

Supporting Information for

A new view on abrupt climate changes and the bipolar seesaw based on paleotemperatures from Iberian Margin sediments

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Supporting Information Text

S1 Paleotemperatures in Greenland and the Iberian Margin during H and DO stadials. The temperature proxies measured in Greenland ice do not show a systematic difference between H and DO stadials (Fig. 2*A*). This is the main reason why the specificity of H stadials was not recognized in Greenland ice cores (1–4).

Another reason for overlooking the cooling difference between the two types of stadials is that the cooling difference between H stadials and normal DO stadials was not apparent in early studies of marine sediments, which were solely based on percentages of the polar foraminifera *Neogloboquadrina pachyderma sinistral* (5). This temperature proxy is not linearly related to SST and saturates at 100% in cold waters.

However, even before the discovery of the classic series of H events (6) characterized by IRD layers, it was known from geochemical and micropaleontological studies of deep-sea sediments that the H1 period corresponded to a massive cooling in the North Atlantic, more intense than the YD itself (7). Those authors wrote that *"In core SU8118 the beginning of the [deglacial] oxygen isotope decrease is characterized by a concomitant temperature drop of ca.* 7 °C *which can surely be attributed to a pulse-like injection of large volumes of ice or melt water into the Atlantic"*. This drastic cooling during H1 was evidenced with quantitative SSTs reconstructed with a statistical transfer function based on counts of all species of planktic foraminifera. The other novel aspect of this 1987 study was the use of a deep-sea core located mid-latitude (37°N) off the southern Iberian Margin. This North Atlantic site is relatively far from the higher latitude IRD belt, which has sediments that are usually barren of planktic foraminifera (8). Moreover, deep-sea cores from the southern Iberian Margin exhibit high sedimentation rates, allowing for the establishment of precise chronologies based on ¹⁴C dating in planktic foraminifera (7, 9).

The extraordinary quality of sediments from the southern Iberian Margin was confirmed by ref. 10 which reconstructed an SST record based on planktic foraminifera from a new core covering the entire glacial cycle—MD95-2042 located at the same site as core SU8118 used in refs. 7 and 11. The previous observation of a pronounced cooling during H1 was clearly confirmed with all other H stadials, contrasting with the moderate cooling reconstructed for normal DO stadials (10). An additional outcome of the transfer function based on planktic foraminifera are estimations of summer and winter SSTs. The Iberian Margin records (7, 10, 12, 13) show minimal changes of the seasonality. Notably, there is a lack of diverging temperature trends during DO stadials, with warming for summers and cooling for winters as hypothesized recently (14).

The systematic SST pattern based on planktic foraminifera was further strengthened on the same or nearby cores from the Iberian Margin, with geochemical paleothermometric proxies such as the oxygen isotope composition (δ^{18} O) of planktic foraminifera (15), the unsaturation index of alkenones (U^{K'}₃₇; refs. 11, 16, and 17, the Mg/Ca of planktic foraminifera (18) and the TetraEther indeX of GDGTs with 86 carbons (TEX₈₆; ref. 19). The recognition of the southern Iberian Margin as a "sweet spot" for paleoceanographic studies was further strengthened by extending the record over more than a million years by drilling the "Shackleton site" (U1385) in the framework of IODP (20).

The environmental context of the Iberian Margin and core MD95-2042 site is shown in Fig. 1 *B* and *C* and described in detail in ref. 21 and references therein. In short, the Iberian Margin has seasonal contrasts, with an upwelling that occurs in late spring/summer. In addition to North Atlantic Deep Waters, Antarctic Intermediate Waters, and Antarctic Bottom Waters, a relatively warm and salty water mass from the Mediterranean Sea flows poleward along the margin between roughly 500 to 600 and 1,500 to 1,600 m water depth. During the last glacial cycle, the hydrology was generally similar to today's, except during H and H-like stadials when the seasonal upwelling likely ceased (16).

Core MD95-2042 comprises five high-resolution (average temporal resolution < 300 y) paleothermometric records covering the entire last glacial cycle. The first high-resolution paleothermometric record from core MD95-2042 is based on the δ^{18} O of planktic foraminifera (Fig. S1*B*; ref. 15). However, non-thermal influences—e.g., changes in global ice volume and local hydrologic conditions correlated to salinities (22)—on planktic foraminiferal δ^{18} O likely

occurred, notably during H events. For these reasons, we compare the ice-volume–corrected δ^{18} O of planktic foraminifera (Fig. S1*B*) only with the ice-volume–corrected δ^{18} O of benthic foraminifera (Fig. S1*C*) in our study.

The other four high-resolution paleothermometric records from core MD95-2042 are based on the Ring Index of hydroxylated tetraethers with OH-GDGT-0 (RI-OH'), the Ring Index of hydroxylated tetraethers without OH-GDGT-0 (RI-OH), TEX₈₆, and U^{K'}₃₇ (Figs. 2 B and C and S2 B and C). Refs. 19 and 21 converted all biomarker-based indices into SSTs using the best available calibrations for each organic paleothermometer (ref. 23 for RI-OH', ref. 24 for RI-OH, refs. 19, 25, and 26 for TEX₈₆, and refs. 27 and 28 for U^{K'}₃₇). However, TEX₈₆ has relatively complicated signals during the 160 to 45 ka BP period (21), notably during H-like stadials (29) when TEX₈₆ shows a peculiar behavior compared with other organic paleothermometers. Accordingly, TEX₈₆ may record not only SSTs, but also temperature signals from intermediate to deep waters (water depths > 500 m) during H-like stadials (21). In addition, the expanded RI-OH record fails to show the same characteristic responses to H6 and H4 to H1 as the other organic paleothermometers (Fig. S2B), including TEX₈₆ (Fig. S2C; see also ref. 19). RI-OH' records the influence of (sub)polar waters during H stadials better than does RI-OH (21), and the tetraetherbased records expanded to the 160 to 0 ka BP period strengthen this conclusion. Conversely, the recent RI-OH' paleothermometer generally resembles the established $U_{37}^{K'}$ SST proxy (21) and this resemblance still holds for the last 45 ky (Fig. 2 B and C). Another recent application of the RI-OH' paleothermometer in the Alboran Sea, western Mediterranean Sea, over the last 35 ky further suggests that this recent biomarker-based index is suitable for studies of H and DO stadials (30). We therefore choose the RI-OH' and $U^{\kappa'_{37}}$ paleothermometric records as the best core MD95-2042 SST records to be used as inputs of the thermal bipolar seesaw model (31).

S2 The Ring Index of hydroxylated tetraethers as an independent SST proxy. Organic SST proxies such as $U^{K'_{37}}$, TEX₈₆, and RI-OH' are driven by specific biological producers and mechanisms, which differ from those for microfossil-based paleothermometric proxies such as δ^{18} O and Mg/Ca. The most established organic SST proxy, U^{K'}₃₇ (32), indicates the degree of saturation-the number of double bounds-of long-chain ketones produced by photosynthetic haptophyte algae (33–35). $U^{K'_{37}}$ values range from 0 to 1 and increase with increasing SST (27, 28, 32, 36, 37)—warmer SSTs give more saturated alkenones i.e. alkenones with less double bounds. One of the most recent organic SST proxies, RI-OH' (24), indicates the degree of cyclization-the number of cycles-of hydroxylated isoprenoid tetraethers produced by ammoniaoxidizing Thaumarchaeota (38-46). RI-OH' values range from 0 to 2 and increase with increasing SST (23, 24, 46–48)—warmer SSTs give more cyclized hydroxylated isoprenoid tetraethers i.e. hydroxylated isoprenoid tetraethers with more cycles. $U_{37}^{K'}$ and RI-OH' thus rely on lipids from different biological sources-photosynthetic haptophyte algae versus ammonia-oxidizing archaea—and represent two different ways for unicellular organisms to control the fluidity or viscosity of their constituting lipids-alkenone unsaturation versus hydroxylated isoprenoid tetraether cyclization.

RI-OH' and $U^{K'_{37}}$ show a strong correlation—*r* values of 0.86 and 0.92 over the 160 to 0 and 45 to 1 ka BP periods, respectively—and a near 1:1 relationship between their derived SSTs in core MD95-2042 sediments, which reflects a substantial shared variance (Fig. S3*A*). However, RI-OH'-SSTs are typically cooler than $U^{K'_{37}}$ -SSTs, as previously reported by ref. 21, with generally larger SST differences during the 160 to 45 ka BP period than during the 45 to 0 ka BP period and a millennial variability in these SST differences that partly covaries with the DO variability (Fig. S4). RI-OH' and $U^{K'_{37}}$ thus also show a non-random unshared variance that supports the independence of RI-OH' from $U^{K'_{37}}$ in core MD95-2042 sediments.

The most established tetraether-based SST proxy, TEX_{86} (49), indicates the degree of cyclization—the number of cycles—of non-hydroxylated isoprenoid tetraethers produced by ammonia-oxidizing *Thaumarchaeota* (40–44, 50–52). TEX_{86} values range from 0 to 1 and increase with increasing SST (25, 49, 53–56)—warmer SSTs give more cyclized non-hydroxylated isoprenoid tetraethers i.e. non-hydroxylated isoprenoid tetraethers with more cycles. While both RI-OH' and TEX₈₆ represent isoprenoid tetraether cyclization for ammonia-oxidizing archaea to control the fluidity or viscosity of their constituting lipids, only some ammonia-oxidizing *Thaumarchaeota* strains produce both hydroxylated and non-hydroxylated isoprenoid tetraethers

(39, 42). This difference in biological producers may partly explain why TEX₈₆ and its variants do not systematically covary with RI-OH' in marine core sediments (21, 57), which supports the independence of RI-OH' from TEX₈₆.

RI-OH' and TEX₈₆^H expectedly show a strong correlation—*r* values of 0.84 and 0.90 over the 160 to 0 and 45 to 1 ka BP periods, respectively—and a near 1:1 relationship between their derived SSTs in core MD95-2042 sediments (Fig. S3*B*)—TEX₈₆^H values are the logarithm of TEX₈₆ values. While RI-OH'-SSTs better agree with TEX₈₆^H-SSTs than with U^K₃₇-SSTs during warm DO interstadials of the 160 to 45 ka BP period (Figs. S4 and S5), absolute differences between RI-OH'-SSTs and TEX₈₆^H-SSTs increase by up to 7 °C during cold DO stadials, notably H-like stadials during the 160 to 45 ka BP period (Fig. S5*C*). Differences between RI-OH'-SSTs and TEX₈₆^H-SSTs also show a clearer millennial variability than do differences between RI-OH'-SSTs and U^{K'}₃₇-SSTs, especially during the 160 to 45 ka BP period (Figs. S4*C* and S5*C*).

The similarities and differences in biomarker-based SSTs over the 160 to 45 ka BP period in core MD95-2042 sediments are discussed in detail in ref. 21. In short, ref. 21 pointed out that differences between RI-OH'-SSTs and U^{K'}₃₇-SSTs in core MD95-2042 sediments, as well as core top calibration residuals for RI-OH', may reflect non-thermal influences to be explored while further studying paleothermometry based on hydroxylated isoprenoid tetraethers. Similarly, the reasons for larger differences between RI-OH'-SSTs and TEX₈₆^H-SSTs during H-like stadials in core MD95-2042 sediments are not fully constrained (21). Further work is also needed to strengthen the U^{K'}₃₇-SST relationship at low temperatures for the Iberian Margin. For instance, ref. 12 already mentioned a systematic difference between records based on various alkenone calibrations, specifically during cold events such as the YD and H1 for the Iberian Margin (Fig. 5 in ref. 12). Accordingly, we favor the complementary use of RI-OH' and U^{K'}₃₇ to study North Atlantic paleoclimates (21) as well as their relationships with Southern Hemisphere paleoclimates via the thermal bipolar seesaw.

S3 Shortcomings for comparisons with Southern Ocean SST records. In theory, it would be more relevant to compare SSTs from the North Atlantic with SSTs from the Southern Ocean than with atmospheric temperatures from Antarctica to study the thermal bipolar seesaw. During the last 160 ky, several SST records from deep-sea cores in the Southern Ocean show millennial events similar to AIM events in Antarctica (58, 59). While ref. 59 restricted their study to the AIM events AIM12–AIM3, we could in principle generate a Southern Ocean SST stack covering the 115 to 12 ka BP period using 7 of the 14 Southern Ocean SST records stacked by ref. 59 (E11-2, ref. 60; ODP-1089, ref. 61; MD03-2607, ref. 62; SO136-111, ref. 63; MD97-2120 Mg/Ca-derived record, ref. 64; MD97-2120 U^{K'}₃₇-derived record, ref. 65; and MD97-2121, ref. 65) and both Southern Ocean SST records by ref. 58.

However, AIM events are generally not as well-resolved in Southern Ocean SST records, such as those stacked by ref. 59, as they are in Antarctic atmospheric temperature records, partly due to the limited time resolutions of Southern Ocean SST records compared with Antarctic atmospheric temperature records and, to a lesser extent, our Iberian Margin SST records from core MD95-2042. Consequently, ref. 59 did not systematically detect all AIM events in the selected Southern Ocean SST records.

An absolute and independent chronology of Southern Ocean records is notoriously difficult to establish as this zone is characterized by large and potentially variable ¹⁴C reservoir ages, partly as a response to the variability of sea ice. Indeed, the IntCal group does not recommend the use of the Marine20 calibration for latitudes south of 40°S (66). More recently, Heaton et al. (67) provided corrections for the Southern Ocean based on 3D ocean modeling, but these first-order corrections are associated with a significant increase of uncertainty.

Importantly, ref. 59 tuned the Southern Ocean SST records stacked over the last 75 ky to the Antarctic EDC δ D record on its Antarctic Ice Core Chronology (AICC12; refs. 68 and 69). This makes this Southern Ocean record somewhat redundant, but with a lower resolution than the Antarctic ice-core record. This caveat is also relevant for both SST records by ref. 58 that are also tuned to Antarctic ice-core records—Antarctic EDC δ D record (70) for MD11-3353 and Antarctic Temperature Stack (71) for most of MD12-3394.

In addition, most SST proxies become rather imprecise at low temperatures typifying the Southern Ocean. For example, the slope of the $U^{K'_{37}}$ -SST relationship decreases significantly (27,

72). A similar low sensitivity at cold temperature is exhibited by the Mg/Ca paleothermometer (73, 74). Further difficulties are associated with the TEX₈₆ paleothermometer and its variant proposed for polar oceans, TEX₈₆^L, as they have particularly large calibration residuals at low temperatures, including in the Southern Ocean (23, 25, 54, 75–78), and gave some unrealistic down-core SST reconstructions in the Southern Ocean (79). Consequently, TEX₈₆ is "Not recommended yet for glacial-interglacial SST reconstructions in the Southern Ocean" as concluded by ref. 80.

Despite all these pitfalls, the studies by refs. 58 and 59 are nonetheless useful in the context of our work because both are compatible with (but partly rely on) the hypothesis of an equivalence of variations in Southern Ocean and atmospheric temperatures during AIM events. When putting both Southern Ocean SST records by ref. 58 and the Southern Ocean SST stack by ref. 59 on our ice-core chronology, Fig. S6 shows that the largest AIM events can be identified in the marine records, but that the Antarctic ice-core record is needed to detect smaller AIM events. Fig. S6 also shows that our Antarctic T_{air} stack agrees with the Antarctic Temperature Stack by ref. 71 placed on the same ice-core timescale and within 2σ uncertainties.

For all these reasons, we have used the Antarctic $\delta^{18}O_{ice}$ record in our quantitative study of the thermal bipolar seesaw as in previous studies since ref. 31. Comparing with Southern Ocean SST records could be interesting for future work with strengthened chronologies and new SST records at high resolution.

In their seminal work on core MD95-2042, Shackleton et al. (15) proposed that the $\delta^{18}O$ record of planktic foraminifera can be used as a proxy for North Atlantic SST and the δ^{18} O of benthic foraminifera, at this very same North Atlantic location, could be used as a proxy of temperature around Antarctica. The advantage of this approach is to obtain both records from the same sediment core, thereby reducing the problem of timescale discrepancies between records from different sites and measured on various types of archives (see Text S6, below). However, the use of δ^{18} O has also many pitfalls because the δ^{18} O of foraminifera is not a simple paleothermometer, but rather a complex indicator influenced by several factors such as growth temperature—SST or deep ocean temperature for planktic and benthic foraminifera, respectively-hydrological changes correlated to local salinity for planktic foraminifera, and global melting of ice sheets leading to a long-term relationship between for a miniferal δ^{18} O and sea level changes. An additional drawback of the benthic foraminiferal δ^{18} O record from core MD95-2042 is its lower resolution when compared to other proxies measured on the same core (planktic for a miniferal δ^{18} O, U^{K'}₃₇, and RI-OH'), notably during H and H-like stadials. This is due to the scarcity of benthic foraminifera at that location, notably during cold and biologically less productive periods.

Despite these problems, we also use both for miniferal δ^{18} O records from core MD95-2042 (Fig. S1 B and C) to test the thermal bipolar model with the planktic record as the North Atlantic component and input record and the benthic record as the Southern Ocean component and reference record (Table S3). We first correct both for a miniferal δ^{18} O records for the long-term trend of seawater δ^{18} O correlated to global sea level changes (Fig. S1 *B* and *C*) and then take the opposite values of these foraminiferal δ^{18} O records for comparisons with the other selected paleothermometric records (*Materials and Methods*). Both foraminiferal δ^{18} O records give strong and significant $\Delta T_{\rm s} \cdot \Delta t_{\rm n}$ versus $\Delta T_{\rm n} \cdot \Delta t_{\rm n}$ correlations—up to r = -0.88 and up to $\tau = -0.76$ with p < 0.001 for all correlation tests (Table S3). Interestingly, we obtained the strongest $\Delta T_{s} \Delta t_{n}$ versus $\Delta T_0 \cdot \Delta t_0$ correlations—up to r = -0.94 and up to $\tau = -0.79$ with p < 0.001 for all correlation tests (Table S3)—when using the RI-OH' SST record as the Northern Hemisphere record compared to the benthic foraminiferal δ^{18} O record from core MD95-2042, which is assumed to represent the temperature variations of the Southern Ocean. These strong correlations may be linked to the advantage of studying both records in the same archive, despite the reservations about δ^{18} O listed above. However, the ice-volume-corrected benthic foraminiferal δ^{18} O record from core MD95-2042 is not competitive relative to our Antarctic $\delta^{18}O_{ice}$ stack as a Southern Hemisphere reference record, given the poorer bipolar seesaw fits (see Text S14, below).

S4 Motivation of extended Southern versus Northern Hemisphere diagrams. While we find the classical ΔT_s versus Δt_n diagram not fully satisfactory, it does give moderate-to-strong and significant inter-hemispheric relationships (81–84), including in our study (Tables S3, S7, and

S11). These results are coherent with the physical basis of the thermal bipolar seesaw. For cyclic Northern Hemisphere temperature records, Equation 9.5 from the Spring Semester 2022 lecture notes by Thomas Stocker (https://climatehomes.unibe.ch/~stocker/stocker22icm.pdf; page 162 in ref. 85)—Eq. 1 in the main text—provides an approximation that confirms the physical importance of the multiplication product $\Delta T_n \cdot \Delta t_n$ and directly motivates our use of the ΔT_s versus $\Delta T_n \cdot \Delta t_n$ diagram.

Although the $\Delta T_s \cdot \Delta t_n$ product does not seem motivated by Eq. 1, it would be proportional to the accumulated heat conservation within the Southern Hemisphere during the time Δt_n when the AMOC is weaker. This definition applies to both normalized and non-normalized temperature records. Pairing $\Delta T_n \cdot \Delta t_n$ products with $\Delta T_s \cdot \Delta t_n$ products thus allows to consider the redistribution of heat anomalies between both hemispheres, although it would be necessary to multiply non-normalized ΔT_n and ΔT_s values by the masses or volumes of the considered reservoirs and the specific heat capacity of water to express heat transfers in joules (see Text S5, below).

The possibility to quantify heat transfers between both hemispheres motivates our use of the $\Delta T_s \Delta t_n$ versus $\Delta T_n \Delta t_n$ diagram, as well as our Bipolar Seesaw Index. Furthermore, our Bipolar Seesaw Index gives values that are not redundant with Δt_n values expressed in y when using the ΔT_s versus Δt_n diagram instead, or with $\Delta T_n \Delta t_n$ values expressed in (normalized) °C.y when using the ΔT_s versus $\Delta T_n \Delta t_n$ diagram instead. The Bipolar Seesaw Index thus emphasizes real bipolar signals and reduces the importance of signals linked to other causes, notably signals significant in only one hemisphere.

To further justify the use of both extended Southern versus Northern Hemisphere diagrams— $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ and ΔT_s versus $\Delta T_n \cdot \Delta t_n$ —we use three idealized Northern Hemisphere temperature records (Fig. S7). First, an idealized Greenland temperature record with +1 °C values for warm DO interstadials that all last 2 ky and –1 °C values for cold DO stadials that either last 2 or 5 ky (solid line in Fig. S7 *A* and *D*). Second, another idealized Greenland temperature record with the same DO event durations but with +2 °C values for warm DO interstadials (dashed line in Fig. S7 *A* and *D*). Third, an idealized Iberian Margin temperature record with the same DO event durations as both idealized Greenland records, but with +1 °C values for warm DO interstadials, –1 °C values for DO stadials without an H or H-like event, and –3 °C values for DO stadials with an H or H-like event (Fig. S7 *B* and *E*). We compare all idealized Northern Hemisphere temperature records with a single idealized Antarctic temperature record (Fig. S7 *C* and *F*). The idealized Antarctic temperature record (Fig. S7 *C* and *F*). The idealized Iberian Margin temperature record (Fig. S7 *C* and *F*). The idealized Antarctic temperature record is the bipolar seesaw model output from the idealized Iberian Margin temperature record (Fig. S7 *C* and *F*). The idealized Iberian Margin temperature record (Fig. S7 *C* and *F*). The idealized Antarctic temperature record (Fig. S7 *C* and *F*). The idealized Antarctic temperature record is the bipolar seesaw model output from the idealized Iberian Margin temperature record (Fig. S7 *C* and *F*). The idealized Iberian Margin temperature record is the time characteristic of 1,120 y and an initial Antarctic temperature value of 0, similarly to real temperature records (*Materials and Methods*).

We generate two idealized Greenland temperature records rather than one to consider two hypotheses. The first idealized Greenland temperature record follows our hypothesis that temperature records from Greenland are truncated during H stadials, contrary to temperature records from the North Atlantic. The second idealized Greenland temperature record follows an alternative hypothesis that temperature records from Greenland record extreme coolings during all DO stadials, whereas temperature records from the North Atlantic record those extreme coolings only during H stadials. During other DO stadials, North Atlantic temperatures would be warmer due to stronger AMOC than during H stadials.

We also use two cyclic Northern Hemisphere temperature records with DO events of 2 and 5 ky and with +1.5 °C values for warm DO interstadials and -1.5 °C values for cold DO stadials (Fig. S8). We compare both cyclic Northern Hemisphere temperature records with their respective bipolar seesaw model outputs as cyclic Southern Hemisphere temperature records (Fig. S8), also generated as described in *Materials and Methods*. While cyclic temperature records allow to generate Southern versus Northern Hemisphere diagrams only when including the origin as an additional point, they complement idealized temperature records as aids to interpret Southern versus Hemisphere diagrams and their derived slopes.

We determine Δt_n and ΔT_n values from all cyclic and idealized Northern Hemisphere temperature records. We determine ΔT_s values from all cyclic and idealized Southern Hemisphere temperature records. As for real temperature records, we calculate Pearson's *r* coefficients and Kendall's τ rank coefficients for all Southern versus Northern Hemisphere

diagrams. However, we do not include temperature uncertainties in cyclic and idealized temperature records for simplicity.

We compare the classical ΔT_s versus Δt_h diagram with ΔT_s versus $\Delta T_n \Delta t_h$ and $\Delta T_s \Delta t_h$ versus $\Delta T_n \Delta t_h$ diagrams in Fig. S9. While the ΔT_s versus Δt_h and ΔT_s versus $\Delta T_n \Delta t_h$ diagrams do not show a significant relationship for Greenland—absolute *r* values of 0.08 with *p* = 0.71 and absolute τ values of 0.21 with *p* = 0.23—the ΔT_s versus $\Delta T_n \Delta t_h$ diagram shows a moderate and significant relationship for the Iberian Margin—*r* = -0.64 and τ = -0.54, *p* < 0.001 for both correlation tests (Fig. S9). Both main populations of DO stadials—H and H-like stadials and other DO stadials—also show the same ΔT_s versus $\Delta T_n \Delta t_h$ slope, consistently with the approximation depicted in main text Eq. 1. The switch from the ΔT_s versus $\Delta T_n \Delta t_h$ diagram to the $\Delta T_s \Delta t_h$ versus $\Delta T_n \Delta t_h$ diagram gives strong and significant relationships for all idealized Northern Hemisphere records, especially the idealized Iberian Margin record—*r* values of up to -1.00 and τ values of up to -0.84 with *p* < 0.001 for all correlation tests (Fig. S9).

For a more accurate estimate of heat exchanges between both hemispheres, we determine AIM warming areas for cyclic and idealized Southern Hemisphere records. We assume a straight base level integration line set at the Southern Hemisphere temperature value at the onset of the corresponding AIM event. We follow the trapezoidal rule generalized to integration bases different from 0, by calculating areas every 10 y (dt) between the Southern Hemisphere temperature record (T_s) and the base level (B_s) and then summing these areas between the onset and optimum of each AIM event following Eq. S1:

AIM warming area =
$$\frac{dt}{2} \sum_{k}^{\text{AIM warming}} [T_{\text{S}}(k) - B_{\text{S}}(k) + T_{\text{S}}(k+1) - B_{\text{S}}(k+1)]$$
[S1]

We show the Southern versus Northern Hemisphere diagram based on AIM warming areas and $\Delta T_n \cdot \Delta t_n$ values in Fig. S9. The Southern versus Northern Hemisphere diagram based on AIM warming areas shows strong and significant relationships—*r* values from –0.81 to –0.99 and τ values from –0.62 to –0.84 with *p* < 0.001 for all correlation tests—which are almost perfect for the Iberian Margin—*r* = –0.99 and τ = –0.84, *p* < 0.001 for both correlation tests (Fig. S9). The Southern versus Northern Hemisphere diagram based on AIM warming areas thus shows relationships at least as strong as $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ relationships.

We also tested a few additional Southern versus Northern Hemisphere diagrams that are not physically motivated by the thermal bipolar seesaw model using idealized and observed temperature records—e.g., $\Delta T_s \cdot \Delta t_s$ versus $\Delta T_n \cdot \Delta t_n$ with Δt_s for the entire duration of AIM event. While these Southern versus Northern Hemisphere diagrams give typically moderate-to-strong and significant correlations, notably for idealized and observed Iberian Margin SST records, these correlations are weaker than $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ correlations. We thus only use the classical ΔT_s versus Δt_n diagram and the extended ΔT_s versus $\Delta T_n \cdot \Delta t_n$ and $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams in this study.

S5 Temperature amplitude sensitivity tests using non-normalized temperature records.

While we essentially used temperature records normalized to zero means and unit standard deviations, we do the same $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ correlation exercises and uncertainty analyses for non-normalized temperature records as well (Fig. S10)—correlation test results are identical to those shown in Table S3 for normalized temperature records. When using non-normalized temperature records, $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams generate regression slopes of roughly –0.8 for the Iberian Margin versus a slope of roughly –0.4 for Greenland (Fig. S10). Indeed, Greenland ΔT_n values are much larger than Iberian Margin ΔT_n values—x-axes with different scales between Greenland and the Iberian Margin in Fig. S10—due to continental temperature changes larger than oceanic temperature changes (86–89) and the polar amplification of temperature changes (86, 87, 90, 91). This difference in ΔT_n values explains the different regression slopes between Greenland and the Iberian Margin when using non-normalized temperature records.

In addition to inter-regional and land-ocean contrasts in ΔT_n and ΔT_s values, several shortcomings would complicate any quantitative interpretation of regression slopes beyond the geometric effect discussed below in Text S9. To quantify inter-hemispheric heat transfers expressed in joules, ΔT_n and ΔT_s values would need to be multiplied by the masses or volumes of the considered reservoirs and the specific heat capacity of water. While we implicitly assume that representative oceanic reservoirs for each hemisphere have similar masses or volumes when using ΔT_n and ΔT_s values and their derived $\Delta T_n \cdot \Delta t_n$ and $\Delta T_s \cdot \Delta t_n$ products, this assumption may be invalid, i.e. representative oceanic reservoirs for each hemisphere may have different masses or volumes.

Moreover, it would be necessary to determine ΔT_n and ΔT_s values exclusively from oceanic temperature records representative of both reservoirs, which would be better approximated with SST records from the North Atlantic and the Southern Ocean than with T_{air} records from Greenland and Antarctica. Indeed, Tair records, notably those from Greenland, would overestimate oceanic temperature changes as evidenced by our results, as well as a linear relationship with a regression slope different from 1 between Antarctic T_{air} changes and Southern Ocean SST changes found by ref. 59. However, existing SST records from the Southern Ocean would not allow to determine ΔT_s values for all AIM events as easily as would T_{air} records from Antarctica, as discussed above in Text S3. Furthermore, any quantitative heat transfer estimate would be uncertain due to both non-systematic analytical uncertainties in proxy values and systematic errors attributable to proxy-calibration uncertainties. For SST reconstructions from marine sediment cores, notably from polar oceans such as the Southern Ocean, smaller calibration slopes (27, 72–74, 92, 93) or larger calibration residuals (23, 25, 54, 75–78) at low temperature are major sources of uncertainty, as discussed above in Text S3. All these shortcomings motivate our use of normalized temperature records, with the inherent assumption that the shape of temperature curves provides a robust first guess for the northern and southern reservoirs involved in the thermal bipolar seesaw.

When using non-normalized temperature records, we also take advantage of the use of two rather than a single idealized Greenland temperature record (Fig. S7 A and D; see Text S4, above) to consider two hypotheses. The first idealized Greenland temperature (solid line in Fig. S7 A and D) hypothesizes that temperature records from Greenland are truncated during H stadials, contrary to SST records from the Iberian Margin. The second idealized Greenland temperature record (dashed line in Fig. S7 A and D) hypothesizes that temperature records from Greenland do record all extreme coolings during DO stadials, whereas temperature records from the Iberian Margin only record those extreme coolings during H stadials, when the heat transport by the AMOC is the most drastically reduced. The implications of both hypotheses are further illustrated in Fig. S9 showing regression slopes for the idealized temperature records (see Text S4, above). While the first hypothesis gives different regression slopes between Greenland and the Iberian Margin, the second hypothesis gives similar regression slopes for both regions (red solid lines in Fig. S9). After the normalization of idealized temperature records, both hypotheses give strictly identical regression slopes for Greenland (red dashed lines in Fig. S9). Therefore, the normalization of temperature records allows us to avoid concluding between the two hypotheses concerning differences in the variability of DO coolings between Greenland and North Atlantic temperature records. Distinguishing between the two hypotheses would require a comprehensive and accurate treatment of heat transfers between the two hemispheres, requiring coupled ocean-atmosphere-cryosphere simulations with 3D general circulation models.

S6 Main sources of uncertainties. Uncertainties in our results are due to uncertainties in paleothermometric proxy values, and to uncertainties in Greenland and Antarctic ice-core and MD95-2042 core chronologies. We focus on non-systematic uncertainties in paleothermometric proxy values, such as analytical uncertainties inferred from repeated measurements of a single sample and measurements of multiple aliquots of a single sediment (21, 94). Given that we focus on the shapes of the temperature variations by using temperature records expressed in unit standard deviation, we do not include systematic uncertainties in temperature reconstructions, such as proxy-temperature calibration uncertainties (21, 95–97) due to, for instance, non-linearities in $\delta^{18}O_{ice}$ - T_{air} relationships for ice cores (95–98) and proxy-SST core top calibration

residuals for marine sediment cores (23–28). Similarly, we do not include chronological uncertainties in this study for the sake of simplicity, as discussed below in this section. Therefore, we expect the reported confidence intervals to be lower bounds for the total uncertainties in our results.

We establish one chronology for Greenland and Antarctic ice cores and another chronology for the Iberian Margin core MD95-2042, as described in *Materials and Methods*. By comparing results from the core MD95-2042 with those from Greenland and Antarctic ice cores, we lose the benefits of the exclusive use of Greenland and Antarctic ice cores, notably the bipolar synchronization with atmospheric methane (99, 100) and bipolar imprints of volcanic eruptions (101). This is particularly true for the last 60 ky when Greenland and Antarctic ice cores and core MD95-2042 have fully independent chronologies. Here, we review the different sources of chronological uncertainties relevant to Greenland and Antarctic ice cores, the marine sediment core MD95-2042, or both. For each source of chronological uncertainties, we provide the amplitude in y or in %, the relevant time period, and type of uncertainty source—systematic error or non-systematic uncertainty.

First, our ice-core chronology partly relies on two annual-layer-based chronologies, the WAIS Divide ice core chronology 2014 (WD2014) for the last 12 ky (102) and the Greenland Ice Core Chronology 2005 (GICC05) for the 60 to 12 ka BP period (103-105). The main source of uncertainty in annual-layer-based chronologies is a cumulative error inherent to annual-layer counting, which is named "maximum counting error" for the GICC05 timescale and treated as a 2σ error in GICC05 ages (103–106). Given their cumulative character, errors in annual-layer counting generate gradually larger chronological uncertainties downcore that are expressed in y or in %. For the WD2014 timescale, the uncertainty over the last 12 ky ranges from less than ± 5 y for the last 2,500 y to mostly 0.5% for the rest of the Holocene (102)-the Holocene roughly covers the last 12 ky. For the GICC05 timescale, the uncertainty based on the "maximum counting error" is of 99 y-equivalent to 0.8%-at the onset of the Holocene (105, 106), 3% for the last deglaciation (105), and 5% for the 60 to 15 ka BP period (103, 104). The uncertainty in GICC05 ages also shows variations between 4% for DO interstadials and 7% for DO stadials (103), as annual-layer thickness and accumulation rates partly covary with the DO variability in atmospheric temperature (95, 103). In addition, annual-layer-based chronologies may have systematic errors, which is the case for GICC05 ages that are consistently too young by roughly 1% compared with U–Th-based ages for Chinese speleothems (99)—the U–Th-based timescale for Chinese speleothems (107) is named SpeleoAge in ref. 21. An astronomically calibrated 40 Ar/ 39 Ar age of 56.14 ± 0.44 ka (2 σ) for the North Atlantic Z2 Ash (108) also supports GICC05 ages too young by 740 v for the older part of this ice-core timescale. Consequently, ref. 99 multiplied GICC05 ages on the BP timescale—0 ka BP equivalent to 1950 CE—by 1.0063 for alignment to the SpeleoAge timescale (107), a systematic correction that we apply as well for the 60 to 12 ka BP period as stated in Materials and Methods. Similarly, ref. 102 revealed systematic errors in ages derived from a preliminary annual-layer-based chronology for the WD ice core.

Second, our core MD95-2042 chronology for the 43 to 12 ka BP period relies on calibrated ¹⁴C ages, which have two main sources of uncertainty, a systematic error and a non-systematic uncertainty. The systematic error in calibrated ¹⁴C ages is related to estimates of the marine reservoir age that differ between different regions (66, 67). As stated in *Materials and Methods* and Table S1, we assume the same preindustrial marine reservoir age as for previous core MD95-2042 studies (109–111), except during H1 for which we assume a larger and more uncertain reservoir age, as per several previous studies for different regions (66, 67, 112–114). The non-systematic uncertainty in calibrated ¹⁴C ages is related to the analytical precision of measured ¹⁴C ages, which tends to decrease with decreasing ¹⁴C content—equivalent to older ¹⁴C ages—as shown in Table S1 for core MD95-2042. As stated in *Materials and Methods*, we do not use calibrated ¹⁴C ages (Table S1). Instead, we tune core MD95-2042 records to the SpeleoAge timescale (107) before 43 ka BP, as per ref. 21.

Third, the latest bipolar synchronization between Greenland and Antarctic ice-core records before 60 ka BP is on the Antarctic Ice Core Chronology 2012 (AICC2012) by refs. 68 and 69. However, this timescale suffers from absolute uncertainties larger than 1,000 y before 60 ka BP (68). While refs. 115 and 116 tuned core MD95-2042 records to the AICC2012

timescale, we do not use their tuning, given the large absolute uncertainties in AICC2012 ages (68). In addition, refs. 117 and 118 found that AICC2012 ages were too young by 3,000 y compared with U–Th-based ages from Chinese and northern Alpine speleothems for the 120 to 100 ka BP period. For Greenland and Antarctic ice cores, ref. 21 and ourselves used the original AICC2012 timescale before 120 ka BP and established a transfer function from the AICC2012 timescale to the SpeleoAge timescale (107) for the 120 to 60 ka BP period. Indeed, ref. 21 also found that the multiplications of AICC2012 and GICC05 ages by 1.0063, as per ref. 99 were not applicable for ages older than 60 ka BP.

Fourth, speleothem-based δ^{18} O records from China (107), which ref. 21 and ourselves used as a reference for tuning, also have analytical uncertainties in their U–Th-based ages, although these uncertainties compare favorably with those in absolute GICC05 and AICC2012 ages. For the 60 to 43 ka BP period, the SpeleoAge timescale has uncertainties of roughly 370 to 140 y at the DO warming transitions (99). Ranges in 2σ uncertainties in U–Th-based ages are roughly 910 to 450 y for the 97 to 60 ka BP period (119), roughly 1,400 to 500 y for the 125 to 97 ka BP period (120, 121), roughly 1,600 to 800 y for the 145 to 125 ka BP period (121), and roughly 1,600 to 1,300 y for the 160 to 145 ka BP period (122).

Fifth, synchronizations of Greenland and Antarctic ice-core records have their own sources of uncertainty (68, 69, 99–101, 123). These sources of uncertainty include incorrect ties and interpolation uncertainties. While Gaussian uncertainties were assigned to volcanic tie points between Antarctic ice cores for the AICC2012 timescale (68, 69), ref. 123 did not recommend this approach and instead did a thorough quality control so that they had high confidence in the correctness of their volcanic ties. For the 60 to 12 ka BP period that benefited from the latest bipolar synchronization (101), relative age uncertainties at DO transitions are of up to 50 y. The bipolar synchronization by ref. 101 mostly relies on bipolar volcanic ties rather than solely atmospheric methane as done by refs. 99, 100, and 123, resulting in reduced relative chronological uncertainties. Indeed, ref. 100 found that the largest source of uncertainty in their results is the uncertainty in gas age–ice age differences for the WD ice core, which is a systematic error. Following their inter-hemispheric phase relationship analysis, ref. 101 subsequently suggested that the glacial gas age–ice age difference for the WD ice core was too small by 70 y on average.

Sixth, chronological uncertainties are also attributable to the accuracy and precision of our tuning to the SpeleoAge timescale for the 160 to 43 ka BP and 120 to 60 ka BP periods for core MD95-2042 and Greenland and Antarctic ice cores, respectively. As for synchronizations of Greenland and Antarctic ice-core records, tuning-related uncertainties are relative chronological uncertainties. In their review, ref. 116 considered four sources of tuning-based chronological uncertainties: a matching error, the temporal resolution of the tuned record, the temporal resolution of the reference record, and the absolute chronological uncertainties of the reference record. However, these authors did not consider chronological uncertainties inherent to the hypothesis underlying the tuning, as these uncertainties are difficult to estimate and may give very large combined chronological uncertainties. While it looks counter-intuitive to tune core MD95-2042 records to speleothem-based records from China (see Fig. 1 for locations of the mentioned records), we are confident in the hypothesis underlying our tuning to the SpeleoAge timescale as described in detail in refs. 19 and 21. In particular, the U-Th-based chronology of northern Alpine speleothems—with δ^{18} O records that reflect the DO variability more directly than do δ^{18} O records from Chinese speleothems—mostly agrees with the SpeleoAge timescale within chronological uncertainties (118). For the matching error, ref. 116 assumed uncertainties of 500 to 1,500 y when considering the planktic foraminiferal δ^{18} O from core MD95-2042 as the tuned record over the 140 to 100 ka BP period. For our study, the tuned record for core MD95-2042 is a high-resolution CaCO₃ record derived from the calcium X-ray fluorescence record calibrated with conventional CaCO₃ measurements—see refs. 19 and 21 for details. Therefore, we can neglect chronological uncertainties inherent to temporal resolutions not only for ice cores and Chinese speleothems as ref. 116 did, but also for core MD95-2042. Tuning-related uncertainties relevant to our study would thus be restricted to matching errors and the absolute uncertainties in the SpeleoAge timescale described above.

The complexity of the various chronological uncertainties, shared or not by several records, and uncertainty differences for specific time windows, as described above, would make a

formal and rigorous statistical analysis extremely difficult. Therefore, our uncertainty analysis does not include chronological uncertainties (*Materials and Methods*). However, we recognize that chronological uncertainties would be more acute when using the Iberian Margin records as model inputs to be compared with an Antarctic ice-core record. To circumvent the problem, we also include the ice-volume–corrected planktic and benthic foraminiferal δ^{18} O records for the Iberian Margin core MD95-2042 to avoid relative chronological uncertainties when considering our new biomarker-based (RI-OH' and U^{K'}₃₇) SST records from the same core (see main text and Text S14, below). This exercise is like the sole comparison of ice-core records, although the analysis of marine δ^{18} O records also goes with its own tradeoffs, as discussed above in Text S3.

S7 Classical ΔT_s versus Δt_n relationships. When considering all DO-AIM pairs, Iberian Margin SST records and the Greenland T_{air} record give statistically similar correlations in ΔT_s versus Δt_n diagrams, notably for τ values and when considering 95% confidence intervals based on the bootstrapping method (Fig. S11 and Tables S3–S5, S7–S9, and S11–S13). The Iberian Margin SST records thus complement the Greenland T_{air} record for studying the thermal bipolar seesaw with the classical ΔT_s versus Δt_n diagram. However, our extension of ΔT_s versus Δt_n diagrams to the entire last glacial cycle generates r values of up 0.73 for observed temperature records (Table S3)—versus the r value of 0.92 in ref. 81. To investigate possible reasons for this weaker correlation, we consider comparable sets of DO-AIM pairs, namely DO-AIM pairs 12 to 3 (n = 11)for ref. 81, as well as DO-AIM pairs 16 to 3 (n = 14), DO-AIM pairs 16 to 10 (n = 6), and DO-AIM pairs 9 to 3 (n = 8) for ref. 84. For these sets of DO-AIM pairs, we correlate Antarctic ΔT_s with Greenland Δt_0 using the sets of Antarctic ΔT_s and Greenland Δt_0 values from refs. 81 and 84 and ourselves (Table S15). The use of Antarctic stacks by ref. 84 and ourselves, rather than only the EDML T_{air} record as in refs. 81 and 83, weakens the correlations for the sets of DO-AIM pairs 16 to 3, DO-AIM pairs 12 to 3, and DO-AIM pairs 9 to 3. Improved Greenland chronologies with GICC05 ages multiplied by 1.0063 (99, 100) and updated bipolar synchronizations (101, 123) also weaken the Antarctic ΔT_s versus Greenland Δt_n correlations. These results are coherent with the weakened $\Delta T_{\rm s}$ versus $\Delta t_{\rm n}$ correlations in ref. 84—r values of 0.59 and 0.63 for the sets of DO-AIM pairs 16 to 3 and DO-AIM pairs 9 to 3, respectively—compared with the original ΔT_s versus Δt_0 correlation in ref. 81. Conversely, our ΔT_s versus Δt_0 correlations based on Greenland and Antarctic ice cores are comparable with those published in ref. 84 (Table S15). Therefore, changes of the Antarctic record and updated Greenland chronologies, in addition to an extended set of DO-AIM pairs, likely explain the weakened ΔT_s versus Δt_n correlations.

S8 Sensitivity tests with the two end-member scenarios. Scenario 1 (see description in *Materials and Methods*) defines ΔT_n values as DO coolings, so it most accurately depicts the thermal bipolar seesaw. However, Scenario 1 also involves the visual determination of the temperature at the DO stadial onset, which may be subjective and uncertain, especially for the shortest preceding DO interstadials—a similar subjectivity affects ref. 84. Scenario 2 (*Materials and Methods*) limits the subjectivity of ΔT_n value determination by taking the preceding DO optimum as the initial temperature, which usually leads to larger absolute ΔT_n values than would Scenario 1. However, AIM events start roughly 100 to 200 y after the abrupt DO cooling (Scenario 1; refs. 100, 101, and 124) rather than after the initial gradual DO cooling (Scenario 2). Overall, Scenarios 1 and 2 constitute end members that provide an upper bound for the uncertainty in ΔT_n value determinations.

With Scenario 1 and when considering all DO-AIM pairs, the Iberian Margin SST records almost systematically generate better anti-correlations than does the Greenland T_{air} record (Fig. S11 and Tables S3, S7, and S11). However, only a minority of differences in absolute *r* and τ values between Iberian Margin SST records and the Greenland T_{air} record are significant at the 95% level based on both Monte Carlo and bootstrapping methods, with more significant differences in favor than those in disfavor of the Iberian Margin over Greenland (Tables S4, S5, S8, S9, S12, and S13). Scenario 2 tends to strengthen anti-correlations compared with Scenario 1, although this trend is less obvious for non-parametric τ values than for parametric *r* values (Tables S3, S7, and S11). Scenario 2 also tends to strengthen correlations with the Greenland T_{air} record, but not sufficiently to surpass those with the Iberian Margin SST records (Tables S4, S5, S8, S9, S12, and S13). The Iberian Margin SST records are thus competitive relative to the Greenland T_{air} record for thermal bipolar seesaw investigations, under both end-member scenarios.

S9 Regression slopes in $\Delta T_s \cdot \Delta t_h$ **versus** $\Delta T_n \cdot \Delta t_h$ **diagrams.** While our normalization procedures do not affect the relationships in Southern versus Northern Hemisphere diagrams, they result in similar regression slopes between the Greenland T_{air} record and both biomarker-based (RI-OH' and U^{K'}₃₇) Iberian Margin SST records as Northern Hemisphere records (Fig. S11)—skipping the normalizations of temperature records removes these inter-regional similarities in regression slopes, as discussed in detail in Text S5, above. With the normalizations of temperature records, our extended $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagram gives regression slopes of -0.97, -0.84, and -0.86 for the Greenland T_{air} and our biomarker-based Iberian Margin U^{K'}₃₇ and RI-OH', respectively (Figs. 3*C* and S11). Without the normalizations of temperature records, our extended $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagram gives regression slopes of -0.77, and -0.78 for the Greenland T_{air} and our biomarker-based Iberian Margin U^{K'}₃₇ and RI-OH', respectively (Fig. S10). The $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagram gives regression slopes of -0.36, -0.77, and -0.78 for the Greenland T_{air} and our biomarker-based Iberian Margin U^{K'}₃₇ and RI-OH', respectively (Fig. S10). The $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ regression slopes from non-normalized temperature records thus suggest a prominent heat conservation deficit at the Southern Hemisphere compared with the heat loss at the Northern Hemisphere when only considering ice-core temperature records.

Using cyclic and idealized records (Figs. S7 and S8; see Text S4, above), we determine AIM warming areas (Eq. S1) to assess how well $\Delta T_s \Delta t_n$ values would estimate the accumulated heat conservation within the Southern Hemisphere. The switch from $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams to AIM warming areas versus $\Delta T_n \Delta t_n$ diagrams flattens regression slopes by roughly 30% for idealized temperature records (Fig. S9), by roughly 36% for temperature records with cycles of 2 ky, and by roughly 21% for temperature records with cycles of 5 ky. For cyclic and idealized temperature records, areas of DO stadials are equal to $\Delta T_n \Delta t_n$ values (Fig. S9). By contrast, $\Delta T_{s} \Delta t_{n}$ values systematically overestimate AIM warming areas by a multiplication factor between 1 and 2-between 1.3 and 1.6 for the cyclized and idealized temperature records in Figs. S7 and S8—which is larger when DO stadials are shorter. This multiplication factor, which is modulated by the difference between ΔT_s and ΔT_n values, is coherent with the rectangular shape of DO stadials— $\Delta T_n \cdot \Delta t_n$ —versus the triangular shape of AIM events— $\Delta T_s \cdot \Delta t_n/2$ (Figs. S7 and S8). Therefore, accurate heat transfer estimates between both hemispheres would, among other recommendations, require the integration of DO stadial and AIM warming areas for real temperature records, ideally from several continental and oceanic regions within each of the two hemispheres (see also Text S5, above).

S10 Bipolar seesaw model output comparisons and time characteristic optimizations. Our use of main text Eq. 3 (*Materials and Methods*) to obtain the cyclic and idealized Southern Hemisphere temperature records shown in Figs. S7 *C* and *F* and S8 demonstrates that we can reproduce the results of ref. 31. As a test, we also use a discretized version of the thermal bipolar seesaw model, which consists in solving Eq. S2—discretized version of Eq. 1 in ref. 31—using the first-order exponential integrator method (125), with $\Delta = 10$ y as the sampling interval and T = 1,120 y as the time characteristic of the heat reservoir:

$$T_{\rm S}(k_0+1) = \mathrm{e}^{-\frac{\Delta}{\mathrm{T}}} \cdot T_{\rm S}(k_0) + \left(\mathrm{e}^{-\frac{\Delta}{\mathrm{T}}} - 1\right) \cdot T_{\rm N}(k_0).$$
[S2]

Based on bipolar seesaw output (BSO) comparisons, the differences between both thermal bipolar seesaw models are negligible compared with temperature uncertainties and the variability in BSO records, with almost all relative differences equivalent to relative errors < 0.1%. The discretization thus has little impact for the purposes of this study, so we use the discretized thermal bipolar seesaw model for the Monte Carlo uncertainty analysis, given its lower computational cost compared with the original thermal bipolar seesaw model.

Using T values between 100 and 4,000 y with a 10-y step, we determine the optimal T value by comparing the BSOs from both biomarker-based Iberian Margin SST records and the Greenland T_{air} (95) and $\delta^{18}O_{ice}$ (126) records with our Antarctic $\delta^{18}O_{ice}$ stack as the Southern

Hemisphere reference record using Pearson's r coefficients and mean squared errors (MSEs; Fig. S15)—we compare records centered to zero means and normalized to unit standard deviations over the 115 to 12 ka BP period. The optimal T values are generally > 4,000 y based on both goodness-of-fit metrics. Using a band-pass filter with a 500- to 10,000-y window, we obtain optimal T values < 4,000 y for the 115 to 12 and 43 to 12 ka BP periods when using RI-OH' and $U^{K'_{37}}$ and for the 115 to 45 ka BP period when using $U^{K'_{37}}$ (Fig. S15 A and B). Using a band-pass filter with a 500- to 16,000-y window, we obtain optimal T values < 4,000 y for all three periods when using RI-OH' and U^{K'}₃₇ and for the 43 to 12 ka BP period when using NGRIP T_{air} and δ^{18} O_{ice} (Fig. S15 *C* and *D*)—only MSEs suggest an optimal T value < 4,000 y for NGRIP T_{air}. The lack of an optimal T value < 4,000 y, notably for the 115 to 45 ka BP period, could be due to uncertain bipolar synchronizations (68, 82, 127) and to lagged Southern Hemisphere responses to Northern Hemisphere climatic events (100, 101, 123, 124). In addition, the few T optima < 4,000 y are poorly constrained when considering 95% confidence intervals, except for the 43 to 12 ka BP period (Fig. S15). Conversely, the obtained optimal T values for the 43 to 12 ka BP period using a band-pass filter with a 500- to 10,000-y window are close to the value of 1,120 y for the 65 to 25 ka BP period used by ref. 31 (Fig. S15 A and B): we thus choose the T value of 1,120 y for further investigation, using records centered to zero means and normalized to unit standard deviations over the 115 to 12 ka BP period.

S11 Comparisons between observed and simulated Antarctic records. Using a band-pass filter with a 500- to 10,000-y window, MSEs range between 0.73 and 0.96 squared normalized °C for the entire 115 to 12 ka BP period, between 0.52 and 0.88 squared normalized °C for the 43 to 12 ka BP period, and between 0.82 and 0.99 squared normalized °C for the 115 to 45 ka BP period (Table S16). The MSEs for the Greenland $\delta^{18}O_{ice}$ record are all significantly smaller than those for the Greenland T_{air} at the 95% level (Table S17)—*r* and τ values also show a significantly better goodness-of-fit for the Greenland $\delta^{18}O_{ice}$ record than for the Greenland T_{air} record at the 95% level. Except for U^{K'}₃₇ during the 115 to 45 ka BP period, the MSEs for both biomarker-based Iberian Margin SST records are all significantly smaller than those for both Greenland paleothermometric records at the 95% level (Table S17)—r and τ values also show a significantly better goodness-of-fit for both biomarker-based Iberian Margin SST records than for both Greenland paleothermometric records at the 95% level. For simplicity, we do not include chronological uncertainties (see Text S6, above), so the real 95% confidence intervals may be wider than those reported in Tables S16 and S17. Nevertheless, our thermal bipolar seesaw model results further show that Iberian Margin SST records are at least competitive relative to Greenland paleothermometric records as bipolar seesaw inputs.

We also used a band-pass filter with a wider window (500- to 16,000-y window) because the other band-pass filter (500- to 10,000-y window) artificially reduces the amplitudes of the longest DO stadials and AIM events, such as H8-AIM21, compared with shorter ones (Fig. 4*A*). The alternative band-pass filter (500- to 16,000-y window) limits the artificial amplitude reductions for H8-AIM21, strengthens most correlations between BSOs and the Southern Hemisphere record for the 115 to 45 ka BP period (Table S16), and generally gives the same results in terms of statistical significance of goodness-of-fit differences (Table S17). However, this alternative band-pass filter weakens all correlations between BSOs and the Southern Hemisphere record for the 43 to 12 ka BP period (Table S16). The original band-pass filter (500- to 10,000-y window) thus seems more appropriate for the 43 to 12 ka BP period with typically shorter DO stadials and AIM events compared with the 115 to 45 ka BP period. Nevertheless, the change of band-pass filter width has little impact on the discussion and main messages of our study.

S12 δ^{18} **O**_{ice} **versus** *T*_{air} **records in Greenland.** Based on visual and statistical comparisons with the Southern Hemisphere reference record and on cross-correlograms (Figs. 4 and S16 and Tables S16–S19), the Greenland δ^{18} **O**_{ice} record (126) generates a significantly better BSO simulating the Southern Hemisphere temperature than does the Greenland *T*_{air} record (95) at the 95% level. The contrast in goodness-of-fit between the BSOs based on both Greenland paleothermometric records may be due to the non-linear relationship between δ^{18} **O**_{ice} and *T*_{air} in Greenland (95, 128). Indeed, reliable Greenland *T*_{air} reconstructions also require borehole or gas

isotope measurements (95, 129–131). In parallel, the strongest non-thermic effects—e.g., moisture source, δ^{18} O of seawater, and ice-sheet elevation changes—on δ^{18} O_{ice} in Antarctica are focused on glacial inceptions and terminations (96, 98), so both Antarctic δ^{18} O_{ice} and *T*_{air} show clear AIM events, albeit with different shapes at both EPICA sites (EDC and EDML, see locations in Fig. 1; ref. 98). Given the temporally variable relationship between δ^{18} O_{ice} and *T*_{air} in Greenland, we favor Greenland *T*_{air} over Greenland δ^{18} O_{ice} for BSO comparisons with an Antarctic δ^{18} O_{ice} stack linearly linked to *T*_{air}.

S13 Inter-hemispheric phase relationships. Inter-hemispheric relationships are another aspect of the thermal bipolar seesaw (Fig. 2), so we also determine phase differences between BSOs and the Antarctic reference record with their 95% confidence intervals (Materials and Methods; Fig. S16 and Tables S18 and S19). Despite contrasting uncertainties in bipolar synchronizations during the last glacial cycle (68, 82, 100, 101, 123, 127), the BSOs from Greenland T_{air} and δ^{18} O_{ice} lead Antarctic δ^{18} O_{ice} during the entire last glacial cycle (Fig. S16 and Table S18). Our reported inter-hemispheric relationships between Greenland and Antarctic temperatures support the lagged Southern Hemisphere thermal bipolar seesaw responses observed by refs. 100 and 101 and those modeled by ref. 124, with the best agreements with lags of 100 to 200 y for the 43 to 12 ka BP period (Fig. S16 and Table S18). The consistent phase relationships during the entire glacial cycle also strengthen the H-like character of C24, H10, and H8 (29). The BSOs from Iberian Margin SST records also lead to phase lags of up to a few centuries (Fig. S16 and Table S18), although those phase lags are often somewhat smaller than those between ice-core records at the 95% level (Table S19). This difference in inter-hemispheric phase relationships is likely due to partly independent chronologies with different sources of uncertainty for Greenland and Antarctic ice cores and core MD95-2042 (see Text S6, above). Despite their strong correlation with each other (21), the Iberian Margin UK'37 and RI-OH' SST records also have subtle differences (Fig. 2 B and C; see Text S2, above), which likely explains the contrasting interhemispheric relationships (Table S19). RI-OH' better agrees with Greenland temperature in terms of inter-hemispheric relationships than does $U^{K'_{37}}$ (Fig. S16 and Tables S18 and S19), which strengthens the complementarity of both organic paleothermometers for studying the thermal bipolar seesaw.

S14 Bipolar seesaw model output comparisons with an alternative reference record. As acknowledged above in Text S13, chronological uncertainties affect the determination of phase differences between BSOs and the Antarctic reference record. This problem is more acute when using the Iberian Margin records as model inputs to be compared with Antarctic ice-core records (see Text S6, above). To circumvent this issue, we compare BSOs from the three core MD95-2042 SST records (RI-OH', U^{K'}₃₇, and ice-volume–corrected planktic foraminiferal δ^{18} O) with the core MD95-2042 ice-volume–corrected benthic foraminiferal δ^{18} O record as the alternative Southern Hemisphere reference (15) to our Antarctic δ^{18} O_{ice} stack (Figs. S17 and S18 and Tables S16–S19)—i.e. opposite values of the ice-volume–corrected benthic foraminiferal δ^{18} O records.

Visually, the three BSOs from core MD95-2042 somehow agree with the ice-volume– corrected benthic foraminiferal δ^{18} O record from the same core (Fig. S17). However, the icevolume–corrected benthic foraminiferal δ^{18} O record has larger relative uncertainties in proxy values than does our Antarctic δ^{18} O_{ice} stack (see Fig. 4 for comparison). Indeed, we assumed an analytical uncertainty of ±0.1‰ in foraminiferal δ^{18} O values from core MD95-2042 (10), which is substantial compared with the AIM-like variability in benthic foraminiferal δ^{18} O values from core MD95-2042 corrected for ice volume changes—AIM-like amplitudes of up to 0.5‰ (Fig. S1*C*). This disadvantage adds to those stated above in Text S3—e.g., non-thermal influences on foraminiferal δ^{18} O values other than ice volume and scarcity of benthic foraminifera during cold and less productive periods.

In addition, both goodness-of-fit—*r* and τ values and MSEs—and cross-correlation results favor our Antarctic $\delta^{18}O_{ice}$ stack over the ice-volume–corrected benthic foraminiferal $\delta^{18}O$ record as the Southern Hemisphere reference record despite the chronological uncertainties (Fig. S18 and Tables S16 and S18). The poorer bipolar seesaw fits following a switch from our

Antarctic $\delta^{18}O_{ice}$ stack to the ice-volume–corrected benthic foraminiferal $\delta^{18}O$ record are most acute for the 43 to 12 ka BP period and most limited for the 115 to 45 ka BP period, which likely reflects the contrasting independence of the ice-core chronology from the core MD95-2042 chronology between these two periods—full independence for the 43 to 12 ka BP period and limited independence for the 115 to 45 ka BP period. Given the tradeoffs stated above, the reduction in relative chronological uncertainties does not suffice to make the ice-volume–corrected benthic foraminiferal $\delta^{18}O$ record competitive relative to our Antarctic $\delta^{18}O_{ice}$ stack as a Southern Hemisphere reference record.



Fig. S1. Relationships between Iberian Margin foraminiferal δ^{18} O records and Greenland and Antarctic T_{air} records during the last 160 ky. (*A*) As Fig. 2*A*. (*B*) Planktic foraminiferal δ^{18} O (species *G. bulloides*) record from core MD95-2042 (10, 15). (*C*) Benthic foraminiferal δ^{18} O record from core MD95-2042 (15). (*D*) As Fig. 2*D*. Both foraminiferal δ^{18} O records are plotted on reversed scales and shown without and with ice volume correction (IVC, *Materials and Methods*). Grey bars with labels indicate the Younger Dryas and Heinrich and Heinrich-like stadials. Numbers in *A* indicate Dansgaard–Oeschger events. Labels in *D* indicate Antarctic Isotope Maximum events occurring during Heinrich and Heinrich-like stadials.



Fig. S2. Relationships between alternative biomarker-based Iberian Margin SST records and Greenland and Antarctic T_{air} records during the last 160 ky. (*A*) As Fig. 2*A*. (*B*) RI-OH-SST record from core MD95-2042 (*Materials and Methods*; partly published in ref. 21). (*C*) TEX₈₆^H-SST record from core MD95-2042 (*Materials and Methods*; partly published in ref. 21). (*D*) As Fig. 2*D*. Grey bars with labels indicate the Younger Dryas and Heinrich and Heinrich-like stadials. Numbers in *A* indicate Dansgaard–Oeschger events. Labels in *D* indicate Antarctic Isotope Maximum events occurring during Heinrich and Heinrich-like stadials.



Fig. S3. Correlation between RI-OH' and the two most established biomarker-based SST proxies for the Iberian Margin core MD95-2042. (*A*) Correlation between RI-OH' and $U^{K'_{37}}$. (*B*) Correlation between RI-OH' and TEX₈₆^H. Proxy value scales are shown with their conversions into SST scales based on the following global calibrations: SST = (RI-OH' + 0.029)/0.0422 (23), SST = 29.876 × $U^{K'_{37}}$ – 1.334 (27), and SST = 68.4 × TEX₈₆^H – 33.0 (19). The grey dashed line represents the 1:1 line for SST values. Blue and red symbols represent data points previously published in ref. 21 and new data points from this study covering the 45 to 1 ka BP period, respectively. The 99.9% statistical significance level (*p* < 0.001 from a non-parametric method that accounts for serial correlation; ref. 132) is coded as ***.



Fig. S4. Comparisons of two biomarker-based Iberian Margin SST records over the last 160 ky. (*A*) As Fig. 2*A*. (*B*) RI-OH'-SST (partly published in ref. 21) and $U^{K'_{37}}$ -SST (19, 21) records from core MD95-2042 (*Materials and Methods*). (*C*) Difference between RI-OH'-SSTs and $U^{K'_{37}}$ -SSTs from core MD95-2042. (*D*) As Fig. 2*D*. Grey bars with labels indicate the Younger Dryas and Heinrich and Heinrich-like stadials. Numbers in *A* indicate Dansgaard–Oeschger events. Labels in *D* indicate Antarctic Isotope Maximum events occurring during Heinrich and Heinrich-like stadials.



Fig. S5. As Fig. S4, but with RI-OH'-SSTs compared with TEX₈₆^H**-SSTs for core MD95-2042.** Both tetraether-based SST records from core MD95-2042 in *B* are partly published in ref. 21.



Fig. S6. Southern Ocean SST record comparisons with Antarctic T_{air} stacks. (*A*) TEX₈₆^L-SST record from core MD11-3353 (Southern Indian Ocean; ref. 58). (*B*) TEX₈₆^L record from core MD12-3394 (Southern Indian Ocean; ref. 58). (*C*) Southern Ocean SST anomaly (Δ SST) stack with its stacking error (59). (*D*) Antarctic stack of the T_{air} records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period with its 2 σ confidence interval (*Materials and Methods*). The Antarctic Temperature Stack (ATS) generated by ref. 71 is also shown in *D* for comparison. Grey bars with labels indicate the Younger Dryas and Heinrich and Heinrich-like stadials. Labels in *D* indicate Antarctic Isotope Maximum events occurring during Heinrich and Heinrich-like stadials. All records are on the ice-core chronology adopted in this study.



Fig. S7. Idealized Northern and Southern Hemisphere temperature records. (*A*) and (*D*) Idealized Greenland records with DO stadial coolings of -2 °C (solid line) and -4 °C (dashed line). (*B*) and (*E*) Idealized Iberian Margin record. (*C*) and (*F*) Idealized Antarctic temperature record as a bipolar seesaw model output generated from the idealized Iberian Margin record in *B* and *E* similarly to bipolar seesaw model outputs in Fig. 4. Grey bars with labels indicate Heinrich and Heinrich-like stadials. Numbers in *A* and *D* indicate Dansgaard–Oeschger events. Labels in *C* and *F* indicate Antarctic Isotope Maximum (AIM) events.



Fig. S8. Cyclic Northern and Southern Hemisphere temperature records. (*A*) Cycles of 5,000 y. (*B*) Cycles of 2,000 y, both time series have an amplitude of 3 °C. (*C*) Same as *A*, but with time series normalized to zero means and unit standard deviations. (*D*) Same as *B*, but with time series normalized to zero means and unit standard deviations. Northern and Southern Hemisphere temperature records are shown in red and blue, respectively. Southern Hemisphere temperature records are bipolar seesaw model outputs from the corresponding Northern Hemisphere temperature records.



Fig. S9. Comparison of four different Southern versus Northern Hemisphere diagrams from idealized temperature records shown in Fig. S7. The Southern versus Northern Hemisphere diagrams are Antarctic Isotope Maximum (AIM) warming areas (see Fig. S7 C and *F*) versus $\Delta T_n \cdot \Delta t_n$ (left column), $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ (middle column except the bottom), ΔT_s versus $\Delta T_n \Delta t_n$ (right column), and ΔT_s versus Δt_n (bottom). The Northern Hemisphere records used for all Southern versus Northern Hemisphere diagrams used are the idealized Iberian Margin temperature record (1st line), the idealized Greenland temperature record with ΔT_0 values of -4 °C (2nd line), and the idealized Greenland temperature record with ΔT_n values of -2 °C (3rd line). The Southern Hemisphere record used in all cases is the bipolar seesaw model output from the idealized Iberian Margin temperature record. Antarctic Isotope Maximum events with Heinrich and Heinrich-like stadials are distinguished from Antarctic Isotope Maximum events with other Dansgaard-Oeschger stadials. The plotted regression lines have intercepts forced to 0 and consider errors in both coordinates (Materials and Methods). Dashed and solid lines represent linear regression scenarios with and without time series normalization to zero means and unit standard deviations, respectively. Regression slope values are provided for AIM warming areas versus $\Delta T_n \Delta t_n$ and $\Delta T_s \Delta t_n$ versus $\Delta T_n \Delta t_n$ diagrams. Dotted lines in AIM warming areas versus $\Delta T_n \Delta t_n$ and $\Delta T_s \Delta t_n$ versus $\Delta T_n \Delta t_n$ diagrams indicate –1:1 lines. Pearson's r coefficients and Kendall's τ rank coefficients are also shown, with their significance levels coded as follows: NS, not significant and p > 0.05; and ***, p < 0.001.



Fig. S10. Comparison of regression slopes for $\Delta T_s \cdot \Delta t_h$ versus $\Delta T_n \cdot \Delta t_h$ diagrams from nonnormalized temperature records. Only the end-member scenario that best depicts the thermal bipolar seesaw (Scenario 1; see Text S8, above) is shown here. The Northern Hemisphere records used are the NGRIP T_{air} record (left) plotted in Fig. 2A and the Iberian Margin core MD95-2042 RI-OH'-SST (right) and U^{K'}₃₇-SST (middle) records plotted in Fig. 2 B and C. The Southern Hemisphere record used in all cases is an Antarctic stack of the T_{air} records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (*Materials and Methods*). Antarctic Isotope Maximum events with Heinrich and Heinrich-like stadials are distinguished from Antarctic Isotope Maximum events with other Dansgaard–Oeschger stadials. Solid lines represent regression lines with intercepts forced to 0 and which consider errors in both coordinates (*Materials and Methods*). Regression slope values are provided for each diagram. Dashed lines represent 95% confidence intervals of the regression slopes from 1,000 Monte Carlo iterations (*Materials and Methods*). For the sake of readability, error bars for individual data points are omitted. Dotted lines indicate –1:1 lines. Pearson's *r* coefficients and Kendall's τ rank coefficients are also shown, with their 99.9% significance levels coded as ***.



Fig. S11. The relationship between Southern and Northern Hemisphere climate events from the perspectives of normalized Greenland Tair and biomarker-based Iberian Margin SST records. Only the end-member scenario that best depicts the thermal bipolar seesaw (Scenario 1; see Text S8, above) is shown here. The Southern versus Northern Hemisphere diagrams are ΔT_s versus Δt_n (top line), ΔT_s versus $\Delta T_n \cdot \Delta t_n$ (middle line), and $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ (bottom line). The Northern Hemisphere records used are the NGRIP T_{air} record (left column) and the Iberian Margin core MD95-2042 U^{K'37}-SST (middle column) and RI-OH'-SST (right column) records, which all have been centered to zero means and normalized to unit standard deviations over the 129 to 0 ka BP period. A single set of Δt_n values is used for the Iberian Margin. The Southern Hemisphere record used in all cases is an Antarctic stack of the δ^{18} Oice records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (Materials and Methods). Labels indicate Dansgaard-Oeschger stadial-Antarctic Isotope Maximum pairs, as per refs. 81, 82, and 83. Antarctic Isotope Maximum events with Heinrich and Heinrich-like stadials are distinguished from Antarctic Isotope Maximum events with other Dansgaard–Oeschger stadials. Solid lines represent regression lines with intercepts forced to 0 and which consider errors in both coordinates (Materials and Methods). Dashed lines represent 95% confidence intervals of the regression slopes from 1,000 Monte Carlo iterations (Materials and Methods). For the sake of readability, error bars for individual data points are omitted. Dotted lines in $\Delta T_s \Delta t_n$ versus $\Delta T_n \Delta t_n$ diagrams indicate -1:1 lines. Pearson's r coefficients and Kendall's τ rank coefficients are also shown, with their significance levels coded as follows: *, p < 0.05; **, p < 0.01; and ***, *p* < 0.001.



Fig. S12. The relationship between Southern and Northern Hemisphere climate events from the perspective of the Iberian Margin RI-OH' SST record with all uncertainties shown. Only the end-member scenario that best depicts the thermal bipolar seesaw (Scenario 1; see Text S8, above) is shown here. The Southern versus Northern Hemisphere diagrams are ΔT_s versus Δt_n (top line), ΔT_s versus $\Delta T_n \Delta t_n$ (middle line), and $\Delta T_s \Delta t_n$ versus $\Delta T_n \Delta t_n$ (bottom line). The Southern Hemisphere record used in all cases is an Antarctic stack of the $\delta^{18}O_{ice}$ records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (Materials and Methods). Both Southern and Northern Hemisphere have been centered to zero means and normalized to unit standard deviations over the 129 to 0 ka BP period. Labels indicate Dansgaard–Oeschger stadial-Antarctic Isotope Maximum pairs, as per refs. 81, 82, and 83. Antarctic Isotope Maximum events with Heinrich and Heinrich-like stadials are distinguished from Antarctic Isotope Maximum events with other Dansgaard–Oeschger stadials. Error bars represent 95% confidence intervals from 1,000 Monte Carlo iterations (Materials and Methods). Solid lines represent regression lines with intercepts forced to 0 and which consider errors in both coordinates (Materials and Methods). Dashed lines represent 95% confidence intervals of the regression slopes from 1,000 Monte Carlo iterations (Materials and Methods). Dotted lines in $\Delta T_{s} \Delta t_{n}$ versus $\Delta T_{n} \Delta t_{n}$ diagrams indicate –1:1 lines. Pearson's *r* coefficients and Kendall's τ rank coefficients are also shown, with their 99.9% significance levels coded as ***.



Fig. S13. Improvements in goodness-of-fit after a switch from Greenland to Iberian Margin paleothermometric records as bipolar seesaw model inputs. (*A*) Distributions of mean squared error (MSE) differences between bipolar seesaw model outputs from core MD95-2042 RI-OH' and bipolar seesaw model outputs from NGRIP paleothermometric records following 1,000 Monte Carlo iterations (*Materials and Methods*). (*B*) Distributions of MSE differences between bipolar seesaw model outputs from Core MD95-2042 U^{K'}₃₇ and bipolar seesaw model outputs from core MD95-2042 U^{K'}₃₇ and bipolar seesaw model outputs from NGRIP paleothermometric records following 1,000 Monte Carlo iterations (*Materials and Methods*). (*B*) Distributions of MSE differences between bipolar seesaw model outputs from core MD95-2042 U^{K'}₃₇ and bipolar seesaw model outputs from NGRIP paleothermometric records following 1,000 Monte Carlo iterations (*Materials and Methods*). The Southern Hemisphere reference record is an Antarctic stack of the δ^{18} Oice records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (*Materials and Methods*). MSE differences are expressed in squared normalized °C and the bin size is 0.01 for all histograms. Diamonds and circles indicate 95% confidence intervals (CI) and medians from 1,000 Monte Carlo iterations, respectively (*Materials and Methods*).



Fig. S14. Temperature amplitude and cold event delimitations. (*A*) and (*E*) As Fig. 2*A*. (*B*) and (*F*) As Fig. 2*B*. (*C*) and (*G*) As Fig. 2*C*. (*D*) and (*H*) As Fig. 2*D*. Shading around the temperature records represents their 95% confidence intervals from 1,000 Monte Carlo iterations (*Materials and Methods*). Blue and red symbols on the curves indicate temperature delimitations. Red triangles and red squares indicate Scenarios 1 and 2, respectively, in A-C and E-G. Blue and red circles in *D* and *H* indicate the onsets and optima of Antarctic Isotope Maximum events, respectively. Blue and red slashes below the curves indicate DO stadial delimitations. Grey bars with labels indicate the Younger Dryas and Heinrich and Heinrich-like stadials. Numbers in *A* and *E* indicate DO events. Labels in *D* and *H* indicate Antarctic Isotope Maximum events occurring during Heinrich and Heinrich-like stadials.







Fig. S16. Bipolar seesaw model output versus reference comparisons. (*A*) Bipolar seesaw output (BSO) record versus a Southern Hemisphere reference record using a band-pass filter with a 500- to 10,000-y window. (*B*) As *A*, but using a band-pass filter with a 500- to 16,000-y window. Shading represents 95% confidence intervals from 1,000 Monte Carlo iterations (*Materials and Methods*). The Southern Hemisphere reference record is an Antarctic stack of the $\delta^{18}O_{ice}$ records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (*Materials and Methods*).



Fig. S17. Comparison between bipolar seesaw model outputs from several Iberian Margin SST records and an alternative Southern Hemisphere reference record. (*A*) 115 to 12 ka BP period using a band-pass filter with a 500- to 10,000-y window. (*B*) Close up of the 50 to 12 ka BP period. The opposite values of the ice-volume–corrected (IVC) foraminiferal δ^{18} O records are plotted and each bipolar seesaw output (BSO) and reference record has been centered to zero means and normalized to unit standard deviations over the 115 to 12 ka BP period in *A* and over the 50 to 12 ka BP period in *B* to facilitate the comparison (*Materials and Methods*). Shading around BSO and reference records in both *A* and *B* represents their 95% confidence intervals from 1,000 Monte Carlo iterations (*Materials and Methods*). The Southern Hemisphere reference record is the IVC benthic foraminiferal δ^{18} O record from core MD95-2042 as a surrogate of Antarctic temperatures (15). Grey bars with labels indicate Antarctic Isotope Maximum events with Heinrich and Heinrich-like stadials.



Fig. S18. Bipolar seesaw model output versus reference comparisons with the consideration of two independent Southern Hemisphere reference records. (*A*) Bipolar seesaw output (BSO) record versus two Southern Hemisphere reference records using a bandpass filter with a 500- to 10,000-y window. (*B*) As *A*, but using a band-pass filter with a 500- to 16,000-y window. Shading represents 95% confidence intervals from 1,000 Monte Carlo iterations (*Materials and Methods*). The Southern Hemisphere reference records are an Antarctic stack of the δ^{18} O_{ice} records from EDC (98, 133), EDML (81, 98), and WD (100, 134, 135) over the 140 to 0 ka BP period (*Materials and Methods*) and the ice-volume–corrected (IVC) benthic foraminiferal δ^{18} O record from core MD95-2042 as a surrogate of Antarctic temperatures (15). Opposite values of the IVC benthic foraminiferal δ^{18} O record are used when comparing with BSOs from biomarker-based SST records.

Table S1. Raw and calibrated (cal) ¹⁴C ages and additional tie-points from the Iberian Margin core MD95-2042 used as inputs. All raw ¹⁴C ages with their 1 σ uncertainties were obtained during previous studies (109–111, 136, 137) and recalibrated with the Marine20 calibration curve (66) using the OxCal 4.4.2 software (138, 139). Assumed regional and temporal corrections of the marine reservoir age (Δ R) with their 1 σ uncertainties are also provided. Given their relatively large uncertainties, ¹⁴C ages indicated in italics are deemed imprecise. Cmbsf, centimeters below sea floor; SD, standard deviation; YD/PB, Younger Dryas/Preboreal transition; H6, Heinrich event 6; and N/A, not applicable.

Sample	Depth	¹⁴ C age	± ¹⁴ C age	ΔR	±∆R	Median cal age	Mean cal age	SD cal age
code	(cmbsf)	(yr BP)	(yr BP)	(y)	(y)	(yr BP)	(yr BP)	(yr BP)
Core top	0.0	N/A	N/A	N/A	N/A	0	0	100
YD/PB	305.0	N/A	N/A	N/A	N/A	11,650	11,650	100
OS-40272	458.5	13,550	60	350	200	15,003	14,977	339
OS-39555	459.5	13,500	55	350	200	14,925	14,898	340
OS-48338	481.0	13,820	70	350	200	15,389	15,383	307
OS-39556	538.5	14,700	55	350	200	16,532	16,526	282
OS-40273	539.5	14,650	65	350	200	16,470	16,465	288
OS-48339	560.5	15,110	80	350	200	17,041	17,038	295
OS-48340	640.5	16,380	90	-50	100	18,947	18,956	178
OS-40268	658.5	16,850	100	-50	100	19,495	19,496	212
OS-48341	740.5	18,820	100	-50	100	21,936	21,922	201
GifA100547	800.0	20,120	210	-50	100	23,331	23,332	271
OS-39557	841.5	20,900	110	-50	100	24,176	24,186	213
OS-40270	918.5	22,300	110	-50	100	25,729	25,719	168
OS-39558	921.5	22,300	130	-50	100	25,728	25,718	182
GifA100548	1,012.0	24,950	270	-50	100	28,331	28,330	321
OS-39559	1,019.5	24,900	120	-50	100	28,279	28,271	216
GifA100549	1,048.0	25,760	290	-50	100	29,203	29,214	334
OS-40271	1,078.5	26,200	120	-50	100	29,634	29,617	200
OS-39560	1,079.5	26,000	110	-50	100	29,433	29,438	197
GifA100550	1,175.0	29,030	390	-50	100	32,523	32,535	537
OS-39305	1,199.5	29,600	240	-50	100	33,308	33,292	351
OS-62137	1,203.0	29,660	140	-50	100	33,385	33,384	235
GifA100551	1,216.0	29,950	360	-50	100	33,669	33,646	414
GifA100552	1,267.0	32,410	420	-50	100	36,115	36,140	492
OS-39306	1,279.5	31,800	360	-50	100	35,486	35,485	401
OS-62133	1,283.0	32,270	190	-50	100	35,937	35,927	241
KIA14285	1,336.0	34,320	720	-50	100	38,423	38,400	846
OS-48342	1,340.5	33,740	430	-50	100	37,766	37,783	612
OS-62138	1,351.0	33,740	230	-50	100	37,726	37,749	413
OS-39307	1,361.5	35,300	460	-50	100	39,562	39,568	459
OS-39308	1,378.5	35,700	490	-50	100	39,915	39,926	445
KIA15625	1,404.0	36,010	600	-50	100	40,171	40,176	515
KIA14284	1,416.0	36,640	970	-50	100	40,661	40,648	742
GifA100554	1,439.0	37,700	680	-50	100	41,430	41,411	438
OS-62095	1,474.0	40,450	430	-50	100	42,884	42,940	341
OS-48343	1,481.5	41,370	1120	-50	100	43,744	43,853	917
GifA100555	1,483.0	42,200	1100	-50	100	44,343	44,445	1,006
OS-62102	1,535.0	46,940	960	-50	100	49,000	49,224	1,496
OS-48344	1,540.5	45,200	1700	-50	100	47,538	47,979	2,279
OS-62132	1,546.0	45,200	770	-50	100	46,895	46,965	845
GifA100556	1,548.0	46,900	1800	-50	100	49,491	49,769	2,312
OS-39309	1,581.5	46,100	>	N/A	N/A	N/A	N/A	N/A
OS-62103	1,598.0	48,130	1400	-50	100	50,772	50,941	1,923
End H6	1,783.0	N/A	N/A	N/A	N/A	59,800	59,800	100

Table S2. Outline of statistical result tables. GL, Greenland; IM, Iberian Margin; SH, Southern Hemisphere; NH, Northern Hemisphere; and N/A, not applicable.

Type of statistical analysis	Observed temperature records with and without normalization	Filtered and simulated temperature records 500- to 10,000-y window	Filtered and simulated temperature records 500- to 16,000-y window
Pearson and Kendall correlations for all events	Table S3	Table S7	Table S11
Monte Carlo comparisons of GL vs IM records	Table S4	Table S8	Table S12
Bootstrap comparisons of GL vs IM records	Table S5	Table S9	Table S13
Pearson and Kendall correlations for groups of events	Table S6	Table S10	Table S14
Comparisons of classical SH vs NH diagrams	Table S15	N/A	N/A
Bipolar seesaw goodness-of-fit	N/A	Table S16	Table S16
Monte Carlo comparisons of goodness-of-fit	N/A	Table S17	Table S17
Bipolar seesaw cross-correlations	N/A	Table S18	Table S18
Monte Carlo comparisons of cross-correlations	N/A	Table S19	Table S19

Table S3. Correlation results for Southern versus Northern Hemisphere diagrams using observed paleothermometric records. All r and τ values are reported above their associated p-values. $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams consider temperature amplitudes for both hemispheres (ΔT_s and ΔT_n) and Northern Hemisphere (NH) cold event durations (Δt_n). ΔT_s versus Δt_n diagrams represent Southern Hemisphere (SH) temperature amplitudes versus NH cold event durations as shown in refs. 81, 82, 83, and 84. Both Scenarios 1 and 2 are considered (see *Materials and Methods* and Text S8, above). Correlations with the main Southern Hemisphere record are shown with bold text and numbers. Non-significant correlations are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; ATS, Antarctic Temperature Stack (71); and IVC, ice-volume–corrected.

		Contolutio					uno (n – 20	·)			
		$\Delta T_{s} \cdot \Delta t_{n} vs$	$\Delta T_{n} \cdot \Delta t_{n}$			ΔT_{s} vs ΔT	Δt_n			$\Delta T_{s} vs \Delta t_{n}$	
		Pearson r		Kendall τ		Pearson r		Kendall τ		Pearson r	Kendall τ
SH record	NH record	1	2	1	2	1	2	1	2		
	NGRIP	-0.81	-0.82	-0.60	-0.57	-0.45	-0.51	-0.43	-0.46	0.61	0.51
	T air	< 0.001	< 0.001	< 0.001	< 0.001	0.023	0.009	0.002	< 0.001	0.001	< 0.001
A A S18O, stock	MD95-2042	-0.79	-0.86	-0.73	-0.72	-0.56	-0.66	-0.55	-0.55	0.70	0.51
AA 0"Oice Stack	U ^{K′} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.004	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	MD95-2042	-0.93	-0.93	-0.66	-0.71	-0.81	-0.80	-0.51	-0.52	0.70	0.51
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	NGRIP	-0.80	-0.81	-0.61	-0.57	-0.45	-0.50	-0.42	-0.45	0.60	0.51
	Tair	< 0.001	< 0.001	< 0.001	< 0.001	0.024	0.011	0.003	0.001	0.001	< 0.001
AA To stack	MD95-2042	-0.78	-0.86	-0.74	-0.71	-0.56	-0.66	-0.55	-0.55	0.70	0.50
AA Tair Slack	U ^{K′} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.004	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	MD95-2042	-0.92	-0.92	-0.65	-0.69	-0.80	-0.79	-0.50	-0.51	0.70	0.50
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	NGRIP	-0.75	-0.75	-0.64	-0.62	-0.43	-0.45	-0.45	-0.40	0.60	0.51
	Tair	< 0.001	< 0.001	< 0.001	< 0.001	0.030	0.023	0.001	0.005	0.002	< 0.001
ΔΤς	MD95-2042	-0.70	-0.80	-0.80	-0.80	-0.54	-0.66	-0.52	-0.53	0.73	0.48
AI0	U ^{K′} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.005	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	MD95-2042	-0.90	-0.88	-0.75	-0.78	-0.83	-0.80	-0.58	-0.57	0.73	0.48
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	NGRIP	-0.81	-0.79	-0.57	-0.55	-0.32	-0.37	-0.19	-0.22	0.49	0.30
	Tair	< 0.001	< 0.001	< 0.001	< 0.001	0.118	0.066	0.201	0.130	0.014	0.037
	MD95-2042	-0.84	-0.92	-0.69	-0.77	-0.55	-0.67	-0.41	-0.47	0.62	0.40
MD95-2042	U ^{K′} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.005	< 0.001	0.004	< 0.001	< 0.001	0.005
IVC δ^{18} O benthic	MD95-2042	-0.92	-0.94	-0.74	-0.79	-0.72	-0.75	-0.43	-0.49	0.62	0.40
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	0.002	< 0.001	< 0.001	0.005
	MD95-2042	-0.79	-0.88	-0.76	-0.69	-0.52	-0.61	-0.41	-0.39	0.62	0.40
	IVC δ^{18} O G, bulloides	< 0.001	< 0.001	< 0.001	< 0.001	0.007	0.001	0.004	0.005	< 0.001	0.005

Correlation coefficients and *p*-values for all DO-AIM pairs (n = 25)

Table S4. Monte Carlo results for correlation comparisons between different observed Northern Hemisphere paleothermometric records. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Correlations with the main Southern Hemisphere record are shown with bold text and numbers. Non-significant correlation differences are shown with grey numbers in italics. "NGRIP T_{air} bis" refers to Monte Carlo results based on the published uncertainty in ΔT_n values for NGRIP T_{air} (1 σ = 1.5 °C; ref. 95) rather than on 1,000 perturbed NGRIP T_{air} records (*Materials and Methods*). AA, Antarctic stack of EDC, EDML, and WD; and IVC, ice-volume–corrected.

			95% confi	dence i	ntervals of	change	s in absol	ute coeffic	cient corre	lation va	alues for a	all DO-Al	M pairs	
			$\Delta T_{s} \cdot \Delta t_{n} vs$	$\Delta T_{n} \cdot \Delta t_{r}$	1		$\Delta T_{\rm s}$ vs Δ	$T_n \cdot \Delta t_n$			$\Delta T_{\rm s}$ vs Δ	.t _n		
SH record	NH records	Scenario	Pearson r		Kendall τ		Pearson	r	Kendall	τ	Pearson	r	Kendall	τ
	From MD95-2042 U ^K ₃₇	1	-0.11	0.11	-0.26	0.03	-0.24	0.03	-0.27	0.07	-0.15	-0.01	-0.13	0.10
	to NGRIP T _{air}	2	-0.17	0.03	-0.27	< 0.01	-0.28	-0.01	-0.23	0.05	-0.15	-0.01	-0.13	0.10
	From MD95-2042 U ^{K'} 37	1	-0.13	0.12	-0.27	0.02	-0.25	0.05	-0.28	0.07	-0.15	-0.01	-0.13	0.10
AA S ¹⁸ O, stack	to NGRIP <i>T</i> _{air} bis	2	-0.18	0.03	-0.27	-0.01	-0.28	< -0.01	-0.25	0.05	-0.15	-0.01	-0.13	0.10
AAU OICE STACK	From MD95-2042 RI-OH'	1	-0.25	-0.03	-0.24	0.07	-0.47	-0.18	-0.27	0.07	-0.15	-0.01	-0.13	0.10
	to NGRIP T _{air}	2	-0.22	-0.05	-0.27	0.01	-0.41	-0.13	-0.27	0.05	-0.15	-0.01	-0.13	0.10
	From MD95-2042 RI-OH'	1	-0.27	-0.03	-0.25	0.05	-0.48	-0.16	-0.30	0.07	-0.15	-0.01	-0.13	0.10
	to NGRIP <i>T</i> _{air} bis	2	-0.25	-0.05	-0.27	0.01	-0.41	-0.12	-0.26	0.05	-0.15	-0.01	-0.13	0.10
	From MD95-2042 U ^{K*} 37	1	-0.11	0.12	-0.26	0.04	-0.23	0.03	-0.26	0.08	-0.16	-0.02	-0.13	0.10
	to NGRIP T _{air}	2	-0.17	0.03	-0.27	0.00	-0.29	-0.02	-0.23	0.05	-0.16	-0.02	-0.13	0.10
	From MD95-2042 U ^K 37	1	-0.13	0.13	-0.27	0.03	-0.25	0.05	-0.27	0.07	-0.16	-0.02	-0.13	0.10
AA Tor stack	to NGRIP <i>T</i> _{air} bis	2	-0.18	0.03	-0.27	-0.01	-0.29	-0.01	-0.25	0.05	-0.16	-0.02	-0.13	0.10
	From MD95-2042 RI-OH'	1	-0.25	-0.03	-0.23	0.07	-0.47	-0.19	-0.27	0.07	-0.16	-0.02	-0.13	0.10
	to NGRIP T _{air}	2	-0.22	-0.06	-0.27	0.01	-0.42	-0.14	-0.25	0.06	-0.16	-0.02	-0.13	0.10
	From MD95-2042 RI-OH'	1	-0.28	-0.03	-0.25	0.05	-0.48	-0.17	-0.29	0.07	-0.16	-0.02	-0.13	0.10
	to NGRIP T _{air} bis	2	-0.25	-0.05	-0.27	0.01	-0.41	-0.13	-0.26	0.06	-0.16	-0.02	-0.13	0.10
	From MD95-2042 U ^k 37	1	-0.17	0.07	-0.29	-0.03	-0.32	-0.05	-0.31	-0.01	-0.19	-0.03	-0.17	0.02
		2	-0.26	-0.04	-0.33	-0.07	-0.38	-0.10	-0.31	-0.04	-0.19	-0.03	-0.17	0.02
	From MD95-2042 U [*] 37	1	-0.22	0.08	-0.31	-0.02	-0.33	-0.04	-0.32	-0.01	-0.19	-0.03	-0.17	0.02
	to NGRIP I air DIS	2	-0.30	-0.03	-0.35	-0.06	-0.39	-0.08	-0.31	-0.03	-0.19	-0.03	-0.17	0.02
	From MD95-2042 RI-OH	1	-0.27	0.01	-0.32	-0.03	-0.48	-0.15	-0.35	-0.02	-0.19	-0.03	-0.17	0.02
MD95-2042		2	-0.27	-0.06	-0.37	-0.07	-0.46	-0.16	-0.35	-0.06	-0.19	-0.03	-0.17	0.02
IVC 8 ¹⁰ O benthic	From MD95-2042 RI-OH	1	-0.30	0.02	-0.34	-0.03	-0.49	-0.14	-0.37	-0.03	-0.19	-0.03	-0.17	0.02
	to NGRIP I air DIS	2	-0.32	-0.05	-0.37	-0.07	-0.48	-0.14	-0.35	-0.05	-0.19	-0.03	-0.17	0.02
	From MD95-2042 IVC 8"O G. bulloides	1	-0.14	0.15	-0.31	-0.03	-0.32	-0.01	-0.32	-0.01	-0.19	-0.03	-0.17	0.02
		2	-0.21	< 0.01	-0.28	-0.05	-0.35	-0.05	-0.25	0.01	-0.19	-0.03	-0.17	0.02
	From MD95-2042 IVC δ^{18} O G. bulloides	1	-0.18	0.15	-0.33	-0.03	-0.34	< 0.01	-0.33	-0.02	-0.19	-0.03	-0.17	0.02
	to NGRIP <i>T</i> _{air} bis	2	-0.27	< 0.01	-0.29	-0.03	-0.35	-0.03	-0.26	0.01	-0.19	-0.03	-0.17	0.02

Table S5. Bootstrap results for correlation comparisons between different observed Northern Hemisphere paleothermometric records. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Correlations with the main Southern Hemisphere record are shown with bold text and numbers. Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; ATS, Antarctic Temperature Stack (71); and IVC, ice-volume–corrected.

			95% cont	fidence ir	ntervals o	f change	es in abs	olute co	efficient c	orrelatic	on values	for all	DO-AIM	pairs
			$\Delta T_{\rm s} \cdot \Delta t_{\rm n}$ vs	$\Delta T_n \cdot \Delta t_n$			$\Delta T_{\rm s}$ vs /	$\Delta T_{n} \cdot \Delta t_{n}$			$\Delta T_{\rm s}$ vs Δ	t _n		
SH record	NH records	Scenario	Pearson	r	Kendall	τ	Pearson	า <i>ท</i>	Kendall	τ	Pearsor	n r	Kendall	τ
	From MD95-2042 U ^{K'} 37	1	-0.16	0.09	-0.29	0.02	-0.43	0.03	-0.31	0.12	-0.27	0.10	-0.15	0.18
A A S18O stock	to NGRIP Tair	2	-0.47	0.07	-0.34	0.01	-0.56	0.09	-0.33	0.14	-0.27	0.10	-0.15	0.18
AA 0" Uice Stack	From MD95-2042 RI-OH'	1	-0.43	< -0.01	-0.26	0.17	-0.66	-0.08	-0.32	0.24	-0.27	0.10	-0.15	0.18
	to NGRIP Tair	2	-0.56	< 0.01	-0.37	0.06	-0.67	-0.01	-0.32	0.19	-0.27	0.10	-0.15	0.18
	From MD95-2042 U ^{K'} 37	1	-0.16	0.09	-0.28	0.02	-0.42	0.03	-0.31	0.12	-0.27	0.10	-0.15	0.18
AA T. stock	to NGRIP T _{air}	2	-0.48	0.07	-0.33	0.02	-0.57	0.09	-0.33	0.14	-0.27	0.10	-0.15	0.18
AA Tair Slack	From MD95-2042 RI-OH'	1	-0.44	< 0.01	-0.24	0.17	-0.67	-0.07	-0.32	0.24	-0.27	0.10	-0.15	0.18
	to NGRIP T _{air}	2	-0.57	< 0.01	-0.34	0.08	-0.68	-0.01	-0.32	0.19	-0.27	0.10	-0.15	0.18
	From MD95-2042 U ^{K'} 37	1	-0.18	0.10	-0.36	0.03	-0.39	0.02	-0.27	0.17	-0.29	0.10	-0.13	0.22
ΔΤς	to NGRIP T _{air}	2	-0.55	0.06	-0.43	0.04	-0.65	0.09	-0.37	0.10	-0.29	0.10	-0.13	0.22
AIO	From MD95-2042 RI-OH'	1	-0.50	-0.01	-0.30	0.08	-0.69	-0.11	-0.36	0.13	-0.29	0.10	-0.13	0.22
	to NGRIP Tair	2	-0.63	< 0.01	-0.39	0.04	-0.74	-0.03	-0.41	0.08	-0.29	0.10	-0.13	0.22
	From MD95-2042 U ^{K'} 37	1	-0.28	0.06	-0.29	0.04	-0.47	0.07	-0.38	0.08	-0.32	0.06	-0.26	0.08
	to NGRIP T _{air}	2	-0.58	-0.03	-0.44	-0.02	-0.64	-0.03	-0.44	0.02	-0.32	0.06	-0.26	0.08
MD95-2042	From MD95-2042 RI-OH'	1	-0.55	0.03	-0.36	0.03	-0.70	-0.07	-0.41	0.07	-0.32	0.06	-0.26	0.08
IVC δ^{18} O benthic	to NGRIP T _{air}	2	-0.65	-0.02	-0.45	-0.04	-0.71	-0.08	-0.46	-0.01	-0.32	0.06	-0.26	0.08
	From MD95-2042 IVC δ^{18} O G. bulloides	1	-0.30	0.14	-0.39	-0.01	-0.55	0.11	-0.41	0.06	-0.32	0.06	-0.26	0.08
	to NGRIP T _{air}	2	-0.54	0.03	-0.35	0.06	-0.56	0.07	-0.35	0.10	-0.32	0.06	-0.26	0.08

Table S6. Correlation results for Southern versus Northern Hemisphere diagrams restricted to Heinrich and Heinrich-like stadials and to other Dansgaard–Oeschger stadials using observed paleothermometric records. As Table S3, but considering only Heinrich and Heinrich-like stadials (H) and only other Dansgaard–Oeschger stadials (DO). Correlations with the main Southern Hemisphere record are shown with bold text and numbers. Non-significant correlations are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; ATS, Antarctic Temperature Stack (71); and IVC, ice-volume–corrected.

		Correlati	on coem	cients and	p-values t	or only H a	and H-like	e stadiais ((<i>n</i> = 14) and	a for only	other D	O stadia	IS $(n = 1)$	1)							
		$\Delta T_{s} \cdot \Delta t_{n} v$	$s \Delta T_n \cdot \Delta t_n$	l						$\Delta T_{\rm s}$ vs	$\Delta T_n \cdot \Delta t_n$							$\Delta T_{\rm s}$ vs	Δt_n		
		Pearson	r			Kendall 1	τ			Pearso	n <i>r</i>			Kenda	llτ			Pearso	n <i>r</i>	Kendal	lτ
		1	2	1	2	1	2	1	2			1	2	1	2	1	2				
SH record	NH record	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO
	NGRIP	-0.75	-0.77	-0.76	-0.86	-0.47	-0.49	-0.43	-0.67	-0.23	-0.24	-0.31	-0.41	-0.25	-0.16	-0.34	-0.27	0.42	0.04	0.41	0.13
	Tair	0.002	0.006	0.001	< 0.001	0.019	0.041	0.036	0.003	0.421	0.469	0.277	0.209	0.233	0.542	0.101	0.283	0.132	0.918	0.047	0.648
A A S18O otook	MD95-2042	-0.70	-0.82	-0.81	-0.83	-0.60	-0.67	-0.56	-0.67	-0.35	-0.55	-0.48	-0.57	-0.45	-0.49	-0.45	-0.49	0.55	0.36	0.45	0.29
AA 0 'Uice Stack	U ^{K′} 37	0.005	0.002	< 0.001	0.002	0.002	0.003	0.005	0.003	0.224	0.078	0.082	0.068	0.026	0.041	0.026	0.041	0.041	0.280	0.026	0.212
	MD95-2042	-0.92	-0.38	-0.91	-0.59	-0.63	-0.31	-0.60	-0.56	-0.72	-0.05	-0.70	-0.20	-0.60	-0.05	-0.54	-0.24	0.55	0.36	0.45	0.29
	RI-OH'	< 0.001	0.254	< 0.001	0.056	0.001	0.218	0.002	0.017	0.004	0.880	0.005	0.563	0.002	0.879	0.007	0.359	0.041	0.280	0.026	0.212
	NGRIP	-0.74	-0.77	-0.75	-0.86	-0.47	-0.53	-0.43	-0.71	-0.23	-0.21	-0.30	-0.38	-0.25	-0.13	-0.34	-0.24	0.42	-0.01	0.41	0.09
	$\mathcal{T}_{\mathrm{air}}$	0.003	0.006	0.002	< 0.001	0.019	0.026	0.036	0.002	0.421	0.527	0.291	0.247	0.233	0.648	0.101	0.359	0.131	0.980	0.047	0.761
AA Toir stack	MD95-2042	-0.68	-0.82	-0.80	-0.83	-0.63	-0.71	-0.54	-0.71	-0.35	-0.54	-0.48	-0.56	-0.45	-0.45	-0.45	-0.45	0.56	0.33	0.45	0.26
nut rai otdort	U ^{K'} 37	0.007	0.002	< 0.001	0.001	0.001	0.002	0.007	0.002	0.226	0.088	0.083	0.075	0.026	0.060	0.026	0.060	0.038	0.321	0.026	0.274
	MD95-2042	-0.91	-0.37	-0.90	-0.59	-0.60	-0.35	-0.58	-0.53	-0.72	-0.02	-0.70	-0.18	-0.60	-0.02	-0.54	-0.20	0.56	0.33	0.45	0.26
	RI-OH'	< 0.001	0.263	< 0.001	0.057	0.002	0.165	0.003	0.026	0.004	0.944	0.005	0.606	0.002	1.000	0.007	0.445	0.038	0.321	0.026	0.274
	NGRIP	-0.66	-0.59	-0.67	-0.62	-0.47	-0.24	-0.47	-0.42	-0.20	0.02	-0.24	0.01	-0.25	0.02	-0.30	0.05	0.39	-0.03	0.41	-0.13
	l _{air}	0.010	0.057	0.009	0.044	0.019	0.359	0.019	0.087	0.493	0.951	0.411	0.977	0.233	1.000	0.157	0.879	0.168	0.919	0.047	0.648
ATS	MD95-2042	-0.58	-0.81	-0.72	-0.89	-0.63	-0.71	-0.58	-0.78	-0.31	-0.19	-0.47	-0.27	-0.45	-0.09	-0.45	-0.16	0.59	-0.07	0.45	-0.04
	U ^r ₃₇	0.030	0.003	0.004	< 0.001	0.001	0.002	0.003	< 0.001	0.274	0.579	0.088	0.415	0.026	0.761	0.026	0.542	0.025	0.827	0.026	0.876
	MD95-2042	-0.88	-0.67	-0.85	-0.85	-0.69	-0.49	-0.67	-0.60	-0.73	-0.30	-0.68	-0.26	-0.60	-0.24	-0.54	-0.20	0.59	-0.07	0.45	-0.04
	RI-OH	< 0.001	0.023	< 0.001	< 0.001	< 0.001	0.041	< 0.001	0.010	0.003	0.372	0.007	0.432	0.002	0.359	0.007	0.445	0.025	0.827	0.026	0.876
	NGRIP	-0.75	-0.34	-0.74	-0.54	-0.32	-0.31	-0.36	-0.35	-0.12	0.17	-0.18	-0.11	0.05	-0.05	-0.08	-0.16	0.31	0.11	0.14	0.09
		0.002	0.299	0.003	0.088	0.127	0.218	0.079	0.165	0.674	0.626	0.536	0.745	0.830	0.879	0.747	0.542	0.287	0.747	0.518	0.761
MD05 0040	MD95-2042	-0.78	-0.70	-0.90	-0.74	-0.47	-0.53	-0.69	-0.60	-0.39	-0.50	-0.57	-0.54	-0.23	-0.31	-0.45	-0.31	0.49	0.49	0.23	0.33
MD95-2042	U ¹³ 37	< 0.001	0.018	< 0.001	0.009	0.019	0.026	< 0.001	0.010	0.105	0.120	0.034	0.084	0.279	0.218	0.026	0.218	0.077	0.125	0.279	0.160
IVC 810 benthic	MD95-2042	-0.90	-0.47	-0.93	-0.75	-0.71	-0.38	-0.82	-0.49	-0.67	-0.32	-0.71	-0.58	-0.43	-0.10	-0.58	-0.27	0.49	0.49	0.23	0.33
		< 0.001	0.142	< 0.001	0.007	< 0.001	0.121	< 0.001	0.041	0.009	0.344	0.004	0.062	0.036	0.342	0.003	0.283	0.077	0.125	0.279	0.100
	NO \$180 0 500	-0.70	-0.84	-0.84	-0.03	-0.07	-0.71	-0.54	-0.50	-0.34	-0.55	-0.49	-0.31	-0.38	-0.27	-0.34	-0.27	0.49	0.49	0.23	0.33
	IVC 0 G. builoides	0.006	0.001	< 0.001	0.037	< 0.001	0.002	0.007	0.017	0.235	0.077	0.075	0.359	0.062	0.283	0.101	0.283	0.077	0.125	0.279	0.160

Correlation coefficients and p-values for only H and H-like stadials (n = 14) and for only other DO stadials (n = 11)

Table S7. Correlation results for Southern versus Northern Hemisphere diagrams using filtered and simulated paleothermometric records after a band-pass filtering with a 500- to 10,000-y window. All *r* and τ values are reported above their associated *p*-values. $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams consider temperature amplitudes for both hemispheres (ΔT_s and ΔT_n) and Northern Hemisphere (NH) cold event durations (Δt_n). ΔT_s versus Δt_n diagrams represent Southern Hemisphere (SH) temperature amplitudes versus NH cold event durations as shown in refs. 81, 82, 83, and 84. Both Scenarios 1 and 2 are considered (see *Materials and Methods* and Text S8, above). Non-significant correlations are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Correlation coe	fficients and p	-values for all D	O-AIM pairs (<i>n</i>	= 25, except for	r Iberian Margir	BSOs where n	= 24)		
		$\Delta T_{s} \cdot \Delta t_{n} \text{ vs } \Delta T_{n} \cdot \Delta T_{n}$	\t _n			$\Delta T_{\rm s}$ vs $\Delta T_{\rm n} \cdot \Delta t_{\rm n}$				$\Delta T_{\rm s}$ vs $\Delta t_{\rm n}$	
		Pearson r		Kendall τ		Pearson r		Kendall τ		Pearson r	Kendall τ
SH record	NH record	1	2	1	2	1	2	1	2		
	NGRIP	-0.73	-0.75	-0.59	-0.63	-0.09	-0.16	-0.17	-0.29	0.18	0.31
	T_{air}	< 0.001	< 0.001	< 0.001	< 0.001	0.674	0.439	0.255	0.046	0.386	0.033
Filtered	MD95-2042	-0.79	-0.83	-0.75	-0.75	-0.25	-0.30	-0.37	-0.35	0.23	0.28
AA $\delta^{18}O_{ice}$ stack	U ^{K'} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.222	0.149	0.010	0.015	0.275	0.053
	MD95-2042	-0.90	-0.88	-0.71	-0.73	-0.41	-0.43	-0.31	-0.33	0.23	0.28
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.041	0.033	0.029	0.022	0.275	0.053
	NGRIP	-0.72	-0.75	-0.59	-0.63	-0.09	-0.16	-0.18	-0.29	0.18	0.31
	T_{air}	< 0.001	< 0.001	< 0.001	< 0.001	0.679	0.442	0.218	0.046	0.385	0.033
Filtered	MD95-2042	-0.79	-0.83	-0.75	-0.75	-0.25	-0.30	-0.37	-0.35	0.23	0.29
AA T _{air} stack	U ^{K'} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.222	0.150	0.010	0.015	0.276	0.042
	MD95-2042	-0.90	-0.88	-0.71	-0.73	-0.41	-0.42	-0.31	-0.33	0.23	0.29
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.043	0.035	0.029	0.022	0.276	0.042
	NGRIP	-0.72	-0.79	-0.49	-0.73	-0.16	-0.32	-0.18	-0.46	0.11	0.24
	T _{air}	< 0.001	< 0.001	< 0.001	< 0.001	0.431	0.122	0.218	< 0.001	0.596	0.098
BSO	MD95-2042	-0.80	-0.82	-0.60	-0.63	-0.27	-0.30	-0.29	-0.29	0.20	0.22
NGRIP Tair	U ⁿ 37	< 0.001	< 0.001	< 0.001	< 0.001	0.192	0.146	0.046	0.041	0.336	0.118
	MD95-2042	-0.84	-0.83	-0.55	-0.59	-0.30	-0.33	-0.22	-0.25	0.20	0.22
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.144	0.105	0.130	0.088	0.336	0.118
	NGRIP	-0.78	-0.85	-0.47	-0.67	-0.20	-0.36	-0.19	-0.43	0.18	0.27
500	/ _{air}	< 0.001	< 0.001	< 0.001	< 0.001	0.327	0.080	0.185	0.002	0.382	0.065
BSU NODID S110	MD95-2042	-0.85	-0.89	-0.59	-0.61	-0.36	-0.42	-0.29	-0.31	0.28	0.25
NGRIP 818Oice	U ¹¹ 37	< 0.001	< 0.001	< 0.001	< 0.001	0.081	0.038	0.046	0.033	0.167	0.080
	NID95-2042	-0.87	-0.89	-0.56	-0.61	-0.42	-0.48	-0.26	-0.31	0.28	0.25
	RI-UH	< 0.001	< 0.001	< 0.001	< 0.001	0.038	0.015	0.072	0.029	0.167	0.080
		-0.90	-0.93	-0.54	-0.62	-0.60	-0.67	-0.30	-0.49	0.59	0.47
RSO		< 0.001	< 0.001	< 0.001	< 0.001	0.002	< 0.001	0.013	< 0.001	0.002	< 0.001
MD05 2042 UK'	UK'	-0.95	-0.97	-0.04	-0.00	-0.74	-0.00	-0.39	-0.02	- 0.001	0.47
MD95-2042 0 37	MD95-2042	_0.001	_0.001	_0.72	_0.81	_0.80	-0.84	_0.55	-0.64	0.65	0.001
	RLOH'	-0.01	-0.95	< 0.001	- 0.01	- 0.00	-0.04	-0.00	-0.04	- 0.001	0.47
	NGRIP	_0.83	_0.85	-0.46	-0.51	-0.44	_0.49	-0.28	_0.35	0.001	0.001
		-0.00	-0.00	0.40	- 0.01	0.030	0.45	0.062	0.017	0.40	0.008
BSO	MD95-2042	-0.86	_0.001	-0.73	_0.74	-0.61	-0.68	-0.51	-0.53	0.017	0.000
MD95-2042 RI-OH'		< 0.00	< 0.01	< 0.001	< 0.001	0.002	< 0.00	< 0.01	< 0.001	0.00	0.40
	MD95-2042	_0 97	-0.97	_0.79	-0.85	-0.80	-0.83	-0.59	-0.62	0.58	0.58
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	0.003	0.003

Table S8. Monte Carlo results for correlation comparisons between different filtered and simulated Northern Hemisphere paleothermometric records after a band-pass filtering with a 500- to 10,000-y window. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

			95% con	fidence in	tervals of	f change	es in abso	olute coe	efficient c	orrelatio	n values	for all D	O-AIM pa	airs
			$\Delta T_{s} \cdot \Delta t_{n} v$	$\Delta T_n \cdot \Delta t_n$			ΔT_{s} vs Δ	$\Delta T_{n} \cdot \Delta t_{n}$			ΔT_{s} vs Δ	\ <i>t</i> n		
SH record	NH records	Scenario	Pearson	r	Kendall	τ	Pearsor	ו <i>ר</i>	Kendall	τ	Pearsor	ו <i>ר</i>	Kendall	τ
	From MD95-2042 U ^{K'37}	1	-0.11	-0.01	-0.27	-0.11	-0.22	-0.11	-0.27	-0.13	-0.07	-0.02	-0.02	0.07
Filtered	to NGRIP <i>T</i> air	2	-0.11	-0.03	-0.19	-0.06	-0.19	-0.08	-0.15	-0.02	-0.07	-0.02	-0.02	0.07
AA $\delta^{18}O_{ice}$ stack	From MD95-2042 RI-OH'	1	-0.23	-0.13	-0.19	-0.05	-0.37	-0.26	-0.21	-0.08	-0.07	-0.02	-0.02	0.07
	to NGRIP <i>T</i> air	2	-0.18	-0.09	-0.17	-0.05	-0.31	-0.20	-0.12	0.00	-0.07	-0.02	-0.02	0.07
	From MD95-2042 U ^{K'} 37	1	-0.12	-0.01	-0.26	-0.11	-0.22	-0.11	-0.27	-0.13	-0.07	-0.02	-0.02	0.07
Filtered	to NGRIP <i>T</i> air	2	-0.12	-0.03	-0.19	-0.06	-0.19	-0.08	-0.15	-0.02	-0.07	-0.02	-0.02	0.07
AA Tair stack	From MD95-2042 RI-OH'	1	-0.23	-0.13	-0.19	-0.05	-0.37	-0.26	-0.21	-0.08	-0.07	-0.02	-0.02	0.07
	to NGRIP <i>T</i> air	2	-0.17	-0.09	-0.17	-0.05	-0.31	-0.20	-0.12	0.00	-0.07	-0.02	-0.02	0.07
	From MD95-2042 U ^{K'} 37	1	-0.13	-0.02	-0.19	-0.08	-0.15	-0.05	-0.17	-0.07	-0.10	-0.08	-0.01	0.03
BSO	to NGRIP <i>T</i> air	2	-0.07	0.02	0.01	0.11	-0.03	0.07	0.08	0.19	-0.10	-0.08	-0.01	0.03
NGRIP Tair	From MD95-2042 RI-OH'	1	-0.16	-0.09	-0.14	-0.03	-0.17	-0.10	-0.11	-0.01	-0.10	-0.08	-0.01	0.03
	to NGRIP T _{air}	2	-0.07	< -0.01	0.06	0.15	-0.05	0.02	0.13	0.23	-0.10	-0.08	-0.01	0.03
	From MD95-2042 U ^{K'} 37	1	-0.11	-0.03	-0.21	-0.09	-0.20	-0.10	-0.18	-0.06	-0.11	-0.09	< 0.01	0.03
BSO	to NGRIP <i>T</i> air	2	-0.07	< 0.01	-0.03	0.09	-0.11	-0.01	0.06	0.17	-0.11	-0.09	< 0.01	0.03
NGRIP $\delta^{18}O_{ice}$	From MD95-2042 RI-OH'	1	-0.13	-0.05	-0.17	-0.06	-0.25	-0.17	-0.15	-0.03	-0.11	-0.09	< 0.01	0.03
	to NGRIP <i>T</i> air	2	-0.07	< -0.01	-0.03	0.08	-0.17	-0.08	0.05	0.16	-0.11	-0.09	< 0.01	0.03
	From MD95-2042 U ^{K'} 37	1	-0.08	-0.03	-0.34	-0.22	-0.19	-0.10	-0.30	-0.17	-0.07	-0.04	-0.04	0.06
BSO	to NGRIP <i>T</i> air	2	-0.07	-0.03	-0.30	-0.17	-0.17	-0.09	-0.22	-0.07	-0.07	-0.04	-0.04	0.06
MD95-2042 U ^{K′} 37	From MD95-2042 RI-OH'	1	-0.05	0.03	-0.26	-0.12	-0.23	-0.15	-0.27	-0.12	-0.07	-0.04	-0.04	0.06
	to NGRIP <i>T</i> air	2	-0.03	0.03	-0.24	-0.11	-0.20	-0.13	-0.21	-0.07	-0.07	-0.04	-0.04	0.06
	From MD95-2042 U ^{K'} 37	1	-0.07	0.01	-0.33	-0.21	-0.21	-0.11	-0.29	-0.17	-0.10	-0.09	-0.06	0.02
BSO	to NGRIP <i>T</i> air	2	-0.09	-0.03	-0.30	-0.20	-0.24	-0.15	-0.25	-0.12	-0.10	-0.09	-0.06	0.02
MD95-2042 RI-OH'	From MD95-2042 RI-OH'	1	-0.16	-0.11	-0.40	-0.29	-0.40	-0.33	-0.38	-0.28	-0.10	-0.09	-0.06	0.02
	to NGRIP <i>T</i> air	2	-0.14	-0.10	-0.40	-0.30	-0.37	-0.31	-0.34	-0.22	-0.10	-0.09	-0.06	0.02

Table S9. Bootstrap results for correlation comparisons between different filtered and simulated Northern Hemisphere paleothermometric records after a band-pass filtering with a 500- to 10,000-y window. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

			$\frac{95\% \text{ confidence in}}{\Delta T_{\rm s} \cdot \Delta t_{\rm n} \text{ vs } \Delta T_{\rm n} \cdot \Delta t_{\rm n}}$		ntervals c	of chang	es in abs	olute coe	efficient co	orrelation	values to	r all D	D-AIM ba	airs
			$\Delta T_{s} \cdot \Delta t_{n}$	vs $\Delta T_n \cdot \Delta t_n$			ΔT_{s} vs Δ	$T_n \cdot \Delta t_n$			$\Delta T_{\rm s}$ vs Z	t _n		
SH record	NH records	Scenario	Pearsor	n <i>r</i>	Kendall	τ	Pearsor	n r	Kendall	τ	Pearsor	n <i>r</i>	Kendall	τ
	From MD95-2042 U ^{K'} 37	1	-0.22	0.05	-0.37	0.05	-0.43	0.13	-0.45	0.10	-0.19	0.13	-0.12	0.18
Filtered	to NGRIP T _{air}	2	-0.26	< -0.01	-0.34	0.10	-0.29	0.07	-0.27	0.13	-0.19	0.13	-0.12	0.18
AA $\delta^{18}O_{ice}$ stack	From MD95-2042 RI-OH'	1	-0.32	-0.04	-0.33	0.14	-0.47	0.02	-0.42	0.17	-0.19	0.13	-0.12	0.18
	to NGRIP Tair	2	-0.34	-0.01	-0.31	0.11	-0.41	< 0.01	-0.27	0.18	-0.19	0.13	-0.12	0.18
	From MD95-2042 U ^{K'} 37	1	-0.22	0.05	-0.38	0.06	-0.42	0.13	-0.45	0.10	-0.19	0.13	-0.15	0.17
Filtered	to NGRIP <i>T</i> air	2	-0.26	< -0.01	-0.33	0.09	-0.29	0.07	-0.27	0.13	-0.19	0.13	-0.15	0.17
AA Tair stack	From MD95-2042 RI-OH'	1	-0.32	-0.03	-0.34	0.15	-0.47	0.03	-0.41	0.20	-0.19	0.13	-0.15	0.17
	to NGRIP <i>T</i> air	2	-0.34	-0.01	-0.30	0.10	-0.41	0.01	-0.27	0.18	-0.19	0.13	-0.15	0.17
	From MD95-2042 U ^{K'} 37	1	-0.25	0.05	-0.39	0.13	-0.28	0.07	-0.35	0.16	-0.19	0.22	-0.14	0.19
BSO	to NGRIP <i>T</i> air	2	-0.10	0.08	-0.11	0.30	-0.14	0.27	-0.08	0.39	-0.19	0.22	-0.14	0.19
NGRIP <i>T</i> air	From MD95-2042 RI-OH'	1	-0.26	0.07	-0.35	0.19	-0.35	0.17	-0.28	0.24	-0.19	0.22	-0.14	0.19
	to NGRIP <i>T</i> air	2	-0.12	0.15	-0.08	0.38	-0.23	0.36	-0.04	0.45	-0.19	0.22	-0.14	0.19
	From MD95-2042 U ^K 37	1	-0.34	0.02	-0.38	0.12	-0.36	0.01	-0.30	0.17	-0.22	0.20	-0.14	0.17
BSO	to NGRIP <i>T</i> air	2	-0.17	0.02	-0.12	0.24	-0.20	0.13	-0.07	0.32	-0.22	0.20	-0.14	0.17
NGRIP δ ¹⁸ Oice	From MD95-2042 RI-OH'	1	-0.35	0.03	-0.37	0.16	-0.39	0.04	-0.28	0.20	-0.22	0.20	-0.14	0.17
	to NGRIP <i>T</i> air	2	-0.20	0.06	-0.13	0.24	-0.30	0.16	-0.11	0.33	-0.22	0.20	-0.14	0.17
	From MD95-2042 U ^K 37	1	-0.24	< -0.01	-0.60	-0.05	-0.40	-0.02	-0.52	0.02	-0.25	0.09	-0.18	0.21
BSO	to NGRIP Tair	2	-0.22	-0.02	-0.49	-0.06	-0.28	-0.02	-0.37	0.10	-0.25	0.09	-0.18	0.21
MD95-2042 U ^k 37	From MD95-2042 RI-OH	1	-0.29	0.08	-0.44	0.01	-0.45	-0.02	-0.46	0.07	-0.25	0.09	-0.18	0.21
	to NGRIP <i>I</i> air	2	-0.24	0.04	-0.42	-0.01	-0.33	-0.02	-0.41	0.06	-0.25	0.09	-0.18	0.21
500	From MD95-2042 U [~] 37	1	-0.25	0.07	-0.50	-0.04	-0.42	-0.02	-0.47	< -0.01	-0.27	0.06	-0.19	0.16
BSO BSO	to NGRIP I air	2	-0.30	-0.01	-0.44	-0.02	-0.38	-0.03	-0.39	0.00	-0.27	0.06	-0.19	0.16
MD95-2042 RI-OH'	From MD95-2042 RI-OH	1	-0.42	-0.04	-0.58	-0.10	-0.60	-0.18	-0.53	-0.10	-0.27	0.06	-0.19	0.16
	to NGRIP <i>I</i> air	2	-0.44	-0.04	-0.56	-0.11	-0.53	-0.17	-0.53	-0.07	-0.27	0.06	-0.19	0.16

95% confidence intervals of changes in absolute coefficient correlation values for all DO-AIM pairs

Table S10. Correlation results for Southern versus Northern Hemisphere diagrams restricted to Heinrich and Heinrich-like stadials and to other Dansgaard–Oeschger stadials using filtered and simulated paleothermometric records after a band-pass filtering with a 500- to 10,000-y window. As Table S7, but considering only Heinrich and Heinrich-like stadials (H) and only other Dansgaard–Oeschger stadials (DO). Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Correlatio	on coeffic	ients and p	p-values fo	r only H and	d H-like sta	adials ($n =$	14) and for	only oth	er DO sta	adials (<i>n</i>	= 11, ex	cept for II	berian M	argin BS	Os where	e <i>n</i> = 10)			
		$\Delta T_{s} \cdot \Delta t_{n}$ vs	$\Delta T_n \cdot \Delta t_n$							$\Delta T_{\rm s}$ vs .	$\Delta T_n \cdot \Delta t_n$							$\Delta T_{\rm s}$ vs Δ	∆ <i>t</i> n		
		Pearson	r			Kendall τ				Pearso	n <i>r</i>			Kendall	τ			Pearso	n <i>r</i>	Kendall	τ
		1		2		1		2		1		2		1		2		1		1	
SH record	NH record	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	H	DO	Н	DO
	NGRIP	-0.64	-0.43	-0.68	-0.72	-0.49	-0.24	-0.52	-0.53	0.28	-0.02	0.19	-0.34	0.21	0.09	-0.03	-0.20	-0.31	0.22	-0.14	0.20
	Tair	0.014	0.189	0.007	0.013	0.014	0.359	0.010	0.026	0.335	0.947	0.522	0.313	0.331	0.761	0.914	0.445	0.282	0.517	0.518	0.445
Filtered	MD95-2042	-0.66	-0.77	-0.69	-0.76	-0.60	-0.53	-0.60	-0.53	0.18	-0.50	0.16	-0.51	-0.01	-0.45	0.08	-0.45	-0.28	0.29	-0.19	0.29
AA δ ¹⁸ O _{ice} stack	U ^K 37	0.011	0.005	0.006	0.007	0.002	0.026	0.002	0.026	0.532	0.119	0.595	0.111	1.000	0.060	0.747	0.060	0.341	0.387	0.388	0.212
	MD95-2042	-0.83	-0.31	-0.78	-0.65	-0.69	-0.24	-0.60	-0.53	0.00	-0.26	-0.02	-0.41	-0.05	-0.16	0.03	-0.38	-0.28	0.29	-0.19	0.29
	RI-OH'	< 0.001	0.358	< 0.001	0.030	< 0.001	0.359	0.002	0.026	0.999	0.439	0.935	0.209	0.830	0.542	0.914	0.121	0.341	0.387	0.388	0.212
		-0.64	-0.43	-0.68	-0.72	-0.47	-0.27	-0.54	-0.49	0.28	-0.03	0.19	-0.33	0.19	0.05	-0.05	-0.16	-0.31	0.22	-0.12	0.16
Filtered		0.014	0.182	0.007	0.013	0.019	0.283	0.007	0.041	0.334	0.940	0.522	0.315	0.388	0.879	0.830	0.542	0.287	0.521	0.591	0.342
	ND95-2042	-0.66	-0.77	-0.69	-0.76	-0.00	-0.53	-0.00	-0.53	0.10	-0.49	0.10	-0.51	-0.03	-0.42	0.05	-0.42	-0.27	0.29	-0.10	0.33
AA Tair Stack	U 37 MD05 2042	0.011	0.005	0.000	0.007	0.002	0.020	0.002	0.020	0.536	0.122	0.594	0.111	0.914	0.007	0.030	0.007	0.342	0.302	0.451	0.100
	RI-OH'	~ 0.02	0.365	0.001	0.031	-0.03	0 350	0.002	0.026	0.00	0.453	0.02	0213	0.747	0.648	1 000	0 165	0.342	0.2.9	0.451	0.55
	NGRIP	-0.65	-0.34	-0.73	-0.79	-0.47	-0.09	-0.76	-0.53	-0.13	-0.22	-0.27	-0.66	-0.12	-0.02	-0.45	-0.38	0.01	0.002	0.401	0.31
	Tair	0.012	0.307	0.003	0.004	0.019	0.761	< 0.001	0.026	0.669	0.508	0.351	0.027	0.591	1.000	0.026	0.121	0.973	0.552	0.667	0.218
BSO	MD95-2042	-0.73	-0.69	-0.76	-0.58	-0.54	-0.53	-0.63	-0.53	-0.25	-0.58	-0.31	-0.47	-0.21	-0.42	-0.25	-0.35	0.14	0.31	0.19	0.11
NGRIP Tair	U ^{K'} 37	0.003	0.019	0.001	0.061	0.007	0.026	0.001	0.026	0.388	0.059	0.287	0.140	0.331	0.087	0.233	0.165	0.639	0.360	0.388	0.639
	MD95-2042	-0.82	-0.09	-0.79	-0.34	-0.58	-0.31	-0.63	-0.38	-0.37	-0.11	-0.40	-0.24	-0.25	-0.13	-0.25	-0.20	0.14	0.31	0.19	0.11
	RI-OH'	< 0.001	0.802	< 0.001	0.313	0.003	0.218	0.001	0.121	0.196	0.759	0.153	0.480	0.233	0.648	0.233	0.445	0.639	0.360	0.388	0.639
	NGRIP	-0.72	-0.34	-0.82	-0.72	-0.38	-0.13	-0.71	-0.42	-0.08	-0.11	-0.25	-0.50	-0.05	-0.02	-0.38	-0.31	-0.03	0.39	0.03	0.31
	T_{air}	0.004	0.312	< 0.001	0.013	0.062	0.648	< 0.001	0.087	0.775	0.742	0.391	0.120	0.830	1.000	0.062	0.218	0.921	0.233	0.914	0.218
BSO	MD95-2042	-0.78	-0.70	-0.84	-0.57	-0.49	-0.45	-0.58	-0.38	-0.24	-0.40	-0.33	-0.29	-0.19	-0.27	-0.27	-0.20	0.13	0.18	0.12	0.18
NGRIP δ ¹⁸ O _{ice}	U ^{K'} 37	< 0.001	0.016	< 0.001	0.067	0.014	0.060	0.003	0.121	0.404	0.225	0.245	0.390	0.388	0.283	0.193	0.445	0.648	0.602	0.591	0.435
	MD95-2042	-0.82	-0.36	-0.84	-0.55	-0.54	-0.31	-0.58	-0.45	-0.33	-0.36	-0.43	-0.34	-0.19	-0.20	-0.27	-0.27	0.13	0.18	0.12	0.18
	RI-OH'	< 0.001	0.280	< 0.001	0.077	0.007	0.218	0.003	0.060	0.257	0.279	0.125	0.303	0.388	0.445	0.193	0.283	0.648	0.602	0.591	0.435
	NGRIP	-0.89	0.21	-0.93	-0.32	-0.52	0.29	-0.67	-0.11	-0.50	0.38	-0.62	-0.07	-0.25	0.51	-0.49	0.11	0.34	-0.08	0.27	-0.16
DCO.		< 0.001	0.551	< 0.001	0.367	0.010	0.291	< 0.001	0.727	0.066	0.283	0.018	0.846	0.233	0.047	0.014	0.727	0.230	0.831	0.193	0.601
BSO BSO	MD95-2042	-0.93	-0.87	-0.96	-0.92	-0.71	-0.82	-0.80	-0.82	-0.61	-0.45	-0.68	-0.52	-0.43	-0.42	-0.47	-0.42	0.43	-0.00	0.32	-0.04
WD95-2042 0137	MD05 2042	< 0.001	0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	0.020	0.191	0.007	0.122	0.030	0.100	0.019	0.100	0.120	0.002	0.127	0.007
	ND95-2042	-0.07	0.34	-0.09	-0.70	-0.70	0.20	-0.00	0.00	-0.05	-0.24	-0.74	0.223	-0.43	0.24	-0.00	-0.42 0.108	0.43	-0.00	0.32	0.857
	NGRIP	_0.79	0.27	_0.83	_0.09	-0.41	0.404	_0.52	0.023	-0.24	0.000	-0.32	0.225	-0.12	0.307	-0.27	0.24	0.120	_0.13	0.127	_0.20
	Toir	< 0.001	0.453	< 0.001	0.798	0.047	0.216	0.010	1 000	0 411	0.243	0.258	0.693	0.591	0.073	0.193	0.381	0.615	0.716	0.518	0.484
RSO	MD05-2042	0.001	0.400	-0.86	-0.65	-0.63	_0.12	0.010	-0.33	0.38	_0.15	_0.48	-0.16	0.001	0.075	0.100	_0.20	0.070	0.770	0.23	0.18
MD95-2042 RI-OH'	UK'an	-0.79	-0.00	-0.00	-0.05	-0.03	-0.42	-0.01	-0.33	-0.30	0.680	0.40	0.653	0.157	0.20	-0.30	0.20	0.32	0.306	0.23	0 172
	MD05-2042	_0.001	_0.037	_0.001	_0.85	_0.76	_0.100	_0.85	-0.60	_0.66	_0.43	_0.73	_0.34	_0.42	_0.39	-0.52	_0.38	0.202	_0.390	0.213	_0.18
	RI-OH'	-0.90	-0.72	-0.95	-0.00	-0.70	-0.01	-0.00	-0.00	-0.00	0.43	-0.73	0.34	-0.43	0.156	-0.02	-0.30	0.32	0.30	0.23	0.170
	KI-OH	< 0.001	0.019	< 0.001	0.002	< 0.001	0.047	< 0.001	0.017	0.010	0.211	0.003	0.330	0.036	0.150	0.010	0.156	0.202	0.390	0.279	0.472

Table S11. Correlation results for Southern versus Northern Hemisphere diagrams using filtered and simulated paleothermometric records after a band-pass filtering with a 500- to 16,000-y window. All r and τ values are reported above their associated p-values. $\Delta T_s \cdot \Delta t_n$ versus $\Delta T_n \cdot \Delta t_n$ diagrams consider temperature amplitudes for both hemispheres (ΔT_s and ΔT_n) and Northern Hemisphere (NH) cold event durations ($\Delta t_{\rm s}$). $\Delta T_{\rm s}$ versus $\Delta t_{\rm h}$ diagrams represent Southern Hemisphere (SH) temperature amplitudes versus NH cold event durations as shown in refs. 81, 82, 83, and 84. Both Scenarios 1 and 2 are considered (see Materials and Methods and Text S8, above). Non-significant correlations are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Correlation coe	fficients and p	-values for all D	O-AIM pairs (<i>n</i>	= 25, except for	r Iberian Margir	BSOs where n	= 24)		
		$\Delta T_{s} \cdot \Delta t_{n} \text{ vs } \Delta T_{n} \cdot \Delta T_{n}$	At _n			$\Delta T_{\rm s}$ vs $\Delta T_{\rm n} \cdot \Delta t_{\rm n}$				$\Delta T_{s} vs \Delta t_{n}$	
		Pearson r		Kendall τ		Pearson r		Kendall τ		Pearson r	Kendall τ
SH record	NH record	1	2	1	2	1	2	1	2		
	NGRIP	-0.73	-0.80	-0.59	-0.60	-0.25	-0.37	-0.26	-0.31	0.39	0.39
	Tair	< 0.001	< 0.001	< 0.001	< 0.001	0.219	0.066	0.072	0.029	0.056	0.006
Filtered	MD95-2042	-0.79	-0.82	-0.79	-0.79	-0.40	-0.46	-0.44	-0.46	0.43	0.40
AA $\delta^{18}O_{ice}$ stack	U ^{K′} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.047	0.021	0.002	< 0.001	0.033	0.005
	MD95-2042	-0.91	-0.88	-0.70	-0.75	-0.59	-0.56	-0.41	-0.42	0.43	0.40
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.002	0.003	0.003	0.003	0.033	0.005
	NGRIP	-0.73	-0.80	-0.59	-0.60	-0.25	-0.37	-0.25	-0.31	0.39	0.39
	T_{air}	< 0.001	< 0.001	< 0.001	< 0.001	0.220	0.065	0.080	0.033	0.056	0.005
Filtered	MD95-2042	-0.79	-0.82	-0.79	-0.78	-0.40	-0.45	-0.45	-0.45	0.43	0.39
AA T _{air} stack	U ^{K'} 37	< 0.001	< 0.001	< 0.001	< 0.001	0.047	0.022	0.001	0.001	0.034	0.006
	MD95-2042	-0.91	-0.87	-0.69	-0.74	-0.58	-0.56	-0.41	-0.41	0.43	0.39
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.002	0.004	0.004	0.003	0.034	0.006
	NGRIP	-0.61	-0.74	-0.49	-0.67	-0.12	-0.32	-0.11	-0.35	0.10	0.16
	T _{air}	0.001	< 0.001	< 0.001	< 0.001	0.564	0.120	0.445	0.013	0.651	0.275
BSO	MD95-2042	-0.65	-0.68	-0.66	-0.68	-0.17	-0.21	-0.23	-0.25	0.17	0.16
NGRIP Tair	U ^K 37	< 0.001	< 0.001	< 0.001	< 0.001	0.404	0.318	0.118	0.088	0.427	0.272
	MD95-2042	-0.76	-0.72	-0.58	-0.61	-0.25	-0.24	-0.16	-0.19	0.17	0.16
	RI-OH'	< 0.001	< 0.001	< 0.001	< 0.001	0.235	0.255	0.275	0.185	0.427	0.272
	NGRIP	-0.69	-0.79	-0.49	-0.61	-0.16	-0.33	-0.18	-0.39	0.19	0.25
500	Tair	< 0.001	< 0.001	< 0.001	< 0.001	0.446	0.103	0.218	0.005	0.364	0.080
BSO	MD95-2042	-0.73	-0.80	-0.63	-0.64	-0.28	-0.38	-0.29	-0.33	0.30	0.25
NGRIP δ ¹ °O _{ice}	U ^K 37	< 0.001	< 0.001	< 0.001	< 0.001	0.175	0.063	0.041	0.022	0.141	0.080
	MD95-2042	-0.87	-0.86	-0.58	-0.63	-0.44	-0.46	-0.29	-0.33	0.30	0.25
	RI-OH	< 0.001	< 0.001	< 0.001	< 0.001	0.029	0.020	0.041	0.022	0.141	0.080
		-0.90	-0.91	-0.52	-0.54	-0.63	-0.69	-0.38	-0.44	0.05	0.52
RSO	Air MDOF 2042	< 0.001	< 0.001	< 0.001	< 0.001	0.001	< 0.001	0.010	0.002	< 0.001	< 0.001
MD05 2042 UK'	IVID95-2042	-0.94	-0.90	-0.01	-0.00	-0.75	-0.04	-0.07	-0.72	0.74	0.55
WD95-2042 0 37	U 37 MD05 2042	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	NID95-2042	-0.93	-0.90	-0.71	-0.02	-0.03	-0.09	-0.01	-0.70	< 0.001	< 0.001
	NCPID	_0.82	_0.84	-0.48	_0.47	_0.49	-0.54	_0.33	_0.35	0.001	0.001
		-0.02	-0.04	< 0.001	-0.47	-0.49	-0.34	-0.33	-0.33	0.00	0.44
RSO		< 0.001	0.001	< 0.001	0.001	0.015	0.007	0.020	0.017	0.003	0.002
	IVID90-2042	-0.00	-0.92	-0.74	-0.79	-0.00	-0.76	-0.60	-0.05	0.08	0.50
WD95-2042 RI-OH	U 37	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001
	MD95-2042	-0.97	-0.97	-0.80	-0.86	-0.87	-0.88	-0.69	-0.74	0.68	0.50
	RI-UIT	< 1100	< 11001	< 11001	< 11001	< 1000	< 11001	< 1100	< 11001	< 0.001	< 1001

Table S12. Monte Carlo results for correlation comparisons between different filtered and simulated Northern Hemisphere paleothermometric records after a band-pass filtering with a 500- to 16,000-y window. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

			95% cont	fidence int	ervals of	change	s in abso	lute coef	ficient co	rrelation	values	for all D	O-AIM p	oairs
			$\Delta T_{s} \cdot \Delta t_{n} v_{s}$	$\Delta T_n \cdot \Delta t_n$			$\Delta T_{\rm s}$ vs Δ	$T_n \cdot \Delta t_n$			$\Delta T_{\rm s} {\rm vs}$	Δt_{n}		
SH record	NH records	Scenario	Pearson	r	Kendall	τ	Pearsor	n r	Kendall	τ	Pearso	on <i>r</i>	Kendal	lτ
	From MD95-2042 U ^{K'} 37	1	-0.11	< -0.01	-0.25	-0.10	-0.20	-0.08	-0.25	-0.10	-0.06	-0.02	-0.05	0.04
Filtered	to NGRIP T _{air}	2	-0.07	0.02	-0.23	-0.09	-0.15	-0.02	-0.18	-0.07	-0.06	-0.02	-0.05	0.04
AA $\delta^{18}O_{ice}$ stack	From MD95-2042 RI-OH'	1	-0.23	-0.13	-0.19	-0.05	-0.38	-0.27	-0.23	-0.09	-0.06	-0.02	-0.05	0.04
	to NGRIP <i>T</i> air	2	-0.11	-0.04	-0.18	-0.07	-0.24	-0.13	-0.16	-0.03	-0.06	-0.02	-0.05	0.04
	From MD95-2042 U ^{K'} 37	1	-0.11	< -0.01	-0.25	-0.10	-0.21	-0.08	-0.25	-0.10	-0.06	-0.02	-0.05	0.04
Filtered	to NGRIP <i>T</i> air	2	-0.07	0.03	-0.22	-0.09	-0.14	-0.02	-0.18	-0.07	-0.06	-0.02	-0.05	0.04
AA Tair stack	From MD95-2042 RI-OH'	1	-0.22	-0.13	-0.19	-0.05	-0.38	-0.27	-0.23	-0.09	-0.06	-0.02	-0.05	0.04
	to NGRIP <i>T</i> air	2	-0.11	-0.04	-0.18	-0.06	-0.23	-0.12	-0.16	-0.03	-0.06	-0.02	-0.05	0.04
	From MD95-2042 U ^{K'} 37	1	-0.11	0.02	-0.19	-0.07	-0.11	< 0.01	-0.17	-0.05	-0.08	-0.06	-0.02	0.02
BSO	to NGRIP <i>T</i> air	2	< 0.01	0.12	-0.03	0.08	0.06	0.16	0.06	0.16	-0.08	-0.06	-0.02	0.02
NGRIP <i>T</i> air	From MD95-2042 RI-OH'	1	-0.20	-0.11	-0.14	-0.03	-0.17	-0.09	-0.12	-0.01	-0.08	-0.06	-0.02	0.02
	to NGRIP Tair	2	-0.02	0.06	0.04	0.13	0.04	0.12	0.12	0.21	-0.08	-0.06	-0.02	0.02
	From MD95-2042 U ^{K'} 37	1	-0.10	0.01	-0.19	-0.06	-0.18	-0.06	-0.15	-0.03	-0.12	-0.10	-0.01	0.03
BSO	to NGRIP <i>T</i> air	2	-0.05	0.04	-0.09	0.03	-0.10	0.01	0.03	0.13	-0.12	-0.10	-0.01	0.03
NGRIP $\delta^{18}O_{ice}$	From MD95-2042 RI-OH'	1	-0.23	-0.14	-0.16	-0.05	-0.32	-0.23	-0.16	-0.05	-0.12	-0.10	-0.01	0.03
	to NGRIP <i>T</i> air	2	-0.10	-0.03	-0.08	0.03	-0.17	-0.09	0.03	0.13	-0.12	-0.10	-0.01	0.03
	From MD95-2042 U ^{K'} 37	1	-0.07	-0.02	-0.33	-0.20	-0.17	-0.09	-0.32	-0.20	-0.10	-0.07	-0.07	< 0.01
BSO	to NGRIP <i>T</i> air	2	-0.08	-0.05	-0.36	-0.25	-0.19	-0.12	-0.30	-0.19	-0.10	-0.07	-0.07	< 0.01
MD95-2042 U ^{K′} 37	From MD95-2042 RI-OH'	1	-0.06	< 0.01	-0.25	-0.13	-0.25	-0.19	-0.28	-0.16	-0.10	-0.07	-0.07	< 0.01
	to NGRIP Tair	2	-0.07	-0.03	-0.30	-0.19	-0.23	-0.18	-0.28	-0.17	-0.10	-0.07	-0.07	< 0.01
	From MD95-2042 U ^{K'} 37	1	-0.07	0.01	-0.29	-0.17	-0.21	-0.11	-0.30	-0.17	-0.11	-0.10	-0.07	< 0.01
BSO	to NGRIP <i>T</i> air	2	-0.10	-0.04	-0.33	-0.22	-0.26	-0.18	-0.32	-0.21	-0.11	-0.10	-0.07	< 0.01
MD95-2042 RI-OH'	From MD95-2042 RI-OH'	1	-0.18	-0.13	-0.38	-0.28	-0.41	-0.35	-0.41	-0.30	-0.11	-0.10	-0.07	< 0.01
	to NGRIP <i>T</i> air	2	-0.15	-0.11	-0.42	-0.33	-0.37	-0.31	-0.43	-0.32	-0.11	-0.10	-0.07	< 0.01

Table S13. Bootstrap results for correlation comparisons between different filtered and simulated Northern Hemisphere paleothermometric records after a band-pass filtering with a 500- to 16,000-y window. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences indicate weaker correlations when using Greenland paleothermometric records than when using Iberian Margin paleothermometric records. Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

			95% cont	es in abso	plute coeffi	cient cor	values for all DO-AIM pairs							
			$\Delta T_{s} \cdot \Delta t_{n}$ vs	$\Delta T_n \cdot \Delta t_n$			ΔT_{s} vs Δ	$T_{n} \cdot \Delta t_{n}$			ΔT_{s} vs Δ	t _n		
SH record	NH records	Scenario	Pearson	r	Kendall	τ	Pearson	r	Kendall	τ	Pearsor	n r	Kendall	τ
	From MD95-2042 U ^{K'} 37	1	-0.24	0.03	-0.41	-0.01	-0.42	< -0.01	-0.43	0.10	-0.20	0.12	-0.18	0.16
Filtered	to NGRIP T _{air}	2	-0.33	0.04	-0.41	0.01	-0.31	0.04	-0.38	0.07	-0.20	0.12	-0.18	0.16
AA $\delta^{18}O_{ice}$ stack	From MD95-2042 RI-OH'	1	-0.36	-0.03	-0.34	0.14	-0.50	-0.08	-0.40	0.13	-0.20	0.12	-0.18	0.16
	to NGRIP Tair	2	-0.38	0.03	-0.38	0.08	-0.42	< 0.01	-0.37	0.13	-0.20	0.12	-0.18	0.16
	From MD95-2042 U ^{K'} 37	1	-0.24	0.03	-0.40	-0.01	-0.42	-0.01	-0.44	0.09	-0.19	0.12	-0.17	0.17
Filtered	to NGRIP <i>T</i> air	2	-0.32	0.04	-0.41	0.01	-0.31	0.04	-0.38	0.07	-0.19	0.12	-0.17	0.17
AA Tair stack	From MD95-2042 RI-OH'	1	-0.36	-0.03	-0.33	0.16	-0.50	-0.07	-0.40	0.13	-0.19	0.12	-0.17	0.17
	to NGRIP <i>T</i> air	2	-0.38	0.03	-0.38	0.08	-0.42	0.02	-0.37	0.13	-0.19	0.12	-0.17	0.17
	From MD95-2042 U ^{K'} 37	1	-0.26	0.08	-0.46	0.08	-0.24	0.13	-0.31	0.18	-0.19	0.20	-0.14	0.17
BSO	to NGRIP <i>T</i> air	2	-0.10	0.14	-0.26	0.21	-0.09	0.35	-0.12	0.34	-0.19	0.20	-0.14	0.17
NGRIP <i>T</i> air	From MD95-2042 RI-OH'	1	-0.28	0.09	-0.40	0.21	-0.32	0.19	-0.25	0.23	-0.19	0.20	-0.14	0.17
	to NGRIP Tair	2	-0.12	0.21	-0.24	0.33	-0.15	0.44	-0.10	0.42	-0.19	0.20	-0.14	0.17
	From MD95-2042 U ^{K'} 37	1	-0.32	0.05	-0.36	0.07	-0.33	0.07	-0.32	0.15	-0.25	0.17	-0.15	0.16
BSO	to NGRIP <i>T</i> air	2	-0.29	0.07	-0.23	0.18	-0.22	0.12	-0.15	0.28	-0.25	0.17	-0.15	0.16
NGRIP $\delta^{18}O_{ice}$	From MD95-2042 RI-OH'	1	-0.44	-0.01	-0.36	0.18	-0.42	-0.01	-0.32	0.16	-0.25	0.17	-0.15	0.16
	to NGRIP <i>T</i> air	2	-0.34	0.05	-0.26	0.21	-0.31	0.11	-0.19	0.32	-0.25	0.17	-0.15	0.16
	From MD95-2042 U ^{K'} 37	1	-0.27	-0.01	-0.54	-0.07	-0.41	-0.03	-0.56	-0.07	-0.26	0.04	-0.21	0.19
BSO	to NGRIP <i>T</i> air	2	-0.40	-0.02	-0.59	-0.12	-0.39	-0.02	-0.52	-0.05	-0.26	0.04	-0.21	0.19
MD95-2042 U ^{K'} 37	From MD95-2042 RI-OH'	1	-0.40	0.04	-0.43	0.03	-0.51	-0.10	-0.47	0.01	-0.26	0.04	-0.21	0.19
	to NGRIP <i>T</i> air	2	-0.43	< 0.01	-0.57	-0.04	-0.41	-0.08	-0.56	-0.01	-0.26	0.04	-0.21	0.19
	From MD95-2042 U ^{K'} 37	1	-0.31	0.02	-0.46	-0.06	-0.46	-0.04	-0.50	-0.07	-0.28	0.05	-0.23	0.12
BSO	to NGRIP <i>T</i> air	2	-0.51	< -0.01	-0.57	-0.10	-0.53	-0.02	-0.55	-0.06	-0.28	0.05	-0.23	0.12
MD95-2042 RI-OH'	From MD95-2042 RI-OH'	1	-0.53	-0.04	-0.54	-0.11	-0.64	-0.19	-0.56	-0.16	-0.28	0.05	-0.23	0.12
	to NGRIP <i>T</i> air	2	-0.60	-0.03	-0.67	-0.15	-0.62	-0.12	-0.65	-0.14	-0.28	0.05	-0.23	0.12

95% confidence intervals of changes in absolute coefficient correlation values for all DO-AIM pairs

Table S14. Correlation results for Southern versus Northern Hemisphere diagrams restricted to Heinrich and Heinrich-like stadials and to other Dansgaard–Oeschger stadials using filtered and simulated paleothermometric records after a band-pass filtering with a 500- to 16,000-y window. As Table S11, but considering only Heinrich and Heinrich-like stadials (H) and only other Dansgaard–Oeschger stadials (DO). Non-significant correlation differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Correlation coefficients and p-values for only H and H-like stadials (n = 14) and for only other DO stadials (n = 11, except for Iberian Margin BSOs where n = 10)																			
		$\Delta T_{s} \cdot \Delta t_{n} v$	$s \Delta T_n \cdot \Delta t_n$							$\Delta T_{s} \text{ vs } \Delta T_{n} \cdot \Delta t_{n}$								$\Delta T_{s} vs \Delta t_{n}$			
		Pearson	r			Kendall t				Pearson	Pearson r			Kendall τ				Pearson r		Kendall τ	
		1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2				
SH record	NH record	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	Н	DO	H	DO	Н	DO
	NGRIP	-0.64	-0.55	-0.74	-0.77	-0.45	-0.31	-0.45	-0.56	0.09	-0.16	-0.10	-0.42	0.08	0.05	-0.10	-0.13	-0.01	0.31	-0.01	0.13
	Tair	0.014	0.081	0.002	0.006	0.026	0.218	0.026	0.017	0.772	0.645	0.743	0.193	0.747	0.879	0.667	0.648	0.962	0.355	1.000	0.648
Filtered	MD95-2042	-0.67	-0.78	-0.71	-0.77	-0.67	-0.64	-0.67	-0.60	-0.03	-0.49	-0.09	-0.50	-0.10	-0.38	-0.14	-0.42	0.02	0.39	0.03	0.29
AA δ ¹⁸ O _{ice} stack	U ^{K'} 37	0.008	0.005	0.004	0.005	< 0.001	0.006	< 0.001	0.010	0.908	0.129	0.760	0.120	0.667	0.121	0.518	0.087	0.948	0.234	0.914	0.212
	MD95-2042	-0.86	-0.31	-0.80	-0.60	-0.71	-0.24	-0.69	-0.45	-0.29	-0.25	-0.26	-0.35	-0.23	-0.13	-0.21	-0.20	0.02	0.39	0.03	0.29
	RI-OH'	< 0.001	0.353	< 0.001	0.049	< 0.001	0.359	< 0.001	0.060	0.310	0.456	0.374	0.290	0.279	0.648	0.331	0.445	0.948	0.234	0.914	0.212
	NGRIP	-0.64	-0.55	-0.74	-0.77	-0.45	-0.31	-0.45	-0.56	0.09	-0.16	-0.10	-0.42	0.10	0.05	-0.08	-0.13	-0.01	0.31	0.01	0.13
	l _{air}	0.014	0.077	0.002	0.006	0.026	0.218	0.026	0.017	0.773	0.641	0.735	0.197	0.667	0.879	0.747	0.648	0.965	0.362	1.000	0.648
Filtered	MD95-2042	-0.67	-0.78	-0.71	-0.77	-0.65	-0.64	-0.65	-0.60	-0.04	-0.48	-0.09	-0.50	-0.12	-0.38	-0.12	-0.42	0.02	0.39	0.01	0.29
AA Tair STACK	U ¹¹ 37	0.008	0.005	0.005	0.005	< 0.001	0.006	< 0.001	0.010	0.904	0.132	0.772	0.120	0.591	0.121	0.591	0.087	0.955	0.233	1.000	0.212
	MD95-2042	-0.85	-0.31	-0.79	-0.60	-0.69	-0.24	-0.67	-0.45	-0.28	-0.24	-0.25	-0.35	-0.21	-0.13	-0.19	-0.20	0.02	0.39	0.01	0.29
		< 0.001	0.359	< 0.001	0.050	< 0.001	0.359	< 0.001	0.060	0.328	0.471	0.399	0.295	0.331	0.048	0.388	0.445	0.955	0.233	1.000	0.212
		0.062	-0.39	0.07	-0.01	-0.41	0.00	-0.03	-0.30	0.783	0 121	-0.29	-0.09	-0.05	1 000	-0.27	-0.35	0.03	0.20	0.03	0.27
BSO NGRIP T	MD05-2042	-0.54	-0.67	-0.57	-0.56	-0.60	-0.67	-0.60	-0.64	-0.14	_0.55	-0.20	-0.43	-0.10	-0.38	-0.27	_0.35	0.913	0.34	0.314	0.205
	U ^{K'} oz	0.047	0.026	0.032	0.075	0.002	0.003	< 0.001	0.006	0.630	0.082	0 491	0 190	0.388	0 121	0.193	0 165	0.678	0.305	0.591	0.532
NORTH Fair	MD95-2042	-0.72	-0.02	-0.64	-0.17	-0.65	-0.35	-0.67	-0.42	-0.31	-0.02	-0.29	-0.05	-0.23	-0.13	-0.30	-0.13	0.070	0.34	0.001	0.002
	RI-OH'	0.004	0.946	0.013	0.62.3	< 0.001	0 165	< 0.01	0.087	0.277	0.962	0.313	0.892	0.279	0.648	0 157	0.648	0.678	0.305	0.591	0.532
	NGRIP	-0.59	-0.44	-0.74	-0.68	-0.32	-0.27	-0.54	-0.45	0.00	-0.22	-0.21	-0.50	-0.05	-0.05	-0.27	-0.31	-0.03	0.47	0.03	0.31
	Tair	0.027	0.181	0.003	0.020	0.127	0.283	0.007	0.060	0.988	0.514	0.478	0.117	0.830	0.879	0.193	0.218	0.922	0.146	0.914	0.218
BSO	MD95-2042	-0.61	-0.62	-0.71	-0.49	-0.54	-0.49	-0.63	-0.38	-0.13	-0.30	-0.27	-0.17	-0.23	-0.27	-0.36	-0.24	0.14	0.26	0.16	0.18
NGRIP δ18O ice	U ^{K'} 37	0.020	0.043	0.005	0.129	0.007	0.041	0.001	0.121	0.656	0.370	0.356	0.614	0.279	0.283	0.079	0.359	0.629	0.435	0.451	0.435
	MD95-2042	-0.82	-0.31	-0.80	-0.42	-0.58	-0.24	-0.65	-0.31	-0.35	-0.29	-0.39	-0.20	-0.32	-0.24	-0.43	-0.16	0.14	0.26	0.16	0.18
	RI-OH'	< 0.001	0.356	< 0.001	0.196	0.003	0.359	< 0.001	0.218	0.223	0.392	0.166	0.560	0.127	0.359	0.036	0.542	0.629	0.435	0.451	0.435
	NGRIP	-0.87	0.15	-0.91	-0.38	-0.49	0.24	-0.49	-0.16	-0.50	0.29	-0.61	-0.18	-0.25	0.42	-0.38	0.02	0.43	-0.01	0.36	-0.07
	Tair	< 0.001	0.675	< 0.001	0.284	0.014	0.381	0.014	0.601	0.068	0.420	0.021	0.621	0.233	0.108	0.062	1.000	0.122	0.979	0.079	0.862
BSO	MD95-2042	-0.91	-0.87	-0.97	-0.94	-0.69	-0.64	-0.82	-0.78	-0.62	-0.64	-0.75	-0.71	-0.52	-0.51	-0.65	-0.56	0.56	0.21	0.41	0.13
MD95-2042 U ^{K'} 37	U ^{K'} 37	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	0.009	< 0.001	< 0.001	0.019	0.047	0.002	0.020	0.010	0.047	< 0.001	0.029	0.037	0.565	0.047	0.590
	MD95-2042	-0.90	-0.34	-0.95	-0.75	-0.74	-0.24	-0.85	-0.51	-0.74	-0.33	-0.82	-0.58	-0.56	-0.29	-0.71	-0.47	0.56	0.21	0.41	0.13
	RI-OH'	< 0.001	0.343	< 0.001	0.012	< 0.001	0.381	< 0.001	0.047	0.003	0.354	< 0.001	0.076	0.005	0.291	< 0.001	0.073	0.037	0.565	0.047	0.590
	NGRIP	-0.77	0.27	-0.82	0.03	-0.38	0.24	-0.43	0.11	-0.29	0.38	-0.39	0.19	-0.16	0.38	-0.25	0.16	0.32	-0.11	0.27	-0.20
	Tair	0.001	0.447	< 0.001	0.938	0.062	0.381	0.036	0.727	0.312	0.273	0.166	0.591	0.451	0.156	0.233	0.601	0.268	0.770	0.193	0.484
BSO	MD95-2042	-0.79	-0.54	-0.88	-0.56	-0.67	-0.42	-0.80	-0.47	-0.46	-0.15	-0.61	-0.17	-0.47	-0.29	-0.60	-0.33	0.49	-0.20	0.36	0.00
MD95-2042 RI-OH'	U ^K '37	< 0.001	0.108	< 0.001	0.089	< 0.001	0.108	< 0.001	0.073	0.096	0.677	0.019	0.633	0.019	0.291	0.002	0.216	0.074	0.579	0.079	1.000
	MD95-2042	-0.97	-0.73	-0.97	-0.87	-0.80	-0.47	-0.91	-0.64	-0.78	-0.53	-0.81	-0.46	-0.65	-0.33	-0.71	-0.51	0.49	-0.20	0.36	0.00
	RI-OH'	< 0.001	0.016	< 0.001	0.001	< 0.001	0.073	< 0.001	0.009	< 0.001	0.118	< 0.001	0.181	< 0.001	0.216	< 0.001	0.047	0.074	0.579	0.079	1.000

Table S15. Pearson correlation results for Southern versus Northern Hemisphere diagrams using Antarctic temperature amplitudes and Greenland event durations. Correlations with the main Southern Hemisphere record used in this study and correlations previously published are shown with bold text and numbers. The Southern versus Northern Hemisphere diagrams are Antarctic temperature amplitudes (ΔT_s) versus Greenland cold event durations (Δt_n) diagrams, i.e. classical ΔT_s versus Δt_n diagrams such as those presented in refs. 81, 82, 83, and 84. Pearson correlation results for only DO12 to DO3 as in ref. 81, all Marine Isotope Stage 3 (MIS3) events (DO16 to DO3), only early MIS 3 events (DO16 to DO10) and only late MIS 3 events (DO9 to DO3) as in ref. 84 are shown. "GICC05" and "GICC05modelext*1.0063" refer to the Greenland chronologies used by refs. 81 and 84, respectively. AA, Antarctic stack of EDC, EDML, and WD (this study) and five-core Antarctic average (89); ATS, Antarctic Temperature Stack (71) and N/A, not applicable.

		Pearson r			
Antarctic record	Greenland chronology	DO12 to DO3 (<i>n</i> = 11)	DO16 to DO3 (<i>n</i> = 14)	DO16 to DO10 (<i>n</i> = 6)	DO9 to DO3 $(n = 8)$
AA $\delta^{18}O_{ice}$ stack This study	This study GICC05modelext*1.0063 GICC05	0.61 0.67 0.72	0.60 0.64 N/A	0.94 0.95 N/A	0.63 0.65 N/A
AA <i>T</i> _{air} stack This study	This study GICC05modelext*1.0063 GICC05	0.60 0.66 0.71	0.59 0.62 N/A	0.94 0.95 N/A	0.61 0.64 N/A
ATS Parrenin et al. (2013)	This study GICC05modelext*1.0063 GICC05modelext	0.67 0.71 0.75	0.66 0.68 N/A	0.86 0.87 N/A	0.62 0.63 N/A
AA $\delta^{18}O_{ice}$ stack Buizert et al. (2018)	This study GICC05modelext*1.0063 GICC05	0.59 0.65 0.71	0.53 0.59 N/A	0.88 0.95 N/A	0.61 0.63 N/A
EDML <i>T</i> _{air} EPICA Community Members (2006)	This study GICC05modelext*1.0063 GICC05modelext	0.80 0.85 0.92	0.80 0.85 N/A	0.88 0.90 N/A	0.81 0.85 N/A

Table S16. Goodness-of-fit results with 95% confidence intervals for bipolar seesaw model output versus reference record comparisons for lag = 0 y. The 95% confidence intervals (CI) with the 2.5th and 97.5th percentiles are derived from 1,000 Monte Carlo iterations (*Materials and Methods*). "Short window" and "Long window" refer to band-pass filtering with a 500- to 10,000-y window and 500- to 16,000-y window, respectively. Each mean squared error (MSE) expressed in squared normalized °C was calculated from the records normalized to zero means and unit standard deviations over the 115 to 12 ka BP period shown in Figs. 4A and S17A. Opposite values of the IVC benthic foraminiferal δ^{18} O record are used when comparing with bipolar seesaw model outputs from biomarker-based SST records. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Short window L						Long window											
		Pearso	on <i>r</i>		Kenda	llτ		MSE			Pearso	n r		Kenda	llτ		MSE		
Comparison	Period	Value	95%	CI	Value	95%	CI	Value	95%	CI	Value	95%	CI	Value	95%	CI	Value	95%	CI
BSO NGRIP Tair	115 to 12 ka BP	0.52	0.50	0.53	0.33	0.32	0.34	0.96	0.95	1.00	0.53	0.51	0.53	0.34	0.33	0.35	0.95	0.93	0.98
VS	43 to 12 ka BP	0.59	0.56	0.61	0.38	0.36	0.40	0.88	0.83	0.93	0.53	0.50	0.55	0.34	0.32	0.36	0.79	0.75	0.83
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.50	0.48	0.51	0.31	0.29	0.32	0.99	0.97	1.05	0.53	0.51	0.54	0.34	0.33	0.35	1.01	0.99	1.06
BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	0.56	0.54	0.57	0.37	0.35	0.37	0.87	0.86	0.92	0.56	0.54	0.57	0.36	0.34	0.36	0.88	0.86	0.92
VS	43 to 12 ka BP	0.63	0.60	0.66	0.44	0.41	0.46	0.78	0.73	0.85	0.58	0.55	0.60	0.37	0.34	0.40	0.67	0.63	0.73
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.55	0.52	0.56	0.34	0.31	0.35	0.93	0.91	0.99	0.56	0.53	0.57	0.35	0.33	0.36	0.99	0.97	1.04
BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	0.59	0.56	0.61	0.42	0.40	0.43	0.81	0.79	0.87	0.61	0.59	0.63	0.42	0.40	0.44	0.77	0.75	0.83
VS	43 to 12 ka BP	0.77	0.74	0.78	0.57	0.54	0.58	0.53	0.50	0.59	0.63	0.60	0.65	0.42	0.39	0.44	0.60	0.56	0.65
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.54	0.51	0.56	0.37	0.34	0.39	0.95	0.91	1.03	0.61	0.58	0.63	0.43	0.40	0.45	0.86	0.82	0.94
BSO MD95-2042 RI-OH'	115 to 12 ka BP	0.63	0.61	0.64	0.44	0.42	0.44	0.73	0.72	0.77	0.67	0.65	0.67	0.47	0.46	0.48	0.67	0.66	0.70
VS	43 to 12 ka BP	0.78	0.76	0.79	0.56	0.54	0.57	0.52	0.50	0.56	0.69	0.67	0.70	0.48	0.46	0.49	0.59	0.56	0.62
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.56	0.53	0.57	0.38	0.36	0.40	0.82	0.80	0.88	0.66	0.64	0.67	0.48	0.46	0.49	0.71	0.69	0.75
BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	0.46	0.31	0.45	0.30	0.19	0.29	1.08	1.10	1.38	0.48	0.35	0.48	0.32	0.23	0.32	1.04	1.05	1.30
VS	43 to 12 ka BP	0.40	0.21	0.43	0.25	0.13	0.27	0.84	0.78	1.13	0.39	0.24	0.43	0.28	0.17	0.30	0.98	0.88	1.20
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.47	0.31	0.48	0.31	0.19	0.32	1.20	1.19	1.58	0.51	0.36	0.51	0.34	0.23	0.34	1.09	1.09	1.42
BSO MD95-2042 RI-OH'	115 to 12 ka BP	0.43	0.29	0.42	0.27	0.18	0.27	1.15	1.16	1.41	0.46	0.34	0.46	0.30	0.22	0.31	1.07	1.08	1.31
VS	43 to 12 ka BP	0.37	0.19	0.42	0.25	0.13	0.28	1.15	1.07	1.46	0.34	0.21	0.38	0.26	0.17	0.29	1.22	1.12	1.45
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.45	0.30	0.45	0.28	0.18	0.29	1.16	1.15	1.49	0.51	0.37	0.51	0.32	0.22	0.34	1.02	1.02	1.34
BSO MD95-2042 IVC δ^{18} O G. bulloides	115 to 12 ka BP	0.40	0.26	0.40	0.25	0.16	0.26	1.21	1.20	1.48	0.40	0.28	0.41	0.25	0.17	0.27	1.21	1.18	1.45
VS	43 to 12 ka BP	0.21	0.05	0.28	0.12	0.02	0.17	1.09	0.95	1.34	0.16	0.04	0.24	0.11	0.03	0.16	1.31	1.13	1.53
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.44	0.28	0.45	0.29	0.18	0.30	1.29	1.27	1.66	0.47	0.32	0.48	0.31	0.20	0.32	1.19	1.16	1.53

Table S17. Monte Carlo results for goodness-of-fit comparisons between different bipolar seesaw model outputs for lag = 0 y. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals. Negative differences in correlation coefficients and positive differences in mean squared error (MSE) indicate improved goodness-of-fit when switching from Greenland T_{air} to Greenland δ^{18} O_{ice}, when switching from Iberian Margin U^{K'}₃₇ to Iberian Margin RI-OH', when switching from Greenland to Iberian Margin paleothermometric records, and when switching from the Iberian Margin ice-volume–corrected (IVC) foraminiferal-based record to Iberian Margin biomarker-based paleothermometric records as bipolar seesaw inputs. "Short window" and "Long window" refer to band-pass filtering with a 500- to 10,000-y window and 500- to 16,000-y window, respectively. Each MSE expressed in squared normalized °C was calculated from the records normalized to zero means and unit standard deviations over the 115 to 12 ka BP period shown in Figs. 4A and S17A. Opposite values of the IVC benthic foraminiferal δ^{18} O record are used when comparing with bipolar seesaw model outputs from biomarker-based SST records. Non-significant goodness-of-fit differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Short window								Long window							
Reference	Comparison	Period	Pearson I	•	Kendall τ		MSE		Pearson r		Kendal	lτ	MSE				
	BSO NGRIP Tair	115 to 12 ka BP	-0.06	-0.03	-0.05	-0.02	0.05	0.12	-0.05	-0.02	-0.03	< -0.01	0.04	0.10			
	VS	43 to 12 ka BP	-0.08	-0.01	-0.09	-0.02	0.02	0.15	-0.08	-0.02	-0.07	< -0.01	0.05	0.17			
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 45 ka BP	-0.06	-0.03	-0.04	-0.01	0.02	0.10	-0.04	< -0.01	-0.02	0.01	-0.02	0.06			
	BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	-0.06	-0.02	-0.04	< -0.01	0.04	0.13	-0.07	-0.03	-0.07	-0.03	0.07	0.15			
	VS	43 to 12 ka BP	-0.03	< -0.01	-0.01	0.02	-0.02	0.04	-0.07	-0.04	-0.07	-0.04	-0.02	0.04			
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.05	0.01	-0.04	0.01	0.06	0.19	-0.08	-0.03	-0.08	-0.03	0.10	0.22			
	BSO NGRIP Tair	115 to 12 ka BP	-0.09	-0.05	-0.10	-0.07	0.10	0.19	-0.11	-0.06	-0.10	-0.06	0.12	0.21			
	VS	43 to 12 ka BP	-0.20	-0.15	-0.20	-0.15	0.29	0.39	-0.13	-0.07	-0.11	-0.05	0.13	0.24			
AA $\delta^{18}\text{O}_{\text{ice}}$ stack	BSO MD95-2042 U ^{K'} 37	115 to 45 ka BP	-0.07	-0.01	-0.08	-0.03	-0.02	0.10	-0.10	-0.05	-0.11	-0.06	0.08	0.20			
	BSO NGRIP Tair	115 to 12 ka BP	-0.13	-0.10	-0.12	-0.09	0.20	0.26	-0.15	-0.13	-0.14	-0.12	0.25	0.31			
	VS	43 to 12 ka BP	-0.21	-0.17	-0.20	-0.15	0.30	0.39	-0.18	-0.13	-0.16	-0.11	0.15	0.24			
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.08	-0.04	-0.09	-0.06	0.13	0.21	-0.15	-0.11	-0.16	-0.12	0.27	0.34			
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	-0.05	< -0.01	-0.07	-0.03	0.01	0.11	-0.07	-0.03	-0.09	-0.04	0.06	0.15			
	VS	43 to 12 ka BP	-0.17	-0.10	-0.16	-0.09	0.18	0.31	-0.09	-0.02	-0.08	-0.01	0.02	0.13			
	BSO MD95-2042 UK'37	115 to 45 ka BP	-0.02	0.03	-0.05	< -0.01	-0.08	0.04	-0.08	-0.02	-0.10	-0.05	0.06	0.19			
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	-0.09	-0.05	-0.09	-0.06	0.11	0.18	-0.12	-0.09	-0.13	-0.10	0.18	0.25			
	VS	43 to 12 ka BP	-0.18	-0.12	-0.15	-0.09	0.20	0.32	-0.14	-0.08	-0.13	-0.07	0.04	0.14			
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.04	0.01	-0.06	-0.03	0.06	0.15	-0.13	-0.09	-0.15	-0.11	0.24	0.33			
	BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	<-0.01	0.06	<-0.01	0.04	-0.12	0.01	-0.01	0.04	-0.01	0.04	-0.07	0.03			
	VS	43 to 12 ka BP	-0.02	0.06	-0.02	0.02	-0.39	-0.23	0.01	0.08	-0.02	0.04	-0.30	-0.18			
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.02	0.05	-0.01	0.05	-0.02	0.15	-0.04	0.02	-0.02	0.04	< 0.01	0.15			
	BSO MD95-2042 IVC δ ¹⁸ O G. bulloides	115 to 12 ka BP	-0.10	-0.01	-0.07	-0.01	0.02	0.20	-0.11	-0.03	-0.09	-0.03	0.06	0.23			
MD95-2042 IVC δ ¹⁸ O benthic	VS	43 to 12 ka BP	-0.22	-0.09	-0.15	-0.06	0.07	0.32	-0.25	-0.14	-0.19	-0.09	0.17	0.41			
	BSO MD95-2042 U ^{K'} 37	115 to 45 ka BP	-0.08	0.02	-0.06	0.02	-0.06	0.20	-0.09	0.02	-0.07	0.01	-0.04	0.20			
	BSO MD95-2042 IVC δ^{18} O G. bulloides	115 to 12 ka BP	-0.07	0.01	-0.05	< 0.01	-0.02	0.13	-0.10	-0.02	-0.07	-0.01	0.05	0.20			
	VS	43 to 12 ka BP	-0.20	-0.07	-0.15	-0.07	-0.26	0.03	-0.21	-0.09	-0.17	-0.09	-0.07	0.15			
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.06	0.03	-0.03	0.04	0.04	0.24	-0.09	< 0.01	-0.05	0.02	0.06	0.27			

Table S18. Cross-correlation results with 95% confidence intervals for bipolar seesaw model output versus reference record comparisons. Optimal *r* values are given for the reported lags and lag values are rounded to the closest unit. The 95% confidence intervals (CI) with the 2.5th and 97.5th percentiles are derived from 1,000 Monte Carlo iterations (*Materials and Methods*). "Short window" and "Long window" refer to band-pass filtering with a 500- to 10,000-y window and 500- to 16,000-y window, respectively. Opposite values of the IVC benthic foraminiferal δ^{18} O record are used when comparing with bipolar seesaw model outputs from biomarker-based SST records. See Figs. S16 and S18 for the full curves. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		Short window Lo							Long window							
		Optima	Pears	on r	Lag (y)			Optima	Pears	on r	Lag (y)					
Comparison	Period	Value	95% C		Value	95% CI		Value	95% C)I	Value	95% CI				
BSO NGRIP Tair	115 to 12 ka BP	0.61	0.59	0.62	-270	-290	-260	0.60	0.59	0.61	-300	-310	-290			
VS	43 to 12 ka BP	0.65	0.63	0.67	-170	-190	-160	0.59	0.56	0.60	-180	-200	-170			
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.62	0.60	0.63	-380	-400	-360	0.63	0.61	0.64	-420	-440	-400			
BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	0.66	0.64	0.67	-290	-310	-280	0.65	0.63	0.66	-340	-360	-320			
VS	43 to 12 ka BP	0.71	0.67	0.73	-200	-210	-180	0.63	0.60	0.65	-190	-200	-170			
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.67	0.64	0.68	-380	-400	-350	0.68	0.66	0.69	-490	-520	-450			
BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	0.61	0.58	0.62	-140	-160	-110	0.63	0.60	0.64	-190	-220	-160			
VS	43 to 12 ka BP	0.77	0.74	0.78	0	0	20	0.63	0.60	0.65	0	0	0			
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.58	0.55	0.60	-290	-340	-240	0.66	0.62	0.67	-380	-430	-330			
BSO MD95-2042 RI-OH'	115 to 12 ka BP	0.67	0.65	0.68	-220	-230	-200	0.70	0.69	0.71	-260	-280	-250			
VS	43 to 12 ka BP	0.79	0.77	0.79	-60	-70	-40	0.69	0.67	0.70	-30	-50	-20			
AA $\delta^{18}O_{ice}$ stack	115 to 45 ka BP	0.65	0.62	0.66	-390	-420	-360	0.75	0.73	0.75	-480	-510	-450			
BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	0.55	0.39	0.52	-410	-540	-300	0.60	0.46	0.57	-590	-770	-440			
VS	43 to 12 ka BP	0.46	0.29	0.49	-310	-1,120	-120	0.51	0.38	0.54	-1,240	-1,770	-320			
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.58	0.40	0.56	-440	-580	-310	0.63	0.48	0.60	-560	-740	-420			
BSO MD95-2042 RI-OH'	115 to 12 ka BP	0.59	0.43	0.55	-500	-610	-410	0.63	0.49	0.59	-640	-790	-530			
VS	43 to 12 ka BP	0.49	0.31	0.51	-390	-590	-260	0.47	0.37	0.51	-540	-1,960	-380			
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.63	0.46	0.59	-530	-650	-420	0.69	0.53	0.65	-640	-790	-520			
BSO MD95-2042 IVC δ^{18} O G. bulloides	115 to 12 ka BP	0.54	0.38	0.50	-490	-610	-380	0.55	0.42	0.53	-610	-800	-470			
VS	43 to 12 ka BP	0.34	0.24	0.40	-410	-1,990	-270	0.51	0.37	0.53	-1,970	-2,000	-1,620			
MD95-2042 IVC δ^{18} O benthic	115 to 45 ka BP	0.58	0.40	0.55	-500	-660	-370	0.61	0.45	0.59	-580	-750	-440			

Table S19. Monte Carlo results for cross-correlation comparisons between different bipolar seesaw model outputs. Each column indicates the 2.5th and 97.5th percentiles that define 95% confidence intervals—lag differences are rounded to the closest unit. Negative differences in optimal *r* values and lags indicate stronger optimal cross-correlations and reduced lags or increased leads relative to the Southern Hemisphere reference record when switching from T_{air} to $\delta^{18}O_{ice}$ for Greenland, when switching from $U^{K'_{37}}$ to RI-OH' and from the ice-volume–corrected (IVC) foraminiferal-based record to biomarker-based paleothermometric records for the Iberian Margin, and when switching from Greenland paleothermometric records to Iberian Margin paleothermometric records as bipolar seesaw inputs. "Short window" and "Long window" refer to band-pass filtering with a 500- to 10,000-y window and 500- to 16,000-y window, respectively. Opposite values of the IVC benthic foraminiferal $\delta^{18}O$ record are used when comparing with bipolar seesaw model outputs from biomarker-based SST records. Non-significant differences are shown with grey numbers in italics. AA, Antarctic stack of EDC, EDML, and WD; and BSO, bipolar seesaw output.

		ndow			Long wind					
Reference	Comparison	Period	Optimal Pearson r		Lag (y)		Optimal F	earson r	Lag (y)	
	BSO NGRIP Tair	115 to 12 ka BP	-0.07	-0.04	0	30	-0.06	-0.03	20	60
	VS	43 to 12 ka BP	-0.09	-0.02	10	40	-0.08	-0.01	-10	20
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 45 ka BP	-0.06	-0.03	-20	20	-0.06	-0.03	40	100
	BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	-0.09	-0.05	50	110	-0.09	-0.06	40	100
	VS	43 to 12 ka BP	-0.04	-0.01	40	80	-0.07	-0.04	20	50
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.09	-0.04	50	150	-0.12	-0.07	40	140
	BSO NGRIP Tair	115 to 12 ka BP	-0.01	0.03	-170	-110	-0.04	< -0.01	-140	-80
AA $\delta^{18}O_{ice}$ stack	VS	43 to 12 ka BP	-0.14	-0.09	-190	-160	-0.07	-0.02	-200	-170
	BSO MD95-2042 U ^{K'} 37	115 to 45 ka BP	0.02	0.07	-140	-40	-0.05	< 0.01	-90	20
	BSO NGRIP Tair	115 to 12 ka BP	-0.08	-0.05	-70	-40	-0.11	-0.08	-50	-20
	VS	43 to 12 ka BP	-0.15	-0.11	-130	-100	-0.12	-0.08	-170	-130
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.04	-0.01	-20	40	-0.13	-0.10	30	90
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	0.04	0.08	-180	-130	< 0.01	0.05	-180	-120
	VS	43 to 12 ka BP	-0.09	-0.03	-220	-180	-0.03	0.03	-210	-170
	BSO MD95-2042 U ^{K'} 37	115 to 45 ka BP	0.06	0.12	-140	-40	<-0.01	0.05	-160	-50
	BSO NGRIP $\delta^{18}O_{ice}$	115 to 12 ka BP	-0.03	0.01	-90	-50	-0.06	-0.03	-100	-50
	VS	43 to 12 ka BP	-0.11	-0.05	-160	-120	-0.08	-0.03	-170	-130
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	0.01	0.04	-20	40	-0.08	-0.05	-50	30
	BSO MD95-2042 U ^{K'} 37	115 to 12 ka BP	-0.06	< -0.01	20	150	-0.05	-0.01	-30	140
	VS	43 to 12 ka BP	-0.06	0.02	-530	180	-0.01	0.05	-960	640
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.07	-0.01	10	160	-0.08	-0.03	-10	150
	BSO MD95-2042 IVC δ^{18} O G. bulloides	115 to 12 ka BP	-0.05	0.03	-180	20	-0.07	< 0.01	-170	120
MD95-2042 IVC δ^{18} O benthic	VS	43 to 12 ka BP	-0.14	0.02	-1,720	40	-0.09	0.06	-1,660	-200
	BSO MD95-2042 U ^{K'} 37	115 to 45 ka BP	-0.05	0.05	-170	40	-0.06	0.04	-140	110
	BSO MD95-2042 IVC δ^{18} O G. bulloides	115 to 12 ka BP	-0.08	< -0.01	-80	90	-0.10	-0.04	-100	130
	VS	43 to 12 ka BP	-0.17	< 0.01	-1,610	80	-0.08	0.08	-1,600	-30
	BSO MD95-2042 RI-OH'	115 to 45 ka BP	-0.09	< -0.01	-70	120	-0.11	-0.02	-40	160

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