

1 **History of the sedimentary regimes of the Aquitaine margin (Bay of Biscay, France) at the**  
2 **outlet of its main tributaries during the last millennium: a mirror of the North Atlantic and**  
3 **European climates.**

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11 **CrediT authorship contribution statement**

12 Eynaud, Frédérique: Writing – original draft, Methodology, Investigation, Visualization, Validation,  
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21 Conceptualization of the JERICOBENT7 cruise.

22

23 **Keywords**

24 Last millennium, Northeastern Atlantic, Climate archives, Synoptic Hydrology, Hydrography, Bay of  
25 Biscay sediments

26

27 **Highlights**

28 River outlets in SW France are traps of past European hydroclimatic regimes  
29 Bay of Biscay archives integrate the recent history of climatic and hydrological events  
30 Neritic marine sediments reflect phenological records of the proximal continent  
31 Marine archives of past centuries reveal local and global climate dynamics

32

33 **Research data**

34 All the core data referred to in the manuscript are available in the SEANOE  
35 (<https://www.seanoe.org/>) academic repository, at: <https://doi.org/10.17882/104237>

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ABSTRACT

The location of two hemipelagic sequences, at the northern and southern edges of the Aquitaine shelf offers the possibility of obtaining a synoptic view of the southern Bay of Biscay oceanography, but also provides access to key contextual elements related to local and global forcing. These sequences were retrieved off the two main fluvial tributaries along the Aquitaine margin (southern Bay of Biscay) from the West Gironde mud patch and from the Capbreton canyon meanders. We focus on the interpretation of the sedimentological signal based on key X-ray fluorescence (XRF) elemental profiles along the cores for the last millennium. The robust and coherent new age models obtained for the two sequences allow us to tentatively relate the XRF signals to the hydroclimatological regime of the Bay of Biscay, and to compile and discuss a chronicle of the environmental changes at a regional scale, including the proximal continent, and in the larger synoptic view of the well-known European and North Atlantic historical frameworks. As expected, our results discriminate specific climatic trends, highlighting in particular the Medieval Warm Period, the Little Ice Age and the Current Warm Period. The climatic patterns identified during these specific phases are discussed in the light of recent advances in our knowledge of their modes of variability, and raise the question of teleconnections between the North Atlantic Oscillation, Atlantic sea-surface conditions and dynamics, together with atmospheric ones and especially storminess over Europe.

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## 58 1. Introduction

59 Depositional centers along continental margins mark the outlet of numerous fluvial distributaries.  
60 These systems, nowadays connected inshore mostly by estuarine or lagoonal bays, reflect a  
61 geomorphological history shaped by sea-level changes during past glacial and interglacial climatic  
62 oscillations. Over at least the last million years, offshore depocenters have been alternately connected  
63 to and disconnected from their genetically related valleys in rhythms imposed by long-term orbital  
64 climatic shifts. Endmember sedimentary contexts can be considered according to these rhythms, with  
65 topographic huge incisions of epicontinental beds during sea-level lowstands (i.e., glacial maxima)  
66 contrasting with colmations of flooded valleys during highstands. In between those extreme states,  
67 falling or rising sea levels generate contrasted sedimentary gradients within the supply/  
68 accommodation budgets along the main fluvial axes (e.g., Covault and Graham, 2010; Blum et al.,  
69 2013), thereby controlling the rates of sediment expulsion and deposit in the neritic zone.

70 Along modern continental shelves, past incised zones represent exceptional accumulation sites where  
71 the trapped sedimentological signals can be analysed at high temporal resolution to determine the  
72 evolution of hydrographic processes and the controlling factors at play. They also have the advantage  
73 of providing a coupled history of the oceanic and continental domains, and even of the adjacent  
74 coastlines (i.e., Sharman et al., 2021).

75 The continental margin of the Bay of Biscay, along the Atlantic border of the French metropolitan area,  
76 presents several depocenters, that form mud patches within the largest parts of the margin, all related  
77 to major fluvial routes, i.e., from North to South: the Loire (“Grande vasière”), Gironde/ Garonne  
78 (“West-Gironde mud patch”) and Adour/Capbreton systems (Lesueur et al., 2001; Brocheray et al.,  
79 2014; Dubosq et al., 2021, 2022). These depocenters have already demonstrated their great interest  
80 in reconstructing past hydrological parameters of the mid-shelf of the Bay of Biscay during the  
81 Holocene and their exceptional sedimentation rates furthermore offer high-resolved records of the  
82 recent centuries (Mary et al., 2015, 2017; Mojtahid et al., 2018; Penaud et al., 2020). These archives  
83 document marine and terrestrial environmental changes, coupled or not, and provide access to key  
84 palaeoclimatic data such as: sea-surface temperature and salinity, past vegetation and rainfall regime  
85 over the catchment areas of the distributaries. This type of data is mostly reconstructed from  
86 micropaleontological tools. Their use in such archives can be challenging due to the dilution of fossil  
87 shells by fine mud particles, but the preserved corteges, on the other hand, record invaluable  
88 information in unprecedented temporal detail (i.e., annual), that are rarely reachable in the marine  
89 sediments. Such high-resolution signals are the key to defining climate trajectories beyond the

90 instrumental period, and the targeted retrospective view also holds back from modern times, thus  
91 preventing misinterpretation of processes in overly anthropogenically biased systems.

92 Here we investigate and compare two sequences obtained from the Western Gironde Mud Patch  
93 (WGMP) and from the meanders of the Capbreton canyon (Figure 1). The modern sedimentary regimes  
94 dominating their location sites are directly influenced by the outflow of terrigenous materials from  
95 the continent (e.g., volume of waters and of suspended sediment expelled from the main tributaries),  
96 but also combine pelagic and benthic processes tied to the hydrology and hydrography of the Bay of  
97 Biscay (e.g., Lesueur et al., 2002; Mulder et al., 2011; Mary et al., 2015, 2017; Dubosq et al., 2021;  
98 Fontanier et al., 2023). The present work focuses on the comparison of some key XRF elemental  
99 profiles obtained along cores over the last millennium. The new robust and coherent age models  
100 obtained for the two sequences during the last centuries, allow us to tentatively relate the XRF signals  
101 to the hydroclimatological regime of the Bay of Biscay and of the proximal continent within the  
102 synoptic context of the well-known north Atlantic chronological and historical framework. We  
103 especially target the reconstruction of the hydroclimatic variability of the last 500 years, a period that  
104 encompasses the transition from the Little Ice Age (LIA) to the Common Warm Period (CWP,  
105 nomenclature after Björklund et al., 2023). At the scale of the northern hemisphere, the LIA appears  
106 as a relatively cold climatic pulse, accompanied by repeated and extensive advances of glaciers, with  
107 in the European Alps (see the synthesis of Nicolussi et al., 2022 on that topic), a phase of extension  
108 especially well documented from the 17<sup>th</sup> and 18<sup>th</sup> centuries of the Common Era (CE). Its duration, due  
109 to diachronic onsets depending on the area considered is not homogeneous but a consensus does exist  
110 on its termination (LIA from about 1400 to 1850 CE after Mangini et al. 2005; from 1250 to 1850 after  
111 Nicolussi et al. , 2022; from 1450-1850 Björklund et al., 2023). Coinciding also with the onset of the  
112 Industrial Era (IE), this recent climatic shift is of key importance to generate robust and comprehensive  
113 scenario of the processes governing current climatic changes and forecasts of their evolution.

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## 115 2. Contextual elements regarding the studied sites

116 The position of the two studied sites, at the northern and southern edges of the Aquitaine shelf (Table  
117 1, Figure 1), offers the possibility of gathering a synoptic view of the southern Bay of Biscay  
118 oceanography but also provides access to key contextual elements related to local parameters.

119

- Table 1 here -

Core label	Cruise references, DOI	Latitude °N	Longitude °E	Water depth (m)	Longitudinal distance (km) from the shore	References, Datasources
MD03-2693	SEDICAR/PICABIA, SEDICAR MD 133, RV Marion Dufresne, BOURILLET Jean-François, TURON Jean-Louis (2003) <a href="https://doi.org/10.13155/36807">https://doi.org/10.13155/36807</a>	43.6543	-1.6634	431	15	<b>This work</b> , Gaudin et al., 2006, Mary et al., 2015
JB7-ST3c	JERICOBENT-7 cruise, RV Côtes De La Manche, DEFLANDRE Bruno (2019) <a href="https://doi.org/10.17600/18001022">https://doi.org/10.17600/18001022</a>	45.6822	-1.6932	58	50	<b>This work</b>

Table 1: metadata of the studied sites

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123 The first sequence, core MD03-2693, was retrieved in 2003 at 431 m from a terrace close to the  
124 Capbreton head and has already provided important achievements for the late Holocene  
125 paleoceanography (Gaudin et al., 2006; Brocheray et al., 2014; Mary et al., 2015, 2017). The second  
126 sequence, core JB7-ST3c, was retrieved in 2019 in the depocenter of the WGMP at 53 m water depth  
127 and constitutes a new and original record.

128

- Figure 1 here -

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### 130 2.1 Summary of the structural, geological and sedimentary contexts

131 The two sites are located at the geomorphological edges of the Aquitanian shelf (Figure 1), limited to  
132 the south with the Basque country shelf by the Capbreton canyon and relayed to the North by the  
133 Armorican shelf (Bellec et al., 2009).

134 The structural and geological contexts of the Capbreton canyon have been extensively described in  
135 previous works conducted by the EPOC laboratory (e.g. from Boillot et al., 1973 to Bellec et al., 2009;  
136 and more recently Guiastrennec-Faugas et al., 2020). In summary, the canyon is the heritage of the  
137 complex tectonic history of the Bay of Biscay during the Mesozoic (opening) and Cenozoic (closure,  
138 concomitant with the Pyrenean orogen, e.g., Roca et al., 2011) and has, since then, been shaped by  
139 drastic changes (sea-level, climate, sedimentary fluxes, isostasy and biorhexistasy contexts) mainly  
140 related to glacio-eustatic controls during the Quaternary. The MD03-2693 coring site is located on a  
141 terrace overhanging the canyon axial thalweg by more than 100 m. No disturbance from gravity flows  
142 were evidenced in this sequence (Gaudin et al., 2006; Mary et al., 2015), despite turbiditic activity  
143 previously documented in the canyon (i.e., Mulder et al., 2001, 2012). Instead, this context seems to  
144 favor constant high sedimentation rates (~1 cm/yr) of fine-grained material (mean grain size of 15 µm,  
145 Mary et al., 2015) thought to be accumulated by processes related to sedimentation of nepheloid

146 layers (Brocheray et al., 2014). Interestingly, the Capbreton canyon has been disconnected from the  
147 Adour river (its historical and natural main source of continental drainage) several times over the last  
148 millennium. In fact, the Adour estuary experienced natural migrations until the end of the 16th century  
149 (1578), when the mouth of the river was artificially fixed at Bayonne (Saint-Jours, 1921; Klingebiel and  
150 Legigan, 1978).

151 The Western Gironde Mud Patch (WGMP) is one of the largest depocenters marking the mid-shelf of  
152 the Bay of Biscay in front of French large drainage river systems. This peculiar, rather shallow  
153 environment, register since 600 years high sedimentation rates (~0.3 cm/yr, Lesueur et al., 2002)  
154 especially within the muddy depocenter from where core ST3C was retrieved. The WGMP has been  
155 genetically related to the Gironde outlet as evidenced by its bathymetric elongation and sedimentary  
156 signatures (Lesueur et al., 2001, 2002; Dubosq et al., 2021, 2022; Fontanier et al., 2022). Actually, the  
157 fine mud deposits, of 3 to 4 meters thick, lie on palimpsest levels rich in gravels and shells, covering a  
158 v-shaped unconformity structure oriented SW-NE and attributed to the incision(s) of a paleovalley in  
159 the Cenozoic substrate (probably the paleo-Gironde as suggested by the continuity with its modern  
160 northern pass, Lericolais et al., 1998; 2001; Lesueur et al., 2002).

161

## 162 2.2 Hydrographical contexts

163 At present, the study sites register sea-surface hydrographical conditions typical of the southern Bay  
164 of Biscay, thus related to a complex dynamical pattern marked by strong seasonal trends. The water  
165 masse structure and circulation over the mid-shelf are actually under the influence of dominant winds  
166 known to reverse within the year (e.g., Lazure et al., 2008; Charria et al., 2013; Solabarrieta et al.,  
167 2014). From spring to summer, weak winds and currents dominate and are preferentially directed from  
168 the north-west. The thermocline depth over the shelf varies between 20 and 50 m depth, and water  
169 stratification occurs in between May and October (Dubosq et al., 2022). On the opposite, from fall to  
170 winter, winds and currents change to a dominant southwesterly direction, with a deeper mixed layer  
171 reaching about 200 m under additional convection processes (Somavilla Cabrillo et al., 2011). A specific  
172 dynamic feature occur during some winters, with a warm surface poleward current running along the  
173 French coasts: this slope current is known as an extension of the Iberian Poleward Current and is called  
174 the Navidad Current (Garcia-Soto et al., 2002; Puillat et al., 2004; Lazure et al., 2008; Le Cann and  
175 Serpette, 2009; Charria et al., 2013; Solabarrieta et al., 2014). It roughly follows the poleward path of  
176 the European Slope Current (ESC), an important eastern boundary current that flows along the talus  
177 and is considered as a major component of the Atlantic Meridional Oceanic Circulation (AMOC). The  
178 latter also impacts the Bay of Biscay through the penetration of branches of the North Atlantic Current

179 (NAC), which enters the Bay from the North-West at 15°W of longitude (Figure 1, Pingree and Garcia-  
180 Soto, 2014; Xu et al., 2015; Martínez-García et al., 2023 ; Depuydt et al., 2024).

181 Just below the thermocline, the water column is occupied by the Eastern North Atlantic Waters  
182 (ENAW), showing relatively high temperature and salinity properties (VanAken et al., 2001).  
183 Circulations within the topmost meters of the water column are driven by a combination of factors  
184 such as tides, waves, winds and densities (Charria et al., 2013), and are thus highly variable in space  
185 and time. Fresh-water is supplied from several large tributaries (the Loire and Garonne French rivers  
186 being the largest ones, Puillat et al., 2004). They generate river plumes that can extend over the shelf  
187 but are reported to remain shoreward during the fall and winter seasons (Lazure and Jégou, 1998;  
188 Petus et al., 2010). As a result a winter hydrological front can occur, trapping suspended matter and  
189 low salinity waters in the inner part of the shelf (Lesueur et al., 2002). This front can be observed along  
190 the entire Armorican shelf and has important implication for the seasonal sedimentary regimes  
191 (Mojtahid et al., 2019; Penaud et al., 2020).

192 In the south-western part of the Bay of Biscay, the main freshwater tributary is the Adour river,  
193 which drains the Pyrenees together with the Nivelle river. The Adour is considered to be a relatively  
194 small river, with a water discharge at an annual average of  $300 \text{ m}^3 \cdot \text{s}^{-1}$  (e.g. Petus et al., 2010), thus  
195 three orders of magnitude less than the total mean annual discharge from the Loire and Gironde rivers  
196 (for each, an annual freshwater outflow of about  $900 \text{ m}^3 \cdot \text{s}^{-1}$  was estimated by Puillat et al. 2004 at the  
197 end of the 20th century). Any reader interested by recent monitoring and data updates can consult  
198 the website <http://www.hydro.eaufrance.fr>.

199

## 200 3. Methods

### 201 3.1 XRF element profiles

202 Profiles reflecting the along-core distribution of major and some minor elements were obtained from  
203 the non-destructive scan of bulk sediments (half-core sections) using the XRF-AVAATECH core-scanner  
204 facilities from the EPOC laboratory. This tool has proven its high potential in paleoceanography as a  
205 way to discriminate variations in the sedimentary sources and contexts especially in hemipelagic  
206 sequences (e.g., Richter et al., 2006; Rothwell, 2006; Groudace et al., 2019a and b).

207 For core MD03-2693, measurements were performed at a 2-cm interval. The signature of up to 24  
208 elements were extracted, including Fe, Ca, Al, Sr, Br, Pb, and Ti, as discussed in Mary et al. (2015).  
209 Measurements for core JB7-ST3c were performed at a 1-cm interval and the signature of 14 elements

210 was extracted. For this article, selected ratios were calculated identically along the two sequences and  
211 are presented here in order to highlight common /opposite features in the records.

212

### 213 3.2 Statistical treatments of XRF data

214 Two software programs were used to investigate the significance of XRF-detected element values  
215 based on the classical routine of multivariate ordination with principal component analysis (PCA) tests:  
216 PAST4.09 (Hammer et al., 2001, using the correlation matrix) and the newly developed software  
217 XELERATE v.3, specifically designed for XRF data treatment (Weltje et al., 2015). To further discriminate  
218 the distribution of elements along cores, and thanks to XELERATE options, a clustering was applied  
219 asking for the determination of 4 clusters (this clustering is based on the hierarchical cluster analysis  
220 of Wards which uses a minimum variance criterion, with determined clusters based on their Euclidian  
221 linking distance, and visualised by a dendrogram, e.g., XELERATE 3 software user guide manual).

222 As usually recommended, data were transformed in ratio to avoid misinterpretation of the values  
223 related to grain size or water content changes along the core, or to the machine capacity (e.g. Weltje  
224 and Tjallingii, 2008; Croudace et al., 2019a). We have chosen to keep the same list of elements for the  
225 two cores, then to sum them and use this sum as the reference denominator. Data used for calculation  
226 and figures are thus not expressed as percentages but as ratio to this sum. The elements retained are:  
227 Al, Si, S, K, Ca, Ti, Mn, Fe, Br, Rb, Sr, Y, Zr, Pb.

228

### 229 3.3 Stratigraphical controls and age model construction

230 A total of 9 radiocarbon dates were obtained on the northern ST3c core thanks to the French national  
231 ARTEMIS facilities (Table 2). No additional dating was performed on core MD03-2693 and the age  
232 control points thus conform to the published ones in Mary et al. (2015), but with a revised calibration.

233 - Table 2 here -

234

235 Actually, similar methods were applied for the age calibration steps and construction of the age-depth  
236 modelling regressions of the studied records. Due to the continuous evolution of calibration curves  
237 (Heaton et al, 2020), raw radiocarbon ages (Table 2) were converted using Calib 8.1 but considering an  
238 adapted protocol justified by the fact that no adequate and robust local age reservoir values exist in  
239 the considered area. Modern existing data of the local age reservoir (i.e., from the online marine  
240 reservoir correction database of Reimer and Reimer, 2001, <http://calib.org/marine/>) concern only



241 coastal systems and thus integrate anomalies from the margin boundary influences (including fluvial  
242 and phreatic sources) that lower the  $^{14}\text{C}$  marine reservoir age. All raw  $^{14}\text{C}$  ages were therefore  
243 calibrated and converted to calendar ages using the IntCal20 calibration curve (Reimer et al., 2020)  
244 with the recommended reservoir age correction of  $\sim 400$  years. We have chosen to not apply the  
245 Marine20 calibration curve in order to circumscribe the problem of too young ages that can not be  
246 converted in calendar age using this new model. Radionuclide measurements ( $^{137}\text{Cs}$  and  $^{210}\text{Pb}$ )  
247 complete the calibrated ages at the top of the studied cores (see [Table 2](#) and [Figure 2](#)). These  
248 measurements confirm the appropriateness of the chosen age reservoir correction. The age models  
249 were thus built for each core combining ages derived from short-lived radionuclides and calibrated  $^{14}\text{C}$ :  
250 the best fit was obtained with a linear interpolated regression for core MD03-2693 and with a degree  
251 6 polynomial regression for core ST3c For this unpublished ST3c archive, Bayesian age distributions  
252 were tested using the *Undatable* software (Lougheed and Obrochta, 2019). The two age models  
253 obtained are compared on [Figure 2](#).

254 - Figure2 here -

255

## 256 4. Results and discussion

257 The following sections discuss the results and interpretation of the XRF elemental signatures,  
258 including a core-to-core comparison of the data. Records worthy of recontextualisation on a larger  
259 synoptic scale are then confronted with (paleo)climatic series obtained from various types of  
260 archives or reconstructions, in order to identify key processes at play in the hydroclimatic dynamics  
261 of the last centuries.

262

### 263 4.1 Along core XRF elemental signatures: the common facts

264 [Figure 3](#) presents the results of the two ordination analyses done using independent softwares  
265 (XELERATE and PAST4.09, see section 3.2) to facilitate an objective interpretation of the XRF data.

266 - Figure3 here -

267

268 Despite the slightly different calculation procedures inherent to the softwares, similar contrasting  
269 features are observed. These features are consistent along the studied cores (number of individuals  
270  $n= 818$  for core MD03-2693 and  $n= 320$  for ST3c), even if calculation steps can generate reversed

271 weights on the main PCA axis. For both cores (Fig. 3), these results discriminate **4 major poles** of  
272 elements when considering the PC1 and PC2 cross distributions:

273 - **On the first PCA axis** (>50% of the variance after PAST and Xelerate for the two cores, Fig. 3.1 and  
274 3.2), **one pole** is expressed with similar saturation weights **grouping Sr, Ca, S and Zr**. **At the opposite,**  
275 **a second pole** characterized by similar weights **for Fe, Ti, Br, Rb, Y, Pb** is observed.

276 - **On the second PCA axis** (>17% of the variance after PAST and Xelerate for the two cores, Fig. 3.1  
277 and 3.2), close saturation weights are seen for the following elements: **Si, Al, K for one pole,**  
278 **contrasting** with high negative scores **for Br, Pb, Y and S for the other pole**.

279 **Mn** is the only element that records a distinct and incoherent signature between the two cores,  
280 probably reflecting different biogeochemical contexts for each site (either related to diagenetic  
281 processes, bottom water-masse qualities or to physiography, e.g. deeper bathymetry for core MD03-  
282 2693).

283 The mapping of the clustering done with XELERATE enables to transpose this ordination along the  
284 sedimentary record within the respective core sections covering the last millennium (Figures 3.1.c and  
285 3.2.c, note the different color codes related to the clustering only). The oldest parts of the sediment  
286 records, both from the VOG and the from Capbreton terrace, are characterised by Ca, Sr and Zr  
287 dominant signatures, whereas the intermediate middle-part and the topmost deposits are rather  
288 marked by a signature mixing terrigenous elements (Ti, Fe, Rb especially).

289 Following the results highlighted by the multivariate ordinations, six key elemental ratios have been  
290 compiled to highlight the difference between terrigenous sourced fractions versus marine carbonated  
291 (autochthonous pelagic and benthic) ones. Those ratios, i.e.:  $(Ca+Sr)/Si$ ,  $(Si+Al+K+Ti)/(Br+Pb+Y)$ ,  $Ca/Sr$ ,  
292  $(Sr+Ca)/(Rb+Fe)$ ,  $Fe/Zr$ ,  $Ti/Si$  will be retained for the following steps of interpretation and discussions.  
293 Figure 4 compares their evolution over the common period covered by the studied cores, i.e., the last  
294 800 years. Information on the migration of the Adour outlet is also added to recontextualize the history  
295 of this tributary.

296 - Figure4 here -

297

298 Strikingly similar trends can be seen over time, when the two sets of data are compared on the basis  
299 of XRF, since the beginning of the 14<sup>th</sup> century up to 1700 years CE, thus during the postmedieval warm  
300 period (Figure 4). This similar evolution provides a strong argument for common sedimentary  
301 trajectories followed by the two systems. However, after 1700 CE the VOG and the Capbreton

302 sedimentary signals are no longer following the same trends (Figure 4). This is especially obvious after  
303 1850 CE when entering the historical period of strong anthropogenic managements on landscapes and  
304 especially on coastal and fluvial banks. This date also coincides with the onset of the Commun Warm  
305 Period (CWP), which is also assimilated to the IE (Industrial era), and marks the entrance within the  
306 Anthropocene (as defined by Crutzen et al., 2001). Despite this terminal phase of divergence that can  
307 be explained by human induced disturbances, observations provided by the sedimentary XRF signals,  
308 suggest that over the last millennium, the two systems have been driven by a master synoptic forcing,  
309 at least sufficiently significant at the regional scale to homogenize the mud record trapped in the  
310 offshore receptacles of the Gironde and Adour tributaries. The offshore recent sediments of the VOG  
311 and the Capbreton Canyon Terrace, due to their proximity to major river systems, integrate and mix  
312 material advections from continental and marine processes. The mid-latitude position of the Aquitaine  
313 basin relates it climatologically to an oceanic temperate regime, at present dominated by rainfall  
314 mainly in autumn and winter. The Gironde and the Adour drainage networks are submitted similarly  
315 to this primary forcing despite local microclimates (Lot and Tarn rivers are located at the  
316 Mediterranean boundary influence; the Basque country is known for its specific mild and humid  
317 microclimate...) but the nature of their sedimentary sources is highly variable given the geological units  
318 on which they depend. The two mountainous systems bordering the basin, i.e. the Pyrenees to the  
319 south and the Massif Central to the east are different enough in age and rock nature to generate  
320 distinctive particulate pools. The multi-centennial period covered by our data underlines few  
321 discrepancies between sedimentary trends (as deduced from the XRF measurements) from the  
322 southern and central parts of the Bay of Biscay. Impacts of major anthropic changes (such as the  
323 fixation of the Adour river outlet) on the sedimentary background seem to be undetectable before the  
324 18<sup>th</sup> century (coevolution stops around 1725 years CE); signals then follow divergent and even opposite  
325 evolutions. The temporal coherence observed in the signature of the selected elemental ratios is  
326 indicative of integrative processes also operating at the southern Bay of Biscay scale. At this time scale,  
327 only few forcing factors can produce such integration, and the best candidates appear to be related to  
328 climate, the only overarching driver that can control fluvial discharges together with the proximal  
329 oceanic regimes of the Bay, currents and marine productivity.

330 As previously identified on the basis of ordination (mapping of the cores on Fig. 3.1c and 3.2c), the  
331 transition between the Medieval Warm Period (MWP) and the Little Ice Age (LIA) shows a progressive  
332 decrease in the contribution of the Ca and Sr within the sediments in favour of terrigenous (Si, Ti, Fe...)  
333 material (Figure 4). At a first glance, this could be explained by the progressive cooling which  
334 accompanies this transition and thus by a diminution of the carbonated material from marine primary  
335 production in the Bay. However, this can also be seen as the dilution of this carbonate pole by a

336 predominant advection of detrital sediment to the sea in relation to the LIA climatic peoration. This  
337 period is actually known as recording tempestuous winters, more frequent and more intense storms,  
338 flooding events, that have strongly impacted shore geomorphologies over western Europe (e.g., Sorrel  
339 et al., 2012; Tessier et al., 2019). These two explanations are not mutually exclusive and once again  
340 argue for the important role of climatic variables on the sedimentary regimes of the Bay of Biscay over  
341 the last millennium.

342

#### 343 4.2 Signals and their comparison with other regional sequences: an interpretative step 344 beyond factually descriptive sedimentary regimes.

345 Given that one of the main factors modulating the sedimentary content of the studied sequences is  
346 related to climate, we have screened the literature to find similar records over the last millennium,  
347 especially those that mention atmospheric processes in the forces to discriminate. Few high-time-  
348 resolved qualitative archives do exist and all are based on indirect proxies from different terrestrial  
349 sites. Despite this limitation, we have compiled a selection of series related to temperature or climatic  
350 indexes from different sites in the proximal western European (Figure 5). Our approach benefited  
351 considerably from the integration in this compilation of a "local" signal from the Basque country,  
352 obtained after the dendrochronological study by Bourquin-Mignot and Girardclos (2001) on beeches  
353 (*Fagus sylvatica* L) from the Iraty forest (Fig.5a). Other key series documenting the last five centuries  
354 were considered at a broader geographical scale, with: Burgundy Spring Temperature anomalies  
355 derived from grape harvest dates (i.e. GHD, Fig.5b and 5c, after Chuine et al., 2004; Labbé et al., 2019);  
356 Spring temperatures reconstructed in Paris (Fig.5d Labbé et al., 2019); Alps temperature anomalies  
357 from the Mangini et al. (2005) stalagmite reconstruction (Fig.5e); with also Mean seasonal NAO index  
358 reconstructions (Winter means shown on Fig.5f) according to Luterbacher et al. (2001).

359

- Figure 5 here -

360

361 From this compilation over five centuries, many features can be highlighted when looking in detail at  
362 the different decadal events recorded, but the secular trends, compared as a whole, confirm that the  
363 sedimentary signals trapped off the coast of Aquitaine (shown here on the basis of core MD03-2693  
364 only, as it represents - as seen previously - a regional integration and is the longest record, dark-blue  
365 curves in Figure 5) closely match the climatic trends observed at both local and European scales. This  
366 is particularly striking when marine sedimentary signals are compared with phenologically derived  
367 records: commonly paced evolutions, furthermore in the same ranges of amplitude, are seen along

368 the past centuries (but also confirmed by Pearson correlation test, see Table 3). This clearly testifies a  
369 climatic synoptic control on recent, naturally built archives, both on land and at sea.

370 The best candidate among the primary factors able to govern the Bay of Biscay sedimentary signatures  
371 at the outlet of major fluvial tributaries, together with plant physiologies in the nearby European  
372 mountainous zones, is obviously related to macroscale processes, and thus to atmospheric dynamics.  
373 These dynamics are quantifiable in parameters such as temperature changes and precipitation  
374 budgets. Interesting is thus the comparison with the NAO oscillation winter index, known to modulate  
375 modern European temperatures and precipitations along strong north-south gradients (e.g., Dickson,  
376 1997; Jalón-Rojas and Castelle, 2021). This is done on [Figure 5f](#) where the plot of the biogenic pole as  
377 recorded in the southern Bay of Biscay cores (with the ratio Sr+Ca/Rb+Fe) documents a lower marine  
378 carbonaceous content, classically attributed to cooler SSTs or larger terrigenous inputs, in close  
379 correlation with the variability of NAO values during negative situations of this index. In contrast, when  
380 this index is positive a decorrelation does occur, but low biogenic contents persist. It is interesting to  
381 take this parallelism a step further in relation to what has already been described by Jalón-Rojas and  
382 Castelle (2021) on some major fluvial distributaries in Europe for post-1959 years. Despite descriptive  
383 statistical results imprinted by anthropogenic biases (at least since the end of the LIA, i.e. mid-19<sup>th</sup>  
384 century), their study demonstrated that, since some decades, European climatic indices of variability  
385 (such as NAO, and their variant called WEPA -West Europe Pressure Anomalies) are relevant to explain  
386 precipitation and river discharges, with positive values documenting higher river discharges in Europe  
387 north of 41°N and higher precipitations in winter. Their results can echo our observations backcasting  
388 five centuries on [Figure 5](#), since the beginning of the 16<sup>th</sup> century, arguing for a robust atmospheric  
389 pattern in place in the Northern hemisphere whatever decadal climatic variabilities.

390 Compared to phenological proxies, these positive phases are coherent with slightly higher mean  
391 growth indices of beeches in SW France and with positive temperature anomalies as deduced from  
392 Grape Harvest Dates (GHD) in NE France. They are also consistent with positive temperature anomalies  
393 of up to 2 degrees in the Alps ([Fig.5e](#)) but not systematically over the whole period covered. The “warm  
394 pulses” are consistent with what is known about modern NAO-positive situations, with milder  
395 temperatures recorded in the northern latitudes of Europe (e.g, Dawson et al., 2004), something our  
396 compilation also robustly documents, but only after 1850. In fact, there are numerous other warm  
397 pulses registered back in time, but not all of them coincide with positive NAO modes. The same is true  
398 for the coldest events, as recorded after phenological data (green vertical bars on [Figure 5](#)): they are  
399 occurring during negative NAO dominant situations, but conversely, they do not show a peak-to-peak  
400 coherency with central Alps temperatures, and rather occur indifferently during coldest or warmest  
401 periods of anomalies in Eastern Europe. This implies either: (a) that the targeted reference archive,

402 located in the Central Alps of Austria (Mangini et al., 2005), may be located at the eastern or high  
403 altitude (>2500 m) limbs of the NAO influence, or (b) that the NAO temperature gradient patterns may  
404 have changed over time. This question has been recently tackled by Song et al. (2024), considering the  
405 geographical migration of the NAO centers, and their eastward shift (20°) during the late 20<sup>th</sup> century  
406 (1981-2001), which have strongly influenced the distribution of temperature patterns over Europe,  
407 together with the North Atlantic SST gradients.

408 Interestingly, and arguing for the quality of the selected archives and their robustness with respect to  
409 paleoclimate significance, the Alps temperature anomalies correlated well to the Ti/Si ratio of our  
410 sediment cores (Pearson correlation coefficient of -0,53, Fig.5e, Table 3). This relationship emphasises  
411 that the decadal or infrasecular variability captured by the sediment regime oscillations on the Atlantic  
412 front is consistent with significant climate changes at the synoptic scale in Europe. This is also true  
413 when comparing the other compiled indices and is especially relevant before the CWP/IE (i.e. 1850  
414 CE). Some observations are especially key to underline before this date and during the late LIA (1700-  
415 1850), and point to coherent evolutions: between Paris spring temperatures (published in Labbé et al.,  
416 2019) and the Fe/Zr ratio (Pearson correlation coefficient of 0.34, Fig.5d, Table 3) and between growth  
417 indices from the Iraty forest and the Ca/Sr (Figure 5).

418 As already stated before, the decades after 1850 show pronounced trends with a strong overprint of  
419 the global warming signal during the last decades of the 20<sup>th</sup> century. In fact, it is also worth noting  
420 that cumulative periods of positive NAO seem to occur since the beginning of the CWP/IE (Figure 5f,  
421 after Luterbacher et al., 2001), thus promoting warmer SST contexts in the Bay of Biscay (e.g. Dawson  
422 et al., 2004). This onset also corresponds to marked changes in the sedimentary signatures of the  
423 southern Bay of Biscay with for instance highest values of the Ca/Sr and Fe/Zr ratios (Figure 5). For this  
424 latter ratio, it is noteworthy that the ST3c record shows an opposite trend (Figure 4), further  
425 underlining that the Adour versus the Gironde offshore systems function in a decoupled way after  
426 1850. Previous interpretation of Fe quantification with XRF techniques in marine cores of the Bay of  
427 Biscay have correlated it to siliciclastic inputs (e.g., Motjahid et al., 2019) while Zr is often used as a  
428 proxy for grain-size (e.g., Penaud et al., 2020) or even for changes of flow velocity (Toucanne et al.,  
429 2021). Fe is also among a major redox-sensitive elements (Croudace et al., 2019b). Thus, in recent  
430 sediment layers as those pointed out in this discussion, it may also integrate biases related to organic  
431 carbon budgets. Together with the Ca/Sr ratio, it may reflect large changes in the overall carbon budget  
432 (including inorganic) since a few decades.

433 All these findings converge on the fact that the 20<sup>th</sup> century is an outlier in marine sedimentary  
434 archives, as already seen in major upwelling centers (e.g., McGregor and Mulitza, 2007), in the Arctic



435 (e.g., Falardeau et al., 2023), and in the Labrador Sea (e.g., Thibodeau et al., 2010) among other key  
436 areas, and thus also in the ocean dynamics (e.g., Dickson et al., 2002; Levitus et al., 2005).

437

## 438 5. A climate chronicle over 1000 years: processes and feedbacks linking the North 439 Atlantic basin, Europe and shores of the southern Bay of Biscay

440 Backcasting approaches are just as important as forecasting approaches in promoting a sound  
441 understanding of climate processes. Extending correlation exercises of climate indices further into the  
442 past is of great importance for progress in correctly identifying the feedbacks involved and correctly  
443 defining the initial states and triggers of the observed climatic trends over the last century, a period  
444 which is fortunately covered by instrumental data, but which is considerably biased by anthropogenic  
445 artefacts. The limitations of the approach lie in the uncertainties inherent in the interpretation of  
446 proxies archived in sediments, and in the qualitative value of such an indirect way of generating climate  
447 data and series, but more than 60 years of Paleosciences have provided access to robust methods (e.g.,  
448 Li et al., 2010), as have past reconstructions. This has led to the construction of Figure 6, which brings  
449 together climate-related indices over the last millennium. In order to synthesize the main findings of  
450 our study, and to illustrate and further identify the processes at play, we have selected and compiled:  
451 - the PAGES 2k Network consortium reconstructions of temperature anomalies in Europe (Fig6a,;  
452 Europe standardized values -SD- relative to: 1500-2003; regional reconstruction series from the  
453 Database S2 - 11 April 2013 version, data available at [https://www.ncei.noaa.gov/access/paleo-](https://www.ncei.noaa.gov/access/paleo-search/study/14188)  
454 [search/study/14188](https://www.ncei.noaa.gov/access/paleo-search/study/14188)), resulting from an international compilation effort (PAGES 2k Consortium, 2013),  
455 - phenological data as already presented for the last 500 years (Fig6e,f), here with the idea of  
456 illustrating what is registered along a SW - NE axis from two poles in France; and the derived  
457 temperatures anomalies (Fig6d) in Burgundy,  
458 - sea-surface parameters in core MD03-2693 (off Capbreton) in Summer (July-August-September  
459 mean, at zero m): temperatures and salinities (Fig6b) as reconstructed from foraminifera assemblages  
460 (see Mary et al., 2015, 2017; Eynaud et al., 2018, 2021, 2022 for data and methods),  
461 - the Mean annual Bordeaux Rainfall (in mm) per decadal period during the 19th century (Fig6j) as  
462 published in Fabre et al. (1939),  
463 - detrended XRF data from the two studied marine cores (Fig6c, h, i) giving access to the evolution of  
464 the biogenic carbonaceous fractions, classically considered as proxies of oceanic temperatures. Their  
465 plot as detrended series is useful to better discriminate climate variables; interestingly, it obliterates  
466 the decorrelation of the core signals since the CWP (as previously seen without detrending).

467 - Figure 6 here -

468 The Figure 6 additionally shows the climatic events that have affected Aquitaine, as compiled by Saint-  
469 Jours (1921) from the historical literature, thus providing a rich chronicle of this region. Saint-Jours  
470 (1921), with a total ignorance on modes and feedbacks driving the climate variability (hypotheses were  
471 constructed before the validation of the astronomical forcing on climate and the ice-age theory),  
472 proposed conclusions for the geomorphological evolution of Aquitaine coastal environments, worth  
473 to re-evaluate in the perspective of our modern knowledges. In fact, even if most of his deductions  
474 regarding the geomorphological processes at play were incorrect, his work has collected valuable  
475 observations and data, especially relevant at the scale of our study, and then precious to integrate in  
476 the framework of this compilation.

477 Figure 6 allows us to unambiguously discriminate the climatic pejoration of the LIA (and especially its  
478 late part, i.e. Nicolussi et al., 2022) within the last millennium: warmest conditions are registered  
479 before, up to the 15th century, and after during the CWP. In the Bay of Biscay, it is supported by both  
480 reconstructed oceanic temperatures and sedimentological proxies, and is also consistent with the  
481 warm events referenced on land by Saint-Jours (1921). In the second chapter, devoted to the history  
482 of the formation of the dunes, the author mentions the year 1248 CE as the hottest year in the northern  
483 hemisphere, and points out the cultivation of grapes on coastal dunes ("sand wines") at the end of the  
484 medieval period until the 16<sup>th</sup> century, with harvests occurring early in the second part of August. His  
485 year-to-year compilation (Chapter 5) of "summers of intense heat" in Gascony matches the trends  
486 detected with the sedimentological signals (Figure 6), as it does also for the list of "rigorous winters",  
487 which occur mainly during the cold LIA phase, as detected off Capbreton. Indeed, within the MD03-  
488 2693 record, the LIA recorded summer sea-surface temperatures below their modern average of 18°C  
489 (Fig6b, see also Figure 3b of Mary et al., 2017). These cooling periods coincide with a reduction in the  
490 tree growth indices in the Iraty Forest (Fig6f), related to cold climatic pulses by Bourquin-Mignot and  
491 Girardclos (2001). They also coincide with low spring temperatures in Burgundy (Fig6e, below 15°C,  
492 Labbé et al., 2019) and dominant negative NAO situations (Winter means shown on Fig.5f after  
493 Luterbacher et al., 2001), and are therefore showing an evolution of the atmospheric variables that is  
494 consistent with the known scheme for the latitudinal band that is the target of our study (45°N ± 0.5°),  
495 i.e. coldest and potentially stormiest contexts.

496 During the LIA, storminess is not homogeneously distributed across Europe, but rather a contrasting  
497 pattern has been suggested by the recent literature, with southern latitudes being more affected by  
498 storms and northern latitudes being less affected (in contrast to what was recorded during the MWP,  
499 e.g., Sorrel et al., 2012; Orme et al., 2021, Hess et al., 2023). Recent works (e.g., Hess et al., 2023) have  
500 also suggested that this LIA situation may be accompanied by storms extending over several seasons  
501 during the year, rather than just during winter. This pattern relates to the storm tracks and their main  
502 directions, which are in turn driven by the North Atlantic SST, the NAO and the AMOC via the dynamics



503 of the subpolar gyre (SPG), each of these variables being strongly correlated with the others in a way  
504 that is not easy to disentangle, either now or in the past (Rodwell et al., 1999; Dawson et al., 2004;  
505 Sorrel et al., 2012; Olsen et al., 2012; Goslin et al., 2018; Lapointe and Bradley, 2021). During the LIA  
506 specific interval, the cited literature converges to identify a NAO negative situation (consistent with  
507 data from Luterbacher et al., 2001) with a weakening of the SPG. As previously introduced, longitudinal  
508 migration of the NAO centers (southern centers especially) was observed during the last 60 years in  
509 connection with changes in the North Atlantic SST tripole dynamics (e.g., Song et al., 2024). This tripole  
510 is defined as a contrast between SST anomalies in the tropical and subpolar North Atlantic (positive  
511 tripole= cold / negative = warm in this area) and in the southeast of Newfoundland (positive= warm  
512 SST anomalies/ negative = cold in this latter area) and may then mirrors the SPG dynamics. Feedbacks  
513 between the NAO and the SST tripole are attested depending upon the seasons (Rodwell et al., 1999;  
514 Czaja and Frankignoul, 2002; Dawson et al., 2007; Song et al. 2024). Warm SST anomalies may thus act  
515 as a key driver in this dynamics and the question of the impact of oceanic heat waves naturally arises  
516 in this complex pattern.

517 Currently and in the past (e.g., Gimeno et al., 2014; Dacre et al., 2019; Skinner et al., 2023), intense  
518 poleward transport of moisture occurs throughout atmospheric rivers (ARs) generating heavy  
519 precipitations (rain, hail, snow) and floods over Europe. These rivers closely follow the North Atlantic  
520 drift corridor, illustrating a strong ocean-atmosphere coupling, with tropical SST anomalies (oceanic  
521 heat waves?) being the trigger for excess moisture in the troposphere. The coupling of ARs with NAO  
522 and SST has not been fully addressed, but the work of Lavers and Villarini (2013), based on the analysis  
523 of mean sea level pressure and vertically integrated horizontal water vapour transport, has brought  
524 important conclusions on the fact that a negative NAO pattern preferentially drives North Atlantic  
525 storm tracks and ARs over southern Europe (south of 45°N). This is consistent with the LIA situation  
526 observed in our compilation, and may explain the observed changes in the sedimentation regime of  
527 the Bay of Biscay by the largest terrigenous fluxes to the sea due to a southerly deviated storm track  
528 directly affecting this bay and its coasts. These authors also mention that the filamentary structure of  
529 the ARs is constrained by the low-level jet. The relationship of this process to the upper-level westerly  
530 jet is unclear, but interestingly, large-amplitude jet meanders are observed in the 21st century and are  
531 explained by rapid Arctic warming causing a weakening of the temperature gradients between low and  
532 high latitudes (Francis and Vavrus, 2015; Stendel et al., 2021). This question is worth addressing  
533 because wavy jets are currently generating peculiar meteorological situations, especially in summer,  
534 with the installation of unusually prolonged weather conditions (blocking, domes) of either cold or hot  
535 temperatures (expressed by cold spells as well as heat waves, storms and droughts, e.g. Francis and  
536 Vavrus, 2015), as recently experienced in France. According to Francis and Vavrus (2015), these  
537 situations of weaker poleward temperature gradients are indicative of a negative Arctic oscillation,

538 "the umbrella" oscillation that drives and encompasses the regional NAO (e.g., Kerr, 1999). This implies  
539 that negative NAO phases occur in both hotter and colder climates, a conclusion that may reconcile  
540 some inconsistencies between modern and past observations of storminess in Europe during  
541 contrasting climatic episodes (see discussion in Section 4.2). Based on this observational assessment,  
542 it appears that the key to achieving robustness in the prediction of storminess in terms of track and  
543 intensity may lie in the identification of hydroclimatic processes linking atmospheric (tropospheric and  
544 stratospheric), oceanic and freshwater reservoirs (taking into account feedbacks from ice sheets in  
545 colder climates), with particular emphasis on the issue of seasonality.

546 Could the records from the Bay of Biscay help to support this? If we look at the recovered warmest  
547 phases, i.e., the MWP and the CWP, arguments can be identified considering the oceanographic regime  
548 detected in the Bay. Warm spells (summer SST above modern values and abundant calcareous biogenic  
549 contents) mostly align with saltier surface-waters (Fig6b). Currently, such configurations are associated  
550 with intrusions of the warm surface poleward Navidad Current, which follows the path of the ESC and  
551 preferentially advects warm and salty subtropical waters into the Bay in winter (Le Cann and Serpette,  
552 2009). According to Garcia-Soto et al. (2002), winter warmings in the southern Bay of Biscay, associated  
553 with Navidad years, correlate with a low NAO index for the preceding November–December months  
554 (ending the fall season). The implication is that, once again, negative NAO situations are key shifting  
555 phases in the dynamics of regional currents on a seasonal scale. Interestingly, the Bordeaux rainfall  
556 data from the 19th century (Fabre et al., 1939, Fig6g) suggest that high salinity coincides with high  
557 precipitation: this is thus also in line with a negative NAO pattern and storm tracks and ARs  
558 preferentially directed towards southern Europe (south of 45°N). Based on a chronicle of 9 years of  
559 hydrographic data from the 1990s, and despite high inter-annual variability, Puillat et al. (2004) found  
560 that surface salinities higher than 35 occur from spring to late summer in the inner bay, with a cross-  
561 shore / along-shore distribution of isohalines explained by river discharges and the mean wind  
562 direction during the previous 6 months (SW from fall to the end of winter, NW from spring to the end  
563 of summer ; Puillat et al. 2004). All these observations in the bay are therefore puzzling and it is not  
564 easy to reconcile them in order to hypothesise a theoretical hydrographic model that can be applied  
565 whatever the time scales. This shows the need for a major effort to collect climatological,  
566 meteorological and hydrographic data (instrumental and reconstructed) over several centuries in  
567 order to make progress in understanding the processes governing the environmental evolution of the  
568 Aquitaine territories, both offshore and onshore. As this region is a crossroads in terms of latitude for  
569 better understanding the variability of storm tracks, such work could benefit the entire European  
570 coast.

571

## 572 6. Conclusion

573 The aim of the present work was twofold: firstly, to assess, on the basis of two marine archives with  
574 high sedimentation rates, their potential for capturing the hydroclimatic variability of the last  
575 millennium at the regional scale of the southern Bay of Biscay, including the proximal Aquitaine land  
576 territories (in an integrated picture from source to sink); and, secondly, from the compilation of these  
577 archives with comparable series, to construct and discuss a chronicle of events affecting this region  
578 over several centuries, during key periods of contrasting climatic situations (i.e., MWP, LIA and the  
579 CWP) also recognized at the synoptic scale of the North Atlantic region.

580 Our study suggests that a core-to-core comparative approach is needed to validate both the  
581 information trapped within the sedimentary signals and their age scaling (even in the frame of robust  
582 dating controls): the two series complement each-other and the focus on common features detected  
583 helps to avoid misinterpretation or erroneous attributions (bias due to local effects). This method thus  
584 provides a robust historical scenario for the evolution of the Bay of Biscay basin. A further step can  
585 certainly be taken in future studies with the generation of stacked records for this basin.

586 Our results show that the mid-latitude of 45°N in the Northeastern Atlantic is a strategic location to  
587 investigate hydroclimatic teleconnections. Its axial position with respect to the NAO pattern balance  
588 between southern and northern Europe, particularly with regard to storm tracks, is reflected in the  
589 sensitivity of the studied archives. The last 150 years are shown to be exceptional in the context of the  
590 last millennium with a trend consistently attributed to the CWP following the colder LIA, but also  
591 integrating impacts of managements carried out on lands, shores and rivers carried out at that time.  
592 The combination of undetrended/detrended series highlights this particular feature within the records.  
593 The end of the MWP occurs in the mid-15th century and is characterised in the Bay of Biscay by higher  
594 terrigenous contents and cooler SST due to a shift towards stormy conditions, consistent with the  
595 negative dominant NAO patterns during the LIA. During the last phase of the LIA, data from oceanic  
596 proxies reveal sub-centennial trends comparable to those identified with phenologically derived ones  
597 as seen in the nearby Basque forests and in Burgundy, but also consistent with temperature  
598 reconstructions from the Alps and Paris. It suggests the existence of an atmospheric corridor, i.e. a  
599 baroclinic structure (constrained by orogenic relief?), which persists along an axial direction around  
600 45°N. In this perspective, the development of indices from specific continental locations north and  
601 south of this axis, and their testing along long-term chronicles, could complement our knowledge of  
602 the evolution of climatic variables. We are convinced that prediction tools cannot be developed in a  
603 valuable way without the effort of integrating long-term trends in the past. These reconstructions  
604 remain the only way to decipher natural processes and their teleconnections.

## 605 7. Declaration of competing interest

606 The authors declare that they have no competing financial interests or personal relationships that  
607 could have appeared to influence the work reported in this paper.

## 608 8. Data availability

609 All the core data referred to in the manuscript are available in the SEANOE (<https://www.seanoe.org/>)  
610 academic repository, at: <https://doi.org/10.17882/104237>

## 611 9. Acknowledgments

612 This work was supported by the ANR HAMOC Project (“Holocene North-Atlantic Gyres and  
613 Mediterranean Overturning Dynamic through Climate Changes” - Grant ANR-13-BS06-0003), and the  
614 national funding to the PPR-RiOMar project through the Agence Nationale de la Recherche for France  
615 2030 under the reference ANR-22-POCE-0006. Fundings were also obtained for the analyses thanks to  
616 the CNRS French INSU actions: TelluS-ARTEMIS CONTINUHHUM-2022 and TelluS-ARTEMIS PaléoVOG-  
617 2021; TelluS-Action Post-Campagnes à la mer 2021, and the LEFE- EC2CO VOG project from the  
618 national program Interface LEFE-EC2CO. The JERICObent-7 cruise (10-15 July 2019 ; NR Côtes de la  
619 Manche) was funded by the French Oceanographic Fleet (DOI: 10.17600/18001022). We sincerely  
620 acknowledge the captain and the crew of the R/V “Côtes de la Manche” (CNRS-INSU) for their great  
621 help during the cruise.

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- 892

893 Captions, figures and tables for “History of the sedimentary regimes of the Aquitaine  
894 margin (Bay of Biscay, France) at the outlet of its main tributaries during the last millennium:  
895 a mirror of the North Atlantic and European climates.”  
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Preprint not peer reviewed

898 **Figure caption**

899 **Figure 1:** maps of the studied sites with a focus on the Bay of Biscay margin. The regional scheme of  
900 the main surface currents is drawn after the compilation of modern hydrological surveys from Pingree  
901 and Garcia-Soto (2014): North Atlantic Current (NAC) in red, Iberian Poleward Current (IPC) and  
902 European Slope Current (ESC) in orange. The bathymetric shading is obtained after EMODNET  
903 (<https://emodnet.ec.europa.eu/en>). The topmost synoptic map mix bathymetric and modern SST  
904 information (blue to red: 0 to 25°C). The modern drainage network of the Aquitaine basin is  
905 schematized after mixing maps from the theoretical hydrographical network (RHT; Pela et al., 2012),  
906 showing only the main distributaries, together with the map published by Schaefer and Blanc (2002).  
907 For a complete detailed view of suborder networks, the reader is invited to visit the website  
908 [https://www.reddit.com/r/france/comments/14r3ptm/cours\\_deau\\_de\\_france\\_en\\_fonction\\_par leu](https://www.reddit.com/r/france/comments/14r3ptm/cours_deau_de_france_en_fonction_par_leu_r_grand/?onetap_auto=true&one_tap=true#lightbox)  
909 [r\\_grand/?onetap\\_auto=true&one\\_tap=true#lightbox](https://www.reddit.com/r/france/comments/14r3ptm/cours_deau_de_france_en_fonction_par_leu_r_grand/?onetap_auto=true&one_tap=true#lightbox). Other sequences of interest (cited in the text)  
910 are also plotted. (For interpretation of the references to color in this figure legend, the reader is  
911 referred to the Web version of this article)

912

913 **Figure 2:** age-depth relationships for the two studied cores: MD03-2693 (blue) and ST3c (dark red).  
914 Marks locate the dated samples along depth and time thanks to radiocarbon and radionuclide analyses  
915 (see methods). Radiocarbon dates are corrected and calibrated thanks to the CALIB8.1.0. software (the  
916 plotted age values are obtained from the mean of the 1 sigma range, see Table 2). The two age models  
917 are shown on similar scales for comparison on the left, but the ST3c polynomial regression is enlarged  
918 along depth on the right panel to provide a better view of the obtained regression. Conventional  
919 temporal delimitations of climatic period, are indicated along the age axis after Björklund et al. (2023),  
920 with: the Roman warm period (RWP), the Medieval Warm Period (MWP; 950-1250 CE) also known as  
921 the Medieval Climate Anomaly, the Little Ice Age (LIA, 1450–1850 CE) and the Current Warm Period.  
922 For ST3c, the  $1\sigma$  envelopes obtained with the *Undatable* software (Lougheed and Obrochta, 2019) are  
923 also shown (dotted lines) to validate the polynomial construction of the age model. (For interpretation  
924 of the references to color in this figure legend, the reader is referred to the Web version of this article)

925

926 **Figure 3:** results of ordination calculations thanks to the different protocols explained in the  
927 methodology section. Those ordinations are done in order to highlight major element signatures and  
928 to provide a pre-interpretation of their distribution along cores. Panels are separated vertically for  
929 each studied core (topmost 3.1 panel for MD03-2693 data and lower 3.2 panel for ST3c ones) but the  
930 same presentation is respected from the left to the right in order to highlight similarities in the

931 grouping of the XRF data. Note that color code for clustering with Xelerate (b and c columns, just refers  
932 to cluster order and thus differs in between cores). (For interpretation of the references to color in this  
933 figure legend, the reader is referred to the Web version of this article)

934

935 **Figure 4:** Comparison of the last millennial evolution of some key elemental ratios (determined after  
936 ordinations, see previous Figure 3), i.e.:  $(Ca+Sr)/Si$ ,  $(Si+Al+K+Ti)/(Br+Pb+Y)$ ,  $Ca/Sr$ ,  $(Sr+Ca)/(Rb+Fe)$ ,  
937  $Fe/Zr$ ,  $Ti/Si$ , for the studied cores. The topmost timeline identifies the migration of the Adour outlet  
938 over the studied period and significant shifts have been reported with vertical pink bands. Since 1578,  
939 this outlet is artificially fixed at Bayonne (~20 km south of the Capbreton canyon). The large grey band  
940 identifies the Little Ice Age –LIA temporal range in its maximal duration (its onset is not consensually  
941 defined but is reported as occurring as soon as the mid-13<sup>th</sup> century in some references, e.g. Nicolussi  
942 et al., 2022). (For interpretation of the references to color in this figure legend, the reader is referred  
943 to the Web version of this article)

944

945 **Figure 5:** comparison of local and European climatic indexes with key XRF elemental ratio in core  
946 MD03-2693 along the last 5 centuries. The dendrochronological reconstruction (a) of Bourquin-Mignot  
947 et al. (2001) obtained on the Basque country beeches (*Fagus sylvatica* L) from the Iraty forest (redrawn  
948 from their Fig.5) offers a close geographical reference. Their mean growth indices (averaged on 20  
949 years) is highlighted in green and is reproduced on some XRF graphs to highlight similar/opposite  
950 evolution trends. It is complemented by the plot of Burgundy Summer Temperature reconstructions  
951 derived from grape harvest dates with (b): April - August temp. anomalies v. 1960- 1989 reference  
952 period for Dijon, after Chuine et al., 2004, *data available at:* <https://www.euroclimhist.unibe.ch/en/>  
953 and the revised series of Labbé et al., 2019 of April - July temperatures in (c) Dijon and (d) Paris (*online*  
954 *data at:* <https://cp.copernicus.org/articles/15/1485/2019/>). Larger scale European signals are here  
955 documented by the Mangini et al. (2005) reconstruction of temperature anomalies (e) derived from  
956 the SPA 12 stalagmite record retrieved in the Central Alps of Austria (*data available at:*  
957 [https://catalog.data.gov/dataset/noaa-wds-paleoclimatology-mangini-et-al-2005-spannagel-cave-](https://catalog.data.gov/dataset/noaa-wds-paleoclimatology-mangini-et-al-2005-spannagel-cave-stalagmite-oxygen-isotope-data-and-2)  
958 [stalagmite-oxygen-isotope-data-and-2](https://catalog.data.gov/dataset/noaa-wds-paleoclimatology-mangini-et-al-2005-spannagel-cave-stalagmite-oxygen-isotope-data-and-2)), and by the (f) Mean seasonal NAO index reconstructions  
959 (Winter values shown, with positive values in red and negative ones in blue) after Luterbacher et al.  
960 (2001, *data available at:*  
961 [https://crudata.uea.ac.uk/cru/data/paleo/?\\_ga=2.126245582.2132006485.1701786496-](https://crudata.uea.ac.uk/cru/data/paleo/?_ga=2.126245582.2132006485.1701786496-1957487287.1701786495)  
962 [1957487287.1701786495](https://crudata.uea.ac.uk/cru/data/paleo/?_ga=2.126245582.2132006485.1701786496-1957487287.1701786495)). Some datasets have been plotted with a smoothed filter calculated on 5 or  
963 15 points thanks to the PAST4.09 software (Hammer et al., 2001, using the *Simple smoother* tool in the

964 *Time series* menu). The pale green vertical bars circumscribe cold periods after Bourquin-Mignot et al.  
965 (2001) whereas the yellow ones delimitate phases of positive NAO index in winter after Luterbacher  
966 et al. (2001). Note that since 1578 (black star on the bottom age scale), the Adour outlet is artificially  
967 fixed at Bayonne. (For interpretation of the references to color in this figure legend, the reader is  
968 referred to the Web version of this article)

969

970 **Figure 6:** selected climate related indices over the last millenium. Phenological reconstructions (d, e,  
971 f) are reproduced from Figure 5. Core data related to the biogenic pole (c, h, i) are here compared to  
972 the PAGES 2k Network consortium reconstructions of temperature anomalies (a, *data available at*  
973 *<https://www.ncei.noaa.gov/access/paleo-search/study/14188>*). To highlight specific temporal  
974 features, a detrending of XRF data from the studied cores has been done with the PAST4.09 software  
975 (Hammer et al., 2001, with the *Remove trend* tool in the *Transform* menu, linear regression  
976 soustraction back to 693 BC for core MD03-2693). Thanks to the same software, smoothed filters have  
977 been applied on some series (15 points filter using the *Simple smoother* tool in the *Time series* menu).  
978 Despite their low resolution, Summer sea-surface (at zero m) temperatures and salinities (b)  
979 reconstructed after foraminifera assemblages in core MD03-2693 off Capbreton (see Mary et al., 2015,  
980 2017; Eynaud et al., 2018, 2021, 2022 for data and methods) have been added, together with the  
981 Bordeaux Mean annual Rainfall (g, in mm) per decadal period during the 19<sup>th</sup> century as published in  
982 Fabre et al. (1939). The pale green vertical bars circumscribe cold periods (after Bourquin-Mignot et  
983 al. 2001, as done on Figure5), and climatic events have been reported after the historical literature  
984 compilation from Saint-Jours (1921). (For interpretation of the references to color in this figure legend,  
985 the reader is referred to the Web version of this article)

986



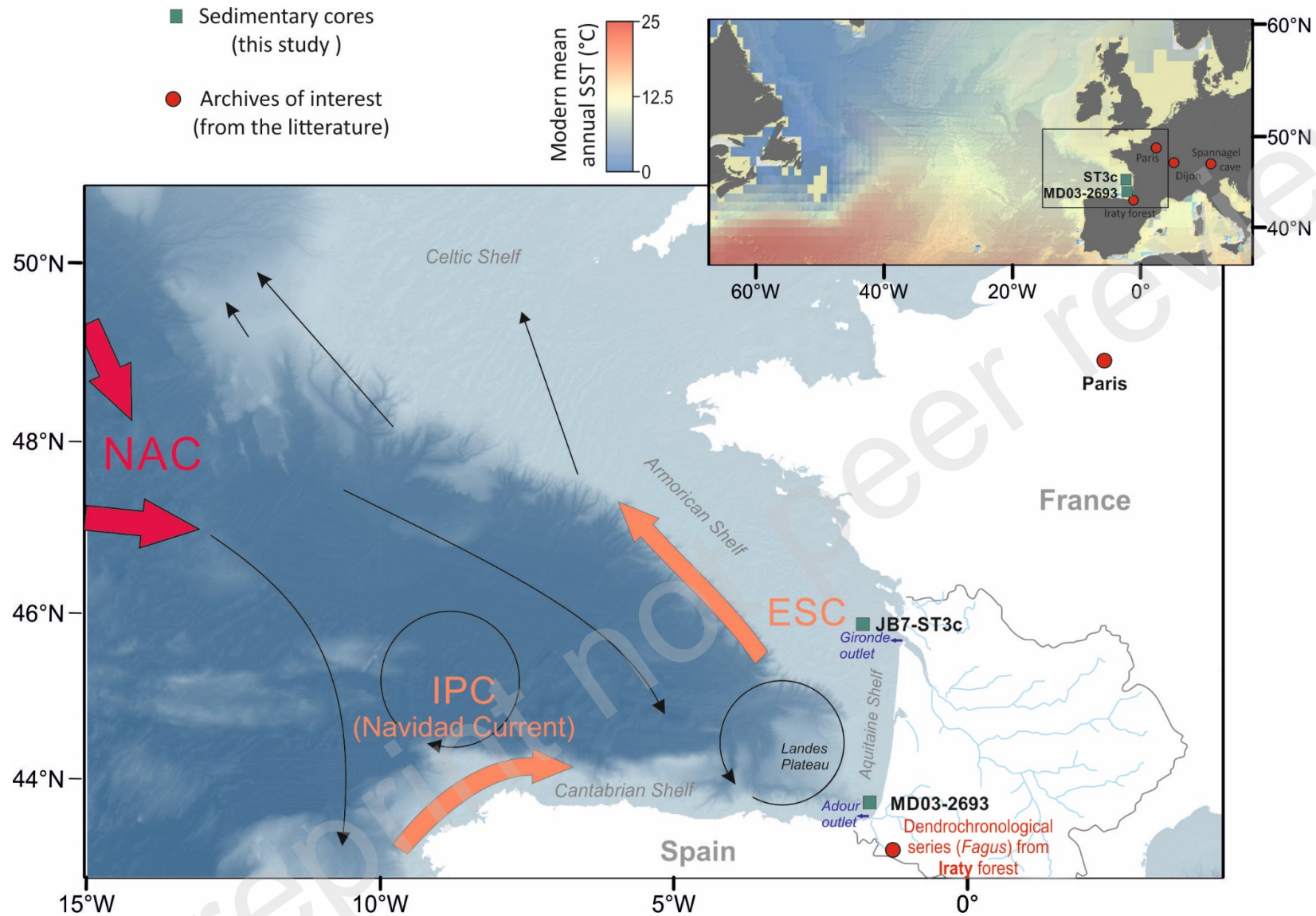


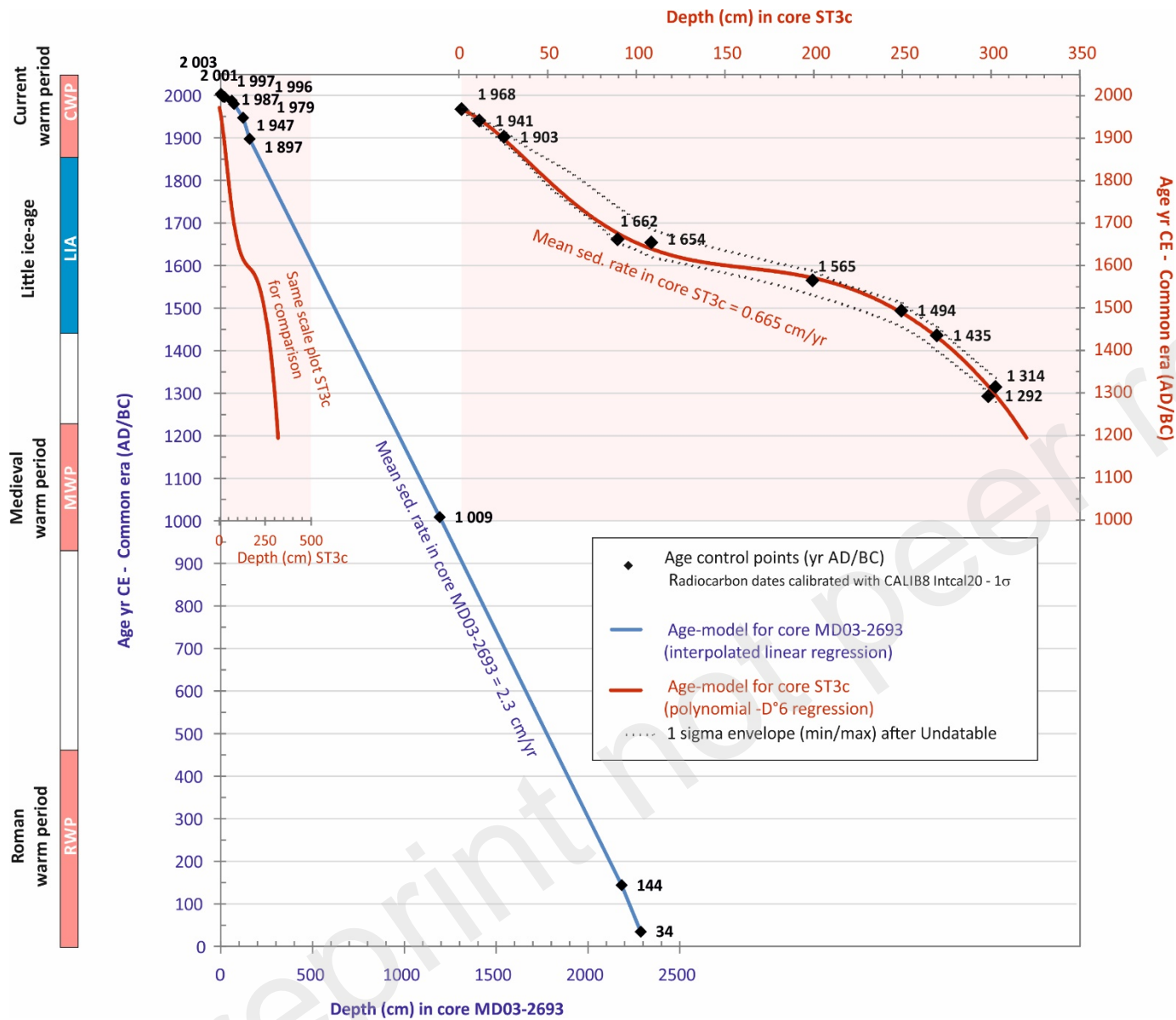
Figure 1

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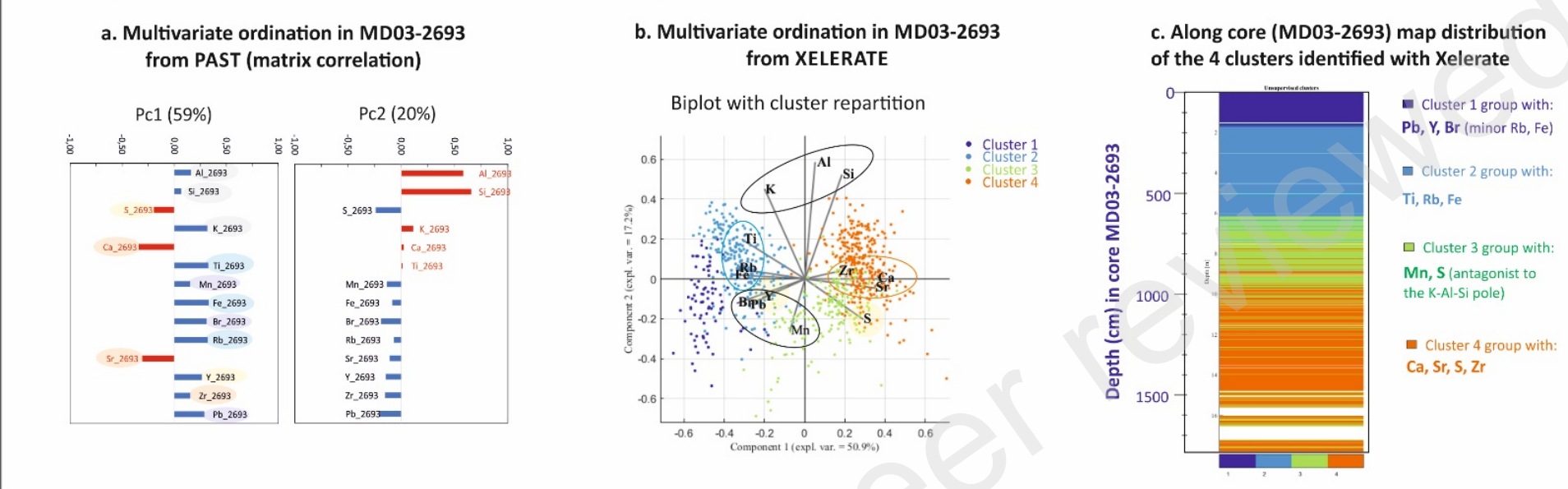


991

992

Figure 2

### 3.1. Ordination analyses of XRF data in MD03-2693 (number of individuals = 818)



### 3.2. Ordination analyses of XRF data in ST3c (number of individuals = 320)

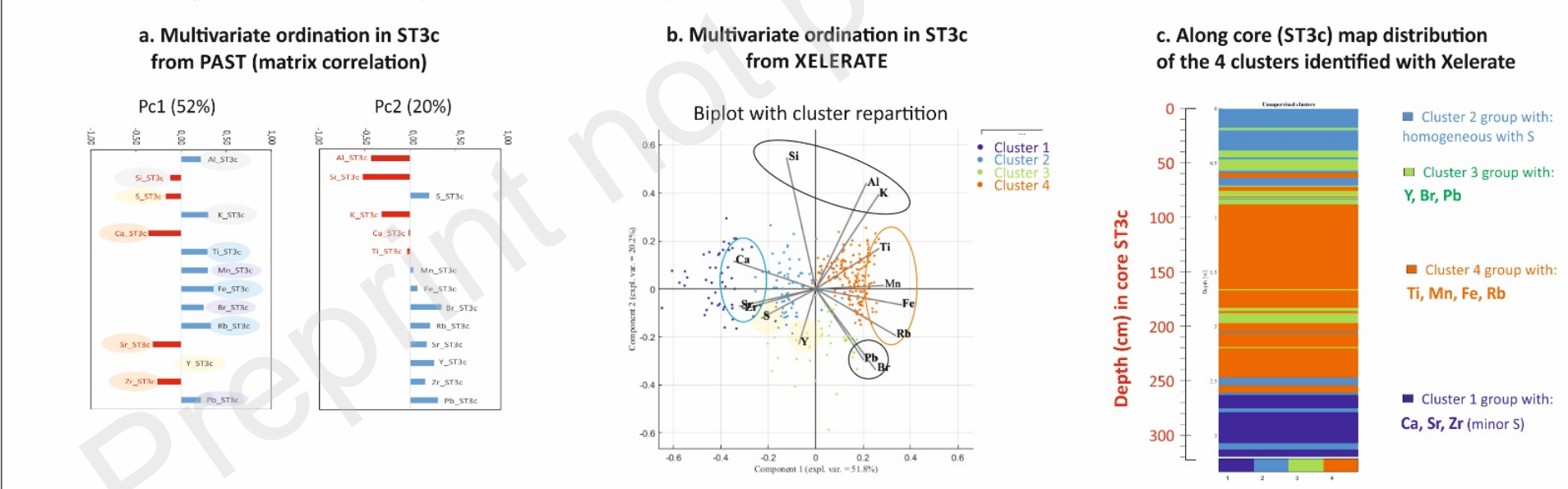
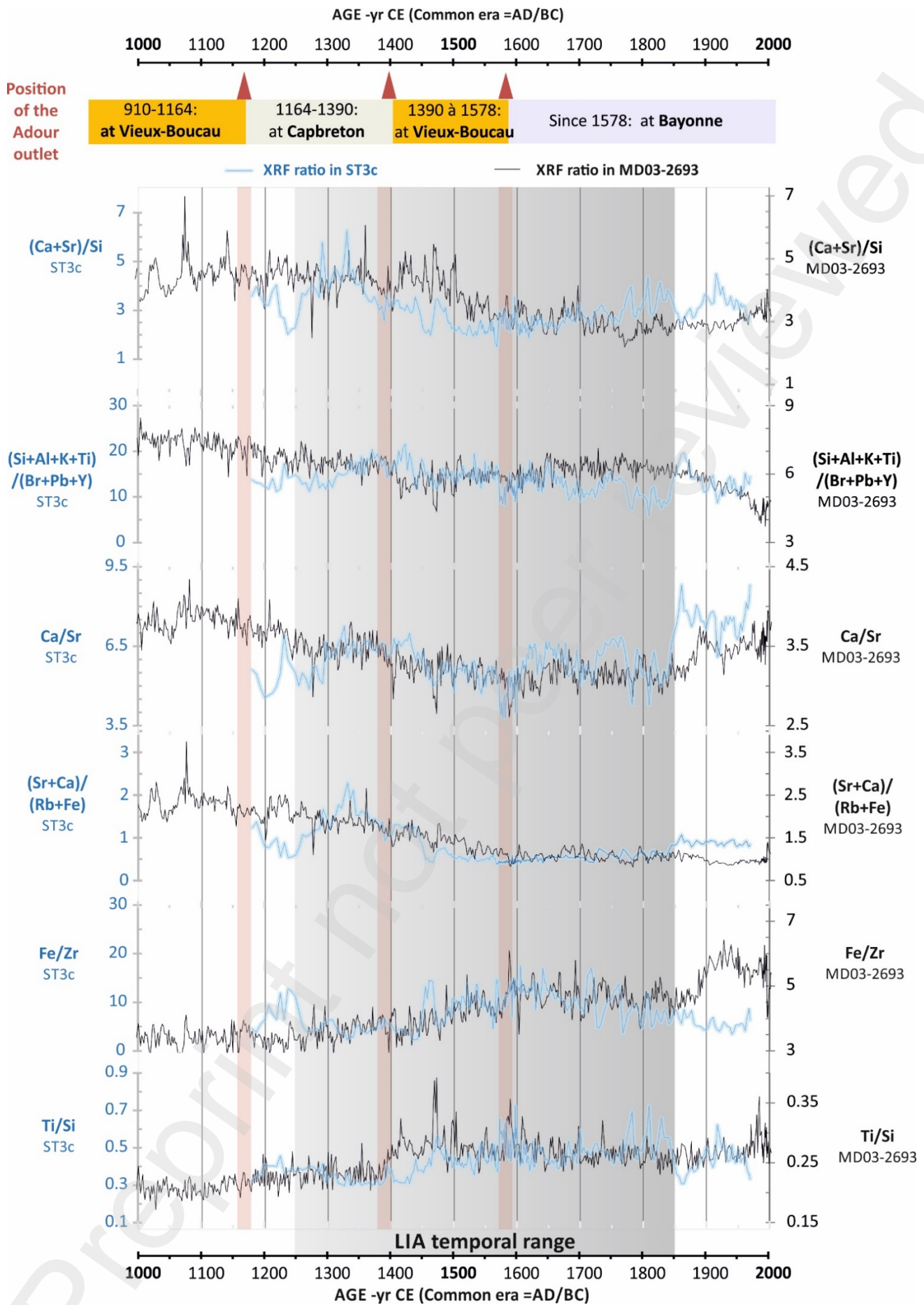


Figure 3



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995

**Figure 4**



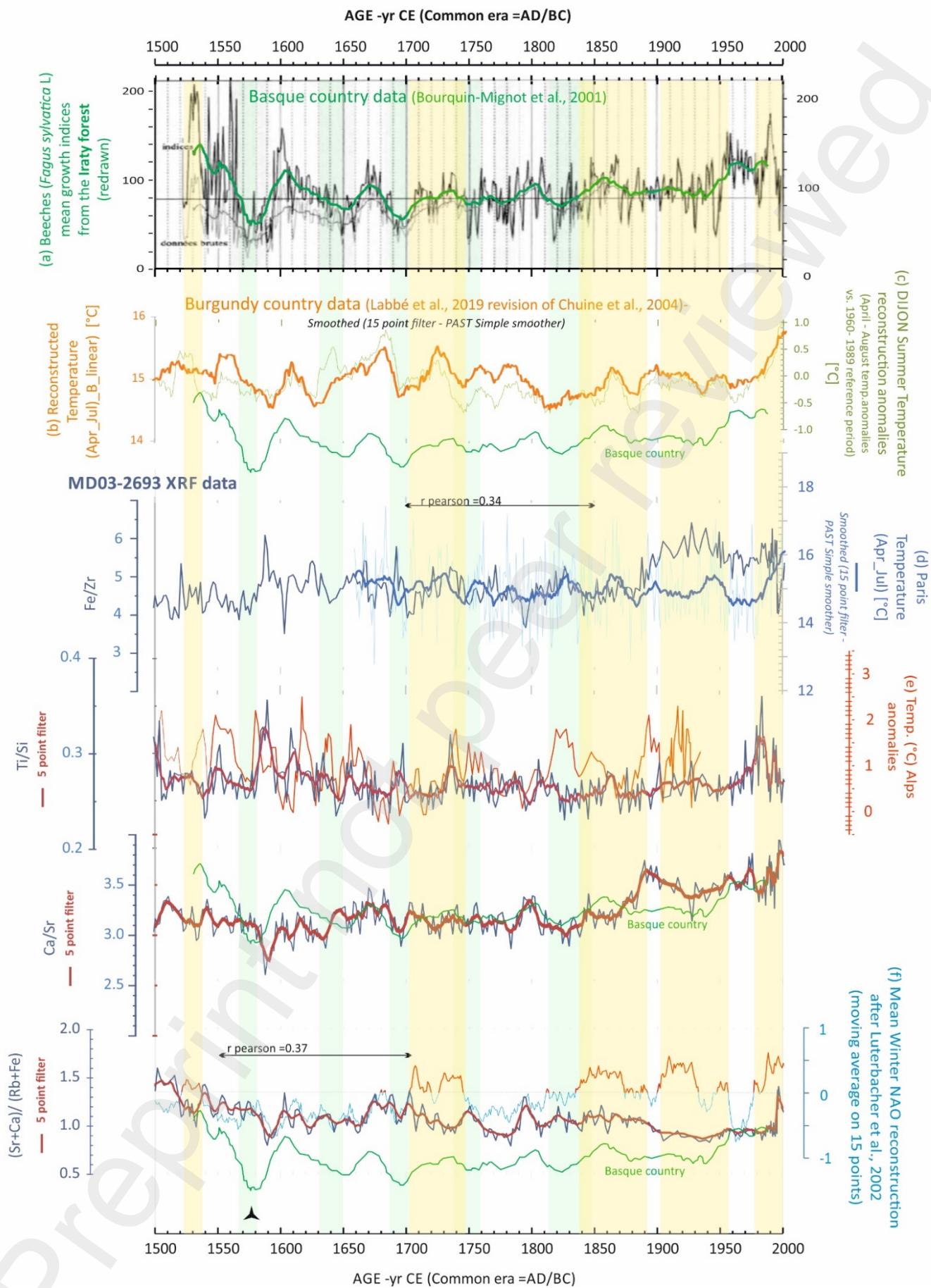


Figure 5

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## Table caption

**Table 1:** information and references concerning the studied cores.

**Table 2:** detailed list of dating results. For radiocarbon ages, raw data are given together with the calibrated results (mean for the 1 sigma range) after the new Calib8.1.0 curves. Both cal-BP and AD/BC (CE) results are provided but figures have been built in year CE.

**Table 3:** Pearson correlation coefficients in between some key series (see Figure 5). The calculations have been done with Excel (Data Analysis ToolPak) and also verified with the PAST4.09 software (Hammer et al., 2001, using the *Correlation* tool in the *Univariate* menu) after a sampling of data every 2 years also done with PAST (with the *Regular interpolation* tool -linear method- in the *Transform* menu).

Core label	Cruise references, DOI	Latitude °N	Longitude °E	Water depth (m)	Longitudinal distance (km) from the shore	References, Datasources
MD03-2693	SEDICAR/PICABIA, SEDICAR MD 133, RV Marion Dufresne, BOURILLET Jean-François, TURON Jean-Louis (2003) <a href="https://doi.org/10.13155/36807">https://doi.org/10.13155/36807</a>	43.6543	-1.6634	431	15	<b>This work,</b> Gaudin et al., 2006, Mary et al., 2015, 2017
JB7-ST3c	JERICOBENT-7 cruise, RV Côtes De La Manche, DEFLANDRE Bruno (2019) <a href="https://doi.org/10.17600/18001022">https://doi.org/10.17600/18001022</a>	45.6822	-1.6932	58	50	<b>This work</b>

Table 1

Core label	Mid-depth of the sampled interval in the core (cm) - uncorrected from coring artefacts	Dated material	Labcode	Age Raw <sup>14</sup> C (a BP /error)	Calibrated age (a BP) - Mean value - Calib8.1 Mean 1 sigma Cal BP (-400 / Intcal20)	Calib8.1 One Sigma Ranges: cal BP [start:end] relative area	Calib8.1 Two Sigma Ranges: cal BP [start:end] relative area	Calib Ref. delta R, curve ref.	Calendar Age yr BP (used for the revised age model)	Calendar Age (yr AD)	For comparison : Calendar Age yr AD (Calib 5.1.0, for radiocarbon datings) Mary et al 2015, 2017			
MD03-2693	1	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb	Not relevant (Radionuclides)					-53,0	2003	2003			
MD03-2693	6	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									-51,0	2001	2001
MD03-2693	11	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									-46,9	1997	1997
MD03-2693	21	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									-45,6	1996	1996
MD03-2693	61	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									-37,0	1987	1987
MD03-2693	72,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									-29,0	1979	1979
MD03-2693	122,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									3,0	1947	1947
MD03-2693	157,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									53,0	1897	1897
MD03-2693	1193	Mollusc Shell Gaudin et al	Poz-9338	1445±30	941,5	[924: 959] 1,	[914: 998] 0,912262	Marine sample using Delta R = 400±3, Calibration data set: intcal20.14c, # Reimer et al. 2020	941,5	1008,5	960			
MD03-2693	2184	Mollusc Shell Gaudin et al	Poz-9339	2305±30	1806,5	[1779: 1834] 0,638495	[1732: 1890] 0,985993		1806,5	143,5	34			
MD03-2693	2288	Mollusc Shell Gaudin et al	Poz-9340	2390±30	1916	[1886: 1946] 0,736331	[1866: 1994] 0,925822		1916	34	-75,5			
JB7 -ST3c	1,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb	Not relevant (Radionuclides)					-18,4	1968				
JB7 -ST3c	11,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									8,9	1941	
JB7 -ST3c	25,5	Bulk sediment, 210Pb et 137 Cs	EPOC Cs/Pb									47,2	1903	
JB7 -ST3c	89,5	Mollusc bivalve shell, <i>Acanthocardia tuberculata</i> ?	SacA62020	615±30	288,5	[276: 301] 0.358239	[143: 220] 0.533656	Marine sample using Delta R = 400±3, Calibration data set: intcal20.14c, # Reimer et al. 2020	288,5	1662				
JB7 -ST3c	108,5	Mollusc gastropod shell, <i>Actalon sp.?</i>	SacA60911	640±35	296	[278: 314] 0.580247	[264: 321] 0.459406		296,0	1654				
JB7 -ST3c	149,5	Mollusc gastropod shell ( completed by small skeletons of juvenile benthics)	SacA68043	685±30	407,5	[389: 426] 0.549808	[351: 448] 0.62673		Discarded					
JB7 -ST3c	199,5	Mollusc bivalve shell fragments, <i>Abra sp.</i>	SacA68044	725±30	385	[357: 413] 0.59703	[309: 467] 1.		385,0	1565				
JB7 -ST3c	249,5	Mollusc shell fragments	SacA68045	765±30	456,5	[430: 483] 0.579724	[422: 496] 0.512975		456,5	1494				
JB7 -ST3c	269,5	Benthic foraminifera : <i>Ammonia tepida</i> + <i>Quinqueloculina laevigata</i>	SacA68049	1545±30	1005	[975: 1035] 0.694122	[960: 1082] 0.812252		Discarded					
JB7 -ST3c	269,5	Mollusc bivalve shells ( completed by small skeletons of juvenile benthics)	SacA68050	875±30	515	[504: 526] 1.	[494: 541] 1.		515,0	1435				
JB7 -ST3c	298,5	Mollusc gastropod shells, juvenile <i>Turritella sp.</i>	SacA60912	1080±35	658	[646: 670] 0.624572	[627: 677] 0.600845		658,0	1292				
JB7 -ST3c	302,5	Mollusc gastropod shells, juvenile <i>Turritella sp.</i>	SacA60913	1025±30	636,5	[624: 649] 0.444304	[552: 654] 1.		636,5	1314				



1016

Time period	Tested on the whole period covered in common by the series			Tested on the specific intervals of common coverage					
	Between 1080 and 1934 CE	Between 1500 and 2000 CE	Between 1660 and 2002 CE	Between 1080 and 1850 CE	Between 1500 and 1934 CE	Between 1650 and 1850	Between 1600 and 1800 CE	Between 1550 and 1700 CE	Between 1700 and 1850 CE
Tested parameters	Temp [°C] Alps (data resampled every 2 years)	NAO winter index (smoothed with a 15 point filter and resampled every 2 years)	Paris_Temperature (Apr_Jul) [°C] (smoothed with a 15 point filter and resampled every 2 years)	Temp [°C] Alps (data resampled every 2 years)			NAO winter index (smoothed with a 15 point filter and resampled every 2 years)		Paris_Temperature (Apr_Jul) [°C] (smoothed with a 15 point filter and resampled every 2 years)
Fe/Zr 2693 (data resampled every 2 years)	-0.386	0.215	0.005	Correlation not tested	Correlation not tested	Correlation not tested	Correlation not tested	Correlation not tested	0.341
Ti/Si 2693 (data resampled every 2 years)	<b>-0.528</b>	-0.078	Correlation not tested	<b>-0.544</b>	0.087	0.047	Correlation not tested	Correlation not tested	Correlation not tested
Ca/Sr 2693 (data resampled every 2 years)	<b>0.539</b>	0.326	Correlation not tested	<b>0.549</b>	0.063	-0.192	Correlation not tested	Correlation not tested	Correlation not tested
(Sr+Ca)/(Rb+Fe) 2693 (data resampled every 2 years)	<b>0.572</b>	-0.045	Correlation not tested	<b>0.599</b>	Correlation not tested	Correlation not tested	0.274	0.374	Correlation not tested
		significant values		xxx improved values of correlation					

1017

1018 Table3