



CLIMATOLOGY

Enhanced ocean heat storage efficiency during the last deglaciation

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Proxy reconstructions suggest that increasing global mean sea surface temperature (GMSST) during the last deglaciation was accompanied by a comparable or greater increase in global mean ocean temperature (GMOT), corresponding to a large heat storage efficiency (HSE; $\Delta\text{GMOT}/\Delta\text{GMSST}$). An increased GMOT is commonly attributed to surface warming at sites of deepwater formation, but winter sea ice covered much of these source areas during the last deglaciation, which would imply an HSE much less than 1. Here, we use climate model simulations and proxy-based reconstructions of ocean temperature changes to show that an increased deglacial HSE is achieved by warming of intermediate-depth waters forced by mid-latitude surface warming in response to greenhouse gas and ice sheet forcing as well as by reduced Atlantic meridional overturning circulation associated with meltwater forcing. These results, which highlight the role of surface warming and oceanic circulation changes, have implications for our understanding of long-term ocean heat storage change.

INTRODUCTION

As one of the largest heat reservoirs in the climate system, the global ocean absorbs a large fraction of the excess energy generated by the Earth's energy imbalance (EEI) during transient climate change (1, 2). Now, more than 90% of the excess energy from ongoing anthropogenic warming has accumulated in the ocean (3–5), strongly buffering global warming as well as causing an increase in ocean temperature, ocean heat content, and sea level. Moreover, the lag in the climate response to a forcing is a function of the rate of ocean heat uptake (2), with changes in that rate affecting the EEI (6, 7). In the past century, the greatest warming from the EEI has occurred in the upper 500 m in the ocean (4, 5, 8, 9), with relatively weak warming in the deep ocean because of its long response time (10) and the lingering impact of previous cooling associated with the Little Ice Age (11–13). This response can be expressed as a ratio between changes of global mean ocean temperature (ΔGMOT) and global mean sea surface temperature (ΔGMSST) or a measure of the ocean heat storage efficiency (HSE), with current HSE ($\Delta\text{GMOT}/\Delta\text{GMSST}$) $\ll 1$ (~ 0.1).

Paleoceanographic observations, however, suggest that ΔGMOT can be comparable to or even larger than ΔGMSST on millennial and longer (near-equilibration) timescales. This implies that the ocean can serve as a far greater reservoir of energy in the climate

system than implied by contemporary observations. Deep ocean temperature (DOT) proxies from marine sediment cores (14–16) and GMOT proxies from Antarctic ice cores (7, 17, 18) suggest that GMOT increased by $\sim 2.8^\circ\text{C}$ from the Last Glacial Maximum [LGM; ~ 26 to 19 thousand years ago (ka)] to pre-Industrial (PI; Fig. 1C), comparable to (slightly smaller than) the concurrent change in GMSST reconstructed from SST proxies of around $\sim 3.0^\circ \pm 0.2^\circ\text{C}$ (Fig. 1B) (19–22). Recent air-sea disequilibrium studies suggest that the LGM ocean cooling reconstructed from noble gases in ice cores may be biased by $-0.38^\circ \pm 0.37^\circ\text{C}$ which is highly sensitive to model high-latitude winds [Fig. 1C, (23)]. Given the good agreement between two estimates for mean LGM DOT cooling relative to PI from marine proxy records [-2.63°C from (15); $-2.82^\circ \pm 0.17^\circ\text{C}$ from (16)] and the ice core MOT estimate that neglects air-sea disequilibrium [$-2.83^\circ \pm 0.5^\circ\text{C}$ from the spline reconstruction of (7)], we suggest that the effects of air-sea disequilibrium may be negligible. In any event, the overall GMOT warming magnitude is comparable to the increase in GMSST, leading to a deglacial ocean HSE of ~ 0.7 to 0.9, which is much closer to 1 (~ 1) (Fig. 1D) compared to modern HSE. Furthermore, observations show that the HSE exceeds 1 during the millennial-scale deglacial events Heinrich Stadial 1 (HS1; ~ 18 to 14.7 ka) and the Younger Dryas (YD; 12.9 to 11.5 ka) (Fig. 1D).

These observations raise several questions: What mechanisms are responsible for ocean heat uptake/storage and how large can the ocean HSE be? In particular, the mechanisms responsible for the large HSE during the last deglaciation (Fig. 1D) are puzzling. Given the large volume of deep and abyssal waters (below 2000 m), the conventional view in paleoceanography is that warming of their source waters in the Southern Ocean and North Atlantic (17, 24–26) would lead to a large increase in GMOT since the LGM. During the last deglaciation, however, proxy records suggest these source waters, especially those for the Antarctic Bottom water, were largely covered by sea ice in winter (27, 28) when deep water forms, such that their temperatures should have remained near the freezing point ($\sim -1.8^\circ\text{C}$). We would thus expect a much weaker warming of the deep ocean than the surface ocean during the last deglaciation with an HSE much less than 1.

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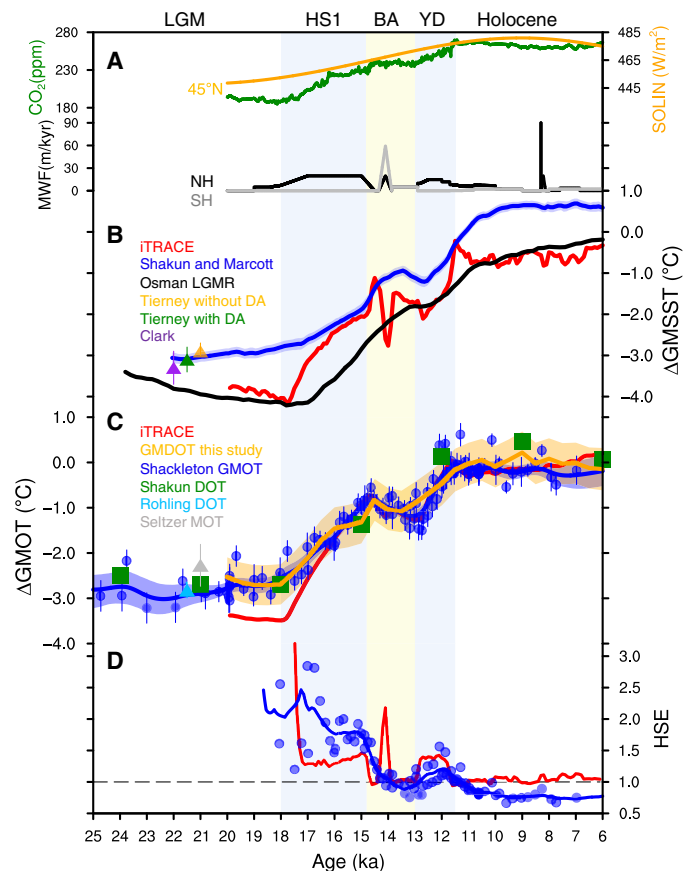


Fig. 1. Model-data comparison for deglacial ocean temperature evolution. (A) Deglacial forcings in iTRACE: June solar insolation (SOLIN) at 45°N (orange), atmospheric CO₂ concentration (green) (70), and meltwater fluxes (MWF) in the Northern (black) and Southern (gray) hemispheres. (B) Deglacial GMSST as deviations from PI in iTRACE (red line; centennial mean) and proxy-based reconstructions (blue) (19, 20) and a reanalysis product (black) (31). Reconstructions of the LGM GMSST cooling from Tierney *et al.* (21) without (orange) and with data assimilation (DA) (green, with 95% confidence interval) and from Clark *et al.* (22) (purple) are also shown. Shading/error bars: 1 σ uncertainty. (C) Deglacial GMOT as deviations from PI in iTRACE (red line; centennial mean) and our proxy-based global ocean temperature stack (orange line, Materials and Methods) as well as by noble gas-based GMOT reconstructions (blue) (7) in spline (line) and samples (dots) version. Also shown are DOT reconstructions for the last deglaciation (green squares) (15) and for the LGM mean (blue and gray triangles) (16, 23). Note that the LGM estimates in (B) and (C) represent averages over the LGM interval. (D) Ocean HSE in proxy reconstructions (blue) and in iTRACE (red). HSE is calculated as $\Delta\text{GMOT}/\Delta\text{GMSST}$ with a threshold of 0.1°C for both ΔGMSST and ΔGMOT (relative to the LGM state). For proxy-based HSE, GMSST is from Shakun *et al.* (19) and Marcott *et al.* (20), and GMOT is from Shackleton *et al.* (7). ppm, parts per million.

Here, we combine a transient climate simulation from the LGM to mid-Holocene (MH; 6 ka) with new proxy-based DOT reconstructions to show that the deglacial ocean heat storage is enhanced in intermediate-depth waters in response to increasing greenhouse gases (GHGs) and retreating ice sheets as well as reductions in the Atlantic meridional overturning circulation (AMOC) forced by meltwater. The resulting strong warming at these depths then substantially increases ocean HSE throughout the last deglaciation.

RESULTS

Enhanced deglacial ocean heat storage by warming of intermediate waters

To understand the deglacial ocean HSE, we first examine results from our isotope-enabled TRAnSient Climate Evolution (iTRACE) simulation which was performed using the Community Earth System Model version 1.3 (iCESM1) (29). The simulation was forced by reconstructed ice sheets, solar insolation associated with orbital configurations (ORB), GHGs, and meltwater fluxes (MWF) (Materials and Methods) (30). Starting from the LGM, our simulated GMSST and GMOT both increase by $\sim 2.5^\circ\text{C}$ during HS1, plateau during the Bølling-Allerød (14.7 to 12.9 ka), and then increase again by $\sim 1^\circ\text{C}$ during the YD before reaching the relatively stable Holocene state, corresponding to an ocean HSE of ~ 1 for the LGM-MH transition (Fig. 1, B to D). These changes in the timing and magnitude of GMSST and GMOT largely follow proxy reconstructions (Fig. 1, B and C) (7, 16–18, 19–22) and a reanalysis product (31). The comparable deglacial (MH-LGM) changes of GMOT and GMSST (i.e., HSE of ~ 1) is robust across climate models as shown in another transient deglacial simulation TraCE-21k (Materials and Methods) (32), a series of time-slice equilibrium simulations for the last deglaciation (33), and equilibrium simulations in most Paleoclimate Modelling Intercomparison Project Phase 3 (PMIP3) models (34) and in iCESM1, regardless of their differing climate sensitivities (fig. S1 and table S1).

Our model results show that the pattern of deglacial warming in the ocean interior is far from uniform (Fig. 2 and fig. S2A). As expected, we find that the global zonal mean MH-LGM temperature change in the abyss is indeed smaller than GMSST change (Fig. 2A) due to source waters being largely covered by sea ice (Fig. 3A). The interior warming is instead dominated by a core region of intermediate waters (300 to 1500 m) extending northward across the equator from the Southern Ocean, where the warming is greater than the GMSST warming by up to two times. This intermediate-depth warming occurs primarily in the Indo-Pacific Oceans which account for $\sim 70\%$ of the global ocean volume (Fig. 2B and fig. S2B). A secondary core region of warming occurs at intermediate to mid-depths (300 to 3000 m) around the northern subpolar region (Fig. 2A) which is caused predominantly by warming in the Atlantic sector (Fig. 2C). While cores of warming in the Indo-Pacific and Atlantic reach different depths, these cores are related in that they both represent the depth of penetration of intermediate/deep water masses sourced at the surface in these regions. The overall warming of the global ocean is stronger than GMSST warming in the upper half of the ocean but similar to or weaker than GMSST warming in the lower half of the ocean, with the resulting GMOT warming being comparable to that of GMSST (HSE of ~ 1 ; Fig. 1D). A similar vertical structure of warming with an even greater amplitude can also be seen at some other times, notably at HS1 (relative to LGM) with a greater warming contribution from the Atlantic sector (Fig. 2, D to F), corresponding to an HSE greater than 1 (Fig. 1D). Last, this ocean warming pattern of MH-LGM, accompanied by the large HSE, is also robust across most PMIP3 models (fig. S3 and table S1; Materials and Methods).

Although existing global DOT (15) and GMOT (7) proxy reconstructions support a large deglacial ocean HSE (Fig. 1D), they are unable to constrain the vertical temperature structure simulated in iTRACE (Fig. 2, A to C). We addressed this issue by reconstructing deglacial ΔDOT from 119 globally distributed, well-dated benthic

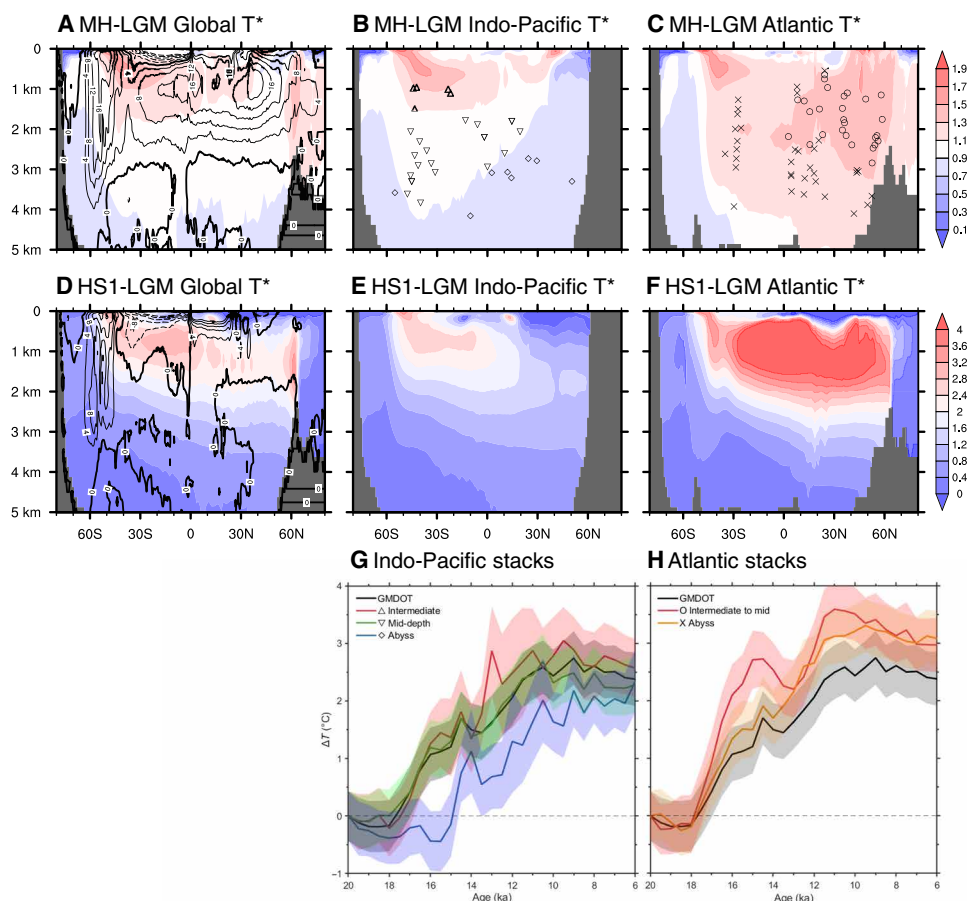


Fig. 2. Simulated and reconstructed deglacial subsurface temperature changes. (A to C) Normalized zonal mean ocean temperature change between the MH (6.5 to 6 ka mean) and LGM (20 to 19 ka mean) states (T^* , divided by MH-LGM GMSST change) in the global ocean (A), Indo-Pacific (B), and Atlantic (C). Contours in (A) show overturning stream function in the MH (interval of 4 Sv). (D to F) As (A) to (C) but for HS1 (16 to 15 ka mean) minus LGM. Symbols in (A) to (C) show location of sites used in our regional stack analysis. (G and H) Regional stacks for the Indo-Pacific (G) and Atlantic (H) (shading: 1σ uncertainty; Materials and Methods). Also shown in (G) and (H) is the global stack for comparison. Note that the classification of water depths used in (G) and (H) are approximate since the sites are arranged not only by depth but also by latitude to assess the simulated pattern.

$\delta^{18}\text{O}$ ($\delta^{18}\text{O}_b$) records archived in the Ocean Circulation and Carbon Cycling (OC3) database (Fig. 2, B and C) (Materials and Methods) (35). The site depths provided with the records cover intermediate to abyssal waters. We derived ΔDOT by accounting for changes in the $\delta^{18}\text{O}$ of seawater ($\delta^{18}\text{O}_{\text{sw}}$) associated with the decrease in global ice volume. Independently derived ΔDOT reconstructions that are available at several of our sites show similar changes as in our reconstructions (fig. S4). We also find that our basin-weighted global mean ΔDOT (ΔGMDOT) stack is in good agreement with the noble gas-based ΔGMOT reconstructions (Fig. 1C), consistent with a recent assessment of the temperature and land ice seawater contributions to the global $\delta^{18}\text{O}_b$ record (Materials and Methods) (7). This agreement at local and global scales suggests that any effects of hydrographic changes on $\delta^{18}\text{O}_{\text{sw}}$ were negligible (Materials and Methods).

To assess the vertical temperature structure simulated by iTRACE, we constructed regional ΔDOT stacks from sites occurring in the areas where simulated ocean temperatures show lesser, similar, or greater amounts of change than GMSST (Fig. 2, B and C). The zonal plots in Fig. 2 identify the simulated vertical temperature changes

between the MH and LGM (Fig. 2, A to C) and HS1 and LGM (Fig. 2, D to F). Overall, the iTRACE stacks follow the reconstructed deglacial temperature evolution, although temperature variations at intermediate depths caused by AMOC reductions are overestimated in amplitude in the model (fig. S5). In the Atlantic basin, the regional stack showing the greatest warming corresponds to the area of greatest simulated warming, in the intermediate to mid-depths (generally <3000 m and $>0^\circ$). Here, warming above ΔGMDOT begins at the start of HS1 with the subsequent temperature evolution exhibiting pronounced millennial-scale variability (Fig. 2H). The regional stack representing the remaining Atlantic basin north of 30°S is consistent with iTRACE in showing less warming beyond the core region of greatest warming. Our stacks from the Pacific basin similarly support the vertical structure in the iTRACE simulation, with greater warming than ΔGMDOT at intermediate depths (<1500 m), little difference at mid-depths, and less warming than ΔGMDOT in the abyss (Fig. 2G). Further support for this vertical temperature structure is suggested from regional $\delta^{18}\text{O}_b$ stacks constructed in (36), with sites from 1000 to 2000 m depth being consistently lighter (i.e., warmer) than deeper sites (fig. S6). We thus conclude that the data

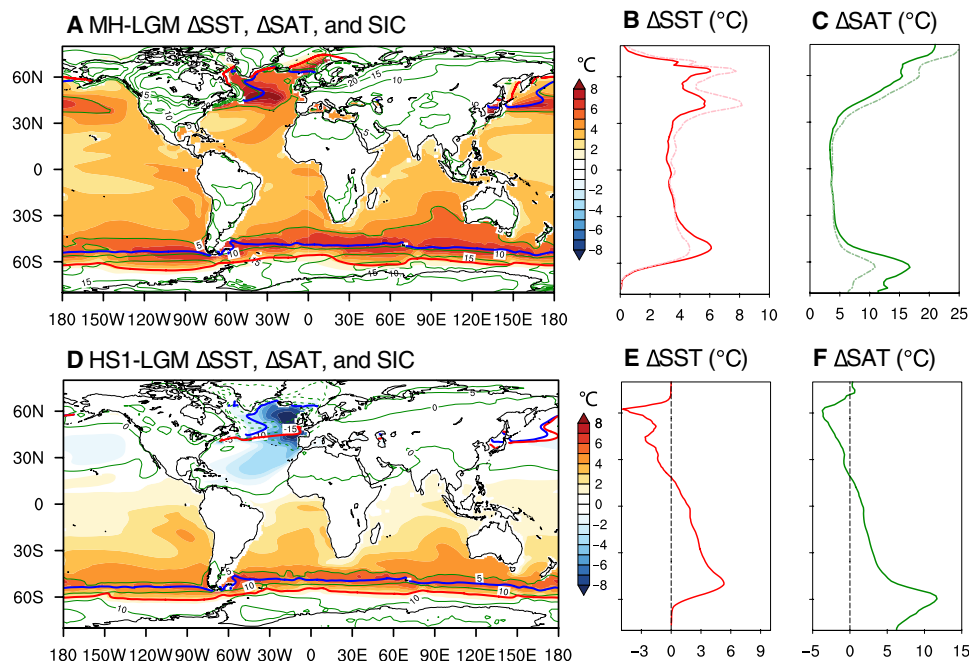


Fig. 3. Simulated deglacial surface temperature changes. (A) Changes between the MH-LGM in annual mean SAT (green contour, interval of 5°C) and annual mean SST (color shading, °C). Blue and red lines indicate sea ice edge (SIC; defined as 15% annual sea ice coverage) in the LGM (blue) and MH (red), respectively. (B) Zonal mean change of annual SST. (C) As (B) but for SAT. (D to F) As (A) to (C) but for changes between HS1 and the LGM. Blue and red lines in (D) indicate SIC in the LGM (blue) and HS1 (red), respectively. Also shown in (B) and (C) are temperature changes in a reanalysis product (dashed lines) (37).

support the iTRACE finding that the large HSE is caused by strong warming in the intermediate-depth waters.

Enhanced deglacial HSE by GHGs and ice sheet forcing

Here, we show that substantial warming of intermediate-depth waters can be dynamically related to surface warming in response to GHGs and ice sheet forcing. In iTRACE, annual SSTs warm globally from the LGM to the MH except in the polar regions, with the greatest SST warming (~6°C) centered on ~50°S in the southern oceans and ~45°N in the North Pacific and North Atlantic oceans (Fig. 3, A and B). A similar surface pattern is seen in proxy data (37–39), combined data-model (data assimilation) reanalysis (Fig. 3, B and C) (31, 40, 41), and PMIP3 model simulations (fig. S7).

The deglacial SST warming pattern is forced primarily by increasing GHGs and retreating Northern Hemisphere (NH) ice sheets. This is demonstrated by the strong similarity of the SST warming pattern in iTRACE (Fig. 3, A and B) and in the sensitivity experiment forced just by ice sheets, orbital forcing, and GHGs [continental ice sheets (ICE) + ORB + GHG] (Materials and Methods) (fig. S8). Radiative forcing from GHGs causes global surface warming that is characterized by polar amplification toward both poles in surface air temperature (SAT) (Fig. 3, A and C, and fig. S8, D and F) (42). However, at high latitudes in both hemispheres, the ocean surface is largely covered by sea ice, especially in the cold season (fig. S9) when deep water masses are formed by deep convection, such that SSTs remain around the freezing point with little change during the deglaciation (Fig. 3, A and B, and figs. S8 and S9). This leads to peak SST warming in the mid-to-subpolar latitudes, in contrast to the peak SAT warming toward both poles. In the North Atlantic, warming of newly exposed surface waters in the

Greenland-Iceland-Norwegian Seas forms another SST warming peak of 6°C at ~60°N (Fig. 3, A and B, and figs. S7 to S9). At the same time, the lowered elevation and reduced albedo of retreating NH ice sheets induce surface warming over NH continents which is then advected downstream to the North Atlantic and North Pacific, enhancing peak SST warming at 45°N (Fig. 3, A and B, and fig. S10, D to F). This response is confirmed by the sensitivity experiment ICE which is forced only by ice sheet change (fig. S10 and Materials and Methods). Peak SST warming at these latitudes is then ventilated into the ocean interior (fig. S8, A to C) mainly by the mean subduction (43, 44), forming the maximum subsurface warming centered in the intermediate waters, primarily in the Antarctic Intermediate Water. The deeper warming in the North Atlantic associated with the mean North Atlantic Deep Water (NADW) formation does not contribute substantially to the GMOT change due to its small volume (fig. S8). Notably, the strong SST warming remains collocated with strong ventilation regions throughout the deglaciation (fig. S11) and highly correlated with heat flux into the ocean in mid-latitude, wind-driven subduction regions, thus enhancing the intermediate ocean heat storage (43). Even with homogeneous surface warming, as the deep-water formation sites are largely ice covered, the intermediate water masses will enhance the HSE because they represent the main remaining pathway of ventilating the global ocean. Last, our sensitivity experiments show that orbital forcing has only a minor effect on global ocean temperature change during the last deglaciation (Fig. 4B).

Enhanced deglacial HSE by AMOC weakening

Although we find substantial warming of intermediate waters by surface warming associated with GHGs and ice sheet forcing, our

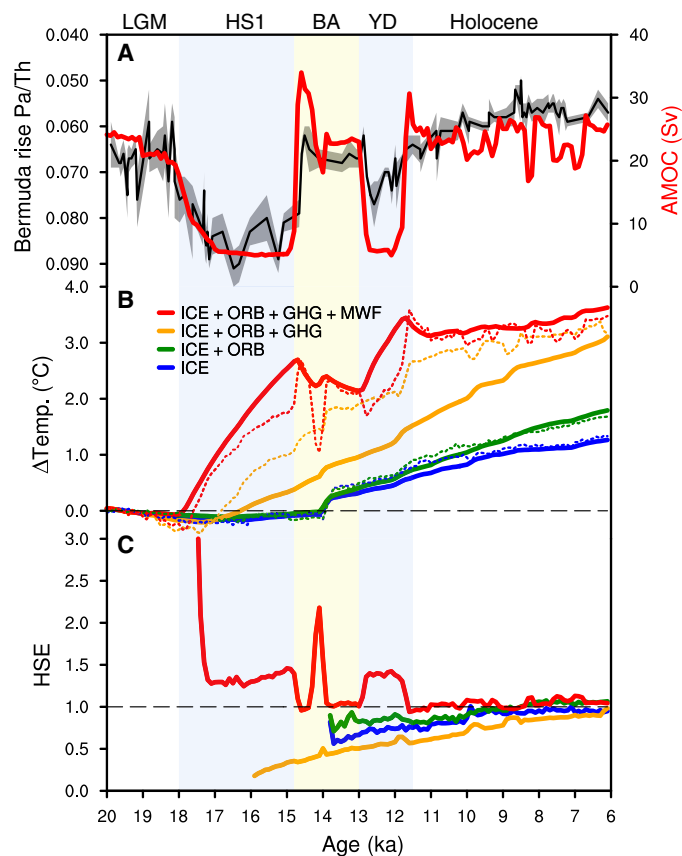


Fig. 4. Simulated and reconstructed deglacial evolution of AMOC and ocean temperature changes. (A) AMOC transport simulated in iTRACE (red) and implied in observed $^{231}\text{Pa}/^{230}\text{Th}$ from Bermuda Rise sediments (black) (46). (B) GMSST (dotted line) and GMOT (solid line) change ($^{\circ}\text{C}$, relative to the LGM state) in iTRACE (ICE + ORB + GHG + MWF) and the other three factorized-forcing sensitivity experiments. (C) As (B) but for ocean HSE. HSE is calculated as $\Delta\text{GMOT}/\Delta\text{GMSST}$ with a threshold of 0.1 $^{\circ}\text{C}$ for both ΔGMSST and ΔGMOT (both relative to the LGM state).

sensitivity experiments demonstrate that reaching an ocean HSE of ≥ 1 throughout the early deglaciation requires additional subsurface warming that is caused by weakening of the AMOC in response to meltwater forcing (Fig. 4). Paleoceanographic proxies and modeling studies suggest that meltwater forcing from NH ice sheets impeded NADW formation during HS1 and the YD, causing a reduction in the AMOC (Fig. 4A; 32, 45, 46). In response to the weakened AMOC, the northward heat transport was reduced, forming the SST bipolar seesaw pattern of NH cooling and SH warming (Fig. 3, D to F, and figs. S12A and S13A) (19, 32, 47–52). This SST pattern does not change GMSSTs substantially because the NH SST response nearly cancels the opposite SH SST response, as shown by the small increase in GMSST during HS1 and the YD that accompanied an AMOC reduction ($\sim 0.5^{\circ}\text{C}$; comparing iTRACE with ICE + ORB + GHG) (Fig. 4, A and B). Furthermore, the small GMSST change caused by the AMOC reduction quickly disappears after the end of the meltwater forcing, as seen in GMSSTs being nearly the same after 10 ka in the experiments with (iTRACE) and without (ICE + ORB + GHG) meltwater forcing, such that there is little net effect of meltwater forcing on GMSST in the MH (Fig. 4B).

In contrast to this GMSST response, a reduction of the AMOC generates a longer-term subsurface warming in both hemispheres. For example, during HS1, the reduced North Atlantic deep convection reduces the vertical mixing between colder surface and warmer subsurface waters, resulting in a cooling in the North Atlantic surface but a warming in the subsurface, which is a robust feature in reconstructions (50–52) and model simulations (32, 53, 54). The warming signal propagates southward along the Deep Western Boundary Current into the South Atlantic in hundreds of years, before leaking northward into other basins via the Southern Ocean (55). This leads to strong subsurface warming that extends to mid-depths over much of the global ocean that persists throughout HS1 (Figs. 2, D to F, and 4B and figs. S12 and S13) (55). The strong subsurface warming may have also warmed abyssal waters through circulation and mixing processes (figs. S12E and S13E). In iTRACE, the weakening AMOC throughout HS1 contributes 2°C warming to GMOT, while the other combined forcings contribute another 0.5°C warming (Fig. 4B). A similar AMOC-related GMOT warming also occurs during the YD but with a smaller magnitude due to its shorter duration (Fig. 4, A and B). As such, during the early deglaciation, nearly 50% (1.8°C) of the total simulated GMOT increase (3.4°C) is contributed by the AMOC reduction (Fig. 4B). By comparison, the HSE in the ICE + ORB + GHG experiment increases monotonically from ~ 0.2 during HS1 to ~ 0.9 during the MH (Fig. 4C), reflecting a weaker ocean interior warming from the LGM to MH than in iTRACE (Fig. 2, A to C, versus fig. S8, A to C). Given its small effect on GMSST but strong and long-term effect on GMOT, a decreased AMOC is thus highly effective in enhancing the HSE during the entire deglaciation, with particularly large increases during HS1 and the YD (Figs. 1D and 4C). Moreover, in iTRACE, the heat accumulated in the global ocean by the AMOC reduction lasts for >4000 years after the termination of major meltwater forcing (Fig. 1A), with a notable residual of 0.5°C in ΔGMOT persisting until the MH (Fig. 4B).

DISCUSSION

Our iTRACE simulations and new proxy reconstructions of ΔDOT demonstrate that the deglacial ocean HSE was substantially enhanced by subsurface warming at intermediate depths through the effects of increasing GHGs and retreating ice sheets on surface warming as well as by a weakening of the AMOC in response to meltwater forcing. We emphasize several implications of these results to our understanding of changes in MOT. First, we note that the warming in the Indo-Pacific Ocean around 2000 m is closest to the global mean value (fig. S2B), suggesting that reconstructions of past ΔDOT from similar locations would closely monitor ΔGMOT . Second, our results showing that millennial-scale AMOC variability and its lingering effect on ocean warming substantially enhanced ocean HSE to >1 suggest that persistent AMOC variability throughout a glacial cycle would do the same, whereas reduced variability would cause HSE to be <1 . Third, our analyses suggest that different patterns of surface warming associated with different timescales may cause a substantially different ocean HSE. For example, maximum ocean heat uptake today is occurring at mid-latitudes (5), but under the short-term anthropogenic forcing, the dominant large-scale surface warming is found in subtropical latitudes (43, 56), which dominates the GMSST change given the large surface area of the subtropical ocean. Because transmission of this subtropical warming to depth is limited by the shallow subtropical cell and can only warm to depths <500 m, it has

damped ocean heat uptake efficiency (43) and thus contributed little to enhancing HSE at this early stage, leading to an HSE of $\ll 1$ (fig. S14). On millennial and longer (near-equilibration) timescales such as during the last deglaciation, if we assume that areas of strong surface warming remained colocated with globally dominant ventilation regions in mid- to subpolar latitudes like in iTRACE, then we should expect ventilation of the thicker intermediate-depth waters to enhance HSE. As a result, the ocean will sequester more heat from the atmosphere, potentially slowing the rate of atmospheric warming. Our study therefore suggests that the pattern effect not only influences climate sensitivity through atmospheric feedbacks (57) but also influences ocean heat uptake/storage and its efficiency which can substantially modulate transient climate change (58) and the Earth's energy budget (59). In the future, if global warming continues as in the case of the longer-term (centennial to millennial timescale) warming investigated by Rugestein *et al.* (10), the HSE could be further enhanced (fig. S14) as the strong surface warming extends further poleward to subpolar latitudes where winter sea ice coverage will be substantially reduced.

MATERIALS AND METHODS

Proxy Δ DOT records

We reconstructed deglacial Δ DOT from 119 globally distributed, well-dated benthic $\delta^{18}\text{O}$ ($\delta^{18}\text{O}_b$) records. We selected 108 of these records from the 287 records that are archived in the OC3 database (35) based on their resolution and ^{14}C age control. We also used the following $\delta^{18}\text{O}_b$ records that are not in the OC3 database: ENAM93-21 (60), EW9302-24GGC (61), EW9302-25GGC (61), EW9302-26GGC (61), EW9302-2JPC (50), MD95-2010 (62), RAPID-10-1P (62), U1308 (62), KNR166-2-26JPC (63), KNR197-3-46CDH (63), and M35003-4 (64).

The average resolution of the 119 records is 520 ± 290 years, with 80 records having a resolution < 600 years, and we interpolated all data to a 500-year resolution to reflect the average resolution of the data. Age models of all records used here are based on calibrated ^{14}C ages as opposed to some records in the database with age models derived by alignment to the LR04 $\delta^{18}\text{O}_b$ stack. For most records, where the age models of records are based on several ^{14}C calibration schemes, we used the one based on the most recent calibration. For the following cores, we used the earlier Jonkers age model in the OC3 database as it was more consistent with other constraints: ODP-162-984, GIK23415_9, and SO213-2-82-1.

Benthic $\delta^{18}\text{O}$ records ($\delta^{18}\text{O}_b$) reflect some combination of the temperature of foraminifera calcification ($\delta^{18}\text{O}_T$) and the $\delta^{18}\text{O}$ of seawater ($\delta^{18}\text{O}_{sw}$), which in turn reflects global land ice volume and salinity. We derived $\delta^{18}\text{O}_T$ by subtracting changes in $\delta^{18}\text{O}_{sw}$ associated with the decrease in global ice volume from $\delta^{18}\text{O}_b$ and assessed possible additional salinity contributions by comparison to independently derived temperature reconstructions (see below). We used the LGM constraints of a 1‰ increase in $\delta^{18}\text{O}_{sw}$ as established by pore water measurements in deep-sea cores (65) and a sea-level lowering of -134 m (66) to derive the relationship 0.0075‰ m^{-1} and applied it to a modeled sea-level reconstruction for the last 21 kyr (66). The uncertainties on these constraints are small, and so we do not propagate them into our results as they would not affect our conclusions. We then converted the resulting $\delta^{18}\text{O}_T$ to temperature (Δ DOT) using the calibration from Marchitto *et al.* (67) for *Cibicidoides* ($n = 118$) and *Uvigerina* ($n = 1$):

$$T = [0.245 - \text{SQRT}(0.045461 + 0.0044 \delta^{18}\text{O}_T)]/0.0022.$$

The Δ DOT time series was then normalized to 20 ka. We calculated the uncertainty on individual site records through a Monte Carlo simulation by using the average uncertainty (300 years) of the calibrated age models at each time interval (0 to 20 ka at 500-year resolution). We generated 1000 age models for each site by randomly adding or subtracting a Gaussian distribution of 300 years to each time interval and then created 1000 temperature records using the 1000 random age models. We then took the average and SD (1σ) of the 1000 temperature records to calculate the Monte Carlo version of our temperature record.

To assess the vertical temperature structure simulated by iTRACE, we constructed regional Δ DOT stacks from sites occurring in the areas where simulated ocean temperatures show lesser, similar, or greater amounts of change than GMSST (Fig. 2, B to F). We used the jackknife procedure to recalculate each regional stack 1000 times after randomly removing 50% of the records in each iteration, with the SD of the resulting stacks being taken as the 1σ age uncertainty. We applied an analytical uncertainty of 0.04‰ to each stack, converted to temperature using $0.25\text{‰ }^\circ\text{C}^{-1}$ (68), resulting in an uncertainty of 0.16°C. Similarly, we applied a $\delta^{18}\text{O}_{sw}$ error of 0.1‰ (65) to each stack corresponding to a 0.4°C uncertainty. We summed these uncertainties in quadrature to derive the total uncertainty on each regional stack.

We also calculated regional Δ DOT stacks and their uncertainties (as described above) for the Atlantic and Indo-Pacific Oceans (there are no data from the Southern Ocean), weighted each by the respective volume of their ocean basins and normalized relative to the total ocean volume (26 and 74%, respectively) (fig. S2B), and then stacked them to generate the Δ GMDOT stack. Similarly, to generate the global stack uncertainty, we weighted the jackknife regional uncertainties for each regional stack and added these in quadrature to the $\delta^{18}\text{O}_b$ analytical error of 0.16°C and the $\delta^{18}\text{O}_{sw}$ of porewater error of 0.4°C to derive the uncertainty on the entire stack.

We find that independently derived Δ DOT reconstructions that are available at several of our sites show similar changes as in our reconstructions (fig. S4). Given our inferred contribution of $\delta^{18}\text{O}_{sw}$ from global ice sheets, this agreement suggests a negligible contribution from local salinity changes at these sites. We also find that our basin-weighted Δ GMDOT stack is in good agreement with the noble gas-based Δ GMDOT reconstructions (Fig. 1C).

Shackleton *et al.* (7) converted the noble gas-based Δ GMDOT reconstructions to $\delta^{18}\text{O}_T$ and estimated the $\delta^{18}\text{O}_{sw}$ component from land ice as $\Delta\delta^{18}\text{O}_{ice\ volume} = \delta^{18}\text{O}_{ice}/(D/\Delta\text{SL} - 1)$, where $\delta^{18}\text{O}_{ice}$ is their assumed mean ice sheet $\delta^{18}\text{O}$ ($-30 \pm 2\text{‰}$), D is the modern mean ocean depth, and ΔSL is the global sea-level change from Lambeck *et al.* (66). When applied to the last deglaciation, $\Delta\delta^{18}\text{O}_{ice\ volume}$ is 1.02‰ at 20 ka or the same as the pore water reconstruction (65) used here. Summing their $\delta^{18}\text{O}_T$ and $\Delta\delta^{18}\text{O}$ reconstructions gave a $\delta^{18}\text{O}$ record (predicted) that is the same, within uncertainty, as the LR04 $\delta^{18}\text{O}_b$ record (observed) from 0 to 20 ka. The agreement of our independently derived global $\delta^{18}\text{O}_T$ and $\delta^{18}\text{O}_{sw}$ reconstructions with those in Shackleton *et al.* (7) thus indicates that any additional contribution from salinity changes at the global scale is negligible.

Model and simulations

iTRACE is a transient simulation of global climate and water isotopes during the last deglaciation (30) conducted with iCESM1 (29).

The resolution of atmosphere and land surface is a nominal 2° (1.9° in latitude and 2.5° in longitude) with 30 vertical levels in the atmosphere; the resolution of the ocean and sea ice is a nominal 1° with 60 vertical levels in the ocean. Starting from the LGM (20 ka), four forcing factors, namely, the ICE, solar insolation associated with ORB, GHG, and MWF, were applied additively to simulate the deglacial climate change. Continental ice sheet configuration following the ICE-6G reconstruction (69) was modified every 1000 year during the simulation. GHG concentrations (CO_2 , CH_4 , and N_2O) were prescribed based on ice core reconstructions (70). MWF was applied on the basis of sea-level reconstructions, largely following the scheme used in TraCE-21k (32). Assuming linearity of the responses, the difference between different pairs of the factorized-forcing simulations can be used to estimate the impact of each individual forcing approximately. For example, (ICE + ORB + GHG + MWT) – (ICE + ORB + GHG) isolates the effects of melt-water forcing (fig. S13). The set of iTRACE simulations have been shown to be able to reproduce many major features of the observed change of global climate and water masses during the early deglaciation (from 20 to 11 ka) (30, 55, 71). Here, we used the model output of 20 to 6 ka, which is now available.

Besides iTRACE, another transient simulation TraCE-21k, the predecessor of iTRACE (32, 72), and multiple equilibrium model simulations are also investigated. TraCE-21k was performed with a lower-resolution version of the Community Climate System Model version 3 (CCSM3). Similar to iTRACE, TraCE-21k is also forced by deglacial changes in ice sheets, solar insolation, GHGs, and MWF and captures many important features of deglacial climate in its all forcing experiment (19, 32). More details of TraCE-21k simulation can be found in (72). For equilibrium simulations, we use “PI,” “MH,” and “LGM” simulations performed with iCESM1 and seven PMIP3 models (34). LongRunMIP simulations (10) are also investigated to show the long-term ocean HSE under future anthropogenic warming.

Calculation of GMOT, GMSST, and AMOC intensity

For model simulations, the three-dimensional ocean temperature fields are interpolated from their corresponding horizontal grids to 1° rectilinear latitude-longitude grids. The GMOT is calculated as the volume-weighted average over the entire ocean. GMSST is calculated as the area-weighted average over the ocean surface. Both GMOT and GMSST calculations use all ocean cells available including open sea cells and those covered by sea ice. AMOC intensity is defined as the maximum overturning stream function below 300 m over the section of 20° to 50°N in the Atlantic.

Further model-data comparison

A further temperature-salinity diagram comparison of sites from Adkins *et al.* (73) indicates that our iTRACE model faithfully reproduces the homogeneous glacial deep ocean temperature that around freezing point and larger deglacial warming ($>4^\circ\text{C}$) in the deep Atlantic than in the deep Pacific and Southern Ocean ($<2.5^\circ\text{C}$), similar to iTRACE (Fig. 2, B and C) and TraCE-21k (74).

There are some model-data discrepancies. Compared with observations, the evolution of the simulated GMSST experiences sharper peaks and troughs that are related to strong AMOC variability (Figs. 1B and 4A). This high-frequency surface temperature variability, however, has little imprint in the broad global ocean temperature change, as indicated by the consistent GMOTs in iTRACE

and observations. For GMSST records, the absence of these sharp peaks and troughs can be caused, partly, by the low temporal resolution and chronology uncertainty.

For PMIP3 models, we note that there are differences in the detailed ocean warming pattern, especially in the North Atlantic (fig. S3). This can be related to model differences in simulating the deep convection and the AMOC transport. Specifically, AMOC strength (relative to present day) at the LGM is highly uncertain among PMIP models (75, 76) which will influence the temperature response at the LGM. However, as the North Atlantic only occupies a small fraction in volume, such difference makes only little differences to GMOT change.

Supplementary Materials

The PDF file includes:

Figs. S1 to S14

Table S1

Legends for data S1

References

Other Supplementary Material for this manuscript includes the following:

Data S1

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