- 1 Title: Otolith increments in common sole (*Solea solea*) reveal fish growth plasticity to temperature
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- 3 Author names (given name + last name):
- 4 Tuan Anh Bui^{1,2}, Marleen De Troch¹, Jan Jaap Poos^{3,4}, Adriaan Rijnsdorp⁴, Bruno Ernande⁵, Karen Bekaert², Kélig Mahé⁶,
- 5 Kelly **Díaz**¹, Jochen **Depestele**²
- 6
- 7 Affiliations:
- 8 ¹Ghent University, Department of Biology, Marine Biology Research Group, Krijgslaan 281/S8, Ghent, Belgium
- 9 ²Flanders Research Institute for Agriculture, Fisheries and Food (ILVO), Oostende, Belgium
- 10 ³Aquaculture and Fisheries Group, Wageningen University and Research, Wageningen, The Netherlands
- ⁴Wageningen Marine Research, Wageningen University and Research, IJmuiden, The Netherlands
- 12 ⁵MARBEC, Univ. Montpellier, Ifremer, CNRS, IRD, Montpellier, France
- 13 ⁶IFREMER, Unité HMMN, 150 quai Gambetta, 62321 Boulogne-sur-Mer, France
- 14
- 15 Corresponding author: Tuan Anh Bui; tuananh.bui@ugent.be; Ghent University, Department of Biology, Marine Biology
- 16 Research Group, Krijgslaan 281/S8, 9000 Ghent, Belgium.

17 Abstract

Phenotypic plasticity is a major mechanism allowing organisms to respond to environmental variability. Understanding 18 19 phenotypic plasticity of organisms to warming is crucial to predict future impacts of climate change. In this study, we 20 investigated fish growth plasticity to temperature using a large archive of otoliths collected from 1960 to 2020, providing 21 growth data over the period 1958-2019, of three common sole (Solea solea) populations: North Sea, Irish Sea, and Bay of Biscay. We used mixed-effects models to partition growth variation into its intrinsic (age, age at capture) and extrinsic 22 23 (temperature, density, fishing pressure, nutrient) components; to disentangle individual-level plasticity from the 24 population-level response to temperature; and to assess the environmental dependency of growth plasticity. We 25 demonstrated that sole growth plasticity followed the Temperature-Size Rule with increasing juvenile growth and 26 decreasing adult growth at higher temperature. Under favourable conditions for sole growth, the positive response to 27 warming in juvenile fish is stronger while the negative response in adult fish is weaker and the individual plasticity variance 28 is lower. Our study provides additional support for the universality of the Temperature-Size Rule and contributes to our 29 understanding of fish populations' responses to current and future climate change.

- 30 Keywords: Temperature-Size Rule, plasticity, *Solea solea*, otolith, growth, life history
- 31

32 1 Introduction

33 Global warming is accelerating rapidly (IPCC, 2021), raising concerns on the responses of organisms. Fish, ectothermic 34 organism whose body temperature depend on ambient temperature, are especially sensitive to warming (Pinsky et al., 35 2019). Changes in distribution (Baudron et al., 2020; Poloczanska et al., 2016; Rutterford et al., 2015) and phenology (Neuheimer et al., 2018; Poloczanska et al., 2016) have been well documented as universal responses of fish to warming. 36 37 An increasing number of studies has focused on the response to warming of somatic growth, given its importance to 38 individual fitness and population metrics such as reproductive output and stock biomass (Hixon et al., 2014; Stawitz and 39 Essington, 2019). Field and experimental studies have shown that fish living in warmer temperatures grow faster but reach 40 a smaller maximum size (Atkinson, 1994; Baudron et al., 2014; Ikpewe et al., 2021; Smoliński et al., 2020a; van Rijn et al., 41 2017; Wang et al., 2020; Wootton et al., 2022). This response is referred to as the Temperature-Size Rule (TSR) (Atkinson, Page 2 of 72

1994). However, the generality of TSR-type response remains debated, because several studies found contrasting results
to TSR such as larger maximum size at warmer temperature (Audzijonyte et al., 2020; Lindmark et al., 2023; Mollet et al.,
2013).

The TSR deals with growth plasticity to temperature (Atkinson, 1994), which refers to the variation of growth of the same 45 46 individual when experiencing temperature variation within its lifetime. An individual with positive plasticity grows faster 47 in warmer years but slower in cooler years. Plasticity is at individual level and cannot always possibly be inferred in field 48 studies from the population-level response (correlation between the mean population growth rate and temperature) 49 (Morrongiello et al., 2019; Smoliński et al., 2020a; van de Pol and Wright, 2009). This is due to the confounding between-50 individual effects, which refers to the variation of growth across different individuals due to genetic and/or environmental 51 differences; e.g. individuals living in the warmer period having higher growth than those living in cooler period might be 52 because of more food availability associated with warming. Disentangling plasticity from the population-level response is 53 important to assess the TSR.

54 Another important question is how growth plasticity to temperature is influenced by environmental conditions, because 55 this can contribute to our capacity to predict how fish populations respond to environmental changes. Answering this 56 question requires the assessment of the environmental dependency of growth plasticity both in terms of plasticity 57 magnitude (i.e. whether the average plasticity of individuals in the population increases or decreases with environmental 58 changes) and in terms of individual plasticity variance (i.e. whether the individual-specific plasticity of individuals in the 59 population is more homogenous or more heterogenous with environmental changes). The latter is an element of 60 biocomplexity, which reflects the resilience of a population to environmental change (Hilborn et al., 2003; Schindler et al., 61 2010). The environmental dependency of plasticity magnitude and of individual plasticity variance remain largely 62 unexplored despite many studies on growth-temperature relationships in fish (Morrongiello et al., 2021; Morrongiello et 63 al., 2019; Smoliński et al., 2020a). Potential factors affecting growth, and thus the environmental dependency of growth 64 plasticity, include density and fishing pressure (Denechaud et al., 2020; Morrongiello et al., 2021; van der Sleen et al., 65 2018). Density can influence growth through intraspecific competition for food (Lorenzen and Enberg, 2002); while fishing 66 removes a proportion of individuals (usually larger and older) from populations and can influence growth through genetic selection of fast- or slow-growing individuals (fisheries induced evolution) (Enberg et al., 2012; Heino et al., 2015; Lee,
1912) and/or release from density dependence (Plangue et al., 2010).

In this paper, we aim to investigate (1) fish growth plasticity to temperature; and (2) the environmental dependency of growth plasticity, both in terms of plasticity magnitude and individual plasticity variance. We used otolith data. Otoliths are calcified structures in the inner ear of fish and otolith rings, like tree rings, are often formed annually (Black et al., 2005; Millner and Whiting, 1996; Vitale et al., 2019). The periodic deposition of otolith rings reflects the growth trajectory as well as the changes in intrinsic (e.g. age) and extrinsic (e.g. temperature) factors throughout a fish's life (Campana and Thorrold, 2001; Morrongiello et al., 2012). Therefore, otolith data offer a unique opportunity to study growth plasticity to temperature and its dependency on environmental changes.

76 We selected common sole (Solea solea) as a case-study species because it has a long exploitation history (Engelhard et 77 al., 2011; Lescrauwaet et al., 2010; Rijnsdorp and Van Beek, 1991), and biological data, including otoliths, have been 78 collected for many decades as part of fisheries management in Europe (ICES, 2020). Sole is a warm-favouring and bottom-79 dwelling flatfish species that is widely distributed across North-East Atlantic, ranging from the North Sea in the north to 80 the northwest African coast in the south (Lefrancois and Claireaux, 2003; OBIS, 2023; Schram et al., 2013). It matures at age 2-3, can live more than 25 years, and can reach a maximum length of 70 cm (Mollet et al., 2013; Mollet et al., 2007). 81 82 Juvenile soles are often more abundant in coastal areas while adult soles prefer deeper waters (Rijnsdorp and Van Beek, 83 1991; Rijnsdorp et al., 1992). The opaque zone of sole otolith usually forms in May-October and the translucent zone 84 usually forms in November-April (Amara, 2003; Millner and Whiting, 1996). Sole is a major target of beam trawl fisheries 85 (Engelhard et al., 2011; Lescrauwaet et al., 2010), with a minimum conservation reference size (formerly known as 86 minimum landing size) of 24 cm (EC, 2019). We collected sole otoliths from the North Sea, the Irish Sea, and the Bay of 87 Biscay populations (Figure 1A). These populations have experienced rapid warming rates above the global average 88 (Garcia-Soto et al., 2021; Tinker and Howes, 2020), and variable density level and fishing pressure (ICES, 2023a, b, c) 89 (Figure 1B-E).

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Figure 1. Map of the study area (A) with indications of stock management areas (dashed line), distribution areas of sole
estimated from beam trawl survey data (solid line), and average annual bottom temperature over the 1958-2019 period
from ORAS5 (Ocean Reanalysis System 5) data (Copernicus Climate Change Service, 2021) (see Materials and methods);
Temporal trend of spawning stock biomass, recruitment, fishing mortality, and nutrient concentrations (total nitrogen,
total phosphorus) in the study area (B-E).

96 2 Materials and methods

97 2.1 Otolith data

98 Otoliths from female sole were sampled from archives at the Flanders Research Institute for Agriculture, Fisheries, and 99 Food (ILVO), Wageningen University & Research (WUR), and the French Research Institute for Exploitation of the Sea 100 (IFREMER) (Table 1). ILVO otoliths collected before the year 2000 were prepared using broken-and-burned method (Vitale 101 et al., 2019): otoliths were broken transversally in half (as close to the nucleus as possible) and were then burned until

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the translucent rings became grey and more visible (Figure S1). ILVO otoliths collected from the year 2000 onwards and WUR otoliths were prepared using sectioned-and-stained method (Vitale et al., 2019): otoliths were embedded in resin and sectioned transversally through the nucleus into 0.5-0.6 mm thin slices and were then stained with alizarin red to make the translucent ring more visible (Figure S2, Figure S3, and Figure S4). IFREMER otoliths were transversally sectioned without staining (Figure S5).

Archive	Population	Number of	Collection period	Preparation method	Reading	
		otoliths			institute	
ILVO	North Sea	720		Broken-and-burned (before		
	Irish Sea	761	1973-2020	2000)	IIVO	
	Bay of Biscay	204	1373 2020	Sectioned-and- stained (since		
				2000)		
WUR	North Sea	431	1960-2001	Sectioned-and-stained	WUR	
IFREMER	Bay of Biscay	40	2012-2017	Sectioned	ILVO	

Table 1. Summary of otolith sampling. The reading institute indicates the institute that was responsible for reading theotolith increments.

We used the stratified sampling approach, i.e., multiple cohorts were sampled over time and each cohort included multiple fish of different ages at capture, ranging from 3 to 25 years (Figure S6) (Morrongiello et al., 2012). We sampled three otoliths per age class wherever possible. To minimise bias in growth estimation, we selected only otoliths with clearly visible nucleus and rings; and only broken-and-burned otoliths with a relatively flat broken surface. In total, 2156 otoliths were sampled (Table 1, Figure S6, Figure S7).

Sampled otoliths were photographed using a high-resolution digital camera connected to a stereomicroscope. For each otolith, the width of each growth ring was measured along a single growth axis (**Error! Reference source not found.**) (Bolle et al., 2004). This width-measuring approach, compared to the conventional radius-measuring approach, overcomes the possible bias caused by differences in growth pattern in both sides of sole otoliths (Rijnsdorp et al., 1990). Measurements of WUR otoliths were extracted from WUR's historical database (Mollet, 2010). ILVO and IFREMER otoliths were measured

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- at ILVO using SmartDots software (http://smartdots.ices.dk). Aging precision of 99.5% of newly read otoliths was tested
- and confirmed through re-aging by an experienced expert at ILVO (CV < 3%, see Table S1).

We used otolith increment, i.e. the width difference between subsequent rings, as a proxy of somatic growth as fish length is correlated with otolith width (R² = 0.53; see Figure S8). In subsequent analyses, years with less than 10 increment measurements were excluded. In total, 2154 otoliths with 15260 increments formed in the 1958-2019 period were analysed.



Figure 2. Common sole otolith after being transversally sectioned and stained. The width of each growth ring wasmeasured along a single growth axis.

128 2.2 Predictors of fish growth

We selected a series of potential intrinsic and extrinsic predictors of sole growth (Error! Reference source not found.). Intrinsic predictors include age and age at capture. Age at capture was used to account for potential growth difference between younger and older fish caused by fishing selectivity (Lee, 1912; Morrongiello and Thresher, 2015). Preparation method and reading institute were included to control for the potential difference in measurements among preparation methods and reading institutes.

Extrinsic predictors include temperature, spawning stock biomass, recruitment, fishing mortality, and nutrients. We used modelled bottom temperature from three datasets: ISIMIP (Inter-Sectoral Impact Model Intercomparison Project) simulation round 3b (code mpi-esm1-2-hr_r1i1p1f1_<climate-scenario>_tob) (Büchner, 2020), ORAS5 (Ocean Reanalysis System 5) (Copernicus Climate Change Service, 2021), and NEMO-MEDUSA (Nucleus for European Modelling of the Ocean - Model of Ecosystem Dynamics, nutrient Utilization, Sequestration and Acidification) (Yool et al., 2013; Yool et al., 2015). ISIMIP and ORAS5 data were available over the study period (1958-2019) while NEMO-MEDUSA data were only available from 1980 onwards. Spatial resolution ranged from 0.25° for ORAS5 and NEMO-MEDUSA to 1° for ISIMIP. We used ISIMIP Page **7** of **72** SSP5-8.5 data to be comparable with NEMO-MEDUSA RCP 8.5 data. All datasets were well correlated with *in situ* bottom
temperature records from the International Council for the Exploration of the Sea (ICES) High Resolution CTD data (19702021) (ICES, 2022) - North Sea: R² = 0.87-0.96, Irish Sea: R² = 0.76-0.93, Bay of Biscay: R² = 0.31-0.54 (Appendix S2, Table
S2).

Temperature was averaged by year over the distribution areas of sole (Table S11). These distribution areas were estimated from beam trawl survey data (1985-2022) (DATRAS, 2023) (Figure 1A, Appendix S3). We used annual temperatures because otolith growth, despite usually being maximal in summer and minimal in winter (Amara, 2003; Millner and Whiting, 1996), occurs year-round and there might be difference in deposition timing among life stages or individuals (Kimura et al., 2007; Millner and Whiting, 1996; Vitale et al., 2019). In addition, annual mean temperatures were well correlated with seasonal mean temperatures, with R² ranging from 0.51 in autumn to 0.96 in summer (Table S3).

Spawning stock biomass and recruitment were used to test for the effect of density on the growth of adult and juvenile sole, respectively. Spawning stock biomass and recruitment were divided by the distribution areas estimated from survey data (Figure 1A, Appendix S3) to standardise the differences in absolute value among the study populations (Figure S14). Fishing mortality was used to test for the effect of fishing pressure on sole growth. Spawning stock biomass, recruitment, and fishing mortality were extracted from the ICES stock assessments (ICES, 2023a, b, c; Millar et al., 2023).

Total nitrogen and total phosphorus were used to test for the effect of nutrients on sole growth. Total nitrogen and total phosphorus estimates (kilotonne/year) were extracted from the OSPAR ICG-EMO riverine database (van Leeuwen and Lenhart, 2021) for the major rivers in the North Sea in the 1978-2017 period. These riverine inputs accounted for more than 70% of the total input in the area (Figure S15).

Predictor	Description		
Random effects			
FishID	Unique identifier of a fish individual		
Population	Fish population (North Sea, Irish Sea, Bay of Biscay)		

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Year	Year when the otolith increment is formed
Cohort	Year when the fish is born
Fixed effects	
Age	Age of fish when otolith increment is formed
Age at capture	Age of fish when captured
Preparation method	Otolith preparation method (broken-and-burned, sectioned-and-stained, sectioned)
Reading institute	Institute where otoliths were aged and measured (WUR, ILVO)
	Mean annual bottom-temperature within the distribution areas of sole. Three temperature
Temperature	datasets were used: ISIMIP, ORAS5, NEMO-MEDUSA.
Spawning stock	Total weight of all individuals in a stock that have reached sexual maturity divided by
biomass	distribution areas (tonne/km ²)
	Number of fish at age 1 (North Sea) or 2 (Irish Sea, Bay of Biscay) divided by distribution areas
Recruitment	(thousand/km²)
	Mean fishing mortality averaged over age 2-6 (North Sea), 4-7 (Irish Sea), and 3-6 (Bay of
Fishing mortality	Biscay)
Nutrient	Total nitrogen and total phosphorus (kilotonne/year) of major rivers in the North Sea.

160 Table 2. List of predictors of sole growth.

161 2.3 Statistical analysis

162 Statistical analyses included three steps. First, we identified the intrinsic drivers and the temporal trends of growth.

163 Second, we partitioned the temporal trends of growth into its extrinsic drivers and disentangled growth plasticity from

164 the population-level response to temperature; we also tested for the environmental dependency of plasticity magnitude Page 9 of 72 and the variation of plasticity across individuals. Third, we tested for the environmental dependency of individual plasticity

166 variance using the estimates of individual plasticity from step two.

167 2.3.1 Intrinsic drivers and temporal trends of growth

We developed an intrinsic model to identify the intrinsic drivers and the temporal trends of growth. Otolith increments 168 169 decrease exponentially with fish age and this pattern is linearised by taking the natural log of both variables. Age at 170 capture (log-transformed), preparation method, and reading institute were added as additional fixed intrinsic effects. The 171 interactions of age and preparation method and reading institute were included to test for relative differences across 172 preparation methods and reading institutes. Random intercepts and random age slope for fish ID, population, year, and 173 cohort (year and cohort are nested within population) were added as random effects. The random effects allowed to 174 account for systematic (higher or lower growth than average) and relative (differences in age-growth relationship) 175 differences among fish individuals, populations, years, and cohorts. The intrinsic model was fitted using this formula:

where ln(growth) and ln(age) are natural log of annual otolith increment and age at formation. f_{intrinsic}(.) represents additional intrinsic fixed effects (ln(age-at-capture), preparation method, reading institute) and their interactions with ln(age). Random effects are presented in parentheses () with two parts separated by a vertical bar |; the left-hand side describes the design matrices (intercept and ln(age) slope) while the right-hand side describes the grouping factors (fishID, population, and year and cohort nested within population).

 $ln(growth) \sim intercept + ln(age) + f_{intrinsic}(.) +$

(1 + ln(age) | fishID) + (1 + ln(age) | population) + (1 + ln(age) | population:year) + (1 + ln(age) | (1) population:cohort) + error

We determined the best (most parsimonious) random effect structure by comparing models with different combinations of random effects and a maximal fixed intrinsic structure (ln(age)*preparation-method + ln(age)*reading-institute + ln(age-at-capture)). Then, we determined the best intrinsic effect structure based on comparisons of models with different combinations of fixed intrinsic effects, while keeping the best random effect structure selected in the previous step. After determining the best intrinsic model, we extracted the best linear unbiased predictors (BLUP) of year random effect to visualise the temporal trends of growth.

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Model comparison was based on Akaike's information criterion corrected for small sample sizes (AICc) (Burnham and 187 Anderson, 2002). Models with lower AICc were selected and a reduction of AICc > 2 for each additional variable was 188 189 considered representing an improvement in model fit (Arnold, 2010). Models were fitted with restricted maximum 190 likelihood (REML) when comparing random effect structures and were fitted with maximum likelihood (ML) when comparing fixed effect structures (Zuur 2009). The best intrinsic model was refitted with REML to obtain unbiased 191 192 parameter estimation (Zuur 2009). All analyses were conducted in R (R Core Team, 2022) version 4.1.2 with R Studio 193 (RStudio Team, 2022). Ime4 package (Bates et al., 2015) was used to develop linear mixed-effects models and MuMIn 194 package (Bartoń, 2022) was used to compare fixed effect structures.

195 2.3.2 Temperature effect: Population-level response vs. plasticity

196 We developed extrinsic models, extended from the best intrinsic model developed previously, to partition the temporal trends of growth into its extrinsic drivers and disentangle growth plasticity from the population-level response to 197 temperature. Prior to developing the models, the temperature variable was split into different components to test for 198 199 different effects of temperature at population and individual levels (Error! Reference source not found.). First, 200 temperature was decomposed into population-level spatial and temporal components. Population-specific average 201 temperature (T_{population-average}) was used to quantify population-level response to persistent spatial difference of temperature across populations (Error! Reference source not found.C-E); population-specific anomaly (T_{population-anomaly}), 202 which was the difference between the annual temperature of a population and its T_{population-average}, was used to quantify 203 204 population-level response to temporal variation of temperature within populations (Error! Reference source not found.F-H) (Campana et al., 2022; Morrongiello and Thresher, 2015; van de Pol and Wright, 2009). *T_{oopulation-anomaly}* was then further 205 split into between-individual and within-individual components. Individual-specific mean temperature (T_{individual-averaae}) was 206 207 used to quantify between-individual effect associated with genetic and/or environmental difference across individuals (Error! Reference source not found.I-K); Individual-specific temperature anomaly (Tindividual-anomaly), which was the 208 209 difference between the annual temperature of an individual and its $T_{individual-average}$, was used to quantify plasticity to 210 temperature variation within individuals' lifetimes (Error! Reference source not found.L-N) (Morrongiello et al., 2019; 211 Smoliński et al., 2020a; van de Pol and Wright, 2009).

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Figure 3. Schematic breakdown of the different temperature components and their corresponding fish growth responses. Absolute temperature (A) can be decomposed into population-level spatial (T_{population-average} - C) and temporal (T_{population-anomaly} - F) components, which can be used to quantify population-level response to spatial temperature variation across populations (E) and temporal temperature variation within populations (H). T_{population-anomaly} can be decomposed into between-individual (T_{individual-average} - I) and within-individual (T_{individual-anomaly} - L) components, which can be used to quantify between-individual effect associated with genetic and/or environmental difference across individuals (K) and plasticity to Page **12** of **72**

219 temperature variation within individuals' lifetimes (N). Note: In (N), the bold line indicates average plasticity and the thin 220 lines indicate individual plasticity. In (F) and (L), the dashed line indicates the population-average and individual-average 221 temperatures. Individual fish are assumed to be collected at age three and in two periods: cool and warm periods when 222 T_{population-anomaly} is lower and higher than T_{population-average}, respectively (F). Data points in (A) represent growth at age. Data points in (D), (G), (J), and (M) represent residual growth after accounting for age effect, assuming the same age effect 223 224 across all individuals. Population-level growth responses in (E) and (H) were derived from this model: In(growth) ~ 225 intercept + In(age) + T_{population-average} + T_{population-anomaly} + (1 | fishID) + error; Between-individual effect (K) and plasticity (N) 226 were derived from this model: $ln(growth) \sim intercept + ln(age) + T_{population-average} + T_{individual-average} + T_{individual-anomaly} + (1 + 1)$ Tindividual-anomaly | fishID) + error; where ln(growth) and ln(age) are natural log of growth and age, (1 | fishID) is random 227 intercept for fish ID and (1 + T_{individual-anomaly} | fishID) is random intercept and random T_{individual-anomaly} slope for fish ID. 228

229 To determine the population-level growth response to temperature, we developed a population-level extrinsic model by 230 adding T_{population-average} (Figure 3C-E), T_{population-anomaly} (Figure 3F-H), and other extrinsic effects (i.e., fishing mortality, 231 spawning stock biomass, recruitment) to the best intrinsic model. We included the interactions between T_{nopulation-anomaly} and age, spawning stock biomass, recruitment, fishing mortality, and T_{population-average} to test for age- and environment-232 233 dependent population-level growth response to temporal variation of temperature. We also included the spawning stock 234 biomass-age and recruitment-age interactions, assuming that the effect of spawning stock biomass is more prevalent for adults while the effect of recruitment is more prevalent for juveniles. We determined the best population-level extrinsic 235 236 effect structure based on comparisons of models with different combinations of fixed extrinsic effects. Then, we 237 compared models with and without random T_{population-anomaly} slope for population to test for the variation of population-238 level growth response to temporal temperature variation across populations. The population-level extrinsic model was fitted using this formula: 239

$$ln(growth) \sim intercept + ln(age) + f_{intrinsic}(.) +$$

 $T_{population-average} + T_{population-anomaly} * ln(age) + T_{population-anomaly} * T_{population-average} + f_{extrinsic}(.) +$

(2)

 $(1 + \ln(age) | fishID) + (1 + \ln(age) + T_{population-anomaly} | population) + (1 + \ln(age) | population:year) + (1 + \ln(age) | popula$

(1 + ln(age) | population:cohort) + error

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where an asterisk * represents full interaction terms (main effects and their interaction). f_{extrinsic}(.) represents additional
 extrinsic fixed effects (fishing mortality, spawning stock biomass, recruitment) and their interactions with T_{population-anomaly}
 and ln(age).

To determine the growth plasticity to temperature, we extended the best population-level extrinsic model developed 243 244 previously into an individual-level extrinsic model by replacing the variable T_{population-anomaly} with two variables: T_{individual-} average and Tindividual-anomaly. This partitioned the population-level growth response to temporal temperature variation into 245 246 between-individual effect and plasticity (Figure 3F-N) (Morrongiello et al., 2019; Smoliński et al., 2020a; van de Pol and 247 Wright, 2009). We included the interactions between T_{individual-anomaly} and age, spawning stock biomass, recruitment, fishing mortality, and T_{individual-average} to test for age- and environment-dependent growth plasticity to temperature. We also 248 249 included the interaction between T_{individual-average} and age to test for its age-dependent effect. We determined the best 250 individual-level extrinsic effect structure based on comparisons of models with different combinations of fixed extrinsic 251 effects. Then, we compared models with and without random Tindividual-anomaly slope for population and fish ID to test for 252 the variation of plasticity across populations and individuals. The individual-level extrinsic model was fitted using this 253 formula:

T_{individual-average}*In(age) + T_{individual-anomaly}*In(age) + T_{individual-anomaly}*T_{individual-average} + f_{extrinsic}(.) +
(3)
(1 + In(age) + T_{individual-anomaly} | fishID) + (1 + In(age) + T_{individual-anomaly} | population) + (1 + In(age) |
population:year) + (1 + In(age) | population:cohort) + error

Model comparison was based on AICc and models were fitted with ML and REML when comparing fixed and random effect structures, respectively (Zuur 2009). The best population-level and individual-level extrinsic models were refitted with REML to obtain unbiased parameter estimation (Zuur 2009), and then refitted with scaled numeric variables (mean zero and standard deviation one) to compare the relative effects of growth predictors. All procedures in developing population-level and individual-level extrinsic models were repeated for each temperature dataset.

After determining the best population-level and individual-level extrinsic models, we refitted the best population-level and individual-level extrinsic models using North Sea data in the 1978-2017 period and added either total nitrogen or

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total phosphorus to test for the effect of nutrients on growth. In addition, we refitted the best population-level extrinsic
models using data subsets for each population to test if the estimates of density effect (direction, magnitude) differ
between the analyses with (full data) and without standardisation (subset data).

264 2.3.3 Variance of individual plasticity

We compared variance of individual plasticity (random Tindividual-anomaly slope for fish ID extracted from the best individual-265 266 level extrinsic model) across populations and across cohort-specific mean environmental conditions to test for the 267 environmental dependency of individual plasticity variance. First, we estimated the variance ratio for each pair of 268 population (North Sea/Bay of Biscay, Irish Sea/Bay of Biscay, North Sea/Irish Sea). Given that the range of increment 269 measurements differed across populations (2-21 in the Irish Sea, 2-22 in the North Sea, and 2-11 in the Bay of Biscay with 270 only one fish with 14 measurements) and that the estimated value of individual plasticity may shrink closer to the average plasticity for fish with few measurements, we did the test for different sets of increment measurement ranges: 2-11, 6-271 272 11, 2-22, and 6-22 (Morrongiello et al., 2019). In each set, the population with higher sample size was subsampled 273 randomly 100 times to have the same sample size as the other population; then for each subsampling time variance ratio 274 test was conducted using 10,000 bootstrapped samples (Morrongiello et al., 2019). Second, for each population, we did 275 a correlation test between cohort-specific variance of individual plasticity and mean environmental conditions experienced by the cohort (T_{population-anomaly}, fishing mortality, spawning stock biomass, recruitment). The test was done for 276 277 two sets of increment measurement range: full range and at least six measurements, and only for cohorts with more than 278 five individuals (Morrongiello et al., 2019; Smoliński et al., 2020a).

279 3 Results

280 3.1 Intrinsic drivers and temporal trends of growth

The best intrinsic model included age, age at capture, the interaction between age and reading institute, random intercept for fish ID and population, and random intercept and age slope for year (**Error! Reference source not found.**, Table S4, Table S5). The most important driver of growth was age with the strongest growth occurring in age one then decreasing exponentially as age increased (**Error! Reference source not found.**A). There was an effect of age at capture as fish caught at older ages expressed slower growth than fish caught at younger ages (**Error! Reference source not found.**B).

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Specifically, a fish caught at age 10 was predicted having annual growth 16.7% slower than a fish caught at age 3. The reading processes also influenced the observed growth pattern. Readings conducted at WUR resulted in larger increments at age 1 (8.6%) and age 2 (0.7%) but smaller increments at older ages (3.6-22.5%), compared to readings conducted at ILVO (Figure S16).

The random structure of the intrinsic model indicated variation of growth among fish individuals, populations, and years. Average growth in the Irish Sea and in the Bay of Biscay was 1.9% higher and 0.2% lower than in the North Sea, respectively (Figure S17). In all populations, juvenile growth (represented by age 1) showed an increasing trend, while adult growth (represented by age 5) showed a decreasing trend (**Error! Reference source not found.**). The trends were clearer in the Irish Sea and in the recent 20 years. For instance, age-1 growth in 2018 was predicted to be 12.1%, 21.2%, and 16.1% faster than in 2000 in the North Sea, the Irish Sea, and the Bay of Biscay, respectively; while age-5 growth in 2018 was predicted to be 5.3%, 15.6%, and 25.3% slower.



Figure 4. Predicted effect of age (A) and age at capture (B) on sole growth from the best intrinsic model. Shaded areas depict 95% confidence intervals.

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300

Figure 5. Temporal trends of sole growth represented by the year random effect from the best intrinsic model. Horizontal dotted line represents the long-term average (intercept), with points above this line indicate good growth years while points below this line indicate poor growth years. Shaded areas depict 95% confidence intervals.

	Intrinsic model	Individual-level extrinsic model (ISIMIP)	Individual-level extrinsic model (ORAS5)	Individual-level extrinsic model (NEMO-MEDUSA)
Fixed Effects	Estimate (SE)	Estimate (SE)	Estimate (SE)	Estimate (SE)
Intercept	7.85	7.74	7.80	7.77
0	(0.03)	(0.07)	(0.06)	(0.05)
In(Age)	-1.22	-1.20	-1.22	-1.23
Q	(0.02)	(0.02)	(0.02)	(0.02)

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In(Age at capture)	-0.15	-0.17	-0.16	-0.15
	(0.01)	(0.01)	(0.01)	(0.01)
Reading Institute	0.08	0.08	0.04	0.14
(WUR)	(0.03)	(0.03)	(0.03)	(0.04)
Reading Institute	-0.11	-0.11	-0.10	-0.14
(WUR) * In(Age)	(0.02)	(0.02)	(0.02)	(0.03)
Spawning Stock		0.46	0.30	0.32
Biomass		(0.14)	(0.11)	(0.14)
Recruitment		0.11	0.08	0.05
		(0.02)	(0.02)	(0.03)
Fishing mortality			-0.07	
			(0.06)	
T _{individual-anomaly}		-0.06	0.38	0.08
		(0.04)	(0.07)	(0.04)
Tindividual-anomaly *		-0.13	-0.08	-0.20
In(Age)		(0.04)	(0.03)	(0.04)
Tindividual-anomaly *		0.63		
Spawning Stock		(0.15)		
Biomass				
Tindividual-anomaly *	D			0.09
Recruitment				(0.03)
Tindividual-anomaly *			-0.50	
Fishing mortality			(0.13)	

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T _{individual-average}		-0.04	-0.06	-0.13
		(0.04)	(0.02)	(0.04)
* Tindividual-average		0.16		0.19
In(Age)		(0.04)		(0.04)
Random Effects			. 0)
σ^2	0.17	0.16	0.16	0.16
τ ₀₀	0.01 _{FishID}	0.01 _{FishID}	0.01 FishID	0.02 FishID
	0.02 Population:Year	0.02 Population:Year	0.02 Population:Year	0.03 Population:Year
	0.00 Population	0.01 Population	0.01 Population	0.00 Population
τ ₁₁		0.01 Tindividual-anomaly FishID	0.03 Tindividual-anomaly FishID	0.01 Tindividual-anomaly FishID
	0.03 In(Age) Population:Year	0.04 In(Age) Population:Year	0.04 In(Age) Population:Year	0.04 In(Age) Population:Year
ρ ₀₁		0.84 FishID-In(Age)	0.13 FishID-In(Age)	0.68 FishID-In(Age)
	-0.82 Population:Year-In(Age)	-0.85 Population:Year-In(Age)	-0.91 Population:Year-In(Age)	-0.92 Population:Year-In(Age)
Ν	2154 _{FishID}	2154 FishID	2154 _{FishID}	1942 _{FishID}
	3 Population	3 Population	3 Population	3 Population
	62 _{Year}	62 _{Year}	62 _{Year}	40 _{Year}
Observations	15260	15260	15260	13367
Marginal R ² /	0.80 / 0.85	0.80 / 0.86	0.81 / 0.86	0.81 / 0.87
Conditional R ²				

Table 3. Parameter estimates of the best intrinsic and individual-level extrinsic models. Estimates are given for fixed effects with standard error (SE). Residual variance (σ^2), the variance associated with tested effects (τ) and their correlations (ρ) are given for random effects.

307 3.2 Temperature effect: Population-level response vs. plasticity

308 There was no population-level response to spatial temperature variation (T_{population-average} was not included in the final 309 models). However, there was a population-level response to temporal temperature variation, which was derived from 310 between-individual effect and plasticity (Figure 3F-N, Error! Reference source not found.). Despite the variation in 311 magnitude across tested temperature datasets, population-level response to temporal temperature variation and 312 plasticity were consistent with increasing juvenile growth (represented by age 1) and decreasing adult growth (from age 313 2-3 onwards, with an exception in the individual-level extrinsic model using ORAS5 data which is from age 7 onwards) at 314 higher temperature. Best individual-level extrinsic models predicted that an increase of temperature by 1 degree was 315 expected to increase age-1 growth by 3.2-16.2%, while decrease age-5 growth by 16.9-19.6% (models using ISIMIP and NEMO-MEDUSA data) or increase age-5 growth by 2.1% (model using ORAS5 data) (Error! Reference source not found.E-316 317 F). Between-individual effect was contrasting to plasticity. For the models using ISIMIP and NEMO-MEDUSA data, warmer 318 period was associated with slower juvenile growth but faster adult growth (from age 2 onwards); for the model using 319 ORAS5 data, warmer periods were associated with slower growth in both stages (Error! Reference source not found.C-320 D). In most ages, temperature was the extrinsic driver with the second strongest contribution to growth variation besides 321 nutrients (Figure S18, Figure S19).



322

Figure 6. Predicted population-level growth response to temporal variation of temperature (A-B) from the best population-level extrinsic models. Predicted growth plasticity to temperature (C-D) and between-individual effect (E-F) from the best individual-level extrinsic models. Colours represent predicted effects from models using different temperature datasets. Shaded areas depict 95% confidence intervals.

327 3.3 Environmental dependency of growth plasticity

Besides temperature effects, potential environmental drivers of fish growth (density, fishing pressure, nutrients) were 328 329 tested in this study. A density effect was represented by spawning stock biomass and recruitment, and both showed 330 positive effects without age interaction. An increase across the observed range of spawning stock biomass (0.02-0.46 [thousands/km²]) and recruitment (0.01-2.53 [thousands/km²]) was estimated to increase growth, respectively, by 14.2-331 332 22.5% and 13.3-31.2% (Error! Reference source not found.A-B). The positive effects of spawning stock biomass and 333 recruitment remained even after accounting for nutrient data in the models (Table S11, Table S12). In addition, the effects 334 were consistent when tested without standardising spawning stock biomass and recruitment (Figure S20). The effect of fishing pressure was not detected in population-level extrinsic models but showed a negative effect (5.7% across the 335 336 observed range [0.02-0.87]) in the individual-level extrinsic model using ORAS5 data (Error! Reference source not 337 found.C). Nutrients, represented by total phosphorus, showed positive effect with the strongest effect across examined 338 extrinsic factors (Figure S19). An increase of total phosphorus from across the observed range (11.4-80.6 [kilotonne/year]) 339 was estimated to increase growth by 31.2-38.8% (Error! Reference source not found.D).



340

Figure 7. Predicted effects of spawning stock biomass (A), recruitment (B), fishing mortality (C), and total phosphorus (D) from the best individual-level extrinsic models. Colours represent predicted effects from models using different temperature datasets. Shaded areas depict 95% confidence intervals.

Regarding the environmental dependency of plasticity magnitude, the results showed no difference in plasticity magnitude across population (random slope of T_{individual-anomaly} for population was not included in the final models) but across environmental conditions. Although the T_{individual-anomaly}-environment interaction terms differed across tested temperature datasets, there was a common pattern that in environmental conditions that are favourable for growth (higher spawning stock biomass and recruitment, lower fishing mortality) plasticity was stronger for younger ages but milder for older ages (**Error! Reference source not found.**).

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Variable value - P25 - P75

350



Regarding the environmental dependency of individual plasticity variance, the results showed difference in individual plasticity variance across population and environmental conditions. The variance of individual growth plasticity in North

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Sea and Irish Sea populations was estimated to be 1.43-3.27 times and 1.27-1.68 times higher than in Bay of Biscay 357 358 population, respectively (estimated from data subsets with increment measurement range 2-11 and 6-11) (Error! 359 Reference source not found.). Notably, the estimates were higher in the model using ORAS5 data, especially in the comparison between North Sea and Bay of Biscay populations. There was no consistency across tested temperature 360 361 datasets in the variance difference between North Sea and Irish Sea populations. The model using ISIMIP, ORAS5, and 362 NEMO-MEDUSA data showed no difference, higher variance, and lower variance in the North Sea compared to in the Irish 363 Sea, respectively (Error! Reference source not found.). Although the correlation tests showed variable results, there was a consistent negative correlation between cohort-specific variance of individual plasticity and spawning stock biomass 364 365 and recruitment in the Irish Sea (Figure S21).



366

367 Figure 9. Predicted variance ratio of individual growth plasticity to temperature for each population pairs (North Sea/Bay

- of Biscay, Irish Sea/Bay of Biscay, North Sea/Irish Sea) from models using different temperature datasets.
- 369 4 Discussion

370 4.1 Fish growth plasticity to temperature

371 Our results on *Solea solea* provide support for growth plasticity to temperature following the TSR, i.e. fish grow faster at

juvenile but slower at adult stage at warmer temperature (Atkinson, 1994). The mechanism of the TSR remains debatable

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with two major hypotheses. The first hypothesis is based on the limitation perspective where growth is modelled as a 373 374 difference between anabolism and catabolism and it is assumed that the response rate to increasing temperature of 375 catabolism is higher than that of anabolism (Pauly, 2021; Pauly and Cheung, 2018; Perrin, 1995; von Bertalanffy, 1938). 376 The second hypothesis is based on optimisation (or life-history) perspective that at higher temperature ectotherm 377 organisms will optimise their growth-reproduction trade-offs as a response to the expectation of higher mortality, which 378 is referred to as ghosts of evolutionary past (Angilletta et al., 2004; Kozłowski et al., 2004; Verberk et al., 2021). Both 379 hypotheses have support and criticism, and it has been proposed that mechanistic explanation of the TSR should reconcile 380 both perspectives (Audzijonyte et al., 2022).

We argue that the increase of juvenile growth can be linked to the increase of energy intake, while the decrease of adult 381 382 growth can be linked to the trade-off between growth and reproduction. Feeding and consumption rate in juvenile sole 383 was found to increase with temperature and decrease when temperature exceeds the optimal growth temperature 384 (Schram et al., 2013; Vinagre et al., 2007). The maximum increase of temperature in our study is about 1.3°C above the 385 long-term annual average of 9.1-12.8°C. The temperature in our study, which is aggregated over the whole distribution 386 of sole, may underestimate the actual temperature experienced by juvenile sole in coastal or nursery area. However, we 387 do not expect an increase of temperature above the optimal growth temperature of juvenile sole, which is in the range 388 of 20-25°C (Fonds, 1976; Schram et al., 2013). Experiments and simulation studies indicate that the baseline metabolic rate of sole increases exponentially with increasing temperature (Fonseca et al., 2010; Lefrancois and Claireaux, 2003). In 389 390 our study, it is unlikely that the decrease of adult growth is due to metabolic constraint at high temperature as the 391 temperature range in our study is expected to be within the optimal metabolic temperature of adult sole of about 19°C 392 (Lefrancois and Claireaux, 2003). However, we cannot completely rule out the possibility of metabolic limitation because 393 the actual optimal growth temperature may be much lower than the optimal metabolic temperature (Clark et al., 2013). 394 A more plausible explanation for the decrease of adult growth at higher temperature can be the increase of reproductive 395 investment as we found that sole growth starts to decrease with temperature from age 2-3 onwards, which is the onset 396 of sole maturation reported in literature (Mollet et al., 2013; Mollet et al., 2007).

Our results showed that population-level response to temporal temperature variation was derived from both plasticity
 and between-individual effect, which is consistent with other studies on fish growth (Morrongiello et al., 2019; Smoliński

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et al., 2020a). Especially, in the analysis using ISIMIP data, a population-level response was not detected, because plasticity
 and between-individual cancelled each other out. This emphasizes that in field studies it is not always possible to infer
 plasticity from population-level analyses (Nussey et al., 2007; van de Pol and Wright, 2009). Thus, long-term collection of
 individual-based data and hierarchical models (e.g. mixed-effects model) are crucial to scrutinize analyses of individual
 plasticity.

In addition to quantifying growth plasticity to temperature, mixed-effect models allowed us to quantify different levels of 404 405 temperature effect, i.e. spatial temperature variation across populations and between-individual effect. Our results 406 provide support that the systematic difference in growth across populations is not due to temperature difference, which 407 contrasts with the results from Mollet et al. (2013). This may be explained by the smaller magnitude of difference detected 408 in our study versus the wide variability in energy acquisition (0.9-22.3%) reported by Mollet et al. (2013). The between-409 individual effect individuals contrasted with plasticity, i.e. slower juvenile growth but faster adult growth at warmer 410 temperature. While the negative effect in juvenile is difficult to interpret, the positive effect in adult may be due to a more 411 favourable environment for sole growth associated with the increases of average temperature, e.g. increasing in 412 abundance of major preys such as polychaetes and crustaceans (Kröncke et al., 2011).

413 4.2 Environmental dependency of growth plasticity to temperature

414 We included a series of potential factors affecting growth (density, fishing pressure, nutrients) to control for their 415 confounding effects on the TSR and test for the environmental dependency of growth plasticity to temperature. We found 416 positive effects of spawning stock biomass and recruitment on growth, which persisted even after accounting for the 417 effect of nutrients. These results are surprising as we expect growth to be slower at higher density due to intraclass 418 competition. A negative density-growth relationship in sole has been observed in juveniles (in experimental setting) (Lund 419 et al., 2013) and in adults (Rijnsdorp and Van Beek, 1991), while a few studies found no effect of density on growth (Millner 420 and Whiting, 1996; Rogers, 1994; Teal et al., 2008). Thus, the positive effects of spawning stock biomass and recruitment 421 on growth unlikely represent density effect but may be linked to trends of one or more confounding factors, such as food 422 availability, which may not only be affected by nutrients but also by seabed disturbance of fishing (Hiddink et al., 2006; 423 Hiddink et al., 2016; Rijnsdorp and Vingerhoed, 2001). Regarding the effect of fishing pressure, we only found a weak 424 negative effect in the individual-level extrinsic model using ORAS5 data but a negative effect of age at capture in all

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models. It is likely that the effect of age at capture, in most cases, recorded the effect of fishing and represented the selectivity of fishing for fast-growing fish that can attain the catchable size earlier. There has been empirical support for fisheries-induced evolution of earlier maturation in sole in the North Sea (Mollet et al., 2007) and of slower growth in other exploited species such Atlantic cod (Neuheimer and Grønkjær, 2012; Swain et al., 2007), haddock (Neuheimer and Taggart, 2010; Wright et al., 2011), European plaice (Van Walraven et al., 2010), and anchovy (Boëns et al., 2023).

430 Growth plasticity to temperature varied, both in terms of magnitude and variance, across environmental conditions. 431 Under favourable conditions for sole growth (lower fishing pressure, higher spawning stock biomass and recruitment), 432 individual plasticity to temperature showed stronger positive response, weaker negative response, and lower variance. 433 These are consistent with the results of previous studies (Morrongiello et al., 2021; Smoliński et al., 2020b). The variation 434 of individual plasticity can be derived from both genetic and ecological causes (Nussey et al., 2007). In our study, the 435 different magnitude of plasticity at different fishing levels may be linked to genetic cause. At lower fishing pressure, there 436 can be more fast-growing individuals, who may express stronger response to temperature in the populations and thus 437 lead to an improvement in the average response. Meanwhile, the difference in both magnitude and variance of plasticity 438 at different spawning stock biomass and recruitment may be linked to ecological cause. Higher spawning stock biomass 439 and recruitment, which were associated with faster growth, may represent favourable conditions for growth rather than 440 density constraint (see discussion above) and consequently facilitates stronger and lower variance of individual plasticity. 441 Campana et al. (2022) has indicated that the growth strategy of fish can be environmentally dependent, whereby growth 442 variance decreases during favourable conditions to maximise growth but increases during unfavourable conditions to 443 increase buffering capacity of the population.

Another interesting result is that there was no difference in magnitude but in variance of plasticity across populations. The results provide strong support for higher variance of individual plasticity in the North Sea and the Irish Sea than in the Bay of Biscay. Morrongiello et al. (2019) found a difference in the variance of individual plasticity within populations before and after the onset of fishing. However, this is unlikely the case in our study given the relatively similar magnitude and trend of fishing mortality in the populations under study. A plausible reason may be the difference in environmental heterogeneity (De Jong, 2005; Ghalambor et al., 2007), which was suggested in studies in phenotypic plasticity of great tit (*Parus major*) (Portlier 2012, Husby 2010). In our study, the variance of T_{population-anomaly} was significantly lower in the Bay

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451 of Biscay compared to other areas (except for when compared to the Irish Sea in the analysis using ORAS5 data) (Table

452 S13).

Understanding the environmental dependency of individual plasticity is crucial to predict future response of life-history trait (e.g. growth) to environmental change (e.g. warming) (Nussey et al., 2007). Our results indicate that if the environmental conditions remain unfavourable for sole growth, represented by low spawning stock biomass and recruitment, the positive response of juvenile growth is expected to be diminished while the negative response of adult growth is expected to be amplified; and these trends may be mitigated by keeping fishing at low level. In addition, population-specific resilience to future climate change may be different due to the difference in individual plasticity variance.

460 5 Conclusions

The response of sole growth to temperature was found to be a complex process involving both plasticity and betweenindividual effects. Growth plasticity followed the TSR and was dependent on environmental conditions, both in terms of plasticity magnitude and individual plasticity variance. Our study provides not only additional support for the universality of the TSR but also contributed to our understanding of growth plasticity to temperature and responses of fish populations to current and future climate change.

466 6 Acknowledgements

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7 Data availability

Data will be made available on request. R code to reproduce the results reported in this paper are available on Github (https://github.com/Anhbt95/FWO-PhD WP1 Growth-linear-mixed-model).

8 Appendix A. Supplementary data

Appendix S1. Growing cycle of sole otolith

The formation of sole otolith starts when fish is hatched (Amara et al., 1994) (a few days after spawning (Pawson, 1995)). Since average spawning period ranges from early February in the Bay of Biscay (Amara et al., 1994; Vaz et al., 2019; Vinagre et al., 2008) to late May in the North Sea (Fincham et al., 2013; Lacroix et al., 2013; Rijnsdorp and Vingerhoed, 1994), the hatch time and otolith formation time vary approximately between February and May depending on the region. One growing cycle starts when the formation of the opaque ring (often referred to as summer ring) begins and ends when the formation of the translucent ring (winter ring) finishes (Black et al., 2005; Millner et al., 2011; Millner and Whiting, 1996). For sole, the opaque zone of sole otolith usually forms in May-October while the translucent zone usually forms in November-April (Millner and Whiting, 1996). One complete growing cycle or otolith ring is counted from the *nucleus* to the end of the first translucent ring, or from the end of one translucent ring to the end of the subsequent translucent ring.

Since the otolith formation is seasonal, the information of capture month and of the edge form (opaque or translucent) is used for age determination:

- January-April: translucent ring is usually completing. The last ring is not a complete ring yet but is still counted as
 1 age (Error! Reference source not found.).
- May-June: translucent ring is usually completed and new opaque otolith ring is starting. The last ring is usually a complete ring and is counted as 1 age (Error! Reference source not found.).
- July-December: new opaque otolith ring is usually starting. The last ring is not counted as 1 age (Error! Reference source not found.)



Figure S1. Sole otolith (preparation method: broken/burned; estimated age: 6; month of capture: February; location: Irish Sea; ID: SOL_123_1999-02-19_Z.284_19-02-1999_2110). The last ring has translucent edge, is completing, and is counted as 1 age.



Figure S2. Sole otolith (preparation method: sectioned/stained; estimated age: 6; month of capture: February; location: Irish Sea; ID: 92BA82C4-D801-494D-A896-D2E9CC9F2399). The last ring has translucent edge, is completing, and is counted as 1 age.



Figure S3. Sole otolith (preparation method: sectioned/stained; estimated age: 6; month of capture: June; location: Irish Sea; ID: D31B65C5-8C67-409B-A841-4E39C41637E3). The last ring on the left has translucent edge and is completing. The last ring on the right is completed and new ring is starting. The last ring is counted as 1 age.



Figure S4. Sole otolith (preparation method: sectioned/stained; estimated age: 6; month of capture: October; location: North Sea; ID: B766C47E-1BA1-465C-9B5E-752F9D1C26D). The last ring has translucent edge, is not completed, and is not counted as 1 age.



Figure S5. Sole otolith (preparation method: sectioned; estimated age: 6; month of capture: February; location: Bay of Biscay; ID: CO_16_B34_C1_O_0001). The last ring has translucent edge, is completing, and is counted as 1 age.



Figure S6. Distribution of age at capture by population.



Figure S7. Number of sampled otoliths by population, collection year, and age at capture.

Table S1. Aging consistency between two readers Tuan Anh Bui and Kelly Díaz, and an experienced expert at ILVO. The aging is considered precise as the coefficient of variations are under 5% (Campana, 2001).

Reader	Number of aged otoliths	Number of re-age otoliths	Coefficient of variation
Tuan Anh Bui	1481	1477	0.67%
Kelly Díaz	244	240	2.02%


Figure S8. Correlation between otolith width and fish length. The correlation test excluded 2 otoliths with very small otolith width (< 1500 μ m) which is likely due to error in the database.

Appendix S2. Correlation between modelled and *in situ* temperature.

In situ bottom temperature was extracted from the International Council for the Exploration of the Sea (ICES) High Resolution CTD data (1970-2021) (ICES, 2022). *In situ* data are scattered over space and time, and are generally more available in the recent years (**Error! Reference source not found.**). For each modelled temperature dataset (ISIMIP, ORAS5, NEMO-MEDUSA), we matched *in situ* data at a certain day and a certain latitude-longitude coordinate with modelled data at a certain month and a certain grid cell that contains the *in situ* location(s) (**Error! Reference source not found.**). For the data that match, we regressed modelled data on *in situ* data to assess their correlation.



Figure S9. Locations of *in situ* bottom temperature data from the ICES High Resolution CTD data. Polygons with solid line indicates the stock management areas.



Figure S10. Examples of the matching between *in situ* data (point) and modelled data (grid cell). White cells indicates no modelled data available.

Table S2. R² from the regression of modelled data on *in situ* data.

Temperature dataset	North Sea	Irish Sea	Bay of Biscay
ISIMIP	0.87	0.76	0.31
ORAS5	0.96	0.93	0.54
NEMO-MEDUSA	0.88	0.77	0.50



Figure S11. Temporal trend of mean annual temperature (within the distribution areas).

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Figure S12. Temporal trend of population-specific temperature anomaly ($T_{population-anomaly}$).

Table S3. Correlation between annual mean temperatures and seasonal mean temperatures.

Season	Temperature dataset	Population	R²	p-value

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-					
	Summer (Jun-Aug)	ISIMIP	North Sea	0.80	0
-	Summer (Jun-Aug)	ISIMIP	Irish Sea	0.87	0
-	Summer (Jun-Aug)	ISIMIP	Bay of Biscay	0.93	0
-	Summer (Jun-Aug)	ORAS5	North Sea	0.86	0
-	Summer (Jun-Aug)	ORAS5	Irish Sea	0.80	0
-	Summer (Jun-Aug)	ORAS5	Bay of Biscay	0.89	0
-	Summer (Jun-Aug)	NEMO-MEDUSA	North Sea	0.91	0
-	Summer (Jun-Aug)	NEMO-MEDUSA	Irish Sea	0.96	0
-	Summer (Jun-Aug)	NEMO-MEDUSA	Bay of Biscay	0.93	0
-	Autumn (Sep-Nov)	ISIMIP	North Sea	0.51	0
-	Autumn (Sep-Nov)	ISIMIP	Irish Sea	0.76	0
-	Autumn (Sep-Nov)	ISIMIP	Bay of Biscay	0.79	0
-	Autumn (Sep-Nov)	ORAS5	North Sea	0.58	0
	Autumn (Sep-Nov)	ORAS5	Irish Sea	0.74	0
	Autumn (Sep-Nov)	ORAS5	Bay of Biscay	0.79	0

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Autumn (Sep-Nov)	NEMO-MEDUSA	North Sea	0.54	0
Autumn (Sep-Nov)	NEMO-MEDUSA	Irish Sea	0.82	0
Autumn (Sep-Nov)	NEMO-MEDUSA	Bay of Biscay	0.81	0
Winter (Dec-Feb)	ISIMIP	North Sea	0.65	0
Winter (Dec-Feb)	ISIMIP	Irish Sea	0.74	0
Winter (Dec-Feb)	ISIMIP	Bay of Biscay	0.81	0
Winter (Dec-Feb)	ORAS5	North Sea	0.75	0
Winter (Dec-Feb)	ORAS5	Irish Sea	0.71	0
Winter (Dec-Feb)	ORAS5	Bay of Biscay	0.74	0
Winter (Dec-Feb)	NEMO-MEDUSA	North Sea	0.79	0
Winter (Dec-Feb)	NEMO-MEDUSA	Irish Sea	0.89	0
Winter (Dec-Feb)	NEMO-MEDUSA	Bay of Biscay	0.81	0
Spring (Mar-May)	ISIMIP	North Sea	0.84	0
Spring (Mar-May)	ISIMIP	Irish Sea	0.85	0
Spring (Mar-May)	ISIMIP	Bay of Biscay	0.89	0
		1	I	

Spring (Mar-May)	ORAS5	North Sea	0.85	0
Spring (Mar-May)	ORAS5	Irish Sea	0.81	0
Spring (Mar-May)	ORAS5	Bay of Biscay	0.87	0
Spring (Mar-May)	NEMO-MEDUSA	North Sea	0.89	0
Spring (Mar-May)	NEMO-MEDUSA	Irish Sea	0.93	0
Spring (Mar-May)	NEMO-MEDUSA	Bay of Biscay	0.93	0

Appendix S3. Sole distribution areas estimated from beam trawl survey data.

We collected data from four beam trawl surveys: Beam Trawl Survey (BTS), Beam Trawl Survey in the Bay of Biscay (BTS-VIII), Inshore Beam Trawl Survey (DYFS), and Sole Net Survey (SNS) (DATRAS, 2023). Data were downloaded for the period

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1985-2022 (DATRAS, 2023). The distribution areas of sole were determined as all ICES statistical rectangle (0.5° x 1° latitude-longitude resolution) with presence of sole.



Figure S13. Sampling haul locations of beam trawl surveys (A) and locations with presence of sole (B). Colours represent different surveys: Beam Trawl Survey (BTS), Beam Trawl Survey in the Bay of Biscay (BTS-VIII), Inshore Beam Trawl Survey (DYFS).



Figure S14. Temporal trend of spawning stock biomass (A) and recruitment (B).



Figure S15. Temporal trend of total nitrogen (A) and total phosphorus (B) of major rivers (Rhine, Elbe, Meuse, Weser, Lake Ijssel West, Lake Ijssel East, Scheldt, Ems, and North Sea Canal) in the North Sea.



Figure S16. Predicted effect of reading institute on sole growth. 95% confidence intervals are not shown to aid clarity.



Figure S17. Population random effect. Error bars depict 95% confidence intervals.



Figure S18. Predicted effects of growth predictors for each increase by one standard deviation from the best populationlevel extrinsic models fitted with scaled variables using ORAS5 data (A) and NEMO-MEDUSA data (B).



Figure S19. Predicted effects of growth predictors for each increase by one standard deviation from the best populationlevel extrinsic models fitted with scaled variables and nutrient data using ORAS5 data (A) and NEMO-MEDUSA data (B).



Figure S20. Parameter estimates of spawning stock biomass and recruitment effects from the best extrinsic models fitted to full data and population subset data. Error bars depict 95% confidence intervals.

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Figure S21. Pearson correlation between cohort-specific variance of individual plasticity and mean environmental conditions experienced by the cohort. Correlation test was done for two sets of increment measurement range: full range and at least six measurements. Error bars depict 95% confidence intervals.

Table S4. Selection of the best random effect structure. Series of models were fitted to the data with the maximal fixed intrinsic structure (ln(age)*preparation-method + ln(age)*reading-institute + ln(age-at-capture)). The best model is in bold. "|" indicates random age slope for a specific random term and "+" indicates that the random term was included in the model. Models with singular fit were not included in the selection.

FishID	Population	Population:Year	In(Age) Population:Year	Population:Cohort	In(Age) Population:Cohort	AICc	ΔΑΙC
+	+	+	+			17392.74	0.00
+	+	+		+		17475.90	83.17
+	+	+				17812.55	419.81
+	+			÷		18352.72	959.99
+						18401.00	1008.26

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Table S5. Selection of the best intrinsic effect structure. Series of models were fitted with the best random effect structure (Error! Reference source not found.). The best model

is in bold. "+" indicates that the effect was included in the model. 5/18 models are presented.

Intercept	In(Age)	In(Age at capture)	Preparation method	Reading institute	In(Age) * Preparation method	In(Age) * Reading institute	AIC	ΔΑΙϹ
+	+	+	+	+		+	17330.67	0.00
+	+	+		+		+	17331.34	0.67
+	+	+	+	+	et.	+	17333.22	2.55
+	+	+	+		+		17339.11	8.44
+	+	+	+		+		17341.10	10.43

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Table S6. Selection of the best population-level extrinsic effect structure. Series of models were fitted with the best random effect structure (**Error! Reference source not found.**) and the best fixed intrinsic structure (**Error! Reference source not found.**). The best models are in bold. "+" indicates that the effect was included in the model. For each analysis using a specific temperature dataset, 5/486 models are presented. Abbreviations: SSB, spawning stock biomass; Rec, recruitment; F, fishing mortality.

SSB	SSB * In(Age)	Rec	Rec * In(Age)	F	T _{population} . average	T _{population-} anomaly	T _{population} . anomaly * In(Age)	T _{population} - anomaly * SSB	T _{population} . anomaly * Rec	Tpopulation- anomaly * F	Tpopulation- anomaly * Tpopulation- average	AICc	ΔΑΙC	ModelID	No. variable added	Temperature dataset	Year range
+		+			+	+	+	9	9,			17308.78	0.00	1	5	ISIMIP	1958 - 2019
+		+		:.(Ľ	+	•					17308.85	0.07	2	4	ISIMIP	1958 - 2019
+		t R	2		÷							17309.21	0.43	3	3	ISIMIP	1958 - 2019

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+	+									17309.31	0.53	4	2	ISIMIP	1958
											0	3	0		- 2019
+	+		+	+	+				+	17309.52	0.74	5	6	ISIMIP	1958
									6						- 2019
+	+	+		+	+	+	0	+		17301.71	0.00	1	7	ORAS5	1958
							er.								2019
+	+			+	+	+				17301.77	0.07	2	5	ORAS5	1958
					\mathcal{O}										- 2019
+	+	+	+	+	+	+		+		17302.65	0.94	3	8	ORAS5	1958
															2019

+	+	+		+	+	+			17302.79	1.09	4	6	ORAS5	1958
												C		-
														2019
+	+			+	+				17303.39	1.68	13	4	ORAS5	1958
										-				-
														2019
+	+			+	+	+	+		15114.91	0.00	1	6	NEMO-	1980
													MEDUSA	_
														2019
+	+			+	+	+			15116.22	1.31	2	5	NEMO-	1980
													MEDUSA	-
														2019
+	+		+	+	+	+	+		15116.42	1.51	3	7	NEMO-	1980
													MEDUSA	-
														2019

+	+	+		+	+	+	+		15116.84	1.93	4	7	NEMO-	1980
													MEDUSA	-
											\mathbb{N}			2019
+	+			+	+				15117.89	2.98	9	4	NEMO-	1980
													MEDUSA	-
														2019

Table S7. Comparison between population-level extrinsic models (from the best structures in **Error! Reference source not found.**) with and without nutrient data. Models were refitted with North Sea data in the 1978-2017 period. The best models are in bold. "+" indicates that the effect was included in the model. Abbreviations: SSB, spawning stock biomass; Rec, recruitment.

SSB	Rec	Temperature _{population-anomaly}	Temperature _{population-anomaly} * In(Age)	Total nitrogen	Total phosphorus	AICc	ΔΑΙϹ	Temperature dataset
+	+				+	7853.87	0.00	ISIMIP
+	+				8	7857.77	3.89	ISIMIP
+	+			-		7858.45	4.58	ISIMIP
+	+	+	+	K	+	7848.44	0.00	ORAS5
+	+	+	+	+		7855.74	7.29	ORAS5
+	+	+	+			7855.75	7.31	ORAS5
+	+	+	+		+	7652.01	0.00	NEMO-MEDUSA
+	+	797	+			7653.59	1.59	NEMO-MEDUSA

+	+	+	+	+	7	7654.71	2.71	NEMO-MEDUSA

Table S8. Selection of the best individual-level extrinsic effect structure. Series of models were fitted with the best random effect structure (**Error! Reference source not found.**) and the best fixed intrinsic structure (**Error! Reference source not found.**). The best models are in bold. "+" indicates that the effect was included in the model. For each analysis using a specific temperature dataset, 5/96 models are presented. Abbreviations: SSB, spawning stock biomass; Rec, recruitment; F, fishing mortality.

	SSB	Rec	F	T _{ndividual-} average	T _{individual} . ^{average} * In(Age)	T _{ndividual-} anomaly	T _{individual-} anomaly * In(Age)	Tindividual- anomaly * SSB	Tindividual- anomaly * Rec	T _{individual} . anomaly * F	Tindividual- anomaly * Tindividual- average	AICc	ΔΑΙϹ	ModelID	No. variable added	Temperature dataset	Year range
	+	+	+	+	+	+		+		+	+	17119.66	0.00	1	9	ISIMIP	1958 -
																	2019
ľ	+	+	+	+	+	+		+	+	+	+	17119.90	0.24	2	10	ISIMIP	1958 -
																	2019
ľ	+	+	+	+	+	+	+	+	+	+	+	17120.40	0.74	3	11	ISIMIP	1958 -
																	2019

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+	+	+	+	+	+	+	+		+	+	17120.46	0.80	4	10	ISIMIP	1958 -
																2019
+	+		+	+	+				+	+	17120.50	0.84	5	7	ISIMIP	1958 -
																2019
+	+	+	+	+		+	+		+		17275.54	0.00	1	8	ORAS5	1958 -
																2019
+	+	+	+	+		+	+	+	+		17275.86	0.33	2	9	ORAS5	1958 -
									0	0						2019
+	+	+	+	+		+	+		+	+	17276.54	1.00	3	9	ORAS5	1958 -
																2019
+	+	+	+	+		+	+	+	+	+	17276.95	1.41	4	10	ORAS5	1958 -
																2019
+	+	+	+	+			+		+		17277.09	1.55	5	7	ORAS5	1958 -
																2019
+	+		+	+		+			+	+	14884.69	0.00	1	7	NEMO-MEDUSA	1980 -
				\mathcal{O}												2019

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+	+	+	+	+		+	+		+	+	14885.78	1.09	2	9	NEMO-MEDUSA	1980 -
																2019
+	+	+	+	+		+			+	+	14885.85	1.16	3	8	NEMO-MEDUSA	1980 -
																2019
+	+		+	+		+		+	+	+	14886.55	1.86	4	8	NEMO-MEDUSA	1980 -
																2019
+	+		+	+	+	+			+	+	14886.62	1.93	5	8	NEMO-MEDUSA	1980 -
									0	0						2019

Table S9. Comparison between individual-level extrinsic models (from the best structures in **Error! Reference source not found.**) with and without nutrient data. Models were refitted with North Sea data in the 1978-2017 period. The best models are in bold. "+" indicates that the effect was included in the model. Abbreviations: SSB, spawning stock biomass; Rec, recruitment; F, fishing mortality.

SSB	Rec	F	T _{individual-} average	T _{ndividual-average} * In(Age)	T _{ndividual-} anomaly	T _{individual-anomaly} * In(Age)	T _{individual-anomaly} * SSB	T _{ndividual-anomaly} * Rec	T _{individual-} _{anomaly} * F	Total nitrogen	Total phosphorus	AICc	ΔΑΙϹ	Temperature dataset
+	+		+	+	+			+	+		+	7712.38	0.00	ISIMIP
+	+		+	+	+			+	+	+		7717.83	5.45	ISIMIP
+	+		+	+	+			+	+			7722.61	10.23	ISIMIP
+	+	+	+	+			+	+			+	7752.80	0.00	ORAS5
+	+	+	+	+			+	+				7756.22	3.42	ORAS5
+	+	+	+	+	Ś		+	+		+		7756.50	3.69	ORAS5
+	+		+	+		+		+	+		+	7634.56	0.00	NEMO-MEDUSA
+	+		÷	+		+		+	+			7635.44	0.89	NEMO-MEDUSA
+	+		+	+		+		+	+	+		7636.83	2.27	NEMO-MEDUSA

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Table S10. Parameter estimates of the best intrinsic and population-level extrinsic models. Estimates are given for fixed effects with standard error (SE). Residual variance (σ^2), the variance associated with tested effects (τ) and their correlations (ρ) are given for random effects.

	Intrinsic model	Population-level extrinsic model (ISIMIP)	Population-level extrinsic model (ORAS5)	Population-level extrinsic model (NEMO-MEDUSA)
Fixed Effects	Estimate (SE)	Estimate (SE)	Estimate (SE)	Estimate (SE)
Intercept	7.85	7.74	7.73	7.82
	(0.03)	(0.06)	(0.06)	(0.04)
In(Age)	-1.22	-1.22	-1.22	-1.25
	(0.02)	(0.02)	(0.02)	(0.02)
In(Age at capture)	-0.15	-0.15	-0.16	-0.15
	(0.01)	(0.01)	(0.01)	(0.01)
Reading Institute (WUR)	0.08	0.07	0.09	0.13
	(0.03)	(0.03)	(0.03)	(0.04)
Reading Institute (WUR) *	-0.11	-0.11	-0.12	-0.14
ln(Age)	(0.02)	(0.02)	(0.02)	(0.03)
Spawning stock biomass		0.42	0.44	
		(0.11)	(0.11)	
Recruitment		0.10	0.10	0.08
		(0.02)	(0.02)	(0.03)
T _{population} -anomaly			0.10	0.05
K			(0.03)	(0.03)

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T _{population-anomaly} * In(Age)			-0.09	-0.10
			(0.03)	(0.03)
Random Effects				,Ø
σ^2	0.17	0.17	0.17	0.16
τ ₀₀	0.01 _{FishID}	0.01 _{FishID}	0.01 FishID	0.02 FishID
	0.02 Population:Year	0.02 Population:Year	0.02 Population:Year	0.02 Population:Year
	0.00 Population	0.01 Population	0.01 Population	0.00 Population
τ ₁₁	0.03	0.03	0.03	0.02
	In(Age) Population:Year	In(Age) Population:Year	In(Age) Population:Year	In(Age) Population:Year
ρ ₀₁	-0.82 Population:Year-	-0.88 Population:Year-	-0.88 Population:Year-	-0.88 Population:Year-
	In(Age)	In(Age)	In(Age)	In(Age)
N	2154 _{FishID}	2154 _{FishID}	2154 _{FishID}	1942 _{FishID}
	3 Population	3 Population	3 Population	3 Population
	62 _{Year}	62 _{Year}	62 _{Year}	40 _{Year}
Observations	15260	15260	15260	13367
Marginal R ² / Conditional R ²	0.80 / 0.85	0.81 / 0.86	0.81 / 0.86	0.82 / 0.86
	7			

Table S11. Parameter estimates of the best population-level extrinsic models with nutrient data refitted with North Sea data in the 1978-2017 period. Estimates are given for fixed effects with standard error (SE). Random effects are not presented.

	Population-level extrinsic model (ISIMIP)	Population-level extrinsic model (ORAS5)	Population-level extrinsic model (NEMO-MEDUSA)
Fixed Effects	Estimate (SE)	Estimate (SE)	Estimate (SE)
Spawning Stock Biomass	0.279	0.301	0.264
	(0.184)	(0.174)	(0.186)
Recruitment	0.063	0.052	0.068
	(0.033)	(0.032)	(0.036)
Total Phosphorus	0.002	0.003	0.002
	(0.001)	(0.001)	(0.001)
$T_{population-anomaly}$		0.147	-0.039
		(0.049)	(0.049)
T _{population-anomaly} * In(Age)		-0.090	0.020
	X	(0.040)	(0.043)
N	993 _{FishID}	993 _{FishID}	981 _{FishID}
	40 Population:Year	40 Population:Year	38 Population:Year
Observations	6783	6783	6549
Marginal R ² / Conditional R ²	0.82 / 0.85	0.82 / 0.85	0.82 / 0.85

Table S12. Parameter estimates of the best individual-level extrinsic models with nutrient data refitted with North Sea data in the 1978-2017 period. Estimates are given for fixed effects with standard error (SE). Random effects are not presented.

	Individual-level extrinsic model (ISIMIP)	Individual-level extrinsic model (ORAS5)	Individual-level extrinsic model (NEMO-MEDUSA)
Fixed Effects	Estimate (SE)	Estimate (SE)	Estimate (SE)
Spawning Stock Biomass	0.156	0.248	0.289
	(0.277)	(0.197)	(0.192)
Recruitment	0.098	0.058	0.058
	(0.045)	(0.036)	(0.037)
Fishing mortality		-0.017	
		(0.219)	
Total Phosphorus	0.005	0.004	
	(0.001)	(0.001)	
T _{individual-anomaly}	-0.376	0.696	-0.073
	(0.090)	(0.183)	(0.067)
T _{individual-anomaly} * In(Age)	-0.076	-0.268	-0.020
	(0.050)	(0.043)	(0.051)
T _{individual-anomaly} * Spawning Stock Biomass	1.735		
	(0.295)		
Tindividual-anomaly * Recruitment			0.082
			(0.050)
	•		

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T _{individual-anomaly} * Fishing mortality		-0.699	
		(0.322)	
Tindividual-average	0.037	0.066	-0.226
	(0.072)	(0.051)	(0.076)
T _{individual-average} * In(Age)	0.131	. 7	0.201
	(0.054)		(0.064)
Ν	993 _{FishID}	993 FishID	981 _{FishID}
	40 _{Year}	40 _{Year}	38 _{Year}
Observations	6783	6783	6549
Marginal R ² / Conditional R ²	0.81 / 0.86	0.81 / 0.86	0.81 / 0.85

Table S13. Predicted variance ratio of T_{population-anomaly} for each population pairs (North Sea/Bay of Biscay, Irish Sea/Bay of Biscay, North Sea/Irish Sea).

Temperature dataset	Population pair	Variance ratio	95% confidence interval	p-value
ISIMIP	North Sea/Bay of Biscay	4.27	2.57 - 7.08	0.00
ISIMIP	Irish Sea/Bay of Biscay	2.23	1.34 - 3.70	0.00
ISIMIP	North Sea/Irish Sea	1.91	1.15 - 3.18	0.01
ORAS5	North Sea/Bay of Biscay	2.54	1.53 - 4.21	0.00
ORAS5	Irish Sea/Bay of Biscay	1.23	0.74 - 2.05	0.41
ORAS5	North Sea/Irish Sea	2.06	1.24 - 3.41	0.01
NEMO-MEDUSA	North Sea/Bay of Biscay	1.97	1.04 - 3.73	0.04
NEMO-MEDUSA	Irish Sea/Bay of Biscay	2.13	1.13 - 4.03	0.02
NEMO-MEDUSA	North Sea/Irish Sea	0.93	0.49 - 1.75	0.81

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