
Similar mid-depth Atlantic water mass provenance during the Last Glacial Maximum and Heinrich Stadial 1

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Abstract :

The delivery of freshwater to the North Atlantic during Heinrich Stadial 1 (HS1) is thought to have fundamentally altered the operation of Atlantic meridional overturning circulation (AMOC). Although benthic foraminiferal carbon isotope records from the mid-depth Atlantic show a pronounced excursion to lower values during HS1, whether these shifts correspond to changes in water mass proportions, advection, or shifts in the carbon cycle remains unclear. Here we present new deglacial records of authigenic neodymium isotopes - a water mass tracer that is independent of the carbon cycle - from two cores in the mid-depth South Atlantic. We find no change in neodymium isotopic composition, and thus water mass proportions, between the Last Glacial Maximum (LGM) and HS1, despite large decreases in carbon isotope values at the onset of HS1 in the same cores. We suggest that the excursions of carbon isotopes to lower values were likely caused by the accumulation of respired organic matter due to slow overturning circulation, rather than to increased southern-sourced water, as typically assumed. The finding that there was little change in water mass provenance in the mid-depth South Atlantic between the LGM and HS1, despite decreased overturning, suggests that the rate of production of mid-depth southern-sourced water mass decreased in concert with decreased production of northern-sourced intermediate water at the onset of HS1. Consequently, we propose that even drastic changes in the strength of AMOC need not cause a significant change in South Atlantic mid-depth water mass proportions.

Highlights

► We present two authigenic neodymium records from the mid-depth South Atlantic. ► These records show no change between the Last Glacial Maximum and Heinrich Stadial 1. ► Water mass provenance was similar at both sites during these time periods.

Keywords : Atlantic overturning, neodymium isotopes, Heinrich Stadial 1, Last Glacial Maximum

51 1. Introduction

52 The most recent glacial termination was apparently accompanied by changes in Atlantic
53 meridional overturning circulation e.g. ref (Böhm et al., 2015; McManus et al., 2004) that are
54 thought to be important in communicating changes in the climate between the Northern and
55 Southern Hemispheres (Broecker, 1998). One key event in this transition was Heinrich Stadial 1
56 (HS1), a Northern Hemisphere cold period during which massive iceberg rafting into the North
57 Atlantic occurred (Hemming, 2004). The freshwater from melting icebergs is believed to have
58 reached the regions of deep water formation where it may have caused a weakening (Bond et al.,
59 1992; Bradtmiller et al., 2014; Broecker, 1994; Gherardi et al., 2005; Oppo et al., 2015) or even a
60 near-complete shut-down (McManus et al., 2004) of Atlantic overturning.

61 Benthic foraminiferal carbon isotope records from the intermediate (here, 1000-1500 m) and
62 mid-depth (here, 1500-2500 m) Atlantic show pronounced excursions to low $\delta^{13}\text{C}$ values during
63 HS1 (Lund et al., 2015; Oppo et al., 2015; Rickaby and Elderfield, 2005; Tessin and Lund, 2013;
64 Thornalley et al., 2010; Zahn and Stüber, 2002). While it has long been recognized that changes
65 in remineralization can impact $\delta^{13}\text{C}$ values (Curry and Lohmann, 1983), lower $\delta^{13}\text{C}$ values in the
66 Atlantic are most commonly interpreted as a greater fraction of low- $\delta^{13}\text{C}$ southern-sourced water
67 (SSW) (Boyle and Keigwin, 1987; Duplessy et al., 1988; Keigwin and Lehman, 1994; Sarnthein
68 et al., 1994). However, several recent studies suggest the influence of remineralization on
69 deglacial $\delta^{13}\text{C}$ may be greater than previously appreciated and that it may have contributed
70 significantly to the observed HS1 $\delta^{13}\text{C}$ decrease (Lacerra et al., 2017; Oppo et al., 2015;
71 Schmittner and Lund, 2015; Voigt et al., 2017). In addition to more SSW and greater
72 remineralization, the LGM to HS1 $\delta^{13}\text{C}$ decrease has also been attributed to a decrease in the
73 northern-sourced end-member $\delta^{13}\text{C}$ value (Lund et al., 2015; Waelbroeck et al., 2011). These
74 explanations are not mutually exclusive and a recent study suggested that while a combination of
75 these mechanisms could explain the LGM to HS1 $\delta^{13}\text{C}$ decrease in the mid-depth North and
76 South Atlantic, their relative importance could not be determined on the basis of benthic $\delta^{13}\text{C}$
77 and $\delta^{18}\text{O}$ data alone (Oppo et al., 2015). This ambiguity limits our knowledge of how the water
78 mass provenance within the Atlantic varied between the LGM and HS1. As a result, our
79 fundamental understanding of how ocean circulation responds to perturbations such as the

80 freshwater forcing thought to have occurred during HS1 still contains a significant element of
81 uncertainty.

82 *1.1 Neodymium isotopes*

83 The isotopes of the radiogenic element neodymium (expressed as ϵ_{Nd}) act as quasi-conservative
84 water mass tracer that is independent of the remineralisation of organic matter (Frank, 2002). In
85 the modern Atlantic, ϵ_{Nd} ($^{143}Nd/^{144}Nd$ normalised to $^{143}Nd/^{144}Nd_{CHUR} = 0.512638$, Hamilton et
86 al., 1983; Jacobsen and Wasserburg, 1980) in parts per ten thousand) distinguishes upper North
87 Atlantic Deep Water (NADW) (-13.2) (Lambelet et al., 2016) in the subtropical North Atlantic
88 from both Antarctic Intermediate Water (AAIW) (-8.3) and Antarctic Bottom Water (AABW) (-
89 8.5) (Stichel et al., 2012). In addition, the conservative behaviour of seawater Nd isotopes has
90 been suggested for intermediate/deep depths of the Atlantic Ocean (i.e. around 2500 m and
91 below) (Goldstein and Hemming, 2003; Lambelet et al., 2016). As a result, neodymium isotopes
92 are the ideal candidate to investigate whether the low- $\delta^{13}C$ values observed in the mid-depth
93 Atlantic during HS1 were the result of changes in water mass provenance. Although numerous
94 deglacial records of authigenic neodymium isotopes from throughout the Atlantic do exist
95 (Gutjahr et al., 2008; Huang et al., 2014; Lippold et al., 2016; Piotrowski et al., 2004; Roberts et
96 al., 2010; Skinner et al., 2013; Wei et al., 2016), the mid-depth Atlantic - a key region for
97 understanding how Atlantic overturning varied between the LGM and HS1 - remains
98 underinvestigated. In this paper we present two deglacial foraminiferal ϵ_{Nd} records from the mid-
99 depth South Atlantic. These ϵ_{Nd} records display little change between the LGM and HS1.
100 Although uncertainty remains in the neodymium composition of water mass end-members
101 during these time periods, we propose that the simplest explanation for this lack of change in ϵ_{Nd}
102 values is that the provenance of the water masses in the mid-depth Atlantic was similar during
103 the LGM and HS1. This interpretation suggests that the low $\delta^{13}C$ values observed in the mid-
104 depth South Atlantic during HS1 were caused by other mechanisms, most likely the greater
105 accumulation of organic matter in slower circulating water (Lacerra et al., 2017; Voigt et al.,
106 2017).

107

108 **2. Materials and Methods**

109 *2.1 Core sites*

110 KNR159-5-33GGC (27.6°S, 46.2°W, 2082 m; 33GGC hereafter) and GL1090 (24.9°S, 42.5°W,
111 2225 m) were cored on the southern Brazil margin in the South Atlantic (Fig. 1). The age model
112 of 33GGC is based upon planktic foraminiferal radiocarbon dates (Tessin and Lund, 2013) and
113 yields a sedimentation rate of 27 cm/kyr in the deglacial section and 2 cm/kyr in the Holocene
114 (Tessin and Lund, 2013). The age model for GL1090 was constructed using planktic
115 foraminiferal radiocarbon dates (Santos et al., 2017) converted to calendar ages using the
116 Marine13 calibration (Reimer et al., 2013); this is the same method as applied in the original
117 study (Santos et al., 2017). The average sedimentation rate in the glacial and HS1 section of the
118 core is 8 cm/kyr, and from the Bølling-Allerød onwards is 3.5 cm/kyr. Although some
119 parameters used to produce the age models of the two cores are slightly different (Santos et al.,
120 2017; Tessin and Lund, 2013) these slight variations are less than the resolution of the sampling
121 of each core. The age model of core SU90-03 that is used for comparison in this work was
122 constructed using radiocarbon ages obtained nearly 20 years ago (Chapman and Shackleton,
123 1998) and as such the effect of more recent reservoir age estimates should be considered.
124 Although there are many radiocarbon measurements available on core SU90-03 the species
125 measured varies greatly and there are numerous age reversals (Chapman and Shackleton, 1998;
126 Chapman et al., 2000). Therefore we used available counts of small grains of ice rafted detritus
127 (Chapman and Shackleton, 1998) to constrain the time period of HS1 in the age model of SU90-
128 03, the most important time period for our study. A full description of the revised age model
129 together with a comparison between the revised age model and the original one from Chapman
130 and Shackleton (1998) are given in the supplementary file.

131

132 *2.2 Neodymium measurements*

133 Planktic foraminifera were picked from the coarse fraction (>63, >42, >35 or >25 µm) of both
134 cores and then processed following the method described in ref. (Roberts et al., 2010). The
135 detrital fractions of cores 33GGC and GL1090 were prepared for analysis following ref. (Bayon

136 et al., 2002). Rare earth elements from both foraminiferal and detrital samples were separated
137 using Eichrom TRU Resin, and then neodymium was separated from the other rare earth
138 elements using Eichrom LN resin loaded on volumetrically calibrated Teflon columns. Samples
139 from GL1090 were analysed for isotopic composition on a Neptune Plus multi collector
140 inductively coupled mass spectrometer (MC-ICP-MS) in the Department of Earth Sciences at the
141 University of Cambridge. Samples from 33GGC were analysed on a Neptune MC-ICP-MS at
142 Woods Hole Oceanographic Institute (Huang et al., 2012). Isotopic ratios were corrected to a
143 $^{144}\text{Nd}/^{146}\text{Nd}$ of 0.7219. Samples were bracketed with the reference standard JNdi-1 that was
144 corrected to the accepted value of $^{143}\text{Nd}/^{144}\text{Nd} = 0.512115$ (Tanaka et al., 2000). Error bars
145 correspond to 2σ of external reproducibility of the bracketing standards except for when the
146 internal error was larger than the external error, in which case the error quoted is the combined
147 error. The average ϵ_{Nd} external reproducibility was ± 0.15 for the Neptune Plus and ± 0.40 for the
148 Neptune. All results are listed with errors in Tables S2, S3 and S4.

149 *2.3 LGM and HS1 compilation sections*

150 Data measured in this work were collated with published data to construct meridional sections of
151 the Atlantic during the LGM and HS1. For the LGM section, the data set from Howe et al (2016)
152 was updated with data from this work and Lippold et al (2016) (Table S6) using the time window
153 23-19 ka. Data for the HS1 section were taken from authigenic ϵ_{Nd} records from sediment cores
154 as well as coral measurements within the time period 17.5-15 ka (references in Table S5). Coral
155 results from the New England seamounts dated from HS1 (van de Flierdt et al., 2006; Wilson et
156 al., 2014) were binned into 100 m depth windows and were averaged for each depth. Core
157 locations are plotted in Fig. S2. Leachate records from sites where the core top values do not
158 match nearby seawater were excluded from both sections. The minimum number of data points
159 required for a site to be included within each time period was one. For the 22 cores where data are
160 available the difference between the average values for each time period was calculated along
161 with an estimate of the error associated with the difference (Table S7).

162

163 3. Results and discussion

164 3.1 Veracity of neodymium isotopes

165 The core top foraminiferal ϵ_{Nd} value of 33GGC (-10.4 ± 0.4) agrees well with the interpolated
166 values from nearby seawater (Fig. 2, Jeandel, 1993) consistent with an authigenic foraminiferal
167 signal derived from seawater. The core top foraminiferal ϵ_{Nd} value of GL1090 (-13.0 ± 0.1) is less
168 radiogenic than that of 33GGC and of the least radiogenic ϵ_{Nd} value observed from nearby
169 seawater (-12.3 ± 0.4 ; Jeandel, 1993). There are a number of possible explanations for the 2.6 ϵ
170 unit difference in the core top values of these two close cores, as well as for the core top value of
171 GL1090 being less radiogenic than the nearest seawater profile.

172 First, although the sites of cores 33GGC and GL1090 are separated by only ~ 150 m water depth,
173 they are located at 27.6°S and 24.9°S , respectively. This region has a strong water mass mixing
174 gradient with a greater proportion of northern-sourced water (NSW) at more northerly latitudes,
175 as can be seen from the salinity contours in the region (Fig. 1). Furthermore the nearest ϵ_{Nd}
176 seawater profile (SAVE 302, 33.6°S , 41.6°W ; Jeandel, 1993) exhibits a gradient of -0.30ϵ units
177 per 100 m of increasing depth from ~ 1600 m to ~ 2800 m (Fig. 2). A strong spatial gradient is
178 also seen in seawater neodymium isotopes at similar depths in the eastern South Atlantic. There,
179 water at 25°S and 2024 m water depth has an ϵ_{Nd} value of -12.5 (Station 69/26, Rickli et al.,
180 2009) whilst water from 30°S and 1835 and 2443 m water depth have values of -11.1 and -11.0
181 respectively (SAVE 217, Jeandel, 1993). This represents a gradient of 1.5ϵ units within 5
182 degrees of latitude and just 200 m water depth difference. These seawater data indicate that cores
183 33GGC and GL1090 are located in a region of both strong horizontal (Fig. 1) and vertical (Fig.
184 2) epsilon neodymium gradients, as would be expected near a water mass boundary, thereby
185 explaining how cores so close to one another can record very different neodymium isotope
186 signals.

187 Notwithstanding the water mass boundary effect, if the same 1.5ϵ unit shift observed in seawater
188 from similar depths in the southeast Atlantic were applied to the core top of 33GGC (-10.4 ± 0.4)
189 the predicted core top value of GL1090 would be -11.9 ± 0.4 , whereas the actual value is -
190 13.0 ± 0.1 . Although the exact water mass distribution would be expected to differ slightly
191 between the eastern and the western South Atlantic the comparison is valuable as the water mass

192 boundaries should be similar. Gridding and interpolating the available seawater data from the
193 Atlantic further supports this finding that the core top of GL1090 is approximately one ϵ unit less
194 radiogenic than modern seawater (Fig. S3).

195 Second, the 6.8 ka age of the core top sample from GL1090 may in part explain the discrepancy
196 between the foraminiferal ϵ_{Nd} value and that interpolated from seawater measurements (Figs. 2,
197 S2). The non-modern age of the GL1090 core top, which is common for cores around this depth
198 in this region (Tessin and Lund, 2013), means that the core top foraminiferal ϵ_{Nd} value is not
199 necessarily directly comparable to modern seawater. Most mid-depth and deep Atlantic sites
200 display trends to more radiogenic values in the mid- to late Holocene (e.g. Howe et al., 2016b;
201 Lang et al., 2016; Lippold et al., 2016; Roberts et al., 2010; Skinner et al., 2013) thus the core
202 top value of GL1090 may reflect the less radiogenic neodymium composition of Atlantic
203 seawater during the mid-Holocene.

204 Third, whilst this mid-Holocene age of the GL1090 core top likely to explains part of the core
205 top-seawater foraminiferal ϵ_{Nd} offset, the possibility of some diagenetic overprinting on the
206 authigenic signal with detrital-derived neodymium cannot be ignored. The core top detrital value
207 of GL1090 - which is consistent with published data from the region (de Mahiques et al., 2008) -
208 is sufficiently unradiogenic (-13.8 ± 0.3 ; Fig. 3) that diagenetic overprinting of the authigenic
209 foraminiferal signal with detrital neodymium could cause slightly less radiogenic values than
210 seawater to be preserved. Given the aforementioned impact of the age of the core top, we
211 estimate that of the 1 ϵ unit discrepancy between the core top and seawater ϵ_{Nd} values, the offset
212 due to detrital overprinting is on the order of 0.5 ϵ units.

213 The potential impact of this detrital overprinting down-core must also be considered. The
214 deglacial detrital record ϵ_{Nd} of GL1090 shifts from glacial values around -11.5 to Holocene
215 values around -14, whilst the foraminiferal record shifts from a glacial average of -10.9 to a
216 Holocene average of -13.4 (Fig. 3b). Both records also exhibit a similar pattern of change across
217 the deglaciation. The trend of both detrital and foraminiferal neodymium isotopes shifting to less
218 radiogenic values across the deglaciation seen at GL1090 is, however, common amongst cores
219 from the Atlantic (Howe et al., 2016b), thus the strong correlation between the two records does
220 not imply that the entire down-core record is being controlled by local detrital overprint. Indeed,
221 the average glacial foraminiferal value of GL1090 is -10.9 (Fig. 3b), whereas a study that

222 compiled glacial values and interpolated an LGM section of the Atlantic Ocean predicted a value
223 of between -10 and -10.5 for that site (Fig. 3, of Howe et al., 2016). This comparison of observed
224 and expected glacial values would therefore support the existence of only a small detrital
225 overprint, $\sim 0.5 \epsilon$ units, during the LGM as we have proposed for the core top value.

226 Furthermore, the deglacial foraminiferal U/Mn record of GL1090 (see methods on the
227 supplementary material) only shows elevated values during the Holocene and the transition from
228 the LGM to HS1 (Fig. S4). U/Mn can be used as a proxy to infer past changes in the oxygenation
229 state of pore waters (Boiteau et al., 2012). The elevated U/Mn values during early HS1 imply
230 less well oxygenated pore waters, and may reflect changes such as slower circulating water
231 (Böhm et al., 2015; McManus et al., 2004) or greater delivery of organic matter to the sediments
232 (Poggemann et al., 2017). Meanwhile the elevated U/Mn values in the Holocene likely reflect the
233 considerable decrease in sedimentation rate of site GL1090 as sea level increased across the
234 deglaciation and trapped a large fraction of the terrigenous sediments on the continental shelf
235 (Lantsch et al., 2014). The U/Mn record does not, however, suggest there is any relation
236 between the oxygenation state of the pore waters of GL1090 and the foraminiferal ϵ_{Nd} values as,
237 for example, the ϵ_{Nd} values are very similar during the LGM and HS1 (Fig. 3b) when the
238 oxygenation state of the pore waters appears to have been dramatically different (Fig. S4). Al/Ca
239 ratios measured on uncleaned foraminifera samples of GL1090 were below $100 \mu\text{mol/mol}$ in 16
240 of 19 samples. The three samples with values above $100 \mu\text{mol/mol}$ may indicate clay
241 contamination of the samples, but shows no significant relation between the extracted ϵ_{Nd} and
242 Al/Ca values. Furthermore, the rare earth element profiles of GL1090 (see methods on the
243 supplementary material) exhibit MREE enrichment patterns typical of foraminifera (Fig. S6), not
244 strongly detrital-type profiles (Neto and Figueiredo, 1995). PAAS-normalized HREE/LREE
245 ($\text{Tm}+\text{Yb}+\text{Lu}/\text{La}+\text{Pr}+\text{Nd}$) vs. MREE/MREE* ($\text{Gd}+\text{Tb}+\text{Dy}/\text{average of HREE}+\text{LREE}$) of the
246 uncleaned planktonic foraminifera samples (Fig. S5) fall within the range defined by HH-
247 extractions, fish teeth, nodules, pore waters, as well as cleaned and uncleaned foraminifera of
248 previous studies (Martine et al., 2004 and references therein), suggesting that detrital
249 contributions do not significantly affect the REE contents of the Fe-Mn coatings extracted from
250 uncleaned foraminifera. Therefore, we conclude that although there is evidence for a detrital
251 overprint of the foraminiferal signal from GL1090 it is on the order of 0.5ϵ units, and the detrital
252 neodymium composition is not controlling the down-core foraminiferal record. The

253 interpretations below for the authigenic ϵ_{Nd} record of GL1090 are valid under the assumption
254 that there was no significant detrital overprint on the down-core ϵ_{Nd} record.

255 The foraminiferal and detrital ϵ_{Nd} records of 33GGC show both different timings and magnitudes
256 (Fig. 3a). These differences imply that the detrital composition does not control the foraminiferal
257 record, and there is no evidence to suggest that the foraminiferal record of 33GGC is being
258 overprinted by detrital material given the excellent agreement of the core top value with nearby
259 seawater (Fig. 2) (Jeandel, 1993).

260 *3.2 Deglacial evolution of South Atlantic water mass provenance*

261 The ϵ_{Nd} record of GL1090 consistently displays less radiogenic values than 33GGC over the past
262 25 kyr (Fig. 4), suggesting that the deeper site was always bathed by a greater proportion of
263 NSW. This offset is likely because site GL1090 is located both ~ 150 m deeper but also ~ 300
264 km further north than 33GGC, placing it in the tongue of upper NADW in the modern Atlantic
265 (Fig. 1). 33GGC on the other hand, is situated in the transition zone between this upper NADW
266 and Upper Circumpolar Deep Water (UCDW)/AAIW in the modern ocean (Fig. 1). Our results,
267 however, suggest that these water mass boundaries were not always in these locations over the
268 past 25 kyr.

269 During the LGM and the early deglaciation 33GGC exhibits ϵ_{Nd} values between -9 and -10,
270 within error of values at two intermediate depth (~ 1000 - 1250 m) nearby sites on the southern
271 Brazil margin (GeoB2104-3 and KNR159-5-36GGC; Fig. 4, Howe et al., 2016a) suggesting that
272 33GGC was bathed almost exclusively by southern-sourced water at those times. During the late
273 deglaciation (after ~ 14 ka) the 33GGC record begins to shift to less radiogenic values (peaking
274 near -11 in the mid-Holocene), thereby diverging from the intermediate depth sites. This shift to
275 less radiogenic values suggests a greater proportion of NSW at 33GGC and could represent the
276 tongue of upper NADW extending further southwards across the deglaciation.

277 GL1090 shows less radiogenic values during the Holocene (around -13 to -14) than during the
278 LGM and HS1 (mostly -10 to -11) (Fig. 4). The LGM and HS1 values reflect a mixture of NSW
279 and SSW at those times (Howe et al., 2016), so the trend towards less radiogenic values after
280 HS1 is consistent with a decreasing proportion of SSW (Roberts et al., 2010). By the Younger

281 Dryas ϵ_{Nd} values are typical of modern upper NADW (Fig. 4; Lambelet et al., 2016). The ϵ_{Nd}
282 values of GL1090 and SU90-03, from similar depths in the South and North Atlantic
283 respectively, are remarkably similar for most of the past 25 kyr, except during HS1 when North
284 Atlantic values are slightly less radiogenic (Fig. 5). This similarity suggests the provenance of
285 the water masses bathing SU90-03 in the North Atlantic was almost the same as that bathing
286 GL1090 throughout the past 25 kyr.

287 GL1090 exhibits slightly less radiogenic values than SU90-03 during the early Holocene,
288 possibly reflecting slightly greater proportion of unradiogenic Labrador Sea Water (Lambelet et
289 al., 2016) in the slightly shallower core or alternatively the slight diagenetic overprint of
290 unradiogenic sediments on the authigenic signal of GL1090 as discussed earlier. It is also worth
291 noting that less radiogenic values than those seen at SU90-03 have been observed at a number of
292 other sites in the North Atlantic (Lang et al., 2016; Lippold et al., 2016; Roberts et al., 2010). In
293 contrast to the similarity to SU90-03, GL1090 shows less radiogenic values than a site from the
294 deep (i.e., 3770 m) South Atlantic across the deglaciation (MD07-3076; Fig. 6a; Skinner et al.,
295 2013). This offset of GL1090 to less radiogenic values than MD07-3076 suggests that the mid-
296 depth South Atlantic was bathed by a greater proportion of NSW than the deep South Atlantic
297 throughout the deglaciation. The neodymium isotope gradient between the mid-depth (i.e.,
298 GL1090) and deep (i.e., MD07-3076) South Atlantic suggests that there was a sustained presence
299 of NSW in the mid-depth Atlantic throughout the past 25 kyr.

300 The deglacial trends in ϵ_{Nd} throughout the South Atlantic are notably different from those in
301 benthic foraminiferal $\delta^{13}C$ from the same cores (Fig. 6b). The $\delta^{13}C$ of the mid-depth South
302 Atlantic shifts to lower values from the LGM to HS1 when the ϵ_{Nd} values show little to no shift,
303 indicating a clear decoupling between ϵ_{Nd} and $\delta^{13}C$. Furthermore, during HS1, although GL1090
304 at 2225 m exhibits the least radiogenic ϵ_{Nd} values of all four sites (Fig. 6a), suggesting the
305 greatest proportion of NSW, it displays $\delta^{13}C$ values that are 0.2 - 0.5‰ lower than the shallower
306 southern Brazil margin cores (Fig. 6b). Like the ϵ_{Nd} records, the $\delta^{13}C$ records from the South and
307 North Atlantic mid-depth cores (i.e., GL1090 and SU90-03) appear similar throughout most of
308 the past 25 kyr (Fig. 5); however, the lower deglacial resolution of the $\delta^{13}C$ record of GL1090
309 compared to SU90-03 reduces the certainty of this observation. Notwithstanding this issue of

310 temporal resolution, lower LGM than Holocene $\delta^{13}\text{C}$ values are observed in both cores, which is
311 consistent with a greater fraction of SSW during the LGM, as also suggested by the ϵ_{Nd} records.

312 Although small, the shift of the authigenic ϵ_{Nd} record of GL1090 to ~ 0.5 less radiogenic ϵ unit
313 values around 18 ka is outside of analytical error (Fig. 3b). This slight unradiogenic excursion
314 could represent a shift in the northern-sourced end-member, a hypothesis supported by a similar
315 excursion in an intermediate depth ϵ_{Nd} record from the overflows of the Nordic Seas (Crocker et
316 al., 2016), or they could instead represent a transient shift in the depth of the water mass mixing
317 boundary between GNAIW and the mixture of GNADW and GAABW below (Curry and Oppo,
318 2005; Howe et al., 2016). Testing this possibility would require both a higher resolution record
319 of the end-member composition from the North Atlantic as well as extension of the GL1090 ϵ_{Nd}
320 record further back into the glacial period to examine whether there were more such excursions
321 and whether they have any correlation to other Heinrich Stadials.

322 *3.3 Atlantic water mass provenance: LGM vs. HS1*

323 The South Atlantic LGM and HS1 profiles of ϵ_{Nd} and $\delta^{13}\text{C}$ (Fig. 7) are significantly different
324 from one another, providing new constraints on water mass provenance and the carbon cycle
325 within the South Atlantic at these times. The ϵ_{Nd} values for the South Atlantic are within error of
326 one another for the LGM and HS1, suggesting no change in water mass provenance assuming
327 constant end-members (Fig. 7a). In both profiles (Fig. 7a) GL1090 at 2225 m depth exhibits the
328 least radiogenic ϵ_{Nd} values, suggesting that the greatest proportion of NSW occurred at mid-
329 depths. The LGM $\delta^{13}\text{C}$ profile exhibits a slightly shallower maximum around 1700 m, likely
330 due to high $\delta^{13}\text{C}$ Glacial North Atlantic Intermediate Water (GNAIW) (Fig. 7b) (Curry and
331 Oppo, 2005; Sarnthein et al., 1994). Unlike ϵ_{Nd} , however, the $\delta^{13}\text{C}$ profile for HS1 is
332 significantly different from that of the LGM; the $\delta^{13}\text{C}$ values of the mid-depth South Atlantic in
333 the HS1 profile are much lower. Furthermore, the HS1 profile shows decreasing $\delta^{13}\text{C}$ values with
334 increasing depth below ~ 1700 m. It is important to note that the benthic $\delta^{13}\text{C}$ values do not all
335 come from the same species and that the possibility of the Mackensen effect causing lower than
336 seawater values to be preserved must be considered (Mackensen et al., 1993). This is particularly
337 important when considering the low values exhibited by *Cibicidoides kullenbergi* from MD07-
338 3076, although such low values have been reported at similar depths across the glacial South
339 Atlantic (Waelbroeck et al., 2011).

340 Our new meridional sections of Atlantic ϵ_{Nd} constructed by combining the new data presented in
341 this work with suitable published data (Fig. 8) support our hypothesis that the South Atlantic
342 mid-depth water mass provenance was similar during the LGM and HS1. The ϵ_{Nd} sections of the
343 Atlantic during the LGM and HS1 are very similar (Fig. 8); out of 22 cores for which both LGM
344 and HS1 data are available 17 have values for the two time periods that are within error of each
345 other (Table S7). The effect of age model uncertainty is minimal as many of the records exhibit
346 negligible changes across the time period spanning all of the LGM and HS1. Therefore even
347 shifting the age models by 1000 years would have little impact upon the sections shown in Fig.
348 8.

349 One region that does display a potentially significant difference is in the intermediate to mid-
350 depth North Atlantic, which exhibits less radiogenic values during HS1 than during the LGM
351 (Fig. 8, Table S7). However, the data are more sparse in this region during the LGM than HS1
352 due to complete lack of coral measurements from the LGM (Wilson et al., 2014). The
353 unradiogenic coral results from HS1 are within error of the composition of upper Labrador Sea
354 Water in the modern ocean (Lambelet et al., 2016; Wilson et al., 2014), therefore do not require
355 an end-member change relative to the modern ocean, but due to the lack of glacial data the end-
356 member ϵ_{Nd} of GNAIW is harder to determine. As a result we cannot rule out the possibility that
357 NSW was less radiogenic during HS1 than the LGM, as suggested by a recent simulation (Gu et
358 al., 2017).

359 Constraining whether changes in the neodymium composition of the end-member water masses
360 occurred between the LGM and HS1 is a key component of interpreting the similarity of the ϵ_{Nd}
361 values of the mid-depth South Atlantic during these two time periods (Fig. 7a). The ϵ_{Nd} record of
362 SU90-03 from the mid-depth North Atlantic is only around 0.5 ϵ unit less radiogenic during HS1
363 than the LGM (Fig. 5) suggesting any end-member shift between these time periods may have
364 been small. However, SU90-03 was likely bathed by a mixture of NSW and SSW during the
365 LGM (Curry and Oppo, 2005; Howe et al., 2016), therefore changes in northern-sourced
366 endmember-composition could be obfuscated by changes in water mass mixing at the site. A
367 foraminiferal ϵ_{Nd} record from site ODP 980 at 2168 m depth in the northernmost North Atlantic
368 exhibits very similar values during the LGM and HS1 (Crocker et al., 2016), a finding that would
369 also be consistent with similar end-member composition for NSW from the Nordic Seas during

370 those two time periods. The Nordic Seas overflow are, however, only one component of NSW as
371 evidenced by the fact that the ODP 980 record is more radiogenic than SU90-03 during the LGM
372 and HS1, which reveals the lack of Labrador Sea Water at the overflow site. Intermediate depth
373 corals from the North Atlantic exhibit variable values during HS1 (Wilson et al., 2014),
374 suggesting that there may have been short term changes in the composition of NSW at those
375 depths. Notwithstanding these possible slight fluctuations in the neodymium composition of
376 NSW during HS1, based upon the results from SU90-03 and ODP 980 we estimate that the
377 average HS1 composition of NSW was not more than 1 ϵ unit different to that during the LGM.

378 The end-member composition of AAIW during both the LGM and HS1 is very poorly
379 constrained. The only intermediate depth ϵ_{Nd} reconstruction from the Atlantic sector of the
380 Southern Ocean (Robinson and van de Flierdt, 2009) is not sampling true AAIW as discussed by
381 Howe et al (2016a). While we cannot discount the possibility that AAIW in the South Atlantic
382 may have been more radiogenic during the LGM and HS1 (Gu et al., 2017), we adopt the
383 position of Howe et al (2016a) and infer that the stability of the ϵ_{Nd} records in the intermediate
384 depth South Atlantic (Fig. 4) shows no evidence to suggest less radiogenic AAIW values during
385 these time periods. Furthermore, despite this uncertainty, we are primarily interested in the
386 difference between the LGM and HS1, therefore any possible gradual end-member change
387 across the deglaciation need not affect our investigation of water mass mixing proportions for
388 these two time periods. More ϵ_{Nd} reconstructions and seawater ϵ_{Nd} measurements in the
389 intermediate depths of the Southern Ocean are needed to better constrain the change in the ϵ_{Nd}
390 end-member composition of AAIW during the LGM and HS1, as well as the potential influence
391 of boundary exchange (Lacan and Jeandel, 2005) in the Southern Ocean.

392 Assuming that any end-member shifts between the LGM and HS1 were indeed small, the
393 similarity of the LGM and HS1 ϵ_{Nd} values suggest that the provenance of water masses in the
394 intermediate to mid-depth South Atlantic was very similar during this period (Fig. 8). These
395 considerations are captured in the cross plots of $\delta^{13}C$ versus ϵ_{Nd} for HS1 and LGM (Fig. 9)
396 constructed using the data from the five cores plotted in Figs. 5 and 6, revealing the apparent
397 changes in end-member composition for both $\delta^{13}C$ and ϵ_{Nd} estimated in this work. A significant
398 decrease in the $\delta^{13}C$ of NSW is speculated along with higher $\delta^{13}C$ of southern-sourced
399 intermediate depth water. The only significant change in ϵ_{Nd} end-member for which there is

400 strong evidence is the variants of AABW in the deep South Atlantic (Fig. 9). Using these end-
401 members, based on sensitivity calculations of end-member changes (Howe et al., 2016) we
402 estimate that the proportion of NSW in the mid-depth South Atlantic is unlikely to have
403 decreased by more than 15% between the LGM and HS1. This decrease is consistent with
404 estimates based upon benthic foraminiferal oxygen isotopes from the mid-depth South Atlantic
405 (Lund et al., 2015) but significantly less than the 60% decrease that is needed if a greater
406 proportion of SSW alone was responsible for the $\delta^{13}\text{C}$ decrease in the mid-depth Atlantic during
407 HS1 (Oppo et al., 2015).

408 The lack of change in the ϵ_{Nd} profiles between the LGM and HS1 in the mid-depth South
409 Atlantic (Fig. 5a) therefore indicates that the lower $\delta^{13}\text{C}$ values in HS1 than during the LGM
410 observed at mid-depths (Fig. 5b) cannot be due to a greater proportion of low- $\delta^{13}\text{C}$ SSW and that
411 NSW continued to influence the mid-depth South Atlantic during HS1. Thus we conclude that,
412 contrary to the accepted paradigm (Keigwin and Lehman, 1994), the LGM to HS1 $\delta^{13}\text{C}$ decrease
413 in the mid-depth South Atlantic is not due to the presence of a greater fraction of SSW (Oppo
414 and Curry, 2012).

415 To reconcile our finding that the proportion of NSW and SSW masses were similar during the
416 LGM and HS1 with evidence of an extremely weak or collapsed Atlantic overturning circulation
417 in the mid-depth (Mulitza et al., 2017) and deep ocean (McManus et al., 2004), we propose that
418 the production of NSW and at least some component of SSW were coupled. Accordingly, as the
419 production of GNAIW weakened at the beginning of HS1, presumably due to the discharge of
420 icebergs to the North Atlantic (Hemming, 2004), the production of some portion of SSW, here
421 we suggest AAIW, may have decreased proportionately. There is strong evidence for better
422 ventilation of the Southern Ocean during HS1 than during the LGM (e.g., Anderson et al., 2009;
423 Burke and Robinson, 2012; Skinner et al., 2010). Such evidence is commonly taken as support
424 for the bipolar seesaw hypothesis (Broecker, 1998) from which it is often assumed that the
425 reduction in GNAIW formation during HS1 leads to greater SSW formation. We propose that
426 whilst there may be an increase in AABW formation coincident with the increased ventilation of
427 the deep Southern Ocean and South Atlantic (Burke and Robinson, 2012; Skinner et al., 2010)
428 that the same may not be true for AAIW. Although still debated (e.g. the export of AAIW to the
429 intermediate depths of the Caribbean Sea was strong during late HS1, Poggemann et al., 2017;

430 Valley et al., 2017), there is increasing evidence that AAIW did not penetrate significantly
431 further north in the Atlantic during HS1 (Howe et al., 2016a; Huang et al., 2014; Xie et al.,
432 2014). This evidence is consistent with a recent deglacial transient simulation performed with a
433 neodymium-enabled ocean model (Gu et al., 2017). Furthermore, as AAIW is formed north of
434 the Polar Front whereas AABW is formed through shelf processes and deep convection south of
435 the Polar Front (Meredith et al., 1999) the two processes need not be intrinsically linked.
436 Therefore, we suggest that AAIW formation may have decreased in concert with a decrease in
437 GNAIW formation at the start of HS1 despite a potential increase in AABW production due to
438 the bipolar seesaw (Broecker, 1998). This proposed decoupling of AAIW and AABW formation
439 and the proportionate decrease in AAIW coupled to GNAIW formation would explain how the
440 provenance of water in the mid-depth South Atlantic was able to remain similar during the LGM
441 and HS1 despite an inferred lower rate of NSW formation (McManus et al., 2004).

442 The absence of a notable ϵ_{Nd} change in association with the LGM to HS1 decrease in $\delta^{13}C$
443 throughout the intermediate to mid-depth Atlantic argues against any explanation for the $\delta^{13}C$
444 decreases that involves a significantly greater proportion of SSW (Keigwin and Lehman, 1994;
445 Oppo and Curry, 2012). Instead, changes in endmember $\delta^{13}C$ values or carbon cycling must have
446 occurred (Lund et al., 2015; Oppo et al., 2015; Schmittner and Lund, 2015), creating a NSW
447 mass with low $\delta^{13}C$ values. There is an increasing body of evidence from a number of different
448 paleoceanographic proxies suggesting that the shift of NSW to significantly lower $\delta^{13}C$ values
449 from the LGM to HS1 is likely explained by the greater accumulation of respired organic matter
450 in poorly ventilated mid-depth waters (Böhm et al., 2015; Lacerra et al., 2017; McManus et al.,
451 2004; Schmittner and Lund, 2015; Voigt et al., 2017). The effect of more sluggish circulation on
452 $\delta^{13}C$ during HS1 may have been further enhanced by a greater supply of nutrients to the low
453 latitudes during this time period (Poggemann et al., 2017). There are also other possible factors
454 that may have contributed to the decrease in $\delta^{13}C$ in the mid-depth South Atlantic from the LGM
455 to HS1 that, based on our results, may have occurred largely without changes in water mass
456 mixing proportions. One of these is the release of low $\delta^{13}C$ deep water masses to the ocean
457 interior or thermocline during HS1; this hypothesis, however, would be difficult to reconcile
458 with the water mass end-members inferred from the cross plot of the data presented in this work
459 for the LGM and HS1 (Fig. 9) as they do not appear to be consistent with low $\delta^{13}C$ values for
460 AAIW during HS1. We note that, as discussed earlier, considerable uncertainty remains in the

461 determination of the glacial end-members and the assignments are indeed speculative, therefore
462 this hypothesis cannot be ruled out. An additional explanation for the low $\delta^{13}\text{C}$ during HS1 could
463 be that rather than changes in the circulation rate or rate of supply of nutrients the
464 remineralisation rate of organic matter in the ocean interior may have been higher (Kwon et al.,
465 2009).

466 Our results cannot distinguish between changes in flow speed, nutrient supply/rain rate, or
467 remineralisation rate; nor can they distinguish water mass advection from diffusion along
468 isopycnals. However, whatever the mechanism, we suggest that the similarity of $\delta^{13}\text{C}$ values in
469 the North and South Atlantic during HS1 (Oppo and Curry, 2012; Thiagarajan et al., 2014) was
470 likely due to an apparent NSW end-member shift to lower $\delta^{13}\text{C}$ values counterbalanced by a shift
471 of intermediate depth SSW to more positive values than during the LGM (Oppo et al., 2015).
472 Furthermore, the ϵ_{Nd} results from GL1090 suggest that NSW influenced the mid-depth South
473 Atlantic during HS1 (Fig. 8). This conclusion is a fundamental advance in both the
474 understanding of how ocean circulation responds to sudden perturbations, such as potential
475 freshwater forcing, and of the relationship between Atlantic overturning and the climate across
476 millennial scale climate events.

477

478 **4. Conclusions**

479 We present two new foraminiferal ϵ_{Nd} records from the mid-depth South Atlantic. The deeper,
480 and slightly more northerly, site shows consistently less radiogenic values and the sustained
481 influence of northern-sourced waters throughout the deglaciation. Both sites display similar ϵ_{Nd}
482 values during the LGM and HS1, suggesting that there were similar water mass mixing
483 proportions at these times, despite significantly lower $\delta^{13}\text{C}$ values during HS1 than the LGM at
484 the same sites. Consistent with other recent studies, we infer that this low $\delta^{13}\text{C}$ was primarily
485 caused by greater accumulation of respired organic matter in the mid-depth North Atlantic due to
486 significantly weakened circulation during HS1, possibly coupled with lower northern-sourced
487 water $\delta^{13}\text{C}$, although we note that our results cannot discount other mechanisms that may have
488 contributed to the low $\delta^{13}\text{C}$ values. Our results do, however, highlight the strength of combining
489 $\delta^{13}\text{C}$ and ϵ_{Nd} data to investigate past changes in overturning circulation. Furthermore, the
490 compilation of Atlantic ϵ_{Nd} data for the LGM and HS1 suggests little change in ϵ_{Nd} values in the
491 Atlantic between those two time periods, indicating that the collapse in Atlantic overturning
492 ascribed to HS1 caused little change in water mass mixing proportions in the Atlantic. As a
493 result, we conclude that if freshwater forcing decreased the rate of formation of northern-sourced
494 waters in the Atlantic at the onset of HS1 then the formation of intermediate-depth southern-
495 sourced waters must also have decreased approximately in proportion.

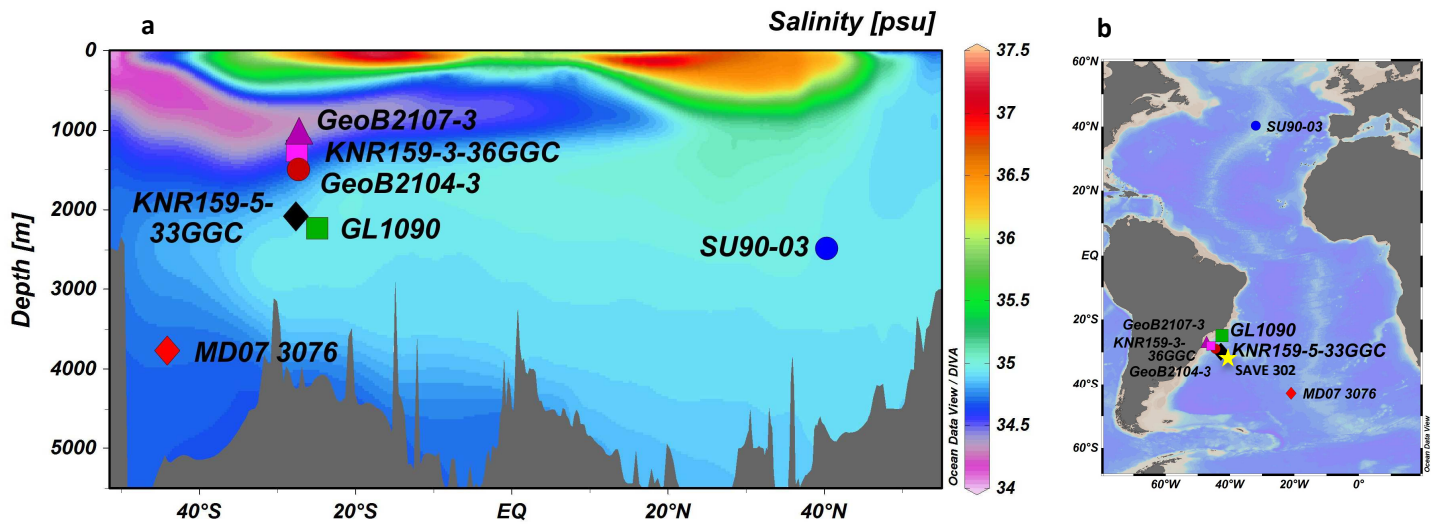
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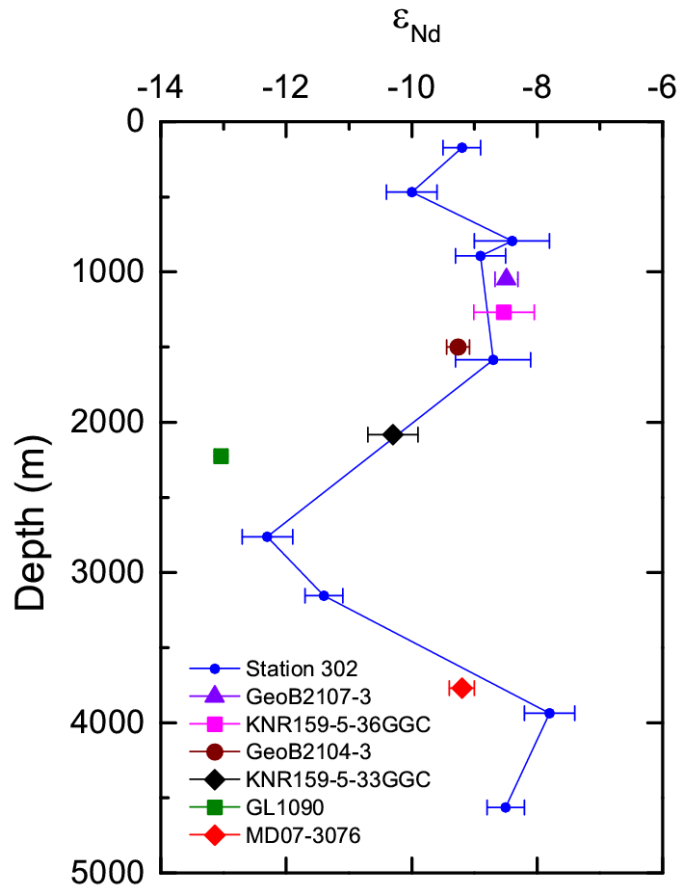
516 **Fig. 1:** (a) Salinity section of the western Atlantic (Antonov et al., 2010) showing the location of
 517 the cores used in this work, KNR159-5-33GGC (27.6°S, 46.2°W, 2082 m) and GL1090 (24.9°S,
 518 42.5°W, 2225 m) along with core sites from which published ϵ_{Nd} records are discussed. Core
 519 locations and data references for all records are given in Table S1. (b) Map showing the locations
 520 of the cores present in panel a. The location of the station SAVE 302 by Jeandel (1993) is also
 521 indicated (yellow star). Both figures were produced using the Ocean Data View software
 522 (Schlitzer, 2016).

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541 Fig. 2 Comparison of core top foraminiferal ϵ_{Nd} of cores KNR159-5-33GGC and GL1090 from
542 the Brazil margin measured in this work along with core top values from nearby intermediate
543 depth sites (GeoB2107-3, KNR159-5-36GGC and GeoB2104-3; Howe et al., 2016a) and a site
544 from the Mid-Atlantic Ridge (MD07-3076; Skinner et al., 2013) compared to nearby seawater
545 ϵ_{Nd} (SAVE 302, 33.6°S, 41.6°W; Jeandel, 1993). Note that all core top samples are younger than
546 5 ka, with the exception of the sample from GL1090 that shows an age of 6.8 ka.

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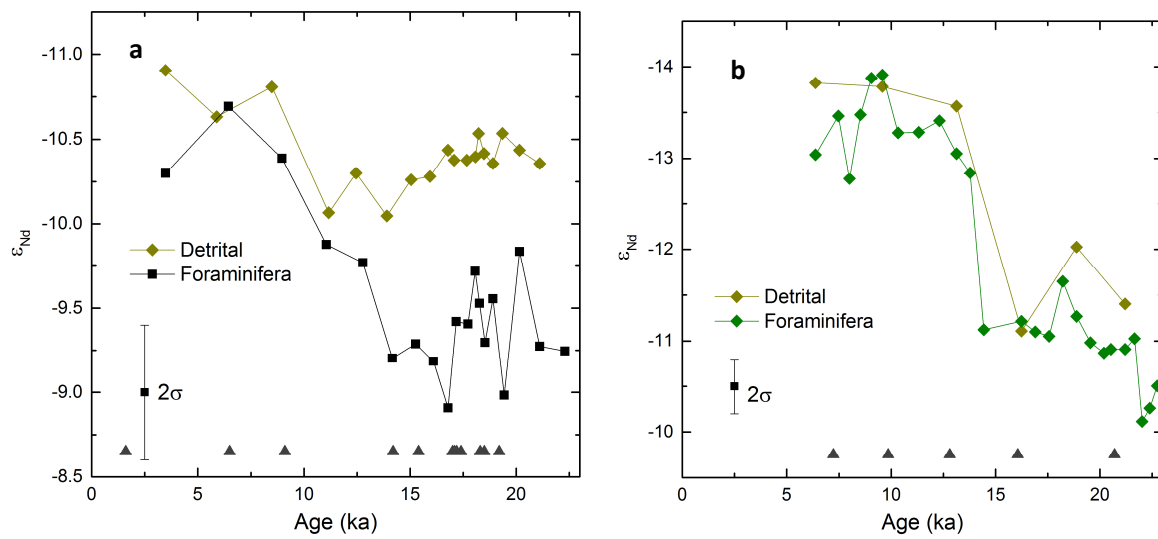
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557 **Fig. 3.** Detrital (gold diamonds) and foraminiferal (black squares and green diamonds) ϵ_{Nd} of
558 cores (a) KNR159-5-33GGC and (b) GL1090 with average 2σ error of all measurements plotted.
559 Age control tie points are given by grey triangles on both plots.

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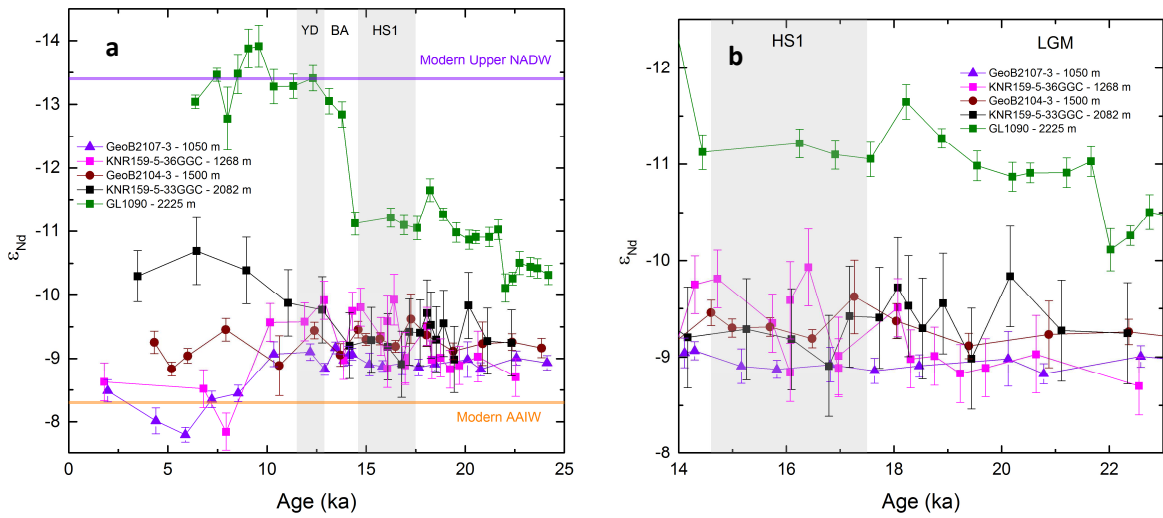
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572 **Fig. 4.** (a) ϵ_{Nd} of uncleaned planktic foraminifera records of the past 25 kyr from KNR159-5-
573 33GGC (black) and GL1090 (green) compared with those of GeoB2107-3 (purple), KNR159-5-
574 36GGC (pink) and GeoB2104-3 (burgundy). Also labelled are the ϵ_{Nd} of modern Upper North
575 Atlantic Deep Water (NADW) (-13.4; Lambelet et al., 2016) and Antarctic Intermediate Water
576 (AAIW) (-8.3; Stichel et al., 2012). (b) Magnification of the LGM to HS1 period of all 5 cores.
577 Climate periods labelled are the Younger Dryas (YD), Bølling-Allerød (BA) and Heinrich
578 Stadial 1 (HS1). Core locations and data references for all records are given in Table S1.

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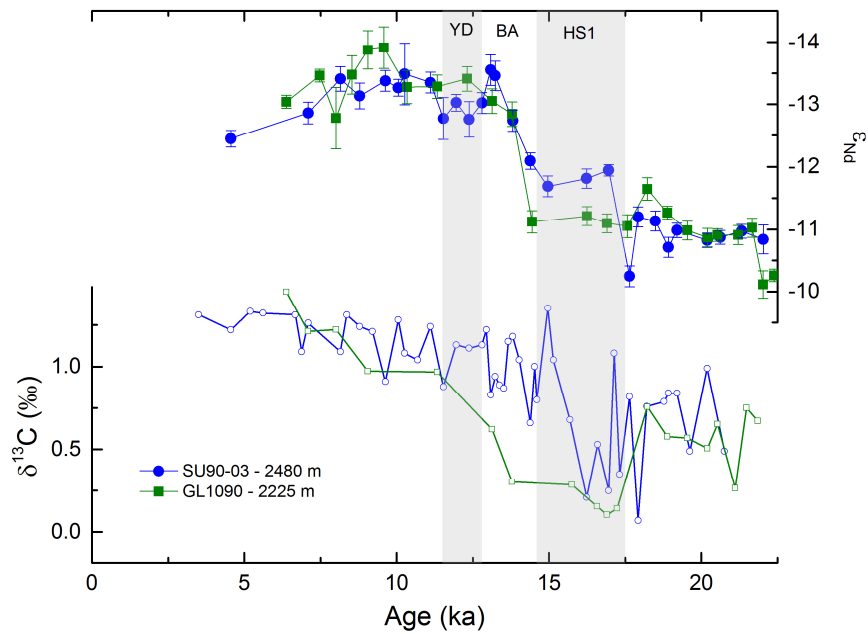
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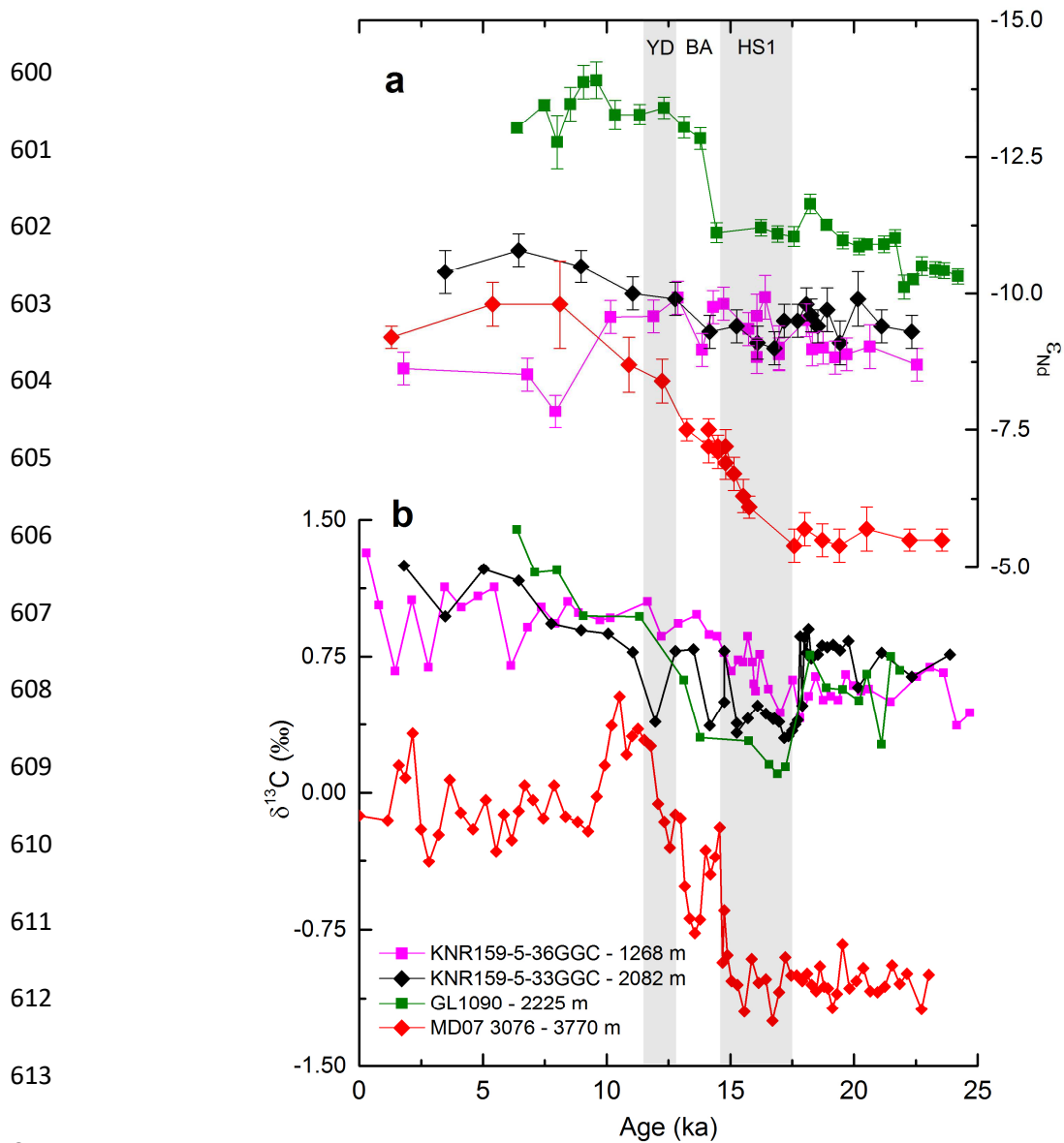


592 **Fig. 5.** (Top) ϵ_{Nd} of uncleaned planktic foraminifera from GL1090 (filled green squares) and
593 SU90-03 (filled blue circles; Howe et al., 2016b). Benthic foraminiferal $\delta^{13}C$ measured on
594 *Cibicidoides wuellerstorfi* from GL1090 (hollow green squares; Santos et al., 2017) and SU90-
595 03 (hollow blue circles; Chapman and Shackleton, 1998). Climate periods labelled are the
596 Younger Dryas (YD), Bølling-Allerød (BA) and Heinrich Stadial 1 (HS1).

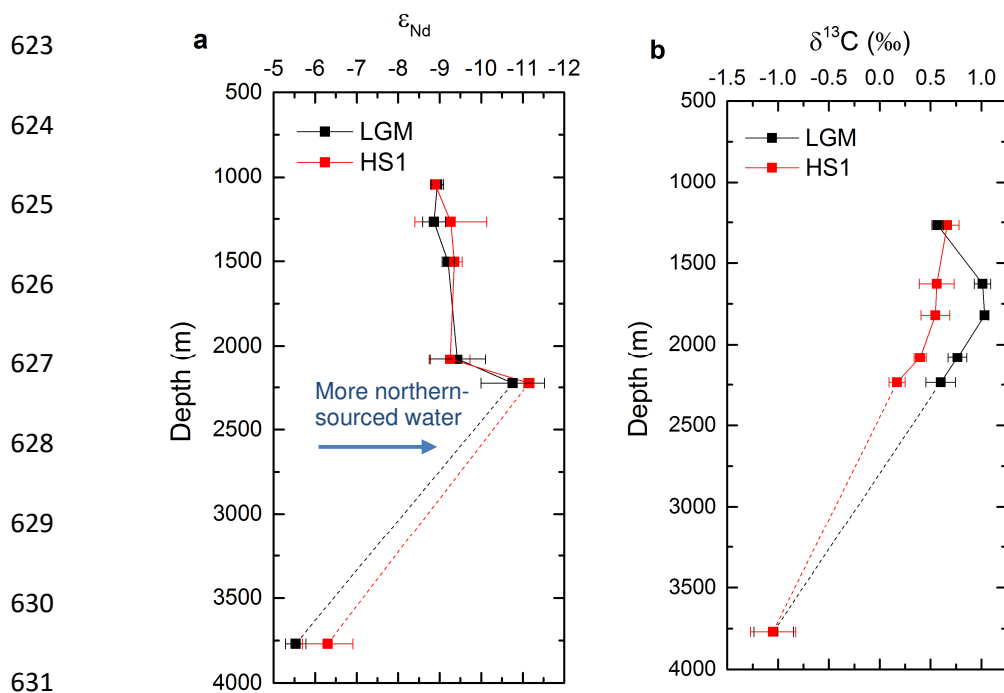
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615 **Fig. 6.** (a) ϵ_{Nd} of uncleaned planktic foraminifera from cores KNR159-5-36GGC (pink; Howe et
616 al., 2016a) KNR159-5-33GGC (black) and GL1090 (green), together with uncleaned benthic
617 foraminifera of core MD07-3076 (red; Skinner et al., 2013). (b) Benthic foraminiferal $\delta^{13}C$ of
618 mixed *Cibicoides* and *Planulina* species from KNR159-5-36GGC (pink; Curry and Oppo,
619 2005) mixed *Cibicoides* species from KNR159-5-33GGC (black; Tessin and Lund, 2013),
620 *Cibicoides wuellerstorfi* from GL1090 (green; Santos et al., 2017) and *Cibicides kullenbergi*
621 from MD07-3076 (red; Waelbroeck et al., 2011). Climate periods labelled are the Younger Dryas
622 (YD), Bølling-Allerød (BA) and Heinrich Stadial 1 (HS1). Core locations are given in Fig. 1.



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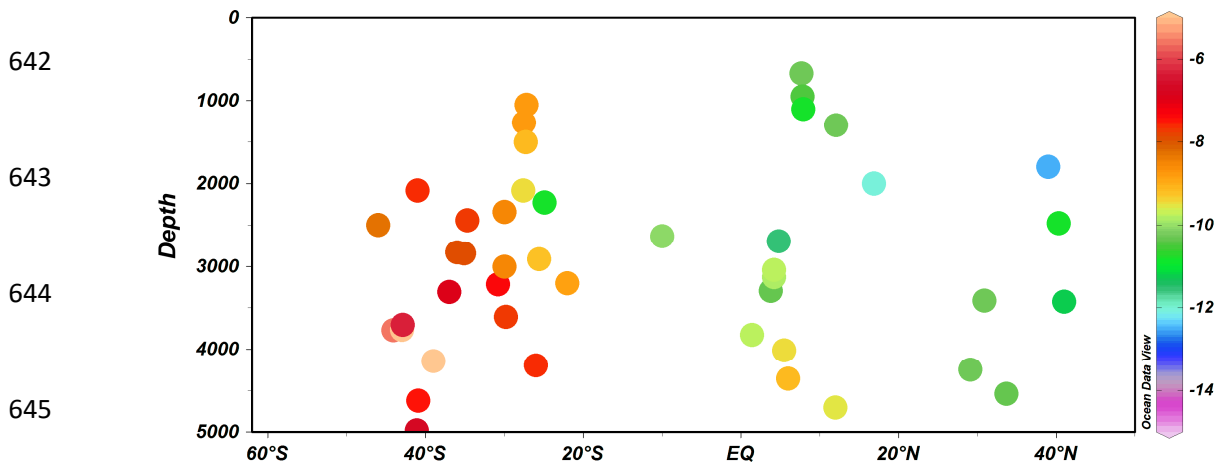
634 **Fig. 7.** Profiles of (a) authigenic ϵ_{Nd} and (b) benthic foraminiferal $\delta^{13}C$ of the Last Glacial
 635 Maximum (LGM) (23-19 ka) and Heinrich Stadial 1 (HS1) (17.5-15 ka) for the South Atlantic.
 636 ϵ_{Nd} data comes from refs. (Howe et al., 2016a; Skinner et al., 2013) and this work. $\delta^{13}C$ data
 637 comes from refs. (Curry and Oppo, 2005; Santos et al., 2017; Tessin and Lund, 2013;
 638 Waelbroeck et al., 2011) and are listed in Table S7.

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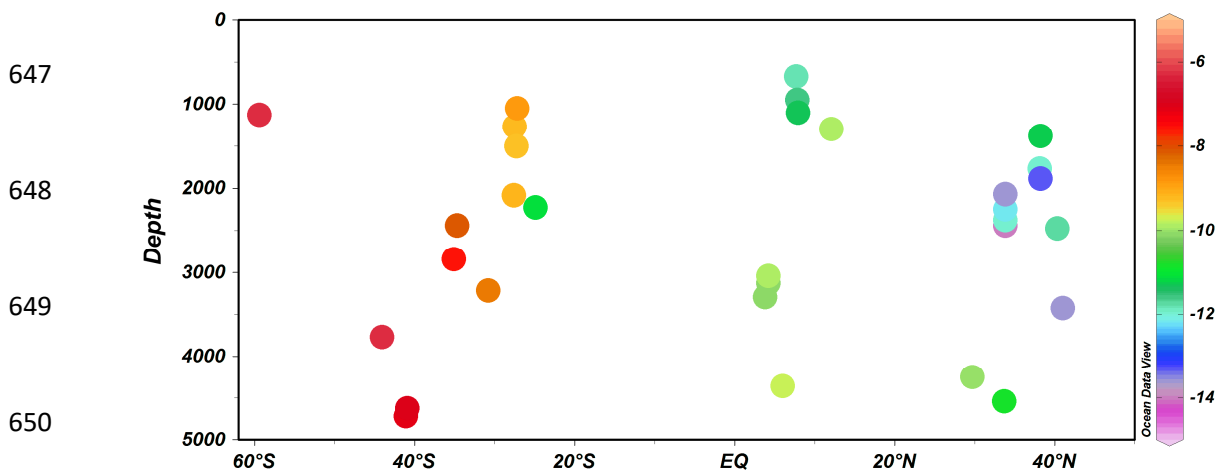
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a Last Glacial Maximum



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b Heinrich Stadial 1



651 **Fig. 8.** Sections of authigenic ϵ_{Nd} from the western Atlantic, including the Mid-Atlantic Ridge, as
652 well as the Cape Basin and the Drake Passage, for (a) the Last Glacial Maximum (23-19 ka) and
653 (b) Heinrich Stadial 1 (17.5-15 ka). Core/site locations and names along with individual
654 references are given in Fig. S2 and Tables S4 and S5. Sections were produced using the Ocean
655 Data View software (Schlitzer, 2016).

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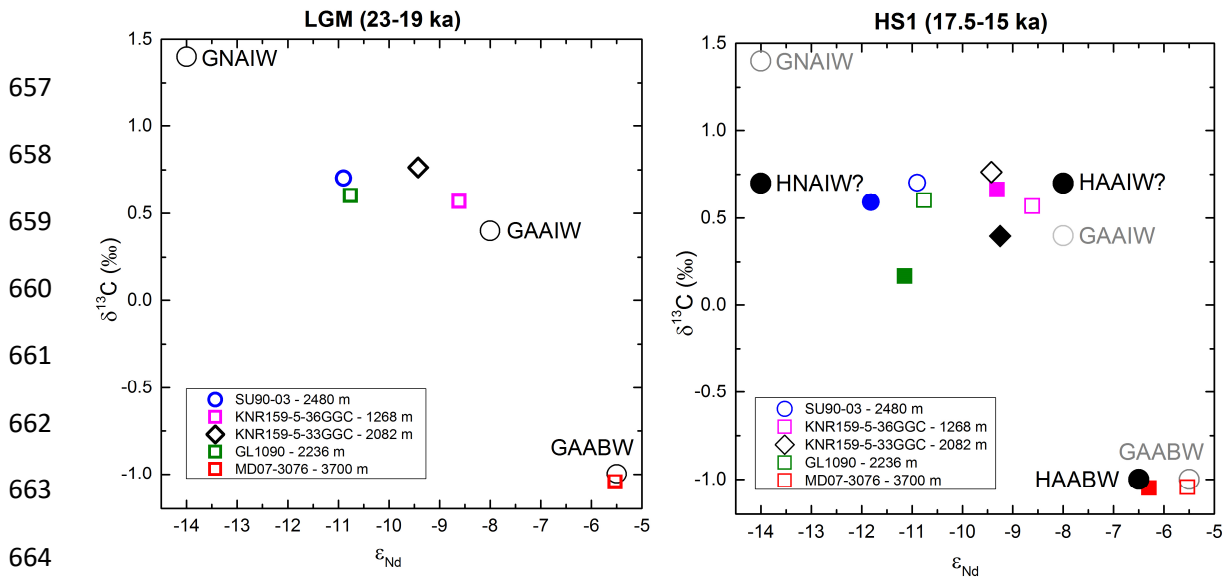


Fig. 9. Cross plots of authigenic ϵ_{Nd} versus benthic foraminiferal $\delta^{13}\text{C}$ for cores SU90-03, KNR159-5-36GGC, KNR159-5-33GGC, GL1090 and MD07-3076 during the Last Glacial Maximum (LGM) (23-19 ka; hollow symbols shown in both panels) and Heinrich Stadial 1 (HS1) (17.5-15 ka; filled symbols). Data points are averages for each of the time periods, taken from the records and references in Figs. 4 and 5. Endmembers labelled are Glacial (G) and Heinrich Stadial 1 (H) North Atlantic Intermediate Water (NAIW), Antarctic Intermediate Water (AAIW) and Antarctic Bottom Water (AABW).

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936 **Supplementary material:**

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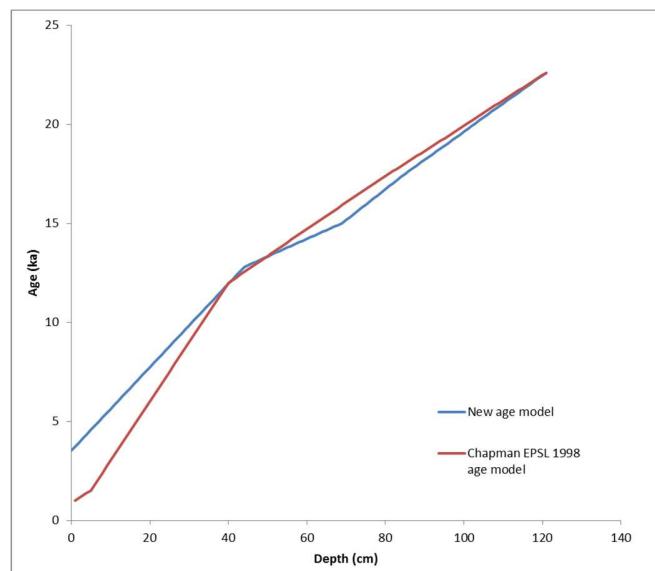
938 **Minor and Rare Earth Element Analyses**

939 Calcium concentrations in the dissolved foraminiferal samples were measured using the Varian
940 Vista inductively coupled optical emission spectrophotometer (ICP-OES) in the Department of
941 Earth Sciences at the University of Cambridge. Samples were then diluted to 100 ppm calcium
942 for minor and rare earth element analysis on the PerkinElmer SCIEX Elan DRC II Quadrupole
943 inductively-coupled mass spectrometer. Samples were measured Al, Ca, Mn, U and the Rare
944 Earth Elements. Analyses were performed by first measuring eight calibration standards, which
945 spanned the range of typical foraminiferal concentrations, to produce a linear calibration curve.
946 Samples were then run in blocks of ten bracketed by two additional standards with typical
947 foraminiferal REE concentrations as consistency checks. Intensities were corrected for
948 instrumental drift during the run using internal Rh, In and Re standards, and for oxide
949 interferences. Results were converted to ppm calcium carbonate assuming 100% of calcium
950 came from calcite; Rare Earth Element concentrations were then normalised to Post Archean
951 Australian Shale (PAAS) (Taylor and McLennan, 1985).

952

953 **Revised age model for SU90-03**

954 The revised age model for core SU90-03 was constructed using a combination of AMS-¹⁴C ages
955 and lithological data (Chapman and Shackleton, 1998; Chapman et al., 2000). We adopted the
956 AMS-¹⁴C age control points for the Younger Dryas (at the depth of 40 cm, for 12 ka) and for the
957 Last Glacial Maximum (at the depth of 121 cm, for 22.6 ka) from Chapman and Shackleton
958 (1998) and Chapman et al. (2000), that were converted to calibrated ages using the R-package
959 Bchron (Parnell et al., 2008) with the Marine13 calibration curve (Reimer et al., 2013). The
960 prominent feature during Heinrich Stadial 1 based on the presence of ice rafted detritus lithic
961 grains and the age for the end of HS1 (McManus et al., 2004) were used to provide additional
962 age constraints for the deglaciation section of the core (at depths of 66 cm and 77 cm, for 14.7
963 and 16 ka, respectively). We then used the R-package Bchron (Parnell et al., 2008) with the
964 Marine13 calibration curve (Reimer et al., 2013) to generate a core-top age of 3.5 ka. A
965 comparison of the revised and the original (Chapman and Shackleton, 1998) age models is shown
966 in Fig. S1, and the age-depth control points used in the revised version of the age model are
967 listed below.



968

969 **Fig. S1.** A comparison of the age-depth model for core SU90-03 between the revised version
970 used in this manuscript and its original version as published by Chapman and Shackleton (1998).
971 Calibrated ages are used in the plot.

972

Age controls	Depth (cm)	¹⁴C Age (ka)	Calendar age (ka)	Sources
BCHRON with MARINE13	0		3.5	
YD	40	10.5	12.0	Chapman and Shackleton (1998)
End of HS1	66		14.7	McManus et al (2004)
Peak IRD	77		16.0	
BCHRON with MARINE13	121	19.1	22.6	Chapman et al (2000)

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Heinrich Stadial 1

Last Glacial Maximum

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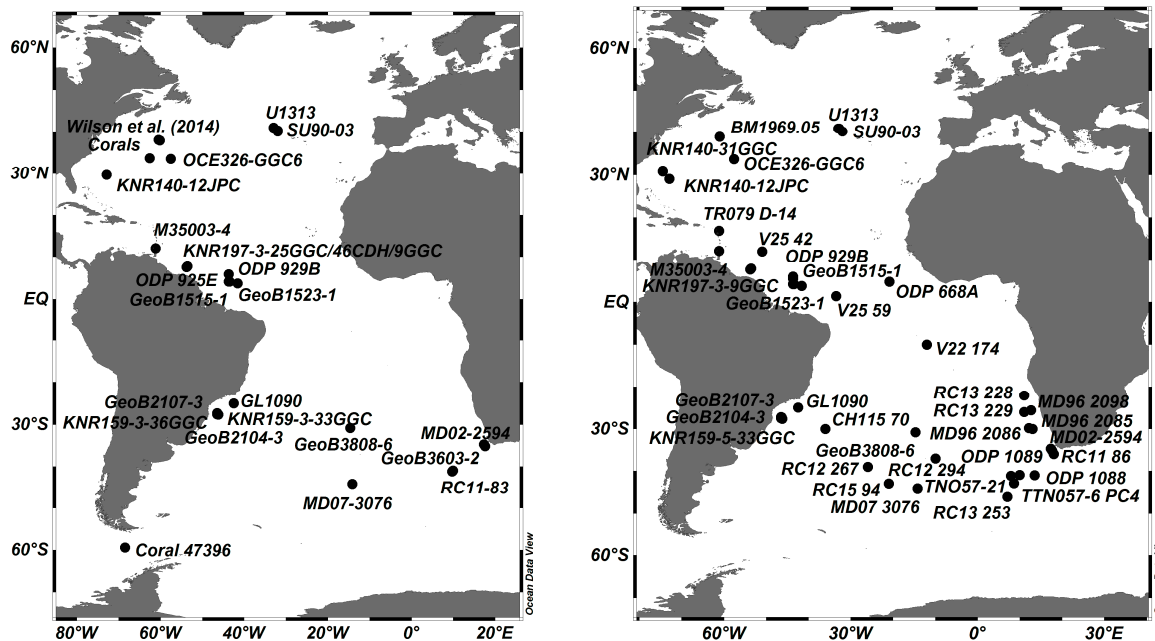
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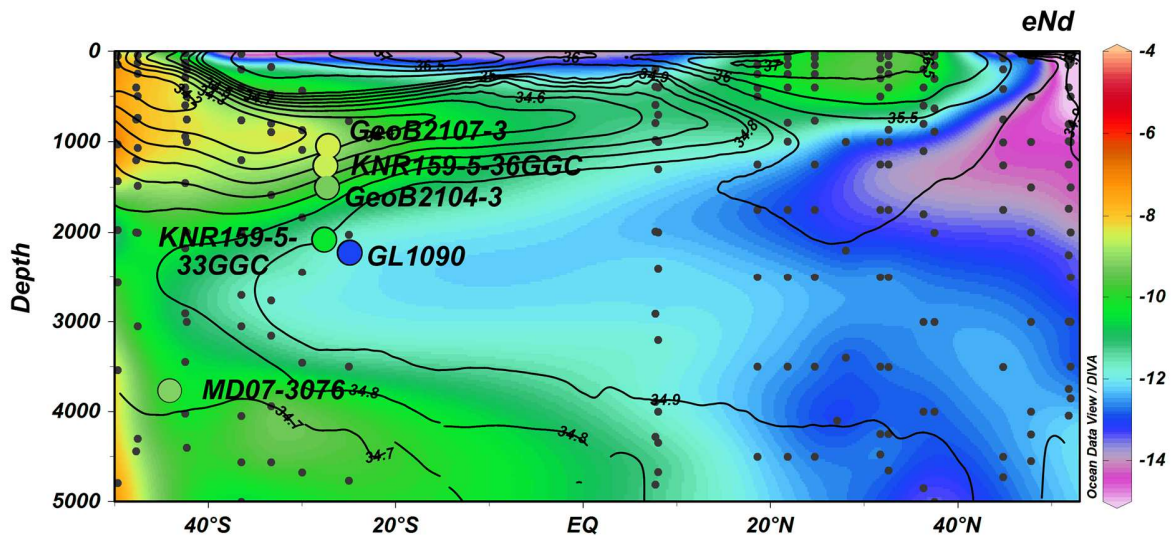
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984 **Fig. S2.** Maps showing the location of cores and corals used for the reconstruction of ϵ_{Nd} values
 985 of the Atlantic during Heinrich Stadial 1 (left) and the Last Glacial Maximum (right). Complete
 986 core locations and data references are given in Tables S4 and S5. This figure was produced using
 987 the Ocean Data View software (Schlitzer, 2016).

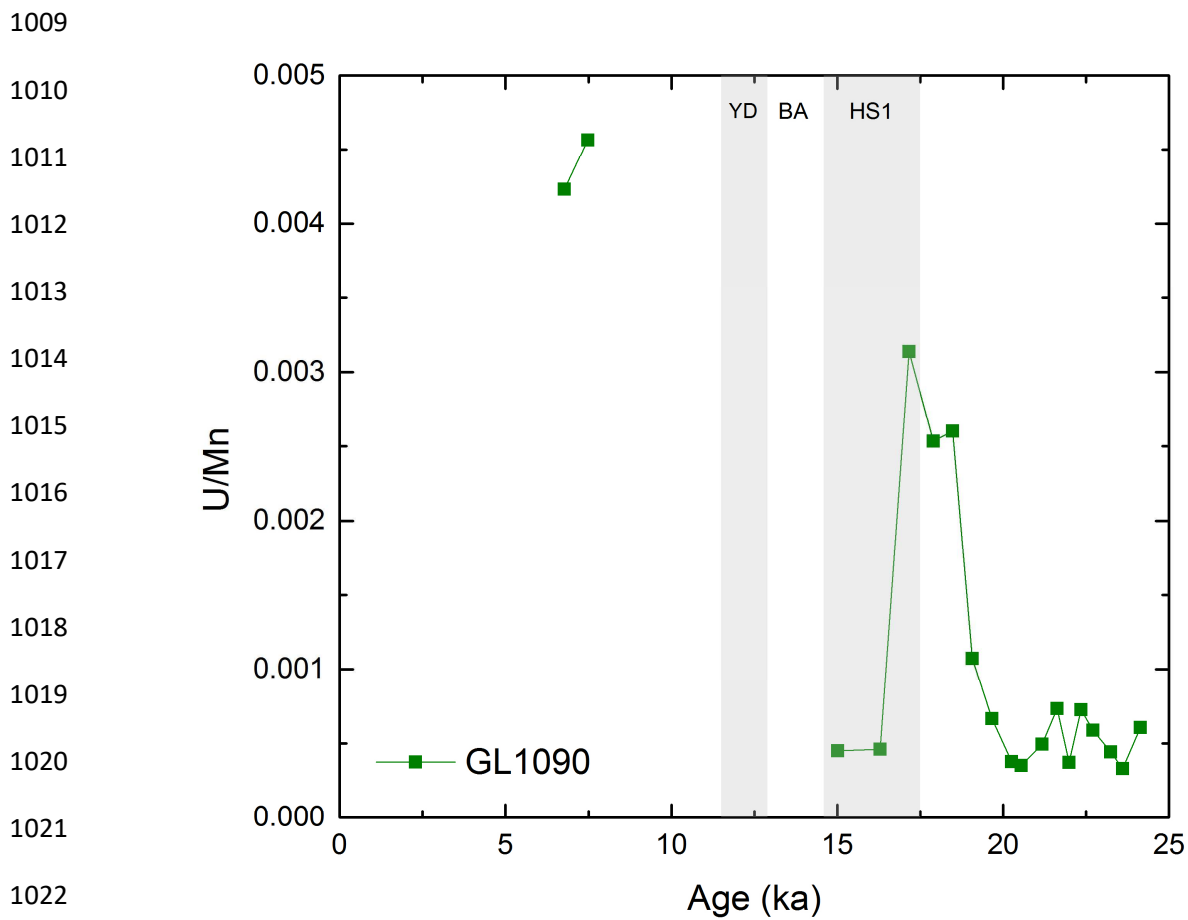
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998 **Fig. S3.** Interpolated modern seawater ϵ_{Nd} for the western Atlantic Ocean and eastern Atlantic to
999 south of the Walvis Ridge with the location of seawater measurements given by black dots
1000 (Garcia-Solsona et al., 2014; Huang et al., 2014; Jeandel, 1993; Lambelet et al., 2016; Piepgras
1001 and Wasserburg, 1987; Stichel et al., 2012). Superimposed are salinity contours (psu; black
1002 lines) for the western Atlantic (Antonov et al., 2010). Coloured dots show core top foraminiferal
1003 ϵ_{Nd} values for the South Atlantic cores discussed in this study (colour coded using the same scale
1004 as the seawater ϵ_{Nd}). This figure was produced using the Ocean Data View software (Schlitzer,
1005 2016).

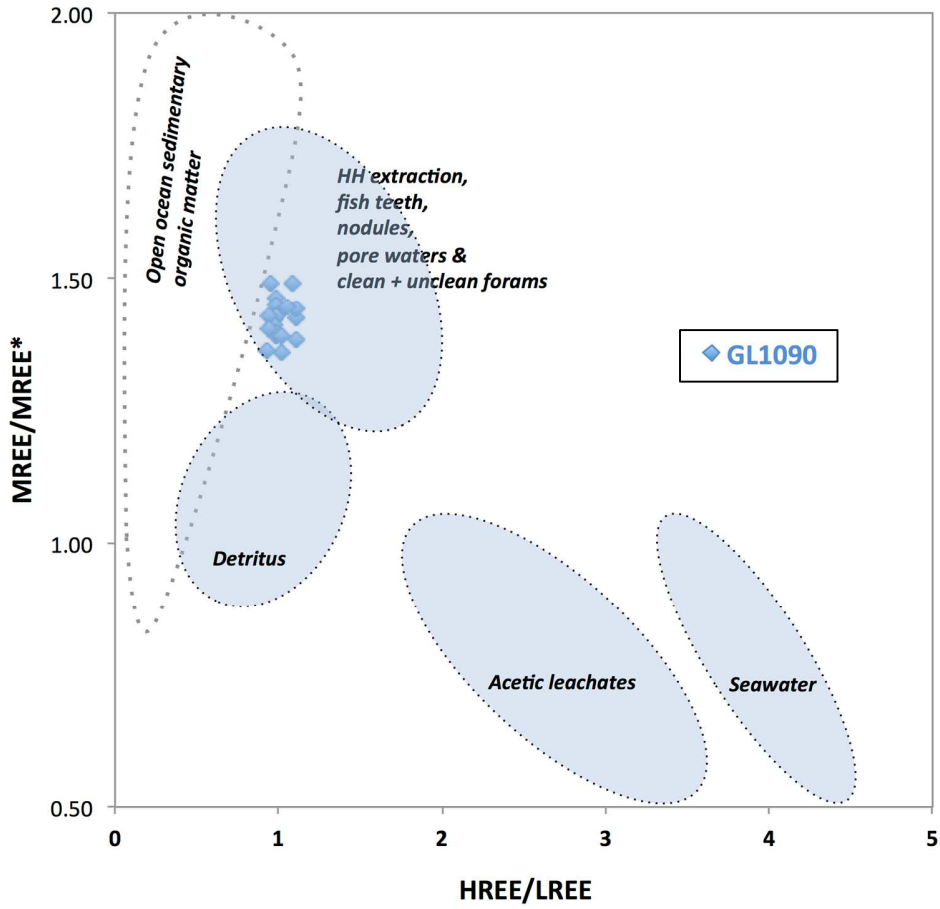
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1024 **Fig. S4.** U/Mn measured on uncleaned foraminifera from core GL1090.

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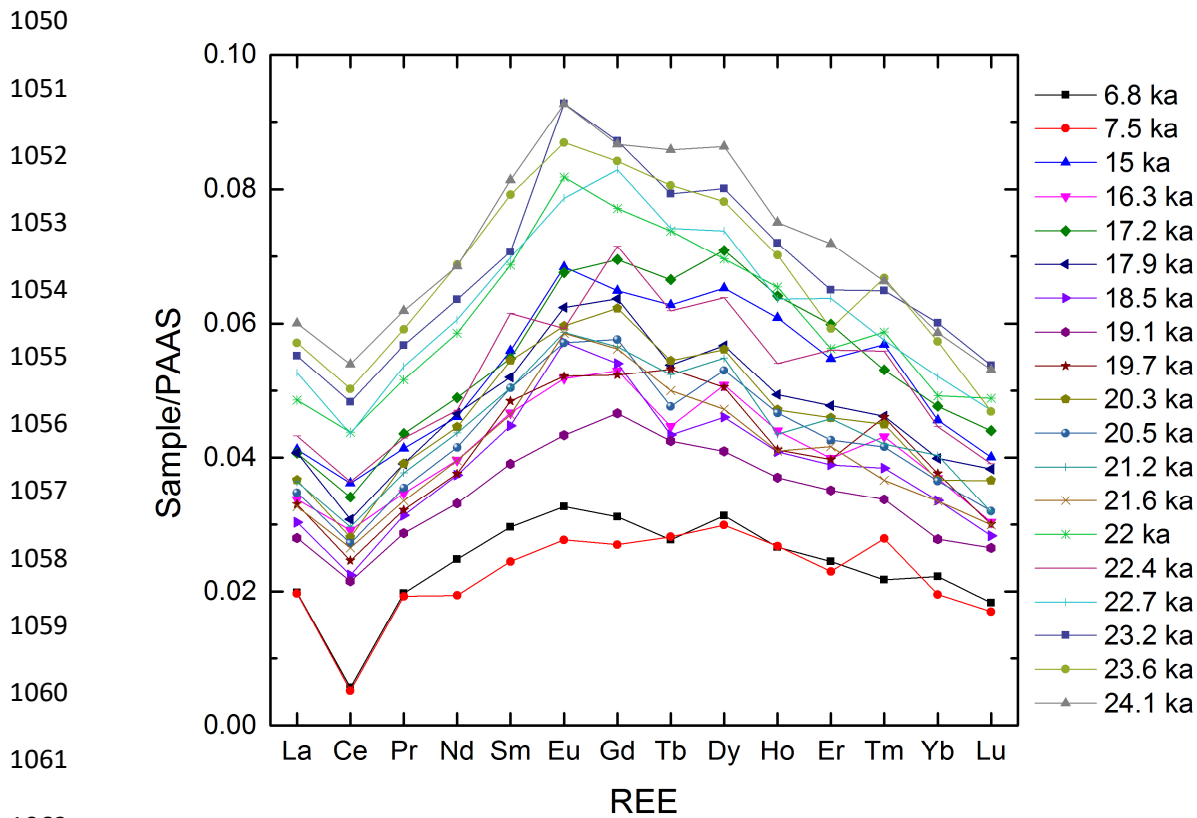
1045 **Fig. S5.** PAAS-normalized HREE/LREE vs. MREE/MREE* measured on unclean foraminifera

1046 samples from core GL1090 in this study. Shaded areas from Martin et al (2010, and references

1047 therein) and Molina-Kescher et al (2014, and references therein).

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Fig. S6. Rare earth element profiles measured on uncleaned foraminifera from core GL1090. Different time-slices (ka) are given by different colours and symbols as shown in the right-hand column.

1072 **Table S1.** Cores for which ϵ_{Nd} and $\delta^{13}\text{C}$ records are presented along with data references.

Core	Lat. (°N)	Long. (°E)	Depth (m)	ϵ_{Nd} reference	$\delta^{13}\text{C}$ reference	Age model reference
<u>South Atlantic</u>						
GeoB2107-3	-27.2	-46.5	1050	(Howe et al., 2016a)	-	(Heil, 2006)
KNR159-5-36GGC	-27.5	-46.5	1268	(Howe et al., 2016a)	(Curry and Oppo, 2005)	(Lund et al., 2015; Sortor and Lund, 2011)
GeoB2104-3	-27.3	-46.4	1500	(Howe et al., 2016a)	-	(Hickey, 2010)
KNR159-5-33GGC	-27.6	-46.2	2082	<i>This work</i>	(Tessin and Lund, 2013)	(Tessin and Lund, 2013)
GL1090	-24.9	-42.5	2225	<i>This work</i>	(Santos et al., 2017)	(Santos et al., 2017) <i>and this work</i>
MD07-3076	-44.1	-14.2	3770	(Skinner et al., 2013)	(Waelbroeck et al., 2011)	(Skinner et al., 2010)
<u>North Atlantic</u>						
SU90-03	40.3	-32.0	2480	(Howe et al., 2016b)	(Chapman and Shackleton, 1998)	(Chapman and Shackleton, 1998) <i>and this work</i>

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1075 **Table S2.** Foraminiferal ϵ_{Nd} of KNR159-5-33GGC

Depth (cm)	Age (ka)	Foraminiferal ϵ_{Nd}	Error (2σ)
8.5	3.5	-10.3	0.4
16.5	6.4	-10.7	0.5
24.5	9.0	-10.4	0.5
32.5	11.1	-9.9	0.5
40.5	12.8	-9.8	0.5
48.5	14.2	-9.2	0.5
56.5	15.3	-9.3	0.5
64.5	16.1	-9.2	0.5
73.5	16.8	-8.9	0.5
80.5	17.2	-9.4	0.5
96.5	17.7	-9.4	0.5
112.5	18.1	-9.7	0.5
120.5	18.3	-9.5	0.5
128.5	18.5	-9.3	0.5
136.5	18.9	-9.6	0.5
144.5	19.4	-9.0	0.5
152.5	20.2	-9.8	0.5
160.5	21.1	-9.3	0.5
168.5	22.3	-9.2	0.5

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1078 **Table S3.** Detrital ϵ_{Nd} of KNR159-5-33GGC

Depth (cm)	Age (ka)	Detrital ϵ_{Nd}	Error (2σ)
8	3.5	-10.9	0.3
15	5.9	-10.6	0.3
23	8.5	-10.8	0.3
33	11.2	-10.1	0.3
39	12.5	-10.3	0.3
47	13.9	-10.0	0.3
55	15.1	-10.3	0.3
63	15.9	-10.3	0.3
73	16.8	-10.4	0.3
79	17.1	-10.4	0.3
95	17.7	-10.4	0.3
113	18.1	-10.4	0.3
119	18.2	-10.5	0.3
127	18.5	-10.4	0.3
136	18.9	-10.4	0.3
143	19.4	-10.5	0.3
152	20.2	-10.4	0.3
160	21.1	-10.4	0.3

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1082 **Table S4.** ϵ_{Nd} of GL1090

Depth (cm)	Age (ka)	Foraminiferal ϵ_{Nd}	Error 2σ	Detrital ϵ_{Nd}	Error 2σ	Al/Ca ($\mu\text{mol/mol}$)
0	6.8	-13.0	0.1			78.5
8	7.5	-13.5	0.1			52.1
10	8.0	-12.8	0.5			
12	8.5	-13.5	0.3			
14	9.1	-13.9	0.3			
16	9.6	-13.9	0.3	-13.8	0.3	
18	10.4	-13.3	0.3			
20	11.3	-13.3	0.2			
22	12.3	-13.4	0.2			
24	13.4	-13.1	0.2	-13.6	0.3	
26	14.6	-12.8	0.2			
28	15.0	-11.1	0.2			42.3
34	16.3	-11.2	0.1	-11.1	0.3	112
38	17.2	-11.1	0.1			49.6
42	17.9	-11.1	0.2			274
46	18.5	-11.6	0.2			42.8
50	19.1	-11.3	0.1	-12.0	0.3	39.2
54	19.7	-11.0	0.2			16.7
58	20.3	-10.9	0.1			64.6
60	20.5	-10.9	0.1			8.31
66	21.2	-10.9	0.2	-11.4	0.3	17.0
71	21.6	-11.0	0.2			10.4
75	22.0	-10.1	0.2			54.4
79	22.4	-10.3	0.1			6.90
83	22.7	-10.5	0.2			36.6
89	23.2	-10.4	0.1			87.3
93	23.6	-10.4	0.2			297
99	24.1	-10.3	0.1			9.63

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1085 **Table S5.** Data used in Heinrich Stadial 1 ϵ_{Nd} section (F=Foraminifera, L=Leachate, FD=Fish
 1086 debris, C=Coral)

Name	Lat. (°N)	Long. (°E)	Depth (m)	ϵ_{Nd}	2σ	Reference	Authigenic phase
KNR159-5-33GGC	-27.6	-46.2	2082	-9.3	0.5	<i>This work</i>	F
GL1090	-24.9	-42.5	2225	-11.1	0.1	<i>This work</i>	F
ODP 925E	4.2	-43.5	3041	-10.0	0.2	(Howe et al., 2016b)	F
ODP 929B	6.0	-43.7	4356	-9.8	0.4	(Howe et al., 2016b)	F
SU90-03	40.3	-32.0	2475	-11.8	0.3	(Howe et al., 2016b)	F
GeoB2104-3	-27.3	-46.4	1503	-9.4	0.2	(Howe et al., 2016a)	F
KNR159-5-36GGC	-27.5	-46.5	1268	-9.2	0.9	(Howe et al., 2016a)	F
GeoB2107-3	-27.2	-46.5	1048	-8.9	0.1	(Howe et al., 2016a)	F
KNR197-3-46CDH	7.8	-53.7	947	-11.6	1.4	(Huang et al., 2014)	F
KNR197-3-9GGC	7.9	-53.6	1100	-11.4	0.4	(Huang et al., 2014)	F
KNR197-3-25GGC	7.7	-53.8	671	-11.9	0.6	(Huang et al., 2014)	F
GeoB3808-6	-30.8	-14.7	3213	-8.5	0.2	(Jonkers et al., 2015)	L
M35003-4	12.1	-61.2	1299	-9.9	0.2	(Lippold et al., 2016)	L
U1313	41.0	-33.0	3426	-13.7	0.4	(Lang et al., 2016; Lippold et al., 2016)	L, FD
12JPC	29.7	-72.9	4250	-10.1	1.1	(Lippold et al., 2016)	L
GeoB1515-1	4.2	-43.7	3129	-10.1	0.1	(Lippold et al., 2016)	L
GeoB1523-1	3.8	-41.6	3292	-10.1	0.6	(Lippold et al., 2016)	L
ODP 1089	-40.9	9.9	4621	-7.1	0.5	(Lippold et al., 2016)	L
RC11-83	-41.1	9.7	4718	-7.1	1.1	(Piotrowski et al., 2004)	L
OCE326-GGC6	33.7	-57.6	4540	-10.9	0.6	(Roberts et al., 2010)	F

Coral 47396	-59.4	-68.5	1125	-6.4	0.3	(Robinson and van de Flierdt, 2009)	C
MD07 3076	-44.1	-14.2	3770	-6.3	0.6	(Skinner et al., 2013)	F
MD02-2594	-34.7	17.3	2440	-8.2	0.3	(Wei et al., 2016)	L
GeoB3603-2	-35.1	17.6	2840	-7.6	0.1	(Wei et al., 2016)	L
ALV-3890-1742-007-001	38.2	-60.5	1381	-11.3	0.2	(Wilson et al., 2014)	C
1700-1800 m average	38.1	-60.2	1766	-12.0	1.0	(Wilson et al., 2014)	C
ALV-3890-1330-002-007	38.2	-60.5	1886	-13.3	0.2	(Wilson et al., 2014)	C
2000-2100 m average	33.8	-62.6	2070	-13.7	1.4	(Wilson et al., 2014)	C
2200-2300 m average	33.8	-62.6	2247	-12.3	1.7	(Wilson et al., 2014)	C
ALV-3887-1549-004-various	33.8	-62.6	2372	-12.0	1.8	(Wilson et al., 2014)	C
ALV-3887-1436-003-003	33.8	-62.6	2441	-14.1	0.2	(Wilson et al., 2014)	C

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1089 **Table S6.** Data used to construct the Last Glacial Maximum ϵ_{Nd} section (F = Foraminifera,
 1090 L=Leachate, HRC =High-resolution crust, FD=Fish debris)

Name	Lat. (°N)	Long. (°E)	Dept h (m)	ϵ_{Nd}	2σ	Reference	Authigenic c phase
KNR159-5-33GGC	-27.6	-46.2	2082	-9.5	0.5	<i>This work</i>	F
CH115 70	-30.0	-36.0	2340	-8.6	0.1	(Howe et al., 2016)	F
GeoB2104-3	-27.3	-46.4	1503	-9.2	0.2	(Howe et al., 2016)	F
GeoB2107-3	-27.2	-46.5	1048	-8.8	0.1	(Howe et al., 2016)	F
GL1090	-24.9	-42.5	2225	-10.9	0.1	(Howe et al., 2016)	F
MD96 2085	-30.0	13.0	3001	-8.6	0.3	(Howe et al., 2016)	F
MD96 2086	-29.8	12.1	3606	-7.8	0.2	(Howe et al., 2016)	F
MD96 2098	-25.6	12.6	2910	-9.3	0.2	(Howe et al., 2016)	F
ODP 668A	4.8	-20.9	2693	-11.6	0.1	(Howe et al., 2016)	F
ODP 925E	4.2	-43.5	3041	-9.8	0.3	(Howe et al., 2016)	F
ODP 928B	5.5	-43.7	4011	-9.5	0.3	(Howe et al., 2016)	F
ODP 929B	6.0	-43.7	4356	-9.2	0.2	(Howe et al., 2016)	F
ODP 1088	-41.0	13.5	2082	-7.7	0.3	(Howe et al., 2016)	F
RC 11 86	-36.0	18.0	2829	-8.0	0.1	(Howe et al., 2016)	F
RC 12 267	-39.0	-26.0	4144	-4.9	0.2	(Howe et al., 2016)	F
RC 12 294	-37.0	-10.0	3308	-7.0	0.3	(Howe et al., 2016)	F
RC 13 228	-22.0	11.0	3204	-8.9	0.6	(Howe et al., 2016)	F
RC 13 229	-26.0	11.0	4194	-7.7	0.2	(Howe et al., 2016)	F
RC 13 253	-46.0	7.0	2494	-8.3	0.3	(Howe et al., 2016)	F
RC 15 94	-43.0	-21.0	3762	-5.0	1.2	(Howe et al., 2016)	F
SU90-03	40.3	-32.0	2475	-10.9	0.1	(Howe et al., 2016)	F
TTN057-6 PC4	-42.9	8.6	3702	-6.4	0.1	(Howe et al., 2016)	F
V 22 174	-10.0	-12.0	2630	-10.1	0.2	(Howe et al., 2016)	F
V 25 42	12.0	-51.0	4707	-9.6	0.4	(Howe et al., 2016)	F
V 25 59	1.4	-33.5	3824	-9.8	0.2	(Howe et al., 2016)	F
KNR159-5-36GGC	-27.5	-46.5	1268	-8.9	0.5	(Howe et al., 2016a)	F
TR079 D-14	16.9	-61.2	2000	-12.1	0.7	(Foster et al., 2007)	HRC
BM1969.05	39.0	-61.0	1800	-12.6	0.6	(Foster et al., 2007)	HRC
KNR140-31GGC	30.9	-74.5	3410	-10.3	0.3	(Gutjahr et al., 2008)	L
KNR140-12JPC	29.1	-72.9	4250	-10.3	0.7	(Gutjahr et al., 2008)	L
KNR197-3-25GGC	7.7	-53.8	671	-10.3	0.3	(Huang et al., 2014)	F
KNR197-3-46CDH	7.8	-53.7	947	-10.5	0.3	(Huang et al., 2014)	F
KNR197-3-9GGC	7.9	-53.6	1100	-10.9	0.3	(Huang et al., 2014)	F
GeoB3808-6	-30.8	-14.7	3213	-7.5	0.3	(Jonkers et al., 2015)	L
M35003-4	12.1	-61.2	1299	-10.3	0.9	(Lippold et al., 2016)	L

U1313	41.0	-33.0	3426	-11.6	1.0	(Lang et al., 2016; Lippold et al., 2016)	L, FD
GeoB1515-1	4.2	-43.7	3129	-9.9	0.4	(Lippold et al., 2016)	L
GeoB1523-1	3.8	-41.6	3292	-10.4	0.5	(Lippold et al., 2016)	L
ODP 1089	-40.9	9.9	4621	-7.5	0.9	(Lippold et al., 2016)	L
TNO57-21	-41.1	7.9	4981	-6.8	0.5	(Piotrowski et al., 2012)	F
OCE326-GGC6	33.7	-57.6	4540	-10.4	0.5	(Roberts et al., 2010)	F
MD07 3076	-44.1	-14.2	3770	-5.7	0.4	(Skinner et al., 2013)	F
MD02-2594	-34.7	17.3	2440	-7.8	0.4	(Wei et al., 2016)	F
GeoB3603-2	-35.1	17.6	2840	-8.0	0.3	(Wei et al., 2016)	FD

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1093 **Table S7.** Difference between Heinrich Stadial 1 and Last Glacial Maximum ϵ_{Nd} data. Please
 1094 see Tables S5 and S6 for the references of the previously published data.

Name	Lat. (°N)	Long. (°E)	Depth (m)	HS1 - LGM ϵ_{Nd}	Combined 2σ
KNR159-5-33GGC	-27.6	-46.2	2082	0.3	1.2
GeoB2104-	-27.3	-46.4	1503	-0.1	0.3
GeoB2107-3	-27.2	-46.5	1048	-0.1	0.3
GL1090	-24.9	-42.5	2225	-0.2	0.3
ODP 925E	4.2	-43.5	3041	-0.2	0.5
ODP 929B	6.0	-43.7	4356	-0.6	1.1
SU90-03	40.3	-32.0	2475	-0.9	0.4
KNR159-5-36GGC	-27.5	-46.5	1268	-0.5	2.1
KNR140-12JPC	29.1	-72.9	4250	0.2	1.8
KNR197-3-25GGC	7.7	-53.8	671	-1.6	0.9
KNR197-3-46CDH	7.8	-53.7	947	-1.1	1.7
KNR197-3-9GGC	7.9	-53.6	1100	-0.4	0.7
M35003-4	12.1	-61.2	1299	0.3	1.1
U1313	41.0	-33.0	3426	-2.1	1.4
GeoB1515-1	4.2	-43.7	3129	-0.2	0.5
GeoB1523-1	3.8	-41.6	3292	0.2	1.1
ODP 1089	-40.9	9.9	4621	0.4	1.4
GeoB3808-6	-30.8	-14.7	3213	-1.0	0.5
OCE326-GGC6	33.7	-57.6	4540	-0.5	1.1
MD07 3076	-44.1	-14.2	3770	-0.6	1.0
MD02-2594	-34.7	17.3	2440	-0.4	0.7

GeoB3603-2	-35.1	17.6	2840	0.4	0.4
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