Appendix B. Supplementary Data

This manuscript includes the following supplementary data.

- *agemodels.zip*: containing the age model files for cores MD04-2829CQ, BOFS-5K and MD99-2339. For each core there are 3 files: the inputs to *Undateable* (<corename>_udinput_SI.txt), the age–depth model (<corename>_admodel.txt) and a figure showing the age–depth model (<corename>_admodel.pdf).

- *stacks.zip*: containing time series of the observed and modeled regional stacks (i.e as used to produce Figs 1 and 3 of the Main Text).

- *maps.zip*: containing the temperature anomalies between climate states (i.e. as used to produce the Fig 5a–c maps in the Main Text).