
Mutation load at a mimicry supergene sheds new light on the evolution of inversion polymorphisms

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Abstract :

Chromosomal inversions are ubiquitous in genomes and often coordinate complex phenotypes, such as the covariation of behavior and morphology in many birds, fishes, insects or mammals^{1,2,3,4,5,6,7,8,9,10,11}. However, why and how inversions become associated with polymorphic traits remains obscure. Here we show that despite a strong selective advantage when they form, inversions accumulate recessive deleterious mutations that generate frequency-dependent selection and promote their maintenance at intermediate frequency. Combining genomics and in vivo fitness analyses in a model butterfly for wing-pattern polymorphism, *Heliconius numata*, we reveal that three ecologically advantageous inversions have built up a heavy mutational load from the sequential accumulation of deleterious mutations and transposable elements. Inversions associate with sharply reduced viability when homozygous, which prevents them from replacing ancestral chromosome arrangements. Our results suggest that other complex polymorphisms, rather than representing adaptations to competing ecological optima, could evolve because chromosomal rearrangements are intrinsically prone to carrying recessive harmful mutations.

20 Many organisms display concerted variation in their phenotypic traits. Consistent association of
multiple phenotypic features, combining differences in behavior, morphology and physiology,
may result in so-called syndromes, or complex traits with clear adaptive significance. This
coordination is often controlled by chromosomal rearrangements. Examples include dimorphic
social organization in several ant species⁷, color displays and mating behaviors in many birds and
25 butterflies^{3-6,12}, dimorphic flower morphology in plants¹³, as well as the extreme cases provided
by sexual dimorphism in numerous animals. Why and how these structurally-delimited complex
polymorphisms arise is a long-standing puzzle in biology^{11,14-17}.

The so-called supergenes controlling the coordination of the multiple phenotypic features are
characterized by suppression of recombination, often through polymorphic chromosomal
30 rearrangements, which preserve alternative combinations of alleles at linked genes^{4,7,11,13}. The
encoded multi-feature phenotypes are often assumed to reflect the existence of multiple, distinct
adaptive optima, and their maintenance in polymorphisms to result from antagonistic ecological
factors such as differential survival or mating success^{8,12,18,19}. Yet why and how polymorphic
chromosomal rearrangements evolve and become associated with complex phenotypic variation
35 is not understood. Moreover, many chromosomal rearrangements with unknown effects are
maintained at intermediate frequencies in natural populations²⁰, which raises questions about the
processes generating these protected genetic polymorphisms.

The Amazonian butterfly *Heliconius numata* displays one of the most spectacular wing pattern
40 polymorphisms known, with up to seven morphs coexisting within a single locality, each one
toxic and engaged in warning color mimicry with distinct groups of toxic species. The distinct
morphs do not however all bring equal protection against predators because of differences in the
abundance of co-mimics, which should oppose polymorphism and favor the fixation of the best

protected morph^{21,22}. Morphs also display disassortative mate preferences, suggesting the forces
45 fostering the maintenance of polymorphism also promoted a peculiar mating system¹⁸. Colour
pattern polymorphisms in toxic prey such as *Heliconius* and monarch butterflies²³ or ladybirds²⁴
are a long-standing genetic paradox since those polymorphisms are iconic examples of the
covariation of multiple phenotypic features^{4-7,12}, yet strong purifying selection on mimicry should
inhibit their formation^{14,21}.

50 Polymorphism in *H. numata* is associated with chromosomal inversions at the mimicry locus
(supergene *P*) on chromosome 15, forming three distinct haplotype classes⁶. The ancestral
haplotype constitutes the class of recessive *P* alleles and is associated, for example, with the
widespread morph *silvana*. Two classes of derived haplotypes are known, both associated with a
chromosomal inversion called *P*₁ (~400kb, 21 genes), each conferring increased protection
55 against predators via mimicry²². The first derived haplotype carries *P*₁ alone, and expresses the
top dominant *P* allele determining the morph *bicoloratus*; the second class of derived haplotypes
carries *P*₁ linked with additional yet still uncharacterized rearrangements and expresses alleles
with intermediate levels of dominance, associated with a diversity of morphs, such as
tarapotensis or *arcuella*^{6,25}. Inversion polymorphism and supergene formation originated via the
60 introgression of *P*₁ from the *H. pardalinus* lineage²⁶. This incremental series of chromosomal
rearrangements allows us to unravel in unprecedented detail the processes by which structural
variation has become associated with directional and balancing selection.

From 10X linked reads, we generated de novo genome assemblies for 12 *H. numata* individuals
of distinct morphs, revealing a history of supergene formation characterized by the accretion of
65 three inversions with breakpoint reuse. Pairwise alignment of assemblies showed that the
previously uncharacterized rearrangement associated with all intermediate dominant supergene
alleles⁶ is formed by two inversions: *P*₂ (200 kb, 15 genes), adjacent to *P*₁, and the longer *P*₃

(1150 kb, 71 genes), adjacent to P₂ (Figure 1A, Extended Data Figure 1). No enrichment of repetitive motifs or transposable elements were observed at the breakpoints.

70 Genotyping of 66 re-sequenced specimens by sliding-window PCA along the supergene confirmed the prevalence of these inversions and the dominance of derived arrangements (denoted Hn1 and Hn123) to the ancestral arrangement (denoted Hn0) (Figure 1B-C, Extended Data Figure 2). Multiple genes in the inverted regions showed significant differential expression compared to ancestral segments, but this likely reflects divergence rather than direct breakpoint
75 effects (Extended Data Figure 3). Indeed, none of the breakpoints of P₁, P₂ or P₃ fell within a gene, and no transcript found in Hn0 specimens was missing, disrupted, or differentially spliced in specimens with inversions.

Haplotype differentiation (F_{st}) and estimates of inversion ages, obtained by determining the most recent coalescence events between Hn0+Hn1 and Hn123, and within Hn123, suggest that the P
80 supergene has evolved in three steps, involving the introgression of P₁ followed by the successive occurrence of P₂ and P₃ between ca. 1.8 and 3.0 Mya (Figure 1D, Extended Data Figure 4 and 5). While variation in selection acting on the inversions could lead to erroneous estimates, here the sequential accretion of P₂ and P₃ is also supported by their breakpoint reuse with P₁ and P₂, respectively. The three adjacent inversions of *H. numata* are therefore of distinct
85 ages and originated in distinct lineages²⁶, which provides a rare opportunity to partition their mutational history and distinguish the consequences of their formation from those resulting from their maintenance in polymorphism.

Recombination suppression between structural alleles with opposite orientations²⁷ is expected to cause the accumulation of deleterious mutations and transposable elements (TEs) due to
90 inefficient purging^{28,29}. Consistent with this prediction, estimation of TE dynamics obtained by computing whole genome TE divergence supports a burst of insertion within the inversions of

recently active TEs, observed in particular for TEs belonging to the RC, DNA and LINE classes (Figure 2A-B, Extended Data Figure 6 and 7). Inverted haplotypes show a significant size increase (mean=+9.47%) compared to their corresponding non-inverted region in Hn0 (Figure 2C) and this expansion was caused primarily (71.8 %) by recent TE insertions from these classes (Figure 2A-B).

To investigate the impact of polymorphic inversions on the accumulation of deleterious mutations, we calculated, independently on inverted and non-inverted segments, the rate of non-synonymous to synonymous polymorphism (pN/pS), the rate of non-synonymous to synonymous substitution (dN/dS) and the direction of selection (DoS³⁰). Consistent with a low efficiency of selection in eliminating deleterious variants, P₁, P₂, and P₃ were all found to be enriched in non-synonymous relative to synonymous polymorphisms compared to the whole genome and to non-inverted ancestral segments (pN/pS_{P1}=0.83, pN/pS_{P2}=0.54, pN/pS_{P3}=0.49, Figure 3A). Since inversions in *H. numata* are associated with wing pattern variations, a proportion of these non-synonymous mutations could be involved in wing patterning and be under positive selection. The inversions were nonetheless found to be overall under negative selection (DoS_{P1}=-0.136, DoS_{P2}=-0.087, DoS_{P3}=-0.079), with values reflecting their sequential origin (Figure 3A). Because P₁ was introgressed from *H. pardalinus*²⁶, mutations that accumulated in P₁ before the introgression (i.e. shared with *H. pardalinus*) could be distinguished from those arising after supergene formation in *H. numata* (i.e. unique to Hn1 and Hn123). This revealed that non-synonymous mutations which existed in the P₁ segment before the introgression underwent a high rate of fixation in *H. pardalinus* (dN/dS = 0.78, Extended Data Figure 8), and in *H. numata* (dN/dS=1.33, Figure 3B), suggesting that both the formation of P₁ and its introgression led to the fixation of deleterious mutations. By contrast, 99.9 % of the mutations that accumulated in P₁ after its introgression -i.e. after supergene formation- remain polymorphic in Hn1-Hn123 and a high proportion of them are

non-synonymous ($dN/dS=0.00$, $pN/pS=0.978$, $DoS=-0.49$, Figure 3B). Taken together, these results suggest that the inversions have accumulated deleterious mutations during their evolution, presumably owing to bottlenecks generated by their formation and to recombination suppression with their ancestral, coexisting counterparts.

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Inversions with an accumulated mutational load are expected to incur a fitness cost. Indeed, when comparing survival among P genotypes from 1016 genotyped F2 progeny, homozygotes for a derived haplotype showed a far lower survival than other genotypes, with only 6.2% of Hn1/Hn1 larvae and 31.3 % of the Hn123/Hn123 larvae surviving to the adult stage (Figure 4A).

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By contrast, ancestral homozygotes Hn0/Hn0 had a good survival rate (77.6%), as well as all heterozygous haplotype combinations (Hn0/Hn1; Hn1/Hn123; Hn0/Hn123). Inversions therefore harbor fully recessive variants with a strong impact on individual survival in homozygotes. The high survival of Hn1/Hn123 genotypes may indicate that Hn1 and Hn123 harbor different deleterious variants within P₁ or that variants in P₂ or P₃ compensate for the deleterious effects of

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P₁.

These results bring key insights into why inversion polymorphisms could be maintained within populations. Inversions have largely been considered for their value in preserving combinations of co-adapted alleles through suppressed recombination, yet this also makes them prone to capturing deleterious mutations^{28,29}. The inversions in *H. numata* allow the expression of dominant alleles with strongly positive effects on adult survival through wing-pattern mimicry²², predicting their rapid fixation (Fig. 4B). Yet these inversions are also enriched in recessive deleterious variants, both captured from standing deleterious variation when inversion formed, and accumulating secondarily owing to recombination suppression in heterozygotes. Upon

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140 formation, an inversion instantly locks a single sizeable haplotype which, if favored by selection, captures and brings to high frequency numerous recessive deleterious variants that were segregating via mutation-selection-drift balance in populations³¹. This initial mutational load is silent during the early establishment of inversions but becomes expressed as they reach higher frequencies and form homozygotes, thus preventing their fixation. Our results show that in *H. numata*, dominant mimetic haplotypes (Hn1 and Hn123) carry a recessive mutational load; 145 therefore they only express net benefits when heterozygous, and enjoy highest fitness when rare in the population, explaining their maintenance in a polymorphism (negative frequency-dependent selection³²; Fig. 4B). Lethality in inversion homozygotes and recombination suppression in heterozygotes limit the potential for inverted haplotypes to purge harmful variants 150 via recombination, further promoting the accumulation of deleterious mutations within inversions. Inversion polymorphism therefore results from antagonistic ecological and genetic effects: positive selection on dominant alleles when heterozygous, but negative frequency-dependent selection due to recessive effects on intrinsic viability. This interplay between local adaptation and enrichment in deleterious elements is likely to be a very general mechanism 155 determining the dynamics of inversions in populations. Among others, it could notably be involved in the maintenance of the supergenes known from the white throated sparrow⁴ and fire ants⁷, whose inversion polymorphisms are maintained despite a strong lethality of homozygotes.

Individuals carrying inversions at the P locus express disassortative mate preferences¹⁸, which 160 also balance inversion frequencies in the population (Fig. 4B) and participate to the strong deviation from Hardy-Weinberg equilibrium (lack of inversion homozygous) observed in natural populations¹⁸. Disassortative mating is likely to have evolved in response to the fitness costs associated with homozygous inversions, as selection may have favored mate preferences

lowering the likelihood of siring homozygous offspring^{4,33}. The initial capture of genetic load in
165 the inversions thus triggered cascading ecological effects and led to the long-term persistence of
polymorphism. The low recombination regime associated with inversions also favored the
insertion of transposons, increasing the size of inverted haplotypes. A similar pattern has also
been observed in the Papaya neo sex-chromosomes³⁴ and in the fire ant supergene³⁵, indicating
that this initial increase in size may be a general pattern in the early evolution of polymorphic
170 chromosomes.

Our findings shed new light on the origin and evolution of complex polymorphisms controlled
by supergenes and related architectures, such as sex-chromosomes. The benefits of structural
variants in terms of recombination suppression between ecologically adaptive traits may explain
175 why they are initially favored, whereas their maintenance as polymorphisms may be driven by
another consequence of recombination suppression, namely their initial and gradually
accumulating mutation load. These novel insights into the consequences of chromosomal
inversions may explain why they are often polymorphic, overdominant, and linked with complex
phenotypes in nature^{2,4,12,36-38}. Besides ecological factors and mutation load, other selective forces
180 such as meiotic drive³⁹, breakpoint effects¹² or position effects⁴⁰ may also balance the frequency
of inversions in nature. A next challenge will be to identify the relative contribution of these
processes in the maintenance of inversion polymorphisms. In a broader context, dissecting the
opposing effects of suppressed recombination and how this determines the fate of chromosomal
rearrangements may bring new light to our understanding of the variation in genome architecture
185 across the tree of life⁴¹.

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Figure legends for main text :

Fig. 1. Genomic architecture of the *H. numata* wing pattern polymorphism.

a, Alignment of the genome assemblies from 4 *H. numata* morphs across the supergene region on chromosome 15. **b**, Sliding window PCA computed along the supergene. For clarity, only a subset of morphs are shown here (full dataset presented in Extended Data Figure 2 and Supplementary Table 2). Each colored line represents the variation in the position of a specimen on the first PCA axis along

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chromosome 15 . Within the inversions, individual genomes are characterized by one of three genotypes :
homozygous for the inversion (down), heterozygous (middle), homozygous for the standard arrangement
(top). The gene annotation track is shown under the plot, with the forward strand in the lower panel and
220 the reverse strand in the upper panel. Each gene is represented by a different colour. **c**, Structure of the
H. numata supergene P. Three chromosome types are found in *H. numata* populations, carrying the
ancestral gene order (Hn0), inversion P₁ (Hn1), or inversions P₁, P₂ and P₃ (Hn123). **d**, Analysis of
divergence times between inverted and standard segments of Hn123 and Hn0. The TMRCA between
Hn123 and Hn0 and the most ancient common ancestor of Hn123 provides the upper and lower bounds,
225 respectively, of the time of inversions formation. Boxplots display the distribution of estimated times
computed on 5kb sliding windows across the supergene (n=600 windows, estimates plotted along the
supergene presented in Extended Data Figure 5). All samples homozygous for standard or inverted
segments were used for divergence estimation. Boxplot elements: central line: median, box limits: 25th
and 75th percentiles, whiskers: 1.5x interquartile range. Time intervals are consistent with the stepwise
230 accretion of P₁, P₂ and P₃, but the simultaneous origin of P₂ and P₃ cannot be formally rejected.

Fig. 2. Variation in inversion size due to accumulation of transposable elements.

a, Proportion of transposable elements in the whole genome (n=12), in the 3 inversions (n_{P1}=7, n_{P2}=6,
n_{P3}=6), and in the regions present uniquely in inversion P₁, P₂ or P₃ and not in ancestral non-inverted
haplotypes -i.e. sequences that were inserted in P₁, P₂, or P₃. The different genomic regions (whole
235 genome, inversions and insertions in inversions) display differences in TE proportion (ANOVA F-
value=58.135 and p-value=2.2e-16). Insertions in inversions compared to non-inverted segments are
mostly transposable elements. Since the variance in TE proportions was unequal among the different
genomics regions (levene test p-value = 0.008767), Games-Howell post-hoc tests were used to perform all
pairwise comparisons between the different genomics regions. Statistical tests on TE proportions
240 differences were computed considering the inversions separately or together (P₁+P₂+P₃, considering
therefore the whole supergene) and similarly for the insertions in inversions compared to non-inverted
segments (insertions in the different inversions separately or together). Stars above boxes are used to

display significant differences (p-value<0.0005) in TE proportions between the three major regions (whole genomes, P₁+P₂+P₃, and all insertions in inversion compared to non-inverted segments). Letters above boxes (a/b/c) are used to display significant differences (p-value<0.05) in TE proportions between all regions. Shared letters (e.g. ab vs a) indicate a lack of significant differences in TE proportions (e.g. P₁ vs whole genome) whereas absence of shared letters (e.g. b vs a) indicate a significant differences in TE proportions (e.g. P₃ vs whole genome). Details of statistical testing in Supplementary Table 7. Boxplot elements: central line: median, box limits: 25th and 75th percentiles, whiskers: 1.5x interquartile range. **b**, Time of activity for the distinct transposable elements found in inversions or only in sequences that were inserted in P₁, P₂, or P₃. Timing of insertion is estimated by computing the divergence between TEs and their respective consensus sequence genome-wide. This distribution provides an estimate of the time of activity of transposable elements but does not enable the insertion times of specific elements to be estimated. Consequently, patterns of TE accumulation in P₁, P₂ and P₃ cannot be accurately distinguished (Extended Data Figure 6). Recently active TEs (RC, DNA and LINE) are those that have accumulated within inversions. **c**, Size comparisons of orthologous standard and inverted chromosomal segments. Inverted haplotypes are longer than haplotypes with the ancestral gene order.

Fig. 3. Accumulation of deleterious variants in inversions.

a, Direction of selection and ratio of non-synonymous to synonymous polymorphisms (pN/pS), computed on 500 kb windows genome-wide and in the inversions segments, for both inverted and non-inverted haplotypes (dataset presented in Supplementary Table 3). Only genes with coding sequences >5kb (n=6364) were retained in this analysis. Inversions tend to be under negative selection and to accumulate non-synonymous polymorphism. **b**, Ratios of non-synonymous to synonymous substitutions (dN/dS) and polymorphisms (pN/pS) on the different mutations partitions observed in the P₁ segment: all mutations observed in Hn0 (purple), all mutations observed in Hn1/Hn123 (red), all mutations shared by *H. pardalinus* (*H. pard.*) and Hn1/Hn123 and not observed in Hn0 (blue) and all mutations present uniquely

in Hn1/Hn123 (yellow). Mutations are polarized by comparisons with the *H. melpomene* reference genome (*H. mel.*). Shades of blue are used to display 0.95 and 0.975 quantiles.

Fig. 4. Fitness variation associated with chromosomal inversions at the supergene in *H. numata*.

a, Larval survival rates for the different supergene genotypes. Box plot display the distribution of larval survival in the different broods. Grey dots represent the survival rates in each brood. The number of broods and larvae analyzed for each genotype is indicated above the plot (dataset presented in Supplementary Table 4). Difference in survival between genotype was assessed with a generalized linear mixed models analysis followed by a Tukey's HSD post-hoc test. GLMM analysis confirmed that genotype was a significant predictor of survival ($\chi^2 = 459.776$; $df = 5$; $p = 2.0e-16$) while experimental cross design was unimportant ($\chi^2 = 0.8117$; $df = 2$; $p = 0.666$), validating the joint analysis of all families and crosses. Individuals homozygote for the Hn1 haplotype displayed the lowest survival with survival frequency of 0.06 ± 0.04 ($p \leq 0.001$ when comparing to all other genotypes). On the other extreme of the survival spectrum Hn0 homozygotes and all heterozygotes (Hn123/Hn0, Hn1/Hn123, Hn1/Hn0) had a significantly higher survival rate ranging from 0.69 ± 0.06 to 0.83 ± 0.05 ($p \leq 0.001$ when comparing to Hn1/Hn1 and Hn123/Hn123). In between these two survival extremes, Hn123 homozygotes displayed a survival rate of 0.32 ± 0.06 . Details of statistical testing in Supplementary Table 8. Boxplot elements: central line: median, box limits: 25th and 75th percentiles, whiskers: 1.5x interquartile range. **b,** Frequency dependent selection coefficients associated with supergene alleles. Colored dots indicate frequencies and selection coefficients measured in *H. numata* populations of Tarapoto, Peru. Curves indicate selection coefficients estimates according to allele frequencies. Three supergene alleles were considered, so selection coefficients for a given allele depend on the relative frequencies of the other two alleles. Colored areas around curves represent the distribution (quantile 0.1 to 0.9) of selection coefficients depending on these relative frequencies, and the curves themselves the distribution mean. Since selection coefficients are calculated relative to the population mean, they all tend toward 0 when allele frequencies tend toward 1. When selection coefficients are below 0 (grey area), haplotypes are

295 selected against, resulting in a decrease in haplotype frequency (and conversely for selection coefficients above 0).

Only methods:

300 **Sampling and sequencing**

To investigate the structure of the P supergene allele, we intercrossed wild-caught individuals in cages in order to obtain F2 (or later generation) autozygous individuals (i.e. with two identical copies of the supergene allele). Samples were either conserved in NaCl saturated DMSO solution at 20°C or snap frozen alive in liquid nitrogen and conserved at -80°C (Supplementary Table 1).

305 DNA was extracted from the whole butterfly bodies except the head with a protocol adapted from Ref. ⁴², with the following modification. Butterflies were ground in a frozen mortar with liquid nitrogen, 150 mg of tissue powder was mixed with 900µl of preheated buffer and 6µl of RNaseA. Tube were incubated during 120 minutes at 50°C for lysis, and then at -10°C for 10 minutes, with the addition of 300µl of Potassium acetate for the precipitation. One volume of
310 binding buffer was added with 100µl of Serapure beads solution. Three washing cycles were used and DNA was resuspended in 100µl of EB buffer. Samples 35 and 36 were prepared using the NEBNext FFPE DNA Repair MIX (NEB) . DNA fragment shorter than 20Kb were removed for sample 35 and 36, and shorter than 40kb for samples 26 and 28. 10x Chromium linked-read libraries of 10 autozygous individuals corresponding to 8 different morphs, as well as 2 wild-
315 caught homozygous individuals, were prepared and 2x150bp paired-end reads were sequenced using Illumina HiSeq 2500. Draft genomes (Supplementary Table 1) were assembled using Supernova v2.1.1⁴³. In order to untangle the association between supergene genotype and wing pattern phenotype, PCR markers diagnostic for the distinct inversions¹⁸ were amplified for 490 wild individuals from various locations (Supplementary Table 5). Briefly, amplicon size
320 differences for a marker designed within the *H. numata* orthologue of HM00025 (cortex,

Genbank accession FP236845.2, Supplementary Table 6) enables discriminating between the distinct supergene arrangements (Hn1 (~1200bp), Hn123 (~800bp) and Hn0(~ 600 bp))¹⁸.

Whole genome assembly analysis

325 The assembled genomes were compared to the *H. melpomene* reference genome (v2.5, <http://lepbase.org/>) and to each other using BLAST v2.7.1+⁴⁴ and LAST v956⁴⁵. Sequence variation among individuals allowed us to determine inversion breakpoint positions with 50-200 bp resolution. Because for some specimens, the supergene was dispersed across multiple scaffolds, we used Ragout2⁴⁶ to re-scaffold their supergene assembly, using as reference the four
330 individual assemblies with the highest quality assembly statistics (n°38, 29, 40, and 26). Because sample n° 41 was heterozygous for inversion P1, P2 and P3, its genome was not considered for analyses focused on these regions (TE proportions and regions size). Genome quality analysis was assessed with BUSCO v3.0.2⁴⁷ using the insecta odb9 database. MAKER⁴⁸ (v2.31.10) was used to annotate the genomes, using protein sequences obtained from the *H. melpomene* genome
335 (v2.5, <http://lepbase.org/>) in combination with an *H. numata* transcriptome dataset⁴⁹. RepeatModeler v1.0.11⁵⁰ was used to identify unannotated TEs in the 12 *H. numata* genomes. Unknown repeat elements detected by RepeatModeler were compared by BLAST⁴⁴ (-evalue cut-off $1e^{-10}$) to a transposase database (Tpases080212) from Ref. ⁵¹. Identified TEs were merged with the *Heliconius* repeat database⁵² and redundancy was filtered using CDHIT v4.8.1⁵³ with a
340 80 % identity threshold. RepeatMasker v1.332⁵⁰ was then used to annotate transposable elements and repeats using this combined database and results were parsed with scripts from <https://github.com/4ureliek/Parsing-RepeatMasker-Outputs.git>. TE sequence divergence was converted into divergence time considering a substitutions rate of 1.9×10^{-9} substitutions/site/generation and 4 generations/year⁵⁴.

Population Genomic Analysis.

Whole genome re-sequence data from *H. numata* and other *Heliconius* species from Ref. ²⁶ were used, as well as 37 new wild-caught *H. numata* specimens (Supplementary Table 2). For the latter samples, butterfly bodies were conserved in NaCl saturated DMSO solution at -20°C and DNA was extracted using QIAGEN DNeasy blood and tissue kits according to the manufacturer's instructions with RNase treatment. Illumina Truseq paired-end whole genome libraries were prepared and 2x100bp reads were sequenced on the Illumina HiSeq 2000 platform. Reads were mapped to the *H. melpomene* Hmel2 reference genome⁵⁵ using Stampy v1.0.28⁵⁶ with default settings except for the substitution rate which was set to 0.05 to allow for expected divergence from the reference. Alignment file manipulations were performed using SAMtools v0.1.3⁵⁷. After mapping, duplicate reads were excluded using the MarkDuplicates tool in Picard v1.1125 (<http://broadinstitute.github.io/picard>) and local indel realignment using IndelRealigner was performed with GATK v3.5⁵⁸. Invariant and polymorphic sites were called with GATK HaplotypeCaller, with options --min base quality score 25 --min mapping quality score 25 -stand emit conf 20 --heterozygosity 0.015.

VCF data were processed using bcftools v1.9-20-g34a5b0d⁵⁹. Genotype at the supergene was assessed using PCA computed with the SNPRelate R package⁶⁰ (v1.24.0), using 5kb windows for sliding window analyses and only biallelic sites. This simple method based on the structure of nucleotide variation proved powerful and efficient to detect polymorphic rearrangements without prior knowledge. Using Phylobayes v2.3⁶¹, on 5kb sliding windows, we estimated 1) the most recent coalescence event between *Hn0+Hn1* and *Hn123*, which corresponds to age of the last recombination between *Hn0+Hn1* and *Hn123*, and 2) the time to the most recent common

ancestor (TMRCA) of all Hn123 haplotypes. This provides respectively the upper (1) and the lower (2) bounds of the date of the inversion event (Figure 1D, Extended Data Figure 5).

370 In order to compute the Fst and standard population genetic analyses, we manually curated the phasing of heterozygous individuals since computational phasing packages such as SHAPEIT or BEAGLE were found to introduce frequent phase switch errors. For each heterozygous SNP in inversion regions, if one and only one of the two alleles is observed in more than 80 % of individuals without inversions (Hn0), this allele is considered being on the haplotype 1, the other
375 being on haplotype 2. For SNPs which did not fit this criterion, each allele was placed randomly on one of the two haplotypes.

RNAseq analysis

380 RNAseq data from Ref. ⁴⁹ were reanalysed using the EdgeR R package⁶³ (v3.16.5). Gene expression in wing discs from *silvana* individuals (Hn0/Hn0) was compared to gene expression in *tarapotensis* and *aurora* individuals (Hn123/Hn123). Gene ontology (GO) annotation was performed with GO FEAT⁶⁴ using default parameters. Enrichment in GO for differentially expressed genes was assessed with Goseq v1.26.0⁶⁵ using the Wallenius approximation and a
385 false discovery rate cutoff set at 0.05.

Deleterious mutation accumulation

390 SnpEff v4.3t⁶⁶ with default parameters was used to annotate the *H. numata* SNPs using the *H. melpomene* Hmel2 reference genome annotation. We computed the ratio of synonymous to non-synonymous variants (pN/pS), the rate of synonymous to non-synonymous substitution (dN/dS) compared to *H. melpomene*, and the direction of selection with $DoS = Dn/(Dn + Ds) - Pn/(Pn +$

P_s)³⁰, using all individuals, or only those homozygous for a given inversion type, for every gene larger than 5kb (to ensure each gene comprises several SNPs). Whole genome distribution was computed on 500kb non-overlapping sliding windows.

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Fitness Assay

H. numata specimens used for the fitness analyses originated from the Tarapoto valley, San Martin, Peru. Broods were designed to control for genome-wide inbreeding depression and are illustrated in Supplementary Figure 1. Raw results are presented in Supplementary Table 4. First, P heterozygous F_1 butterflies were generated by crossing wild F_0 males to captive bred virgin females. Unrelated F_1 male-female pairs were then selected for their P genotype and hand paired to generate an F_2 progeny. We specifically designed these crosses to generate an F_2 progeny containing both homozygotes and heterozygotes, within a single family. Larvae were monitored twice a day to assess survival or mortality. Upon death or butterfly emergence, individuals were stored in 96% ethanol until genotyping. We generated a total of 486 F_2 progeny from 6 independent replicate broods for the Hn0/Hn1 x Hn0/Hn1 cross, 504 F_2 progeny from 6 broods for the Hn1/Hn123 x Hn1/Hn123 cross and 454 F_2 progeny from 7 broods from the Hn1/Hn123 x Hn0/Hn1 cross. 1,016 F_2 progeny could be genotyped using a methodology from ¹⁸ (see Sampling and Sequencing Method section).

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Frequency dependent selection coefficient

Frequency dependent selection coefficient associated with supergene alleles were calculated based on adult survival data (predation) from ²², on mating success data from ref. ¹⁸ and on larval survival data from this study, all three estimated from the populations around Tarapoto, Peru.

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Adult survival estimates were based on a probability of predation attempt during a 30 days

period and one mating event was considered. For adult survival and mate choice, we assumed perfect dominance among haplotypes, such as Hn1 dominant to Hn123 and Hn0, and Hn123 dominant to Hn0, as suggested by Ref. ⁶⁷ and PCR analyses (Supplementary Table 5). Only morphs *silvana*, *bicoloratus* and *tarapotensis* were used, encoded by haplotypes Hn0, Hn1, and Hn123, respectively. To reflect the incomplete association between haplotype and phenotype (Fig. 1, Extended Data Figure 2 and Supplementary Table 5), simulations were also run with variation in the level of genotype-phenotype association (Supplementary Figure 9). We assumed mate choice was based only on phenotype and not on genotype (e.g. Hn1/Hn0 and Hn1/Hn1 individuals perform equally). The three haplotypes Hn0, Hn1 and Hn123 were analysed and their genotype frequencies were considered to be at Hardy-Weinberg equilibrium. This hypothesis allowed us to visualise how the different selective forces generate departure from HW equilibrium. Three supergene haplotypes were considered, so selection coefficients for a given haplotype depended on the relative frequencies of the other two haplotypes. To estimate selection on a given haplotype, the relative frequencies of the other two haplotypes were allowed to vary between 99:1 and 1:99. For instance, when calculating selection coefficients for Hn0 when its frequency was 0.10 ($f_{Hn0}=0.10$), Hn1 and Hn123 frequency (respectively f_{Hn1} and f_{Hn123}) ranged from 0.891 ($=0.99*(1-f_{Hn0})$) and 0.009 ($=0.01*(1-f_{Hn0})$), with $f_{Hn0} + f_{Hn1} + f_{Hn123}=1$. Colored areas around curves in Figure 4B represent the distribution (quantile 0.1 to 0.9) of these different selection coefficients depending on the relative frequencies of the other two alleles. Selection coefficients were calculated relative to the population mean.

Statistics and reproducibility

To compare genotype survival between families and crosses (Figure 4a) we performed generalized linear mixed models analysis followed by a *Tukey's* HSD post-hoc test (package

440 “lme4”⁶⁸; in R version 3.1.3⁶⁹), with the survival of an individual with a given genotype as the
response variable (binomial response with logit link). The significance of the predictors was
tested using likelihood ratio tests. The genotype was a covariate predictor, crosses was a fixed
effect and family identity a random effect to control for non-independence of measures. ANOVA
445 was used to test for differences in TE proportions in different genomic regions with 6 degrees of
freedom. Equality of variance was assessed with a Levene’s test. Pairwise comparisons among
genomic regions was performed with a Games-Howell post-hoc test. Block Jackknife resampling
was used to test for inversion enrichment in differentially expressed genes, using 100 blocks of
400 transcripts. Plots were created with ggplot2⁷⁰.

450 **Data availability:**

The raw sequence data were deposited in NCBI SRA and accession numbers are indicated in
Supplementary table 2. The whole genome VCF file is available upon request. Whole genome
assemblies were deposited in NCBI under accession number PRJNA676017. All data
underlying the fitness assays are available in Supplementary Table 4.

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Code Availability:

Repeat masker results were parsed with scripts from <https://github.com/4ureliek/Parsing-RepeatMasker-Outputs.git>. Scripts used to compute the main analyses of this study are available
at <https://github.com/PaulYannJay/Mutation-load-analysis>

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