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Migration of the Antarctic Polar Front over the last glacial cycle

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29 Abstract

30 The Southern Hemisphere Westerly Winds (SWW) drive upwelling south of the Antarctic Polar Front 31 (PF) that vents CO₂ to the atmosphere. During the ice ages, a northward (equatorward) shift of the PF 32 may have reduced this CO₂ venting, helping to explain the lower atmospheric CO₂ concentration of 33 those times. However, evidence of PF migration is lacking. Here, we report biomarker-based sea 34 surface temperature (SST) reconstructions from two marine sediment cores at different latitudes in the 35 Southern Indian Ocean across the last glacial cycle. Using a quantitative framework for the effect of the 36 PF on meridional SST gradient, we show that the PF underwent an equatorward shift during the ice 37 ages. The PF latitude reconstruction, when compared with other data, also suggests a role for Earth's 38 axial tilt in the strength and latitude range of SWW-driven upwelling, which may explain previously 39 noted deviations in atmospheric CO₂ from a simple correlation with Antarctic climate.

40 Introduction

41 Recent studies have estimated that, over the last 150 years, 40% of the global oceanic uptake 42 of anthropogenic CO_2 has taken place in the Southern $Ocean^{1,2}$, and the region appears to account for 43 an even larger fraction of excess heat uptake by the ocean^{3,4}. Yet, it remains unclear how the Southern 44 Ocean carbon and heat sinks will evolve in the face of continued anthropogenic climate change^{5–7}.

45

46 On glacial-interglacial timescales, it is believed that the Southern Ocean strongly impacts the 47 atmospheric CO_2 inventory owing to its leverage on the communication between the atmosphere and 48 the voluminous ocean carbon reservoir^{8,9}. Several mechanisms are proposed to have curbed CO_2 release 49 from the ocean interior during glacial periods, including sea ice expansion^{10,11}, an increase in 50 Subantarctic phytoplankton productivity fueled by higher Fe-bearing dust supply to the surface 51 ocean^{12,13}, and weaker exchange of surface waters with CO_2 -rich deep water masses in the Antarctic 52 Zone $(AZ)^{14-20}$.

53

54 Changes in the position and/or strength of Southern Hemisphere Westerly Winds (SWW) during glacial times are thought to have modulated Antarctic upwelling^{21–23}. Surface winds indeed cause 55 56 divergent Ekman transport south of the wind stress maximum, near the axis of the Antarctic 57 Circumpolar Current (ACC) between 45-55°S, leading to the upwelling of CO₂- and nutrient-rich 58 subsurface waters along tilted surfaces of constant density. These isopycnals run poleward and upward across the ACC²⁴, inducing strong meridional sea surface temperature (SST) and density gradients that 59 60 define fronts²⁵. The Polar Frontal Zone (PFZ) marks the transition from the cold Antarctic Zone to the 61 south, where deep water masses outcrop, to the much warmer surface waters of the Subantarctic Zone 62 (SAZ) to the north. The PFZ is defined by the Antarctic Polar Front (PF) to the south and the 63 Subantarctic Front (SAF) to the north.

64

Analysis of modern oceanographic data and numerical simulations suggest that the PF is largely steered by seafloor bathymetry due to the deep structure of the frontal jets, but the extent of frontal shift under substantial climate forcing is still under debate^{26–28}. Similarly, model simulations are not

consistent in evaluating the effect of changing SWW stress on upwelling intensity^{29,30}. On glacial-68 69 interglacial timescales, available paleoceanographic reconstructions qualitatively agree on the direction of latitudinal shifts of the ACC fronts³¹⁻³⁶ but do not agree on coherent temporal patterns of change in 70 71 the SWW³⁷. SST-based paleoceanographic evidence of front dynamics has been lacking. Previous 72 radiolarian-based reconstructions of SST from the Atlantic sector of the AZ and SAZ suggest a 2-4° 73 northward shift of the isotherms representative of the modern PF and SAF during the Last Glacial Maximum (LGM), which was interpreted to reflect a northward shift of the ACC³⁶. A recent study 74 75 investigated the surface and subsurface temperature changes in the Indian Southern Ocean; assuming 76 one isotherm as representative of the PF, a more northward PF location is reconstructed for the LGM and a more poleward position for MIS $5e^{33}$. A concern with the single-isotherm method is that SST may 77 change due to either changes in SST spatial gradients or global/hemispheric climate change. 78 Compilation of planktic foraminiferal δ^{18} O across the Southern Ocean, after correction for whole-ocean 79 change in sea water δ^{18} O, also suggests an equatorward shift of the PF³⁸. What would be more 80 81 informative is the temporal evolution of the strong temperature gradient associated with the northern boundary of Antarctic surface, especially for investigating changes in Southern Ocean upwelling and 82 its drivers^{17,20,21,39}. 83

84

85 To shed light on the timing and structure of ACC frontal movements and connect these with 86 changes in SWW and upwelling dynamics, we present reconstructions of the gradient in the meridional SST field across the ACC. Using TEX_{86}^{L} paleothermometry^{40–42}, we analyze the temporal evolution of 87 88 reconstructed SST in the southwest Indian Ocean close to the Kerguelen Plateau based on marine sediment cores MD11-3357 (44.68°S, 80.43°E, 3,349 m water depth) and MD11-3353 (50.57°S, 89 90 68.39°E, 1,568 m water depth) in the Subantarctic and Antarctic zones (SAZ and AZ) of the Southern 91 Ocean, respectively (Fig. 1). The meridional SST difference (Δ SST) between the SAZ and AZ sites 92 was used to investigate the temporal evolution of frontal displacements. In combination with a simple 93 quantitative framework that relates front displacements to ΔSST , our analyses lend strong support to 94 the hypothesis of PF migration during the last glacial cycle, with a generally more equatorward position

- 95 during cold periods and more poleward location during warm intervals. We argue that the mean position 96 of the SWW had a profound impact on the latitudinal position of the Southern Ocean fronts, while the 97 position and intensity of the SWW together modulate Southern Ocean upwelling intensities and thus 98 regulating glacial-interglacial atmospheric pCO_2 changes.
- 99

100 **Results and Discussions**

101 SST changes and the link to frontal shifts

102 The youngest (core-top) samples from the SAZ (1,100 years ago) and AZ (1,200 years ago) 103 sediment cores provide SST estimates of 13.1°C and 5.1°C, respectively (Fig. 2), 1.8°C and 0.5°C warmer than the modern summer SST⁴³ (11.3°C and 4.7°C, respectively), which lies within the error of 104 105 the temperature calibration⁴². Both SST records are closely correlated with Antarctic ice core temperature reconstruction⁴⁴ (Fig. 2) and portray a coherent glacial-interglacial evolution consistent 106 with other Southern Ocean SST reconstructions⁴⁵⁻⁴⁷. The records depict a glacial-interglacial SST 107 amplitude of about 8°C (Fig. 2), in good agreement with multi-proxy SST reconstructions in the area⁴⁸⁻ 108 109 ⁵⁰. Southern Ocean temperature estimates tend to record glacial-interglacial SST changes that are twice as large as global temperature reconstructions 51,52 . It has been argued that frontal shifts may help to 110 explain the larger glacial-interglacial SST amplitude observed in the Southern Ocean⁴⁶. Consistent with 111 112 this interpretation, sites further away from the ACC experienced reduced SST changes of about 4°C⁴⁶.

113

114 The location of the modern PF has been inferred based on different metrics, such as the 115 maximum meridional gradient in seawater properties^{53,54} or the winter 2°C isotherm^{25,55}. Here, we 116 adhere to the maximum gradient in surface layer temperature, as it reflects the boundary between 117 surface water masses originating from different sources (see Methods, Supplementary Fig. 5). In World 118 Ocean Atlas 2018, the steepest slope of surface temperature in the Kerguelen region lies north of AZ 119 site MD11-3353 and mostly south of SAZ site MD11-3357, resulting in an SST difference of 6.5° C 120 between the two sites⁴³. Δ SST would decrease and thus SSTs become more similar if — as a 121 consequence of frontal shifts — both sites recorded temperatures from more similar water masses. This
122 can result from either a northward or a southward shift of the front.

123

124 The reconstructed Δ SST between the SAZ and the AZ core sites during the past 150,000 years 125 shows a pattern distinct from that of the glacial-interglacial climate evolution (Fig. 2). During peak 126 glacial intervals such as MIS 2, MIS 4, and MIS 6, Δ SST is reduced to 4-6 °C. It reaches maximum 127 values of >7 °C during intermediate climate intervals, such as MIS 5c and MIS 3, while during peak 128 interglacials, Δ SST drops again to 4-6°C. A cross-plot between Δ SST and the Antarctic ice-core 129 (EPICA Dome C (EDC)) temperature reconstruction supports the inference that Δ SST decreases as 130 climate approaches peak cold and warm climate states and reaches highest values during intermediate 131 climate conditions (Fig. 3a). This non-monotonic relationship between Δ SST and EDC temperature 132 suggests that the latitudinal position of the PF has shifted as climate has changed.

133

134 To understand the impact of frontal shifts on the \triangle SST between the selected core sites, we use 135 a simple quantitative framework to simulate the response of individual site SST and Δ SST to different 136 scenarios of coupling between PF latitude and regional climate (Fig. 3; also see Methods and 137 Supplementary Figs. 5-14). In brief, we first simplified the modern surface layer temperature of the 138 Kerguelen region taken from World Ocean Atlas 2018 into three segments. Then we applied different 139 parameters to alter the three segments, mimicking different hypothetical PF changes. The parameters 140 dictating this quantitative framework are the ranges of maximum temperature change in the AZ and the 141 SAZ respectively, and the relationship between the changes in PF latitude and Antarctic climate (as 142 represented by EDC temperature). In this study, we assume that the relationship between PF latitudinal 143 change and Antarctic climate is linear. For the sensitivity tests, we investigated the evolution of Δ SST 144 between the latitudes of MD11-3357 and MD11-3353 with different combinations of parameters. The 145 results show that the non-monotonic relationship between Δ SST and EDC temperature only exists when 146 the PF latitude shifts alongside Antarctic climate change (Supplementary Figs. 6 and 9), while the 147 choice of different ranges of maximum temperature change in the AZ and the SAZ and different rates

of PF migration with Antarctic climate change alters the shape of the non-monotonic pattern (seeSupplementary Information).

150

151 To be consistent with polar amplification, we set the total range of glacial-interglacial temperature change in the AZ to be 2°C more than that in the SAZ and used optimization algorithm to 152 153 define a relationship between PF latitude and Antarctic climate that best fits the TEX^L₈₆-reconstructed Δ SST between MD11-3357 and MD11-3353: Δ lat (degrees) = Δ T_{EDC} (°C) * 0.66 + 4.33 (see Methods). 154 155 Figure 3 compares the results of this optimized simulation with that of the simulation of no PF shift and 156 the TEX^L₈₆-reconstructed SST data. In the simulation in which the location of the fronts is kept 157 unchanged, the simulated Δ SST decreases when climate warms, which is consistent with polar 158 amplification. This trend qualitatively matches that of the reconstructed Δ SST for the warmer climate intervals, but the simulated change in Δ SST is far too small (Fig. 3c vs. 3a). In addition, the simulation 159 160 cannot reproduce the low Δ SST characteristic of the coldest conditions. In contrast, in the simulation in 161 which PF latitude increases linearly with Antarctic temperature, the observed non-monotonic relationship between TEX^L₈₆-reconstructed Δ SST and EDC temperature is well-captured (Fig. 3e). 162 Compared to the TEX^L₈₆-reconstructed Δ SST of the past 150,000 years, this simulation captures many 163 164 temporal features (Fig. 3f). Thus, our simulation with latitudinal frontal shifts can account for the 165 changes in the reconstructed Δ SST.

166

167 ACC frontal shifts over the last glacial cycle

168 Although modern observations suggest that the ACC may be locally restricted by bathymetry 169 around the Kerguelen Plateau⁵⁶, the reconstructed Δ SST together with our quantitative framework 170 suggest substantial shift of the frontal latitudes. At the beginning of the 21st century, about 2/3 of the 171 ACC flow around the Kerguelen Plateau was deflected northwards, and the SAF was deflected 172 southwards east of the Kerguelen Plateau⁵⁶. Thus, overcoming topographic thresholds in the past might 173 have caused major changes in the flow path of the ACC. To reconstruct past changes in PF latitudes, 174 we use the best-fitting relationship between Δ SST and PF latitude changes inferred from our framework

and the interpolated TEX^L₈₆-ASST between MD11-3353 and MD11-3357 to back-calculate the 175 176 latitudinal changes of the position of the PF (Fig. 5d and Supplementary Fig. 16; see Methods). During 177 cold intervals of the past, including MIS 2, MIS 4, and MIS 6, the low Δ SST implies a northward shift 178 of the PF of up to $\sim 2^{\circ}$ compared to today (Fig. 5d). This northward shift is consistent with previous 179 studies in the Indian sector of the Southern Ocean, but our estimated shift is smaller than the 5-10° northward shift that has been estimated based on sea-ice extent^{35,57}. Ref. 33 estimated that the PF 180 (defined as the θ_{min} 2°C, the 2°C subsurface isotherm at 200 m water depth) was located 2° north of site 181 182 MD11-3353 during peak glacial conditions. The authors further suggested that an equatorward 183 migration of the PF may be amplified by regional bathymetry and estimated a 6-7° northward shift of 184 the PF in the Kerguelen region. Though potentially larger in other parts of the Southern Indian Ocean 185 where the PF is subject to larger meandering, the glacial frontal shift reconstructed by our data and 186 model for the Kerguelen region was $\sim 2^{\circ}$ northward of its current position.

187

188 According to our model, the temperature increase at MD11-3357 and MD11-3353 during the 189 last two glacial terminations were associated with poleward shifts of the PF. This led to an initial 190 increase followed by a decrease in the Δ SST (Fig. 2), as the steepest part of the SST profile first moved 191 in between the two sites and then southward of both sites (Supplementary Fig. 5). The maximum Δ SST 192 during Termination 2 remains lower than that of Termination 1 (Fig. 4). Due to the lower resolution of 193 the SST data during Termination 2, it is likely that the brief period when the steepest part of the SST 194 profile was sandwiched between the two sites was not well recorded, leading to a smaller maximum 195 Δ SST. It is also possible that the exact slope of the SST profile may be different during the two 196 terminations, producing a smaller increase in the Δ SST during the first half of Termination 2. However, 197 the similar shape of the Δ SST progression when plotted over EDC temperature during the two 198 terminations argues that they experienced similar changes in PF positions (Fig. 4). At the end of both 199 terminations, Δ SST progressed to a lower range, signaling that the PF is most poleward at the beginning 200 of interglacials.

202 During the previous interglacial (MIS 5e), SST at MD11-3357 and MD11-3353 were ~2-4°C 203 warmer compared to pre-industrial, and the reconstructed Δ SST was very low (~4°C). This suggests 204 that the PF remained at a southernly position after the end of Termination 2, such that the steepest part 205 of the SST profile moved southward of the AZ core MD11-3353. Our reconstruction suggests a PF position of as much as 6.5° south during MIS 5e compared to today (Fig. 5d). These results agree well 206 207 with previous estimates based on sea surface and subsurface temperature reconstructions from diatom and radiolarian assemblages³³. Moreover, this is consistent with the unusually low biogenic opal fluxes 208 209 at MD11-3353 during this interval, which may be related to silicate limitation on diatom growth as a consequence of a southward migration of the PF⁵⁸. 210

211

At the end of Termination 1/early Holocene, the PF reached as much as ~4.5° southward of the 212 213 current position (Fig. 5d), in agreement with previous reconstructions³³. This PF position would place 214 the steepest part of the SST profile partly south of MD11-3353, explaining the low Δ SST of the early 215 Holocene. During the late Holocene, while Antarctic temperatures remained stable, the reconstructed Δ SST increased from ~6°C to ~7.5°C (Fig. 2). This Δ SST increase is an upward line in the Antarctic 216 217 (EDC) T-ASST space, deviating from the "horseshoe" trend of the last 150,000 years (Fig. 4). The 218 increase in \triangle SST since early Holocene suggests a gradual northward shift of the PF (Fig. 5d), which 219 should correspond to a declining EDC temperature. Yet the EDC temperature remained stable during 220 this interval. Here, we consider possible explanations for this deviation.

221

222 Because of interaction with local topography, the current PF to the west of the Kerguelen Plateau is shown to seasonally meander by as much as $4^{\circ 59}$. As a result, unlike during MIS 5e when the 223 224 PF was apparently locked in a position passing through the Fawn Trough south of the Kerguelen Plateau, 225 the spatial relationship between the mean Holocene PF and the Kerguelen Plateau may have made the 226 PF more prone to meander, producing greater scatter in the reconstructed Δ SST and possibly explaining 227 the Holocene deviation from the "horseshoe". Ref. 33 suggested that the PF only briefly passed through 228 Fawn Trough, which is ~5° southward of the current PF, and returned northward to its current position 229 very early in the Holocene. Ref. 33 also observed a similar PF position for MIS 7, which is interpreted

to be another more moderate interglacial, in contrast to the much southward position during the two warm interglacials MIS 5e and MIS 9. The southern Kerguelen bathymetry may help to explain the (lack of) poleward frontal shifts during moderate interglacials. As mentioned above, the bathymetric thresholds may be permanently surpassed in warmer interglacials such as MIS 5e, whereas during the Holocene this threshold was overcome only temporarily, and the PF shifted back northward quickly.

235

236 Another possibility is that Antarctic surface water temperature is decoupled from EDC 237 temperature during the Holocene. The decrease in summer insolation at 65°N during the last 10,000 238 years is much smaller compared to that of 115,000-125,000 years ago, and its cooling effect through 239 the albedo feedback is weak, mostly constrained to the extratropical Northern Hemisphere⁶⁰. The 240 decrease in obliquity during Holocene decreases the insolation received at high latitudes, but it may 241 lead to relatively weak cooling effect at Antarctica inland ice core sites, as high albedo would result in 242 little changes in net absorbed radiation, and stronger cooling at Antarctica continental margins and the 243 surrounding Antarctic Ocean. As a result, temperature stayed stable at EDC for the last 10,000 years. 244 At MD11-3353, the TEX^L₈₆-SST is shown to decline during the Holocene. SST reconstructions at 245 different sites near the Western Antarctic Peninsula as well as the δD record at Taylor Dome also show 246 a cooling trend for the last 10,000 years, tracking the decline in local insolation⁶¹. The cooling of the 247 Antarctic Ocean would correspond with a northward shift of the PF, as predicted by our hypothesized 248 quantitative framework, and supported by the Δ SST reconstruction and the results in ref. 33.

249

A related explanation, which will be discussed further below, involves the role of obliquity in Southern Ocean upwelling. Declining obliquity over the Holocene is expected to have strengthened the SWW thus northward Ekman surface water transport and upwelling in the $AZ^{62,63}$, consistent with N isotope reconstructions (Fig. 5f and g, ref. 20, 64). Independent of any change in the meridional position of the SWW, this would have pushed surface isotherms equatorward (i.e., increasing the meridional tilt of isopycnals)⁶⁵. Thus, decoupling of PF position from Antarctic air temperature may be a fingerprint of obliquity-driven changes in upwelling.

258 Controls on ACC front latitudes

The temporal evolution of the PF position reconstructed from the Δ SST between MD11-3353 and MD11-3357 is generally correlated with changes in both ice core air temperature⁴⁴ and compiled Southern Ocean SST⁶⁶ (Fig. 5a, c and d), except for its decoupling from EDC temperature (but continued coupling with Southern Ocean SST) during the Holocene. Our findings are among the first quantitative evidence for the connection between Antarctic climate and the position of the PF. The low resolution of this first SST gradient-based PF latitude reconstruction limits comparison to other Southern Ocean records. However, several key correlations warrant noting.

266

The PF roughly delineates the northern limit of the wind-driven upwelling of Circumpolar Deep Water, and the latitude of the modern PF is correlated with the latitude of the SWW⁵⁴ (Fig. 1). Applying this causal relationship to frontal shifts in the Indian Southern Ocean during the last 150,000 years, the northward displacement of the PF during MIS 5d, 4, and 2 argue for coincident northward (equatorward) shifts of the SWW. Indeed, these intervals are associated with global cooling driven by changes in Earth's orbital parameters, which, according to global climate model simulations, should have driven an equatorward shift of the westerly winds as part of a cooling-driven contraction of the Hadley cell^{62,67}.

274

However, the cooling at MIS 5d does not bring global temperature to LGM conditions⁶⁸, while 275 276 the coinciding equatorward shift of the PF does (Fig. 5c and d). The position of the SWW and thus 277 upwelling in the Southern Ocean also responds to millennial-scale asymmetric climate changes between 278 the northern and southern hemispheres. Modeling studies have shown that warming of the Southern Ocean during North Atlantic cold events would shift the SWW poleward⁶⁹, while terrestrial 279 280 paleoclimate proxies suggest an equatorward shift of the SWW due to Southern Ocean cooling during the Antarctic Cold Reversal⁷⁰. Unfortunately, the resolution of our records does not allow for 281 282 investigation of the response of the PF to millennial-scale Heinrich events that led to asymmetric 283 climate change of the two hemispheres, which may be the subject of future research using sediment 284 cores of higher resolution.

286 As introduced previously, another important factor in the mid-latitude westerly winds is Earth's 287 obliquity⁶³. The reconstructed PF latitude over the last glacial cycle appears to partially covary with 288 obliquity cycle, with a more northward PF associated with low obliquity (Fig. 5d and e). In global 289 climate model simulations, lower obliquity can enhance the mid-latitude temperature gradient, which in turn drives intensification of the mid-latitude westerly winds^{62,63,71,72}. In model simulations where 290 291 changes in eddy flux only partially cancel out changes in wind-driven Ekman flow, an increase in wind 292 strength would enhance the residual circulation of the Southern Ocean "upper cell" and increase transport of cold water northwards, leading to surface cooling to the north of the AZ^{65} , corresponding 293 294 with a northward shift of the PF. The effect of obliquity on wind strength and upwelling intensity thus 295 represents an additional mechanism that can explain the greater extent of equatorward frontal shift 296 relative to that of global temperature drop at the end of MIS 5d, as well as the evident equatorward 297 frontal shift during the late Holocene when the global cooling signal is weak.

298

299 Reciprocally, the location of the pronounced SST gradient is believed to impact the mid-latitude 300 winds by anchoring the storm track around the oceanic front that maintains near-surface thermal 301 gradients and energizes eddies in the lower troposphere, and a removal of the front results in substantial weakening of the eddy activity and the jet⁷³. An initial meridional shift of the SST gradient field will 302 303 induce positive feedbacks in the eddy activity that reinforce the shift, and this feedback is more 304 pronounced for an equatorward-shifting SST front, although the equatorward shift is eventually 305 inhibited by the presence of the subtropical jet⁷⁴. This positive feedback process between the oceanic 306 SST gradient and eddy-driven jet may help to explain the strength of northward frontal shift during MIS 307 5d.

308

309 Changes in upwelling and CO₂ outgassing

Changes in the latitude ranges of the ACC and the SWW may have important consequences for the release of respired carbon from the deep ocean through its communication with the atmosphere in the Southern Ocean. A northward shift in the SWW would weaken the ACC flow that can pass through the Drake Passage and decrease upwelling of deep water in the "upper cell" of the overturning circulation in Antarctica²¹, which would promote deep carbon storage through a combination of mechanisms¹⁷. In addition, decreased upwelling of the relatively warmer Circumpolar Deep Water under more equatorward SWW would promote the expansion of quasi-permanent sea ice and shoal the density interface between the lower and upper cell of the Southern Ocean overturning¹¹, decreasing the deep turbulent mixing and isolate Antarctic Bottom Water from the other water masses in the ocean interior, keeping more CO₂ in the deep ocean^{75,76}.

320

321 While we have just argued for a strong correlation between atmospheric CO₂ concentration and the latitudinal position of the PF, comparing the atmospheric CO₂ record⁷⁷ with our reconstructed PF 322 323 latitude shows several discrepancies. Specifically, the PF shifted strongly northward at MIS 5d while 324 CO_2 declined only modestly, and the PF shifted northward through the Holocene while the CO_2 rose 325 (Fig. 5a and d). These discrepancies may be explained by changes in the intensity of AZ upwelling (as reconstructed with diatom-bound δ^{15} N, Fig. 5g; ref. 20) that do not have a direct connection to the mean 326 327 latitude of the westerly winds. The low obliquity at MIS 5d and the declining obliquity during the 328 Holocene should have increased the temperature gradient between the middle and high latitudes, which 329 is supported by the increase in temperature difference between moisture source and ice core site of 330 Vostok⁷⁸. This increase in temperature gradient should have intensified the SWW, compensating for 331 the equatorward displacement of the winds so as to maintain and/or increase upwelling and thus permit CO2 outgassing from the AZ^{20} . In addition, as described above, the strong SWW-driven (Ekman) 332 333 transport of AZ surface waters northward driven by low(ering) obliquity at MIS 5d and the Holocene 334 may have worked to push surface isotherms northward. Together, these processes can explain the 335 otherwise anomalous conditions of MIS 5d and the late Holocene of a northward PF (Fig. 5d), strong 336 AZ upwelling (Fig. 5g), and relatively high atmospheric CO₂ (Fig. 5a and b). The compiled data (Fig. 337 5) suggest that the role of obliquity on AZ upwelling was muted during the coldest climates of the last 338 glacial cycle, becoming important only during moderate and warm climates. This observation may be 339 the result of a stronger subtropical jet under warm global mean climate⁷⁹, which leads to a greater 340 amplitude of change associated with its modulation by obliquity.

342 Conclusions

343 Applying the TEX^L₈₆ paleotemperature proxy to two sediment cores in the Indian sector of the 344 Southern Ocean, we reconstruct their SST difference (Δ SST) over the last glacial cycle. Using a simple 345 quantitative framework for the relationship between Δ SST and the position of the Antarctic Polar Front 346 (PF), we show that the reconstructed \triangle SST cannot be a consequence of polar amplification alone but 347 rather points to coherent PF displacements that are linearly correlated with Antarctic temperature. We 348 report lower \triangle SST in combination with lower Antarctic temperatures, during MIS 2, 4 and 6, suggesting 349 a northward shift of the PF of up to 2° latitude. Conversely, lower ΔSST and higher Antarctic 350 temperatures are consistent with a southward shift of the PF of up to 6° latitude during MIS5e (Fig. 5d). While our results are consistent with previous proposals^{17,21}, some data-based studies^{31–35,38}, and some 351 model predictions^{62,67}, the approach taken here provides a more quantitative, temporally continuous 352 353 view of PF history purely based on SST. With generation of additional SST records in the Southern 354 Ocean and refinements in age models, this approach promises to provide multiple constraints on the 355 climatic controls on PF location and Southern Ocean circulation.

356

357 We suggest that global cooling was a dominant driver of the equatorward shift of the SWW 358 during the ice ages, with changes in the wind strength driven by obliquity also contributing to 359 reconstructed changes. Through its effects on Southern Ocean upwelling and related vertical circulation, 360 the equatorward shift of the SWW during ice ages should have enhanced the storage of carbon in the 361 deep ocean, helping to explain the lower atmospheric CO₂ levels of the ice ages. During MIS 5d and 362 the late Holocene, low obliquity and thus an increased mid-latitude temperature gradient may have 363 strengthened the westerly wind-driven AZ upwelling, compensating for the equatorward jet location so 364 as to sustain the upwelling in the AZ and thus raising atmospheric CO₂ somewhat while also pushing 365 the PF northward during these special time intervals. Thus, the effects of obliquity change may explain 366 the deviation of MIS 5d and the late Holocene from the overarching tendency over the glacial cycle for

- 367 a more northward PF to be associated with global cooling, reduced AZ upwelling, and lower
- 368 atmospheric CO₂.



Figure 1: Maps of modern Southern Ocean sea surface temperature (SST) and 10 m zonal wind strength in austral summer. Austral summer (DJF) (a) SST (°C) and (b) 10 m zonal wind strength (m·s⁻¹) based on reanalysis data for the period 1951-1990^{80,81}. Black circles indicate core locations MD11-3353 (50.57°S, 68.39°E) in the AZ and MD11-3357 (44.68°S, 80.43°E) in the SAZ. STF = Subtropical Front, SAF = Subantarctic Front, PF = Polar Front, SAZ = Subantarctic Zone, AZ = Antarctic Zone, after ref. 25.



378

Figure 2: SST reconstructions through the last glacial cycle. Top: GDGT-based (TEX^L₈₆) SST reconstruction for SAZ core MD11-3357 (red) and AZ core MD11-3353 (blue), compared to the EDC δD record⁴⁴ (grey). Bottom: SST difference (Δ SST) between the two cores, SST(MD11-3357) – SST(MD11-3353), calculated on a 2,500-year-resolution x-axis. Vertical bars in blue indicate cold periods MIS 2, 4, and 6. Stars indicate modern austral summer (DJF) SST⁴³.



386 Figure 3: Date-simulation comparison of the relationship between Antarctic air temperature 387 and the sea surface temperature difference (Δ SST) between the two Southern Ocean sediment 388 cores. (a) The reconstructed \triangle SST plotted against the EDC temperature depicts a horseshoe pattern 389 with its angular point (largest Δ SST) around -4° C (dotted line). The color code (red colors represent 390 warm intervals and blue colors cold intervals) shows that MIS 5e has the smallest Δ SST together with 391 warmest EDC temperatures. (b) The downcore record of reconstructed Δ SST between MD11-3357 392 and MD11-3353. (c and d) Simulated \triangle SST between the latitude of MD11-3357 and that of MD11-393 3353 without PF shift plotted over EDC temperature and age. (e) Simulated \triangle SST with the optimized 394 parameters of PF shift plotted over EDC temperature age. (f) Comparison of simulated Δ SST and 395 reconstructed \triangle SST of the last 150,000 years.



398

399 Figure 4: Data for Termination 1 and Termination 2. Reconstructed \triangle SST (circles) and simulated Δ SST (dotted line) plotted over EDC temperature change⁴⁴. Red open circles represent data of 400 401 Termination 1 (10,000-19,000 years ago), and red filled circles represent data of Holocene (0-10,000 402 years ago). The red line and arrow represent the temporal progression of Δ SST towards younger ages. 403 Orange open circles represent data of Termination 2 (129,000-144,000 years ago), and orange filled 404 circles represent data of MIS 5e (115,000-129,000 years ago). The orange line and arrow represent the 405 temporal progression of the Δ SST towards younger ages. The blue asteroid represents the modern WOA data43. 406



408

Figure 5: ACC-associated frontal shifts over the last glacial cycle and their connections to climate and CO₂ change. (a) atmospheric CO₂ reconstructions⁷⁷ (black) and EDC temperature record⁴⁴ (grey), (b) Offset between CO₂ and predicted CO₂ based on a linear relationship between Antarctic ice core temperature and CO₂²⁰ (dark red), (c) Compilation of SST at 50°-60°S⁶⁶ (pink) and global SST change⁶⁸ (purple), (d) Changes in PF latitude calculated from Δ SST (3357–3353) (thick sky blue line) and the uncertainty bounds (lighter shading), (e) changes in the difference between the air temperature at the moisture source (T_{source}) and ice core site (T_{site}) of Vostok⁷⁸ (dark grey) relative to modern conditions,

416 reconstructed from ice deuterium excess, and obliquity⁸² (yellow), (f) Offset between Indian AZ 417 diatom-bound $\delta^{15}N$ and predicted diatom-bound $\delta^{15}N$ based on a linear relationship between Antarctic 418 air temperature and diatom-bound $\delta^{15}N^{20}$ (brown), (g) Combined record of Indian AZ diatom-bound 419 $\delta^{15}N$ as an indicator of upwelling²⁰ (dark green) and predicted diatom-bound $\delta^{15}N$ based on a linear 420 relationship between Antarctic air temperature and diatom-bound $\delta^{15}N^{20}$.

421

422 Methods

423

424 Study area

425 Marine sediment cores MD11-3353 (50.57°S, 68.39°E, 1.568 m water depth) and MD11-3357 426 (44.68°S, 80.43°E, 3.349 m water depth) were recovered by the R.V. Marion Dufresne in 2011 and 427 2012 around the Kerguelen Archipelago in the southwest Indian Ocean (Fig. 1). Both cores were 428 recently described elsewhere^{20,58,64}. MD11-3353 is located slightly south of the modern Antarctic Polar 429 Front (PF), whereas MD11-3357 is located in the Subantarctic Zone (SAZ), just north of the 430 Subantarctic Front (SAF). The close proximity of the Subtropical Front (STF) in the north defines a 431 narrow SAZ domain in this region⁵⁶. The Kerguelen Plateau exerts a strong influence on the ACC flow 432 such that a 60% of the current is deflected northwards of the Plateau, followed by a southeastward flow 433 east of the plateau and the integrated ACC flow is estimated to reach 150 Sv around the Kerguelen Plateau⁵⁶. 434

435

436 Age models

This study relies on previously published age models for all cores^{20,58}. Briefly, the age model for MD11– 3357 relies on graphical alignment of the GDGT-based SST reconstruction with the EDC deuterium record^{44,58}. The original age model for MD11-3353⁵⁸, aligning GSGT-based SST with the EDC deuterium record⁴⁴, has been updated by adjusting the youngest and oldest tie points and adding two tie points in MIS 3 based on diatom-bound δ^{15} N correlation with the diatom-bound δ^{15} N record of MD12-3394²⁰.

444 SST reconstructions

445 SST reconstructions are based on measurements of glycerol dialkyl glycerol tetraethers (GDGTs) which are produced by pelagic *Thaumarchaeota*⁸³. The sea surface temperature index TEX_{86} is based on the 446 447 temperature sensitivity of the average numbers of cyclopentane moieties found in these archaeal lipids⁴⁰. 448 GDGT measurements followed the method proposed in ref. 84. Briefly, the GDGT-fraction was 449 extracted from 3-5 g of freeze-dried sediment and simultaneously separated from other organic 450 biomarkers using an Accelerated Solvent Extractor (ASE 350) and analyzed with a high-pressure liquid 451 chromatograph coupled to a single quadrupole mass spectrometer detector (HPLC-MS; Agilent 1260 452 Infinity)⁸⁵. Intralaboratory standard SST error for replicate measurements of a standard sediment sample extracted in each batch of samples (n=13) was 0.5°C, i.e. similar to literature estimates⁸⁶. SST was 453 454 reconstructed using the TEX^L₈₆ calibration in ref. 42 to reconstruct changes in SST, which produces better glacial-interglacial pattern in the high latitude regions^{20,41,87} (Supplementary Fig. 1 and 2). We 455 456 estimated the potential contribution of isoprenoid GDGTs from non-Thaumarchaeota sources on the 457 estimated TEX^L₈₆ temperatures using a series of GDGT-based indices (Supplementary Fig. 3). All the 458 samples analyzed were within the expected values for pelagic Thaumarchaeota GDGT producers, 459 indicating negligible contributions from other sources.

460

461 Δ SST calculation

462 To calculate past Δ SST, the data from different cores have been resampled following a linear 463 interpolation with a resampling step of 2,500 years, which best resembles the initial resolution in both 464 cores.

 Δ SST was then determined by subtraction:

466
$$\Delta SST_{(core\ 1-core\ 2)tx} = SST_{core\ 1,tx} - SST_{core\ 2,tx} \qquad (eq.\ 1)$$

with t_x describing the same age point in the cores, core 1 being MD11-3357 and core 2 being MD113353.

470 **Quantitative framework setup**

471 The initial SST profile is the zonally averaged mean summer temperatures of 0-200m depth of the region 68.5°E to 80.5°E, 34.5°S to 60.5°S from World Ocean Atlas 2018⁴³, which is the representative 472 growth season and depth of the GDGT-producing archaea blooms^{42,87}. The initial SST profile is 473 474 simplified to three segments: the AZ segment, the PFZ segment, and the SAZ segment (Supplementary 475 Fig. 5). From higher to lower latitudes, the AZ-PFZ boundary (denoted *lat1*) and PFZ-SAZ boundary 476 (denoted *lat2*) are the latitudes with the largest increase and decrease in the slope of the SST profile, 477 respectively. These changes in slope represent the transition from the relatively well-mixed cold polar 478 surface water mass towards the warm surface waters of the SAZ. The SST within each segment were 479 then fitted to a linear line:

480

$$SST_{AZ}(lat) = k_{AZ} * lat + m_{AZ}, lat < lat1$$

$$SST_{PFZ}(lat) = k_{PFZ} * lat + m_{PFZ}, lat1 < lat2$$

482
$$SST_{SAZ}(lat) = k_{SAZ} * lat + m_{SAZ}, lat > lat1$$

483

484 EDC relative air temperatures were used as a reflection of Antarctic climate change. Temperature 485 changes at EDC were transferred into different amounts of temperature change in the AZ and the SAZ 486 due to polar amplification. Two parameters, $range_{AZ}$ and $range_{SAZ}$, represent the maximum 487 temperature change (i.e., peak interglacial SST minus peak glacial SST) in the two regions. For any 488 given EDC temperature change at time t, we assume that the SST of the AZ and SAZ will 489 increase/decrease a fraction of the maximum temperature range of the zone, and we can get the SST 490 lines in the AZ and the SAZ at time t (Supplementary Fig. 5, with the constraint that the lowest SST is 491 -2° C for the AZ, the freezing point of sea water):

492
$$SST_{AZ}(t, lat)_{no \ shift} = k_{AZ} * lat + m_{AZ} + \frac{\Delta T_{EDC}(t)}{max(\Delta T_{EDC}) - \min(\Delta T_{EDC})} * \ range_{AZ}, lat < lat1$$
493
$$SST_{SAZ}(t, lat)_{no \ shift} = k_{SAZ} * lat + m_{SAZ} + \frac{\Delta T_{EDC}(t)}{max(\Delta T_{EDC}) - \min(\Delta T_{EDC})} * \ range_{SAZ}, lat$$

494 > *lat*2

495 The new SST line of the PFZ segment at time t is a linear line between the new temperatures at *lat* 1 496 and *lat* 2. (Supplementary Fig. 5):

497
$$SST_{PFZ}(t, lat)_{no \ shift} = \frac{SST_{SAZ}(t, lat2)_{no \ shift} - SST_{AZ}(t, lat1)_{no \ shift}}{lat2 - lat1} * lat + m'_{PFZ}$$

499

500 We then assume that a change in Antarctic temperature leads to a latitudinal shift of all three SST lines,

< *lat*2

501 and the amount of shift is linearly related to the amount of EDC temperature change:

502
$$\Delta lat(t) = a * \Delta T_{EDC}(t) + b (\Delta lat > 0 represents a poleward shift)$$

503 The SST lines after the shift are:

504
$$SST_{AZ}(t, lat)_{shift} = k_{AZ} * \left(lat + \Delta lat(t) \right) + m_{AZ} + \frac{\Delta T_{EDC}(t)}{max(\Delta T_{EDC}) - \min(\Delta T_{EDC})} * range_{AZ},$$

505 $lat + \Delta lat(t) < lat1$

506
$$SST_{SAZ}(t, lat)_{shift} = k_{SAZ} * \left(lat + \Delta lat(t) \right) + m_{SAZ} + \frac{\Delta T_{EDC}(t)}{max(\Delta T_{EDC}) - \min(\Delta T_{EDC})} * range_{SAZ}$$

507
$$lat + \Delta lat(t) > lat2$$

508
$$SST_{PFZ}(t, lat)_{shift} = \frac{SST_{SAZ}(t, lat2)_{no \ shift} - SST_{AZ}(t, lat1)_{no \ shift}}{lat2 - lat1} * (lat + \Delta lat(t)) + m'_{PFZ},$$

 $lat1 < (lat + \Delta lat(t)) < lat2$

509

510

511 Determination of the optimal parameters

To tune our model to match the reconstructed Δ SST, we need to determine the four unknown parameters: the maximum range of temperature change in the AZ and SAZ, i.e. $range_{AZ}$ and $range_{SAZ}$, and the slope and intercept of the linear relationship between Δlat and ΔT_{EDC} , i.e. a and b. The sensitivity analysis shows that $range_{AZ}$ and $range_{SAZ}$ have little impact on when the maximum Δ SST occurs, thus we tentatively chose 3°C to be $range_{AZ}$ and 1°C to be $range_{SAZ}$, based on different reconstructions glacial temperature reconstructions^{51,66}.

The sensitivity analysis also shows that with realistic values for *a*, the maximum Δ SST between the two sites would occur when the PF is ~1.8° southward of its current position (Supplementary Fig. 7 and 10). The maximum TEX^L₈₆-reconstructed Δ SST occurs when the temperature change at EDC is around -3°C to -5°C (Supplementary Fig. 12). We took the group of the data with EDC temperature between -3°C and -5°C and calculated their mean EDC temperature change and the mean Δ SST, which are ~-4°C and 7°C respectively (Supplementary Fig. 12). This suggests that during the past 150,000 years, the PF was around 1.8° southward when the EDC temperature was around -4°C lower than the present:

526

$$\Delta lat(\max SSTgrad) = a * \Delta T_{EDC}(\max SSTgrad) + b = a * (-4) + b = 1.8$$

527 Based on the sensitivity tests, we took -2° (2° northward) to be the estimated PF position for the mean 528 peak glacial, which is defined as EDC temperatures lower than -9° C and has a mean EDC temperature 529 change of -9.6° C and mean Δ SST of 5.1°C (Supplementary Fig. 12):

530
$$\Delta lat(\text{peak glacial}) = a * \Delta T_{EDC}(\text{peak glacial}) + b = a * (-9.6) + b = -2$$

531 With these two equations, we calculated that a = 0.68, b = 4.52. The physical meaning of a is that for 532 every degree Celsius of EDC temperature warming(cooling), there is a 0.68° southward(northward) 533 latitudinal shift in the position of the PF. The physical meaning of b is that when EDC is at its current 534 temperature ($\Delta T_{EDC} = 0$), the position of the PF is 4.52° southward of the initial position. However, the 535 initial scenario is the modern SST profile, which should have a Δlat of 0. The inconsistency of the 536 modern SST profile and the PF position predicted by the model with the EDC ice core-top temperature 537 leads us to consider the possibility that the modern PF position is an "outlier" comparing to the frontal 538 movement from MIS 6 to MIS 2 and we should consider a new initial SST profile.

539

A straight-forward option is to choose the scenario when the steep PFZ segment is optimally sandwiched in between the core's locations as the new initial profile. This would also be the scenario when Δ SST is the largest. According to the TEX^L₈₆-reconstructed data, this scenario would be when the temperature change at EDC is around -4° C and the PF is around 1.8° southward of its current position. However, the exact SST profile of this time is unknown. According to the TEX^L₈₆-reconstructed data, when the EDC temperature change was between -3° C and -5° C, the frontal shift placed the steep PFZ segment between MD11-3353 and MD11-3357, and the mean value of the ΔSST is ~7°C, which is similar to the temperature difference between the two endpoints of the PFZ segment in the current WOA SST profile, which is ~7.6°C. Thus, it is a fair estimate that the new initial scenario is the current WOA profile shifted 1.8° southward, at the time when the EDC temperature change was -4°C. The actual SST profile may be higher or lower than our assumed profile, but for the ΔSST, the difference in the absolute value will be canceled off. We defined $\Delta lat'$ as the PF latitude relative to the new initial profile, and the relationship between Δlat and ΔT_{EDC} becomes:

$$\Delta lat' = \Delta lat - 1.8 = a' * \Delta T'_{EDC} + b' = a' * [\Delta T_{EDC} - (-4)] + b'$$

554

As previously, we took $range_{AZ} = 3^{\circ}C$, and $range_{SAZ} = 1^{\circ}C$ and used sequential least squares programming (SLSQP) optimizer in Python to find a' within [0, +inf] and b' within [-inf, +inf] that best fit the reconstructed data. The resulting a' and b' with realistic values that produce the smallest difference between the modeled results and the actual data is 0.66 and -0.11 respectively (Supplementary Fig. 14):

560
$$\Delta lat - 1.8 = 0.66 * \Delta T'_{EDC} - 0.11 = 0.66 * [\Delta T_{EDC} - (-4)] - 0.11$$

561

$$\Delta lat = 0.66 * \Delta T_{EDC} + 4.33$$

562 With this best-fitting pair of a' and b', the PF shifts southward(northward) by ~0.66° with every °C of 563 EDC warming(cooling). When EDC temperature change is 0 relative to the modern ($\Delta T_{EDC} = 0$), the 564 PF is 4.33° south of its current position ($\Delta lat = 4.33$). This pair of parameters is very similar to the 565 parameters we calculated using the WOA as the initial SST profile, which shows that these optimal 566 parameters are robust.

567

568 When applying these parameters to the model with the three-segment simplified SST lines, the 569 maximum Δ SST is around 8.6°C. This high value derives from the over-estimation of the SST 570 difference between the two boundary latitudes *lat1* and *lat2* in the simplified three-segment SST line. 571 To correct this, for each change in EDC temperature — after the associated shifts in the intercept of the 572 AZ and SAZ segment lines — we smooth the SST lines back into curves by calculating the offset 573 between the original WOA profile and the original three-segment lines and adding this offset back to 574 the new three-segment lines. Shifting the smoothed curves latitudinally gives a flatter "horse-shoe" 575 shape that better matches the reconstructed data (Supplementary Fig. 13).

576

577 Reconstruction of PF latitude changes in the past 150,000 years

578 Based on the modelled relationship between the Δ SST of sites MD11-3357 and MD11-3353 and the

579 change of PF latitude, we use the reconstructed TEX_{86}^{L} -SST at the two sites to reconstruct the relative

580 PF positions of the 150,000 years. Because the relationship is non-monotonic, within the relevant

581 range, each Δ SST corresponds to two PF positions, and we select the position that makes more sense

582 for the corresponding EDC temperature in our optimized model: If the EDC temperature is lower than

 -4° C, we choose the latitude that is more southward than 1.8° (the upper part of the curve in

584 Supplementary Fig. 16). The standard deviation of TEX^L₈₆-reconstructed Δ SST is conservatively set

585 to be 1°C. When \triangle SST is higher than 6.7°C, the two estimated PF positions are close that their

586 confidence intervals merge. In this case we take the average of the two PF positions to be the

587 estimated position, and the combined confidence interval to be the uncertainty range for this estimate.

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596	
597	Author Contributions
598	LMT, XEA, SLJ, AMG and DMS devised the study. LMT, AA, SM and MS performed the GDGT
599	analyses supervised by AMG. LMT calculated the SST difference between the two sites. XEA set up
600	the quantitative framework and ran simulations. MW performed the modern data re-analyses. EM and
601	AM planned the cruise to retrieve the sediment cores presented here. LMT and XEA wrote the
602	manuscript with contributions from all co-authors.
(0)	
603	
604	Competing interests
605	The authors declare no competing interests.
606	
607	Data availability
608	The SST datasets used in this study are available from the PANGAEA database.
609	
610	Code availability
611	MATLAB and Python code used for data analysis and quantitative framework simulations are
612	available from the corresponding author upon request.
613	
614	
615	

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