Stomach content and stable isotope analyses provide complementary insights into the trophic ecology of coastal temperate bentho-demersal assemblages under environmental and anthropogenic pressures

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Abstract :

Assessing organic matter fluxes and species interactions in food webs is of main interest to understand the ecological functioning in bays and estuaries characterised by a wide diversity of primary producers and consumers. Demersal fish and cephalopod assemblages were studied across a network of 24 shallow subtidal stations in the bay of Saint-Brieuc for their diversity, stable isotope compositions and stomach contents. The community was composed of 21 taxa, eight species accounting for 94.4% of the total abundance. Three different assemblages were identified along bathymetric gradient and spatial patterns in fish dredging. Marine POM and SOM were the most likely bases of food webs regarding δ 13C range displayed by fish and cephalopod without differences among assemblages. Amphipoda was the main prey item in stomachs leading to significant diet overlaps among fish species, with some variations in additional items. Sepia officinalis was characterised by a singular diet and very low dietary overlap with other species. Contrasted stable isotope values and niche overlaps among species were evidenced in the δ13C/δ15N space. Callionymus lyra and Buglossidium luteum, characterised by the widest isotopic niches, encompassed those of other species, except the singular 13C-depleted Spondyliosoma cantharus. Coupling taxonomic assemblages, stomach contents and stable isotope analyses help disentangling the resources uses and evidencing trophic pathways. Contrasts in fish and cephalopod demersal assemblages occurring at different depths not necessarily imply differences in the trophic resources uses in such complex shallow coastal ecosystems under anthropogenic influences.

Highlights

► Trophic ecology of fish assemblages (stomach content and stable isotopes) were studied in the bay of Saint Brieuc (France). ► The fish and cephalopod community was composed of 21 taxa; eight species accounted for 94.4% of the total abundance. ► An impoverished assemblage may reveal the impact of scallop dredging on a part of the Bay. ► Amphipoda was the main prey with many additional items depending on predator species. ► At the assemblage scale, fish and demersal fauna mostly relied on POM/SOM-based food chains.

Keywords : fish assemblages, functioning, stomach contents, stable isotope

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66 I. Introduction:

- 67 Coastal areas are among the most productive marine systems in the world,
- sustaining many ecological processes and ecosystems services (Costanza et al.,

69 1997). Worldwide, these ecosystems are suffering severe taxonomic and functional 70 changes in response to cumulative effects of anthropogenic disturbances including 71 overfishing, pollution, climate change, habitat degradation and introduction of non-72 indigenous species (Gray, 1997; Claudet & Fraschetti, 2010). Human influences 73 induce both acute and chronic effects over various temporal and spatial scales, and 74 can ultimately lead to broad-scale losses of productive habitats, and alteration of 75 community structure and function (Ellis et al., 2000).

76 Bays and estuaries provide habitats to a wide range of species of potential ecological 77 importance and commercial interest. The production in such ecosystems is 78 supported by a wide diversity of primary producers, including phytoplankton, 79 seaweeds, seagrass, mangroves, salt marsh plants, and benthic diatoms (Bouillon et 80 al., 2011). The contribution of these diverse sources to estuarine and coastal food 81 webs differs substantially across systems around the world, particularly for nekton 82 (e.g. fishes, cephalopod), which utilize multiple sources of organic matter over space 83 and time because of their mobility and feeding behavior (Kundu et al., 2021).

84 Individuals from many fish or cephalopod species concentrate during the juvenile 85 stage in spatially restricted nursery areas within coastal habitats and estuaries (Beck 86 et al., 2001; Brown et al., 2018; Seitz et al., 2014) where they feed on abundant 87 macrobenthos, especially during biomass peaks from late spring to early fall in 88 temperate areas (Beukema, 1974; Nicolas et al., 2007; Saulnier et al., 2020). This 89 concentration of benthic feeding juveniles results in density-dependent regulation (Le 90 Pape and Bonhommeau, 2015), especially related to inter-specific relationships (Post 91 et al., 1999). Food competition may occur when individuals from one or several 92 species share a common feeding strategy and rely on limited preys (Birch, 1957). 93 Even if food partitioning limits competition, most bentho-demersal fish species are 94 considered as opportunistic predators and prey on a shared pool of preys (Hunsicker

et al., 2011), especially at juvenile stage, leading to potential competition processes
at intra and interspecific levels (Tableau et al., 2019).

97 Stomach content analysis (SCA) and stable isotope analysis (SIA) are two tools to 98 infer basal carbon sources, trophic interactions and/or food web structure. SCA 99 provide taxonomic information of prey items and their abundance, weight and 100 occurrence. However, SCA represents a snapshot of recently (hours to day) ingested 101 prey and can be biased by different digestibility among targeted items (Hyslop, 102 1980). As predators integrate both carbon and nitrogen isotopic compositions of their 103 preys into their own tissues, SIA provides a longer temporally integrated information on dietary habits (days to months according to tissues) reflecting actually assimilated 104 prey (Fry, 2008). However, SIA fails to provide accurate information about the 105 diversity and identity of prey items. Considering this complementarity, the association 106 107 of SCA and SIA allows to take the best of both approaches by the calculation of complementary metrics (Cresson et al., 2014; Davis et al., 2012; Leclerc et al., 2013; 108 Petta et al., 2020; Togashi et al., 2019). 109

110 In stable isotope analysis, the concept of isotopic niche is frequently analysed through different metrics used to examine food web structure, i.e., resource use and 111 112 trophic positions among organisms, populations or trophic groups (Layman et al., 2007a). Trophic niche variability [sensus Newsome et al. (2007)] reflects the 113 availability of food resources, habitat uses, behaviours and distributions within 114 ecosystems (Bolnick et al., 2002; Quevedo et al., 2009). Intraspecific niche can 115 depict opportunistic or specialist feeding behaviour within species functional diversity, 116 117 while interspecific niche can reveal competition or resources partitioning strategies 118 among populations. Interestingly, the concepts of niche variability and overlap can be 119 tested among predator species through metrics respectively derived both from 120 stomach contents [niche_{SCA} (Petta et al., 2020; Schoener, (1971)] and isotope

compositions [niche_{SIA} (Petta et al., 2020; Cucherousset and Villéger, 2015; Layman
et al., 2007a, 2012; Rigolet et al., 2015)].

Bentho-demersal fish and cephalopod assemblages may vary spatially in response to natural or anthropogenic factors. Variability in species richness or diversity among assemblages can also affect niches and food web structure (Wellard Kelly et al., 2021) and increase competition and specialization leading to a niche reduction for some species (Connell, 1983). The relationship between assemblage compositions and trophic complexity, including niches variability and overlap, is therefore an important aspect for these communities.

130 On the French coast of the English Channel, coastal fish and cephalopod 131 communities and nurseries have been studied in the main coastal bays and estuaries 132 [e.g. Rance estuary (Le Mao, 1985), bay of Seine (Day et al., 2021; Saulnier et al. 2020), bay of Mont-Saint-Michel (Kostecki et al., 2012), bay of Morlaix (Dauvin, 1988) 133 or Bay of Somme (Auber et al., 2017)] providing powerful information for the 134 understanding and the conservation of coastal habitats. In the bay of Saint-Brieuc 135 136 (Western English Channel), fish communities that use the intertidal area at high tide have been studied in relation to salt marsh (Laugier, 2015; Sturbois et al., 2016) and 137 green tides (Le Luherne et al., 2016). Despite a recent update of the benthic 138 macrofauna knowledge in the subtidal area belonging to the "Baie de Saint-Brieuc -139 140 Est" Natura 2000 site and neighbouring the National Nature Reserve of the bay of 141 Saint-Brieuc (Sturbois et al., 2021a), data on bentho-demersal fish and cephalopods 142 are rare and old (Gully, 1981; Le Dean and Moreau, 1981). The marine protected areas did not prevent this shallow subtidal area under a megatidal regime from 143 144 different anthropogenic activities (Shellfish farming, eutrophication, invasive species) 145 and the bay has been supporting intense bottom fishing (mostly scallop dredging) for 146 decades. This fishing pressure has affected benthic habitats (Sturbois et al., 2021a)

and may have potential impacts on fish and cephalopod communities of the marineprotected area.

In this study, we analysed fish and cephalopod communities at species and 149 assemblages scales in the shallow soft bottom sediments of the bay of Saint-Brieuc 150 and on the associated food web from primary producers to benthic consumers. After 151 152 the analysis of the distribution of fish and cephalopods species in order to distinguish 153 the taxonomic assemblages, our objective was to disentangle sources uses and trophic relationships among species, particularly: (1) Are taxonomic fish and 154 155 cephalopod assemblages supported by different trophic sources?; (2) How do trophic 156 strategies of demersal fish and cephalopod species can be evidenced by crossing 157 stomach contents and stable isotope analyses? We finally discussed results in relation 158 with methodological benefits and caveats when crossing stomach contents and stable 159 isotope analyses, previous information on the benthic preys production, and their 160 implications for the understanding and the conservation of the marine protected areas.

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162 II. Material and methods

163 2.1 Study area, the bay of Saint-Brieuc (Western English Channel, France)

The study area (Figure 1) encloses 11,700 ha of shallow soft-bottom sediments (0-15
m) under the influence of a semi-diurnal megatidal regime. Tidal range varies from 4
m at neap tides to nearly 13 m during spring tides.

In 2019, the benthic macrofauna was dominated by molluscs, annelids and crustaceans (Sturbois et al., 2021a). Knowledge concerning subtidal fishes in the study area are rare and old. In the last studies dating back to 1981, demersal fish communities were dominated by *Pleuronectes platessa*, *Psetta maxima*, *Solea lascaris*, *S. vulgaris*, and *Scophthalmus rhombus*, while *Spondyliosoma cantharus* was limited to the western part of the bay, and *Limanda limanda* and *Platichthys flesus* were scarce (Le Dean and Moreau, 1981; Gully, 1981). In the intertidal area, Le

174 Luherne et al. (2016) evidenced the use of sandy beaches at high tide by some 175 species; e.g. Buglossidium luteum, Pleuronectes platessa, Pomatoschistus microps, 176 Chelon spp., and Dicentrarchus labrax; these three last taxa also using the salt marsh channels (Laugier, 2015; Sturbois et al., 2016). 177 178 Despite bordering the National Nature Reserve of the bay of Saint-Brieuc and 179 partially belonging to the Natura 2000 "Baie de Saint-Brieuc-Est" site (European Union network, FR5300066), the study area is exposed to a number of 180 181 anthropogenic pressures including mussel culture and scallop dredging (Sturbois et 182 al., 2021b, 2021a). Mussels are farmed on wooden poles (312 ha; Figure 1) in the north-eastern part of the intertidal area and on ropes in the western part of the study 183 184 area. The sea bed is exposed to long-term scallop dredging (Sturbois et al., 2021a). Some areas are colonized by the non-indigenous slipper limpet Crepidula fornicata 185 186 especially in the western part of the bay (Blanchard et al., 2001; Hamon and 187 Blanchard, 1994). The bay also suffers from eutrophication resulting in macroalgae 188 proliferation and cyclic green tides episodes (Charlier et al., 2007; Gravier, 2012). 189 These green tides influence the dynamics of some benthic populations of 190 invertebrates in the intertidal area (Sturbois et al., 2021b) and impact fish nursery 191 grounds in the upper parts of the intertidal area (Le Luherne et al., 2017, 2016).

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193 2.2 Sample collection and laboratory processes

194 2.2.1 Fish and cephalopods

195 Fish and cephalopods were sampled in September 2019 using beam trawls (2.5/3 196 knots) at 24 stations (Figure 1). Deeper stations (n= 14) were sampled with a 3.0 m 197 beam trawl (1 cm mesh size, length of hauls = $1365m \pm 397$, mean length \pm sd) 198 towed by the RV Thalia. Shallower stations (n= 10) were sampled with a 1.5 m beam trawl (1 cm mesh size, length of hauls = $774m \pm 8$) towed by the *Emeraude Explorer* 199 200 semi-rigid pneumatic boat. Fish were identified and measured (fork length, nearest 201 mm) on board before release. Some individuals were collected, euthanized with an

overdosed solution of benzocaine (400 mg.L⁻¹), and immediately frozen (-20°C) for
later stable isotope (SIA) and stomach content (SCA) analyses. Note that skates
(biopsy for SIA) and sea horses were systematically released.
In the laboratory, each fish was measured (fork length, precision: 0.01 cm) and
weighted (total mass, precision: 0.0001 g) before dissection. Fish stomachs were

207 extracted and weighted (full and without stomach content). When present, prey items

208 were sorted under a binocular microscope into their lowest possible taxonomic group,

209 counted and weighted (wet weight). The number of samples depends on the

abundance of fish and cephalopods in the study area. To deal with a number of SCA

samples < 30 individuals for some species we complemented and discussed local

results with respect to a species-level review of SCA at larger scale in Europe (seesection 4.3).

Samples for SIA consisted of individual white dorsal muscle tissues free of any bone,
skin or scales fragments. All samples were rinsed, dried at 60°C for 48 h, and ground
into a fine powder using a marble mortar.

217 **2.2.2**

Benthic macrofauna

218 Benthic macrofauna was sampled with a Rallier du Baty-dredge. Contents were 219 gently sieved through a 5-mm square mesh sieve. Macrofauna was then sorted on 220 board and stored at -20°C until further treatment. In the laboratory, animals were 221 identified to the lowest possible taxonomic level and rinsed. Samples for SIA 222 consisted of individual muscle tissues of large species (i.e. bivalves, prawns) or whole individual (for amphipods). The slipper limpet Crepidula fornicata containing 223 224 calcium carbonates was split into two subsamples, acidified and non-acidified, 225 respectively (Androuin et al., 2019). All samples were rinsed, dried at 60°C for 48 h, 226 and ground into a fine powder using a marble mortar.

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- 229 2.2.3. Trophic sources, primary producers and organic matter
- 230 Sedimentary organic matter (SOM) was collected at 12 stations from samples of
- sediment collected with the Rallier du Baty dredge (Figure 1). For each station, one
- subsample was acidified (10% HCl) and re-dried overnight at 60°C, whereas the
- other subsample remained untreated. Marine and freshwater samples collected for
- suspended particulate organic matter (POM) were pre-filtered through a 90-µm-mesh
- to remove large detritus and then filtered on precombusted (500°C, 5h) Whatman
- 236 GF/F filters (47 mm diameter). POM collected from river basins (POM_TER, 5
- stations), and offshore (POM_SEA, 2 stations) were differentiated.

Leaves and twigs of the most representative vascular plants colonizing salt marshes
(Sturbois and Bioret, 2019, Sturbois et al. 2022) and *Ulva* spp. were also collected.
Samples were rinsed in the laboratory to be cleaned from epibionts, dried at 60°C for
48h, and ground into a fine powder using a marble mortar.



Figure 1: Location of the study area and sampling strategy: length of hauls (colored line),
location of particulate organic matter (POM, test tube) and sedimentary organic matter (SOM,
black stars) samples, depths (grey lines).

260 2.3 Stable isotope analysis

- At least three replicates were analyzed per species when possible; however, for few
- taxa less replicates were available (Supplementary material, Appendix A). Powdered
- samples were packed into 5 x 8 mm ultra-clean tin capsules and analysed using an
- elemental analyser (EA Flash 2000 from ThermoFisher Scientific) coupled with an
- 265 isotope ratio mass spectrometer (Delta V Plus from ThermoFisher Scientific) at the
- stable isotope facility of the Pole Spectrométrie Océan at the University of Bretagne
- 267 Occidentale (Brest, France).
- 268 Stable isotope ratios were reported in the standard δ notation as units of parts per mil
- 269 (‰) relative to the international reference standard:

$$\delta X = [(R_{Sample}/R_{Standard}) - 1] * 10^3$$

- where X is ${}^{13}C$ and ${}^{15}N$ and R is the corresponding ratio of ${}^{13}C/{}^{12}C$ and ${}^{15}N/{}^{14}N$.
- 272 Reference standard used were Vienna-Pee Dee Belemnite for ¹³C and atmospheric
- 273 N_2 for ¹⁵N (precision: 0.1‰).
- 274 Values of δ^{13} C from acidified subsamples were combined with those of δ^{15} N from
- 275 untreated subsamples to compute both slipper limpets and SOM stable isotope
- values, undisturbed by calcium carbonate residues (δ^{13} C) and by acidification (δ^{15} N)
- 277 (Androuin et al., 2019).

278 2.4 Data Analysis

279 Data sets were investigated to analyse spatial patterns in fish and cephalopod

assemblages, and in both the composition and the structure of the food web

- including (i) primary food resources, (ii) benthic invertebrates and (iii) fish and
- cephalopods. Prior to statistical analysis, abundance of fishes and cephalopods
- measured with the 3.0 m and 1.5 m beam trawls were standardized for 0.1 ha. SIA
- and SCA were used to infer on the niches variability and overlap between the most
- abundant fish species. All analyses were performed within the R environment.

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287 2.4.1 Fish and cephalopod assemblages

288 A Hierarchical Cluster Analysis (HCA) was performed to distinguish fish and cephalopod assemblages (*i.e.* station groups) by using the Bray-Curtis dissimilarity 289 between each pair of samples and by applying the Ward's clustering method. 290 291 Then, in order to assess the different components of α -diversity at the both scales of 292 the bay (i.e. including all stations) and the taxonomic assemblages derived from the 293 HCA: the mean number per 0.1 ha and occurrence for each species, the mean total 294 number of individuals per 0.1 ha (N), taxa richness (S), Shannon-Weaver index (H') 295 and Pielou's species evenness (J) were calculated for each station on raw 296 abundance data (R package BiodiversityR). 297 298 Stable isotope analysis 2.4.2 Differences in δ^{13} C and δ^{15} N of fish and cephalopod were tested with a two-way 299 300 ANOVA by permutation against the factors "Species" and "Assemblages". Nichesia

were analysed though community-wide metrics (Layman et al., 2007a; R package
SIBER) calculated at species scale for the most abundant fish and cephalopod
species:

304 - $\delta^{13}C$ and $\delta^{15}N$ range (CR and NR): Distance between the highest and the 305 lowest $\delta^{13}C$ and $\delta^{15}N$ values, respectively, for a given fish or cephalopod 306 species). CR is one representation of basal sources diversity supporting the 307 species whereas NR is one representation of the trophic level diversity at the 308 species level;

309 - Total Area (TA): Convex hull area encompassed by a given fish or

310 cephalopod species in the δ^{13} C- δ^{15} N 2D δ space. This represents a measure

of the total amount of niche space occupied, i.e., a proxy of overall trophic
strategies (specialists vs. opportunists);

-

Mean distance to centroid (CD): Average Euclidean distance of each 313 314 individual to the δ^{13} C- δ^{15} N species centroid, where the centroid is the mean δ^{13} C and δ^{15} N value for all individuals of a given fish or cephalopod species. 315 This metric provides a measure of the average degree of variability in trophic 316 317 strategy; Mean nearest neighbor distance (NND): Mean of the Euclidean distances to 318 each individual nearest neighbor within each fish species niche, i.e., a 319 320 measure of the overall density of individual packing. 321 Four other indices (Cucherousset and Villéger, 2015 ; script si div) were also calculated to analyse the niche overlap between fish and cephalopod species, and 322 323 the extent of their trophic niche: Isotopic similarity (ISim): the ratio between the isotopic niche of the 324 intersection and of the union of the two fish or cephalopod species 325 considered. It ranges from 0 when there is no isotopic overlap to 1 when the 326 327 species with the lowest isotopic richness fills a subset of the isotopic space 328 filled by the species with the highest one. ISim was calculated in the two 329 dimensions of the 2D δ -space and for each isotope (i.e. one dimension); 330 Isotopic nestedness (Ines): Ratio between the area of the intersection and 331 the area filled by the species with the narrowest isotopic niche. It ranges from 0 when there is no isotopic overlap to 1 when the group with the lowest 332 333 isotopic richness fills a subset of the isotopic space filled by the group with the highest one; 334 Isotopic divergence (IDiv): Distribution of species individuals within the 335 336 convexhull. IDiv is minimal (i.e. tends to 0) when most of the points are close 337 to the centroid of the convex hull, and individuals with the most extreme 338 stable isotope values are rare in a community. IDiv tends to 1 when all the points are located on the edges of the convex hull and individuals with 339 340 extreme stable isotope value(s) dominate;

341 - *Isotopic Eveness* (IEve): Regularity in the distribution of individual of a given

fish or cephalopod species along the shortest tree that links all the individuals.

343 IEve tends to 0 when most of individuals are packed within a small region of

344 the stable isotope space while a few others are far from this cluster. IEve

tends to 1 when individuals are evenly distributed in the stable isotope space.

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347 2.4.3 Stomach contents analysis

The importance of prey taxa in the diet of each species was assessed by the main food index (MFI) using the following equation (Rodriguez, 1996):

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$$MFI = \sqrt{W\% \frac{0\% + N\%}{2} * 100}$$

351 Where W%: weight percentage of one item to total weight of all items; O%: frequency 352 of an item to total number of examined stomachs; N%: percentage of number of an

item to total number of all preys. Prey items are considered as preferential (MFI>75),

principal (50<MFI<75), secondary (25<MFI<50) or accidental (MFI<25).

355 Niche_{SCA} breadth (Shannon–Wiener Index) was calculated from abundance

356 (niche_{SCA-N}) and weight (niche_{SCA-W}) in stomach content raw data. A HCA was

357 performed on stomach contents raw abundance data to distinguish groups of fish or

358 cephalopod characterised by similar feeding strategies (*i.e.* same pool of preys),

using the methods described for fish and cephalopod assemblages in section 2.4.1.

360 Complementary, the Schoener index of trophic overlap (Sto) was calculated on

abundance and weight of stomach raw data (Sto_N and Sto_W) for all pairs of fish and

362 cephalopod species (Schoener, 1971). Using the flowing equation, Schoener index

values distinct dietary overlap (0.3<Sto<0.6) from significant dietary overlap

364 (Sto>0.6):

365
$$Sto = 1 - 0.5 \sum_{i=1}^{n} (|Pxi - Pyi|)$$

Where *Pxi* and *Pyi*: proportion of food category *i* in the diet of species *x* and *y*; and *n*: total number of prey.

368 III. Results

369 **3.1 General description of the fish and cephalopod community**

370 A total of 558 individuals belonging to 21 species were sampled. The abundance was variable among species, eight species accounting for 94.4% of the total abundance 371 (Table I, Figure 2-A). The northwestern part of the study area was characterised by 372 lower abundances of fish and cephalopods (Figure 2- A&B). The common dragonet 373 Callionymus lyra (232 individuals, 41.6%) and the black goby Gobius niger (115 ind., 374 20.6%) were the most abundant species while the six following ranked species were 375 less abundant and less frequent in the study area (frequency ranging from 29 to 376 377 71%, Table I). The 13 other species were rarer (frequency below 12%) and less 378 abundant. Most individuals were observed at juvenile stages [young of the year (GO)

and G1, Appendix B]

380 **3.2 Fish and cephalopod assemblages**

381 The HCA separated three assemblages characterised by differences in abundance. 382 richness and diversity (Table I, Figure 2-B and 2-C). Assemblage I (8 stations) mainly occurred in the shallowest stations and was dominated by *Buglossidium luteum*, 383 384 Pomatoschistus minutus and Alloteuthis sp. It was characterised by a low abundance 385 and the lowest richness and Shannon index values. Assemblages II (n=11) and III 386 (n=5) were both dominated by C. lyra, G. niger and B. luteum. Assemblage II was 387 characterised by higher abundances $(13.16 \pm 2.39 \text{ ind.})$, richness (6.09 ± 0.74) species) and Shannon (1.24 ± 0.12) index compared to assemblage III. Eight species 388 among the most abundant were common to assemblages II and III, which differed 389 390 according to the presence of 9 and 4 rarer species respectively present in one of 391 these two assemblages (Table I). Piélou indices were similar among assemblages.

Table I: Diversity metrics, abundance (mean ± sd/se) and occurrence (occ) of species

sampled at the scale of the study area and the three assemblages identified by Hierarchical

395 Cluster Analysis

396			Study area (n	=24)	Assemblage I	(n=8)	Assemblage II	(n=11)	Assemblage III	(n=5)
			mean ± sd	OCC	mean. ± se	OCC	mean ± se	OCC	mean ± se	000
	t y	Abundance (n ind./0.1ha)	7.95 ± 7.65		4.38 ± 1.60		13.16 ± 2.39		2.18 ± 0.64	
207	rsi Tric	Richness	4.63 ± 2.75		2.50 ± 0.42		6.09 ± 0.74		4.80 ± 2.18	
397	ve net	Shannon	1.03 ± 0.56		0.68 ± 0.16		1.24 ± 0.12		1.14 ± 0.36	
	" D	Piélou	0.70 ± 0.29		0.66 ± 0.15		0.73 ± 0.03		0.69 ± 0.17	
		Callyonimus lyra	3.34 ± 4.15	19	0.43 ± 0.23	3	6.53 ± 1.29	11	0.97 ±0.17	5
398		Buglossidium luteum	1.09 ± 1.74	17	1.50 ± 0.72	5	1.18 ± 0.57	9	0.24 ± 0.11	3
		Gobius niger	1.06 ± 2.09	10	0.10 ± 0.10	1	2.10 ± 0.84	6	0.32 ± 0.15	3
		Spondyliosoma cantharus	0.51 ± 0.73	11	0.37 ± 0.19	3	0.81 ± 0.27	6	0.09 ± 0.06	2
200		Pomatoschistus minutus	0.49 ± 1.28	7	0.85 ± 0.74	2	0.42 ± 0.21	4	0.05 ± 0.05	1
399	-	Arnoglossus laterna	0.46 ± 0.98	10	-	0	0.92 ± 0.40	7	0.18 ± 0.09	3
	s pa	Alloteuthis sp.	0.37 ± 1.05	7	0.88 ± 0.62	4	0.16 ± 0.09	3	-	
	0.1 cie	Sepia officinalis	0.14 ± 0.26	7	-	0	0.26 ± 0.10	5	0.09 ± 0.06	2
400	d./	Hippocampus hippocampus	0.10 ± 0.35	3	-	0	0.22 ± 0.15	3	-	
	la la	Aphia minuta	0.08 ± 0.36	2	0.22 ± 0.22	1	0.02 ± 0.02	1	-	
	le L	Mullus surmuletus	0.07 ± 0.15	5	0.03 ± 0.03	1	0.11 ± 0.06	3	0.05 ± 0.05	1
401	np ce	Torpedo marmorata	0.06 ± 0.18	3	-	0	0.12 ± 0.08	3	-	
101	lar sar	Raja undulata	0.05 ± 0.20	2	-	0	0.11 ± 0.09	2	-	
	je no	Chelidonichthys lucerna	0.05 ± 0.23	1	-	0	0.10 ± 0.10	1	-	
	pu	Symphodus bailloni	0.02 ± 0.10	1	-	0	0.04 ± 0.04	1	-	
402	٩	Eutrigla gurnardus	0.01 ± 0.05	1		0	-		0.05 ± 0.05	1
		Merlangius merlangus	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
		Sepiola sp.	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
403		Zeus faber	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
		Trachurus trachurus	0.01 ± 0.04	1	-	0	0.02 ± 0.02	1	-	
		Trigloporus lastoviza	0.01 ± 0.04	1	-	0	0.02 ± 0.02	1	-	
404										



Figure 2: A. Distribution and abundance (number of individuals / 0.1 ha) of fish and
cephalopod species. B. Dendrogram showing the distribution of station in the three
assemblages defined by the Hierarchical Cluster Analysis. C. Spatial distribution of fish and
cephalopod assemblages (white lines indicate the bathymetry).

451

452 3.3 Food web

453

454 3.3.1 Primary food sources

455 Contrasts were observed in primary food sources isotopic values (Figure 3, Appendix

456 A). Values of δ^{13} C were lower for terrestrial POM (-27.34 ± 5.06 ‰) and the pool of

457 salt marsh C3 plants (-25.68 ± 1.54 ‰), while *Ulva* spp. (-14.41 ± 0.27 ‰) and the

458 C4 plant Spartina anglica (-12.36 ± 0.17 ‰), considerably ¹³C-enriched than other

459 sources, exhibited the highest values. The SOM and the marine POM were

460 characterised by intermediate values. *Ulva spp.* and *Spartina anglica* were slightly

461 ¹⁵N-enriched compared to other potential food sources.

462

463 **3.3.2** Consumers and predators: benthic invertebrates, fish and cephalopods

464 Consumers displayed a wide range of stable isotope compositions (Figure 3,

465 Appendix A). Fish and cephalopods exhibited higher δ^{15} N than most benthic

466 invertebrates. For the benthic macrofauna, δ^{13} C mean values ranged from -23.21 ±

467 0.53 ‰ for the deposit-feeder amphipod Ampelisca sp. to -16.36 ± 0.21 ‰ for the

468 omnivorous common prawn *Palaemon serratus*. δ^{15} N mean values ranged from -8.43

 ± 0.41 % for the suspension-feeder *C. fornicata* to -13.85 ± 0.39 % to for the

470 omnivorous green crab Carcinus maenas. Most of benthic macrofauna species

471 exhibited similar range of δ^{13} C values to fish and cephalopods, excepted some

472 species characterised by lower δ^{13} C composition (e.g. *Acanthocardia echinata*,

473 Ampelisca sp.). Excepted the black seabream Spondyliosoma cantharus, the Atlantic

474 horse mackerel *Trachurus trachurus* and the tub gurnard *Chelidonichthys lucerna*,

475 fish and cephalopods displayed a similar stable isotope composition.



486 Figure 3: δ^{13} C and δ^{15} N of consumers and potential dietary sources of organic matter in shallow subtidal soft bottom habitats. Colors represents groups: sources (blue), benthic 487 macrofauna (red) and fishes and cephalopods (green). Mean δ^{13} C and δ^{15} N are plotted with 488 error bars, excepted for species, which count only one individual (Supplementary material, 489 Appendix A). Species. Sources: 1: Ulva spp.; 2: Pool of C3 plants; 3: Spartina anglica (C4 490 491 Plant); 4: Terrestrial POM from main rivers (POM TER); 5: Marine POM (POM SEA); 6: 492 SOM from the subtidal area. Benthic macrofauna consumers: 7: Acanthocardia echinata: 8: 493 Ampelisca sp.; 9: Buccinum undatum; 10: Carcinus maenas; 11: Varicorbula gibba; 12: 494 Crepidula fornicata; 13: Euspira nitida; 14: Pseudofusus rostratus; 15: Gibbula magus; 16: Laevicardium crassum; 17: Maja brachydactyla; 18: Palaemon serratus; 19: Pecten maximus; 495 496 20: Polititapes rhomboides; 21: Tritia reticulata. Fishes and cephalopods: 22: Aphia minuta; 497 23: Arnoglossus laterna; 24: Buglossidium luteum; 25: Callionymus lyra; 26: Trachurus trachurus; 27: Spondyliosoma cantharus; 28: Gobius niger, 29: Eutrigla gurnardus; 498 30: Chelidonichthys lucerna; 31: Trigloporus lastoviza; 32: Alloteuthis sp.; 33: 499 500 Merlangius merlangus; 34: Pomatoschistus minutus; 35: Raja undulata; 36:

501 Mullus surmuletus; 37: Sepia officinalis; 38: Sepiola sp.; 39: Torpedo marmorata.

502

503 3.4 Predators diet and isotopic niches

- 504 Diet composition and δ^{13} C and δ^{15} N values were explored for seven of the most
- abundant species (Table I) for which the numbers of stomach samples and stable
- 506 isotope composition were sufficient: A. laterna, B. luteum, C. lyra, S. cantharus, G.
- 507 niger, M. surmuletus and S. officinalis.

508 3.4.1 Nichesia

509 Variance analyses have been performed on stable isotope values to look for 510 differences at assemblages and species scales. The two-way permutational variance 511 analyses did not evidenced any differences in δ^{13} C (F=1.72, p-value=0.18) nor δ^{15} N 512 (F=0.46, p-value=0.63) among assemblages, whereas the factor species (Appendix 513 G) implied differences in δ^{13} C (F=29.95, p-value <0.001) and δ^{15} N (F=14.46, p-value <0.001) values. Pairwise Wilcoxon-tests (Appendix H) performed on δ^{13} C values 514 515 revealed significant differences between S. cantharus and the six other species while 516 no difference occurred between other species, which exhibited similar carbon isotope compositions. $\delta^{15}N$ values indicated differences between most pairs of species 517 (Appendix H). The interaction species*assemblages was not significant for both 518 519 isotopes. 520 C. lyra (TA=6.10 2; CD=0.80), B. luteum (4.2222, 0.92) and S. cantharus (2.1422, 0.92) and S. 521 0.78) (Figure 4-C, Table II), while S. officinalis (1.17‰², 0.63), M. surmuletus 522 (0.71², 0.60) and A. laterna (0.81², 0.5) displayed a lower variability. IEve values 523 ranged from 0.62 to 0.86 pointed globally that individual of each species were evenly distributed in their respective niche_{SIA}, with a lesser extent for *M. surmuletus*. 524 525 According to IDiv (min: 0.66 for C. lyra, max 0.79 for M. surmuletus), individual of each species tended to fill the whole space of their respective nichesia. 526 527 Isim and Ines values associated with TA representation showed contrasted nichesia 528 overlaps between species (Figure 4-B, Appendix F). While most pairs of species (except pairs including S. cantharus) were characterised by high Isim δ^{13} C values, 529 530 the niche_{SIA} overlap in the 2D δ -space was limited due to the differences in $\delta^{15}N$ values and lower Isim δ^{15} N values. Apart from S. cantharus, C. lyra and B. luteum, 531

532 characterised by wide niches_{SIA}, encompass at least partially the niche_{SIA} of other

533 bentho-demersal predators.

534

535Table II: Stable isotope niche variability of fishes and cephalopod species. n: number of536individuals. δ^{13} C rg and δ^{15} N rg: range of δ^{13} C and δ^{15} N values (‰). Cent δ^{13} C and Cent537 δ^{15} N: δ^{13} C and δ^{15} N centroids values (‰). CD: Mean distance to centroid. NND: Mean of the538Euclidean distances of each species to the δ^{13} C and δ^{15} N centroids. TA: Total area (‰²). IDiv:539Isotopic divergence. IEve: Isotopic Evenness.

540		n	δ ¹³ C rg	δ ¹⁵ N rg	Cent õ ¹³ C	Cent ō ¹⁵ N	ТА	CD	NND+SD	IDiv	lEve	
541	Arnoglossus laterna	18	2.21	0.74	-17.47	13.33	0.81	0.5	0.19 ± 0.14	0.68	0.75	
	Buglossidium luteum	29	2.87	1.99	-17.63	13.58	4.22	0.92	0.24 ± 0.15	0.77	0.79	
542	Callionymus lyra	46	3.31	2.82	-17.79	12.88	6.10	0.80	0.21 ± 0.16	0.66	0.74	
• · -	Gobius niger	22	2.6	1.14	-17.50	13.75	1.74	0.61	0.21 ± 0.15	0.69	0.76	
	Mullus surmuletus	6	1.22	1.13	-18.33	12.64	0.71	0.60	0.34 ± 0.27	0.79	0.62	
543	Sepia officinalis	11	2.05	0.83	-18.15	12.56	1.17	0.63	0.34 ± 0.13	0.72	0.86	
	Spondyliosoma cantharus	22	3.49	1.24	-19.94	13.45	2.14	0.78	0.23 ± 0.13	0.67	0.78	

544

545 3.4.2 Nichesca

The vacuity was variable among species (mean \pm sd ; 10.17% \pm 16.08) ranging from 0% for *M. surmuletus* to 42.86% for *S. officinalis*. Individuals with empty stomach (n=30 for all species) or unidentifiable prey items (n=12) were discarded for SCA which included 162 stomachs for the seven species.

550 *C. lyra* was characterised by the highest richness of prey items consumed (n=9)

551 while *M. surmuletus* and *S. officinalis* only fed on three prey items. MFI values

revealed the importance of amphipoda for six species (Figure 5, Appendix C): main

553 prey for *B. luteum* (MFI= 74.6), *M. surmuletus* (62.2) and *S. cantharus* (51.9), and

- secondary prey for A. laterna (47.4), C. lyra (44.2) and G. niger (40.8). The diet of the
- 555 cephalopod *S. officinalis* was dominated by caridea (45.7) and fishes (50.9), and was

singular with respect to the six fish species. The high consumption of annelida (36.1)

557 by *S. cantharus* was singular. Other items were selected by the bentho-demersal

558 predators, such as bivalvia for *C. lyra* and *G. niger* and caridea for *A. laterna* and *M.*

559 surmuletus.

- 560 No major difference was found in the niche_{SCA-A} breadth among species (Appendix
- 561 D), except for *B. luteum* (0.50) which was characterised by lower values. The
- 562 niche_{SCA-W} breadth values pointed out a slightly different pattern. While *B. luteum* and
- 563 S. officinalis were still characterised by low values (0.78 and 0.69, respectively), C.
- 564 *lyra* (1.44) showed the highest value.

565	The HCA performed on the abundance of preys in stomach content identified four
566	main clusters (Appendix E), which did not follow species classification. The Schoener
567	index values were variable (Figure 4-A, Appendix F) ranging from no overlap (>0.3)
568	to significant (>0.6) dietary overlap among all pairs of species. In term of prey
569	abundance, S. officinalis was characterised by lowest Schoener index's values. The
570	three benthic species A. laterna, B. luteum and C. lyra showed significant mutual
571	overlaps. Schoener index's values derived from the weight of preys were globally
572	lower and more contrasted. However, the niche overlap assessed from abundance or
573	weigh of prey items were globally congruent (Figure 4B).
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626 Illustrations of species come from the © Scandinavian Fishing Year Book.

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636 Figure 5: Radar plots of the main food index calculated for each fish and cephalopod species and for each prey item. Colors correspond to species: Arnoglossus laterna (red), 637 Buglossidium luteum (brown), Callionymus lyra (green), Spondyliosoma cantharus (bottle 638 green), Gobius niger (blue), Mullus surmuletus (purple), Sepia officinalis (pink). The different 639 prey items are indicated in the periphery of the radar plot: Amph.: Amphipoda; Cum.: 640 Cumacea; Cop.: Copepoda; Nem.: Nemerta; Brac.: Brachyura; Gast.: Gasteropoda; Biv.: 641 642 Bivalvia; Ann.: Annelida; Cari.: Caridea; Fish; Iso.:Isopoda; Mys.: Mysida. Illustrations of 643 species come from the C Scandinavian Fishing Year Book. 644

645 IV. Discussion

646 **4.1 Composition of fish and cephalopod assemblages**

647 The fish and cephalopod community was dominated by eight species (94.4% of the

total abundance). C. lyra was the most abundant species in most stations, as

- observed in many soft-bottoms in the English Channel (Dauvin, 1988). The diversity
- of the community was rather low. Some of the species sampled in the study area

were partly or totally shared with other bays in the English Channel: *e.g. B. luteum*,

- 652 A. laterna, Pomatoschistus sp., M. surmuletus, S. cantharus; while others were
- absent from our sampling: e.g., Dicentrarchus labrax, Limanda limanda, Chelon
- 654 spp., Pleuronectes platessa, Platichthys flesus, Psetta maxima, Scophtalmus
- 655 rhombus, Pegusa lascaris, Solea solea (Auber et al., 2017; Kostecki et al., 2012; Le
- 656 Mao, 1985; Day et al., 2021; Saulnier et al., 2020). Gully (1981) observed P.

657 platessa, Psetta maxima, S. solea and S. rhombus in the study area, while P. 658 lascaris was only observed further away, in the north of the bay. Most of the absent 659 species are observed in neighbouring intertidal areas or elsewhere in the bay of 660 Saint-Brieuc (Le Luherne et al., 2016; personal observations). Their unexpected 661 absence in the present sampling suggests that they may be less evenly distributed than expected, especially regarding the restricted home ranges of many marine fish 662 species at juvenile stages (Le Pape and Cognez, 2016) and/or the partial use of 663 664 other habitats, as observed at low tide in intertidal channels (personal observations). 665 Although higher sampling effort would probably have improved richness estimates in this study, we still consider that our sampling effort (6 hours of haul sampling in total) 666 provides a reasonably robust picture of species occurring in the area. 667 668 Abundances were contrasted among the three assemblages. Assemblage II 669 concentrating 3 and 6 times more fish in average than assemblages I and III 670 respectively. Richness and specific diversity also differed among assemblages, notably due to the presence of rare species, which contributed to the distinction of 671 672 clusters. The dominant species of assemblages II and III were similar (C. lyra, B. luteum and G. niger) and differed from those of assemblage I (B. luteum, P. minutus 673 674 and Alloteuthis sp.). While assemblage I was linked to the shallowest stations located in the south of the study area, stations of assemblages II and III were more evenly 675 676 distributed. While stations of assemblage I were characterised by very fine sands, 677 assemblages II and III were associated to more heterogeneous sediments, 678 composed of a mixture of fine sands, mud and coarser fractions (Sturbois et al., 679 2021a). Such contrast in the sediment, coupled with depth gradient, may explain the 680 difference of fish and cephalopods contributions among assemblages (Le Mao, 681 1985). Additionally, the central part of the study area was characterised by the 682 highest benthic macrofauna abundances (Sturbois et al., 2021a), and also 683 concentrated fish and cephalopod abundances (Figure 2).

684 Assemblage III seemed to constitute an impoverished facies of assemblage II 685 characterised with (1) lower abundance, occurrence and eveness, and (2) absence 686 of skates. This could be related to the degradation of benthic habitats showed by Sturbois et al. (2021a) in the study area, with significant taxonomic and functional 687 688 changes. They identified scallop dredging as the main driver of these changes, as 689 evidenced in other highly exploited systems (Fanelli et al., 2009; Rosenberg et al., 2000). Scallop dredging generates fish by-catch (Craven et al., 2013) and 690 691 significantly impacts sediments properties and preys (Bradshaw et al., 2001; Morys 692 et al., 2021). This may also directly influence fish assemblages as shown by Barletta et al. (2016) and reviewed by Wenger et al. (2017) in sediment dredging contexts. 693

694 **4.2 Sources supporting the food web**

695 Marine POM and SOM were the most likely bases of the subtidal food webs regarding δ^{13} C range displayed by both the benthic and fish-cephalopod community 696 as: 1) The very singular high δ^{13} C and δ^{15} N values of *Ulva* spp. with respect to other 697 698 primary producers evidenced that the food web did not mainly rely on Ulva spp. 699 which is in accordance with Sturbois et al. (2022) who showed that the use of Ulva 700 spp. by the benthic macrofauna was very limited within the neighbouring intertidal 701 area; and 2) The network of coastal rivers flowing in the bay is characterised by very 702 small discharge compared to larger bays. Lower trophic levels consumers were 703 scattered along a ¹³C enrichment gradient, which could reveal either different 704 contributions of minor food sources, or a selective assimilation within the composite 705 pools of POM and/or SOM. Stable isotope compositions of fish and cephalopod 706 species were consistent with the consumption of the sampled local macrofauna. This 707 highlights the major transfer pathway in the system, from SOM and POM to fish and 708 cephalopod species. Interestingly, none of these predators deviated from these local 709 sources (Figure 3). Furthermore, no difference in fish and cephalopod isotopic

compositions was evidenced among assemblages, suggesting that the taxonomic

711 distinction was not supported by contrasted energy flows.

712 The local use of the salt marsh by fishes for preys supported by the vegetation or by microphytobenthos is limited to very mobile species (e.g. D. labrax and Chelon spp.) 713 which forage in the salt marshes during high tide (Laugier, 2015; Sturbois et al., 714 715 2016) but were not represented in subtidal sampling. Most of the species sampled in 716 the study area were not caught in the upper intertidal area (Le Luherne et al., 2016; personal observations) or in the salt marsh (Sturbois et al., 2016) suggesting that 717 718 large tidal migration from subtidal to the upper limit of the large intertidal area under 719 megatidal conditions is not a strategy retained by those species for feeding (Amara et 720 al., 2004; Le Pape and Cognez, 2016). In this sense, the ability of tidal channels 721 crossing sandy and muddy sediments, which constitute particular intertidal habitats, 722 to shelter fishes in various tidal conditions need to be explored.

723 **4.3 Specific diet and nichesca variability for the seven fish and**

724 cephalopod species compared to results observed in the bay of Saint-

725 **Brieuc.**

Arnoglossus laterna - The diet of A. laterna was mainly composed of crustaceans in 726 727 the study area, primarily amphipoda and caridea and in a lesser extent mysida. 728 The scaldfish is an active predator that feed on active moving preys rather than sedentary species (Darnaude et al., 2001; De Groot, 1971). Globally, our results are 729 730 congruent with the literature which points a dominance of crustaceans in the 731 scaldfish diet across European coats [Schückel et al., 2012) (North sea), Avşar, 1994 732 (Turkey), Gibson and Ezzi, 1980 (Scotland), Fanelli et al., 2009 (Sicily), Cabral et al., 733 2002 (Portugal)]. However, while these studies pointed a relative and variable 734 importance of fishes in the diet of *A. laterna*, fishes item were considered accidental 735 in the study area which was in accordance with the results of Paulo-Martins et al. 736 (2011) who found no teleost fish in the stomach content of scaldfish sampled in the

Cascais Bay (Portugal). Similarly, annelida was identified as a secondary prey in
some of the aforementioned studies, and assessed as an accidental prey item in the
bay of Saint-Brieuc.

740 Buglossidium luteum – The yellow sole mainly feed on amphipoda, with the highest 741 MFI value for this item among the seven fish and cephalopod species, and in a lesser 742 extent on caridea and annelida, which were both considered as accidental items. 743 Schückel et al., (2012) also found a dominance of crustaceans (copepoda, 744 amphipoda) in the diet of *B. luteum* in the North Sea but copepoda were absent of 745 stomach in the bay of Saint-Brieuc. In several sites located on the French coast of 746 the Eastern English Channel and the Bay of Biscay, Amara et al. (2004) observed 747 that B. luteum mainly fed on crustaceans, polychaetes, and molluscs, these two last 748 prey items being very weakly consumed in the bay of Saint-Brieuc. Cumacea, 749 ostracoda and copepoda were the main components of crustacean's items which 750 contrasts with the importance of amphipoda in the bay of Saint-Brieuc and the North 751 Sea (Schückel et al., 2012). Amara et al. (2004) also showed some geographical 752 differences with a wider range of prey items in the bay of Biscay than in the eastern 753 English Channel confirming that this species diet may be site dependant.

754 *Callionymus lyra* – The common dragonet fed on the widest range of prey items in 755 our study, amphipoda, bivalvia and brachyura being the main components of its diet 756 and other constituting accidental items. Results are contrasted between studies for 757 this species which tends to adopt a generalist feeding strategy. Our results are partly in accordance with Griffin et al. (2012) who showed that C. lyra mainly fed on 758 759 decapods, amphipods and in a lesser extent on polychaetes in four regions from the 760 Eastern English Channel and the Southern North Sea around the UK. López-Jamar 761 et al. (1984) observed a similar pattern in the Northwest Spanish coast, while King et 762 al. (1994) highlighted a dominance of polychaetes in Galway bay (Ireland), and Van 763 Der Veer et al. (1990) and Klimpel et al. (2003) pointed the main contribution of

764	echinoderms. These different studies suggest that C. lyra exhibits an opportunistic
765	feeding strategy feeding on the most available preys (Griffin et al., 2012).
766	Gobius niger – Amphipoda, bivalvia and caridea were the main components
767	identified in the diet of the black goby, while annelids and gasteropods constituted
768	accidental preys. This is congruent with the results of Filiz and Toğulga (2009) in the
769	Aegean sea who showed that G. niger mainly fed on molluscs and crustaceans
770	(90.47% of the diet), and in a lesser extent on polychaetes. These three food items
771	belonging to the two first ranks of food items in most off studies focusing on G. niger
772	diet in various area in the north and the south of Europe (De Casabianda and Kiener,
773	1969; Filiz and Toğulga, 2009; Labropoulou and Markakis, 1998; McGrath, 1974;
774	Vaas et al., 1975) while some studies pointed the variable importance of teleost
775	fishes (Fjøsne, 1996; Vaas et al., 1975).
776	Mullus surmulatus – The red mullet mainly fed on ambipoda, caridae and mysida. In
	the Adviction and Deviši (at al. (2010) printed of an inpode, candae and myside. In
///	the Adriatic sea, Pavicic et al. (2018) pointed a dominance of decapods,
778	crustaceans, bivalvia and polychaetes, with a limited contributions of amphipoda
779	while results of Derbal et al. (2010) were more consistent with our study, finding that
780	amphipoda and mysida were the main components in the Algerian coast.
781	Labropoulou et al. (1997) showed that diet was dominated by crustaceans but varied
782	seasonally: decapods were more important in summer, while amphipoda dominated
783	in winter and spring which is congruent with our results. These three last studies also
784	pointed a limited contribution of annelida and bivalvia. The red mullet was
785	characterised by the lowest diversity of prey items which is consistent with the
786	specialist feeding strategy underlined by Labropoulou et al. (1997) but the number of
787	individual sampled (n=6) may explain this weak diversity of prey items compared to
788	the other species.

Spondyliosoma cantharus – The black sea bream mainly fed on amphipoda and
annelida in the bay of Saint-Brieuc. Five other items were identified as accidental

items placing the species at the second range in diversity of preys. Gonçalves and
Erzini (1998) and Jakov et al. (2006) find congruent results and pointed that
hydrozoans, items absent from stomachs in our study, were also an important prey in
the south west coast of Portugal and in the central Eastern Central Adriatic. Quéro
and Vayne (1998) found similar results but also showed an important contribution of *Enteromorpha sp.* in the diet.

797 Sepia officinallis – The diet of the cuttlefish mainly consisted in fishes and caridea, while few brachyura have been observed in stomachs. Alves et al. (2006) identified 798 799 fishes and crustaceans as preferential items on the south coast of Portugal, as 800 Castro and Guerra (1989) in western Spain, Le Mao (1985) in the Western English 801 Channel, Blanc et al. (1998) in the Morbihan Gulf, and Pinczon du Sel et al. (2000) in 802 the northern bay of Biscay. The vacuity index was important for S. officinallis (42%). 803 The sampling during the daylight may explain this low proportion of full stomachs but 804 Alves et al. (2006) found similar results in night sampling. In any case, our results should be interpreted cautiously due to the low number of cuttlefish stomachs 805 806 available for SCA.

807

4.4 Food supply of the fish and cephalopods community, methodological benefits and caveats

810 Do stomach contents mirror diet and fit with the abundance of prey in the 811 environment?

In accordance with the literature (section 4.3) fish and cephalopod species exhibited a wide range of feeding strategies from opportunistic to generalist but with a close relationship between the abundance of prey in the stomach and in the environment. For instance, flatfish consume the most abundant prey resources as a result of generalist and opportunistic feeding strategies (Carter et al., 1991; Reichert, 2003; Schückel et al., 2012). Consequently, the most frequent and abundant prey in the

stomach contents should be among the most abundant species in the environment
(Amezcua et al., 2003; Schückel et al., 2012; Le Pape et al., 2007; Nicolas et al.,
2007; Saulnier et al., 2020; Tableau et al., 2019).

821 In the benthic fauna of the study area, molluscs were the most abundant group 822 (42.26%) ahead of annelids (38.93%) and crustaceans (15.68%) in 2019 (Sturbois et 823 al., 2021a). SCA revealed that those three main taxa were also well represented in 824 stomach contents, with a variable contribution depending on species. Amphipoda 825 was the main dietary item for the six fish species (as in the bay of Morlaix, 826 Dauvin, 1988), completed by other prey items depending on species. Despite the 827 decrease observed in the abundance of crustaceans between 1987 and 2019 828 (Sturbois et al., 2021a), Amphipoda still reach important densities and remain a 829 major food item. The genus Ampelisca sp., well represented in stomachs, is 830 dominant. Its polyvoltine reproduction leads to more than one generation per year 831 and contributes to the high productivity of benthic habitats. In the bay of Morlaix, three Ampelisca species provided 91 % of the total annual mean abundance, close to 832 833 38 % of the biomass and 50 % of the net production of the total macrofauna (Dauvin, 1984; Dauvin, 1989; Jeong et al., 2009). Such high densities and production rate 834 835 favour the availability of prey for fishes and contribute to explain that this prey item is 836 highly consumed.

837 Inversely, annelids were abundant in the community (Sturbois et al., 2021a) and weakly consumed by fish species, with an exception for S. cantharus for which it 838 839 constitutes a secondary prey items. Even if they could reach locally important 840 densities, the infaunal habitat of most annelids species may limit their availability for 841 predators (Tableau et al., 2019). On the other hand, their high digestibility (due to the 842 absence of hard parts) coupled to the nocturnal activity (vs daylight sampling) of 843 most zoophagous polychaetes, have probably contributed to an underestimation of 844 their consumption (Serrano et al., 2003). Molluscs, and particularly bivalvia have

been identified as secondary prey items for *C. lyra* and *G. niger*. Despite molluscs
dominate the macrofauna in abundance, some bivalve and gasteropod species
remain hard to digest, reaching sizes that limits their consumption by small fishes
(both small species and juvenile stage), and their availability is probably limited by
their infaunal position in the substrate (Tableau et al., 2019). Only juvenile molluscs
were found in stomachs, their digestibility being favoured by smaller size and softer
shells.

In the bay of Saint-Brieuc, the dominance of amphipoda in the diet of the six fish 852 853 species studied suggests potential interspecific food competition which can occur 854 when several species rely on a limiting pool of prey (Nunn et al., 2012). It also asks 855 the question of the carrying capacity of the ecosystems to support numerous species 856 that share a more or less common pool of prey items (Hollowed, 2000; Saulnier et al. 857 2020). In the Bay of Seine, predator invertebrates consumed as much food as fishes 858 and food supply may have temporarily limited the fish production (Saulnier et al., 2020). In the bay of Saint-Brieuc, regarding low abundances of fish and cephalopods, 859 860 such food competition mechanisms should not constitute a main limiting factor for their populations. 861

862

B63 Do stomach contents and stable isotope analyses tell same niches complexity and overlap stories?

No correlations were found between SCA and SIA metrics. This was somewhat

866 expected, as SCA allows discriminating individuals feeding on different prey items,

867 while SIA differentiate individuals feeding on different proportions of prey items, with

868 little ability to discriminate among prey species.

869 The underlying processes influencing niche_{SIA} are more diverse than those

870 influencing niche_{SCA}, as SIA metrics are influenced by far more than just diet

composition (Petta et al., 2020). Caution is therefore recommended when interpreting

872 nichesia vs nichesca metrics in a strictly dietary niche context, especially considering 873 the paucity of empirical information supporting the comparability of metrics derived 874 from either methods. SIA allows for identifying the sources that support a food web and the major trophic pathways. However, in without SCA-based data, the complexity 875 876 of the relation between preys and predators limits the characterisation of predator's 877 diets and thus, the food chains to which they belong. When predators are characterised by similar SI compositions, SI analyses fail to infer on whether this 878 879 signature is a consequence of a specialised diet or reflect a mean composition 880 resulting from a generalist diet. Similarly, two predator species could be supported by a same pool of sources but not being in competition for a same pool of preys: e.g. for 881 M. surmuletus and S. officinalis in our study. Note that a low number of stomach 882 883 samples may have influenced the results for these two species as low samples 884 number produces lower diet diversity and consequently more heterogeneous prey choice between co-occurring species. 885

886 Even if the link between SCA and SIA is variable, from 'no correlation' (Petta et al., 887 2020) to 'contrasted perception' (Cresson et al., 2014), 'complementary understanding' (Davis et al., 2012) or 'consistence' (Togashi et al., 2019), coupling 888 889 SIA and SCA allows to take the best of both approaches and overpass some of their respective limits (Layman et al., 2005; Mantel et al., 2004). The relation between 890 891 taxonomy and feeding modes is not straightforward, and nichesca diversity cannot be systematically associated with dispersions patterns within the niche_{SIA}. SIA are more 892 893 relevant and informative when used in conjunction with SCA (Davis et al., 2012; 894 Layman et al., 2005; Mantel et al., 2004). For instance, SCA are relevant to build mixing models based on actually consumed pool of preys (Phillips et al., 2014), and 895 896 is a prerequisite when comparing food production with the consumption of predators 897 (Saulnier et al., 2020; Tableau et al., 2019).

898

4.5 Food supply of the fish and cephalopods community in the Bay of Saint

900 Brieuc

901 Our study evidenced species-specific feeding strategies. For instance, *S. cantharus* 902 was ¹³C–depleted compared to other species. As with other sparids, the black sea 903 bream is a mobile opportunistic and omnivorous feeder, able to include a wide range 904 of organisms from rocky shore, mud and sand substrate in its diet (Gonçalves and 905 Erzini, 1998; Jakov et al., 2006). Even if in the bay of Saint-Brieuc *S. cantharus* was 906 an important predator of annelids, this ¹³C–depletion may reveal a higher 907 consumption of amphipods or other pelagic sources.

908 Contrasts in niche_{SIA} overlaps evidenced that species characterised by the largest TA

909 (*B. luteum* and *C. lyra*) consistently exhibited the highest interspecific niche overlap

910 while a finest trophic overlap was pointed between two pairs of species: *M*.

911 surmuletus vs S. officinalis and A. laterna vs G. niger. These patterns of trophic

range and resource partitioning have also been pointed in fish food webs of a small

macrotidal estuary (Canche, English Channel; Bouaziz et al. 2021). Some trophic

overlaps observed in the bay of Saint-Brieuc may result from individual level

915 specialization as shown with the HCA performed on stomach contents, i.e., no

916 species-dependant clusters but an intraspecific distribution of individual in different

917 clusters. This is the case for *B. luteum* and *C. lyra*, the two species characterized by

918 the largest trophic area.

Schoener indices of trophic overlap showed a consistency of diet with important
overlaps among pairs of species, while values of Sto based on weight, that is a better
quantification of the food potentially assimilated by predators, pointed more
contrasted results. The theory of limiting similarity (Abrams, 1983; Macarthur and
Levins, 1967) suggests the existence of a maximum level of niche overlap between
two given species that allow their coexistence. Corollary, the concept of competitive
exclusion states that two species competing for exactly the same resources cannot

stably coexist (Gause, 2003; Hardin, 1960; Wellard Kelly et al., 2021). However, the
low abundance of fish and the large food availability may buffer such processes in
the study area.

929 Except S. cantharus characterised by a particular niche, δ^{13} C values strongly 930 overlapped, pointing that the six other species were supported by a common pool of 931 basal sources mainly composed of SOM and POM and similar pool of preys (SCA). 932 However, the diet consistency depicted by the importance of amphipoda seems 933 relative when compared with SIA overlaps. Accordingly, the moderate overlap in $\delta^{15}N$ 934 values limit the trophic overlap assessed in the two dimensions of the δ -space, a 935 direct consequence of diet variation. Species characterised by the highest $\delta^{15}N$ 936 values fed on prey dominated by carnivores and scavenger species of annelids 937 enriched in ¹⁵N, more available than tubiculous deposit-feeder species. This 938 predation of annelids may be more important than depicted in our study, carnivorous 939 and scavenger species being more active at night, which favours their consumption by bentho-demersal predators (Serrano et al., 2003) and explain the higher trophic 940 941 levels. On the contrary, S. officinalis and M. surmuletus were characterised by lower 942 $\delta^{15}N$ values.

943

4.6 Understanding and conservation of such complex ecosystems

As most individuals were observed at juvenile stages [young of the year (GO) and 944 G1] and using the site for feeding, the nursery function (Beck et al., 2001) can be 945 partially retained for a pool of main species which are common at local and regional 946 947 scales. However, the fish and cephalopod community was not dominated by species 948 of commercial interest and their low abundance, especially in the impoverished facies and the northwestern part of the study area, suggests that the nursery function was 949 950 probably not optimal. The absence of some species present in other bays or in the 951 study area suggests that they were present in low abundance and occurrence during 952 our study, with potential seasonal patterns. They may also use limited shallow

953 habitats, within a restricted home range (Le Pape and Cognez, 2016), which have 954 not been integrated in our subtidal sampling design. In such complex ecosystems 955 with different habitats under megatidal conditions, an integrated sampling strategy 956 with complementary methods may help for a better integration of habitats, from 957 estuary and salt marshes to sandy beaches and shallow areas (Le Mao, 1985), with 958 a seasonal dimension (Le Luherne et al., 2016; Le Mao, 1985; Sturbois et al., 2016). 959 Despite the degradation of benthic assemblages previously showed by Sturbois et al. (2021a) in the study area, most individuals were captured with full stomachs. This 960 961 suggests high food availability for fish and cephalopods; however more investigations 962 are needed to explore potential food limitation processes in the bay of Saint-Brieuc 963 (Saulnier et al., 2020). Scallop dredging is well known to affects benthic fauna, flora 964 and habitats by causing changes in overall biomass, species composition and size 965 structure of demersal communities in the ecosystem (Bradshaw et al., 2001; 966 Rosenberg et al., 2000), including fish (Craven et al., 2013). In stressed ecosystems, 967 species with larger niches may show better performances in relation with the 968 accessibility to a wider range of food resources (Layman et al., 2007b; Leigh, 1990; 969 Parreira de Castro et al., 2016; Wellard Kelly et al., 2021). Species characterised by a flexible feeding strategy, such as C. lyra, may be favoured in variable environment 970 in relation with natural and/or anthropogenic factors known to influence soft bottom 971 972 communities and prey availability. While dredging and trawling may induce lower biodiversity on the seabed, this abundant bottom dwelling fish is able to face a 973 974 changing environment (Griffin et al., 2012), which might explain why it dominates the 975 community. In the future, coupling temporal trends in taxonomic assemblages and individual and population-level functional diversity appears as an interesting 976 977 monitoring strategy for complex ecosystems characterised by interactions with 978 anthropogenic activities.

979

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991	
992	Supplementary material
993	Appendix A: Stable isotope compositions of sources and consumers (δ^{13} C and δ^{15} N
993 994	Appendix A: Stable isotope compositions of sources and consumers (δ^{13} C and δ^{15} N mean values ± sd).
993 994 995	Appendix A: Stable isotope compositions of sources and consumers (δ^{13} C and δ^{15} N mean values ± sd). Appendix B: Size-distribution for each fish and cephalopod species.
993 994 995 996	Appendix A: Stable isotope compositions of sources and consumers (δ ¹³ C and δ ¹⁵ N mean values ± sd). Appendix B: Size-distribution for each fish and cephalopod species. Appendix C: Main Food Item values for the main fish and cephalopod species and
993 994 995 996 997	Appendix A: Stable isotope compositions of sources and consumers (δ ¹³ C and δ ¹⁵ N mean values ± sd). Appendix B: Size-distribution for each fish and cephalopod species. Appendix C: Main Food Item values for the main fish and cephalopod species and each prey item.
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993 994 995 996 997 998 999	 Appendix A: Stable isotope compositions of sources and consumers (δ¹³C and δ¹⁵N mean values ± sd). Appendix B: Size-distribution for each fish and cephalopod species. Appendix C: Main Food Item values for the main fish and cephalopod species and each prey item. Appendix D: Vacuity, Niche breath and abundance/weight of preys (mean values ± se) in stomach content for each of the main fish and cephalopod species.
993 994 995 996 997 998 999 1000	 Appendix A: Stable isotope compositions of sources and consumers (δ¹³C and δ¹⁵N mean values ± sd). Appendix B: Size-distribution for each fish and cephalopod species. Appendix C: Main Food Item values for the main fish and cephalopod species and each prey item. Appendix D: Vacuity, Niche breath and abundance/weight of preys (mean values ± se) in stomach content for each of the main fish and cephalopod species. Appendix E: Hierarchical Cluster Analysis and diversity metrics performed on

1002 Appendix F: Values of Isotopic similarity, Isotopic nestedness, and Schoener index.

- 1003 **Appendix G:** Box plots of δ^{13} C and δ^{15} N compositions for each of the main fish and
- 1004 cephalopod species.

1005 **Appendix H:** Pair-wise Wilcoxon tests performed on δ^{13} C and δ^{15} N values between

1006 the main fish and cephalopod species.

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		Study area (r	า=24)	Assemblage I (n=8)		Assemblage II	(n=11)	Assemblage III (n=5)	
		mean ± sd	OCC	mean. ± se	OCC	mean ± se	000	mean ± se	occ
versity netrics	Abundance (n ind./0.1ha)	7.95 ± 7.65		4.38 ± 1.60		13.16 ± 2.39		2.18 ± 0.64	
	Richness	4.63 ± 2.75		2.50 ± 0.42		6.09 ± 0.74		4.80 ± 2.18	
	Shannon	1.03 ± 0.56		0.68 ± 0.16		1.24 ± 0.12		1.14 ± 0.36	
Ē	Piélou	0.70 ± 0.29		0.66 ± 0.15		0.73 ± 0.03		0.69 ± 0.17	
	Callyonimus lyra	3.34 ± 4.15	19	0.43 ± 0.23	3	6.53 ± 1.29	11	0.97 ± 0.17	5
	Buglossidium luteum	1.09 ± 1.74	17	1.50 ± 0.72	5	1.18 ± 0.57	9	0.24 ± 0.11	3
	Gobius niger	1.06 ± 2.09	10	0.10 ± 0.10	1	2.10 ± 0.84	6	0.32 ± 0.15	3
	Spondyliosoma cantharus	0.51 ± 0.73	11	0.37 ± 0.19	3	0.81 ± 0.27	6	0.09 ± 0.06	2
	Pomatoschistus minutus	0.49 ± 1.28	7	0.85 ± 0.74	2	0.42 ± 0.21	4	0.05 ± 0.05	1
a	Arnoglossus laterna	0.46 ± 0.98	10	-	0	0.92 ± 0.40	7	0.18 ± 0.09	3
s	Alloteuthis sp.	0.37 ± 1.05	7	0.88 ± 0.62	4	0.16 ± 0.09	3	-	
0.1 cie	Sepia officinalis	0.14 ± 0.26	7	-	0	0.26 ± 0.10	5	0.09 ± 0.06	2
d./	Hippocampus hippocampus	0.10 ± 0.35	3		0	0.22 ± 0.15	3	-	
l si	Aphia minuta	0.08 ± 0.36	2	0.22 ± 0.22	1	0.02 ± 0.02	1	-	
lec	Mullus surmuletus	0.07 ± 0.15	5	0.03 ± 0.03	1	0.11 ± 0.06	3	0.05 ± 0.05	1
np np	Torpedo marmorata	0.06 ± 0.18	3	<u>-</u>	0	0.12 ± 0.08	3	-	
lar sar	Raja undulata	0.05 ± 0.20	2	-	0	0.11 ± 0.09	2	-	
anc of s	Chelidonichthys lucerna	0.05 ± 0.23	1	-	0	0.10 ± 0.10	1	-	
ן קי	Symphodus bailloni	0.02 ± 0.10	1	-	0	0.04 ± 0.04	1	-	
ব	Eutrigla gurnardus	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
	Merlangius merlangus	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
	Sepiola sp.	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
	Zeus faber	0.01 ± 0.05	1	-	0	-		0.05 ± 0.05	1
	Trachurus trachurus	0.01 ± 0.04	1	-	0	0.02 ± 0.02	1	-	
	Trigloporus lastoviza	0.01 ± 0.04	1	-	0	0.02 ± 0.02	1	-	

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	n	δ ¹³ C rg	δ ¹⁵ N rg	Cent δ ¹³ C	Cent δ ¹⁵ N	ТА	CD	NND+SD	IDiv	IEve
Arnoglossus laterna	18	2.21	0.74	-17.47	13.33	0.81	0.5	0.19 ± 0.14	0.68	0.75
Buglossidium luteum	29	2.87	1.99	-17.63	13.58	4.22	0.92	0.24 ± 0.15	0.77	0.79
Callionymus lyra	46	3.31	2.82	-17.79	12.88	6.10	0.80	0.21 ± 0.16	0.66	0.74
Gobius niger	22	2.6	1.14	-17.50	13.75	1.74	0.61	0.21 ± 0.15	0.69	0.76
Mullus surmuletus	6	1.22	1.13	-18.33	12.64	0.71	0.60	0.34 ± 0.27	0.79	0.62
Sepia officinalis	11	2.05	0.83	-18.15	12.56	1.17	0.63	0.34 ± 0.13	0.72	0.86
Spondyliosoma cantharus	22	3.49	1.24	-19.94	13.45	2.14	0.78	0.23 ± 0.13	0.67	0.78

-19.94 13.45 2.14 0.78

Highlights:

- Trophic ecology of fish assemblages (stomach content and stable isotopes) were studied in the bay of Saint Brieuc (France)

- The fish and cephalopod community was composed of 21 taxa; eight species accounted for 94.4% of the total abundance.

- An impoverished assemblage may reveal the impact of scallop dredging on a part of the Bay.

- Amphipoda was the main prey with many additional items depending on predator species.

- At the assemblage scale, fish and demersal fauna mostly relied on POM/SOM-based food chains.

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CrediT authorship contribution statement

Anthony Sturbois: Conceptualization, Methodology, Validation, Formal analysis, Data curation, Writing - original draft, Visualization, Project administration, Funding acquisition, Investigation. Amélie COZIC: Formal analysis, Investigations, Writing review & editing. Gauthier Schaal: Conceptualization, Investigation, Methodology, Validation, Writing -review & editing, Supervision. Nicolas Desroy: Conceptualization, Methodology, Validation, Writing -review & editing, Investigation, Supervision. Pascal Riera: Conceptualization, Methodology, Validation, Writing review & editing, Investigation, Supervision. Olivier Le Pape: Conceptualization, Methodology, Validation, Writing -review & editing, Supervision. Patrick Le Mao: Investigation, Writing -review & editing. Alain Ponsero: Investigation, Writing -review & editing. Alexandre Carpentier: Conceptualization, Methodology, Validation, Writing - review & editing, Supervision.

Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: