

## Physiology and immunity of the invasive giant African snail, *Achatina (Lissachatina) fulica*, intermediate host of *Angiostrongylus cantonensis*

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### Abstract :

As one of the most successful invasive land snail species, *Achatina (Lissachatina) fulica* Bowdich, 1822 has achieved wide global distribution, particularly in (sub)tropical regions, with further dispersal likely due to climate change. This species of giant African snails (up to 17 cm shell length) is a pest that has extensive negative impact on agriculture and can serve as vector for several parasites, including *Angiostrongylus cantonensis*, a nematode parasite that causes (human) eosinophilic meningitis, an emergent disease. Investigation showed that *A. cantonensis* infection negatively impacts the metabolism of *A. fulica* by depleting polysaccharide stores of the intermediate host, compromising the energy balance of the snail. A review of the literature indicates that *A. fulica* possesses potent innate type immune defenses to counter infection, including phagocytic hemocytes capable of deploying reactive oxygen species and lectins for non-self recognition, a serine protease-dependent coagulation response (not observed in other taxa of gastropods), as well as antimicrobial proteins including achacin, an antimicrobial protein. A recent chromosome level genome assembly will facilitate progressively detailed characterization of these immune features of *A. fulica*. We strongly encourage further immunological studies of *A. fulica*, ranging from organismal level to molecular biology to gain better understanding of the *A. fulica* internal defense response to nematode pathogens like *A. cantonensis* and the contribution of immune function to the invasiveness of (snail) species. Characterization of immunity of *A. fulica*, representing the understudied Stylommatophora (panpulmonate landsnails) will also broaden the comparative immunology of Gastropoda.

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## Highlights

► The giant African snail *Achatina fulica*, the most widely distributed invasive pest land snail, will likely disperse further with climate change. ► *Achatina fulica* is intermediate host for the nematode *Angiostrongylus cantonensis* that causes eosinophilic meningitis. ► Study of metabolic and immunological aspects of this parasite host provide better understanding of epidemiology and inform on comparative immunology of gastropods.

**Keywords** : *Achatina fulica*, immunology, physiology, nematodes, *Angiostrongylus cantonensis*

## 40 **1- Introduction**

41           Gastropoda comprises the largest Class of Mollusca, occurring in a wide variety of aquatic and  
42 terrestrial habitats, showing a great diversity in anatomical structure. Accordingly, gastropods have contended  
43 with many diverse pathogens, including opportunists and several phylogenetic lineages of specialized  
44 eukaryotic parasites such as the digenetic trematodes (Loker, 2018; Arkitips et al., 2008). Considering the  
45 framework of great species richness and diversity of lifestyles, gastropod immunology is likely highly diverse  
46 due to lineage-specific evolution of novel features or modification and/or loss of ancestral aspects of immune  
47 function (e.g. Gorbushin, 2019). To date, however, immune function has been studied consistently in only a  
48 modest number of gastropod species (e.g. Schultz and Adema, 2017) that does not validly represent the  
49 phylogenetic diversity of gastropods.

### 50 **1.1. *Achatina fulica*, a prominent invasive pest.**

51           Importantly, comprehensive understanding of immunology is especially lacking for air breathing  
52 terrestrial slugs and snails that belong to the order Stylommatophora within the clade of Eupulmonata  
53 (Gastropoda, Euthyneura, Heterobranchia). The stylommatophorans comprise of Scolodontidae (a small basal  
54 group) and two large clades of non-achatinoïd and achatinoïd snails (e.g. Wade et al., 2006, Saadi and Wade,  
55 2019). The latter clade includes the family Achatinidae of medium to large sized tropical land snails, native to  
56 the African continent, that contains the subject of this review. *Achatina (Lissachatina) fulica* Bowdich, 1822.  
57 Currently *A. fulica* is included within the subgenus *Lissachatina* and some but not all recent publications (e.g.  
58 Borrero et al., 2009; Guo et al., 2019) have treated *Lissachatina* as a genus; however, at present, no published

59 taxonomic works are available to sustain this treatment. This review will employ the binomial *Achatina fulica*.  
60 This species, commonly named the giant east African snail grows to large adult size (shell length up to 17cm).  
61 Like other giant African snails, *A. fulica* is considered a food source and a pet animal, and it may be applied in  
62 traditional medicine for antibacterial activity of secreted snail mucus (Etm et al., 2016). A few (or even single)  
63 *A. fulica* are capable of colonize new habitats; they are hermaphrodites that can self-fertilize and have a high  
64 reproductive output. It is known to consume more than 50 species of tropical plants, agricultural and  
65 horticultural crops, modify habitats and outcompete native snails in newly colonized non-native ecosystems  
66 (Raut and Barker, 2002), by predation and herbivory. It is of note that *A. fulica* impacts humans severely as a  
67 general nuisance, since snails populations may reach very high densities (Mead, 1961; Thiengo et al., 2007;  
68 Hoxha et al., 2019).

69         These factors, along with trends of cross-border migration and trading, have likely contributed greatly  
70 to transport and introduction of *A. fulica* outside traditional native distribution ranges, allowing this snail to  
71 emerge as an invasive alien species (Knobler et al., 2006). While fortunately, it seems that only a modest  
72 proportion of introduced organisms possesses the phenotypic plasticity of relevant traits for behavior and fitness  
73 needed to become an invasive species (Richardson et al., 2000; 2006), several species of terrestrial gastropods  
74 have been able to invade and establish in a wide variety of new ranges, including natural zones like the Amazon  
75 Rainforest and large urban agglomerations worldwide (Ruiz and Carlton, 2003; Roda et al., 2016; Hoxha et al.,  
76 2019). Classified among the 100 worst invasive pests in the world (Lowe et al., 2004), *A. fulica* is considered  
77 the most widely introduced and invasive land snail species pest with particular impact in tropical and  
78 subtropical regions. This may be exacerbated by climate change as this may lead to range expansion of invasive  
79 species and interact synergistically with invaders to further worsen the impact on local ecosystems (Rekha  
80 Sarma et al., 2015; ; Bellard et al., 2012; Lowe et al., 2000; Raut and Barker, 2002). Concerning the invasive  
81 colonization of the Americas, *A. fulica* was initially introduced from Hawaii (where it persists to date) to  
82 Florida, mainland of the USA in 1966 (Robinson, 1999; Kim et al., 2014). In the Caribbean, *A. fulica* was  
83 established by 1984 on the island of Guadeloupe, by 1988 on Martinique and subsequently on Barbados and  
84 Saint Lucia according to Raut and Baker (2002). More recently, *A. fulica* was reported from Jamaica and Haiti

85 by Lindo et al., (2002) and Raccurt et al., (2003), respectively. Since initial reports from the 1980s, *A. fulica* has  
86 been reported from many countries in South America including Argentina (Gutiérrez Gregoric et al., 2011),  
87 Colombia (De la Ossa-Lacayo et al., 2012); Ecuador (Correoso Rodríguez, 2006), Paraguay (Vogler et al.,  
88 2013), Peru (Borrero et al., 2009) and Venezuela (Martinez-Escarbassiere and Martinez, 1997). In Brazil, *A.*  
89 *fulica* was first introduced deliberately in 1988 in the southern state of Paraná (Teles and Fontes, 2002), where  
90 snails (probably from Indonesia) were sold at an agricultural fair as food resource for human consumption.  
91 Nowadays, *A. fulica* occurs in 25 out of the 26 states and the Federal District of Brazil (Morassutti et al., 2014;  
92 Thiengo and Fernandez, 2013; 2016).

93 *Achatina fulica* is very difficult to control once established; eradication has proven virtually impossible,  
94 especially in developing countries. In excess of \$1 million dollars were spent for (ongoing) counter measures  
95 against *A. fulica* during the initial five years after this invasive snail species established in Florida (USA), (see  
96 e.g. Mead, 1961; Prociv et al., 2000; Raut and Barker, 2002; Thiengo et al., 2010). To date, it is illegal to import  
97 or keep *A. fulica* in the USA (see [https://www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-](https://www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases/giant-african-snail/gas)  
98 [disease-programs/pests-and-diseases/giant-african-snail/gas](https://www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases/giant-african-snail/gas)) and control efforts include chemical phytosanitary  
99 treatment of agricultural products to be shipped out of quarantined areas. Molluscicide treatments of *A. fulica*  
100 habitats can significantly inhibit snail development and reduce transmission of the parasites that these snails  
101 harbor (Gomot-de Vaufleury and Bispo, 2000). Unfortunately, the efficacy of molluscicides varies (Hallman  
102 2011; 2016), and intensive use has a negative environmental impact as it leads to chronic soil contamination  
103 (Jansch et al., 2006; Arias-Estévez et al., 2008; Thiengo et al., 2007).

## 104 **2 – *Achatina fulica*, vector of parasitic nematodes.**

105 Another negative aspect of invasion of new ranges by *A. fulica* is that this snail may transmit or even  
106 introduce pathogens with undesirable health and socioeconomic effects. Like several other species of land snails  
107 that harbor parasites, e.g the widely distributed brown garden snail *Cornu aspersum* (Müller, 1774; formerly  
108 *Helix aspersa*), vector of the nematodes *Angiostrongylus vasorum* and *Aelurostrongylus abstrusus* (Druart et al.,  
109 2011; Di Cesare et al., 2015); *Theba pisana* (Müller 1774), the white garden snail present in Australia, Israel,

110 and USA), intermediate host for the nematode lungworm *Muellerius capillaris* and the trematode *Brachylaima*  
111 *cribbi* (Baker, 1986; Butcher and Grove, 2001; Grewal et al., 2003), also *A. fulica* snails may spread plant  
112 pathogens and they are intermediate host of several parasitic nematodes, such as *Aelurostrongylus abstrusus*,  
113 *Phasmarhabditis hermaphrodita*, *Rhabditis* sp, *Strongyluris* sp (Turner, 1967; Alicata, 1991; Zanol et al., 2010;  
114 Williams and Rae, 2015; Oliveira and Santos, 2018). Importantly, *A. fulica* is also vector of two zoonotic  
115 nematodes: *Angiostrongylus costaricensis*, causing abdominal angiostrongyliasis and the congeneric rat  
116 lungworm, *Angiostrongylus cantonensis*, which causes eosinophilic meningoencephalitis (or the rat lungworm  
117 disease) in humans (Alicata, 1991; Prociv et al., 2000; Carvalho et al., 2003; 2012). Abdominal  
118 angiostrongyliasis appears to be restricted to the Americas, with reports ranging from the southern United States  
119 to northern Argentina (Graeff-Teixeira, 2007). Originally endemic in Southeast Asia and Pacific Islands, to  
120 date, eosinophilic meningitis has been reported from about 30 countries of all continents with exception of  
121 Europe and Antarctica (Cowie, 2013a). In Hawaii, *A. fulica* has been associated with transmission of  
122 eosinophilic meningoencephalitis (Kim et al., 2014).

123 The life cycle of *A. cantonensis* involves rodents as definitive hosts and several species of terrestrial  
124 and freshwater snails that may serve as intermediate hosts. Gastropods become infected by ingestion of rodent  
125 feces that contain *A. cantonensis* larvae (L<sub>1</sub> stage). Inside the snail, the parasite molts twice over about 15 days.  
126 The resulting L<sub>3</sub> larvae are directly infective for the definitive host (Cheng and Alicata, 1965; Maldonado et al.,  
127 2010) but an optional role for paratenic (carrier) hosts such as land crabs, freshwater prawns, fish, frogs and  
128 planarians increases the chances for transmission of the parasite. *Angiostrongylus costaricensis* has a similar life  
129 cycle but does not employ paratenic hosts (Morera, 1973; Spratt, 2015).

130 Human *Angiostrongylus* infections result from ingestion of raw gastropods or paratenic hosts (in case of  
131 *A. cantonensis*) that harbor L<sub>3</sub> nematode parasites, or by food that was contaminated with L<sub>3</sub> larvae from  
132 decayed, disrupted snail bodies or perhaps shed from infected snails (Graeff-Teixeira et al., 2009). Because  
133 humans are not natural definitive hosts, neither *Angiostrongylus* species is able to complete their life cycle;  
134 parasite eggs or larvae are not released into the feces and this makes diagnosis difficult. Although the parasites  
135 do not survive long in humans, infection causes uncomfortable symptoms including nausea, vomiting, neck

136 stiffness, fever and headaches. Occasionally, patients develop complications that lead to intestinal obstruction  
137 and perforation (*A. costaricensis*) or neurological damage (*A. cantonensis*) and even death.

138 Both *A. costaricensis* and *A. cantonensis* show low specificity for intermediate hosts; many different  
139 species of terrestrial and aquatic (fresh water) gastropods with natural *Angiostrongylus* infection have been  
140 observed around the world (Wallace and Rosen, 1969a; Malek and Cheng, 1974; Carvalho et al., 2012; Thiengo  
141 et al., 2010; Kim et al., 2014). The introduced snail species *A. fulica* and South American ampullariid *Pomacea*  
142 *canaliculata* (Lamarck, 1822) are the main intermediate hosts of *A. cantonensis* in the south of China (Lv et al.,  
143 2011), and an extensive list of molluscs transmits angiostrongyliasis on the Hawaiian Islands (Kim et al., 2014).  
144 From Brazil, reports of natural intermediate host molluscs (Morassutti et al., 2014; Thiengo and Fernandez,  
145 2016) include various terrestrial pulmonates (Stylommatophora): *Belocaulus willibaldoi* Ohlweiler, Mota and  
146 Gomes, 2009, *Bradybaena similaris* (Férussac, 1821), *Sarasinula linguaeformis* (Semper, 1885) (= *Sarasinula*  
147 *marginata* according to Thomé, 1989), *Subulina octona* (Bruguière, 1792) and *A. fulica*. Transmission of *A.*  
148 *cantonensis* was also reported for another ampullariid *Pomacea lineata* (Spix in Wagner, 1827), in northeast  
149 Brazil (Thiengo et al., 2010).

150 In the laboratory, the life cycle of both *A. cantonensis* and *A. costaricensis* has been maintained through  
151 experimental infection of *Biomphalaria glabrata* (Say, 1818) a freshwater pulmonate snail (Richards and  
152 Merritts, 1967; Tunholi-Alves et al., 2011; Bonfim et al., 2018). Taking in account the epidemiology of  
153 eosinophilic meningitis transmission, reports of *A. fulica* infected with *A. cantonensis* in 33 municipalities from  
154 11 different Brazilian states (Thiengo and Fernandez, 2016; Cognato et al., 2016), and that the widely  
155 distributed *A. fulica* snails usually occur in dense populations which favors the contact of people with the  
156 parasite, *A. fulica* is considered the main vector for *Angiostrongylus*-associated eosinophilic meningitis in  
157 Brazil. Study of snail physiology, parasitology and immunity will likely provide inroads for improved or novel  
158 control strategies to extend the options to mediate the overall impact of invasive *A. fulica*

159

160 **3 – Impact of nematode infection on *Achatina fulica* physiology.**

161 Study of the physiology of infected snails revealed the burden of *A. cantonensis* infection upon *A.*  
162 *fulica*. Regulation of energy metabolism is essential for biological functions and the maintenance of life (Fraga  
163 et al., 2013). In pulmonate gastropods, including *A. fulica*, this regulation centers around availability of  
164 carbohydrates, deposited as glycogen and galactogen in special storage cells that are located in the mantle,  
165 among the digestive gland acini, the gonads, and also the muscular tissue of the cephalopedal mass (Joosse,  
166 1988; Joosse and van Elk, 1986; Tunholi-Alves et al., 2014; Tunholi et al., 2013; Pinheiro and Amato, 1994).  
167 During physiological stress conditions, such as caused by parasite infection, the carbohydrate reserves are  
168 mobilized to make glucose available as substrate to oxidative metabolism for production of ATP. This involves  
169 a complex activation process, including glycogenolysis and components of oxidative respiration; glycolysis, the  
170 tricarboxylic acid (TCA) cycle, and oxidative phosphorylation (Tunholi-Alves et al., 2014; Massa et al., 2007;  
171 Bezerra et al., 1997).

172 Alterations in this carbohydrate metabolism have been recorded from infected snails using different  
173 snail host-larval parasite systems, and glycemia is generally reduced significantly (Becker, 1980; El-Ansary et  
174 al., 2000; Lima et al., 2016, 2017; Martins et al., 2018). Larval helminths absorb glucose from snail hemolymph  
175 as substrate for ATP generation in support of the parasite metabolism and the development of intramolluscan  
176 larvae (Becker, 1980).

177 Demonstration of glycolytic enzyme activities provided evidence that oxidative pathways exist in larval  
178 *A. cantonensis* (Shih and Chen, 1982). The competition by the parasite for nutrients causes a physiological state  
179 in the snail hosts that is similar to starvation (Pinheiro et al., 2009). Brockelman and Sithithavorn (1980) first  
180 described changes in the carbohydrate metabolism of *A. fulica* snails following experimental infection with *A.*  
181 *cantonensis*. Initially, the glucose content of the snail hemolymph was significantly reduced during the pre-  
182 patent infection, returning to normal values after one week. Tunholi-Alves et al., (2018) showed that reduction  
183 of glucose levels was associated with depletion of glycogen deposits in the digestive gland and cephalopedal  
184 mass of *A. cantonensis*-infected *A. fulica*. Along with similar observations from another parasitized snail  
185 species, *B. glabrata* harboring *A. cantonensis* (Tunholi-Alves et al., 2014), this demonstrates the existence of

186 homeostatic mechanisms that rely on mobilization of tissue stores of carbohydrate (glycogen and galactogen) to  
187 recover and maintain glycemia levels in snail hemolymph.

188 Parasite load (intensity of infection) influences the extent to which the oxidative metabolism of *A. fulica*  
189 is altered by *A. cantonensis*, as revealed by different degrees of impact on activities of hexokinase (HK) and  
190 lactate dehydrogenase (LDH), catalytic enzymes that are linked the oxidative metabolism of the snail host. The  
191 activity of HK, catalyst of the first step of glycolysis, increased significantly (relative to controls) when *A. fulica*  
192 was infected with  $\geq 2,500$  (L<sub>1</sub>) *A. cantonensis* larva. Accompanied by reduced glucose levels, heightened HK  
193 activity reflects an increased energy (ATP) demand in the *A. fulica* host, warranted by the need to maintain  
194 basic vital processes in the presence of developing larval *A. cantonensis* (Tunholi-Alves et al., 2014).  
195 Depending on parasite load, *A. cantonensis* causes yet additional subsequent changes in the oxidative  
196 metabolism of *A. fulica*.

197 Snails infected with fewer than 10,000 L<sub>1</sub> larvae develop significant reductions of pyruvate and  
198 oxaloacetate. These changes may be due to either (I) accelerated redox reactions of the TCA cycle to support  
199 increased demand for ATP that challenge snail metabolism, causing a shortfall in the adequate supply of critical  
200 TCA intermediates, like oxaloacetate (substrate for the first reaction of the TCA cycle) or (II) the shunting of  
201 oxaloacetate away from the TCA cycle to drive gluconeogenesis for production of glucose using non-glycemic  
202 substrates in an attempt to restore normoglycemia (Tunholi-Alves et al., 2014). Furthermore, *A. fulica* snails  
203 that received high infective doses (10,000 and 15,000 L<sub>1</sub> larvae) of *A. cantonensis* (Tunholi-Alves et al., 2018)  
204 showed significant increases in activity of LDH (key enzyme for anaerobic respiration), along with lactate  
205 accumulation and decreased levels of pyruvate in the hemolymph, indicating a transition of the oxidative  
206 metabolism from aerobic to anaerobic during infection, similar to results obtained with chromatographic and  
207 spectrophotometric methods for *Biomphalaria* harboring *A. cantonensis* (Lima et al., 2016). The activation of  
208 anaerobic metabolism (LDH), enables continued production of energy (ATP), avoids inhibition of the  
209 glycolysis pathway by increased pyruvate levels, facilitates availability of NAD<sup>+</sup> (oxidized electron carrier),  
210 and supports formation of intermediate metabolites that are needed for the survival of the host and for parasite  
211 development (Lima et al., 2016).

212           Ultimately, prolonged infection (especially with high parasite load), leads to depleted carbohydrate  
213 deposits that cause the snail metabolism to use alternative substrates as energy source, leading to breakdown of  
214 lipids (Tunholi-Alves et al., 2011a) and proteins (Tunholi-Alves et al., 2012). Direct absorption of amino acids  
215 by developing larval *A. cantonensis* may further reduce protein levels; higher infection loads led to increasingly  
216 lower protein concentrations in *A. fulica* (Tunholi-Alves et al., 2015). The carbon backbone of proteins supplies  
217 intermediate compounds for neoglucogenesis but continued protein degradation not only reduces protein  
218 concentration but also leads to elevated levels of nitrogen compounds, altering the chemical composition of  
219 snail host hemolymph (Pineiro et al., 2009). The excretion as urea, uric acid or ammonia, of amino groups that  
220 result from deamination, challenge the water balance of *A. fulica*, a terrestrial gastropod (Tunholi-Alves et al.,  
221 2014). While specific data from *A. fulica* are not available, *Angiostrongylus* infections may reduce the lifespan  
222 of snail hosts (Wallace and Rosen, 1969c).

#### 223 **4 – Immunity of *Achatina fulica***

224           Despite considerable initial investigative attention from comparative immunologists, general aspects of  
225 the immune function in *A. fulica* are interpreted largely by considering findings from several other gastropod  
226 species, as presented in section 4.1. This is with the realization that some aspects of immune defense will be  
227 lineage-specific, however, the sharing of several immune features across animal evolution and the  
228 commonalities evident among immune defenses of phylogenetically diverse gastropods motivate reasonable  
229 confidence that this approach is generally informative. For example, a limited diversity of types of AMPs  
230 characterizes gastropods of both the Planorbidae and Physidae (sister families within the Hygrophila,  
231 Panpulmonata), and caenogastropods share particular categories of immune lectins with panpulmonate snails  
232 (Loker et al., 2004; Gorbushin and Borishova, 2015; Gorbushin, 2019; Schultz et al., 2018). Likewise, the  
233 available insights specifically regarding *A. fulica* immunity (4.2) include antimicrobial proteins found  
234 throughout the gastropod clade, as well as a capacity for hemolymph coagulation not found in hygrophilid  
235 panpulmonates. It is of note that immunological studies of *A. fulica* have employed mostly cell biology and  
236 biochemical-type analyses that did not yield a detailed characterization of the factors involved as is now

237 common in the “omics”-era. In light of resurging interest in *A. fulica*, also for the reasons provided in this  
238 review (Penagos-Tabares et al., 2018), such data may be anticipated in the near future.

#### 239 **4.1 – General consideration of gastropod host-pathogen immune interactions.**

240 Historically, studies of gastropod immunity have largely focused toward immune interactions between  
241 aquatic vector snails and digenetic trematodes, such as the medically relevant schistosomes, with occasional  
242 consideration of other (microbial) pathogens (Adema et al., 2009; DeLeury et al., 2012; Loker and Bayne,  
243 2018).

244 Snail immune systems, like those of other invertebrates (Murthy and Ram, 2015) do not include  
245 vertebrate-type acquired immunology but comprise highly effective innate immune mechanisms. Immune  
246 function can be selective, allowing mutualistic interactions between gastropods and microbiota; commensal  
247 communities of bacteria and fungi can be instrumental in adaptation and evolution by affecting multiple fitness  
248 parameters of the host (Soen, 2014), even viruses can modulate host-parasite interactions in invertebrates  
249 (Galinier et al., 2017). Normally, however, (opportunistic) pathogens are countered by potent internal defenses.  
250 Actual immune-elimination by snails of metazoan parasites such as digenetic trematodes depends on complex  
251 interactions between determinants of compatibility. First, snail immune receptors must be able to recognize the  
252 antigens of the invader in order to activate host defenses. Intra-individual polymorphisms of such receptors and  
253 antigens determine matched versus mismatched status of host and parasite phenotypes, resulting in either  
254 survival or immune-elimination of the parasite (Mitta et al., 2017). Secondly, host immune systems may be  
255 negated by anti-effector strategies of the parasite (Lie, 1982).

256 These interactions play out in a continuous arms race that drives evolution of (mechanisms that  
257 generate) diversity and polymorphism of the factors that determine the outcome of the host–parasite interplay  
258 (Combes, 2000; Gourbal et al., 2015). For instance, antigenic variation is a common strategy of eukaryote  
259 pathogens to evade a host immune response (Finlay and McFadden, 2006; Perrin et al., 2013).

260 Absent the vertebrate-specific rearranging genes that yield specific immune receptor mechanisms (Di  
261 Noia and Neuberger, 2007; Tonegawa, 1983), the remarkable effectiveness of invertebrate immune function is

262 underscored by the evolutionary success of invertebrates (Pinaud et al., 2016). Evidence has mounted that also  
263 invertebrates, and gastropods specifically, are capable of considerable diversification of innate-type immune  
264 receptors and possess forms of immune memory to effectively counter diverse pathogens (Zhang et al., 2004,  
265 Ghosh et al., 2010; Müller et al., 2017; Netea et al., 2011; Wang et al., 2013; Pinaud et al., 2016).

266 Snail immune defenses include the body surface as external physical barriers, chemically fortified by  
267 (mucus) secretions containing antimicrobial factors. Pathogens that penetrate through these defenses encounter  
268 lytic factors, antimicrobial proteins and peptides (AMPs) in tissues and hemolymph. The antimicrobial bacterial  
269 pathogen-associated molecular patterns (PAMPs; also referred to as microbe-associated molecular patterns:  
270 MAMPs) or damage-associated molecular patterns (DAMPs) are recognized by pattern recognition receptors  
271 (PRRs). The PRRs are highly diverse, comprising secreted molecules, cell surface- and cytoplasmic receptors  
272 (Schmitt et al., 2011; Escoubas et al., 2015). Among soluble receptors are Gram-negative bacteria-binding  
273 protein (GNBP), peptidoglycan recognition protein (PGRP) and a variety of lectins, including fibrinogen-related  
274 proteins (FREPs) (Escoubas et al., 2015, Gorbushin, 2019). Cell surface receptors like Toll-like receptors  
275 (TLRs) and scavengers receptors (SRs) are highly conserved evolutionarily (Peiser et al., 2002; Sarraï et al.,  
276 2004), just like cytoplasmic receptors from the RIG-I-like helicase (RLH) family and nucleotide-binding  
277 oligomerization domain (NOD)-like receptors (Sirrad et al., 2007; Yoneyama and Fujita, 2007; Barber, 2011).  
278 PPR-binding leads to coagulation, (direct) opsonization, triggering of proteolytic enzyme cascades that produce  
279 toxic compounds, or initiates intracellular signaling to activate immune defense cells to exert cytotoxicity (van  
280 der Knaap et al., 1983; Janeway, 1994; Lacchini et al., 2006, Hanington et al., 2010; Le Clec'h et al., 2016).

281 The cellular mediators of gastropod immunity are circulating macrophage-like phagocytic immune  
282 cells, named hemocytes, capable of production of cytolytic molecules including reactive intermediates of  
283 oxygen and nitrogen, as well as of phagocytosis and encapsulation of pathogens (Levine and Strand, 2002;  
284 Zanker, 2010). Hemocytes are the main effectors of the defense system but they are also involved in wound  
285 repair, nutrient transport, shell calcification, digestion and excretion processes (Cheng, 1996). Based on  
286 morphology, hemocytes are commonly classified into three main cell types: granulocytes, hyalinocytes and  
287 blast-like cells (Allam et al., 2015; Mahilim and Rajendran, 2008; Cavalcanti et al., 2012). Hemocytes bear yet

288 additional surface receptors like integrins, SRs, and C-type lectins (Liu et al., 2011; Humphries and Yoshino,  
289 2003) and will internalize pathogens (bacteria, fungi, and experimental particles like latex beads) through  
290 phagocytosis, larger targets such as larval helminth are encapsulated by multiple hemocytes. Little is known  
291 about the molecular processes involved in encapsulation (Ray et al., 2013; Queiroga et al., 2013; Francisco et  
292 al., 2010; Laruelle et al., 2002; Mladineo et al., 2012; Batista et al., 2009; Kawasaki et al., 2013; Wootton et al.,  
293 2006; Wang et al., 2012).

294 Efficiency of cellular immune defense, and perhaps also the ability to effectively counter parasites may  
295 increase with the intrinsic number of circulating hemocytes (Larson et al., 2014). The number of hemocytes in  
296 hemolymph varies between and within species (Adema et al., 1992), because of age, infection and under  
297 influence of physiological and environmental factors (Livingston and de Zwann, 1983). For the actual killing of  
298 pathogens, hemocytes produce and release lysosomal enzymes, antimicrobial peptides, reactive species  
299 hydrogen peroxidase, ROS and RNS (Loker, 2010; Schmitt et al., 2011). Continued research may broaden the  
300 perspective of general immune defenses, for instance an ancient and evolutionarily conserved host defense  
301 mechanism was revealed by the recent finding that animal immune cells may deploy their DNA as extracellular  
302 traps (ETs) to capture pathogens (Poirier et al., 2014; Robb et al., 2014). Relatively little is known about anti-  
303 nematode immunity in gastropods, however, literature indicates that snail species do not indiscriminately  
304 support the development of any nematode species that they may encounter (Drózdź et al., 1971), however,  
305 several species of nematodes attract but most often do not appear to be eliminated by snail host immunity  
306 (Bayne, 1983). Further investigations may help clarify to what extent immune function is a codeterminant of  
307 vector suitability of a snail like *A. fulica* for *A. cantonensis*.

308

#### 309 **4.2 – Immune features of *Achatina fulica*.**

310 The following aspects of immunity have been shown specifically from *A. fulica*. Included are immune  
311 features that are distributed across a wide phylogenetic range of gastropods, like achacin representing a category

312 of conserved antimicrobial proteins and that are more restricted like ability for haemolymph coagulation, that  
313 has not been observed from e.g. aquatic pulmonate gastropods.

#### 314 **4.2.1 – Shell encapsulation of nematodes.**

315 Exploration of the use of nematode infection as control measure against snail pests revealed that  
316 *A. fulica* was remarkably resistant to the parasitic nematode *Phasmarhabditis hermaphrodita*, a lethal  
317 pathogen that is effectively against several other gastropod species. Starting at 3 days post exposure,  
318 inspection of experimental snails evidenced an immune response that involved the *A. fulica* shell.  
319 Infective *P. hermaphrodita* larvae are encapsulated, killed and remain permanently encased in the shell  
320 (Williams and Rae, 2015; 2016). This immune mechanism is effected by cells on the inner layer of the  
321 shell that adhere to the nematode cuticle, spread over the worm body to then fuse and encase the  
322 nematode to the inside of the shell. Remarkably, DNA extracted from shell-encased dead worms allows  
323 for PCR and sequence-based identification of the infecting nematodes. Follow-up investigation with  
324 experimentally exposed and field collected snails showed that this novel anti-nematode immune  
325 mechanism is shared by snail species of both achatinoid and non-achatinooid clades of the  
326 Stylommatophora (Rae, 2017).

327

#### 328 **4.2.2 – Achacin**

329 In 1985, Kubota et al., isolated a protein with an antibacterial activity, composed of 70-80kDa  
330 subunits from the body surface mucus of *A. fulica*. Further characterization of this protein designated as  
331 Achacin yielded the first cDNA sequence from *A. fulica* ever deposited in GenBank (Obara et al., 1992).  
332 Achacin (purified or recombinantly expressed) inhibited growth of Gram-negative and Gram-positive  
333 bacteria, and it was shown to attack the surface membrane of bacteria but not directly cause lysis bacterial  
334 cells (Otsuka-Fuchino et al., 1992; 1993; Ogawa et al., 1999). The mode of antibacterial action of  
335 Achacin was first indicated by similarities in amino acid sequence with *l*-amino acid oxidases (LAAOs)

336 from toxins in snake venoms and experimentally demonstrated to result from oxidative deamination of  
337 amino acids, producing ketoacids, ammonia (NH<sub>3</sub>) and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). Additional to  
338 generating toxic metabolites, also depletion of amino acids leading to reduction of available nutrients was  
339 proposed to contribute to the microbicidal activities of Achacin (Ehara et al., 2002). It is of note that  
340 Achacin presents a landmark discovery of comparative immunology of gastropods and molluscs. Starting  
341 with a report of Aplysianin from *Aplysia kurodai* (sea hare) an euopisthobranch gastropoda (Kamiya et  
342 al., 1986; Takamatsu et al., 1995), many additional LAAOs been recovered from several gastropod and  
343 other molluscs. Phylogenetic analyses distinguish molluscan LAAOs as a major subfamily separate from  
344 other animal LAAOs, such independent evolution indicates an important reliance of molluscs on LAAOs  
345 for innate immune function (Hughes, 2010; Suwannapan et al., 2018).

346

#### 347 **4.2.3 – Mytimacin and other cytolytic peptides from mucus.**

348 The body surface mucus of *A. fulica* contains multiple components with lytic activity additional  
349 to Achacin. Zhong et al., (2013) purified Mytimacin-AF, a cysteine-rich antimicrobial peptide (AMP)  
350 from the macin family. The cDNA sequence contains an open reading frame that encodes for an 80 amino  
351 acid-long peptide that has antimicrobial activity against fungi, Gram-negative and Gram-positive bacteria,  
352 particularly *Staphylococcus aureus*. A search for potential anticancer peptides motivated a broad survey  
353 of novel lytic factors present in *A. fulica* mucus. Bioinformatics analyses of mass spectrometry data  
354 obtained from two HPLC-fractions of mucus that displayed lytic activity toward *in vitro* cultured primate  
355 epithelial cells and (human) cancer cells, predicted another 16 lytic peptides *in silico* (E-Kobon et al.,  
356 2015). The lack of sequence similarity of predicted lytic peptides with existing entries in public sequence  
357 databases, suggest that these mucus-derived lytic peptides have not been encountered previously, but was  
358 also considered to reflect the limited availability of sequence data from mollusc, especially the  
359 stylommatophoran land snails, especially (E-Kobon et al., 2015).

#### 360 **4.2.4 – Lectins**

361           Considering current insights into the lectin diversity among gastropods (e.g Gorbushin and  
362 Borushova, 2015), it was not surprising that initial searches for agglutinins as mediators of non-self  
363 recognition in *A. fulica* led to identification of several (mucus and) hemolymph lectins, each with  
364 different carbohydrate specificity (Basu et al., 1986; Mitra and Sarkar, 1988; Sarkar et al., 1984; Mitra et  
365 al., 1988). Relative levels of lectin-mediated hemagglutinating activity increase with age of *A. fulica*  
366 snails (Baskakov et al., 2000), indicating a maturation of immune function from juvenile to adult *A.*  
367 *fulica*. Befitting the technological capabilities at the time of these pioneering studies, these lectins were  
368 identified only by carbohydrate specificity and the molecular weight of biochemically purified (subunits  
369 of) proteins, sequence characterization has remained pending, to date. Functional aspects, however, have  
370 been studied in greater detail for two lectins.

371           The first is an abundant hemolymph lectin of *A. fulica*, designated as C-reactive protein (CRP)  
372 based on cross-reactivity with antisera to CRP protein of the horse shoe crab *Limulus polyphemus*  
373 (Agrawal et al., 1990) and specific binding of phosphoryl choline, a trait shared with CRPs (members of  
374 the pentraxins), innate immune proteins from both invertebrate and vertebrate animals, (Mandal et al.,  
375 1991). The aminoacid content was determined and *A. fulica* CRP (a multimeric protein of 400kDa) was  
376 found to be heavily glycosylated (30-40% carbohydrate), but no nucleotide sequence is currently  
377 available. Agglutinating activity was enhanced in the presence of calcium-ions (Mandal et al., 1991). The  
378 CRP of *A. fulica* is multifunctional, with bacteriostatic activity for Gram (-) bacteria and bactericidal  
379 activity for Gram (+) bacteria, likely through ROS production and induction of apoptosis, and it may  
380 serve to protect the snail against toxicity from heavy metals (Mukherjee et al., 2014; Bose and  
381 Bhattacharya, 2000).

382           Secondly, research has also focused on Achatinin (Basu et al., 1986). This (9-*O*-AcSA)-specific  
383 hemolymph lectin (242 kDa, subunits of 15kDa) is expressed in the albumen gland (Sen et al., 1992) and  
384 in hemocytes (Biswas et al., 2000), binds sialic acid-epitopes on LPS in a calcium-dependent manner and  
385 is bacteriostatic toward Gram-negative *Escherichia coli*. Remarkably, Achatinin is also multifunctional,

386 additional to antimicrobial activity, LPS binding of this PRR also activates other aspects of *A. fulica*  
387 immunity as is described in the next section.

#### 388 **4.2.5 – LPS-mediated coagulation.**

389 Bacterial LPS activates a defense response in *A. fulica* hemocytes that involves the release of  
390 several interactive proteins into the hemolymph that orchestrate a coagulation reaction; gel formation to  
391 aggregate and sequester bacteria. This response is highly reminiscent of well-characterized endotoxin-  
392 dependent plasma coagulation from the horseshoe crab *Limulus polyphemus*, resulting from an enzyme  
393 cascade that employs zymogens and serine proteases released by amoebocytes that degranulate in response  
394 to detection of LPS.

395 The coagulation reaction of *A. fulica* can be affected *in vitro* with the protein lysate of snail  
396 hemocytes (Biswas and Mandel, 1999). The name of this preparation, “Achatina amoebocyte lysate  
397 (AAL)” may seem less intuitive because it employs the alternative designation of amoebocyte for  
398 hemocyte. Protein biochemical analysis implicated Achatinin as major, important component of AAL.  
399 Depletion of Achatinin reduced the coagulation activity of AAL by 77%. Additional to lectin function  
400 (LPS binding), Achatinin also has enzymatic serine protease activity that is critical for the coagulation, as  
401 shown by sensitivity of this reaction to protease inhibitors (Biswas et al., 2000).

402 Another protein component, endotoxin-sensitive factor (ESF), was purified from AAL using  
403 heparin affinity chromatography. ESF differs from Achatinin by a native molecular weight of 140 kDa  
404 (consisting of two non-covalently bound 70 kDa subunits), and although both of these immune factors  
405 bind LPS, ESF is activated by alpha-chymotrypsin instead of endotoxin. Again, the use of specific  
406 inhibitors showed that active ESF functions as a serine protease (Biswas et al., 2000). It is of note that the  
407 endotoxin-dependent coagulation reaction of *A. fulica* may be unique to Achatinoid gastropods (e.g.  
408 *Archachatina marginata*, Salawu et al. 2011) or to (larger taxonomic subsets of) the Stylommatophora; it  
409 has not been reported for fresh water pulmonate snails (Hygophila) like the well studied *B. glabrata* a main  
410 model for gastropod immunity. Along with characterization of all AAL factors and the mechanism of the

411 protein cascade needed for coagulation, the phylogenetic distribution of this immature immune response  
412 merits further investigation.

#### 413 **4.2.5 – Hemocytes**

414 The hemolymph of *A. fulica* can easily be sampled by heart puncture, a procedure that can be survived  
415 by the snail. Microscopical observation delineated two categories of cell types among glass-adherent  
416 hemocytes; granulocytes and agranulocytes (Adema et al., 1992), generally corresponding with hemocyte types  
417 recognized in other gastropods (Yoshino, 1976; Barraco et al., 1993). Karuthapandi (2010) revealed that the  
418 total hemocyte count of active *A. fulica* snails was higher than that of the snails that aestivated. The  
419 granulocytes of *A. fulica* sub categorized into granulocyte I, granulocyte II and granulocyte III. Only few round  
420 small cells with high nucleus to cytoplasm ratio were observed. Overall, agranulocytes and granulocytes were  
421 proportioned at an 80%/20% ratio in the hemolymph of *A. fulica*, without evidence of seasonal variation.  
422 Differential hemocyte counts revealed only modest variation in the percentage of agranulocytes, granulocyte I  
423 and granulocyte III of active versus aestivated snails, whereas the percentage of granulocyte II was higher in  
424 aestivated *A. fulica* relative to active snails (Karuthapandi, 2010), perhaps due to the difference in metabolic  
425 state, especially food uptake.

426 Basic immune functions of *A. fulica* hemocytes as snail defense cells were demonstrated *in vitro* by  
427 phagocytosis of zymosan particles and production of ROS (Adema et al., 1992). More recently, an *in vitro* co-  
428 culturing assay that was designed to investigate the cellular immune interactions of stylommatophoran snails  
429 with *A. cantonensis* shows that *A. fulica* hemocytes attach to nematode larvae and proceed to hemocyte clusters  
430 around the parasites (Penagos-Tabares et al., 2018). The same study and work from Lange et al. (2017) also  
431 observed that hemocytes from *A. fulica*, as well as *Arion lusitanicus* and *Limax maximus* (gastropod species  
432 commonly referred to as slugs) deploy DNA-rich extracellular aggregates referred to as invertebrate extracellular  
433 phagocyte traps (InEPTs) similar to the phagocyte-derived extracellular traps (ETs) described from vertebrates  
434 catching larvae and decreasing their motility. It was proposed that hemocyte InEPTosis immobilizes nematodes  
435 to hamper migration of the larvae through the tegument or body and further facilitate exposure of the entrapped

436 parasites to cell-mediated cytotoxicity of additional hemocytes. The long-term fate of the parasites remains to  
437 be determined.

#### 438 **5 – *Achatina fulica*, entry into the omics era.**

439 As described above, study of *A. fulica* has not only provided some of the earliest insights into general  
440 aspects of gastropod immunity but also continues to contribute to a more comprehensive overview of innate  
441 immunity in invertebrates. A continued reliance, mostly on cellular and biochemical research approaches has  
442 provided a steady yet rather slow progress in characterization of immune function of *A. fulica*, and of  
443 stylommatophoran snails as a larger, important group within the Gastropoda. The lack of specific sequence data  
444 to define the factors that enable the fascinating immune processes recorded from *A. fulica* hinders comparative  
445 approaches that can reveal the phylogenetic distribution of unique and shared defense capabilities across  
446 gastropods. Increasingly, routine and accessible next generation sequencing (NGS) technologies are now  
447 available to explore the genome sequences and transcriptomes from non-model organisms. While it remains  
448 challenging to derive high quality assemblies, extensive genome sequence and RNAseq data can be analyzed  
449 using computational bioinformatics for (potential) immune genes to indicate presence of immune mechanisms  
450 within an organism relative to the phylogenetic position. The validity of this approach (Dheilly et al., 2014,  
451 Schultz and Adema, 2017) is underscored by a broader view of immune function in a specific gastropod like *B.*  
452 *glabrata* (Adema et al., 2017) and the modeling of shared lectin-based complement-like system that serves  
453 immunity across the Mollusca and other protostome invertebrates (Gorbushin, 2019). Molecular level  
454 approaches have more usually been applied for population biology (e.g. Ayyagari and Sreerama, 2017;  
455 Fontanilla et al., 2014), but recently, the genome of *A. fulica* has become accessible with the publication of both  
456 the 15,057bp mitochondrial genome (He et al., 2016) and the nuclear genome (Guo et al., 2019) the first to  
457 represent the stylommatophoran gastropods. The genome (estimated at 2.12 Gb) of a single *A. fulica* snail from  
458 the Guangxi region of China was sequenced to yield a publicly available high quality, chromosomal-level  
459 genome assembly of 1.85 Gb with a contig N50 length of 726 kb. The prediction of 23,726 protein-coding genes  
460 will be of great value to facilitate proteomics level studies. It is anticipated here that this significant data

461 resource will lead to sequence characterization of immune factors previously identified from *A. fulica* through  
462 biochemical parameters only, like Achatinin, ESF and others, also providing provide a wide-ranging insight into  
463 related and additional immune genes in this snail species.

## 464 **6 – Conclusions and Future Prospects**

465 By phylogenetic identity alone, *A. fulica* merits investigative attention due to the potential as  
466 representative of a major branch of the Stylommatophora, to inform broadly on gastropod immune function.  
467 Already, *A. fulica* research has indicated both unique- and fundamental, evolutionary conserved aspects of snail  
468 immunity. The great biological and evolutionary diversity within the class Gastropoda of the phylum Mollusca  
469 makes it highly probable that particular clades of snails have evolved unique immune features. Importantly,  
470 broadening studies beyond the main focus on a very small segment of gastropod diversity indicated the  
471 possibility of differences in the elaboration of immune function between gastropod families. Schultz et al., 2017  
472 observed that *Physella acuta* (Physidae, sister family of the Planorbidae) snails did not equally employ FREPs,  
473 a category of PPRs that is instrumental for coordinating immune elimination of schistosome parasites in the  
474 planorbid snail *B. glabrata*, vector of schistosomiasis (Hanington et al., 2012).

475 Renewed interests to study *A. fulica* are driven by the recognition of multiple negative biological  
476 properties that render this snail a highly effective invasive species that is recalcitrant toward eradication, a pest  
477 that can destroy (crop)vegetation and outcompete native species, and a potential vector that may transmit  
478 several parasites including *A. cantonensis* causative nematode pathogen for eosinophilic meningitis, an  
479 emerging infectious disease in humans. Elucidation of the underlying traits that determine the range if negative  
480 biological impact opens possibilities to develop strategies for control of *A. fulica*, or to mitigate, modify, or at  
481 least predict the distribution of the snail and associated parasite transmission.

482 A modest but strong tradition of biochemically centered investigations provides a several entry points  
483 for more detailed characterization of *A. fulica* immunity, with great potential to benefit from the recently  
484 available genome sequence data. We thus strongly encourage further immunological studies of the invasive  
485 nature of *A. fulica*, and interaction of *A. fulica* with *A. cantonensis*. In the process such studies will yield exciting

486 new insights also in comparative immunology of terrestrial snails to reveal evolutionary patterns in the  
487 evolution of immune function of Gastropoda.

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### Highlights

- The giant African snail *Achatina fulica*, the most widely distributed invasive pest land snail, will likely disperse further with climate change.
- *Achatina fulica* is intermediate host for the nematode *Angiostrongylus cantonensis* that causes eosinophilic meningitis.
- Study of metabolic and immunological aspects of this parasite host provide better understanding of epidemiology and inform on comparative immunology of gastropods

Journal Pre-proof