

# Neural Data Assimilation for Regime Shift Monitoring of an Idealized AMOC Chaotic Model

Perrine Bauchot <sup>1</sup>, Angélique Drémeau <sup>1</sup>, Florian Sévellec <sup>2,3</sup>, Ronan Fablet <sup>1,3</sup>

<sup>1</sup> Lab-STICC, CNRS ENSTA Bretagne IMT Atlantique UBO ENIB UBS, Brest, France

<sup>2</sup> Laboratoire d'Océanographie Physique et Spatiale, Univ Brest CNRS IRD Ifremer, Brest, France

<sup>3</sup> ODYSSEY Project Team, INRIA CNRS IMT, Brest, France

## Key Points:

- Neural data assimilation approaches can significantly improve the monitoring of poorly-observed oceanic multiscale chaotic dynamics.
- Regular observation strategies reconstruct better the AMOC abrupt slow-downs considered as climate extremes during the last glacial period.

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Corresponding author: Perrine Bauchot, [perrine.bauchot@ensta-bretagne.org](mailto:perrine.bauchot@ensta-bretagne.org)

**Abstract**

Data assimilation (DA) reconstructs and forecasts the dynamics of geophysical processes based on available observations and on physical *a priori*. Recently, the hybridization of DA and deep learning has opened new perspectives to address model-data interactions. In this paper, we investigate its potential contribution to the analysis of a chaotic oceanic phenomenon: an idealized model representing the centennial to millennial variability of the North Atlantic ocean circulation during the last glacial period. The implemented neural approach – 4DVarNet – yields large relative improvements over a classical variational DA method on the reconstruction of the regime shifts of the Atlantic Meridional Overturning Circulation (AMOC). These gains are even more significant when the density of observations decreases. The results also exhibit that the explicit exploitation of the *a priori* dynamical model does not necessarily lead to the best performance compared to a data-driven model. Additionally, we compare four different sampling strategies to assess the impact of the observations on the capture of the unstable phases of the AMOC. We highlight the gain of regular over random sampling strategies, reaching an error of reconstruction below 2% with a sampling period of 100 years. The error on the reconstruction of regime shifts can even be divided by 5 when acquiring clusters of three consecutive observations, sometimes more suited in an operational framework. This study on an idealised, nonetheless complex, physical model suggests that neural approaches trained on observations wisely acquired could improve the monitoring of regime shifts in the context of climate change.

**Plain Language Summary**

This paper presents the benefits of deep learning for the monitoring of the centennial to millennial variability of the ocean circulation in the North Atlantic during the last glacial period. By improving the assimilation of observations and the representation of this complex phenomenon with a neural network, we reduce the error of reconstruction of regime shifts in the North Atlantic circulation by two orders of magnitude, compared with a classical method of assimilation. We also conducted experiments on the impact of the amount of observations and their moment of acquisition. Our results suggest that acquiring clusters of three consecutive observations in a regular manner enables to capture accurately these climate regime shifts. We believe that this study establishes groundwork for a better monitoring of regime shifts in the context of climate change.

**1 Introduction**

Observing the ocean is a challenge, but one that needs to be met to improve the monitoring of oceanic processes in the context of climate change. One important oceanic phenomena which regulates the climate by heat storage, for instance, is the Atlantic Meridional Overturning Circulation (AMOC). The AMOC drives the transport of warm surface water masses towards the North Pole. Through exchanges with the atmosphere, these water masses become denser and sink when arriving to the Arctic Ocean. They continue their journey southwards as dense cold water masses at depth. This phenomenon is associated with a net heat transport in the North Atlantic. It also traps heat and captures excess carbon emissions from the surface to the deep ocean. Various studies have highlighted the chaotic nature of the AMOC dynamics (Buckley & Marshall, 2016; Germe et al., 2022). In particular, paleoceanography studies have evidenced abrupt climate shifts during the last glacial interval, referred to as Dansgaard-Oeschger (DO) events (Dansgaard et al., 1993). These events occurred approximately every  $1470 \pm 500$  years and were characterized by an abrupt slowdown of the AMOC. These paleoclimatic events are nowadays

62 studied to understand how current ocean temperature and salinity changes due to  
 63 sea ice extent variability could reflect on the AMOC (Sévellec & Fedorov, 2015).  
 64 Given the impact of the AMOC onto the climate regulation, the AMOC shutdown  
 65 is regarded as a potential climate tipping point (Ditlevsen & Ditlevsen, 2023), which  
 66 motivates dedicated research effort both in terms of monitoring, modelling, and  
 67 predictability issues (McCarthy et al., 2020; Rayner et al., 2011)

68 To reconstruct the AMOC variability of the last glacial interval, we propose  
 69 to use a generic methodology in geosciences: data assimilation (DA). Over the last  
 70 decades, DA has been developed to reconstruct and forecast geophysical dynamics  
 71 from noisy and partial observations, given some prior knowledge on the underlying  
 72 dynamics (Carrassi et al., 2017). We can cast data assimilation schemes into two  
 73 main categories: statistical data assimilation schemes, especially sequential Kalman  
 74 approaches (Evensen, 2009), and variational data assimilation schemes (Cummings  
 75 & Smedstad, 2013). Recently, neural data assimilation, which bridges deep learn-  
 76 ing and data assimilation, has attracted a greater attention with potential break-  
 77 throughs for the targeted inverse problems (Boudier et al., 2023; Fablet et al., 2021).  
 78 These recent advances appear appealing to monitor ocean processes, which remain  
 79 usually poorly observed.

80 Indeed, while the ocean encompasses up to 70% of the Earth’s surface, only  
 81 10% is considered to have been explored (Kim & Seto, 2022). Nowadays, the ob-  
 82 servation of the AMOC variability relies mostly on a few moorings measuring the  
 83 dynamic height and the currents, on hydrographic campaigns and on satellite al-  
 84 timetry (McCarthy et al., 2020). Even if technological progress enabled scientists  
 85 to develop a consistent monitoring network, these observation points remain sparse  
 86 compared to the immensity of the phenomenon at study, which evolves on thou-  
 87 sand kilometers with a temporal scale reaching decades to centuries while inducing  
 88 vertical transport at deep sea, a place still hard to reach with observation systems.  
 89 Through an idealised representation of the AMOC, this study investigates the in-  
 90 terplay between the scarcity of the observations and the reconstruction schemes to  
 91 inform DO events.

92 As Munk (2000) claimed, future advents in oceanography can only be achieved  
 93 by an adequate sampling in space, but also in time. Therefore, in this study, we  
 94 focus on sampling strategies of time series of a few thousands of years. More specif-  
 95 ically, we vary both the observation budget and the sampling patterns and explore  
 96 how neural DA can improve the monitoring of regime shifts in chaotic climate dy-  
 97 namics under such observing conditions. More specifically, Fablet et al. (2021) de-  
 98 veloped an end-to-end neural model for learning a system’s dynamics representation  
 99 and jointly solving a variational formulation problem. This method, called 4DVar-  
 100 Net, has shown a great potential to reconstruct chaotic dynamics like Lorenz-63 and  
 101 Lorenz-96 systems (Fablet et al., 2021), and hence it will be used here as a neural  
 102 DA scheme, which will be benchmarked against a classical state-of-the-art 4D-Var  
 103 DA scheme (Cummings & Smedstad, 2013). Our results support a much greater  
 104 ability of neural DA schemes to retrieve the dynamics of the different phases of the  
 105 AMOC.

106 In this paper, we delve into the potential of neural inversion schemes for im-  
 107 proving the reconstruction of climate regime shifts, such as DO events. We inves-  
 108 tigate how different observation strategies affect the monitoring performance of  
 109 4DVarNet. The structure of the paper is as follows: we start by introducing the  
 110 dynamical system representing the AMOC and the DO events. Section 3 presents  
 111 the considered neural and variational DA schemes. We experiment various sampling  
 112 strategies in Section 4 and discuss further our main contributions.

## 2 The Idealized Chaotic Model of the AMOC

This experimental study exploits a theoretical representation of the AMOC proposed by Sévellec and Fedorov (2014). This idealized model allows us to analyze the typical centennial to millennial variability of DO events during the last ice age. Inspired by the Howard-Malkus loop (Howard, 1971; Malkus, 1972), this model was validated against  $\delta^{18}O$  paleorecords. The set of ordinary differential equations ( $\mathbf{M}$ ) for this model reads:

$$\mathbf{M} = \begin{cases} \dot{\omega}(t) = & -\lambda\omega(t) - \epsilon\beta S_{NS}(t) \\ d\dot{S}_{BT}(t) = & (\Omega_0 + \omega(t))S_{NS}(t) - KS_{BT}(t) + \frac{F_0 S_0}{h} \\ d\dot{S}_{NS}(t) = & -(\Omega_0 + \omega(t))S_{BT}(t) - KS_{NS}(t) \end{cases}, \quad (1)$$

where  $\omega$  is the time-varying component of the AMOC intensity,  $S_{BT}$  and  $S_{NS}$  are the vertical and meridional salinity gradients, respectively,  $\lambda$  is a linear friction coefficient,  $\epsilon$  is the buoyancy torque coefficient,  $\beta$  is the haline contraction coefficient,  $\Omega_0$  is the constant component of the AMOC intensity (such as  $\Omega = \Omega_0 + \omega$ , where  $\Omega$  is the total AMOC intensity),  $K$  is the linear damping coefficient,  $F_0$  is the freshwater flux intensity,  $S_0$  is a salinity reference and  $h$  is the depth of the level of no motion for the baroclinic flow.

The first equation of the system refers to the momentum balance, while the second and the third equations define the evolution of the bottom-top and North-South salinity gradients, respectively. In order to work with an homogeneous state (say  $\mathbf{X}$ ), we apply the coefficient  $\frac{\beta\epsilon}{\lambda}$  to the second and third equations. We obtain the following, time-depending, vector of three components  $\mathbf{X}(t) \triangleq [x_1(t), x_2(t), x_3(t)]^T = [\omega(t), \frac{\beta\epsilon}{\lambda} S_v(t), \frac{\beta\epsilon}{\lambda} S_{BT}(t)]^T$ . Thus, the dynamical system can eventually be written as:

$$\dot{\mathbf{X}}(t) = \mathbf{M}(\mathbf{X}(t)) = \begin{pmatrix} -\lambda(x_1(t) + x_3(t)) \\ (\omega_0 + x_1(t))x_3(t) - kx_2(t) + f \\ -(\omega_0 + x_1(t))x_2(t) - kx_3(t) \end{pmatrix}. \quad (2)$$

The time integration of the model highlights the different regimes of the system (Fig. 1). We compute the energy of the system such as  $d = \sqrt{x_1^2 + x_2^2 + x_3^2}$ , from which we infer three categories experimentally. The ON phase corresponds to a stable circulation with  $d < 0.060 \text{ yr}^{-1}$ , while the OFF phase indicates a shutdown of the AMOC with an energy exceeding  $d > 0.130 \text{ yr}^{-1}$ . In between, the regime shift corresponds to the transition between the ON and OFF phases. We note a regularity in this chaotic non-linear system, with a two-stage variability: a first centennial almost harmonic period close to 250 years occurs mainly during the ON phase; a second millennial variability of around  $1470 \pm 500$  years is linked to the temporal scale of the DO events, and corresponds to the periodicity of the AMOC shutdowns (i.e., OFF phase). Further information regarding the parameterization and dynamics of this model can be found in Sévellec and Fedorov (2014).

## 3 Neural Data Assimilation

The aim of this study is to monitor abrupt changes in a chaotic non-linear dynamical system by integrating it into a data assimilation problem. Data assimilation is widespread in climate sciences due to its ability to solve inverse problems by taking into account both physical models and observations, in order to compute a better estimate of the ground truth (Johnson et al., 2005; Carrassi et al., 2017).

152 Here, we adopt a variational approach of the problem, but we refer the reader to  
 153 Evensen (2009) for details about the ensemble methods.

154 Let us consider the following inverse problem:

$$\begin{cases} \dot{\mathbf{X}}(t) = \mathbf{M}(\mathbf{X}(t)) \\ \mathbf{Y}(t) = \mathbf{H}_t \mathbf{X}(t) + \mathbf{q}_{\text{obs}}(t) \end{cases}, \quad (3)$$

155 where  $\mathbf{X}$  is the state of the system at the considered time and  $\mathbf{Y}$  is the vector of  
 156 observations acquired with a Gaussian noise such as  $\mathbf{q}_{\text{obs}} \sim \mathcal{N}(0, \sigma_{\text{obs}}^2 \mathbf{I})$ . While  $\mathbf{M}$  is  
 157 the dynamical model containing the physical knowledge,  $\mathbf{H}_t$  stands for an observa-  
 158 tion mask defining the chosen sampling strategy.

159 The variational 4DVar method produces an estimate  $\widehat{\mathbf{X}}$  of the true state  $\mathbf{X}$  by  
 160 propagating the information brought by the observations to the rest of the system.  
 161 This optimisation problem is based on the minimisation of a variational cost  $J$  over  
 162 a chosen assimilation time window  $\Delta T$ , such as  $\widehat{\mathbf{X}} = \arg \min_{\mathbf{X}} J(\mathbf{Y}, \mathbf{X}, \phi(\mathbf{X}), \mathbf{H})$   
 163 where  $J$  is defined as:

$$\begin{aligned} J(\mathbf{Y}, \mathbf{X}, \phi(\mathbf{X}), \mathbf{H}) = & \frac{1}{\Delta T} \left[ \alpha_{\text{obs}} \int_{t_0}^{t_0+\Delta T} \|\mathbf{Y}(t) - \mathbf{H}_t \mathbf{X}(t)\|_2^2 dt \right. \\ & + \alpha_{\text{dyn}} \int_{t_0}^{t_0+\Delta T} \|\phi(\mathbf{X})(t) - \mathbf{X}(t)\|_2^2 dt \\ & \left. + \alpha_B \|\mathbf{X}_B - \mathbf{X}(t_0)\|_2^2 \right], \end{aligned} \quad (4)$$

164 with  $\phi(\mathbf{X})(t) = \mathbf{X}(t') + \int_{t'}^t \mathbf{M}(\mathbf{X}(s)) ds$ , where  $t$ ,  $t'$  and  $s$  are time variables,  $ds$  and  
 165  $dt$  stand for the time unit,  $\phi$  is the propagator associated with  $\mathbf{M}$ ,  $\|\cdot\|_2^2$  is a norm  
 166 such as  $\|\mathbf{X}\|_2^2 = d^2$ ,  $t_0$  is the starting time,  $\mathbf{X}_B$  is the background state (i.e., an ini-  
 167 tial first guess of the optimization), and  $\alpha_{\text{obs}}$ ,  $\alpha_{\text{dyn}}$ , and  $\alpha_B$  are weights which have  
 168 to be optimally parameterised.

169 The first term of the variational cost  $J$  seeks to reduce the discrepancies be-  
 170 tween the observations and the estimated state of the system, while the second term  
 171 favors a small difference between the output of the dynamical model and the es-  
 172 timated state  $\mathbf{X}$  on the chosen time window  $\Delta T$  starting at  $t=t_0$ . The last term  
 173 corresponds to a background-dependent regularization of  $\mathbf{X}$  in order to constrain the  
 174 stability of the assimilation by providing an initial condition of the system. To be in-  
 175 formative,  $\mathbf{X}_B$  has to be a good approximation of the state  $\mathbf{X}$  at time  $t_0$  (Zupanski,  
 176 1997). In our study, this last term is only implemented in the classical 4D-Var data  
 177 assimilation method (hereinafter referred to as 4DVar-classic).

178 The minimisation of  $J$ , usually reached by gradient descent, leads to the anal-  
 179 ysed state at iteration  $k \in \mathbb{N}^*$ :

$$\mathbf{X}_{k+1} = \mathbf{X}_k - \delta \nabla J(\mathbf{Y}, \mathbf{X}_k, \phi(\mathbf{X}_k), \mathbf{H}) \quad (5)$$

180 where  $\delta$  is the increment amplitude, and  $\nabla J(\mathbf{Y}, \mathbf{X}_k, \phi(\mathbf{X}_k), \mathbf{H})$  stands for the gra-  
 181 dient of  $J$  evaluated at point  $\mathbf{X}_k$ . This method is iterated until the variational cost  
 182 converges. Its convergence also depends on the gradient step  $\delta$ . It has to be set as a  
 183 trade-off between a fast calculation and a stable convergence.

184 As evidence by a growing literature, data assimilation and deep learning share  
 185 common theoretical grounds which advocate novel approaches exploring machine

186 learning paradigms in data assimilation problems (Arcucci et al., 2021; Brajard et  
 187 al., 2020). In this study, we focus on end-to-end neural data assimilation schemes  
 188 (Fablet et al., 2021; Boudier et al., 2023), and more particularly 4DVarNets, as new  
 189 means to optimize a data assimilation scheme for given dynamics and observing  
 190 systems.

### 191 3.1 4DVarNet Architecture

192 The 4DVarNet architecture reproduces the unfolding of an iterative gradient  
 193 descent algorithm to minimise the variational cost  $J$  as described in eq. (4). We  
 194 implement a Residual Network (ResNet) architecture composed of convolutive Long-  
 195 Short Term Memory (LSTM) residual units. Inspired by meta-learning (Vanschoren,  
 196 2018), this approach is particularly convenient in the case of the reconstruction of a  
 197 dynamical system since previous states of the assimilation are stored into memory  
 198 to help out the learning of the optimal weights  $\alpha_{\text{obs}}$  and  $\alpha_{\text{dyn}}$ . Therefore, the gen-  
 199 eral architecture of the neural network resembles momentum-based gradient descent  
 200 (Zhou et al., 2023), enabling faster and more robust convergence of the variational  
 201 cost  $J$  towards an optimal state  $\widehat{\mathbf{X}}$ .

202 As sketched in Fig. 2, the 4DVarNet scheme applies three main steps at itera-  
 203 tion  $k \in \mathbb{N}^*$  :

- 204 1. We compute the variational cost  $J(\mathbf{Y}, \mathbf{X}_k, \phi(\mathbf{X}_k), \mathbf{H})$  for the observation data  
 205  $\mathbf{Y}$ , the current state  $\mathbf{X}_k$ , the output of the dynamical model  $\phi$  and the chosen  
 206 observation mask  $\mathbf{H}$ ;
- 207 2. We apply the automatic differentiation to obtain  $\nabla_{\mathbf{X}} J(\mathbf{Y}, \mathbf{X}_k, \phi(\mathbf{X}_k), \mathbf{H})$ ;
- 208 3. The reconstructed state  $\mathbf{X}$  is updated such that  $\mathbf{X}_{k+1} = \mathbf{X}_k - \delta\mathbf{X}_k$  where  
 209  $\delta\mathbf{X}_k$  is the residual update computed as the output of a convolutional LSTM  
 210 block  $\mathcal{G}$  defined as  $\delta\mathbf{X}_k = \mathcal{G}[\nabla J(\mathbf{Y}, \mathbf{X}_k, \phi(\mathbf{X}_k), \mathbf{H})]$ .

211 These steps are iterated over a predefined number  $K$  of iterations, typically up to a  
 212 few tens. More details about this end-to-end scheme can be found in (Fablet et al.,  
 213 2021).

### 214 3.2 Representation of the Physical Model

215 The definition of the dynamical model  $\mathbf{M}$  is crucial for the computation of the  
 216 variational cost  $J$ , and therefore for the process of data assimilation. Here, we pro-  
 217 pose two approaches to compute the physical prior  $\phi$ : a numerical integration of  $\mathbf{M}$   
 218 and a neural network representing  $\phi$  directly.

219  **$\phi$  as a numerical integration of  $\mathbf{M}$ :** The numerical integration follows a  
 220 Runge-Kutta 4 integration scheme and relies on the AMOC equations introduced  
 221 in Sec.2. This approach enables to inform the neural network with physics directly  
 222 during its training. Physics-Informed Neural Networks (PINNs) is a growing field in  
 223 machine learning since it provides a physical constraint, which facilitates the inter-  
 224 pretability of the final output and of the optimisation process (Raissi et al., 2019;  
 225 Dabrowski et al., 2023).

226  **$\phi$  as a U-Net operator:** The U-Net architecture has been chosen to  
 227 represent  $\phi$  because of its capacity to learn the multiple scales of the system  
 228 (Ronneberger et al., 2015). This is a complete data-driven approach, which is useful  
 229 when the analytical solution of the system  $\mathbf{M}$  cannot be retrieved. This approach  
 230 is inspired by recent advances in data-driven model discovery, made possible by the  
 231 increasing volumes of data and improvements in computational efficiency over recent  
 232 decades. These techniques are more and more investigated in geophysics, where the

233 phenomena cannot always be put into equations because of their non-linearities and  
 234 there chaotic natures (Berg & Nyström, 2019; Rudy et al., 2017). In our case, we  
 235 know the physical system  $\mathbf{M}$  and use it to simulate the data of the training dataset,  
 236 which aims at jointly training the U-Net and the convolutive LSTM block – the  
 237 solver –, making the optimization of the data assimilation problem powerful.

### 238 3.3 Learning setting

4DVarNet is trained in a supervised way according to the following learning cost:

$$\forall l \in \mathbb{N}^*, \quad L_l = \frac{1}{l} \left[ \sum_{t=0}^{(l-1)dt} \alpha_1 \|\widehat{\mathbf{X}}(t) - \mathbf{X}(t)\|^2 + \alpha_2 (\|\phi(\widehat{\mathbf{X}})(t) - \widehat{\mathbf{X}}(t)\|^2 + \|\phi(\mathbf{X})(t) - \mathbf{X}(t)\|^2) + \alpha_3 \|\phi(\mathbf{X})(t+1) - \phi(\mathbf{X})(t) - \mathbf{X}(t+1) + \mathbf{X}(t)\|^2 \right], \quad (6)$$

239 where  $l$  is the number of time steps on which the dynamical system is assimilated,  
 240 and  $\alpha_1$ ,  $\alpha_2$  and  $\alpha_3$  are weights applied to each part of the learning cost. This learn-  
 241 ing cost is formulated to minimise the mean square error between the ground truth  
 242 and the reconstructed state  $\widehat{\mathbf{X}}$ , and between the output of the dynamical model  $\phi$   
 243 and the state  $\mathbf{X}$ . A regularisation term on the derivative of  $\phi(\mathbf{X}) - \mathbf{X}$  is added to  
 244 limit the numerical noise of the reconstructed state  $\widehat{\mathbf{X}}$ .

245 In our implementation, we consider a 10-iteration 4DVarNet scheme. Our  
 246 training procedure involves 450 epochs to reach a training convergence. We use an  
 247 Adam optimiser on batches of size of 128, with a dropout of 20% to avoid overfit-  
 248 ting of the data (Kingma & Ba, 2017; Srivastava et al., 2014). The learning rate  
 249 varies from  $1 \times 10^{-3}$  to  $1 \times 10^{-7}$  throughout the training. The code is implemented in  
 250 Pytorch and is available at: [https://github.com/PerrineBauchot/AMOC\\_4DVarNet](https://github.com/PerrineBauchot/AMOC_4DVarNet).

## 251 4 Experiments and Results

### 252 4.1 Experimental setup

253 We carried out 100 simulations of the AMOC system over a time period of  
 254 100 000 years, from which we extracted one training set and one test set (Fig. 3).  
 255 To build our training dataset, we extract 50 2 500-year time series out of the first  
 256 60 000 years of each simulation. This leads to a training dataset composed of 5 000  
 257 time series of 2 500 years. Similarly, the test dataset comprises 100 time series of  
 258 2 500 years extracted from the last 35 000 years of each simulation. This experi-  
 259 mental setting enhances the diversity of situations provided to the learning scheme  
 260 during the training phase, while guaranteeing the test dataset to be independent  
 261 from the training one. As DO events occur with a characteristic period of about  
 262  $1470 \pm 500$  years, each 2 500-year time series involves on average one DO events. This  
 263 makes these simulated datasets relevant for the reconstruction of regime shifts in  
 264 chaotic climate dynamics.

265 The observation vector  $\mathbf{Y}$  is also constructed out of this simulated dataset. To  
 266 satisfy Shannon’s criterion for the frequency of DO events, observations are acquired  
 267 with a minimum sampling frequency of  $\frac{1}{120}$  yr<sup>-1</sup>. We add a Gaussian measurement  
 268 noise to the three variables with a variance equivalent to 10% of variance of the cen-  
 269 tennial oscillation of the system. This percentage applies the same noise ratio across  
 270 all observed variables. From these observations, we can derive the initial reconstruc-  
 271 tion as a linear interpolation of the observations for the assimilation problem.

272 In our experiments, the three system components are observed simultaneously.  
 273 We first compare the performance of three data assimilation methods (described  
 274 below) in order to find the best among them for reconstructing the North Atlantic  
 275 Ocean variability, and more specifically the regime shifts. Then, we analyse the in-  
 276 fluence of sampling strategies on the resolution of the assimilation problem, and find  
 277 the best “data assimilation method / sampling strategy” pair to capture DO events.

## 278 4.2 Comparison of three Data Assimilation Methods

279 In this study, three different data assimilation methods are implemented:

- 280 1. **4DVar-classic**: a 4D variational data assimilation method, where  $J$  is min-  
 281 imised by a gradient descent;
- 282 2. **4DVarNet-ode**: a learning data assimilation method informed by physics,  
 283 where  $J$  is optimised through a ResNet and the dynamics  $\phi$  is a numerical  
 284 integration of the system  $\mathbf{M}$ ;
- 285 3. **4DVarNet-unet**: a learning data assimilation method fully data-driven,  
 286 where  $J$  is optimised through a ResNet and the dynamics  $\phi$  is a U-Net opera-  
 287 tor jointly trained.

To compare these three methods, we first apply a regular sampling strategy with a 50 year sampling period and evaluate the reconstruction performance of each method. To get a initial idea on the performance, we compute the normalised mean square error for each variable using the following formula:

$$\text{NMSE} = \frac{1}{S\Delta T\sigma_{\text{GT}}^2} \sum_{s=0}^{S=100} \sum_{t=0}^{\Delta T=2500} \|\widehat{\mathbf{X}}_s(t) - \mathbf{X}_s^{\text{GT}}(t)\|^2 \quad (7)$$

288 where  $\mathbf{X}_s^{\text{GT}}$  is the ground truth and  $\sigma_{\text{GT}}^2$  its variance,  $S$  is the number of simulated  
 289 trajectories on which the error is computed, and  $\Delta T$  is the duration of the time  
 290 series.

291 We find that the 4DVarNet-ode and 4DVarNet-unet methods allow to divide  
 292 by a factor 10 – and even by a factor 50 for  $x_2$  and  $x_3$  – the reconstruction errors  
 293 compared to a classical data assimilation method (Tab. 1). This already demon-  
 294 strates the usefulness of a neural network to improve the optimisation problem  
 295 within a variational data assimilation framework. We also notice that the recon-  
 296 struction of  $x_1$  is overall better performed than the reconstruction of  $x_2$  and  $x_3$ .  
 297 By looking at the temporal evolution of the system, the difference of amplitudes  
 298 between  $x_1$  and  $(x_2, x_3)$  is obvious, which can explain the difference in NMSE be-  
 299 tween variables of the system (Fig. 4(a)). This NMSE difference is more important  
 300 with the 4DVar-classic method, which indicates its difficulty to deal with multi-scale  
 301 processes.

302 Qualitative comparison between 4DVarNet-ode and 4DVarNet-unet shows  
 303 no specific differences in the reconstructed signal (Fig. 4(a)). They both fit the  
 304 ground truth and capture the DO events variations. But, when represented in the  
 305 phase-space, the differences between the trajectories adopted by 4DVarNet-ode and  
 306 4DVarNet-unet are more visible (Fig. 4(b)). We assume that these differences are  
 307 linked to the optimisation process. The 4DVarNet-unet method performs twice as  
 308 good as 4DVarNet-ode method (Tab. 1). While 4DVarNet-ode method is guided by  
 309 physics, potentially constraining trajectory of the AMOC system, 4DVarNet-unet  
 310 is more efficient at reducing the NMSE, since it optimises a learning cost minimis-  
 311 ing this error as defined by eq. (6). This is aligned with the recent advances in  
 312 data-driven models discovery, where physical models may not be the most relevant  
 313 models to perform a particular task: the reconstruction of non-linear chaotic dynam-  
 314 ics and, more specifically, to capture DO events. The spectral analysis confirms that



315 4DVarNet-unet still respects the spectral characteristics of the system (Fig. 4(c)),  
 316 and in particular the frequency of DO events.

317 Furthermore, 4DVar-classic has difficulties to capture DO events accurately  
 318 for  $x_2$  and  $x_3$  (Fig. 4). Indeed, the reconstruction of the highest amplitude varia-  
 319 tions, corresponding to the AMOC slowdown events (i.e.,  $x_1 > 0.05 \text{ yr}^{-1}$ ), appears  
 320 weak and flattened by the 4DVar-classic method. By modifying the variational cost  
 321 function, it might be possible to steer the assimilation towards a better reconstruc-  
 322 tion of these climate extremes. However, to produce a consistent comparison of the  
 323 three data assimilation methods, it was important to choose the same variational  
 324 cost for each assimilation methods. Only the hyperparameters  $\alpha_{obs}$  and  $\alpha_{dyn}$  might  
 325 vary depending on the assimilation method (Tab. 2). They are optimized for the  
 326 4DVarNet-unet and 4DVarNet-ode methods through the training of the neural net-  
 327 work, while they are fixed to an optimal value found with a parametrisation highly  
 328 dependent on the experiment setup and assimilated system in the case of the 4DVar-  
 329 classic method. This is one of the main issues with the 4DVar-classic method, which  
 330 requires a tedious parameterization adapted to the case under study. In particu-  
 331 lar, Lorenc and Payne (2007) has shown the limits of a 4DVar-classic method to  
 332 capture a wide range of scales, as in our case study. Since the regularization of a  
 333 4DVar-classic method might be inconvenient due to its high sensitivity, deep learn-  
 334 ing enables us to directly learn the optimal hyperparameters of our model.

335 It is worth noting that the variational cost amplitude ( $J$ ) can significantly  
 336 varies (Fig. 5) depending on the values of the hyperparameteres  $\alpha_{obs}$  and  $\alpha_{dyn}$   
 337 (Tab. 2). The considerable difference between  $\alpha_{obs}$  and  $\alpha_{dyn}$  in the 4DVar-classic  
 338 method is due to the change in scale of the first and second terms of the variational  
 339 cost  $J$  in eq. (4). Indeed, observation uncertainties are applied by a diagonal covari-  
 340 ance matrix (of large amplitude).

341 The NMSE values displayed in Figure 5 are consistent with those computed in  
 342 Table 1. 4DVarNet-unet optimization starts with a lower NMSE than the 4DVarNet-  
 343 ode and the 4DVar-classic methods. Therefore, we infer that the physical model  
 344 leads to a less accurate AMOC variability than the U-Net cell – even at the be-  
 345 ginning of the training. While 4DVar-classic and 4DVarNet-unet methods show  
 346 a monotonously variational cost decrease with the NMSE and also improve quite  
 347 rapidly, the 4DVarNet-ode optimisation path appears quite different. Indeed, it  
 348 reaches low values of NMSE quickly but without necessarily being correlated with a  
 349 smaller variational cost. This suggests that this optimization method is not as well  
 350 posed as the two others. As a reminder, the 4DVarNet-ode method uses the physical  
 351 model for the computation of the variational cost, just as in a 4DVar-classic method.  
 352 The optimisation of this assimilation problem is therefore handled differently by our  
 353 neural model, compared to classical gradient descent. In fact, what matters in the  
 354 training of a neural model is the convergence of the learning cost only then to reach  
 355 the convergence of the variational cost. In the 4DVarNet-ode method, the learning  
 356 cost has converged but might have reached low NMSE values with a lower reliance  
 357 on the variational cost, flawed by an ideal physical model probably too chaotic to be  
 358 useful for the optimisation of the assimilation problem.

### 359 4.3 Influence of the Density of Observations

360 To evaluate the performance of our three data assimilation methods with  
 361 respect to the observation budget, we computed the error of reconstruction accord-  
 362 ing to the sampling frequencies of observations, going from  $\frac{1}{10} \text{ yr}^{-1}$  to  $\frac{1}{120} \text{ yr}^{-1}$ .  
 363 This sampling frequency could be compared to the highest frequency of the model  
 364  $\sim \frac{1}{250} \text{ yr}^{-1}$  and the fastest error growth timescale of  $\sim 5 \text{ yr}$  (Sévellec & Fedorov,  
 365 2014). As expected, the NMSE increases overall with the sampling period (see

Fig. 6). Specifically, the 4DVar classic method shows a rapid decline in the accuracy of the reconstruction of  $x_2$  and  $x_3$  when the data become sparse, with an error above 10% once the sampling period surpasses 40 years. We can infer that observations might be lacking to sufficiently constrain this assimilation problem. On the contrary, we observe the excellent performance of the 4DVarNet methods. Even when the sampling period extends beyond 100 years, 4DVarNet consistently yields sufficiently good results, with reconstruction errors below 2% for the 4DVarNet-unet until the minimum tested sampling frequency of  $\frac{1}{120}$  yr<sup>-1</sup>. Thus, 4DVarNet-unet appears as promising scheme to provide a high-quality reconstruction of a chaotic model with fewer observations, which is especially sought after in oceanography since observations are often only punctual in time and space (Munk, 2000).

We also focus on the ability to reconstruct each phase of the AMOC system. We notice here that data assimilation methods perform better at reconstructing the ON Phase than the OFF Phase. The OFF Phase is characterised by abrupt extreme values and happens on a shorter time span than the ON Phase. As a result, the assimilation of observations during OFF Phases might be more challenging than during the ON Phase. However, the comparison between the 4DVarNet-ode and the 4DVarNet-unet methods also proves the robustness of 4DVarNet-unet in a situation of poor observations. The 4DVarNet-ode method relies on the defined physical system, known to be chaotic and for which the OFF Phase is a deviation from the "normal" state of the ON Phase. While the physical system introduces uncertainties in the modeling of the phase changes of the AMOC, the U-Net have a more stable representation of the system, leading to a better reconstruction, even when observations are sparse and the dynamics unstable. Finally, it is worth noticing that the regime shift is reconstructed with satisfactory results, while it is a transition between the ON and the OFF Phases. By having trustworthy results on the reconstruction of regime shifts, we can consider that a 4DVarNet method could help in the forecast of extreme events happening during the OFF Phases.

#### 4.4 Influence of Sampling Strategies

In this subsection, we test the performance of the 4DVarNet-unet method when the system is only sparsely observed. Here, we investigate how the pattern of observation affects the reconstruction of the DO events, when observations are assimilated with a deep learning approach. According to the previous section, we can choose a sampling period of  $T_s=100$  years and still expect a reconstruction error below 2% with the 4DVarNet-unet method. In this section, we implement four sampling strategies (illustrated in the second column of Tab. 7):

1. **Regular sampling strategy:** We observe the system with a regular frequency, as in the previous sections. We consider  $\mathbf{H}_t=\mathbf{I}_3 \forall t \in [1:100:\Delta T]$  ;
2. **Regular cluster sampling strategy:** We build clusters composed of three observations acquired with a finer consecutive time steps ( $dt=10$  years), and observed every  $T_s$ . Here,  $\mathbf{H}_{t-dt}=\mathbf{H}_t=\mathbf{H}_{t+dt}=\mathbf{I}_3 \forall t \in [1:100:\Delta T]$ ;
3. **Random sampling strategy:** We observe the system at times randomly chosen. The budget of observations is set according to the number of observations acquired by following the regular sampling strategy. We thus consider  $\mathbf{H}_t=\mathbf{I}_3$  for  $t$  randomly chosen in the  $\Delta T$ -time window;
4. **Random cluster sampling strategy:** We build clusters of three observations acquired with finer consecutive time steps ( $dt=10$  years), separated by time intervals, which duration varies randomly. Number of clusters is fixed according to the number of clusters acquired by following the regular cluster sampling strategy. Thus, we consider  $\mathbf{H}_{t-dt}=\mathbf{H}_t=\mathbf{H}_{t+dt}=\mathbf{I}_3$  for  $t$  randomly chosen in the  $\Delta T$ -time window.

417 Cluster sampling strategies (2 and 4) result in a higher observation budget  
 418 compared to the two other sampling strategies (1 and 3). These sampling strategies  
 419 were inspired by possible operational contexts, where deploying acquisition resources  
 420 is expensive. To make their deployment profitable, we can intend leaving them in  
 421 place for slightly longer periods of time. Indeed, as detailed in (Rayner et al., 2011),  
 422 the RAPID program deployed an array left in place at 26.5°N for now almost two  
 423 decades, which enabled to monitor the AMOC continuously and therefore more ac-  
 424 curately. This example encourages us to consider the clustering strategies (2 and 4)  
 425 as more practical scenarios.

426 We find that random strategies lead to an NMSE that is, on average, 10 times  
 427 higher than that of regular strategies. Even if this method scan a larger range of  
 428 states, it does not statistically lead to a better reconstruction. We notice that ran-  
 429 dom strategies fail to capture the pseudo-periodicities of the AMOC system, which  
 430 undermines their trustworthiness. While incorporating additional trajectories into  
 431 the learning process might enhance the performance of random strategies, we favor  
 432 methods requiring less training data for computational efficiency, but also consider-  
 433 ing that the ocean is only sparsely observed.

434 The random cluster sampling strategy does not improve the reconstruction  
 435 of the system compare to the random sampling strategy, whereas it multiplies by 3  
 436 the number of observations. On the other hand, if we multiply the number of ob-  
 437 servations by 3 in the framework of a regular sampling strategy, we reach an NMSE  
 438 with an order of magnitude less than the NMSE reached by a regular cluster sam-  
 439 pling strategy. We deduce that more observations do not necessarily lead to better  
 440 reconstruction results if observations are inefficiently acquired. It is especially true  
 441 when comparing the results of the regular sampling strategy in regards of the ran-  
 442 dom cluster sampling strategy. The random cluster sampling strategy has 3 times  
 443 as much observations as the regular sampling strategy, but produces results with  
 444 an NMSE twice as high on the ON Phase and almost 4 times as high on the OFF  
 445 Phase as the NMSE when regular sampling strategy is used.

446 Since, in an operational context, it might be more practical in some cases to  
 447 acquire a group of observations on a longer time window, we evaluated the potential  
 448 benefit of clustering observations rather than increasing the sampling frequency. The  
 449 random cluster sampling strategy decreases by 26% the error of reconstruction on  
 450 the ON Phase, and by 31% on the OFF Phase compared to the random sampling  
 451 strategy. The impact of clustering appears much more efficient on regular sampling  
 452 strategies. Indeed, the regular cluster sampling strategy reduces the NMSE by 73%  
 453 on the reconstruction of the ON Phase and by 84% on the reconstruction of the  
 454 OFF Phase. We can infer that clustering should especially be sought after for the  
 455 reconstruction – and eventually forecasting – of extreme events difficult to monitor,  
 456 with a reconstruction error below 1%. We can assume that the regular acquisition of  
 457 three consecutive samples helps the detection of short-term variations in the system,  
 458 especially during periods of regime shifts. Consequently, the regular acquisition of  
 459 observations over a sufficiently long period may facilitate the monitoring of regime  
 460 shifts such as those induced by DO events, particularly in cases where data are  
 461 sparse due to low sampling frequency. In 2007, Keller, Deutsch, Hall, and Bradford  
 462 advocated for more frequent observations to enable the detection of early changes in  
 463 the AMOC, but showed with his co-authors that such an observation system would  
 464 increase observation costs by a few orders of magnitude. Here, we illustrate that  
 465 with clustering, we do not necessarily need to increase the acquisition frequency  
 466 to reconstruct accurately an idealised AMOC dynamics, but only to increase the  
 467 acquisition time window. From a practical point of view, this can be achieved by  
 468 installing moorings, such as those that form part of the RAPID network (Rayner et  
 469 al., 2011). Eventually, improving the reconstruction of regime shifts could improve

470 the reconstruction of extremes by informing scientists on the premises of an OFF  
 471 Phase, leading to an abrupt climate change, consistently with Early Warning Signal  
 472 principle (Lenton, 2011). The observation of the phenomena could then be rein-  
 473 forced for the good monitoring of the AMOC at a moment of high instability, and  
 474 hence help to manage logistical resources in a more sustainable way.

## 475 5 Conclusion

476 The complexity of inverse problems in geophysics is driving the search for new  
 477 computational methods. Data assimilation has already proved its ability to help  
 478 solve such problems by optimising the compromise between observations and phys-  
 479 ical knowledge. However, there are still challenges to be met to improve climate  
 480 monitoring. To achieve finer resolutions and work with low observation rates, the  
 481 computation efficiency of machine learning opens up new possibilities for processing  
 482 data, enhancing their full exploitation.

483 Here, we combined the advantages of data assimilation and the benefits of  
 484 deep learning to solve an inverse problem of a chaotic non-linear model representing  
 485 the evolution of the AMOC during the last glacial interval. Two different methods  
 486 were implemented and compared to a 4D Variational Data Assimilation method,  
 487 considered as the state-of-the-art in this study. On the one hand, 4DVarNet-ode is  
 488 a physics-informed neural network where the physical model is the prior on which  
 489 the data assimilation problem is relying. On the other hand, 4DVarNet-unet is a  
 490 fully data-driven method where the prior is encoded by a U-Net cell jointly trained  
 491 with the rest of the neural network. The power of 4DVarNet lies in optimising the  
 492 dataassimilation problem by training of a convolutive LSTM neural network, which  
 493 boosts the gradient descent usually computed to minimise the variational cost. As  
 494 a result, 4DVarNet performed better than the 4DVar benchmark method, with a  
 495 reconstruction error divided by 10, and even by 100 for the reconstruction of the  
 496 varying AMOC intensity ( $x_1$ ). We also noticed that 4DVarNet-unet was better than  
 497 4DVarNet-ode at reconstructing the AMOC signal when observations are sparse.  
 498 Despite its fully data-driven training, 4DVarNet-unet is able to capture the physical  
 499 properties of the AMOC system, including the frequencies and amplitudes char-  
 500 acteristic of DO events. This result questions the exploitation of prior knowledge,  
 501 given as a dynamical model, in data assimilation formulations addressing sparse  
 502 observations. This dynamical model puts into equation the forces at play, and more  
 503 specifically the buoyancy gradient impact on the circulation and the advection of  
 504 salinity. When only few noisy observations are available, we can expect that the  
 505 reconstruction relies further on the specified model, either the true physical system  
 506 for 4DVarNet-ode or the U-Net cell for 4DVarNet-unet. We may therefore suggest  
 507 that the U-Net learnt a better representation of the sparsely, erroneous observed  
 508 AMOC variability than the perfect-physical system itself, which goes in line with the  
 509 recent advances in model-discovery (Zanna & Bolton, 2020). Thus, neural networks  
 510 provide new means to study processes, for which imperfect or no physical model has  
 511 been established yet because of their inherent complexity, or even to improve estab-  
 512 lished perfect-models, which have shown their limits of representation in this study.  
 513 Variational data assimilation is a method historically developed in meteorology, field  
 514 in which observations are dense and retrieved daily. Even if it also applies as the  
 515 state-of-the-art in operational oceanography, our study suggests that end-to-end  
 516 neural approaches could lead to monitoring and forecasting breakthroughs given the  
 517 scarcity of the available observations for oceanic processes (Fairbairn et al., 2014;  
 518 Yaremchuk & Martin, 2014; Cummings & Smedstad, 2013).

519 With a sampling period of 100 years, we tested out four different sampling  
 520 strategies to further improve the reconstruction of these climate extremes. Here,  
 521 regular sampling methods were more efficient than random sampling methods, since

522 their regularity of observations is suited to reconstruct a signal which evolves ac-  
 523 cording to 2 pseudo-periodicities (one being harmonics). The best reconstruction  
 524 was reached with a regular cluster sampling strategy, which acquired 3 observations  
 525 every 100 years on a time window of 30 years. This method captures the variations  
 526 of the system more accurately, especially during the regime shifts of the AMOC.  
 527 Admittedly, we could expect that multiplying the number of observations by 3  
 528 would lead to better results. However, the random cluster sampling strategy leads  
 529 to poorer results, with one order of difference on the NMSE compared to the regular  
 530 cluster sampling strategy, despite the same amount of observations. We conclude  
 531 that the moment of acquisition matters in climate monitoring, sometimes even more  
 532 than the amount of observations. Here, the regular cluster sampling strategy can  
 533 respond to the practical needs of a measuring campaign in geographical areas that  
 534 are difficult to reach, like the Northern part of the subpolar North Atlantic for the  
 535 AMOC monitoring.

536 Optimising the choice of the position and time of acquisition of an observa-  
 537 tion may certainly have a high impact on our knowledge of a physical phenomenon.  
 538 As a consequence, the design of sampling strategy has to be adapted according  
 539 to multiple factors: the region of study, the spatiotemporal scales of the targeted  
 540 oceanic processes, the sensors and platforms of observations, the cost of acqui-  
 541 sition. . . Adaptive sampling has already proved its benefits to improve sampling  
 542 strategies in oceanography, by adapting on-line the trajectory of a survey to gather  
 543 the most useful observations given logistical and physical constraints. Here, the dif-  
 544 ferentiability of end-to-end neural DA solvers could also be of key interest to explore  
 545 adaptive observation operators stated as neural observation operators and result in  
 546 the improved monitoring of chaotic non-linear oceanic processes such as the AMOC  
 547 system considered in this study (Lermusiaux, 2007; Greenhill et al., 2020).

548 In addition to the sampling scheme, we should also take into account the con-  
 549 sidered physical variables and measurement positions to propose a complete and  
 550 optimised observation system able to capture Early Warning Signals of a possible  
 551 AMOC collapse. With the increasingly plausible hypothesis of reaching this tip-  
 552 ping point because of global warming, several studies have tackled this task recently  
 553 (Jackson & Wood, 2020; Michel et al., 2022; Ditlevsen & Ditlevsen, 2023). A sudden  
 554 shutdown of the AMOC would disrupt the climate, particularly in Europe and in the  
 555 Amazon forest, with an abrupt drop in temperatures or a reversal of the rainfall pat-  
 556 tern, as described in (van Westen et al., 2024). An AMOC shutdown would not only  
 557 require a major adaptation effort from the local populations, but could also lead to  
 558 cascading tipping points, having an impact on the global climate. Ultimately, a com-  
 559 prehensive and adequate observation network coupled with deep learning techniques  
 560 could help to anticipate such major climate changes.

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## 565 **6 Open Research**

566 The authors provide the source code to generate all the datasets with the var-  
 567 ious sampling strategies, and to conduct a classical DA and a 4DVarNet DA, both  
 568 with our physical prior or a neural network. Experiments used in the manuscript are  
 569 detailed in the code which can be found on the following GitHub public repository:  
 570 [https://github.com/PerrineBauchot/AMOC\\_4DVarNet](https://github.com/PerrineBauchot/AMOC_4DVarNet) .

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## 721 7 Tables

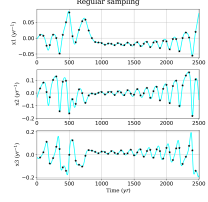
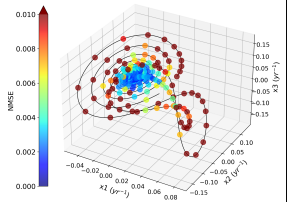
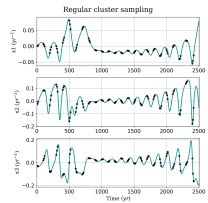
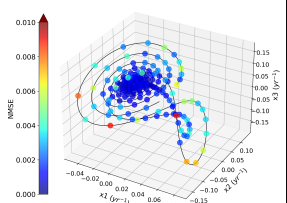
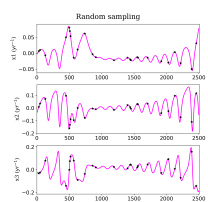
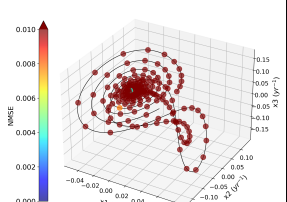
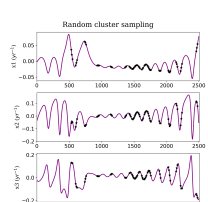
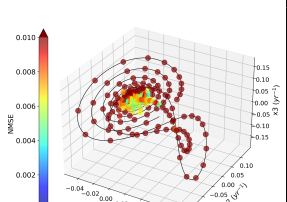
Method	$x_1$	$x_2$	$x_3$
4DVar-classic	8.45	155	155
4DVarNet-ode	1.90	4.38	5.75
<b>4DVarNet-unet</b>	<b>0.78</b>	<b>1.88</b>	<b>2.00</b>

**Table 1.** NMSE ( $\times 10^{-3}$ ) of the reconstructed signal for each variable with each data assimilation method.

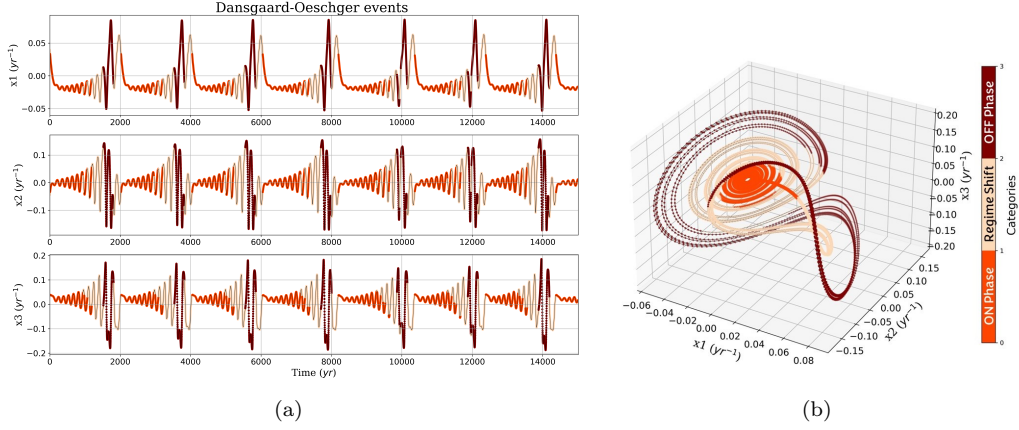


Data assimilation method	$\alpha_{obs}$	$\alpha_{dyn}$
4DVar-classic	1.00	$1.00 \times 10^7$
4DVarNet-ode	0.41	0.12
4DVarNet-unet	0.29	0.18

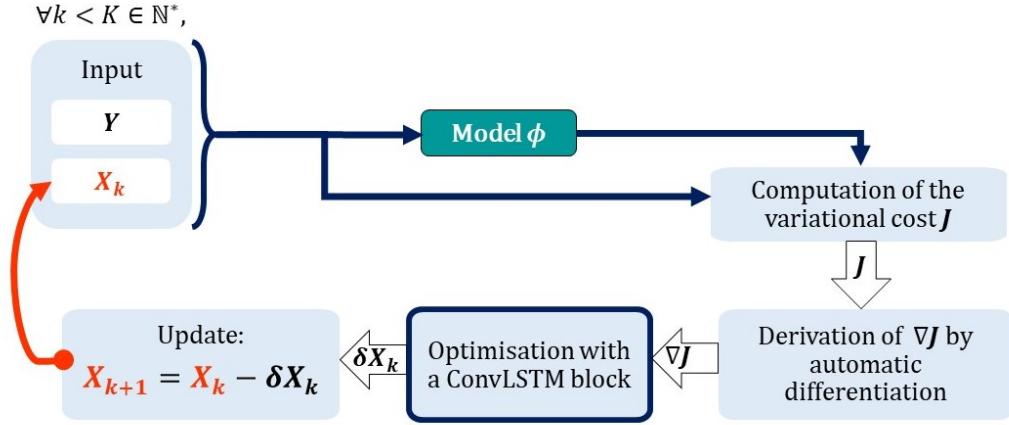
**Table 2.** Values of the two hyperparameters,  $\alpha_{obs}$  and  $\alpha_{dyn}$ , used for each data assimilation method.

Strategy	Sampling	NMSE	Average NMSE per phase
Regular			ON Phase   $3.19 \times 10^{-3}$
			Regime Shift   $1.05 \times 10^{-2}$
			OFF Phase   $5.40 \times 10^{-2}$
Regular cluster			ON Phase   $8.47 \times 10^{-4}$
			Regime Shift   $2.26 \times 10^{-3}$
			OFF Phase   $8.47 \times 10^{-3}$
Random			ON Phase   $1.10 \times 10^{-2}$
			Regime Shift   $6.64 \times 10^{-2}$
			OFF Phase   $2.93 \times 10^{-1}$
Random cluster			ON Phase   $8.07 \times 10^{-3}$
			Regime Shift   $4.51 \times 10^{-2}$
			OFF Phase   $2.02 \times 10^{-1}$

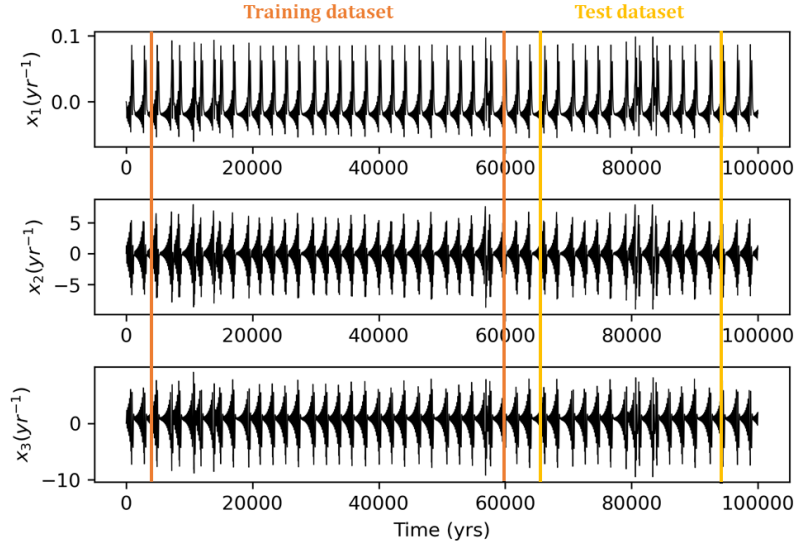
**Table 3.** Influence of sampling strategies on the reconstruction of the AMOC dynamics. The two first columns refers to the sampling strategies at play. The third column displays the Normalised Mean Square Error (NMSE) of the reconstructed system on the attractor. Last column reports the NMSE computed for the ON Phase, the Regime Shift and the OFF Phase of the AMOC. Each row corresponds to one sampling strategy.



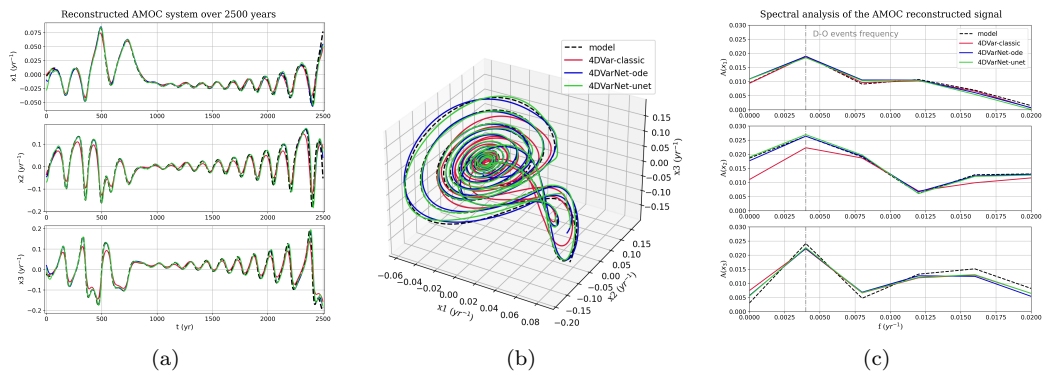
**Figure 1.** Dansgaard-Oeschger events simulated over 15 000 years. On the left, each line corresponds to the time evolution of the three re-scaled variables ( $x_1$ ,  $x_2$ , and  $x_3$ ). On the right, the model trajectory is shown in the phase-space. The dynamics is split into three categories: the ON Phase, the Phase Shift, and the OFF Phase of the AMOC.



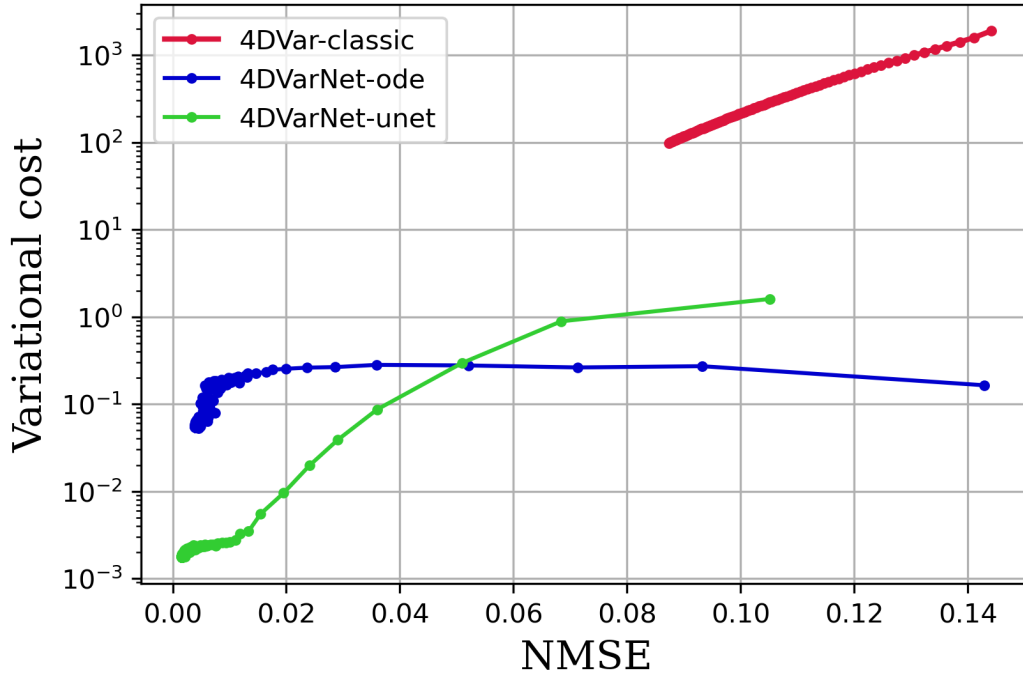
**Figure 2.** Sketch of the 4DVarNet procedure. The model  $\phi$  is computed from the state  $X$ . Then, the variational cost  $J$  is calculated from the observations, the output of the model and the state  $X$ . Subsequently, the variational cost is derived by automatic differentiation. Next, the neural network is trained to optimise the minimisation of the variational cost  $J$ . Finally, the analysed state  $X$  is updated until the convergence of the learning and variational costs.



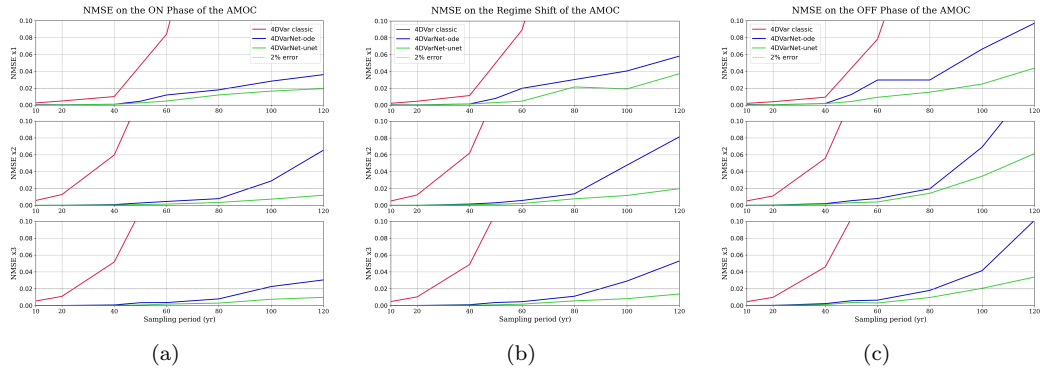
**Figure 3.** Evolution of the idealized model over one simulation of 100 000 years, 50 2 500-year time series were extracted randomly between 5 000 and 60 000 yrs (in orange); one 2 500-year time series was extracted between 65 000 and 95 000 yrs to built the test dataset (in yellow).



**Figure 4.** Qualitative comparison of the three data assimilation methods (4DVar-classic in orange, 4DVarNet-ode in purple and 4DVarNet-unet in green): (a) AMOC temporal signal reconstructed by the 3 data assimilation methods; (b) Attractor of the AMOC system; (c) Spectral analysis of the reconstructed AMOC signal



**Figure 5.** Variational cost ( $J$ ) evolution according to the NMSE using 4DVar -classic, -ode, and -unet assimilation method, respectively. Each dot represents an iteration of the data assimilation process.



**Figure 6.** NMSE evolution for each of the 3 variables (corresponding to each row) according to the sampling period for the 3 data-assimilation methods (corresponding to the 3 color lines) computed on: (a-c) the ON Phase, the Regime Shift, and the OFF Phase of the AMOC, respectively.