
Structural and functional changes in Artificial Reefs ecosystem stressed by trophic modelling approach: Case study in the Bay of Biscay

Salaün Jessica ^{1,2,3,*}, Raoux Aurore ³, Pezy Jean-Philippe ³, Dauvin Jean-Claude ³, Pioch Sylvain ²

¹ Atlantique Landes Récifs, 1 rue du Pitey 40130 Capbreton, France

² University Paul Valéry, Montpellier 3, Laboratory of Geography and planning management of Montpellier, LAGAM, 34000 Montpellier Cedex 5, France

³ Normandie Univ., UNICAEN, Laboratoire Morphodynamique Continentale et Côtière M2C, UMR 6143 M2C, 24 rue des Tilleuls, F-14000 Caen, France

* Corresponding author : Jessica Salaün, email address : jess.salaun18@gmail.com

Abstract :

Artificial Reefs (ARs) are commonly cited as a tool used for increasing fishery production and reinstating ecosystem functionalities. The assessment of AR deployment is mostly based on analysis of the evolution of fish communities. Recently, studies have focused on trophic modelling to understand the functioning of such ecosystems in a more holistic approach. Trophic models are able to address this concern by describing the interaction between species at different trophic levels and based on the quantification of energy and matter flows through ecosystems. These models allow the application of numerical methods - also called Ecological Network Analysis (ENA) - to characterize emergent properties of the ecosystem. Usually, ENA indices are proposed as indicators of ecosystem health as they are sensitive to different impacts on marine ecosystems. In the present study, the Ecopath software is used to build an ecosystem model composed of 23 compartments, from detritus and phytoplankton to mammals, to describe the situation “before” and “after” the deployment of ARs in the south of the Bay of Biscay along the Landes coast. In addition, ENA indices are calculated for two periods, “before” and “after” the deployment of artificial reefs, to compare network functioning and the overall properties of the structural trophic network. Our results show little structural change in the ecosystem, with a rearrangement of the trophic levels and a simultaneous increase in biomass and system maturity. These preliminary results evidently need to be confronted with other environmental factors such as, for instance, substrate composition, proximity to natural reefs and larval supply... Nonetheless, we consider that the maturity index could be used as a new indicator to assess the evolution of ARs with specific management objectives.

Keywords : Trophic network, Before/After approach, Maturity indicator, Eopath with Ecosim software

40 1 Introduction

41 Artificial Reefs (ARs) are human made voluntarily submerged structures created “to mimic certain
42 functions of a natural reef such as protecting, regenerating, concentrating, and/or enhancing populations
43 of marine resources” (FAO, 2015). Despite some controversial debates about the effects of production
44 and concentration (Osenberg *et al.*, 2002; Pickering et Whitmarsh, 1997), ARs are commonly considered
45 to be relevant tools for increasing fisheries production and supporting commercial or recreational fishing
46 activities, if they are properly managed (Seaman *et al.*, 2000; Santos et Monteiro, 1997). Therefore, they
47 are used worldwide with fish production being the main objective (Lacroix *et al.*, 2002; Jensen, 2002;
48 Baine, 2001). Recently and to an increasing extent, ARs are also deployed to rehabilitate marine
49 ecosystems (coral, rocky or algae substrata) and their functionalities (*e.g.* nursery, feeding or
50 reproductive), or to mitigate the effects of anthropogenic impacts (Seaman, 2019; Patranella, et al., 2017;
51 Pioch et al., 2011). Although the general objectives of AR projects are frequently defined in terms of
52 production, protection or recreational activities, there is a lack of information on the precise objectives
53 with specific indicators (Becker *et al.*, 2018, Claudet *et al.*, 2006). Thus, suitable criteria and quantitative
54 indicators need to be developed to assess the attainment of AR objectives (Hammond *et al.*, 2020).

55 Despite the worldwide deployment of ARs and the increasing research on their design, performance and
56 management, knowledge of their efficiency remains largely insufficient regarding the production and
57 protection aspects (Lee *et al.*, 2018; Lima *et al.*, 2020). As their main goal is to enhance fish biomass,
58 studies have focused predominantly on the variation of certain ecological components such as fish
59 assemblages, abundance and species richness (Véron *et al.*, 2008; Folpp *et al.*, 2011; Neves dos Santos
60 and Zalmon, 2015; Becker *et al.*, 2018). Moreover, ARs create new hard substrates to be colonized by
61 sessile fauna and consequently provide new food resources that are non-pre-existent on soft bottoms
62 (Baine, 2001). The feeding relations have been recently explored to demonstrate the real contribution to
63 fish production as a function of the attraction effect of ARs using stable isotopic ratios to characterize
64 the trophic network (Cresson *et al.*, 2019). These results open new perspectives using trophic analysis
65 as a tool to understand the overall functioning of AR systems from the primary producers to the top
66 predators, while providing original new metrics to improve the effectiveness assessment of ARs.

67 Trophic analyses were firstly developed to evaluate ecosystem-based management of fisheries
68 (Polovina, 1984; Christensen and Pauly, 1992; Gascuel, 2019). For this purpose, models using the
69 Ecopath with Ecosim software (EwE) have been intensively used and developed over the last three
70 decades (Colléter *et al.*, 2015; Drouineau *et al.*, 2006; Chouvelon, 2011; Moullec, 2015; Guénette and
71 Gascuel, 2012; Halouani, 2016). These joint trophic approach have been recently applied to coastal and
72 marine systems to assess changes in their functioning in response to environmental perturbations such
73 as Offshore Wind Farm (OWF), marine aggregates exploitation, harbour construction and dumping of
74 dredged materials (Raoux *et al.*, 2017; Pezy *et al.*, 2017) as well as specific regulations for Marine
75 Protected Areas (MPA) (Prato, 2016; Valls *et al.*, 2012; Wallmo and Kosaka, 2017; Fulton *et al.*, 2015).
76 These studies based on Ecological Network Analysis (ENA) provide metrics that could be used to define

77 the state of marine ecosystems and assess the effectiveness of conservative management tools. Hence,
78 this approach has led to the development of indicators for stakeholders and decision makers, allowing
79 them to build up and enrich Ecosystem Based Management (Safi *et al.*, 2019; Fath *et al.*, 2019). Applied
80 to ARs, this would be an innovative approach to assess positive or negative changes in ecosystems
81 associated with the deployment of ARs.

82 Other engineering infrastructures can act as ARs, such as shipwrecks, oil platforms or Offshore Wind-
83 Farms (OWF). These artificial structures also induce an increase of fish biomass, species diversity and
84 provide shelter against predators. Several surveys on fish and macro-invertebrates indicate that these
85 structures also give rise to reef effects (Glarou *et al.*, 2020; Ajamian *et al.*, 2015; Picken *et al.*, 2000).
86 Therefore, this innovative approach, which consists of comparing the state of an ecosystem before and
87 after a few years of AR deployment by using trophic modelling, could provide an effective overview of
88 the ecological effects of ARs and other artificial structures on the marine ecosystem (Conner *et al.*, 2016;
89 Raoux *et al.*, 2017).

90 The present study tries to apply the trophic framework approach to validate that ARs can contribute to
91 enhancing an ecosystem. In this study, we build Ecopath ecosystem models, composed of 23
92 compartments, ranging from detritus and phytoplankton to marine mammals, to describe the situation
93 “before” and “after” the deployment of ARs in the southern part of the Bay of Biscay along the Landes
94 coast. These ARs were deployed by an association named “Atlantique Landes Récifs” with the aim of
95 creating a protected area for growing fishes after observing a decrease of catches along the coast (ALR,
96 1998). For this purpose, all marine activities are prohibited on the site and three types of AR have been
97 deployed to offer refuges, habitats and food supply for demersal and pelagic fishes. The hypothesis
98 tested in this study is that ARs modify the structure and functioning of the trophic network. Moreover,
99 our study focuses on the identification of emergent properties that evolve with the deployment of ARs
100 and proposes the use of ecological indicators to monitor the progress of AR projects in reaching their
101 objectives.

102

103 **2 Materials and methods**

104 **2.1 Study area**

105 In France, ARs were deployed since 1968 throughout more than fifty sites, firstly in the aim to develop
106 or protect fisheries resources and, since a decade, to restore marine ecosystems (Salaün *et al.*, 2022b).
107 The study area is located in the south of the Bay of Biscay, a large gulf on the French Atlantic coast
108 characterized by a continental shelf that decreases in width from the North (150 km) to the South (12
109 km) (Borja *et al.*, 2019). The south of the continental shelf is incised by the Capbreton Canyon whose
110 head is situated only 250 m off the Landes coast (Mazières *et al.*, 2015). The study area is exposed to
111 strong swell that transports around 1,000 m³ per year of sediment to the south (Abadie *et al.*, 2006).
112 Spring upwelling occurs in the area (Planque *et al.*, 2004) and the sediment habitat correspond to fine
113 sand with wave influence (Borja *et al.*, 2019) associated with *Nephtys cirrosa* benthic communities

114 (after Monbet, 1972). Boreal and subtropical fish species are distributed across this rich ecosystem
 115 (Authier *et al.*, 2018) and top predators such as marine mammals and seabirds are attracted (Planque *et*
 116 *al.*, 2004; Sanchez and Santurtun, 2013).

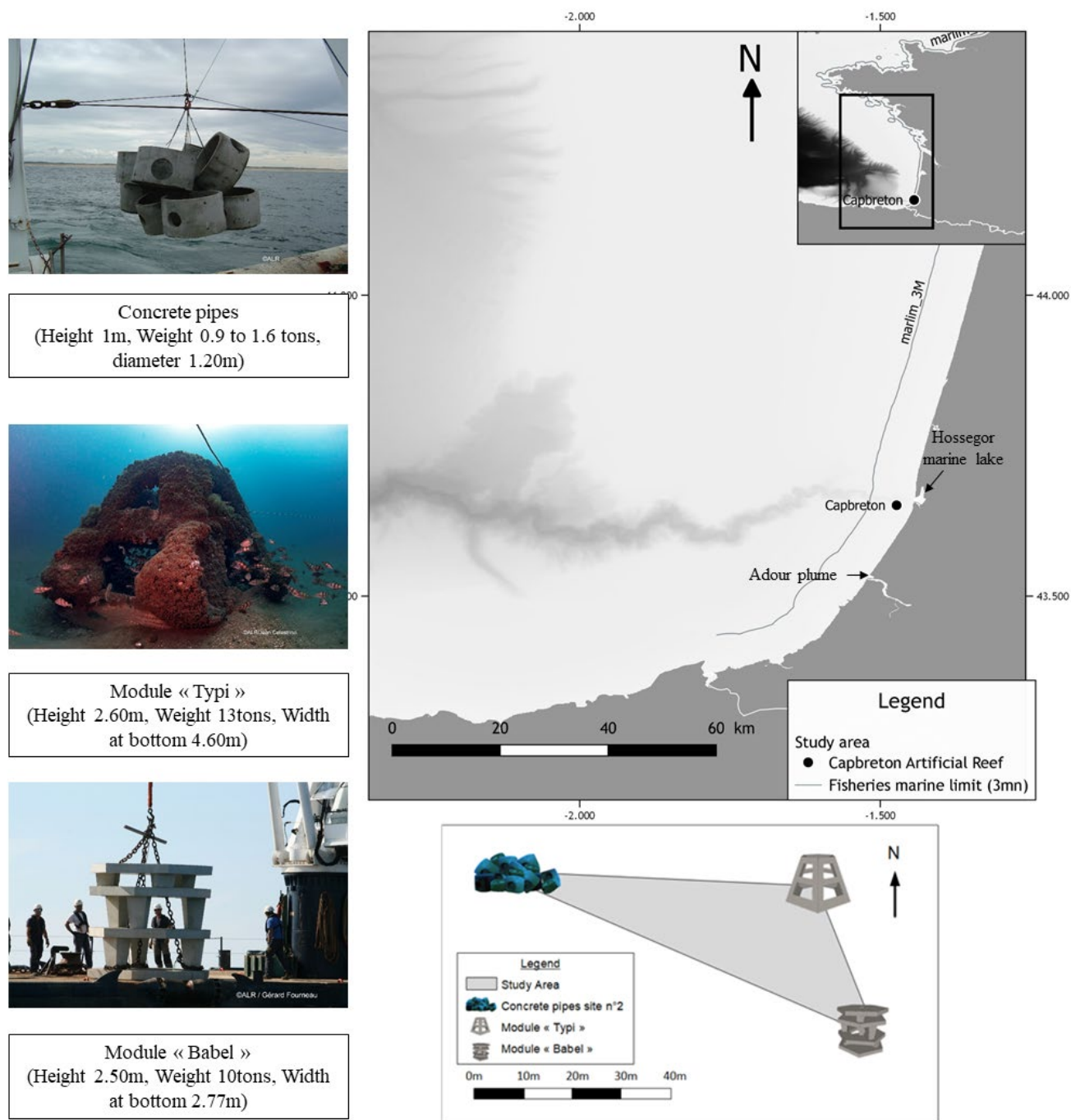


Figure 1 : Location of the Capbreton Artificial Reef study site and photographs of the three artificial reefs modules forming a triangle

118 ARs have been implemented off Capbreton to create hard bottom habitats for fisheries production
119 (Salaün *et al.*, 2022); this location was chosen for many reasons, including the proximity of Capbreton
120 harbour and the coastline (2.2 km offshore on a sandy bottom at 20 m depth), the gentle slope of the
121 continental shelf (<0.8 %) and the supply of organic matter from the Hossegor marine lake and the
122 Adour plume (Biosub, 1999; Mazière *et al.*, 2015) (Figure 1). Three types of ARs were deployed by the
123 association “Atlantique Landes Récifs”, with clusters of concrete Bonna® pipes being emplaced in 1999
124 at three sites of around 200 m² each. The “Typi” modules were deployed in 2010 with a 11 m² footprint
125 and the “Babel” modules in 2015 with a 5 m² footprint (Figure 1). Rapidly, two ARs sites with Bonna
126 pipes were buried. The study focused on the three remaining ARs sites that forms a triangle covering an
127 area of 900 m², with one peak corresponding to site n°2 with clusters of concrete pipes, and the other
128 two peaks corresponding to the sites with Typi and Babel modules. Also, the total ARs surface footprint
129 covered 102 m², the total surface colonized represented 3 656 m² and the volume formed were 830 m³.

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131 2.2 Trophic network modelling framework

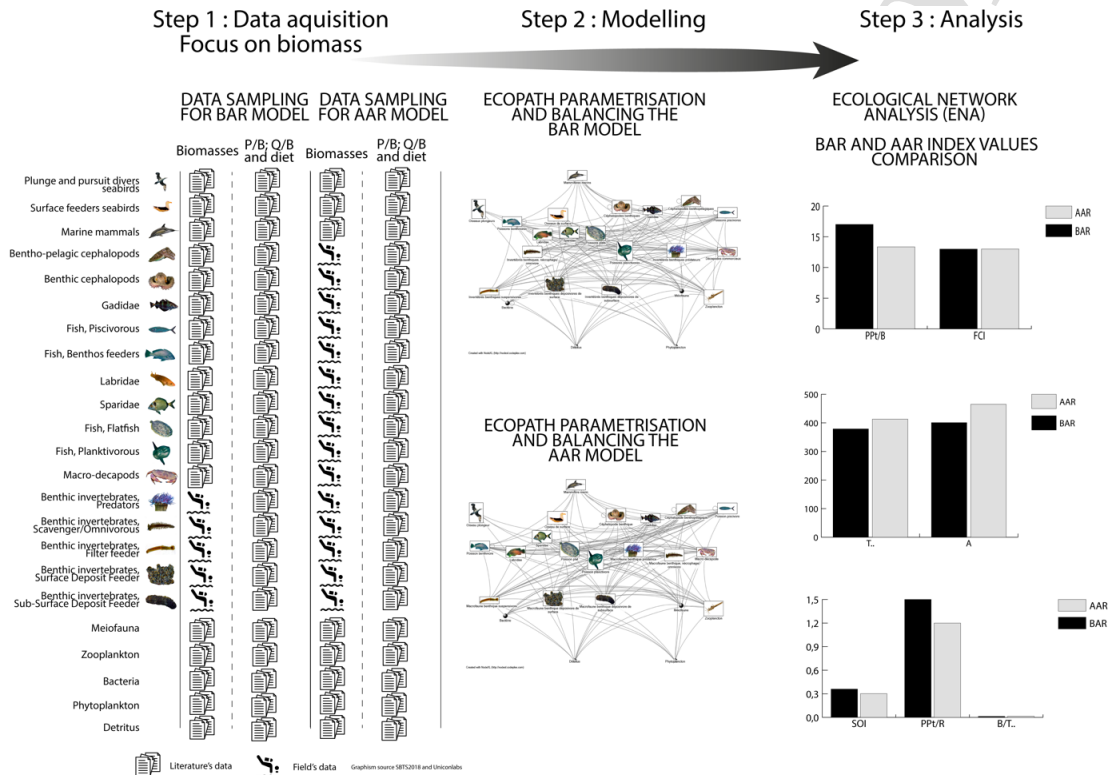
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133 In this study, we use the Ecopath with Ecosim (EwE) approach and software (Polovina, 1984;
134 Christensen and Pauly, 1992) to model the trophic network before and after the placement of three ARs
135 in the Capbreton Artificial Reef study site. Thus, the two Ecopath models called BAR (Before AR
136 deployment) and AARs (After AR deployment) based on data collected on the three artificial reefs of
137 the Capbreton study site were created. To ensure statistical robustness a minimum of five years’ data
138 for each model were addressed. Therefore, the BAR model covered the period from 1997 to 2002 and
139 the AAR model covered for ten years from 2010 to 2020. Despite the overlapping of the BAR period
140 and the first AR deployment occurring in 1999, the data considered to represent this period were
141 carefully selected to minimize the possibility that ARs deployment had an influence on it.

142 Ecopath modelling is based on functional groups that constitute the trophic network units. A functional
143 group could include several species or individual ones that have similar habitat and ecological
144 characteristics (growth rates, diets, predators, consumption). Whereas detritus group is essential, the
145 number of groups are not limited (Heymans *et al.*, 2016). The Ecopath model requires inputs for each
146 functional group that are information on the biomass, the diet composition and other ecological
147 parameter such as the Production-Biomass ratio, the Consumption-Biomass ratio and the Ecotrophic
148 Efficiency. The inputs are based on the individual species information (Step 1 in Figure 2) that are
149 weighted by their relative biomass to calculate a single functional group parameter (Step 2 in Figure 2).
150 Then, the models are analysed and compared using ecological index (Step 3 in Figure 2). However, the
151 index is related to the model structural parameters, such as the number of groups, that could make
152 comparisons between models difficult to interpret (Pinnegar *et al.*, 2005).

153 To make the static Ecopath models more comparable, we chose to fix the number and the type of the
154 functional groups, but the species including in these groups could be different over models. Thus, we

155 selected 23 functional groups based on heightened species interest referenced in our study site (e.g.,
 156 commercial species, cultural value species, reef species) that range from detritus and phytoplankton to
 157 top predators such as marine mammals or diving seabirds. Whereas ecological parameters are relatively
 158 easy to estimate with literature values, the biomass is more space related. We chose to focus our
 159 sampling strategy on the local biomass data acquisition considering our allocated time and funds.



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Figure 2: Trophic network modelling framework apply to model before and after the ARs deployment in Capbreton

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164 2.3 Biomass sampling strategy

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166 The biomass data intended to represent the stable state of relationships in the ecosystem before and after
 167 ARs deployment and overview their ecological effect. The biomass sampling strategy were made to this
 168 end: (1) on-site collection of fish and benthic invertebrates of soft bottom and hard substrate was
 169 privileged, as they are the faunal communities the most impacted by ARs deployment (Fabi *et al.*, 2006);
 170 (2) the biomass data for the other fauna groups were taken from the literature (details given on Table 1);
 171 (3) the same biomass data were used for meiofauna, zooplankton, phytoplankton and bacteria groups
 172 before and after ARs deployment because ARs deployment was assumed to have no effect on their
 173 biomass and production (Miller and Falace, 2000) and (4) the same biomass data were used for marine
 174 mammals and birds groups due to the low surface-area of ARs (in m²) compared to their predation areas
 175 (in km²), ARs were assumed to have little influence on the biomass of these top predators (Castège and

176 Milon, 2018). As a result, other external factors that could influence the parameter fluctuation such as
 177 temperature growth were limited and top-down and bottom repercussion due to ARs deployment were
 178 strengthened.

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180 The biomass sampling was carried out using multi-tool surveys:

- 181 • Soft bottom benthic fauna sampling (Before and After AR deployment);
- 182 • Hard bottom benthic fauna sampling (on Artificial Reef);
- 183 • Underwater visual census of fishes, macro-decapods and cephalopods (only After AR
 184 deployment).

185 The annual average representation of exchanges in the ecosystem was made with available data covering
 186 a minimum of five years as possible (Table 1). To be able to compare data from various numbers of
 187 samples and different method, all data were express into mean annual biomass by square meter
 188 implemented on the surface triangle (900 m²).

189 *Table 1: The periods and locations of the data collected for the functional groups included in the two models (BAR: Before*
 190 *Artificial Reef and AR: After Artificial Reef)*

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	BAR	AAR
	Periods and location for biomass data	Periods and location for biomass data
Plunge and pursuit divers' seabirds	1999-2004 (Bay of Biscay surveys)	
Surface feeders seabirds		
Marine mammals		
Benthopelagic cephalopod	1997-2002 (South of Bay of Biscay surveys)	2010-2020 (this study coupled with older ARs surveys)
Benthic cephalopod		
Gadidae		
Fish piscivorous		
Fish, benthos feeders		
Labridae		
Sparidae		
Fish flatfish		
Fish planctivorous		
Macro-decapods		
Predators	2000 (Capbreton survey)	2019-2020 (this study)
Scavengers /omnivorous		
Filters feeders		
Surface Deposit Feeders		
Sub surface Deposit Feeders		
Meiofauna	1981 (Galicia survey)	
Zooplankton	1999-2006 (Bay of Biscay surveys)	
Bacteria	1994-2002 (Bay of Biscay surveys)	
Phytoplankton	1999-2000 (Bay of Biscay surveys)	
Détritus	1994-2002 (Bay of Biscay surveys)	

213 2.3.1 Soft bottom benthic fauna sampling

214 Hand box-corer samplers and a grab of 0.02 m² were used to sample the soft bottom benthic fauna.

215 The corer used is 25 cm long and has a diameter of 16 cm, with a cap to limit loss of material. The
216 opening of the grab is 20 cm long and 10 cm wide.

217 The first soft bottom benthic fauna sample campaign was conducted by scuba-divers in May 2000, just
218 after the first deployment of ARs, on 12 stations located along the four cardinal directions at distances
219 of 1 m, 5 m and 10 m from the AR site (Ferrou, 2000; Figure 3). Two replicates of 0.02 m² each were
220 sampled with the hand box-corer at each station. A grab was operated for the furthest stations at 30 m
221 from site n°2 for one sample (Ferrou, 2000). To be able to use these data in the BAR model, we selected
222 only those stations furthest from the AR placement site (5m, 10m and 30 m). This allows us to avoid
223 considering the recent influence of ARs on the soft bottom benthic community mainly concentrated
224 around the AR footprints (Créocéan, 2008). Therefore, the total sampling effort used for the BAR model
225 corresponds to a coverage of around 0.4 m².

226 The second soft bottom benthic fauna sample campaign was conducted by scuba-divers in September
227 2019 and 2020 on 12 stations located along each cardinal direction 20 m from the three ARs (Figure 3).
228 Between three to six replicates of 0.02 m² were collected at each station with the hand-box corer. The
229 total sampling effort was around 0.9 m² and the collected samples were used for the After Artificial
230 Reefs model (AAR).

231 To ensure comparison, the data collected for BAR and AAR model were expressed into mean annual
232 biomass by square meter implemented on the surface triangle (900 m²) using the method described
233 below.

234 The sediment collected was sieved through a 0.1-mm mesh. All samples were preserved in 10 %
235 formaldehyde solution before being sorted. The species were counted under a binocular microscope and
236 identified at the lowest taxonomic level needed to classify them into functional groups. The biomass of
237 species collected for the BAR model was calculated based on the abundance of the benthic species
238 present and their individual weight referenced by Pezy (2017). The species collected for the AAR model
239 were placed in a drying oven at 60°C for the duration needed to ensure drying of the sample (around
240 48h to 96h). Then, the samples were weighed to determine dry weight (DW) before being put into
241 another oven for 5 hours at 500°C. The ash-free dry weight (AFDW) was obtained by subtracting ash
242 weight from DW. For benthic invertebrates, the biomass was converted from AFDW to carbon content
243 using a conversion factor of 0.518 (Brey, 2001). Then the biomass was reported on the studied triangle
244 site (900 m²).

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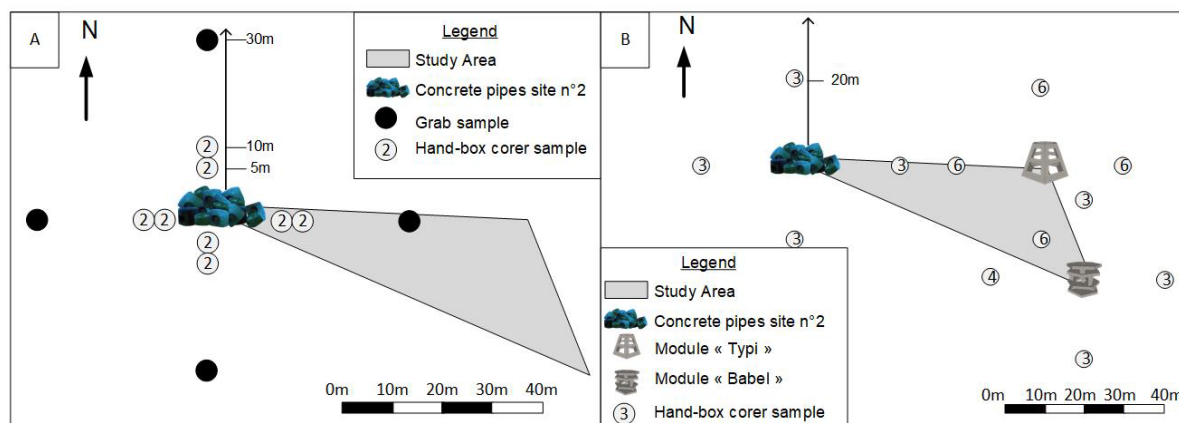


Figure 3: Number of soft bottom benthic fauna sampling in 2000 (A) and 2019-2020 (B)

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247 2.3.2 Hard bottom benthic fauna sampling

248 The Scraping method is commonly used to analyse benthic fauna communities on hard substrates (FAO,
249 2015) and was applied in this study to ARs. The difficulty of this technique is to be able to collect all
250 organisms, especially those of small size, when there is underwater current (FAO, 2015).

251 Samples of benthos were collected in summer 2019 and winter 2020. Six scrape samples at different AR
252 positions (inside, below, North, East, West and South) were collected by divers on each AR module
253 type, using a quadrat sampler of 20 x 20cm for 2019 and 30 x 30cm for 2020, a putty knife and a net
254 bag (<1 mm mesh size). A total area of 0.553 m² was sampled in summer 2019 and 0.819 m² in winter
255 2020, thus providing mean annual biomass for the After Artificial Reefs model (AAR).

256 All samples were preserved in 10 % formaldehyde solution before being sorted. The species were
257 counted under a binocular microscope and identified at the lowest taxonomic level needed to classify
258 them into functional groups. The mean annual biomass was then obtained using the AFDW determined
259 from the sampled surface for each species extending to the entire ARs colonisable surface (3 656 m²)
260 and was converting to carbon content using a conversion factor of 0.518 (Brey, 2001). To ensure a
261 comparable data on two dimensional, the biomass obtained was then reported on the total ARs surface
262 footprint (102 m²) and then on the studied triangle site (900 m²).

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264 2.3.3 Fishes, macro-decapods and cephalopods underwater visual census

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266 Underwater visual census (UVC) is commonly used as a non-destructive survey method for assessing
267 fish assemblages (Kulbicki and Sarramégn. 1999). This method was adapted to ARs using both
268 stationary point and belt transect counts to record fast moving species and then benthic and cryptic
269 species (Cresson *et al.*, 2018; Lowry *et al.*, 2011, Charbonnel *et al.*, 1997; Labrosse *et al.*, 2011). The

270 survey covered the surface of ARs footprints. UVC campaigns were conducted when possible each year
271 between May to September on each ARs. For the AAR model, we selected 120 counts carried out during
272 the last ten years: 58 on the concrete pipes at site n°2 (2010, 2011, 2012, 2013, 2015, 2016, 2018 and
273 2019), along with 49 on the Typi (2010, 2011, 2012, 2013, 2015, 2016, 2018, 2019 and 2020) and 13
274 on the Babel module types (2015, 2016, 2018, 2019 and 2020). This selection that covers several years
275 allows a better representation of the mean annual biomass of fishes, macro-decapods and cephalopods.
276 The data was derived from underwater visual census observations of scientific divers and trained
277 volunteer divers following the recommendations of Harmelin-Vivien *et al.* (1985). Abundances of
278 populations were counted individually up to 10 individuals, whereas larger populations were estimated
279 using abundance classes reviewed in the literature (11–30; 31–50; 51–200; 201–500; 500-1000; >1000
280 individuals). The total length of fish was evaluated in cm. The wet weight was then obtained using the
281 length-weight relationship $W = a \times TL^b$, where W is the wet weight in grams, TL is the average total
282 length of the size class in cm, while a and b are species-specific constants obtained from the data
283 available in Fishbase (Froese and Pauly, 2019) and selected in the vicinity of the study area. As the
284 survey covered only the surface of ARs footprints, the average biomass was calculated for each species
285 (fish, cephalopods and decapods) using the footprint of ARs. Conversion factors of 0.192 and 0.402
286 were used to convert cephalopod wet weights into dry weights and then into carbon contents,
287 respectively, while 0.35 was used for fishes and 0.518 for decapods (Brey *et al.*, 2010; Brey, 2001). To
288 maintain the proportion between the surface covered by ARs and the triangle studied surface, the mean
289 annual biomass obtained was then reported on the studied triangle site (900 m²) with no extrapolation.

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291 **2.3.4 Collected data from literature**

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293 According to the literature, two trophic networks on the continental shelf of the Bay of Biscay have
294 already been established by Lassalle *et al.* (2011) and Moullec *et al.* (2017). Data were extracted from
295 these models by preferentially selecting coastal data in the vicinity of the study area.

296 For the BAR model, the biomasses of fishes, macro-decapods and cephalopods were estimated from
297 bottom-trawl surveys carried out by IFREMER since 1997 in the Bay of Biscay in the context of the
298 EVHOE cruises for the West Europe fisheries evaluation (Evaluation Halieutique Ouest de l'Europe;
299 Devreker and Lefebvre, 2018; Mahé and Poulard, 2005). Only the southeast coastal surveys were
300 selected. In order to ensure a better statistical overview, the period selected for representing the state
301 before ARs was extending to 2002. The distance from the trawl surveys selected after the first ARs
302 deployment in 1999 and the study sites (around 65 km) allowed to consider the fish macro-decapods
303 and cephalopods biomass were not influenced by the 1999 ARs deployment. The data captured from
304 these thirteen selected trawl transects during the period 1997-2002 were averaged with respect to the
305 survey surface-area over the five years selected (1997, 1998, 1999, 2001 and 2002). Conversion factors

306 of 0.192 and 0.402 were used to convert cephalopod wet weights into dry weights and then into carbon
 307 contents, respectively, with 0.35 used for fishes and 0.518 for decapods (Brey *et al.*, 2010; Brey, 2001).
 308 The collection of data for top predators is derived from aerial strip-transect surveys, named ROMER
 309 and ATLANCET, conducted from 2001 to 2004 in the Bay of Biscay (Certain *et al.*, 2008). Annual
 310 average abundances were converted into biomass using weight referenced by species for sea birds and
 311 marine mammals (Spitz *et al.*, 2018; Anonymous, 2008; ICES, 2000; Hunt *et al.*, 2005). Conversion
 312 factors of 0.3 and 0.4 were used to convert wet weights into dry weights and then into carbon contents,
 313 respectively, for sea birds (Lassalle *et al.*, 2011) and a coefficient of 10% is used to convert directly wet
 314 weights into carbon contents for marine mammals (Bradford-Grieve *et al.*, 2003).
 315 Meiofauna data were selected from a site located in Galicia, Spain, where benthic habitat characteristics
 316 are closely similar to the Capbreton site (Tenore *et al.*, 1984). The biomasses of the benthic
 317 macrobenthic invertebrates were converted from AFDW to carbon content using a conversion factor of
 318 0.518 (Brey, 2001).
 319 Zooplankton data were taken from BIOMAN campaigns conducted in the Bay of Biscay from 1999 to
 320 2006 (Irigorien *et al.*, 2008). The phytoplankton data used were acquired in the south of the Bay of
 321 Biscay as far as the 100 m isobath (zone known as “Gironde Interne”) for the period 1999-2000 (Lampert
 322 *et al.*, 2001). Then, the data were normalized to the depth of the study (20 m) and the chlorophyll-a were
 323 converted into carbon content using a factor 40 (Chardy and Dauvin, 1992). The bacteria and detritus
 324 biomass were derived from the Ecopath model of the Bay of Biscay built by Lassalle (2011).

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326 **2.4 Trophic network modelling**

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328 **2.4.1 Ecopath equation-based modeling**

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330 Ecopath is a mass-balance single-solution model that uses linear equations to estimate flows between a
 331 number of functional groups established *a priori* (Christensen and Walters, 2004). The parameterization
 332 of an Ecopath model is based on satisfying two equations. The first equation (Eq. 1) describes the
 333 production of each compartment in the system as a function of the consumption to biomass ratio (Q/B)
 334 of its predators (j), the fishing mortality (Y_i , $gC \cdot m^{-2}$), the net migration (E_i ; emigration – immigration,
 335 year⁻¹), the biomass accumulation (BA_i , year⁻¹) and its natural mortality ($1 - EE_i$). The Ecotrophic
 336 Efficiency (EE) is the fraction of total production consumed in the system (by fishing activities or by
 337 predators). Its value can never exceed unity. $(1 - EE_i)$ represents the fraction of mortality not explained
 338 by the model, such as mortality due to old age or diseases.

$$339 \quad B \left(\frac{P}{B} \right)_i = \sum_j B_j \left(\frac{Q}{B} \right)_j DC_{ij} + Y_i + E_i + BA_i + B_i \left(\frac{P}{B} \right)_i (1 - EE_i) \quad (\text{Eq. 1})$$

340 The second equation (Eq. 2) ensures energy balance, calculating consumption of the i^{th} group (Q) as the
 341 sum of its production, respiration (R), and excretion (U)

342 $Q_i = P_i + R_i + U_i$ (Eq. 2)

343 **2.4.2 Ecopath model parametrisation**

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345 The two models developed in this study are composed of 23 functional groups or compartments ranging
 346 from seabirds and mammals to detritus. Seabirds are divided into two groups, according to their feeding
 347 strategies. The "plunge and pursuit divers" group is mainly composed of gannets and the "surface
 348 feeders" are mainly composed of gulls and kittiwakes. Marine mammals (*Delphinus delphis*, *Stenella*
 349 *coeruleoalba* and *Tursiops truncatus*) are placed together in one group. Cephalopods are divided into
 350 two groups: the benthopelagic group mainly composed of *Loligo vulgaris* and the benthic group mainly
 351 composed of *Sepia officinalis*. The model also comprises seven groups of fish (Gadidae, piscivorous,
 352 benthos feeders, Labridae, Sparidae, flatfish and planktivorous). Gadidae, Labridae and Sparidae are not
 353 aggregated with the other compartments to allow a detailed analysis of the potential impact of the reef
 354 effect on these three groups which also include commercial species. Benthic invertebrates are divided
 355 into six groups (macro-decapods, predators, scavengers/omnivores, filter feeders, surface deposit
 356 feeders and subsurface selective feeders). Finally, the model also comprises one group of zooplankton,
 357 one group of bacteria, one group of phytoplankton and one group of detritus.

358 The source data used for obtaining the model parameters (Biomass, P/B, Q/B, diet and conversion factor)
 359 are listed in Supplementary material (Table 1). The dietary preferences for multi-species groups are
 360 weighted by the relative biomass contribution of each species (Supplementary material, Tables 2 and
 361 3). Besides, considering the study site as an open system, the diet import was added in proportion of
 362 time spent outside the system (Christensen and Walters, 2004).

363 The two models comparison aimed to reveal what modification on the structure and functioning of the
 364 trophic network ARs modify. The differences in the fishing activity between BAR and AAR model (all
 365 activities were restricted) conduct to add a MPA effect on the system. Therefore, to highlight mostly
 366 ARs effect, the fishing mortality in the BAR model represented by Y was not considered.

367

368 **2.4.3 Balancing the Ecopath model**

369

370 To equalize the mass balances, the input data to the models had to be manually and slightly calibrated.
 371 The balancing approach was top-down, starting modifications from top predators down to the lowest
 372 trophic levels. Balancing was performed taking into account the quality of the diet data source. Due to
 373 a lack of data, the biomass of planctivorous fish and flatfish were left to be estimated by the model after
 374 setting their Ecotrophic Efficiency at 0.95 (Christensen and Walters, 2004). In the same way, the
 375 biomass of macro-decapods and benthic invertebrate filter feeders were also estimated by Ecopath using
 376 an EE of 0.95. The consistency of the model was checked with the Ecopath PREBAL tool (Link, 2010).

377

378 2.5 Analysis of the ecosystem organization and maturity

379

380 Ecological network analysis (ENA) was performed to reveal the emergent properties of the trophic
 381 network using the plug-in included in EwE software (Christensen and Walters, 2004). Thus, for both
 382 models, we made use of the Total System Throughput (T..), which corresponds to the sum of all flows
 383 occurring in the system (Latham, 2006), and the System Omnivory Index (SOI), which provides a
 384 measure of the trophic specialization of predators in terms of trophic levels and an indicator of the
 385 structure and complexity of a trophic network (Libralato, 2008). We also calculated the Finn's Cycling
 386 Index (FCI), which represents the fraction of the flows in the system generated by recycling (Finn, 1980)
 387 and the Ascendency, which is a measure of the growth and the flow coherence of the system, integrating
 388 its size and organization (Ulanowicz and Abarca-Arenas, 1997; González *et al.*, 2016; Nogues *et al.*,
 389 2021). In addition, the maturity status of the ecosystems (Odum, 1969) was also assessed using the
 390 following ratios: the total primary production/total respiration (PPt/R), the total primary production/total
 391 biomass (PPt/B) and the total biomass/total system throughput (B/T..) (Christensen *et al.*, 2005).
 392 The trophic level (TL) of each functional group (i) was calculated as the weighted average of the trophic
 393 levels of its prey (j), according to the following equation:

$$394 \quad TL_i = 1 + \sum_{j=1}^N DC_{ji} TL_j$$

395 where DC_{ji} is the fraction of prey i in the diet of predator j.

396 It is noteworthy that the EwE software is a single solution model and statistical comparisons between
 397 models are not possible (Christensen and Walters, 2004).

398 3 Results

399 3.1 Functional group biomass profiles and trophic levels

400

401 Results show that, before the deployment of the ARs, Phytoplankton is the dominant functional group
 402 in the biomass, representing approximately 28 % of the total living biomass of the system (Table 2). The
 403 other major groups of the system are benthic invertebrates, scavengers/omnivores and bacteria, making
 404 up approximately 17 % and 8 % of the total living biomass, respectively (Table 2).

405 After the deployment of the artificial reef, the phytoplankton remains the dominant functional group of
 406 the total living biomass of the system, followed by the benthic invertebrate filter feeders (mostly
 407 composed of the barnacles *Balanus* spp.) and the predators of benthic invertebrates (mostly composed
 408 of the gastropod *Natica*), representing approximately 22 %, 19 % and 10 % of the total living biomass,
 409 respectively (Table 2). Results show that the total living biomass is higher after deployment of the
 410 artificial reefs. In fact, the total living biomass increases by approximately 28 % after deployment of the
 411 three artificial reefs on the Capbreton site. This increase of biomass is mostly due to the macro-decapods

412 and benthic invertebrate filter feeders, whose biomass increases by a factor of approximately 5 and 4,
 413 respectively, after the installation of the ARs. From another perspective, the Labridae and benthos feeder
 414 fish are the functional groups that experienced the greatest proportional increases (increase by a factor
 415 of 10 and 7 respectively).

416 Three notable changes in the species composition of functional group occurred with the ARs deployment
 417 and modified consequently the Q/B data input. The fish piscivorous functional group biomass was
 418 dominated by 93% of *Trachurus trachurus* (Linnaeus, 1758) in the BAR model while in the AAR it was
 419 dominated by 72% of *Conger conger* (Linnaeus, 1758). The fish benthos feeder's functional biomass
 420 group was mainly represented by 47% of *Trachinus draco*, (Linnaeus, 1758), 24% of *Chelon ramada*
 421 (Risso, 1827) and 16% of *Mullus surmuletus* (Linnaeus, 1758) while with ARs the functional group
 422 biomass was composed by 90% of *Umbrina canariensis* (Valenciennes, 1843). The biomass of Sparidae
 423 functional group evolved from 67% of *Boops boops* (Linnaeus, 1758), to 27% of *Diplodus sargus*
 424 (Linnaeus, 1758), 29% *Diplodus vulgaris* (Geoffroy Saint Hilaire, 1817) and 37% *Spondyliosoma*
 425 *cantharus* (Linnaeus, 1758).

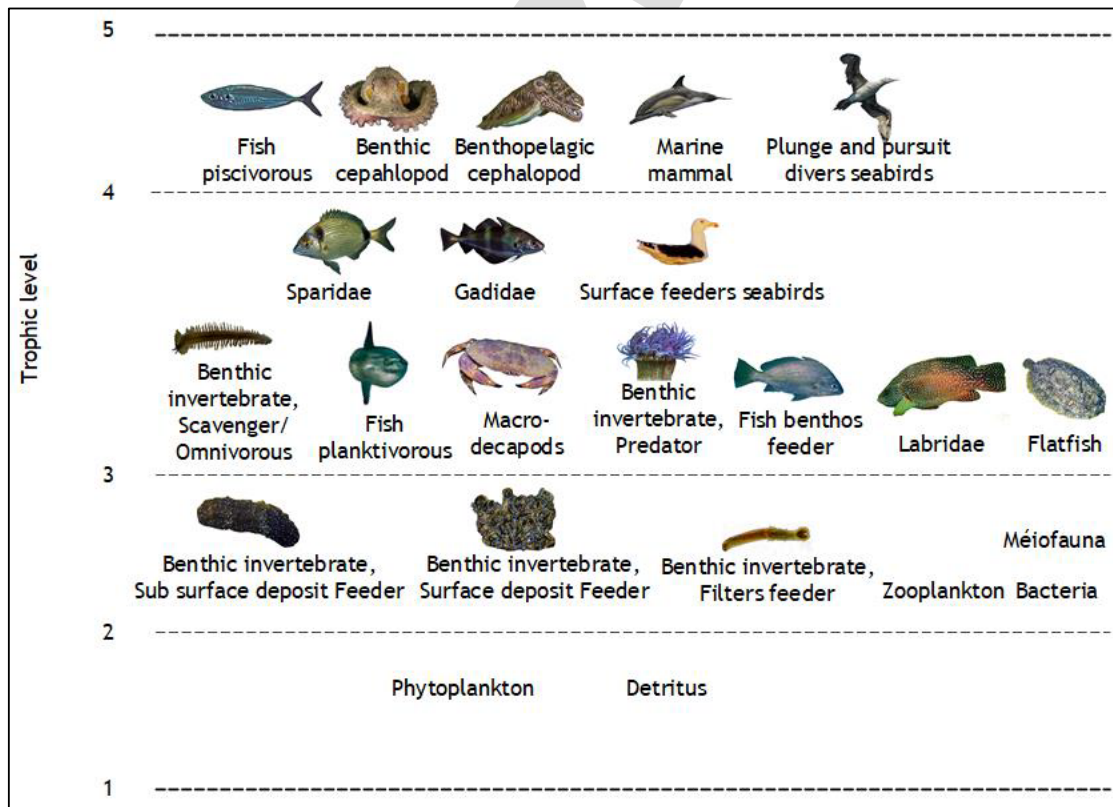
426 *Table 2 : Biomass values (gC.m⁻², Trophic Levels, production over biomass (P/B) ratios, consumption over biomass (Q/B)*
 427 *ratios, in the two Ecopath models ("before" (BAR) and "after" (AAR) the construction of the artificial reef). Major changes*
 428 *were highlighted in bold and dominant living functional group were indicated by *.*

Functional groups	Biomass		Trophic Level		P/B		Q/B		EE	
	BAR model	AAR model	BAR model	AAR model	BAR model	AAR model	BAR model	AAR model	BAR model	AAR model
Plunge and pursuit diver's seabirds	0.0001	0.0001	4.06	4.11	0.09	0.09	70.4	70.4	0	0
Surface feeders seabirds	0.0001	0.0001	3.93	3.94	0.09	0.09	74.94	74.94	0	0
Marine mammals	0.0018	0.0018	4.85	4.83	0.08	0.08	42.5	42.5	0	0
Benthopelagic cephalopods	0.0096	0.0037	4.31	4.17	2.71	2.71	14.54	14.54	0.86	0.95
Benthic cephalopods	0.0240	0.0371	4.10	4.06	3.5	3.5	15	15	0.68	0.95
Gadidae	0.0487	0.0409	4.03	4.00	0.75	0.75	5.1	5.1	0.86	0.98
Fish, piscivorous	0.1758	0.3065	3.98	4.20	0.6	0.55	5.9	4.1	0.90	0.98
Fish, benthos feeders	0.0246	0.1705	3.78	3.43	0.93	1.17	7.71	3.96	0.94	0.99
Labridae	3,9 x 10 ⁻⁶	4x 10⁻⁵	3.51	3.31	1.3	1.3	10.38	10.38	0.92	0.95
Sparidae	0.0263	0.0089	3.56	3.62	0.55	1.38	2.45	6.05	0.93	0.99
Fish, flatfish	0.0208	0.0672	3.53	3.36	0.78	0.88	3.01	3.28	0.95	0.95
Fish, planktivorous	0.2231	0.2670	3.15	3.15	1.09	1.092	7.73	7.73	0.95	0.95
Macro-Decapods	0.0322	0.1543	3.13	3.12	1.18	1.01	5.9	5.05	0.95	0.95
Benthic invertebrates, Predators	0.2920	0.6161*	3.16	3.22	2.35	2.1	11.75	10.5	0.96	0.95
Benthic invertebrates, Scv/O	0.8228*	0.2827	3.14	3.20	0.55	0.66	2.75	3.3	0.95	0.98
Benthic invertebrates, Filter feeders	0.3073	1.2196*	2.28	2.32	2.46	2.8	9.84	11.2	0.95	0.91
Benthic invertebrates, sDF	0.2690	0.3366	2.44	2.36	2.8	3.11	14	15.55	0.94	0.95
Benthic invertebrates, ssDF	0.2883	0.4126	2.22	2.22	3.12	2.6	15.6	13	0.92	0.91
Meiofauna	0.2642	0.2642	2.29	2.21	15	15	60	60	0.86	0.92
Zooplankton	0.3600	0.3600	2.15	2.15	11	11	52.38	52.38	0.96	0.90
Bacteria	0.3940*	0.3940	2.02	2.02	115	125	230	250	0.26	0.20
Phytoplankton	1.3800*	1.3800*	1	1	61.2	61.2			0.44	0.53

Detritus 2.8467 2.8467 1 1 0.47 0.52

429

430 In both models (BAR and AAR), the trophic levels (TL) of the functional groups range from 1 for
 431 primary producers and detritus to a maximum of 4.8 for marine mammals that could be considered as
 432 top predators in this area (Table 3; Figure 4). As mentioned below, TL 1 is composed of two groups
 433 (primary producers and detritus, as imposed by the model structure) and represents approximately 54
 434 % and 46 % of the total biomass in the BAR and AAR models, respectively. TL 2 is composed of six
 435 functional groups (bacteria, zooplankton, benthic invertebrate subsurface and surface deposit feeders
 436 and filter feeders) making up approximately 23 % and 29 % of the total biomass in the BAR and AAR
 437 models, respectively. TL 3 incorporates the major part of the fish functional group (such as flatfish,
 438 benthos feeders, planktivorous and Sparidae) and is composed of nine functional groups. It represents
 439 16 and 18 % of the total biomass in the BAR and AAR model, respectively. Finally, TL 4 is composed
 440 of five functional groups in the BAR model and six functional groups in the AAR model. TL 4
 441 corresponds to top predators and represents only 8 and 7% of the total biomass in the BAR and AAR
 442 models, respectively. Thus, TL2 is the trophic level contributing most to the total living biomass in both
 443 models.



444

445 Figure 4: Trophic levels of the 23 groups in the AAR models

446

447 Table 3: Percentage of the biomass for each Trophic Level in the two models Ecopath models: “before” (BAR) and “after”
 448 (AAR) the construction of the artificial reef.

449

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Trophic Levels	BAR	AAR
>TL 4	8 %	7 %
TL 3	16 %	18 %
TL 2	23 %	29 %
TL 1	54 %	46 %

455 3.2 Ecological Network Analysis and time-evolution of ecosystems

456

457 The results obtained from Ecological Network Analysis (ENA) show that the activity of the ecosystems
 458 studied here, as indicated by the Total System Throughput and Ascendency, is relatively lower than
 459 other estuarine French models as well as other coastal models (Table 4). The System Omnivory Index
 460 shows that, in both models, the trophic networks have a complex “web-like” structure before and after
 461 AR deployment (Libralato, 2008). Finn’s Cycling Index obtained for both models points towards a
 462 medium recycling system and the PPT/R ratio suggests that the systems are immature. Any comparison
 463 between the ENAs of different models should be performed with caution because some indicators are
 464 specific to the topology of the model, such as the number of functional groups and the distribution of
 465 species (Heymans *et al.*, 2016). Table 4 presents the ENA of similar ecosystems characteristics, i.e.
 466 coastal and sandy sediment in order to place the results in context.

467 Table 4: Comparison of indices of network analysis for various French estuary ecosystems reef deployment put in context
 468 with other Ecopath models. N (number of functional group), Total System Throughput (T., gC.m-2. Year-1); Ascendency (A,
 469 flowbits); System Omnivory Index (SOI, %), Finn Cycle Index (%), Biomass total (excluding detritus) (Bt, gC.m-2. Year-1), Total
 470 primary production/total respiration (PPT/R), Total biomass/total throughput (B/T..) and Total primary production/total
 471 biomass (PPT/B)

Ecosystem	BAR Landes Coast	AAR Landes Coast	Seine estuary (France)	St Michel bay (France)	Loire estuary (France)	Gironde estuary (France)	Galicia coast (Spain)	Lithuanian coast
Reference	This study	This study	Selleslagh <i>et al.</i> , 2012	Selleslagh <i>et al.</i> , 2012	Selleslagh <i>et al.</i> , 2012	Selleslagh <i>et al.</i> , 2012	Paradell <i>et al.</i> , 2020	Tomczak <i>et al.</i> , 2009
N	23	23	15	19	19	18	23	12
T..	379	413	3603.22	376.00	635.35	744.30	/	900
A	401	465	3944.3	451.6	647.0	939.5	1239	1084
SOI	0.36	0.302	0.11	0.06	0.12	0.12	0.205	0.059
FCI	13	13	16.10	0.64	0.19	3.99	19.4	2.55
Bt	5	6.33	22.30	7.20	4.14	2.12	/	20.98

Ppt/R	1.5	1,2	1.37	6.10	139.59	1.05	1.758	3.397
B/T..	0.013	0.015	0.01	0.02	0.01	0.003	0.017	0.023
Ppt/B	17.01	13.35	38.26	24.60	76.26	21.52	18.34	18.351

472

473 **4 Discussion**474 **4.1 Structural comparison with natural reef**

475

476 ARs have been mainly deployed to mimic the ecological functionalities of natural reefs and/or sustain
 477 artisanal fisheries (Pioch, 2008, Salaün *et al.*, 2022a). Over the past decade, studies of ARs have been
 478 focused on demonstrating their real contribution to the production of commercial fishes in the context
 479 of fish assemblage analysis; their similitude to natural reef assemblages has been defined as a goal to
 480 reach (Simon *et al.*, 2013; Perieira *et al.*, 2016; Streich *et al.*; 2018, Wu *et al.*, 2019). The results of this
 481 study showed that fish assemblages of ARs are dominated by piscivorous, planktivorous and benthos
 482 feeder fish (representing 86 % of the total biomass). This range of results is similar to other studies
 483 conducted in the Mediterranean Sea (Cresson *et al.*, 2017; Koeck *et al.*, 2014; Leitao *et al.*, 2013) but
 484 also in the Yellow sea, South-West Atlantic and the Pacific (Wu *et al.*, 2019; Hackradt *et al.*, 2011;
 485 Smith *et al.*, 2016; Hylkema *et al.*, 2020). However, despite the similarity with other fish assemblages
 486 in ARs system, it seems weak to use this indicator to assess the efficiency of ARs.

487 Firstly, in this study, the comparison with natural reef were not possible because the study site is
 488 surrounded by soft-bottom and the first natural reef is 20km away and represents a rocky shore
 489 ecosystem (Castège *et al.*, 2016).

490 Secondly, there is no consensus among the scientific community about using fish assemblages to
 491 indicate whether ARs are successful in acting as natural reefs. Some studies highlight the performance
 492 of ARs in providing the same assemblage as a natural reef over a short period of time (Wu *et al.*, 2019).
 493 However, other studies conclude that equivalence cannot be achieved on a long time scale (100 years)
 494 (Simon *et al.*, 2013). Besides, this criterion of performance seems to be influenced by other parameters
 495 such as the size of the ecosystem, as well as the localisation, substrate features and roughness of the
 496 habitat (Lopez de Oliveira, 2016). But remarkably, it seems that the distance between ARs and natural
 497 reefs does not impact the fish assemblage of ARs. (Simon *et al.*, 2013).

498 Therefore, to provide robust indicators, scientific studies highlight the need to use functional approaches
 499 to provide indicators to assess the effects of ARs on communities (Cresson *et al.*, 2014). In this way,
 500 trophic network studies, isotopic analysis and modelling approaches provide functional description of
 501 ARs system based on biomass evolution and this criterion could be used to assess the ARs productivity
 502 to support fisheries (Roa-Ureta, *et al.*, 2019; Cresson *et al.*, 2019; Smith *et al.*, 2016; Mavraki *et al.*,
 503 2021).

504

505 4.2 Functional evolution using biomass indicators

506

507 The deployment of three types of ARs along the Landes coast offered new hard substrates for sessile
508 fauna, notably invertebrate filter feeders, thus promoting their development within the ecosystem
509 (Raoux, 2017; Cresson, 2013). The benthic community of the BAR system is mainly composed of
510 benthic detritivorous species (41 %) with a small proportion of filter-feeder organisms (16 %). The fish
511 assemblage is dominated by planktivorous and piscivorous fish. With the deployment of ARs, the total
512 biomass of the system is increased by 14 %. Filter feeders become the predominant benthic taxa in the
513 system (62 %). This result needs to be qualified by the fact that the biomasses of filter feeders is
514 calculated by the model.

515 The presence of filter feeders and grazer communities on ARs is considered essential to transfer the
516 energy from the water column to the macro-invertebrates and fish communities (Bortone *et al.*, 2000).
517 Their dominance in the benthic community has been demonstrated by various studies on artificial
518 structures (Cresson, 2013; Boaventura *et al.*, 2006; Wetzel *et al.*, 2014). The dominance of filter feeder
519 species such as barnacles and mussels has been described as an initial condition for the colonization of
520 artificial structures before the establishment of a more heterogeneous community (Boaventura *et al.*,
521 2006; Wetzel *et al.*, 2014, Cresson, 2013, Monteiro and Santos, 2000). A similar benthic composition
522 was expected for the ARs on the Capbreton site.

523 We find a major difference in the composition of the benthic community compared to other artificial
524 structures such as offshore wind farms (OWF). On OWF foundations located in the Baltic Sea, the
525 biomass of blue mussels is totally predominant and accounts for more than 97 % of the total biomass of
526 the benthic fauna (Maar *et al.*, 2009). The enhanced concentration of blue mussels observed on a pillar
527 near the surface is about 7 to 18 times higher than on scour protection (Maar *et al.*, 2009). A very
528 different composition is found on the studied ARs along the Landes coast, where the mussel biomass is
529 very low and represents less than 1 % of the invertebrate filter feeders. This major difference could be
530 explained by the distinct difference in size between the two structures and the different environmental
531 context (Degraer *et al.*, 2020). While OWFs make use of monopiles placed on a soft bottom habitat and
532 which reach up to the sea-surface, ARs do not reach the surface and have little influence on the water
533 column (in this study, ARs have a height of around 2.6 m). Besides, the Baltic Sea bottom is covered by
534 extensive blue mussel beds, whereas, along the Landes coast, the nearest mussel beds are located at
535 distances of 3 km and then 20 km from the Capbreton Artificial Reef study site (Figure 1). Therefore,
536 the larval flow of mussels is reduced. Compared to OWFs, the small effect on filter feeder biomass is
537 due to the light colonization of this species (blue mussel) from the water column (Degraer *et al.*, 2020).
538 Instead of blue mussels, another trophic competitor has colonized the Capbreton ARs: barnacles account
539 for around 52 % of benthic community on ARs. Despite the presence of barnacle, in comparison with
540 other similar ARs, the filter feeder biomass still is lower by a factor of 10 (Wetzel *et al.*, 2014).

541 The benthic fauna represents the primary prey of reef fishes. As the benthic fauna increases, it is
542 expected that fishes will come to feed on the ARs and thus contribute to increase in production around
543 ARs (Fabi *et al.*, 2006). However, we need to analyse gut contents to confirm this hypothesis. Indeed,
544 some species such as planktivorous fish, do not feed on the ARs benthic fauna, but can nevertheless be
545 attracted onto ARs by the zooplankton exposure due to the ocean (Cresson *et al.*, 2019). A similar study
546 conducted in Hong Kong simulated the reef effect after the implantation of ARs (Pitcher *et al.*, 2002).
547 With ARs covering 3 % of the Marine Protected Areas of Hong Kong, the fish biomass is estimated to
548 have increased by 30 % corresponding to 247 t (Xu *et al.*, 2019). In the current study, ARs represent 11
549 % of the studied area that could be taken as equivalent to an MPA because of the restricted access
550 established over the entire area. The fish biomass has increased by 67 %, but this represents only 460
551 kg. Based on the biomass evolution between BAR and AAR system, the increase of benthic fauna and
552 fish community could be interpreted as a success of ARs biomass production. Nevertheless, ARs are
553 known to have attraction function, and their contribution to biomass production may be local (Cresson
554 *et al.*, 2019). Exploring the bottom trawl survey data carried out by IFREMER in the Bay of Biscay in
555 2016, using a proximal trait to the study site (7km), and compare it to the BAR data (from the same
556 IFREMER survey but in 1999-2002), the results showed little biomass variation that could be an increase
557 or decrease depending on the species (e.g. *Trachinus Draco*: -3%). This comparison, using only one data
558 campaign, supports the local trends in ARs contribution.

559 The comparison with other ARs systems could give a scale of effectiveness but need to integrate local
560 characteristics. Several factors could influence the biomass production of fish and epifauna: reef shape,
561 size, volume, relief, roughness, substrate composition, kelp density, invertebrate density, reef age,
562 proximity to natural reefs and larval supply (Granneman *et al.*, 2015, Moschella *et al.*, 2005; Baine,
563 2001; Abelson *et al.*, 2002). The complexity of a module is a function of its shape, roughness, porosity
564 and the size of cavities that it contains (Riera, 2020). An indicator was used to classify modules in
565 function of their objective and the fauna characteristics. Two of the three ARs deployed in the present
566 study can be characterized as follows (following Bouchard, 2018):

567 1) The Bonna pipe module is described as a “box” structure with a large hole on the top and a small hole
568 at the side. The surface specific deployed seems sufficient for settled benthic fauna and to provide wide
569 shelter for demersal fishes.

570 2) The Typi module is a « cage » type structure that is not suitable for demersal fishes because of the
571 lack of shelters. The size and the volume of these modules deployed in the studied area (102 m² and 830
572 m³) may be too small to sufficiently enhance biodiversity and biomass (Hackradt *et al.*, 2011).
573 Environmental criteria also influence the efficiency of ARs. In fact, the diversity of fauna communities
574 depends on the larval flow and is affected by ocean dynamics and the connectivity with other hard
575 substrates (Svane and Petersen 2001; Koeck *et al.* 2011, De Bie *et al.* 2012). As already highlighted, the
576 studied sector is 20 km away from a natural rocky habitat. But the shipwrecks and harbour channels
577 near the studied area act as transitory hard substrates which could ensure the connectivity between these

578 features (Pastor, 2008). The site is not only subject to local upwelling carrying primary producers but
579 also intensive storms that damage reefs by smoothing (Hylkema *et al.*, 2020). All these local factors
580 make it difficult to compare the productivity based on the biomass indicator between different ARs at
581 various localities (Baine, 2001).

582

583 **4.3 Ecological Network Analysis provide new indicators to assess ARs effectiveness**

584

585 The changes in ecosystems over time can only be described when ecosystem topologies remain similar.
586 The Before/After analysis used in our study has the advantage of providing two similar ecosystem
587 topologies for the Ecological Network Analysis (ENA). ENA provides indicators that enable us to link
588 the ecosystem structure and its functionalities (Ulanowicz, 1986). Then, these evolving trends can be
589 compared to other types of ecosystems. In our study, the trends in Total ecosystem activity and
590 Ascendency (A) between the two periods show an increase of approximately 9 and 16 %, respectively
591 (Table 5). These rising rates are similar to those simulated in the English Channel for a system before
592 and after OWF deployment (Raoux *et al.*, 2017). Conversely, the System Omnivory Index (SOI)
593 decreases between the two periods, and this trend was also observed in Laizhou Bay following AR
594 deployment (Table 4). Finally, the results also highlight that Finn's Cycling Index remains mostly stable
595 between the two periods.

596 Results concerning the other ecosystem attributes show that the ratios PPt/R, PPt/B and the B/T.. vary
597 between the two systems, but this is not the case for the simulation of ARs deployment in Bohai Bay
598 (Table 5). In fact, the PPt/R ratio decreases between the BAR model and the AAR model by
599 approximately 20 %. This trend is also observed in Laizhou Bay as well as in the English Channel, but
600 is the opposite of the change occurring in the ecosystem of the Yellow sea with OWF deployment (Table
601 5). A similar pattern is observed for the PPt/B ratio, which shows a decrease of approximately 22 %
602 between the BAR model and the AAR model (Table 5). By contrast, the B/T.. increases between the
603 BAR model and the AAR model by approximately 15 %, in accordance with the change in the ecosystem
604 of the English Channel (Table 4).

605 The maturity of a system can be assessed using several indices. The PPt/R index is the ratio between the
606 energy used for biomass production (total primary production) and the energy used for maintaining
607 stability of the system (total respiration) (Christensen *et al.*, 2005). When the system is growing,
608 generally in a "young system", production exceeds the respiration and the PPt/R index is higher than
609 unity. On the contrary, when the system is mature, the system tends to balance the use of energy related
610 to both production and consumption (Odum, 1969). The B/T.. ratio is an index that increases with the
611 maturity of the system. Regarding these indicators used by Odum (1969), there is a good correlation
612 between the decrease in PPt/R, PPt/B, net community production and the increase of B/T (Table 5).
613 Since there are identical input data of primary producers in both models, the PPt/R and PPt/B metrics
614 inevitably decrease, because the primary production stays the same whereas biomass increases. The

615 B/T.. ratio, which is not directly related to primary production, could better be used in this study to
616 describe the change in maturity of the system. Thus, the B/T.. ratio shows an increase in system maturity
617 with the deployment of ARs. Mature and young systems have been described by Odum (1969) as
618 extreme opposites of an ecosystem. While young systems are characterized by production in terms of
619 growing and abundance, mature systems yield indicators, such as B/T... but also A and SOI index, that
620 reflect the stability of a complex web-like system. The increase of system maturity showed by B/T.. is
621 confirmed by the Ascendancy increase (Ulanowicz, 1997) and the SOI index trend that indicates
622 evolution to a more complex system (Libralato, 2008). Thus, in our case, the deployment of ARs
623 changes the structure of the ecosystem towards a more complex system and its functionality towards a
624 more stable system.

625 However, the study is based on observation of the last two years of the benthic community and ten years
626 of fish assemblages. By averaging ten years of surveys, we can smooth out the inter-annual variations
627 in biomass. While communities associated with ARs could rapidly become a stable system (Scarcella *et*
628 *al.*, 2015), the ARs of Capbreton could have been a production system during the initial period before
629 becoming more mature. Compared to other trophic modelling simulations on ARs (Guan *et al.*, 2016;
630 Xu *et al.*, 2019) or other artificial structures such as OWFs, (Raoux *et al.*, 2017), the increase of maturity
631 seems to be a criteria of reef effect based on the B/T..., PPt/R or PPt/B metrics (Table 5). In addition,
632 Wang *et al.*, (2019) used the System Omnivory Index to measure the increase of maturity with OWF
633 deployment in the Yellow Sea. This index describes the complexity of the system and also provides the
634 characteristics of a mature stage (trophic food chains represented as a web-like system).

Journal Pre-proof

**Références
for Ecopath
models**

Models	This study			Guan et al 2016			Xu et al., 2019			Wang et al. 2019			Raoux et al., 2017		
	BAR	AAR		BAR in Bohai Bay	Simulation of AR in Bohai Bay		BAR in Laizhou*	AAR in Laizhou*		Before OWF in Yellow sea*	OWF in Yellow sea *		Before OWF in English channel	Simulation of OWF in English channel	
<i>Number of group</i>	23	23	/	13	13	/	13	17	/	14	14	/	37	37	/
<i>T..</i>	379	413	+9 %	/	/	/	4721,2	3924,49	-17 %	/	/	/	1607,62	1831,93	+13,95 %
<i>A</i>	401	465	+16 %	/	/	/	/	/	/	7 195	8677	+21%	1869,1	2156,9	+15,40%
<i>SOI</i>	0,36	0,302	-16%	0,0379	0,0379	0%	0,23	0,188	-18%	/	/	/	0,173	0,199	+15,03%
<i>FCI</i>	13	13	0%	0,25	0,25	0%	9,035	16,84	+86%	3,899	8,448	+117%	/	/	/
<i>PPuR</i>	1,5	1,2	-20%	3,1088	3,1087	0%	1,724	0,665	-61%	1,47	1,784	+21%	1,72	1,12	-34,88%
<i>B/T..</i>	0,013	0,015	+15%	0,0105	0,0105	0%	0,01	0,045	+350%	/	/	/	0,03	0,04	+33,33%
<i>PPuB</i>	17,01	13,35	-22%	42,399	42,3987	-0,001%	27,54	3,145	-89%	52,281	67,737	+30%	/	/	/

635

636 *Table 5: Comparison between ENA indicators of Before/After analysis with other Ecopath models. Total System Throughput (T.., gC.m-2. Year-1; * t.km-2. Year-1); Ascendency (A, flowbits);*
 637 *System Omnivory Index (SOI, %), FCI (%), Total primary production/total respiration (PPt/R), Total biomass/total throughput (B/T..) and Total primary production/total biomass (PPt/B)*

638

639 Others model parameters also help us understand the functioning of AR systems. Ascendency represents
640 the level of the system activity and its organization (Ulanowicz, 1986). The increase of Ascendency also
641 indicates a higher activity in the system, which is characteristic of a maturity stage (Ulanowicz, 1997).
642 Regarding the modelling of Wang *et al.*, (2019) and Raoux *et al.*, (2017), this parameter increases
643 respectively after eight and thirty years of OWF deployment. This result should be qualified by the
644 unchanged value of the FCI (percentage of all flow in the system) before and after AR deployment (Finn,
645 1980). Thus, the low boosting of activity corroborates the local effect of ARs on the Capbreton site,
646 without any strong modification in the system structure and functioning.

647

648 The indicators suggested to detect changes in ecosystems in this study are based on studies conducted
649 to highlight the relevant ENA indicators (Safi *et al.*, 2019; Fath *et al.*, 2019). By analysing the ecosystem
650 functioning and structure, ENA provides holistic indicators to assess the impact of human activities and
651 environmental management measures such as ARs deployment. In fact, the ecological effects expected
652 from the deployment of ARs were listed by Claudet and Pelletier (2004), but no details were given about
653 the quantified objectives to be attained. As a result, only indicators showing the trend of the system
654 towards the general objectives could be used by managers to monitor the performance of ARs. Coupled
655 before/after analysis with trophic modelling approach allows indicators that reveal structural and
656 functional changes in the ecosystem with ARs deployment and could be used by managers to assess the
657 effectiveness of ARs.

658 The growth in the use of the trophic modelling approach reflects the emerging need for indicators for
659 managers (Heymans *et al.*, 2016; Pezy *et al.*, 2017; Raoux *et al.*, 2017; Guan *et al.*, 2016; Wang *et al.*
660 2019; Xu *et al.*, 2019; Prato *et al.* 2016; Valls *et al.* 2012; Hermosillo-Núñez *et al.*, 2018). The current
661 study is embedded in this approach, with the aim of highlighting the effect of AR deployment on
662 ecosystems.

663

664 **4.4 Limitations of the trophic modelling approach**

665

666 Trophic modelling is based on large amounts of biological data for each functional group chosen.
667 Besides, diet is a key parameter in the trophic modelling approach. In this study, the BAR model is
668 largely inspired by the data selected from coastal areas of the southern part of the Bay of Biscay (Lassalle
669 *et al.*, 2011) and information on diet is drawn from the literature. In this study, the models were based
670 on available data as proximate to the study as possible that lead to differences in the sampling efficiency
671 (such as between bottom trawl data and scuba diver surveys) and the period covered up. As a
672 consequence, our trophic models should be considered as a first approach to providing an overview of
673 the evolution of AR systems. Artificial reefs are known to attract a high abundance of fish, which could
674 potentially increase the local production. Thus, there is a need to investigate the feeding ecology and

675 trophic diet of fish that occur abundantly on artificial reefs by analysing stable isotopes and stomach
676 contents to examine the short- and long-term trophic diet composition (Bentorcha *et al.*, 2017).
677 The difficulty and cost of such extensive data collection could be an obstacle when applying the trophic
678 approach to coastal management. Prato *et al.* (2014) suggested carrying out a prior survey of the most
679 important and less documented functional groups. In this how, we chose to focus on benthic
680 invertebrates and fish biomass surveys and fixed the upper and lower trophic groups biomasses.
681 Consequently, the direct biomass trends of these groups could not be analysed. However, they still were
682 integrated in the trophic modelling as a part of the system, and the flows tendencies were investigated.
683 Finally, ENA is clearly dependent on the model structure and comparisons between trophic models
684 could be hazardous (Prato 2016; Fath *et al.*, 2019; Christensen *et al.*, 2005). Equivalent models need to
685 be favoured to assess the effect or evolution of coastal management tools within the ecosystem, i.e.
686 models based on the same number of functional groups and the same composition of these groups.

687

688 5 Conclusion

689

690 The ARs assessment still remains a challenge for marine managers who are required to monitor the
691 objectives of maintaining or enhancing fisheries production, with the aim of readjusting human pressures
692 on the ecosystems (Salaün *et al.*, 2022a). At the same time, trophic modelling has been developed over
693 many decades and applied to monitor various marine ecosystems around the world. This approach has
694 been used to understand the effect of fisheries on the entire ecosystem. Recently, it was extended to
695 other research domains such as the management of MPAs (Hermosillo-Núñez *et al.*, 2018) and the
696 simulation of the effect of OWFs on the ecosystem (Raoux *et al.*, 2017; Pezy *et al.*, 2017). Our study
697 represents a new investigation of the use of trophic modelling, based on a comparison of the system
698 before and after the deployment of ARs.

699 Like OWFs, ARs are mostly deployed on soft bottom habitats. So, they create hard substrates that
700 become colonized by various communities. With the deployment of ARs, the total biomass of the system
701 increases and the dominant fauna changes from detritivores to invertebrate filter feeders. However, the
702 reef effect is restricted to its vicinity and the low increase in biomass should rather be linked to the
703 environmental context of the studied area (a sandy coast with low connectivity with hard substrates). In
704 this case, the deployment of ARs has little influence on the ecosystem structure and biomass production.
705 By using ENA metrics on AR systems, it is possible to highlight the trophic modifications linked to the
706 introduction of hard substrates on soft habitats. Our study highlights a positive effect with an increase
707 in system maturity through ARs deployment; this finding has emerged by using ENA indicators, such
708 as B/T..., PPT/R, PPT/B and SOI. In accordance with other studies, this related change in maturity seems
709 to be a criterion reflecting the effect of artificial structures. Thus, our results demonstrate the interest of
710 using a large set of ENA indicators to characterize different trophic functioning attributes. This is

711 essential for an effective overview of the induced changes. By the end, ENA provides indicators that
 712 could be used by managers to monitor the temporal colonization and evolution of ARs, and assess
 713 performances objectives, to appreciate the pertinence of their deployment.

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715
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Author Statement

J.S, A.R. and J-C D. designed the networks. J.S gathered the data. A.R. modelled the networks. J.S analyzed the data and A.R. and J-C D. helped in interpreting the results. J.S wrote the paper with input from all authors.

Journal Pre-proof

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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