

## Co-variations of climate and silicate weathering in the Nile Basin during the Late Pleistocene

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### Abstract :

We have investigated provenance and weathering proxies of the clay-size sediment exported from the Nile River basin over the last 110,000 years. Using neodymium isotope composition of sediments from both the Nile Deep Sea-Fan and Lake Tana, we show that the Nile River branches draining the Ethiopian Highlands have remained the main contributors of clays to the Nile delta during the Late Quaternary. We demonstrate that fluctuations of clay-size particle contribution to the Nile Delta are mainly driven by orbital precession cycle, which controls summer insolation and consequently the African monsoon intensity changes. Our results indicate that - over the last 110,000 years - the proportion of clays coming from Ethiopian Traps fluctuates accordingly to the intensity of the last 5 precession cycles (MIS 5 to MIS 1). However, there is a threshold effect in the transport efficiency during the lowest insolation minima (arid periods), in particular during the MIS3. Several arid events corresponding to the Heinrich Stadial periods are associated with small or negligible clay source changes while chemical weathering proxies, such as  $\delta^{7}\text{Li}$ , Mg/Ti and K/Ti, vary significantly. This suggests a straightforward control of weathering by hydro-climate changes over centennial to millennial timescales. Our data also suggests a significant but more progressive influence of the temperature decrease between 110kyr and 20kyr. Taken altogether, the observed tight coupling between past climate variations and silicate weathering proxies leads us to conclude that precipitation changes in northeast Africa can impact soil development over a few hundred years only, while the influence of temperature appears more gradual.

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## Highlights

► First Li and Nd coupled isotopic source-to-sink approach over the Nile basin. ► Clay  $\epsilon\text{Nd}$  fluctuates in phase with the last 5 precession cycles intensity. ► Transport thresholds are observed at lowest insolation minima. ► Synchronicity between Heinrich Stadials and chemical weathering proxies. ► Decoupled effect of temperature and precipitation on clay  $\delta^7\text{Li}$  values.

**Keywords** : Chemical weathering, 110,000 ka BP, Lake Tana, Nile deep sea fan, Source-to-sink approach, Nd isotope, Li isotope

## 52 **1. Introduction**

53 Monsoons are the dominant seasonal mode of climate variability in the tropics, acting as  
54 important conveyors of atmospheric moisture and energy at the global scale (Mohtadi et al.,  
55 2016). In north-East Africa, the onset of Late Quaternary humid periods has been attributed to  
56 the northward migration of the rain belt associated with the Inter Tropical Convergence Zone  
57 (ITCZ) in relation with precession-driven insolation changes as well as the Congo Air  
58 Boundary (CAB; Demenocal et al., 2000; Gasse, 2000; Rossignol-Strick et al., 1982;  
59 Skonieczny et al., 2019, Tierney et al., 2010; Junginger et al., 2014). The last period of more  
60 intense rainfall compared to present, the so-called African Humid Period (AHP), occurred  
61 between ~14 and ~6 kyrs cal. BP (e.g. Costa et al., 2014; Demenocal et al., 2000; Shanahan et  
62 al., 2015). These past humid periods were characterized by enhanced freshwater discharge  
63 and sediment export from the large African river systems to surrounding ocean margins  
64 (Blanchet et al., 2021; Mologni et al., 2020; Skonieczny et al., 2015). A number of recent  
65 studies conducted at a high temporal resolution (10–1000 years) in lake and deltaic  
66 sedimentary records across northern Africa suggested that gradual long-term monsoon  
67 oscillations had been often punctuated by millennial-scale episodes of hyperaridity (Bastian et  
68 al., 2017; Berke et al., 2012; Blanchet et al., 2020; Castañeda et al., 2016; Collins et al., 2013;  
69 Costa et al., 2014; Foerster et al., 2012; Liu et al., 2017; Tierney et al., 2013, 2011b, 2011a,  
70 2008; Verschuren and Russell, 2009), as exemplified by significant increase in aeolian dust  
71 deposition in sediment records from African margins (Bouimetarhan et al., 2012; Collins et  
72 al., 2017, 2013; Heinrich et al., 2021; McGee et al., 2013; Tierney et al., 2017). These  
73 hyperarid episodes occurred contemporaneously with North Hemisphere cooling events  
74 recorded in Greenland ice cores (i.e. Greenland stadials; Dansgaard et al., 1993) and in North  
75 Atlantic sediment cores (Heinrich Stadials; Bond et al., 1993; Heinrich, 1988). Up to now,  
76 over the tropics, these events were mainly described through the use of organic biomarkers

77 and bulk sediment geochemical tracers ( $\delta D_{wax}$ , Ti/Ca ratio; Castañeda et al., 2016; Collins et  
78 al., 2017; Tierney et al., 2008; Tierney and DeMenocal, 2013). There is still debate about the  
79 exact mechanisms that would explain these short-term hydroclimate changes (orbital forcing  
80 and/or internal hemispheric versus nonlinear biogeophysical feedbacks processes; e.g. Collins  
81 et al., 2017, 2011).

82 Sediment deposition in deltas is usually dominated by the export of terrigenous material  
83 delivered from flooded rivers, highly sensitive to changes in precipitation rates and land cover  
84 in corresponding drainage basins (Macklin et al., 2012). The sediment records preserved at  
85 the Nile Deep-Sea Fan (NDSF) provide suitable archives for reconstructing past climate  
86 variations at a high temporal resolution (100 to 1000 years) in north-East Africa (Almogi-  
87 Labin et al., 2009; Bastian et al., 2017; Blanchet et al., 2013; Costa et al., 2014; Hamann et  
88 al., 2009; Hennekam et al., 2015; Mologni et al., 2020; Revel et al., 2015; Weldeab et al.,  
89 2014). Currently, about 95% of the terrigenous material deposited at the Nile deep-sea fan is  
90 derived from the Ethiopian Highlands (Garzanti et al., 2015; Padoan et al., 2011). A close link  
91 between precipitation and physical erosion in the Nile River basin has already been  
92 demonstrated for the Late Pleistocene period (e.g. Blanchet et al., 2014). Past humid periods  
93 were systematically accompanied by accelerated deposition of iron/smectite-rich sediments,  
94 reflecting enhanced physical erosion and transport processes from the Ethiopian Highlands  
95 (Blanchet et al., 2014; Krom et al., 2002, 1999; Langgut et al., 2011; Revel et al., 2015, 2014,  
96 2010, Ehrmann et al., 2016).

97 In contrast, only a few studies have investigated past relationships between climate and  
98 silicate weathering on continents over the Quaternary period (Yang et al. 2020; Bastian et al.,  
99 2017; Bayon et al., 2012; Beaulieu et al., 2012; Clift et al., 2020, 2014; Dosseto et al., 2015;  
100 Limmer et al., 2012; Pogge von Strandmann et al., 2017). To date, there is no consensus on  
101 both the magnitude and the timing of chemical weathering response to rapid climate changes.

102 During the last two decades, lithium isotopes (conventionally expressed as  $\delta^7\text{Li}$ ) have been  
103 explored as tracers of silicate weathering in both modern and ancient environments (Bastian et  
104 al., 2017; Dellinger et al., 2014, 2015, 2017; Huh et al., 1998; Philip A.E. Pogge von  
105 Strandmann et al., 2017; Pogge von Strandmann et al., 2010, 2020; Vigier et al., 2009).  
106 During weathering, mass-dependent isotope fractionation results in significant enrichment of  
107 the lighter lithium isotope ( $^6\text{Li}$ ) into secondary mineral phases such as clays (Dupuis et al.,  
108 2017; Li and West, 2014; Pistiner and Henderson, 2003; Vigier et al., 2008; Wimpenny et al.,  
109 2010; Hindshaw et al., 2019). As reported or modeled in Bastian et al. (2017), Bouchez et al.  
110 (2013), Pogge von Strandmann et al. (2017, 2010), Misra and Froelich (2012), water or clay  
111  $\delta^7\text{Li}$  values primarily reflect the degree of ‘incongruency’ of the continental weathering  
112 process, which is a function of the dissolution vs neoformation rate. Indeed, the proportion of  
113 - isotopically fractionated - Li incorporated into neoformed secondary phases, compared to  
114 the one released more congruently to waters during rock dissolution or mineral leaching,  
115 represents the most important control of Li isotope signatures in soils and rivers. When, at the  
116 basin scale, the denudation flux compensates the soil production rate, physical and chemical  
117 weathering processes are considered at steady-state and the ‘incongruency ratio’ is then  
118 directly related to the chemical weathering intensity (W/D, ratio of silicate chemical  
119 weathering over total denudation, as defined by Bouchez et al. [2013], Caves Rügenstein et al.  
120 [2019] and Dellinger et al. [2017]). Exception is made for basin with particular high W/D  
121 ratios, because dissolution is so intensive that secondary minerals also release to draining  
122 waters their isotopically light Li (leading to a “bell shape” trend of  $\delta^7\text{Li}$  as a function of W/D,  
123 see Dellinger et al., [2015] ).

124 The aim of our study is to better understand the impact of monsoon-rainfall changes on both  
125 erosion and weathering processes in the Nile Basin over the last 110 kyrs. Recently, Bastian et  
126 al. (2017) reported  $\delta^7\text{Li}$  measurements for a total of 55 clay-size sediment fractions extracted

127 from core MS27PT from the NDSF. The obtained  $\delta^7\text{Li}$  data ranged between 4 ‰ and -1.2 ‰  
128 displaying systematic co-variations with proxies for hydroclimate variability over the last  
129 32,000 years. Additional data are now needed to investigate whether this relationship held  
130 true over longer timescales. To this end, we have conducted a source-to-sink approach, which  
131 aimed at comparing sediment records from both the NDSF and the Lake Tana, located at the  
132 source of the Blue Nile River in the Ethiopian Highlands. Our approach combines the use of  
133 geochemical and isotopic tracers of sediment provenance (Nd isotopes) and silicate  
134 weathering (major elements; Li isotopes). By focusing on the finest – clay rich- size fraction  
135 of the sediment ( $<2\mu\text{m}$ ) we minimize potential complexities related to granulometric  
136 processes and mineral sorting occurring during sediment transport and deposition, as  
137 described in Bastian et al. (2019, 2017) for the Nile Basin. Additionally, our source-to-sink  
138 approach allows us to discuss the role of continental geomorphic processes on the terrigenous  
139 delivery to the Nile basin. Finally, this study includes the investigation at relatively high  
140 temporal resolution of several hyper-arid millennial-scale episodes (i.e. Heinrich Stadials).

141

## 142 **2. Regional setting and samples**

### 143 **2.1. Geological and hydrology setting of the Nile River Basin**

144 The Nile River Basin (about  $3.3 \times 10^6 \text{ km}^2$ ) extends across more than 30 degrees of latitude  
145 (from  $4^\circ\text{S}$  to  $30^\circ\text{N}$ , Fig. 1). It is composed of two major sub-drainage basins characterized by  
146 different lithologies, but overall dominated by silicate rocks (Ghilardi and Boraik, 2011). The  
147 Ethiopian Highlands, corresponding to the Ethiopian Traps (age of  $\sim 30 \text{ Ma}$ ), is composed of  
148 Cenozoic basaltic rocks. The Sobat, the Blue Nile and the Atbara rivers originate from the  
149 Ethiopian Traps sources (Garzanti et al., 2015). The Central African Craton (age  $> 3 \text{ Ga}$ ) is  
150 composed of Precambrian metamorphic rocks drained by the Bahr el Jebel River (Garzanti et

151 al., 2015), which is joined by the Sobat River to form the White Nile (Williams et al., 2015).  
152 Over the hydrological year, the Nile River displays a unimodal discharge patterns  
153 characterized by intense floods during the summer, essentially caused by the northward  
154 migration of the ITCZ, and associated monsoonal precipitation across the Ethiopian  
155 Highlands (Garzanti et al., 2015). The Bahr el Jebel/White Nile is originated from the  
156 equatorial uplands Uganda, Rwanda and Burundi, and in particular from the outflow of Lake  
157 Victoria and Lake Albert. The contribution of the Bahr el Jebel/White Nile remains more or  
158 less constant throughout the year, due to a more uniform rainfall pattern in the Equatorial  
159 region with 1-2 m of rainfall distributed in two rainy seasons (Garzanti et al., 2015;  
160 Nicholson, 2000).

161 Thus, the precipitation regime along the Nile catchment is mainly caused by the West  
162 African monsoon, modulated by the Indian Summer Monsoon (ISM) dynamics. Over the  
163 Ethiopian Highlands, precipitation is fed by moisture originating from three sources: the West  
164 African Monsoon (WAM), the Indian Ocean and the Mediterranean Sea, Arabian Peninsula  
165 and the Red Sea northern regions (Viste and Sorteberg, 2013). A range of 69–95% and 5–24%  
166 of the total precipitation are currently derived from the Gulf of Guinea and Indian Ocean,  
167 respectively (Costa et al., 2014; Verschuren et al., 2009). Runoff from the Ethiopian Traps  
168 (where 1500 m to 3000 m a.s.l. elevation concentrates most precipitation) greatly contributes  
169 to the lower Nile discharge and to a majority of its transported sediment (Lamb et al., 2007;  
170 Williams et al., 2006).

171

## 172 **2.2. Geochemical characterization of detrital sediments from the Nile River Basin**

173 The NDSF has built up continuously since the Oligocene through sedimentary inputs from  
174 the Nile River basin (Ducassou et al., 2009; Faccenna et al., 2019; Mascle, 2014; Migeon et

175 al., 2010; Revel et al., 2015, 2014, 2010). For the last 110,000 years, the most active part of  
176 the fan has been the so-called Rosetta branch (Ducassou et al., 2009, 2008). Sedimentation  
177 rates at the NDSF have varied drastically from  $\approx 400$  cm/kyr during humid periods such as  
178 AHP, to much lower accumulation rates ( $\approx 1-10$  cm/kyr) during arid periods (Ducassou et  
179 al., 2008; Langgut et al., 2011; Revel et al., 2010). This reduction of particulate fluxes is in  
180 line with the drying up of large lakes such as Lake Victoria, Albert, Tana situated in the Nile  
181 basin system (Gasse, 2000; Lamb et al., 2007; Talbot and Lærdal, 2000; Williams et al.,  
182 2006). The provenance of the sediment exported to the NDSF has been inferred from the Nd  
183 and Sr radiogenic isotope compositions of mud and sand fractions from sediments in transit  
184 along all major Nile branches (see map in Fig. 1; Garzanti et al., 2015; Padoan et al., 2011;  
185 Talbot and Brendeland, 2001; Woodward et al., 2015). Sediment Nd isotopic compositions  
186 (expressed from herein using the epsilon notation  $\epsilon\text{Nd}$ ) are not affected much by weathering  
187 processes and hence faithfully reflects geographical provenance and crustal age of the  
188 source rocks (Bayon et al., 2015). The Nile basin is well suited to this isotopic tracer because  
189 of the contrasting  $\epsilon\text{Nd}$  signatures characterized by the Cenozoic Ethiopian traps ( $\epsilon\text{Nd} \approx 0$ ;  
190 Fig. 1) and the Precambrian Central Africa Craton ( $\epsilon\text{Nd} \approx -30$ , Garzanti et al., 2015). The  
191 Bahr el Jebel and Victoria-Albert Nile-derived fluvial muds are characterized by  $\epsilon\text{Nd}(0) = -$   
192 25 and range from -29 to -36, respectively (Padoan et al., 2011), whereas the White Nile  
193 mud  $\epsilon\text{Nd}$  is around -10, resulting from the mixture of basaltic (Ethiopian Traps) and  
194 metamorphic (Precambrian Craton) rocks. The present-day White Nile contributes to  
195 about 2 million tons of sediment particles to the main Nile at Khartoum, in contrast to  
196 the 41 and 14 million tones provided by the Blue Nile and Atbara rivers, respectively,  
197 before they were dammed (Williams et al., 2015). Thus, sediment budgets calculated by  
198 integrating isotopic data on muds and sands are consistent with dominant contribution from  
199 the Blue Nile and Atbara to total main Nile load, whereas the Bahr el Jebel/White Nile

200 sediment loads contribution to the main Nile are less important (Garzanti et al., 2015;  
201 Padoan et al., 2011). The Sahara Desert, in particular the Libyan desert, represents another  
202 source of particles to the Nile Delta with aeolian dust inputs estimated at 20 to 40 g/m<sup>2</sup>/yr  
203 (Grousset et al., 1988; Krom et al., 1999). The Saharan dust contribution (Saharan  
204 Metacraton sources characterized by  $\epsilon\text{Nd}$  from -15 to -10; Abdelsalam et al., 2002; Grousset  
205 et al., 1988) depends on the aridity of the region and the wind strength. Also, the Arabian-  
206 Nubian Shields (ANS, Johnson et al., 2011) located along the Red Sea margin can be a  
207 minor source of particle, with  $\epsilon\text{Nd}$  from -2.5 to -0.5 (Palchan et al., 2013). Thus, Nd isotopes  
208 have shown to be a powerful tool to investigate how sediment sources have changed in the  
209 past, in particular during the Late Quaternary (Bastian et al., 2017; Blanchet et al., 2015,  
210 2021; Castañeda et al., 2009; Revel et al., 2015; Weldeab et al., 2003). At the scale of the  
211 Holocene and the last deglaciation, the highest  $\epsilon\text{Nd}$  values recorded during the AHP, from  
212 ~14 to ~8 ka BP, indicate larger proportions of particles derived from the Ethiopian Traps  
213 (Bastian et al., 2017; Blanchet et al., 2014; Revel et al., 2015). Indeed, the radiogenic Nd  
214 isotopic signatures ( $\epsilon\text{Nd} \approx -2$ ) are closer to values observed in the Ethiopian Traps ( $\epsilon\text{Nd}$  0 to  
215 7). In contrast, during more arid periods, sediment deposited at the NDSF are characterized  
216 by lower  $\epsilon\text{Nd}$  values (-8 to -12), indicating reduced sediment inputs from Ethiopian Traps,  
217 together with higher relative contributions from the other sediment sources. Previous studies  
218 have argued very low sediment contributions from the White Nile at present (about  $3 \pm 2$  % of  
219 the total Nile sediment discharge; Garzanti et al., 2015). This is because most of the coarse  
220 grained sediment transported by the White Nile is trapped within the Sudd marshes in South  
221 Sudan (Fielding et al., 2017; Garzanti et al., 2015). However, it was not always the case.  
222 Indeed, during arid times, reduced Ugandan lakes overflow into Bahr el Jebel/White Nile,  
223 induces the Sudd swamps drying out, favouring thus the sediment delivery at the beginning  
224 of the following humid period (Williams, 2019). Additionally, water inputs of White Nile

225 may have substantially changed through the time producing marked flooding events (Talbot  
226 and Lærdal, 2000; Williams, 2019; Williams et al., 2006, 2010). Thus, as proposed by  
227 Blanchet et al. (2013) using granulometric measurements, the Bahr el Jebel/White Nile may  
228 have represented, during the Late Pleistocene, a non-negligible source of sediments to the Nile  
229 River.

230

### 231 **2.3. Marine sediment core MS27PT from the Nile deep-sea fan**

232 The 7.3 m long Core MS27PT (N31°47'90, E29°27'70) was collected at 1389 m water depth  
233 in the NDSF during the Mediflux MIMES cruise (2004), at around 90km from the Nile  
234 Rosetta River mouth. Its age model is based on 29 AMS <sup>14</sup>C dates first published in (Bastian  
235 et al., 2017; Revel et al., 2015, 2010) and on  $\delta^{18}\text{O}$  stratigraphy (Revel et al., 2015, 2010; see  
236 Fig. S1 and Table S1). Core MS27PT lies directly under the influence of the Nile freshwater  
237 input and provides a continuous record of sediment discharge from the Nile River basin for  
238 the last 110 kyr (Mologni et al., 2020; Revel et al., 2015, 2014, 2010). This is well illustrated  
239 by high-resolution XRF core scanner log(Ti/Ca) ratios (Fig. 2 and S1; Bahr et al., 2015; Liu et  
240 al., 2017; Revel et al., 2010), which reflect variable relative proportions of terrestrial versus  
241 marine inputs. Periods of low monsoon intensity were associated with deposition of light-  
242 colored sediments dominated by biogenic carbonate shells (Fig. S1), while high monsoon  
243 periods usually correspond to darker -Fe-Ti rich - sediments derived from the Nile floods and  
244 also from a good preservation of organic matter within Sapropel layers (De Lange et al., 2008;  
245 Rohling, 1994; Rohling et al., 2015). In core MS27PT, Sapropels S4, S3 and S1 are visible  
246 and associated with high Sulphur concentrations and low foraminifera  $\delta^{18}\text{O}$  (Revel et al.,  
247 2010), which are contemporaneous with massive freshwater discharge from the Nile River.  
248 Clay fractions are continuously dominated by smectite (65 to 98 %), with illite, chlorite and  
249 kaolinite in smaller proportions (Revel et al., 2015, 2010; Table S2).

250

#### 251 **2.4. Lake sediment core 03TL3 from Lake Tana (Ethiopian Highlands)**

252 We have also analyzed  $\epsilon\text{Nd}$  for the clay-size fractions extracted from core 03TL3, collected in  
253 2003 in the central part of Lake Tana (13.8 m water depth; Lamb et al., 2007). Core 03TL3  
254 covers the last 16 kyr period. Lake Tana (21°N, 37.25°E, 1830 m a.s.l.; Fig. 1) is the largest  
255 lake in Ethiopia and represents, with the tributary downstream, the major source of water to  
256 the Blue Nile River. The age model of this core is based on 17 AMS  $^{14}\text{C}$  dates published by  
257 Marshall et al. (2011). This sedimentary record first provides evidence for geochemical and  
258 mineralogical variations related to past changes in the monsoon activity (Costa et al., 2014;  
259 Lamb et al., 2007; Marshall et al., 2011). For instance, Costa et al. (2014) showed that  $\delta\text{D}_{\text{wax}}$   
260 (i.e. a proxy for past humidity) decreased during the African Humid Period, which was  
261 interpreted as reflecting higher rainfall contributions from the Atlantic Ocean at that time.

262

### 263 **3. Methods**

#### 264 **3.1. Sampling, sediment treatment and clay extraction**

265 Each sample corresponds to a 1 cm cut section along studied sediment cores. Considering  
266 variations in sedimentation rates along sediment cores, this 1cm cut corresponds to a time  
267 interval ranging from 10-70 years and 400-1000 years for humid and arid periods,  
268 respectively.

269 The sampling for the clay-sized fraction analyses of the Nd/Li isotopes and K/Ti and Mg/Ti  
270 ratios is about 2 cm for the last 31,000 years (i.e. a temporal resolution of about 1000 years).  
271 For the last glacial period (75 to 25 kyr) the sampling is based on K/Al ratio variations (see

272 Fig S1) which indicates an increase in this ratio consistent with the timing of the Heinrich  
273 events recorded in North Atlantic (Snoeckx et al., 1999).

274 Bulk samples (about 0.5 g) were first sieved at 63  $\mu\text{m}$  and dried at 65  $^{\circ}\text{C}$ . Mineralogical  
275 composition of some fine-grained  $<63\mu\text{m}$  sediment samples was determined by XRD Bruker  
276 D5000 at the University of Strasbourg (LHYGES). Before separation of the clay fraction from  
277 the  $<63\mu\text{m}$  fraction, the sample was treated for carbonate removal using 1N HCl for 30 min  
278 in an ultrasonic bath. Clays ( $<2\mu\text{m}$ ) were extracted from the carbonate-free detritus by  
279 physical decantation in 50 ml of ultra-pure water mixed with 60  $\mu\text{l}$  of sodium  
280 hexametaphosphate solution (100 mg/l).

281 The clay minerals were identified by X-ray diffraction (XRD) using a PANalytical  
282 diffractometer at the GEOPS laboratory (Université Paris-Saclay, France) on oriented mounts.  
283 Briefly, deflocculation was accomplished by successive washing with distilled water after  
284 removing carbonate and organic matter by treating with acetic acid and hydrogen peroxide,  
285 respectively. Particles smaller than 2  $\mu\text{m}$  were separated by sedimentation and centrifugation.  
286 Three XRD runs were performed, following air-drying, ethylene-glycol solvation for 24  
287 hours, and heating at 490 $^{\circ}\text{C}$  for 2 hours. The clay minerals were identified according to the  
288 position of the (001) series of basal reflections on the three XRD diagrams. Mixed layers  
289 composed mainly of smectite-illite (15–17  $\text{\AA}$ ) were included in the “smectite” category. Semi-  
290 quantitative estimates of peak areas of the basal reflections for the main clay mineral groups  
291 of smectite (15–17  $\text{\AA}$ ), illite (10  $\text{\AA}$ ), and kaolinite/chlorite (7  $\text{\AA}$ ) were performed on the  
292 glycolated curve using the MacDiff software. The relative proportions of kaolinite and  
293 chlorite were determined based on the ratio from the 3.57/3.54  $\text{\AA}$  peak areas. The replicate  
294 analyses of a few selected samples gave a precision of  $\pm 2\%$ . Based on this XRD method, the  
295 semi-quantitative evaluation of each clay mineral had an accuracy of  $\sim 4\%$ .

296 After drying, clays were crushed in an agate mortar and about 10 mg of this powder was  
297 digested using a concentrated HF/HNO<sub>3</sub>/HCl mixture. The solution was evaporated at low  
298 temperature and the residue was completely dissolved in 1N HCl prior to Li separation  
299 solid/liquid chromatography columns (Vigier et al., 2009).

300

### 301 **3.2. Measurement of major and trace element concentrations**

302 Major (K, Ca, Mg, Mn, Fe, Al ,Ti) and a few trace (Sr, Ba) elements were analyzed by ICP-  
303 AES at the LOV. Accuracy was assessed using the certified reference material BEN and water  
304 standard TM 28.4. The 2 $\sigma$  errors on concentrations range between 1.6% and 3.5 % for major  
305 and trace elements (more details in Bastian et al., 2017).

306

### 307 **3.3. Lithium isotope analyses**

308 For chemical Li purification in the LOV clean lab, a solution containing ~60 ng of lithium  
309 was introduced on a cationic resin column (AG50X12) and Li was eluted using titrated  
310 ultrapure 1.0 N HCl (Vigier et al., 2008). This separation was performed twice to ensure  
311 perfect Li-Na separation. LiCl solution was then evaporated to dryness and re-dissolved in  
312 0.05 N HNO<sub>3</sub> for isotope analyses. Lithium isotope analyses were performed at the Ecole  
313 Normale Supérieure de Lyon (CNRS-INSU National Facilities) using a Neptune *Plus*  
314 (Thermo-Fisher) multi-collector inductively coupled plasma spectrometer (MC-ICP-MS)  
315 along with a sample-standard bracketing technique. A combination of Jet and X cones were  
316 used, as well as an Aridus II desolvating system, resulting in a sensitivity of 1Volt <sup>7</sup>Li /ppb  
317 (Balter and Vigier, 2014) Li (Balter and Vigier, 2014). Before analyses, Li fractions were  
318 diluted to match 5 ppb Li. Total procedural blanks were negligible (< 10 pg Li), representing  
319 ~0.02% maximum of the total Li fraction for each sample. The accuracy of isotopic

320 measurements was assessed several times during each measurement session using reference  
321 Li7-N solution (Carignan et al., 2007) and other reference materials (BE-N basaltic rock  
322 powder and seawater). Without separation chemistry, mean  $\delta^7\text{Li}$  values of  $30.2\pm 0.4\%$  (2SD,  
323  $n=32$ ) were obtained for Li7-N, which compares well with published and nominal values  
324 (Carignan et al., 2007). After chemical purification, the mean values for  $\delta^7\text{Li}$  were  $30.3\pm 0.4$   
325 (2SD,  $n=22$ ),  $5.45\pm 0.2$  (2SD,  $n=3$ ) and  $31.1\pm 0.3\%$  (2SD,  $n=6$ ) for Li7-N, BE-N and seawater,  
326 respectively, which also compare well with published values (Millet et al., 2004). To verify  
327 the homogeneity of the clay fraction and the reproducibility of clay separation, various  
328 aliquots of 5 different clay separations were also analyzed, resulting in a reproducibility of  
329  $0.37\%$  (2SD;  $n=14$ ) as previously reported in (Bastian et al., 2018, 2017).

330

### 331 **3.4. Neodymium isotope analyses**

332 The Nile clay Nd isotopic compositions were measured at the Pôle Spectrométrie Océan  
333 (Brest, France). Neodymium was purified using conventional ion chromatography (Bayon et  
334 al., 2012). Nd isotopic compositions were determined using sample-standard bracketing, by  
335 analysing JNdi-1 standard solutions every two samples. Mass bias corrections were made  
336 using the exponential law considering  $^{146}\text{Nd}/^{144}\text{Nd} = 0.7219$ . Mass-bias corrected values for  
337  $^{143}\text{Nd}/^{144}\text{Nd}$  were normalized to a JNdi-1 value of  $^{143}\text{Nd}/^{144}\text{Nd} = 0.512115$  (Tanaka et al.,  
338 2000). Repeated analyses of bracketed JNdi-1 standard solutions during the course of this  
339 study yielded  $^{143}\text{Nd}/^{144}\text{Nd}$  of  $0.512117 \pm 0.000012$  (2 SD,  $n=16$ ), corresponding to an external  
340 reproducibility of  $\sim \pm 0.23\epsilon$  (2 SD).

341 Tana Lake clays have been processed at Geosciences Montpellier laboratory (University of  
342 Montpellier). The chemical separation of Nd includes a first step of separation using AG50W-  
343 X-8 cation exchange resin to collect rare earth elements (REE), followed by a second step to

344 purify Nd using HDEHP conditioned Teflon columns. Nd isotopes were measured using a  
345 Thermo-Fischer Neptune *Plus* MC-ICP-MS from the AETE-ISO geochemistry platform  
346 (OSU OREME).  $^{143}\text{Nd}/^{144}\text{Nd}$  ratios were corrected from internal mass bias using an  
347 exponential law and a value of 0.7219 for the  $^{146}\text{Nd}/^{144}\text{Nd}$  ratio. The external mass bias was  
348 corrected using standard bracketing method with two different standards (JMC321 and  
349 AMES-Rennes). During the course of the study JMC-321 and AMES-Rennes (Chauvel and  
350 Blichert-toft, 2001) standards yielded respectively an average of  $0.511115 \pm 7$  ( $2\sigma$ ,  $n=8$ ) and  
351  $0.512959 \pm 6$  ( $2\sigma$ ,  $n=8$ ) for the  $^{143}\text{Nd}/^{144}\text{Nd}$  ratio. Nd procedural blank was 22pg. For all  
352 samples, epsilon Nd values ( $\epsilon_{\text{Nd}}$ ) were calculated using  $^{143}\text{Nd}/^{144}\text{Nd} = 0.512638$  (Bouvier et  
353 al., 2008).

354

## 355 **4. Results**

### 356 **4.1. Core MS27PT**

357 All geochemical data for core MS27PT clay fractions are presented in Tables 1 and S2. The  
358 Nd isotopic composition of clay-size fractions (clay  $\epsilon_{\text{Nd}}$ ) varies from -7.69 to -0.98 with a  
359 value of that falls down systematically to  $\sim -7.5$  during low insolation periods. Under high  
360 insolation, clay  $\epsilon_{\text{Nd}}$  increases up to -4 (Fig. 2). The downcore evolution of  $\epsilon_{\text{Nd}}$  is in phase  
361 with  $\text{Log}(\text{Ti}/\text{Ca})$  (Fig. 2) as well as with sedimentation rates (see Fig.S1). This documents  
362 higher detrital sediment inputs from Ethiopian Traps during the last five high insolation  
363 periods. Clay Mg/Ti and K/Ti ratios also oscillate between arid and humid periods (from  $\approx 3.5$   
364 to 2.5 and from 2.5-3 to 1.5 respectively), with the highest values being systematically  
365 associated to the lowest insolation. Overall, during the last 110,000 years, geochemical tracers  
366 follow the insolation trend, hence variations in monsoon intensity in northern Africa  
367 (Singarayer and Burrough, 2015; Tjallingii et al., 2008).

368 Over the last 110,000 years, clay  $\delta^7\text{Li}$  values range between 1 ‰ and 4 ‰, which is the same  
369 range of values already established for the last 35 kyr from the same core (Bastian et al.,  
370 2017; Fig. 2). However, between 110 kyr and 35kyr, clay  $\delta^7\text{Li}$  do not show the same  
371 systematics with insolation as since 35 kyr (Bastian et al., 2017). The centennial to decennial  
372 high resolution Ti/Ca ratio (measured on the bulk sediment every mm by XRF core scanner)  
373 highlight lower values during the Younger Dryas (YD), during the five arid (low insolation)  
374 periods, as well as during several short-time excursions (Fig. 2). Indeed, from 70 to 10 kyr,  
375 clay  $\delta^7\text{Li}$  display specific short-term increases (pointed as arrows in Fig. 2), which are  
376 unrelated in terms of duration and intensity to the insolation curve. Some of these rapid  
377 excursions co-vary with elemental ratios, but some do not. An additional feature of the clay  
378  $\delta^7\text{Li}$  record in core MS27PT is the progressive decrease of the  $\delta^7\text{Li}$  minima between 110 and  
379 25 kyr BP (dotted line in Fig. 2).

380

#### 381 **4.2. Core 03TL3 Lake Tana**

382 All data for core 03TL3 from the Lake Tana are displayed in Table 2. The  $\epsilon\text{Nd}$  compositions  
383 of all clay-size fractions yields a mean value of  $2.0 \pm 0.5$  (2SD,  $n=13$ ; Fig. 3), consistent with  
384 the  $\epsilon\text{Nd}$  value determined for Blue Nile river sediments by Garzanti et al., (2015) ( $\epsilon\text{Nd} = 1.8$ ,  
385 Fig. 1).  $\delta^7\text{Li}$  values of clay-sized fractions from core 03TL3 range from 0.8 ‰ to 2.9 ‰ over  
386 the last 16 kyr BP, with a mean value of 1.7 ‰. These values are comparable, within errors, to  
387 the ones obtained in core MS27PT clays for the same period (Fig. 3).

388

#### 389 **5. Discussion**

390 As described in the Result section, the MS27PT sediments located in NDSF first show that  
391 various geochemical proxies evolve in phase with changes in the monsoonal system, which

392 are primarily controlled by precession-forced insolation variations. During the last 110 kyrs,  
393 each low insolation period (to a lesser degree for the one at 45 kyrs BP), is characterized by a  
394 decrease in the clay  $\epsilon\text{Nd}$  values, and by an increase in clay Mg/Ti and K/Ti ratios (Fig. 2).

395 In addition, geochemical analyses highlight numerous short-term excursions, in particular for  
396 Li isotopes, K/Ti and Mg/Ti ratios. Some of them – but not all - are accompanied by  $\epsilon\text{Nd}$   
397 drops, similar to those as during periods of low insolation, but less intensive in magnitude.  
398 These short excursions are in line with the timing of Heinrich Stadials, as determined in  
399 Greenland ice core (NGrip, Andersen et al., 2004) and in North Atlantic sediments (Collins et  
400 al., 2013; Hemming, 2004; see section 5.3.).

401

## 402 **5.1. Impact of insolation change on physical erosion and sediment transport**

### 403 **5.1.1. Provenance of clay fractions exported to the Nile deep-sea fan**

404 For the Nile River and other large river basins, regional paleoclimatic reconstructions are  
405 generally based on the application of geochemical proxies to the bulk detrital fraction, without  
406 particular grain-size separation (Costa et al., 2014; Lamb et al., 2018; Marshall et al., 2011;  
407 Revel et al., 2015, 2010; Tierney et al., 2011b). While clay mineralogy has been used for  
408 decades in paleoclimatic studies, the geochemistry of the finest clay-size sediment fractions  
409 ( $<2\mu\text{m}$ ) has been largely unexplored, apart from a few paleoenvironmental studies (Bastian et  
410 al., 2017; Bayon et al., 2012; Blanchet et al., 2015; Chen et al., 2017; Clift et al., 2014;  
411 Dosseto et al., 2015). As shown in Fig. 4a for the last 110 kyrs, in core MS27PT, the Nd  
412 isotopic compositions of clay-size fractions are systematically more radiogenic (and vary less)  
413 than  $\epsilon\text{Nd}$  values of the corresponding silt-size fractions. This suggests a dominant basaltic  
414 source for the clays, which are mostly issued from the Ethiopian Traps region, in contrast to  
415 the silts that may derive from different provenance regions.

416 For the last 16 kyrs, a “source-to-sink” approach could be developed by comparing the clay  
417 signals extracted from both the NDSF and the Lake Tana sediment records; this latter being  
418 located ~3500 km upstream, in the Ethiopian Highlands. During this period, clay  $\epsilon\text{Nd}$  values  
419 for sediment deposited in the Lake Tana remained constantly high, with a mean value of  $2 \pm$   
420  $0.25$  (Fig. 3a; in agreement with the regional lithology), similar – within uncertainties - to the  
421  $\epsilon\text{Nd}$  value of  $1.8 \pm 0.8$  measured in mud sediments carried at present by the Blue Nile River  
422 (Garzanti et al., 2015; Fig. 3a). Most likely, the clays transported by the Blue Nile, Atbara and  
423 Sobat rivers were formed locally within the soils developed above basaltic and rhyolitic  
424 Ethiopian Traps sequences. Differently from Blue Nile/Atbara rivers, the Ethiopian Traps  
425 radiogenic signature of the Sobat River would be originated from the Lake Turkana overflow  
426 events (towards the lower White Nile basin) occurring during humid periods (Johnson and  
427 Malala, 2009).

428 During the last 16 kyrs, clay  $\delta^7\text{Li}$  values are similar in the MS27PT core and in the Lake Tana  
429 core (Fig. 3b). This first confirms that most of the clay material exported to the NDSF at this  
430 period came from the Ethiopian Highlands, and that measured  $\delta^7\text{Li}$  compositions can actually  
431 reflect weathering conditions, without being significantly affected by sediment transport nor  
432 by any post-depositional effect related to diagenetic processes.

433 In contrast, clays from MS27PT sediment exhibit lower  $\epsilon\text{Nd}$  values (mean value of  $-4.36$ ,  
434  $n=94$ ) than for the Lake Tana (mean value of  $2$ ,  $n=13$  for the last 14 kyr; Fig. 3a and 4a) over  
435 the last 110.000 years. However, Blue Nile sources remains relatively stable and high  
436 compared to the Bahr el Jebel/White Nile sources (Fig. 4a). In fact, a small increase in the  
437 contribution of clay-size material from the Central African Craton ( $\epsilon\text{Nd} \sim -30$ ) has a  
438 significant impact on  $\epsilon\text{Nd}$  values. This effect likely explains the bias observed between clay  
439  $\epsilon\text{Nd}$  values from core MS27PT and from Lake Tana sediments.

440 The smectite abundance measured in the clay fractions over the last 110 kyrs also remains  
441 high (> 65%), suggesting that  $\epsilon\text{Nd}$  signature and smectite clay contribution are both sensitive  
442 to clay sources (Figs. 2 and 4). Thus, our “source-to-sink” approach demonstrates that clays  
443 from the Ethiopian Traps (Blue Nile/Atbara and Sobat rivers) represent the dominant  
444 sediment source to the NDSF sediment for the last 110 kyrs (Fig. 4). In contrast, clays derived  
445 from Saharan dust (Saharan Metacraton) and from the Bahr el Jebel/White Nile (Central  
446 African Craton) or from the Red Sea Hills (Arabian Nubian Shield) contribute comparatively  
447 in much lower proportion. Importantly,  $\epsilon\text{Nd}$  show that the proportion of Ethiopian Traps-  
448 originated clays remains high ( $\epsilon\text{Nd}$  values oscillate between -8 and -2) even during arid  
449 periods, suggesting persistent soil and clay formation over the Ethiopian Highlands.

450

### 451 **5.1.2. Threshold effects on sediment transport during the Younger Dryas**

452 During arid periods the increased difference in  $\epsilon\text{Nd}$  values between clays and silts from the  
453 NSDF (Fig. 4a) suggest that both particle types come from different and lithologically  
454 contrasted regions. Thus, the variable  $\epsilon\text{Nd}$  difference between clays and silts could be  
455 explained by different size-dependent transport processes, as well as by possible threshold  
456 effects on the transport of coarser particles. This aspect is well illustrated when considering  
457 the Younger Dryas period (YD; Fig. 5). In northern Africa, the Younger Dryas is generally  
458 associated with a relatively arid period from ~13 and ~12 kyr BP, resulting from a weakening  
459 of monsoon intensity (Garcin et al., 2007) and from the fall of lakes level (Roberts et al.,  
460 1993; Stager and Johnson, 2008). In core MS27PT, this period is highlighted by  
461 progressively decreasing sediment Ti/Ca ratios, consistent with lower terrigenous inputs (Fig.  
462 5, Revel et al., 2015, 2014, 2010). At the same time, the clay  $\epsilon\text{Nd}$  composition remained near  
463 constant and high (-2). In contrast, silt  $\epsilon\text{Nd}$  display an abrupt trend towards lower (less  
464 radiogenic) isotopic signatures, by about 3 epsilon units. This shift, associated with the

465 decrease of Ti/Ca ratio, can hence only be explained by a major reduction in the export of  
466 coarse-grained particles from the Ethiopian Traps source region, together with presumably  
467 more important sediment contributions from the Sahara dust, or from the Bahr el Jebel/White  
468 Nile. Accordingly, during humid periods, the Nile flood-induced silty deposits are similar  
469 (higher  $\epsilon\text{Nd}$  values) than clay fraction, showing a strong hydro-systems' reactivation in  
470 Ethiopian Highlands in link to high insolation patterns (Mologni et al., 2020).

471 Overall, during the YD, the observed size-dependent trends observed for Nd isotopes and  
472 mineralogical investigations appear in agreement with a possible reduced rainfall resulting in  
473 weaker river transport energy of the silts derived for the Ethiopian Traps. Contrarily, the  
474 origin and the transport of suspended clays from the Ethiopian Highlands appeared to have  
475 remained globally unchanged. This may suggest that the onset of arid conditions in the  
476 Ethiopian Highlands led to reduced transport of coarse particles by the Blue Nile river in link  
477 with reduced hydrological activity.

478 Lower  $\epsilon\text{Nd}$  values of the silt fraction during arid periods may be the result of combined  
479 climatic and geomorphic processes occurring along the Nile River headwaters. Higher  
480 precipitations over the 'Equatorial' Nile (Bahr el Jebel/White Nile; 4°S - 3°N; Fig. 1)  
481 supported by the ITCZ southward migration, with respect to northern Blue Nile sources (9-  
482 15°N), would be the hydro-climatic driver of this process. However, Williams (2019)  
483 indicated that during White Nile low flow periods, the Sudd swamps dried out, taking a few  
484 centuries to re-establish during the subsequent humid phase. Thus, the absence of the filtering  
485 swamps effect could have permitted an enhanced coarse particle discharge, making the Bahr  
486 el Jebel/White Nile hydro-sedimentary system excessively reactive to precipitations during or  
487 immediately after arid periods. Finally, low silt  $\epsilon\text{Nd}$  during arid periods can be even  
488 attributable to an aeolian coarser source derived from the Saharan Metacraton or from the Red  
489 Sea Hills erosion (Macgregor, 2012; Palchan et al., 2013).

490 Our results show that the combination of Nd isotopic compositions in both clay and silt size  
491 fractions constitutes a powerful tool for evidencing differential transport processes  
492 mechanisms in response to the YD climatic forcing.

493

### 494 **5.1.3. Threshold effects on transport related to insolation minima and maxima**

495 The low insolation period ranged between 50 and 40 kyr BP is characterized in MS27PT  
496 core by a slight decrease only of both clay Ti/Ca ratio and  $\epsilon\text{Nd}$  (Fig. 6e, f and g). The lack of  
497 significant geochemical changes during this specific arid period could be explained by a  
498 threshold effect of insolation on sediment transport efficiency. Indeed, the decrease in  
499 insolation around  $445 \text{ W/m}^2$  (and corresponding monsoon activity) was not as strong as  
500 during other arid periods when the  $15^\circ\text{N}$  insolation value was much weaker in magnitude ( $<$   
501  $440 \text{ W/m}^2$ ; Fig. 6e). From an astronomic point of view, at 45 kyr BP, the eccentricity was low  
502 and modulated the precession, with consequently a small decrease of the insolation value (Fig.  
503 6a, b and c). This particular orbital configuration and the resulting small decrease in local  
504 insolation could be responsible for a limited increase of the Nile flood activity.

505 A similar threshold effect might have occurred during periods of maxima insolation, which  
506 are usually expected to be related to humid climate and development of Sapropel layers in the  
507 Eastern Mediterranean Sea (Emeis et al., 2003; Rohling et al., 2015; Rossignol-Strick et al.,  
508 1982). Five high insolation periods occurred during the last 110 kyr (Fig. 6e). However, only  
509 3 sapropel layers (S1, S3, S4) were recorded in the MS27PT sediment, as inferred from their  
510 high sulphur contents (Fig. 6d) suggesting a non-linear response of sapropel events to  
511 insolation patterns. The absence of sulfur along with a slight increase in Ti/Ca ratio during the  
512 high insolation period centered around 55 kyr and around 33 kyr suggest that particulate and  
513 freshwater river discharges did not increase significantly at that time, in contrast to S1, S3 and

514 S4. Similarly, a threshold effect during insolation maxima periods was evidenced in the  
515 Sanbao-Hulu speleothem (Wang et al., 2008), indicating possible decoupling between  
516 insolation and monsoon activity (Ziegler et al., 2010).

517 From a continental point of view of the Nile river functioning, the installation of the Gezira  
518 mega-fan (in the lower Blue and White valleys) at 41 ka and also at around 55 ka, with an  
519 overbank flooding suggesting wetter condition upstream in the Blue Nile headwaters  
520 (Williams et al., 2015). Geomorphological study evidences the presence of the Dinder, a  
521 seasonal tributary attesting increase in terrigenous and freshwater inputs in the lower Blue  
522 Nile region (Williams, 2019; Williams et al., 2015). However, the deltaic sediments do not  
523 record an enhanced sediment transport at that time. Also, at 33 kyrs BP the obliquity was low  
524 (inclination of the earth's axe of rotation is of  $22.5^\circ$ : Fig. 6b) and could modulate the  
525 precession, with consequently a smaller increase of the insolation value compared to the AHP.  
526 Thus, this particular orbital configuration could be responsible for a limited increase in  
527 monsoon intensity and associated Nile flood activity, explaining the more negative  $\epsilon\text{Nd}$  value  
528 of -4 compared to the AHP.

529 It is not excluded that geomorphological changes along the White Nile branch may explain  
530 the subtle  $\epsilon\text{Nd}$  variations observed among humid periods. For example, towards 27 kyrs, there  
531 is good evidence of very high White Nile flow synchronous with a phase of alluvial fan  
532 activity near Jebelein (Williams et al., 2010). As indicated by Williams (2019), during humid  
533 periods the exceptionally high Blue Nile flow caused a dam effect on White Nile  
534 water/sediment inputs, creating a vast seasonal lake in which fine mud accumulated. During  
535 arid periods, reduced Blue Nile flow allows the White Nile mega-lake regression and the  
536 erosion and transport of low radiogenic ( $\epsilon\text{Nd}$ ) sediments contained within it. Similar to Sudd  
537 swamps functioning during YD (see Section 5.1.2), the White Nile solid discharge would  
538 have been subjected to hydro-geomorphic processes partially decoupled from climatic

539 forcing, which could explain variations in more negative  $\epsilon\text{Nd}$  values recorded in the NDSF  
540 sediments during arid periods.

541

## 542 **5.2. Relationships between climate and continental weathering**

### 543 **5.2.1 Sources vs weathering**

544 Measured variations of weathering proxies such as mobile/immobile element ratios (e.g.  
545 Mg/Ti and K/Ti) and  $\delta^7\text{Li}$  in clays can be equally affected by changes in weathering  
546 conditions and by sediment provenance. In core MS27PT, the increase of clay K/Ti ratios  
547 during arid periods (see yellow bands in Fig. 2) could possibly be explained by enhanced  
548 contribution of K-rich illite from presumably source regions characterized by relatively low  
549  $\epsilon\text{Nd}$  values (Saharan dust and/or Bahr el Jebel/White Nile River particles), despite the fact  
550 that there is no clear relationships between illite contents and insolation (Figs. 2 and 4, Table  
551 S2). Alternatively, downcore K/Ti variations could result from changes in the leaching  
552 degree, since potassium is an alkali element mostly mobile during chemical weathering (Fig.  
553 2e). As already discussed in Bastian et al., (2017), evidence that the clay K/Ti trend in core  
554 MS27PT evolves similarly with Mg/Ti first supports that they both are controlled by  
555 weathering. This is because K and Mg in clay-size fractions are preferentially hosted by  
556 distinct secondary mineral phases, e.g illite vs smectite, respectively. It should be noted that  
557 the amplitude of the variations in K/Ti and Mg/Ti ratios during the MIS4 arid period is similar  
558 to HS4 and HS5 Heinrich events, whereas the amplitude of the Nd variations remain small for  
559 HS4 and HS5 (Fig. 2). This suggests that clay K/Ti and Mg/Ti ratios may be controlled by the  
560 two processes (change in source and in weathering), but at a different degree, depending on  
561 the climate event intensity or location.

562 Concerning the control of Li isotopes, the  $\epsilon\text{Nd}$  vs  $\delta^7\text{Li}$  diagram (Fig. 7) shows that there is no  
563 simple correlation between these proxies. Clay samples with similar  $\delta^7\text{Li}$  values ( $\sim 2\text{‰} \pm 0.5\text{‰}$ )  
564 can display a wide range of  $\epsilon\text{Nd}$  values (Fig. 7a), and vice versa. Also, there is no visible  
565 relationship between  $\delta^7\text{Li}$  and clay Li/Al, in contrast with river SPM, which are mostly  
566 controlled by mineral mixing (Dellinger et al., 2017) (see SI). As a consequence, variations in  
567 clay  $\delta^7\text{Li}$  compositions during the last 110 kyrs most likely reflect weathering variations, in  
568 agreement with previous studies (e.g. Pogge von Strandmann et al., 2017, 2010, 2020;  
569 Dellinger et al., 2017, 2015, 2014; Bastian et al., 2017; Vigier et al., 2009). This is  
570 particularly evident for several specific arid periods (H2, H4, LGM) during which clay  $\delta^7\text{Li}$   
571 exhibit a large range of values but without any particular change in  $\epsilon\text{Nd}$  (Figs. 7b and 9).  
572 These arid periods are also characterized by the highest  $\delta^7\text{Li}$  values measured in clays. As  
573 described in the Introduction, these high  $\delta^7\text{Li}$  values reflect a more incongruent weathering  
574 and a lower (leaching / neoformation) ratios, and are consistent with lower leaching rates  
575 under less intensive monsoonal precipitation. In contrast, no clear systematics can be  
576 highlighted for humid periods characterized by high and homogeneous  $\epsilon\text{Nd}$  values, since the  
577 AHP clays display significantly lower  $\delta^7\text{Li}$  values compared to the 80 and 105 kyr humid  
578 periods (MIS 5a and 5c; Figs. 6 and 9).

579

### 580 **5.2.2 Impact of monsoon intensity oscillation and of temperature variations**

581 For the AHP ( $\sim 14.5$  -  $\sim 6$  kyrs), the MIS 5a ( $\sim 86$  -  $\sim 75$  kyrs) and the MIS 5c ( $\sim 96$  kyrs) humid  
582 periods, elevated insolation maxima indicate higher monsoonal precipitation and freshwater  
583 discharge across the Nile River Basin, as traced by more radiogenic Nd signature, during  
584 sapropels S1, S3 and S4 (Fig. 6). Thus, one would expect that these three humid periods were  
585 associated with low clay  $\delta^7\text{Li}$  values, as observed during the AHP and explained by higher  
586 leaching rate (Bastian et al., 2017). However, during MIS5a and 5c, clay  $\delta^7\text{Li}$  are significantly

587 higher (~3.5‰) than during the AHP (~1.7‰). This feature may be related with the observed  
588 differences in the magnitude of insolation maxima: 470W/m<sup>2</sup> during the AHP vs 480 W/m<sup>2</sup>  
589 during MIS5a and 5c, leading to distinct variations of the precipitation pattern (Fig. 6e).

590 An alternative explanation would be that soil and vegetation covers prior to the onset of  
591 increasing monsoon were different for each of these periods, resulting in a different  
592 weathering response. Since the Eemien period and before the onset of S4 and S3,  
593 environmental conditions were warmer and probably more humid than during the Last Glacial  
594 Period (~75 – ~25 kyrs BP; Kutzbach et al., 2020; Lisiecki and Raymo, 2005). Indeed, in  
595 North and West Africa, the Last Interglacial period (until MIS 5d; ~130 – ~110 kyrs BP) was  
596 characterized by enhanced humidity and by the expansion of rain forest (Dupont et al., 2000)  
597 composed by common C<sub>3</sub> plants, suggesting the spread of trees and soil development in the  
598 sub-Saharan area (Castañeda et al., 2009a; Williams, 2019). After ~110 kyrs BP, the response  
599 of weathering to precipitation changes between MIS 5c and 5a periods could have been higher  
600 than during the AHP, which followed the LGM period characterized by reduced soil thickness  
601 and vegetation cover. Additional work would be needed to further explore these aspects.

602 Another interesting feature displayed by Li isotopes downcore MS27PT is the progressive  
603 decrease of the clay  $\delta^7\text{Li}$  baseline values between 110 kyr and 25 kyr, which appears to mimic  
604 the planktonic foraminiferal  $\delta^{18}\text{O}$  signal (Figs. 8a, 8c and S1). This covariation suggests an  
605 influence of regional temperature on the weathering incongruency ratio at the scale of the Nile  
606 Basin. Over the last 110 kyr, estimates for air temperatures in tropical Africa display  
607 variations in relation with glacial-interglacial climatic variability. These estimations are based  
608 on various proxy records from lake (Tierney et al., 2008) and marine (Hijmans et al., 2005;  
609 Molliex et al., 2019) sediments, and from Soreq cave speleothem reconstructions (Affek et al.,  
610 2008; Mcgarry et al., 2004; Pogge von Strandmann et al., 2017; Fig. 8b). Also, temperature in  
611 the last glacial tropical Africa was estimated to be about 3-5°C cooler than today (LGM,

612 Kelly et al., 2014; Schefuß et al., 2005). Based on the above, we speculate that a progressive  
613 cooling in North-East Africa between ~110 and ~25 kyrs could possibly explain the  
614 progressive decrease of the  $\delta^7\text{Li}$  minima values, in response to gradual changes in soil  
615 conditions within the Nile Basin. This would be in agreement with a recent investigation of  
616 speleothems from the Soreq cave in Israel (Fig. 8b; Pogge von Strandmann et al., 2017),  
617 which suggested a weakening of continental weathering over glacial/interglacial cycles due to  
618 decreasing temperatures. Thus, in contrast to rainfall changes, which presumably result in  
619 rapid response of leaching rates, gradual temperature evolution can affect soil conditions and  
620 clay neoformation rates over the long-term only (>10kyr). Li isotopes in clay-size fractions  
621 from the NSDF therefore suggest a decoupled response of continental weathering to  
622 temperature and precipitation changes.

623

### 624 **5.2.3 Synchronous timing with Heinrich stadials**

625 During the last glacial period (~75 – ~25 kyrs BP), the evolution of global climate was  
626 punctuated by abrupt instabilities, recorded in the Greenland ice  $\delta^{18}\text{O}$  signals as Dansgaard-  
627 Oeschger cycles (DO; Bond et al., 1993; Dansgaard et al., 1993). These cycles were  
628 characterized by the succession of rapid shifts towards higher (interstadial) and lower (stadial)  
629 temperature in the northern latitudes (Sanchez Goñi and Harrison, 2010), presumably  
630 resulting from changing ocean circulation patterns (e.g. Waelbroeck et al., 2018). Some DO  
631 stadials were associated with episodes of massive iceberg discharge in the North Atlantic  
632 (referred to as Heinrich Stadial [HS], Heinrich, 1988; Hemming, 2004). The HS events and  
633 other northern hemisphere cold episodes, such as the YD, were associated to arid conditions  
634 in northern Africa (Shanahan et al., 2015; Verschuren et al., 2009). The mechanism  
635 responsible for this aridification is still under debate. One explanation is that Atlantic  
636 Meridional Oceanic Circulation (AMOC) reduction at that time led to the southward

637 migration of the ITCZ and monsoon rain belt, leading to regional aridification in North  
638 Africa, as testified by increase in the delivery of Saharan dust along the western African  
639 ocean margins (Collins et al., 2013; Heinrich et al., 2021; Le Quilleuc et al., submitted) or by  
640  $\delta D_{\text{wax}}$  displayed by lake sediment records (Tierney et al., 2008). Instead, a recent study  
641 (Collins et al., 2017) suggests that reorganisation of the tropical jet stream and atmospheric  
642 circulation patterns may have played an important role in the monsoon variability at that time.  
643 This could explain the sudden shifts towards aridification in northern Africa during HS  
644 events. In any case, the fact is that North Atlantic cooling episodes are recorded in  
645 sedimentary archives from tropical regions in Africa. For instance,  $\delta D_{\text{wax}}$  records in Lake  
646 Tanganyika and Lake Challa (Tierney et al., 2008) indicate reduced precipitation during HS1  
647 ( $\approx 16$  kyrs) to HS5 ( $\approx 47$  kyrs). Desiccation of Lake Tana during HS1 coincides with drying of  
648 Lake Victoria, source of the White Nile water, underlining the sensitivity of the entire Nile  
649 basin to climatic extremes (Lamb et al., 2018; Stager and Johnson, 2008; Talbot and Lærdal,  
650 2000).

651 In NDSF core MS27PT, weathering proxy records (Mg/Ti, K/Ti and  $\delta^7\text{Li}$ ) are clearly in phase  
652 with the North Atlantic climate instabilities (see Fig. 9). The observed shift towards heavier  
653 (higher) clay  $\delta^7\text{Li}$  values during arid periods is consistent with reduced leaching under more  
654 arid conditions. The variation amplitude of weathering proxies is quite large during HS1,  
655 HS2, HS4 and HS5 events, and comparatively smaller during HS3. This observation is  
656 comparable to aeolian dust records from the western African margin (Collins et al., 2013;  
657 Heinrich et al., 2021). For some of these events (e.g. HS4) clay  $\epsilon_{\text{Nd}}$  vary little, suggesting a  
658 lack of control from clay provenance, as detailed in section 5.2.1, but this would need to be  
659 refined at a higher temporal resolution. Overall, these observations reinforce the idea that past  
660  $\delta^7\text{Li}$  variations have been primarily driven by monsoon intensity and suggest that abrupt

661 climate changes - originally initiated in the northern hemisphere high-latitudes - may have  
662 influenced weathering processes in northern Africa.

663 Our results suggest a temporal synchronization between North Atlantic climate variations,  
664 monsoon variability and silicate weathering in northern Africa. Evidence for a timely  
665 response of chemical weathering to tropical monsoon has important implications for  
666 predicting the possible future impact of global warming in tropical regions. A recent modeling  
667 study (Defrance et al., 2017) predicts a future reduction of rainfall in northern Africa (Sahel,  
668 Ethiopia) due to temperature anomalies and changes in wind direction. Since these areas are  
669 densely populated and heavily dependent on rainfall and water availability, a rapid change in  
670 soil resources may have strong consequences for local populations.

671

## 672 **6. Conclusions**

673 We applied various geochemical proxies ( $\delta^7\text{Li}$ ,  $\epsilon\text{Nd}$  and elementary ratios) to clay-size  
674 sediment fractions from both marine (core MS27PT) and lacustrine (Lake Tana) sediments in  
675 order to better understand the impact of African monsoon fluctuations on erosion and  
676 chemical weathering processes within the Nile Basin during the Late Quaternary.

677 Based on Nd isotopes, we showed that the Ethiopian Traps area represented the main  
678 contributor of clays to the NDSF for the last 110,000 years. The use of Li isotopes as  
679 weathering proxies in this basin was evaluated by comparing Li isotope measurements from  
680 core MS27PT and Lake Tana sediment records, indicating no significant change of the clay  
681  $\delta^7\text{Li}$  values during the ~3000 km transport by the Nile River.

682 We find that fluctuations of clay-size particle contributions to the Nile Delta are mainly  
683 driven by orbital precession cycle, which controls the African monsoon intensity variations.  
684 Nevertheless our results indicate a non-linear response of the Nile sources and chemical

685 weathering to the insolation forcing. Finally, a decoupling between temperature and  
686 precipitation is found concerning their respective impact on chemical weathering. A decrease  
687 of mineral leaching rates in soils is inferred from Li isotopes during several Heinrich Stadials,  
688 with no significant time lag relative to North Atlantic climatic events. This synchronous  
689 timing evidences a rapid response of continental weathering to hydroclimate changes.

690

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697

### 698 **Author contributions**

699 Marie Revel and Nathalie Vigier led the project and helped with interpretation and writing.  
700 Luc Bastian performed sediment sampling, treatment and all Li isotope analyses. Marie-  
701 Emmanuelle Kerros helped with the sediment pre-treatment and clay extractions. Luc Bastian  
702 and Carlo Mologni led the writing. Germain Bayon performed Nd isotope analyses on Nile  
703 delta clays and helped with interpretation. Delphine Bosch was in charge with Nd isotope  
704 analyses of Tana Lake sediments. Christophe Colin performed clay mineralogy in Nile Delta  
705 sediments and helped with interpretation. Henry Lamb provided us the lake Tana samples  
706 already dated. All authors contributed to data interpretation and writing finalization.

707

708 **Additional Information**

709 Luc Bastian and Carlo Mogni, on behalf of all authors of the paper, declare that there are no  
710 competing financial interests in relation to the work described.

711

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712

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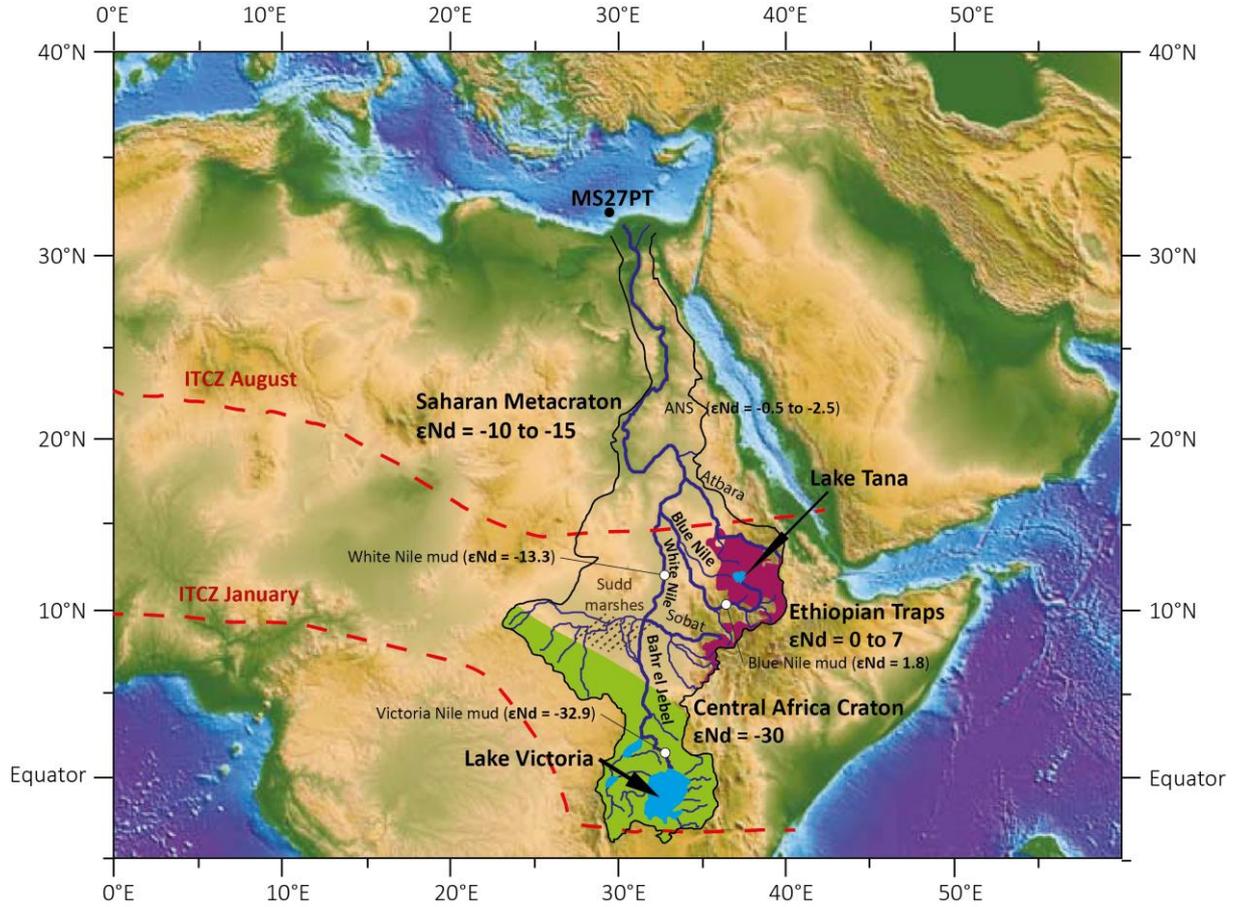
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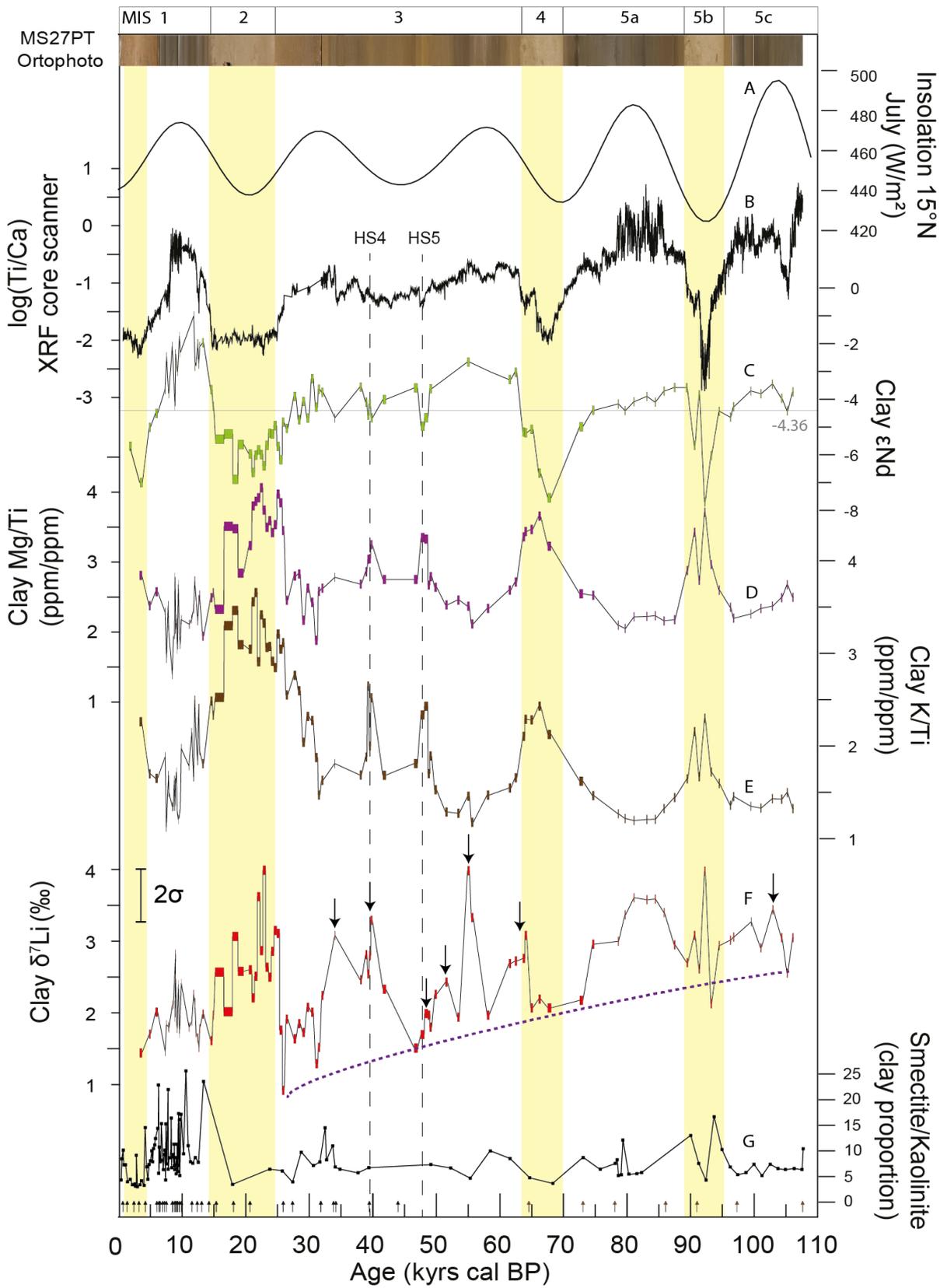
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1192 *Figure 1 : Map of the Nile River basin and location of core MS27PT (N31°47.90'; E29°27.70', 1389 m*  
1193 *m water deep). Three main sources of suspended sediment load are identified in the Nile basin: the*  
1194 *basaltic rocks (purple) of the Ethiopian Traps (Highlands), which are drained by the Blue Nile, the*  
1195 *Atbara and Sobat rivers located in tropical latitude (around 5 to 15°N); The Precambrian*  
1196 *metamorphic rocks (green) of the Central African Craton located in the equatorial latitude of the lakes*  
1197 *Albert and Victoria in the Ugandan headwaters region of the White Nile, which are drained by the*  
1198 *Bahr el Jebel River; and the Saharan Metacraton sources (Abdelsalam et al., 2002; Grousset and*  
1199 *Biscaye, 2005; Scheuvens et al., 2013).  $\epsilon Nd$  of the Victoria, White and Blue Nile River mud samples are*  
1200 *from Garzanti et al., (2015). ANS: Arabian-Nubian Shield ( $\epsilon Nd$  from Palchan et al., 2013).*

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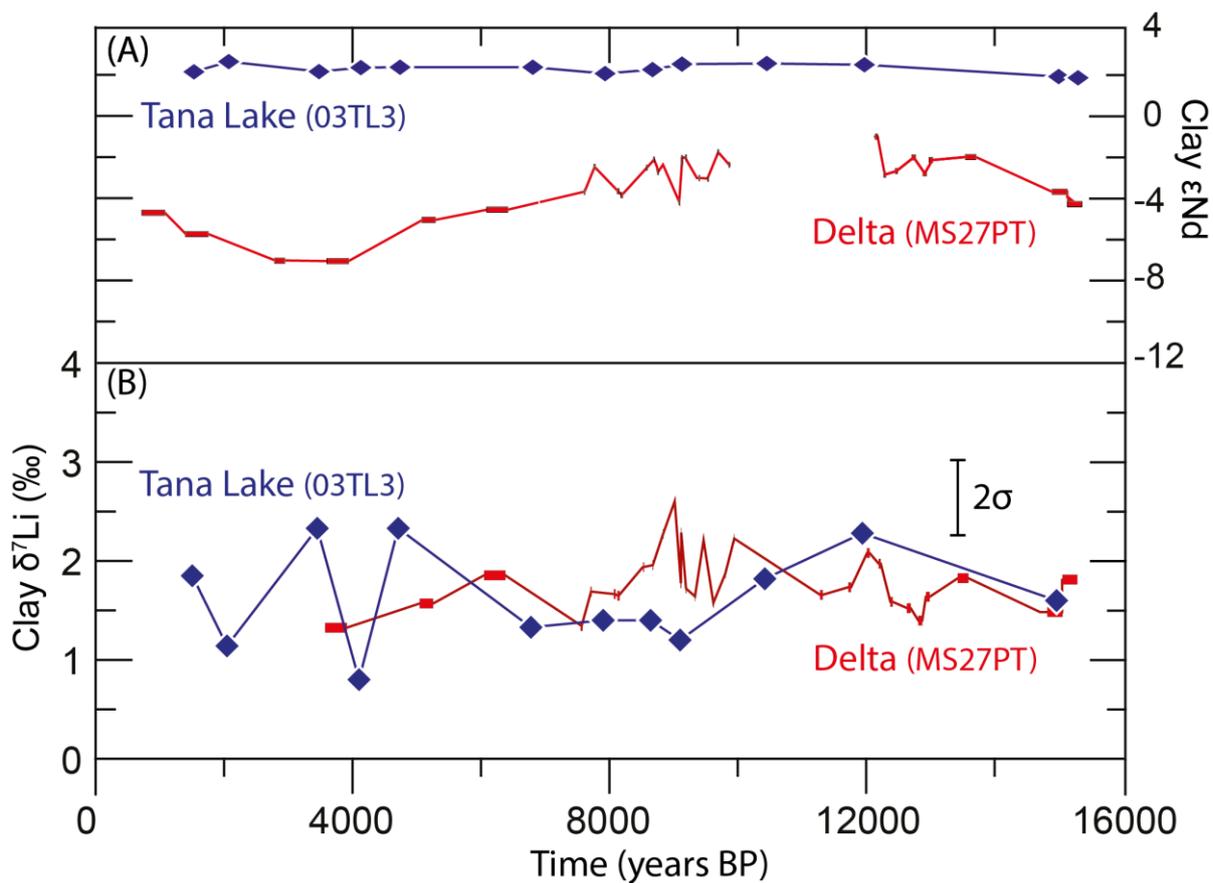
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1204 *Figure 2 : Paleo-variations in (A) July insolation at 15°N (Berger and Loutre, 1991), (B) log(Ti/Ca) ratio*  
 1205 *in the MS27PT bulk fraction (Revel et al., 2010) , (C), (D), (E), (F) and (G) clay εNd, Mg/Ti ratio, K/Ti*  
 1206 *ratio, δ<sup>7</sup>Li and smectite/kaolinite ratio for the last 110 ka (MIS: Marine Isotopic Stage). Grey line*

1207 represent the average  $\epsilon Nd$  value recorded over 110 ka. A photography of the MS27PT core is shown  
 1208 for comparison, with the humid and arid periods characterized by dark and light sediments  
 1209 respectively. The yellow bands correspond to the arid periods and dotted lines to Heinrich Stadials 4  
 1210 and 5. Arrows show  $\delta^7Li$  excursion during specific short-term periods. The progressive decrease of the  
 1211  $\delta^7Li$  minima corresponds to dotted line. Black arrows refer to  $^{14}C$  ages, brown arrows to age  
 1212 calibration from the  $\delta^{18}O$  of planktonic foraminifera.

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Figure 3 : Clay  $\delta^7Li$  and  $\epsilon Nd$  as a function of the sediment age in the Lake Tana in Ethiopia (blue; core 03TL3) and for MS27PT Nile delta core downstream (red). The 2SD of the  $\epsilon Nd$  values range between 0.08 and 0.45.

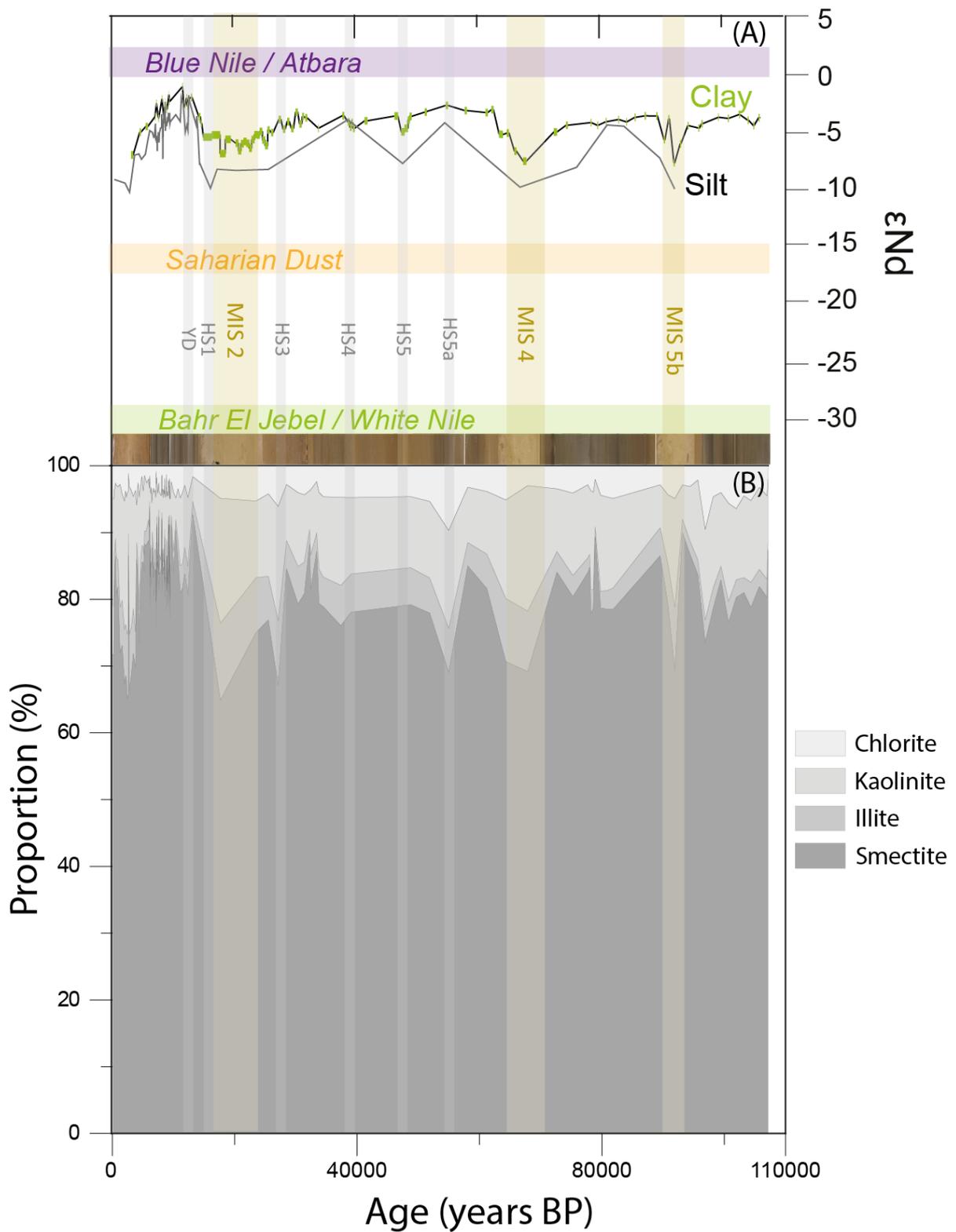
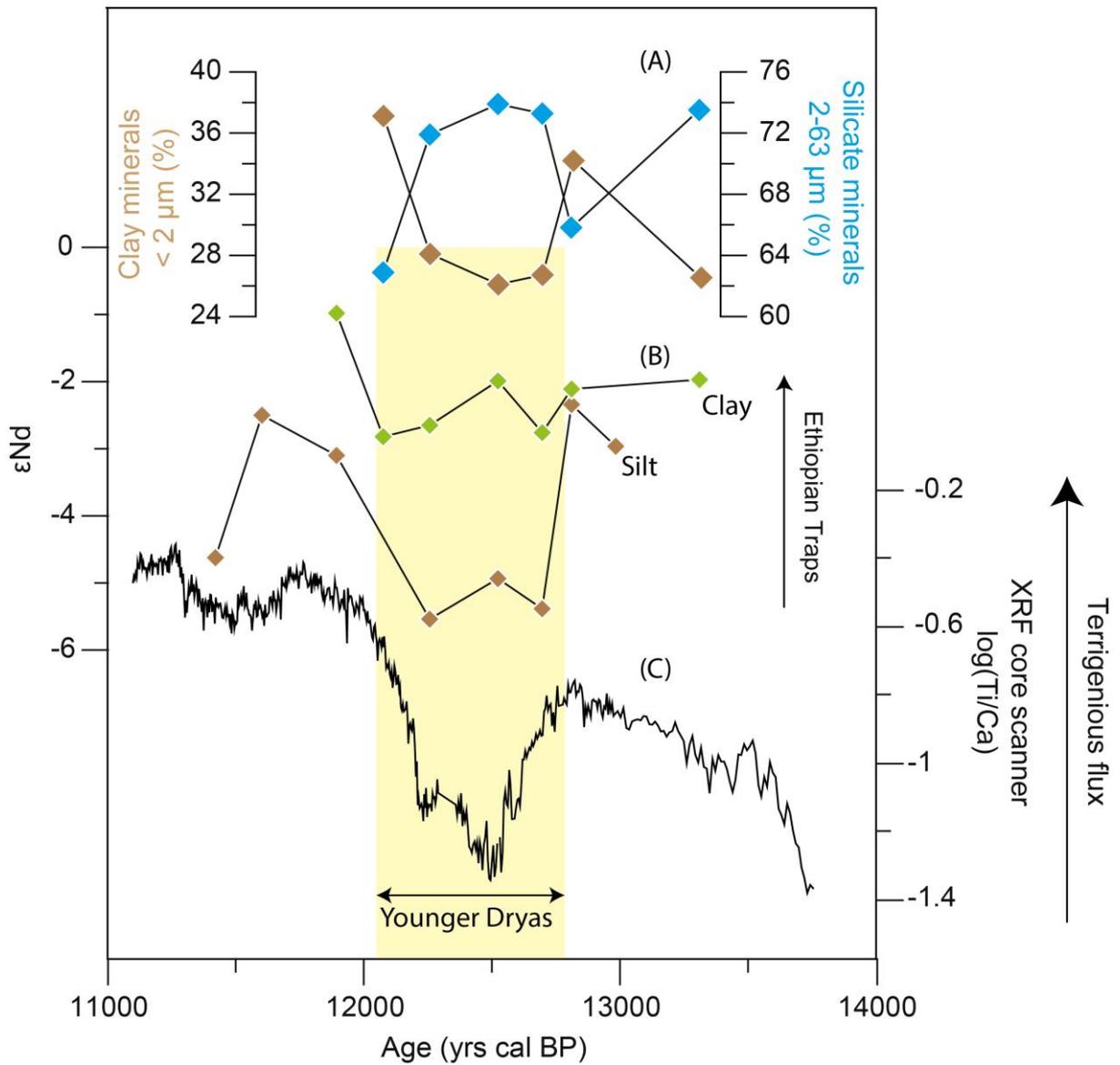
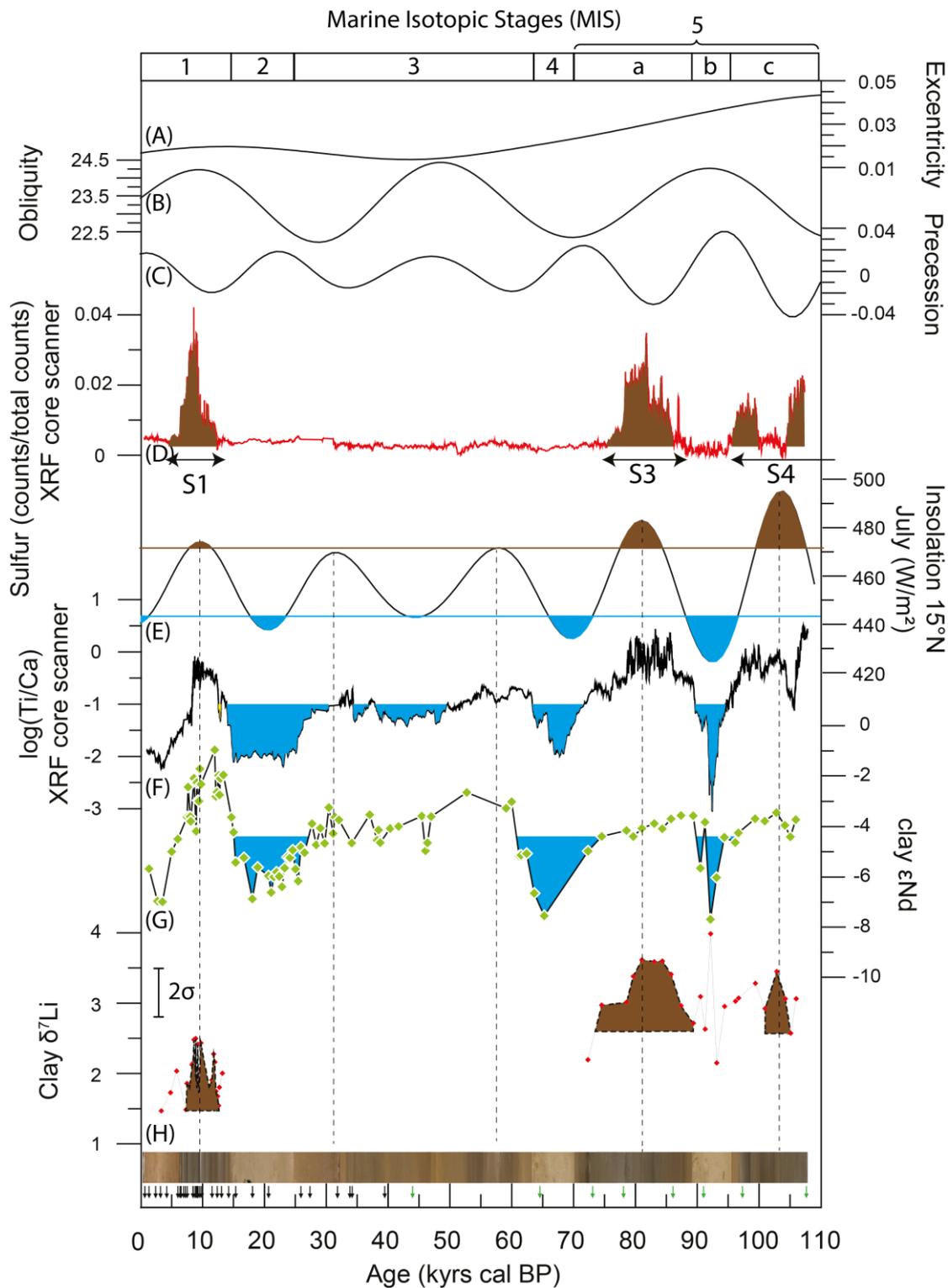


Figure 4 : (A)  $\epsilon Nd$  values of clay fraction (green, Bastian et al., 2017) and of  $<63\mu m$  fraction (grey line; Revel et al., 2010, 2015) of MS27PT sediment. (B) Percentage of clay estimated by XRD as a function of time. Light brown and grey bars indicate arid periods corresponding to MIS 2, 4, 5b and to Heinrich Stadials and younger Dryas events.



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Figure 5: Paleo-variations between 11 and 14 kyrs in (A) measured minerals proportion (brown) and silicate minerals proportion (blue), (B) clay  $\epsilon_{Nd}$  (green) and  $<63\mu\text{m}$  fraction  $\epsilon_{Nd}$  (brown, (Revel et al., 2015)) (C)  $\log(\text{Ti}/\text{Ca})$  measured by XRF core scanner (Revel et al., 2010). The 2SD of the  $\epsilon_{Nd}$  range between 0.08 and 0.45.



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Figure 6 : Paleo-variations in (A) Eccentricity (B) Obliquity, (C) Precession, (D) Sulphur measured by XRF core scanner in core MS27PT (Revel et al., 2010), (E) insolation at 15°N in July ( $W/m^2$ ) (F)  $\log(Ti/Ca)$  measured by XRF core scanner in MS27PT sediment (Revel et al., 2010) (G) and (H) clay  $\epsilon Nd$  and  $\delta^7 Li$  in MS27PT sediment. The blue and brown patterns correspond respectively to the minimum and maximum insolation values for the last 110 kyrs.

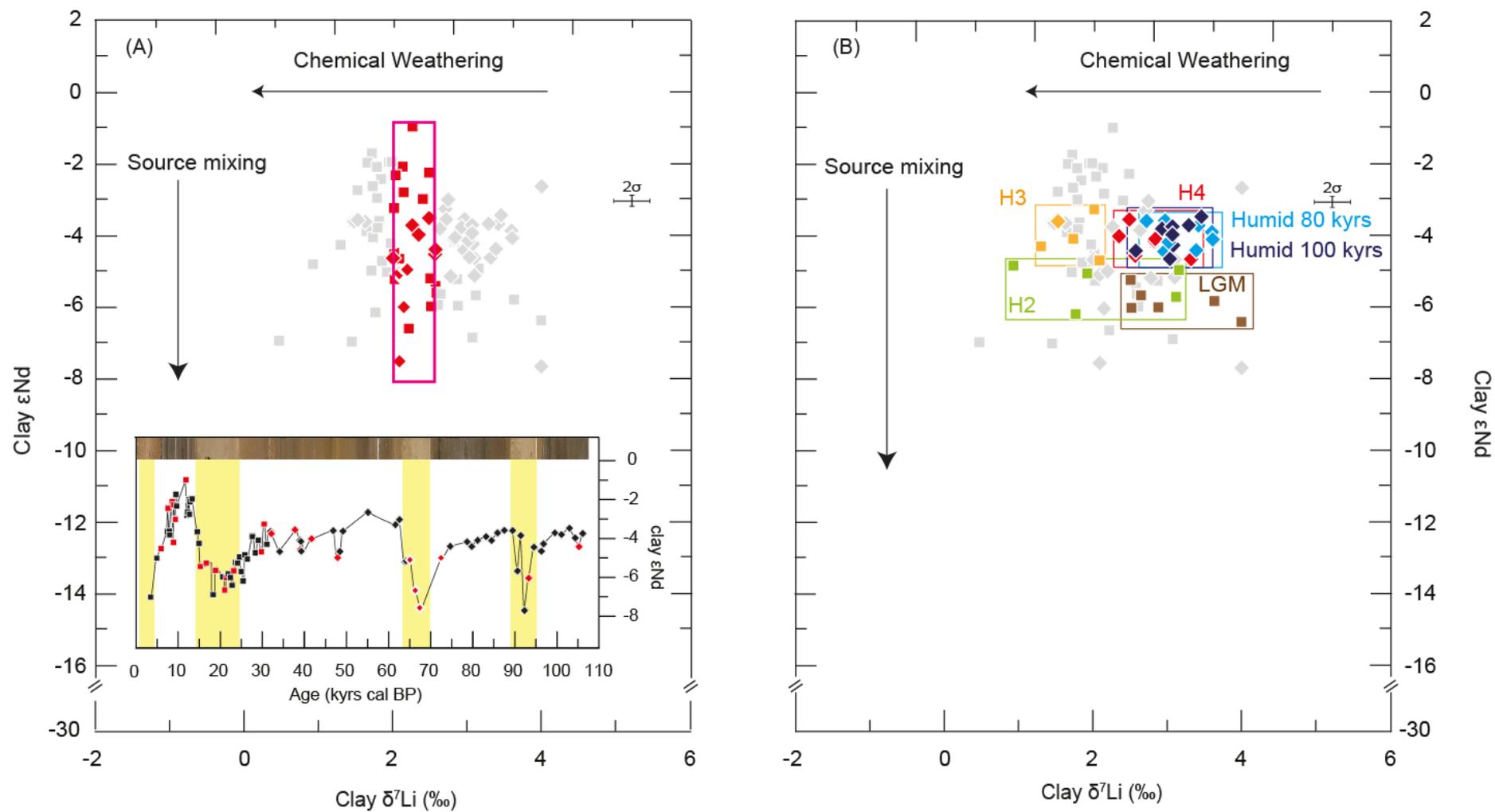
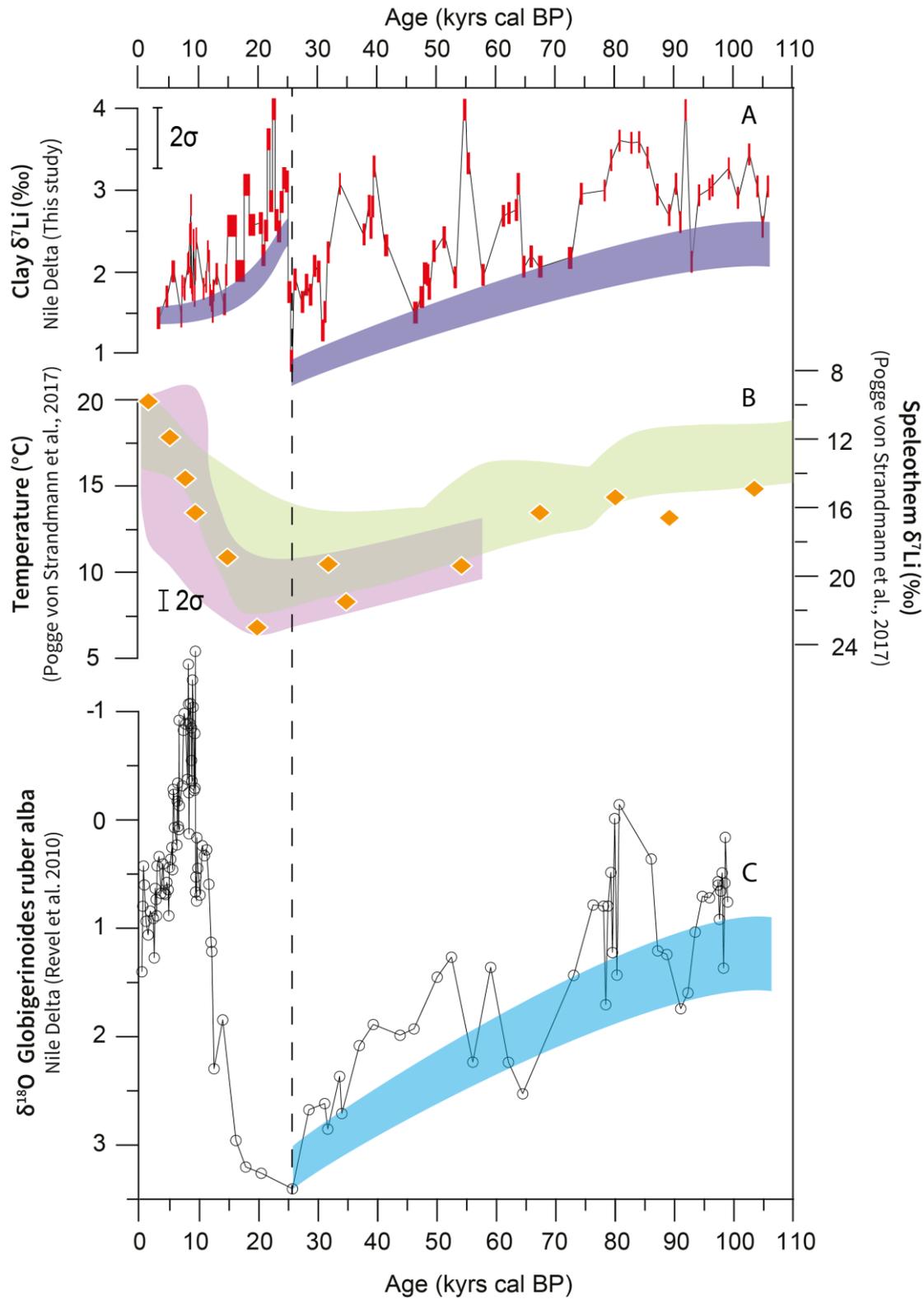


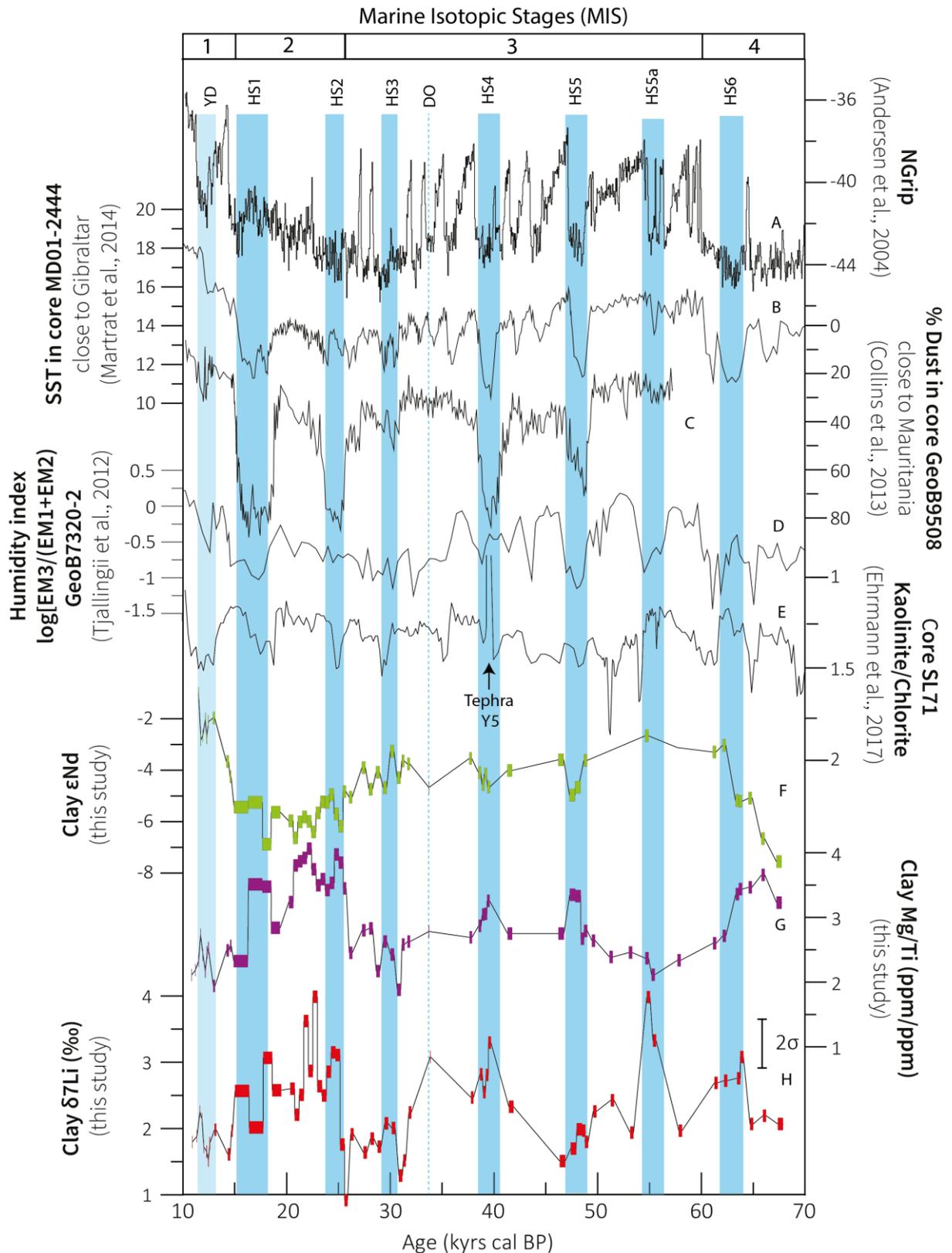
Figure 7 : Clay  $\epsilon\text{Nd}$  as a function of  $\delta^7\text{Li}$ . (A) The red symbols represent samples with similar  $\delta^7\text{Li}$  ( $\approx 2$ ‰) and variable  $\epsilon\text{Nd}$ . (B) Representation of different periods of time with constant clay  $\epsilon\text{Nd}$ . The squares and the diamonds correspond respectively to the samples of Bastian et al., (2017) and of this study.



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1221 *Figure 8 : Paleovariation of (A) clay  $\delta^7\text{Li}$  in core MS27PT, (B)  $\delta^7\text{Li}$  in Speleothem from Soreq cave*  
 1222 *(Israel). The green and violet bands correspond to the temperature reconstruction respectively with*  
 1223 *hydrogen isotopes and clumped isotopes (Pogge von Strandmann et al., 2017); (C) Globigerinoides*  
 1224 *ruber alba  $\delta^{18}\text{O}$  in core MS27PT (Revel et al., 2010 & 2015).*

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1227 *Figure 9: Paleovariations in (A) NGrIP  $\delta^{18}\text{O}$  (Andersen et al., 2004), (B) Reconstructed Sea Surface*  
 1228 *Temperature (SST,  $^{\circ}\text{C}$ ) for North Atlantic (Martrat et al., 2014), (C) Estimation of Dust in core*  
 1229 *GeoB9508 close to Gibraltar (Collins et al., 2013), (D) Estimation of Humidity index of central Africa*  
 1230 *from the core GeoB7320-2 (Tjallingii et al., 2008), (E) Kaolinite/Chlorite ratio from SL71 core*

1231 *(Ehrmann et al., 2017), (F), (G) and (H) clay Mg/Ti ratio, clay K/Ti ratios and clay  $\delta^2\text{Li}$ . The blue band*  
1232 *represents the Heinrich Stadial (HS) and the Younger Dryas (YD).*

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## Supplementary material

of

# Co-variations of climate and silicate weathering in the Nile Basin during the Late Pleistocene

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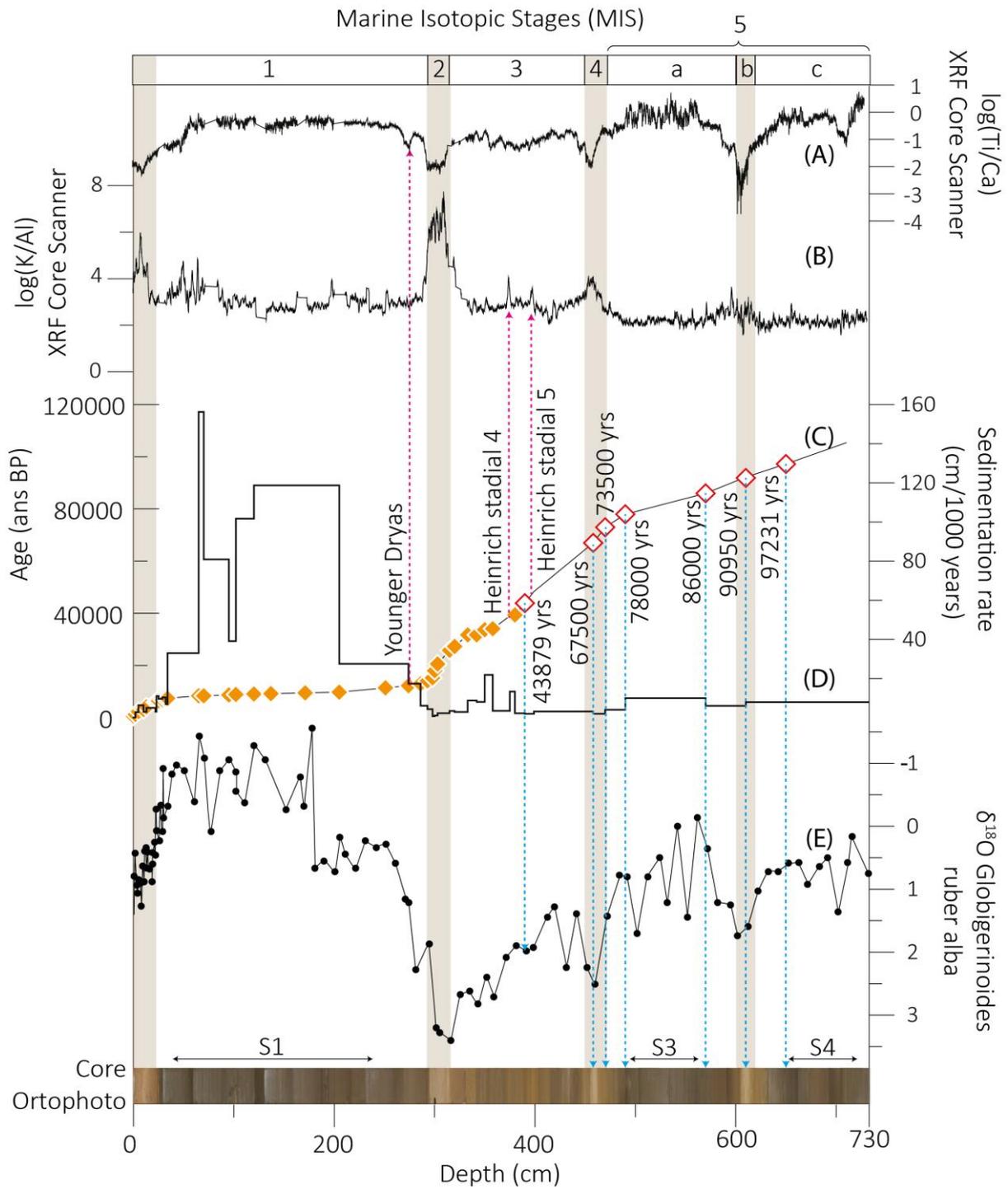
1263 Core MS27PT is 7.3 m long and cover 110 kyr. The age model for core MS27PT is based on  
1264 29 AMS <sup>14</sup>C dates first published in (Bastian et al., 2017; Revel et al., 2015, 2010). These <sup>14</sup>C  
1265 dates were calibrated using the Calib 7.0 program (Reimer et al., 2013) and a mean marine  
1266 reservoir age of 400 years. For the period extending from 110 to 46 kyr BP, the age model is  
1267 taken from Revel et al., (2010) and is based on the age of the sapropel S3 (86 to 78 kys BP)  
1268 and the sapropel S4 ( S4b: 108 kyr BP, S4a: 102 kyrs BP). Additionally, the oxygen isotope  
1269 record of MS27PT is correlated with the isotope record of the SPECMAP reference timescale  
1270 for the Marine Isotope Stage 4 and 5 (Cornuault et al., 2016; Kallel et al., 2000; Revel et al.,  
1271 2010).

1272 The change in marine/terrigenous material and within the detrital material have been  
1273 investigated by comparing the Ti/Ca and Ti/K ratios. The enrichment in Ti for humid periods  
1274 indicate a higher contribution by Nile flood particles. The enrichment in K for arid periods  
1275 and for some of the heinrich events most probably indicates a change in source and also a  
1276 change in weathering of suspended matter. For some specific climate episodes such as the  
1277 Heinrich events, we have based our sampling on K/Ti ratio variations.

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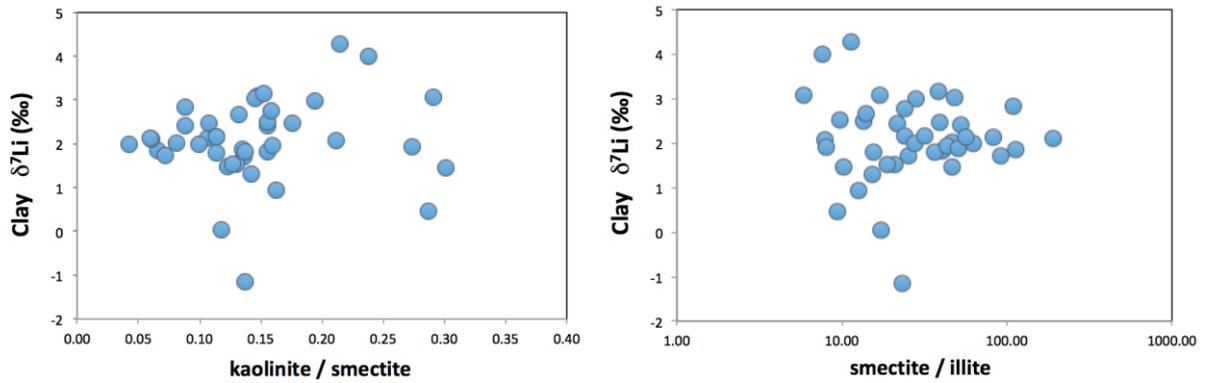
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Figure S1 :). (A)  $\log(\text{Ti}/\text{Ca})$  determined by XRF core scanner (Revel et al., 2010). (B)  $\text{K}/\text{Al}$  determined by XRF core scanner (Revel et al., 2010) (C) AMS  $^{14}\text{C}$  ages in orange, calibrated age in red (D) Sedimentation rate (mm/1000 years). (E)  $\delta^{18}\text{O}$  of *Globigerinoides ruber alba* (Revel et al., 2010). The blue arrows indicate the age calibration after 45000 years and purple arrows indicate the Heinrich stadial 4 and 5 and Younger Dryas.

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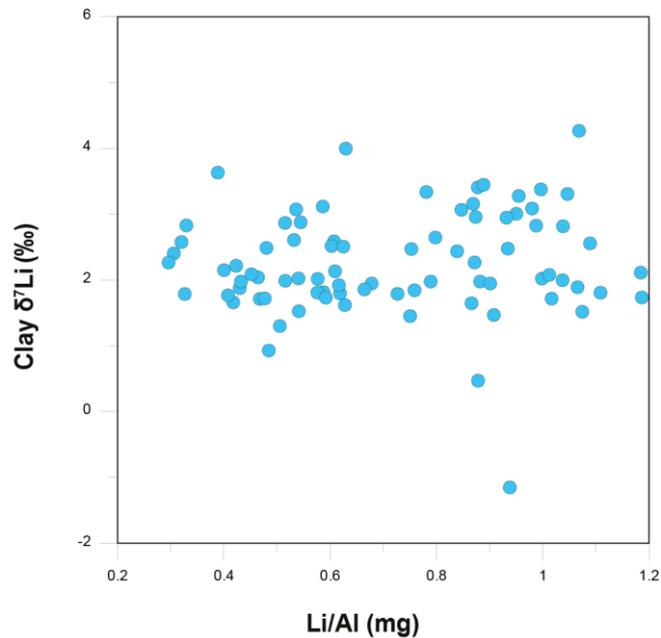
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1286 Figure S2: Clay  $\delta^7\text{Li}$  as a function of kaolinite/smectite ratio and smectite /illite ratio. There is no  
 1287 apparent correlation between clay mineralogy and clay Li isotope composition over the last 100kyrs,  
 1288 mostly because smectite remained the dominant phase (>70%), and likely also because of similar  
 1289 isotope fractionation during Li uptake by these various phases.

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1294 *Figure S3 : Clay  $\delta^7\text{Li}$  as a function of their Li/Al ratio, evidencing the lack of control by mineral mixing*  
 1295 *or by significant contribution from high Li/Al – low  $\delta^7\text{Li}$  shales (see Dellinger et al. 2017).*

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