
Bioaccumulation of trace metal elements and biomarker responses in caged juvenile flounder at a polluted site: Effects of fish density and time exposure

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Abstract :

This study investigates the effect of fish density and exposure duration on trace metal elements (TME) bioaccumulation and several biomarkers response. Juvenile flounders were caged at low, medium and high densities and exposed during 15 or 30 days in the Seine estuary. The concentrations of the TME measured in the muscle of the caged fish were all in agreement with their bioavailability percentage in the sediments. Higher concentrations of TME were found in flounders' muscle exposed for 15 days compared with those caged for 30 days. For the same exposure time, the density of fish had no effect on the accumulation of the TME in the flounders' muscle. Biomarkers responses varied according to density and duration of exposure. Special care should be taken in their interpretation. We underline that for an optimal assessment of TME pollution in the field, 15 days with low densities of fish per cage are sufficient.

Highlights

- ▶ Concentration of TME in caged fish depends on their bioavailability in the sediment.
- ▶ Concentration of TME was higher in fish caged during 15 days.
- ▶ Density of fish per cage had no effect on the accumulation of TMEs
- ▶ Density strongly impacted responses of fitness and innate immunity biomarkers.
- ▶ Fish in low density per cage exposed during 15 days assess well the TME pollution

Keywords : Flounder density, Trace metal element, Caging duration, Biomonitoring, Fitness indices, Biomarkers of damage, Innate immune response

38 In recent decades, many legislative tools have been put in place to limit pollution and improve
1 39 the ecological and chemical homeostasis of water bodies. In parallel, many tools have been
2 40 proposed to monitor the quality of aquatic ecosystems. Often, the ecological quality has been
3 41 assessed through studies of the biological communities (i.e. benthic invertebrate fauna, fish
4 42 fauna), while chemical quality has been defined by monitoring the 45 “priority chemicals” in the
5 43 Water Framework Directive (WFD). However, the first of these approaches doesn’t addressed
6 44 the origin of the pollution, while the second is not exhaustive enough. These shortcomings have
7 45 prompted increasing interest in multi-biomarker approaches for environmental monitoring
8 46 programs (Catteau et al., 2022; Sanchez et al., 2007). In particular, both passive and active
9 47 biomonitoring methods have been proposed. The first approach concerned the determination of
10 48 pollutants and their effect in native individuals with their own life history traits and specific
11 49 spatial distributions in the wild. Many authors have proposed an alternative, active biomonitoring
12 50 approach which is based on the caging of selected sentinel species in the area to be studied. The
13 51 reduction of inter-individual variability and capacity to precisely control the location and
14 52 duration of exposure could give more realistic results in studies of bioavailability,
15 53 bioaccumulation and biological effects of contaminants on fish (Oikari, 2006).
16 54 One of the major constraints of caging that can affect growth and development of caged fish is
17 55 the limitation of access to food (Jørgensen et al., 1999), which can also influence exposure to
18 56 chemical contaminants through food compared with fish *in natura*. In addition to having effects
19 57 upon fish’s exposure to contaminants, caging can lead to a decrease in fitness indices (Kerambrun
20 58 et al., 2012) which even result in the death of caged organisms. Fitness indices of larvae and
21 59 juvenile fish such as specific growth rate, otolith increments; morphometric indices (Fulton’s K);
22 60 lipid and protein reserves have therefore been used to assess the health status of individuals and
23 61 populations, as well as the habitat quality (Amara et al., 2007). But a drop in these fitness indices
24 62 linked to a lack of food can confound interpretation of the effects of the metal trace elements
25 63 bioaccumulation, for example, as well as other biomarkers which are considered to be responses
26 64 to the concentration of these elements in the caged organisms.
27 65 To overcome the lack of food for caged fish, we tested for the first time, cages fitted with a device
28 66 that could allow the fixation and development of prey.
29 67 While high fish densities in cages can have adverse effects on fitness and immunological
30 68 biomarkers (Le Guernic et al., 2016), the effect of fish density and exposure duration on the
31 69 accumulation of metal trace elements in fish are not fully understood.
32 70 For caging, a large number of fish species can be captured in a weakly contaminated natural
33 71 habitat before being caged at the study site. The European flounder (*Platichthys flesus*) is one of
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72 the most-used sentinel species for the assessment of chemical contamination in aquatic
1 73 environments (Dupuy et al., 2014), and is recommended by OSPAR for the biomonitoring of
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3 74 marine environment (Burgeot et al., 2017).
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5 75 The aims of this study, was to analyse the effect of fish density and exposure duration (15 and
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7 76 30 days) on (i) the accumulation of TME (Ag, Ba, Cd, Cu, Co, Cr, Hg, Pb, Ni, V, Fe, and Sr) in
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9 77 juvenile flounder muscles, ii) the response of fitness indices (condition index, lipids and protein
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11 78 reserves), and iii) health status biomarkers such as the rate of DNA damage, the detoxification
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13 79 enzyme (EROD), the responses of the nervous system (acetylcholinesterase activity – AChE)
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15 80 and the immune system (leucocyte distribution, apoptosis, necrosis, phagocytose activity,
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17 81 respiratory burst and lysosomal presence).

18 82 The 70 juvenile flounders (size = 10.1 ± 1.0 cm; weight = 14.2 ± 4.8 g) were caught in the Canche
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20 83 estuary (France), a small estuary where anthropogenic pressures are relatively low (Amara et al.,
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22 84 2009). Before being deployed in the caged site, they were acclimatized for 15 days in a 500-L
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24 85 aquarium supplied with an open seawater circuit ($16 \pm 0,15^\circ\text{C}$) in the Mareis aquarium center
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26 86 (<http://www.mareis.fr/>). Temperature and salinity of the acclimation tank were similar to those
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28 87 of the study site where the cages were to be deployed. During acclimatization, fish were fed daily
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30 88 (3% of their body weight) with live prey (Mysidacea, shrimp and artemia). One day before the
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32 89 caging experiment, 10 fish were dissected to obtain control values (T0).

33 90 The study site was located in the Seine estuary, chronically polluted, near Rouen ($49^\circ 22.995' \text{N}$;
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35 91 $01^\circ 00.676' \text{E}$). Water quality in Rouen is impacted by pollutant inputs to the river system and
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37 92 reflects the anthropogenic pressures on the watershed. Besides the Parisian metropolis (10
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39 93 million habitants) which represents an important contribution of upstream contaminants in the
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41 94 Seine River, Rouen (400000 inhabitants) is the second largest metropolis on the Seine River
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43 95 before Le Havre at its mouth (250000 inhabitants) (Romero et al., 2016). The water quality of
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45 96 the Seine in Rouen is also impacted by the two large industrial areas of Elbeuf and Rouen, as
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47 97 well as the intensive agriculture in the river basin (Fisson et al 2014). These activities are all
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49 98 potential sources of contaminants reaching the estuary through precipitation and run-off.

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51 99 The sediments from the upstream of the Seine River are known to be heavily contaminated by
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53 100 metal trace element (Borcier et al., 2019, Hamzeh et al., 2016). In order to confirm the state of
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55 101 contamination by metal trace elements in the environment, and to assess their bioaccumulation
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57 102 in flounders, samples of sediments were taken at the beginning of the experiment with a grab on
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59 103 the first fifteen centimeters of the caging site. The samples were then stored in plastic bags and
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61 104 frozen at -20°C until analysis.
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105 Salinity, pH, dissolved oxygen and temperature of the water column were recorded at the
1 beginning of the experiment (day 0), at day 15 and at the end (day 30). Water salinity (0,1 PSU),
2 106 pH (8.5) and dissolved oxygen (7.8mg/L) were relatively similar at the beginning, at D15 and at
3 107 D30. However, the water temperature decreased from T0 to D30 (18.5°C, 16.3°C and 15.5°C for
4 108 D0, D15 and D30, respectively).
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7 111 The cages used in this study were made of plastic: they were 1m long, 0.6m wide and 0.6m in
8 112 height (volume = 0.36m³). Their 15mm mesh size facilitated the circulation of water and allowed
9 113 the entry of fish prey. To protect the fish against strong movements of water, Plexiglas plates
10 114 were attached to the base of the four sides of each cage. A PVC (polyvinyl chloride) pipe, bent
11 115 at both ends and perforated to facilitate the circulation of water tube, was also added to serves as
12 116 a refuge for fish against strong currents. Finally, in order to facilitate the fixation and the
13 117 development of potential fish prey, a small artificial reef made up of oyster shells was also
14 118 attached inside the cage.
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16 120 The 24th September 2018, 60 fish were randomly distributed in two batches of three cages
17 121 containing, respectively: 5 (density = 0.173±0.011g/L), 10 (density = 0.373±0.002g/L) and 15
18 122 fish (density = 0.617±0.068g/L) corresponding respectively to low, medium and high densities.
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20 124 Then, the cages were fixed to the bottom at about 6 m depth using two 6 kg flat anchors on each
21 125 side and they were placed separately. In order to study the effect of the exposure duration, the
22 126 first batch of the three cages were exposed during 15 days and the second batch during 30 days.
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24 128 At the end of each exposure duration, fish were kept alive during transport to the laboratory
25 129 where they were weighed and measured to calculate their growth and condition indices. Blood
26 130 samples were taken in heparinized tubes and then quickly frozen in liquid nitrogen before being
27 131 stored at -80°C for genotoxic analysis. The stomach track was removed and conserve in an
28 132 Eppendorf tube and stored at – 20°C. Brain, liver and two portions of muscles (an anterior and a
29 133 posterior, intended respectively for the analysis of protein and for lipid analysis) were frozen at
30 134 -80 °C. The spleen was recovered for the immune system analyses. The remaining muscles were
31 135 frozen at -20°C for contaminants analysis.
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33 137 A total of sixteen trace elements (Ag, Al, Ba, Cd, Cu, Cr, Fe, Hg, Mo, Mn, Ni, Pb, Sr, Ti, V and
34 138 Zn) were analyzed in sediments and in the muscles of flounders by inductively coupled plasma
35 139 mass spectrometry (ICP-MS, Varian 820-MS). The bioavailable and total metal trace elements
36 140 fractions in the sediments and the total metal trace element in fish muscle samples were analyzed
37 141 according to the protocol described by Ouddane et al. (1999) modified from Huerta-Diaz and
38 142 Morse (1990) for the determination of the bioavailable fraction.
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138 To see if the fish fed well during caging, the digestive tracts of the fish were taken and the
1 stomach contents analyzed. To estimate the general well-being of the fish, the Fulton
2 139 morphometric index (K) was calculated with the formula: $K = 100 \times (\text{weight}(\text{mg}) / \text{length}(\text{mm})^3)$.
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5 141 Proteins were measured in the muscles of the anterior ventral side of the flounders according to
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7 142 the procedure described by Clemmesen (1989) slightly modified. Total lipids were extracted
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9 143 from the lyophilized dorsal side muscle of flounders according to the method described by Folch
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11 144 et al., (1957). Lipid classes were determined by chromatography following the procedure
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13 145 described by Di Pane et al. (2019).
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15 146 Genotoxic damage was evaluated using the Comet assay following the methodology specified in
16 147 (Vandghanooni and Eskandani, 2011; Singh et al., 1988). The results were expressed as a
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18 148 percentage of DNA in the comet tail (%DNA tail) using HCS Studio® software (Thermo
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20 149 Scientific).
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22 150 The measurement of the EROD activity in the livers of flounders was carried out according to
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24 151 the XP ISO/TS 23893-2 protocol. The calculation of the EROD activity (expressed in picomoles
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26 152 per minute per milligram of protein) was carried out according to Eggens and Galgani (1992).
27 153 For acetylcholinesterase (AChE) activity were determined in the brain tissue by proceeding the
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29 154 protocol described by (Bocquené and Galgani, 1998).
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31 155 Immunological parameters were measured in splenic leucocytes. Leucocyte sub-populations
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33 156 (lymphocyte and granulocyte-macrophage) were identified and characterized by calculating the
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35 157 percentages of each sub-population (Bado-Nilles et al., 2014). The cellular mortality percentages
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37 158 were evaluated by fluorimetry in order to obtain cellular fluorescence parameters indicating
38 159 respectively apoptotic (FL1, green fluorescence) and necrotic (FL3, red fluorescence) cells
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40 160 (Bado-Nilles et al., 2014). Leucocyte respiratory burst measurement (stimulation index) was
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42 161 based on the technique described by Chilmonczyk and Monge (1999), optimized for the flounder.
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44 162 Intracellular lysosomal presence was determined according to Bado-Nilles et al., (2013) the
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46 163 phagocytosis activity (capacity and efficacy of phagocytosis) was evaluated according to
47 164 Gagnaire et al., 2004).
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49 165 Statistic tests were performed by Xlstat software Edinsoft. Normal distribution of the dataset was
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51 166 tested with the Shapiro-Wilks test ($p < 0.05$), while homogeneity of the variances was evaluated
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53 167 with Levene's test ($p < 0.05$). Parametric datasets were analyzed with a one-way ANOVA,
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55 168 followed by Tukey HSD as a post-hoc test. Non-parametric data was further processed with a
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57 169 Kruskal-Wallis test ($p < 0.05$) and a Dunn test for pairwise comparisons. A principal component
58 170 analysis (PCA) was used to evaluate the relationships between the chemical contaminants in fish
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60 171 depending on their density per cage and time exposure. The Integrative Biological Response as
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172 described by Sanchez *et al.* (2013) was used to evaluate the relationships between biomarkers in
1 fish depending on their density per cage and time exposure.
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3 174 At D15 all cages were recovered, but at D30 the cage containing 10 fish (C5) was not recoverable.
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5 175 The percentage of fish recovery was 100%, 90%, 53.3%, respectively for the low, the medium
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7 176 and the high density exposed during 15 days, and 80% et 93.3% for the low and the high density
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9 177 exposed during 30 days.
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11 178 The results of the contamination of TME in the fine fraction (<63 µm) of the sediments are shown
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13 179 in table 1. Results of the bioavailable and total fractions of the trace elements expressed in mg/kg
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15 180 dry weight (dw) showed varying contents. Fe was the major element in sediments. It was
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17 181 followed respectively by Ti, Mn, Sr, Zn, and Ba. In contrast, Mo, Cd and Hg showed the lowest
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19 182 concentrations in the sediments from Rouen.
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21 183 The concentration of Cu, Pb and Zn measured in the sediments in this study were comparable to
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23 184 those previously reported by Hamzeh *et al.* (2013) at the same site. However, higher
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25 185 concentrations of total Cd and Hg were found in the present study compared with those measured
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27 186 by these authors. This indicates that there is a continuous enrichment of these two trace elements
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29 187 at the Rouen site. When compared with other sites in the Seine River, the concentrations of Cd,
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31 188 Cu, Hg, Pb, Ni and Zn in sediments at the Rouen site were lower than those measured upstream
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33 189 at Poses and Oissel, but higher than those recorded downstream at Duclair and Caudbec (Hamzeh
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35 190 *et al.*, 2016). The concentrations of Ag, Ba, Cd, Co, Cr, Hg, Mo, Ni, V, and Mn recorded in this
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37 191 study were all higher than those recently reported for the sediments at the mouth of the Seine
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39 192 estuary (Borcier *et al.*, 2019). When compared with others rivers in France, the concentration of
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41 193 Cd, Cu, Zn and Pb measured in Rouen's sediments were higher than those recorded in the Loire
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43 194 sediment for Cd, Cu, Zn and Pb (Dhivert *et al.*, 2016) and in the Gironde River (Larrose *et al.*,
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45 195 2010). Among the eight trace elements identified as priority contaminants in aquatic systems
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47 196 (As, Cd, Cr, Cu, Hg, Ni, Pb and Zn), Fisson *et al* (2014) underlined that Cd, Cu, Hg, Pb and Zn
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49 197 are the elements found at highest concentrations in the sediments of the Seine. The concentrations
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51 198 of these elements measured in this study were greater, or of the same magnitude, as those found
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53 199 in other polluted Rivers in Europe (Esser *et al.*, 2020). This high TME contamination level in
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55 200 sediments at Rouen were linked with different sources such as industrial and agricultural runoff,
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57 201 and urban waste waters (Fisson, 2014).
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61 203 The accumulation of TME in living organisms depends strongly upon their bioavailability in the
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63 204 environment. The calculation of the percentage of bioavailable TME in the sediments (table 1)
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65 205 were highest for Sr. It was followed by Mn, Cu, Pb, Ba, Cd, Ni, Co, Zn, Hg and Fe respectively.

205 In contrast, Al, Mo and Ag were the least bioavailable. Links between metal concentrations in
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2206 fish and in sediments are also mainly related to the bioavailability of these metal trace elements
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4207 in sediments. The concentration of TME in the muscle of caged fish compared to the control
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6208 groups show that regardless of the density and the time of exposure, the average concentrations
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8209 of Ag(0.13 ± 0.06 mg/kg), Ba(0.53 ± 0.17 mg/kg), Co(0.02 ± 0.0001 mg/kg),
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10210 Cu(1.95 ± 0.18 mg/kg), Hg (0.55 ± 0.20 mg/kg), Mn (2.00 ± 0.42 mg/kg), Ni(0.11 ± 0.02 mg/kg),
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12211 Sr(14.43 ± 1.62 mg/kg), Ti(0.10 ± 0.04 mg/kg) and Zn(42.3 ± 0.42 mg/kg) were all significantly
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14212 higher than those recorded in the muscles of the control group (Kruskal Wallis test, $p < 0.05$)
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16213 (table 2). These results indicate that these elements are bioaccumulated by the juvenile fish during
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18214 the caging exposure. Excepted for Fe and Pb, all the elements with a bioavailability percentage
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20215 greater than 60% in the sediments were found in the muscles of caged fish at concentrations
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22216 higher than those in the control group (except Ag, with 34% of bioavailability). After zinc,
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24217 strontium was the element found at highest concentrations in the caged fishes' muscles. The ratio
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26218 of concentration of the TME in muscles of caged fish to that of controls shows that Sr, the most
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28219 bioavailable element in the sediments, was also found at the highest concentrations in caged fish
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30220 muscles. The concentrations of the TME measured in the muscle of the caged fish were all in
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32221 agreement with their bioavailability percentage in the sediments (except Fe and Pb). Caged
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34222 organisms, especially the juvenile flounders, thus seem to be an excellent model for monitoring
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36223 TME pollution in the aquatic environment.

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38224 If the effectiveness of caging on the biomonitoring of aquatic environments has been
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40225 demonstrated and confirmed in this present study, the effect of the caging duration and the fish
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42226 density per cage on the accumulation of contaminants remains to be fully characterized. The
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44227 same is also true of the response of organisms to their environment (as measured by various
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46228 biomarkers), both as a function of the exposure time and the density of fish per cage.

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48229 Results of the accumulation of the TME measured in the muscles of the caged flounders (table
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50230 2) show that fish density do not have any effect on TME accumulation (Kruskal Wallis, $p < 0.05$).
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52231 For the same time of exposure, and for all elements, no difference was observed in the
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54232 accumulation of the TME among the low, medium or high fish densities and this held true for
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56233 both exposure times (table 2). Unlike density, time exposure seems to affect trace metal elements
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58234 concentrations by flounders. Figure 1 shows the evolution of the average metal concentrations
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60235 calculated by considering all the D15 flounders on the one hand, and all the D30 flounders on
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62236 the other hand, compared with controls. Among the elements accumulated in the flounders (table
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64237 2), the highest contents of Ag, Ti, Hg, Mn and Zn were measured in the muscles of the flounders
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66238 exposed during 15 days. A significant difference (ANOVA, $p < 0.01$) was observed for Ag, Ti,

239 Hg and Zn measured on D15 compared to those measured on D30. Only Ni was found at greater
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2240 concentrations in the flounders of D30 compared with those at D15 and no difference was
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4241 observed for Cu and Mn.
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6242 The discriminant function analysis (figure2) of the TME concentration in fish shows that the first
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8243 axis F1 (explaining 88.24% of the total variance) distinguishes fish according to their time of
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10244 exposure. On the right side, all the fish exposed for 15 days were grouped, and on the left side
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12245 all fish exposed for 30 days were grouped with the control fish. Elements like Cu, Mn and Zn are
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14246 essential for fish metabolism, while non-essential metals such as Hg, Cd and Pb are toxic even
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16247 at low concentrations. While so-called essential elements can produce toxic effects at high
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18248 concentrations, their concentrations in fish tend to be auto-regulated by the organism, unlike non-
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20249 essential metals (Fernandes et al., 2007). The toxicological effects of inorganic compounds
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22250 depend on the exposure and bioavailability of the elements, absorption, metabolism and their
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24251 intracellular concentrations (Fent, 2004). The decline in concentrations of Cu, Mn and Zn
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26252 between D15 and D30, could be due to the fact that at D30, flounders had enough time to integrate
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28253 their environment and developed mechanisms to regulate these contaminants.

28254 Hg and Ag have no known biological role and are not biodegradable; thus, they tend to
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30255 accumulate in organisms. Their higher concentrations at D15 compared with D30 is similar to
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32256 other reports of Hg in fish in several other studies (Schlenk et al., 1995; Palace et al., 2005).
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34257 Schoyen et al, (2017) found similar variations of this element in caged mussels for 34, 104 and
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36258 181 days. Such temporal variation in TME bioaccumulation in fish requires additional studies
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38259 for a better understanding of the relationships between their rates of accumulation and
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40260 elimination, which is beyond the scope of this study.

41261 Exposure of fish in polluted environments can have negative consequences on their growth, their
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43262 physiology and can even cause damage to their DNA.

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45263 We found that fish density can have various effects on the responses of physiological and innate
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47264 immune biomarkers or fish stomach contents. For the same time of exposure, the Fulton K index,
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49265 protein contents, the TAG/Chol ratio, the average number of prey and the average stomach filling
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51266 decreased when the density of fish per cage increased (figure 3). A highly significant difference
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53267 (Kruskal Wallis, $p < 0.01$) was observed between the Fulton condition index, the TAG/Chol ratio
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55268 of fish at low density compared with those at medium density exposed during 15 days. Similarly,
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57269 a highly significantly difference (Kruskal Wallis, $p < 0.01$) was observed between the TAG/Chol
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59270 ratios, the protein contents of fish at low density compared with those at high density exposed
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61271 during 30 days. This was correlated with the results of stomach contents (figure 3). Further, the
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272 lower the number of fishes per cage, the greater the number of prey in fish stomach which led to
1 a greater availability of food and hence a better nutritional status for organisms. For the same
2 273 time of exposure, changes observed in fish fitness seem not to be influenced by a response related
3 274 to TME accumulation but by a variation of the caged fish density. A decrease in physiological
4 275 biomarkers was observed in *Solea senegalensis* caged at high density (Andrade et al., 2015).
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6 277 Results of the immune biomarker response (figure 5), showed no difference between flounders
7 278 caged with low, medium or high density for the same time of exposure. However, when the
8 279 density increased, the phagocytosis efficiency decreased. In contrary, there was a trend for an
9 280 increase in the percentage of granulocytes-macrophages, leucocyte necrosis, the oxidative burst
10 281 and the presence of lysosomes in fish for the same time of exposure when the density increased,
11 282 though this was not statistically significant.
12 283 Unlike the physiological parameters, the rates of DNA damage, the EROD activities and AchE
13 284 (figure4) did not show, for the same exposure duration, any significant differences between the
14 285 flounders exposed at different densities (Kruskal Wallis, $p < 0.01$).
15 286 Many studies have underlined the induction of stress biomarkers such as lactate and cortisol
16 287 (Urbinati et al., 2004) or ROS (Le Guernic et al., 2016) when fish are caged at high density. In
17 288 our study, the absence of such effect were certainly related to the fact that there was no difference
18 289 on the accumulation of TME between fish exposed at different densities for the same duration.
19 290 However, like fitness indices, a destabilization of the immune response where observed with
20 291 increasing density in this study. Other workers have also reported an increase in leucocytes,
21 292 necrosis and apoptosis when the fish density increased (Le Guernic et al., 2016). Similarly,
22 293 Vazzana et al. (2002) underlined that a high fish density can suppress immune capacities such as
23 294 respiratory burst and phagocytosis. In our study, an increase of juvenile' flounders density had
24 295 negative effects on their immune capacities. Granulocytes-macrophages, leucocyte necrosis, the
25 296 oxidative burst and the presence of lysosomes in fish for the same time of exposure increased
26 297 when the density increased. The phagocytosis capacity tends to decrease with increasing density
27 298 of fish. To maintain an optimal physiological status of the organisms during ecotoxicological
28 299 evaluations, the number of fishes per cage should be limited even if this means increasing the
29 300 number of cages for statistical treatments. To maintain animal welfare and to achieve an optimal
30 301 evaluation of TME pollution, as described in the European Directive 2010/63EU, our result
31 302 suggests that fish caged at low density ($0.173 \pm 0.011 \text{g/L}$) would be sufficient to assess pollution
32 303 by trace elements.
33 304 As showed above, the accumulation of the TME is not density dependent but depend of the
34 305 exposure duration. It was more important in fish caged during 15 days compared to those caged

306 for 30 days. To investigate the effect of TME accumulation in juvenile' flounders as a function
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2307 of the caging duration, the Integrative Biological Response (IBR) developed by Beliaeff and
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4308 Burgeot (2002) and adapted by Sanchez et al. (2013) was calculated. The values of the IBR
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6309 (figure 6) calculated for all cages with different densities and both durations of exposure
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8310 compared with controls, was 2.76, 2.88 and 2.77 for fish in low, medium and high density cages
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10311 exposed for 15 days, and 1.19 and 1.88 for fish in low and high density cages exposed for 30
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12312 days. Results of the IBR showed that flounders caged during 15 days were characterised by a
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14313 decrease in the TAG/Chol ratio, in protein contents and in the capacity of phagocytosis, an
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16314 induction of AChE, an increase in granulocytes, in cell necrosis and in respiratory burst compared
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18315 with those of D30. This later were characterized by an increase in the ratio of TAG/Chol and in
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20316 protein content, an important induction of EROD, an inhibition of AChE, and an elevated
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22317 presence of lysosomes compared with fish exposed for 15 days. At equal density, the ratio
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24318 TAG/Chol and the protein contents were significantly higher (Anova, $p < 0.05$) in fish caged
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26319 during 30 days compared to those caged during 15 days (figure3). The results for the lipid index
27
28320 and the amount of protein corroborate those for stomach contents (figure 3). Analysis of the
29
30321 stomach contents performed in caged fish showed that for the same density, the average stomach
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32322 filling rate and the average number of individual prey was higher in fish exposed for 30 days vs
33
34323 15 days. The ratio TAG/Chol and the protein were inversely correlated with TME like Ag, Ti,
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36324 Hg, Mn and Zn (correlation not shown) in D15 flounders. These nutritional indices have been
37
38325 successfully used in numerous studies to assess the nutritional status of fish (Kerambrun et al.,
39
40326 2012; Amara et al., 2007), while a decrease in lipids had been identified as a general metabolic
41
42327 response to stress (Lemly, 1997). The decrease in triacylglycerol compared with controls in the
43
44328 D15 flounders could be the consequence of detoxification and regulation of the metals which
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46329 were present at higher concentrations at D15 compared with D30. The increase in TAG/Chol
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48330 ratio and protein levels in flounders after 30 days of caging may be due to a resumption of fish
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50331 growth after an adaptation and detoxification phase. These fish subjectively seemed to have
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52332 better wellbeing than the D15 fish, and this was confirmed by the results of the IBR with lower
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54333 IBR values in D30 fish compared with D15 fish (Sanchez et al., 2013).

55
56334 The major drawback of the caging of fish was the decline in their fitness related to a lack of
57
58335 access to food. In this study, a gain in fitness indices after 30 days of exposure was observed
59
60336 compared to most of the studies on fish caging which observed a decrease of these indices
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62337 (Delahaut et al., 2019). It was likely due to the fact that the reefs installed in the cages had
63
64338 permitted the development and growth of their prey. The prey found on the reef attached in each
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66339 cage were the same as those found in the stomach of the caged fish and was mainly the species

340 *Gammarus zaddachi* Sexton. The cages developed and used in this study allow a good survival
1
2 341 and better growth of the organisms. They would make it possible to lift the limits on the of fish
3
4 342 caging for long durations of exposure.

5 343 The increase in the oxidative burst in the D15 flounders could be linked to the presence of TME
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7 344 (Sevcikova et al., 2011) which were more important in these fish. This stimulation index in the
8
9 345 D15 flounders is accompanied by a modulation of immune response, especially visible by an
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11 346 increase in phagocytosis efficiency and in the proportion of granulocytes.

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13 347 However, the induction of EROD and the inhibition of AChE in the D30 flounders demonstrated
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15 348 in this study could be linked to the presence of pollutants which were not assessed during this
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17 349 study, such as pesticides, PAHs, PCBs or other organic compounds (Lushchak, 2011) which are
18 350 widely found in surface waters and sediments of the Seine River (Minier et al., 2000).

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20 351 PAHs and PCBs have been demonstrated to have genotoxic effects in flounder's tissues (Dupuy
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22 352 et al., 2014). Similarly, several authors have shown genotoxic effects including damage to the
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24 353 fish DNA by iron (Valko et al., 2005), copper (Alak et al., 2019) and chromium (Ahmad et al.,
25 354 2006). The rate of DNA damage measured in the fish caged after 15 and 30 days compared with
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27 355 controls suggests that the levels of metal contaminants measured in the caged flounders have
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29 356 fallen below the limit which would cause genotoxicity.

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32 357 In conclusion, this study demonstrated that juvenile flounder caging is a relevant model for the
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34 358 assessment of the pollution by TME in natural aquatic environment. The accumulation of TME
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36 359 in the flounder muscle is likely dependent of several factors such as their bioavailability and the
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38 360 exposure time. Higher concentrations of metallic elements were found in the muscle of flounders
39 361 exposed for 15 days compared with those caged for 30 days. For the same exposure time, the
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41 362 density of fish had no effect on the accumulation of the TME in the flounders' muscle. A short
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43 363 time exposure (15 days) seems sufficient to assess the pollution by MTE o. The accumulation of
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45 364 TME in flounders caged for 15 days was linked to a decrease in their condition, lipid reserves
46
47 365 and amounts of protein of fish. An increase in leucocyte necrosis associated with leucocyte
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49 366 destabilization, marked by an increase in the granulocytes/macrophages pool, was also observed
50 367 in the D 15 flounder in comparison with the control and D30 fish. These latter, meanwhile, were
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52 368 characterised by an increased DNA damage, and EROD activity, and an inhibition of
53
54 369 acetylcholinesterase activity. These phenomena appear unrelated to the TME contamination in
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56 370 fish, since most were at lower levels compared with the D15 fish. In addition, fish caged for 30
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58 371 days exhibited better fitness indices, almost certainly due to the fact that their prey had colonized
59 372 the reefs installed in their cages.

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Table 1: Concentration of trace metal elements (bioavailable and total, mg/kg dw) and the percentage of bioavailability calculated in the sediment from Rouen

Elements	Total Fraction	Reactive fraction	% of Bioavailability
Ag	7.98 ± 0.62	2.75 ± 0.93	34.4
Ba	107 ± 1	82.9 ± 6.2	77.1
Cd	2.75 ± 0.24	2.05 ± 0.14	74.4
Co	7.13 ± 0.48	4.62 ± 0.36	64.8
Cr	43.8 ± 6.6	21.1 ± 0.8	48.1
Cu	39.1 ± 3.3	32.7 ± 0.2	83.5
Fe	22 529 ± 2,212	13 731 ± 508	60.9
Hg	2.77 ± 3.6	1.63 ± 0.80	61.2
Mn	373 ± 36	336 ± 48	90.1
Mo	1.81 ± 0.31	0.5 ± 0.71	27.8
Ni	16.1 ± 1.5	11.9 ± 0.8	73.8
Pb	48.0 ± 7.6	39.6 ± 4.0	81.5
Sr	230 ± 12	221 ± 10	95.9
Ti	472 ± 95	191 ± 2	40.5
V	33.0 ± 1.6	14.6 ± 0.4	42.8
Zn	224 ± 26	138 ± 2	61.7

Table 2: Concentrations of trace metal elements expressed in mg/kg of dry weight measured in muscles of flounders caged during 0, 15 and 30 days. a, b, c, d, e and f indices indicate significant difference (Kruskal Wallis, $p < 0.05$) with controls, cages C1, C2, C3, C4 and C6 respectively.

Time exposure (day)	Cages	Ag	Co	Ni	Pb	Ti	V	Al	Ba	Hg	Cr	Cu	Mn	Zn	Sr	Fe
0	Controls	0.06 ± 0.04	0.02 ± 0.02	0.07 ± 0.04	0.09 ± 0.04	0.06 ± 0.03	0.04 ± 0.03	1.83 ± 0.49	0.48 ± 0.42	0.28 ± 0.04	0.91 ± 0.3	1.29 ± 0.23	1.05 ± 0.08	30.9 ± 10.88	2.98 ± 1.50	10.67 ± 4.92
15	C1 (Low density)	0.14 ± 0.02 ^{a.e.f}	0.01 ± 0.001	0.11 ± 0.06	0.07 ± 0.00	0.12 ± 0.05 ^{a.e.f}	0.03 ± 0.00	1.24 ± 0.18	0.42 ± 0.12	0.72 ± 0.09 ^{a.e.f}	0.66 ± 0.07	2.14 ± 0.44 ^a	1.73 ± 0.25 ^a	56.7 ± 13.66 ^{a.e.f}	13.46 ± 4.28 ^a	7.94 ± 1.58
	C2 (medium density)	0.19 ± 0.10 ^{a.e.f}	0.02 ± 0.005	0.08 ± 0.09	0.06 ± 0.1	0.13 ± 0.11 ^{a.e.f}	0.03 ± 0.03	1.03 ± 0.44	0.49 ± 0.25	0.73 ± 0.07 ^{a.e.f}	0.74 ± 0.21	1.96 ± 0.23 ^a	1.74 ± 0.46 ^a	44.3 ± 11.14 ^{a.e.f}	15.15 ± 8.83 ^a	8.62 ± 2.88
	C3 (High density)	0.17 ± 0.10 ^{a.e.f}	0.02 ± 0.005	0.11 ± 0.09	0.12 ± 0.1	0.13 ± 0.11 ^{a.e.f}	0.04 ± 0.03	0.99 ± 0.44	0.83 ± 0.91	0.63 ± 0.14 ^{a.e.f}	0.73 ± 0.15	1.67 ± 0.38 ^a	2.67 ± 1.92 ^a	43.7 ± 14.08 ^{a.e.f}	13.79 ± 5.25 ^a	8.03 ± 2.99
30	C4 (Low density)	0.07 ± 0.02	-	0.13 ± 0.07 ^a	0.04 ± 0.01	0.06 ± 0.01	0.01 ± 0.00	1.55 ± 0.93	0.42 ± 0.05	0.33 ± 0.01	0.82 ± 0.20	2.04 ± 0.36 ^a	1.68 ± 0.58 ^a	31.0 ± 0.74	12.86 ± 1.52 ^a	9.01 ± 1.93
	C6 (High density)	0.07 ± 0.03	-	0.14 ± 0.02 ^a	0.05 ± 0.01	0.06 ± 0.03	0.01 ± 0.01	1.03 ± 0.19	0.51 ± 0.32	0.33 ± 0.03	0.80 ± 0.17	1.92 ± 0.25 ^a	2.17 ± 0.93 ^a	35.8 ± 8.66	16.91 ± 9.01 ^a	8.20 ± 1.81

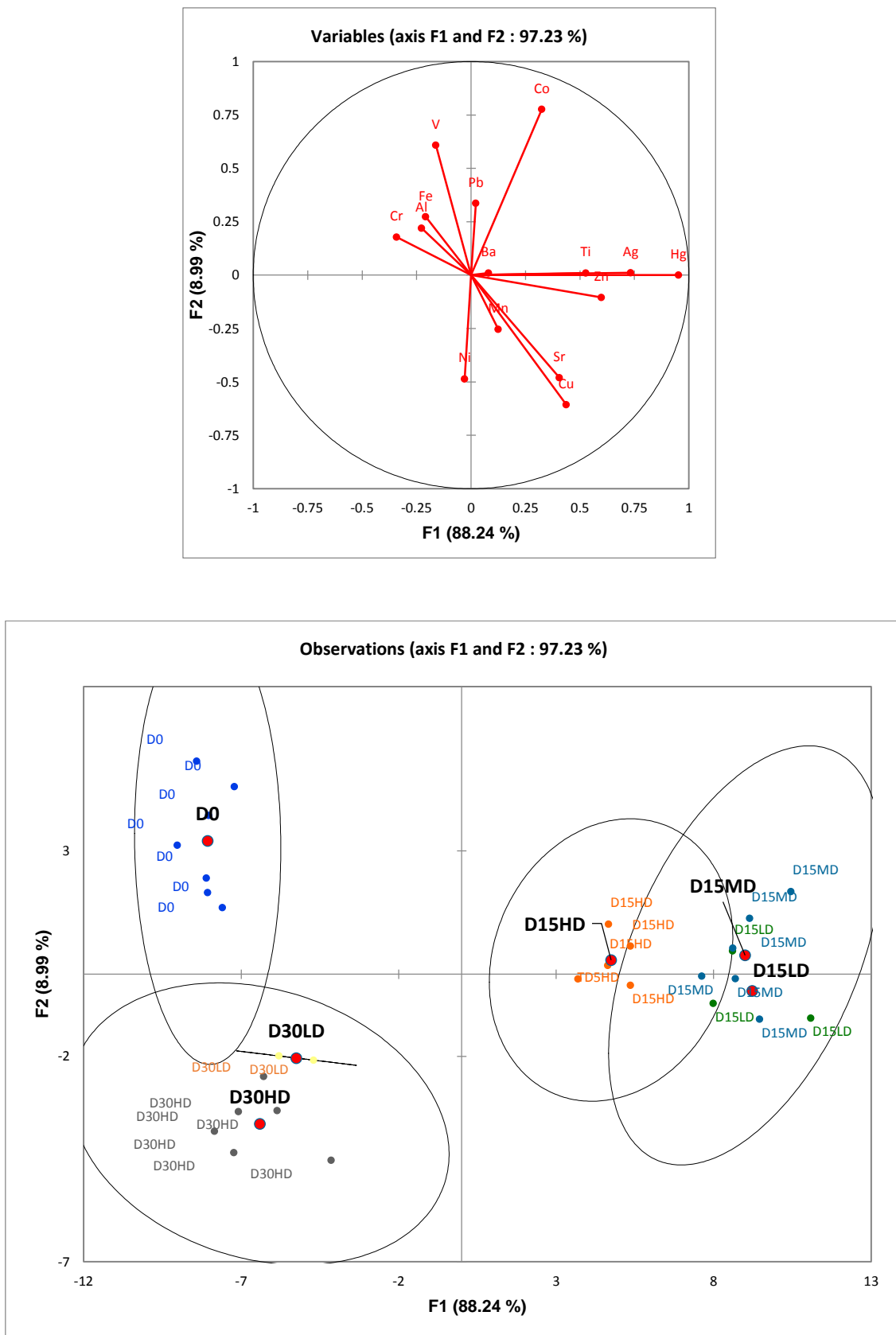


Figure 2: Factorial discriminant analysis showing the distribution of metallic trace elements as a function of caged fish density and exposure duration. D0 Controls, D15LD, D15MD, D15HD fish exposed during 15 days in cage with Low, Medium and high densities of flounders, respectively. D30LD, D30HD fish exposed during 30 days in cage with Low and High densities of flounders, respectively.

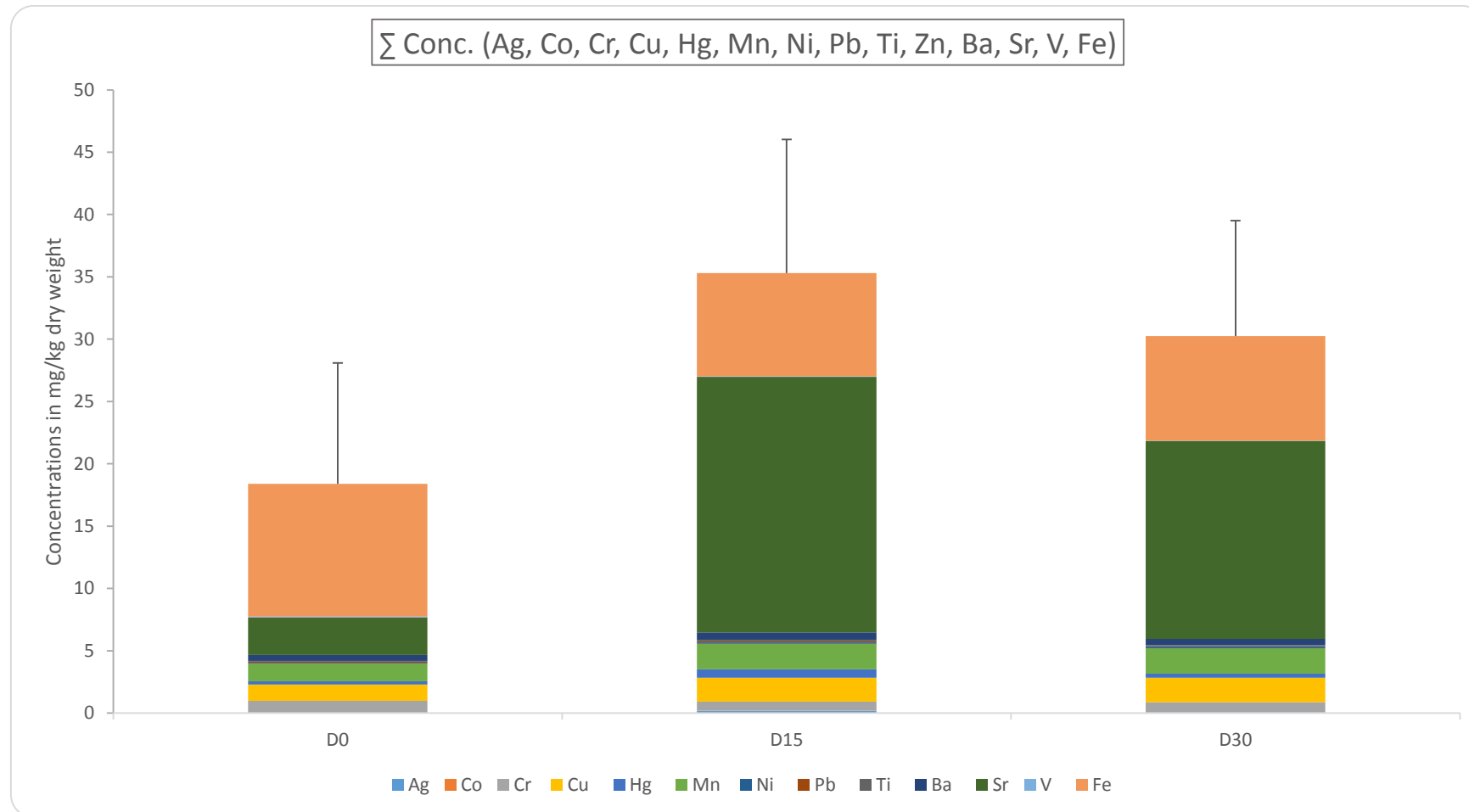


Figure 1: Concentration of trace metallic elements (TEM, mg/kg of dry weight) in the muscles of flounders before caging (Day 0, D0) and after 15 (D15) and 30 days (D30) of active biomonitoring in the Seine estuary at *Rouen*.

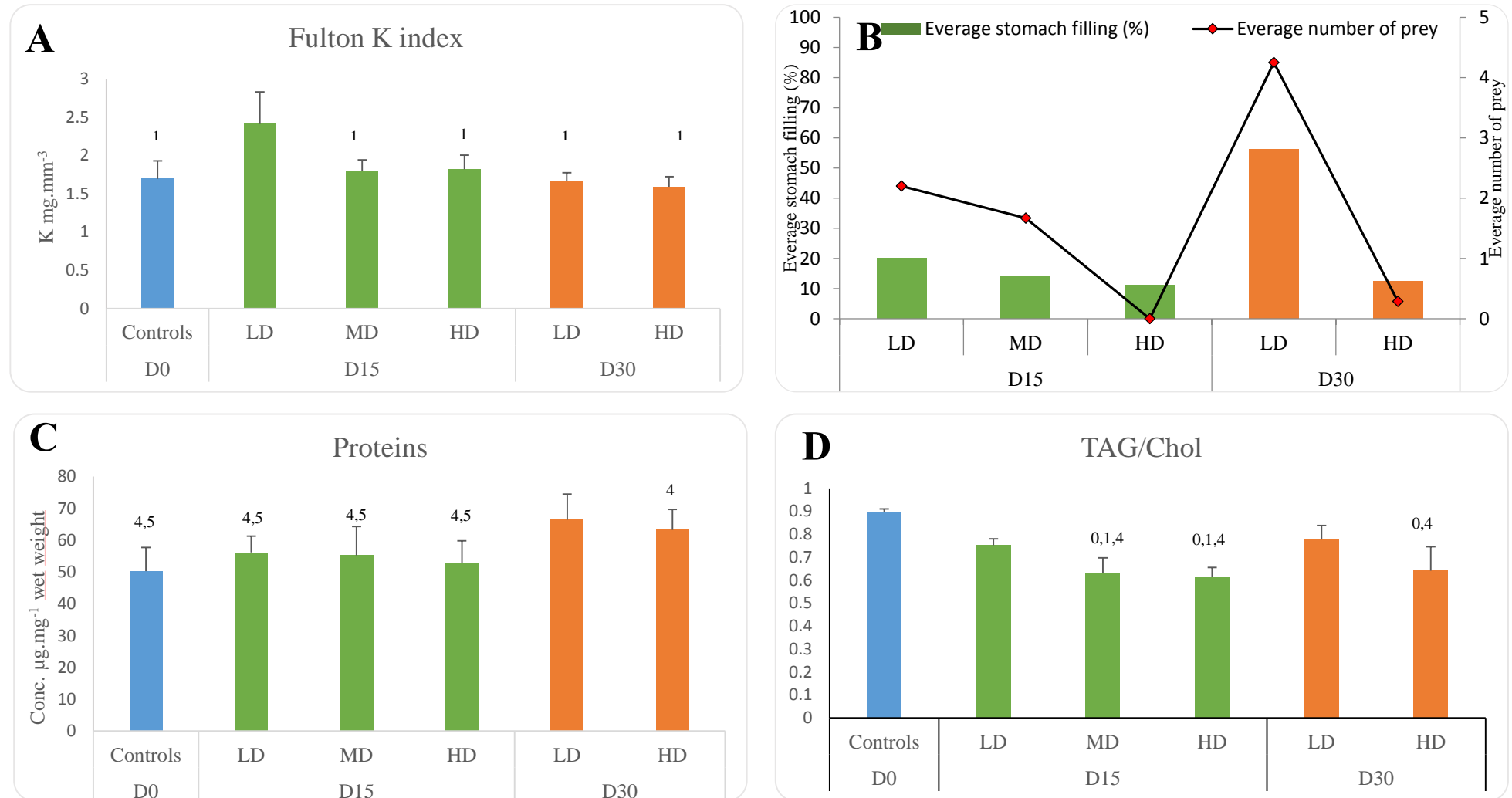


Figure 3: Fulton K index (A), stomach feeling and number of preys (B), protein concentration (C) and TAG/Chol ratio (D) measured in caged flounders depending on their density and exposure duration. The indices 0,1,2,3,4,5 and 6 represent significant differences ($p < 0.05$) compared respectively with Controls, the cages with Low Density (LD), Medium Density (MD) and High Density (HD) exposed during 15 days (D15) and cages with Low Density (LD) and High Density (HD) exposed during 30 days (D30).

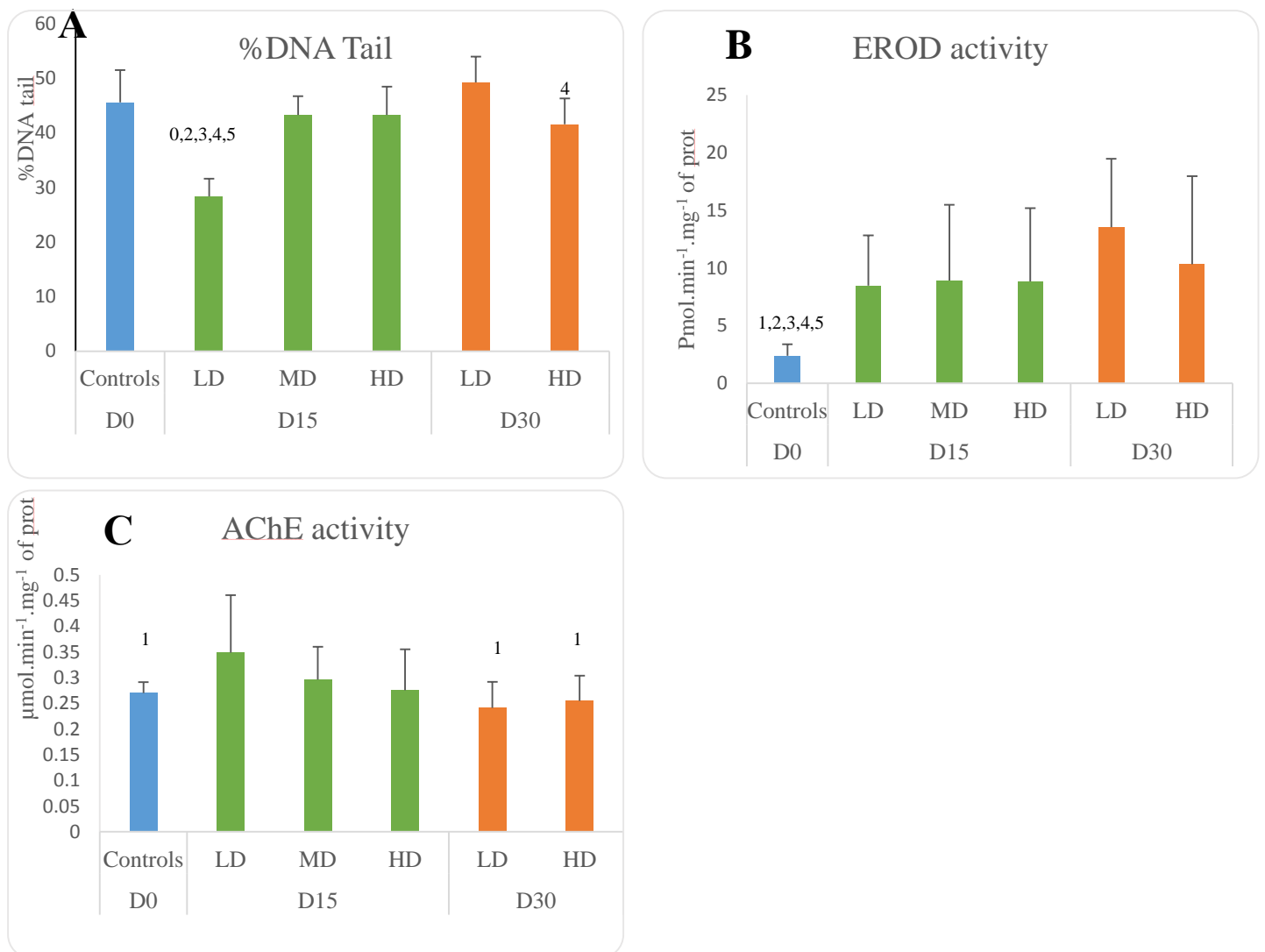


Figure 4: Percentage of DNA tail (A), Etheroxy-O-deethylase activity (B) and Acetylcholinesterase activity (C) measured in caged flounders depending on their density and exposure duration. The indices 0,1,2,3,4 and 6 represent significant differences ($p < 0.05$) compared respectively with Controls, the cages with Low Density (LD), Medium Density (MD) and High Density (HD) exposed during 15 days (D15) and cages with Low Density (LD) and High Density (HD) exposed during 30 days (D30).

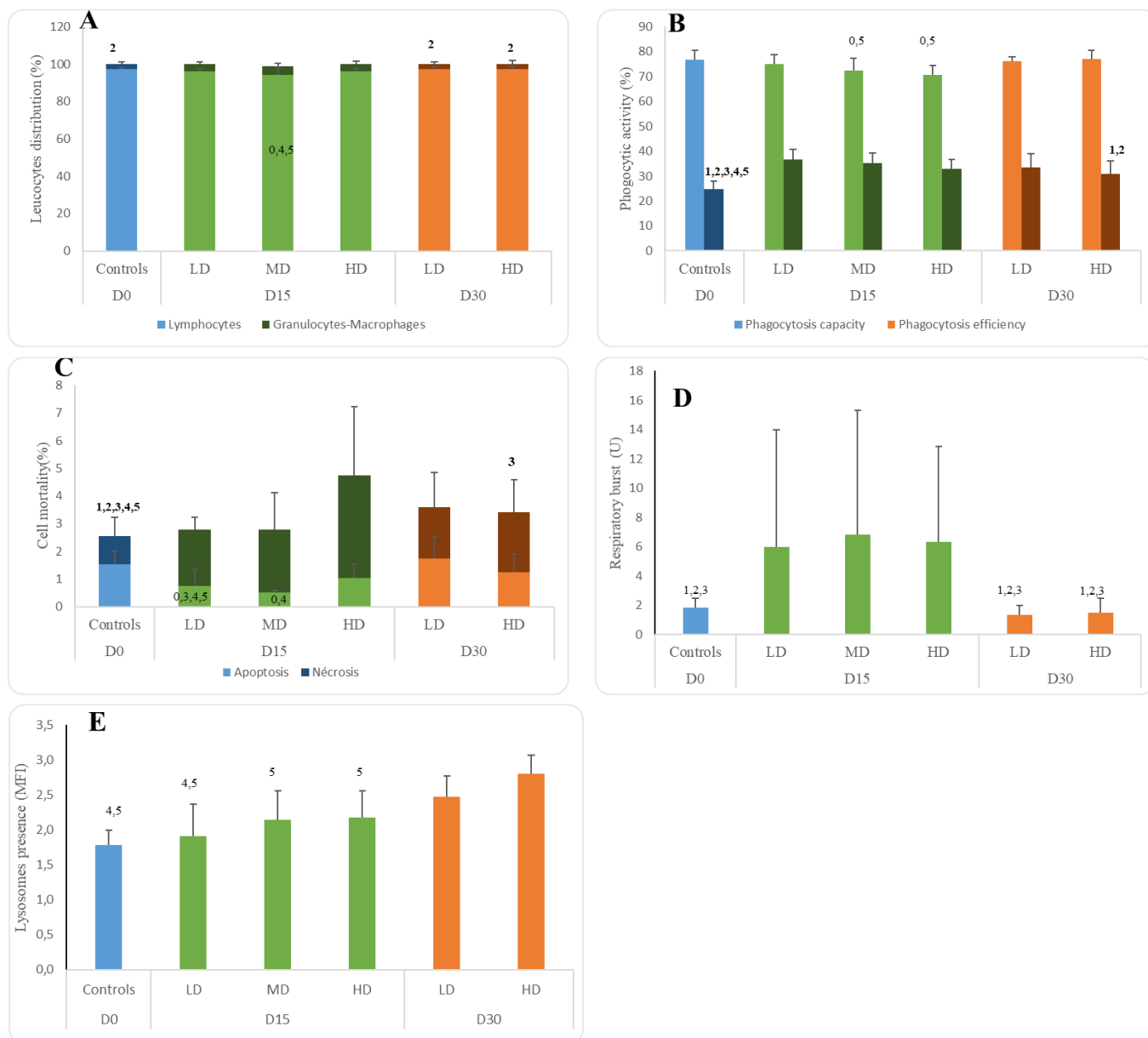


Figure 5: Leucocyte distribution (A), phagocytic activity (B), cell mortality (C), respiratory burst (D) and the presence of lysosomes (E) measured in the spleen of flounders depending on their caging density and exposure duration. The indices 0,1,2,3,4 and 6 represent significant differences ($p < 0.05$) compared respectively with Controls, the cages with Low Density (LD), Medium Density (MD) and High Density (HD) exposed during 15 days (D15) and cages with Low Density (LD) and High Density (HD) exposed during 30 days (D30).

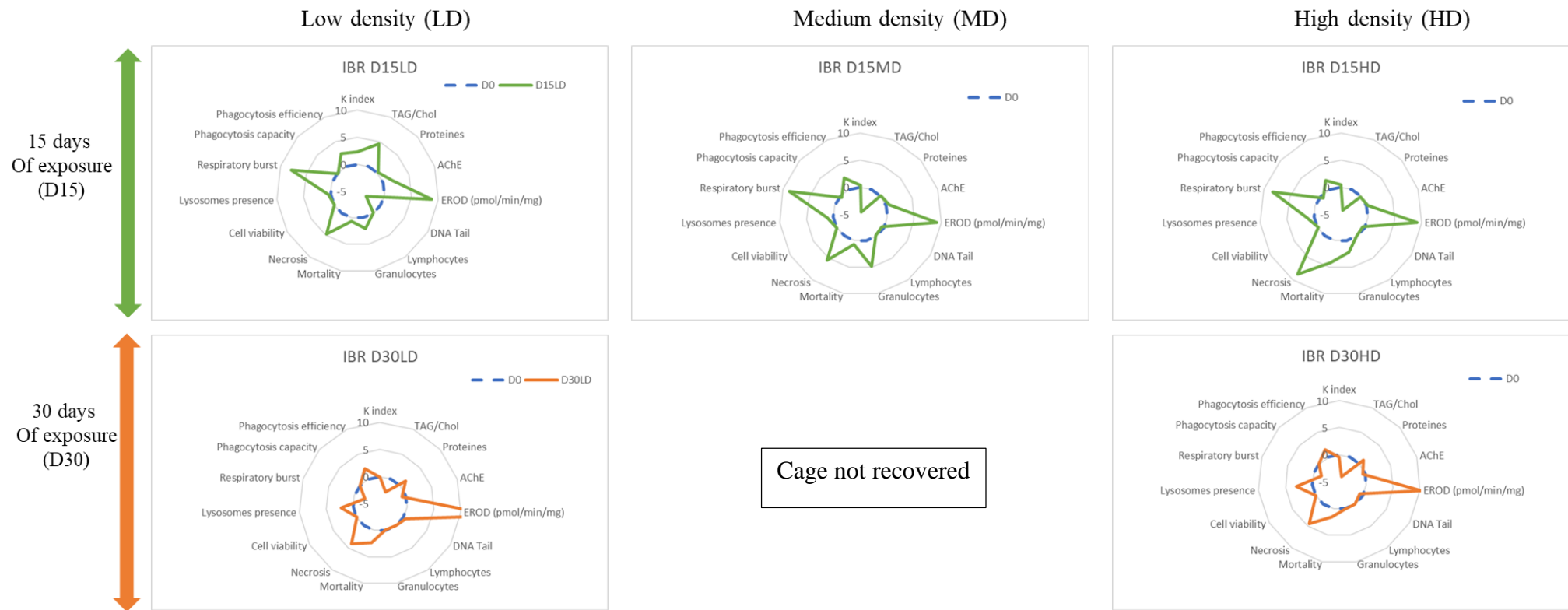


Figure 6 : Integrative Biological Response (IBR) calculated in the caged fish with Low Density (LD), Medium Density (MD) and high Density (HD) exposed during 15 days (15D) and 30 days (30D) in comparison with the controls (D0).

Competing financial interest declaration

The authors declare no competing financial interests.

Author contributions

Mamadou DIOP: collected and analysed the sample, conception of the article, collected and analysed the data, developed the text and updating the article as per the suggestions. Jérôme Couteau: sample analysis, revised the text and make substantial contributions towards genesis and design of the article; Anne Bado-Nilles: sample analysis, conception of the article, revised the text and make substantial contributions towards genesis and design of the article; Eric Tavernier: revised the text and make substantial contributions towards genesis and design of the article; Baghdad Ouddane: revised the text and make substantial contributions towards genesis and design of the article; Jeremy Denis: revised the text and make substantial contributions towards genesis and design of the article contribution towards genesis and design of the article; Gwendoline Duong: revised the text and make substantial contributions towards the article; François Gevaert: revised the text and make substantial contributions towards genesis and design of the article. Sebastien Monchy: revised the text and make substantial contributions towards genesis and design of the article. Jean Laroche: revised the text and make substantial contributions towards genesis and design of the article. Rachid Amara: Conceptualization and methodological development of the study, revised the text and make substantial contributions towards genesis and design of the article.