the MitoP/MitoB ratios calculated from *calibration 1* and
118 2, the quantification of probe levels in liver samples from 40 individuals exposed to MitoB for 24h
119 were run in a single reading set along with standards for both *calibrations 1* and 2. For *calibration 2*,

120 calculation of the MitoP/MitoB ratio was done as described in the section “calculation of the
121 MitoP/MitoB ratio” in the main text. For *calibration 1*, calculation of the MitoP/MitoB ratio differed.
122 The ratios of AA MitoB/AA *d*₁₅MitoB and AA MitoP/AA *d*₁₅MitoP were calculated for the standards
123 and the samples. The calibration curves of AA MitoB /AA *d*₁₅MitoB and AA MitoP/AA *d*₁₅MitoP
124 against pmol of MitoB and MitoP was then generated. The MitoB and MitoP content for each liver
125 samples from the 40 individuals exposed to MitoB was calculated by converting the AA MitoB/AA
126 *d*₁₅MitoB and AA MitoP/ AA *d*₁₅MitoP ratios into pmol using the appropriate calibration curve. The
127 calculated values for the MitoP/MitoB ratio were slightly smaller when using *calibration 2* (Mean ±
128 SE: 0.0731 ± 0.0063) than when using *calibration 1* (Mean ± SE: 0.0877 ± 0.0076). However, the
129 level of consistency of the MitoP/MitoB ratio between the values calculated from the two calibration
130 curves was very high (Fig. S2, ICC *r* = 0.959, *p* < 0.001). For the rest of the study, MitoP/MitoB
131 ratios were calculated using *calibration 2* since it allows as accurate a calculation as *calibration 1*
132 while determining of standard curve and detection limits for each compounds, saving the time of the
133 extraction step and removing the need to sacrifice additional animals for control tissues.

134

135 Appendix S3: REPEATABILITY OF THE QUANTIFICATION OF THE COMPOUNDS AND 136 MitoP/MitoB RATIOS

137 To assess the HPLC-MS repeatability, the quantification of probe levels in extracts of liver samples
138 from 40 individuals exposed to MitoB for 24 h were run in duplicate in a single reading set, along
139 with duplication of the calibration curve. Intra class correlation coefficients (ICC) were used to test
140 for the consistency of the quantification of the compounds between the two measures from the same
141 tissue extract. The resulting repeatability was high for the absolute area of the four compounds
142 (MitoP: ICC *r* = 0.983, *P* < 0.001, *d*₁₅MitoP: ICC *r* = 0.703, *P* < 0.001, MitoB: ICC *r* = 0.974, *P* <
143 0.001, *d*₁₅MitoB: ICC *r* = 0.598, *P* < 0.001; in all cases *n* = 40; Fig. S3A to S3D). The resulting
144 repeatability in the calculated MitoP/MitoB ratios was also very high (ICC *r* = 0.878, *n* = 40, *P* <
145 0.001; Fig. S3E). Note that the MitoP content was below the detection limit of the HPLC-MS in two

146 samples (outliers 1 and 2). In both samples, the AA of MitoP was below the range of linearity of the
147 standard curve; this was not due to a detection failure since the measurements of the MitoP deuterium
148 spike in the samples were normal. Instead it is likely that too little probe was extracted, either because
149 the tissue sample was too small (the liver sample from individual 1 was the smallest of those
150 analysed) or the homogenization process was inadequate.

151

152 Appendix S4: EXTRACTION OF THE MITOB AND MITOP FROM THE WATER.

153 To extract MitoB and MitoP from water, each water sample (780 µL) was added to acetonitrile
154 (ACN) and formic acid (FA) in order to obtain a final solution containing 60% (v/v) ACN and 0.1 %
155 (v/v) FA. After centrifuging for 10 min at 16,000 g, the supernatant was centrifuged for a final 10 min
156 at 4,560g in microcentrifuge filters. The filtered solution from the water samples was processed as
157 done for the tissue samples from the drying step onwards ¹.

158

159 **References**

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176

177

178 Table S1: Amount of the probes in the standards used to generate calibration curves of (a) MitoP,
 179 d_{15} MitoP, MitoB and d_{15} MitoB, and (b) of MitoP/ d_{15} MitoP and MitoB/ d_{15} MitoB.

180 a.

| Standard | MitoP (pmol) | d_{15} MitoP (pmol) | MitoB (pmol) | d_{15} MitoB (pmol) |
|----------|--------------|-----------------------|--------------|-----------------------|
| 1 | 1313 | 100 | 5040 | 200 |
| 2 | 656.5 | 50 | 2520 | 100 |
| 3 | 131.3 | 10 | 504 | 20 |
| 4 | 65.65 | 5 | 252 | 10 |
| 5 | 13.13 | 1 | 50.4 | 2 |
| 6 | 6.565 | 0.5 | 25.2 | 1 |
| 7 | 1.313 | 0.1 | 5.04 | 0.2 |
| 8 | 0.6565 | 0.05 | 2.52 | 0.1 |
| 9 | 0.32825 | 0.025 | 1.26 | 0.05 |
| 10 | 0 | 0 | 0 | 0 |

181

182 b.

| Standard | MitoB (pmol) | MitoP (pmol) | d_{15} MitoB (pmol) | d_{15} MitoP (pmol) |
|----------|--------------|--------------|-----------------------|-----------------------|
| 1 | 2520 | 656.50 | 100 | 50 |
| 2 | 504 | 131.30 | 100 | 50 |
| 3 | 252 | 65.65 | 100 | 50 |
| 4 | 50.40 | 13.13 | 100 | 50 |
| 5 | 25.20 | 6.57 | 100 | 50 |
| 6 | 5.04 | 1.31 | 100 | 50 |
| 7 | 2.52 | 0.66 | 100 | 50 |
| 8 | 0 | 0 | 100 | 50 |

183

184 Table S2: Mass of the four ions detected by (a) the high resolution accurate mass and (b) the tandem
185 mass analysis.

186

187 a.

| Compounds | Accurate mass M+1 |
|-----------------------------------|--------------------------|
| MitoP | 369.141 |
| <i>d</i>₁₅MitoP | 384.234 |
| MitoB | 397.153 |
| <i>d</i>₁₅MitoB | 412.247 |

188

189

190 b.

| Compounds | Approximate mass M+1 | Mass daughter ions |
|-----------------------------------|-----------------------------|---------------------------|
| MitoP | 369.2 | 183-185 and 260-263 |
| <i>d</i>₁₅MitoP | 384.2 | 183-185 and 260-263 |
| MitoB | 397.2 | 191-195 and 275-279 |
| <i>d</i>₁₅MitoB | 412.3 | 191-195 and 275-279 |

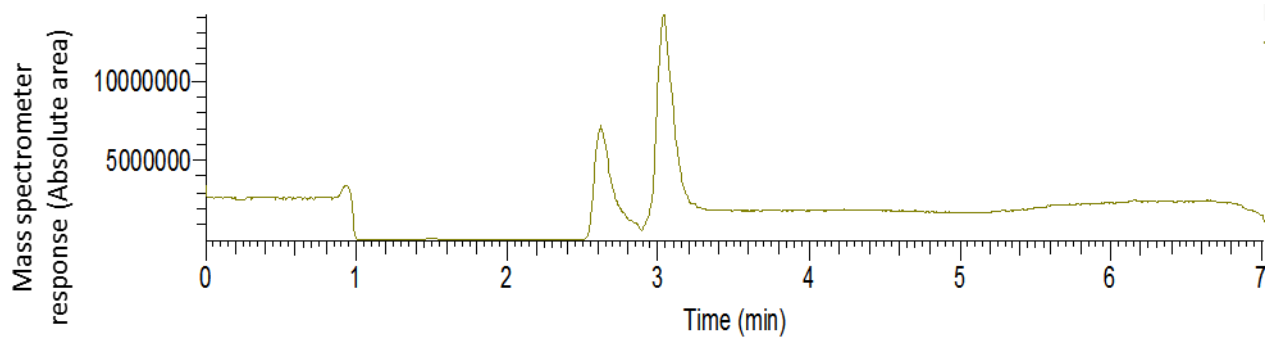
191

192 Table S3: Cross sectional assay of MitoB and MitoP content in the liver of brown trout exposed to
 193 one of the compounds for different durations (n=4 per time point and per compound). Note that the
 194 complete disappearance of MitoB and MitoP can be expected over time, however, a much longer time
 195 course would be necessary to observe this phenomenon in this system.

| Injected compound | Exposure duration ± SE (hour) | Final concentration of compound ± SE (pMol/mg liver) | Generated MitoP ± SE; min-max (pMol/mg liver) |
|--------------------------|--------------------------------------|-------------------------------------------------------------|------------------------------------------------------|
| MitoB | 3.3 ± 0.1 | 68.03 ± 18.56 | 4.63 ± 3.55 (0.00-15.16) |
| MitoB | 11.9 ± 0.1 | 84.21 ± 18.62 | 10.05 ± 6.65 (0.41-22.30) |
| MitoB | 24.2 ± 0.0 | 75.40 ± 14.06 | 2.16 ± 1.20 (0.00-5.59) |
| MitoB | 48.1 ± 0.0 | 62.42 ± 8.49 | 2.14 ± 0.44 (0.92-3.01) |
| MitoB | 72.0 ± 0.0 | 63.70 ± 26.28 | 2.66 ± 0.82 (0.86-4.34) |
| MitoP | 3.3 ± 0.1 | 93.77 ± 39.04 | |
| MitoP | 11.9 ± 0.1 | 44.72 ± 14.24 | |
| MitoP | 24.3 ± 0.0 | 127.16 ± 49.79 | |
| MitoP | 48.2 ± 0.0 | 72.91 ± 11.45 | |
| MitoP | 72.0 ± 0.0 | 76.92 ± 19.24 | |

196

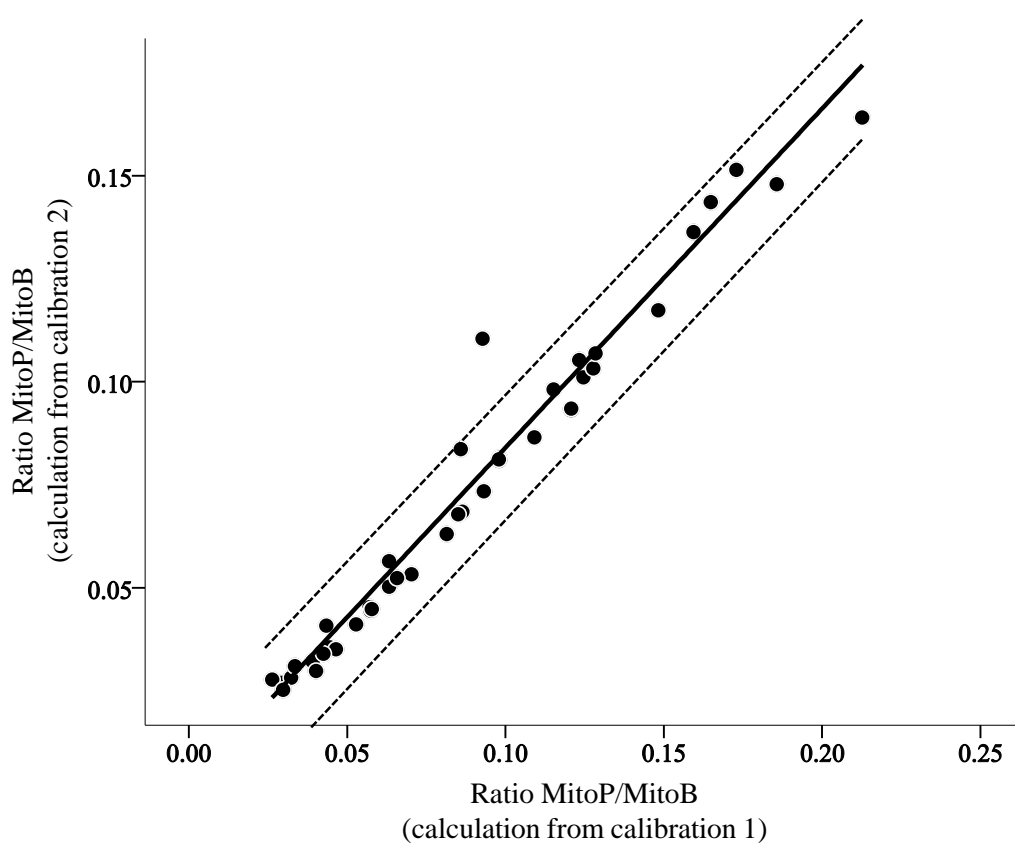
197 Fig. S1: Example of chromatograms from the HPLC-MS analysis of Mito compounds within samples
198 of trout muscle with ion suppression phenomenon, i.e. a loss of signal between min 1 and min 2.5, just
199 before the peak of interest. The same phenomenon could occur just at the same time as the peak
200 immersion, so it would be necessary to split the spectrum of analysis into two spectra excluding the
201 contaminant ion.



202

203

204 Fig. S2: Consistency of the MitoP/MitoB ratio as calculated using two different calibration
205 approaches: calculated from standard curves for 4 compounds in the absence of tissue samples
206 (*calibration 2*, y axis as in Salin, et al. ¹) or from standard curves based on the compounds MitoB and
207 MitoP together with a fixed amount of each spike and with a tissue sample (*calibration 1*, x axis as in
208 Cochemé, et al. ²). The central line is the linear regression line and the two external lines represent the
209 95% confidence interval of the data.



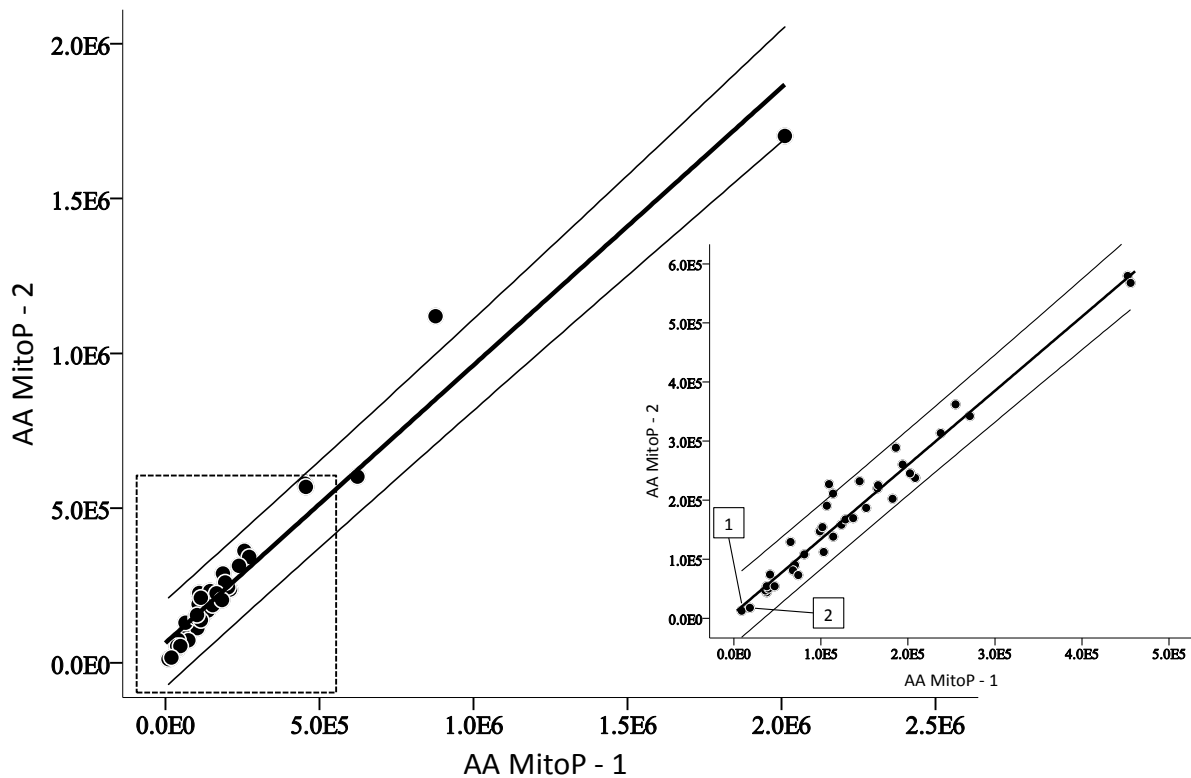
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212 Fig. S3: The repeatability of the quantification of probe levels by HPLC-MS was tested by running
 213 duplicate extracts of liver samples from 40 individuals exposed to MitoB for about 24 h. The
 214 replicability of HPLC-MS measurements was very high, as assessed by the relationships between two
 215 quantifications of (A) MitoP, (B) d_{15} MitoP, (C) MitoB and (D) d_{15} MitoB absolute areas (AA) by
 216 HPLC-MS. The values for MitoP and Mito B content (pmol) per sample were calculated from the
 217 calibration curves and then corrected using the sample's own coefficients for extraction efficiency
 218 calculated from the d_{15} MitoP and d_{15} Mito B content. (E) The replicability of HPLC-MS
 219 measurements was confirmed by the strong similarity of the MitoP/MitoB ratios calculated for the
 220 two samples taken from the same extract. The central thick line is the linear regression line and the
 221 two external thin lines represent the 95% confidence interval of the data; data points labelled 1 and 2
 222 refer to potential outliers discussed in the text. Inset of the graph A. shows the data points near the
 223 origins.

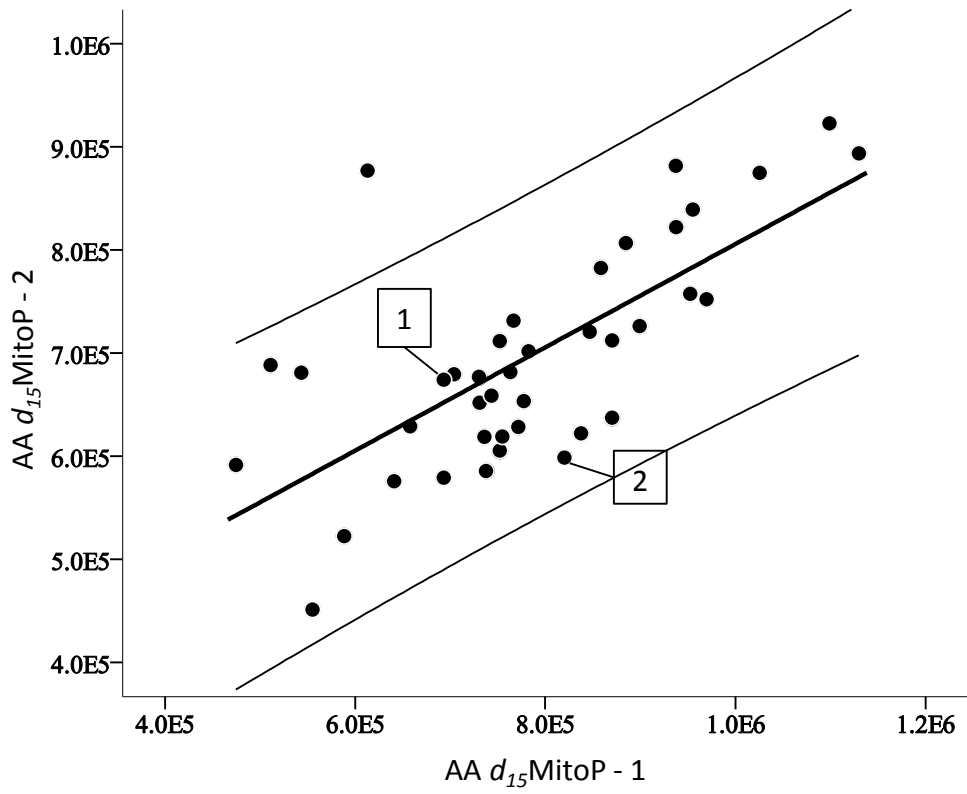
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225 A.



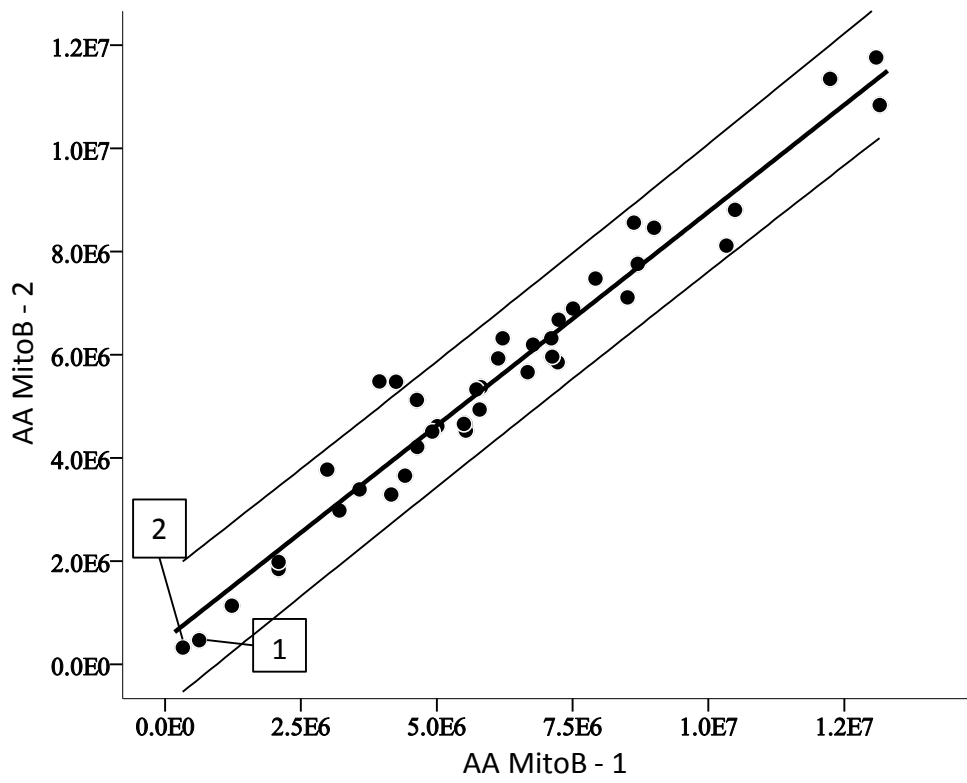
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227 B.



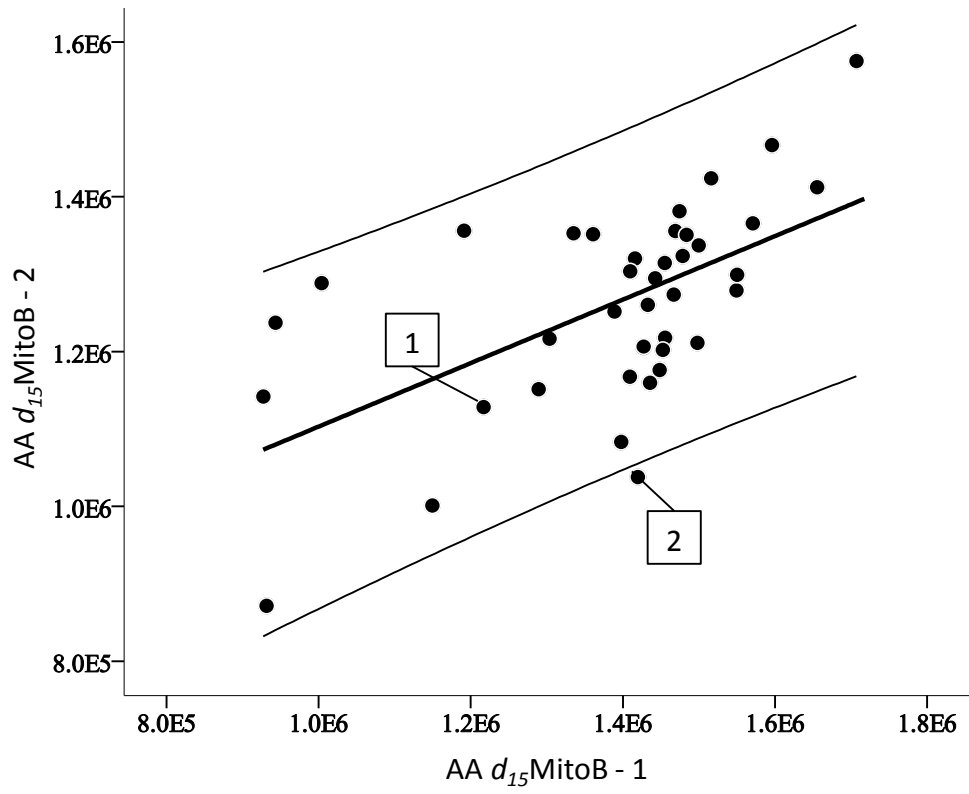
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229 C.



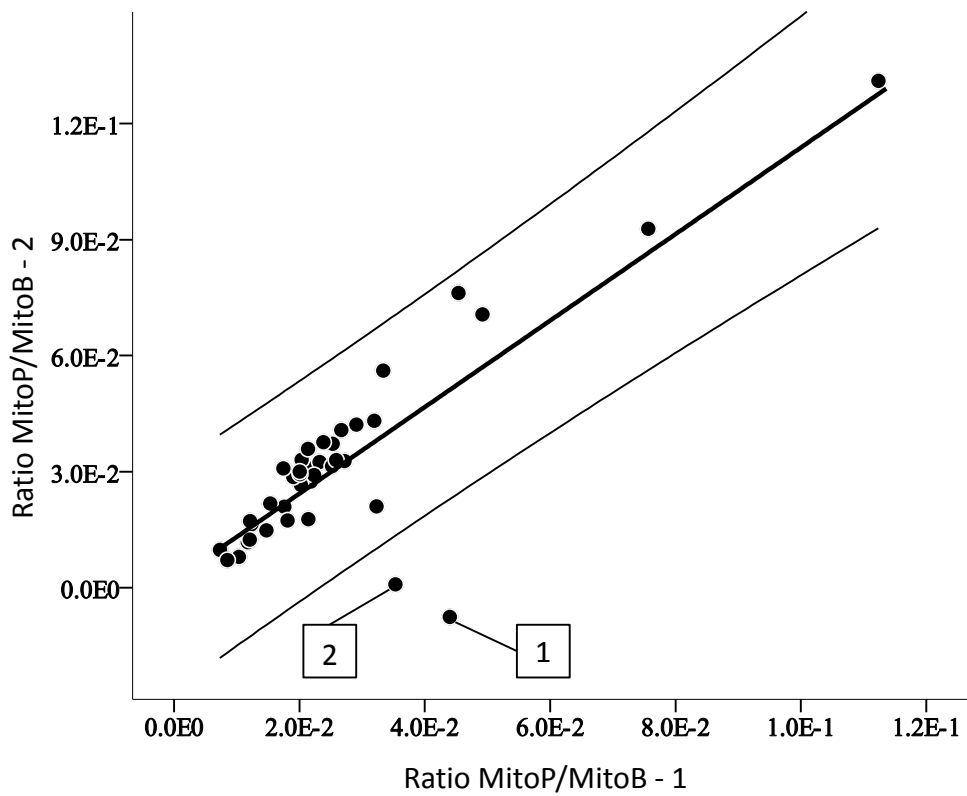
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231 D.



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233 E.



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