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## Molecular approach indicates consumption of jellyfish by commercially important fish species in a coastal Mediterranean lagoon

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### Abstract :

Until recently, jellyfish have been ignored as an important source of food, due to their low nutritional value. Here, quantitative PCR was used to detect and quantify the DNA of the jellyfish *Aurelia coerulea* in the gut contents of commercially important fish species from the Thau Lagoon. Individuals from five fish species were collected during two different periods: the bloom period, when the pelagic stages of *A. coerulea* are abundant, and the post-bloom period, when only the benthic stage – polyps – is present in the lagoon. The DNA of *A. coerulea* was detected in the guts of 41.9% of the fish analysed, belonging to four different species. The eel *Anguilla anguilla* and the seabream *Sparus aurata* were important jellyfish consumers during the bloom and post-bloom periods, respectively. These results provide new insights on the potential control of jellyfish populations and on jellyfish importance as a food source for exploited fishes.

### Highlights

► DNA of the jellyfish *Aurelia coerulea* was detected by qPCR in the guts of four commercially important fish species. ► All the individuals of European eel analysed had jellyfish DNA in their guts. ► Gilthead Sea bream likely indirectly consumed jellyfish polyps, by preying on their settling substrates (bivalves). ► Jellyfish might be a non-negligible important food source for commercially exploited fish species.

**Keywords** : Predation, *Aurelia coerulea*, Eel, Seabream, Polyps, Medusae, Quantitative PCR, Gut content, Thau lagoon

## 34 1. Introduction

35 Gelatinous organisms (scyphozoan, ctenophores, siphonophores, salps, pyrosomes and  
36 appendicularians, hereafter called jellyfish) are ubiquitous components of marine food webs and  
37 their noticeable outbreaks have been promoting recent research on their ecology. However, these  
38 studies have long focused on the drivers of jellyfish blooms (e.g. Purcell 2012) while little is  
39 known still on the causes of jellyfish mortality (Purcell and Arai 2001), although this information  
40 is fundamental though to understand their population dynamics.

41 So far, jellyfish were consistently considered as “dead ends” in marine food webs, due to  
42 their high water content and low nutritional value (e.g. 2.3-3.6 KJ.g.dry mass<sup>-1</sup> for *A. aurita* vs.  
43 15.6 – 27.9 for various fishes, Doyle et al. 2007). They were largely believed to be ignored by  
44 most predators, with the exception of a few specialists, feeding exclusively on gelatinous  
45 organisms, such as the ocean sunfish (*Mola mola*), the butterfish (*Peprilus triacanthus*) and the  
46 leatherback turtle (*Dermochelys coriacea*) (Mianzan et al. 1996; Purcell and Arai 2001; Arai  
47 2005). Recent research though, has led to a shift in this paradigm (Hays et al. 2018).

48 Historically, diet assessments were performed by gut content analysis, which may provide  
49 biased information regarding jellyfish consumption as it gives excessive importance to hard prey  
50 that are more resistant to digestion (Hyslop 1980). Gelatinous organisms are digested rapidly and  
51 often destroyed or shrunk by preservative methods (Arai 2005). Although gut contents still  
52 provide new evidences of the importance of jellyfish as prey (Díaz Briz et al. 2018), contemporary  
53 studies have been using new techniques to identify jellyfish predators, such as stable isotope  
54 analysis, animal-borne cameras, remotely operated vehicles and molecular analysis (Hays et al.  
55 2018). Due to these modern techniques, the list of jellyfish predators has been growing and now  
56 includes commercially important fishes such as herring (*Clupea harengus*), whiting (*Merlangius*  
57 *merlangus*), bluefin tuna (*Thunnus thynnus*) and swordfish (*Xiphias gladius*) (Cardona et al. 2012;  
58 Lamb et al. 2017). Jellyfish were also shown to be of high importance in the diet of the larvae of  
59 a critically endangered fish, the European eel, *Anguilla anguilla* (Ayala et al. 2018) and to be  
60 ingested even by herbivorous fishes (Bos et al. 2016). Likewise, cephalopods, anemones, crabs,  
61 echinoderms and several species of birds have been reported to feed on jellyfish (Ates 2017;  
62 Hoving and Haddock 2017; McInnes et al. 2017; Phillips et al. 2017; Thiebot et al. 2017). Jellyfish  
63 consumption apparently even occurs in deep benthic habitats of the Norwegian fjords, where mass  
64 falls of jellyfish carcasses can provide food for several scavengers, including the commercially  
65 exploited lobster *Nephrops norvegicus* (Sweetman et al. 2014; Dunlop et al. 2017).

66 The life cycle of many blooming jellyfish species (i.e. scyphozoans) is complex, though,  
67 comprising two pelagic stages (the young immature ephyrae and the sexually mature medusae)  
68 and an asexual reproductive benthic stage (the scyphistomae, hereafter called polyps). The  
69 magnitude of most jellyfish blooms is therefore dependent on the density of polyps and ephyrae  
70 survival. Therefore, the mortality during these two early life stages may have a major effect on

71 jellyfish population dynamics (Lucas et al. 2012; Fu et al. 2014). Insights on the predation on  
72 polyps and ephyrae and its potential impact on jellyfish outbreaks are still limited though (*e.g.*  
73 Ishii et al. 2004; Takao et al. 2014). In a recent laboratory experiment (Marques et al. 2016), the  
74 jellyfish *Aurelia coerulea* was found to be a potentially non-negligible source of food for an  
75 opportunistic fish, the gilthead seabream *Sparus aurata*. This fish was able to feed on all life  
76 stages of this jellyfish (including polyps) with potentially high ingestion rates. However, the  
77 predation of jellyfish by this fish has never been shown in the field, so far.

78 Jellyfish from the *Aurelia* Genus, are among the most common scyphozoans that form  
79 blooms (Dawson and Martin 2001; Mills 2001). They are widely distributed in coastal areas and  
80 semi-enclosed seas (Mills 2001). The Thau lagoon (NW Mediterranean, south coast of France)  
81 presents the rare particularity to harbour a completely resident population of *A. coerulea*,  
82 seemingly isolated from the Mediterranean Sea (Bonnet et al. 2012; Marques et al. 2015a). In this  
83 lagoon, *A. coerulea* ephyrae first appear in the early winter (in November - December) and grow  
84 during winter to give rise, at the beginning of spring (in March –April), to the adult medusae that  
85 form the annual bloom (Marques et al. 2015b). The medusae remain in the water column until the  
86 late spring (June), but disappear from the system afterwards. Polyps of *A. coerulea*, on the  
87 contrary, are found all year round in the lagoon (Marques et al. 2019), mainly settled on biofouling  
88 organisms, such as oysters and mussels (Marques et al. 2015a). Therefore, the Thau lagoon offers  
89 an ideal framework to investigate whether marine predators benefit from the jellyfish annual  
90 blooms and identify which life stages of *A. coerulea* are consumed in the field. This is imperative  
91 to address the role of predation in controlling jellyfish population dynamics and the potential  
92 importance of jellyfish as food for exploited fish species.

93 To this end, commercial fish species were sampled at different periods of the year and  
94 molecular analyses of their gut content were used to study their consumption of *A. coerulea*,  
95 during and after its local pelagic bloom.

96

## 97 **2. Material and Methods**

### 98 *2.1. Sampling and samples preparation*

99 Fishing is the oldest economic activity in the Thau lagoon, which is mainly performed by  
100 small enterprises (50 to 65 fishing boats operating in the lagoon), who target different species of  
101 fish using different fishing gears (CÉPRALMAR 2006). Different fish species were collected in  
102 the Thau lagoon by a professional fisherman. Fishes were collected during the annual bloom of  
103 *A. coerulea* (hereafter called bloom period, between April and June; Bonnet et al. 2012; Marques  
104 et al. 2015b) in 2012, 2013 and 2018, and during a period (from September to November) in 2018,  
105 when the pelagic stages of *A. coerulea* are not present in the lagoon (hereafter called post-bloom  
106 period, Bonnet et al. 2012; Marques et al. 2015b). During the bloom period, fishes were collected  
107 by trammel nets, with an active fishing effort of maximum 3h. During the post-bloom period, the

108 traditional ‘capéchade’, which is the most used fishing technique in Thau (Crespi 2002), was used  
109 to collect fish for this study. The ‘capéchade’ is a fishing trap gear, placed at the same location  
110 for several days. Fishes are collected when the sun rises, after 24h of fishing effort. The number  
111 of species and individuals collected were therefore dependent on their occurrence in the nets.  
112 Immediately after collection, the fish were placed in separate plastic bags by the fisherman in  
113 order to avoid possible loss (or mixing) gut contents during sampling. Bags were then filled with  
114 absolute ethanol and stored in individual containers. Once in the laboratory, the fish were  
115 weighted (Total weight in g), dissected and their entire gut contents were removed and preserved  
116 at -30°C until DNA extraction. For positive DNA templates, samples of both the pelagic  
117 (medusae) and benthic (polyps) stages of *A. coerulea* were collected in the lagoon. Medusae were  
118 collected by a hand net and immediately preserved in absolute ethanol. Polyps attached to mussel  
119 shells were collected by SCUBA divers and transported in sea water to the laboratory. The  
120 samples were examined under a dissecting microscope (Olympus SZ40; Olympus KL 1500 LCD)  
121 and individual polyps were collected using needles. Fifty polyps were pooled per sample, frozen  
122 in liquid nitrogen and maintained at -30°C until DNA extraction.

123

## 124 2.2. DNA extraction

125 After thawing, the fish gut contents were mechanically ground in a mixer mill (MM400,  
126 Retsch). Three subsamples of 25 mg were collected from each gut content (when possible) and  
127 DNA was extracted using DNeasy blood and tissue kit (QIAGEN) (Stopar et al. 2010). The  
128 extraction was performed according to the instructions of the manufacturer, with an extra lysis  
129 step, performed overnight at 56°C. The same protocol was used for *A. coerulea* medusae samples,  
130 which were previously washed with pure molecular MilliQ water for ethanol removal. This  
131 protocol was, however, inefficient for the extraction of the polyp’s DNA, and therefore, their  
132 DNA was extracted by nucleic acid purification automated Maxwell® instrument (Promega) and  
133 16 LEV Blood DNA kit (Promega), with a modification of the lysis procedure, which was  
134 performed overnight at 56°C, using 30 µl of Proteinase K (Promega). In all cases, the extracted  
135 DNA was quantified in Nanodrop (NanoDrop One, Thermo Scientific).

136

## 137 2.3. Detection of *A. coerulea* DNA

138 Detection and quantification of *A. coerulea* DNA in the fish gut contents was performed  
139 by quantitative PCR (qPCR). This technique has been employed to detect and quantify the DNA  
140 of a specific prey in gut contents and faecal pellets, when traditional visual methods fails to do so  
141 (Matejusová et al. 2008; Nejstgaard et al. 2008; Töbe et al. 2010). This sensitive approach allows  
142 the detection and quantification of very small amounts of DNA so even highly digested jellyfish  
143 can still be detected. All amplifications reactions were analysed using a Roche LightCycler 480  
144 Real-Time thermocycler (qPHD-Montpellier GenomiX platform, Montpellier University,

145 France). The total qPCR reaction volume was 1.5  $\mu$ l and consisted of 0.5  $\mu$ l DNA and 1  $\mu$ l  
146 LightCycler 480 SYBR Green I Master mix (Roche) with 0.6  $\mu$ M PCR primer (Eurofins  
147 Genomics). A 245 base pair gene fragment (partial sequences of mt-16S rDNA) was amplified  
148 by the species-specific (*A. coerulea*) primers AS3-F (5'- ATTGGTGACTGGAATGAATG - 3')  
149 and AS3-R (5'- TATGACAGCCCTTAGAGTTC - 3') designed by Wang et al. (2013). The best  
150 suited primer concentration (0.4, 0.6 or 0.8  $\mu$ M) was determined in preliminary tests on three  
151 samples of *A. coerulea* polyps and medusae. A Labcyte Acoustic Automated Liquid Handling  
152 Platform (ECHO) was used for pipetting each component of the reaction mixture into a 384-well  
153 plate (Roche). The qPCR program consisted in an enzyme activation step at 95°C for 2 min,  
154 followed by 45 cycles of denaturation at 95°C for 10 s, hybridization at 60°C for 10s and  
155 elongation at 72°C for 10 s. A final melting temperature curve ( $T_m$ ) of the amplicon was  
156 performed (95°C for 5 s and 65°C for 1 min), in order to ensure the specificity of the primers. The  
157 same amplification conditions and reaction concentrations were used in all assays performed in  
158 this study.

159 The efficiency and specificity of target gene detection by the primer was tested on a 2-  
160 fold dilution series of *A. coerulea* medusae and polyps positive templates. Triplicate reactions  
161 were performed at each dilution in order to generate the standard curves for each template. An  
162 ANCOVA analysis was performed, in order to assess if the efficiency (*i.e.* the slopes) of the two  
163 standard curves were significantly different. Absolute quantification of *A. coerulea* DNA in the  
164 fish gut contents was estimated using the regression equation of the standard curve obtained for  
165 the polyps positive template. The observed  $C_p$  values of each dilution of the positive template  
166 were plotted against its known DNA concentration to obtain the regression equation. The  $C_p$   
167 value is defined as the cycle when the sample fluorescence exceeds the threshold above the  
168 background fluorescence. The  $C_p$  value is therefore related with the amount of DNA present in  
169 the sample (Dorak 2006).

170 The quantification of DNA in fish gut contents was only performed in the samples  
171 showing  $C_p$  values below 31, which was found to be the  $C_p$  correspondent to the minimum  
172 quantifiable concentration ( $1.37 \times 10^{-4}$  ng  $\mu$ L<sup>-1</sup>). Samples with the same  $T_m$  values as the positive  
173 templates ( $T_m$  peak at 81.5) and  $C_p$  values between 31 and 32.62 (maximum  $C_p$  observed for the  
174 positive templates) were considered as positive detection but non-quantifiable. Samples showing  
175  $C_p$  values above 32.62 were considered as negative detection. For each gut content sample, a  
176 minimum of 9 replicates (3 experimental replicates, *i.e.* for DNA extraction, of the same gut  
177 content and 3 technical replicates for each experimental replicate), were performed, except for  
178 some samples with very low material, from which only one experimental replicate was collected.  
179 Only gut contents samples that showed positive detection in at least two technical replicates were  
180 considered to contain *A. coerulea* DNA.

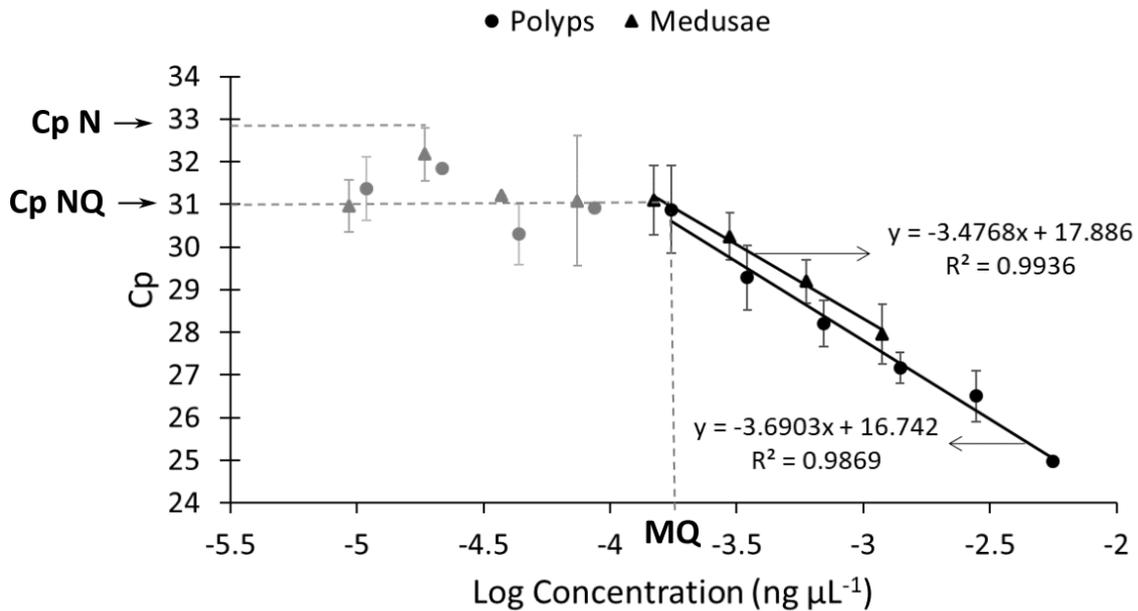
181 The specificity of the primers and the detection of *A. coerulea* DNA was further  
182 confirmed by sequencing the positive templates and the qPCR product of 16 samples with positive  
183 amplifications. For that, 10  $\mu$ L of molecular MilliQ water was added to the qPCR products. The  
184 DNA was purified using a commercial kit (QIAquick PCR Purification kit, QIAGEN), following  
185 the manufacturer protocol. The purified DNA was amplified by traditional PCR using PCR kit  
186 illustra puretaq ready to go (GE Healthcare), with 5  $\mu$ L of purified DNA sample, 0.6  $\mu$ M of each  
187 forward and reverse primers (primer pair AS3) and 27.5 $\mu$ l of molecular MilliQ water. The thermal  
188 profile for the PCR reaction was composed by 3 min at 95°C, 35 cycles of 1 min at 95°C, 1 min  
189 at 60°C and 90 s at 72°C, followed by 1min at 72°C (Stopar et al. 2010; Ramšak et al. 2012). The  
190 products of PCR reactions were analysed through electrophoresis (Mupid-One; Advance) at 100V  
191 for 30min in 0.5 X TAE buffer (Euromedex). An aliquot of 3  $\mu$ L of samples were load on Agarose  
192 gel 1.5%, using loading buffer (AppliChem, Panreac) and 1Kb DNA ladder (Euromedex). Gels  
193 were stained with GelRed <sup>®</sup> Nucleic Acid Gel Stain (Biotium), visualized and photographed on  
194 UV table using Molecular Imager Gel Doc <sup>™</sup> XR System (Bio-Rad) for quality control of DNA  
195 amplification. Sequencing was performed at the genotyping and sequencing facilities in  
196 Montpellier University. The purification of PCR products was performed by magnetic beads,  
197 using the CleanPCR kit (GCBiotech), performed by an automated liquid handler (Biomex 4000,  
198 Beckman Coulter). Sequencing was then performed with 55-60 ng of DNA using the BigDye  
199 Terminator Cycle sequencing v3.1 kit (Life Technologies), with the following PCR program: 3  
200 min at 96°C, 25 cycles of 10 sec at 96°C, 5 sec at 50°C and 4min at 60°C. The products of the  
201 sequencing reaction were purified using magnetic beads, following the same protocol as  
202 previously described. The purified products were then analysed on an ABI 3500 xL capillary  
203 sequencer (Applied Biosystems, Darmstadt, Germany). A BLAST analysis of the resulting  
204 sequences against the GenBank nucleotide database was performed.

205

### 206 **3. Results**

#### 207 *3.1. Standard curve and DNA quantification*

208 Both positive templates (polyps and medusae) were identified as *A. coerulea*, after the  
209 BLAST analysis. The standard curves of the qPCR assay (Fig. 1), determined with polyps and  
210 medusae positive templates, showed high assay efficiencies (86.64 and 93.80 %, respectively)  
211 and high correlation coefficient,  $R^2$  (both 99%). The slope of both positive templates did not differ  
212 significantly (ANCOVA;  $F = 0.03$ ,  $P = 0.85$ ). However, the initial template concentration of  
213 polyps was higher (55.79 ng  $\mu$ L<sup>-1</sup>) than that of medusae (11.89 ng  $\mu$ L<sup>-1</sup>) and therefore, more  
214 dilution steps showed  $C_p$  values below 31. In consequence, the standard curve of polyps  
215 comprises more dilution steps and wider range of quantifiable template concentration, increasing  
216 the accuracy of the regression fit. For this reason, its correspondent equation ( $y = -3.69x + 16.74$ )  
217 was selected to estimate the concentration of *A. coerulea* DNA in the fish gut content.



219

220 **Fig. 1:** Standard curves determined from 2-fold dilutions of polyps (circles) and medusae (triangles)  
 221 positive templates. The dilutions included in the standard curve of each template are represented in black,  
 222 while the dilutions excluded from the standard curve are in grey. In each case, the standard curve  
 223 equation is shown, but only that of the polyp's template was used to estimate DNA concentration in fish gut contents  
 224 (efficiency of 86.63%). The minimum quantifiable concentration (MQ =  $1.37 \times 10^{-4}$  ng  $\mu\text{L}^{-1}$ ) corresponded  
 225 to a Cp of 31 (*i.e.* the threshold for quantification; Cp NQ). Samples with Cp values between 31 (Cp NQ)  
 226 and 32.62 (*i.e.* the threshold for detectability; Cp N) were considered positive but Non-quantifiable.  
 227 Samples with Cp values above Cp N were considered negative (see methods section for further  
 228 information). Error bars are standard deviations.

229

230 Although the more diluted samples of the positive template for *A. coerulea* polyps and  
 231 medusae were positive (*i.e.* with proper melting curves), they showed low Cp values, indicating  
 232 that their DNA concentrations were too low to be accurately quantified. Therefore, those dilutions  
 233 were excluded from the standard curve. Among the three technical replicates analysed for each  
 234 dilution sample, six false negatives (*i.e.* deviated Tm peak values) were observed. Although non-  
 235 quantifiable, *A. coerulea* DNA was still detected at a maximum Cp of 32.62, which was therefore  
 236 considered as the threshold of detectability.

237 The BLAST analysis revealed that all sequenced qPCR products of gut contents samples  
 238 matched the previously designated *Aurelia* sp.1 (> 96.7% similarity), recently accepted as *A.*  
 239 *coerulea* (Scorrano et al. 2016).

240

### 241 3.2. Fish ingestion of *A. coerulea*

242 During the period of *A. coerulea* bloom (from April to June) 50 fish individuals were  
 243 provided by the fisherman. They belonged to five different species: the European eel (*Anguilla*

244 *anguilla*, Linnaeus, 1758), the sand smelt (*Atherina boyeri*, Risso, 1810), the golden mullet (*Liza*  
 245 *aurata*, Risso, 1810), the salema (*Sarpa salpa*, Linnaeus, 1758) and the gilthead sea bream  
 246 (*Sparus aurata*, Linnaeus, 1758) (Table 1). During the post-bloom period, when only polyps are  
 247 present in the lagoon (September to November), only 12 individuals could be collected for this  
 248 work. They belonged to three different species: the golden mullet (*L. aurata*), the salema (*S.*  
 249 *salpa*) and the gilthead sea bream (*S. aurata*).

250

251 **Table 1:** Numbers of fish gut contents analysed (N) and of fish guts with positive detection of *A. coerulea*  
 252 DNA (N Positives). In each case, the species, the range of weight and length of the sampled fish are  
 253 indicated with the sampling period, from April to June (bloom) and from July to November (Post-bloom).

| Period     | Common name        | Fish Species             | Weight (g)              | Length (mm)                | N  | N Positives (%) |
|------------|--------------------|--------------------------|-------------------------|----------------------------|----|-----------------|
| Bloom      | European eel       | <i>Anguilla anguilla</i> | 4.8 <sup>a</sup>        | 150 <sup>b</sup>           | 10 | 10 (100 %)      |
| Bloom      | Sand smelt         | <i>Atherina boyeri</i>   | 0.41 - 8.1 <sup>c</sup> | 40 - 99 <sup>c</sup>       | 5  | 0 (0 %)         |
| Bloom      | Golden mullet      | <i>Liza aurata</i>       | 251.2 - 900             | 306.0 - 488.4 <sup>a</sup> | 12 | 4 (33.3 %)      |
| Bloom      | Salema             | <i>Sarpa salpa</i>       | 260.6 - 650             | 263.7 - 360.2 <sup>a</sup> | 11 | 1 (9.1 %)       |
| Bloom      | Gilthead sea bream | <i>Sparus aurata</i>     | 133.6 - 300             | 95.5 - 126.7 <sup>a</sup>  | 12 | 4 (33.3 %)      |
| Post-bloom | Golden mullet      | <i>Liza aurata</i>       | 219 - 660.7             | 291.0 - 436.1 <sup>a</sup> | 3  | 1 (33.3 %)      |
| Post-bloom | Salema             | <i>Sarpa salpa</i>       | 219.5 - 324.1           | 248.7 - 284.1 <sup>a</sup> | 2  | 1 (50 %)        |
| Post-bloom | Gilthead sea bream | <i>Sparus aurata</i>     | 159.9 - 234.6           | 101.7 - 116.3 <sup>a</sup> | 7  | 5 (71.4 %)      |

254 <sup>a</sup> Calculated from length-weight relationships (Melià et al. 2006; Crec'hriou et al. 2012)

255 <sup>b</sup> Data not collected during the study, an approximate length of the individuals is provided.

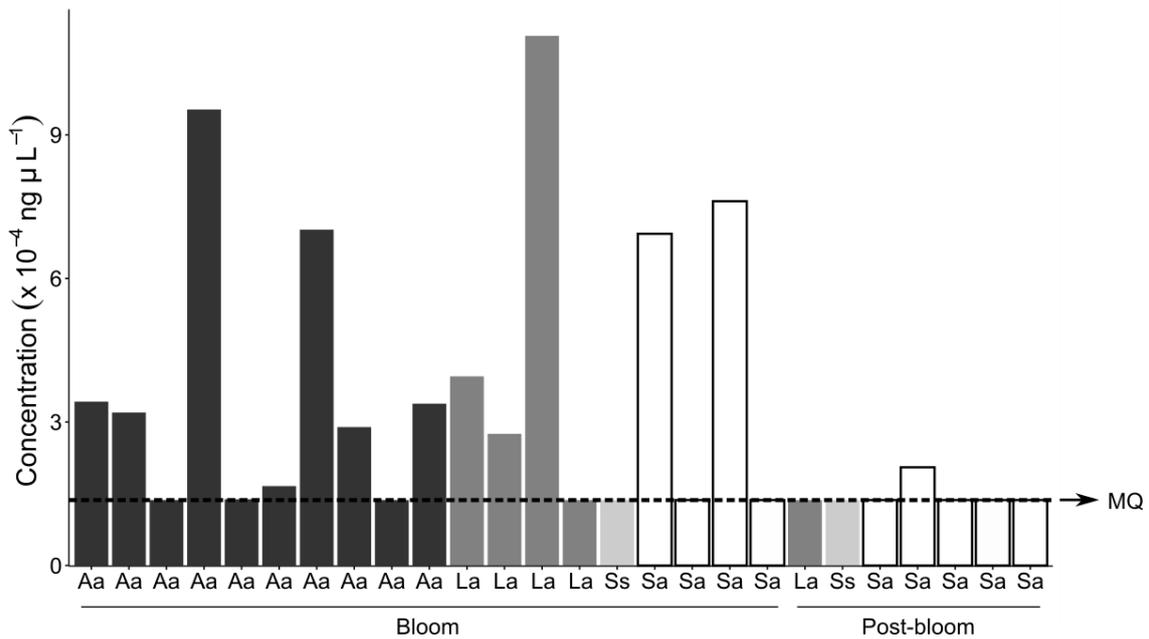
256 <sup>c</sup> Data not collected during the study, but data from individuals collected in the Thau lagoon during the same period of  
 257 the year is provided.

258

259 In total, DNA from *A. coerulea* was detected in the gut content of 26 fish (41.9 % of the  
 260 62 individuals analysed), among which 73% had been collected during the bloom period and 27%  
 261 during the post-bloom period (Table 1). With the exception of the sand smelt, all species were  
 262 shown to have consumed *A. coerulea*, irrespective of the period of sampling. During the bloom  
 263 period, medusae DNA was detected in the gut contents of all the eels collected (10 individuals).  
 264 One third of the golden mullets and gilthead sea breams analysed were also shown to have  
 265 consumed *A. coerulea*, while positive detection was only observed in one individual of salema  
 266 (9.1%). During the post-bloom period, *A. coerulea* was detected in only one golden mullet, one  
 267 salema, and in 5 (71.4 %) gilthead sea bream.

268 The concentration of DNA in the fish gut contents was higher during the bloom than in  
 269 the post-bloom period (Fig. 2). At this time of the year 63.2 % of the jellyfish consumers had a  
 270 sufficient amount of DNA to be quantified (*i.e.* > 1.37 x 10<sup>-4</sup> ng µL<sup>-1</sup>). The maximum  
 271 concentration (11.1 x 10<sup>-4</sup> ng µL<sup>-1</sup>) was detected in a golden mullet, but four other fish (two eels  
 272 and two gilthead sea breams) showed DNA concentrations above 4 x 10<sup>-4</sup> ng µL<sup>-1</sup> in their gut  
 273 contents. During the post-bloom period, the concentration of DNA in the guts was very low and,  
 274 in most cases, non-quantifiable (Fig. 2).

275  
276



277

278 **Fig. 2:** Estimated concentration of *A. coerulea* DNA in the gut contents of the fish with positive detection:  
279 (Aa) European eel (*Anguilla anguilla*), (La) Golden mullet (*Liza aurata*), (Ss) Salema (*Sarpa salpa*), (Sa)  
280 Gilthead sea bream (*Sparus aurata*). The horizontal dashed line (MQ) indicate the minimum quantifiable  
281 DNA concentration ( $1.37 \times 10^{-4} \text{ ng } \mu\text{L}^{-1}$ , *i.e.*  $C_p = 31$ ; see methods section for further information), below  
282 which the detection was positive but non-quantifiable.

283

#### 284 4. Discussion

285 The present work brings new insights on the prey-predator relationships between fish and  
286 jellyfish in the Thau lagoon. Indeed, four of the five fish species analysed in this study were found  
287 to feed on *A. coerulea*. For some species, all the individuals tested had *A. coerulea* DNA in their  
288 gut, suggesting that this jellyfish might be a non-negligible source of food for commercial fish in  
289 the Thau lagoon.

290 The concentration of the target DNA in the gut contents was frequently low, with many  
291 individuals showing non-quantifiable DNA concentrations. This is not very surprising because  
292 jellyfish are rapidly digested in fish guts, compared to other prey (*e.g.* > 93% of the jellyfish  
293 biomass can be digested within 1h in controlled laboratory studies, Arai et al. 2003). In particular,  
294 due to the fishing method used, most of the fish captured during the post-bloom period, probably  
295 had largely digested their prey during their prolonged captivity in the net. Therefore, we consider  
296 our results to be conservative and likely to underestimate *A. coerulea* consumption by commercial  
297 fish in the Thau lagoon. However, since only few individuals of each species were analysed,  
298 especially during the post-bloom period, additional studies are needed to confirm the actual  
299 importance of *A. coerulea* as a source of food for fishes in the Thau lagoon.

300 During *A. coerulea* bloom periods, the only fish species which did not seem to consume  
301 jellyfish was the sand smelt. The diet of this species is opportunistic but mainly based on pelagic  
302 organisms such as zooplankton, phytoplankton, arachnids, insects and fish larvae (Vizzini and  
303 Mazzola 2005, Dias et al 2014, Yagci et al 2018). However, due to the small size of the specimens  
304 examined (< 7cm), they might have avoid jellyfish blooms, since they may become prey for large  
305 jellyfish medusae.

306 In contrast, the European eel was shown to be a potential important consumer of jellyfish  
307 in the Thau lagoon. All the individuals tested showed positive detection of *A. coerulea* in their  
308 gut contents, with relatively high DNA concentrations. The consumption of gelatinous organisms  
309 by eels was also previously reported for their larvae (leptocephali) in the Sargasso Sea (Riemann  
310 et al. 2010; Ayala et al. 2018). Although there is a progressive ontogenic change in the diet of the  
311 eels (Costa et al. 1992; Provan and Reynolds 2000), it is not surprising that they retain the ability  
312 to feed on gelatinous organisms. After their migration from their spawning areas in Sargasso Sea  
313 (Ginneken and Maes 2005), European eels reach the Mediterranean lagoons as glass eels, with an  
314 average length of ca. 60–65 mm (Melià et al. 2006). At this stage, eels are considered to be non-  
315 feeding, starting to feed only when reaching the elver eel stage (Tesch et al. 2003). The individuals  
316 collected in this study were all at the elver stage (*i.e.* pigmented with a length of ca. 150 mm).  
317 The diet at this stage is mostly based on small sized prey like amphipods, isopods, mysids and  
318 insects (Costa et al. 1992; Provan and Reynolds 2000) but it depends highly on prey availability  
319 (Costa et al. 1992; Bouchereau et al. 2006). Therefore, it is likely that the high abundances of  
320 jellyfish during the bloom might result in their ingestion by this opportunistic species.

321 The rate of standard metabolism of an European eel at 25°C (*in situ* temperature in June  
322 2013 was  $20 \pm 0.7$  °C) is  $83.3 \text{ J g}^{-1} \text{ day}^{-1}$  (Owen et al. 1998). Assuming a similar energy  
323 requirement for the individuals collected in Thau, an eel with 4.72 g (estimated for a 15 cm eel,  
324 from length-mass relationships; Carss et al. 1999), would require  $0.4 \text{ KJ d}^{-1}$  of energy. One gram  
325 (wet weight) of *Aurelia* sp. provides 0.1 KJ of energy (Arai 1997 in Doyle et al. 2007, after wet  
326 weight estimation according to Lucas 1994). Therefore, one eel would require 3.8 g of medusae  
327 wet weight per day to meet its energy requirements. The eels analysed in this study were collected  
328 in June 2013, when the abundance of medusae was at its highest ( $75.5 \text{ ind } 100 \text{ m}^{-3}$ ; Marques et  
329 al. 2015b). Because medusae are big in this time of the year ( $16.4 \pm 2.8 \text{ cm}$ ; Marques et al. 2015b,  
330 which corresponds to 195.1 g of wet weight, estimated after Hirst and Lucas 1998, at the same  
331 salinity conditions), it is possible that the eels had bitten their umbrellas, taking advantage of the  
332 soft consistency of jellyfish body. Indeed, many jellyfish predators do not ingest the whole  
333 medusae, but instead, they bite the umbrella margins and/or select particular parts of the medusae  
334 with higher nutritional values, such as gonadal tissue (Milisenda et al. 2014; Marques et al. 2016;  
335 Dunlop et al. 2017; Hoving and Haddock 2017). Therefore, in theory, one medusae could provide  
336 enough energy to sustain the standard metabolism of one eel for 51 days. Even though a large

337 amount of jellyfish consumption is needed to meet such energy requirements (*i.e.* 80.5 % of the  
338 eel weight per day), the rapid digestion and gut clearance rates (Arai et al. 2003) allow the fish to  
339 increase its ingestion rates. Similar results were also reported for the leptocephali stage of the  
340 European eel (Ayala et al. 2018) and for other commercially important organisms (*e.g.* fish top  
341 predators, eel larvae, lobsters, deep water octopus), which, during blooms, jellyfish are able to  
342 meet and maybe overcome the entire energy requirements of these predators (Cardona et al. 2012;  
343 Dunlop et al. 2017; Hoving and Haddock 2017). Here we confirm the potential important role of  
344 jellyfish as food for young stages of the European eel. These results are of great importance since  
345 the European eel is listed as a critically endangered species by IUCN (Freyhof and Kottelat 2010)  
346 and information regarding its diet is still limited.

347         The consumption of *A. coerulea* during its bloom period was also recorded for the  
348 gilthead sea bream and the golden mullet, both species showing, in some cases, high *A. coerulea*  
349 DNA concentration in their gut contents. This result is not surprising for sea bream as this species  
350 has been shown to prey on all life stages of *A. coerulea* in laboratory experiments, with high  
351 ingestion rates of polyps and small medusae (Marques et al. 2016). The sea breams with the  
352 highest concentrations of the target DNA in their guts were collected in April 2013, when  
353 medusae bell diameter is < 3 cm (Marques et al. 2015b). In the laboratory, small medusae (1 cm  
354 bell diameter) were preferred by this fish, but larger ones (up to 8 cm bell diameter) were also  
355 preyed upon, by taking several bites on the edge of their umbrella (Marques et al. 2016).  
356 Therefore, our results provide evidence of a possible active predation of sea bream individuals on  
357 pelagic jellyfish in the field. Jellyfish, though, were not selected in the laboratory when prey with  
358 higher nutritional value were equally available (Marques et al. 2016). In the field, gilthead  
359 seabreams prey mainly on polychaetes, small fishes, crustaceans, gastropods and bivalves but  
360 adapt their diet to local prey availability (Pita et al. 2002; Escalas et al. 2015). Therefore, we  
361 suspect that the high abundance and accessibility of *A. coerulea* medusae during the bloom  
362 periods, benefit this opportunistic predator by providing a suitable source of food when its  
363 preferred prey are less accessible (Marques et al. 2016; Díaz Briz et al. 2018).

364         More surprisingly, one third of the golden mullet specimens analysed had the target DNA  
365 in their gut contents. Mulletts are detritivores, eating a mixture of sand, detritus,  
366 microphytobenthos, macroalgae, zooplankton and benthic macrofauna (Laffaille et al. 2002;  
367 Almeida 2003). To our knowledge, the consumption of jellyfish by this species has never been  
368 described so far. It is possible that *A. coerulea* was consumed unintentionally, since dead medusae  
369 are occasionally found decomposing on soft bottoms (Marques, personal observation) and the  
370 resulting organic matter may be incorporated in the surface sediment layer. One individual of this  
371 species, though, showed high concentration of the target DNA in its gut content (the maximum  
372 concentration recorded in this study). Although, the active predation of jellyfish by the golden  
373 mullet cannot be excluded, this particular individual was collected during the peak of *A. coerulea*

374 abundance (in May 2018), when high biomass of jellyfish was also caught in the fishing nets (J.  
375 Fabrice, personal communication). Therefore, the high concentration of *A. coerulea* DNA in its  
376 gut contents might have been the consequence of its unintentional ingestion of medusae in the  
377 fishing net during sampling.

378         The ingestion of *A. coerulea* by salema might also be unintentional. Indeed, this species  
379 has been described so far as a true herbivore, with a diet largely based on seagrass leaves  
380 (Havelange et al. 1997). Because decaying medusae are also occasionally observed entangled  
381 among the seagrass leaves in the Thau lagoon (R. Marques, personal observation), they might  
382 have been ingested together with the target seagrass leaves. However, recent observations have  
383 shown that even herbivorous fish may actively prey on jellyfish (Bos et al. 2016), which cannot  
384 be excluded here. Still, additional individuals of this species should be analysed to test this  
385 hypothesis.

386         The consumption of *A. coerulea* was also observed when its pelagic stages were absent,  
387 which suggests that polyps might also be ingested by commercial fish species in Thau. The most  
388 important consumer of polyps in our study was the gilthead seabream (71.4% of the individuals  
389 showed positive detection of *A. coerulea* DNA in their gut contents). In previous laboratory  
390 experiments (Marques et al. 2016), the sea bream was shown to consume polyps, likely in an  
391 indirect way. In this recent study, it was suggested that the actual target of the fish during the  
392 predation experiments, could have been the settling substrate of polyps (*i.e.* living mussels), rather  
393 on the polyps themselves. In Thau, most of the polyps of *A. coerulea* are found fixed on oysters  
394 or mussel shells (Marques et al. 2015a). Because bivalves are highly important in the diet of adult  
395 sea bream (Pita et al. 2002; Tancioni et al. 2003; Russo et al. 2007) and very abundant in Thau  
396 lagoon, we hypothesize that the consumption of *A. coerulea* polyps in the field results from an  
397 indirect ingestion, when fishes are preying on their settling substrates. In addition, pieces of  
398 mussel shells were recurrently observed in the sea bream gut contents. These findings highlight  
399 the likely underestimated impact of sea bream predation on the regulation of the benthic  
400 population of *A. coerulea* in the lagoon, potentially contributing to the reduction of medusae  
401 abundances and to the magnitude of jellyfish blooms in this lagoon.

402         *A. coerulea* polyps consumption was also detected for both the salema and the golden  
403 mullet. This is surprising, since polyps generally settle on the underside surface of hard substrates  
404 and have never been found on soft sediments or fixed to seagrass leaves (Marques et al. 2015a).  
405 Even though unintentional consumption can not be excluded, very few individuals of these two  
406 species were analysed in this study. Therefore, the importance of the consumption of *A. coerulea*  
407 polyps by their individuals in the lagoon still needs further investigation.

408

## 409 **5. Conclusion**

410           Our results demonstrate that the jellyfish *A. coerulea* is ingested by several commercially  
411 important fishes in Thau lagoon during its bloom period, when the abundance and biomass of its  
412 pelagic stages are high, but also in post-bloom periods, when only *A. coerulea* polyps are present  
413 in this semi-enclosed ecosystem. This provides evidence that the vulnerability of jellyfish to fish  
414 predation has been underestimated in the lagoon but also, potentially, elsewhere. Indeed,  
415 predation pressure by a large number of fish species with broad diets is more ecologically  
416 important than that by a few specialized ones (Purcell and Arai 2001; Arai 2005). Here we  
417 highlight potential ecological implications for both fish and jellyfish ecology. On the one hand,  
418 direct predation on jellyfish pelagic stages or indirect predation on polyps might contribute to  
419 control jellyfish blooms, through top-down regulation. In this sense, the overexploitation of fish  
420 stocks might contribute to the increase of jellyfish outbreaks, by releasing the predation pressure  
421 over jellyfish populations (Roux et al. 2013). On the other hand, the availability and accessibility  
422 of jellyfish during their blooms provide an alternative food source for fish populations, that might  
423 actively consume jellyfish when their primary prey are less available (Diaz Briz et al. 2018;  
424 Mianzan et al 2001).  
425

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439

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441

442

443 **8. References:**

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