
Nonlinear forcing of climate on mountain denudation during glaciations

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Abstract :

Denudation is one of the main processes that shapes landscapes. Because temperature, precipitation and glacial extents are key factors involved in denudation, climatic fluctuations are thought to exert a strong control on this parameter over geological timescales. However, the direct impacts of climatic variations on denudation remain controversial, particularly those involving the Quaternary glacial cycles in mountain environments. Here we measure in situ cosmogenic ¹⁰Be concentration in quartz in marine turbidites of two high-resolution cores collected in the Mediterranean Sea, providing a near-continuous (temporal resolution of ~1–2 kyr) reconstruction of denudation in the Southern Alps since 75 kyr ago (ka). This high-resolution palaeo-denudation record can be compared with well-constrained climatic variations over the last glacial cycle. Our results indicate that total denudation rates were approximately two times higher than present during the Last Glacial Maximum (26.5–19 ka), the glacial component of the denudation rates being 1.5+0.9–1.0 mm yr⁻¹. However, during moderately glaciated times (74–29 ka), denudation rates were similar to those today (0.24 ± 0.04 mm yr⁻¹). This suggests a nonlinear forcing of climate on denudation, mainly controlled by the interplay between glacier velocity and basin topography. Hence, the onset of Quaternary glaciations, 2.6 million years ago, did not necessarily induce a synchronous global denudation pulse.

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How climate and climatic fluctuations affect denudation rates over geological

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timescales remains debated^{1,2}. Relying on sedimentation records³ and thermochronology^{4,5}

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several authors have reported increased denudation rates at the onset of Pleistocene

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glaciations around 2.6 Ma⁶ either due to increased variability of Quaternary climatic cycles³ or

1 growth of glaciers in mountain ranges, an efficient agent of erosion^{4,7}. However, marine
2 ¹⁰Be/⁹Be records indicate stable weathering rates over the same period¹. Other studies have
3 highlighted the potential biases inherent in sedimentary records⁸ and thermochronology⁹,
4 and the link between weathering and erosion has also been questioned¹⁰. Moreover, the
5 presence of glaciers does not necessarily lead to an increase in denudation rates¹¹.

6 *In-situ* Terrestrial Cosmogenic Nuclides (TCNs) such as ¹⁰Be record denudation rates in
7 modern river systems¹²⁻¹⁴ as well as over geological (10 Ma) timescales^{15,16}. TCNs are not
8 affected by the same biases as sedimentation rate estimates or thermochronology, and they
9 track both weathering and erosion rates, i.e., denudation¹²⁻¹⁴, at sufficient resolution (<1 ka in
10 better cases) to capture the impact of millennial climatic variations. Previous paleo-
11 denudation studies have used continental sedimentary archives such as cave sediments^{17,18},
12 terrace deposits^{19,20}, lake sediments^{21,22} and molasse deposits in foreland basins^{15,16}.
13 However, these records are often too discontinuous to accurately reflect the impact of short-
14 term climatic variations on denudation. Additionally, the most complete records were
15 obtained in active tectonic settings over long time scales (>5 Ma), making it difficult to
16 decipher any climatic forcing¹⁵. Continuous, well-dated, and high-resolution marine sediment
17 records in well-constrained sediment routing systems have great potential to overcome these
18 limitations; they may represent the gold standard of TCN archives of paleo-denudation rates.

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20 In this study, we measured *in-situ* ¹⁰Be concentrations in 75-0 ka marine sediments
21 exported by the Var River, which drains the Southern French Alps into the Mediterranean Sea
22 (Fig. 1).

23 **Southern Alps, the reactive Var basin and samples**

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1 Southern French Alps are a mountainous region that is considered tectonically stable
2 since 75 ka, with near null horizontal and vertical motions²⁵. The Var river catchment (2,800
3 km², maximum altitude of 3,143 m above sea level, mean altitude of 1,250 m) is a reactive
4 watershed of this massif²⁶, i.e., one that responds quickly to any change in denudation or
5 sediment transport, with steep slopes (mean 23°) and a small alluvial plain (<50 km²) that
6 limits on-land sediment storage²⁴. The geology of the Var basin includes two main regions: the
7 crystalline Mercantour-Argentera massif in the northern and highest part of the catchment,
8 and sedimentary terrains in the southern part. Quartz-bearing rocks (¹⁰Be being measured in
9 quartz) cover 26% of the Var watershed and are mainly present in the upper part of the
10 catchment. The present-day ¹⁰Be-derived denudation rate of the entire Var catchment is 0.24
11 ± 0.04 mm a⁻¹ ²⁷. The mouth of the Var River is connected to a submarine canyon that incises
12 both a virtually absent continental shelf (width >200 m) ²⁸ and a steep (11°) continental
13 slope²⁹. Hence, during the Quaternary, sediments draining the catchment have been
14 continuously transferred to the deep depositional system of the Var in the form of turbidites,
15 building the Var Sedimentary Ridge (VSR, <2,000 m below sea level)^{28,29}.

16 Due to a colder climate than today, the European Alps were extensively glaciated
17 during Pleistocene (2.6 Ma to 11.7 ka)²³. In the Var catchment, glaciers occupied the upper
18 valleys of the Var, Tinée, and Vésubie Rivers (Fig. 1) during the Last Glacial Maximum²³ (LGM,
19 26.5–19 ka³⁰). When the glaciers receded and completely melted most recently (19–11 ka),
20 they left glacially polished surfaces³¹, and river incision began in the newly deglaciated
21 valleys³². This shift from glacial to fluvial environments is thought to have driven strong
22 changes in denudation processes^{24,33}. The high frequency of turbidites in the VSR is attributed
23 to flood events, and their geochemical signatures (ϵ Nd) have been correlated to climatic
24 changes in the Var basin, both over millennial Dansgaard-Oeschger cycles and glacial-

1 interglacial periods^{26,28}. This correlation is interpreted to have been driven by glacial
2 fluctuations, as the highest sediment fluxes occurred during glacial maxima²⁴.

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4 A total of 26 samples of silts to fine sands (50–250 μm) were collected from two cores
5 drilled in the VSR (Fig. 2). ^{10}Be concentrations in the samples range from $(0.91 \pm 0.12) \times 10^4$ at
6 g^{-1} (19.8 ka, LGM) to $(5.62 \pm 0.44) \times 10^4$ at g^{-1} (73.9 ka, Marine Isotopic Stage (MIS) 5a³⁴) (see
7 Supp. Table 1 and 2, Methods, Supp. Section 1, Extended Data Fig. 1). Both Dansgaard-
8 Oeschger stadials and interstadials are documented by our sampling (Fig. 2a/b). Our data
9 show that grain size has no impact on the ^{10}Be concentrations (see Methods, Supplementary
10 Section 2). We analyzed 19 new samples (see Methods) to extend the coverage of pre-existing
11 ϵNd data from 50–20 ka²⁴ to 74–50 ka (Fig. 2c). Our new ϵNd values range between –10.3 and
12 –9.6 (average –10.1).

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14 **From ^{10}Be concentrations to paleo-denudation rates**

15 Deriving basin-wide denudation rates from ^{10}Be concentrations requires computing
16 the ^{10}Be production rate at the time of sediment production. This parameter is mainly a
17 function of basin altitude, which has likely remained steady over the last 75 ka. ^{10}Be
18 production is also controlled by glacial extent because glaciers shield underlying rocks from
19 cosmic rays, effectively eliminating ^{10}Be production beneath several decameters of ice. To test
20 the sensitivity of the glacial shielding on the denudation rates, we considered two scenarii to
21 compute paleo-production rates³⁶. The first assumes that no glaciers were present between 0
22 and 75 ka (Scenario 1: ‘Ice-free’). Although this approach contradicts geomorphological
23 evidence of glaciers in the Var catchment^{31,37}, this endmember scenario provides maximum
24 denudation rate estimates. In the second scenario (Scenario 2: ‘Glaciated’), we computed
25 paleo-production rates by reconstructing glacial extents. We used $\delta^{18}\text{O}$ data from planktonic

1 foraminifera^{26,28} sampled in both cores to compute sea surface paleo-temperatures, which we
2 then used to reconstruct the glacial extents in the Var watershed using a simple 2D glacier
3 flow model including a positive degree-day mass-balance³⁸ (details in Supp. Section 3). The
4 basin-averaged paleo-production rates were then calculated with the BASINGA code,
5 assuming no cosmogenic production under ice³⁶. Our modeling yields average glacial extents
6 covering 21%, 15%, and 30% of quartz-bearing rocks during MISs 4, 3, and LGM (19-26.5 ka),
7 respectively. This glacial cover lowered production rates by 10% to 30% compared to the
8 respective ice-free conditions (Supp. Table 4 and Extended Data Fig. 2 and 3).

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10 The paleo-denudation rates (both scenarii) range between 0.15 ± 0.01 and 1.26 ± 0.16
11 mm a^{-1} (all uncertainties are 1σ), implying ^{10}Be integration times of 0.5–3.9 ka (see Methods),
12 sufficiently short to observe the potential influence of major climatic changes both throughout
13 the last glacial cycle and during the deglaciation. Moreover, with such integration times,
14 potential inter-sample timescale biases are lower than 25%³⁹. Between 75 and 29 ka (MIS 5a–
15 3), both cosmogenic production models yield comparable and rather stable denudation rates
16 between 0.15 ± 0.01 (Scenario 2, 73.9 ka) and $0.41 \pm 0.04 \text{ mm a}^{-1}$ (Scenario 1, 31.3 ka), with
17 mean values of 0.32 ± 0.03 (Scenario 1) and $0.25 \pm 0.02 \text{ mm a}^{-1}$ (Scenario 2) (Fig. 2). These
18 rates are similar to the present-day value of $0.24 \pm 0.04 \text{ mm a}^{-1}$ ²⁷.

20 **Potential causes of denudation variations**

21 The coldest event of MIS 4, corresponding to a ~1 ka long episode according to the local
22 $\delta^{18}\text{O}$ (66 - 67 ka) (Fig. 2b), did not decrease the ^{10}Be concentration. Additionally, neither
23 climatic and glacial fluctuations reported in the Alps^{40,41} during MIS 4–3, nor Atlantic
24 Dansgaard-Oeschger oscillations (well identified from $\delta^{18}\text{O}$ records in the studied cores) had a
25 noticeable impact on the ^{10}Be signal, suggesting that denudation rates are not significantly

1 impacted by these millennial climatic variability^{1,33}. The observed fluctuations in the
2 turbidites frequency during MIS 4–3 (Fig. 2d) could thus reflect changing transport conditions
3 in the sedimentary system rather than variations in denudation rates²⁴. Nevertheless, ϵNd
4 data indicate that partially glaciated valleys (Tinée and Vésubie) represented a significant
5 contribution to the sedimentary supply between 75 and 20 ka (MIS 5a–2) (Fig. 2c).

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7 Denudation rates obtained using both scenarii during MIS 2 and the LGM were more
8 variable and on average two times higher than the present-day rate and those during MIS 4–3
9 (Fig. 2e, Extended Data Fig. 4). Indeed, the average ^{10}Be concentrations of samples from the
10 LGM are 50% lower than those of MIS 4–3 and Holocene samples (see Supplementary Table
11 1). This period of lower ^{10}Be coincides with the largest glacial extent over the last 75 ka:
12 during the LGM (19–26.5 ka), glaciers covered nearly 30% of the quartz-bearing surfaces in
13 the Var catchment (Extended Data Fig. 3). This drop in concentration could be due to
14 contributions from ^{10}Be -depleted sediments previously stored in the catchment. Such a
15 mixing mechanism would lower the average ^{10}Be concentration, thus artificially enhancing
16 denudation rates. A potential source of ^{10}Be -depleted material is Pliocene sediments stored in
17 the Var Canyon (mapped as Neogene-Quaternary near the outlet) (Fig. 1), whose incision may
18 have been triggered by ~ 40 m of sea level drop between the end of MIS 3 and MIS 2⁴². During
19 warm ice-free periods, such as the Holocene, the ϵNd signature of the Var sediment is low (-11
20 to -10.5), indicating a lower contribution of radiogenic highland terrains (Fig. 2)²⁴. Because
21 Pliocene sediments were deposited during a warm and non-glaciated period, they are
22 probably also characterized by low ϵNd value (-11 to -10.5). Any reworking of these
23 sediments during sea level drops should thus be associated with a drop in ϵNd values. The
24 measured ϵNd values during the LGM (mean -10.1) are similar to the values measured during
25 MIS 3–4, indicating that reworking of Pliocene sediments is unlikely. Another potential source

1 of ^{10}Be -depleted materials could be paleo-moraines that accumulated on slopes during MIS 4–
2 3. Assuming a steady denudation rate of $\sim 0.24 \text{ mm a}^{-1}$ during the LGM (similar to MIS 4–3
3 and present-day values²⁷), a total of $\sim 1 \text{ km}^3$ of sediments was produced over this 7.5-ka-long
4 period. The same volume of reworked MIS 4–3 moraine sediments would be required to
5 lower the LGM ^{10}Be concentrations by 50% (see Supp. Section 4 and Extended Data Fig. 5 and
6 6). Assuming a simple triangular moraine shape, 1 km^3 MIS 4–3 moraines would have been
7 $\sim 130 \text{ km}$ long, 150 m wide, and 100 m high (see Supp. Section 4). Such large moraines are
8 unlikely, largest pre-Holocene moraines observable today in the Southern Alps being only 25
9 m high and 80 m wide⁴³. Another mechanism is therefore required to explain the 50% drop of
10 cosmogenic ^{10}Be concentrations observed in Var sediments during the LGM.

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12 When LGM glaciers intruded into lower valleys, they were probably able to increase
13 bedrock incision and local denudation rates. The main mechanism here could be the basal
14 velocity of the glaciers, that controls the denudation efficiency⁴⁴: by flowing into narrow
15 valleys, LGM glaciers had higher local velocities than MIS 3-4 glaciers, and, hence, induced
16 higher glacial incision^{44,45} (Fig. 3).

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18 After a lag time of few thousand years necessary to remove the first meters of the ^{10}Be -
19 rich fluvial landscape soil, the glacial incision then delivered shielded material to the system.
20 After mixing with the fluvial sediments in the lower part of the watershed, this glacial input
21 induced a drop in ^{10}Be concentrations.

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23 Such denudation solely due to the glacial incision can be quantified using a mass
24 balance approach, which assumes that the ^{10}Be concentration measured in each sample is a
25 mix of glacial and fluvial contributions⁴⁶ (see Supp. Section 5). The resulting average glacial

1 erosion rate during the LGM is $1.5_{-1.0}^{+0.9}$ mm a⁻¹, roughly four times above the value of $0.4_{-0.5}^{+0.4}$
2 obtained during MIS 4–3 (Figs. 2, 3, Extended Data Fig. 7 and 8). This LGM glacial denudation
3 is similar to the maximum local glacial incision estimated in the upper Tinée during MIS 5d-2
4 (1.8 mm a⁻¹)³¹, and to the value proposed for present-day small temperate glaciers in the
5 Swiss Alps (1 mm a⁻¹)⁷. At such incision rates, glacial incision requires 2 to 4 kyrs to reach
6 substratum with null ¹⁰Be concentration. This is consistent with the observation that ¹⁰Be
7 dropped after 25 ka, ~4 kyr after the onset of the cold conditions of MIS 2 (Fig. 2).

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9 During MIS 4-3, between 75 and 26.5 ka, glaciers existed but were likely restricted
10 most of the time to the highest parts of the catchment, in cirques and hanging valleys, with a
11 low erosive power⁴⁵ (Extended Data Fig. 9). Only for ~1 ka during the MIS 4 glaciers possibly
12 reached the lower valley as during the LGM (according to the local $\delta^{18}\text{O}$ curve (Fig. 2b)).
13 However, this glacial advance was likely too short to significantly carve the landscape and
14 deeply erode the bedrock to produce ¹⁰Be depleted sediments. During the LGM, the advance of
15 glaciers in deep valleys likely increased denudation during 7 ka. Along with the reworking of
16 MIS 4–3 moraines, this contributed to lowering the ¹⁰Be concentrations and increasing the
17 overall denudation rates of the Var basin (Figs. 2e, 3).

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19 During deglaciation (19–11 ka)³⁷, the overall ¹⁰Be-denudation rates dropped,
20 becoming close to the present-day value (Fig. 2e). The denudation decrease between 19 and
21 15 ka is concomitant with the ϵNd -inferred shift of sediment sources from exposed crystalline
22 massifs to sedimentary cover (Fig. 2c), and with a decrease in riverine sediment inputs (Fig.
23 2d)²⁶. These changes suggest that denudation dynamics returned to fluvial conditions during
24 that time²⁴. At 10 ka, we observe a spike in denudation rates synchronous with a positive ϵNd
25 excursion (Fig. 2e). This short-term ¹⁰Be spike is only supported by one core sample and

1 occurred during a period of increased rainfall in the Mediterranean region⁴⁷. Together with
2 the ϵNd spike, this excursion is characteristic of a paraglacial lag in the sedimentary transport
3 of previously eroded glacial sediments⁴⁸ and should not be considered as an actual increase in
4 bedrock denudation²⁴. After this spike, Holocene denudation rates are similar to present-day
5 rates and those observed during MIS 4–3 (Figs. 2, 3).

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7 Our 75-ka-long denudation record from the Southern French Alps indicates a nonlinear
8 link between climate and denudation, as shown by the relationship between $\delta^{18}\text{O}$ -derived sea
9 surface temperatures and ^{10}Be -derived denudation rates (Fig. 4).

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Implications for other regions and climatic periods

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Our data suggest that climatic variations may only strongly affect denudation beyond a certain threshold, probably controlled by the glacier dynamics^{44,45}, the duration of glacial advances and temperature driven processes (e.g. frost cracking)^{49,50}. Since the denudation is enhanced during the LGM period, when glacier advanced and carved deep U-shaped narrow valleys, basal ice velocity was probably the main driver of this non-linear response. This mechanism was suggested for present-day⁴⁴ and at million years timescale¹⁸, and our study is the first to detect such behaviour at the glacial-interglacial timescale.

In conclusion, our study indicates that the denudation response to Quaternary glaciations is complex and non-linear in glaciated areas. This result has strong and broad implications for the erosion dynamics: climatic variations affect denudations on the glacial-interglacial timescales in a non-linear way, basin topography and duration of glacial advances being major forcings. Since glacier dynamics are nonlinearly controlled by climate and topography, climatic impacts on denudation in glaciated regions may thus be spatiotemporally variable. Therefore, our study suggests that, in glaciated regions, the

1 response of the landscapes to the onset of Quaternary glaciation is not necessarily a
2 synchronous global pulse³.

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AUTHOR CONTRIBUTIONS

A.M., P.-H.B., S.T., J.C. and S.J.J designed the study. P.-H.B, S.T., S.M., and A.M. collected the samples for analysis. A.M. prepared the samples for ^{10}Be and Nd analysis. D.B, G.A and K.K. measured the $^{10}\text{Be}/^9\text{Be}$ ratios using the French Service National AMS ASTER. A.M., P.-H.B., J.C., S.T. and S.M., analyzed the data. AM wrote the initial manuscript, all authors commented and contributed to the final version.

COMPETING INTERESTS STATEMENT

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The authors declare that they have no conflict of interest.

FIGURE CAPTIONS

Fig. 1 | The Var watershed and sedimentary system. Geological data is from the French Geological Survey and bathymetry from the EMODnet Bathymetry Consortium (references provided in the Methods). Last Glacial Maximum (LGM) glacial extent based on Ehlers et al., (2011)²³, and ϵNd sampling points from Bonneau et al., (2017)²⁴. Sampling sites of cores ESK08-CS01 and ESK08-CS13 are shown in the Var Sedimentary Ridge.

Fig. 2 | Climate, sediment provenance, and flood proxies compared to denudation rates.

a The high-resolution $\delta^{18}\text{O}$ record of Greenland ice core NGRIP (a proxy of climate)³⁵. Numbers and labels indicate D-O events. b $\delta^{18}\text{O}$ values of *G. bulloides* (a local proxy of sea surface temperature) and ^{14}C control points from the studied cores^{24,26,28}. Point colours indicate the core (data in Supp. Table S2). c ϵND data from the ESK08-CS01 and ESK0-CS13 cores, reflecting sediment provenance. The most recent data (since ~50 ka) are from Bonneau et al.²⁴, and the points labeled "this study" are new data. The orange shaded area corresponds to 2σ uncertainties (data in Supp Table S3). d Mean turbidite fluxes over the two cores²⁶. e ^{10}Be -derived denudation rates according to the ice-free and glaciated scenarii (Scenarii 1 and 2, respectively. Data in Supp. Table S4). Colored squares adjacent to the data points indicate the integration time (x-axis) and uncertainty (1σ , y-axis) for each sample. The range of present-day values is from Mariotti et al.²⁷, and the LGM is from Clark et al.³⁰. Purely glacial erosion rates were calculated by mass balance, accounting only for erosion in glaciated areas (i.e., excluding fluvial contributions to the denudation rate; see text and Supplementary Information, data in Supp. Table S5).

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Fig. 3 | Schematic representations of denudation dynamics in the Var watershed.

Denudation was calculated according to the glaciated scenario (see Methods and Supp Info) in the Var watershed. a MIS 4–3 (71–29 ka). b the Last Glacial Maximum (LGM, 26.5–19 ka). c present day²⁷. For MIS 3–4 and LGM, ϵ_G values represent purely glacial denudation (i.e., without any contribution from fluvial processes), and were estimated using variable ¹⁰Be concentrations in glaciated areas (see Methods). ϵ_{mix} values are weighted means of the catchment-wide (glacial and fluvial) denudation rates. ϵ_F is the present-day catchment-wide (fluvial) denudation rate²⁷. All uncertainties are 1 σ . In the upper part of the catchment, orange arrows indicate slow glacial flow and limited glacial erosion. In distal narrow valleys downstream, red arrows indicate high flow glacial velocity and high subglacial denudation rates.

Fig. 1 | Comparison of denudation rates and sea surface temperature proxy data. ¹⁰Be-derived denudation rates as a function of $\delta^{18}O$ values measured in the cores, according to the two scenarii used to convert ¹⁰Be concentrations to denudation rates (see Methods). Uncertainties on the denudation rates correspond to 1s. Although there is no clear relationship between the two parameters, higher denudation rates only occur for $\delta^{18}O$ values higher than 3.5‰.

METHODS

Cores and samples

We sampled sediments (Supplementary Table 1) from two Calypso piston cores collected in 2008⁵¹ (Fig. 1): ESK08-CS01 (22 m long) is from the VSR levee crest (2,146 m water depth) and ESK01-CS13 (24 m long) from the southwestern flank of the VSR (2,473 m water depth).

1 Age models for both cores were previously anchored by 25 ¹⁴C dates, as well as high-
2 resolution planktonic oxygen isotope stratigraphy^{26,28} (Fig. 2a, b, Supplementary Table 2).
3 Accordingly, core ESK08-CS01 spans 0.3–29.8 ka and ESK08-CS13 spans 0.5–74.2 ka,
4 corresponding to mean sedimentation rates of 80 and 30 cm ka⁻¹, respectively.

5 Twenty-six samples (19 in ESK01-CS13 and 4 in ESK08-CS01) were selected from
6 coarser (>50 μm) turbiditic facies suitable for *in-situ* ¹⁰Be analyses in quartz²⁷. Because of the
7 reactive nature of the watershed and the depth of the VSR, all samples were buried quickly
8 and have not been re-exposed to cosmic radiation: changes in ¹⁰Be concentrations thus reflect
9 only denudation rate variations. Sample preparation and analytical methods are described in
10 the Supplementary Information.

11

12 Computation of ¹⁰Be-derived denudation rates

13 Basin-averaged denudation rates were calculated using a simplified version of Eq. 1 of
14 Brown¹²:

$$15 \bar{\varepsilon} = \frac{1}{\rho} \sum_{i,x} \frac{\bar{P}_i \Lambda_i}{\bar{C}} \quad (1)$$

16 where *i* refers to the different ¹⁰Be production pathways (n for neutron, μs for slow muons,
17 and μf for fast muons); \bar{P}_i is the mean basin-wide ¹⁰Be production rate, computed from the
18 arithmetic mean of spallogenic and muogenic production rates using specific scalings for each
19 production pathway as a function of elevation and latitude; Λ_i are the attenuation lengths for
20 each particle ($\Lambda_n = 160 \text{ g cm}^{-2}$, $\Lambda_{\mu s} = 1,500 \text{ g cm}^{-2}$, and $\Lambda_{\mu f} = 4,320 \text{ g cm}^{-2}$)⁵²; ρ is the mean
21 density of the eroded material (2.7 g cm⁻³); and \bar{C} is the ¹⁰Be concentration measured in the
22 sediments sampled from the cores, after correction for radioactive decay (maximum
23 correction of 4% for the oldest sample, 73.9 ka). \bar{P}_i was calculated using the BASINGA GIS
24 tool³⁶ and the Lal-Stone scaling model⁵³. We used the following values as sea-level, high-

1 latitude production rates: $P_n = 4.11 \pm 0.19$ atoms $\text{g}^{-1} \text{a}^{-1}$, $P_{\mu\text{s}} = 0.011 \pm 0.001$ atoms $\text{g}^{-1} \text{a}^{-1}$, and
2 $P_{\mu\text{f}} = 0.039 \pm 0.004$ atoms $\text{g}^{-1} \text{a}^{-1}$ (global mean derived from the CREp online calculator;
3 <https://crep.otelo.univ-lorraine.fr/>)^{52,54}. All production rates are given in Supplementary
4 Tables 3 and 4. All measured $^{10}\text{Be}/^9\text{Be}$ ratios were calibrated using the CEREGE STD11 in-
5 house normalization, which is similar to the KNSTD07 normalization and assumes a $^{10}\text{Be}/^9\text{Be}$
6 ratio of $(2.79 \pm 0.03) \times 10^{-11}$ for the SRM4325 standard material⁵⁵.

7 Quartz-free areas (based on 1:250,000-scale French Geological Survey geological
8 maps^{56,57}) were excluded from the basin-averaged production rate calculations. Production
9 rates were corrected for topographic shielding, ice cover, and changes in paleo-magnetic
10 variations occurring during the integration time³⁶. Topographic shielding factors were
11 calculated using an ArcGIS toolbox⁵⁸ that computes both self-shielding and shading. Ice cover
12 was estimated independently for each sample, and production rates were considered null
13 under the extent of the ice cover. Paleomagnetic changes were averaged over the 3 ka
14 preceding the age of the sample. We used paleomagnetic data from Muscheler et al.⁵⁹ for
15 samples dating to 0–60 ka and data from Valet et al.⁶⁰ for older samples. Paleomagnetic
16 correction factors ranged from 0.90 to 1.06.

17

18 **Integration time**

19 A crucial consideration in cosmogenic dating is the method's ability to detect changes
20 in denudation rates. This mainly depends on the integration time, T_{int} , which is the amount of
21 time required to remove about 60 cm of bedrock, calculated as $T_{\text{int}} = \Lambda/(\rho\varepsilon)$, where Λ is the
22 neutronic attenuation length (g cm^{-2}), ρ the rock density (g cm^{-3}) and ε the denudation rate
23 (cm a^{-1})^{12,61}. To detect past changes, this integration time must be shorter than the timescale
24 of denudation rate changes. In this dataset, the computed integration time ranges from 0.5 to
25 3.9 ka.

Impact of grain-size on *in-situ* ^{10}Be concentration measurements

Our previous study showed that, in modern Var sediments, both the 50–100 μm and 100–250 μm size fractions have similar ^{10}Be concentrations at the river outlet²⁷. To verify that submarine processes did not induce a grain size-related bias, here we analyzed ^{10}Be concentrations in the same size fractions when the sample size was large enough (17 of 26 samples). ^{10}Be concentrations were compatible at the 2σ level for both size fractions in all 17 samples, and the best-fit regression is statistically compatible with the 1:1 line (Extended Data Fig. 1). These results suggest that submarine turbidite dynamics do not induce a record bias. Consequently, we used the weighted mean ^{10}Be concentrations from both grain sizes to derive denudation rates (Supplementary Table 1).

Sediment provenance

We use ϵNd values measured in bulk sediments (finer than 63 μm) to trace sediment provenance across the catchment. Indeed, it was previously shown that the ϵNd signatures in cores ESKK08-CS01 and ESKK08-CS13 provide a reliable means to distinguish sediment contributions from glaciated and non-glaciated areas²⁴ (Fig. 2c). Here we used the same methodology²⁴ to complete the ϵNd record to the bottom of core ESKK08-CS13, i.e., from 50 to 74 ka (Supplementary Table 5). Prior to sample analysis, we removed carbonates, Fe-Mn oxyhydroxides, and organic compounds by successive leachings. The completed ϵNd record allows direct comparison with the ^{10}Be data over the entire study period (Fig. 2c).

Reference for Figure 1

The bathymetric map was obtained from the EMODnet Bathymetry Consortium⁶².

1 **DATA AVAILABILITY**

2 The datasets generated and analyzed during the current study are available in the ORDaR

3 Repository:

4 <https://doi.org/10.24396/ORDAR-46> (Table S1 - Raw ¹⁰Be data),

5 <https://doi.org/10.24396/ORDAR-47> (Table S2 - Core age models),

6 <https://doi.org/10.24396/ORDAR-48> (Table S3 - εNd data),

7 <https://doi.org/10.24396/ORDAR-49> (Table S4 - Denudation rates),

8 <https://doi.org/10.24396/ORDAR-50> (Table S5 - Glacial erosion rates),

9 <https://doi.org/10.24396/ORDAR-51> (Table S6 - Monte Carlo draws parameters).

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11 **CODE AVAILABILITY**

12 The Matlab © code used to determine glacial erosion rates is available upon request. Send an

13 email to P.-H. Blard: blard@crpg.cnrs-nancy.fr

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