

---

## Discussion about suitable applications for biodegradable plastics regarding their sources, uses and end of life

Paul-Pont Ika <sup>1, 10, \*</sup>, Ghiglione Jean-François <sup>2, 10</sup>, Gastaldi Emmanuelle <sup>3, 10</sup>, Ter Halle Alexandra <sup>4, 10</sup>, Huvet Arnaud <sup>10</sup>, Bruzaud Stéphane <sup>5, 10, 11</sup>, Lagarde Fabienne <sup>6, 10</sup>, Galgani Francois <sup>7, 10</sup>, Duflos Guillaume <sup>8, 10</sup>, George Matthieu <sup>9, 10</sup>, Fabre Pascale <sup>9, 10</sup>

<sup>1</sup> Univ Brest, Ifremer, CNRS, IRD, LEMAR, F-29280, Plouzané, France

<sup>2</sup> CNRS, Sorbonne Université, Laboratoire d'Océanographie Microbienne (LOMIC), UMR 7621, Observatoire Océanologique de Banyuls, Banyuls sur mer, France

<sup>3</sup> INRAE, Univ Montpellier, IATE, Montpellier, France

<sup>4</sup> IMRCP, Université de Toulouse, CNRS, Toulouse, France

<sup>5</sup> Institut de Recherche Dupuy de Lôme (IRD), Université Bretagne Sud, UMR CNRS 6027, Lorient, France

<sup>6</sup> Institut des Molécules et Matériaux du Mans (IMMM, UMR CNRS 6283), Le Mans Université, Avenue Olivier Messiaen, F-72085 Le Mans, France

<sup>7</sup> IFREMER/ RMPF, Tahiti, Polynésie Française

<sup>8</sup> ANSES – Laboratoire de Sécurité des Aliments, Boulevard du Bassin Napoléon, F-62200, Boulogne-sur-Mer, France

<sup>9</sup> Laboratoire Charles Coulomb (L2C), UMR 5221 CNRS-UM, Place Eugène Bataillon, Montpellier, France

<sup>10</sup> GDR 2050 Polymères et Océans, CNRS, Université de Montpellier, France

<sup>11</sup> Univ Brest, Ifremer, CNRS, IRD, LEMAR, F-29280, Plouzané, France

\* Corresponding author : Ika Paul-Pont, email address : [ika.paulpont@univ-brest.fr](mailto:ika.paulpont@univ-brest.fr)

---

### Abstract :

This opinion paper offers a scientific view on the current debate of the place of biodegradable plastics as part of the solution to deal with the growing plastic pollution in the world's soil, aquatic, and marine compartments. Based on the current scientific literature, we focus on the current limits to prove plastic biodegradability and to assess the toxicity of commercially used biobased and biodegradable plastics in natural environments. We also discuss the relevance of biodegradable plastics for selected applications with respect to their use and end of life. In particular, we underlined that there is no universal biodegradability of plastics in any ecosystem, that considering the environment as a waste treatment system is not acceptable, and that the use of compostable plastics requires adaptation of existing organic waste collection and treatment channels.

---

## Highlights

► Biodegradable plastics are relevant for selected applications. ► Better certification and clearer instructions are needed to improve waste management. ► Methodological limits hamper the evaluation of plastic biodegradability and toxicity. ► Considering the environment as a waste treatment system is not acceptable.

**Keywords** : Keywords, Plastic, Biodegradable, Ecosafety, Waste management

## 41        **1. Introduction**

42    The plastic industry is facing several major problems, spanning from the synthesis of plastic  
43    products from petroleum to their long-term accumulation in all environmental compartments.  
44    These include the growing scarcity of oil resources, CO<sub>2</sub> emissions from plastics manufacture, and  
45    environmental impacts throughout their life cycle. As a partial solution, it has been proposed to  
46    manufacture plastics that would be both biobased, i.e., made from renewable resources such as  
47    agricultural waste, and biodegradable in a given environment (compost, soil, water) over a  
48    reasonable amount of time (weeks, months). These alternatives to “conventional” plastics have  
49    generated a considerable research effort to design new materials and establish norms that ensure  
50    their biodegradability and the absence of toxicity in the surrounding environment (e.g., ISO 17088,  
51    NF EN 13432, NF T51-800, NF ISO 17033). Although these standards are not yet mandatory, this  
52    represents a remarkable effort that has never been made for conventional plastics. A wide range of  
53    biodegradable plastics are available on the market, including those that are suitable for industrial  
54    and home composting, or soil degradation such as films for agricultural and horticultural purposes.  
55    However, most households do not discriminate biodegradability under composting  
56    (“compostable”) from “biodegradable” (Table 1), which gives the misleading idea that all  
57    biodegradable plastics can be released into the environment with no harm done and fast degradation  
58    (Dilkes-Hoffman et al. 2019). Furthermore, the term “bioplastic” is prone to send misleading  
59    messages as it is used to designate different products: plastics that may be biobased, biodegradable  
60    or both biobased and biodegradable (Table 1). All these elements lead to confusion among the  
61    general public and inappropriate end-of-life management.

62    Overall, designing a material with properties like those of conventional plastics but that would  
63    completely disappear in all type of environment in a reasonable amount of time (i.e. similar to

64 natural organic matter, from months to years; Vahatalo et al. 2010) without having any harmful  
65 properties during its decomposition process is probably out of reach in the current state of  
66 knowledge. To approach this goal would involve outstanding technological developments that are  
67 currently limited by multiple technological barriers, which we discuss below.

## 68 **2. Applications for which the use of biodegradable plastics is justified owing to their** 69 **use and end of life**

70 Biodegradable materials have clear advantages either for specific applications (packaging, mulch)  
71 or for sectors with high added value (e.g., 3D printing, biomedical). A distinction must be made  
72 between collectable and non-collectable items, as their fate will likely differ (Figure 1). Using  
73 biodegradable material for plastics for which collection at the end of life is not possible or  
74 extremely difficult constitutes a relevant alternative only if the final destination of this plastic waste  
75 is well identified. Examples of such applications are the plastic items widely used in the  
76 agricultural, horticultural and forestry sectors (strings, clips, bale, and mulching film). These  
77 cannot be easily retrieved because of intense fragmentation under UV light and they can end up  
78 contaminating soils or waters for decades. Biodegradable mulch film, for instance, starts to degrade  
79 as soon as it is laid in the field, notably because of photo-oxidation. The time when its use is no  
80 longer necessary usually coincides with the loss of its integrity (Touchaleaume et al. 2016, 2018).  
81 It is then buried to accelerate its biodegradation in the soil. Plastics that are biodegradable in soils  
82 (e.g. PBAT, PHA, starch blends, cellulose films; Figure 1) are to be distinguished from oxo-  
83 degradable plastics that integrate prodegradant additives in conventional plastics to degrade faster,  
84 but for which the complete biodegradation remains in doubt in the environment (Abdelmoez et al.  
85 2021). Indeed, after the European Parliament's ban decision, many concerns have been raised about  
86 the toxicity of oxo-degradable plastics as they are not biodegradable according to current

87 international standards (EU, 2018). Another example of plastics for which collection at the end of  
88 life is not possible or difficult concerns the plastic gears used in marine applications. Fishery gears  
89 and aquaculture equipment that are likely to degrade over time and/or be lost at sea could have less  
90 long-term impacts on marine fauna (e.g., entanglement, ghost fishing, wounds) if they were made  
91 of marine biodegradable materials (e.g. based on polyhydroxyalcanoate, PHA). However, such  
92 marine biodegradability remains to be evaluated with regard to the effectiveness in fishing of such  
93 biodegradable gears under real conditions, especially when the biodegradation must occur in the  
94 same environment as their use, i.e. the seawater. Ideally, they should be retrieved from water and  
95 collected after their use time (e.g., following the loss of their mechanical properties) to be thrown  
96 in compost on earth. Alternatively, the use of non-biodegradable nets that one would equip with  
97 captors and systematically retrieve from the marine environment might be just as efficient (Fielstad,  
98 1988; McElwee et al. 2012). Other examples include the plastic particles and water-soluble  
99 polymers used in care products (e.g., cosmetics, detergents) (Sahlan et al. 2020; Volant et al. 2021),  
100 or the microfibers used in textiles (Figure 1). When their complete removal from the user product  
101 is not feasible, their substitution by materials biodegradable in aquatic systems would be relevant  
102 as they are not effectively retained by wastewater treatment plants and may contaminate fresh and  
103 saltwater ecosystems in the long term (Edo et al. 2020; Murphy et al. 2016).

104 Regarding collectable items, biodegradable plastics are not initially designed to be mechanically  
105 recycled as they are not able to withstand multiple extrusion cycles while retaining their original  
106 properties. Nevertheless, some of them such as PLA could be recycled (Maga et al. 2019, Piemonte  
107 et al. 2013, McKeown and Jones 2020) but there are currently not enough recovered resource to  
108 consider this end-of-life option that is to be monitored in the future. In addition, if these  
109 compostable or biodegradable plastics are not collected separately, they can contaminate plastic

110 recycling (PET, PE and PP) resulting in technological and economic burdens (lack of homogeneous  
111 surfaces, undesired opaqueness, defects or failure during injection molding) (Gere and Czigany  
112 2020). However, several automatically sorting technologies (e.g. based on gravity,  
113 triboelectrostatic, spectral (NIR)) are currently available and have potential to avoid the cross-  
114 contamination of conventional plastic recycling by compostable ones (Taneepanichskul et al.  
115 2022). The only end-of-life scenario being considered at present is the organic recycling through  
116 composting and anaerobic digestion of some biodegradable packaging that could be collected with  
117 organic waste. For disposable dishes, food packaging films, and bio-waste collection bags, the use  
118 of biodegradable material could be relevant, provided that effective education, collection, and  
119 sorting processes are concurrently developed to ensure proper management of this waste. The use  
120 of compostable plastics requires an adaptation of existing organic waste collection and treatment  
121 channels.

### 122 **3. The use of compostable plastics requires an adaptation of existing organic waste** 123 **collection and treatment channels**

124 Compostable polymers designed for biological treatment are especially promising for food  
125 packaging or service ware, when these are collected together with food waste (Law and Narayan,  
126 2021). Food packaging materials must meet the dual requirement of retaining all their properties  
127 throughout their use and not degrading or biodegrading in contact with food during their shelf life.  
128 Once they become waste, these plastics can be collected together with food waste and sent to an  
129 industrial composting stream where all the conditions are met for them to biodegrade very quickly.  
130 The success of this model is conditioned by (1) the strict prevention of the collection of non-  
131 compostable materials that would contaminate the compostable waste and (2) the existence of a  
132 nearby biological treatment facility (industrial composting plant or aerobic digesters; Figure 1),

133 ensuring not only that the carbon in the plastic can be fully metabolized but also that this happens  
134 on a timescale allowing its full mineralization into CO<sub>2</sub>. Recent papers have pointed out that the  
135 vast majority of commercially biodegradable polymers (e.g., blends made of PHAs, PLA or starch-  
136 based) are compostable under thermophilic conditions as those found in industrial composting  
137 platforms (Chinaglia et al., 2018, Cucina et al. 2021a, De Gisi et al. 2022, Folino et al. 2020,  
138 Ruggero et al., 2021). According to Cucina et al. 2021a, the time estimated for complete  
139 degradation of PLA, PHAs and starch-based blends was  $84 \pm 47$  days,  $124 \pm 83$  days and  $119 \pm 43$   
140 days, respectively. These results are consistent with the recent study of Edo et al.(2021), which  
141 demonstrates that no debris from compostable biodegradable plastics were found in any of the  
142 samples, meaning that if correctly composted their current use does not contribute to the spreading  
143 of anthropogenic pollution. This suggested that the use of compostable polymers and the  
144 implementation of door-to-door collection systems could reduce the concentration of plastic  
145 impurities in compost from organic fraction of municipal solid wastes (OFMSW). This is why the  
146 composting process is one of the most preferable options when it comes to the biodegradable  
147 plastics disposal (Folino et al. 2020).

148 In contrast, with the exception of PHA blends the degradation kinetics of biodegradable polymers  
149 are often incompatible with anaerobic digestion at mesophilic temperature (Battista et al. 2021,  
150 Cucina et al. 2021b), but as pointed out in recent literature, thermophilic temperatures ( $55 \pm 2$  °C)  
151 significantly accelerated PLA and starch-based blends' degradation. (Calabro et al., 2020,  
152 Cazaudehore et al., 2021, Folino et al., 2020). Studies on improving the biodegradability of PLA  
153 by applying thermo-chemical pretreatment are currently being investigated (Calabro et al. 2020  
154 Cazaudehore et al. 2022). On another hand, the chemical modification of natural polymers can also  
155 inhibit the degradation process. For instance, while cellulose undergoes rapid biodegradation in  
156 most of environments and is widely used as a positive control for assessing biodegradation in

157 thermophilic and mesophilic environments, such as compost or soil, as stated in ASTM and ISO  
158 standards (Bher et al. 2022), its chemical modification may significantly impair its  
159 biodegradability. For instance, a high degree of acetylation in cellulose acetate (CA), a widely used  
160 cellulose-based polymer, lowers its biodegradability through conventional organic waste treatment  
161 such as industrial composting (Yadav & Hakkarainen, 2021) or mesophilic anaerobic digestion  
162 even when combined with composting (Gadaleta et al. 2022). Overall, these biological treatment  
163 processes are not affected by the presence of CA but an increase in compost impurity is reported  
164 (Gadaleta et al. 2022). Biodegradability of cellulose esters under industrial composting and  
165 anaerobic digestion plants then depends on the interplay between the chemical composition of the  
166 bioplastics and the condition of the degradation environment (Yadav & Hakkarainen, 2021), which  
167 undermines the suitability of such treatment for such cellulose-based bio-plastics. Thus, a better  
168 understanding of the suitable processing conditions for each biodegradable plastics' type is needed  
169 to successfully optimize the use and end of life of biodegradable plastics. Overall, with the up-  
170 coming generalization of sorting at the source and separate collection of biowaste, dedicated  
171 collection channels should be set up (or expanded where it already exists) to support industrial  
172 composting and anaerobic digestion platforms. Such facilities have the advantage of being present  
173 in large numbers throughout most European countries. For instance, about 720 industrial  
174 composting platforms were listed in France in 2020 (sinoe.org) which is seven times more than the  
175 number of energy recovery and incineration plants.

176 On the consumer side, awareness campaigns and clear recommendations to users must be set up to  
177 differentiate between recyclable, home compostable, and industrially compostable items, so as to  
178 avoid contamination of the recycling or composting streams by inappropriate materials. Indeed,  
179 separate collection of biodegradable plastics with organic fraction of municipal solid wastes  
180 (OFMSW) has been recommended in Europe since 1994, but better certification and clearer



181 instructions are still needed to decrease the error disposal rate that is higher compared to other  
182 plastics (Taufik et al., 2020). Developing a system of identification, labeling or marking (such as  
183 the grid pattern or QR code currently used in France and Switzerland to identify compostable  
184 plastics; e.g., <https://rsb.org/>; <https://bioapply.com/>) combined with clear instructions on using and  
185 disposing of such plastic items is of utmost importance to guide the consumer. Along this line,  
186 clear rules on labelling of “compostable” or “biodegradable” plastics (Table 1) are needed to avoid  
187 the misleading idea that such collectable biodegradable plastics can be thrown away into the  
188 environment. For example, in France, the AGECE law forbids, since January 2022, to use the term  
189 “biodegradable” or “respectful of the environment”, while compostable material will have to be  
190 marked with the warning “not to be thrown into the environment”.

191 The triptych of “education-collection-sorting” probably requires a large financial investment and  
192 an adaptation of consumption habits. If successfully implemented, the use of compostable plastics  
193 for food waste collection may be an excellent option to reduce the inconvenience for householders  
194 (odors, insects, leaks), and to increase in the amount of organic waste collected and transformed  
195 into good quality biogas, bioproducts or compost to be used in local gardens, parks, and agricultural  
196 lands as observed in Italy (Ellen MacArthur Foundation, 2016). This has also the benefit of  
197 reducing the tonnage of waste entering conventional waste streams (landfills and incinerators) and  
198 the leakage of compostable plastics towards the environment where it will likely not degrade.

199 **4. Plastics designated as biodegradable have controversial proof of biodegradability in**  
200 **the natural environment**

201 We do not yet have the tools to properly evaluate either the fate of biodegradable material or its  
202 rate of biodegradation in the natural environment, which is by definition both an open and

203 uncontrolled environment. Indeed, the standard test methods currently available to assess plastic  
204 biodegradation (ISO tests) are all respirometry tests based on the measurement of microbial  
205 respiration (i.e., O<sub>2</sub> uptake or CO<sub>2</sub> release) that cannot be accurately measured in an open  
206 environment. Therefore, the ability of materials to degrade in soil or water is mostly measured in  
207 miniaturized closed systems, under controlled laboratory conditions designed to ensure quantitative  
208 measurements and to guarantee the reliability and reproducibility of the tests, thus meeting the  
209 requirements of standardization and regulation. As these conditions are far from those encountered  
210 in natural environments, these test methods should be considered primarily as “screening tests”  
211 providing consistency and reproducibility to determine the intrinsic biodegradability in a given  
212 environment. Several limitations and bottlenecks, which we will present in turn, would need to be  
213 overcome to consider these tests as more representative of natural conditions, particularly in the  
214 marine environment, which is by far the most complicated to simulate on a laboratory scale.

215 - **“Bottle effect”**. A sample taken in a natural environment evolves differently when it is no longer  
216 in contact with the open environment, e.g., in terms of bacterial community growth, dissolved O<sub>2</sub>,  
217 and nutrients (Pernthaler & Amann, 2005). Although such experiments are indispensable for  
218 determining and obtaining quantitative data on the actual biodegradation of a material, the nature  
219 of this evolution and its influence on biodegradation are complicated to identify.

220 - **Choice of inoculums**. The use of a single or a small number of microbial strains in a sterile  
221 environment is necessary to understand the mechanisms of biodegradation but does not reflect the  
222 richness and diversity of the natural communities present in the marine environment (Zhang & Xu,  
223 2008). Furthermore, tests considering the spatial and temporal variation of inoculum that originated  
224 from natural communities attached to plastic in soil or aquatic conditions still require development  
225 (Jacquin et al. 2019).

226 - **Carbon sources.** In laboratory assays specific to marine or aquatic environments, the organic  
227 matter present at a low concentration in the sample will be rapidly consumed. As a result, the  
228 plastics present will then become the only source of carbon for the microbial community to live on  
229 and develop, which is not the case in the natural environment where natural or anthropogenic  
230 organic matter becomes continuously attached to the plastic (Li et al. 2018). In the marine  
231 environment, the largest part of the carbon source comes from natural organic matter, while plastic  
232 is present in far smaller proportions (Ter Halle & Ghiglione, 2021). Natural autotrophic and  
233 heterotrophic activities of the microorganisms growing on plastics that play a role in the evaluation  
234 of biodegradation is not yet considered (Jacquin et al. 2019).

235 - **Methodological constraints to representing real biodegradation in the environment.** Most of  
236 the available methods focus on the last mineralization step of biodegradation after several months  
237 of incubation in a small bottle, which provides information on the potential activity of the initial  
238 inoculum to completely transform the polymer into CO<sub>2</sub> under laboratory conditions (Harrison et  
239 al. 2018). The lack of methods that can evaluate biodegradation in situ renders the estimation of  
240 the percentage of biodegradation of a polymer over a given time largely uncertain.

241 - **Lack of specification standards for anaerobic, freshwater and seawater environments.** The  
242 claim that a plastic is biodegradable is regulated by many standards, which require the  
243 demonstration of microbial use of the plastic as carbon source for their growth through  
244 respirometry measurements. Such standards provide detailed and accurate guidance for conducting  
245 and reporting respirometry tests in specific natural or controlled environments. In brief, the  
246 certification scheme of biodegradable plastics is based on two types of standards called  
247 “specification standard” and “test method standard”, which are closely linked to each other. To be  
248 considered as biodegradable, a plastic must meet several requirements, which are specified in

249 specification standards. For each requirement, the specification standard indicates the test method  
250 standards to be applied, the thresholds to be reached, the duration of the test, and certain  
251 modifications of the method if specific conditions are necessary. Thus, the specification standards  
252 are essential to define the requirements describing the biodegradability of a plastic in a given  
253 environment, while test method standards drive analytical techniques and method validations  
254 (ADEME 2020). To date, specification and test method standards covering the certification of  
255 “biodegradable plastics” only exist for industrial and home composting conditions, as well as for  
256 soil environment (Supplementary Table 1; ADEME 2020). All the other environments  
257 (methanization, freshwater and seawater) have only test method standards that are not sufficient as  
258 such to establish the biodegradability of a plastic (ADEME 2020).”

259 Because of all limitations mentioned above, test methods such as the ATSM D6691 for the  
260 "Determination of aerobic biodegradation of plastic in the marine environment by a microbial  
261 consortium or natural seawater inoculum" warns against extrapolating laboratory test results to the  
262 natural environment as a sufficient criterion for biodegradation. We need to ask how many  
263 descriptors would be necessary to characterize the biodegradability of a plastic during a laboratory  
264 experiment. In this sense, a recent data-driven approach based on the physical properties and  
265 molecular structure of the polymer proposed a hierarchy of parameters to quantify its surface  
266 erosion in the marine environment, such as glass transition temperature and hydrophobicity to  
267 classify plastics into fast, medium, and slow degradation categories (Min et al. 2020).

## 268 **5. Universal biodegradable plastics do not exist**

269 It is noteworthy that universal biodegradability in any ecosystem on earth does not exist due to the  
270 limitless combinations of environmental conditions (e.g., water content, organic matter, oxygen

271 levels, temperature, pH, turbulence). For instance, parameters favoring biodegradability (mainly  
272 O<sub>2</sub>, water, nutrients, and temperature) will obviously differ greatly between ecosystems  
273 (agricultural land, washed beach, sea surface, deep sea) and latitudes (tropical, temperate, polar)  
274 (Bano et al., 2017). Moreover, the required conditions for biodegradation largely differ from one  
275 polymer to another (i.e., in practice from one type of use to another), meaning that there are as  
276 many biodegradation parameters as there are polymers and formulations (Figure 1). Leakage of  
277 biodegradable plastics to the environment can occur accidentally (e.g. littering) and voluntary (e.g.  
278 agronomic use of digestate or compost containing residues of biodegradable plastics). When  
279 reaching the environment, some biodegradable polymers (such as PLA and PBAT that represent  
280 almost 40% of the current production of biodegradable polymers) may not necessarily find their  
281 specific degradation conditions to be fully decomposed. This poses a risk that it will persist and  
282 contaminate the environment where the plastics are released and other ecosystems through natural  
283 connectivity of all the environmental compartments (terrestrial, aquatic, and atmospheric) (Kumar  
284 et al. 2021). Owing to its fragmentation into smaller, more easily ingestible particles (Napper &  
285 Thompson, 2019) could constitute a threat for terrestrial and aquatic organisms.

## 286 **6. The innocuity of biodegradable materials remains an open question**

287 Leakage of biodegradable plastics to the environment may create subsequent environmental issues  
288 due to the unknown toxicity of the ensemble of degradation products. Research investigating the  
289 acute and chronic toxicity of biodegradable polymers is still in its infancy (Zimmerman et al. 2020)  
290 and contrasting results exist in the literature depending on the biological model, the tested material  
291 and the exposure parameters (Kapanen et al. 2013; Sforzini et al. 2016; De Oliveira et al. 2021;  
292 Campani et al. 2020; Zimmerman et al. 2021). This suggests that the term “biodegradable” does  
293 not necessarily means harmless as the toxicity of bioplastics appears to be formulation-dependent

294 (Zimmermann et al. 2020). In this regard, most specification standards with biodegradation criteria  
295 for plastics require individual toxicity testing of all constituents present at a concentration greater  
296 than 1%, in addition to the final plastic product. This involves two evaluation steps including  
297 constituent chemical control for harmful compounds (e.g., Cd, Cr, Hg, Ni, Pb, and substances of  
298 very high concern, SVHC) and ecotoxicity tests (plants, worms, nitrifying microorganisms), which  
299 have already been implemented in some current ISO standards (e.g., NF EN 17033; ISO  
300 15685:2012; ADEME 2020). However, there is no accredited organization to deliver such  
301 compliance certifications (e.g. TÜV, DIN CERCO) since there is still no regulation making them  
302 compulsory and this may result in the marketing of unsafe materials. In addition, beyond the testing  
303 of biodegradable materials as new/bulk/raw material, the influence of usage, weathering,  
304 biofouling, and abiotic and biotic degradation on the release of harmful chemicals and degradation  
305 products (e.g., monomers, oligomers, additives, NIAS, particles) must also be considered in  
306 ecosafety assessment as it is already required in specification standards for compost and soil  
307 medium (NF EN 13432, NFEN 14995, NFT 51800, NF EN 17033). Evaluating ecotoxicity of  
308 biodegradable material at the stage of material development and formulation (safe-by-design  
309 approach, van de Poel & Robaey, 2017) would ensure the environmental and human safety of  
310 products and should be reinforced and extended to all materials including conventional plastics.  
311 This method would offer robust scientific support for the design of new and safer materials, keeping  
312 in mind that the absence of evidence is not evidence of absence (Leslie & Depledge, 2020).

## 313 **7. Conclusion**

314 The end-of-life options for plastic waste vary depending on the types of materials involved  
315 (biodegradable or not) and how easy they can be collected and separated from other waste streams  
316 (Figure 1). The use of biodegradable plastics should be restricted to a limited number of

317 applications for which recycling is not an option as long as there are no specific collection schemes  
318 in place. The designation “biodegradable” must be clarified to avoid the idea that the natural  
319 environment could be considered as a viable waste treatment system. Indeed, there is uncertainty  
320 that this term may inadvertently promote littering behavior as already discussed in Napper &  
321 Thompson (2019). Indeed, even if consumers are in general concerned about plastics as an  
322 environmental issue, they do not necessarily translate their aspiration to reduce plastic use through  
323 appropriate behaviors (Dilkes-Hoffman et al, 2019). The certification of  
324 compostable/biodegradable materials must be improved based on new standards and evaluation  
325 methods more representative of environmental conditions. With respect to conventional plastics,  
326 there are still no specification standards assessing their composition and environmental toxicity.  
327 Strict regulation is thus urgently needed to make such certifications compulsory for both  
328 conventional and biodegradable materials. Finally, we should bear in mind that all routes favoring  
329 banning and reduction strategies should be promoted over the use of alternative materials. The first  
330 answer to plastic pollution is to reduce its production and usages whenever possible (e.g., use less  
331 single use plastic items and avoidable packaging) and favor reusable and recyclable plastics to  
332 enhance the recovery of resources before going down the biodegradable path (Bucknall, 2020).  
333 The plastic waste hierarchy (refuse, reduce, reuse, recycle) should be kept in mind right from a  
334 product’s conception and throughout its entire life cycle, and it is now clear that we must make the  
335 transition from a linear “buy-use-throw” system to a circular approach including improved  
336 conception (ecodesign), collection, sorting, and recycling schemes (Lau et al., 2020).

### 337 **ACKNOWLEDGEMENTS**

338 We acknowledge the GDR 2050 "Polymers and Oceans", created by the CNRS, which gave us the  
339 opportunity, among others, to write this collective article. The authors also thank the other

340 supporting organizations, IFREMER and ANSES. We thank the French Ministry of Ecological  
341 Transition for its participation in our actions and its support.

## 342 **COMPETING INTEREST**

343 The authors declare no competing or financial interests.

## 344 **FUNDING**

345 This work was supported by the GDR 2050 "Polymers and Oceans" and the French Ministry of  
346 Ecological Transition.

347

348

## 349 **REFERENCES**

350 Abdelmoez, W., Dahab, I., Ragab, E. M., Abdelsalam, O. A., & Mustafa, A. (2021). Bio- and oxo-  
351 degradable plastics: Insights on facts and challenges. *Polymers for Advanced Technologies*,  
352 32(5), 1981-1996.

353 ADEME, Lagnet, C., Monlau, F., Jacquet, C., Lallement, A., Cazaudehore, G., César, G., Gastaldi,  
354 E., Touchaleaume, F., Copin, D., & Deroine, M. 2020. Review on standards on plastic  
355 biodegradability - Synthesis APESA-POLYBIOAID. [https://www.ademe.fr/revue-normes-  
356 biodegradabilite-plastiques](https://www.ademe.fr/revue-normes-biodegradabilite-plastiques)



357 Bano, K., Kuddus, M., R Zaheer, M., Zia, Q., F Khan, M., Gupta, A., & Aliev, G. (2017). Microbial  
358 enzymatic degradation of biodegradable plastics. *Current pharmaceutical biotechnology*, 18(5),  
359 429-440.

360 Battista, F., Frison, N., Bolzonella, D., 2021. Can bioplastics be treated in conventional anaerobic  
361 digesters for food waste treatment? *Environ. Technol. Innov.* 22, 101393.

362 Bher, A., Mayekar, P. C., Auras, R. A., & Schvezov, C. E. (2022). Biodegradation of  
363 Biodegradable Polymers in Mesophilic Aerobic Environments. *International Journal of*  
364 *Molecular Sciences*, 23(20), 12165.

365 Bucknall, D. G. (2020). Plastics as a materials system in a circular economy. *Philosophical*  
366 *Transactions of the Royal Society A*, 378(2176), 20190268.

367 Calabro, P.S., Folino, A., Fazzino, F. & Komilis, D. (2020). Preliminary evaluation of the anaerobic  
368 biodegradability of three biobased materials used for the production of disposable plastics.  
369 *Journal of Hazardous Materials*, 390,121653.

370 Campani, T., Casini, S., Caliani, I., Pretti, C., & Fossi, M. C. (2020). Ecotoxicological investigation  
371 in three model species exposed to elutriates of marine sediments inoculated with bioplastics.  
372 *Frontiers in Marine Science*, 7, 229.

373 Cazaudehore, G., Monlau, F., Gassie, C., Lallement, A., & Guyoneaud, R. (2021). Methane  
374 production and active microbial communities during anaerobic digestion of three commercial  
375 biodegradable coffee capsules under mesophilic and thermophilic conditions. *Science of The*  
376 *Total Environment*, 784, 146972.

377 Cazaudehore, G., Guyoneaud, R., Vasmara, C., Greuet, P., Gastaldi, E., Marchetti, R., ... &  
378 Monlau, F. (2022). Impact of mechanical and thermo-chemical pretreatments to enhance  
379 anaerobic digestion of poly (lactic acid). *Chemosphere*, 297, 133986.

380

381 Cucina, M., de Nisi, P., Tambone, F., & Adani, F. (2021a). The role of waste management in  
382 reducing bioplastics' leakage into the environment: a review. *Bioresource Technology*, 337,  
383 125459.

384 Cucina, M., De Nisi, P., Trombino, L., Tambone, F., & Adani, F. (2021b). Degradation of  
385 bioplastics in organic waste by mesophilic anaerobic digestion, composting and soil incubation.  
386 *Waste Management*, 134, 67-77.

387 De Gisi, S., Gadaleta, G., Gorrasi, G., La Mantia, F. P., Notarnicola, M., & Sorrentino, A. (2022).  
388 The role of (bio) degradability on the management of petrochemical and bio-based plastic  
389 waste. *Journal of Environmental Management*, 310, 114769.

390 Dilkes-Hoffman, L., Ashworth, P., Laycock, B., Pratt, S., & Lant, P. (2019). Public attitudes  
391 towards bioplastics—knowledge, perception and end-of-life management. *Resources,*  
392 *Conservation and Recycling*, 151, 104479.

393 Edo, C., González-Pleiter, M., Leganés, F., Fernández-Piñas, F., Rosal, R. (2020). Fate of  
394 microplastics in wastewater treatment plants and their environmental dispersion with effluent  
395 and sludge. *Environmental Pollution*, 259, 113837.

396 European Commission. Report from the Commission to the European Parliament and the Council:  
397 On the Impact of the Use of Oxo-Degradable Plastic, Including Oxo-Degradable Plastic  
398 Carrier Bags on the Environment; Brussels, 2018

399 Fjelstad, E. J. (1988). The Ghosts of Fishing Nets Past: A Proposal for Regulating Derelict  
400 Synthetic Fishing Nets. *Wash. L. Rev.*, 63, 677.

401 Folino, A., Karageorgiou, A., Calabro`, P.S., Komilis, D., 2020. Biodegradation of wasted  
402 bioplastics in natural and industrial environments: A review. *Sustain* 12 (15), 6030.

403 Fondation Ellen MacArthur, Pour une nouvelle économie des plastiques, rapport présenté au Forum  
404 économique mondial en 2016.

405 Gadaleta, G., De Gisi, S., Picuno, C., Heerenklage, J., Cafiero, L., Oliviero, M., Notarnicola, M.,  
406 Kuchta, K., Sorrentino, A., 2022a. The influence of bio-plastics for food packaging on  
407 combined anaerobic digestion and composting treatment of organic municipal waste.  
408 Waste Manag. 144, 87-97.

409 Gere, D. and Czigany, T. (2020). Future trends of plastic bottle recycling: Compatibilization of  
410 PET and PLA .Polym.Test.81,106160.

411 Groh, K. J., Backhaus, T., Carney-Almroth, B., Geueke, B., Inostroza, P. A., Lennquist, A., ... &  
412 Muncke, J. (2019). Overview of known plastic packaging-associated chemicals and their  
413 hazards. Science of the total environment, 651, 3253-3268.

414 Harrison, J. P., Boardman, C., O'Callaghan, K., Delort, A.-M., and Song, J. (2018).  
415 Biodegradability standards for carrier bags and plastic films in aquatic environments: a critical  
416 review. R. Soc. Open Sci. 5:171792.

417 International Organization for Standardization. (2012). Plastics - Organic recycling - Specifications  
418 for compostable plastics (ISO Standard No. 17088:2021).

419 Jacquin J, Cheng J, Odobel C, Pandin C, Conan P, Pujo-Pay M, Barbe V, Meistertzheim AL,  
420 Ghiglione JF (2019) Microbial ecotoxicology of marine plastic debris: a review on colonization  
421 and biodegradation by the 'plastisphere' Frontiers in microbiology 10:865.

422 Kapanen A., Vikman M., Rajasarkka, J., Virta, M., Itavaara, M. (2013). Biotests for environmental  
423 quality assessment of composted sewage sludge. Waste Management, 6(33) 1451-1460.  
424 10.1016/j.wasman.2013.02.022

425 Kiyama, R., & Wada-Kiyama, Y. (2015). Estrogenic endocrine disruptors: Molecular mechanisms  
426 of action. Environment International, 83, 11-40.

427 Kumar, M., Chen, H., Sarsaiya, S., Qin, S., Liu, H., Awasthi, M. K., Kumar, S., Singh, L., Zhang,  
428 Z., Bolan, N.S., Pandey, A., Vajrani, S., & Taherzadeh, M. J. (2021). Current research trends  
429 on micro-and nano-plastics as an emerging threat to global environment: a review. *Journal of*  
430 *Hazardous Materials*, 409, 124967. Lau, W. W., Shiran, Y., Bailey, R. M., Cook, E., Stuchtey,  
431 M. R., Koskella, J., ... & Palardy, J. E. (2020). Evaluating scenarios toward zero plastic  
432 pollution. *Science*, 369(6510), 1455-1461.

433 Law K. L., Narayan R. (2021) Reducing environmental plastic pollution by designing polymer  
434 materials for managed end-of-life. *Nature Reviews Materials*, 7, 104-116.

435 Leslie, H. A., & Depledge, M. H. (2020). Where is the evidence that human exposure to  
436 microplastics is safe?. *Environment International*, 142, 105807. Li, S., Liu, H., Gao, R.,  
437 Abdurahman, A., Dai, J., Zeng, F. (2018). Aggregation kinetics of microplastics in aquatic  
438 environment: Complex roles of electrolytes, pH, and natural organic matter.  
439 *Environmental Pollution*, 237, 126-132.

440 Maga D., Hiebel M., Thonemann N. (2019). Life cycle assessment of recycling options for  
441 polylactic acid. *Resources, Conservation and Recycling* 149, 86-96

442 McElwee, K., Donohue, M. J., Courtney, C. A., Morishige, C., & Rivera-Vicente, A. (2012). A  
443 strategy for detecting derelict fishing gear at sea. *Marine Pollution Bulletin*, 65(1-3), 7-15.

444 McKeown P., Jones M.D. (2020). The Chemical Recycling of PLA: A Review. *Sus. Chem.* 1, 1–  
445 22

446 Min, K., Cuiffi, J.D. & Mathers, R.T. (2020). Ranking environmental degradation trends of plastic  
447 marine debris based on physical properties and molecular structure. *Nat Commun* 11, 727.

448 Murphy, F., Ewins, C., Carbonnier, F., Quinn, B. (2016). *Wastewater Treatment Works*

449 (WwTW) as a Source of Microplastics in the Aquatic Environment. *Environmental Science*  
450 & *Technology* 50 (11), 5800-5808.

451 Napper, I. E., & Thompson, R. C. (2019). Environmental deterioration of biodegradable, oxo-  
452 biodegradable, compostable, and conventional plastic carrier bags in the sea, soil, and open-air  
453 over a 3-year period. *Environmental science & technology*, 53(9), 4775-4783.

454 de Oliveira, J. P. J., Estrela, F. N., de Lima Rodrigues, A. S., Guimarães, A. T. B., Rocha, T. L., &  
455 Malafaia, G. (2021). Behavioral and biochemical consequences of *Danio rerio* larvae exposure  
456 to polylactic acid bioplastic. *Journal of hazardous materials*, 404, 124152.

457 Pernthaler, J., and Amann, R. (2005). Fate of heterotrophic microbes in pelagic habitats: Focus on  
458 populations. *Microbiology and Molecular Biology Reviews* 69, 440.

459 Piemonte, V., Sabatini, S. & Gironi, F. (2013). Chemical Recycling of PLA: A Great Opportunity  
460 Towards the Sustainable Development ?. *J Polym Environ* 21, 640–647

461 Ruggero, F., Onderwater, R. C., Carretti, E., Roosa, S., Benali, S., Raquez, J. M., ... & Wattiez, R.  
462 (2021). Degradation of film and rigid bioplastics during the thermophilic phase and the  
463 maturation phase of simulated composting. *Journal of Polymers and the Environment*, 29(9),  
464 3015-3028.

465 Sahlan, M., Fadhullah, H., Pratami, D. K., & Lischer, K. (2020, May). Physical and chemical  
466 characterization of dry mud propolis for natural scrub cosmetic. In *AIP Conference Proceedings*  
467 (Vol. 2230, No. 1, p. 020002). AIP Publishing LLC.

468 Sforzini S., Oliveri L., Chinaglia S., Viarengo A. 2016 Application of biotests for the  
469 determination of soil ecotoxicity after exposure to biodegradable Plastics. *Front. Environ. Sci.*,  
470 16:8–17 <https://doi.org/10.3389/fenvs.2016.00068>

471 Standard European Norm - Plastics - Biodegradable mulch films for use in agriculture and  
472 horticulture - Requirements and test methods. (NF EN 17033:2018).

473 Standard European Norm - Requirements for packaging recoverable through composting and  
474 biodegradation (NF EN 13432:2000)

475 Standard French Norm - Plastics - Specifications for plastics suitable for home composting (NF  
476 T51-800:2015)

477 Sussarellu, R., Suquet, M., Thomas, Y., Lambert, C., Fabioux, C., Pernet, M. E. J., ... & Huvet, A.  
478 (2016). Oyster reproduction is affected by exposure to polystyrene microplastics. *Proceedings*  
479 *of the national academy of sciences*, 113(9), 2430-2435.

480 Taneepanichskul N, Purkiss D and Miodownik M (2022). A Review of Sorting and Separating  
481 Technologies Suitable for Compostable and Biodegradable Plastic Packaging. *Front. Sustain.*  
482 3:901885.

483 Taufik, D., Reinders, M. J., Molenveld, K., & Onwezen, M. C. (2020). The paradox between the  
484 environmental appeal of bio-based plastic packaging for consumers and their disposal  
485 behaviour. *Science of the total environment*, 705, 135820.

486 Touchaleaume F., Martin-Closas L., Angellier-Coussy H., Chevillard A., Cesar G., Gontard N.,  
487 Gastaldi E. (2016) Performance and environmental impact of biodegradable polymers as  
488 agricultural mulching films. *Chemosphere* 144, 433-439

489 Touchaleaume F., Angellier-Coussy H., Cesar G., Raffard G., Gontard N., Gastaldi E. (2018)  
490 How performance and fate of biodegradable mulch films are impacted by field ageing. *J*  
491 *Polym Environ* 26, 2588–2600. <https://doi.org/10.1007/s10924-017-1154-7>

492 Ter Halle A, Ghiglione JF (2021) Nanoplastics: a complex, polluting terra incognita.  
493 *Environmental Science & Technology* 55, 14466–14469

494 van de Poel, I., & Robaey, Z. (2017). Safe-by-design: from safety to responsibility. *Nanoethics*,  
495 11(3), 297-306.

496 Vähätalo, A.V., Aarnos, H. & Mäntyniemi, S. Biodegradability continuum and biodegradation  
497 kinetics of natural organic matter described by the beta distribution. *Biogeochemistry* 100, 227–  
498 240 (2010).

499 Volant, C., Balnois, E., Vignaud, G., Magueresse, A., & Bruzard, S. (2021). Design of  
500 Polyhydroxyalkanoate (PHA) Microbeads with Tunable Functional Properties and High  
501 Biodegradability in Seawater. *Journal of Polymers and the Environment*, 1-16.

502 Yadav, N., Hakkarainen, M., 2021. Degradable or not? Cellulose acetate as a model for  
503 complicated interplay between structure, environment and degradation. *Chemosphere*. 265,  
504 128731.

505 Zhang, L., Xu, Z. (2008). Assessing bacterial diversity in soil. *J Soils Sediments* 8, 379–388.

506 Zimmermann, L., Dombrowski, A., Völker, C., & Wagner, M. (2020). Are bioplastics and plant-  
507 based materials safer than conventional plastics? In vitro toxicity and chemical composition.  
508 *Environment International*, 145, 106066.

509 Zimmermann, L., Bartosova, Z., Braun, K., Oehlmann, J., Völker, C., & Wagner, M. (2021). Plastic  
510 products leach chemicals that induce in vitro toxicity under realistic use conditions.  
511 *Environmental science & technology*, 55(17), 11814-11823.

512

513 **Tables and figures**

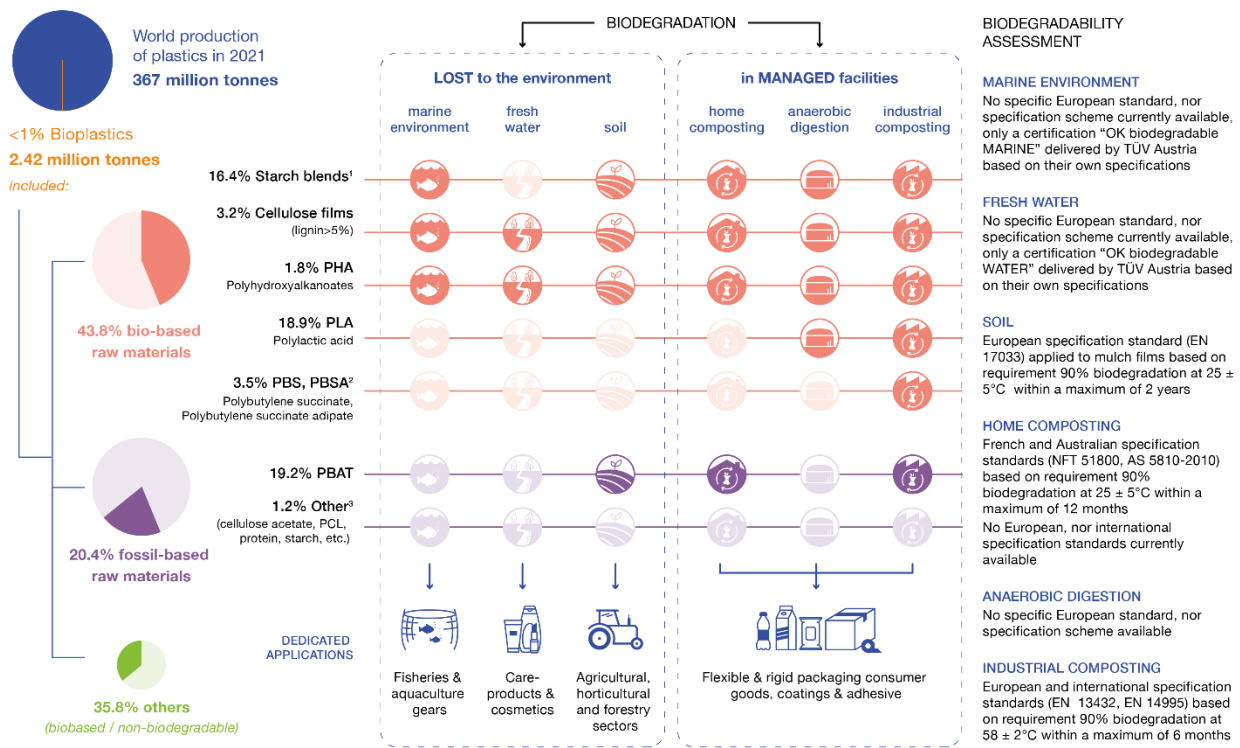
514 **Table 1.** Definitions of the common terms used to designate biodegradable plastics and their ability to  
 515 decompose in a given environment. Sources: [ISO 472:2013 Plastics – Vocabulary](#) ;  
 516 <https://www.european-bioplastics.org>

Term	Definition
<b>Bioplastic</b>	Bio-based and /or biodegradable plastic in the most commonly accepted sense and in the absence of a standard definition. In France a bioplastic is defined as a bio-based AND biodegradable plastic (JORF n°0297 of 22 December 2016) whereas in English-speaking countries, the term covers bio-based AND/OR biodegradable plastics.
<b>Biodegradable</b>	Ability of an organic material to be fully mineralised by the action of micro-organisms, either in the presence of oxygen by aerobic decomposition into carbon dioxide, water and mineral salts of all other elements present (mineralisation) and the appearance and/or reorganisation of new biomass, or in the absence of oxygen by anaerobic decomposition into carbon dioxide, methane, mineral salts and the appearance and/or reorganisation of new biomass. The process of biodegradation depends on the surrounding environmental conditions (e.g. location or temperature), on the material and on the application.
<b>Compostable</b>	Ability to fully biodegrade in a composting process. From a normative point of view, this claim implies several other specific requirements in addition to the ultimate biodegradation like control of constituents, disintegration and ecotoxicity regarding the degradation products. A distinction is made between industrial (NF EN 13432 for packaging and NF EN 14995 for plastics) and home composting (AS5810:2010, NF T51-800:2015, prEN 17427:2020) to take into account the comparatively smaller volume of waste involved and the lower temperature which leads in a slower degradation and biodegradation process.

517

518





520

521 **Figure 1.** Distribution, biodegradability and suggested applications for biodegradable plastics.  
 522 Sources: European Bioplastics, nova-Institute (2021) [www.european-bioplastics.org/market](http://www.european-bioplastics.org/market),  
 523 [www.bio-based.eu/markets](http://www.bio-based.eu/markets), [www.renewable-carbon.eu/graphics](http://www.renewable-carbon.eu/graphics). Biodegradability assessment  
 524 (right hand panel) refers to the existence of specification standards in a given environment. <sup>1</sup>  
 525 Mater-Bi (Novamont Spa) of 3rd generation (MATER-BI AF03A0 AND MATER-BI AF05S0)  
 526 are certified as biodegradable in aerobic marine conditions,  
 527 [https://ec.europa.eu/environment/ecoap/etv/aerobic-biodegradation-mater-bi-af03a0-and-mater-](https://ec.europa.eu/environment/ecoap/etv/aerobic-biodegradation-mater-bi-af03a0-and-mater-bi-af05s0-mater-bi-third-generation-under_en)  
 528 [bi-af05s0-mater-bi-third-generation-under\\_en](https://ec.europa.eu/environment/ecoap/etv/aerobic-biodegradation-mater-bi-af03a0-and-mater-bi-af05s0-mater-bi-third-generation-under_en). <sup>2</sup> PBSA is biodegradable in soil and home  
 529 composting conditions. <sup>3</sup> Other refers to different products displaying different ability to  
 530 biodegrade according to a considered environment. Dedicated applications are suggested whenever  
 531 complete removal of plastic material is not available. Colors represent biobased biodegradable  
 532 (orange), petrol-based biodegradable (purple) and biobased non-biodegradable plastics (green).  
 533 Small icons illustrate the end of life in the environment for biodegradable plastics, and the shading  
 534 indicates absence of biodegradation in a given environment.  
 535